





New Kate Ireland Healthcare Center Manchester, Kentucky

US ISSN 0016-2116

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Cover: The new Frontier Nursing Healthcare Inc., Kate Ireland Healthcare Center, Manchester, Kentucky, opened January 8, 2003.

Frontier Nursing Service Quarterly Bulletin
Published at the end of each quarter by the Frontier Nursing Service
Subscription Price \$5.00 a year for Donors/\$15.00 for Institutions

Volume 78 Number 3 Winter/March 2003

Periodicals postage paid at Wendover, Kentucky 41775 and at additional mailing offices. POSTMASTER: Send address changes to FNS, Inc. 132 FNS Drive, Wendover, Kentucky. Copyright FNS/Inc. 2000 All Rights Reserved.

Frontier Nursing Service

If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the Service. Please share this information with a friend.

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing, hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today, FNS, Inc., is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes four rural healthcare clinics (Community Health Center, Beech Fork Clinic, Kate Ireland Healthcare Center and Dr. Anne Wasson Healthcare Center) and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States. The Frontier School of Midwifery & Family Nursing also trains family nurse practitioners.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925.

Courier Program News -Barb Gibson, Assistant to CEO



Kate Fox



Keith Hendershot

Kate Fox and Keith Hendershot arrived at Wendover January 6 and left at the end of February. Both Kate and Keith attend Bennington College in Vermont and participated in the College's Field Work Term during January and February.

Keith began his work at the new Kate Ireland Healthcare Center in Manchester and Kate at Beech Fork Clinic. At the clinics they had an opportunity to shadow providers, assist with fulfilling patient needs and to help out wherever they were needed.

Kate and Keith also worked on a patient education project making information available to patients and providers regarding many different health problems. Notebooks were placed in all clinics.

Both Kate and Keith had an interest in Appalachian culture. They spent time talking with local people hearing about the history of Leslie County and stories of FNS and Mrs. Breckinridge.

Former Courier News

The following was written by Harriette Sherman Barnes and Bubbles Cuddy Moore, former Couriers at FNS during the 1940s.

"Mrs. Breckinridge came to Cleveland, Ohio, and spoke at our Laurel School Assembly in the late thirties. Harriette Sherman (Barnes) and Bubbles Cuddy (Moore) each thought 'that is what I want to do'. In May 1941, we took off for Wendover". Some of our memories:

Afternoon preparation. The first time Bubbles cracked two glass pitchers and learned to place a silver spoon in the pitcher first to prevent the cracking; always tack to be cleaned and horses to be groomed. Harriette learned that Rex liked to kick; Harriette rode Billy to town. It took her one and 1/4 hours to go and 15 minutes to return. Harriette learned that Billy did not like logging trucks; Bubbles witnessed her first childbirth. It was at Bowlingtown with Nurse Foxy. The mother pulled on a sheet that was tied to the bed post. A beautiful teary-eyed experience; Once we taught Sunday School. The saddle slipped and turned and Harriette fell into the river - bible and all; Special people - Agnes Lewis (Secretary), Jean Hollins (Lead Courier), Pebble Stone who always put wheat germ on her cereal and Kermit who was in charge of the barn guiding us through our duties; Pie beds for all Couriers made by all Couriers; Nips of sherry before dinner; Cockroaches hiding in our shoes; Mrs. Breckinridge's lectures during dinner on the importance of breast feeding and descriptions of miscarriages (ugh); Bowls of mustard greens on the dinner table. Also peanut butter for those who did not like greens. Some of us ate a lot of peanut butter; Bubbles bought a dog that Lulu the cook described as a "toothless hound"; Kermit supplied us with moonshine to take home - another ugh upon tasting. We never wanted to leave!

Bubbles now resides in Pennsylvania and Harriette in Vermont. See next page for photograph.



Left - Bubbles Moore and Harriette Sherman Barnes (photo taken May 2002)

Jennifer Swisher ('97) wrote during November that she is in her first year of family practice residency in Indiana with two and a half years left until she can practice on her own.

