FRONTIER NURSING SERVICE

FIFTY-SEVENTH ANNUAL REPORT



FRONTIER NURSING SERVICE
Volume 58 Number 1 Summer 1

QUARTERLY BULLETIN



US ISSN 0016-2116

Front Cover: Drawing by Martin Carroll '82, Courier. We have chosen this leaf drawing by Martin to represent a great deal of hard work and close attention to detail that our many couriers and volunteers put in this summer. Whether it was in tending gardens, shucking beans, or doing aide work in the hospital or clinics, this summer's group gave us much of themselves, for which we are most grateful and most proud.

FRONTIER NURSING SERVICE QUARTERLY BULLETIN US ISSN 0016-2116

Published at the end of each quarter by the Frontier Nursing Service, Inc. Wendover, Kentucky $41775\,$

Subscription Price \$5.00 a Year

Editor's Office, Wendover, Kentucky 41775

VOLUME 58

SUMMER, 1982

NUMBER 1

Second-class postage paid at Wendover, Ky. 41775 and at additional mailing offices Send Form 3579 to Frontier Nursing Service, Wendover, Ky. 41775 Copyright 1982, Frontier Nursing Service, Inc.

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of the FRONTIER NURSING SERVICE, Incorporated for the Fiscal Year May 1, 1981 to April 30, 1982

PREFACE

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and the field of operations of the Frontier Nursing Service, Incorporated.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

I.

FISCAL REPORT

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1982.

Ernst & Whinney

Citizens Bank Square Lexington, Kentucky 40507

606/254-3328

Board of Governors Frontier Nursing Service, Inc. Hyden, Kentucky

We have examined the balance sheets of Frontier Nursing Service, Inc. as of April 30, 1982 and 1981, and the related statements of revenues and expenses, changes in fund balances and changes in financial position for the years then ended. Our examinations were made in accordance with generally accepted auditing standards and, accordingly, included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the financial statements referred to above present fairly the financial position of Frontier Nursing Service, Inc. at April 30, 1982 and 1981, and the results of its operations and changes in its financial position for the years then ended, in conformity with generally accepted accounting principles applied on a consistent basis.

Ernst + Whinney

Lexington, Kentucky June 9, 1982

BALANCE SHEETS FRONTIER NURSING SERVICE, INC.

	Apri 1982	1 30 1981
INDECEDICED FUNDS	1902	1701
UNRESTRICTED FUNDS		
CUKRENT ASSETS Cash and short-term investments	\$ 58,762	\$ 247,331
Accounts receivable:	1,840,641	1,476,906
Patients	49,188	85,952
Other	1,889,829	1,562,858
Less allowance for uncollectible accounts	868,100	695,422
Less allowance for uncorrectible december	1,021,729	867,436
Receivable from third party programsNote B	19,962	
InventoriesNote A	116,517	122,631
Prepaid expenses	36,670	34,238
TOTAL CURRENT ASSETS	1,253,640	1,271,636
PROPERTY AND EQUIPMENTNote A		
Land	142,163	142,163
Buildings	2,588,150	2,524,450
Equipment	2,326,276	2,231,469
	5,056,589	4,898,082
Less accumulated depreciation	1,877,218	1,680,10
Dess december de la company de	3,179,371	1,680,10 ² 3,217,978
BOARD-DESIGNATED FUNDSNotes A and D		
Cash	37,226	41,62
Consolidated Fund investments	1,749,746	1,523,04
Depreciation Fund investments	246,265	215,58
Education Fund investments	459,455	
	2,492,692	1,780,25
Less endowment fund investments (restricted)	10 10 10 10 10 10 10 10 10 10 10 10 10 1	56,00
	2,492,692	1,724,25
	\$6,925,703	\$6,213,87
RESTRICTED FUNDS		
ENDOWMENTSNotes A, C and D		
Cash	\$ 10,790	\$ 53,75
Student loan receivables	81,869	68,20
Investments	857,777	704,86
Investments Investments included in Consolidated Fund		56,00
	\$ 950,436	\$ 882,82

		April 30				
		1982		1981		
UNRESTRICTED FUNDS	233	naves sol	yan.	a Thalana		
CURRENT LIABILITIES						
Accounts payable	\$	354,222	\$	307,019		
Accrued salaries and amounts withheld						
from employees		96,675		160,140		
Accrued vacation expense		121,846		136,821		
Unexpended special purpose fundsNote A		163,508		168,767		
Other current liabilities		169,084		94,126		
Payable to third party programsNote B				24,478		
Current portion of long-term debtNote F		18,000		26,455		
TOTAL CURRENT LIABILITIES		923,335		917,806		
LONG-TERM DEBT, less current portionNote F		18,000		36,000		
FUND BALANCE	5	,984,368	5	,260,065		

	\$6,925,703	\$6,213,871
RESTRICTED FUNDS		
FUND BALANCENote C	\$ 950,436	\$ 882,829

See notes to financial statements.

STATEMENTS OF REVENUES AND EXPENSES

FRONTIER NURSING SERVICE, INC.

	Year Ended	April 30 1981
PATIENT SERVICE REVENUES	1205.1	
Mary Breckinridge Hospital:		
Inpatient services	\$2,618,513	\$2,216,859
Outpatient services	985,725	851,405
Primary care center	961,712	893,634
Primary care extensions	337,690	344,690
Home health	374,028	367,951
	5,277,668	4,674,539
Less charity, contractual allowances,		
bad debts and other revenue deductions	1,293,051	942,689
NET PATIENT SERVICE REVENUES	3,984,617	3,731,850
OTHER OPERATING REVENUES	848,362	778,690
TOTAL OPERATING REVENUES	4,832,979	4,510,540
OPERATING EXPENSES		
Salaries and wages	2,973,216	2,720,118
Fringe benefits	305,248	302,539
Medical services and supplies	1,911,341	1,746,859
Facility costs	532,196	495,253
	5,722,001	5,264,769
LOSS FROM OPERATIONS	(889,022)	(754,229)
NONOPERATING REVENUES		
Unrestricted donations:		
Deposited into Education Fund	412,894	
Deposited into Consolidated Fund	21,134	150,719
Retained for use in operations	503,482	406,297
Unrestricted income from endowment and		
other funds	37,359	33,307
Investment income from Board-designated funds	233,409	170,003
Coal royalties	302,434	89,405
Other nonoperating revenues	20,402	23,813
	1,531,114	873,544
EXCESS OF REVENUES OVER EXPENSES	\$ 642,092	\$ 119,315

See notes to financial statements.

STATEMENTS OF CHANGES IN FUND BALANCES

FRONTIER NURSING SERVICE, INC.

	Unrestricted	Endowner	nt Funds
	Funds	Permanent	Term
Balances at April 30, 1980 Excess of revenues over expenses for	\$5,156,405	\$665,356	\$100,000
the year ended April 30, 1981 Restricted contributions used for purchase of property and	119,315		
equipment	102,667		
Fair value of donated land Transfer of funds to restricted fund	38,000		ra vacas
balance Contributions restricted for specific	(156,322)	156,322	
purpose (additions to endowment) Restricted revenue earned by specific		44,255	
purpose funds Gain (loss) on sale of Endowment Fund		722	
investments Transfer of term endowment to		16,174	(50,000)
unexpended special purpose funds			(50,000)
Balances at April 30, 1981 Excess of revenues over expenses	5,260,065	882,829	-0-
for the year ended April 30, 1982 Restricted contributions used for	642,092		TORNAMO HEROLINI
purchase of property and equipment Contributions restricted for specific	82,211		
purpose (additions to endowment) Restricted revenue earned by specific		65,437	
purpose funds Gain (loss) on sale of Endowment Fund		3,754	
investments	screens his de	(1,584)	59709C)
Balances at April 30, 1982	\$5,984,368	\$950,436	<u>\$ -0-</u>

STATEMENTS OF CHANGES IN FINANCIAL POSITION

FRONTIER NURSING SERVICE, INC.

FRUNTIER NURSING SERVICE, INC.	V F-1-1	A
	Year Ended 1982	1981
SOURCE OF WORKING CAPITAL	1902	1701
Loss from operations	\$ (889,022)	\$(754,229)
Charge to operations not affecting working	, (00),01-/	
capital - depreciation	214,781	209,874
FUNDS REQUIRED FOR OPERATIONS	(674,241)	(544, 355)
80 45,156,405° (\$65,318° (\$180,000)	1 521 114	073 544
Nonoperating revenues	1,531,114 856,873	873,544
	050,075	327,107
Disposals of property and equipment	7,658	585
Restricted contributions used for purchase	3 3 2 3 3 3 3 3	said triba
of property and equipment	82,211	102,667
Donated land	016 710	38,000
	946,742	470,441
APPLICATION OF WORKING CAPITAL		
Additions to property, equipment, and land	183,832	284,274
Increase in Board-designated funds	768,435	114,289
Decrease in long-term debt	18,000	22,761
Transfer of funds to restricted funds		156,322
Carlotte Control of Street	970,267	577,646
(DECREASE) IN WORKING CAPITAL	<u>\$ (23,525</u>)	\$(107,205)
CHANGES IN COMPONENTS OF WORKING CAPITAL		
Increase (decrease) in current assets:		
Cash and short-term investments	\$ (188,569)	\$ (24,677)
Accounts receivable - net of allowances	154,293	166,683
Receivable from third party programs	19,962	peotrice !
Inventories	(6,114)	27,439
Prepaid expenses	2,432	(8,092)
Din 2 Jeograph 3	(17,996)	161,353
(Dannes) in comment lightlifting		
(Decrease) increase in current liabilities: Accounts payable	47 203	131,282
	47,203	131,202
Accrued salaries and amounts withheld from employees	(63,465)	38,227
Accrued vacation expense	(14,975)	28,759
Unexpended special purpose funds	(5,259)	45,104
Other current liabilities	74,958	94,126
Payable to third party programs	(24,478)	(73,700)
Current portion of long-term debt	(8,455)	4,760
Carrent portion of long-term debt	5,529	268,558
(DECREASE) IN WORKING CAPITAL	<u>\$ (23,525</u>)	\$(107,205)

See notes to financial statements.

