

The cover was drawn by Rose (Cherry) Evans many years ago and it first appeared in a Quarterly Bulletin in the spring of 1945.

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JUNE

And what is so rare as a day in June? Then, if ever, come perfect days; Then Heaven tries earth if it be in tune, And over it softly her warm ear lays; Whether we look, or whether we listen, We hear life murmur, or see it glisten; Every clod feels a stir of might, An instinct within it that reaches and towers, And, groping blindly above it for light, Climbs to a soul in grass and flowers; The flush of life may well be seen Thrilling back over hills and valleys; The cowslip startles in meadows green, The buttercup catches the sun in its chalice, And there's never a leaf nor a blade too mean To be some happy creature's palace; The little bird sits at his door in the sun, Atilt like a blossom among the leaves, And lets his illumined being o'errun With the deluge of summer it receives; His mate feels the eggs beneath her wings, And the heart in her dumb breast flutters and sings; He sings to the wide world and she to her nest— In the nice ear of Nature, which song is the best?

> —James Russell Lowell From *The Vision of Sir Launfal*

FAMILY NURSE PRACTITIONERS IN KENTUCKY

by

BOOZ, ALLEN & HAMILTON
Management Consultants

[Editor's Note: During the winter of 1969, the management consultant firm of Booz, Allen & Hamilton undertook to evaluate the health manpower situation in Kentucky and the present and future roles of the Frontier Nursing Service. The final Report was presented in late March of this year. The Report is too long, and, with its statistical exhibits, too detailed, to present in its entirety. However, we think friends of the Frontier Nursing Service will be most interested in the conclusions drawn by Booz, Allen & Hamilton and we reprint herewith the Preface and the summaries of the five chapters of the Report. The Frontier Nursing Service is deeply grateful to Mr. Frank J. Groschelle and the Kentucky Program Development Office for permission to use this Report.]

Preface

The study was initiated to evaluate the potential role of Frontier Nursing Service in training health manpower to meet the needs of Kentucky, particularly those in the eastern portion of the state. The role proposed for Frontier Nursing Service builds on present strengths and capabilities of Frontier Nursing Service for the development of an expanded educational program in the state.

The assignment required the collection of information by several means:

Review of records, reports, research studies, and Journal articles.

Interview of government and private officials, and Frontier Nursing Service staff, students, and graduates.

Visits to Frontier Nursing Service headquarters and its various facilities.

The various agencies and organizations contacted included the following:

State government agencies

Department of Health Program Development Office Comprehensive Health Planning Commission Technical Assistance Office University of Kentucky

Federal government agencies

Office of Education National Institute of Mental Health Bureau of Health Manpower Department of Labor Appalachian Regional Commission

Other public agencies

University of Colorado University of Minnesota

Private agencies

Frontier Nursing Service
Kentucky Medical Association
Kentucky Nursing Association
Kentucky Hospital Association
Duke University
Loyola University
American Medical Association
Hazard Hospital
Daniel Boone Clinic
School of Nursing, Catholic University
American College of Nurse-Midwives

The report is organized in five chapters to facilitate your study and review.

I. Health Manpower in Kentucky in the Coming Decade.

This chapter presents a review of health manpower presently available in Kentucky. Uneven distribution of physicians and nurses between urban and rural areas is discussed, pointing out factors which partly account for this situation. Estimates of physician and professional nurse availability through 1980 are developed.

II. Present Role of Frontier Nursing Service.

A review of the development of Frontier Nursing Service is presented in the second chapter. Emphasis is given to the training program for nurse-midwives conducted by the Frontier Nursing Service. The role of the Frontier nurse in providing primary medical care to a rural population where the number of physicians is limited is described.

III. Future Training Role of Frontier Nursing Service.

This chapter reviews major alternatives by which Frontier Nursing Service may seek to continue or expand its role in the training of health manpower in Kentucky.

IV. Implementing the Expanded Training Role for Frontier Nursing Service.

The chapter describes a broad framework within which to develop a graduate-level training program in comprehensive family nursing.

V. Plan of Action.

A timetable for implementing the major recommendations included in the report is suggested in this last chapter. The agency or organization which should initiate each action step is identified.

The major fact which emerged from the analysis of present health manpower was that there is a serious shortage of physicians and professional nurses in Kentucky, particularly in the low income rural areas of the state. The low physician-population ratio existing in many of the rural areas is highly indicative of an acute shortage of primary medical care in these areas.

Efforts are being made to train greater numbers of physicians and professional nurses in the state. However, estimated physician-population and nurse-population ratios which will exist in Kentucky by 1980 will still be far below desirable levels. In addition, changing patterns of medical practice and increasing physician specialization will contribute to a further decrease in

the availability of primary medical care, especially in those areas which are already deprived.

On the basis of these major findings, it is concluded that the state faces an increasing problem of shortages of medical care for its citizens. Corrective action should be taken in the very near future to alleviate this problem. Even if more physicians and professional nurses are trained, it is not likely that a greater number of them will move into the deprived rural areas. It is suggested that the most effective solution may be found in increasing the productivity of the physicians who are available in these areas. One method for achieving this increase consists of training a new type of health worker to assist the physician by performing the routine and less complex tasks which do not require a physician's professional knowledge and judgment. The proposed new health worker should, in effect, serve to bridge the professional gap which exists between the physician and the nurse.

Frontier Nursing Service has demonstrated for nearly half a century the value of using a specially trained health worker to provide primary medical care under the supervision of the physician. Empirical evidence was gathered to illustrate the positive impact which the Frontier nurse has had on maternal and infant mortality rates in Leslie County. Frontier Nursing Service has conducted a training program for nurse-midwives for 30 years. This program has proven its effectiveness in training nurse-midwives and can provide the basic structure for an expanded curriculum to train a comprehensive family nurse practitioner.

It is recommended that the Frontier Nursing Service Graduate School of Midwifery be expanded and modified over the next four years as part of the development of a master's degree program in comprehensive family nursing. It is further recommended that the state provide guidance and support, including financial assistance, to Frontier Nursing Service for carrying out the required expansion of faculty, curriculum, and training facilities. Such a program can, of course, be established only through university affiliation, preferably with the University of Kentucky. The proposed program should graduate about 25

family nurse practitioners per year. Emphasis should be given to encouraging graduates to accept employment in Kentucky.

The proposed program will not alone solve the shortage of health manpower in the state; however, it should make a substantial contribution toward increasing the availability of primary medical care. It should be viewed as part of a total effort to combat this serious problem in Kentucky.

I.

Health Manpower in Kentucky in the Coming Decade

This chapter presented a review of physician and professional nurse manpower in Kentucky. The present situation was described and assessed. Gross estimates of future physician and nurse availability in the state were developed. The principal findings indicate that Kentucky has significantly fewer physicians and professional nurses than the rest of the United States. Despite increased training efforts, serious shortages of these two health professional groups will continue beyond 1980. The uneven distribution of physicians and professional nurses was discussed. Information was presented to document the lack of primary medical care in the rural areas of the state, particularly in the low income counties of eastern Kentucky. The similar situation existing throughout Appalachia was discussed.

The major conclusion presented in the chapter was that training more physicians and nurses will probably not increase the availability of medical care in the deprived rural areas. Developing means of increasing the productivity of the limited number of available physicians is suggested as the best way of alleviating the shortage. A recommendation was made that a new intermediate health profession be developed to bridge the wide gap which exists between the physician and the nurse by virtue of the difference in their professional training.

П.

The Present Role of Frontier Nursing Service

Frontier Nursing Service has provided primary medical care in a rural area where there has been a serious shortage of

physicians for a number of years. The Frontier nurse has relieved the physician of many tasks which did not require his specialized professional knowledge and judgment, giving him more time to handle the more complex medical problems which do require his expertise. The Frontier nurse has functioned as a new type of health worker, bridging the gap between the physician and the nurse.

Frontier Nursing Service operates a formal training program in midwifery. The program capitalizes on the unique rural setting in which it is located by giving the student a strong clinical experience in the outpost nursing centers and patients' homes.

Frontier nurses acquire the broad knowledge and capabilities required in their work through apprenticeship or on-the-job training. Formal training in the behavioral, biological, and medical sciences, sanitation, and nutrition, although not presently provided, would be helpful to the Frontier nurses in their work.

III.

Future Educational Role of Frontier Nursing Service

(1) Frontier Nursing Service May Continue The Present Training Program in Midwifery

Continuation of the nurse-midwife training program with its specialized curriculum does not represent a greater role for Frontier Nursing Service in the training of health manpower. It would not decrease the need for a health worker who is highly trained to provide comprehensive family nursing care. The need for such a health worker is greater than the need for the nurse-midwife.

(2) The Present Nurse-Midwife Training Program Could Be Incorporated into a New Training Program in Comprehensive Family Nursing

The development of a new curriculum in comprehensive family nursing would represent an expanded and more meaningful role for Frontier Nursing Service. It would provide a new health worker, for which there is great need in Kentucky and elsewhere in the United States. Increasing the annual enrollment repre-

sents a further important step toward meeting the total health manpower needs in the state. Such a program could be handled by Frontier Nursing Service with increased faculty and staff, as discussed, and affiliation with hospitals in the area could be arranged to provide part of the additional clinical experience for the expanded enrollment.

Development of the proposed one-year training program in family nursing on a nondegree basis may present a serious limitation to the long-range success of the program, since such a program may be unattractive to many baccalaureate degree nurses. Graduates of the program might have difficulty in finding employment which fully utilizes their knowledge and skill, since without the proper credentials and certification in the form of a graduate degree they represent a nonstandard product to the prospective employer.

(3) Establishment of a Graduate Degree Program in Comprehensive Family Nursing Represents a Third Major Alternative

Developing a graduate degree program in comprehensive family nursing has several strong advantages over the other two alternatives.

The longer course of study would permit greater emphasis on the behavioral and health sciences.

The additional time available for the supervised clinical training would make it possible to give the student a more intensive experience over a longer period of time.

The degree status of the program would make it more attractive to baccalaureate degree nurses.

The graduate would have greater opportunity for employment.

The program provides a type of health worker for which a major requirement exists.

Training a comprehensive family nurse practitioner at the master's level would represent a major step toward bridging the professional gap which presently exists between the physician and the nurse. Expansion of the present program as indicated

in the second alternative should only be carried out as the first step in the development of a master's degree program.

IV.

A Plan For Implementing Expansion of the Training Role of Frontier Nursing Service

A plan for establishing a graduate degree program in comprehensive family nursing has been presented in this chapter. Estimates of additional faculty, staff, and facilities have been developed. Capital and operating costs have been estimated. The plan which has been presented is intended to serve as a framework within which more detailed and accurate planning will be conducted.

There is a need in most of the rural areas of Kentucky for the new type of health worker referred to in this report as a family nurse practitioner. This need is especially critical in the 11-county region of Appalachian Kentucky. The situation in Kentucky makes it imperative that state officials meet with representatives of Frontier Nursing Service in the very near future to begin preliminary discussions concerning the proposed program. Although the program which has been recommended can serve as a model for others to follow in training a new intermediate health professional, it has been designed specifically to meet existing needs in Kentucky, primarily those in the southeastern part of the state.

The expansion of the training program of Frontier Nursing Service requires careful and thorough planning. This chapter provides a framework within which more detailed planning can be carried out. Implementation of the recommended educational role for Frontier Nursing Service can best be handled in two phases.

