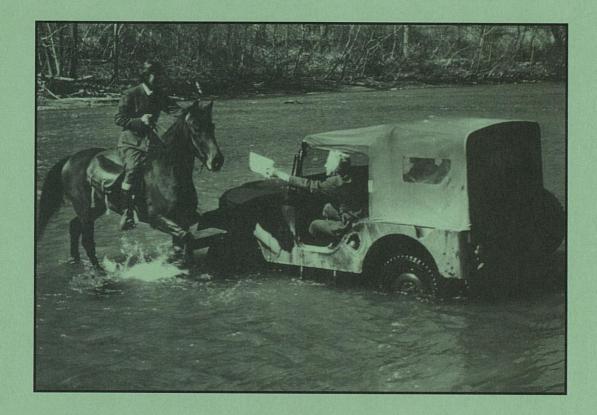


FRONTIER NURSING SERVICE

Volume 83 Number 1 Summer/September 2007



US ISSN 0016-2116

TABLE OF CONTENTS

Introduction to FNS	1
The Journey - Nathan Lee	2
Field Notes - Barb Gibson	4
"Footprints" - Excerpts from Wide Neighborhoods	7
Beyond the Mountains - Barb Gibson	11
Courier Program News - AnnDraia Bales	13
Old Staff and Courier News	15
Frontier School of Midwifery & Family Nursing News - Aggie Hoeger	16
"Legacies" - Nathan Lee	18
In Memoriam	20
Urgent Needs	32
Cover: "Rooted in the Past" (see page 3, The Journey) - FNS nu (photographer unknown)	ırses

Frontier Nursing Service Quarterly Bulletin is published at the end of each quarter. Subscription Price \$5.00 a year for Donors/\$15.00 for Institutions. Periodicals postage paid at Wendover, Kentucky 41775 and at additional mailing offices. POSTMASTER: Send address changes to FNS, Inc. 132 FNS Drive, Wendover, Kentucky. Copyright FNS/Inc. All Rights Reserved. The Frontier Nursing Service does not share it's donor mailing list.

Introduction to Frontier Nursing Service (FNS)

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mrs. Breckinridge established the FNS in Leslie County, Kentucky, in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes six rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Healthcare Nurse Practitioner.

Mary Breckinridge's home, The Big House, located at Wendover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail fnstours@yahoo.com. You can also access our website:

Frontier Nursing Service - <u>www.frontiernursing.org</u>

The Journey by Nathan Lee, President & CEO



"Rooted in the Past"

There are many times I find myself sitting in my Wendover office gazing at the historical photographs from FNS days gone by. I find these pictures to be terrifically moving, not just in their graphic beauty (Marvin Breckinridge Patterson, who shot many of these scenes, was quite a photographer), but also in the history they represent. As many of you who have worked with me know, and as others of you will surely come to find out, I love history. Indeed, I began my undergraduate studies at Transylvania University majoring in it, before the romance of the past gave way to the practicality of accounting, finance and business. I realize each day that the FNS is not a historical society; our work is very much alive, thriving, and as necessary as ever in the twenty-first century. At the same time, however, I also fully realize that we can never truly know where our journey will take us if we don't understand from where we have come. As my pastor reminded me on a recent Sunday morning, "We are rooted in the past. We forget it at our peril."

It is in this vein that I tell you about some changes you'll note beginning in this Bulletin. You'll continue to see the same updates that you've come to expect for the past eighty-two years. You'll also find some new features as well. Some are less significant, like the re-introduction of the quotes and sayings that filled the margins of Bulletin pages years ago. Others are more important. You'll find beginning in this Bulletin, a passage called "Footprints." Few organizations are so blessed as to have an "instruction manual" in how they were intended to be run. The FNS has this in Mrs. Breckinridge's autobiography, Wide Neighborhoods. Each quarter, a short excerpt from this wonderful book will be included as a reminder of from where we have come and, hopefully, as direction for where we will go. You'll also find a passage called "Legacies." Each quarter, this short column will profile a supporter on whose shoulders we stand. This support could well be financial, but could just as or even more easily be a nurse, a courier, or a committee chair who has helped to blaze the trail of the FNS.

Absent from this issue will be the Annual Report of the FNS. Fear not, however. The Annual Report is simply being shifted to the winter issue. Many of you have noticed what has, in some cases, been a sizeable delay in your receipt of this issue of the *Bulletin* each year. As the FNS has grown in size and complexity, so has the nature of our annual audit. We felt that delaying the publication of our Annual Report by one issue the most acceptable solution to publishing delays we've experienced the past several years. We hope you will agree.

The work of the FNS is alive and well. We hope that is reflected in the changes in the *Bulletin*. To borrow Mrs. Breckinridge's own words in her dedication of *Wide Neighborhoods*, this *Bulletin* ". . . is dedicated to you who read it and like parts of it. To you who read and like it all - it is dedicated with fervor."

Field Notes

Wendover Guests

From April 20, 2007 - July 20, 2007, Wendover hosted a total of 518 guests. This number includes special dinners, meetings, tours and overnight guests.

