

The GLSO NEWS March 2008

A Publication of the Lexington Gay and Lesbian Services Organization
Volume 23 Number 3

Imperial Court's

Twelfth Annual Falsie Awards

On Tuesday, March 18th, the glitz and glamour of Hollywood will be present at the Kentucky Theater as the Imperial Court of Kentucky hosts its 12th Annual Falsie Awards. This sensational evening will feature world-class entertainers and presentations of awards for outstanding achievements in a variety of categories.

Each year, categories and nominees are selected by the Academy of Drag Arts and Sciences, a committee of the Board of Directors of the Imperial Court of Kentucky. Doors will open at 8 pm, with the awards starting promptly at 9 pm in the State Theater. Cover is a \$10 suggested donation to the Imperial Court.

This year, His Most Imperial Majesty, Emperor 26, Brad Shepherd and Her Most Imperial Majesty, Empress 26, Lawren LaMoore have selected local entertainer and long-term community activist LaToya Bacall as the recipient of the Lifetime Achievement Award. The evening will celebrate LaToya's many achievements.

A number of entertainers will be on hand to honor LaToya, including the nationally recognized Miss Continental 2007, Dominique Shappelle. Also appearing will be Paris Bacall, Janelle Claiborne, Sundae De LaRouge, Madison Bacall Heights, Jareje Rashad, and Empress 23, Lady Marmalade.

More about LaToya on page 2

An opening production by Reigning Empress 26 Lawren LaMoore and

continued on next page

Karaoke Fund Raiser At the BANG

Starting Tuesday, March 4, Bill "Melater" will be hosting Singing for Pride for the GLSO Pride Center at the Bang Nightclub. Come out and sing a song to help raise money to keep the Pride Center open. Bring your friends to cheer you on. Audience participation, tipping, and having fun are highly encouraged.

This event will repeat on every first and third Tuesday nights for several months Bring your own music or use of ours.

Pride Month Planning

The first meeting to plan Pride Month will be on Saturday, March 8 and 1 pm at the Pride Center, 389 Waller Ave. Groups are encouraged to send representatives and individuals that wants to help are greatly needed.

Ginger Moore-Minder is chairing this GLSO committee and you can contact her at 253-0061. *continued on next page*

Debra Hensley
State Farm Insurance
859 276-3244
debra.hensley.b1n1@statefarm.co

Court News continued from page 1 members of her female line will kick off the show. This will be followed by presentation of awards for outstanding achievement in Hair, Makeup, Best Dramatic Performer, Best Comedic Performer, Best Bartender, and more.

Proceeds from the evening will benefit the charities of the Court including Moveable Feast Lexington and The Gay & Lesbian Services Organization. Founded in 1982, the Imperial Court of Kentucky is a 501©3 public charity.

There are other events planned for March including the final Entertainer of the Year show hosted by Imperial Princess Royale Georgia Peach. Look for flyers announcing upcoming events or visit the court's Myspace page at www.myspace.com/imperialcourtofkentucky. You don't have to be a Myspace member to view the webpage. If you would like to become more involved with the Imperial Court of Kentucky, contact us at ImpCtKY@aol.com.

In early February Bang Nightclub was the host of the Miss Big Bone Lick Pageant. James Madden took home the camp title of Miss Big Bone Lick 2008. The event raised approximately \$700. On Feb 13th, Main Street Live was the venue for the Miss Gay Valentine Pageant. Adrianna Armand was crowned the new Miss Gay Valentine for 2008. Congratulations to both James and Adrianna on their new honors.

The court would also like to thank its two newest venues, Bang Nightclub and Main Street Live, for hosting events in February.

GLSO News Deadline MARCH 15

Please send all articles and ads to marycrone@insightbb.com

Pride Month Planning cont from pg 1

We have some new ideas for the picnic this year and we also want to organize a number of smaller events. Anyone want to help host another Wishing Chair concert? How about facilitating another Pride Reading?

Please come and get involved on March 8. We need you.

LATOYA BACALL Lifetime Achievement Award

Congratulations to LaToya Becall, for being honored with the court's Lifetime Achievement Award. Originally from Dayton, Ohio, Latoya has a Masters Degree in Social Work, and works for the Lexington-Fayette County Health Department. LaToya is also a Prevention Specialist here in Fayette County with AIDS Volunteers of Lexington.