- Phase I—Development of a one-year certificate program in comprehensive family nursing.
- Phase II—Further expansion and modification of the certificate program into a graduate program through a university affiliation.

- 1. A certificate program in comprehensive family nursing should be developed during the next 15 to 18 months.
 - a. The new curriculum in comprehensive family nursing should be developed.
 - b. Requirements for additional faculty and staff should be determined and recruitment carried out.
- 2. A plan for constructing additional facilities should be developed and implemented.
 - a. A training center should be provided in which family nurse students obtain supervised clinical experience.
 - b. The present clinic training center is inadequate for present and future needs.
 - c. A new clinical training center should be constructed in Hyden.
 - d. Patient service areas should be arranged around the central training area in the new facility.
 - e. A more adequate site on which to construct a new clinic training center should be obtained.
 - f. The present Hyden Hospital should be converted to a student dormitory.

V.

Plan of Action

This report has described the decreasing availability of primary medical care throughout the rural areas of the state, particularly in the low-income rural area of southeastern Kentucky. The training of a new type of health worker, a family nurse practitioner, has been recommended as a significant step toward increasing the availability of primary medical care in presently deprived areas of the state. The family nurse practitioner has specific application in these low income rural areas, a fact which has been well-demonstrated by Frontier Nursing Service for over 40 years.

MARY BRECKINRIDGE HOSPITAL AND DEVELOPMENT FUND

Progress Report May 1969

"I have written of my liking to begin small, take root, and only then start to grow. A tiny plant above ground was the Frontier Nursing Service when its roots began pushing deep into the culture of its native soil. Over the years the plant has grown, throwing out branches, as it has sought to become a banian of the forest, 'yielding shade and fruit to wide neighborhoods of men.'"

—Mary Breckinridge Wide Neighborhoods

In June of 1967, representatives of our city committees met at Wendover to discuss plans for the first campaign for capital funds that the Frontier Nursing Service had ever conducted. The campaign began in November 1967, nineteen months ago. Since that time, the campaign, and the new facility which we will build in Hyden to replace the present Hyden Hospital and Health Center, has been uppermost in the minds of the FNS Board of Governors, the staff, our patients and our friends beyond the mountains, to the point where nineteen months is beginning to seem like nineteen years!

We have always said the question most frequently asked at Wendover was "What do you do in the evening?" Well, that question has been replaced by "When are you going to start to build the new hospital?" This is certainly a legitimate question—we ask it of ourselves—and we wish we could give a definite

answer, but we can't.

It has been said that "no man is an island, entire unto himself." Today, no organization is an island, entire unto itself; no organization which deals with the public is entirely a free agent.

There's nothing new about the problems of Appalachia. For generations private philanthropy has been aware of the needs of the area and generous Americans have done something about it through their contributions to the church missions, the health agencies, the schools, which were providing service to the people.

And their efforts have not been in vain. Progress has been slow compared to the rest of the country, because private philanthropy does not have billions at its beck and call, and the region has a long way to go to catch up, economically and socially, with the rest of the United States, but one has only to compare the southern highlands of 1949 with the same area in 1969 to see that there has been marked progress in the past twenty years.

Suddenly, the spotlight of the nation is on Appalachia and its isolation has been generally revealed. It has been determined that only a massive infusion by the government will bring this region quickly into the mainstream of American life, and plans toward that end must be made on a regional basis. So the Frontier Nursing Service, and other private agencies, have become involved in regional planning. This is desirable, provided such agencies can maintain their identity and not become lost between the overlapping jurisdictions of a half dozen different local, state and federal agencies. Private philanthropy cannot—should not—compete with the government but it still has a place in the area—to meet the needs of the people still unreached by government aid, to use its knowledge and experience to make the best use possible of government funds, to keep alive private enterprise, to be the innovators in the field of health and social welfare.

Anyone who has been involved with government planning will understand the frustrations that we have faced during the past year and a half. It is awfully hard to have to wait for something which is so badly needed as a new facility in which to care for our patients and in which to train additional nurses to help meet the critical health manpower shortage in the area. But wait we must—at least until June of this year—to hear whether or not the Appalachian Regional Commission, to whom we submitted an application in April, will help us implement our proposal to educate a family nurse practitioner.

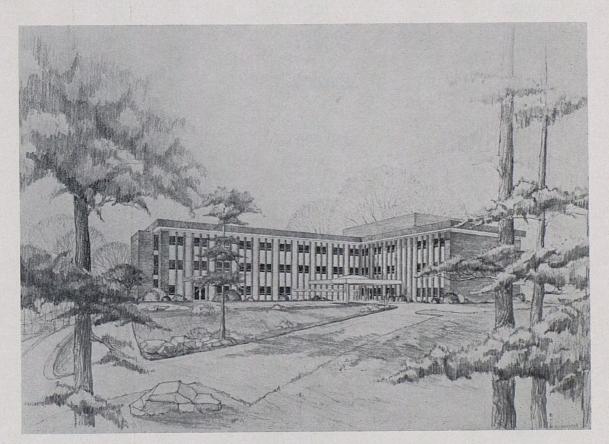
We may have had to wait but we have not been idle during this past year and a half, and some of our labors have afforded us great satisfaction. Thanks to the generosity of our friends, and the hard work of our committees in the mountains and beyond, we have raised more than the professional fund raisers, whom we consulted at the beginning of the campaign, thought we could raise in three years. And we have, at the same time and with the help of the same friends, been able to keep the FNS financially solvent, in spite of the ever-rising costs of everything.

In addition, we have enlisted the interest of a number of state and federal officials, who are deeply concerned with the health manpower situation in Appalachia, in the educational opportunities inherent in the Frontier Nursing Service program, and we have cooperated with them in the survey of our organization which was done by Booz, Allen & Hamilton. We have begun to prepare the FNS as a whole for the future. We have instituted a new accounting and record system for the hospital and for the outpost nursing centers. We have employed an administrator for Hyden Hospital. We have expanded the Frontier Graduate School of Midwifery by accepting more students each year, by adding an internship to the course, by offering the services of the nurse-midwives at the Harlan Appalachian Hospital and at the Homeplace Clinic. We have broken with tradition and are learning to toot our own horn a little!

We are now in the process of implementing some of the Booz, Allen & Hamilton recommendations. Negotiations are under way for the purchase of the additional acreage which it was estimated that we needed, adjacent to the land already purchased as a site for the new facility. With the prospect of additional land, we have been able to add the necessary classroom space without any extensive alteration to the architect's plans for the facility. Dr. W. B. Rogers Beasley has accepted the position of Project Director of the proposed educational program and he will be back in Leslie County this summer. There is no one who is more qualified to direct the new school than Dr. Beasley. In early May a group of old staff members, who are now involved in nursing education and health planning in university schools of nursing and in other health agencies throughout the United States, will meet in Lexington with present staff members to discuss the curriculum of the family nurse program. We know we cannot actually begin the new school until we have a facility in which the students can work and learn but there is much preliminary work to be done. We have begun.

There is a real need for a new health worker, a registered nurse who has had intensive training in family care, to extend the services of the few physicians in rural Appalachia. We are anxious to help fill that need. But we know that we must go slowly and plan well—"take root and then start to grow"—to give the family nurse practitioner a place on the health team in this country.

-P.G.E.



OUR GREATEST NEED - A NEW FACILITY

SCALE OF GIVING REQUIRED

FOR \$2,800,000

(Estimated by Fund Raising Counsel)

No of Gifts	Size of Gifts	Totaling
1	\$500,000	\$ 500,000
1	300,000	300,000
2	250,000	500,000
3	150,000	450,000
3	100,000	300,000
5	50,000	250,000
5	25,000	125,000
8	10,000	80,000
11	5,000	55,000
40	1,000	40,000
Hundreds	Under 1,000	200,000
	Total	\$2,800,000

PLEDGES RECEIVED

(November 1967 - April 1969)

No of Gifts	Size of Gifts	Totaling
0	\$ 500,000	Needed
0	300,000	Needed
1	250,000	\$ 250,000
1	200,000	200,000
2	150,000	300,000
2	100,000	200,000
1	75,000	75,000
3	50,000	150,000
3	35,000	105,000
8	25,000	200,000
3	20,000	60,000
9	15,000	135,000
18	10,000	180,000
36	5,000 - 9,999	196,600
150	1,000 - 4,999	208,650
1324	Under 1,000	183,610
 1561		\$2,443,860

"PUTTING DAD BACK ON THE THRONE . . ."

A kind friend has given us a tear sheet from a magazine completely unknown to us, except for its title, **We**, the Women. The article which appears on the sheet given us makes us feel that this is a very fine magazine and we wish it well. We quote in part:

"Homes would be happier, children would be better behaved and easier to live with, and fewer wives would become widows in their fifties or sixties, if we put Dad back at the head of the household—where he belongs.

"If Dad is head man and has the final say on important decisions, isn't a family less likely to have the 'gimmes' that force Dad into debt to satisfy?

"And since women are outliving men, isn't that an indication that families should make a special effort to pamper Dad a bit more—by seeing that his rest comes before anything else, that he may need a vacation more than the kids, and that if there is an able-bodied boy in the family, Dad shouldn't be pushing the lawn mower.

"Women were once smart enough to put enough value on their husband's health and happiness to see that family life was tailored to a man's needs; but somehow, Dad got dethroned.

"Why not try putting Dad back as the head of the family, and then see if the whole family isn't better off?"

The author's name isn't given. Obviously, it's a woman—a woman with unusual perceptive powers and the proponent of a cause which we are afraid is already and irretrievably lost!

—The Colonial Crier, Sept.-Oct., 1966 Colonial Hospital Supply Company Chicago, Illinois

URGENT NEEDS

Last year we said that the Hospital was bursting at the seams! It was, but we have stretched those seams a little wider! The increased patient load, and the paper work necessitated by our participating in Medicare and Medicaid, have made it imperative that we change our system of accounting, which has required a business manager and more clerks. At the moment, the Medical Director shares her office with the lab, with only a curtain to provide a semblance of privacy for her and her patients. Furthermore, three clerks have their desks in the crowded and noisy waiting room, which is in no way conducive to efficient work. Our business manager has worked on the problem and found that, by rearranging the use of rooms, he can give Dr. Wiss a small, private office and can move the clerks out of the waiting room, where they can work more efficiently; and the patients can then have all of their waiting room, which they badly need.

Working under our crowded conditions, as well as under pressure, is impossible without sufficient fans to move the air, even if it is hot air! The fans requested are **musts**.

The town of Hyden is now in the process of installing municipal water and sewage systems. The city water lines come directly to the Hospital, but the sewage line stops halfway up Hospital Hill. Our existing sewage line from the Hospital to the point where the city system ends must now be lowered to conform with the State Code that requires water and sewage lines to be twenty-four inches apart.

Last spring we were deeply grateful to receive, in response to Urgent Needs, \$9,006.07. Again this year we are listing essential items for which we do not have the money. We shall welcome both large and small gifts toward meeting this list.