Travel Writers Visit

During a Press Tour of Southern & Eastern Kentucky the week of July 31st, a group of five Freelance Travel Writers visited Wendover to experience and possibly write about the food. The Writers, Betty Winslow, Shirley Fong-Torres, Jim Duncan, Betty Terry and Kelly Sliwa had the opportunity to taste several special dishes prepared by our Wendover cooks during dinner. They were all very impressed with the food and we're hoping to be featured in at least one magazine.

National Hospital Week

The Hospital celebrated National Hospital Week by providing tokens of appreciation to the staff. Also, as part of National Hospital Week, Reader's Digest conducted a Book Fair featuring quality books and unique gifts. The event "Books are Fun" earned \$300.00 for the Hospital Room Renovation Fund.

Community Health Fair

The 12th Annual Community Wide Health Fair was held June 22nd at the Hyden Community and Development Center. Thirtynine exhibitors participated with over two hundred community members attending.

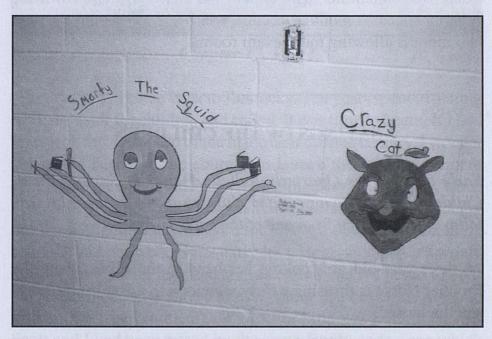
Hospital Renovations

The second floor roof of the Hospital has been repaired and patio stones have been added to the balconies allowing patients to enjoy the outdoors during their stay.

Stinnett School -Based Clinic Update

Board Member Mary Ethel Wooton wrote the following update about the Stinnett Elementary School Clinic:

While Stinnett Elementary students were on summer vacation, local artists, under the direction of Laura Ann Osborne and Linda Adams, painted murals on the walls of the in-school clinic room. The artists donated their time and talents to improve the environment for childen visiting the Clinic. Paintings of aquariums, children in tire swings over the river, dolphins leaping from the water, a spider named Charlotte, a dragon with his reading book and ocean scenes now greet the children as they enter for well-child checks, dental screenings or routine bumps, bruises and sore throats. The painting below was done by twelve-year old Robyn Brock, a local middle-school student. The Clinic is a collaboration between C.O.L.L.Y. (County of Leslie Lifting Youth) and FNS.



"Smarty the Squid" and "Crazy Cat"

Employee Wellness Program at Hospital

An Employee Wellness Program was put into place at the Mary Breckinridge Hospital several months ago. The total employee weight loss to date is 1,776.6 lbs.

Electronic Medical Records Conversion

The Mary Breckinridge Hospital is progressing toward the electronic chart. Installation of the Clinical Information System is underway. Order Entry and Nursing Documentation are operational and the "Carts on Wheels" are available for providers to chart while performing rounds. Additional functions will be available in November including Providers' Access and Online Medication Administration Record.

Kate Ireland Healthcare Center

An expansion project is underway at the Kate Ireland Healthcare Center in Manchester. The patient numbers have outgrown the existing space. A modular section will be added within the next two months allowing more exam rooms.

SAYINGS OF THE CHILDREN

Early years of the Quarterly Bulletin featured "Sayings of the Children" - cute sayings of the children in the community. The following was taken from one of the early issues:

"A three-year-old girl, poking her head in the cabin where the Frontier Nurse is dressing a dirty wound with a lysol solution, 'I smell a nurse."

"Six-year-old girl, asked what she had been eating all winter, shyly replied, "beans and ole taters."

"Footprints" Excerpts from Wide Neighborhoods by Mary Breckinridge, Founder



Chapter 17, Part I

"Early in 1925 I came back to Kentucky. The years spent in getting ready to work for children had ended. It was time to begin. If I had known all that lay ahead of me in the next quarter-century, I wonder if I would have had the courage to launch the small movement destined to grow into the Frontier Nursing Service. One day, when I was overwhelmed by the responsibility we had assumed, I sought out Scott Breckinridge to ask him how we could have taken on so much and if we could not carry less. He replied that we would have to carry more, not less. He said, 'And had we failed to do it we would have been untrue to everything that has come down to us from the past.' Noblesse oblige? For him, yes, but not for me. Scott and I had been raised by the same family code - one which did not admit the shirking of responsibility. But, insofar as I am concerned, the steps I had taken since Breckie's death had not so

much been chosen by me as thrust upon me, by something inside of me that came from beyond me. Although I seemed to make my own plans, I doubt if I did. But I was free to bungle them.

Elsewhere in this book I have given the reasons why my work for children placed its emphasis on the little ones and, among these, the country dwellers. If my readers have accepted these reasons, then there are two questions which may occur to them - in fact, have occurred to many people - and these are: 'Why did you begin in Kentucky?' 'Why did you not extend the work to other areas, such as Puerto Rico and Alaska?' I shall answer the second question first. Administrative costs of a demonstration are much higher if the demonstration is located in several areas, and in scattering you do not reach more people.

