The Kentucky Kernel

HOT SPOTS



The 2007 Hot Spots are the students' favorite places to eat, drink and play. UK students, faculty and staff vote for the Best of UK consisting of things on campus and around Lexington. Inside you can see why these places and things have the attention of the University. To get the year started off, learn about some new hot spots and upcoming events around Lexington!

Jennifer Plas, Jen Juliano | Kernel PR

Best of UK 2007

Category

UK Men's Sport
UK Women's Sport
UK Athlete
Campus Event
Greek Event
Kentucky Kernel Writer
UK Professor
Easy "A" Class
Residence Hall
Place to Eat on Campus
Best Thing to Eat
Place to Study
Place to Meet People
Place to Go on a First Date

Book Store
Health Club
Women's Clothing Store
Grocery Store
Coffee House

Music Store

Video Store

Winner

Basketball

Basketball
Jodie Meeks
Midnight Crunch Brunch
Greek Sing
Chris DeLottel
Dr. DeSantis
UK 101
Blanding Tower
Ovid's
Spicy Beef Wrap
William T. Young Library
In Class
Movies
CD Central

CD Central
Blockbuster
Kennedy Book Store
Johnson Center
Macy's
Kroger
Starbucks

Category

Late Night Restaurant

Pizza
Barbecue
Fast Food Restaurant
Italian Restaurant
Mexican Restaurant
Oriental Restaurant
Sandwich Shop
Bar
Place to Watch Sports
Place to Dance
Place to Play Pool
Place to See Live Music
Local Band

Radio Station Spring Break Destination Tanning Salon Hair Salon Apartment Complex Web Site

Winner

Tolly Ho Pazzo's Billy's Hickory-Pit Bar-B-Q Wendy's Olive Garden Rincon P.F. Changs Jimmy John's Two Keys Tavern **Buffalo Wild Wings** Main St. Live Cat's Den The Dame Jonathon Webb and the Collective Few 104.5 The Cat Florida Sun Tan City **Great Clips Newtown Crossing**

Facebook

This Section is a PR Supplement to the Kentucky Kernel

Alisa Oerther
Head Coordinator

Jillian Rogers

Jen Juliano and Jennifer Plas Design Andolyn Johnson PR Writer Aargaret Lile PR Writer



Visiting any of Lexington's hot spots admost guarantees a run-in with the city's hottest singler-songwriter. Jonathan Webb. The vocalist and his band, the Collective Few, were voted best band by Best of UK for the 2006-07 school year.

The Collective Few includes everyone Webb has rocked with throughout his singling career. Overthe past few years, Webb has puyed with more than 25 musicians, and he said he enjoys playing with such a diverse, electic group of people because it never fails to create a new, different dynamic.

JONATHAN WEBB AND THE COLLECTIVE FEW

myself here."

Webb covers many popular songs and adds his own twists at every bar and venue he plays in Lexington. He also writes his own material. His first song. "Sara," was recorded in his parent's basement. The single made it to the top of count-downs on local radio stations and was in regular rotation at CD 10.6.3 FM.

Webb's unique sound employs calatable.

downs on local radio stations and was in regular rotation at C to 10-6.3 FM. Webbs unique sound employs relatable lyrics; his music has been compared to 0.4.R. Jack Johnson, and Dave Matthews.

Webb said he wants to make his music a career, he plans to record a live show on DVD and hoppes to jump on tour with a well-innown artist, then become a national act in his own right. Producer Michael Thomas is helping Webb record an albium. Webb said he's secrete to record in the area since Lesington, Louisville and Nashville order such great studios.

"I couldn't have saked for a better place to start my career," he said.

Webb will be playing all around campus this fall, and he'll be opening for Corey Smith: at the live of the plans of the post of the plans of the plan

Webb will be playing all around campus this fall, and he'll be opening for Corey Smith at the Singletary Centre next month. The show will be "rowdy," Webb predicted.

Singletary Centre Concert Hall with Corey Smith: Singletary Centre next month. The show will be "rowdy," Webb predicted.

