CONNECTIONS COLLEGE OF NURSING WINTER 2007-2008

Introducing Our Hall of Fame Inaugural Inductees

College Doubles B.S.N. Enrollment Largest NIH Grant Awarded in College's History Nurses Stepin' Out in Style!



From the Dean

Editor M. Claire Baker

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connections

is published annually by the University of Kentucky College of Nursing. Jane M. Kirschling, R.N., D.N.S., Dean

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Visit us online at www.mc.uky.edu/nursing





It is with considerable pride in the College's students, alumni, faculty, and staff that I share highlights from my first year as dean of the College of Nursing. In this issue of Connections you will see that the College continues to make substantive contributions in education, research, practice, and service.

Without a doubt, nursing education at UK is demanding and rigorous, whether you are a student pursuing your B.S.N., M.S.N., D.N.P. or Ph.D. But it's worth it. This past year I have had the opportunity to meet a number of alumni from across Kentucky, as well as nationally, and it is clear that the nursing faculty have a long tradition of supporting all students to exceed their educational goals. The quality of our educational programs is evident in our graduates who provide exceptional nursing care and who serve as leaders within health care, in the Commonwealth and the nation.

Last June, we inducted the inaugural class into the College of Nursing Hall of Fame. Their stories, which are featured in this issue, illustrate how University of Kentucky nursing alumni make a difference in the lives they touch.

Providing a high-caliber nursing education is more important now than ever with Kentucky facing a nursing shortage. The number of Kentucky nurses is expected to fall short of demand by 2012. By 2020, Kentucky will need an additional 6,800 nurses. Nationally, a shortage of 340,000 is projected for 2016. To help alleviate the evolving shortage, we doubled our four-year (B.S.N.) nursing program admissions beginning with the 2007-2008 academic year. Previously, the College admitted 80 Bachelor of Science in Nursing students per academic year – 40 for the fall semester and 40 for the spring. This year 160 nursing students will enter the program. Increasing the number of B.S.N. prepared nurses is critical to providing ever-evolving, highly complex health care for an aging population. As a state we currently prepare twice as many associate degree nurses than B.S.N. As our B.S.N. program grows we hope to attract a more diverse group of students and faculty. The current nursing work force does not reflect the populations we serve and that needs to change to assure quality care to all persons.

The College's innovative research and dedicated outreach efforts are making a tangible difference in the lives of Kentuckians. Currently funded research projects include congestive heart failure, the effects of secondhand smoke, and minimizing the risks in occupations such as agriculture and long-haul trucking. In 2006 the College was ranked 40th for research funding received from the National Institutes of Health (NIH). This ranking is up from 83rd in 2003. The College's commitment to the generation of new knowledge aligns with the University's goal to become a top-20 public research institution.

I am confident that we will continue to see growth in our research funding, especially as we expand the number of doctorally prepared faculty within the College who contribute to our research mission. A number of full-time faculty completed their doctoral studies this past year, including Drs. Kristin Ashford, Lynne Jensen, Regina "Gina" Lowry, and Darlene Welsh. In addition, we have added a number of new full-time faculty – Drs. Emma J. "E.J." Brown, Karen Heaton, Gia Mudd, Karen Stefaniak, Elizabeth Tovar, and Kathy Wheeler.

The College is honored with other recognized rankings. The graduate program is tied for 26th in the nation, according to *U.S.News & World Report* in its 2008 edition of America's Best Graduate Schools. Faculty scholarly activity is ranked ninth among both public and private universities, as published in the Chronicle of Higher Education (2005 rankings, published January 2007).

UK College of Nursing faculty and students are influencing the health of Kentuckians by

providing care to the most high-risk populations. In 2006-2007 clinical practice revenue from practice contracts and grants was about \$1.1 million and involved 14 faculty, nine staff, four community health interns, and two nurse practitioner fellows. Within UK HealthCare, we currently have contracts with the College of Medicine: Family Practice, including North Clinic, the Center for Advancement of Women's Health, Internal Medicine, Pediatric Endocrinology, and Chandler Medical Center Pulmonary, Critical Care, and Sleep Medicine Department - ICUs. We also have external contracts with the Baby Health Clinic, Lexington-Fayette County Health Department, the Hope Center for Women and Family Care Center in Lexington, the Lawrence County Health Department, and Central Baptist Hospital in Lexington. Our practice with Lexington's Hope Center for Men is supported through a federal grant. Finally, the Good Samaritan Foundation funds several clinics including the Post Clinic, the Nathaniel Mission-Good Samaritan Clinic, and school-based health care at Julie R. Ewan, Cardinal Valley, Russell Cave, and Ashland elementary schools.

The future of the College of Nursing, as we approach our 50th anniversary in 2010, is guided by our strategic plan, developed this past year. It is available on the College's Web site, www.mc.uky.edu/Nursing/. In addition, this spring the College will go through an internal review at the University. Our self-study report is also available on the College's Web site.

I hope that you join me in being very proud of the accomplishments and contributions of College of Nursing students, alumni, faculty, and staff. I welcome the opportunity to hear your ideas about our shared future – do not hesitate to e-mail me at janek@ email.uky.edu or call me at (859) 323-4857.

Jan Maine Kuschling

Jane M. Kirschling, R.N., D.N.S. Dean

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College Celebrates Inaugural Hall of Fame Inductees

The College of Nursing inducted five inaugural alumnae into its Hall of Fame in June 2007 at a formal ceremony and banquet. This highest honor of the College, established in 2006, identifies distinguished graduates and their extraordinary contributions to the nursing profession. The 2007 inductees include:

Nancy Dickenson-Hazard, R.N., M.S.N., C.N.P., F.A.A.N. B.S.N. 1968 Immediate Past Chief Executive Officer, Sigma Theta Tau International Indianapolis, Indiana

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From1993 through 2007, Nancy Dickenson-Hazard served as chief executive officer of Sigma Theta Tau International (STTI), the international nursing honorary society. With a current budget of \$15 million, she coordinated both the United

States and international chapters of the society and the Foundation of Sigma Theta Tau.

The scope and impact of her leadership in this role is immense and far-reaching. Among the accomplishments of STTI under Dickenson-Hazard's leadership: membership growth to 400,000 members in 114 countries and operationalization of the only online library of nursing research, housing more than 30,000 research studies and abstracts.

Dickenson-Hazard values her undergraduate nursing degree from UK. "I think first and foremost the College taught me to think. Very little happens in health care and with patients without that being filtered first through nursing. Treatments, medications, procedures, systems, processes...all happen because nurses have the knowledge and the ability to think through the complexity of health care puzzles and then make them relevant to people. Nursing really is the central organizing and focal point for health care and nurses are the front line for patient care." The 2007 inductees (I to r): Betsy Elder Weiner, Sue Thomas Hegyvary, Alice Gertrude Herman, Cynda Hylton Rushton and Nancy Dickenson-Hazard.

Sue Thomas Hegyvary, R.N., Ph.D., F.A.A.N. B.S.N. 1965 Dean Emeritus, University of Washington School of Nursing Seattle, Washington



Sue Hegyvary grew up in rural Kentucky in a culture that didn't especially value education. Very few students from her high school went to college. However, in 1965 she completed her B.S.N. at UK.

"We didn't know it then, but we all owe a huge debt of gratitude to Marcia Dake (first dean of the College) for establishing that tradition that we're not here for things and technology. We're for people, and whether that's down the street or across the world, that's the essence of the profession," said Hegyvary.

Hegyvary is professor and dean emeritus at the University of Washington School of Nursing, where she teaches international health, health care systems, and organizational effectiveness.

From 1999 through 2007, Hegyvary served as editor of the *Journal of Nursing Scholarship* (JNS), an official publication of Sigma Theta Tau International. The journal evolved significantly under her direction and reflects her influence, including its global perspective, focus on excellence, a requirement of rigorous study designs and consideration of larger societal contexts in which analytical findings are interpreted.

Alice Gertrude Herman, R.N., Ph.D., C.N.M. M.S.N. 1972 Nursing pioneer in rural and frontier areas of America Harrodsburg, Kentucky



After completing her basic nurses training, Alice Herman happened upon a book about nurses on horseback and her life was changed forever. She trained to be a midwife and spent the next years in the Frontier Nursing Service (FNS)

working with founder Mary Breckinridge (begun in 1925 in eastern Kentucky).

While working in Alaska, her favored mode of transportation to a delivering mother was a 23-dog sled team and by horseback in eastern Kentucky. She delivered more than 1,000 babies, some in dreadful circumstances, and lost only one. None of the mothers she attended died in childbirth. Often, there was nothing but newspaper to wrap the newborn in. Once, she took the saddle blanket from her horse and fashioned a makeshift nightgown for a baby who had no other clothing. Herman says she was taught, "You are a nurse. When there is not a way, make one."

After receiving her M.S.N. here at UK in 1972, she traveled to London for her doctorate. She never really settled anywhere – she is a self-proclaimed wanderer, believing the world has many wonders and needs and that staying in one place would not maximize the benefit she could bring. She'd love to go back to the FNS in the early years. "The work was hard, the hours were long, the pay was pathetic, but what I gained in job satisfaction was worth all that...plus the fact I had an opportunity to work with and for Mary Breckinridge."

Cynda Hylton Rushton, R.N., Ph.D., F.A.A.N. B.S.N. 1978

Associate Professor, Johns Hopkins School of Nursing Program Director, Harriet Lane Compassionate Care Program Baltimore, Maryland



Since 2004, Cynda Rushton has been associate professor of nursing with the School of Nursing at Johns Hopkins University in Baltimore. She has a joint appointment in pediatrics with the university's School of Medicine. She

is a nationally recognized expert in bioethics and palliative care. In 2001 she received the American Association of Critical-Care Nurses Pioneering Spirit Award for her work in advancing palliative care across the life-span. She was appointed by the governor of Maryland to chair the State Council on Quality Care at the Endof-Life in 2002. In 2005 she was appointed to serve on the Institute of Medicine Committee on Organ Donation and the Advisory Committee to the National Children's Study, the largest longitudinal study of children's health in the United States.

"Clearly, every journey begins with a first step. And this (UK) was the beginning of my journey in nursing. Certainly the faculty, as well as the patients and families themselves have really been my greatest teachers. They have taught me about the strength and the frailty of the human body. They taught me about the resilience of the spirit and circumstances that are tragic and often difficult to even imagine. They taught me about the hope and faith that many of our patients and their families are able to garner in very, very difficult times."

Elizabeth (Betsy) Elder Weiner, R.N., B.C., Ph.D., F.A.A.N. B.S.N. 1975 Senior Associate Dean for Educational Informatics and Professor of Informatics

Vanderbilt University School of Nursing Nashville, Tennessee



Elizabeth "Betsy" Weiner has built a very successful research program, with more than \$2 million in funded research and training grants. Her research focuses on curriculum development and evaluation for nurses in emergency management

and response; evaluating the effectiveness and efficiency of online learning by volunteer nurses for emergency response; and

curriculum and development of informatics competencies for advanced practice nurses. She is considered a pioneer in informatics and technology as it is applied to nursing. She has shared her expertise in bioterrorism, emergency preparedness, and disaster response in Kentucky as well as internationally.

There was never any question as to where she'd go to school. It would be UK. Once she settled on a nursing major, it was because "nursing had some personal connection. It was my calling and I knew that's what I wanted to do."

Marcia Dake, R.N., Ed.D., the College's first dean, commented on the beginnings of the College in 1960: "It was 49 years ago that I drove from western New York to Lexington, Ky., with a U-Haul trailer behind my Pontiac. I became the seventh medical center staff member. Our offices were in the farm house. We did our business for a year or year-and-a-half on the stairway.

Top left: Terry Green, development and alumni officer, Assistant Professor Lynne Jensen, Director of the Undergraduate Program Patricia Burkhart, Associate Dean for Research and Scholarship Lynne Hall, B.S.N.-Ph.D. student Demetrius Abshire and his wife, Sarah

Top right: First dean of the College Marcia Dake and immediate past dean Carolyn Williams

Bottom left: The 2007 Hall of Fame Committee (I to r): Dean Jane Kirschling, Karen Stefaniak, Carolyn Williams, Terry Green, Assistant Professor Karen Butler, Associate Professor Debbie Reed, past College of Nursing Alumni Associate President Eula Spears, Associate Professor Ruth "Topsy" Staten, Associate Professor Sherry Warden, Vice President for Nursing Karen Hill (Central Baptist Hospital), and Associate Professor Debra Anderson

Bottom right: UK College of Pharmacy Dean Kenneth Roberts and College of Nursing Instructor Kittye Roberts "I am one of the first 100 nurses in this country who are known to have a doctoral degree. I say that not to compliment myself but to take you back to where nursing was at that stage in our history. We did not have doctoral programs in nursing. We did not have doctorally prepared nurses to teach in such programs. In those early years, nursing at this institution was at the undergraduate level. Medicine and dentistry were at the graduate level. We tried, we could not, at that time, develop the interdisciplinary programs to bring about the cohesion that we really wanted. We couldn't mesh undergraduate with graduate. Today there is the possibility for that interdisciplinary team that we used to talk about. We now can do that because we have nurses prepared at the doctoral level and I congratulate those who have followed me."

Carolyn Williams, R.N., Ph.D., F.A.A.N., immediate past dean of the College, reminded those in attendance, "In our contemporary world there is almost an insatiable desire to quantify things. In education, this is evident in a number of ways, including the recent efforts to rank and to rate schools and programs. We all know what really matters is whether or not the graduates are able to do what needs to be done, to do it well, and to provide leadership in their chosen field. Our honorees are symbolic of the best of our community of graduates and by celebrating them, we are celebrating all of our graduates."

Jane Marie Kirschling, R.N., D.N.S., current dean, thanked Marcia Dake, Marion McKenna and Carolyn Williams, the deans who served before her, for building a foundation of a College that is growing and prospering. "The impact of your leadership and vision for the College of Nursing is clearly evidenced in the College's graduates, from our undergraduate and graduate programs."



Welcome to New Faculty

Full-time



Emma "E.J." Brown Associate Professor



Karen Heaton Assistant Professor



Gia Mudd Assistant Professor



Karen Stefaniak Assistant Professor (Adjunct)



Elizabeth Tovar Assistant Professor



Kathy Wheeler Assistant Clinical Professor

Part-time

Leslie Arron Instructor, Undergraduate Program

Nina Barnes Instructor, Undergraduate Program

Janine Barnett Instructor, Undergraduate Program

Cynthia Bohen Instructor, Graduate Program

Margaret Borders Instructor, Graduate Program

Elizabeth "Bettye" Cheves Instructor, Undergraduate Program

Linda Clements Instructor, Undergraduate Program

Jonathan Craft Instructor, Undergraduate Program

Linda Dempsey-Hall Instructor, Undergraduate Program

Jill Dobias Instructor, Undergraduate Program

Jennifer Drumm Instructor, Undergraduate Program

Edna Dukes Instructor, Undergraduate Program

Judi Dunn Instructor, Undergraduate Program

Hartley Feld Instructor, Undergraduate Program

Lorelei Fray Instructor, Undergraduate Program

Jacqueline Graves Instructor, Undergraduate Program

Debra Hall Assistant Professor (Adjunct), Graduate Program

Mary Margaret Harrison Instructor, Undergraduate Program Nneka Hay Instructor, Undergraduate Program

Patricia K. Howard Assistant Professor (Adjunct), Graduate Program

Mary Kain Instructor, Undergraduate Program

Paula Kral Instructor, Undergraduate Program

Tamela Lancaster Instructor, Undergraduate Program

Mary Ann Miller Instructor, Undergraduate Program

Stacey Parker Instructor, Undergraduate Program

Donna Rose Instructor, Undergraduate Program

Alicia Schultz Instructor, Undergraduate Program

Greg Scott Instructor, Undergraduate Program

Lisa Turner Instructor, Undergraduate Program

Adria Watson Instructor, Undergraduate Program

Cheryl Witt Instructor, Undergraduate Program

Tara Yarberry Instructor, Undergraduate Program

Voluntary

Mischa Endicott Instructor, Graduate Program

Susan Yackzan Instructor, Graduate Program

Faculty Awards and Appointments

Institute of Medicine Appointment, AACN Award Go to Former Dean



Carolyn A. Williams, R.N., Ph.D., F.A.A.N., professor and immediate past dean of the College, has been appointed as the 2007-2008 American Academy of Nursing/Institute of Medicine Scholar.

