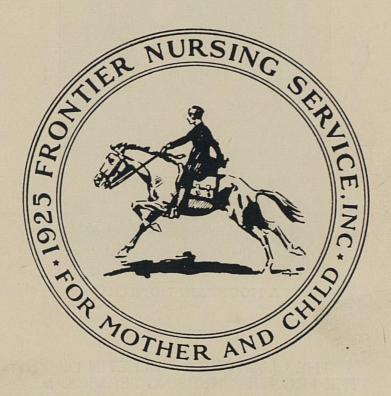
The Quarterly Bulletin of The Frontier Nursing Service, Inc.

VOL. V.

SPRING, 1930

NO. 4



SEAL OF THE FRONTIER NURSING SERVICE



A MOUNTAIN MOTHER

THE QUARTERLY BULLETIN OF THE FRONTIER NURSING SERVICE, Inc.

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VOLUME V.

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THERE ARE TWO SEAS

There are two seas in Palestine.

One is fresh, and fish are in it. Slashes of green adorn its banks. Trees spread their branches over it, and stretch out their thirsty roots to sip of its healing water.

Along its shores the children play as children played when He was there. He loved it. He could look across its silver surface when He spoke His parables. And on a rolling plain not far away He fed five thousand people.

The river Jordan makes this sea with sparkling water from the hills. So it laughs in the sunshine. And the men build their houses near to it, and birds their nests: and every kind of life is happier because it is there.

The river Jordan flows on south into another sea.

Here is no splash of fish, no fluttering leaf, no song of birds, no children's laughter. Travelers choose another route, unless on urgent business. The air hangs heavy above its waters, and neither man, nor beast, nor fowl will drink.

What makes this mighty difference in these neighbor seas?

Not the river Jordan. It empties the same good water into both. Not the soil in which they lie; not the country round about.

This is the difference. The Sea of Galilee receives but does not keep the Jordan. For every drop that flows into it another drop flows out. The giving and receiving go on in equal measure.

The other sea is shrewder, hoarding its income jealously.

It will not be tempted into any generous impulse. Every drop it gets it keeps.

The Sea of Galilee gives and lives. This other sea gives nothing. It is named the Dead Sea.

There are two kinds of people in the world.

There are two seas in Palestine.

-Bruce Barton in McCall's.

IN MEMORIAM

Mrs. Charles Anderson

As this Bulletin goes to press, we are shocked and grieved to learn of the sudden death, in France, of Mrs. Charles Anderson of Cincinnati—one of our early committee members and our loyal supporter and friend. To all of her family and many friends we extend our abiding sympathy.

Clay Hunt

It is hard to write of the passing of Clay Hunt of Lexington, Kentucky, our Trustee until his health broke completely, because we loved him so much. The qualities that endeared him to his friends were those of the heart—an open kindliness of spirit, a cheery zest for life, unflagging through his years of physical suffering.

In his family circle he stood supreme—but so large a fatherhood as his could not rest content with the happiness of his own beloved boys and girl. This last Christmas, when he lay dying, he exerted himself, as he had done the year before, to provide personally, and through his extensive business connections, all the candy for the more than three thousand mountain children served by the Frontier Nursing Service—and he said to us, with his radiant smile, "It's the very best candy."

We, left in this world, could not catch the welcome for him when he passed over to the other side—but we know that the gaiety of thousands of little children, in whose service his last efforts were given, followed him to the gates of the Kingdom of Heaven.

EXCEPTIONAL PEOPLE

A BUSY WEEK-END

The Possum Bend Center reported a run on babies in February. One of the nurses wrote:

"We have been having a fruitful time, five babies in three days and one false call, and the sixth baby two days later. We didn't see each other for three days, and in seventy-two hours, I had about four hours' sleep; and I only had two fried eggs and a spoonful of rice to keep me going for fifty-two hours. One case lasted thirty-one hours, slow but steady progress all the time. It was bitterly cold and the fire smoked and no windows, so we all sat in the darkness around the fire, the smoke making our eyes burn. We had a 'tide'. I had to cross in a boat and walk to one case, and cross the swinging bridge and ride a mule to another."

