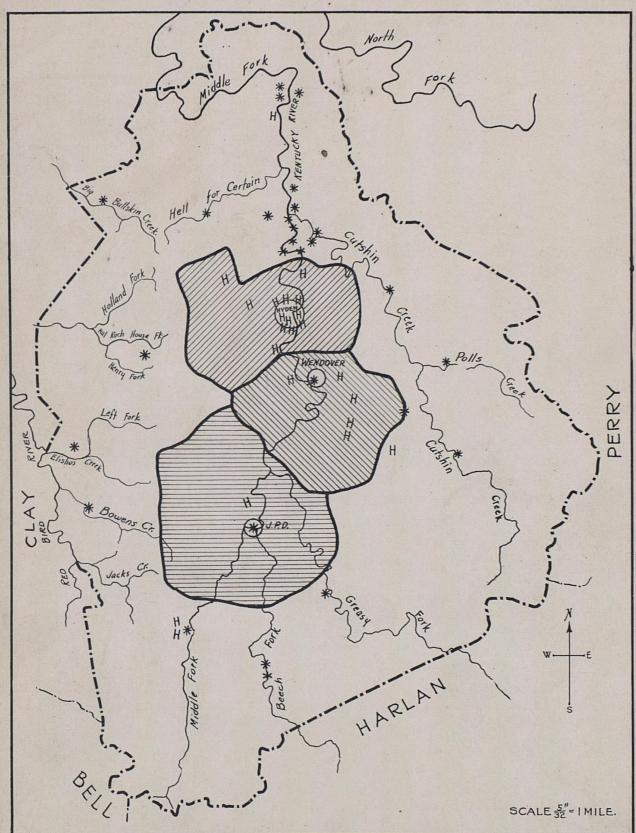
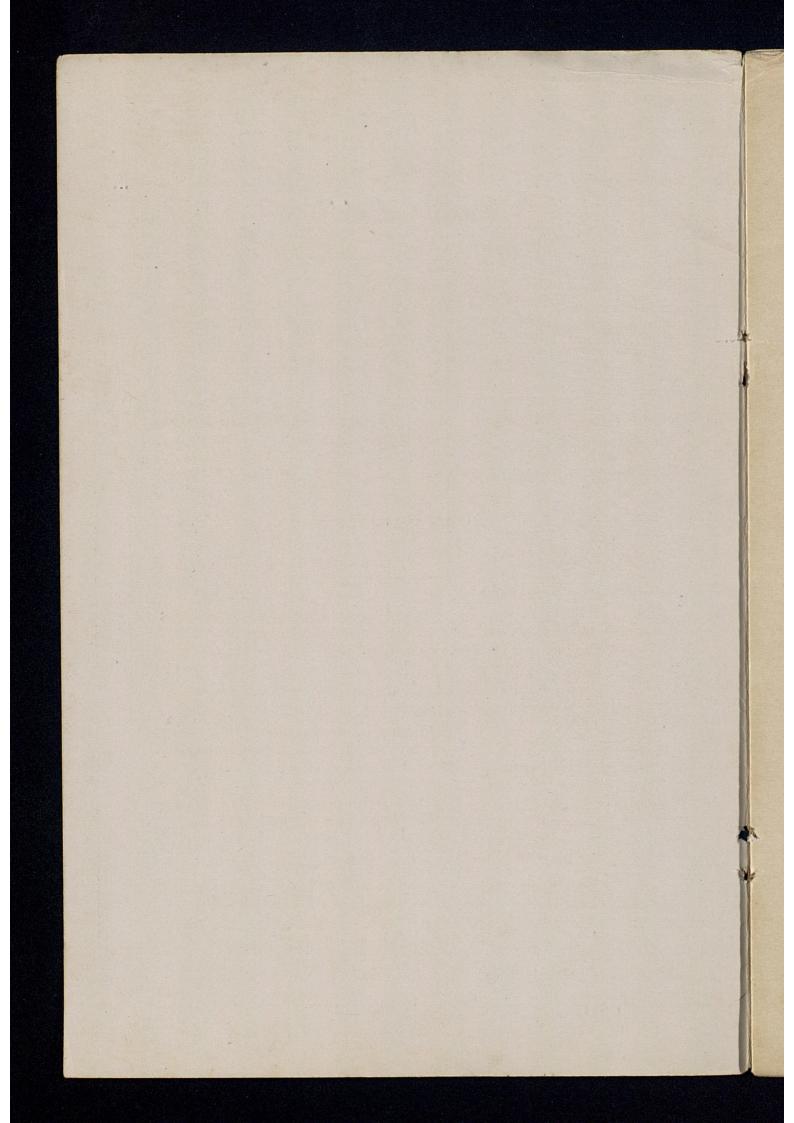
# The Quarterly Bulletin of The Kentucky Committee for Mothers and Babies, Inc.

