

## Vitamins in excess can be harmful

By CAROLYN EDWARDS  
Staff Writer

Supplements of vitamins and minerals will not guarantee a healthy body — in fact, they can even be a threat to people's health, according to Dr. Fudeko T. Maruyama.

Maruyama, an extension professor in UK's department of nutrition and food science and the president of the Kentucky Dietetic Association, spoke to about 60 Donovan Scholars yesterday in the Student Center.

Large doses of vitamins and minerals are not the answer to becoming energetic and healthy, she said. "I would rather see people get their minerals from the right kinds of food."

People have many misconceptions about vitamins and minerals, Maruyama said. Many people have been told to take vitamin C to prevent catching colds, or vitamin B-12 to be more energetic. But according to Maruyama, this has not been proven by scientific research.

"Vitamin C does not prevent colds," she said. In fact, too much vitamin C can be harmful, she said. Some people greatly exceed the recommended daily allowance by taking up to 500 milligrams a day of vitamin C. The RDA is 60 milligrams a day. Prolonged and excessive use can cause gastrointestinal problems, kidney problems and can stop the functioning of B-12 in the body, Maruyama said.

Many believers of B-12's reviving power take supplements to prevent fatigue and gain energy. But Maruyama said this is also a myth. "Research studies show that it does not relieve tiredness and it doesn't provide extra energy," she said.

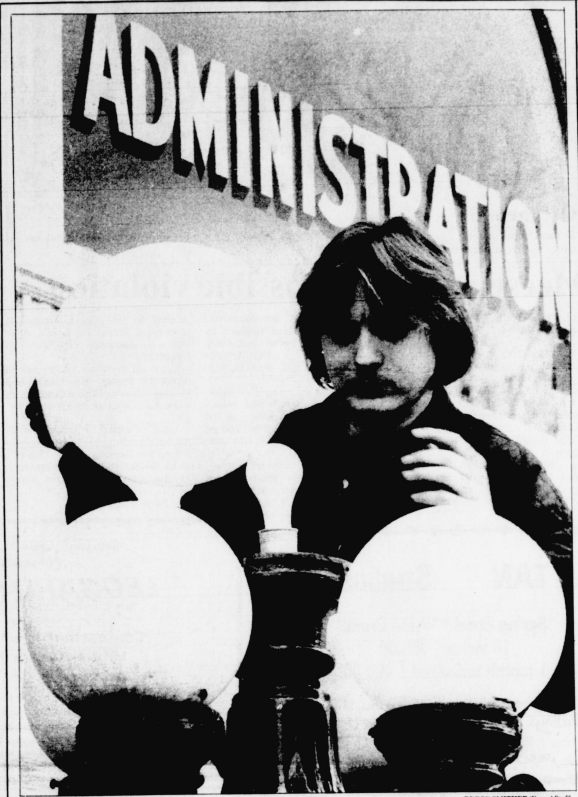
An excessive dose of vitamins and minerals can be potent. These doses are 10 to 100 times greater than the RDA, Maruyama said, and should not be taken on a self-prescribed basis. "There ought to be a medically sound reason," she said.

Large doses of these vitamins and minerals can cause imbalances in the functioning of other vitamins and minerals. Too much zinc can cause an imbalance in copper and too much B-6 can interfere with the utilization of riboflavin.

Calcium supplements are not always safe either, Maruyama said. Some are produced with animal bone meal which contains harmful quantities of lead and mercury. Those who want to prevent osteoporosis, a bone disease most common in older women, should try to obtain enough calcium through their food intake, especially by drinking milk, Maruyama said.

This disease develops slowly over a period of time and so cannot be cured by taking calcium supplements later in life. But for those with osteoporosis, increased calcium intake can be helpful in preventing further deterioration of the bones, she said.

Maruyama said vitamins and minerals are often said to have miraculous qualities by companies to sell products, such as shampoos and moisturizers. But added vitamins in these products do nothing for the hair or skin. "Vitamins are not absorbed through the skin," she said.



One if by land

Jerry Oney, a building operator in the Physical Plant Division, replaces a bulb in front of the Administration Building yesterday. The bulb cracked from pressure from the heavy winds last week.

## Grant aids accounting school

By DOUGLASE PITTENGER  
Staff Writer

The department of accounting recently finalized plans that landed a grant worth more than \$20,000 from Coopers & Lybrand, an international public accounting firm.

The grant is part of the firm's curriculum development program, which focuses on the integration of computers into accounting courses, said Brent Inman, national director of recruiting for Coopers & Lybrand.

He said the program started with 10 pilot schools participating. As the program expanded, 36 schools, including UK, were then selected. Inman said UK was picked based on recommendations from Coopers & Lybrand offices in Lexington and Louisville. "It's (UK) certainly one of the key resource schools in our firm, and was recommended by our offices down in that area," he said.

According to Micheal Tearney, chairman of the accounting depart-

ment, the grant consists of the use of Coopers & Lybrand software, use of its "800 service number" support system for two years and updating service for the software.

Also included is a special training seminar for two accounting faculty members to review existing curriculum and courses to increase the use of computer applications. To compensate for the released time of those faculty members, \$20,000 also will be included.

As department chairman, Tearney said the clear-cut choices to attend the seminar were associate professors James Holmes and Daniel Fulks.