Of course, Webb's fans hope he'll stay in Lexington indefinitely, but everyone agrees that Webb will soon be a nationally recognized talent. Until then, UK students can say that we knew him

To hear Webb's music and find out more about this rising star, visit www.jonathanwebbmusic.com.

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JEWISH STUDENT ORGANIZATION/

Welcome to UK Party
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218 E. Maxwell St.
Dept. of Behavioral Sciences c/o Nancy Schoenberg

Dept. of Behavioral Sciences c/o Nancy Sc 125 College of Medicine Office Bidg. Phone: 257-1308 Email: recrato@uky.edu rebeccaiaffe@uky.edu Jewish Student Organization/Hillel Foundat



a music refery cusso smis values a constant qui-music partners. "Five has always been a constant qui-tarist who I really enjoy playing with," Webb said. Webb graduated from UK with a bache-ior's degree in manteting last month. The self-taupint quitarist also plays the plann, and he's been playing around campus since August 2005 with a constantly evolving roster of Islant to back him up. "Lexington is a great environment with SCORER'S MENTALITY

Voted Best UK Athlete, Jodie Meeks has left quite an impres-sion on us. This 6-foot-5 guard from Norcross, Ga., is usually the first off the bench as well as the first on our

So what is it about Meeks
that has UK fans cheering?
The Herald Leader claims

The Herald Leader claims
that his "not hand gives UK edge." It
tichot indeed. Meeks had a 25 free
throw streak and a record of making
46 of his last 48 free throw attempts.
This includes the two winning free row shots against Indiana.

Averaging 8.5 points a

game, Meeks scored 273 points in the 2006-07 season making him the fourth highest score on the team. Inclaim 686, he werraged 21.4 minutes of playing time per game; pretty impressive for a freshman quard. His career highs include 18 points against Louisville, in Heid goal attempts against Mississippi Valley State, 5 assists against College of Charleston and 6 steals against Mississippi State. What really turned UK fans onto Meeks, however, would undoubted by the twell angainst Louisville, or

what really turned un ransonto Meeks, however, would undoubtedly be the win against Louisville, or what is commonly called "The Jodie Meeks Game." He was the key player

in the win and helped put UK in the lead many times throughout the game. In an interview after the game, Coach Dave Hobbs said that

Coach Dave Hobbs said that Meeks "Socre's mentality" was what set him apart from the rest of his teammates. His performance in the game made him a "bundle of promise" for UK athletics.

In addition to being voted the Best UK Athlete, Meeks has received other ununrous honors. In high school he was named Player of the Year by the Atlanta-Journal Constitution, the Atlanta Tipoff Club



and the Gwinnett Daily Post. So far in his college career, he was named Freshman All-American by Collegeinsider.com.
Jodie Meeks is the future of UK basketball. UK fans have much to look forward to during the next three years. He's just getting started.

CINEMARK LEXINGTON GREEN Movies 8 - Art House Williams of Children Williams of Ch The first term of the control of the The Simpsons Idevie 95tardust P9-13 12:35, 2:45, 4:50, 7:00, 12:40, 3:30, 6:50, 9:40 25, 510, 530, 650, 125, 415 "Real Reer 3 PG-13 10 PT-10 Clean 4 Co. 5 40, 2 45, 2

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UKFCU: A BANK FOR STUDENTS

UKFCU- it's a lot of letters that don't really seem to make sense- that

UKFCU- it's a lot of letters that don't really seem to make sense: that is until you know what they stand for. UKFCU stands for University of Kentucky Federal Credit Union. It is the university's only non-prict bank and it is are thing to take advantage off the University of Kentucky Federal Credit Union's accounts are Besigned with one thing in mind-you, the student. The UKFCU knows that stubents have ever changing lives and so they make their accounts as flexible and convenient as possible. Their memberships give you access to a variety of accounts to fif your needs.