Designed as an immersion experience to help nursing play a more prominent role in national

health policy development, the program provides a year-long appointment at the Institute of Medicine. It includes resources to aid in research and a two-month orientation in federal health policy formation.

"Being selected as the American Academy of Nursing/Institute of Medicine Scholar-in-Residence for the 2007-2008 year is both an honor and a unique opportunity. I am excited about being in Washington for the year, actively participating in the policy process at the federal level, and working in the interdisciplinary environment at the Institute of Medicine," said Williams.

Williams' long list of high-level professional nursing accomplishments "positions her to make full use of the Institute of Medicine's opportunities for enhancing the impact of nursing in policy," according to Margarete Zalon, Ph.D., R.N., A.P.R.N., B.C., president of the American Nurses Foundation.

Williams has held many leadership roles including president of the American Academy of Nursing; president of the American Association of Colleges of Nursing; chairperson, Commission on Nursing Research, American Nurses Association; member, Program Development Board and fellow, American Public Health Association; and member, boards of the American Association of Colleges of Nursing and Appalachian Regional Healthcare, Inc. She has held appointments on National Research Study sections and has served on review panels for the National Institute for Nursing Research.

National policy-making roles include an appointment by President Carter as a nurse member of the President's Commission for the Study of Ethical Problems in Medicine, Biomedical and Behavioral Research, and membership on the Preventive Services Task Force, U.S. Department of Health and Human Services.

Williams has provided consultation to South America through the Pan American Health Organization, to the WHO in Geneva, and as a member of the WHO's Nursing Advisory Panel. She also was recently presented with the American Association of Colleges of Nursing's (AACN) 2007 Sister Bernadette Armiger Award, one of the organization's most prestigious honors. It recognizes a nursing leader who has made significant contributions to AACN and its goals, nursing education, and the advancement of the profession.

Sister Bernadette Armiger, third president of AACN (1972-1974), was instrumental in forming the alliance between AACN, the American Nurses Association, and National League for Nursing. She also established AACN's connections with the Association of Academic Health Centers, the Association of American Medical Colleges, and the Coalition for Health Funding.

Riker Named Distinguished Service Professor



Associate Professor Carol Riker, M.S.N., R.N., and six other professors were recently recognized by Provost Kumble Subbaswamy as the University's first Distinguished Service Professors.

Subbaswamy selected the professors from nominations by the deans of their colleges for

high achievements and contributions to UK.

The recipients will be awarded \$10,000 for each of the three years they hold the appointment and can use the money for research or as a salary stipend, Subbaswamy said.

Riker, who teaches community and public health nursing in the undergraduate program, is grateful to the deans and colleagues who have involved, supported, and mentored her in projects which serve the public.

"In addition to my direct service projects, much of the research conducted by our Tobacco Policy Research Program provides a service for communities, as did a previous demonstration project on HIV and adolescents. There is nothing like watching a community go smoke-free or a group of teens learn skills they can use to refuse risky behaviors. And having the opportunity to work with nursing students as they learn through service to the children of a community is priceless," Riker said.

Riker hopes to use the award funds to foster a meaningful and lasting connection between UK and the Gainesway Community Empowerment Center in Lexington. For the past eight years, she has worked with the center through clinical practice with nursing students and her own volunteer work.

STTI Awards Group for Work With Low-Income Single Mothers

Sigma Theta Tau International (STTI), the honor society of nursing, awarded Ann Peden, professor in the College of Nursing, and colleagues a Best of Journal of Nursing Scholarship Award in the Clinical Scholarship category for their paper titled, "Testing an Intervention to Reduce Negative Thinking, Depressive Symptoms and Chronic Stressors in Low-Income Single Mothers."

Co-authors on the study were Mary Kay Rayens, associate professor, Lynne Hall, Marcia A. Dake Professor of Nursing Science and associate dean for research and scholarship, and Elizabeth Grant, former research assistant in the College of Nursing.

The *Journal of Nursing Scholarship* (JNS) is a widely-read and respected journal featuring peer-reviewed, thought-provoking articles representing research by some of the world's leading nurse researchers. Reaching health professionals, faculty, and students in 90 countries, the journal is focused on the health of people throughout the world. The *Journal of Nursing Scholarship* is the official journal of Sigma Theta Tau International and reflects the society's dedication to providing the tools necessary to improve nursing care around the world.

The Tribute Awards were presented during the STTI 39th Biennial Convention in Baltimore in November 2007.



Nancy Dickenson-Hazard, then CEO of STTI, Mary Kay Rayens, Ann R. Peden, Lynne A. Hall, and Carol Picard, president, STTI Board of Directors

Hahn's Leadership Garners Award and University Commonwealth Collaborative



The Lexington-Fayette County Health Department's Board of Health selected the winners of the 2007 Public Health Heroes Award for individuals who have demonstrated their dedication to improving the health of Lexington residents. The awards are given each April as part of National Public Health Awareness Month.

Among this year's winners was Ellen Hahn, D.N.S., R.N., of the College of Nursing, who played an instrumental role developing and implementing Lexington's smoke-free ordinance. She has continued working to educate the public on the dangers of secondhand smoke, including a study measuring respiratory symptoms among restaurant and bar workers before and after the implementation of the smokefree law.

Hahn and colleagues' initiative, The Clean Indoor Air Partnership, has been designated a 2007 University of Kentucky Commonwealth Collaborative. It exemplifies UK's best community-engaged work addressing the Commonwealth's priority needs and creating opportunities for its future. Her team's work will serve as a model for other UK scholars and academic professionals in the future.

Undergraduate Professor Receives Outstanding Teacher Award



Associate Professor and Director of the Undergraduate Program Patricia Burkhart, R.N., Ph.D., was awarded a 2007 Provost Outstanding Teacher Award in the category for Tenured 10 Years or Less. Based on her teaching accomplishments and the letters of submitted on her behalf, this is truly a well deserved honor, said

Associate Provost for Undergraduate Education Philipp Kraemer. The award was presented at a public ceremony in april 2007.

Three other professors and three teaching assistants were also awarded.

Continued on page 10

Awards and Appointments, continued

Burkhart received her bachelor's degree in nursing from the University of Pittsburgh and a master's degree in nursing from West Virginia University. She returned to the University of Pittsburgh to complete a Ph.D. in parent-child nursing, receiving a doctoral scholar's award for high scholastic achievement and contributions to nursing care of children.

Before coming to UK in 1999, Burkhart taught for 15 years at Wheeling Jesuit University in Wheeling, W.Va., where she also received an award for outstanding teaching. As an associate professor with tenure in the College of Nursing, she has taught undergraduate parent-child nursing, mentored undergraduate research interns, masters' and doctoral students. She is a full member of the graduate faculty.

Burkhart initiated an undergraduate research internship program in 2002. Research interns are mentored by nursing faculty with funded research. Students say it makes research "come alive" for them. The interns have published articles in peer-reviewed journals, presented papers at national and international conferences, and won awards for their research projects.

In January 2007, Burkhart was appointed director of the undergraduate program in the College of Nursing.

Professor Emeritus Recognized for Contributions



Former Associate Dean and Director of Graduate Education and Professor Emeritus Juanita Fleming (College of Nursing 1969-1985) was honored in spring 2007 during a ceremony recognizing the contributions of African-American women at the University.

Fleming began her career at UK in 1969 when she was appointed as assistant professor with the College of Nursing. She quickly progressed to the rank of professor and served as the assistant dean for graduate education from 1975 until 1981 and as associate dean and director of graduate education from 1982 until 1985.

In 1984 she was appointed associate vice chancellor for academic affairs for the Chandler Medical Center, a post she held until 1991 when she became special assistant to the president for academic affairs until her retirement from UK. Her retirement was shortlived, however, as she went on to serve as provost at Kentucky State University until her second retirement in 2006. She has received numerous awards, including the Great Teacher Award from the UK Alumni Association and is a member of the National Academy of Science's Institute of Medicine and the American Academy of Nursing.

In carrying out all other academic and administrative responsibilities at UK, Fleming consistently displayed a deep sense of purpose and commitment to the mission of the University. She is a professional in the fullest sense, an individual who has had a profound impact on the lives of many students and faculty members, and a compassionate individual who is highly deserving of the University's recognition.

Assistant Professor **Karen Butler**, R.N., D.N.P., was named to the American Nurses Credentialing Center's Doctorate in Nursing Practice (D.N.P.) Task Force. The task force is charged by the ANCC to explore and create the future of credentialing for graduates of D.N.P. programs.

Professor **Ellen Hahn**, R.N., D.N.S., was awarded a Distinguished Alumni Professorship by the University's provost. It recognizes faculty for their influential scholarly contributions, sustained excellence in teaching, and outstanding career or public service.

Dean **Jane M. Kirschling**, R.N., D.N.S., has been elected to serve a one-year term as secretary of the American Association of Colleges of Nursing (AACN).

Associate Professor and Director of the Ph.D. Program **Terry Lennie**, R.N., Ph.D., was presented with the 2007 Best Abstract Award by the Council on Cardiovascular Nursing at the American Heart Association Scientific Sessions in Orlando, Fla., in November 2007.

Associate Professor **Sharon Lock**, Ph.D., A.R.N.P. has been appointed to the Commonwealth of Kentucky Medicaid Administrative Agent Credentialing Review Committee. This multidisciplinary committee reviews "at risk" provider files and makes recommendations for the credentialing of Medicaid providers in Kentucky.

Professor and Linda C. Gill Chair in Nursing **Debra Moser**, R.N., D.N.Sc., M.N., F.A.A.N., was selected as the 2007 Distinguished Research Lecturer by the American Association of Critical-Care Nurses.

Retired Associate Professor **Mary Alice Pratt** received a Public Health Hero Award from the Lexington-Fayette County Health Department Board of Health and the Lexington-Fayette County Urban County Council.

Associate Professor **Deborah Reed**, R.N., C., Ph.D., M.S.P.H., received an honorary state FFA degree from the Kentucky FFA Organization (formerly the Future Farmers of America) at their convention in June 2007.

Associate Professor **Ruth "Topsy" Staten,** Ph.D., R.N., C.S., received the 2007 Psychiatric Nurse of the Year Award from the Kentucky Chapter of the American Psychiatric Nurses Association. This award is in recognition of her leadership in establishing the Kentucky Chapter of APNA and promoting psychiatric nursing across the state. She was also recognized as the 2007 Outstanding Board member for the Mayor's Alliance on Substance Abuse.

Faculty and Staff Awards for 2007

We congratulate the following for their work and dedication to advancing the mission of the College.

Louise J. Zegeer Award (undergraduate) Patricia V. Burkhart

Excellence in Research/Scholarship **Debra K. Moser**

Excellence in Graduate Teaching **Ann Peden**

Excellence in Part-Time Teaching Jan C. Gross

Excellence in Clinical Practice Leslie K. Scott

Excellence in Undergraduate Precepting Leslie Graves

Excellence in Graduate Precepting Lisa Martin, Inner Pathways

Excellence in Undergraduate Unit/Agency Cardinal Hill Rehabilitation Hospital

Teaching Excellence in Support of Professional Nursing **Pamela Stein, College of Medicine**

Gloe L. Bertram Award Kathy Collins (staff)

Employee of the Year (staff) Heather Perrier

Faculty Member Positively Impacted Women's Issues on Campus



Dorothy Brockopp, professor with the College of Nursing, served as chair of the UK President's Commission on Women from 2003-2007. President Lee Todd acknowledged Brockopp's contributions in June as he appointed her successor:

"...I also want to thank Dr. Dorothy Brockopp, who has served as chair of the President's Commission on Women since 2003. Under her leadership, the commission launched several major initiatives addressing sexual harassment and discrimination, the scientific and professional advancement of women in higher education, and a multitude of work-life issues. She has garnered an enviable reputation as a tireless advocate for faculty and staff and a highly effective administrator. I

join the campus community in offering my gratitude for her excellent service as commission chair."

Brockopp said of her time as chair: "Chairing the PCW for four years was one of the most exciting experiences I have had at the University of Kentucky. I met interesting people, learned about women's issues across colleges and was able to positively impact problems related to both ageism and gender."



College Loses Valued Faculty Member



Jan Coleman Gross, assistant professor with the College's undergraduate program, died in June 2007 after a long illness. The visitation and memorial service were held at Burgin Christian Church in Burgin, Ky., where she was an active and long-time member. The College of Nursing held a memorial service in August 2007.

Jan received her baccalaureate, master's and doctoral degrees in nursing all from UK. Her research interests included treatment of urinary incontinence after stroke, rehabilitation and improving poststroke outcomes. Since 2000, she served as a nurse practitioner and continence specialist with the UK Center for the Advancement of Women's Health in the Kentucky Clinic.

Dr. Leslie Crofford, director of the center, said, "Jan Gross was an incredible inspiration to all those who knew her. I have not previously known a person who maintained her love of all that was important in life in the face of adversity to such an extent."

Students were perhaps her biggest professional love. Jan was given the Excellence in Part-Time Teaching Award by the College. In the several nominations submitted by students doing clinical rotations in the stroke unit at Cardinal Hill Rehabilitation Hospital, she was admired for "being the nurse patients hope to have care for them." She was described as having that extra "something" that makes people feel safe, comfortable and at ease in her presence. She had students use their critical thinking skills to come up with solutions, rather than simply answering questions. She effectively showed students how knowledge gained in the classroom is applied in the clinical setting. Jan led her undergraduate clinical group through the end of the spring 2007 semester.

Rebecca Dekker, a doctoral student in the College, was honored to have Jan as a friend and mentor as she learned to lead Jan's clinical students during part of her illness.



"She cared so deeply for her students, and she absolutely loved teaching at Cardinal Hill," Dekker said.

Also at Cardinal Hill, Jan planned and began a servicelearning project for undergraduate nursing students called Blueberry Spa. On Saturday afternoons, she, other faculty and students provided spa-like services to the patients.

Lynne Jensen, assistant professor with the College, was Jan's colleague in the UK Center for the Advancement of Women's Health and shared an office with her.

"Jan has been a true best friend; she has been by my side through many joyful times as well as the struggles," she said. "During the past year, she made sure that I completed my dissertation to complete my Ph.D. in nursing – as my editor and best critic. She was an inspiration and role model on how to live."

Lynne Hall, associate dean for research and scholarship at the college, directed the Ph.D. program while Jan was a doctoral student. "Jan was a remarkable nurse and friend who will be greatly missed by all who knew her," Hall said. "Her love and concern for others were always apparent in her daily interactions providing care to her patients, teaching and role modeling for her students, and interacting with staff and faculty colleagues. Jan had great zest for learning and sharing her knowledge and nursing skills with others in her roles as an expert teacher, clinician and researcher. She approached her work with such enthusiasm that was contagious."

Claudia Diebold, a lecturer with the undergraduate program and friend, said Jan was a true scholar. "She would never describe herself like that but she was always looking for a better way to provide care and teach students," Diebold said. "If a patient had a need of any kind Jan recognized it and either met the need herself or showed a student how to do it. She never walked past a patient in the hallway without a kind word or touch."