The other nurse, Marion Price of Rochester, reported the same period as follows:

"We have had a truly busy weekend—six maternity cases delivered and one of mine, which Bridget kindly took, lasted thirty-one hours. In the meantime, I could not relieve her, for I had two deliveries in eighteen hours. We did not see each other from Friday noon until 6:00 P. M. Sunday. Luckily, we each had Sunday night in bed, and then, after a very busy Monday, we both went out to a case miles up Trace Branch, at 7:00 P. M., who delivered at 4:30 A. M. It is the only time Bridget and I have been able to go together.

"It is a great satisfaction to both of us to have all six cases safely over, and all very appreciative people, some of them so poor. The Sunday dinner to which I was cordially invited, and shared with the father and six small children, consisted of a large bowl of boiled potatoes and cornbread only. A spotless kitchen, and the father made me a cup of weak coffee, served in an old glass. I could have wept at the pathos of it all, for on the door was a text, 'In God We Trust'. I couldn't help wondering how they could feel that any kind of God was good to them."

Will the friends of the Frontier Nursing Service, while they are waiting for the year's report, which does not come to them until June, get out of this little report the real meaning it might convey?

FIRST: The nurses you, as subscribers, are supporting are doing faithful work.

SECOND: This work is desperately needed, not only to be carried on, but to be extended into every humble mountain home, where it is unthinkable that childbirth should be without trained care.

THIRD: Until the Frontier Nursing Service has the endowment it is yet not old enough to raise, its work depends literally from month to month upon the generosity of its subscribers.

FOURTH: The Frontier Nursing Service, now nearing the end of its first five years of existence, has never paid one dollar anywhere for office rent, or one dollar in overhead for executive salaries. Its donations, except such expenditures as are necessary to reach the donors, go into actual service and maintenance.

WHO ARE THE EXCEPTIONAL PEOPLE?

Why does such work as that of the Frontier Nursing Service, so obviously needed, and its quality vouched for by so many outstanding people who have watched it at first-hand, take years of precious time to get upon its feet financially? We have been thinking of this all during the past months of this hardest of all years for philanthropies and we have reached a few clear conclusions, based upon the facts.

People who support the work of the Frontier Nursing Service and that of other philanthropies must be exceptional people—exceptional in two ways:

First: They must have money. One of the most astonishing things to us, as we go about our task of enlisting support for a large philanthropy, is the vague thinking of the average educated person in elementary economics. We have not talked

with five persons, among the hundreds with whom we discuss it every year, whose thought on the financing of philanthropy relates itself clearly to the problem of where the money is to be found. The only people who can possibly give money are those who have it. Who are these people in the United States? The Internal Revenue Bureau of the Treasury Bepartment in 1927 lists 4,122,242 Americans with reportable incomes. This means that approximately three per cent only of Americans have incomes large enough to be taxed, and more than three-fourths* of these incomes are below \$5,000.00 a year.

Such figures are inescapable. Americans with money constitute but a small part of the whole population, and only a fourth of these have over \$5,000.00 a year. But people with less than \$5,000.00 a year who have families to bring up cannot give away large sums of money. One must go into the higher incomes to get substantial support. Now, the Americans possessing incomes in excess of \$25,000.00 a year, according to the figures furnished by the Treasury Department, were 93,401, or approximately one-twelfth of one per cent of the American population. Their total income in 1927 was nearly fourteen billion dollars. When we see our wealth in America stated, we nearly always find it worked out on a per capita basis—namely, the average income. There is, of course, no average income. Three per cent of the American people are affluent and onetwelfth of one per cent are very wealthy. Only those who live in territories where nobody has any wealth at all can appreciate the grinding poverty at the opposite end of the scale. The people who support the work of the Frontier Nursing Service and other philanthropies are exceptional people—they have money.

SOCIAL MATURITY

Second: They must be socially mature. This quality is more exceptional than wealth and not always associated with it. Only the other day, we received a cheque for \$3.00 from a

^{*78.47%.} See page 8, Statistics of Income for 1927, United States Internal Revenue Bureau.

woman who said, "There is probably someone, perhaps a child, poorer than I am. This is for him." We bought shoes for a motherless ten-year-old with her gift.