"I got a list of the people that had done this last year," Tearney said. "There was about 28 people and I looked at the backgrounds of those people and tried to pick our own faculty that had similar backgrounds. That was how the selection was made."

He also explained that their ind-

idual qualifications made them quality choices. "Holmes is in managerial accounting and has a strong interest in computer applications. About 50 percent of the people that attended this thing had backgrounds similar to him," Tearney said.

"Fulks is in income tax and there are a lot of computer applications to the tax field and that was how he was selected."

Tearney said Holmes and Fulks will be trained in four different software packages including auditing, income tax, business combinations and the differences between accounting and tax depreciation.

According to Inman, the seminar will be held in New York this summer over a two-day period. Holmes and Fulks will then return to UK and train other faculty members in taking the software and trying to integrate it into accounting. The professors will return to New York in the fall with a summary report of their results.

## Student code change gains first approval

Senate to consider proposal prohibiting discrimination due to sexual orientation

By LINDA HENDRICKS  
Staff Writer

A proposed wording change that would prohibit discrimination by the University because of sexual orientation was passed at the Senate Council meeting this week.

The proposal will now go before the University Senate at its Feb. 11 meeting for a vote. If passed, the revised section of the University Senate rules would be amended to include sexual orientation, age and marital status as irrelevant factors when grades are being determined.

The revision would go into effect immediately if approved by the Senate.

The proposal originated when four registered student organizations

submitted the word change proposal to the Student Government Association. The National Organization for Women, Socially Concerned Students, Young Democrats and Emergence, a feminist newspaper, all supported the proposal.

"The Gay and Lesbian Union of Students, which is not a registered student organization, also supported the proposed revision."

According to Tim Freudenberg, SGA president, the groups came to him last fall for advice on how to revise the Student Rights and Responsibilities handbook.

"They wanted advice on how to go about changing the Student Code Book," Freudenberg said. "This isn't a pro-gay or pro-homosexual issue."

See STUDENT, page 5

## Future teachers gain firsthand experience

By TRINA JACKSON  
Reporter

While most of the UK community is busy playing the role of either student or teacher, there are others who manage to do both.

This semester, many students in the College of Education will tackle the role of student teaching. For first year graduate student Francis Glover, who began student teaching last spring, the adjustment was not easy.

"I was afraid I'd slow the class down or put them behind," Glover said. "But you must realize that you're still learning. You still don't

know all the mechanics of a regular teacher."

Student teaching is the third part of the college's three-stage field experience program which each student must complete in order to receive certification, according to Sharon Brennan, the college's director of laboratory experiences and certification.

The first stage involves taking the required introductory courses, simply observing classroom activities, and some minor assistance to teachers as needed.

Secondly, students are expected to take methodology courses in order to complete specific assignments.

See TEACHERS, page 5

### INSIDE

The No. 17 Lady Kats defeated the fifth-ranked Georgia Lady Bulldogs last night 61-57 in Memorial Coliseum. For more, see SPORTS, page 3.

Real World 101, though not offered at UK, offers solutions to a student's post-collegiate life that may be more practical than academia's, according to *Nerual* columnist. See VIEWPOINT, page 4.

### WEATHER

A 30 percent chance of light snow is projected today, with a high in the mid 30s but turning colder during the afternoon. Tonight will turn cloudy and cold with a 50 percent chance of snow. Tomorrow also carries a 50 percent chance of light snow with a low in the mid teens to around 20 and high in the upper 20s.

## Class offers basics in bartending

By JIM DOWNEY  
Reporter

Beginning Monday, UK Student Agencies will be offering a course in bartending at the Library Lounge.

According to Bill Medley, manager of instructional services at Student Agencies, the course will run on consecutive Monday nights for four weeks, and if necessary, classes also will be held on Tuesday nights to accommodate more students.

The course consists of everything from the history of the alcohol used in drinks to managing a bar and mixing drinks. "What makes it different is it is really like a class," Medley said. Instead of receiving grades, however, the students rate their peers on the final evening of class.

On that night, students use real alcohol instead of the colored water used in the rest of the sessions. Some students pretend they are customers while other students serve them.

Medley said they use colored water to minimize expenses and allow students under 20 years of age to take the course, because, according to Kentucky law, a person has to be over 20 to handle alcohol.

Although Student Agencies is not an employment service, Medley said he is trying to compile a list of students who took the course last year to help them find jobs.

But Meriwether Wash, a marketing junior, found a job on her own. "Wash worked in a bar in her hometown over Christmas break and said her training came in handy. 'I learned a lot in the course and I think it will get me another job,'" she said.

Medley said the Library Lounge has been very helpful by providing the instruction and facility at a minimal cost. Judging from experience, Medley expects the course to run very smoothly this semester.

For more information about enrolling in the course, contact Bill Medley at Student Agencies in 107 Student Center or call 257-1175.

## Students rate pizza as favorite

By WENDY SUSAN SMITH  
Staff Writer

If the saying holds true that "you are what you eat," then the UK student body could be one gigantic pepperoni pizza.

Area pizza parlors report a large percentage of their business comes from students.

The two Domino's Pizza parlors catering to UK, located on Nicholasville Road and Euclid Avenue, rely heavily on the campus population which comprises a combined average of 45 percent of their business.