HYDEN HOSPITAL PLANT

This consists of a number of buildings located on 41.40 acres of land, on a spur of Thousandsticks Mountain. The principal buildings are the Hospital and Annex; Margaret Voorhies Haggin Quarters for Nurses; Mardi Cottage (quarters for the Frontier Graduate School of Midwifery); St. Christopher's Chapel; Joy House; Bolton House; Scott House; and smaller buildings. Some of the most **urgent needs** for this boundary are listed below:

	PROVIDE: private office for Medical Director and office space for three clerks (see below) Necessitates: moving sinks and lights; taking out old standby coal-fired range and water heater; painting and installing suitable floor covering—materials and labor—estimated.	§1,300.00
2.	AIR-CONDITIONING UNIT: to cool two doctors' offices, medical records office, clerks' office, X-ray room, X-ray lab and kitchen—installed @	2,500.00
	Note: Since five of the above are inside rooms without windows, air-conditioning is essential.	
3.	ADDITIONAL SHELVES AND CUPBOARDS IN KITCHEN: materials and labor—estimated	200.00
	Note: Changes in Item 1 takes part of the area now used by the kitchen force. With less space they must have more shelves and cupboards.	
4.	INSTRUMENT STERILIZER FOR CLINIC: repair of the old sterilizer is no longer economical. With our tremendous clinics, this equipment is essential—quoted @	600.00
5.	CORRODED, LEAKING WATER SUPPLY LINE TO X-RAY ROOM—REPLACED: materials and labor	625.88
6.	LOWERING ALL SEWAGE LINES: materials and labor—estimated	500.00
7.	OFFICE EQUIPMENT FOR ADDITIONAL OF- FICE STAFF:	
	Electric Typewriter (second-hand, good condition) \$100.00 Small Desks—2 @ \$66.30 ea. 132.60	
	Filing Cabinets—3 @ \$55.60 ea 166.80	
	Stool (for reaching stacked files) 21.40 Typist Tables 2 @ \$28.29 ea 56.58	477.38

8.	FANS:	
	3-window fans for attic—installed @ \$29.07 ea. \$87.21	
	2-oscillating fans for patients 35.90	
	1-exhaust fan for X-ray technician's	
	cubbyhole office	161.86
9.	ELECTRIC HEATER FOR ATTIC: medical sup-	
	plies are unpacked and checked-in here	32.95
10.	TOWN TOWN	443.30
	Note: The Hospital Plant is completely dependent on these two pumps until city water is	
	available.	
11.	HOT WATER HEATER (COAL-FIRED)—RE-	
	PAIRED: new parts and labor	369.43
12.	ADDITIONAL HOSPITAL BEDS: used, but in good	140.00
10	condition—4-beds with mattresses @ \$35.00 ea	140.00 70.00
-	NEW CLINIC SCALES:	10.00
14.	CHLORINATOR FOR SEWAGE TREATMENT PLANT: replacement—furnished and installed	115.19
	Note: We have to keep our private plant in order	
	until we can connect with the city plant.	
15.	FLOOR COVERING FOR MTD LABOR ROOM: materials and labor	76.37
16.	SHELVES FOR STORING X-RAY FILM: materi-	
	als and labor	129.50
17.	SHELVES IN ATTIC FOR RESERVE SUPPLIES:	93.93
10	materials and labor	80.80
18.	DRYER: baby clothes and nurses' uniforms are not sent out to laundry—quoted @	250.00
19.	NEW WASHING MACHINE: less trade-in	170.00
20.	PLAYPEN: for children's ward	20.00
	MADCADES VOODINES HACCIN OUAPTERS	
	MARGARET VOORHIES HAGGIN QUARTERS FOR NURSES	
1.	HOT WATER STORAGE TANK: replacement—	
	tank and labor\$	439.90

2. NEW F	URNITURE FOR NURSES' SITTING	
ROOM	—2nd FLOOR: sofa, 2 comfortable chairs,	100.00
2 end t	ables and a coffee table—quoted @	400.00
	This sitting room has never had new furniture. At the time it was built in 1950, we collected an old sofa and chairs from other places. They are no longer worth repairing; and they are uncomfortable and disreputable.	
3. FANS F	OR BEDROOMS: 11 @ \$20.35 ea	223.85
	Fans for some rooms were past repair; other rooms had no fans. The rooms, particularly on the front side of the building, get very warm in hot weather.	
	r GRATE FOR FIREPLACE IN LIVING	
	: replacement	19.50
	ES RACK: for hanging uniforms (after bened) until claimed by nurses—estimated	25.00
	MARDI COTTAGE	
Quart	MARDI COTTAGE ers for Frontier Graduate School of Midwifery	
1. NEW K		140.00
1. NEW K slightly 2. RUG PA	ers for Frontier Graduate School of Midwifery ITCHEN RANGE: demonstration model,	
 NEW K slightly RUG PA measur REFRIG 	rers for Frontier Graduate School of Midwifery ITCHEN RANGE: demonstration model, y used—special price	140.00 50.00
 NEW K slightly RUG PA measur REFRIG 	rers for Frontier Graduate School of Midwifery (ITCHEN RANGE: demonstration model, y used—special price	140.00
 NEW K slightly RUG PA measur REFRIG are no FLOOR 	rers for Frontier Graduate School of Midwifery ITCHEN RANGE: demonstration model, y used—special price	140.00 50.00
 NEW K slightly RUG PA measur REFRIG are no FLOOR 	TICHEN RANGE: demonstration model, y used—special price	140.00 50.00
 NEW K slightly RUG PA measur REFRIG are no FLOOR 19-year mated. 	TICHEN RANGE: demonstration model, y used—special price	140.00 50.00 365.00
 NEW K slightly RUG PA measur REFRIG are no FLOOR 19-year mated. 	TICHEN RANGE: demonstration model, y used—special price	140.00 50.00 365.00 75.00
 NEW K slightly RUG PA measur REFRIG are no FLOOR 19-year mated. 	TICHEN RANGE: demonstration model, y used—special price	140.00 50.00 365.00 75.00
 NEW K slightly RUG PA measur REFRIG are no FLOOR 19-year mated PAINTING 	TICHEN RANGE: demonstration model, y used—special price	140.00 50.00 365.00 75.00

2.	ELECTRIC WATER HEATER: replacement—special price	30.05
3.	SURFACE BURNER: for kitchen range	17.50
4.	SHOWER—REPAIRED: parts and labor	48.00
5.	FIRE EXTINGUISHER: dry chemical type for attic	11.57
	Note: Mr. Banghart, who lives in Joy House, has been good enough to take care of many routine maintenance problems and small repairs, including some interior painting. We are most grateful to him.	

BOLTON HOUSE Gift of Frances P. Bolton

NONE

WENDOVER

Last spring we asked for and received money for a new, coal-fired range to replace the 27-year old range for which parts are no longer available. We have waited to order a new one until the last parts we had in reserve were put in—the cooks are loathe to part with this range. This spring, after much research, we have found a coal range, the size we require, is as expensive as two heavy duty gas ranges, which can be furnished, installed and maintained by a local firm. The disadvantage is that we shall have to install two gas heaters—one in the employees dining room and the other in the kitchen to prevent water pipes from freezing. However, the kitchen will be cooler in summer and easier to keep clean when we dispose of all the coal buckets and the soot.

The boiler now in use at the Garden House was installed in 1942, at the time the Garden House was built. It has been running on "borrowed time," according to our heating consultant, for about five years. This winter it has not kept all of the rooms comfortable in the very cold weather, and we do not think it wise to take a chance on its lasting another heating season—parts are no longer available for it. We have gotten a quotation on a new boiler of another standard make.

We have run out of office space here at Wendover. When we were given a much-needed, used addressograph, we had no place to put it. We finally had to close in the Hut, which has a concrete floor and can support heavy equipment; and we use it there. At the same time, we put in shelves for storage of reserve forms and office supplies. It is a very useful room!

The over-crowded offices in the Big Log House have no convenient place for their office supplies. We would like to take the tub out of the bathroom next to the office and in its place build a supply cupboard. This will save the secretaries much time, energy and frustration! We have to repair the floor and lay new covering and the cupboard can be put in at that time. It is badly needed.

Hotel china is an uninteresting item but it is very necessary. When we place a factory order for Wendover, Midwives Quarters and some of the outpost centers, it takes six months for delivery. We have listed the cost of the last order in full, but have also shown some items by the dozen in the hope that friends who can't give the whole amount will give a dozen, or a half dozen, pieces each.

1. KITCHEN RANGE REPLACED: 2-heavy duty gas ranges, including high deck shelf, range hood and ventilating fan (less 1968 gifts of \$550.00)— installed	3 780.74
2. HEATERS FOR KITCHEN AND EMPLOYEES DINING ROOM: installed	437.40
3. WATER HEATER FOR BIG LOG HOUSE: 82 gallon—heater and installation	182.83
4. NEW BOILER FOR GARDEN HOUSE: including checking and repairing all hot air pipes and radiators—quoted @	1,900.00
5. HUT CLOSED IN FOR USE OF ADDRESSO- GRAPH AND STORAGE OF OFFICE SUP- PLIES: windows and door put in; room sealed and insulated; shelves put in; fluorescent ceiling light and an electric heater installed—materials and	
labor—estimated	628.94

6. LOWER BATHROOM IN BIG HOUSE: take out old tub and in its place build cupboard for office supplies; replace rotten boards in floor; lay new floor covering; caulk and paint room—materials and labor—estimated.	250.00
7. HOTEL CHINA—FACTORY ORDER: Since some items break more easily than others, we need replacements in varying amounts. We shall be most grateful for small and large contributions towards meeting this uninteresting but very practical ex-	
penditure. Last factory order	362.25
Dinner plates @ \$24.45 per dozen	
Cups and saucers @ 26.75 " "	
Fruits @ 11.25 " "	
Oatmeals @ 16.15 " "	
8. NEW WATER HEATER FOR CABIN: 52 gallon—	
heater and installation	90.25
9. INTERIOR PAINTING:	
Kitchen—materials and labor\$115.73	
Cabin bedroom and bathroom—materi-	
als and labor	
Chapel—materials and labor 31.69	
Garden House hallways—materials and labor 59.43	300.75
10. ROCK RETAINING WALL BELOW CABIN—RE-BUILT: cement and labor.	293.00
11. NEW WASHING MACHINE: less trade-in	160.00
	100.00
12. CHECKED TABLECLOTH MATERIAL: 1-bolt (40-yds.)	51.90
13. REPAIR AND SERVICING OF ADDRESSO-GRAPH (a gift): parts, transportation of Lexington mechanic and labor	103.93
14. LARGE WINDOW FAN IN KITCHEN—REPAIR-	
ED: new motor and belt; old motor repaired for stand-by—parts and labor	47.76