Jan was certified by the American Nurses Association as a clinical specialist in medical-surgical nursing; was an active member since 1984 and was currently serving as vice president of the Kentucky Nurses Association. In 2004 she was named a Nursing Research Scholar by the Hartford Foundation Institute for Geriatric Nursing.

In addition to her husband, Jack, Jan is survived by her son, Zack Gross of Burgin, her stepdaughter, Jennifer (Jeff) Baker of Wurtland, her mother, Janet Coleman of Burgin, her brother Jack (Cala) Coleman, Jr. of Harrodsburg, her grandson Max Baker, several nieces and nephews, and many other relatives and friends.

You are invited to join Jan's family, friends and colleagues in supporting the Jan Gross Memorial Scholarship. Please make your tax deductible check to the UK College of Nursing. Note in the check's memo area, "Jan Gross Memorial Scholarship." Mail your check to the University of Kentucky, College of Nursing, Office of Development, 313 CON Bldg., Lexington, KY 40536-0232.

Jan works with a nursing student on a Saturday afternoon Blueberry Spa at Cardinal Hill Rehabilitation Hospital.

Scholarship Established in Memory of Graduate Student



A scholarship has been established by the family of Sima Rinku Maiti, a May 2004 Cum Laude graduate of the College's B.S.N. Program and student in the Family Nurse Practitioner Track of the College's master's program, who died of injuries sustained in an auto accident in April 2007.

You are invited to join Sima's family, friends and colleagues in supporting the Sima Rinku Maiti Memorial Scholarship, which will help create a legacy of Sima's life. The scholarship(s) will be awarded to students who:

- have demonstrated high academic excellence
- are involved in service to the community
- show potential for leadership, and
- are enrolled in one of the graduate programs of the College of Nursing.

First preference can be given to a student of Indian origin, but must not be limited to this. Please make your tax deductible check to the UK College of Nursing. Note in the check's memo area, "Sima Rinku Maiti Memorial Scholarship." Mail your check to the University of Kentucky, College of Nursing, Office of Development, 313 CON Bldg., Lexington, KY 40536-0232.

Between Sima's graduation from the B.S.N. Program and beginning her master's studies, she worked in the Neonatal Intensive Care Unit at Kentucky Children's Hospital. She served as a teaching assistant at the College and was a school nurse at Cardinal Valley Elementary School in Lexington. In a WKYT-TV interview, Principal Matt Perkins said, "She was just one of those kinds of people who immediately made a big impact with a lot of our kids." Sima was also doing a clinical rotation at BaptistWorx, an occupational health and wellness clinic affiliated with Lexington's Central Baptist Hospital.

She wrote that her long-term career goals included being "a key agent in the driving force for advancement in nursing. I believe the nursing profession has tremendous potential in making positive changes in our transient society."

Rebecca Dekker, fellow graduate student and friend, said, "Her joy was so uplifting. During times of high anxiety such as studying for finals, testing for NCLEX, or stress from work, she always wore a smile. I will never forget the wonderful friendship we shared."

Associate Professor Sharon Lock, Sima's academic advisor, said,

"Sima was so vivacious and full of life. She was interested in pursuing a career in academia. Sima approached her patients with professionalism and compassion. She never knew a stranger. My heart goes out to Sima's family."

Dean Jane Marie Kirschling said the entire College of Nursing faculty, staff, and students are saddened by Sima's death. "Sima's unwavering positive attitude, her warm personality, and her deep sense of caring as a nurse will always be remembered. We are grateful that we had the opportunity to know her."

Sima was a member of Sigma Theta Tau International Nursing Honor Society, the American Nursing Association, and the Kentucky Nursing Association. She received several scholarships as an undergraduate student at UK. She was also a member of the Bluegrass Indo-American Civic Society.

Sima also attended Transylvania University from the fall of 1998 through May 2000.

She is survived by her parents, Swapna and Dr. Indu Maiti, and a brother, Richard Maiti. Dr. Maiti is a plant molecular biologist with UK's Kentucky Tobacco Research and Development Center, where he manages the Plant Genetic Engineering Services Group.

The family held a memorial service at the Bharatiya Temple in Lexington. The College of Nursing held a memorial service as well.

Spontaneous Detour Off I-65 Leads to Long Career at UK

My journey into professional nursing started 40 years ago. As I sat rocking my 7-month-old son to sleep and talking with relatives after my husband's funeral I spoke these words: "I will need to enroll in a nursing school."

I was an L.P.N. at the time and realized that I needed to increase my education to support my three sons. Just a few months later I enrolled in the local community college to take some pre-nursing courses and sought information on associate degree programs in Illinois. At the time there were three, all about 150 miles from my home. I selected Elgin Community College and was accepted into their second class with a full tuition scholarship.

I also was awarded a work/study job which supplemented my everyother-weekend earnings as an LP.N. at the local hospital. All faculty were facilitative and encouraging. I graduated within two years and was on the dean's list each semester.

After graduation I moved to Terre Haute, Ind., to pursue a B.S.N. During my two years at Indiana State University, I practiced four evenings a week as a registered nurse in the operating room and emergency department. The dean and public health nursing faculty encouraged me to obtain a master's in nursing. I decided on Vanderbilt University for my graduate studies.

In April 1972, on my way to Nashville to seek information about Vanderbilt's graduate school, I crossed the Louisville I-65 bridge. Seeing a sign pointing to Lexington, Ky., I was inspired to take a side trip detour. Anyone who comes to Lexington during mid-April feels like they have entered a special world. My three sons and I were so impressed with the beauty of the area.

That very day, I literally dropped in on the emergency department at UK Chandler Hospital and was offered a position as a staff nurse. I went across the street to a real estate agency, was shown three houses and made an offer on one in a good school district within two miles of the medical center.

The trip to Nashville would have to wait.

We moved to Lexington in July and in January, I was offered a faculty position at Lexington Community College (LCC) where I taught for three years and continued to work part time in the emergency department. During my second year of teaching, two opportunities for professional growth came within one month. I was offered a traineeship to earn my M.S.N. at UK or I could attend the famed Frontier Nursing Service (FNS) in Hyden, Ky., to become a family nurse practitioner for the UK Student Health Service. One of my goals was to become a nurse practitioner. The role was relatively new in the mid-seventies, although the nurses at FNS had been providing primary care to rural Leslie County residents since Mary Breckenridge initiated the "nurses on horseback" midwifery and family nursing service. My practicality prevailed and I enrolled at UK. During my master's studies I continued to teach at LCC and practice part time as an emergency department nurse.

Upon completion of my M.S.N., I made the second leg of the trip to Nashville and pursued a teaching position at Vanderbilt University's School of Nursing. I accepted a joint appointment as an assistant professor in nursing and was the first emergency clinical nurse specialist at Vanderbilt Hospital. During my tenure at Vanderbilt, I was able to complete the necessary courses to sit for the nurse practitioner certification examination.

In 1978, I was recruited by UK's associate dean in the College of Nursing, who had obtained the federally funded nurse practitioner grant, to come back to Lexington to teach in the newly initiated nurse practitioner track in the master's program. At that time there were many obstacles to overcome as not everyone accepted the role of the nurse practitioner.

Once again, we packed up the family and returned to Lexington where I served as a faculty member with the College until my retirement in 2007.

I practiced as a family nurse practitioner in various primary care settings including the health department, UK Chandler Hospital Emergency Department, Lexington Veterans' Administration Hospital, in addition to private clinics.

One of the most professionally rewarding experiences was to return to FNS and serve as a faculty member in the joint UK College of Nursing/FNS program that existed at the time. I developed courses for both programs and practiced as a family nurse practitioner at one of the outpost clinics during the summer months.

Other rewarding experiences include guiding some outstanding nurse practitioner students who have become nurse practitioner leaders in the state, national, and international arenas. I have served in state and national nurse practitioner organization leadership positions and worked diligently to promote the nurse practitioner role in Kentucky. Things continued on a positive trajectory with my doctoral studies at UK, collaborating with colleagues from various disciplines in grant-writing and manuscript development. Most of my research and publications have focused on health promotion activities e.g., medication-taking behavior, smoking cessation and women's health issues. I had the opportunity to work with the RICH heart group on cardiovascular health issues. Debra Moser, director of the group, and colleagues generously allowed me to analyze data and publish from their research.

For the past six years, my career path has led me to the medical mission field. I truly believe that my previous practice experience as an emergency nurse and nurse practitioner, my interest in public health and health disparities, in addition to the completion of my Ph.D. in Medical Sociology, all prepared me to transition naturally into mission work. I have been fortunate to observe during my mission travels the disparities (most due to socioeconomic-political factors) that exist among many countries including Kenya, Paraguay, Peru, China, Russia, and India. My current efforts are focused on establishing improved primary health care resources for the citizens of the Chimbote, Peru barrios.

I have had a rewarding and stimulating journey that has developed on a consistent trajectory. I look forward to engaging in projects that enhance health care access for multicultural populations, promote equity for women, and work to save the environment.

Recently I received a five-year Fulbright Senior Scholar Specialist appointment. I will be available for an assignment in public health, primary care education, development, and/or research. The assignments will be in collaboration with a host university that requests assistance within a specific area.

I am impressed by the following quotation, feeling that everyone has an obligation to address injustices and oppression:

"I swore never to be silent whenever and wherever human beings endure suffering and humiliation. We must always take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented." – Eli Wiesel







Left: Sheahan talking with a client through an interpretor at mobile health clinic in Ciudad Celeste, Paraguay Top right: At Machu Pichu, Peru, a side trip from Chimbote, where the 2007 Peru Health Education Conference was held Bottom right: Talking with attendees at the health conference

New Faces for College

2008 will be a very busy year for the College as we undergo some longwanted and needed changes. Projects are either already in the works or are beginning right about the time you're reading this newsletter.

Of course, to get something that looks great, you have to endure a controlled mess for a little while. That brings us to the first project – the renovation of the third floor Student Services and administrative suite. Student Services will become our "front door," giving the attention our students deserve. If you are familiar with the current offices, Student Services will move to the opposite end of the floor, with a totally renovated, redecorated, and welcoming reception and office space.

All the offices in the suite will be freshly painted and have new carpet installed with a coordinated color palette. (Pictured is just one selection of materials being considered.) Combining the two conference rooms into one mid-size meeting room and moving the mail area will open up the space for additional offices. (Doubling the B.S.N. program means more faculty and office space is needed.)

Using the existing footprint, the renovation will provide a new Student Services/administrative reception area, 23 offices and conference room. Funding was approved in 2007 with the Provost's office paying approximately 70 percent of the cost and the College paying the other 30 percent. We thank Provost Subbaswammy for his support.

Construction is scheduled to begin in mid-February and is expected to take four months to complete. During construction everyone on the third-floor offices will move elsewhere; Student Services will temporarily relocate to the fourth floor.

Just as exciting is a new College of Nursing Hall of Fame and student lounge area, also on the third floor, adjacent to the elevators. The College is reclaiming most of the open area across from the Wildcat Deli, which will become Hall of Fame and lounge space. New lighting, wireless capabilities and student-friendly furniture groupings for 10-15 people will provide a spot for study or a few minutes with classmates.

The first five inductees were installed into the College's Hall of Fame in June 2007. Plaques honoring these five outstanding alumni, along with plaques for faculty and staff awards will be displayed in the space.

We need help in funding the Hall of Fame and lounge area. It's estimated to cost approximately \$55,000. If you are interested in helping to make this space a place of honor, study and relaxation, please contact Laurel Martin, our new development and alumni officer, at Laurel.Martin@uky.edu or (859) 323-6635. Donors will be recognized on a plaque hanging in the Hall of Fame.

The final construction on Phase 3 of the Clinical Simulation Laboratory is complete. This is in the middle of the fourth floor lab hallway, where Medical Center Photography was previously located. It was an extensive renovation project as photography labs have specific construction needs. Once it was completely gutted and rebuilt the approximately 3000 square foot area now houses four areas for patient simulation (SimMan and SimBaby, currently), two rooms for community psych or other uses, the video validation control center, the College's IT department and two office areas.

Finally, we are working on a new face for the world to see – a newly designed and organized Web site and all new marketing materials. Work began in 2007 with several sets of focus groups meetings. We thank all who participated and gave us very thoughtful input as to what we need to do to better serve our prospective and current students, alumni and friends, and all who use our Web site.

This issue of *Connections* is the first publication using the new design. We hope you enjoy it and would like to hear your thoughts about what articles or features you would like to see in a future issue. Send comments to M. Claire Baker, editor, at cbaker@email.uky.edu, or to the address on the back of this newsletter.



Spotlighting Patricia Howard – Making a Difference through an Academic Career



According to the American Association of Colleges of Nursing's report, 2006-2007 Enrollment and Graduations in Baccalaureate and Graduate Programs in Nursing, U.S. nursing schools turned away 42,866 qualified applicants to baccalaureate and graduate nursing programs in 2006 due to an insufficient number of faculty, clinical sites,

classroom space, clinical preceptors, and budget constraints. Almost three quarters (71.0 percent) of the programs pointed to faculty shortages as a reason for not accepting all qualified applicants(www. aacn.nche.edu/Media/FactSheets/FacultyShortage.htm).

It is essential that we encourage nurses to seriously consider an academic career recognizing that our ability to educate nurses across all levels of nursing education, and to utilize and generate nursing knowledge is dependent on having doctorally prepared nurses. In fall 2007 the College of Nursing admitted the first cohort of B.S.N.-to-Ph.D. students with the goal of encouraging nurses to pursue academic careers earlier in their own nursing careers.

Academic careers in research intensive universities, such as the University of Kentucky, provide a richness of opportunities to not only shape the education experiences of the next generation of nurses but to also shape the way health care is delivered in the Commonwealth. Associate Professor and Director of the M.S.N. and D.N.P. Programs Patricia Howard's academic career exemplifies the impact that one nurse, working in collaboration with other nurses and across disciplines, can have on the state.

Howard received her undergraduate degree in nursing from the University of Louisville and her master's degree in nursing from UK. Her clinical area is psychiatric-mental health nursing, with an emphasis on informal caregivers and public mental health service delivery systems. In 1992, she completed the Doctor of Philosophy in Nursing at UK. The focus of her doctoral research, partially funded by an American Nurses Foundation grant, was maternal caregiving of adult children with schizophrenia. This research was extended in a UK Chandler Medical Center grant in which Howard investigated the extent to which fathers participated in caregiving for their adult children diagnosed with schizophrenia.

She joined the College of Nursing faculty in 1992, was promoted to associate professor with tenure in 1998, and has been a full member of the Graduate School since 1998 as well. Howard has taught in the B.S.N., M.S.N., D.N.P., and Ph.D. programs.

Howard served as coordinator for the psychiatric/mental health nursing track in the master's program for 10 years and in January 2007 assumed the role of director of the M.S.N. and D.N.P. programs. In this leadership role, she is shaping graduate nursing education in Kentucky as well as the region. One of her major responsibilities is to guide the redesign of the College's D.N.P. Pprogram in response to the American Association of Colleges of Nursing recommendation to prepare all advanced practice registered nurses through practice doctorate programs by 2015.

Since 1996, she has been engaged in research funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Kentucky Department for Mental Health and Mental Retardation Services. Currently, she is co-principal investigator of the SAMHSA-funded Kentucky Medication Algorithm Project (KyMAP) and the Kentucky Reduction in Seclusion and Restraints Incentive grant (KSRRP). The overall goal of the KyMAP initiative is to implement, train, and evaluate the evidence-based practice called medication algorithms. In addition, Howard is an investigator in a national study designed to evaluate the psychometric properties of KyMAP research instruments.