When it comes to ordering pizza, which seems to be the favorite snack of most UK students, "there is a tendency for students to order more-so after football and basketball games and concerts," said Marvin Covington, manager of Domino's Pizza on Nicholasville Road.

"On the average night, we make 30 to 100 South campus deliveries," he said.

The Domino's on Euclid Avenue averages \$300 to \$500 a night from

North campus deliveries, said Stacey Clifford, manager of the store.

And Godfather's Pizza on Alexandria Drive recently stopped delivery to campus when the new location of Godfather's Pizza on Euclid Avenue opened this past Christmas.

"Fifteen percent of our deliveries alone were to the UK campus," said Jim Graham, manager of the restaurant on Alexandria Drive.

"We just opened Christmas time, and already with the cold weather this past weekend, we've had a lot of deliveries," said Paul Tadatada, manager of Godfather's Pizza on Euclid Avenue.

The UK campus population makes up 40 percent of the deliveries for Mr. B's Pizza on Regency Road. "The UK campus accounts for a good part of our trade, but we try for both campus and residential business," said Scott Buster, manager of the store.

Pizza is not the only favorite pastime snack of UK students. Chips, fruit, and other assorted goodies also fulfill their snacking habits.



# FDA OKs treatment for genital herpes

By WILLIAM KRONHOLM  
Associated Press

WASHINGTON — The government yesterday approved the drug designed to treat or suppress recurring outbreaks of painful herpes sores among the 5 million to 20 million Americans who suffer from genital herpes.

The Food and Drug Administration approved a capsule form of the drug acyclovir, which will be marketed under the trade name zovirax. FDA spokesman Bill Grigg. Although it will not cure herpes, the drug does reduce the severity of recurring outbreaks of herpes sores and speed their healing time, the FDA and the company said in separate announcements.

In addition, the announcements said, the drug also suppresses outbreaks in many people, offering the possibility that people who now are virtually disabled by severe cases of the disease may regain control of their lives.

Acyclovir ointments have been available for more than two years for treatment of initial herpes outbreaks, and intravenous acyclovir has been available in hospitals.

But both of those are only for the first exposure to herpes; neither has been found effective in cases where the herpes virus recurs repeatedly, sometimes as often as 12 times a year. Nor do they suppress later outbreaks, as oral acyclovir does in most patients, the FDA said.

"The patients can take control of their disease," said Dr. Ron Keeney, medical adviser to Burroughs Wellcome on the drug. "The disease is not in control of them."

Zovirax is expected to be in pharmacies in about two weeks. Treatment for an acute outbreak of herpes sores — five capsules a day for five days — is expected to cost about \$15 to \$18, Keeney said.

Daily treatment, for those with constant recurrences who are trying to suppress the disease, will probably run about \$50 to \$60 a month for three capsules per day, he said.

The drug represents a breakthrough in the search for relief from one of the most stubborn and most contagious of viral diseases and one which has spread rapidly through the country.

An estimated 300,000 people a year contract genital herpes, the FDA says, second only to gonorrhea among sexually transmitted diseases. It is incurable, and as many as 20 million people — more than 8 percent of the U.S. population — may have herpes infections.

The problems begin for those with genital herpes about three weeks after exposure, when symptoms begin to appear. Often starting with flu-like symptoms, an outbreak progresses to painful, itching sores in the genital and anal areas. The symptoms disappear in about three weeks.

For a few relatively lucky people, that is the beginning and end of their experience with herpes; the virus simply lies dormant in their bodies from then on.

For those not so lucky, the symptoms reappear, other rarer or, sometimes, as often as 12 times a year.



Off the wall

Danny Jacob, a computer science junior, and Rick Kingland, a finance senior take down an advertising banner at Kennedy's Bookstore yesterday.

# Meese named in possible violation

By LARRY MARGASAK  
Associated Press

WASHINGTON — Attorney General designate Edwin Meese III said yesterday he has met "ethical as well as legal" standards of conduct, but a report made public at the insistence of senators concluded that he may have violated federal law.

That finding was reached by two attorneys in the Office of Government Ethics, but they were overruled by the head of the office, David H. Martin, who was appointed by President Reagan.

Martin informed the committee Jan. 24 that no ethics violation by Meese occurred, never mentioning the staff report — which became known through a news account Monday.

The internal report by staff attorneys F. Garty Davis and Nancy Feathers was made public as the Senate Judiciary Committee opened new hearings into Meese's fitness to serve as attorney general.

Last year, the committee dropped action on Reagan's nomination of his longtime associate after independent counsel Jacob A. Stein was ap-

pointed to investigate allegations concerning Meese's financial dealings with associates who later won federal jobs.

Stein said there was no grounds to prosecute Meese. But Davis and Feathers drew a different conclusion when they went over his thick report.

Asked whether he would handle his relationships with people who helped him financially any differently in the future, Meese responded, "I have a much higher level of sensitivity now than I did when I arrived in Washington."

# Results in for Royko's sex survey

CHICAGO (AP) — The results of syndicated columnist Mike Royko's "Sex or Bowling" survey are in, with 66 percent of the men responding saying they prefer sex over "bowling, drinking, golfing, cuddling or just about anything else."