There are several answers to the first question. Not only was there no reason why the Kentucky mountains should not be chosen, but we had the best of all reasons for choosing them, namely, their inaccessibility. I felt that if the work I had in mind could be done there, it could be duplicated anywhere else in the United States with less effort.

From the beginning I had the wish to do the work so well, and to keep such accurate records of it, that others would study it, be trained in its techniques, and then, in other remotely rural parts of our own and other countries, repeat the system we used. It would be possible for us to reach only a few thousand children directly, but hundreds of thousands of children could be reached by others because of us. Our inaccessibility was a priceless asset. None who wanted to copy our work could plead that it would be more difficult for them than it had been for us.

A second advantage to me in setting up the demonstration in Kentucky was that I would be working in a part of the world where my family name was known and I would be accepted without explanation, because I belonged. As an example of this, I recall speaking

at a rally of mountaineers at a place some twenty-odd horseback miles from a railroad. The rally had been called by local leading citizens who had asked us to place one of our nursing centers in their section. They indicated what they were prepared to do in the way of gifts of lumber, use of mule teams, a site for the nursing center, several days of free labor from men before they took pay at the prevailing rate of fifteen cents an hour. Then the chairman of the rally introduced me, so that I could explain what we had in mind. He said that he didn't know me but that my people had held "high office" in Kentucky, and none of them had betrayed a public trust. Therefore, he was willing to guarantee that the local citizens could trust me too.

A third reason for the choice of Kentucky, a vital one, was Dr. Arthur T. McCormack, Health Commissioner for the Commonwealth, an imaginative man of rare ability. Many were the conferences I had with him that spring of 1925. He not only approved of what I wanted to do but he, almost alone, understood it. It was his suggestion that we establish our first nursing center on the Middle Fork of the Kentucky River, in Leslie County, in the heart of a thousand-square mile area covering parts of several counties, where some fifteen thousand people lived without benefit of one resident state-licensed physician. He gave me a certificate licensing me to practice midwifery in Kentucky.

A final reason for locating the demonstration in Kentucky lay in the fact that I had hundreds of kindred and family friends in that state, who were willing to back me up. A few of the physicians who were my cousins - among them Scott Breckinridge, Joephine Hunt, John Scott, Julian Estill, Waller Bullock - knew what I was setting out to do. Waller said to me, 'There isn't one of us, Mary, that won't stand by you.' All of that helped - God! (and I say it reverently) how it helped!

Among Kentuckians there is a strong sense of family solidarity not unlike that in the old Scottish clan. We stand by our own people unto the fourth and fifth generations. In my family there is as much English as Scottish blood, but the clanship probably comes through the Scottish strains. As I went about my work of forming a committee to back me up, I stayed with members of the clan. Before the spring was over I had completed the organization of a group of nearly seventy people. We call ourselves just what we were - a Kentucky Committee for Mothers and Babies.

Our members came from highlands and lowlands, from town and country. Five of them did not live in Kentucky at all. They included prominent ministers of various denominations, well-known politicians of both parties, physicians of many specialties, and men high in the educational, business, legal and newspaper worlds. Represented also were those who had been active in establishing the mountain settlement schools. Early mountain workers on a heroic scale were Miss Linda Neville and Dr. J.A. Stucky. They had started the cleanup of trachoma, and were more instrumental than all others in getting the U.S. Public Health Service to take it on.

Of the members of that first committee I wrote Breckie's godmother: 'They are our nucleus- - first fruits of public sentiment - and they have been garnered 'one of each' - not in a bunch. It couldn't have been done without the Spirit."

"If you would not be forgotten, as soon as you are dead and rotten, either write things worth the reading, or do things worth the writing."

-Benjamin Franklin

Beyond the Mountains

May 22, 2007, Nathan Lee, CEO & President, and Barb Gibson, Assistant to CEO, traveled to Washington, D.C., to re-connect with former Washington Committee Members. Several city committees are no longer active and Mr. Lee plans to visit different groups in an effort to re-connect them with the FNS. A special thanks to Beth Hadley for hosting a luncheon at her home for the group. In attendance were Trudie Musson, Ann Becker, Jenny Urguhart, Kate Sedgwick and Katherine Wilkins. While there, Nathan and Barb had dinner with former Courier Susie Quinlan Hill and new friends Jackie and Darrel Musselman. We look forward to visiting with our friends in Washington again next year!



Back row left to right: Nathan Lee, Beth Hadley, Jenny Urguhart, Kathernine Wilkins. Front row - Ann Becker, Trudie Musson and Kate Sedgwick

As we mentioned earlier, we were thrilled to have the opportunity to have dinner with 1994 Courier Susie Quinlan Hill. Susie lives in Maryland, is married and has a full-time job taking care of her three beautiful children.



Former Courier Susie Quinlan Hill and Nathan Lee

Healthcare Security and Safety Meeting

During June, staff attended the International Association for Healthcare Security and Safety Annual Meeting in Boston. The goal is to train FNS security personnel as certified security guards.

Conferences

During May, Mallie Noble, Mary Breckinridge Hospital Administrator, attended conferences sponsored by the Kentucky and American Hospital Associations.