NOTES TO FINANCIAL STATEMENTS

FRONTIER NURSING SERVICE, INC.

April 30, 1982

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Organization: Frontier Nursing Service was organized in 1925 as a nonprofit charitable organization. The Service's purpose is to provide needed health services in the Appalachian area. During its early years, the Service was the only provider of health services in the area and it remains the largest provider of health services in Leslie County and the portion of surrounding counties comprising its service area. The Service operates an accredited midwifery and family nursing school, a home health agency, a 40 bed hospital, and provides primary care services through a primary care center and outlying extension clinics. Frontier Nursing Service has historically been dependent on charitable contributions to fund a significant portion of the costs of services and programs.

<u>Patient Service Revenues</u>: Patient service revenues are recorded at established rates regardless of whether collection in full is expected. Contractual allowances, charity, and bad debts are reported as deductions from patient service revenues.

Unrestricted Donations and Grants: Donations and grants which are not restricted by donors are reported as nonoperating revenues. Bequests under wills are recorded when received by the Service.

Investments: Investments are stated in the financial statements at cost or, if donated, at fair market value at the date of donation. Investment income is accounted for on the cash basis which is not significantly different from the accrual method. Gain or loss from sale of investments is the difference between proceeds received and the carrying value of the investment sold. Unrealized gains or losses are not included in the accompanying financial statements.

Board-Designated Funds: The Board of Governors has designated the following funds to accumulate monies for the indicated purposes:

The Consolidated Fund accumulates funds for such operating and general purposes as the Board may determine.

The Education Fund, instituted in 1982, accumulates funds until such time as they are needed for the operation of the educational programs.

The Depreciation Fund accumulates funds for replacement, expansion or improvements of the Service's facilities.

Income from the principal portion of the Consolidated Investment Fund is to be used to subsidize care for indigent patients unless such income is specifically designated by the Board for other uses. Income from the

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE A--ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES--Continued

Education and Depreciation Funds is retained in the principal of the funds until expended for the designated purposes.

Restricted Funds: Restricted funds represent endowments, the principal of which cannot be expended. Income from such endowments is available for operating purposes and is reported as revenue when earned in accordance with the donor's instructions.

Frontier Nursing Service, Inc. is also income beneficiary of certain trust funds which are not administered or controlled by the Service. Accordingly, such funds are not included in the balance sheets at April 30, 1982 and 1981. Income received from such trust funds was \$46,270 and \$39,760 for the years ended April 30, 1982 and 1981, respectively.

Resources restricted by donors for additions to property are recorded as increases to the unrestricted fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

<u>Inventories</u>: Inventories, principally medical supplies and drugs, are stated at cost (first-in, first-out method) which is not in excess of market.

<u>Property and Equipment</u>: Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives.

Revenue from Donated Services: The Service records, as revenue, the value of services of certain professionals provided by the National Health Service Corps (NHSC) in anticipation of receiving a waiver of liability to NHSC.

Changes in Presentation of Comparative Statements: Certain 1981 amounts have been reclassified to conform with 1982 classifications.

NOTE B--MEDICARE AND MEDICAID PROGRAMS

The Service participates in the Medicare and Medicaid Programs which provide payment for eligible services to Program beneficiaries. During 1981 and 1982 these Programs made interim payments to the Service based on estimated costs and the difference between such payments and amounts actually due to the Service was determined based on cost reports prepared by the Service at year-end. These Programs reimburse the Service for services provided to Program beneficiaries based upon the lower of Program costs or customary charges. In 1979 and prior, costs for the Hospital and Clinics exceeded customary charges and thus, reimbursement was limited to the amount of customary charges. The Programs permit carrying forward amounts not reimbursed due to this limitation for

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE B--MEDICARE AND MEDICAID PROGRAMS--Continued

two years. During 1981, charges exceeded costs and prior year carry-forwards (i.e., the difference between cost and charges) were recouped to the extent of the 1981 excess of charges over cost. Audits or reviews of the cost reports have been substantially completed by the federal or state agencies through the year ended April 30, 1980 and adequate provision has been made for the results thereof and other potential adjustments for 1981 and 1982 cost reports, which have not yet been audited.

NOTE C--EXPIRATION OF TERM ENDOWMENT

At April 30, 1980, endowment funds included a term endowment consisting of a \$100,000 unsecured note receivable due December 31, 1988. During 1981, the note was sold to the issuer for \$50,000, resulting in a loss of \$50,000. Concurrent with the sale, the term restriction expired. The proceeds are to be expended over the next five years to meet certain expenses.

NOTE D--INVESTMENTS

The carrying value and approximate market value of investments at April 30, 1982 and 1981 are summarized as follows:

	1982		19	81
	Carrying Value	Market	Carrying Value	Market
Investments recorded in:				
Board-designated funds: Consolidated Fund:				
U.S. Government obligations	\$ 393,686	\$ 392,552	\$ 196,263	\$ 194,644
Corporate bonds	736,950	432,413	736,950	439,750
Common stocks	619,110	1,025,447	589,832	1,130,947
	1,749,746	1,850,412	1,523,045	1,765,341
Depreciation fund:			Bargeron	ev.
U.S. Government obligations	246,265	246,265	215,587	215,587
Education fund:				
U.S. Government obligations	272,720	272,721		
Common stocks	186,735	225,844		
	459,455	498,565	9 <u>193 30 518</u> 7	bamers off
TOTAL BOARD DESIGNATED	\$2,455,468	\$2,595,242	\$1,738,632	\$1,980,928

NOTES TO FINANCIAL STATEMENTS--Continued

FRONTIER NURSING SERVICE, INC.

NOTE D--INVESTMENTS--Continued

	1982		1981			dest out		
		arrying Value	101	Market		arrying Value		Market
Endowment funds:								
Short-term money-market certi- ficates U.S. Government obligations Corporate bonds Common stocks	\$	12,758 272,853 85,029 313,377	\$	12,758 272,853 43,825 425,456	\$	12,229 145,121 85,028 121,802	\$	12,229 145,121 41,738 183,837
Investments in common trust funds		173,760		151,618	ecls	340,688		414,699
TOTAL ENDOWMENT FUND	\$	857,777	\$	906,510	\$	704,868	\$	797,624

NOTE E--RETIREMENT PLAN

Frontier Nursing Service, Inc. has a non-contributory defined benefit retirement plan for regular full-time employees with 1,000 hours of continuous service who are twenty-five years of age or more. The policy of the Service is to fund pension costs accrued. Total retirement plan expense for the years ended April 30, 1982 and 1981 was \$61,381 and \$55,719, respectively.

Accumulated plan benefit information, as estimated by consulting actuaries as of the most recent valuation dates, and plan net assets are:

	Ma 1981	y 1 1980
Actuarial present value of accumulated plan benefits:		
Vested Nonvested	\$190,656 47,065	\$155,122 68,852
	<u>\$237,721</u>	<u>\$223,974</u>
Net assets available for benefits:	\$273,350	<u>\$218,909</u>

The assumed rate of return used in determining the actuarial present value of accumulated plan benefits was 6% for 1982 and 1981.

NOTES TO FINANCIAL STATEMENTS--Continued
FRONTIER NURSING SERVICE, INC.

NOTE F--LONG-TERM DEBT

9

Long-term debt consists of the following:

	Apri	1 30
	1982	1981
6% unsecured promissory noteprincipal payable in annual installments of \$18,000 through April 1984; interest payable in semi-annual installments		
through April 1984	\$36,000	\$54,000
Non-interest bearing unsecured installment		Bos
note to DHEW due in 1981	36,000	$\frac{8,455}{62,455}$
Less: Current portion	18,000	26,455
TOTAL LONG-TERM PORTION	\$18,000	\$36,000

FRONTIER NURSING SERVICE, INCORPORATED CONTRIBUTIONS PLACED IN TRUST May 1, 1981 to April 30, 1982

Funds which are placed in trust are a measure of strength for Frontier Nursing Service as we fulfill our purpose and plan for a solid future. This is a listing of previous trust funds which had additions, and new contributions which were placed in trust during this fiscal year.