VOL. II. OCTOBER, 1926 NO. 2



MAP OF LESLIE COUNTY, KENTUCKY



## EXPLANATION

# of MAP of

## LESLIE COUNTY, KENTUCKY

Total area of county	373 square miles
Total population	10,097
County seat	Hyden (313 pop.)
Shaded Area	Territory covered to date by our first three centers.
*	Calls from beyond this territory met by our nurses including—  Midwifery Cases  Nursing Cases  Health Talks  Typhoid Vaccine  Diphtheria Toxin-anti-toxin  State eye, ear, nose and throat clinic at Wooten, 1 nurse 3 days.
H	Cases sent to Louisville and Lexington hospitals and physicians, 23.

## For the Last Quarter

#### IN THE FIELD-THE THREE CENTERS

#### HYDEN

This nursing center was one year old September 1st. Together with Wendover it has under its care 139 babies and 215 toddlers, and has arranged with Dr. James K. Stoddard, lately come into the county and located at Pound Mill Gap, for a monthly medical clinic for these little ones. In midwifery the nurses have registered 70 expectant mothers to date, of whom 40 have been safely delivered. The value of pre-natal care is now so appreciated that in September we had cases registered for as far ahead as April.

In school work the seventh and eighth grade girls and high school girls at Hyden, (42 in all), have begun the Red Cross classes in home hygiene and care of the sick, taught by the nurses.

In the inoculations against typhoid and diphtheria Hyden has not only met the calls in its own area but sent nurses a day's ride out of the district at the request of Maggard's Branch on Cutshin, stricken with typhoid. For four successive weeks two nurses went there overnight as the guests, together with their horses, of Jim Lewis, member of the County Committee, and inoculated 96 people. It is always necessary to go four times, as many new people come in on the second visit. Samples of well water were also sent away for analysis, and the citizens at Maggard's Branch are taking steps to protect their wells from contamination.

So progressive are the Leslians in claiming health protection when they learn of it that the demand for inoculations has taxed our powers to meet. The high water mark was reached on Bull Creek, where Miss Caffin gave 140 inoculations single-handed in one afternoon. This was at Charley Woods school, which has the distinction of 100 per cent of the pupils against both typhoid and diphtheria, and included the neighborhood.

We have given nursing care to a case of typhoid in the county jail, scrubbed the place with lysol, and, by permission of the county judge, inoculated all the prisoners.

Quarrying for the permanent center is under way near the site, and 2,500 blocks of stone are quarried. The Hyden District Committee has appointed a special building committee composed of Sherman Eversole, M. C. Begley and Walter Hoskins. The District Committee is also paying for this bit of work out of its own funds, and every stone mason is giving his labor for one day as his contribution. Meanwhile the staff are facing the winter in their temporary quarters.

#### WENDOVER

This center is but six months old and follows in nursing a program similar to Hyden, over an area as large but with less than half the population. It is, therefore, a one nurse post in charge of Miss Ellen Halsall. But, as administrative head-quarters and guest house, Wendover shelters many other activities. Since it opened in March, 35 house guests, mostly from far away, have been entertained there by Mrs. Breckinridge, a total of 295 days. When one remembers how hard the long ride is in and out from the railroad, one realizes the honor these guests confer in coming. Among the most welcome was Mlle. Annette Dohring, one of the nurses of the old American Committee for Devastated France, now attached to the Association d'Hygiene Sociale de l'Aisne, and in America on a scholarship, who came to us for a month's observation and study of our methods.