AND A WING THOR EVIDENT A GEG IN DIG I OG HOUGE.	
15. GRATES FOR FIREPLACES IN BIG LOG HOUSE:	
1 - 27" for office — @ \$19.50 1 - 24" " bedroom — @ 18.00	37.50
1-24 pedroom — @ 18.00	01.00
16. NEW TYPEWRITER: please!	225.00
17. LOWER CISTERN—REPAIRED: cracked twice	
during winter due to moving hillside—cement and labor	188.37
18. MICROSCOPE AND CENTRIFUGE: quoted @	200.00
Note: The above will be a great time-saver as they	200.00
will enable the nurse to make simple, micro-	
scopic examinations; thereby eliminating	
frequent trips into Hyden to take specimens	
to the Hospital for analysis.	
BEECH FORK NURSING CENTER	
Jessie Preston Draper Memorial	
1. INSTALL STORM WINDOWS AND DOORS: to cut	
down heat loss	
26-windows installed @ \$14.50 ea\$377.00	
3-doors " @ 33.00 ea 99.00	
Additional insulation needed—estimated 24.00 \$	500.00
2. KITCHEN FLOOR REPAIRED AND NEW COV-	
ERING LAID: (floor 18' x 12') materials and	
labor—estimated	200.00
Note: In addition to worn tile, this floor has rotten	
boards and must be repaired and new cov-	
ering laid to make it safe.	
3. MICROSCOPE AND CENTRIFUGE:	200.00
Note: The above will be a great time-saver as they	
will enable the district nurses to make sim-	
ple, microscopic examinations at the cen-	
ter; thereby eliminating frequent, long trips	
into Hyden to take specimens to the Hos-	
pital for analysis.	
4. WASHING MACHINE: less trade-in of old one	160.00

5.	FOR CLINIC WAITING ROOM: 2 benches, a coat rack and a magazine rack—materials and labor	106.99
6.	CLINIC WAITING ROOM—PAINTED: materials and labor.	43.72
7.	UNBLEACHED MUSLIN FOR CURTAINS IN CLINIC AND WAITING ROOM: 30-yds. @ 39c	11.70
8.	COMFORTABLE CHAIRS FOR LIVING ROOM: 2—quoted @ \$69.00 ea. Note: Chairs bought when center was built in 1926 "have had it!"	138.00
9.	BOUNDARY LINE FENCE: repaired—wire, staples and labor	22.25
10.	DRIVEWAY—DRAINAGE: concrete ditch, culvert extended, and headwall installed to keep water from downspout from washing out driveway—materials and labor—	40.00
	BRUTUS NURSING CENTER	
	Belle Barrett Hughitt Memorial	
1.	HEATING SYSTEM OVERHAULED AND STOKER INSTALLED: includes insulating hot air pipes and ceilings to prevent heat loss—materials, stoker, labor and transportation from Wendover—estimated	\$1,000.00
2.	MICROSCOPE AND CENTRIFUGE:	200.00
	Note: The above will be a great time-saver as they will enable the district nurses to make simple microscopic examinations at the cen-	
	ter; thereby eliminating frequent, long trips into Hyden to take specimens to the Hospital for analysis.	
3.	into Hyden to take specimens to the Hos-	

28 FRONTIER WORLDING BERVIOL	
4. ROAD TO CENTER—REPAIRED: ruts filled in with gravel and cement; culverts under road unblocked; culverts at garage covered—cement, labor and transportation from Wendover	109.55
5. ENTRANCE STEPS TO CLINIC PORCH AND TO FRONT PORCH: replace wooden steps with concrete—materials and labor—estimated	175.00
Note: The wooden steps are becoming unsafe. We shall have to put in the new steps early this summer.	
FLAT CREEK NURSING CENTER	
Caroline Butler Atwood Memorial	
NONE	
RED BIRD NURSING CENTER	
Clara Ford	
1. TRIM OF HOUSE—PAINTED: scraping off old paint, caulking cracks, painting—materials, labor and transportation—estimated\$	175.00
2. MICROSCOPE AND CENTRIFUGE:	200.00
Note: The above will be a great time-saver as they will enable the district nurse to make simple, microscopic examinations at the center; thereby eliminating frequent, long trips into Hyden to take specimens to the Hospital for analysis.	
3. PAINT FOR LIVING ROOM: (nurses will do painting) 2-gal. @ \$4.65	9.30
4. BARN—RE-ROOFED: take off old shingles, patch sheathing and put on heavy roll roofing—materials and labor—estimated	125.00
5. LIVING ROOM CHAIRS: replacing chairs over 30-yrs. old and not repairable—2 @ \$69.00	138.00

WOLF CREEK NURSING CENTER Margaret Durbin Harper Memorial

Managaret Darion 12a per 12emeral	
1. WAITING ROOM AND CLINIC FLOORS: particle board laid over old, uneven pine floors for laying new linoleum rugs—materials, labor, transportation from Wendover—estimated	175.00
2. PAINTING LIVING ROOM: materials, labor and transportation from Wendover—estimated	75.00
3. MICROSCOPE AND CENTRIFUGE:	200.00
Note: The above will be a great time-saver as they will enable the district nurse to make simple, microscopic examinations at the center; thereby eliminating frequent, long trips into Hyden to take specimens to the Hospital for analysis.	
4. REFINISHING FLOORS: in living room, dining area and hallway—sanding, filling, refinishing and transportation from Hazard or Wendover—estimated	100.00
mated	100.00
5. POWER LAWN MOWER: replacement	49.95

A TRUE STORY

A young boy of whom Jim was fond bought his first car, a rather dilapidated jalopy. One day it died in front of Jim's house. The boy came up on the porch and said, "Uncle Jim, do you know anything about cars?"

Jim, who had never driven a car in his life, answered, "Yes, boy, I know about cars."

"Well, come on out and see what is wrong with this one."

Jim strolled out, backed away from the front end of the car, peered at it from all angles, and said, "Boy, it's just had too much wind in its face!"

In Memoriam

MRS. VIOLA M. BOWLING Hyden, Kentucky Died in March 1969

MRS. DUNCAN K. BRENT Baltimore, Maryland Died in October 1968

MR. JOHN MASON BROWN New York, New York Died in March 1969

DR. LOUIS I. DUBLIN Westport, Connecticut Died in March 1969

MISS IDA B. LEWIS South Natick, Massachusetts Died in January 1969 MRS. DONALD H. McKNEW Washington, D. C. Died in April 1969

DR. PAUL B. MAGNUSON Chicago, Illinois Died in November 1968

MR. ROGER D. MELLICK Far Hills, New Jersey Died in December 1968

MRS. EDMUND B. MONTGOMERY Honolulu, Hawaii Died in March 1969

> DR. LEWIS C. SCHEFFEY Haverford, Pennsylvania Died in March 1969

"Peace, peace! he is not dead, he doth not sleep— He hath awakened from the dream of life— 'Tis we, who lost in stormy visions, keep With phantoms an unprofitable strife,

He has outsoared the shadow of our night. . . . '

-Shelley's Adonais

We have lost two members of our National Medical Council. **Dr. Paul B. Magnuson** of Chicago, a distinguished physician, took an active interest in our work during its early years. **Dr. Lewis C. Scheffey** of Philadelphia, a former president of the American Gynecological Society, was a deeply kind man. He honored the FNS with a visit some years ago, in order to address the members of the American Association of Nurse-Midwives at Wendover. We will long remember his delight in participating in the lively discussion which followed his talk on Global Tensions and Population Pressures.

Dr. Louis I. Dublin, the brilliant authority on health statistics, was head of the Metropolitan Life Insurance Company statistical bureau for forty years. When a study was made of the first thousand FNS maternity records in 1932, Dr. Dublin wrote:

"The study shows conclusively . . . that the type of service rendered by the Frontier Nurses safeguards the life of mother and babe. . . . The study demonstrates that the first need today is to train a large body of nurse-midwives, competent to carry out the routines which have been established both in the Frontier Nursing Service and in other places where good obstetrical care is available."

Dr. Dublin showed a keen interest in the work of the FNS and served as a Trustee for many years.

Several of our committees have lost members during the past year. Mrs. Duncan K. Brent of Baltimore, Maryland, and Mrs. Donald H. McKnew of Washington, D. C., had both been faithful supporters of our work for over twenty years. Mrs. Viola M. Bowling of Hyden, Kentucky, was a life long resident of Leslie County, and we are proud to have her son as a member of our Hyden Hospital medical staff. She will be missed by her host of friends in our community.

We will always cherish the memory of Mr. John Mason Brown of New York who for so many years delighted our Washington friends at the annual meetings of the FNS at the Mayflower Hotel. We are proud to claim him as a native Kentuckian. Mr. Roger D. Mellick of Far Hills, New Jersey, was the father of our beloved courier, Cath Mellick Gilpin, who preceded him in death. He was one of the finest men we ever knew and a true gentleman. We are deeply grateful to his family and many friends for the gifts sent to the FNS in his memory which will be placed in our Endowment with the fund already set up for his daughter.

Mrs. Edmund B. Montgomery, a member of our Washington Committee until she moved to Hawaii a few years ago, maintained a real interest in the FNS over a period of time. Several years ago she and her husband honored us with a visit to learn more about the work. Miss Ida B. Lewis counted the FNS as her favorite charity. We deeply appreciate the many donations sent to us in memory of this dearly loved woman.

Among the group of FNS friends we have lost during the year are the following who remembered us with a generous legacy:

> MRS. M. F. CAREY Lexington, Kentucky

Lexington, Kentucky

MR. D. H. KALMEY Shelbyville, Kentucky MR. GEORGE B. McLAUGHLIN West Hartford, Connecticut

MISS SUZANNE GRIGSBY MISS ERNESTINE M. McPHERSON Oakland, California

> MRS. CHARLES A. RHEAULT Westwood, Massachusetts

MR. H. HARRISON SMITH Philadelphia, Pennsylvania

"... souls tempered with fire, Fervent, heroic and good, Helpers and friends of mankind."

We acknowledge with gratitude the many years of friendship and the generous support of our work given us by these fine people. Our deep sympathy goes to their family and friends.

> No word was said, no sign was given: Silent, we heard the waters flow. Ah, friend! had I the gift of heaven, Should I have let you go?

> > -Laurence Housman

OLD COURIER NEWS

Edited by JAUNETTA MORGAN

From Lillian Whiteley Morch, Belleville, Ontario, Canada

-March 21, 1969

I enjoy the Bulletin and vow as each edition arrives to check in with you again. However, riding herd on six children seems to fill my days so that desk work is a chore that can be accomplished only in the dead of night, by which time I tend to run out of steam! We are still happily situated in Belleville and pleased to be able to give our children an unhurried, rural childhood. We are gratified, now that half the troops are growing up, to see the fruits of our labour. Perhaps one day Sigrid (now eight) will be a courier.

From Flicka Delafield Van Praagh-April 3, 1969

We are building a house in the country for weekends and summers. My husband and an obstetrician friend are going to cover each other regularly so we will have every other weekend off. The children, Cecily, almost three years, and Ian Richard, 7 months, are blooming. It is a real pleasure to be their parents. I continue to work one day a week doing staff education for the Social Service Department at St. Luke's Hospital Center.

From Edith Wislocki, Carbondale, Illinois—April 26, 1969

I am now doing graduate work at Southern Illinois University in an area of psychology called Behavior Modification. This field resulted from my working for a year in a state hospital and I came to the rapid decision that I needed more education. Student life is great, and I expect to have my degree a year from June.

From Pamela Wheeler Keck, Indianapolis, Indiana

—May 3, 1969

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Andy, now five months, is growing by leaps and bounds and it won't be long before we are chasing him around. He certainly

is a good-natured baby. Steve passed the bar exam and will be sworn in May 14th. Needless to say, we are delighted.

We extend our heartfelt sympathy to Louise Pomeroy in the loss of her father, Mr. Theodore Pomeroy, on January 26, 1969.

A WEDDING

Miss Elizabeth H. Parrish of Paris, Kentucky, and Mr. James G. Kenan III of Atlanta, Georgia, on March 1, 1969. We send a host of good wishes to this young couple for a long and happy life together.