The Friends Fund Branham Fund Wilson Neel Memorial Baby's Crib Ann Allen Danson Memorial Fund Board Designated Education Fund Lucie Wilshire Graham Memorial Elizabeth Canby Bradford duPont Memorial Kate Ireland Fund William Waller Carson Fund in honor of Katherine Breckinridge Carson Breckinridge Helen Blodgett Erwin Legacy Grace R. Lewis Legacy Eugenie Snow Caro Legacy in memory of her parents, Eugene E. and Anna M. Snow Mary Corker Legacy Mary Oliver Robinson Legacy Mary M. Parsons Estate Elizabeth Hope McCown Estate

FRONTIER NURSING SERVICE, INCORPORATED LEXINGTON, KENTUCKY STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID MAY 1, 1981 TO APRIL 30, 1982

SUMMARY

D III	A 00F	•	A 005
Baltimore Committee		\$	\$ 925
Boston Committee		5,000	21,542
Chicago Committee			8,943
Cincinnati Committee			7,190
Cleveland Committee		MARKET AFTERNA	122,978
*Daughters of Colonial Wars			1,314
Detroit Committee			16,797
Hartford Committee	. 973		973
**Kentucky:			
Blue Grass Committee			79,281
Louisville Committee			23,223
Miscellaneous State			23,211
Minneapolis Committee	. 1,154		1,154
New York Committee	. 123,034	736	123,770
Philadelphia Committee	. 21,114	5,264	26,378
Pittsburgh Committee			39,035
Princeton Committee			1,130
Providence Committee			538
Rochester committee			2,405
Washington, D.C. Committee		8,643	36,783
Miscellaneous			87,735
Disk to Upo a			
TOTALS	\$605,662	\$19,643	\$625,305
to departure proceedings	====	====	====
Total Contributions Above			
Restricted			\$123,477
Unrestricted			482,185
Circulation development			
			PC05 CC9
			\$605,662
*Donations from various state chapters.			
**Total for Kentucky:	. \$125,715		\$125,715

II. REPORT OF OPERATIONS

Comparative Analysis of Service Provided In the Two Fiscal Years, 1981 and 1982

1. HOSPITAL

	1981	1982
ALL PATIENTS (Excludes Newborn):		
PERCENT OF OCCUPANCY	64.3%	64.4%
PATIENT DAYS — TOTAL Medical-Surgical Unit Days Obstetrical Unit	9,390 7,734 1,656	9,407 7,777 1,630
ADMISSIONS — TOTAL	2,200 1,696 504	2,175 1,661 514
AVERAGE DAILY CENSUS	25.7	25.8
AVERAGE LENGTH OF STAY	4.3	4.3
NEWBORN: Percent of Occupancy Patient Days — Total Admissions — Total Average Daily Census Average Length of Stay	35.0% 1,278 338 3.5 3.8	31.5% 1,148 338 3.2 3.4
DELIVERIES — TOTAL	339	336
OPERATIONS — TOTAL Major Minor ENT Inpatient Outpatient	795 516 191 88 N.A. N.A.	948 464 397 87 694 254
ANESTHESIA — TOTAL	792 20 625 147	940 32 609 299

	1981	1982
DEATHS — TOTAL	26	30
Institutional (over 48 hours)	16	17
Institutional (under 48 hours)	8	17 007
Noninstitutional (OPD/ER)	2	6
X-RAY EXAMINATIONS — TOTAL	7,530	7,207
Inpatient	1,659	1,651
Outpatient	5,871	5,556
LABORATORY PROCEDURES — TOTAL	82,229	81,602
Inpatient	23,542	24,205
Outpatient	32,232	32,341
Referred in	18,329	17,115
Referred out	8,196	7,941
PRESCRIPTIONS FILLED — TOTAL	68,756	68,385
Inpatient	11,018	12,756
Outpatient	51,395	55,165
Oneida Pharmacy	6,343	464
PHYSICAL THERAPY TREATMENT — TOTAL	1,407	1,691
Inpatient treatments	438	441
Outpatient treatments	1,855	1,041
Home Health treatments	114	209
ELECTROCARDIOGRAMS — TOTAL	1,634	1,638
Inpatient	882	895
Outpatient	752	743
RESPIRATORY THERAPY — TOTAL	9,484	14,810
Inpatient procedures	9,084	13,876
Outpatient procedures	400	934
MBH — DENTISTRY — TOTAL	1,807	1,348
Inpatient	4	0
Outpatient	1,803	1,348
Average Per Day	7.1	5.3
WOOTON DENTAL VISITS — TOTAL	1,639	1,632
Average Visits Per Day	6.5	6.4
HOME HEALTH VISITS — TOTAL	7,740	7,791
Average Visits Per Day	30.5	30.7
EMERGENCY ROOM VISITS — TOTAL	6,243	5,789
Average Visits Per Day	17.1	15.9

		1981	1982
ADMIT	ΓΕD THRU E. R. — TOTAL	789	763
PCC VI	SITS BY CLINIC — TOTAL	25,088	24,071
Gene	ral Clinic	14,105	14,580
	atric	5,332	4,390
Well	Child	50	173
	ly Planning	263	121
		320	498
PAP		45	0
ENT		260	319
	opedic	345	283
	halmology	215	149
		4,153	3,504
Avera	age Visits Per Day	98.8	94.6
DR. ALI	LOUCH VISITS — TOTAL	2,103	N.A.
Aver	age Visits Per Day	13.0	N.A.
PCC EX	TENSIONS — TOTAL VISITS	21,756	18,702
Aver	age Visits Per Day	85.1	73.6
BEECH	FORK CLINIC - TOTAL	5,632	5,373
Aver	age Visits Per Day	22.9	21.2c
COMMU	UNITY HEALTH CENTER — TOTAL	4,591	3,893
Aver	age Visits Per Day	18.1	15.3
ONEID	A CLINIC — TOTAL	5,629	4,321
Aver	age Visits Per Day	22.2	17.0
PINE M	IOUNTAIN CLINIC — TOTAL	1,791	1,683
Aver	age Visits Per Day	7.1	6.6
WOOTC	ON CLINIC — TOTAL	4,113	3,432
Aver	age Visits Per Day	16.2	13.5

COURIER AND VOLUNTEER HOURS AND DAYS REPORT May, 1981 - April, 1982

Departments Served	Couriers	Volunteers
Administration		
—Annual Meeting	23.5	
—Auxiliary Craft Fair	13.0	nointenend
—District Craft Fund	6.0	
Beech Fork Clinic		
—Nurse's Aide	28.25	8.5
—Varnishing Cupboards	4.0	8.0
Betty Lester's Yard	6.5	6.0
Business Office		
—Wilma Browning	144.0	
Central Supply CHC	1.25	
—Nurse's Aide	110.0	
—Spring Cleaning	19.0	
Dental Clinic	10.0	
-MBH	22.5	4.5
Dietary	3.0	and hadden
Education (FSMFN)	79.5	8.0
Emergency Room	111.25	171.5
ENT Clinic		
—Party	14.0	
—OR Assistance	23.5	
Finance Department	Sept No.	
-Auditor's	6.0	
—Office Work	10.0	
GRAB	34.5	
Home Health	11.25	5.0
Hope House	333.25	3.0
Lab	47.75	
Leslie County Health Dept. Social Work	73.5	
Library		
-MBH	79.0	
Maternity		
—Nurse's Aide	58.5	
—Ward Clerk	77.5	
Medical Records	22.5	
Med-Surg	anidus')) someostnie	
-Nurse's Aide	308.25	294.0
Midwifery Dept.	THE SECOND	water Wall
-ACNM Convention	18.75	
-Misc.	9.0	
—Research Project	139.5	

Oncology	18.0	136.0
—Home Visits	57.25	344.0
—Office Work	3.0	544.0
-"Smoking Booth"	5.0	
Oneida Clinic	232.0	
-Nurse's Aide	252.0	
Operating Room	10.0	84.5
—Nurse's Aide	90.0	04.0
Orientation	90.0	
Pharmacy	42.5	
—Mag Card (labels)	42.0	
Physical Therapy	070.05	2.0
—Home Visits	272.25	2.0
—Orthopedic Clinic	15.25	
Primary Care Clinic	000 5	25.0
—Nurse's Aide	332.5	25.0
—Observation		0.0
—Tim Carey	05.5	9.0
—Wayne Goulet	25.5	2.0
—Nancy Fishwick	3.5	3.0
—Peter Morris	15.5	9.0
Print Shop	00.55	
—Medical Directives	90.75	
-Misc.	12.0	
Pine Mountain	GOODS V	
—Nurse's Aide	32.5	100
—Painting	10.5	10.0
Promotion and Development	April 21108	
—Black Gold Fest.	28.0	
—Christmas Parties	3.5	
—DCW's	19.0	
-Mary Breckinridge Fest.	26.5	
-Misc.	14.5	
Research		
—Dr. Carey (water samples)	14.5	
Rounds		
—Long	608.75	16.0
—Short	457.25	12.5
Social Services	20.5	
Steril Supply		
—Equipment to ARH	6.0	
Transportation		
—Car Maintenance (Corbin)	32.0	
—Patient Transport	51.0	
-Visitors/Staff	452.25	
— V 1810018/ Dual1		

Wendover		
-Gardening/yard work	159.0	934.0
-Maintenance and repair	52.0	
-Misc.	257.5	7.5
—Painting	145.25	
—Sewing	15.5	
—Shredding Medical Directives	14.5	
—Special dinners	85.5	8.0
Wooton Clinic		
—Cleaning/painting	65.0	
X-ray	297.25	1.5
Total Hours	6003.25	339.5
Total Days	881	269

Total number of couriers — 31
Total number of volunteers — 7
Report submitted by Danna Larson
Date: May 17, 1982

Kate Ireland, National Chairman Homer L. Drew, Treasurer David M. Hatfield, M.B.A., F.A.C.H.A., Director

A QUIET, GENEROUS FRIEND

Without much ceremony, a plaque was placed on the wall in the hospital lobby July 20th which reads: Gifts made through the generosity of the Mary Breckinridge Hospital Auxiliary to the Frontier Nursing Service. There follows a list, which we site here, of items donated to all areas of the hospital and to the districts over a period of five years. What the list doesn't tell is that the donations total nearly \$20,000, slowly acquired through the hospital Gift Shop and through a yearly craft sale and that the work to arrive at these handsome gifts is done daily and is sometimes quite tedious. The women's auxiliary is a volunteer organization whose presence is all too often taken for granted and whose services in the form of the gift shop and the soda and snack machines in the hospital are an unrecognized convenience. We take this space now to acknowledge our modest friend and speak with gratitude for all it has done in such a quiet way.

1977	
2 color televisions for patient lobbies	\$ 200.00
Infant isolette for OB	2000.00
1978	
Cardiac monitor for Med/Surg	
Blood bank centrifuge for Lab	
370c waterbath for PT	2000.00
6 recliners and 6 cots for patient rooms	
Otoscope and 2 dictaphones for Wooton Clinic	500.00
1979	
Jewett freezer for storage of cryoprecipitate	1800.00
Hermatocrit centrifuge for OB	300.00
Dopler ultra-sound stethoscope with head for PCC	412.50
Washing machine for Beech Fork	260.00
Dopler ultra-sound stethoscope for OB	412.50
Cardiac defribrillator	
in memory of Dorothy Weaver for ER	3826.75
District Craft Fund (for Continuing Education for staff)	20.00
1980	
District Craft Fund	1136.75
1982	
Life pack for ER	6800.00
Ladies, we thank you!	
naures, we main you.	