Researchers on the KyMap and national studies include Andrew T. Cooley, M.D., medical director at Central State Hospital in Louisville and voluntary faculty member in the College of Medicine at UK, Alexander L. Miller, M.D., of the University of Texas Health Sciences Center at San Antonio, and Gary Bond, Ph.D., chancellor's professor, Department of Psychology at IUPUI.

The overall goal of KSRRP is to implement a Trauma Informed Care Program for clinical staff in Kentucky's public psychiatric hospitals. Researchers on this study are Donna Smith, M.D. and Paula Travis, Ed.D., director of nursing at Central State Hospital in Louisville.

Howard's previous research included funded projects that investigated consumer and family satisfaction with mental health services in Kentucky's public mental health system, part of Kentucky's development of a statewide plan for measuring outcomes of mental health care.

Howard is a founding board member of the International Society of Psychiatric Mental Health Nurses. In recognition of her contribution to the mental health profession, she received the 2002 Melva Jo Hendrix Lectureship Award from the International Society of Psychiatric-Mental Health Nurses.

College alumni who have studied with or participated in Howard's program of research include UK Ph.D. in Nursing graduates Peggy El-Mallakh, now an assistant professor at the University of Louisville School of Nursing, Celeste Shawler and Debbie Armstrong, now at the University of Louisville; UK D.N.P. graduate Leandra Price, now at Eastern Kentucky University; and Ms. Ruth Givens of Kentucky State University. Advanced practice nurses are Navy Lt. Mark A. Lynch, at the National Naval Medical Center, Bethesda, MD., State University. Advanced practice nurses are Navy Lt. Mark A. Lynch, at the National Naval Medical Center, Bethesda, MD., Barbara Slater and Rebecca Hardy of the Veterans Administration Medical Centers in Lexington and Louisville respectively, Lois Davis, public health nurse manager for the Lexington-Fayette County Health Department, and a number of other advanced practice nurses practicing in Kentucky and surrounding states, including: Robert Herron, Lexington; Mischa Endicott and Anna Stone, Louisville; Shelia Collins Short, Louisa, Ky.; Sandy Pratt, Hazard, Ky.; Gayle Ruffli, Murray, Ky.; Rich Rutz, Cincinnati, Ohio; Donna Meadows, Summerville W.V.; and Joy Brewster-Groves, Beckley, W.V.

In reflecting on her academic career, Howard said, "The satisfaction I have gained in my academic career far exceeds any expectation that I had when I made this choice. In the academy, I have the opportunity to improve health and the quality of life for thousands of people in Kentucky, nationally and internationally through my work with students, clinicians and other researchers in the classroom, clinic, and clinical research laboratory. What more could one hope to have in a career?"

Howard's research has been published in the Archives of Psychiatric Nursing, International Psychiatry, Issues in Mental Health Nursing, and the Journal of Psychosocial Nursing. Recent publications include:

• Howard, P.B., Rayens, M.K., El-Mallakh, P., & Clark, J.J. (2007). Predictors of satisfaction among adult recipients of Medicaid mental health services. *Archives of Psychiatric Nursing*, 21(5), 257-269.

• Bond, G.R., Miller, A.M., Taylor, A., Tsai, J., Howard, P.B., El-Mallakh, P., Finnerty, M., Kealey, E., Myrhol, B., Kalk, K., & Adams, N. (2007). A scale to assess fidelity to evidencebased principles of medication management for schizophrenia. *Schizophrenia Bulletin*, 33, 469.

• Howard, P.B., El-Mallakh, P., Rayens, M.K., & Clark, J.J. (2007). Co-morbid medical illnesses and perceived general health among adult recipients of Medicaid mental health services. *Issues in Mental Health Nursing*, 28(3), 255-274.

As illustrated by Patricia Howard, an academic career provides a rich array of opportunities to make a difference. We hope that we have piqued your interest to follow in her footsteps!

Outstanding academic career opportunities!

The College of Nursing ranked ninth – among public and private institutions – in the 2005 Faculty Scholarly Activity Index (*Chronicle of Higher Education*, 2007) and tied for 26th in the *U.S.News & World Report* 2008 edition of America's Best Graduate Schools.

Our new Center for Biobehavioral Research in Self-Management of Cardiopulmonary Disease, funded by the National Institute of Nursing Research (2007-2012), supports faculty in the development of expertise in biobehavioral cardiopulmonary research focused on self-management of chronic illness.

Faculty opportunities include:

- Undergraduate Tenure Track, with 50 percent time for research
- Acute Care Nurse Practitioner
- Clinical Nursing Leadership
- Pediatric Clinical Nursing Research and Education
- Psychiatric/Mental Health Advanced Practice Nursing; includes graduate track coordination
- Women's Health Advanced Practice Nursing
- Associate Dean for Practice and Community Engagement

Visit our Web site for position descriptions and application instructions. Review of applicants will begin immediately.

www.mc.uky.edu/nursing/jobops/jobops.htm

The University of Kentucky is an equal opportunity employer and encourages applications from minorities and women. If offered a position, you will be required to pass a pre-employment drug screen and a pre-employment national background check as mandated by University of Kentucky Human Resources. The University of Kentucky is responsive to the needs of dual-career couples.



COLLEGE OF NURSING



Dean Jane Kirschling joined some of the recipients of the UK Chandler Medical Center Floyd Wright Scholarship at the 2007 Student Scholarship Showcase. From I to r: Dean Kirschling, Shea David, Khay Douangdara, Mary Francis "Fran" Gentry and Kyle Howard.

Congratulations to Scholarship Recipients for 2006-'07

Advance Nurse Education Traineeship

Lee Boone Nikki Castleberry Ja-Mae Chambers Carole Crabtree Rhys Currie Pamela Davis Audrey Eckerle Amy Goldston Shasta Kessler Jessica Shewmaker Doris Smith Jennifer Tabor Andrea Zimmermann

Chandler Medical Center Enhancement Scholarship

Sherese Ann Bailey Ashley Lynn Coble Kimberly Nicole Wordlow Vickie Smith Brown Kirtricia Nicole Campbell Naketa Nichole Williams Jasmine Renee Sims

College of Nursing General Scholarship Fund

Brittany Jordan Marcum Raven Whitney Stone

Doris Hatchell Memorial Nursing Scholarship

Carla D. Collier Jasmine Renee Sims Timothy Shawn Yantz Naketa Nichole Williams

Harry and Marc Sample Scholarship

Katherine Ray Herkamp

Holliday-Milton Scholarship Linda Clements

Jane Badham Tudor Scholarship Katherine Ray Herkamp

Katherine Tenore Girone Memorial Scholarship Amanda Fallin

Marcia Boyd Donaldson Scholarship Timothy Shawn Yantz

Mary P. Winternitz Scholarship Lindsay Rost Pamela Riggs Peters Scholarship Kelly Brianna Smith

Major Troy T. Gibson and Lt. Colonel Sally G. Siebert Scholarship Khay Dougandara

Metropolitan Women's Club Scholarship Whitney Clay Mayer

Nancy B. Hynson Memorial Scholarship Kelly Brianna Smith

Pamela Kidd Memorial Foundation Scholarship Kurt Krouse

Peggy S. McClintock Scholarship Whitney Clay Mayer

Phyllis Antrim Briscoe Memorial Scholarship Katherine Ray Herkamp

Samaritan Gift Shop Volunteers Scholarship Kerri Anderson Clark Maria Willey Amy Howard Kerri Price Brandy Bowling Anne Hickman Shannon Sizemore

UK Chandler Medical Center Academic Excellence Scholarship

Kerry Lynn Druley Ashley Brooke Ohlmann Amanda Taylor Fallin Sara Elizabeth Douglas Natalie Seay Gossum

UK Chandler Medical Center Floyd Wright Fund

Amber Christine Hoehne Shea Brianne David Mary Frances Gentry Ashleigh Lynn White Sarah Wright Kyle Virgil Howard Khay Douangdara

Kurt Krouse, second from left, recipient of the first Pamela Kidd Memorial Scholarship, is joined by Dean Kirschling and Pam Kidd's daughter, Elizabeth Lee Kidd, Pam's brother and sister-in-law, Ron and Delores Stinson, at the 2007 Student Scholarship Showcase.



2007 Phonathon- Thank You for Answering the Call!

Your generosity set a new annual giving record in 2007 with 485 pledges resulting in \$25,052 pledged to benefit the College of Nursing. This represents a 14 percent increase in the number of donors who made gifts and a 20 percent increase in the total dollars pledged to the College over the previous year.

The College of Nursing depends upon this annual event to help meet the needs of the College. In addition to benefiting deserving students, financial support is an indicator of the value that alumni, faculty, staff and friends place on the College of Nursing, and it is one of the measures of the overall strength of the College and the University.

Your participation is as important as your gift. Every gift is valuable and greatly appreciated. Even modest gifts, when combined with those of other alumni and friends, make a difference for our students.

When a UK student calls in February, we hope you will support the UK College of Nursing by answering "yes."



New Scholarships and Endowed Professorship Announced

We are proud to announce that an endowed professorship, three new undergraduate scholarships and one new graduate scholarship were added to the College of Nursing in 2007.

Barbara Hobbie Memorial Fund

Established by her son, Roy L. Hobbie, Jr. – This scholarship provides support to students enrolled in the College of Nursing with an outstanding academic record and show evidence of financial need, with preference given to students from rural Kentucky or West Virginia.

Lindsey Marie Harp Memorial Scholarship

Established by her parents, Rich and Cheryl Harp – This scholarship will benefit undergraduate nursing students with preference given to juniors or seniors who are from Franklin County, Ky., Georgetown College or Kentucky.

E. Vernon Smith and Eloise C. Smith Nursing Scholarship Endowment

Established by gift from the estate of Dr. E. Vernon Smith – This merit-based scholarship provides support for undergraduate students with a preference given to students from Greenup, South Portsmouth, Raceland and Russell counties.

Sima Rinku Maiti Memorial Scholarship

Established by her family with contributions from friends and classmates – Sima Maiti aspired to be "a key agent in the driving force for advancement of nursing" and this scholarship will support graduate nursing students as they pursue similar dreams.

Professorship for the Study of Complementary Healthcare

Established by Mr. Howard A. and Mrs. Mickey L. Settle – This professorship provides support for the enhancement of health care education through the examination of existing research coupled with the generation of new ideas, concepts and research findings in the areas of complimentary health care.

A Scholarship in Your Name – Forever Remembered by Deserving Students

"Our goal is to help you realize yours," may be our new theme, but it's always been our promise. We continue to do everything we can to ensure our students have successful academic careers. One of those efforts involves working to garner additional scholarship funds for exceptional students or those with financial need who may otherwise not be able to continue their studies.

We challenge you – our friends and graduates – to dream of establishing a nursing scholarship in your own name or the name of a loved one. Imagine the satisfaction you will feel every year when you help a student succeed by reaching his or her dream of becoming a nurse.

Donors who make an annual gift of \$6,000 per year for five years can name an endowment scholarship while funding a College of Nursing student as early as the fall of 2008. At the end of five years, the endowment will be fully funded at \$25,000 which would generate an annual tuition stipend of \$1,000 in perpetuity.

Whether you would like to endow an undergraduate scholarship to benefit a deserving student or a graduate fellowship to help develop the next generation of nurse scientists, please call Laurel Martin, director of development for the College of Nursing, for more information. She can be reached at (859) 323-6635.

New Development and Alumni Director Joins College



The College welcomes Laurel Raimondo Martin, Ph.D., M.Ed., as the College's full-time director of development and alumni relations. Martin brings eight years of experience as an advancement professional, including serving as director of development in the UK College of Education and associate director of planning and development in the UK Center for Research on Violence Against Women. She also has served as assistant director of alumni relations at Eastern Kentucky University. She holds a Bachelor of Science degree in home economics from UK, a Master's of Education in student personnel administration from the University of Iowa, and a Ph.D. in leadership, organization, and policy from Vanderbilt University.

Life is filled with transitions, including in our work lives. Martin replaces Mrs. Terry Green, who retired from the University in October 2007 after five years of service, in order to spend more time with family and to travel. She and her husband are following their passion of visiting U.S. presidential libraries. She worked closely with Dean Carolyn Williams to build the College's philanthropic portfolio and to strengthen our relationship with alumni. She was instrumental in the College's 2007 inaugural Hall of Fame and in raising \$4.8 million as part of UK's recent campaign which exceeded \$1 billion. Former Dean Williams said, "With her vivacious personality, positive spirit, and genuine commitment to the goals of the College Terry made significant contributions to the vitality of our alumni association and our giving program. She was a wonderful partner in efforts to engage alumni, friends of the College and other constituencies in supporting the College. She will be missed."

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We have made every effort to include all donors who contributed during 2007. Some end-of-year gifts were still being processed at press time and will be listed in the next issue of Connections. Questions? Please contact Laurel Martin, director of alumni and development, at (859) 323-6635.



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For more information on how you can contribute to the future of University of Kentucky, please contact the Development Office.

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College of Nursing Doubles B.S.N. Enrollment

The College of Nursing successfully doubled the undergraduate student enrollment for the 2007-2008 academic year. This comes in response to last year's commitment to double enrollment in an effort to alleviate the increasing nursing shortage in Kentucky and across the nation. For 2007-2008, the College admitted 160 students into the undergraduate program compared to 80 last year. Half the students began in the fall with the other half entering the program in the spring semester.

To accommodate this dramatic increase in student enrollment, three new faculty members have been added with an expected five more over the next two years. The caliber of students will remain high, despite the change. For each of the past three admission cycles at least 120 qualified candidates were turned away.

The ambitious goals set by the College come in response to predicted shortages in nursing across the nation. In a report in the January/February 2007 issue of *Health Affairs*, Dr. David I. Auerbach and colleagues estimated that the U.S. shortage of registered nurses will increase to 340,000 by the year 2020. Though this is significantly less than earlier projections for a shortfall of 800,000 RNs made in 2000, the study authors note that the nursing shortage is still expected to increase by three times the current rate over the next 13 years.

"The simple fact is Kentucky's nursing shortage is a problem in nearly every Kentucky community," said UK President Lee T. Todd Jr. "And it is not just affecting the medical community. Our nursing shortage negatively impacts economic and social conditions across the Commonwealth. By doubling the number of slots available in our nursing program, we are showing that UK is devoted to eliminating that nursing shortage. It is another example of how UK, Kentucky's flagship university, is committed to solving Kentucky's most pressing problems."



Student Services' undergraduate advisors, I to r: Joanne Davis, Tony Grace and Stefany Simpson

Student Services Grows to Meet Demand

One result of doubling enrollment in the B.S.N. Program is the need to have more advisors in Student Services. Previously we had one undergraduate advisor, Joanne Davis, who has guided students along their academic journey since 1986. In August 2007, we welcomed Tony Grace and in December 2007, Stefney Simpson came on board.

Dean Kirschling says, "Our undergraduate student advisors are key to helping students navigate UK and their academic programs during their initial years at the University. I am very pleased with our recent hires and am confident that they are committed to working with students to achieve their goal to become professional nurses."

Student Wins Lyman T. Johnson Award

Domonique Brown, B.S.N. student, now a first semester junior, was presented with a University of Kentucky Lyman T. Johnson Alumni Torch Bearer Award in October 2007. Brown has a strong background in chemistry and has worked closely with Dr. Greg Gerhardt in the anatomy and neurobiology lab for the past two years. She has a strong research background and was paid a stipend during two summers to train as a researcher in the University's Bucks for Brains program. She is president of Zeta Phi Beta, a service and academically oriented sorority, in which she has been a major contributor to projects such as fundraising for the March of Dimes.