A BABY

Born to Mr. and Mrs. Bruce Leddy (Brooke Alexander), of Portland, Maine, a third child and second son, William Lees Leddy, on April 2, 1969.

The salesman for a large engineering and construction firm was proudly showing a prospect a new \$5 million dam his company had just completed. Deep in the middle of his sales pitch, a cloud of dust appeared in the distance and a car roared into view. The car braked to a halt, out jumped the governor, obviously in an unpleasant mood.

"Look at that, sir," said the salesman. "Isn't it gorgeous?"

"It's gorgeous," thundered the governor, "except that the water is supposed to be on the other side of the dam."

-Modern Maturity, April-May, 1969

COURIERS - THEN AND NOW

Mrs. William Grosvenor, Jr. (Lucy Pitts) of North Kingstown, Rhode Island, and her two daughters, Lucy and Mary, have been FNS couriers during the past twenty-eight years. We are grateful to the three Grosvenors for allowing us to reprint excerpts from their letters home in 1941, 1965 and 1968.

From Lucy Pitts

July 16, 1941:

I can't remember when I wrote you but I may go out on rounds tomorrow and won't be back for several days so I thought I'd better write now. When we go on rounds it means that we ride from one center to another—it takes about five days to go to all the centers at once, spending a night at each one. I hope we can go on rounds. The nurses always show us a good time.

We have been having a lot of rain this week so the creeks are all up. It's amazing how fast they rise when it rains. The water rushes down from the tops of the hills in millions of little streams. Right this minute it isn't raining but it sounds exactly as if it were—there is so much water going by. The river had risen so much that they couldn't get the truck in so I spent one afternoon carying great boxes of food across on a horse that was practically swimming. It is the most amazing feeling to be on a horse in the middle of the river. The water rushes by so fast that he has to work hard to keep on his feet and to keep upstream. This is very much out of season so corn fields have been ruined everywhere by swollen streams (the people call it a "tide") and some houses have gone.

Nothing especially exciting has happened lately because things have been slowed up by the floods. I have been to several homes by myself to take messages, etc., and that is always exciting. I went to talk to a blind girl who lived in a little community 'way up a creek. I got to her house by riding down the middle of the creek, getting a free view of the backyards of all her neighbors. Another time I had to climb a mountain on foot, because it was so steep, to get to one of the homes. The people were so hospitable and offered me a chair and a magazine to fan with.

Thursday I rode horseback all day from ten to six delivering a horse to one of the centers. It was a beautiful ride through the mountains. The thing that amazes me most is to ride through the woods where you think there could be nothing at all and suddenly come upon a whole community of about five houses, a store and sometimes a church.

July 23, 1941:

I don't think I have ever felt quite so wonderful. It is about 10:30 p.m. and I have just finished a dinner of jellied consommé, sweetmeats, peas, ice cream, etc., in bed. My first meal since 6:00 this morning. I just arrived at the home of a friend of Mrs. Breckinridge's outside of Louisville after a whole day on the train with a nine month old baby boy. The chauffeur met me at the train and brought me here after dropping the baby, and instead of keeping me up (I'm dead tired) I was told to take a hot bath and dinner would be brought to my room. Can you think of anything more wonderful?

I started this letter in Louisville and never had a chance to finish it, so here goes. The trip was really funny when I look back on it. The baby had to be taken to the hospital to have work done on his nose and eyes. Of course, everyone on the train thought it was my baby. People started asking me "Is it your'n?" even before I left the station in Hazard. The trip took all day. I left here at 5:30 a.m., walked the mile to the road. drove to the hospital, picked up the baby, drove to Hazard, train to Lexington (five hours), where there was a three hour wait, and train to Louisville, arriving at 9:00 p.m. where the chauffeur met me. The baby was fine until I got to Lexington but was tired and cranky from then on, especially while we were on the fancy train from Washington. He amused himself by throwing everything from my pocketbook onto the floor while two men with mournful expressions picked each item up and handed it back to him. Finally a lady took him for a while, all the time murmuring to him about his mother (meaning me!) and I was too weak by that time to bother to explain. I finally got to the Children's Hospital where, unfortunately, there had been some mistake and they weren't expecting me. In fact, the two interns I met had never heard of the FNS. I staggered in, (the baby was big and fat) in my cotton dress and ankle socks, sat down

in the nearest chair, too tired to waste words, and waited for someone to take the baby—but nothing happened. They read the papers and stood and stared at me, then a nurse came up and read the papers and stood and stared at me and I sat with the baby and stared at them. Finally, I said, "Well", and one of them came to and said (for the last time), "Are you the baby's mother?" and I answered weakly, "No, I take care of the horses". And so a long, hysterical conversation started. I am sure I disgraced the Service. Anyway, they took the baby and as I left I could see them all crowded at the window watching me drive off with a chauffeur, no doubt still wondering where the horses were.

From Lucy Grosvenor

July 17, 1965:

As you can imagine, we are kept quite busy with all sorts of odds and ends. Now that I'm getting to know the people better, I really enjoy it. I'll quickly give a rundown of the highlights. I haven't seen any snakes yet, but have been swimming in that ikky looking water. I find the jeeps very easy and lots of fun to drive in spite of the impossible looking roads.

Yesterday another courier and I had to take patients to Cincinnati and pick up some others. In all, we brought eight people back. We left at 8:00 a.m. and didn't arrive back at Wendover until 10:00 that night. As you can imagine, the trip back was worse than up, mainly because car sickness was more prevalent on the way back.

The horses here at Wendover are mainly for recreation and are rarely, if ever, used for making calls. Almost every night we can go riding if we so desire. I have been several times—one of which was at 4:30 a.m. to see the sun rise. We found out about an hour later that sunrise does not exist because of all the mist. It was fun anyway.

I have been out on district calls only once so far and that was by jeep. It was on the Cincinnati trip yesterday that I was able to get to know a few of these people fairly well. I think Edie and I rather amused them because we kept getting lost both on our way to the Children's Hospital and from it. August 10, 1965:

I was out at Wolf Creek for a week and a half where I did

some riding, painting, accompanying the nurses on their calls, and had an all-around relaxing visit under the influence of British humor. Then I left for the hospital for three days where my job was answering the telephone although I did more, as do most of the couriers who go there.

Mia, the other courier, and I went to Lexington a few days ago to take patients to the hospital—travelled by FNS station wagon. It's really great to be trusted on such a trip which turned out to last all day because of the long wait at the hospital.

From Mary Grosvenor

July 27, 1968:

Today Sue Stammer and I went to Lexington to bring a girl home to Hyden from Cardinal Hill. She has been there nine months and will have to go back to the hospital in about three weeks. We drove a station wagon that has a stretcher rig in the back. We had a beautiful drive in spite of rain threats. Or shall I say because of the clouds the mountains were even more beautiful.

Christie took both Sue Harding and me to a clinic on Grassy yesterday. We met wonderful people there—very cheerful and warm. We registered the people as Christie saw them and talked a long time with them.

August 13, 1968:

Yesterday Jonathan and I and four grain sacks and my duffel bag went along the Cutshin trail from the Wolf Creek Center to get apples. I had seen an old orchard and fireplace on other trips. It was as pretty as Maine and took about an hour to get there. Mules are great! Jonathan can walk over anything straight up or straight down. He stood under the trees with me on his back standing to reach the apples. We filled all the bags plus two stomachs as well. Poor Jonathan looked so cute with the bags of apples dangling between his legs! He waddled so much that Sue thought he was lame when we came home. I kept falling down in front of him and did he laugh at me! He would look down at me from above on the mountain trail, all four feet perched on different logs and stones, perfectly confident, with a great big question mark on his face enlarged by those two ears. I hope I got some good pictures.

OLD STAFF NEWS

Edited by EILEEN H. MORGAN

From Priscilla Craw, Port Harcourt, Nigeria—Winter, 1969

Today we visited one of our villages about forty miles away from Port Harcourt. The houses basically have a wooden frame covered with some sort of mud composition. The roofs are of a wavy metal and separated from the walls by wooden planks which results in an air space. The doors are quite well constructed of wood and the window frames are nicely carved. Everything is neat and clean. On our way out of the village I was given oranges which was a gift or "dash" as they say in Ibo. The people are so grateful for anything you do for them. They are very polite and we are addressed as "Sister." The children like to stand close and be touched and their faces light up in a delighted grin.

Dorothy Degnitz and I expect to be moved soon to a small place called Elele which is about seventy miles from here and quite close to the front lines. The army won't let us get too close to the fighting.

Our food is basically American. We get most of it from Lagos and some fresh meat from the army. We also use "C" rations. We have a cook and a houseboy to do the cleaning, laundering and ironing.

From Vivian Bougher in Columbus, Ohio—March, 1969

I will be interested to hear how the new hospital is progressing.

I am thoroughly enjoying my work as a nursing consultant in the Division of Maternal and Child Health in the Ohio Department of Health. We are looking forward to Dr. Effie Ellis returning from Children's Bureau in Chicago to be our chief.

The student nurses from Capital University returned to Columbus enthralled with their experiences with the FNS.

From Dr. and Mrs. Thomas Howald ("D.J." Snell), Cincinnati, Ohio—March, 1969

We are both so busy now. Tom is on female surgery and 'on

call' every third night. I began teaching again yesterday plus carrying two courses in the graduate school of education.

Our new apartment is really a dream for us after our $9' \times 12'$ room! We have a two-bedroom furnished apartment with living room, kitchen and a study we made from a walk-in closet!

We hope to get back to Kentucky sometime this spring. We really enjoyed our visits from Sue and Jerry Pennington and from Edie Anderson and Joyce Wiechmann.

From Olive Bunce in Devonshire, Bermuda—April, 1969

Edith came out in December and spent Christmas and the New Year with me.

My contract with the Welfare Society ended on March 31. I have been here five years and I am now going back to England on the 26th of April. Miss Joan Gray, Superintendent of the Queens Nurses in England, was here and she wants me to do a new Residential Community Nurse course at Brighton for one year, starting in September. It combines Health Visitor with Administration. I will think it over when I get home.

From Peggy Emrey in Philadelphia, Pennsylvania

—April, 1969

The HOPE arrived home in Philadelphia from Ceylon just two weeks ago. We all stayed out on deck all the way up the Delaware River, freezing to death, but afraid to go inside for fear of missing something. Our families and friends were waiting on the pier to meet us. It is good to be home, but I am ready to go again now. We leave for Tunisia in late August or early September.

On the way home we stopped in Durban, South Africa and in St. Johns, Antigua for fuel. I heard from another nurse, whose aunt is secretary to Mr. Dabney in Lexington, that Brownie spent a few days' vacation in Antigua. We arrived only a few days after she left!

I was the only nurse on the ship who worked obstetrics this year. I worked part time in one of the two maternity hospitals in Colombo, the capital of Ceylon, primarily with pupil midwives in the clinic. I had the pupils in groups of four to seven for a week at a time for intensive clinical instruction and conferences. My

principal counterpart at the hospital was the midwifery tutor, who also served as Assistant Matron. There were two supervising midwives with whom I worked also. One of my chief problems was communication, for although English is widespread, the official language is now Sinhalese, and the midwives speak only this. However, between my bit of Sinhalese, their bits of English, lots of sign language and help from various interpreters, we managed pretty well. With all our efforts the pupils learned for over ninety per cent passed their final exams, the highest rate of any of their midwifery schools.