What do we mean exactly by social maturity, and what are the facts, and how mature socially are those in America who have wealth?

After the market crash in November, when the Frontier Nursing Service, like most American philanthropies, was brooding over its probable income in relation to its budget, we got a letter from one of our subscribers in Detroit who has been giving us \$250.00 a year. She increased it to \$1,000.00, saying that she knew the year was going to be a hard one and she was making a special effort because of that. This person is socially mature, and, fortunately, she has wealth. In contrast, we received, and other philanthropies have faced the same situation, letter after letter curtailing or eliminating subscriptions. It has been our experience, as we went about after the crash, that most of the people we met were curtailing their charities only—Palm Beach and Santa Barbara and Europe, to say nothing of parties at home, kept going about as usual, when at the lower end of the scale there is actual want.

The socially mature person is distinguished by his generosity. He cannot live without sharing; he does not divide his surplus only. It is not that jewels and champagne, and travel for self-pleasure and self-culture, are wrong to him as that exclusive indulgence in them is intolerable in the face of want. He has ceased to think in terms only of his family and himself.

Is generosity then so rare? The rarest of all things. What are the facts? By way of illustration, and not because it is different, take Chicago: The financial secretary of one of the really philanthropic men in that city told us a few weeks ago that approximately six hundred people carried the charities of Chicago. A study of the Internal Revenue Bureau's report for 1926 shows that 283,646 people in Chicago and its rich suburbs have exceptional wealth. Six hundred of these only are carrying the charities of Chicago: that is, one-fourth of one percent. In other words, the leading citizens of Chicago fall,

roughly, into two classes—one-fourth of one per cent and the dead-beats. To reverse this—ninety-nine and three-fourths per cent of the affluent classes of Chicago have abrogated their social responsibilities.

We could draw our illustrations from other cities. Now, why do we wonder at corruption and crime and disorder among the masses, when the classes fail so signally in leadership? There is only one form of leadership which counts. So long as most of the people who are in possession of the good things of life shirk their obligations, feeding one another when they are not hungry with costly food and leaving the hungry unfed, just so long will we have American families sitting down, "in a spotless kitchen" to a Sunday dinner of "boiled potatoes and cornbread." This contrast is the most astonishing thing in the world. As we have said elsewhere, it recalls to us Saleeby's "We are still in the rude fore-shadowings of the civilization that is to come."

The people who support the work of the Frontier Nursing Service, and other philanthropies, are exceptional people—they are socially mature.

NEEDS

Two or three times a year, we are going to list special needs of the Frontier Nursing Service, large and small things both, to enable givers to help in the most useful ways possible.

FIRST, and foremost: We need the running expenses of the work, from month to month—a standing need.

SECOND: We need layettes, any number of them. Many babies come to us now every week and we don't want them

dressed in black-and-white calico. Will everyone who reads this who has babies' cast-off things send them to us? We are hoping too that new sewing groups will be formed to make quantities of new layettes.

THIRD: A piano for the Hyden Hospital is greatly desired, by nurses, some of whom play, and patients alike.

FOURTH: A combination truck-ambulance, for the new dirt road from Hazard to Hyden. The model we want costs seven hundred dollars.

FIFTH: An administration building for Wendover, at a cost of about \$12,000.00. In the space originally intended for one secretary, an office force of five is now sleeping and working—a veritable slum. Our records are beyond all price. We desperately need both working space and storage space for them, and sleeping quarters for the personnel who are carrying this vital end of the work.

SIXTH: Another wing to the Hyden Hospital, at a cost of about \$15,000.00, and a small isolation building, at a cost of about \$3,000.00. The effect of over-crowding there has been brought home to us very vividlly in the last few days, when one of our babies came down with scarlet fever, conveyed by a carrier unknown. The baby was in a ward with three maternity cases. The generous kindness of Dr. and Mrs. H. C. Capps, who took the baby at once into their own house, with a nurse detailed to special him, terminated a grave crisis. But the lesson is obvious. Maternity cases should have a ward and delivery-room to themselves; and provision must be made to isolate communicable diseases when they occur. In an emergency hospital, which is constantly admitting cases from anywhere, in all kinds of conditions, there should also be an admitting room, where children can be kept for the first few days after they come in.