LaToya has worked for many years in the community and has been performing both regionally and nationally - for some time. She currently performs at The Bar Complex. She is the current All American Goddess Emeritus and was Miss Bar Complex, Miss Gay Lexington, Miss National at Large 2000, Miss Wisconsin Classic US of A 2005, Miss Kentucky Pride Emeritus, and Miss Gay US of A Classic 2005. LaToya has earned these, and many other titles, throughout her career as a female impersonator.



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Community News

SisterSound

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After a great concert in February, SisterSound is again in rehearsal for their upcoming spring concert. This is a great time to join us. We are a non-audition chorus and we have a great time together. We will again be singing songs that fit our "Remember When" theme.

Rehearsals are at 6pm every Sunday at Landsdowne Cumberland Presbyterian Church, 333 Redding Rd. For more info.contact Pattie at paowens@excite.com or 859 806-0243

Integrity

Integrity is an organization of lesbian, gay, bisexual, and transgender Episcopalians and our straight friends. Since our founding in 1974, Integrity has been the leading grassroots voice for the full inclusion of LGBT persons in the Episcopal Church.

The local Integrity group has been revitalized. For information contact David Cupps at david@david cupps.com

Art House Movies

Davina and Kathy have started an Art House Movie and Discussion Group through the Unitarian Universalist Church. You do not have to be a church member to join us for an evening of independent film and discussion.

The group meets the first Thursday of the month to view a film at approximately 7 p.m. at the Lexington Green Movies 8 or the Kentucky Theater. Afterwards the group discusses the film at a nearby restaurant.

An e-mail listing the movie, theater and meeting time is sent the Monday before the group's meeting date. To be added to this notification list or for information, contact Davina at artemis427@yahoo.com.

Bluegrass Women's Network

Bluegrass Women's Network is a social group for women of all ages. We have gone camping, shared dinner at local restaurants, and gone to the comedy Club together. To receive emails about events. Contact debbywoman@gmail.com.

Buying or Selling a Home?

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Taking Care of all our Family Needs

Couple Research Seeks Participants

Sherry Rostosky, PhD, and Ellen Riggle, PhD, are looking for couples to participate in a new study about relationship challenges/issues related to being a same-sex couple. You will be asked questions about family of origin, work, religion, discrimination, or other external pressures, and how couples respond to those challenges.

A monetary stipend is offered to compensate couples for participating. All information will be confidential. If you and your partner are at least 25 years old, have been together at least 4 years, and would both like to participate, please go to www.PrismResearch.org for more info. or email rostosky@coe.uky.edu.

TransKentucky

TransKentucky is a support, social, and resource group serving Lexington and Kentucky. Our mission is to provide a safe place for transgender individuals and others who do not fit the standard gender norms. At meetings we will support each other, offering advice, resources and insights from our own unique experiences. This is not a therapy group.

Family, friends and supportive community members are invited to attend to gain understanding of issues concerning gender presentation, identity, and variance. We meet on the first Saturday of each month at 7:30 pm in Lexington. Meetings are free and you may dress however you feel comfortable. For info and meeting place email TransKentucky@gmail.com

Visit our web site at www. GLSO.org

Lexington Lyons Leather/Levi Club

The Lexington Lyons meet the second Monday of each month. Join us on March 10 at the Pride Center, at 7 pm. The Lyons are a group of friends who celebrate strength, unity, and diversity for those who enjoy the Leather /Levi Lifestyle. For information visit http://www.lexlyons.org.

GAY EQUALITY RALLY HOSTED IN CAPITOL ROTUNDA

Tuesday February 19th, the Kentucky Equality Federation and Bluegrass Fairness of Central Kentucky joined forces to host a press rally in the Capitol's Rotunda. The rescheduling - due to inclement weather - caused a lower turnout but members of the two groups spent the morning approaching legislators about taking an equal-rights stance on the pending gay, lesbian, bisexual, and transgender communities.

"It's great that our legislators are seeing that there is a huge GLBT constituent in Kentucky that demands equality and fairness under the law," stated Kentucky Equality Federation President Jordan Palmer.

After a full morning of citizen lobbying, we convened at the Capitol Rotunda where spectators drew inspiration from speakers Senator Scorsone, Universalist Unitarian Church Pastor Cynthia Cain, and University of Kentucky's Gay-Straight Alliance Chair Corinne Keel.