Amber Waters ('00), San Diego, California, wrote during December that she is working for Planned Parenthood as a reproductive health counselor and is in the process of applying for her masters in social work.

Sonja Herbert ('91), Berkeley, California, wrote that she is still enjoying public health work in Berkeley.

Luke McDonald ('00), New Orleans, wrote that he is working on a masters of public health specializing in tropical medicine. He will graduate with both his MD and MPH in 2005. Luke visited Siuna, Nicaragua, while on a medical mission trip. He had the opportunity to work in clinics there.

Wendover News

by Barb Gibson, Assistant to CEO

Activities

Even though it has been cold, and at times snow on the ground Wendover stayed very busy this winter. The Christmas Parties Project took a lot of dedicated work. This involved the purchase of toys, wrapping gifts, decorating clinics, coordinating the parties, and attending each party. After the parties



were over, Santa's Toy Shop (the Garden House basement) had to be returned to normal and left over toys had to be stored in the attic for next year's parties.

During January, most of Wendover staff participated in a "painting party" where the second floor of the Garden House was re-painted. This included Courier Dorm rooms.

Spring plans include floor repair in the Upper Shelf, staining and painting of various steps/decks, replacement of rotted wood behind the Big House kitchen, gardening and general maintenance of our beautiful grounds.

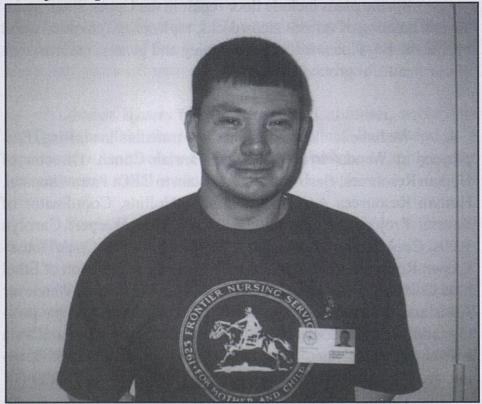
Wendover Staff

We have had some resignations/transfers in staffing. Employees at Wendover now include: Beulah Couch, Director of Human Resources; Barb Gibson, Assistant to CEO; Patra Simpson, Human Resources Assistant; Christine Collins, Coordinator of Special Projects; Linda Sawyers, Cook/Housekeeper; Carolyn Wells, Cook/Housekeeping and Vicky Hacker, PRN Cook/Housekeeper. Resignations and transfers include the resignation of Ethel Mae Caldwell, Development Secretary. AnnDraia Bales, Wendover Assistant, transferred to the Development Office Secretary position and Patricia (Toddy) Mullins was hired to replace AnnDraia as Wendover Assistant. Also, new at Wendover, is Forester Bowling, Jr., Maintenance (see photos on next page).

Through special functions and/or accommodations, we entertained/hosted 173 guests since the last report.



Left to right: AnnDraia Bales, Patricia (Toddy) Mullins



Forester Bowling, Jr. - Maintenance

Christmas Activities Update by Barb Gibson, Assistant to CEO

The idea of reinventing FNS traditional Christmas parties at rural healthcare centers was very successful! I extend special thanks to each one of you who responded to our plea for support in the last *Quarterly Bulletin*.

Our first party was held December 10 at the Hyden Clinic (located inside the hospital). We gave out 83 toys at this party and were able to include the elderly patients on the Medical Surgical floor.

Our second party was held at the Beech Fork Clinic December 12 where we distributed 63 toys. The highlight at Beech Fork was when a little girl told Santa that she was wishing for a "Barbie doll' and the look her face was priceless when Santa handed her one.

During the party at Community Health Center (CHC) on December 17, we gave 103 toys and we gave 14 toys at the Wendover party on December 19. We did not have many children at the Wendover party but several adults visited with us. Many of their family members had worked at Wendover so it was a special occasion for them to be able to return at Christmas time.