My other project at the hospital was to help the ward sisters to organize an inservice education program for the nursing and midwifery staff. This was going on quite well when we left.

Aside from the hospital my time was spent with the public health team. I organized and helped teach a refresher course for the public health midwives in one area. This was my most rewarding experience. They were extremely interested and enthusiastic, especially after I told them about some of my experiences in Kentucky and how we handled difficult situations with little or no fancy equipment. The course was taught by Ceylonese and American medical and paramedical people and was one of our best examples of the effectiveness of teamwork.

I had hoped to return to Kentucky and FNS during the interim but find I must attend intensive French classes. Tunisians speak only French and Arabic. I have begun working with the Community Nursing Service of Philadelphia to assist the general PHNs with their high risk maternity caseload. I will move next week to the apartment of a friend, who was a rotating doctor on the ship and is going to Ethiopia for a few months. She has someone to watch the apartment and I have a lovely place to live.

I plan to go to the American College of Nurse Midwives' convention in Baltimore next week.

I do hope to come to Kentucky later in the summer. I don't think I can stay away from the mountains much longer. Please give my regards to everyone.

From Lois Harris Kroll in Seattle, Washington—April 1969

I am leaving for the homestead and fishing grounds at Sel-

dovia, Alaska the end of this month. The boys and I plan to carry on with the fishing as best we can. They are both big men!

It will be nice getting acquainted with my grandson again.

He was a year old in February.

I had heard from a friend that a former FNS doctor was caring for her mother. So last month I went to Lake City to see Dr. William den Dulk. We talked about every bit of FNS news we could. He was there years after I, but still knew many of the same people. We agree that spring is a beautiful time to be there.

Seattle, after more snow than usual, is bursting into bloom. I have not stayed here so late in previous years and am enjoy-

ing it.

Best regards to old acquaintances.

From Marion Ross, Oakville, Ontario, Canada—April, 1969

The Bulletin comes regularly and I immediately read it from cover to cover.

Marian and Alan are well and send their best to any who remember them.

Several weeks ago I wrote to New York to get THE ROAD for showing here in mid-May at the Oakville Medical Secretaries Association.

I am still working and enjoying it very much. My association here has extended over a fifteen-year period. Everyone is very kind and the spirit in the X-ray Department is superb.

From Marie Sullivan in Territory of Roraima, Brazil

-April, 1969

Greetings from the oven of Boa Vista. It gets almost unbearably hot here before the rainy season begins. It is pretty here with the mountains all around. The beaches are great, sand all over, and the water so clear, though quite hot.

I am working in a government hospital. In about four more weeks, I will be going to my jungle station. At the moment I am trying to become fluent in Portuguese before I go out to the jungles to start studying the tribal language.

I hope things are going along well with you. How is the new hospital coming? Have you started to build?

From Mary Jo Clark in Ann Arbor, Michigan—May, 1969

We have just finished winter semester at the University and begin an eight-week spring "half-term" this next week.

Three of us go tomorrow to Alice Lloyd College at Caney Creek for two days of consulting on their educational program. I am really looking forward to seeing the College again and to this excuse for a trip into the Kentucky mountains during the spring. My only regret is that there will not be time to visit the FNS. Maybe I will get down your way late in the summer.

Please give my greetings to all.

From Harriet Jordan Palmer in Los Altos, California

-May, 1969

I showed the film to the women's group of my church, approximately seventy-five persons. THE ROAD is excellent and those viewing it enjoyed it.

I am very busy with expectant parents' classes, teaching some and helping train instructors; Red Cross classes, training Red Cross instructors; private classes at home in the Psychoprophylaxis Method (Lamaze) for childbirth, helping train nurses and physical therapists to teach these classes; and also adult education classes for expectant parents. I took a class in new teaching techniques at University of California this last fall which goes on until June, adding to my busyness but very helpful.

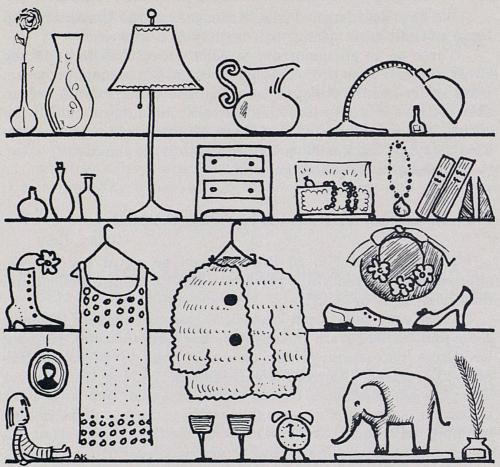
Music has gone a bit by the wayside but I still sing in the choir. We are avid campers and Kathy really enjoys it. She is looking forward to kindergarten next year. Dancing lessons seem to be her forte right now with swimming coming up this summer. Dave is an engineer with a small electronics firm and does lots of amateur radio hamming in spare time. Our garden is doing well and the children have fun seeing "what is up today."

I showed my FNS slides to Candy Dornblazer Steele and my mother and we had a great time reminiscing. Love to all.

A Baby

Born to Dr. and Mrs. Charles Milton Linthicum of Linthicum Heights, Maryland, on February 14, 1969, a son, Robert Edward. We extend our hearty congratulations to the proud parents.

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to FRONTIER NURSING SERVICE 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE 1579 Third Avenue New York, New York 10028



AMERICAN ASSOCIATION OF NURSE-MIDWIVES

In 1929, the only organized group of nurse-midwives in the United States was working with the Frontier Nursing Service in Kentucky. This small group of women realized the need for a professional body which would be their voice in the health field. The Kentucky Association of Nurse-Midwives was formed and incorporated in 1929. As more groups of nurse-midwives appeared on the scene the membership in the professional organization represented areas outside Kentucky so it was logical to change the name to the American Association of Nurse-Midwives. This took place in 1941.

As schools of midwifery opened across the country, the nurse-midwives in the big cities felt the need for a professional organization which would help to spread the word about nursemidwives in urban areas. The American College of Nurse-Midwifery, with an office in New York City, was incorporated in 1955. As the years went by it became evident that many of the nurse-midwives in the United States were members of both professional organizations. After several discussions between the Directors of each body, it was realized that the aims and philosophy of each were very similar and that strength would be gained by joining forces. The necessary legal steps were taken and the merger was completed in time for the first annual meeting in April 1969. The new name of the merged organization is the American College of Nurse-Midwives. The corporate seal of the College has been redesigned and shows the date 1929 when the professional organization for nurse-midwives was formed. Those nurse-midwives who were life members and honorary members in the American Association of Nurse-Midwives remain in good standing in the American College of Nurse-Midwives. It is our

hope that all nurse-midwives in the United States will become members of their professional organization. One hundred percent membership will be our goal.

It is with some degree of sadness that we say farewell to the Kentucky Cardinal on the seal of the American Association of Nurse-Midwives. This little bird reminded us throughout the years that "Life is the gift of God".

—H.E.B.

READERS' MOTORING TALES — 142

As I was driving along a quiet residential road in a country town one evening, I had to swerve to avoid a hedgehog. I stopped the car, picked up the prickly ball in my handkerchief and decided to bowl it over one of the high walls into a neighbouring garden; but in the process my handkerchief was left dangling from the top of the wall. This offered no toe-hold, so I drove my car close to it, climbed on the roof and was just reaching for the handkerchief when a ticking noise from below heralded the approach of a policeman wheeling a bicycle. 'What are you doing up there?' he asked. 'It's all right, officer', I replied. 'I was just getting my handkerchief. It got stuck up here when I threw the hedgehog over.' 'You'd better come down', he ordered, and I could hardly blame him for his tone of voice. When we had established the ownership of the car, he returned to his first line of inquiry: 'What's all this about a hedgehog?' So I went through the whole episode again. 'Well,' he eventually concluded, 'it must be true. If it wasn't, you'd never have the nerve to try such a story on me'.

-Christopher G. S. Stott

-The Countryman, Spring 1969, Edited by John Cripps, Burford, Oxfordshire, England Annual Subscription for American readers \$5.00 checks on their own banks. Published quarterly by the Countryman, 10 Bouverie Street, London, E. C. 4.

BEYOND THE MOUNTAINS

Mrs. David Palmer (Harriet Jordan of the old staff) showed THE ROAD to the Women of the United Church of Christ in Palo Alto, California, in mid-March. Harriet has written that seventy-five members of the church saw the film and enjoyed it immensely.

Anne Cundle has been "beyond the mountains" several times to show THE ROAD to FNS friends. On March 25, she and her mother drove to Roanoke, Virginia, for a meeting of the Virginia Society of the Daughters of Colonial Wars where they were warmly welcomed by the President of the Virginia Society, Mrs. C. Marbury Seaman, Sr. The nursing students at the Jefferson Community College showed a lively interest in the FNS and they had many questions for Barbara Grams, who accompanied Anne to Louisville on April 8, about her work as an FNS courier. Anne had the pleasure of showing THE ROAD to the Student Nurses Association of Midway Junior College on May 15, and found the girls most interested in the FNS.

Mr. James A. Polk, our consultant accountant, showed THE ROAD to the Women's Church League in Hopkinsville, Kentucky, on Wednesday, April 30.

Two of our good friends in the Twin Cities, Mrs. Ranlet Miner, Jr. (old courier Beth Kidd) of St. Paul, and Mrs. Frederick Blumers of Minneapolis, were co-sponsors of a showing of THE ROAD in the auditorium of St. Paul Academy the evening of Wednesday, May 7. Beth wrote, "Everyone praised the film. I think it is very artistically done and I especially loved the glimpses of Betty Lester and Anne Cundle."

The newly organized Hawaii Society of the Daughters of Colonial Wars are showing the film at their May 20 meeting in Honolulu, just as we are going to press with this Bulletin.

Director's Travels

On Saturday, April 12, I had the pleasure of addressing the members of the National Society Daughters of Colonial Wars. This fine group of women were having their annual meeting of State Societies, so I was grateful to be able to express our appreciation for the generous support given the FNS by the members in the different State Societies. The President, Mrs. John J. Wilson, and her national officers gave me a warm welcome.

In the afternoon I flew to Newark where I was met by our old staff member, Vanda Summers, and old courier, Marion Shouse Lewis, who whisked me off to Milford, Pennsylvania, for the week end. On Tuesday, April 15, Jane Leigh Powell drove me to Bedford, New York, where I had been invited to show THE ROAD to the Directors and staff of the Northern Westchester District Nursing Association. Two of our old couriers, Harriet Sherman Barnes and Selby Brown Ehrlich, are members of the Board of the Nursing Association. It was good to see them again. On Wednesday, April 16, Jane Leigh and I drove to the Acorn Club in Philadelphia where our Philadelphia Committee, under the able leadership of Mrs. J. Gibson McIlvain II, had invited friends of the FNS to another Chinese Auction. This venture of the Philadelphia Committee has become a popular event. Mr. Thomas Bright is a gifted "auctioneer" and invited many bids for the treasures he displayed.

Jane Leigh and I were guests of Mrs. McIlvain and Mrs. Morris Cheston, the Philadelphia member of our Board of Governors, at a dinner following the meeting. We stayed the night with the McIlvains in Devon. The next morning we drove into Philadelphia where I took the train for Baltimore. Jane Leigh returned to New York.