UK Federal Credit Union is a member owned financial cooperative, chartered in 1937 to effectively provide member based quality financial services. Basically, this bank is all about their customers. And since a lot of their customers are students, they have a lot of great deals that only students can receive.

UKFCU's Member Development Specialist, Katy Slay explains, does what is best for it's members, and we try to guide student through kial health."

idoes what is best for it's members, and we try to guide sudden. The control of t

ance and is easy to access through unlimited check writing or an ATM/Debit Card.

Card. There is also a checking account that is tailored more toward stu-dents—it's the Smart Checking Student Account. This account is not only free, but it comes with cell power ing downloads, a VISA debit card, a student credit card, an on-campus branch, discounts on auto loss, free travelers checks, no ATM charges from URECU and many other queer features. Also, you get benefits on top these, just for being a credit union member.

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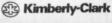




















GREEKS MAKE A WISH



The Greek community comes together every spring to entertain as well as give back to the community. Among fraternities and sororities, Greek Sing is undoubtedly the favorite Greek event held at UK. Along with the spirited contest, students work

UK. Along with the spirited contest, students work to raise money for a great cause. Some spire a great cause. Some spire spir

"Greek Sing is so successful at UK
because it allows every fraternity and sorority to
get involved and showcase their talents to friends
and the community," said Blake Burnett, SAE Greek

Sing chairman in 2007. "It sends a message that Greeks are capable of uniting for an important cause and shows the community the impact we can have when we come together." Greek Sing 2007, held in Memorial Coilseum, sold over 5,000 lickets and raised more than \$40,000 for the Make A Wish Foundation, an organization that qurats wishes to children with life threatening lilnesses. The fraternity Phi Kappa Tau won overall. In their unique production, they used rolling chairs, performing several impressive tricks. Delta Delta Delta won for the sorroity division. Chairmen SAE Blake Burnett and Chi O Kate Bunnell organized Greek Sing in 2007. Some spoissors of the event include Tempur-Pedic, Kennedy's Bookstore, and Keeneland. Burnett also said he hopes more Lexington businesses will be involved next year because it offers locals an oppor-

tunity to show their support. Every year the event contributes more to the Make A Wish Foundation a never fails to entertain and contribute to the community.



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GROWING EXCITEMENT FOR UK HOOPS FANS

Andolyn Johnson | Kernel PR

A long time favorite of UK A long time tavorite of UK students, UK Hoops' 2007-2008 season promises to continue the growth and excitement of the women's basketball program. Not only can students anticipate another hopeful season, but they can also expect a new face leading the Wildcats.

This year fans look forward

Wildcats. This year fans look forward to the return of a former assistant as the new head coach for UK Hoops. In April, Matthew Mitchell was named head coach after Mickie DeMoss resigned. DeMoss coached for four seasons and led the program to compete on a national level.

on a national level.

Last season under Coach

DeMoss the Wildcats finished at 20-14, in 15 years. They made it to the third round of the Women's National Invitation Tournament. With the building on the women in the building on the women in the second of the women in the women ess of the past few years is only beginning of what UK Hoops plans

to accomplish.
"I am excited for Matthew



Photo Provided by UK Altheltics
Matthew Mitchell will be the head coach of womens' basketball starting

BEST BAR-B-Q

Best Female Sport

and for the program. I am confident that he can continue guiding the program on the right track with his leadership," DeMoss stated in regards to the hiring of

the right track with his leadership." Deboss stated in regards to the hiring of Mitcheli on www.ukathleit.cs.com. Mitchell was nasistant at UK from 2003-05, and also held southern strength of the result of the re

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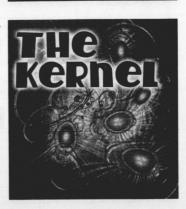
IN TOWN!