Santa's Workshop - Garden House Basement

On December 20 we had Open House at the new Kate Ireland Healthcare Center in Manchester. George Wooton played Santa and was an attraction with his dancing in the parking lot.

We saw enough happiness on the faces of children to convince us that there is still a need for FNS to continue this in years ahead. Thanks again for making this possible. We are very excited about next year's parties and expect them to be much bigger! The following are photographs of parties at Wendover and Beech Fork Clinic.









Mary Breckinridge Healthcare, Inc. News by Mallie Noble, Administrator

As we enter into this New Year 2003 we are faced with many challenges, as are all providers in the healthcare industry. We are working diligently with our Board of Governors and Board of Directors to find ways to survive the difficulty with reimbursement for rural hospitals.



MBHC staff welcomed Madeline Tan, MD, Board Certified Pediatrician, during January 2003. Dr. Tan and her husband, Abdelhamid Bourbia, Pediatrician and Neonatologist, live in Hazard, Kentucky.



Dr. Madeline Tan, MD, Board Certified Pediatrician

Mr. Thomas and I spent a lot of time traveling in January meeting with Senator Robert Stivers, Senator Daniel Mongiardo and State Representative, Tim Couch discussing the Medicaid shortfall and how it affects the operations at Mary Breckinridge Healthcare, Inc. Mr. Thomas and I have also attended meetings of the Leslie County Chamber of Commerce, Leslie County Fiscal Court Mary Breckinridge Festival Committee.

I wish to thank Mayor Eugene Stewart and staff from the City of Hyden for their help with snow removal during the recent snowfalls. Christmas, as always, has been a special time for everyone here at MBH. The CARE Committee and Employees sponsored over fifty children through the County with the Christmas Angel Program. We did this in conjunction with the Department of Child Welfare.

On December 10th, Santa and his helpers visited the Hyden Clinic. I will never forget the look in the children's eyes when they came into the room and saw Santa sitting in the rocking chair. Every child received a gift, fruit, candy and cookies. One memory particularly sticks in my mind as a child was leaving, he looked back and asked "will you be back tomorrow Santa?, thank you." As I sat there watching the children, memories came back to me when I was a small child standing in a similar line with Santa giving out gifts, candy and fruit with Mary Breckinridge standing beside him. I personally thank the Wendover staff for all the time and effort they put into this project, especially, for the memories.

Camaraderie is very important when working as a team in the healthcare industry; therefore, the formulation of an Activities Committee. Mrs. Edith Hensley, Emergency Room Manager has taken on this task and hit the ground running with it. Our first outing on February 3rd was to the local Mexican Restaurant - El Azul's in Hazard, Kentucky, for dinner followed by a few hours of bowling. We had a fun filled evening and plan to have these outings at least twice a month.

Rural Healthcare Centers Update

by Heidi Froemke, Dupont Chair Director of Rural Health Clinic Operations

On January 13, 2003, the Kate Ireland Healthcare Center was opened in Manchester, KY. It is the first of the rural health clinics to be opened under the new corporation, Frontier Nursing Healthcare, Inc. It has been a slow start as word gets out about the clinic, but we are saturating the local



airwaves and newspapers with advertisements for the clinic and its providers.

Angela Mitchell, FNP, Debi Karsnitz, CNM and Lynn Wilkening, CNM, are all local "Manchesterians" so we are counting on their good names in the community to be the best draw! The clinic is done in the traditional FNS blue and white. The whitewashed walls, wood floors and trim, winding staircase, and French doors give it a very classy look. Working along side us are Gail Jo Marcum, Receptionist and Wilma Reed, LPN. Dr. Ashutosh Mishra, our Medical Director, arrives one morning a week for consultations and to see patients. We still have inspections to get through, but have always maintained that if we could just get the doors opened, everything else would fall into place.

The next clinic to open will be the Dr. Anne Wasson Health-care Center in Hyden. Right now it looks like a tornado went through the building, but the countdown is on and we remain focused on the projected start date of March 4, 2003. On that same day we are anticipating that the other two clinics (Beech Fork and Community Health Center) will also join the Kate Ireland and Dr. Anne Wasson Healthcare Centers in officially becoming a part of the new Frontier Nursing Healthcare Inc.