"Since the Kentucky Fairness Alliance and the Louisville Fairness Campaign are hosting a separate rally on Thursday, we are able like never before to show that gay Kentuckians exist in every quadrant of Kentucky and deserve to be treated like their heterosexual counterparts," stated Bluegrass Fairness of Central Kentucky Chairman Paul Brown.

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GLSO Pride Center

KARAOKE AT THE BANG

FIRST AND THIRD THURSDAYS

HOSTED BY BILL "MELATER"

Fundraiser for the Pride Center

389 Waller Ave. 859 253-3233 Open 10 to 3 Mo - Fr 12 - 2 Sat.

Emotional Abuse

A support group is forming for women who have suffered emotional abuse in the past or in the present. Weather it is minor or major abuse, talking with other women can be healing. Read the article on page 8.If you have question or would like to join this group call C.W. at 539-4229

Lexinaton Insight

Lexington Insight will meet for our regular potluck on the first Friday, March 7, at 7 pm at the Pride Center. We will plan an InsightOut activity for March 21. If you have an idea, call Dana at 859-230-2428 or bring your ideas to the March 7th meeting.

Discussion Group

Every Wednesday Night Pride Center 7 to 9 All Are Welcome

Midway to Michigan Party

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Subscriptions help us pay Pride Center expenses

Phone: Name: Address: State: Zip: City: 1 \$20 -1 year Membership & Newsletter for Individuals or Couples 1 I would like the newsletter at this reduced rate: \$ (\$12 or up) I am enclosing an additional contribution of \$ Please mail to: GLSO News PO Box 1172 Lexington, KY 40588

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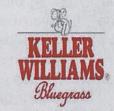
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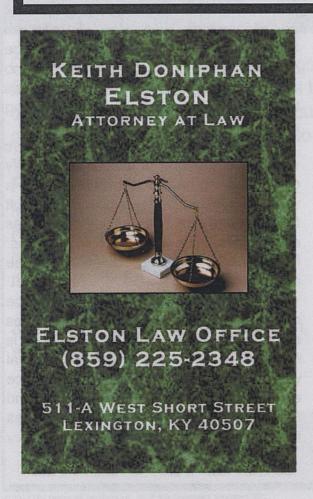
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Emotional Abuse in the Lesbian Community by C.W.

Are You Being Emotionally Abused? Signs, Symptoms and What you Can Do About It.

Do you get the feeling that you are living with Dr. Jekyll and Ms. Hyde? Are you "walking on eggshells"much of the time? Are you being controlled by your loved one's moods and temper tantrums? Well, my dear, you may be a victim of emotional abuse.

This serious form of domestic violence has not been given the attention it deserves. The truth is that emotional abuse does not leave bruises and scars on the outside but on the inside. The damage done is often more insidious then with physical abuse and the healing process may take much longer.

It is often difficult for the victim to recognize that she is being emotionally abused because of the confusion she may suffer. It is not unusual for the perpetrator of emotional abuse to begin the relationship as the kindest, most loving and giving partner one could ever hope for. It is not until the victim is totally sucked in that the relationship takes a very ugly turn.

Because the relationship was so "perfect "in the beginning and it felt so good, it is only natural for the victim to rationalize the behavior with thoughts like "she was just worn out from work" or 'I know if she knew how much she hurt my feelings she wouldn't act like that again". The harsh reality is that abusers really doesn't care if your feelings are hurt and, in fact, all the better because behind the abusive behavior the goal is to CONTROL you.

The worst perpetrators are even out to DESTROY you and will use an arsenal of emotional and psychological tactics to accomplish their mission. Make no mistake, you are not going to change her with pleas for mercy and building good communication skills.

People that behave this way in their intimate relationships need professional help. Sometimes they are deeply emotionally disturbed. Often the emotional abuse does lead to physical abuse which makes them dangerous.

Unfortunately, one of the characteristics of emotional abusers is that they do not take responsibility for their behavior. They will attempt to shift blame away from themselves and will even blame the victim for their behavior. For this reason, they present a real challenge in therapy, should they agree to go.

It is more often the case that they will give you up before they will agree to take full responsibility for their behavior and undergo the scrutiny and honesty that therapy requires. The normal emotions of remorse, grieving and guilt are simply not part of the abusers' repertoire. The truth of the matter is someone who can be emotionally cruel, malicious and show no compassion is so absorbed in themselves that they are not capable of truly loving anyone.