The American College of Nurse-Midwives was having its annual meeting at the Belvedere Hotel. I had the honor of sharing some thoughts with the members on the evening of Thursday, April 17, following the banquet. It was exciting to see so many nurse-midwives gathered together, and good to know that we have our own professional organization in the College.

On Friday I attended the closing business meeting of the College of Nurse-Midwives. In the evening, Carolyn Banghart, who had come from Kentucky for the meeting, drove me to her alma mater, the Johns Hopkins Hospital, where I showed THE ROAD to an interested group. Mrs. Margaret Abbott, who works with Dr. Victor McKusick in the Moore Clinic, was my delightful hostess for the evening. She took me to the Johns Hopkins Club for dinner where we were joined by faculty members from the School of Hygiene and Public Health and Dr. Marian Murphy from the University of Maryland. It was a stimulating evening.

On Saturday, April 19, Carol invited me to drive with her and her friend, Betty Allison, to Washington where I went to the home of our National Chairman, Mrs. Jefferson Patterson (Marvin Breckinridge). Marvin had invited friends to see THE ROAD in the evening and had asked Jane Leigh Powell to come from New York for the occasion. I had the pleasure of meeting Mrs. Hope Rydings Miller who had invited me to appear on her TV program. After dinner Marvin, Jane Leigh and I discussed the progress of the FNS fund drive.

On Sunday, April 20, Marvin and I visited our old friend and Trustee, Mme. Draper Boncompagni, who is now confined to her apartment at the Fairfax Hotel. She seemed pleased to have news of the FNS. Marvin then drove me to McLean, Virginia, where I lunched with our Washington Chairman, Mrs. Samuel E. Neel, and her husband. Mary and I had a good chat in the afternoon before she drove me back to the city. I spent the evening with our old staff member, Dr. Gertrude Isaacs. It was most helpful for me to talk with Trudy about our future plans for the education of the "Family Nurse".

Monday, April 21, was a full day. In the morning Mary Neel came with me to call on the wife of the recently appointed British Ambassador. Mrs. Freeman was eager to hear about the FNS and gave us generously of her time. After a quick lunch, Marvin's secretary and our good friend, Mrs. Mona Lynam, came with me to the WGYT television station where I was interviewed on their program Panorama. We returned in time to have coffee with Marvin's luncheon guests, Mrs. J. Gibson McIlvain II and Mrs. Morris Cheston from Philadelphia, Mrs. Marlow Cook, wife of our Kentucky Senator, and Mrs. Tim Lee Carter, wife of our Congressman, and Mrs. Samuel Neel, Mrs. William C. Holter and Mrs. Scott D. Breckinridge, Jr., officers on our Washington Committee. It was soon time to leave for the National Cathedral

School. We are grateful to the Headmaster, Mr. Edward A. Curran, for giving us the School auditorium and opening the lovely old house, "Rosedale", to those attending the meeting. Mary Neel introduced the guest speaker, Dr. W. Nicholas Fortescue, who gave an enlightening address on the needs of children in Appalachia. It was my privilege to make a few remarks on the part the FNS can play in helping prepare nurses and nursemidwives to care for families in areas where there is a shortage of physicians. A delicious tea was served following the meeting when I had the opportunity to chat with the many friends of the FNS. After saying farewell to our Philadelphia friends, Marvin and I returned to her home for a little rest before returning to the National Cathedral School for dinner with the girls. I was asked to talk to the girls about the FNS before leaving to catch a plane which brought me back to Lexington where I spent the night. I went to Hazard on the morning of Tuesday, April 22, to attend a meeting of Home Health Agencies in southeastern Kentucky. I met Anne Cundle, our field supervisor, there and she drove me back to Wendover.

My gratitude goes to each one of the friends who showed me so many kindnesses on this trip.

Helen 2. Browne

The pastor of a small country church wanted to make some much-needed improvements. His first suggestion was to purchase a chandelier, but there was a great deal of opposition. Finally, he asked one of the most vocal opponents of the idea why he opposed purchasing the chandelier.

"Well," said the man, "first no one can spell it, so how can we order it? Second, no one can play it if we get it. And, third, what we really need is more light.

-Modern Maturity, April-May, 1969

THE ROAD

THE ROAD, the Frontier Nursing Service award winning film, continues to be in demand.

Carousel Films, Inc. reports the sale of several copies of the film to libraries. Modern Talking Picture Service, which handles distribution of THE ROAD for television, reports that 56 local television stations in 51 cities in the following states have requested the film:

Kentucky	Ohio
Louisana	Oklahoma
Maine	Pennsylvania
Michigan	South Carolina
Missouri	Texas
Nebraska	Virginia
Nevada	Washington
New Jersey	West Virginia
New York	Wisconsin
North Carolina	Wyoming
	Louisana Maine Michigan Missouri Nebraska Nevada New Jersey New York

Two stations have requested THE ROAD for the second time.

Overseas distribution of THE ROAD is being handled by the United States Information Agency and, at the end of March, the film had been sent to seventy countries where some of our old staff have already seen it.

Phyllis Long wrote from Gondar, Ethiopia in March: "U.S.I.S. has contacted me about THE ROAD and we are trying to get it to show here at the Public Health College."

Bridget Francois has written from Nelson, New Zealand: "As Bridget Ristori I was one of the early members of the FNS, so I was thrilled when a friend wrote me from Auckland to say THE ROAD was being shown and to watch out for it on Wellington T.V. I told numerous friends about it and all asked me to watch it on their T.V. Having followed the making of the film in the Bulletin I expected to see a few scenes I could recognize, but with the exception of the Hospital—and even that has altered—there wasn't one item that recalled any memory. I did recognize the early photos [at the beginning of the film]. THE FORGOTTEN FRONTIER was taken while I was at Possum Bend."

Peggy Emrey, who has recently returned to her home in Pennsylvania after a year aboard the U.S.S. HOPE in Ceylon, wrote: "The only time all year I became homesick was the afternoon I went with some of my counterparts to see a film show at the U. S. Information Service. I knew one of the films was to be something on public health in America, but I was totally unprepared for Mrs. Breckinridge's picture to flash on the screen in front of me. I had missed seeing THE ROAD at home before I left and certainly never dreamed it would catch up with me so unexpectedly so far away as Colombo, Ceylon! Needless to say, I enjoyed every minute of it. Later I got a call from someone at U.S.I.S. who said the Washington office had notified him there was an ex-FNSer in Ceylon and he wanted to offer me a chance to borrow the film to show others if I wanted! I told him how I had happened to see it and arranged to show it to the HOPE staff and to my class of public health midwives, all of whom were quite interested."

Asia, Africa, New Zealand—we will be interested to hear where else the film turns up.

OUR MAIL BAG

From a World Health Organization nurse visitor: "Since I have left Hyden for other places, I often have had the opportunity to describe the wonderful and challenging work you are doing in your area. For all the new aspects of nursing I have learnt I am very grateful to you and your staff."

From a friend stationed with the American Embassy, Rabat: "The very 'personal-ness' of your recent letter touched and impressed me . . ."

From a friend in Cincinnati, Ohio: "Congratulations on your economy . . . the only organization thinking of saving that I know."

From a friend in Princeton, New Jersey: "I am increasing my donation because you are not overwhelming me with expensive literature. Keep the money where it is needed . . ."

From A Professional Guest From Pakistan: "I really had a nice time and learned so many new things which are very useful to me. Your nurses are doing a wonderful job. I have written to the A. I. D. people also that Hyden is a good place to learn because these patients are getting comprehensive care."

FIELD NOTES

Edited by PEGGY G. ELMORE

The Forty-Fifth Annual Meeting of the Frontier Nursing Service was held at the Idle Hour Country Club in Lexington, Kentucky, on Wednesday, May 21, 1969. The National Chairman, Mrs. Jefferson Patterson of Washington, D. C., presided at the meeting and introduced The Rev. William P. Burns of Harlan, Kentucky, who gave the Invocation. The Blue Grass Committee, under the chairmanship of Mrs. Richard M. Bean, had planned a delicious luncheon for the more than one hundred and fifty Board, Council and Committee members, Trustees, representatives of the Daughters of Colonial Wars, old couriers, old staff and friends who were able to attend. Out-of-state guests, in addition to Mrs. Patterson, included Mrs. Richard Higgins of Dedham, Massachusetts, and Mrs. Morris Cheston of Ambler, Pennsylvania, members of the Board of Governors; Mrs. N. Holmes Clare, a Trustee from New York City; the Philadelphia and Pittsburgh Committee Chairmen, Mrs. J. Gibson McIlvain II of Devon and Miss Fredericka Holdship of Sewickley; the National President of the Daughters of Colonial Wars, Mrs. John J. Wilson of West New York, New Jersey; Mrs. William O. Robinson of Sewickley, Pennsylvania; Miss Jane Leigh Powell, FNS Development Director from Glen Cove, New York; Miss Agnes Lewis, Maryville, Tennessee; and Mrs. Clifton Rodes Breckinridge, Tiburon, California.

At the business meeting, Trustees and members approved the Treasurer's Report and the Budget presented by Mr. E. S. Dabney. Miss Browne remarked that the increase in the Budget could be explained very simply—in 1964 we paid \$9.70 for a heavy duty, hand-operated can opener. When we had occasion to buy the same can opener in 1969, it cost \$20.00!

The following new Trustees were elected:

Mrs. Charles S. Cheston, Jr., Millis, Massachusetts Mrs. Robert Ashton Lawrence, Westwood, Massachusetts

Miss Agnes Lewis, Maryville, Tennessee

Mr. Angus McDonald, Lexington, Kentucky Mrs. John W. Price, Jr., Louisville, Kentucky

The following new members were elected to the Board of Governors:

Mr. Charles S. Cheston, Jr., Millis, Massachusetts Dr. James B. Holloway, Jr., Lexington, Kentucky Mr. John H. Kerr, Jr., Lexington, Kentucky Miss Jane Leigh Powell, Glen Cove, New York

After Miss Ireland had given the report of the campaign for capital funds and Miss Browne had given the Director's Report, the Chairman adjourned the business meeting.

The FNS Development Committee met in Lexington the afternoon of May 20, and the Board of Governors met before and after the Annual Meeting on the 21st.

The Frontier Nursing Service Board of Governors held its spring meeting at Wendover on Saturday, March 29. Our National Chairman, Mrs. Jefferson Patterson of Washington, D. C., and her son, Mark, arrived on Thursday, the 27th. They were joined on Friday by Mrs. Roger K. Rogan, Glendale, Ohio, Mrs. Morris Cheston of Ambler, Pennsylvania, Mrs. John Harris Clay, Paris, Kentucky, Dr. Willis D. Weatherford, Jr., Berea, Kentucky, and Mr. and Mrs. Charles W. Allen, Jr. and their daughter, Missy, and Mr. Henry R. Reyburn, all of Louisville. Kate Ireland was already in residence at "Willow Bend." Dr. Francis M. Massie, Dr. Carl H. Fortune and Mr. Homer L. Drew drove up from Lexington on Saturday morning and Mr. W. Roy Sizemore came over from Hyden. It was a very worthwhile meeting and it is good to have the Board at Wendover once a year.