Frontier School of Midwifery and Family Nursing News by Dr. Susan Stone, CEO & President

Aunt Hattie's Barn Becomes the Student Learning Resource Center

The Hill is buzzing with activity as renovations take place to convert Aunt Hattie's Barn into a modern Learning Resource Center for our students. The Board of Directors approved the conversion of the interior of the Barn into the space that our students need.



Our students currently use the very small 450 cubic square feet of space for the library located in the Morton Gill Building. In addition, the computer laboratory is located in the back of the Morton Gill building. As our School has grown in the past ten years, these facilities have often been very cramped for number of students attempting to use them.

In 1995, the east side of the first floor of Aunt Hattie's Barn was renovated into one large classrom called the Dr. Anne Wasson Classroom. The remainder of the space housed hospital staff in apartments on both the first and second floor of the Barn. These apartments were used sporadically and most often remained vacant. We determined that FNS had enough alternatives to house the few staff that used the Barn apartments. The current renovations will remove all the Barn apartments and replace them with student learning space. The west end of the first floor will house the Alice Whitman Memorial Library. This space will have new bookshelves, two computer stations and staff space for the Librarian to work. There will also be reading tables and comfortable sitting area for quiet reading. The second floor will hold the new computer-learning lab. There will be ten computer stations, all with Internet access. There will also be a computer instructor area. A private audio visual/reading room will provide a place for students to view videos together, have discussions and view historical

(0)

materials. This room has a beautiful window that looks out over the mountians. The east end of the second floor will house another classroom.

The building renovations are going well and we have plans to finish the entire plan by April of 2003. This new facility will provide on site students with expanded opportunities to use the Library, the computer and a comforable space to study. We are very excited. We want to extend our sincere appreciation to our many donors who made this renovation possible.



Aunt Hattie's Barn in the early years

WEBSITES

Frontier Nursing Service - www.frontiernursing.org

FSMFN Community Based Nurse Midwifery Education Program (CNEP) - www.midwives.org

FSMFN Community Based Nurse Practitioner Program (CFNP)

<u>www.frontierfnp.org</u>

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FRONTIER NURSING SERVICE

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1 ALL CONSTRUCTION SHALL BE PERFORMED PER APPLICABLE KENTUCKY BUILDING CODES. NOTES

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LEGEND

REVENSE EXSTING DOOR SWING. HEACH'S EXSTING DOOR AND JAMB. NPLL. OFFINING TO FLUSH EVEN BOTH SIDES.

SECTION 305.3, TABLE 602.5, TABLE 503

OCCUPANCY B, TYPE Y

CODE

3. KENTUCKY BULDING CODE 2002

NON-SPRINLER
TOTAL AREA ALL PLOORS 5000 SF

NSTALL NEW DOOR CONSTRUCT NEW 3"-0" WDE STARWAY, WITH HANDRALS BOTH SIDES.

INSTALL NEW COUNTERTOP AND BASE SUPPORTS.

6 CONSTRUCT NEW WALL
7 PEMOVE EXSTING WALL
10 HEACATE EXISTING EXTERIOR DOOR
10 HERE.

PROPOSED FIRST FLOOR PLAN

(0)

FRONTIER NURSING SERVICE



PROPOSED SECOND FLOOR PLAN

EGRESS BALCONY/WALKWAY 10 READING ROOM COMPUTER LAB (9) 0 0 (4) 0 WECH (0) STORAGE 0 6 3 (0) CLASSROOM BALCONY/WALKWAY N 18,