Emotional abuse, and domestic violence in general, is difficult to quantify due to the stigma associated with being a victim. For lesbians, it is even more difficult to admit and seek help. Four differences emerge as unique to lesbian couples: homophobia, merging, reciprocal abuse and lack of support.

The reality that domestic violence does, in fact, exist in lesbian relationships shatters long-held beliefs and myths. It is not easy to talk about and painful to deal with. Because the abuse often takes place away from the eyes and ears of friends and family, many women do not openly discuss it and feel they have nowhere to turn. They

continued on page 12



Domestic partners may share similar goals with married individuals, yet they face unique challenges when it comes to financial planning. We will help you develop a plan that's appropriate to your needs—one that takes into account not only where you want to go, but also how you want to get there.

For information, call

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Mohua "Mou" Das Financial Advisor 859-335-8118 888-390-6900 mohua.das@ubs.com

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You & Us



GLSO Newsletter Calendar MARCH 2008

Monday

To schedule events at the Pride Center, call Bill at 253-3233 Visit us on the web at: www.GLSO.org

Sunday Our Thanks to This Month's Newsletter Sponsor 10:30 a St. Mychal's 11a UU Church 6:00p SisterSound 10:30 a St. Mycha[S_{sal} 11a UU Church 6:00p Imperial Count Mtg.PC 6p SisterSound Rehearsal 10:30 a St. Mychal's 11a UU Church 6:00p SisterSound

n Evens I/I Club, Inc. 7p Lexington Lyons-P





Monthly Activities: Mondays: 7pm - Lexington Lyons (2nd Mon.) Friday: 7pm - Lexington Insight (1st Fri.)

Wednesday Thursday

www.GLSO.org

Friday

7p Pot-Luck @

LEXINGTOR

· INSIGHT

Center Open 12n-2p 7p TransKentucky contact for place: TransKentucky

Saturday



Center Open 12n-2p

Moonphise Bears Of Kenneel present their Annual Best Basket Contest @

The Bang. \$3.00 door

Center Open 12n-2p 10p Leather Internet

7p GSA (call for place 7p GLSO Discussion 9p Karaoke @ The Bang a fund-raiser for The PC

Tuesday

Debra A. Hensley

7p GSA (call for place

8p Line-Dancing @ The Bang

7p GSA (call for place

9p Karaoke @ The Bang a fund-raiser for The PC

7p GSA (call for place

8p Line-Dancing @ The Bang

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Thursday: 7:00pm - GLSO Board Mtg (2nd Thurs.)

Saturday: 7:00p - TransKentucky (1st Sat.)









Weekly Activities:

8pm - Gay/ Lesbian AA Discussion/Speaker(Call for Location) 278-7103

Tuesdays:

7pm - GSA (Gay Straight Alliance) 9pm - Karaoke Tunesday @ The Bar Complex

Wednesdays:

7pm - GLSO Discussion Group 8pm - Gay/Lesbian AA (Call for Location) 278-7103

8pm - Gay/Lesbian AA (Call for Location) 278-7103

Saturdays:

Sundays: 10:00 am - UU Church Worship

10:30 - Mass, St. Mychal The Martyr. 6pm - SisterSound Rehearsal @ Landsdowne Presby. Church.

Bi-weekly: 6pm - The Imperial Court



9p-1st & 3rd Tuesday Karaoke @ The Bang A fund-raiser for The PC

More information about many of the events are in this newsletter. You may want to call or email the group to confirm the date and time, please see the directory for phone listings.

Pride Center may be abbreviated - PC

Call for Place may be abbreviated- CFP

Emotional Abuse - cont. from pg 8

may feel ashamed and helpless. It is not surprising for the woman to exclaim that she would never tolerate physical battering for one minute yet feel trapped in this type of relationship.

I have not even scratched the surface of this important issue. Although you can never change anyone but yourself, there are concrete ways to change YOUR behavior in response to the abuse that sometimes evoke changes in the abuser. Also, do you know the warning signs to look for from the first date with her? How about "Is it time to get out before I go

crazy"? Exactly what is emotional abuse and how do I know that's what's going on in my relationship?

If you seek answers to such questions, or if you believe you are in, or have been in an abusive relationship, If you grew up in an emotionally abusive home and/ or have trouble with intimate relationships, a group may also be appropriate. a support group could be helpful. Sharing your experiences with other women can be healing. I would like to get together with 8-10 women who are interested in healing and healthy relationships in the future. Let's talk. You can reach me(C.W.) at 539-4229.