Courier Program News

by AnnDraia Bales, Courier Coordinator

During May, I was given the responsibility of overseeing the Courier Program. I assisted with the Progam several years ago and am very excited to have this opportunity to work with our young volunteers.

This summer we had three Couriers participate in the Program: Jenna Wenger from Iowa City, Iowa; Amy Woodbury, White Bear Lake, Minnosota; and Sally Krikorian, Tampa, Florida. All three Couriers reported having a wonderful Courier experience. Since May, we were able to accomplish the following:

The re-introduction of the Courier Program to Community Ministries in Hazard which offered a new volunteer opportunity with their New Beginnings Day Care.

The Couriers attended staff meetings at the FNS, Inc. Lexington Office, Frontier School of Midwifery & Family Nursing and Wendover, to update everyone on the role of the Courier. These staff meetings will continue as we feel necessary.

New contacts were made in Manchester through the Community Christian Church and Manchester Baptist Church. The two churches offered opportunities through their clothing ministry, "God's Closet", a 12 step support group called Life-Line, their free clinic, food pantry, drug rehab center and Vacation Bible School. A member of the Baptist Church also made it possible for Couriers to sit in on a Drug Court Session.

Other activities included a Luau to show their appreciation to providers and other people who made their stay enjoyable and a visit to Laurel Mission and Gabe Falls, Pine Mountain Settlement School, Red Bird Mission and Red River Gorge. See photos on next page.



(6)

Couriers at the Luau



Courier Teaching Art at Safe House

Old Staff and Courier News

Ashley Kidd, Brooklyn, New York, (Courier 1997) wrote that she graduated from Williams College during 2000 with a BA in English and Religion. Since graduating from college she has worked at a literacy agency, started her own tutoring and editing business, worked as an administrator/research assistant at an English - language liberal arts college in Berlin, Germany, and worked as a personnel specialist at the Henry Street Settlement School in New York City. After a trip to Thailand and Cambodia during August 2006, Ashley was accepted at the New School University in New York City for its master's program in Liberal Studies.

(6)

1(3)

11.35

Celia Moore Hopson, Cadiz, Kentucky, (Temporary Secretary) for Mrs. Breckinridge in 1949), wrote that she came to work for the FNS and rode horseback, cared for the horses, and lived in the cabin above The Big House. She accompanied the nurses as they visited the sick. She remembers Miss Lester, an English Nurse-Midwife.

Karen Thomisee, Atlanta, Georgia, (Courier 1997), wrote that she recently took her RN Boards and has been offered a new graduate position in a neonatal intensive care unit at South Fulton Medical Center in Atlanta. Karen is beginning her master's in nursing program with a specialty of pediatrics.

Alana Jonat, Lexington, Kentucky, (Courier 2005) wrote that she is attending the University of Kentucky College of Medicine.

Nikki Holtmeier Dees, Silver Spring, Maryland, (Courier 1997) wrote that she works as a Patient Examiner at the US Patent and Trademark Office.

Frontier School of Midwifery & Family Nursing The Clinical Experience Or . . . Where the Runner Meets the Road

by Aggie Hoeger, Clinical Director

Each student at the Frontier School of Midwifery & Family Nursing (FSMFN) will finish their program with a clinical practicum of at least 675 hours in a clinical setting. The clinical sites include primary care clinics, specialty clinics, maternity centers, hospitals, birthing centers and emergency rooms. Many students will find clinical sites in their community and others will travel for the experience. With 475 current students located in 46 different states, the task of assuring a quality clinical experience for each and every student becomes very challenging. As Clinical Director of the FSMFN, my job is to see that these students are placed in high quality clinical sites so they can learn in a safe and productive manner and achieve the necessary skills to become an excellent healthcare provider.

Many people at the FSMFN are responsible for meeting this goal. In Hyden, the Quality Assurance staff has been working overtime this year to try to keep up with the growing number of preceptors and clinical sites that need to be credentialed. The credentialing process is critical to assuring the quality of the site as a learning envirnoment. Millie Stevens was hired in March as the new Quality Assurance Coordinator and she is assisted by Susan Morgan, the Academic Resource Coordinator. In 2006, 80 students passed through Level III into their clinical practicum. Already in 2007, 90 students have attended Level III and have started their clinical experience. A total of approximately 135 is expected by the end of 2007. With two to three sites for each student, it requires affiliation agreements with over 325 clinical sites and credentialing even more new preceptors. The FSMFN is fortunate to have a dedicated staff in the Quality Assurance Office and we appreciate all the help from the rest of the Hyden staff who have assisted with so much of the work this year.

During the clinical practicum, it is the job of the Regional Clinical Coordinator (RCC) to oversee the clinical experience of the student, assisting the student with learning needs and mentoring them through their transition to advanced practice roles. They also assist and support preceptors with the resources necessary to teach students. This year we have added six new RCCs to the faculty and now have a team of 15 RCCs working throughout the country. The RCC position at the FSMFN is a part-time position. Many of the RCCs are also working in practice as Family Nurse Practitioners or Certified Nurse-Midwives in their communities. Some of the RCCs are also working in the Academic Department with Course Coordinators. We are fortunate to have a really outstanding team of competent professionals.