LEGEND

1 REVENSE EXISTING DOOR SWING.
2 REMOVE EXISTING DOOR AND JAMB. INFL.
QPENING TO FLUSH EVEN BOTH SIDES.

3 NSTALL NEW DOOR 4 CONSTRUCT NEW 3"-0" WIDE STARWAY, WITH HANCRALS BOTH SIDES.

5 INSTALL NEW COUNTERTOP AND BASE SUPPORTS.

6 CONSTRUCT NEW WALL

7 REMOVE EXISTING WALL

8 RELOCATE EXISTING EXTERIOR DOOR TO HERE.

In Memory of Mary Marvin Breckinridge Patterson

(4)

On Thursday, January 9, 2003, at 3:00 pm, I attended the memorial service for Mary Marvin Breckinridge Patterson held in the sanctuary of the National Cathedral in Washington, DC with Ruth Lubic, founder of the DC Birth and Family Center. Mrs. Patterson contributed funds, in memory of Mary Breckinridge to furnish the DC Birth Center in Washington. We sat behind Kate Ireland and Dr. Patience White of the FNS Board of Governors. Flags hung on both sides of the entrance to the sanctuary bearing the motto and logo of the FNS. These were commissioned by Mrs. Patterson to honor Mary Breckinridge and usually hang in St. John's Chapel at the entrance to the Children's Chapel.

The eulogy for this remarkable woman was given by the Honorable Clarence J. Brown, Jr., former congressman from Ohio. It is published here in its entirety.

- Kitty Ernst

"Born to the silk of the wealth and historic reputations of two of America's great families and married into another, Mary Marvin Breckinridge Patterson might well have lived a life of private ease without any social significance or notable personal accomplishment.

"But the blended heritage of her great grandfather, Kentucky's John Cabell Breckinridge and her maternal grandfather, Ohio's B.F. Goodrich, could not be denied.

"The former, a Vice-President of the United States, Democrat presidential candidate against Abraham Lincoln, general in the Confederate States Army and Secretary of War of the Confederacy, was an heroic battler to preserve a way of life he held dear.

"But her maternal grandfather was an innovative inventor and the founder of a business which forever changed fundamental aspects of American Life. From her strong Goodrich mother, Isabella; her handsome attorney father named for his grandfather and her three bold and dashing brothers, Cabell, Chad and Robert, she learned to be an actively independent woman.

"As a student at Vassar, she gave her family and friends a foretaste of her future life of ecletic action by swimming the Hudson in her undies while she carried her proper dress, dry above her head, for a night on the town in Poughkeepsie.

"Within months of that adventure, she had helped found the National Student Association of America, of which she would become national president, had her formal debut in New York Society, and had been presented at the Court of St. James in London. In the months following her 1927 graduation she also learned to play polo and herd cattle at the family ranch near Santa Barbara, California; to fly an airplane near the family vacation home in York, Maine where she became that state's first licensed female pilot; and began her lifelong interest in multiple flash photography by enrolling at the New School for Social Research in New York near the family home there.

"Are you beginning to get the picture of a woman of her times - - - or perhaps a woman of ALL time: Eve contemplating the Apple of Life and thinking to herself, "Why not?"

"In 1939, three years after graduation, she established herself in a professional career as a cinematographer by making a black and white silent film about her cousin Mary Breckinridge's Frontier Nursing Service where Marvin had been a volunteer horse-back courier for a summer after her college graduation in the poorest, most benighted hills and hollows of Kentucky. The Forgotten Frontier, made by 25 year old Marvin, within two decades of the first public showing of a motion picture in the U.S., has been cited by the American Film Institute as an historic and all time classic.

"After studying still photography with Clarence White in New York, her photographs began appearing in Life, Vogue, Harper's Bazaar, Town and Country, Junior League and many other magazines and metropolitan newspapers of the day.

"Included there were her shots of Africa taken on a 1932 trip from Capetown to Cairo with her friend Olivia Stokes and Canon and Mrs. Anson Phelps Stokes. Their trip was made within the lifetime of those who could recall Stanley's sensational finding of Dr. Livingston in the Dark Continent. After Cairo she and Olivia had then gone on, ALONE to Palestine, Turkey and France, where Marvin resolved that she would make it her life work to see, photograph and write about the world. Eight years later, assignments

from Town & Country to cover the Lucerne Music Festival and Life magazine to cover a Nazi rally in Nuremburg, brought her face to face with world politics.