An annual banquet and awards ceremony is held in honor of Lyman T. Johnson, one of the most prominent and highly respected educators in Kentucky's history. A highlight in his life of service was his pioneering effort to open the University of Kentucky Graduate School to African Americans. In 1949, through his tenacious personal struggle and sacrifice, he won a legal battle, which resulted in the desegregation of the graduate school. This landmark legal victory ultimately resulted in the opening of schools of higher education to all students, regardless of race or ethnicity.

Second Degree Students Transition From Intensive Study to Intensive Care

Thirty minutes after his shift began, Daniel O'Barr's patient died. In a critical care unit, death is no stranger; however, it was the first thirty minutes of his nursing career. "I'm glad it happened; not that the patient died, of course, but that I had this experience early," O'Barr said.

The spring 2005 issue of our newsletter spotlighted Daniel O'Barr and a classmate, Lisa Whaley, midway through their program in the first class of students in the College of Nursing's Second Degree Option, which began in the summer of 2004.

Fast forward three years and O'Barr is working in the Surgical ICU at UK Chandler Hospital, while Lisa Whaley is working in the Neuroscience ICU at Emory University Hospital. Both O'Barr and Whaley graduated in May 2006 with a bachelor's degree in nursing. (O'Barr knew he wanted a career in health care, but did not want to be a doctor. His first degree was in veterinary science. The Second Degree Option at UK's College of Nursing was a perfect fit. Whaley's first baccalaureate is in biology.)

The majority of O'Barr's workday involves caring for transplant patients. The intensity of working with critical patients is exciting and O'Barr believes he makes a difference in patients' lives as he helps to bring them from a critical to a more stable condition so they can be moved to a regular nursing unit.



There was a transition to be made from being a student to becoming a registered nurse. "I am more cautious. As a student I knew if I messed up, a preceptor or supervisor was ultimately responsible. Now I know that I am responsible for my decisions. If I am uncomfortable about doing what I am asked to do, I refer the situation to a more experienced nurse," O'Barr explains. "A good nurse is a responsible, mature person who owns up to mistakes. A good nurse is willing to help in all aspects of nursing, from bed pans to IVs. They watch out for other nurses. They see when other nurses need help."

Lisa Whaley laughs as she admits that time management is her biggest challenge in the transition from student to professional. Whaley works four 12 ½ hour shifts each week in the Neuroscience ICU at Emory University Hospital. Her interest in neurology developed while she was doing a preceptorship in the Second Degree Option.

Whaley cares for patients with brain tumors and subarachnoid hemorrhages (bleeding in the head). Whaley says she grows close to patients and their families because the patients tend to be on the unit a minimum of two to three weeks.

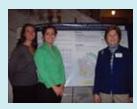
Although Whaley has been on the job only 18 months she is already considered a Level 2 nurse and has precepted entry-level nurses on the unit.

Eighteen months after graduation, two graduates of the first class in Second Degree Option are working and thriving in their new careers. Are two degrees enough? For these nurses, the answer is "no." O'Barr plans to pursue a master's degree as an advanced practice nurse practitioner (ARNP) or as a certified registered nurse anesthetist (CRNA). Whaley has applied to the nursing master's program for fall 2008 at Emory.



Second Degree graduates are keeping their dreams going. Daniel O'Barr plans to continue on to become either an ACNP or CRNA. Lisa Whaley is also pursuing a master's in nursing.

Research Interns Present at Frankfort



Undergraduate research interns Jenny Baumgardner and Ashleigh Ohlmann recently presented at Posters at the Capitol. Baumgardner, then a junior B.S.N. student, and Ohlmann, then a senior B.S.N. student, presented their poster, "Factors Related to Asthma

Quality of Life for U.S. and Icelandic Adolescents."

Posters at the Capitol celebrates and showcases the research, scholarly, and creative experiences of undergraduate students at Kentucky's eight public universities. Students present projects to state legislators and show them the importance of faculty mentorship.

Patricia Burkhart, R.N., Ph.D., director of the undergraduate program and associate professor, is mentor for Baumgardner and Ohlmann.

Interested in Becoming a Research Intern, or How About...

We offer several opportunities for enriching and interesting undergraduate student involvement:

Research internships Nurse Scholars Program Nurse Ambassador Program Specialty Interest Groups (cardiovascular, diabetes and oncology) UNAAC (Undergraduate Nursing Activities and Advisory Council)

More information is online at:

www.mc.uky.edu/nursing/academic/BSNopps.

Crossing the Bridge From Student to Professional

The Post-Baccalaureate Nurse Residency Program began in 2002 as a pilot project with five other University Healthcare Consortium and baccalaureate nursing program dyads to facilitate the transition of the new graduate from student to nurse. Faculty, hospital staff development nurses, and advanced practice nurses serve as mentors and facilitators. The positive outcomes related to the program at UK Chandler Hospital have been well documented using standardized survey tools. Nurses who have completed the program and also those currently in the program have been asked to reflect on their transition from school to practice. All say they were well-prepared by their basic nursing education, but they also felt strongly that the residency program has been very valuable in supporting them as they move from "managing to get through their shift" to being skilled and experienced sufficiently "to manage their patients effectively."

They confess the first year in practice is overwhelming but at the same time exciting. The new nurses say they are finally able to put their knowledge and skills to use. Though continuing to grow and learn, now they are getting paid to learn.

All recommend having self confidence, being patient with themselves and others, celebrating achievements and being comfortable in asking many questions because no one is perfect and no one knows everything.

Building relationships and identifying resources are invaluable and facilitated by the program. Most of the new nurses said they were cautioned in school that the work environment would be very different than the academic environment. They might encounter experienced nurses with little interest in being helpful and available. However, they said most of the experienced nurses were actually eager to help, support and assist them in growing personally and professionally.

One nurse summarized the invaluable lessons of the first year of practice and the residency program: learning how to work as a team, how to ask for help or offer help, delegate, communicate effectively, work with medical equipment, and bathe patients with a gentle touch.

The nurses learned how to use a calm and soothing tone of voice, how to assess an entire situation and not just the patient, how to make a good pot of coffee for patients and families, how to get up early and stay later then scheduled when necessary, how to eat a meal in five minutes while talking and walking, how to introduce her/himself, explain medication and procedures, how to laugh and how to cry.

Other important experiences included learning what loneliness looks like and what to offer to counteract it, how big families can get, what hopelessness and despair look like on a patient's and family's face and what hope, faith, acceptance look like. The new nurse had learned comfort measures to use during a patient's last days, and how to care for the body and the family after death – and how to savor the quiet times. This nurse is still a growing professional and acknowledged that, "The most important thing I learned in my first year is I'm still learning and will continue to learn and grow."



White Coat Ceremony Honors Transition Into Last Phase of B.S.N. Study

Each semester the College of Nursing Alumni Association gathers with second-semester seniors to give the students their white coats, signifying the move from classroom work and clinicals into the synthesis course – 122 hours of clinical practice, over an approximate seven-week period, under the mentorship of an experienced nurse. The College's alumni association began hosting a lunch and white coat ceremony starting with the May 2006 class.





Top: May 2007 B.S.N. class Bottom: December 2007 B.S.N. class

Growing Nurse Researchers on the Fast Track

This fall the College of Nursing admitted the first cohort of students into the new B.S.N.-Ph.D. Option. The option was initiated in response to the need identified by the National Research Council to promote earlier entry of nurses into research careers.

The average age of nurses obtaining a Ph.D. is currently between 45-49. This is considerably older than in other biomedical/health fields whose graduates are, on average, only 30 years old. Subsequently, nurses have research careers that are as much as 20 years shorter than related fields.

The B.S.N. to Ph.D. Option was developed by combining courses in the master's and Ph.D. programs that meet the requirements for both degrees. Graduates earn both a master's and a Ph.D. degree after three years of course work and completing a dissertation.

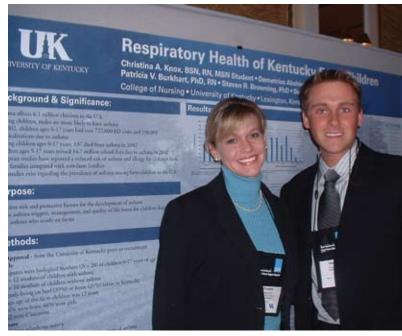
This shortens the time from baccalaureate to Ph.D. by one year compared to the traditional method of earning a master's degree and then enrolling in a Ph.D. program. This is particularly attractive to students enrolled in baccalaureate programs because it allows them to move directly into the Ph.D. program after graduation. Some prospective students have expressed concern about not having enough clinical experience. However, the program provides students with a minimum of 500 additional hours of clinical experience at an advanced practice level.

We expect the program to increase the number of nurses beginning their research careers at a young age. This will allow them to have long and productive research careers that make significant contributions to the science that guides nursing practice.

Demetrius Abshire, a May 2006 graduate of the B.S.N. Program, was one of the first three students to be enrolled in the new B.S.N.-Ph.D.

Option, in the fall of 2007. He says, "The B.S.N.-Ph.D. program has certainly exceeded my initial expectations. Although I have just started the program, I feel like I have already learned an enormous amount of information and skills that will prepare me to be a successful nurse researcher. Working with so many well-established, enthusiastic nurse researchers has truly been a source of inspiration as I work toward achieving my degree. I couldn't be happier with the decision that I have made."

Are you interested in finding out more about this innovative opportunity? If so, please contact Terry Lennie, R.N., Ph.D., director of the Ph.D. Program, at (859) 323-6631 or tlennie@uky.edu.



Demetrius Abshire, right, was one of the first three students admitted into the B.S.N.-Ph.D. Option. During his senior year as an undergraduate research intern under Patricia Burkhart, director of the undergraduate program, Abshire and Christina Knox (then an M.S.N. student) had a poster presentation at the 2006 SNRS (Southern Nursing Research Society) convention.

College of Nursing Climbs in U.S.News & World Report Rankings



The College continues its upward climb in the rankings published by *U.S.News & World Report* in its 2008 edition of "America's Best Graduate Schools." Graduate nursing programs from across the country were ranked in 2007. Out of 354 surveyed programs, UK is now tied for 26th. Last ranked in 2003, the College was then ranked at 29th. UK's graduate nursing program is tied with those at Boston College, Emory University, New York University, the University of Alabama-Birmingham, and the University of Arizona. Seven of the programs ranked higher than UK are part of private institutions.

"The UK College of Nursing is extremely pleased with the recognition of our graduate program," said Jane Kirschling, dean of the College of Nursing. "Over the past decade, UK has grown in national prominence and we are pleased that we continue to improve our ranking and provide outstanding opportunities for graduate nursing education at UK."

In 1998 the UK College of Nursing broke into the top 50 graduate programs in the nation. Nursing programs are ranked by *U.S.News & World Report* every four years. With each ranking period, UK has steadily risen.

D.N.P. Program Evolving, Building New B.S.N.-D.N.P. Option

Currently, there are two options in the D.N.P. program: the Clinical Practice Track and the Executive Management Track. Courses in the program are Web-enhanced with monthly class meetings during the fall and spring semesters. Core courses include content related to leadership, program development and outcomes evaluation.

Other courses are track specific. For example, students in the Clinical Practice Track have courses in developing and implementing practice models, whereas students in the Executive Management Track have courses that focus on theoretical foundations and dynamics of nursing and health care systems. All students are required to participate in a clinical residency in the final two semesters of study. During residency, students complete a capstone project that fits their area of interest within their particular track option. Currently the D.N.P. Program requires three academic years of study.

However, changes are taking place in both the D.N.P. and master's programs in order to meet the recommendation of the American Association of Colleges of Nursing for schools of nursing who offer advanced nursing practice degrees to offer the Doctorate of Nursing Practice degree by 2015. To accomplish this, faculty members are engaged in intensive curriculum development involving scrutiny of all courses in both the M.S.N. and D.N.P. programs. Plans for offering the revised program are pending final approval of a B.S.N.-D.N.P. curriculum. Tentative plans include having a two-year, post-M.S.N. option in the fall 2008 and the B.S.N.-D.N.P Option in 2009. More information about these changes will be announced soon.

Recent Ph.D. Program Graduates and Their Dissertation Titles

Lynne Jensen, Ph.D., May 2007

Cognitive and Psychological Factors that Influence Outcomes in Coronary Heart Disease Patients

Susan Adams, Ph.D., May 2007

Retention of Previously Incarcerated Women in a Community-Based Residential Substance Abuse Treatment Program

Kristin Ashford, Ph.D., August 2007

Secondhand Smoke Exposure During and After Pregnancy

Karen Heaton, Ph.D., August 2007 Feedback Actigraphy and Sleep in Long-Haul Truck Drivers

Jai-Rong Wu, Ph.D., August 2007 Medication Adherence in Patients with Heart Failure

Regina Lowry, Ph.D., December 2007 A Litany of Losses: The Lived Experience of Hospitalization for Elders with a Cancer Diagnosis

Recent D.N.P. Program Graduates and Their Capstone Project Titles

Patricia Hughes, D.N.P., August 2007 An Evidence Based Ovarian Cancer Education Toolkit: A Pilot Study

Sheila Stephens, D.N.P., August 2007 The Effectiveness of a Palliative Care Program for Individuals with Advanced Disease: A Pilot Study

Congratulations!

Our Ph.D. Program has grown to 70 students and our D.N.P. Program has 30 students. We are so proud of our graduates as well as our current students for their hard work toward leadership in nursing research, clinical leadership and executive management.

When It's the Patient Grading the Student

Clinical evaluation can be anxiety-provoking for undergraduate or graduate nursing students. What they don't always realize is that clinical evaluation also can be anxiety-provoking for faculty.

In a perfect world, faculty would be able to evaluate each student in the same clinical situation. Using standardized patients gives faculty that opportunity. A standardized patient is an individual (i.e., actor) trained by faculty to act as patient with a particular health problem.

In 2000, Associate Professor Sharon Lock and Assistant Professor Lynne Jensen, faculty in the primary care nurse practitioner master's track, collaborated with faculty in the other health sciences colleges on a grant funded by the Fund for the Improvement of Post-Secondary Education (FIPSE) to develop standardized patient cases for women's health. These types of cases, known as Objective Structured Clinical Exams (OSCEs), have been used to evaluate medical students and residents for many years. During the OSCE, students interview the standardized patient to obtain a history and then perform a physical exam. The standardized patient uses a faculty-developed checklist to grade the student.

Recently, nurse practitioner programs have been using OSCEs in an attempt to create a more objective evaluation. The faculty who collaborated on the FIPSE project developed standardized patient cases related to health problems such as migraine headaches and osteoporosis.

The project was so successful that faculty began to use the OSCEs as part of the evaluation for primary care nurse practitioner (PCNP) students. In addition to faculty observing students in the clinical setting, PCNP students are also evaluated with OSCEs twice a semester.

Even though students think the process is anxietyprovoking, they say it is a good learning experience. Faculty members also have begun to use a modification of the OSCE, the Standardized Clinical Instructional Module (SCIM) in the Advanced Health Assessment Course. SCIMs are similar to the OSCEs, except they are used for teaching rather than evaluation.



Moving Along With Technology - Video Validation

NUR 514, the first of two master's-level advanced health assessment courses, implemented video validation during the fall 2007 semester as a means to evaluate competency of basic physical examination skills.

At the beginning of the course, faculty demonstrate each component of the physical exam, provide practice time and access to teaching videos for the students via Blackboard online.

After students view faculty demonstrations in class, review online teaching materials, and practice the skills both in and outside of class, each student is required to videotape themselves performing an integrated "head-to-toe" physical examination on a client utilizing the video validation laboratory in the Clinical Simulation Facility in the College of Nursing. They are allowed three attempts to create an acceptable video. After each attempt, the students are encouraged to carefully self-evaluate themselves according to strict competency criteria. Once they determine that their performance validates their competency in performing physical examination skills, they submit the video to the faculty for a grade.