SPECIAL MENTION

The picture in the Seal of the Frontier Nursing Service, shown for the first time on the cover of this issue of the Bulletin, is drawn for us by the artist, Mr. David O. Shoemaker, of New York, whose mother, Mrs. Charles O. Shoemaker, is our Pittsburgh Chairman. Ever since we incorporated, in 1925, we have had permission to use a seal, and years ago our Executive Board decided on the wording and the design; but we made futile attempts, through several channels, to get a picture which would show the fire and eagerness of the Frontier nurse responding to a call. Mr. Shoemaker volunteered his services. We think that all of our friends will rejoice with us that he did.

* * *

Some people are royal givers. We received over three thousand presents for our children at Christmas, but never in our history have we had such a shipment as was sent by our Cleveland Chairman, Mrs. Leonard C. Hanna, whose three large packing cases contained the following:

4 boxes of stockings

2 boxes of baby dresses

3 dozen children's dresses

1/2 dozen children's coats

2 dozen baby coats

2 dozen sweaters

7 boxes children's pajamas

1/2 dozen flannel pajamas

5 boxes flannel sleeping suits

8 boxes baby vests

8 boxes girls' vests

3 dozen pairs corduroy knickers

6 boxes boys' shirts

2 dozen pairs boys' overalls

2 dozen smocks

7 dozen story and picture books

1 dozen painting books

3 boxes toy automobiles

7 dozen dolls

4 boxes harmonicas

1 box miscellaneous toys

3 dozen drums

4 dozen toy horses

3 dozen toy trains

2 dozen béars on wheels

3 dozen horses with wagons

1 dozen yellow speedsters

2 dozen teddy bears

1 dozen cat-and-mouse me-

chanical toys

2 dozen baby rattles

1 dozen musical toys

1 dozen toy rabbits

2 dozen auto dump carts

We have great happiness in announcing the gift of our eighth nursing station, from Mrs. Charles S. Frost, Mrs. Alfred H. Granger, and Mr. Marvin Hughitt, of Lake Forest, Illinois, in memory of their mother, and called the "Belle Darrett Hughitt Center." This station will be built as soon as the increase in the budget can be found to allow for its operation.

* * *

Invaluable as are all of its friendships to the Frontier Nursing Service, there are only a few people without whom it feels it could not have gotten through the early years of its work. One of these is Dr. Josephine Hunt, of Lexington. None but the nurses and patients themselves know what she has meant to us. Literally hundreds of patients, in the past four and one-half years, have been relayed through her hands and passed on to hospitals and other physicians for appropriate care. In addition to her own services, generously given, day and night, over and over again, she has defrayed personally telegrams and other charges. Best of all, she has been a veritable refuge for every nurse and every patient who needed the personal counsel of a wise and kind friend. We; hundreds of us, bless and thank her.

* * *

We gratefully acknowledge from Sister Elizabeth Kenny, of Australia, the gift of ten per cent of her royalties on the Sylvia Stretcher, which she has invented and which is being made by Knauth Brothers Surgical Supply House, in New York. Sister Kenny gives a share of her royalties in every country where the stretcher is patented to one charity, and upon the advice of the New York Chapter of the American Red Cross, she selected the Frontier Nursing Service for the charity in America.

The New York Chapter of the American Red Cross seems never to forget us. We have before taken occasion to express our deep gratitude for the courtesies shown by Miss Florence Johnson and Miss Mary Magoun Brown to new nurses coming to us from overseas. As regularly as the boat docks, the new

nurse is met, looked after overnight, introduced to other nurses in New York, and started safely on her way down to us in Kentucky.