Alisa Oerther | Kernel PR

A favorite among many University of entucky basketbail and football fans, Billy's arbecue was voted the best barbeque restaurant. They were also voted Lexington's best arbecue by ACE Weekly for 2006. Billy's is a pit arbeque that offers ribs, pork, chicken, the famou bato salad, and much more. Started in 1978,

Billy's has been satisfying customers ever since.
Billy's also offers catering for any type of
event and provides delivery for bluck orders. The
restaurant is located at 101 Cochran Road in the
Chery Chase area. The almosphere includes many
famous pictures and signatures. a small bar, music
and television for watching sports.
Billy's just added a new patio for outdoor
seating. The most popular meals include pork sandwiches or ribs dipped in their delicious sauce.

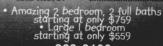
"We have the best barbecue because we smoke the meat overnight so it soaks in all the flavor," explained employee, Patrick McDermikt. The meals at Bliffy's range from 3 sold flow of the patrick of the



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ECLECTIC SELECTION

country to Jazz.

So what puts CD Central a cut above the rest?

Owner Steve Baron says, "I think UK students are becoming a little more hip to what the local community has to offer. It's all about supporting local businesses that are in the campus area and downtown." Their Jords to music and music alone is what separates CD Central from other stores that just happen to have a music section, Located at 377 S. Limestone, CD Central caters to Lexingfors' locals. Being independent means that the store is locally owned and on any given day you can stop by and speak to the owner face to face, something you don't get from national chains.

music. Don't let the store's size fool you; CD
Central has an extensive CD collection. Compared to other "music" stores, they may not look like they have more to offer but consider this. Larger stores have many copies of a couple CDs; whereas CD central has a couple copies of many CDs.
Also, don't let the name deceive you.
There is more to CD central than just CDs. The store also carries the largest selection of new vinyl in Lexington. With no exaggeration, they have the largest poster collection in the state. In addition, they carry t-shirts, music DVDs and other little under control they carry t-shirts, music DVDs and other little

is still and will always be music."

CD Certal also provides live music. On average, they host in-store concerts about twice a month. They have any kind of musician perform; anywhere from punk rock to individual singer song writers. They also help put on concerts around town like the free 4th of July concert downtown. With a wide selection and a staff of music enthusiasts, CD Certal is undoubtedly the best music store in Lexington; and apparently you agree.





BEST HAND-TOSSED PIZZA!

Best Pizza

Hilary Kircher | Contributing Writer

If you are a UK student and have gotten through four years of college without eating at Pazzo's, then there is something wrong! This pub and pizza eatery is located on UK's campus and has been around since 2000 and UK students have been enjurying it were sinced.

and UK students have been enjoying it ever since! What makes Pazzo's so unique from other pizza places is the attention to what goes into the pizza. They take no short cuts at Pazzo's! The signature marinara sauce. signature marinara sauce and dough are made fresh daily. The meat they use is the highest quality and the vegetables are fresh cut daily. Pazzo's also uses Wisconsin madel 100% cheeses to top their dishes. And, if you go to their web-site you'll see their motto, "To prepare and bake our pizzas takes a little longer, but the extra few minutes

but the extra few minutes is well worth the wait. It is with pride that Pazzo's serves you!".

Pazzo's has awe-some deals on pizzas- they have specially pizzas or you can create your own, and with over 28 different pizza toppings that should not be a problem! Also, on weekdays they offer "jumbo slice specials" where you order a jumbo where you order a jumbo slice of pizza (and these really are HUGE) and pay only a couple of bucks for it. Sundays (between 12 and 3) are even cheape with a jumbo slice of cheese pizza for only \$1.00!

With pizza deals like these, there may be a shortage of "poor college kids" on UK's campus! Everyone would agree that Pazzo's is a

pizza joint, but they have pizza joint, but they have many other delicious entrees. From fresh salads to hoagies (and everything in between) Pazzo's satis-fles anyone's taste buds. If you are really hungry, you can order the mezzaluna- a mix between a calzone and a pizza, and it's only served in one size...Large.

size...Large. Not only does Not only does Pazzo's have a great selection of eats, but they also have an extensive bar menu. Pazzo's has 39 beers on tap and every night" where a special beer is put on tap for the evening. If you order a pitcher of this beer, you'll receive two beer glasses from that brewery to take home. Pazzo's also has dally nits pagials; every

home. Pazzo's also has daily pint specials- every day of the week! Just visit their website to see what's on tap this week. Pazzos' is locat-ed near the corner of Euclid and S. Limestone near downtown Lexington and UK's campus. Parking can be found at the rear of the building. You can also visit them on the web at



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PICK ME UP





The votes are in and UK's preferred choice for coffee: Starbucks, of course!