"She had been introduced previously to domestic politics as an Intern in the Washington Congressional office of her cousin and godmother, Isabella Selmes Greenway, Arizona Democrat. There, and as a secretarial assistant to Jouett Shouse, the chair of the Executive Committee of the Democrat National Committee, Marvin had been introduced also to a bachelor Foreign Service Officer from Dayton, Ohio. Her 1940 European jobs would change both his life and hers.

"On arriving in London, Marvin ran into another old friend, Edward R. Murrow, whom she had first met through their mutual participation in the Nation Student Association. The CBS news broadcaster asked her to report on the impact on average British families of the war just begun in Europe. After that first broadcast, for the next seven months, she originated and wrote, past the censors, her own on-air portions of those historic broadcasts from London and elsewhere in Western Europe, where she worked with Tom Grandin in Amsterdam, Eric Severeid in Paris and William L. Shirer in Berlin. Three times she was on the last train out of a nation as the Nazis marched across Europe: Lucerne to Calais when Poland was invaded; Amsterdam to Paris as the Netherlands fell, and Paris to Genoa as France collapsed. Like the Biblical Ester working to save people from the oppressive wrath of Xerxes, Marvin was in the thick of things.

"But she also had a conquest of her own: Jefferson Patterson, the Dayton diplomat son of a founder of National Cash Register and fifteen years her senior, asked her to marry and she consented. No stranger to adventure himself, Jeff later wrote in his autobiography of his first assignment by the U. S. State Department. It was to Beijing, China in 1920, nineteen years after the Boxer Rebellion, and all he was told was 'to get there on your own the best way you can'. Assigned to Berlin after their marriage in 1940, a year before the U. S. entered the war, the two visited German prison camps under the auspices of the International Red Cross to interview captured American partisans and allied prisoners of

war until the Germans, aware of her broadcasts from defeated European capitals, forbade her participation, but not until they spirited out many secret messages. Ultimately the U. S. State Department suggested that it was "unseemly" for the wife of a diplomat to also write journalistically in the delicate pre-war and wartime climate. To draw another biblical analogy, Marvin acceded to her husband's career like Ruth with "wither thus goest, I will go." That "going" included Jeff's wartime and post war assignments to Peru, Belgium, Egypt, the UN Special Committee on the Balkans, and Uruguay, where he served as U. S. Ambassador. Her professional career now ended at State's request, Marvin took photographs and wrote articles only for the benefit of U. S. interest, family memorabilia and to provide advice to the wives of diplomats and of the Department itself in addition to her many other duties as wife, hostess, staff director and examplar of her country.

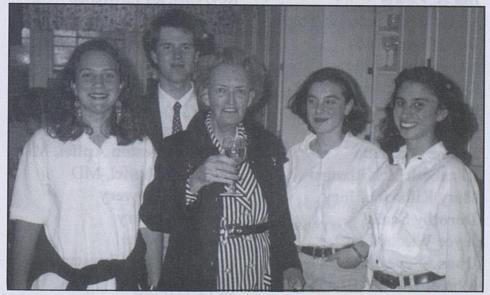
"For 20 years after their retirement from the Foreign Service, Jeff and Marvin continued to travel, write, photograph and to acquire, with exquisite taste, works of art from around the world. They shared with others these collections and their diplomatic and travel experiences through their writings and photographs and by their service on boards and committees of the Frontier Nursing Service, the Textile Museum, the National Symphony Orchestra, Meridian House International, International Student House. The Smithsonian Institutions, the Corcoran Gallery of Art and the Folger Shakespeare Library. Derby Day parties at their Washington home to benefit the Frontier Nursing Service; Labor Day weekends for guest at River House in York, Maine and at Point Farm in Calvert County, Maryland were memorable experiences of elegance and fun.