* * *

Mrs. E. Waring Wilson, who has given the most untiring and loyal service as the first Chairman of the New York Committee of the Frontier Nursing Service, has resigned, her resignation to become effective in the new fiscal year. In her opinion, the time has come to select as Chairman for this, the greatest committee of the Frontier Nursing Service, a man outstanding in the life of New York and of The chairmanship will remain unsupplied until America. the New York Committee has found such a leader, who both can and will carry its responsibilities. The whole Frontier Nursing Service, as well as the New York Committee, will cherish a grateful feeling always toward Mrs. Wilson for having carried the work up through its initial difficult stages to its present position. Hers has been the rare privilege of handing on the thing she has been carrying much better and much stronger than when she took it over. Ours is the abiding appreciation.

* * *

Miss Anne Winslow, of New Haven, daughter of Mr. and Mrs. C.-E. A. Winslow, who graduates from Vassar this year, has accepted the position of Executive Secretary for New York of the Frontier Nursing Service. This marks a real departure in the growth of the Frontier Nursing Service. The details will be given in a subsequent issue of the Bulletin.

PUBLIC SERVICE

The Director of the Frontier Nursing Service was asked to serve on the Committee on Prenatal and Maternal Care, of which Dr. Fred L. Adair is Chairman, of the White House Conference on Child Health and Protection.

She is also serving on the committee in New York, of which Dr. Ralph Lobenstine is Chairman, to consider the problem of the training of midwives.

In February, she spoke, through the courtesy of Dr. Edwin G. Langrock, Chairman of the Section on Obstetrics, at the New York Academy of Medicine, Dr. George W. Kosmak leading the discussion.

The Director also spoke before the staff of the Tuberculosis Clinic of Cornell University College of Medicine at Bellevue, through Dr. Walter C. Klotz; to the students in the Department of Nursing and Health in the Teachers College of Columbia University; to the nurses in the Presbyterian Hospital of Philadelphia; at their Alumnae dinner, to two hundred and twenty-five graduates of St. Luke's Hospital in New York; and to many other professional groups. A good many hours of time have been given to this form of service during the past year.

These facts are given because the friends of the Frontier Nursing Service should know that, even under the strain of organizing a pioneer piece of work and getting it financed, we recognize the claims of public service and deeply appreciate the opportunity of carrying our share.



BETTER MEDICAL CARE FOR WOMEN PATIENTS

"There is a great need for graduate nurses who may qualify as midwives to work in conjunction with the medical profession in the care of a large group of women who are unable to pay for adequate obstetric service under existing conditions. A nurse-midwife service, such as Mary Breckinridge has organized in the Kentucky mountains, if sufficiently developed, might lead to a marked decrease in the maternal mortality rate of the United States."

"From 'Obstetrics and Gynecology in General Practice'," Carl Henry Davis, M. D., in the Journal of the American Medical Association."

Quoted by The American Journal of Nursing, page 1443, December 1929.

It reminds us, says F. P. A. in the New York *World*, of what the lady said when she was asked for the tenth time to contribute to the fund for Be-Kind-to-Animals Week. "It'd be cheaper," said Miss S., "to buy a horse and be kind to it."

FIELD NOTES

The outstanding excitement in the field this winter has been Miss Marvin Breckinridge and her movie camera. She has spent weeks going about, in all kinds of weather, "shooting" the nurses, the patients, the scenery, the snow-storms, the logging, and all the manifold activities of the centers and the surrounding country. Next winter we will have the joy of showing these movies to our supporters and friends.

* * *

The Frontier Nursing Service has acquired an agricultural agent in Miss Marion F. Benest, B. S., a graduate in that branch of the science. Mrs. William Monroe Wright's gift of the Georgia Wright Clearing led to this expansion. We found ourselves in possession of nearly one hundred apple trees, enough to keep the hospital and the guest house in fruit if properly tended, but all needing expert pruning, fertilizing, and spraying. We found we had a place large enough to raise our own sheep. Lastly, but most important we had at last the acreage upon which to grow the grass needed by our twenty-six horses in their holiday moments. Miss Benest made a visit to the Robinson Experiment Station of the State University, at Quicksand, and, with their advice, she has put the orchard in condition and made a good start on the grass. To our joy, we find some of our neighbors also beginning to spray and prune their trees.