We all know a little bit of the coffeehouse lingo, "Double fall, non-fat, extra hot, no foam, vanilla latte", or maybe, "venti, no whip, moch fragopuccino light." If you know what those words mean, you're like Iy an loyal Starbucks customer and coffee lover, and you're probably visited one of the many local Starbucks Coffee stores.

probably visited one of the many local starbucks Correct stores. In fact, most of us can't live without our caffeine fits. Whether it's a latte, a repular cup of loe, a sweet blended coffee drink or a refreshing cup of tea. Starbucks sets the bar when it comes to pick-me-ups. On log of the products being top-notch and prepared with care, it's always nice when your drink comes with a smile from one of the friendly Starbucks employees. One of the four UK campus Starbucks are also great places to focus on homework or meet friends for an afternoon snack and study session.

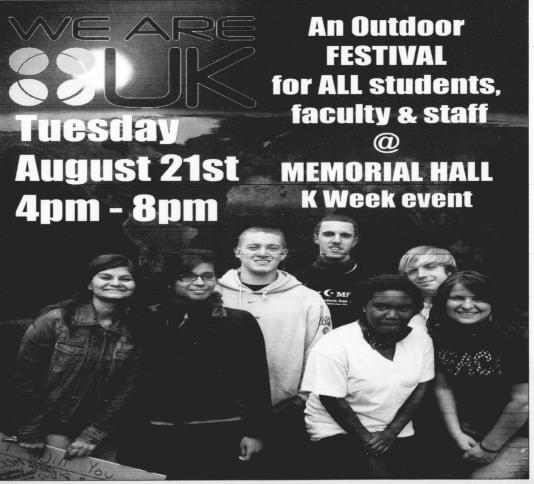
The campus locations are in the Student Center, UK Clinic, Commons and Young Library.

Best Coffee

to tine next.

Congrafs to Starbucks for a job well done. On behalf of all the coffee lovers, I say thank you Starbucks—we are forever indebted to you for getting us through the eight a.m. classes, late-night study sessions and countless times in between.





FIND CULTURE IN THE FINE ARTS

Whitney Hale I Contributing Writer

Moving into your new residence in Lexington, you will optically reliable that the community is full of history and calm as well as Southern hospitality, basketball mania and horse racing, Likewise, Lexington is rich in cultural activities and events, including an ever-growing arts scena dhorse racing, Likewise, Lexington is rich in cultural activities and events, including an ever-growing arts scena with the campaign of the source of its own, don't forget the wealth of fine arts resources at your fingertips at the University of Kentucky.

UK is home to thriving programs in art, music and theatre, that warlous venues showcasing studied, faculty and visiting talent including the UK Art Museum, Barnhart Gallery, Rigogs Theatre, Guignof Theatre, Memorial Hall, Rasdall Gallery, Singletary Center for the Arts and the Disaks Center for Contemporary Art. As a student you can take in an art exhibit, concert, opera or play for a reasonable discounted price, or many times for many for a reasonable discounted price, or many times for the content of the content

artists and popular artists and faculty.

The UK School of Music is one the university's

programs designated as an Area of Excellence. The school has achieved awards and national recognition for high-caliber deucation in opera, choral and instrumental music performance as well as for music education, composition, theory and music history. Similarly, the faculty has gained national and international prominence in their respective fields. Students, faculty and guest artists at the School of Music present around 200 concerts, recitals and public lectures each year at the Singletary Center for the Arts and other campus locations. The UK pera, Symphony Orchestra, Wind Ensemble and Men's and Women's Choirs each perform several programs each year with significant student discounts. The UK Jazz Ensemble and most other performances are free or discounted to students.