"But with Jeff's death in 1977, Marvin devoted her remaining 30 years to "decollecting" as she described her amazing and again ecletic generosity. River House became the Breckinridge Public Affairs Center for Bowdoin College and Point Farm's 544 acres became Jefferson Patterson Park and Museum, the largest single gift to the state of Maryland and one of the State's most significant historic, environmental and archeological sites.

"Were I to try to list all the organizations and institutions which have received financial and material support from the resources of Marvin and her late husband, we would be here for the rest of the afternoon. That generosity will continue under the MARPAT Foundation which she established for that purpose. Unquestionable, the MARPAT Foundation will research and fully document that past and its future generosity. And if all those individuals who have and will be benefitted by that generosity were present here today, this cathedral, with its central Patterson Pillar, would not be big enough to gather them all under its roof.

"Marvin filled her 97 years with much more than a century of adventures which she shared with family, friends and loyal staff to the end. She and Caroline Simmons went off to Yemen in their 80's and just before her 90th birthday. Marvin joined the Society of Women Geographers on an ocean voyage to Antartica.

"None of us knows what happens to the spirit of a soul like hers or our own when the body abandons it. But in Marvin's case another biblical analogy comes to mind: I hear her calling back to Patty, Ian, Isabela, John and all the rest of us; saying "come on' let's see how we can enjoy life by helping" as she waves from the back of a camel as it gallops through the eye of the needle, on to her next adventure.



Marvin's visit to Wendover in 1994 with Couriers - Big House

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

Mrs. Cloma Porter Moore, Hyden, Kentucky, passed away January 24, 2003. She was 80 years old. Cloma was very active in the Mary Breckinridge Hospital's Auxiliary. Cloma was married to Eddie J. Moore and together in 1946, they founded Moore Lumber Company in Hyden. Cloma taught school in Ohio and in Leslie County. Cloma was a supporter of the FNS for many years.

IN MEMORY OF:

Dr. Anne Wasson Beth Wasson McDaid **Margaret Lowery** Harding Lowery Mr. & Mrs. Taylor Lowery Harding Lowery Ida B. Lewis Mr & Mrs. Frederick Thiele **Belle Cave Wade** Mr. & Mrs. Frederick Thiele **Judith Carrico-Maixner** Mary Ann Mitchell Mary B. Cole Joanne C. Bhatta Elizabeth Y. Kilbourn Mary Kilbourn-Huey **Dorothy Scaief** Joyce Wiechmann **Donna Severance** John & Dolores Connolly Teresa Schwartz

Efrem S. Schwartz

Marvin B. Patterson Jane Leigh Powell Helen B. Breckinridge Maria J. Stein Mr. & Mrs. William Leach Dr. & Mrs. Charles H. Clark Rev. Charles Lawrence Jessie Schenk Sister Mary Charles Prince John Paul Dratz Mrs. Joseph Carter **Robert W. Anderson** Mrs. Joseph Carter Carol Furgeston Apffel, MD P. Richard Apffel, MD **Margaret Lowery** Harding Lowery Irwin T. White Janet & Evans Cheeseman **Diane Sault** William E. Sault

Susan B.B. Moody
Capt. William B.B. Moody

IN HONOR OF:

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Mrs. Joseph Severance, Jr.
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Charles L. Griggs
G. Watts & Sally Humphrey
Ben & Linda Roark
Women of Kentucky
Robert & Margaret Plotkin
Elizabeth Hutchinson
Jeff Shipp
Mardi B. Perry
Ann B. Day

Miss Kate Ireland
Cloma Moore
Miss Anne Cundle
Cloma Moore
Mrs. William Hayes
Barbara Post
Mrs. Charles Chatfield
Beth Logan
Betty & Don Rosine

Attention FNS & Former FNS Nurses!