URGENT NEEDS

7 Radio pagers for on-call staff\$ 250 each	h
After hours pharmacy storage cabinet \$ 800	
2 Ophthalmoscope/otoscope for Home Health \$ 300 each	h
Electric breast pump for OB \$ 800	
2 IV poles with weights for Med/Surg \$ 100 each	h
Ophthalmoscope/otoscope for Med/Surg \$ 300	
2 Pediatric blood pressure cuffs for OR and	
the Newborn Nursery \$ 300 eac	h
2 Stethoscopes for ER\$ 35 eac	h

We would like to take this opportunity to thank Dr. Brent Brandon, our radiologist, for the donation of a baby hugger for X-ray, and Mr. and Mrs. George S. Mark, Jr., East Berlin, Pennsylvania, for a donation towards the pediatric laryngoscopy blades for OR. The National Society of the Daughters of Colonial Wars has also made a substantial contribution toward the purchase of two otoscopes. For these particular items, we are especially grateful.

STAFF OPPORTUNITIES

Dean for the Frontier School of Midwifery and Family Nursing

Faculty position for Masters prepared Family Nurse Practitioner

Nurse Midwifery Education Coordinator position for Masters prepared CNM

Certified Nurse Midwives

Registered Nurses

Family Nurse Practitioners

Family Practice Physicians

X-ray Technicians

For all of the above, please direct your inquires to: Darrell Moore, Director of Personnel Mary Breckinridge Hospital Hyden, Kentucky 41749

Couriers and Volunteers Senior nursing students Gardeners Carpenters

Please write to:

Danna Larson, Coordinator of Couriers and Volunteers Frontier Nursing Service Wendover, Kentucky 41775



Louisa Hall, courier '82, helping to teach LKLP Summer Feeding Program participants about the hazards of smoking. Photo by Susan Kanvik.

FNS ONCOLOGY PROJECT — SUMMER COMMUNITY AWARENESS REPORT

by Susan Kanvik

With the help of couriers and volunteers the Oncology Project presented a series of three health education programs to the LKLP (Leslie-Knott-Letcher-Perry Counties) Summer Feeding Program. Each week approximately 120 school age children gathered at the Nixon Center from various parts of Leslie County for lunch and recreation. The three presentations were Body Systems, Dental Health, and the Health Hazards of Smoking. These sessions provided a unique opportunity for health promotion because it was presented as a summer vacation activity.

In late June the Oncology Project sponsored a booth at the Poke Salat Festival in conjunction with the Pine Mountain District Clinic. The booth featured blood pressure screening and an anti-smoking game. The activities attracted both young and old who were presented with anti-smoking balloons and buttons as well as cancer education literature. A similar booth is planned for the Mary Breckinridge Festival the first weekend of October.

The Oncology Project has enjoyed the help of Steve Yates, a Berea pre-med senior, as a work-study student this summer. Steve has been working with Pat Campbell, Oncology Nurse, on the tumor registry and has made good use of his audio-visual skills in several educational programs.

A public education campaign on skin cancer, a smoking cessation program at CHC, Community Health Clinic, Big Creek, and a presentation to the Leslie County Schools-Teacher Inservice are a few of the community awareness programs planned for the remainder of the summer.

MRS. BRECKINRIDGE ENTERS THE ANA HALL OF FAME

"ANA's Hall of Fame was established in 1976 to recognize members of the nursing profession whose national achievements have significantly benefited the profession and the health or social welfare of society. The posthumous honor has been bestowed upon fifteen persons since its inception (: Dorothea Lynde Dix, Linda Ann Judson Richards, Mary Eliza Mahoney, Isabel Adams Hampton Robb, Sophia F. Palmer, Lavinia Lloyd Dock, Lillian D. Wald, Annie Warburton Goodrich, Martha M. Franklin, Mary Adelaide Nutting, Isabel Maitland Stewart, Adah Bell Samuel Thoms, Margaret H. Sanger, Stella Goostray, and Clara Louise Maass.) A Hall of Fame Committee specially appointed by the Board of Directors selected the new members."

In company with Mrs. Breckinridge as new members of the ANA Hall of Fame were: M.E.P. Davis (1868-1924) credited with starting the *American Journal of Nursing* (AJN); Jane Delano (1862-1919) founder of the Red Cross Nursing Services; Mary Roberts (1877-1959) who spent 28 years as editor of the *AJN* and through it encouraged the promotion of the nursing profession; Julia S. Stimson (1881-1948) especially active in the Army Nurse Corps; and Shirley C. Titus (1892-1967) responsible for many changes in the working conditions and employment benefits of nurses as executive director of the California State Nurses' Association.

The Frontier Nursing Service was well represented by Miss BettyLester, Helen Browne (our second director), Kitty Ernst, Molly Lee (who went in uniform, of course), Marvin Breckinridge Patterson, Dr. Anne Wasson, Mary Weaver, and Sue Lazar. The event was celebrated in Hyden by remounting the booth which had gone to Lexington in April for the American College of Nurse Midwives convention. Set up in the hospital lobby, the booth attracted the attention of many. Staff members, patients, and visitors alike were pleased that someone who had done so much for them was being given proper recognition.

A SUMMER WITH FNS

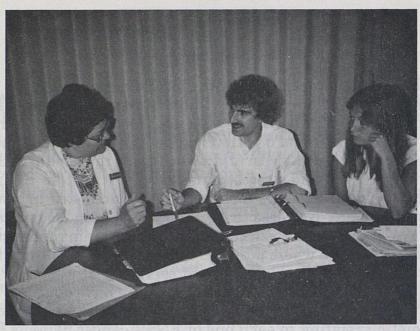
by Steven W. Yates, Berea College Student

I have been working with the FNS Oncology Project this summer. I am a senior chemistry major at Berea College and have a strong interest in both medicine and oncology. Last summer Patti Reinking (a friend of mine from Berea who will be attending UK medical school this year) did a work-study internship with the oncology project and assessed the need for hospice in Leslie County.* Her enthusiasm for FNS got me interested in a work-study internship. Needless to say, I have not been disappointed, nor have I any regrets about coming to the mountains of Kentucky to learn and serve where possible. I definitely have learned from FNS and I hope I have also been of service.

In my opinion, the most important work I have done has been with the Tumor Registry. The tumor registry is a collection of information relating to each one of FNS's cancer patients. This material helps keep track of the cancer patients so that they can get adequate treatment and follow-up. My work with the tumor registry has included three areas: reorganization of the registry by tumor site to comform more closely with the American College of Surgeons guidelines; the annual collection of follow-up data to determine when each patient last received health care at FNS; and establishment of a "tickler file" that will be a guide for systematic follow-up of cancer patients in the future. This work is very important because it is helping FNS keep track of cancer patients to ensure that they get proper care. I was told a few weeks ago by an FNS employee that "Our patients come first." Since patients are first, assuring them quality health care is important. This assurance is particularly important for cancer patients, and it is one reason for the existence of the Oncology Project.

When not working with the tumor registry I have done other things. I have helped with several continuing education projects. I used my audio-visual experience from Berea (I have been the Audio Manager for Berea College Audio-Visual Service) to help with the Trauma Workshop. I have also worked with a Melanoma awareness project. Melanoma is a skin cancer which progresses in

^{*}see "A Summer Spent with FNS" by Patti Reinking, Quarterly Bulletin, Summer 1981, Vol. 57, No. 1, pp. 53-55.



Pat Campbell, RN; Steve Yates, work study student from Berea; and Susan Kanvik, Project Director for the FNS Oncology Department.

stages. If melanoma is detected early when it is near the skin surface the patient has a 90% chance of staying alive for the next five years. If it is not detected until the melanoma has begun to grow into the lower layers of skin then the patient has only a 40% chance of five year survival. FNS is treating a few new cases of melanoma and some of the medical staff wanted some information that would help to make early detection of other melanomas. A couple of videotapes, a movie, and two publications on melanoma were made available. I really enjoyed this project because I was able to learn something new for myself and to have more contact with the FNS staff.

Other tasks I have done include helping with the organization and presentation of educational programs for the LKLP project (see the related article in this bulletin by Susan Kanvik.) I helped with this project several mornings at the Nixon Center with other volunteers and couriers by participating in about 75% of the programs. When not doing that, I have tried to be useful in the office by filing, helping with chores, or acting as a courier. However, many of my experiences have been educational rather than productive. Observing some of the FNS staff and visiting with patients are two experiences I have done which have helped

reaffirm my interest and commitment to medicine. Reading many of the books and journal articles cataloged in the oncology office have not only taken up much of my spare time, but they have clarified points of interest and answered questions which have

come up while I worked.

What has this experience meant to me? Overall, my work has been very rewarding and my experiences invaluable. I have learned more than I ever anticipated, done a wider variety of activities than I thought possible, and worked with people who were much more accommodating than I had ever expected. My understanding of health care (especially rural health care) has been greatly increased through this experience. I am indebted to FNS for this and for helping me to better understand my own interests in medicine. Last week my Labor Supervisor at Berea asked me to sum up my summer. I replied, "Living in a barn, hidin' out in Hyden, . . . having a great time and learning a lot." I've seen life and death, sickness and health, hope and despair. I've come to learn more about mountain people — I appreciate them more and take more pride in my own Appalachian hertitage. I leave Hyden and FNS with more than I came, and I take a debt with me that can never be repaid. I would like to say thanks to the many people in Berea, Hyden, and Wendover for making this summer such a meaningful one for me, and I hope that I have been able to leave a part of what has been given to me.