Preceptors are a vital part of our clinical faculty. The RCCs are located sometimes many miles from a clinic site where a student may be placed and so we rely on the day to day work of preceptors to educate our students. As Clinical Director, I have been building resources for preceptors to include preceptor training courses. We have good mechanisms in place to evaluate the clinical competence of preceptors but most preceptors have not had specific education helpful to be a good teacher and mentor. With the help of the Department Chairs and the Dean, I have been doing basic preceptor training and training to help with specific student problems often seen in the clinic setting. These are being offered at conventions and workshops around the country where preceptors gather.

We anticipate a busier year ahead with even more students entering their clinical practicum and are excited about providing a smoother, richer experience with our continued efforts. This is an exciting part of the FSMFN to be involved with since we are able to see the culmination of all the hard work that students have been doing. We are privileged to watch them reach their goal of becoming safe, beginning level practitioners providing excellent care to families.

"Legacies"

by Nathan W. Lee, President & CEO

"... And a Child Shall Lead Them"

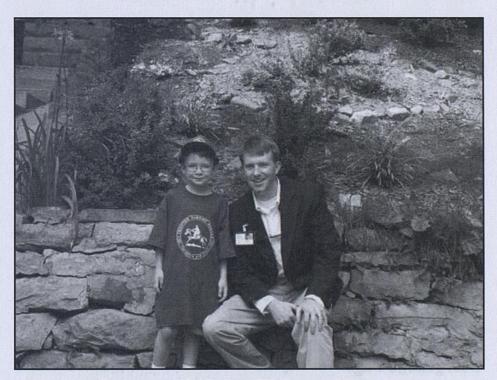
It seems only fitting that the inaugural story in this column be dedicated to a child. It was, after all, as a result of the deaths of her own children that Mrs. Breckinridge felt driven to found the FNS, and it was for children and their mothers and families that she did so.

By all accounts, Benjamin "Jammer" Himebaugh is a normal, sixyear-old boy. He loves the mysteries of nature, answers questions with refreshing directness, and views life in his Indiana home through young, (and in his case) bespectacled eyes. Jammer is hardly a normal six-year-old, however. Indeed, his sense of mission and charity surpasses that of many adults.

Jammer, through his parents Andrew and Natalie, takes part in a supplementary home-school program. As part of this program, he read the Rosemary Wells book *Mary on Horseback*, familiar to many of you as a series of three short stories about Mrs. Breckinridge and her work in founding the FNS.

Jammer was incredibly moved by the stories of Mrs. Breckinridge's work in the mountains; so moved in fact, that he asked if he could meet Mrs. Breckinridge. When his mother explained that she had died in 1965, Jammer wept. Shortly thereafter, he approached his parents with a seemingly unbelievable plan. Piggy-bank in hand, Jammer told his parents that he was planning to give the contents of his bank to the FNS for our continued work. Clearly touched by his benevolence, Jammer's parents encouraged him to solicit other contributions from his friends, family, teachers and others. That he did, and in early summer journeyed with his parents and sister from Indiana to Wendover, where they stayed in The Big House and presented to us a donation of just under \$400 . . . the fruits of Jammer's work and dedication.

As a parent, I find myself inspired by Jammer's sense of responsibility. As President of FNS, I am humbled that one so young in age would choose a charity so relatively "old" for his support. As a believer in, and soldier for, the value of Mrs. Breckinridge's work, I feel somewhat vindicated that a six-year-old can see its relevance in the modern world. It is not the practice of the FNS to overtly solicit donations. In this case, however, an exception will be made. Indeed, I would like to challenge each and every one of you to, in the way you are able, match Jammer's donation. If you're able to help, please send your donation marked "Jammer" in the memo line to our Wendover address. I have already done so myself, and I look forward to, with your help, telling Jammer how much impact he has had on our work for the people of Southeastern Kentucky and beyond. It will be my pleasure to report the same to you in our next issue.



Jammer and Nathan W. Lee at Wendover

normal to see the second In Memoriam

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

Anne Yesunas Boyer, Westville, Illinois, (FSMFN Graduate 1959), passed away June 27, 2007 at the age of 96.

Jerry Santini, Cincinnati, Ohio, passed way during June 2007. Mr. Santini became a very special friend to staff at Wendover and Mary Breckinridge Hospital through his faithful giving for the children during Christmas.

Lucy Mercer Dabney, Louisville, Kentucky, passed away August 14, 2007. Mrs. Dabney was a supporter of the FNS.