Student access to the video validation lab coincides with the building's Audio-Visual Library hours of operation, which enables a check in-check out process in the library to obtain keys to the video validation rooms, CDs and equipment. Students submit their completed videos to the library desk.

It is important for faculty to demonstrate skills and for students to have access to quality teaching materials accessible via the Internet so that the students can prepare, practice, and successfully demonstrate competency of foundational skills.

The remainder of the course focuses on more complex advanced health assessment and utilizes standardized patient simulation scenarios for teaching and evaluation. Overall, students using video validation during the system's rollout in the fall were complimentary of the process as a method of self-mastery of skills.

Several undergraduate classes also use this technology to practice and master psychomotor skills.

Faculty have moved from having to be present while students demonstrated skills to being able to take a CD to their office or home computer, or to the video validation lab to view at their convenience.

Assistant Professor Melanie Hardin-Pierce and Instructor Mary Jayne Miller, along with vital support from the College's IT staff, were instrumental in bringing the technology needed into a streamlined and effective process that benefits both students and faculty.

Left: Domonique Brown, junior B.S.N. student, loads a CD preparing to record her skills practice in an adjacent exam room in the lab. Bottom: Mary Jayne Miller shows other faculty how the process is working during its second semester.



Hahn Receives Largest NIH Grant in College's History



Under the leadership of Ellen Hahn, alumni professor and principal investigator, an interdisciplinary team of researchers received a \$3.1 million, five-year grant from the National Heart, Lung, and Blood Institute, National Institutes of Health, for the study, "An Intervention for Promoting Smoke-free Policy in Rural Kentucky."

The purpose of this study is to test the effects of a community intervention on smoke-free policy outcomes in rural underserved communities. The intervention combines assessment of community readiness with tailored, evidence-based dissemination and implementation strategies.

The overall goal of the study is to accelerate the "diffusion-of-innovations curve" in rural communities through tailored, evidence-based dissemination and implementation efforts. The long-term goal is to develop a best practices framework for disseminating scientific knowledge about the effects of secondhand smoke and smoke-free laws and implementing effective community policy change and maintenance strategies in rural underserved communities.

Co-investigators on the project include Associate Professor Mary Kay Rayens and Associate Professor Carol Riker (Nursing), Dr. Kiyoung Lee (Public Health), Dr. Baretta Casey (Medicine), and Ph.D. graduate Nancy York (University of Nevada - Las Vegas).

NIH Funds Center to Promote Study of Cardiopulmonary Disease

The National Institutes of Health (NIH) has awarded the College \$1,285,376 to establish an exploratory research center. The Center for Biobehavioral Research in Self-Management of Cardiopulmonary Disease is funded for five years and will mentor faculty as they develop expertise in biobehavioral cardiovascular research. The Center will fund three pilot studies initially.

The center's director, Debra K. Moser, professor and Linda C. Gill Endowed Chair in Nursing, said the center is comprised of a diverse group of UK health professionals with an established reputation of research and mentoring.

"The goal of the study is to mentor faculty to develop the expertise to do biobehavioral research in cardiovascular disease," Moser said. "We want to provide faculty with the knowledge, skills, resources and confidence to undertake research that will promote patient self-management of cardiac and pulmonary diseases. Most importantly, we will provide faculty with the foundation to sustain quality programs of research. In doing so, we will have a group of scientists who will be doing vital work that will improve patient outcomes."

Virtually all cardiovascular and most pulmonary diseases are chronic in nature and require complex and life-long self-management. Current statistics elaborating the impact of chronic cardiovascular and pulmonary conditions illustrate the importance of targeting self-management research specifically to cardiovascular and pulmonary diseases. Chronic cardiac or pulmonary diseases comprise three of the top four causes of death: heart disease, cancers, stroke and chronic lower respiratory diseases. At least one in three Americans lives with chronic cardiovascular disease; this percentage increases with age, and ultimately, one in two dies of cardiovascular disease, usually after living years with the challenge of engaging in self-management of the chronic condition.



Advocates of Smoke-Free Air Honored

The Kentucky Center for Smoke-free Policy (KCSP) at the University of Kentucky recently awarded Morehead with the Smoke-Free Indoor Air Excellence Award for passing a 100 percent comprehensive smoke-free public places ordinance. Comprehensive smoke-free laws protect smokers and non-smokers from secondhand smoke. The law gives Morehead residents the right to breathe clean air in all indoor public places, including workplaces, restaurants and bars.

Secondhand smoke is a toxic air contaminant and is the third leading cause of preventable death in the United States. Secondhand smoke affects nearly every organ of the body, causing heart disease, lung and other cancers, breathing disorders such as asthma and sudden infant death syndrome (SIDS). Most Kentuckians do not smoke, but at least 76 percent are regularly exposed to secondhand smoke in public places.

"Scientific evidence has linked secondhand smoke to heart disease and lung disease. As a physician and a citizen, I am proud of the wisdom and foresight the council showed in passing this ordinance" Dr. Anthony Weaver, director of Hospitalist Service, St. Claire Regional Medical Center, said. Smoke-free laws have an almost immediate improvement in breathing symptoms. Fayette County was the first to implement a smoke-free law in 2004 and Lexington's hospitality workers showed a dramatic 56 percent decline in hair nicotine levels in just three months after the smoke-free law took effect. The majority of workers and the public like smoke-free laws. There is no scientific evidence that smoke-free laws harm business. (See related article on page 36.)

Currently, only 24 percent of Kentuckians are covered by comprehensive smoke-free laws. Some schools and some workplaces have voluntarily adopted policies to reduce exposure to secondhand smoke. Less than half (46.6 percent) of Kentucky public and private middle and high schools prohibit smoking everywhere on their campuses. Similarly, 49 percent of Kentucky manufacturing facilities voluntarily prohibit indoor smoking.

For more information on how to pass a comprehensive smoke-free ordinance in your community, contact the Kentucky Center for Smoke-free Policy at (859) 323-1730 or by e-mail at kcsp00@lsv.uky.edu.

College Well-Represented at 2007 SNRS Conference

Faculty and students from the College of Nursing had 12 oral presentations and 22 posters at the Southern Nursing Research Society conference in February 2007 in Galveston, Texas. Forty-seven people affiliated with the College – 15 faculty, one postdoc, 19 Ph.D. students, two Ph.D. graduates, five undergraduates, and five other research staff – and 20 outside collaborators were represented as co-authors on the presentations. This was the largest group from the College to ever attend SNRS. The College also hosted a reception to introduce Dean Jane Kirschling to SNRS members.

> SNRS presenters included, I to r: Seongkum Heo (post-doctoral fellow), Jia-Rong Wu (Ph.D. candidate), Tsuey-Yuan Huang (Ph.D. candidate and visiting scholar) and Hanan Al-Modallal (Ph.D. student)



Students and Chandler Nurses Showcase Scholarship

It's now tradition that every spring, College of Nursing students take their classroom, clinical and research experiences and present them in the form of scholarly works. In its third year, the annual Student Scholarship Showcase provides both undergraduate and graduate students the opportunity to give oral or poster presentations on topics they have concentrated on as part of their course requirements.

Some of the students presented their work in the form of brief podium presentations on topics such as the influence of community on infant feeding practices, substance abuse among registered nurses and gang violence and the self-concept of adolescent victims. Poster presentation topics included the respiratory health of Kentucky farm children, the effects of working with livestock on farm women, factors related to nonadherence of a low sodium diet in heart failure patients, and the role of the acute care nurse practitioner in Lexington, to name only a few.

"UK College of Nursing students have taken on a wide variety of relevant, engaging research topics this year," said Carolyn Williams, former dean of the College. "The Student Scholarship Showcase provides the opportunity for nursing undergraduate and graduate students and nursing faculty to learn from each other in an exciting environment of shared knowledge."

In 2007, for the first time, the College of Nursing invited poster presentations of clinical or scholarly work in progress or completed by nurses from UK Chandler Hospital.

Assistant Professor Mary DeLetter, chair of the event, said, "The scholarship showcase is a day when we give recognition to the exceptional work of our students. Even before graduation, they are improving the health of Kentuckians, Americans and people worldwide.

The 2007 showcase winners (in bold type) were:

Best Undergraduate Student Poster Presentation

Factors Related to Asthma Quality of Life for U.S. and Icelandic Adolescents: **Jennifer Baumgardner, Ashleigh Ohlmann**, Patricia Burkhart, and Erla Svavarsdottir.

Best Master's Student Podium Presentation

Effects of Caregiver-Focused Community-Based Interventions on Persons with Alzheimer's Disease: **Pamela Davis**.

Best Master's Student Poster Presentation

Getting the Runaway Train Back on Track: When Bipolar Disorder and Substance Abuse Occur Together: **Maurine Hume, Ginny Taylor**, Topsy Staten, and Patricia B. Howard.

Top: Dean Kirschling and Linda Clements Right: Maurine Hume and Ginny Taylor

Best Doctoral Student Podium Presentation

The Effect of Depression and Anxiety on Medication Adherence in Patients with Heart Failure: **Jia-Rong "Angela" Wu**.

Best Doctoral Student Poster Presentation

Comparison of Health-Related Quality of Life between Patients with Heart Failure in the U.S. and Taiwan: **Tsuey-Yuan Huang** and Debra Moser.

Best UK Chandler Hospital Poster Presentation

Effects of Head-of-Bed Positioning and Length of Bed Rest in Post-Cardiac Catheterization Manual Compression Patients on Patient Discomfort (Back Pain) and Vascular Complications: **Linda Clements**.

Also, the first recipient of the Pamela Kidd Scholarship was announced – **Kurt Krouse**, a staff nurse with UK Chandler Hospital's Surgical ICU. We were honored to have as guests members of Pam Kidd's family (picture on page 20).

The event could not have happened without the work of the Student Scholarship Showcase Committee: Assistant Professor Diane Chlebowy, Lecturer Fran Hardin-Fanning, Professor Ann Peden, Lecturer/Clinical Instructor Jessica Wilson, Ph.D. student Lori Mutiso, M.S.N. student Maurine Hume, and B.S.N. student Lauren Cole. Appreciation also goes to Dean Jane Kirschling for her support of this event and recognition.

The fourth showcase, also be open to undergraduate and graduate students and Chandler Hospital nurses, will be held Fri., March 28, 2008.





Selected Grant News

Promoting Agricultural Safety for Children

Associate Professor **Deborah Reed** was the recipient of a three-year, \$1.07 million grant from the National Institute from Occupational Safety and Health for the study, "Refinement and Enhancement of Agricultural Safety Curricula for Children (REACCH)." Recent studies demonstrated a positive, but modest, impact of farm safety day camps on the safety attitudes and behaviors of participants and their families. In this project, Reed will design and test the immediate and long-term effects of enhanced curriculum materials and delivery methods on children's and their parents' farm safety knowledge, attitude, and behaviors. Her co-investigator is Dr. Nancye McCrary of the University of Alabama.

HIV Testing Factors Among Rural/Small City Black Men

Associate Professor **Emma J. Brown** received a four-year, \$1.02 million grant to examine, "HIV Testing Factors Among Rural/Small City Black Men." The purposes of this study are to: identify barriers and facilitators associated with HIV testing and disclosure of HIV+ test results in black males ages18-64 who self-identify as heterosexual; determine whether these differ by relationship type (wife, regular outside female sexual partner, casual female sexual partner, male sexual partner); and determine if providing HIV testing options will increase acceptability of HIV testing. The long-term objective is to develop an intervention to promote HIV testing and disclosure of HIV positive status to sexual partners that is cultural, gender, and region specific for rural/small city African-American males who selfidentify as heterosexual. Associate Professor **Mary Kay Rayens** is a co-investigator; Richard Crosby (College of Public Health) will serve as a project mentor.

Ashford Selected as BIRCWH Scholar

Kristin Ashford, assistant professor and a 2007 graduate of our Ph.D. Program, was the first faculty member from the College of Nursing to be selected as a scholar in the College of Medicine's Building Interdisciplinary Research Careers in Women's Health (BIRCWH). Funded by the National Institutes of Health Office of Research on Women's Health, the program provides career development and mentoring opportunities for faculty members to establish independent research related to Women's Health. BIRCWH scholars complete a didactic curriculum that leads to a certificate in clinical investigation and participate in seminars, retreats, and a mentored research project. Ashford will investigate potential differences in microbial and inflammatory markers associated with preterm birth in three groups of women using cervico-vaginal fluid (CVF) and serum. Further examination of cytokines and microbes in CVF during each trimester may assist in identifying specific biomarkers responsible for activation of preterm labor. The secondary aim is to determine the association between smoking during pregnancy and the microbial and inflammatory markers associated with preterm labor using serum and CVF.

Other Funding

Kristin Ashford's (Ph.D. 2007) dissertation, "Secondhand Smoke Exposure During and After Pregnancy," was funded by a \$20,000 grant from the General Clinical Research Center.

Ellen Hahn, alumni professor, received funding for the Kentucky Center for Smoke-Free Policy from the Foundation for a Healthy Kentucky (\$50,000 per year for five years) and from the Humana Foundation (\$25,000 for one year).

Jessica Wilson, lecturer and Ph.D. candidate, was awarded \$25,000 from the Southeast Center for Agricultural Health & Injury Prevention for her dissertation, "Characteristics of All-Terrain Vehicles and their Operators on Kentucky Farms."

Louanne Hart (D.N.P. student), received \$5,000 from Ligand Pharmaceuticals and Alpharma Pharmaceuticals for her study, "An Evaluation of Healthcare Interventions for Chronic Pain."

Selected Books and Chapters

Books

Moser, D.K., & Riegel, B. (2007). *Cardiac nursing: A companion to Braunwald's Cardiac Disease*. Elsevier: Philadelphia.

Chapters

Abu Ruz, M. E., & Lennie, T. A. (2007). Inflammation. In Riegal, B. & D. K. Moser (Eds). *Cardiac nursing: A companion to Braunwald's Heart Disease*, pp. 118-130. St. Louis: Saunders.

Frazier, S.K. (2007). Hemodynamic monitoring. In Moser, D.K., & Riegel, B. (Eds.). *Cardiac nursing: A companion to Braunwald's heart disease*. St. Louis: Elsevier.

Frazier, S.K. (2007). Pulmonary circulation. In **Moser, D.K.**, & Riegel, B. (Eds.). *Cardiac nursing: A companion to Braunwald's heart disease*. St. Louis: Elsevier.

Frazier, S. K., Lennie, T. A., Jensen, L. & Moser, D. K. (in press). Cardiac care: Acute. In Ackley, B., Gadwig, G., Swan, B. A., & Tucker, S. (Eds.) *A clinical guide to evidence-based practice in nursing*. St. Louis: Mosby.

Kirschling, J.M. (in press). Faculty roles and expectations. In B.K. Penn (Ed). *Mastering the Teaching Role: A Guide for the Nurse Educator*. Philadelphia: F.A. Davis.

Lennie, T. A., Chung, M. L., Corley, D. J., & Moser, D. K. (in press). Cardiac rehabilitation. In Ackley, B., Gadwig, G., Swan, B. A., & Tucker, S. (Eds.) *A clinical guide to evidence-based practice in nursing*. St. Louis: Mosby.

Lennie, T. A. (2007). Nutrition. In Riegal, B. & D. K. Moser (Eds). *Cardiac nursing: A companion to Braunwald's Heart Disease*, pp. 153-170. St. Louis: Saunders.