In a column titled "Cuddle Up With This Survey, Ann," the Chicago Tribune writer reported yesterday on his poll, which he said drew responses from about 10,000 men and "several hundred angry female persons who wrote to condemn me as a male chauvinist pig."

Royko's poll was inspired by advice columnist Ann Landers' recent survey, in which the majority of the more than 90,000 women responding said they would be content to be held close, treated tenderly and skip sexual intercourse.

Royko said thousands of his male respondents "talked about the joys — emotional and physical — of their married life." But he also said, "There are many miserable, frustrated men out there."

Royko said 22 percent of the men indicated they would opt for bowling, drinking, golfing, cuddling or almost anything else.

The other 12 percent included men who couldn't decide, "or took this as an opportunity to write a creepy note to my secretary," he added.

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# Coal companies' case sent to government

CINCINNATI (AP) — Two coal companies that want to mine coal under federal forest lands in eastern Kentucky sought their case to the federal government, not the courts, a U.S. appeals court ruled yesterday.

The companies should obtain a decision from the U.S. Department of the Interior and its Office of Surface Mining before appealing to the federal courts, a three-judge panel of the 6th U.S. Circuit Court of Appeals ruled.

The appeals court upheld a ruling by U.S. District Judge Eugene Siler of London, Ky., who ruled against the plaintiff coal companies, Stearns Co. and Ramex Mining Corp.-Gabriel Energy Corp. The companies filed suit under the Surface Mining Control and Reclamation Act of 1977, saying they want to mine coal deposits under part of the Daniel Boone National Forest and the adjoining Redbird Purchase Unit in eastern Kentucky.

The appeals court upheld Siler's decision that the surface mining law applied to the proposed mining operations.

The companies claim they have title to mineral estates underlying those federal lands.

"The Office of Surface Mining has not yet ruled on the questions of plaintiffs' 'valid existing right' to engage in underground coal mining. . . . Until an administrative disposition is made of this question, we will not know the nature of the restraint imposed by the government on plaintiffs' mining operations," Judge Gilbert S. Merritt wrote for the appeals court.

The appeals judges said both Siler and the U.S. Supreme Court have ruled that coal companies which claim mineral rights under the Surface Mining Act should first seek interpretations from the Interior Department and its Office of Surface Mining, rather than going first to the courts.

Stearns and Ramex Mining have not sought administrative review by those government agencies, the appeals judges said in their ruling. The companies filed suit after the federal Office of Surface Mining told them they were required to obtain federal permits to mine the deposits, because the coal is under federal land.



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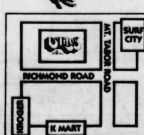
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# SPORTS

Andy Dumatorf  
Sports Editor

## Lady Kats topple fifth-ranked Lady Bulldogs



TIM SHARP/Kernell Staff

Lady Kat freshman Laurie Hudgens goes up for two of her four points in Kentucky's 61-57 upset of the fifth-ranked Georgia Bulldogs last night.

By FRAN STEWART  
Senior Staff Writer

Behind a strong defense and an especially strong Leslie Nichols, the Lady Kats upset the Georgia Lady Bulldogs in what could be termed a dogfight.

Although the Lady Kats came out on top of a 61-57 score, the Lady Dawgs managed to keep the game close, and pretty much up for grabs, until the very last second.

Kentucky started out slowly, plagued by turnovers and missed shots, but gained momentum behind Nichols' 18-point first-half performance. In a half that witnessed seven ties and four lead changes, the Kats managed to outplay the Dawgs in virtually every aspect of the game.

With the score tied at 17, and less than eight minutes to go in the half, Kentucky widened its lead, giving

the Kats a little more room to breathe. Reeling off eight unanswered points, the Lady Kats went on top to stay, coasting to a 35-25 halftime lead.

From then on, was smooth sailing. Or so they hoped.

Lady Kat coach Terry Hall said she told her team at the half that if UK could maintain that level of play, she thought her team could win.

But the Dawgs came out ready to play in the second half. More precisely, Janet Harris came out ready to play.

Harris, who led Georgia in scoring going into last night's contest, at times appeared to be the team. Her second-half heroics amassed 18 points and 15 rebounds, to help the Dawgs whittle the Kat lead down to two points.

But two points were as close as

they could get at 59-57 with just more than a minute left.

An eight-foot jump shot by Karen Mosley at :04 put the game in the win column for the Kats, boosting their record to 14-5 overall and 3-1 in the Southeastern Conference Eastern Division. Georgia, the fifth-ranked team in the nation, dropped to 4-1 in the SEC East and 19-3 overall.

Although Harris was bumped from the starting lineup in place of Barbara Boots, the All-American led her team with 24 points and 10 rebounds.

Lady Dawg coach Andy Landers said the substitution was made because Boots had been playing more consistently lately.

Hall credited her team's win to an alternating defense and an intense Nichols.

She said the game plan was to change the defense "quite a bit."

According to Nichols, this plan confused the Georgia team "because they had to run different defenses."

"Just everybody played well defensively," Nichols said. "Offense was our weakness. I felt like our defense was back."

As for Nichols, "she was everywhere," Hall said. "We need for her to play like that every game. She was ready to play."