Women's History Month Barbara Gittings 1932-2007 by mary crone

Barbara Gittings was a prominent American gay rights activist who died just last February of breast cancer. The way she lived her life has made a difference in the way all of us live our lives today.

Gittings first heard the word "homosexual" when she was rejected for membership in the National Honor Society in high school (in about 1949). Despite being an excellent student, a teacher who had reservations about her character took her aside and told her that the rejection was based on what the teacher believed were "homosexual inclinations".

During her first year in college Gittings developed a close but non-sexual friendship with another female student, prompting rumors that they were lesbians. Gittings began to question her sexual orientation and turned to books and psychiatry for information. A psychiatrist offered to cure her with regular therapy sessions but she had neither the money nor the inclination to follow his advice.

Instead she continued seeking information, spending a great deal of time

in medical and law libraries. She read that homosexuals were considered deviants, perverts and abnormal. She later commented that she was struck by the fact that there were no references to love in the books she found at various libraries. The lesbian pulp novels of the era provided her with more positive images than any of the scientific or legal literature. Her research was more important to her than her school work and she subsequently flunked out of college.

She returned home briefly but moved out after her father found The Well of Loneliness in her room. Gittings began spending weekends in New York City and dressed as a man to visit gay bars.

In a 1975 interview, she recalled, "I wore drag because I thought that was a way to show I was gay. In the early 50s there were basically two types of women in the gay bars: the so-called butch ones in short hair and plan masculine attire and the so-called femme ones in dresses and high heels and makeup. I knew high heels and makeup weren't my personal style, so I thought...I must be the other kind!"

In 1951 <u>The Homosexual in America</u> was published and when Gittings found the book she arranged to meet the author.

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Picketing in Washington, D.C.

From him she learned of the Mattachine Society and their publication *ONE*. She traveled to California to visit their main office and heard about the Daughters of Bilitis (DOB). She attended meetings and met Del Martin and Phyllis Lyon.

At her first meeting Gittings brought up the obscurity of the name, which she thought was impractical, difficult to pronounce and spell, and referenced a fictional bisexual character. Gittings remembers: "Even then I was pretty assertive...What were they doing with a name like that?" At a DOB picnic in 1961, Gittings met Kay Tobin Lahusen, who became her life partner of 46 years.

In 1958 Gittings organized the New York chapter of the Daughters of Bilitis and edited its magazine, *The Ladder*, until 1966. Under her leadership The Ladder became a more "out" publication including, for example, adding the word lesbian to the cover. Gittings also challenged some of the DOB's assimilationist positions. and opposed the position against political action. The controversy over her political beliefs led to her leaving the organization in 1966.

In 1965 Gittings worked with Dr. Franklin E. Kameny to organize many of the first gay rights demonstrations at the White House, the State Department, and at

Philadelphia's Independence Hall. Dr. Kameny had been dismissed from his position as an astronomer in the Army Map Service in Washington, D.C. because of his homosexuality. Gittings said: "It was risky and we were scared. Picketing was not a popular tactic at the time. And our cause seemed outlandish even to most gay people."

The evening prior to the group's picketing the State Department, Secretary of State Dean Rusk announced at a press conference that gays would be protesting. Gittings considered this announcement to be a breakthrough into mainstream publicity, a challenge to invisibility. At that time, lesbian were asked to wear dresses or skirts and heels and men were expected to wear coats and ties to demonstrations. (see picture above)

Dr. Kameny had previously launched a campaign to remove the classification of homosexuality as a mental disorder from the American Psychiatric Association's manual of mental disorders. Gittings credits Kameny with first articulating the radical position that gay and lesbian people were not suffering from a psychiatric disorder but were just as normal as heterosexuals. She joined him in the fight, setting up booths at medical conventions, testifying before Congress, and advocating for a panel discussion that would bring gay activists and psychiatrists together.

When the Panel discussion was scheduled, Gittings' partner Kay Lahusen noticed all the psychiatrists scheduled to appear were heterosexual. They contacted many psychiatrists before they found one willing to appear. Dr. John Fryer, calling himself "Dr. H. Anonymous", agreed to appear on the panel in heavy disguise, and with a voice distorting microphone.