On July 10th, the FNS welcomed back the Kentucky Primary Care Association to Wendover as the KPCA held its summer Board of Directors meeting.

In many ways, this was a homecoming for the members of the KPCA due to the fact that the organization was formed shortly after the FNS held a conference in Hyden in July of 1976.

Representatives from primary care providers throughout the state were in attendance and enjoyed a luncheon at Wendover as well as words of welcome from Ann Cundle, former field supervisor and member of the FNS family for over 19 years.

-Ron Hallman

STAFF NEWS

Karen Gordon, Princeton University Health Services, Princeton, NJ 08544—

You will be interested to know that while I was in Seattle (in April) at a conference, I visited Sue Keilman and Candice Vanderbeek at the Virginia Munson Hospital. They have their own midwifery clinic and seem to be very successful. I also talked to Susan Willis who is pleased with her work at the birth center north of Seattle. I'm still plugging away at Princeton and still teaching two courses at Columbia — so life is busy. Next fall I'm thinking about plunging into doctoral studies while working, though where I'll find the time will be a miracle.

Elsie Maier Wilson (Mrs. Jack), 7845 12th St., N., St. Petersburg, FL 33702—

I am encouraged to see the formation of the Alumni Association of FNS. I know the graduates would like to stay in contact with each other. However, more than that, I see the graduates providing incentive, encouragement, leadership in promoting the Frontier School of Midwifery and Family Nursing. I see our school as the fore-runner and leader in the expanded role of the nurse. It is my hope that more people may be served throughout the world in a personal, caring, expert manner as our FNPs and FNMs can provide.

BIRTH ANNOUNCEMENT

Larry Easterling and Sylvia Gregory, January 22, 1982, Anna Gregory Easterling, 8 lb. 7oz.

Brandon, born to David and Brenda Morgan, August 13, is Ruth Morgan's (Donor Office) latest grandchild.

COURIER NEWS

Ami Bloom '81, 15 Forrer Blvd., Dayton, Ohio 45419-

I am now in Rhinebeck, New York working at a summer camp for emotionally disturbed kids. This is another one of those special places with special people like those at Wendover. Even though I don't write often, all of you and my experiences of the spring of 1981 are constantly in my thoughts. My school year in Colorado was successful. I met many new friends and learned more. I just wanted to let you know I am alive and well.

Steve Leuty '82, Kalamazoo College,

Kalamazoo, Michigan 49007-

I'm still waiting for Cassie to send me a piece of sweet potato pie. Every day I go to my mailbox with a fork in hand, but nothing shows up, so I fix myself some 25¢ macaroni and cheese instead My summer classes are great (US Foreign Policy, African History Since 1800, and Chemistry). In addition to my classes, I go to the African Studies lectures and films two nights weekly. Also, this summer I'm playing on an intramural softball team (called the "Ugly Muthers"), and a soccer team (called "Cosmic Garbage"). Our fierce softball name doesn't reflect our record, but our soccer team is pretty good. Since the soccer field is on a high hill, sometimes it's a lot like playing badmitten in the lower grassy spot! . . . I tried making yogurt today, but so far it's just white soup. Man, do I miss your homemade ice cream. Tomorrow, though, has to be one of the greatest days of the year because my favorite ice cream place is having its 30th anniversary and is selling sundaes for their 1952 price of 30¢! I'm planning on going there in the morning, noon, and night!

David Preston '82, 10 Vane Street,

a not energy for ambropologists, but fi

Wellesley, Massachusetts 02181-

I got back to Wellesley and found, after a frantic search, that jobs aren't easily come by; but I did get a job as a nurse's aide with a temporary medical agency. I've been working pretty steadily in the Boston area in nursing homes and hospitals, and while the work isn't as interesting as it was in Kentucky, at least I'm earning a little money. **Kathy Trainor** ('82), having no place to

go in Boston, ended up staying at our house until she got a nice apartment with some other people in Cambridge — it was nice having her here, though. She now has a job as an assistant probation officer in Boston. I am looking forward to a vacation in August before I hit med. school — may go up to Quebec or Newfoundland to do some canoeing and fishing. I am getting more and more nervous about school, but at least I'll be in the same boat as a lot of other people.

Christina Bugbee '81, 20 Country Club Rd,

New Canaan, CT 06840-

I am working in a group home for multiple-handicapped and autistic young adults. It's a job I enjoy a lot — challenging and fulfilling, good pay, and three days off (we work 40 hours in four days) a week. Not bad!...I am going to the University of Vermont and will graduate with a B.S. in nursing. I'm really looking forward to school now, though I never thought I would. I'm anxious to get started on a career.... I think about Wendover often — always with a smile. Please tell everyone hello for me.

Betsy Trefts '80, 20101 Malvern Road,

Shaker Heights, Ohio 44122-

I am starting the Masters program in Medical Anthropology at Case Western Reserve. Case and Stanford are the only two schools in the country where you can get the combined degree, M.D.-M.A. or M.D.-Ph.D. with Medical Anthropology, and it's a really neat program. It is designed not only for anthropologists, but for health care professionals (or future ones) interested in practicing cross-culturally (that's me!) . . . It is intended to train one to recognize and deal with the complex relations between biological, social, cultural, psychological, economic, and technoenvironmental factors relating to health and illness, and to analyze and evaluate how health resources are organized and delivered. After Kentucky and Canada, I couldn't be more convinced of the profound influence of these considerations on the efficacy of health care.

Horace Henriques '79, St. Francis Hospital,

Katite, Zambia-

Have been settled in at St. Francis Hospital for the last month (he writes on May 5th.) Certainly working hard, but the experience here has been made much easier with the experience at FNS; a very rural setting utilizing medical assistants (FNPs) and midwives, with docs having ward and clinic responsibilities. Also, there are very limited laboratory facilities and few drugs (much more so than FNS), so thinking about diseases and when to intervene are critical. Indeed, there are thinking steps that have always been impressed upon me at FNS, especially under Tim Carey's tutelage. There is also a different level of medical expectation here and a number of tropical diseases which snow and ice take care of for us in the U.S. But again, I continue to think about the many lessons I've learned at FNS.

Susan Williams Beckhorn '73, R.D. 1, Rexville, NY 14877-

The past year has been tight — building a house is expensive! But I keep remembering how lucky I am to have a roof over my head, however incomplete, with no mortgage. It also takes a long time to build a house, especially when the crew consists of two workmen, both amateurs. At the moment, my husband and I are hosting two Fresh Air kids, 11 year old boys, from the "Big Apple", for two weeks. It's been quite an experience — very difficult at times, yet very rewarding at other times. We've invited them back for next year. I am anxiously awaiting the birth of Holly Cheever's ('71) first child, any day now! . . . I'm writing features for the Wellsville Daily Reporter when I have time. Hoping to move up to the Buffalo Sunday magazine soon.

Betsy Godley Sargent '68, R.D. 4, Box 404,

Coatesville, PA 19320-

(Via her father, Mr. Frederick Godley) We have all sorts of news to pass on regarding daughter Betsy. She graduated May 17 from the University of Pennsylvania Vet School. Together with the birth of a horse, calf, kittens, and robins on her little farm, she gave birth to a lovely 8 lb. 14 oz. baby girl named, Katie. Both mother and daughter are doing well.

Susan Loveland '81, R.R. 1, Spring Valley, IL 61362-

In June I returned from a wonderful year in Israel. I'd still be there but I had to return for summer school. Come September I'll be entering the University of Illinois Nursing School. The three months I spent at FNS convinced me that I would never be completely satisfied unless I went ahead and got a nursing degree. I look back very fondly on my months at FNS. There definitely is something special about the place. The people play a big part in making FNS what it is.

SEMINAR ON TRAUMA & TRANSPORT

by Ron Hallman

A continuing education seminar dealing with the various aspects of treating and transporting trauma patients was held at the Leslie County Library and Mary Breckinridge Hospital on Friday, July 16. The seminar was taught by a combination of FNS and visiting staff professionals and touched upon receiving, stabilizing, transporting, and treating the trauma patient.

Mary Weaver, Director of Nursing at the FNS, was the moderator of the event and was joined by other FNS staff members, Dr. Tim Carey, Mable Spell, and Diana Fortney in the presentation. Other speakers included Susie Carter of the University of Kentucky, Carol Jo Tyerberg of Memorial Hospital in Manchester, and Dr. Mellayne Myers, Chairman of the Emergency Department Committee at the Good Samaritan Hospital in Lexington.

The presentation was part of an FNS in-service program which offers continuing staff education opportunities to our staff on various health related topics throughout the year.



Spencer Ellis, work study student from Berea, working with a PT patient.



Diane Fortney, Respiratory Therapy, demonstrates the new cardiac treadmill donated by the Floyd Wells Coal Company. Photo by Ron Hallman.

MEMORIAL GIFTS

We take this means of expressing deep appreciation to our friends who make a supporting contribution to the work of Frontier Nursing Service as a way of showing love and respect for their friends.

Miss Glenda Sue Swartz

Mrs. James F. Pendleton James Sizemore Ms. May Groff Ms. Wanda Hacker

Ms. Sandy Arant Mrs. Helen Vanover Ms. Karen Davidson

Mr. and Mrs. J. W. Harman

Mr. Mitchell R. Guthrie Dr. Frank Guthrie

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Michigan Northern Regional
Nurses Conference

Mr. R. Livingston Ireland Mrs. Virginia H. Jones

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Miss Grace Frauens Miss M. Irene Ruskin

Capt. Jesse H. Suitor
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Denise French
Ainsley Snell
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Lynne Eaton
Martha Vacher
Mr. Thomas N. Boyden

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Community Health Advisory Committee Mr. and Mrs. Earl R. Fink Mr. and Mrs. Leon H. Cote

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Mrs. Ruth W. McFerran
Mrs. Carter Stanfill
Mr. and Mrs. Joseph R. Compton
Mrs. A. G. Weems
Mr. Paul Vaughn, Jr.