"She was fired up in the locker room. She's had her best games against the best teams."

Nichols led all scorers with 30 points and pulled down 13 rebounds.

Landers attributed his team's loss to the fact that "we didn't come prepared to work. We confused ourselves."

"We're flat," he said. "Whether or not a loss will snap us out of it, I'd like to think (UK) did us a favor. Maybe they did snap us out of it."

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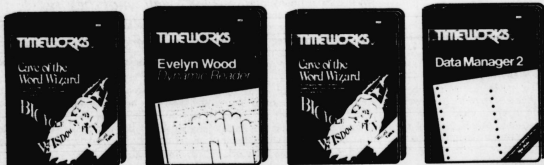
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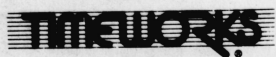
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## New on-line system to aid registration, eliminate add/drop

When Elbert W. Ockerman left his post as dean of admissions and registrar in August, he told the *Kentucky Kernel* that his main disappointment was the lack of on-line computer capabilities. And now, five months, two registrations and two add/drops later, the University is not any closer to installing the system.

Ockerman realized the importance of the immediate feedback system that would enable the registrar's office, advisers and students to have immediate access to all schedules and records. "I have worked for that, fought for it for 15 years at least and it has not happened. This office desperately needs on-line computer capabilities," he told the *Kernel*.

And the need is desperate. UK is one of only a handful of colleges or universities still operating under the age-old system. Even Northern, Eastern and Western Kentucky University — as well as the University of Louisville — can all boast of on-line systems.

UK's archaic system has proven time and again to be inefficient. Just look at the number of students who have to go through add/drop. Granted, many students are registering for the first time, but many more have discovered that the classes they requested were filled. And because of this, they must pay the consequences by spending a day at the infamous add/drop, invariably UK's most unpleasant bi-annual campus event.

Because an on-line system would enable students to enroll only in those classes that are open, centralized add/drop would become a thing of the past. And the chaos of the present system is something that no one will miss, especially the approximately 100 workers who have to staff the tables during the day.

But the good news doesn't end there, as an on-line computer has another handy function. Such a system would make possible one-stop shopping for students who would be able to go to one computer terminal to register for classes, make schedule changes, change housing assignments, assess their fees, obtain financial aid information and get copies of their transcripts. It would also reduce the paper chase for University faculty, staff and advisers.

But for UK, this is still a dream. The registrar's office estimates that it will be three years before the new system is operating because it will have to be implemented in stages, and that is a long time to wait.

The University should consider any possible way to expedite the installation. Although they have already begun to develop long-range plans, the time is now to make the dream of an on-line computer system become a reality.



UK should come out of the Dark Ages with an on-line system

## College has little to do with 'real world'

"We've all had 'fresh air' (a.k.a. 'breeze') courses that we crammed into two nights: the night before the midterm and the night before the final. It's the Big Inside Job: the only people who still have a high regard for college are the ones who didn't get to go."

Real World 101,  
By James Calano and Jeff Salzman

Even the most studious of us have encountered the feeling. You sit up most of the night cranking out a final paper for a class to which circumstances forced you to give less than your best attention. By daybreak you're still alert enough to realize the paper is lousy.

But somehow you pull out a good grade in the course. And a doubt creeps in around the edges of your trusting attitude toward academia, a nagging suspicion that this college thing isn't nearly as tough as you've been led to believe.

It doesn't bolster your trusting attitude when you later learn that a classmate who failed to turn in all the required assignments also passed the course, with a grade only slightly worse than your own.

Granted, sometimes that lousy paper earns you the lousy grade you deserve, and sometimes your classmate also skipped a few assignments. But the fact that it sometimes happens the other way around suggests to you that maybe college is in large part a farce.

If you're familiar with this feeling, you're not alone. James Calano and Jeff Salzman have added to their already sizeable fortunes by writing a self-help book about it.

In *Real World 101: What College Never Taught You About Success*, recently published by Warner Books, Calano and Salzman glee-



Gary W. PIERCE

*In Real World 101: What College Never Taught You About Success*, recently published by Warner Books, Calano and Salzman gleefully recount how their college educations failed to prepare them for the success they now enjoy.

ly recount how their college educations failed to prepare them for the success they now enjoy. According to the authors, both of whom are in their mid-20s, the fact that they now own four companies doing a combined yearly business in excess of \$5 million had more to do with the hard knocks they suffered in their first years in the "real world" than with their college majors.

If you can get past their smugness and their insistence that they didn't have the benefit of luck — despite Calano's admission that he was once "fired" from a corporation with no less than two months severance pay plus a hefty bonus — the ambitious young authors offer students some interesting observations.

For example, in a chapter titled "College Dates: The Young Professionals Look Back," Calano and Salzman present three reasons why your college education failed you.

Professors are usually lousy, they say, academic standards are downward sloping, and too much emphasis is placed on archaic facts at the expense of currently-marketable skills and information.

In their more honest moments, even many of your professors will own up to some of these claims. There's always plenty of talk around the departmental coffee maker about lower academic standards, which often have less to do with teachers than with college administrators trying to fill seats in today's academic arenas.

You can't expect people to keep buying a product if it's going to cause them trouble when they get it home, and you can't expect students to keep paying tuition if they're flunking most of their courses.