The first wedding to be held in St. Christopher's Chapel at Hyden Hospital took place on Saturday, March 1, when two of our staff members, Susan Kennedy and Jerry Pennington, were united in marriage by The Rev. Walter O'Donnel of Manchester, Kentucky, assisted by The Rev. Roland Bentrup of Lexington. Sandra Tebben was maid of honor and Sue's young sister was a bridesmaid. Tom Howald was Jerry's best man. A reception following the ceremony was held at "Willow Bend," Kate Ireland's

home near Wendover. Sue's parents, Mr. and Mrs. Everett R. Kennedy, and other members of her family were guests at "Willow Bend" over the week end. The Penningtons are now living in Hyden.

You will have read elsewhere of our proposal to expand the educational program of the Frontier Nursing Service. In May, we invited a number of the old staff, who are now in the field of nursing education and planning, to meet with several of the present staff members to discuss our plans and to begin work on the curriculum for the new program. Nurses and nurse-midwives who were able to attend the meeting were Helen Farrington, Josie Finnerty, Jane Furnas, Gertrude Isaacs, Ann Russell, Jo Sagebeer, Mary Simmers and Darline Wilke. It was a most interesting and profitable three days and we will have a full report for our interested readers in the next Bulletin. The seminar was held shortly before this Bulletin went to press and there just wasn't time to transcribe and condense a book of shorthand notes and two and a half long reels of recording tape!

We are deeply grateful to Dr. John Henningsen of Rice Lake, Wisconsin, for volunteering his services to the FNS for a month so that Dr. Wiss and Dr. Fox could have a holiday. Dr. Henningsen was accompanied to Hyden by his wife, a nurse who also helped out at the hospital, and their two children, Susan and David. It was a pleasure to have the Henningsens in Hyden and we hope they will come back again sometime. We are also grateful to Dr. Charles Harris of Berea who came to Hyden, with Mrs. Harris, to give Dr. Henningsen a couple of days off over Easter week end.

Molly Lee attended a meeting of the Women's Civic Club of Harlan on April 14, and showed THE ROAD to an interested audience.

Dr. F. H. Kirk a pediatric intern from the University of Kentucky Medical Center, spent the month of April with the Frontier Nursing Service, observing the work of the district nurses and nurse-midwives.

Helen Browne attended the annual Appalachian Fund Affiliates' Conference which was held on the Berea College Campus on May 1 and 2, and participated in a panel discussion on "Nursing, Today and Tomorrow."

We are most grateful to three of our staff members, Valerie Jewell, Molly Lee and Carolyn Banghart, for the gift of an electric organ for St. Christopher's Chapel in Hyden, to replace the old pedal organ which has worn out. The new instrument has a lovely tone and gives much pleasure to the staff.

The annual meeting of the Brutus Committee, under the chairmanship of Mr. Ed Gay, was held at the Center on Tuesday evening, May 13. Helen Browne and Jane Leigh Powell had the pleasure of attending the meeting and showing THE ROAD to the members.

Our old staff member, Darline Wilke, now an instructor of medical nursing at North Park College in Chicago, Illinois, brought another faculty member, Dr. James Kennedy, and nine nursing students to spend three days with the FNS this spring. The staff enjoyed having the girls who seemed to gain a great deal from their experience.

Graduation for the Fifty-sixth Class in the Frontier Graduate School of Midwifery was held in St. Christopher's Chapel the afternoon of Sunday, May 4. The guest speaker was Dr. J. B. Deisher, Director of Education at the Harlan Appalachian Regional Hospital. The Rev. Leonard Hood gave the Invocation and The Rev. Clarence Jones pronounced the Benediction. The eight students were presented their diplomas and pins by the Director. The students were guests of honor at a tea at Joy House following the ceremony.

In the spring of 1968, the faculty of the School of Midwifery reached the decision that, because of additions to the curriculum, it was necessary to extend the educational program of the School by adding a required internship of twelve weeks. The eight graduates—Ruth Blevins, Joy Boese, Shirley Dick, Carolyn Drumm,

Beatrice Kornmann, Grace Miller, Janice Ruch and Karen Zertuche—began their internship on May 5. Their planned work experience for the next few weeks will include district and hospital midwifery with weekly seminars to discuss current problems.

We appreciate a letter we have just received from the Mission Board of one of the students which said, in part:

"... we want to thank you for the splendid services offered by your School in training our missionary. She has nothing but a very good report to give of the School and of all who assisted in the program of training.

"She was particularly impressed with the new methods she learned, and with the modern approach given in the instruction."

The Fifty-seventh Class began work in the School of Midwifery on Monday, May 11. We are glad to welcome Judith Anne Heintz of Harwood, Maryland, Sister Mary Noel Kuntz of Aberdeen, South Dakota, Marie Price of Englewood, New Jersey, Patricia Lou Rosenberger of Brookville, Indiana, Sister Mary Terence Wasinger of Great Bend, Kansas, Martha Jean Waugh of Columbus, Ohio, and Kay M. Wiebers of Westside, Iowa, to the FNS family. The eighth student, Kathryn Anne Kroll of Colfax, Washington, has been on the staff for some months.

In May we have said goodbye to three couriers who have been with us since last fall and three who have been at Wendover all spring. We are grateful to Ellen Bayard, Chris Boyle, Sarah Brooks, Barbara Grams, Casey Harris and Debbie Curtis for all their help in the past few months. The courier service is presently staffed by Kathryn Payne, a Beloit College student from New Hope, Pennsylvania, Ann Guthrie of Louisville, Kentucky, and Mildred Gainer of St. Petersburg, Florida.

It was great fun to have Agnes Lewis back with us for parts of March and April. Agnes always has a "project" when she returns to Wendover and you will see her handiwork for this visit elsewhere in the Bulletin—the URGENT NEEDS column. It is a pleasure to have two other old staff members back with the FNS. Betty Ann Bradbury returned in March and is now at the

Brutus Outpost Nursing Center. Eve Chetwynd, who was Dean of the Frontier Graduate School of Midwifery in 1954, has decided to work her way around the world following her retirement in England. Her first port of call is the FNS and she plans to be with us for about six months.

We are delighted to welcome Mary Ann Saylor of Lancaster, Pennsylvania, Elaine Boehr of Omaha, Nebraska, Susan Frode of Cleveland Heights, Ohio, and Lucille Lebeau of New Bedford, Massachusetts, to the Hyden Hospital staff. We are pleased to have Sara Iradji, an Iranian nurse whose husband is at the University of Kentucky, as a volunteer at Hyden Hospital.

Each year the staff gathers at Wendover for lunch on Easter Sunday. This year we had the pleasure of entertaining old staff member Sandy Conville Stahl and her husband, Jack, of Pittsburgh, Mr. and Mrs. Melville Ireland of Lake Forest, Illinois, who were spending the week end with Kate, and Dr. and Mrs. Charles Harris of Berea. When Agnes Lewis returned in March, her sister, Mrs. Clinton Gillingham of Maryville, Tennessee, drove her to Wendover, and while she was here her great nieces, Libby and Sally Lewis, came down to spend a few days with her. Sandy Hood and Tom and D. J. (Snell) Howald were back for Sue and Jerry Pennington's wedding. Dr. Parma Anand, a physician from India, spent a week with us and Mr. John T. Higgin and his daughter, Chris, of Edina, Minnesota, and Mr. and Mrs. Elliott Ebright of Glenview, Illinois, stopped by on a Saturday in April. Old courier Julie Davis and a friend were here for a week end in April and old staff member Carolyn Coleman and a friend spent a night with us on their way south.

Miss Sarah McCormack of the Kentucky Commission for Handicapped Children in Lexington and two friends, Mrs. Gene Myers and Miss Bettye Lee Mastin, spent the first week end in May with Betty Lester at Hyden Hospital. Mrs. Carol Sutton and Mr. Jon Webb of the Louisville *Courier-Journal* spent two days with us, taking pictures for a color feature on the FNS which will appear in their paper later in the summer. Two of our New York Committee members, Mrs. A. Ten Eyck Lansing of Southport, Connecticut, and Mrs. J. Thomas Hubbard of Bronxville, New York, gave us the pleasure of a visit in late April. Our couriers

have brought us a number of spring guests. Mr. and Mrs. M. R. Guthrie brought Ann to Wendover in May. Mr. and Mrs. Thomas F. Bayard III, Mr. and Mrs. John G. Brooks, and Mr. John T. Boyle and his son, Nicky, all drove down to Wendover to pick up their daughters. Following the Annual Meeting, our Trustee, Mrs. N. Holmes Clare of New York City, and Mrs. John J. Wilson of West New York, New Jersey, the National President of the Daughters of Colonial Wars and an *ex officio* Trustee, came up to the mountains for a brief glimpse of our work.

And that is our news for the Spring of 1969.

STOUT WORKS

When we were given our white turkey eggs we chose Victoria, our favourite old Rhode Island hen, to sit on them. She covered the four large eggs comfortably, and all went well until the twenty-third day when, to our horror, she abandoned the nest. Nothing we did would induce her to return, until Jim, the trapper, came to our aid. He mixed some meal with half a bottle of stout and placed a full pan outside the coop. Victoria, ever ready for food, ate ravenously. Soon she became glassy-eyed and staggered back to the nest to sit inebriated on her eggs. We continued the diet until the morning when four large chicks were successfully hatched.—Gertrude Nicholl

—The Countryman, Winter 1968-69, Edited by John Cripps, Burford, Oxfordshire, England

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S.C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

- 1. By Specific Gift under Your Will. You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
- 2. By Gift of Residue under Your Will. You may leave all or a portion of your residuary estate to the Service.
- 3. By Living Trust. You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
- 4. By Life Insurance Trust. You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
- 5. By Life Insurance. You may have life insurance made payable direct to the Service.
- 6. By Annuity. The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to coöperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the Frontier Nursing Service, Article III.

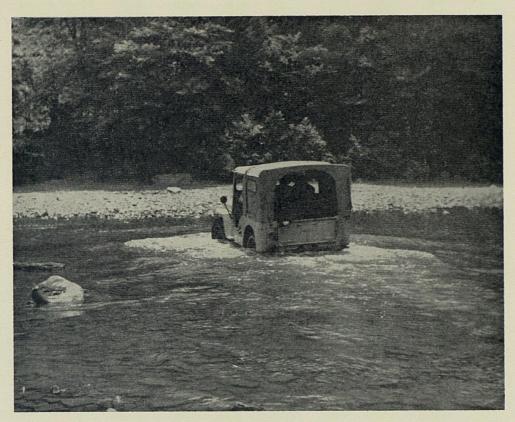
DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky 41749, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to

FRONTIER NURSING SERVICE, and sent to the treasurer

MR. EDWARD S. DABNEY
Security Trust Company Building
271 West Short Street
Lexington, Kentucky 40507



An FNS jeep fording the Middle Fork of the Kentucky River near Wendover has been a familiar sight to staff and guests for many, many years, even after a bridge was built at the Leslie County High School and there was a connecting road on the Wendover side of the river. Last summer, a small dam was built a mile below the ford to impound water for the public water system in Hyden, raising the level of water in the ford so we can no longer cross the river except in the very dry season. We are pleased that Hyden will soon have a public water supply, and also sewage disposal, but we are going to miss the fun of taking new staff and guests through the ford.

CONTRACTOR OF THE PARTY OF THE