Riegel, B. & **Moser, D. K.** (2007). Care of patients with chronic heart failure. In **Moser, D. K.** & Riegel, B. (Eds). **Cardiac nursing:**

A companion to Braunwald's heart disease. St. Louis: Saunders Elsevier.

Moser, D. K. & Riegel, B. (2007). Care of patients with acute coronary syndrome: ST-segment elevation myocardial infarction. In **Moser, D. K.** & Riegel, B. (Eds). *Cardiac nursing: A companion to Braunwald's heart disease.* St. Louis: Saunders Elsevier.

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Student Spotlight

Rebecca Dekker, Ph.D. student, presented a paper, "the Impact of Depressive Symptoms on Survival in Patients with Heart Failure Is Altered by Body Mass Index," at the American Heart Association Scientific Sessions in Orlando in November 2007. Debra Moser, Misook Chung, Seongkum Heo and Terry Lennie are coauthors.

Nancy Kloha, D.N.P. student in the Clinical Leadership Track, has passed the National Certification test for School Nurses. She also is a graduate clinical instructor with the College.

Connie Lamb, Ph.D. student, had a paper accepted from her dissertation research: Lamb, C., & Peden, A.R. (In press). Understanding the experience of spinal muscular atrophy: A qualitative description. Journal of Neuroscience Nursing.

Jan Odom-Forren, Ph.D. candidate, received an award for best published paper of the year from the American Society of PeriAnesthesia Nurses in April 2007 for her article titled, "Evidencebased interventions for post-discharge nausea and vomiting: A review of the literature." She also was awarded a \$20,000 grant from the University of California, San Francisco, for her study titled, "Development of a Predictive Model for Post-Discharge Nausea and Vomiting (PDNV)."

Jia-Rong (Angela) Wu, postdoctoral fellow, was a finalist for the Martha Hill New Investigator Award at the American Heart Association Scientific Sessions. Her paper, "Objectively Measured, but Not Self-Reported, Medication Adherence Independently Predicts Event-Free Survival in Patients with Heart Failure," has been accepted for publication in the Journal of Cardiac Failure. Debra Moser, Misook Chung and Terry Lennie are coauthors. Wu also received the Phillips Medical American Association of Critical Care Nurses Research Award (\$10,000) for her study, "An Intervention to Enhance Medication Adherence in Patients with Heart Failure."

New Faculty Successfully Weave Together Teaching and Practice



Elizabeth Gressle Tovar, Ph.D., R.N., F.N.P.-C., received her baccalaureate degrees in nursing and psychology from the University of North Carolina at Wilmington in 1998. In 2003, she received her master's degree and preparation as a family nurse practitioner (E.N.P.) and, in 2007, her Ph.D. in nursing from the University of Texas Medical Branch at Galveston. Tovar is now an assistant professor at UK where she teaches in the graduate E.N.P. Track. As a certified F.N.P., she practices in the UK Department of Family and Community Medicine.

Previously, Tovar taught in the undergraduate nursing program at the University of Texas Medical Branch at

Galveston. Her teaching experience includes community, adult health, and pathophysiology undergraduate nursing courses as well as an interdisciplinary Spirituality in Healthcare course. She also served as a clinical instructor for undergraduate students in medical-surgical and community nursing. She has practiced in critical care, emergency, medical-surgical, and advanced practice nursing.

At UK, Tovar serves as clinical faculty for family nurse practitioner students, is the course coordinator for the Primary Care Advanced Practice Nursing Seminar I and will be a preceptor for F.N.P. students in her clinical practice.

With the Department of Family and Community Medicine, Tovar cares for patients with a acute and chronic conditions and works with the family medicine residency program to incorporate the Chronic Care Model into the curriculum and clinical practice. She is a co-facilitator for the department's diabetic group visits and focuses on improving self-management behaviors of her patients.

Her research interests include the influence of psychosocial factors on self-management behaviors with a particular focus on diabetes and diabetic cardiovascular disease. She aims to evaluate how incorporating components of the Chronic Care Model into the care of diabetic patients affects outcomes and how this impacts providers' perceptions and practice in the Department of Family and Community Medicine.



Kathy Wheeler, Ph.D., C.F.N.P., M.S.N., is an assistant professor in the F.N.P. Track in the master's program. She is a UK B.S.N. and M.S.N. graduate of the F.N.P. Track. In 2006 she completed her Ph.D. in Education from Capella University in Minneapolis. Her dissertation was on the use of formative assessment and collaborative learning in distance education.

Wheeler has seven years' experience in graduate nursing education and 26 years as a practicing F.N.P. She was a

regional clinical coordinator at the Frontier School of Midwifery and Family Nursing in Hyden, Ky., where she taught Professional Role, Health Care Finance, Health Policy, Management of Chronic Disease, Advanced Diagnostics, Emergency Care and Psychosocial Management. She has guest lectured at several Kentucky universities on similar subjects, has taught over 200 continuing education workshops and several nurse practitioner review courses.

Kathy currently practices at Kentucky Clinic North, a federally qualified health care facility, serving inner-city, underserved clients. Previously, she maintained a family practice with the Lexington Clinic. She specializes in preventive care as well as the care of women and those with chronic diseases such as diabetes, hyperlipidemia and hypertension. Throughout her career, Kathy has served as preceptor for multiple nurse practitioner students from several schools.

Kathy's experience also includes administration and management as executive director of the Kentucky Coalition of Nurse Practitioners and Nurse Midwives. She led efforts in guiding legislative advances for advanced practice nurses in Kentucky pertaining to the authority to prescribe legend drugs and the authority to dispense sample drugs.

She has been active in multiple national, state and local organizations. She is a peer reviewer for the *Journal of the American Academy of Nurse Practitioners* and has been a reviewer for poster and research presentations for the American Academy of Nurse Practitioners. She has presented posters at the annual meetings of the National Organization of Nurse Practitioner Faculties and the American Academy of Nurse Practitioners.

Here in the U.S. she has done education research; outside of the country she has done research on access to health care. This coming summer, at the annual meeting of the American Academy of Nurse Practitioners she will present research done on Peruvian barrio women in February 2007.

In 1999, she received the Clinical Excellence Award from the University of Kentucky College of Nursing Alumni Association and, in 1996, the State Award for Excellence in Kentucky from the American Academy of Nurse Practitioners.

Nurses Stepin' Out in Style!

We kicked off the summer with our fourth annual Nurses Step Out event and brunch at Spindletop Hall in June. The event included a fashion show sponsored by Talbots. There were vendors present and all attendees received a small gift from the College of Nursing Alumni Association. You may recognize the names of some of our models: Karen Hill (Central Baptist Hospital), Karen Stefaniak, Chris Mays (Saint Joseph Hospital), and Dean Kirschling, just to name a few.

It was such fun and a huge success that we have already reserved Spindletop for the fifth Nurses Step Out event scheduled for June 7, 2008. If you have not had the opportunity to attend this event, please place it on your calendars. This is a good time to celebrate nursing relationships and to invite friends to attend. We are looking for models and vendors for this year. If you are interested, please contact contact Kim Horne at (859) 619-0377 or by e-mail at khorne@bhsi.com for details.











Top row (I to r): Lynne Jensen (College of Nursing), Kim Horne (Central Baptist Hospital and outgoing alumni association president), Karen Stefaniak and Christi Ford (Central Baptist Hospital) Bottom row (I to r): Jennifer Hatcher (College of Nursing) and Katie Hall (senior B.S.N. student)

Hold June 7, 2008 on your calendar for the next Nurses Step Out! Invitations will be mailed to alumni living in central Kentucky. If you're further away but will be in town please join us. Contact Kim Horne for tickets.

Nothing Like a Reunion to Reconnect

In October 2007, the College of Nursing Alumni Association held its annual homecoming festivities at Spindletop Hall. Many alumni returned to reconnect with former classmates and enjoyed a brunch followed by a day of racing at Keeneland.

Alumni were honored for their outstanding contributions to nursing and the difference they are making in patients' and students' lives, including Ellee Humphrey as the winner of the First Decade Award and Deborah Howell as the 2007 Administration Award recipient. Outgoing alumni association President Kim Horne was recognized for her service and enthusiasm. New officers were inducted, including Ginny Kolter as president. Special recognition went to 1987, 1977 and 1967 graduates.

We are very proud of all of our graduates for their successes. Please join us this year as we celebrate reunion years 1988, 1978, and 1968. Watch the College's Web site for the date of the 2008 reunion, www.mc.uky.edu/nursing.







Left: President Ginny Kolter and outgoing President Kim Horne Top: Ellee Humphrey, winner of the First Decade Award and Karen Hill

Bottom: Deborah Howell, recipient of the Administration Award and Karen Hill

A Letter From Your New College of Nursing Alumni Association President

Dear Fellow Alumni Members,

It is really hard to believe that 2007 is gone and we are beginning 2008. I am excited to be your new president and would like to take an opportunity to thank you for allowing me to serve in this capacity. I really appreciate my relationships with other nursing alumni and the difference that we are making. I would like to extend a special note of appreciation to Kim Horne for serving as president for the past two years.

The College of Nursing Alumni Association has been a really busy group this year. We began our year with the White Coat Ceremony in February 2007. The undergraduate students receive their coats prior to beginning their synthesis course, the final course before graduation. This is such a meaningful and rewarding event. Students appreciate the coats and I believe that it ushers them into their chosen profession with pride. Alumni members who attend this event always comment on how much it means to them.

The alumni would like to say a special "thank you" to Terry Green for her service to the College and to the alumni. Terry has been a terrific liaison and we appreciate all of her efforts. She will be greatly missed! In transition, we welcome Laurel Martin as our new alumni and development officer.

In closing, if you are not currently a member of the alumni association my hope is that you will join and become involved. We look forward to your input and ideas as we continue our journey together.

Sincerely,

Ginny

Ginny Kolter UK College of Nursing Alumni Association President 2007-2009

2007-2009 College of Nursing Alumni Association Board of Directors

Officers

Ginny Kolter President President-Elect Patty Hughes Pamela Gage Secretary Treasurer Melissa Poynter Awards Chair Karen Stefaniak Kim Robinson and Pam Rickerson Nominating Fundraising Dee Herndon White Coat & Mentoring Donna Hunter-Adkins Past President Kim Horne

Board Members

Cathy Asher Diane Ballard* Janine Barnett* Jennifer Brumel Mary Jane Dillard Edna Dukes Jennifer Greene Erena Christi Ford Nova Gatliff-Smith* Dee Herndon Virginia Hodskins Ruthie Hoefner* Susan Hoff-Thomas* Denise Hundlev Donna Hunter-Adkins Christine Jones* Mary Jo McClure* Karen Moore Renee Morff Lori Ogden Brenda Owen Lindsey Page Painter Joni Pruitt Pam Rickerson Laura Riddle Kimberly Robinson Celeste Shawler Cindy Wyatt

*new

Past Presidents

Kim Horne, Lexington, Ky., Class of 1996 (2006-2007) Eula Spears, Nicholasville, Ky., Class of 1965 (2003-2005) Anna B. Wilson, Midway, Ky., Class of 1984 (1999-2002) Karen Tufts, Lexington, Ky., Class of 1988 (1996-1999) Connie Enlow, Lexington, Ky., Class of 1989 (1995-1996) Tony Burgett, Lexington, Ky., Class of 1983 (1994-1995) Peggy Tudor, Lancaster, Ky., Class of 1973 (1993-1994)

Development and Alumni Director: Laurel Martin Dean: Jane M. Kirschling

2006 Graduate Recipient of Lyman T. Johnson Award

Celestine "Trudy" Gochett, an August 2006 graduate of the B.S.N. Program at UK, was awarded a Lyman T. Johnson Torch of Excellence Award by the University at a banquet and awards



ceremony in October 2007.

Gochett is an oncology certified nurse and a certified clinical research professional. Currently she is a student in the College's master's program in the Adult Clinical Nurse Specialist Track with a focus on oncology and research. She plans to

graduate in May 2008 and hopes to then be admitted into the Ph.D. in Nursing Program.

Her professional goals include becoming a nurse researcher and clinical and translational science researcher in oncology.

Other awards include the Nursing Educational Funds Scholars Award, 2005; Estelle Massey Osbourne Scholarship, 2005; and Roberta Scofield Memorial Certification Award, 2005.

An annual banquet and awards ceremony is held in honor of Lyman T. Johnson, one of the most prominent and highly respected educators in Kentucky's history. A highlight in his life of service was his pioneering effort to open the University of Kentucky Graduate School to African Americans. In 1949, through his tenacious personal struggle and sacrifice, he won a legal battle, which resulted in the desegregation of the graduate school. This landmark legal victory ultimately resulted in the opening of schools of higher education to all students, regardless of race or ethnicity.

DATE	CONFERENCE	ANCC CREDIT HOURS	LOCATION
2008-2010	Leadership for Nurse Managers	3	Online
2008-2010	Connections: Smoking and Radon	3	Online
March 5, 2008	Postpartum Care	6	Lexington, Ky.
Spring 2008	ANCC Accredited Skin Care (Certificate)	7.75	Lexington, Ky.
March 17-18, 2008	KY School Nurse Annual Conference	7.2	Lexington, Ky.
April 17-18	Diabetes Update and Review	14.5	Lake Barkley, Ky.
April 10, 2008	HIV/AIDS and STDs (2.0 HIV/AIDS)	6	Lexington, Ky.
May 12-16, 2008	Parish Nurse Conference	35	Lexington, Ky.
May 21-23, 2008	Faculty Development	17.4	Berea, Ky.
June 5, 2008	Pharmacy Update 2008	6	Lexington, Ky.

The University of Kentucky College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The Kentucky Board of Nursing approves The University of Kentucky College of Nursing as a provider as well. The faculty are committed to providing opportunities for life long learning for nurses to enhance their competence in professional practice and self growth. The College hosts programs with national speakers on a wide range of topics that are both timely and relevant to nursing practice at all levels. UK offers both guided and self-directed study through live and Web programs, telecon-ferences, monographs and articles. For a full list of programs, to register, or for further information please visit us online at <u>www.ukconce.org</u>.



Recent Master's Graduate Headed to Kuwait

Mark Lynch, a spring 2007 graduate of the Psych/Mental Health Clinical Nurse Specialist Track and Psych/Mental Health Nurse Practitioner Track in the master's program, will be a traveling nurse, of sorts. As a member of the U.S. Navy, he's currently training at Camp Pendleton in California in preparation for a tour of duty in Kuwait. His unit is training to set up field hospitals, learning navigation and how to use chemical/ biological/nuclear protective gear. Even though he's a clinical nurse specialist, he's required to qualify on a 9mm handgun and was issued a Kevlar helmet and flak jacket. He says protective gear has come a long way since he was a corpsman in 1989. The jacket alone weighs 30 pounds – not quite like wearing scrubs to work every day. Totally packed and ready to ship off to Kuwait, he'll be lugging around nearly 400 pounds of gear – with no wheeled luggage.

Lynch hopes to have e-mail access so he can send us updates on how his work is going in Kuwait. Watch for a story about him in the next issue of *Connections*.

Other Alumni News

Sara Merten-McKechnie (B.S.N. 2004) was accepted into the Texas Wesleyan CRNA program for fall 2007. Out of approximately 100 applicants, Sara is among six students accepted. She hopes to graduate in December 2009 and passes along her thanks to undergraduate lecturer Darlene Welsh, R.N., M.S.N., Ph.D. for her recommendation.

Therese Moseley (B.S.N. 1979, M.S.N. 1985) received a Public Health Hero Award from the Lexington-Fayette County Health Department and Lexington-Fayette Urban County Council for her work promoting child passenger seat safety.

Mary (Lanie) Ward (B.S.N. 1972) has joined Summa Health System in Akron, Ohio, as vice president and chief nursing officer.