Of course, most professors will take exception to the claim that they are lousy educators. Calano and Salzman argue that the only reasons to hang around the ivory tower instead of entering the much-better paying "real world" are a sincere desire to teach and inspire, or else an inability to make it on the outside.

Professors will likely add another possibility that the authors ignore; that they are willing to sacrifice some potential income in favor of the university's flexible hours, frequent vacation breaks and stimulating atmosphere.

But Calano and Salzman's gripe that college is too geared toward "knowledge" rather than marketable skills is right on target.

I would be the last person to suggest that our universities should become trade schools. The humanities and social sciences don't have many fans more ardent than yours truly, who on occasion has even gone so far as to say he learned more from the works of William Shakespeare, Sigmund Freud and John Lennon than from his undergraduate degree and 54 hours worth of graduate courses combined.

But there should be more to college than the acquisition of timeless wisdom. There must also be some practicality.

Calano and Salzman urge students to seek internships, or even real jobs as they get their degrees. They suggest practicing for future job-hunting by interviewing with as many companies as possible while still in school, particularly those companies who send representatives to college campuses. And they advise students to speak with successful professionals in their chosen fields, who can sometimes offer more helpful hints over lunch than you'll get in eight semesters' worth of classes.

And that's just the first half of the book. Let's face it. College degrees these days are practically meaningless as indicators of a person's ability or intelligence. Anyone with an undamaged brain can get one with a combination of patience, an ability to work under last-minute stress and a few guaranteed student loans.

I suppose there is some studying I ought to be doing right now, but first I think I'll finish reading *Real World 101*. I would advise other students to do the same.

As someone once said, not everything worth learning happens in classrooms.

Arts Editor Gary Pierce is a communications graduate student and a *Kernel* columnist.

## Some products 'too good for own good'

Some products are too good for their own good. Not too many things fall into this category, but there are a few things you can buy which do well what they're supposed to do but never seem to run out. Offhand, I can think of only two such products.

One is Tabasco sauce. It's a wonder that jars of Tabasco don't rot on the shelf. Just one little drop — two if you're a masochist — will spice up just about anything.

How many people can remember the last time they bought Tabasco sauce? Not very many, probably; a single jar of Tabasco moderately used can outlast many families.

How could such a product make any money for its marketers? A jar costs just pennies and lasts forever;

### Contributing COLUMNIST

how could it bring in a profit? It's just a matter of its own good.

The other product that comes to mind is Vick's VapoRub. As I write this, a thin layer of Vick's coats my neck, chest and nostrils, helping me to breathe through the nine tons of soggy cotton balls that someone has stuffed into my sinuses.

But when did I buy that little jar of Vick's? I don't remember, but I know it's been a while. That little blue jar works miracles whenever

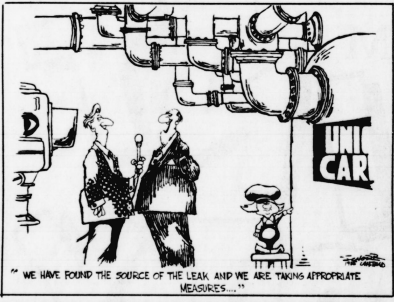
anyone in my family has a cold, but there never seems to be any less of it. It just keeps holding on; and when (if?) it finally runs out, I will not mind buying more, because it is so good at what it does.

It would be nice if there were more products like this, but most of the things we buy fall short in one area or another: either they do what they do really well but don't last long (the standard No. 2 lead pencil, for example, or a watermelon on a hot day), or they last a long time but don't do what they're supposed to do (such as the clock on the dashboard of any car — it lasts and lasts and lasts long after it's stopped working).

These are the things that make money, because you have to keep

buying new ones, or getting the old ones fixed. Somehow, I can't picture anyone becoming fabulously wealthy by investing in Tabasco or cornering the market on Vick's; these products are just too good for their own good.

Why can't there be more things like that? Beverly Hoque is an English graduate student.



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**Letters Policy**

Readers are encouraged to submit letters and opinions to the *Kentucky Kernel*.

People submitting material should address their comments to the editorial editor at the *Kernel*, 113 Journalism Building, Lexington, Ky. 40506-00423.

All material must be typewritten and double spaced. To be considered for publication, letters should be 350 words or less, while guest opinions should be 850 words or less.

Writers must include their names, telephone numbers and major classifications or connection with UK. No material will be published without verification.

Editors reserve the right to edit letters for clarity, style and space considerations, as well as the elimination of libelous material.

## LETTERS

### 'Irrelevant evidence'

With the 12th anniversary of Roe vs. Wade, we have seen a frenzy of anti-abortion programs and activities, all of which seem to be based on the anti-abortion belief that it is a clear-cut and simple issue,

which it is "obvious" that they are correct.

Somehow they seem to believe that all they have to do is show an unpleasant film and they've "proven" their case. (I refer here, especially, to one of their newest and favorite films, "The Silent Scream.") But people don't like to see pictures of lots of things.

handle films of the birth process, but there is no movement to outlaw pregnancy.

Yet the anti-abortionists' favorite tactic seems to be to disgust people with unpleasant pictures and then attempt to lead them to the irrational conclusion that abortion must be disgusting. They induce a negative emotional response by emphasizing the bloodier aspects of the abortion procedure and use that response as "evidence" that their particular interpretation of the procedure must be correct. Absurd.