* * *

In addition to Miss Benest, the Frontier Nursing Service has another new worker in Miss Rosalie Edmondson, B. A., who is attached to the division handling nursing records and bookkeeping.

* * *

We joyfully announce the birth, within a few days of each other, of two bonnie girl babies, named Ada Florence and Mahaley, at the Jessie Preston Draper Center at Beech Fork. The mothers lived too far away for the nurse to reach them and

begged to come in. To get them to the hospital at Hyden would have required still another day's horseback travel; so Miss Buck and Miss Worcester stretched their living quarters to accommodate them, and now the babies are here and the young mothers (sisters married to father and son), are happy and having the best of care. See picture at back of Bulletin.

* * *

Miss Gladys M. Peacock and Miss Mary B. Willeford are on leave of absence, to attend the spring semester in the Department of Nursing and Health at Teachers College, Columbia University, New York. Miss Willeford has a scholarship from the National Council of Parent Education for special work in that field.

* * *

The retaining walls in front of the Hyden Hospital are at last finished and paid for. They vary in breadth from seven feet in the solid rock to eighteen inches at the top, and rise twenty feet in height. They have been built under the most difficult circumstances winter could impose—rain that loosened the earth and made new yawning cracks in the mountainside, threatening, and sometimes succeeding in burying the partly completed work under an avalanche of earth, necessitating the repeated building of breastworks and reinforcements; snow and frost that forbade the laying of stone, lest the cement be frozen, and mud on the steep roadway so deep as to make materials hauled over them almost as precious as gold. But hard as it has been to build them, they were essential needs, for the mountainside was literally slipping away, leaving the hospital perched all too precariously above a veritable waste, and threatening to bury the roadway beneath tons and tons of mud and rock.

To the State Highway Department, we are indebted for engineering supervision, given freely and without charge by their Mr. W. S. Carrington. The terrible costs of construction, nearly \$12,000.00, have been met in full by our Chairman, Mrs. S. Thruston Ballard, and the trustee of the Mary Parker Gill Estate, the United States Trust Company of Louisville.

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FORM OF BEQUEST

For the convenience of those who may be willing to remember this institution in their wills, this form of bequest is suggested:

"I hereby devise the sum of..... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

It is preferred that gifts be made without restriction, since the Trustees thereby have a broader latitude in making the best possible use of them. Of course, however, they are also welcome where a particular use is prescribed.

To facilitate the making of gifts of this sort, it is suggested that if they come by will there be added to the form shown above some such language as the following:

"This devise is to be used (here describe the purpose.)"

Suggestions for special bequests:

\$50,000 will endow the work of a Frontier Nurse in perpetuity.

\$12,000 will endow a Frontier Hospital Bed.

\$ 5,000 will endow a baby's bassinet.

\$10,000 will build and equip a Frontier Center for the work of two nurses.

\$15,000 additional will provide for the upkeep, insurance, repairs and depreciation on this center, so that

\$25,000 will build and maintain in perpetuity a center.

A number of these centers have been given and equipped, and two are already endowed.

Any of the foregoing may be in the form of a memorial in such name as the donor may prescribe, as, for example, the Jane Grey Memorial Frontier Nurse, the Philip Sidney Frontier Hospital Bed, the Raleigh Center, the Baby Elizabeth Bassinet.

Any sum of money may be left as a part of the Frontier Nursing Service Endowment Fund the income from which will be used for the work of the Service in the manner judged best by its Trustees, and the principal of which will carry the donor's name unless otherwise designated.

FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

Its purpose:

To safeguard the lives and health of mothers and young children by providing trained nurse-midwives for remotely rural areas where resident physicians are few and far between—these nurse-midwives to work under supervision; in compliance with the Regulations for Midwives of the State Boards of Health, and the laws governing the Registration of Nurses, and in cooperation with the nearest available medical service.



SUN BATHS

Molly Brock, age 17, and Nellie Brock, age 14, married sisters, and their girl babies, born at

The Jessie Preston Draper Nursing Center