The following people gave contributions to the FNS in memory of their friends or loved ones. The names in **bold** are the deceased:

In Memory Of:

Edith Jones
McHenry Brewer, M.D.
Dorothea Chase
Theodore & Victory Chase
George Fenessy
Ms. Jerrilynn R. Blackwood
Lynne Hendrick
Nadene S. Brunk
Shirley T. Ohl
Mrs. Harriet Nicol
Georgeanna Page
Mrs. Maureen Harvey
Wini Saxon
Ms. Barbara F. Caughran

Patricia Stoehrmann
Mr. & Mrs. William G. Nine
George J. Van Dam
Mrs. Kathryn Van Dam
Marjorie Vogt
Mrs. McHenry Brewer
Bernice Washburn
Mrs. Elizabeth Bradburn
Ms. Sharon Rolle

In Memory Of:

John Henry Sizemore

Kenneth & Judy Gilbert Ms. Oultia Morgan Mrs. Nancy Hines Pastor Teddy Couch

Anthony and Andrea Little Pearl and Alice Napier

Leroy & Helen Gross Mrs. John Henry Sizemore

Ms. Pamela L. Brock David and Nancy Roberts

In Honor Of:

The following people gave contributions to the FNS in honor of someone. The names in **bold** are the honorees.

Nathan, Blair and Palmer Lee

Richard B. & Susanna Lee

The following people gave contributions to the FNS in honor of Benjamin "Jammer" Himebaugh who started the "Jammer" Fund. See page 18 for details.

"Jammer" Fund

Kenneth Kramer, DO Lesley Dyar

Nancy Devens

Nathan W. Lee

Natalie & Andrew Himebaugh

Joe Lazzara Andrea Leininger

Charlene Himebaugh David & Patrice Bradley

Sydney Powell Mrs. Mary K. McSoley Betty Spargur Dr. Elizabeth Prescott

Mr. & Mrs. Valentine Tom & Dianne Himebaugh Susan Whelan Bill & Elenor Himebaugh

Lela Martin Betsy & John King

Ellsworth & Sherry Smith Sharon & James Martin

Jane Leigh Powell

Benjamin Himebaugh

FNS, Inc. (the parent) BOARD OF GOVERNORS

Miss Jane Leigh Powell, Ridgeland, SC

Vice-Chairman

Mr. Kenneth Tuggle, Louisville, KY

Treasurer
Mr. John Foley, Lexington, KY

Secretary
Mrs. Nancy Hines, Santa Fe, NM

Board of Governors

Mrs. Rhonda Brashear, Hyden, KY Dr. Michael Carter, Tumbling Shoals, AR Mrs. Marion McCartney, Silver Springs, MD Dr. Charles Mahan, Temple Terrace, FL Mr. Michael T. Rust, Louisville, KY Miss Mary Ethel Wooton, Hyden, KY