Guests for whom a special meeeting of Hyden citizens got together, were E. O. Robinson of Cincinnati and Judge Edward O'Rear of Frankfort. Miss Corbin, Director of the Maternity Center Association in New York, was a veritable tonic. From our own Dr. Josephine Hunt of Lexington, we got more help than we can ever express. Many were the rough miles she rode to see patients too frail to come to her, and at her clinics at both Hyden and Wendover the rooms were thronged with women and children.

Other very special guests were Brooke Kirkland of New York, age 14, who gave six weeks of his school holidays to take care of our horses and to escorting people in from the railroad; and Leslie Adams of Camp Creek, age three months, with us four weeks, who put up the fight of his life, and won.

#### THE JESSIE PRESTON DRAPER CENTER

This is going up, as this bulletin appears, on a lovely site at the mouth of Bad Creek, just above where Beech Fork and Middlefork come together. Miss Peacock and Miss Willeford, carrying on with dispensary and living quarters in two rooms at a local land owner's, are almost literally building it with their own hands. It takes a team from here over three days and nights to make a trip out to the railroad and back for supplies.

At a meeting of prominent citizens in this remote part of the mountains, every one of the forty men and women present pledged support to help build the new center. Many gave a day's labor or more. One gave 112 square feet of oak lumber, others trees for the hand hewn shingles and sills for the barn, another stone for the house foundation and chimney. The land has been surveyed, the deed drawn up, and oversight of the whole given by Walter Hoskins, lawyer from the county seat, whose father is a large land owner in that section.

#### "THE TRAIL OF THE PIONEER"

This is the title of the four reel motion picture taken for us in Leslie by Elizabeth Perkins and Sophie Smith of the Film Mutuel Benefit Bureau. When their wonderful offer came, a call meeting was held at Wendover, last Christmas, of the Leslie County Branch Committee, which voted them an invitation. Arrangements for special showings, with speaking, are being made for this film by Miss Jessie Carson, who is giving her time for this purpose to the Kentucky Committee.

#### RECORDS

In order to make sure that the records we are so carefully keeping would afford an exact indication of the work covered, we sent copies of them to Mrs. La Malle, Superintendent of Nursing of the Metropolitan Life Insurance Company and Chairman of the Committee on Records of the National Organization for Public Health Nursing. From her letter we quote as follows:

### METROPOLITAN LIFE INSURANCE NEW YORK CITY

October 22, 1926

"Mrs. Mary Breckinridge, Hyden, Leslie County, Kentucky.

My dear Mrs. Breckinridge:

"In order to give you the benefit of expert counsel, I discussed these records with Mr. Kopf, who is Assistant Statistician working with Dr. Dublin. I will quote from his memo his reaction to these records.—'These records seem to be satisfactory in all important respect for the unusual type of work being done.' \* \*

"It would seem to me from his reaction to the records, which would be much more valuable than mine, that you have completed form records which will undoubtedly give you intelligent information so that you will be able to evaluate your work and know its reresults.

"Personally, as I reviewed them I thought they were very constructive and would enable you to know where you were going.

"Miss Corbin, Director of Maternity Center, spent a few hours at the Home Office recently and lunched with me, at which time I had the pleasure of hearing all about the splendid work that is being done by you in Kentucky. She was enthused about the earnestness and desire of each member of your staff to perfect satisfactory work for the mountain people. It was refreshing to hear her reaction to the work. I know you will obtain the results you hope for, namely, the reduction of maternal mortality.

"Remember we shall be very glad to see you at any time you visit New York."

"Very sincerely yours,
(Signed) Helen La Malle
Superintendent of Nursing."

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Miss Ellen Young, Henderson.

# THE KENTUCKY COMMITTEE FOR MOTHERS AND BABIES, INC.

#### Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

### Its purpose:

To safeguard the lives and health of mothers and young children by providing trained nurse-midwives for rural areas where there are no resident physicians—these nurse-midwives to work under supervision; in compliance with the Regulations for Midwives of the State Board of Health, and the law governing the Registration of Nurses in Kentucky; and in co-operation with the nearest medical service.

## THE QUARTERLY BULLETIN

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