Mr. Edward S. Dabney
Miss Agnes Lewis
Mr. and Mrs. John M. Prewitt
Mrs. Richard Bean

For those we love within the veil,
Who once were comrades of our way,
We thank thee, Lord; for they have won
To cloudless day;

And life for them is life indeed,
The splendid goal of earth's strait race;
And where no shadows intervene
They see thy face.

Free from the fret of mortal years,
And knowing now thy perfect will,
With quickened sense and heightened joy,
They serve Thee still.

O fuller, sweeter is that life,
And larger, ampler is the air:
Eye cannot see nor heart conceive
The glory there;

Nor know to what high purpose Thou
Dost yet employ their ripened powers,
Nor how at thy behest they touch
This life of ours.

—W. C. Piggott, 1915

IN MEMORIAM

We acknowledge our appreciation and personal gratitude to those friends who have, by including FNS in their wills, made a continuing reaffirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the Endowment Fund.

MRS. MARGARET F. DANGLER

Osterville, Ohio

Trustee and former Chairman of the Chicago Committee; mother of Tia Moir and granddaughter of Belle Barrett Hughitt in whose name the Brutus Center was given to the FNS.

We wish to remember here those who have touched our lives with their service, or were in the circle of family and friends of those who served.

THE HON. THRUSTON B. MORTON

Louisville, Kentucky

Member of the Executive Committee before the Board of Governors was formed, and Honorable Trustee.

MRS. FAYETTE BROWN

Mentor, Ohio

Cleveland Committee member; mother of couriers Barbara Brown Webster and Elizabeth Brown Bayer.

MRS. M. CASTNER BROWDER, JR. Louisville, Kentucky
Louisville Committee member

MR. J. ARTHUR BUHR
Cincinnati, Ohio
Member Cincinnati Committee

MISS MAY V. GREEN
Dartmouth, South Devon, England
Ex-staff

MRS. CHARLES JENNEY, JR. Lincoln, Massachusetts Mother of courier Bronwen Jenney Anders

THE REV. E. FELIX KLOMAN Washington, D.C.

Husband of long-time Washington Committee member and Trustee, Olivia Kloman

MRS. RUTH. W. McFERRAN Versailles, Kentucky Member of the Blue Grass Committee

> MRS. WILLIAM A. MITCHELL Cincinnati, Ohio Cincinnati Committee member

MRS. WALTER L. PALMER
Chicago, Illinois
Chicago Committee member; mother of courier Elizabeth Palmer
Eldridge (Mrs. Robert H.)

MISS ELEANOR M. THORN Haverford, Pennsylvania Courier, 1943

> MRS. ANNIE MARY TYSON Farmerville, North Carolina Mother of ex-staff, Patsy Tyson

MRS. REED WILSON
Lexington, Kentucky
Former Blue Grass Committee Member

ALUMNI NEWS Letter to the Alumni

On behalf of everyone here at the Frontier Nursing Service, I would like to take this opportunity to welcome all of the new members of the FSM&FN Alumni Association.

This endeavor has already sparked new enthusiasm in many of our Alumni, several of whom we had not heard from in years!

As always, we welcome and appreciate your letters and encourage you to keep us up-to-date on current news and happenings in your lives. I look forward to this Alumni Association becoming an intregal part of the Frontier School of Midwifery and Family Nursing and to its continued growth and strengthening in the future.

Sincerely,

David M. Hatfield Director

JoAnn Jackman, MFI-Worldteam, P.O. Box 15665,

West Palm Beach, FL 33406

I am happily busy experimenting and expanding in my new profession at home. Too much oregano in the meat pie, and melting all the nipples while sterilizing them are a couple of the "disasters". A household in order, reveling the growth and development of our healthy — active babe, and watching the twinkle in Ron's eye as he and Annette chat — these are a few of the joys. "Howdy" to Dr. Anne, Molly and all!

Susan Willis, P.O. Box 264, LaConner, WA 98257

I saw the FNS program for after the convention, and am impressed. It looks like a really nice presentation, and am sorry I won't be there seeing everyone and having fun. Sue Keilman will be coming from Seattle and I believe Michele Bouche from Tacoma.

Eugenia Morse, 1549 Farnell Ct., #3, Decatur, GA 30033 It's hard to believe that it's been three years since I left FNS...oh what good memories I have of it and the training I got there. Joanne and I left our jobs in Colorado after having worked three years in the migrant health clinics. We went traveling for six months around the world. I'm now working in Georgia at Grady Hospital (Atlanta). You may know . . . Bernadette Hart and Laurie Snead are also there . . . small world.

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Rae Cottrell, 1113 21st St., Bellingham, WA 98225

It's been a mild winter but all the same I'm glad it's over and signs of spring abound. We had only one snowstorm. We certainly enjoyed skiing up here — there are numerous ski areas to enjoy both in Washington and in Canada and we did both downhill and cross country. I am eagerly awaiting my vacation — will be returning east to visit family and friends. Hello to all there.

Pamela England, 725 Cardenas, SE,

Albuquerque, NM 87108

Peter and I had a lovely home wedding with many dear friends to celebrate. We are very happy and expecting our first child July 20. Peter works in solar system business. My home business is prospering and is very satisfying. Another CNM in town consults with me and we attend each others births. **Julie Gorwoda** is still alive and well in Albuquerque. She is leaving Southwest Maternity Center to work in a hospital on the U.S. Air Force base. Everywhere I go, FNS has a great reputation and is held in high esteem.

Ethel Starck, 2648 13th Ave. S., Minneapolis, MN 55407

Sure did have a wonderful time! I think Lexington brings out my strongest partying instincts. Was great to see so many old FNS'ers.

Marianne Towler, 155 West River St., A02,

Wilkes-Barre, PA 18702

Trudy Isaaces and Wendy Wagers were here for a brief stay this weekend on their trek west. It was truly lovely to see them and get caught up on FNS news. The CNM convention sounded wonderful. I hadn't realized that it had been dedicated to FNS. Would have loved to have attended but the time wasn't available. Hello to everyone!

Barbara Donaghy, 414 Spanish Trace Apts.,

Altamonte Springs, FL 32701

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Well finally after having been home for over a year I have landed a

very wonderful job. I went to a meeting last month of CNM's and lay midwives. It was there that I met a CNM doing home deliveries. She asked me if I was interested in helping her start a birthing center. I was very interested.

Margaret Wise, 895 N. village Dr., #203,

St. Petersburg, FL 33702

It was wonderful to see so many FNS'ers at the convention. The reunion was a lot of fun. I found a midwife to join me — a graduate from the Mississippi program. I sure am ready for her. We had a lot of rain a couple of weeks ago. Some areas flooded, including the house where I left my washing machine! I haven't checked it yet but everybody else's washers and dryers on that block were ruined by the sea water so I doubt my luck was any better. (In a later letter Margaret writes: I just got back from a wonderful week in New York. The city is dirty and noisy but you sure can have a good time. Oh, my washing machine turned out to be just fine.)

Marcia McDonald, P.O. Box 608, Cobb, CA 95426

Please thank Dr. Anne and Mary for the really nice reunion party they gave at the convention.

Sr. Yvonne deTurenne, Sacred Heart Convent, 204 E. 9th, Spokane, WA 99202

I'm really getting eager to return home and feel I need some time at home and in my own culture for awhile. I'm planning at the moment to stop and visit FNS. Really looking forward to that. I suspect it'll be about the middle of August that I'll get down there.

Barbara Evans, Bach Christian Hospital,

Qalandarabad, NWFP, Hazara, Dist., Pakistan

It is hard for me to imagine the School in the old hospital. My days at the present are filled with preparing to step into a new position. Our nursing superintendent is going home for furlough. There is no one else to take the position, so I will become acting nursing superintendent for that year. We have mostly all Pakistani staff and this will be a real challenge as most of our work is done in Urdu (official literary language of Pakistan). It is not my natural gift so I fear that it won't be easy. Afghans are coming into our area as the government has set up five camps for 200,000. We have seen some at the hospital, but communication is very

difficult as they speak another language. Now it is cold and snowy. I feel so sorry for the refugees. We have nice warm coats and shoes, and heaters in nice houses. They are lucky to have a tent and a quilt. Please greet those I know. I miss them and the good memories of Hyden.

Karen Kudia, Booth Maternity Center,

6051 Overbrook Ave., Philadelphia, PA 19131

I finished an internship at Su Clinica and am now at Booth in yet another internship. Both have proven to be excellent experiences. As of yet, I haven't decided on a job but am primarily interested in an out of hospital birth center/home delivery service. FNS certainly has prepared us well and every place I seem to go there are ex-FNS'ers. In keeping with my Kentucky heritage I've planted a garden near the staff house and it's doing well. It's an intriguing city, full of oldness and history . . . yet too big for me and hectic. I spent time with Debbie Jones and Mary Ellen O'Brien when they were in a few weeks ago. I also had lunch with J. K. and of course saw Wendy at Booth before she finished her internship up - it's so good to share the time/experiences together. I visited Marianne Towler and her three cats in Wilkes-Barre, PA...again enjoyed sharing some ideas and experiences together. I miss the countryside, mountains and people. Roberta Moore and Nancy have passed through and are looking Booth over. So the many links of the extended FNS family still continue. My hobby of going to flea markets has expanded as the area is loaded with them.

Kathy O'Dell, 200 S. Fostoria Ave., Springfield, OH 45505

It sure was pleasant getting down to Hyden for awhile and at least catch the tail end of the dogwoods. Having so many people there that we know from our era made it seem like old times. We're really enjoying this season in Ohio and try to make the most of the little bits of woods that are left around here — nothing like New Hampshire. We live in an older neighborhood with long, narrow back yards and it's fun to split it up into useful areas. Charlie and Meg are nearly done with school.