This is clearly a tactic of shallow emotionalism, and not a rational or intelligent justification of their position. Any time such "evidence" is presented it should be discounted as irrelevant.

Kevin R. Greene  
Electrical technology, LLC

### Correspondence sought

I am writing this letter in the hope that you will be able to print the following in your campus newspaper, as it is very important to me.

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### BLOOM COUNTY



SPECTRUM

From Staff and AP reports

Prison phones unsettle hearing

FRANKFORT — The Public Service Commission was told yesterday that telephone calls by state penitentiary inmates at Edenville are being used mainly for illegal purposes, including drug orders and credit-card scams.

Coleman hearings stalled again

CINCINNATI — Alton Coleman and Debra Brown, accused of two Cincinnati-area murders, obtained yesterday a second delay in their court proceedings so their lawyers can protest the couple's transfer from federal to state custody.

Tough teacher exam proposed

WASHINGTON — Albert Shanker, president of the American Federation of Teachers, called yesterday for creation of a tough new national examination that all new teachers would have to pass, just as doctors and lawyers must pass licensing tests.

Thatcher rejected for degree

LONDON — Oxford University, ancient training ground of Britain's elite, refused to grant Prime Minister Margaret Thatcher an honorary degree yesterday because her government has cut funds for education and research.

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CROSSWORD

Crossword puzzle grid with clues for Across and Down.

Teachers

Continued from page one

"So, by the time you teach, you will have had that classroom experience," Brennan said. Before the third part, which is the initial teaching experience, secondary education majors must complete at least 150 hours of practicum work in the classroom to begin student teaching.

"Students seem to have a greater access to resources when placed in the surrounding area," Brennan said. Faculty members from the college are then appointed as coordinators, to work with the supervising teacher under which the student will teach. This helps to alleviate communication problems between the University, the student and the teacher.

Kenneth Kron, principal at Tates Creek Elementary School, said the school employs four to eight UK student teachers each semester.

Student

Continued from page one

"The principle was already established," Angelo said. "The committee thought it was a reasonable idea in accordance with other universities."

According to Freudenberg, the proposal passed without any problem at the Senate Council meeting. "I think it's important that it be known that the proposal passed without dissent, in other words no one voted no," he said.

Currently the section states: "Evaluations determined by other than a good faith judgement based on explicit statements of the above standards are improper. Among irrelevant considerations are race, color, religion, sex, national origin and political affiliations or any activities that are unrelated to the course work or program requirements."

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# DIVERSIONS

Gary Pierce  
Arts Editor

## Quadra wins band battle; will face UK's Attitudes Monday

The Top 40 band Quadra will join Velvet Elvis and UK's Attitudes in the final round of WKQQ-FM and Stroh's "Decent Exposure" band competition Monday at Breeding's.

Razz Ma Dazz, Jack-In-Irons, and Citizen Kane were the other three competitors on the diverse bill, hosted by WKQQ's Elaine Harris.

Razz Ma Dazz brought its stage-piece funk-rock outfit to the stage first, uniformly attired in red and white.

Their musicianship and the lead singer's voice on a rendition of "Life Is What You Make It" were at least average. Whatever their musical talent, it was overshadowed by an exceptionally poor quality of the sound mix.

Razz Ma Dazz's bass player displayed particular talent, but the mixing overshadowed his work at times making the rest of the sound muddy.

The staged repartee between the female lead singer and a male member of the group failed miserably on the intro to a slower song.

To their credit, Razz Ma Dazz pulled out an energetic instrumental for its final number and performed some impressive on-stage dance

moves, especially considering the ratio of eight players and equipment to the relatively small Breeding's stage.

Jack-In-Irons changed the tone of the evening as its members took the stage in the black-and-chrome accoutrements of heavy metal.

During their first few songs, the Jack was definitely In Irons.

The players took the appropriate stances: the lead guitarist working with his instrument held at the classic right angle to his pelvic bones, and the lead singer clenching his upraised fist.

But something (sweat or the hormonal hatred that is metal's cornerstone) was missing.

The group dropped its affected appearance after the first few songs, and Jack-In-Irons cover of Accept's "Balls to the Wall" was a wall of metal guitars, barked vocals, big drums and Gregorian chants.

The metallic mayhem progressed with an original titled "The Final Conflict," and the set ended with Helix's "R-O-C-K, Rock You" and "Hot Metal," both of which were delivered with white-hot metal ferocity.

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Razz Ma Dazz performs at the "Decent Exposure" competition.

Citizen Kane took the stage to the delight of a partisan crowd.

The group's danceable music borrows a stage appearance from the Blues Brothers, a backbeat from ska and a vocal from everyone from Van Morrison to Roman Holiday.

Their lead singer, dressed as a

cross between Jake Blues and Harpo Marx, was comfortable on stage, chatting with the audience between such original numbers as "Crazy About You" and a lyrically impressive "Beggling To Love You."

Citizen Kane ended their set with an original titled "Eviction Funk," a

lively number about being "alone" (and presumably, broke) "in the land of opportunity."