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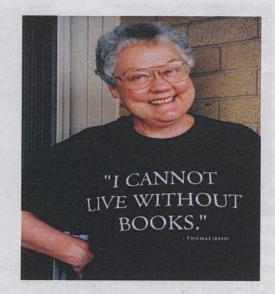
During the panel, Gittings read aloud letters from psychiatrists she had solicited who declined to appear for fear of professional ostracism. The next year, 1973, homosexuality was removed from the <u>Diagnostic and Statistical Manual</u> as a mental disorder.

Gittings early experiences with trying to learn about lesbianism in libraries. fueled her lifetime work with the American Library Association (ALA). In the 1970s. she helped form the Gay Task Force of this group, the first gay caucus in any professional organization. She became its coordinator in 1971 and worked to promote positive literature about homosexuality in libraries. She helped create the Task Force's Gay Book Award which was presented the first time at the 1971 ALA convention to Alma Routsong (pen name Isabel Miller) for A Place for Us, later republished as Patience and Sarah. (available in the Pride Center Library.)

Gittings fought gay/lesbian invisability in many ways. Along with six other lesbians she made a tradition breaking appearance on the *Phil Donahue Show* in 1970 and on PBS' *David Susskind Show* in 1971. They were among the first open lesbians to appear on television and debated long-held stereotypes about gays with Susskind.

In 1997, Barbara and Kay requested the American Association of Retired Persons (AARP) to grant couple's membership to them, including a reduced price on health insurance. AARP changed its policy and GLBT couples are now acknowledged and granted membership benefits.

A few years later, Gittings moved into an assisted living facility. One of her last acts as an activist was to come out in the newsletter published by the facility they reside. She died there in February of 2007.



In an interview, Gittings remarked about her decisions to be out: "Every time I had to make a decision to put myself forward or to stay back, to use my real name or not, to go on television or decline, to get out on some of the earliest picket lines or remain behind. I usually took the public position because there weren't many of us yet that could afford the risk."

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Gittings has been honored in many ways. She and Frank Kameny were honored with the first John E. Fryer Award from the American Psychiatric Association in 2006. The award goes to people who have made a significant impact in the mental health of gays and lesbians.

She was awarded a lifetime membership in the American Library Association, and the ALA named an annual award for the best gay or lesbian novel The Barbara Gittings Award.

If you want to see and hear more about this remarkable woman, find one of the documentaries that feature her. Gittings appeared in Gay Pioneers, Before Stonewall, After Stonewall, Out of the Past, and Pride Divide. Several of these are available in our Pride Library.

Gittings will be remembered for her dedication to GLBT issues, her cheerful optimism, her kindness, and her gentle sense of humor. Our lives are better because of her work.

NEED ADVICE? GO TO HELENA HANDBASKET

Q... My boyfriend is a workaholic. We've only been dating a few months but it seems like every time we have dinner plans, he calls to cancel because he has to stay late at the office. What can I do to get his attention?

DiningAloneInLexington

HH... I've often wondered, if given a choice, would I rather have a man that works too hard or one that won't work. Trust me honey, at least yours will get his backside off of that couch and go to work. However, no one wants to be a work widow either. It is great that he is motivated to better himself and aspires to maintain a good work ethic but you probably will have to get him to see the benefits of having a balance between work and a social life. Just keep "dangling that carrot", so to speak, and he'll catch on. If not, show up at work in a trench coat and socks. I bet THAT will get his attention.

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Q... A few months ago, I caught my girlfriend cheating on me with one of our friends. I kicked her out of the house and got rid of the friend, but now she's calling me all the time wanting me back. She says she's changed. We were together for 3 years and it's hard to throw that away. Should I give her another chance or move on?

Once Bitten Twice Shy

HH... Well, Shy, how good was the relationship before she cheated? If you were happy and truly felt fulfilled then go ahead and give it another shot, making sure that she knows she can't get away with this twice. But, if things were tense between you anyway, then take this as your opportunity to say "hasta la vista baby". It is true that 3 years would be hard to throw away but 10 years would be even harder to throw away.



What I mean is, if you aren't truly happy when you are together then why waste another day, let alone 10 years with someone that brings you down. Pack up that U-Haul and ease on down the road.

Q... I need your advice. My husband is no longer the spring chicken he used to be. We're both getting older, and our love life seems to have suffered a bit because of it. I'm still wanting it as much as I used to, but my husband seems to be having some trouble. I think he needs to see a doctor to ask for a drug like Viagra, but how do I tell him that without hurting his feelings?