Lynn Patterson, 2306-C Shadow Valley Rd.,

High Point, NC 27260

Our little one has finally arrived and what a joy she is. But, oh boy, what a change in life style a child brings! She looks like her dad, except she has dark hair.

Lucia Osiecki, 2193 Edgewood,

Cleveland Heights, OH 44118

It is a pretty June evening . . . and I am finding myself missing Kentucky immensely! **Debbie Jones** and I leave for **Su Clinica Familiar** at the beginning of August. I am happy about my decision to move as I am looking forward to working in a more purely midwifery service.

RoseAnn Yoder, 600 Lakeside Blvd., #3AA,

Brownsville, TX 78520

I recently flew to Arizona at an Indian Reservation where my sister lives to help her give birth to her son. We had a great time together. I'm staying busy in Brownsville at the Maternity Center. In fact, if you know of any midwife who would like a job — close to the beach — she can work here. My, it's hot down here! It's good to have J. K. helping out for awhile. She's here on emergency hire for a month and allowing us all to get some rest. I'm learning so much and have started to feel more at home in this place. Greetings to all!

Lucille Lebeau, Blue Ridge Mt. Retreat, Rt. 2, Box 118A,

New Ringgold, PA 17960

I'm busy preparing for my prospective new adventure into some far off missionary enterprise. Please pray with me about it.

Jane Rittal, Box 131, Glasgow, MT 5;230

I'm in Montana now — working in a 40 bed hospital and enjoying it — sort of a stop over. Nancy O'Donnel is married and on her way to Bangladesh; Janice Noren, with whom I visited a short time, was on her way to Fargo, North Dakota for language school, then back to Canada to be dorm mother at a church school. Am sure Marion Newswanger has told someone there about her coming wedding (guess it has already been).

Cynthia Sherwood, 543 E. Chestnut St.,

Lancaster, PA 17602

I am going to Lancaster Bible College at the moment. Full-time classes and almost full-time work is keeping me out of mischief. In May of next year I will graduate with a Bachelor of Bible and Science degree. I'm still waiting to hear from England in regard to the application for the tropical medicine course. After that is over I'll go to Jakarta to language school for nine months. That is the capitol of Indonesia. Then on to Irian Jaya. It's

the island directly north of Australia. (It's really the boonies!) Say hello to folks for me and to Dr. Anne.

Tamara Tetr, 811 Schwarz Rd., Lawrence, KS 66044

A lot has happened since I left Kentucky. The situation for midwives was grim in Kansas and as a result of certain situations Chris and I got involved in the political aspect of midwifery. It was a very interesting and educational experience. (This was also lay midwifery.) In May 1981, rules and regulations of ARNP were passed. Under these regs. is also the practice of midwifery. But, about two months ago the Kansas Medical Society sued the Kansas Board of Nursing and the judge's decision was in favor of the medical society (what else is new.) The nurses are going to appeal. In the meantime I work at the local public health department as a family planning nurse practitioner. Stopped that job to have my twin boys, Jonathan and Kyle. They were born on Thanksgiving day, on my birthday. They are the greatest! (2½ years old now). In the past year I am working at the local hospital emergency room two days a week. Currently, I am in the process of starting my own private practice maternal-child health primarily. I have one pediatrician who will practice with me and have two other M.D.'s for back-up. Chris is working at a local mental health clinic. His position is director of children's services. He has worked there since returning from Kentucky. This past November we (Chris, children and I) went to Israel for a month. It was great seeing my family and visiting the sea. We could hardly keep the kids out of the water. Greetings to all the people I know.

Carol Read-Andersen, 710 Elizabeth St.,

Carson City, NV 89701

Things here in the west have been fairly quiet through the winter and now with spring here the garden is getting full, the horses are getting fat and most of Mike's time is spent up at the ranch (his uncle's) growing hay, irrigating and trying to bring the old ranch (his great grandfather's) back to life. I send my love to all and hope the school is still as fine. I have plans to take a micro-biology course soon. Tell those people in the lab they gave me the "bug".

Ruth Gamber, c/o Esther Gamber, 1120 San Juan,

LaJunta, CO 81050

At present I'm in the middle of sorting and packing — getting ready to go to the states for a year of furlough. My sister will be meeting me in Florida. We'll be driving north to spend a short time with the rest of the

family. August 9-12 I'll be in Indiana for a seminar. Then I'll head west to Colorado making my home temporarily with my sister. Am scheduled for deputation in Indiana, Michigan, Ohio, and Kentucky from January to July 1983. Say hello to Dr. Anne and the others at FNS that I know.

Jennie Sholly, 909 Lyon St., Des Moines, IA 50316

What have I been doing? Since Iowa was fairly close to the nurse practitioner, I went back into critical care and decided I would get as much varied experiences as I could. I've managed an ICU, CCU and ER for 2½ years. Then we moved to Des Moines to a fairly large church. I found management was too much responsibility for a busy pastor's wife so I have been working nights in a Teelmetry-Teaching Step-Down Unit at a large teaching hospital, Iowa Methodist Medical Center. In a few weeks I will be going to Neonatal Intensive Care and learning the ropes there. I'm hoping to finish my degree and maybe prepare myself with teaching credentials . . . that seems to be the only market for FNP's. I tried to get into outpatient cardiac rehabilitation but I either am over qualified or not enough rehab experience. I get a little aggravated at not being able to use the skills I've learned altogether. However, there's an awful lot of "politics" in the medical world and I don't want to spend my time playing games. I'd rather learn. However, I wouldn't trade the training I had for anything.

Marsena Howard, R.D. 5, Box 121, Red Lion, PA 17356

As of February 1982, the Nurse-Midwifery Birth Center of York County became an entity of its own as a non-profit corporation. A small dept is owed to Rita M. Rhoads, CFNP, CNM (FNS 1977) who got the center off the ground in the preceding year. Presently, Barbara Brandt, CNM (University of Kentucky 1980) and I are the midwives operating the center. With a caseload of four to five deliveries a month, we are steadily growing. We provide total prenatal, intrapartum, postpartum and newborn care, family planning (and referral), well woman care, well child checks and occasional sick child care. Deliveries are done either at home or in the birth center. Hospital deliveries are done by the back-up physician since hospital by-laws are prohibitive at the present time. Our back-up physician is a general practitioner (who does deliveries himself) and he refers to the OB/GYN's as the need arises. One blessing has been the passage of a bill that requires reimbursement by Blue Shield, etc. We have felt (and are feeling) the growing pains of the first year and are looking forward to the coming years of serving in Red Lion, Pennsylvania.

Upon receiving my CFNP from the ANA, I assuredly applied for licensure as a CFNP in the state of Pennsylvania. Imagine my surprise when I was turned down because I did not graduate form an APPROVED institution of higher education. Fortunately, I attended FNS when there was an affiliation with the University of Kentucky and I received my master's in nursing with the emphasis in family nursing. Using the University of Kentucky as my institution of higher education, my licensure came through without any trouble.

Mary E. Heisey, Sikalongo Mission, P.O. Box 131,

Choma, Zambia

I was greatly pleased to learn that there has been established the Frontier Nursing Service Alumni Association. For several years now I have not been receiving the *FNS Bulletin* and I have missed it. It is good to look forward to getting it again. Just a week after finishing my midwifery in '52 I sailed for Capetown and have spent the years since then working in Zimbabwe and Zambia, with occasional furloughs home. I made one visit to Hyden in that time.

Margaret Bartel, Box 183, Johnson, KS 67855

I am delighted to hear that an alumni association is being formed. I am working as county health nurse in western Kansas. This is a very rural area with about 2600 people in the entire county. We have one doctor in the county and he is very supportive of our public health program. My work is very varied. We have a complete well child program, family planning, I do prenatal checks, Lamaze classes, blood pressure education courses, and the many things that are done in a public health department. I enjoy the variety in my work and the opportunity to learn to know my clients personally.

Elaine Douglas, 1005 Ivory Coast Street,

Sebring, FL 33870

Please give my greetings to all the folks who know me. There may not be too many now, as there have been many changes since I graduated in 1961 and not many left who were there then. Presently, I am not in midwifery work, as I am a staff nurse at our Village for Retired Missionaries. (Not many deliveries in this age group.) I am still in active mission work with the Sudan Interior Mission in this capacity. I spent sixteen years serving in Ethiopia but could not return there because of the Marxist trend in the government in 1977.

Artis L. Dixon, Box 80, Kijalee, Kenya, East Africa

I think the Alumni Association is a good idea. My family: three boys 16, 13, and 9 and husband are working at a school for children of missionaries. I also am an instructor in the nursing school for African nurses. I trust you will have a good response to the Alumni Association.

Marian Newswanger Bedford, 3571/2 Lyons Ave.,

Williamsport, PA 17701

Sounds like a good idea! I am working 36 hours a week as an FNP in a private doctors' office — a group of five M.D.s, but I team with two of them. Cornerstone Family Health. I like it very much.

Gwen Gessner Horsfield, Fox Road,

nut ktowns a week consumer to be considered to

Rosebank, NSW, Australia 2480

I shall look forward to hearing the news of my former classmates and friends. I am not working at the present but find my life kept full and busy by my husband Ian, and my 6 year old son Michael and my 4 year old son Timothy. We live in a log cabin on 5 acres of bushland and enjoy the peace and quiet of the country. We are only a ½ hour drive from the city of Lismore where Ian works as a printer.