Quadra, which would emerge the night's winner, opened its set with a note-for-note rendition of the Honey-moon Suite hit "New Girl Now."

The group's musicians were well-practiced and their presence was to the point: rock-n-roll, but not to the extreme of caricature.

Quadra's originals, particularly a song called "We'll Go Driving" written by Lindon Jones, were on a par with its tight covers of mainstream rock hits.

The covers included a slightly rushed but still effective cover of the Romantics' "What I Like About You," and Bryan Adams' "Run To You."

Judges of the competition, sponsored by Stroh's and MCA Records, were Lexington Herald-Leader music critic Walter Tunis, Bill Hietem of Atlantic Records, and WKQQ-FM's music director Rob Ellis.

Ellis said deciding factors in the choice of Quadra as the winner were the band's "real strong stage presence" and the fact that "the originals all had good hooks."

Hietelmann said, "Honestly, I think Citizen Kane was better than Quadra, that they were more original."

But he complemented Quadra's musicianship, especially the work of its drummer.

Ellis said, "Citizen Kane got a little monotonous... and I thought Razz Ma Dazz fell into that same rut of all their songs sounding the same."

Next week's final round of "Decent Exposure" will showcase the winners of the previous rounds: Velvet Elvis, The Attitudes and Quadra.

Ellis said, "It's going to be a real strong final, but a hard night to judge because the groups are so similar. We've got two bands that fall into the 'new music' category and one formula rock band."

The winner of Monday's round, which begins at 8 p.m. at Breeding's, will advance to the regional competition, and possibly the nationals in Los Angeles, where they will compete for the grand prize of an MCA Records recording contract.

KAKIE URCH

## 'Heaven Help Us' needs divine aid

Wretched and putrid. Those words come immediately to mind when thinking about "Heaven Help Us," a film which enjoyed an advanced screening Monday night at the Worsham Theater, courtesy of Tri Star Pictures and the Student Activities Board.

The movie is set in a parochial high school in Brooklyn, N.Y., where discipline is carried out with Nazi-like zeal. (Kids are dragged from the lunchroom for masturbating and beaten up in the classroom for forgetting their homework. Even an administration office is bugged.)

The year is 1965, when Pope Paul VI visited the States. Since the visit had little to do with the plot, apparently '65 was chosen to cash in on a Motown/rock 'n' roll soundtrack similar to "The Big Chill's" successful formula.

The students are "coming of age" and coming to grips with their sexuality under the worst circumstances. One student is even identified in painfully pointed terms as a chronic masturbator — which, we learn, means 5.6 times daily.

Rooney (Kevin Dillon), the head stooge at St. Basil, advises him to say in confession that he only masturbated three times and to divide the rest between wet dreams and impure desires. When he isn't giving unfunny advice, Rooney pulls pranks and tries to molest a girl when she's drunk.

He's pretty good at pulling pranks but terrible at molesting girls. He finally convinces one to "go for a ride" in his father's car and cons her into drinking the better part of a fifth of Jack Daniels'. To no one's

... one good thing is the most realistic vomit scene since Linda Blair spit up her pea soup in "The Exorcist."

surprise, she gets too drunk and throws up on him.

There are very few good things to be said about this movie (in fact there are two), but one good thing is the most realistic vomit scene since Linda Blair spit up her pea soup in "The Exorcist." Her face is to the camera throughout the scene — a rarity even in this, the high-tech era of motion pictures, which speaks well of someone on the production crew of "Heaven Help Us."

The other good thing is a surprise appearance by LARRY "Bud" Meilman (he's not listed in the cast of characters) as a drawbridge operator who opens the bridge that — watch out! — destroys Rooney's car.

Boy, now that's originality.

Kevin Dillon seems to be a parody of his older brother Matt (stereotyped star of some good films like "The Outsiders" and some trash like "The Flamingo Kid"). Kevin plays basically the same role in which Matt is usually cast — a stupid hood — but shows none of the raw acting talent his brother exhibits even at his worst.

Certainly Kevin Dillon should be stopped before he does any more damage, but Andrew McCarthy, who plays the main character Michael Dunn, is a young man we might see

rise from the ashes and actually become a credible actor.

Michael Dunn is the obligatory newcomer to St. Basil who finds himself accidentally falling in with the wrong crowd.

Michael lives with his grandmother, a pushy woman who hopes Michael will become a priest and eventually make it to popehood, but he's not sure he wants to do that. An interesting thing about the Dunn house is that everything — from the clothes to the dishes to the wallpaper — is green. Ah, Hollywood.

He falls in love with the girl who runs a local hangout regularly raided by the brothers from the school. Her father stays in the basement and at first seemed dead, but is only suffering from a severe case of melancholia.

McCarthy's role is a common one, but somehow he manages to make it bearable, and through some facial expression and dry wit, almost compensates for the fact that all the other characters in the movie are one-dimensional.

Donald Sutherland does some mediocre and sporadic work as Brother Thaddeus, the head of the school — whose main job seems to be looking out his office window — and John Heard is equally mediocre as Brother Michael, the liberal brother who wants to soften the disciplinary measures of one of the teachers.

The movie is rated R for foul language — the closest thing to sex is a peek at a girl's bra-covered breasts and some male tails.

KERNEL RATING: 2

SCOTT WARD

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