Honorary National Chairman
Miss Kate Ireland, Tallahassee, FL

Auditors

BKD, LLP, Louisville, KY

Trustees Annual Manual Manual

Mrs. Tia D. Andrew, Wellesley, MA

Mrs. Steven L. Beshear, Lexington, KY

Mrs. Ruth Beeman, Lexington, KY

Mrs. Heather Bernard, Hamilton, NY

Mr. Robert Botkin, Lexington, KY

Dr. Wallace Campbell, Pikeville, KY

Mrs. Juan Cameron, Washington, DC

Miss Anna Carey, Hyden, KY

Ms. Carlyle Carter, Needham, MA

Mrs. Charles M. Chapin, III, Oldwick, NJ

Dr. Holly Cheever, Voorheesville, NY

Mrs. Charles S. Cheston, Jr., Topsfield, MA

Mrs. John Dawson, Dover, MA

Mrs. John J. Dete, West Liberty, OH

Mr. Joseph C. Donnelly, York Harbor, ME

Mrs. Peter R. Ehrlich, Bedford, NY

Mrs. Noel Fernandez, Pomona, NY

Governor Ernie Fletcher, Frankfort, KY

Mrs. Laman Gray, Jr., Louisville, KY

Dr. John W. Greene, Jr., Lexington, KY

Dr. Joyce Fortney Hamberg, Southgate, KY

Dr. Horace F. Henriques, III, Lyme, NH

Mr. Frank B. Hower, Jr., Louisville, KY

Mrs. Kenneth C. A. Isaacs, Walpole, MA

Mrs. Donald E. Jones, Bellefontaine, OH

Mr. Clinton W. Kelly, III, Bethesda, MD

Mr. James G. Kenan, III, Lexington, KY

Mrs. Robert A. Lawrence, Dedham, MA

Mrs. Henry Ledford, Big Creek, KY

Mrs. Marian B. Leibold, Cincinnati, OH

Mr. Anthony Little, Hyden, KY

Mrs. Frances Luckett, Louisville, KY

Mrs. Theodore R.P. Martin, St. Louis, MO

Mrs. John Lambert McPhee, Potomac, MD

Mrs. E. Townsend Moore, Darling, PA

Mr. Wade Mountz, Louisville, KY

Mr. Spencer Noe, Lexington, KY

Mrs. Frank O'Brien, Jr., Boston, MA

Mr. Ed Parsons, Harlan, KY

Mr. Paul Patton, Pikeville, KY

Mrs. Charles S. Potter, Grayslake, IL

Mrs. John Richardson, Washington, DC

Mrs. George L. Robb, East Orleans, MA

Mrs. Georgia Hart Rodes, Lexington, KY

Mrs. Mollie B. Sizemore, Hyden, KY

Mrs. Joseph M. Smith, Dedham, MA

Mrs. Austin L. Smithers, Greenwich, CT

Mrs. Burgess P. Standley, Medfield, MA

Mrs. Robert N. Steck, Washington, DC

Mrs. Effie Stidham, Hyden, KY

Mrs. James W. Stites, Jr., Glenview, KY

Dr. W. Grady Stumbo, Hindman, KY

Mrs. Mary H. D. Swift, Upperville, VA

Mr. Richard Sturgill, Lexington, KY

Mr. Elmer Whitaker, Lexington, KY

Mrs. Carrie M. Whitcomb, Oviedo, FL

Dr. Patience White, Bethesda, Maryland

Mrs. Pendleton P. White, Savannah, GA

Harvie & Nellie Wilkinson, Lexington, KY

Mrs. Dudley H. Willis, Sherborn, MA

Dr. Emery Wilson, Lexington, KY

Mr. Ray Wilson, Hyden, KY

Mr. George Wooton, Hyden, KY

Honorary Trustees

Mrs. Charles W. Allen, Jr., Glenview, KY

Mrs. Richard M. Bean, Lexington, KY

Mrs. Ralph E. Becker, Bethesda, MD

Mrs. Robert W. Estill, Raleigh, NC

Mrs. Gilbert W. Humphrey, Miccosukee, FL

Mr. R. W. P. Johnston, Lexington, KY

Mrs. Samuel E. Neel, McLean, VA Mrs. James N. Rawleigh, Jr., Prospect, KY Mrs. E. H. Scott Rumely, Birmingham, MI Mrs. Ernest R. von Starck, Bryn Mawr, PA Miss Margaret Watkins, Grosse Pointe, MI Ms. Erskine P. Wilder, Barrington, IL Miss Barbara Wriston, New York, NY

National Nursing Council

Ms. Mary Ellen Amato, Lexington, KY Dr. Frances C. Dalme, Little, AR Mrs. Albert T. Ernst, Perkiomenville, PA Dr. Joyce Fitzpatrick, Cleveland, OH Dr. Loretta C. Ford, Rochester, NY Miss E. Jane Furnas, Phoenix, AZ Miss Louise Griggs, Lexington, KY Dr. O. Marie Henry, Cookville, MD Mrs. Betty Huff, Hyden, KY Miss Mary Lee Mills, Watha, NC Ms. Barbara Nichols, Madison, WI Miss Evelyn M. Peck, Columbia, MO Mrs. Elaine Pendleton, Falls, PA Dr. Marjorie Ramphal, W. Nyack, NY Miss Christine Schenk, Cleveland, OH Dr. Elizabeth Sharp, Atlanta, GA Dr. Lillie M. Shortridge, Pleasantville, NY Dr. Helen Tirpak, New York, NY Ms. Joyce Wiechmann, Sylacaug, AL Dr. Carolyn A. Williams, Lexington, KY Mrs. Elsie Maier Wilson, Gainesville, FL Ms. Cora Winthrow, Lexington, KY

FNS and Subsidiary Corporations

FNS, Inc.

Nathan Lee, President & CEO
Sue Wells, Director of Reporting & Treasury
Barb Gibson, Assistant to CEO
Beulah Couch, Human Resources
Starla Selby, Controller

Frontier School of Midwifery & Family Nursing (FSMFN)

Dr. Susan Stone, *President and Dean*Dr. Julie Marfell, *Chair of Family Nursing*Dr. Suzan Ulrich, *Chair of Midwifery & Women's Health*Dr. Francie Likis, *Coordinator of Graduate Education*Dr. Trish Voss, *Director of ADN to MSN Bridge*

Mary Breckinridge Healthcare, Inc.

Mallie Noble, *Administrator* Linda Craft, *Director of Nursing*

Frontier Nursing Healthcare, Inc. (Clinics)

Benjamin Peak, Director

Providers at Hospital and Clinics

Sharon Adams, *CNM*Linda Ahrens, *FNP*Ferdousi Begum, *MD*, *Internist*Karon Champlin, *FNP*Elizabeth Coleman, *CNM*Anita Cornett, *MD*, *Internist*Nicole K. Demetriou, *CNM*, *FNP*Heidi Froemke, *FNP*Sr. Joan Gripshover, *FNP*Laura Manns-James, *CNM*Clara Jefferis, *FNP*Debi Karsnitz, *CNM*Andrew Krasuski, *MD*, *OB/GYN*

Gabor Laufer, MD, OB/GYN
Larissa Miller, PA
Janessa Melton, FNP
Angela Mitchell, FNP
Srinivas Naval, MD, Internist
Sarah Noggle, FNP
Albina Nunez, MD, Internist
Brian Overbee, FNP
Deena Parsons, CNM
Madeline Tan, MD, Pediatrician
Roy Varghese, MD, Internist
Lisa Wimsatt, CNM

Mary Breckinridge Home Health Agency

Willa Morris, Director

Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

- 1. By specific gift under your Will you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
- 2. By gift of residue under your Will you may leave all or a portion of your residuary estate to the Service.
- 3. By life insurance you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954. Gifts of stock should be sent to:

Merrill Lynch Attn: Travis Musgrave 801 East Main Street, Suite 1200 Lexington, KY 40507 859-231-5258