FrustratedFred

HH... Trust me Fred, I'm sure he knows if it is working or not. He probably knows he needs a little "help" but could be afraid to go ask for it, especially if he is not OUT to his doctor. Reassure him that you love him and then tell him that you still have needs that he can still fulfill with a little blue pill. It doesn't make you less of a man if you need help. I think it makes you more of a man to admit you need a little "Vitamin V"

. Meanwhile, keep a stiff upper lip (and a little something special in your underwear drawer might be useful too).

Do you have a question for Helena? Email her <u>AdvicefromHelena@aol.com</u> and maybe she will have some words of wisdom for you (depending on what you call wisdom).

ST. MYCHAL THE MARTYR PARISH



Sunday Worship 10:30

WE HAVE MOVED!

1033 Industry Rd. (859) 338-1195

www.stmychalthemartyr.org

St. Mychal The Martyr

stmychalthemartyr.org

You are invited to our worship 'services every Sunday at 10:30 with Rev Ken Waibel performing mass. We are in a new location at 1033 Industry Rd.off Winchester Rd. We also hold Saturday Vespers at 5 pm. We are a liturgical church whose worship is filled with ritual and whose heart is filled with joy. St. Mychal is a member of the Orthodox Catholic Church of America.



Unitarian Universalist Church of Lexington

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The Unitarian Universalist Church community is a diverse group of individuals with beliefs that cover the spectrum of liberal religious theology. We welcome you to visit by attending a worship service or one of our many adult activities. We are located at 3564 Clays Mill Rd.

Our Sunday Worship service begins at 11 am. There is a Sunday morning Buddhist sitting practice at 9 am and a Buddhist discussion group (Sanga) at 9:45 am.

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OF SPECIAL INTEREST Angels in the Dust

In English Central Library Theater
Sunday, March 9: 2 & 4:30 pm
In a nation ravaged by AIDS and the aftereffects of apartheid, Marion Cloete leaves her middle-class
Johannesburg suburb and, with the help of her family, establishes Botshabelo, a traditional African community that houses, nurtures and gives hope to more than 500 parentless children.

The One World Film Festival continues with FREE screenings of films that usually cannot be found in your local video store.

Can Mr. Smith Get to Washington Anymore?

English (82 min.) Central Library Theater Sunday, March 2: 2& 4:30pm
Jeff Smith, a young energetic unknown, runs for the congressional seat vacated by retiring congressman Dick Gephardt in Missouri's 2004 Democratic primary.

Miss Navajo

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English (60 min.) Library Theater Tuesday, March 4: 7:30pm The Miss Navajo Nation contest asks contestants to demonstrate knowledge and competence in traditional Navajo cultural activities including killing a sheep.

I Have Never Forgotten You: The Life & Legacy of Simon Wiesenthal

English (105 min.) Kentucky Theater Thursday, March 6: 5 & 7:30 pm
The life and legacy of the famous Nazihunter and humanist.. Narrated by Nicole Kidman, the film "succeeds wonderfully as an understated historical account of a brave, tireless man whose story the world would be well served not to forget."

Blame It on Fidel

French, Spanish and English, with English subtitles (99 min.) Thursday, March 13: 5 & 7:30 pm Kentucky Theatre Julie Gavras (daughter of famed French filmmaker Costa-Gavras) directs this 2007 Sundance Film Festival competition entry that draws the audience back to the 1970's, when a wave of revolution and counter revolution was washing over much of the globe. Seen through the eyes of a ten-year-old Parisian girl, the film shows her ordinary life being up-ended by events happening on the other side of the world.

I WANT MY GAY TV

Did you know that there is a TV Channel that specializes in GLBT programs? The LOGO channel is available through many satellite cable providers, but currently not through Insight. If you are not familiar with Logocheck out www.logoonline.com. On this website you can see a complete schedule of their programming.

I have called Insight to request that this channel be added to their list of channels available but they tell me that not enough people have expressed an interest in LOGO.

You can change that by making your own call. Call Insight at 859 514-1400 or email at www.insight-com.com. From the home page go to the HELP tab at the top right and then click on CONTACT US. I believe that if they receive enough calls, Insight will consider adding LOGO to what they offer.

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The GLSO

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