I am writing a book on the history of FNS nurses, past and present. I am hoping to find nurses out there who are willing to share their experiences, lives and stories of their work with the FNS with me. If you are a nurse, former nurse, relative or friend of an FNS nurse who has since passed on, then I would very much like to hear from you! FNS nurses are truly remarkable, their contributions and achievements should be recognized and their voices should be heard. If you would like to help, please feel free to contact me at the following:

Edie West, MSN, RN, CS Assistant Professor of Nursing Lake Superior State University 650 W. Easterday Avenue Sault Ste. Marie, MI 49783 906-635-2146 ewest@gw.lssu.edu

FNS and Subsidiary Corporations

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Barb Gibson, Assistant to CEO
Jennifer Mercer, Controller
Kevin Couch, Assistant Controller
Beulah Couch, Director of Human Resources
Brent Swafford, Plant Operations Manager

Frontier School of Midwifery & Family Nursing (FSMFN):

Dr. Susan Stone, Dean and President
Dr. Julie Marfell, CFNP Program Director
Susan Ulrich, Chairperson of CNEP
Vicky Riley, Financial Aid/Grants Manager

Mary Breckinridge Healthcare, Inc:

Mallie Noble, Administrator
Linda Craft, Director of Nursing
Ashutosh Mishra, Internist
Albino Nunez, Emergency Medicine
Madeline Tan, Peditrician
Roy Varghese, Internist, Chief of Staff

Frontier Nursing Healthcare, Inc.

Heidi Froemke, FNP, Director of Rural Healthcare Clinics
Mary Lou Bradbury, FNP
Deborah Karsnitz, CNM
Beverly May, FNP
Angela Mitchell, FNP
Lynn Wilkening, CNM

FNS. Inc.

(the parent)

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Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

- 1. By specific gift under your Will you may leave outright a sum of money, specified secruities, real property, or a fraction or percentage of your estate.
- 2. By gift of residue under your Will you may leave all or a portion of your residuary estate to the Service.
- 3. By life insurance you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to: Frontier Nursing Service Mr. William Hall, Treasurer Fifth Third Central Kentucky Trust 250 West Main Street, Suite 100 Lexington, KY 40507

Staff Opportunities

Because text for the *Bulletin* must be obtained several days before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

Staff opportunities: Family Nurse-Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact the Department of Human Resources, Wendover, KY 41775 (606-672-2913).

Courier Program: This Program encourages applications from anyone who is willing to volunteer for a minimum of 8 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator, FNS, Inc., 132 FNS Drive, Wendover, KY 41775 (606-672-2317). Courier Program e-mail - courierprogram@yahoo.com.

Nursing Volunteer Program: This Program is designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this Program, if accepted, there is no required amount of time. For current information, write or call the Director of Nursing, Mary Breckinridge Healthcare, Inc., 130 Kate Ireland Drive, Hyden, KY 41749 (606-672-3162).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Otoscope	254.00
O2 Sat Machine	264.00
Blood Pressure Cuffs (3)	114.00

Medical/Surgical:

Portable Blood Pressure Cuffs (2)	350.00
Electronic Thermometers (2)	428.00
Littman Stethescopes (1)	45.00

Nursing Administration:

500.00

Rural Healthcare Clinics:

Christmas Children's Toys	2,000.00
Water Piks (4)	140.00

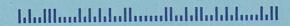
WE THANK YOU FOR YOUR PARTICIPATION





PLACE FIRST-CLASS POSTAGE HERE

FRONTIER NURSING SERVICE INC DEPT 1398 WENDOVER PO BOX 143 LEXINGTON KY 40588-0143



Loose Item

Please send me more information about:

The FNS Courier and Volunteer programs.

Visiting and Touring the FNS.

Books and other literature concerning FNS.

Change of address.

As an interested friend, my subscription of \$5.00 a year is enclosed.

New
Renewal

As a supporter, you will receive the Frontier Nursing Service Quarterly Bulletin unless you request otherwise.

Enclosed is my gift of \$ _____



Mary Breckinridge's home at Wendover. Historic Landmark – Restored in 1981. Name
Address
City State
Zip

Your Gift is Tax Deductible

Loose Item

FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations of the Frontier Nursing Service.
Article III as amended June 8, 1984