A new resort-style community sponsored by the University of Kentucky where members pursue their passions and enjoy personal growth, fitness, and lifelong learning.

Now Accepting Priority Deposits. For more information, visit www.limestonecrossing.org or call 1-877-210-2100 toll-free.

Stay connected...

Your membership supports these activities:

- Annual awards for outstanding alumni, graduating seniors and graduate students
- Homecoming/reunion activities
- White lab coats presented to nursing students during a special ceremony
- Hall of Fame of Distinguished Alumni
- Graduation activities
- Mentoring program for undergraduate nursing students
- College of Nursing merchandise (shirts, tote bags, etc.)
- Networking opportunities

All activities support the mission of the College of Nursing. We invite you to participate whether you live in the central Kentucky area or across the country. We need your help to accomplish the CONAA's goals of helping the College of Nursing and its students.

Yes, keep me connected!

Name			
(include title, maiden name, middle initial, credentials)			
Address			
City	State Zip		
Daytime phone			
E-mail			
Degree(s) and date(s)			
0 () () _			

UK College of Nursing Alumni Association dues enclosed: \$ ______ (annual, \$25.00; lifetime, \$150.00)

Please make check payable to UK College of Nursing Alumni Association and mail to: UK CONAA, 315 CON Bldg., Lexington, Ky. 40536-0232.

2008CN

College of Nursing and UK Chandler Hospital Nursing Collaborations

B.S.N. Residency Program

Understanding the critical importance of a close relationship between nursing practice and nursing education, the College of Nursing faculty and UK Chandler Hospital nursing staff continue to engage in well-defined and mature collaborations and seek to develop and implement new collaborations.

The B.S.N. Residency Program at the hospital has been our crown jewel as it continues to grow and produce excellent outcomes. The tenth cohort began the year-long program in June/July 2007. At the program's inception, B.S.N. graduates accepted into the program were voluntary and limited. Today all B.S.N. graduates are expected to participate in the residency program as a condition of employment because of the very positive retention and satisfaction outcomes.

Faculty Select Hospital Award Winners

College of Nursing faculty serve on committees that evaluate nominations for nursing awards during Nurses' Week and during the annual Magnet celebration week. This year Assistant Professor Karen Butler participated in the M. J. Dickson Award selection, Dean Jane Kirschling participated in the Diana Weaver selection, and Lecturer Frances Hardin-Fanning assisted with the Magnet Award selection.

Research Papers Day

The 17th annual Research Papers Day in October 2007 was co-sponsored and planned by the College and the hospital. Following the keynote address presented by Thomas S. Ahrens, D.N.S., R.N., from Barnes-Jewish Hospital in St. Louis, 12 concurrent sessions were presented by the following: Judy Schreiber, Patty Hughes, Patti Howard, Kristin Ashford, Alison Connell, Debra Ray, Frances Hardin-Fanning, Jia-Rong Wu, Periwinkle MacKay, Pam Lawson, and Sue McFarlan.

Dean Part of Medical Staff Committee

Dean Jane Kirschling represents the College on the Executive Committee of the Medical Staff. This committee is comprised of the physician chairs of all the services and hospital leaders. The reports and discussions provide Kirschling with insight into multidisciplinary strengths and issues needing attention as well as providing her a broader context in which to understand the nurses' practice environment.

Hospital's CNO Serves on College of Nursing Administrative Committees

Until she joined the College's faculty in January 2008, former Chief Nursing Officer Karen Stefaniak represented hospital nursing on the College's Advisory Committee and the Dean's Governance Council. (Stefaniak retired after more than 22 years of service as CNO. During leadership transition, Kathleen Kopser, interim chief nursing officer, will serve on these committees.) Several faculty and hospital nursing leadership individuals are working on the committee for interprofessional education led by College of Medicine Dean Jay Perman. The College has eagerly engaged hospital nurses' expertise. Debra Hall, Judi Dunn and Nina Barnes are either involved in teaching classes and/or providing clinical instruction at the College.

Nursing Grand Rounds

The hospital and College of Nursing began presenting Nursing Grand Rounds live in the hospital auditorium and to nurses in the state through interactive video conferencing. Nine topics of interest have been presented to date with four additional one-hour presentations scheduled. Faculty and hospital nurses collaborate on topic selection and the actual presentation.

Coordinated Marketing

Hospital nursing recruitment and the College have joined marketing efforts to encourage nurses to work at UK and further their education at the same time. Recruiting materials for each entity contain information about educational and clinical nursing opportunities.

Hospital Assists Faculty and Students Learn New Electronic Medical Record System

The UK Healthcare Enterprise is gradually implementing an electronic medical record system. Medication administration documentation on eMAR (electronic medication administration record) began in November 2007. Electronic clinical documentation is planned to begin in spring 2008. To assist students and faculty in learning the Eclipsys system, computers have been placed in the College of Nursing building.

Advisory Council Provides a Look From the Outside

The College of Nursing is pleased to announce that it has formed an Advisory Council. The Council will meet annually and will:

- Provide advice and counsel to the dean on matters for which external advice is critical. This may include long-range planning and philanthropic endeavors as well as advice on achieving the College's goals for national and international prominence in teaching, service and research.
- Increase awareness of the College of Nursing in Kentucky and across the nation.
- Serve as an advocacy network and as ambassadors for the College of Nursing.

At its first meeting in October 2007 the Council met at Spindletop for a day-and-a-half. Members received an overview of the College's teaching, research, and service contributions. In addition, Dean Kirschling provided them with challenges that the College is facing as it grows its academic programs and research portfolio.

Council members advised Kirschling and Patricia Burkhart, director of the undergraduate program, on three questions related to the undergraduate program expansion:

- How does the College of Nursing foster an environment for B.S.N. students that is welcoming, inclusive, and at a minimum, representative of the Commonwealth's demographics?
- What does the College of Nursing need to do to ensure that UK's B.S.N. Program is responding to the needs of Kentucky?
- How does the UK College of Nursing differentiate its B.S.N. Program from others in the market?

The facilitated conversation was very productive and Burkhart is working with faculty and staff to implement a number of the suggestions from Council members.

Advisory Council members

Mrs. Lisa Barton Mrs. Agnes Black Mr. Anthony Burgett Dr. Patricia Calico Dr. Janet Carpenter Dr. Nancy Dickenson-Hazard Mrs. Jenny Dorris Dr. Pamela Farley Dr. Juanita Fleming Mrs. Linda Gorton Dr. Sheila Highgenboten Mrs. Karen Hill Mr. Roy Hobbie Dr. James Holsinger Ms. Kimberly Horne Dr. Carol Ireson

Ms. Joy Knight Mrs. Christine Mays Mrs. Julia Morris Dr. Marilyn Musacchio Dr. Karen Sexton Ms. Sally Siebert Ms. Janet Snapp Dr. Karen Stefaniak Dr. Barbara Teague Dr. Diana Weaver Dr. Elizabeth Weiner Mrs. K. Jane Younger

UK College of Nursing Advisory Council, fall 2007, at Spindletop



UK HealthCare Purchases Lexington's Samaritan Hospital

The Executive Committee of the University of Kentucky Board of Trustees in June 2007 unanimously approved moving forward with up to \$70 million for the financing of the purchase of Samaritan Hospital.

"This transaction is good for UK. It's good for Samaritan. And it's good for our community," said Dr. Michael Karpf, UK's executive vice president for health affairs. "Samaritan has long been an important health care provider for north Lexington. This transaction will ensure that continues. In addition, it helps UK HealthCare move forward with our mission of becoming one of the country's elite academic medical centers, known for serving patients with the most critical health care needs."

Karpf said the full costs of the transaction will be realized over the next few years, which is why the board's executive committee needed to approve the amount estimated for the full transaction. Earlier in 2007, the Kentucky General Assembly allowed UK HealthCare to finance up to \$70 million to complete the purchase. The new entity is now officially known as UK HealthCare-Good Samaritan.

Specifically, UK HealthCare officials expect the transaction to cost:

- about \$13 million for the hospital practice.
- about \$35 million for the 13 acres of real estate associated with the hospital that will take place over the next five years. Karpf added that the
- University is looking forward to a positive relationship with Ventas (NYSE: VTR), the owner of the hospital facility.
- About \$15 million for transaction and transition costs that will be incurred over the next two years.

Karpf said UK HealthCare patients are being treated at Good Samaritan and he expects 10 patients a day to be admitted and under the care of UK physicians. The patients will be lower acuity – or less severe in nature – and generally in the internal and family medicine areas. By the end of this fiscal year – June 30, 2008 – Karpf said he expects Good Samaritan's daily census to be more than 100 patients.

The hospital's daily census has increased, as transition to UK HealthCare has taken place, with the daily census moving from about 50 patients in May 2007 to more than 80 on one day in June, said Sergio Melgar, UK HealthCare's chief financial officer. By way of contrast, UK Chandler Hospital, a facility currently licensed for 473 beds, is experiencing high occupancy, with a daily census of more than 420. The transaction will help lower those census numbers, allowing Chandler to operate more efficiently, Karpf said.

About 1,300 jobs have been added since 2004 at UK Chandler Hospital and the UK College of Medicine, in large part because of the growth of the hospital's patient volumes. Discharges, a measure of inpatient activity at the hospital, have grown by 43 percent during the last four years.

Samaritan, a respected health care provider since 1888, is licensed for more than 300 beds. With a medical staff comprised of 530 members including 387 physicians, Samaritan Hospital is a full-service community hospital with numerous clinical distinctions. The acquisition will preserve the jobs of over 500 current Samaritan Hospital employees.

Clark Regional Medical Center, UK Affiliate

Clark Regional Medical Center and UK HealthCare have agreed to form an affiliation to provide additional, high-level health care services to the communities of East Central Kentucky, officials with both hospitals announced.

For several years, UK has, through contractual arrangements, provided patients at Clark Regional certain specialty services, such as oncology and high-level cardiology. The affiliation will, through a management agreement, seek to provide enhanced services locally. UK HealthCare, in consultation with the board of trustees of Clark Regional, community leaders and medical staff, will identify health needs not fulfilled in the community and work to extend those services. This is part of UK HealthCare's commitment to make health care much more accessible locally whenever possible and appropriate.

"After much planning, our hospital board of directors is very pleased to enter into an affiliation with UK HealthCare," said Dudley Taylor, chairman of the board of directors of Clark Regional Medical Center. "The new relationship is a major long-term benefit for our community and will provide local access to UK health services and physicians and thereby complement and build upon the high quality health care currently offered by Clark Regional and our physicians."

According to Dr. Michael Karpf, UK executive vice president for health affairs, "The new affiliation is a natural fit for Clark Regional Medical Center and the University of Kentucky. UK will further enhance its mission of helping the people of the Commonwealth gain and retain good health by providing university health care programs beyond Fayette County. At the same time, Clark Regional will strengthen its ability to offer its patients more services close to home."

A formal management agreement between the two entities is expected to be completed by February 1, 2008. With these efforts, officials expect to see both increased availability of services and improved efficiencies at Clark Regional.

There will be no change to the current governance structure of Clark Regional Medical Center. However, as part of the management agreement, a coordinating committee will be formed, comprised of one-third UK HealthCare and two-thirds Clark Regional Medical Center representatives.

News Briefs From Other UK Health Care Colleges

College of Dentistry

Faculty Member Receives Three Prestigious Awards - Richard



Haug, D.D.S., executive associate dean and professor of Oral and Maxillofacial Surgery has received the Donald B. Obson Award for an Outstanding Educator. This award is given to an oral and maxillofacial surgery educator who is or was actively involved in clinical and/or laboratory research; and has encouraged his residents and

faculty to be actively involved in research; and further must be or has been involved directly in patient care, has a reputation as an outstanding clinician, and has exemplified the highest ethical and moral ideals of a professional. The recipient must be respected and admired by his current and former residents. This is the highest award given for teaching by the American Academy of Oral and Maxillofacial Surgeons.

Haug also received the 2007 American Dental Association Golden Apple Mentorship Award for Predoctoral Students. The award was presented at the Bluegrass Dental Society Meeting by the Kentucky Dental Association president, Fred Howard, D.M.D. (1982). This prestigious award is indicative of the quiet work Haug does with the predoctoral students.

Haug also was named a Provost's Distinguished Service Professor for his outstanding contributions to research, teaching and professional service.

College of Health Sciences

In 2007, the College of Health Sciences celebrated its 40th anniversary. Its mission is to positively impact health in Kentucky and beyond through creative leadership and productivity in education, research, and service. Each year, the college educates more than 900 students in nine disciplines. It continues to be nationally recognized for educating front-line, entry-level practitioners in the allied health professions, as well as preparing tomorrow's academic leaders. The College of Health Sciences is committed to building a strong research program and recently received a top-20 national ranking in NIH research in schools of allied health. In addition, the college is engaging alumni, voluntary faculty, and friends in activities that enhance the allied health professions and the programs of the College.

The College of Health Sciences is...Communication Sciences & Disorders • Physical Therapy • Athletic Training • Rehabilitation Sciences Ph.D. Program • Physician Assistant Studies • Clinical & Reproductive Sciences • Clinical Nutrition • Radiation Sciences • Clinical Leadership & Management.

College of Medicine

In 2007, UK College of Medicine enrolled the highest scholastic attaining class in its history and launched a tuition guarantee pilot program. It also made medical breakthroughs in developing the first cancer-resistant mouse, discovering that effects of commonly prescribed aspirin doses help prevent cardiovascular events, and being instrumental in a landmark study demonstrating the dramatic benefits of the drug herceptin in the early stages of fighting breast cancer. The College of Medicine's clinical mission also made headlines in 2007 with 106 of its physicians being included in the Best Doctors in America* list – more than any other hospital in Kentucky.

College of Pharmacy

New Pharmacy Building Targeted for Completion in 2010 – Construction is under way for the University of Kentucky College of Pharmacy building on UK's campus. The 286,000 square-foot state-of-art facility is targeted for completion in early 2010. The building will be the largest academic building in Kentucky and among the largest in the nation. The \$132 million, five-story building will include academic and research facilities for educating future pharmacists and pharmaceutical scientists as well as providing laboratory space for faculty's pharmaceutical and clinical research programs. The building will enable the college to increase enrollment of its nationally top-10 ranked pharmacy program. The college currently enrolls 490 students in its Doctor of Pharmacy (Pharm.D.) professional program with 90 percent of them Kentucky residents.

Artist's rendering of new College of Pharmacy Building



College of Public Health



College of Public Health Awarded RWJ Foundation Grant – Improving the ability of health departments to care for the populations they serve is the mission of a new center at the University. The Robert Wood Johnson Foundation has awarded a \$2.8 million grant to establish the UK Center for Public Health Systems Research (PHSR).

Dr. F. Douglas Scutchfield, the Bosomworth Professor in the UK College of Public Health, is principal investigator and Cynthia Lamberth, director of the Kentucky Health Leadership Institute, is project director.

The new center will catalog and make available new research information about how best to manage health departments. It will be involved in improving communication between public health practitioners and researchers. The center will also

work to increase the number of PHSR researchers by providing training grants to new public health faculty in the U.S. and support doctorate dissertation research. It will also work to improve the data collection efforts of national public health practice organizations.

"The College of Public Health's work will move the developing discipline of PHSR forward by providing access to important existing data and encouraging young and promising researchers to build careers in the field," Scutchfield said.

In other news, Dr. James Cecil, formerly a public health dentist in the Kentucky Department for Public Health is taking the lead in the College of Public Health to establish a concentration/certificate program in Maternal and Child Health. There is a great deal of potential for collaboration on maternal and child health issues between the College of Public Health and other colleges within the Chandler Medical Center. Cecil is a faculty member in the Department of Health Behavior.

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