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Portable Otoscope/Ophthalmascope and Rolling Stand 819.81 Home Health: Kodak Digital Camera with Printer Dock 339.98 02 Sat Portable Finger 319.07 Thermometers x 12 54.60 Maternity: 24" Wide Wheelchair 249.00 Ultrasound Gel Warmer x 3 251.10 Adult Digital Scales 330.00 Med/Surg: Obese Adult Blood Pressure Cuff 49.98 Aneroid Floor Sphygmomanometic 329.95 Bariatric Drop Arm Commode 429.95 Sentra Deluxe Heavy Duty Wheelchair 419.75 Welch Allyn Pediatric Blood Pressure Kit 259.86 Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:	Beech Fork Clinic: Automatic Electronic Defibrilator	3,591.00
and Rolling Stand Home Health: Kodak Digital Camera with Printer Dock 02 Sat Portable Finger 319.07 Thermometers x 12 Maternity: 24" Wide Wheelchair 249.00 Ultrasound Gel Warmer x 3 Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic 329.95 Bariatric Drop Arm Commode 429.95 Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Emergency Room:	
Home Health: Kodak Digital Camera with Printer Dock 02 Sat Portable Finger Thermometers x 12 Maternity: 24" Wide Wheelchair 249.00 Ultrasound Gel Warmer x 3 Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Portable Otoscope/Ophthalmascope	
Kodak Digital Camera with Printer Dock 02 Sat Portable Finger Thermometers x 12 Maternity: 24" Wide Wheelchair 249.00 Ultrasound Gel Warmer x 3 Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	and Rolling Stand	819.81
02 Sat Portable Finger Thermometers x 12 Maternity: 24" Wide Wheelchair 249.00 Ultrasound Gel Warmer x 3 Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Home Health:	
Thermometers x 12 54.60 Maternity: 24" Wide Wheelchair 249.00 Ultrasound Gel Warmer x 3 251.10 Adult Digital Scales 330.00 Med/Surg: Obese Adult Blood Pressure Cuff 49.98 Aneroid Floor Sphygmomanometic 329.95 Bariatric Drop Arm Commode 429.95 Sentra Deluxe Heavy Duty Wheelchair 419.75 Welch Allyn Pediatric Blood Pressure Kit 259.86 Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:	Kodak Digital Camera with Printer Dock	339.98
Maternity: 24" Wide Wheelchair 249.00 Ultrasound Gel Warmer x 3 Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	02 Sat Portable Finger	319.07
24" Wide Wheelchair Ultrasound Gel Warmer x 3 Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Thermometers x 12	54.60
24" Wide Wheelchair Ultrasound Gel Warmer x 3 Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Maternity:	
Adult Digital Scales Med/Surg: Obese Adult Blood Pressure Cuff 49.98 Aneroid Floor Sphygmomanometic 329.95 Bariatric Drop Arm Commode 429.95 Sentra Deluxe Heavy Duty Wheelchair 419.75 Welch Allyn Pediatric Blood Pressure Kit 259.86 Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:		249.00
Med/Surg: Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Ultrasound Gel Warmer x 3	251.10
Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Adult Digital Scales	330.00
Obese Adult Blood Pressure Cuff Aneroid Floor Sphygmomanometic Bariatric Drop Arm Commode Sentra Deluxe Heavy Duty Wheelchair Welch Allyn Pediatric Blood Pressure Kit Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) Operating Room:	Med/Surg:	
Bariatric Drop Arm Commode 429.95 Sentra Deluxe Heavy Duty Wheelchair 419.75 Welch Allyn Pediatric Blood Pressure Kit 259.86 Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:		49.98
Bariatric Drop Arm Commode 429.95 Sentra Deluxe Heavy Duty Wheelchair 419.75 Welch Allyn Pediatric Blood Pressure Kit 259.86 Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:	Aneroid Floor Sphygmomanometic	329.95
Welch Allyn Pediatric Blood Pressure Kit 259.86 Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:		429.95
Nursing Administration: Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:	Sentra Deluxe Heavy Duty Wheelchair	419.75
Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:	Welch Allyn Pediatric Blood Pressure Kit	259.86
Medtronic Life Pak 500T AED (training system for new CPR guidelines) 329.00 Operating Room:	Nursing Administration:	
Operating Room:	[2] [4] [4] [4] [4] [4] [4] [4] [4] [4] [4	
	(training system for new CPR guidelines)	329.00
	Operating Room:	
	Tissue Forceps x 25 Assorted Sizes	768.15

We extend special thanks to the following people for contributing to Urgent Needs:

Andrew Farmer, Hyden, Kentucky, for the purchase of a Littman Lightweight Stethoscope for Maternity Services.

Nancy Marschutz, Los Angeles, California, for the purchase of two thermometers for Home Health and a pediatric and an obese adult blood pressure cuff for Medical Surgical.

Mrs. Betty Alice Vaughan, San Marino, California, for the purchase of a Birthing Simulator for the Frontier School of Midwifery & Family Nursing.

FNS WEBSITE

www.frontiernursing.org

FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations of the Frontier Nursing Service.
Article III as amended April 1999