Sr. Sebastian Vienneau, S. Sp. S, C.M. Mingende,

advertigation at the con-

P.O. Box 71, Kundiawa Simbu Province Papua New Guinea

At present I am stationed at a 65 bed Health Sub Center. I am the Health Secretary for our diocese but most of my time is spent in our 25 bed maternity department. The Chimbu women are known for their small pelvis and large babies. I couldn't manage without a vacuum extractor. As it is we have to send a few in for C. Sections almost monthly. We have a new electric extractor from Germany which has a very nice plastic cup instead of a metal one. It is probably the only one in this country. It can also be used with the hand pump Please pass on my regards to Molly Lee, Brownie, and anyone else who still remembers the class of '75.

Ruth Vander Meulen, 295 East 18th St., Holland, MI 49423

An Alumni Association is an excellent idea. I'd love to know when conventions are going to be held so I too could make arrangements to attend. Hope you receive 100% cooperation in this idea.

Sr. Mary Eleanora, RSM 2113 Vine,

W. Des Moines, IA 50265

What a great idea whose time has come to fruition! . . . I have continued to work in the two rural areas serving Warren and Dallas counties in Iowa. These counties are adjacent to Polk in which Des Moines is located. We have a fixed site nursing clinic in both Adel and Indianola. It is a health screening and maintenance clinic for the sixty and older. My friend Sr. M. Annelle who received her FNP preparation at the University of Indiana and I serve as co-directors of the program. That's a fancy way to say we share being the maintenance men, plumbers, and health care providers. We have generated a lot of interest within the state and cooperate with various teaching programs for graduate nurse and nutrition student clinical experience. We are working hard to introduce legislation for the legal recognition of the Advanced Registered Nurse Practitioners in Iowa. The Certified Nurse Midwives, the Pediatric Nurse Practitioners, the Certified Nurse Aenesthetists, and the Family Nurse Practitioners come under that category at this time.... It will be great to be able to keep in touch with classmates and friends.

Celia Oseasohn, 4800 de Maisonneuve W, Apt 416 Westmount PQ H3Z 1M2 Canada

I think the idea of an Alumni Association for the Frontier Nursing Service is an idea long overdue . . . I am sorry to be so far away that I cannot come to Hyden more frequently. I am now involved in teaching the summer session course which we call the "Nurse Internship" which is a two month concentrated course in physical assessment which we give post baccalaureate. Please give my warmest regards to all at FNS.

Little Things

Little things that run and quail
And die in silence and despair;
Little things that fight and fail
And fall on earth and sea and air;
All trapped and frightened little things
The mouse, the coney, hear our prayer.
As we forgive those done to us,
The lamb, the linnet, and the hare,
Forgive us all our trespasses,
Little creatures everywhere.

-James Stephens



Mary K. Chappell at work on the new Donor Office computer. Photo by Ron Hallman.

FIELD NOTES

By the last week in May summer was upon us. The garden was in and we were enjoying that slight lull that comes as you wait for earth and weather to operate on seeds, as yet few weeds and little mowing needed to be done. We enjoyed having our new director live at Wendover though we didn't see him much except on weekends and we could look forward to one of the largest groups of Couriers and Volunteers we've ever had. A week-long visit from Dr. and Mrs. John Webb, South Carolina, was thoroughly pleasant. Mrs. Webb "kept herself out of trouble" by helping in the kitchen, while Dr. Webb helped out in the Primary Care Clinic to afford our pediatrician a small vacation.

June 15th brought our summer help and companionship as nine volunteers joined Will Saltonstall, Manchester, Mass., volunteer as ER evening aide, and Steve Yates, Jefferson City, Tenn., and Spencer Ellis, Oneida, Tenn., both here on workstudy from Berea College. Steve has worked with the Oncology Project (note article in this issue) and Spence has been 'shadowing' Jim Click in Physical Therapy. Jessica Heimer, Port Washington, NY; Pat Filer, Reston, Va.; Pam Smithy, Terrace

Park, Ohio; Abigail Porter, Belmont, Mass.; Louisa Castner, Louisville, Ky.; Meg Webb, Lincoln, Mass.; Louisa Hall, East Montpelier, VT.; and Walter Robinson, Nashville, Tenn. converged on Wendover and "the race was on!" They have worked in PCC and on Med/Surg as aides and kept round-the-clock watch on two patients — a two year old and a seventy year old — for three weeks; they've been receptionists at Wooton Dental Clinic; ward clerk on OB; provided vacation relief in the Lab; helped with ENT clinic; run a special teaching project through the Oncology Department for LKLP (see article in this issue); painted huts at Wendover and the old clinic at Beech Fork; cleaned the Wooton Clinic; indexed old Quarterlies and typed in the Donor Office besides all the things they usually do - deliver mail, make rounds, develop x-rays, carry food orders, help Miss Pearl at Hope House, help with grounds work at Wendover, and file in the Business Office. That's a lot of work. Jill Anderson. Williamstown, Mass. was back again (courier, August '81) on a nursing internship, and Carol Sparer, Philadelphia, Penn.; Rita Mannos, Worcester, Mass.; Cynthia Kennedy, Upper Darby, Penn.; Julianne Brown, Hamilton, Ohio; Jamie Wright, Syosset, New York; Midge Cull, Columbus, Ohio; and Martin Carroll, Trenton, New Jersey have all come to carry on the labors of the "mighty eleven."

As mid-summer came and went, and we passed the halfway mark of the year, something seemed to stir people to a flurry of activity. It has been tremendously exciting to watch Joy House "get straightened out". Once having leveled the building, doors and windows, askew with time, have had to be reshaped, chimneys rechinked, and things put back to right. In the midst of all the carpentry, etc., the Hatfields moved in — and keep moving — from room to room as things need to be done. Everything should be complete sometime this autumn and we have all been invited to come look.

The 'eyes of the world' have been on us, too, as P.M. Magazine came down at the end of June to film an FSMFN student-turned-staffer, Debbie Jones. Eight students and an instructor from the School of Public Health, Maternal and Child Health Program, University of North Carolina, Chapel Hill, came for a three day seminar at the end of July. Dr. Anne made arrangements for the FNS staff to come talk to the group on a variety of subjects.



Betty Lester visiting with Anne Parker and her mother, Carrie Lou Morgan Parker, in Great Falls, Virginia, during Mrs. Breckinridge's induction into the ANA Hall of Fame. Mrs. Parker, a Leslie Countian by birth and a former courier, is heading a drive for a commemorative stamp of Mrs. Breckinridge. Her mother, Mrs. Leona (Gillis) Morgan, was a registered nurse and worked for many years in the old Hyden Hospital.

(Needless to say, the Dog Trot was overflowing though Cassie Mosley, head cook at Wendover, breezed through the cooking-forcrowds in her usual cheerful manner, and Hazel Bowling and Anna C. Wilder had the Big House back to a state of decorum in no time.)

While there has not been a large turnover in staff during the past few months, there are some key people who will be greatly missed. Mark Buchanan and Ellen Hartung are both on leave, and after two years here, Dr. Zerzavay will be going to practice in Whitesburg. Ruth Farler, HAA aide; Pauline Fields, Front Desk; Axie Caldwell, Business Office; Kathleen Jones, OB aide; and Kathy Whitaker, Med/Surg LPN, have also left. We welcome on board: Robin Brock, Wanda Begley, and Sharon Gross at the Front Dest; Hazel Causey, ER aide; Brenda Woods in Medical Records; Pauline Maggard, Asst. Patient Representative; Terri Begley, LPN on Med/Surg; Marianne Gilbert at Oneida; and Sybil Minix, Med/Surg aide.

The month of August has seen a visit from Mr. Chan Meredith, National Health Service Corps, and we expect to see Sr. Yvonne de Turenne, home for a visit from Lesotho, and Marian Barrett as this issue goes to press. Later on, in the fall, we are looking forward to a combined Mary Breckinridge Day Festival and Hyden Centennial Celebration, September 30th through October

2nd.



Dr. Lee Dickstein on a visit to do research on female physicians in Kentucky with Dr. Anne in the Big House living room. Photo by Ron Hallman.



Board of Governors Missy Kelly, Reston, Virginia, and Vernon Cooper, Hazard, Kentucky, during the September meeting. Photo by Ron Hallman.

EMPLOYEES' PICNIC - 1982

by Ron Hallman

This year's Employee Picnic, July 24, was held on the playground of the Hyden Elementary School and provided a day of relaxation and fun for FNS staff members and their families.

The event was organized this year by a committee of FNS staff under the watchful eye of committee chairman Jim Click (PT). The menu for the event featured a variety of covered dishes and desserts provided by the attending employees with grilled ham-

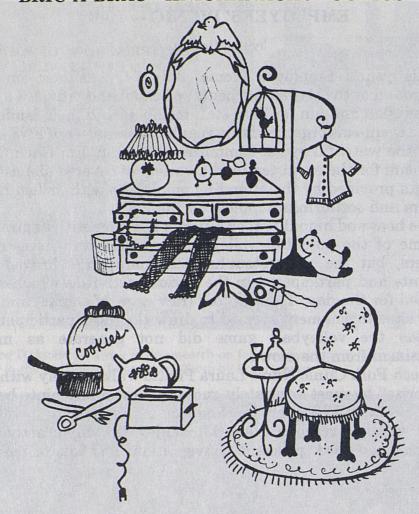
burgers and soft drinks supplied by the FNS.

The heat and humidity took much of the competitive spirit out of some of the potential volleyball matchers and horse shoe pitchers, but the most stout-hearted competitors braved the elements and participated in the various activities which were planned for the day. The egg toss (raw eggs, of course) and the horse shoe tournament seemed to draw the most participation, whereas the volleyball game did not generate as much enthusiasm from the crowd.

Beech Fork Clinic Nurse Laura Pilotto walked away with the "big prize" by most accurately guessing how many pinto beans were contained in a quart jar. She won a day off with pay.

All in all, everyone seemed to enjoy the day's activities, sharing good food, pleasant conversation, and lots of ice-cold Pepsi!

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FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic condition inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal: and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the Frontier Nursing Service, Article III.

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