The UK Department of Theatre presents it students with a laboratory experience, giving then opportunitions are free or discountered, upling them opportunitions are refer or discountered, upling them opportunitions are referred or discountered to students.

performances are free of associated to students, and the death of the Department of Theatr persents its students with a laboratory experience, giving them of the design concepts to learn all facets of the shows they stage from design concepts to presentation. UK Theatr feature, have secretary to the properties of the stage control to the stage craft, seeind design, lighting design, costume technology and design to dramatury and theatre history, Students put on numerous productions each year, include in the chonology and design to dramatury and theatre history, Students put on numerous productions each year, including on Rose Street. The fun is not limited to only those majoring theatre—any UK student can participate in these programs by auditioning for a role or signing up to work backstage. The proposed is the student of the student can participate in these programs by auditioning for a role or signing up to work backstage. The proposed is the student of the student

have provided students and Kentucky citizens a popular venue to watch UK's up-and-coming talent and work by the world's premiere artists, musicians, singers, dancers and

actors. The UK Art Museum is a world-class art museum that owns over 4,000 art treasures in various media. The museum, which is housed in the Singleatry Center, displays highlights of its collection on the museum's second floor. Selections from the museum's holdings of works are displayed on a rotating schedule. Likewise, the museum hosts approximately four international art exhibitions a year for students and residents of the Commonwealth to enjoy. These international exhibitions are presented on the facility.

approximately four international art exhibitions a year for students and residents of the Commonwealth to enjoy. These international exhibitions are presented on the facility's first floor. UK students can view all these exhibitions at the museum for free.

The Singletzer Center for the Arts presents numerous brilliant and varied performances in its Concert and Rectal Halls throughout the year, hosting an average of 3.T million patrons at approximately 400 events annually. The center, as part of the College of Fine Arts, presents and hosts artistic, cultural and educational events for not only the campus, but all Kentuckians. Events range from rectats and concerts starring UK students to scheduled acts for both the Singletary Center's Corner on Classics continues to present world-acclaimed artists by offering and staging concerts for removed musicians, dancers and ensembles from every corner of the globe. Concerts from the Turning the Corner Series remain popular with students. This series responds to the musical interests of UK's students by schoduling the best artists in contemporary music today in the Singletary Center's intimate setting. Citizkets to these programs have discounted rates for UK students.

One more outlon for entertainment ideas at UK of the context of the

students.

One more option for entertainment ideas at UK is presented by the Student Activities Board. This organization schedules concerts, performances, movies, lectures and art exhibits of interest to students at various campus

locations. The organization also maintains Rasdall Gallery in the UK Student Center where works by student, local and international artists are scheduled for display in a casual, comfortable settlin, Tickets for these events are made available at low student rates or other provided to students for resource. To find out more about the hundreds of concerts, sections, operas and plays to be presented in the 2006-07 season, contact the program or facility by phone or visit them online. And off torget to take advantage of your student rate making it possible to experience and learn about all types of arts programs or at the very least a respite from hours of studying.

Upcoming Events

Theatre - in April premiere's the play by the second winner of the student playwright competition they host

Music - Opera Theatre will is world premiering the new opera "The Hotel Casablanca" (students are cur-rently in San Francisco taking part in the show out there); Symphony Orchestra will perform at Singletary and Carnegie Hall with Arlo Guthrie

Art - The newest faculty will have the next show at the Tuska, and the Departi ent of Art Faculty Show is the next show at the UK Art Museum

Singletary - will welcome Nickel Creek on their last tour (at least for the coming years) this fall.



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FACEBOOK: WHAT'S YOUR STATUS?

Mellisa Riggs I Kernel PR

There may be a reason why UK voted Facebook
the number one website among students. The website has
2,500 colleges involved throughout the United States with
the number growing everyday and is the seventh most visited website on the internet.

The seventh of the se

Many students may find Facebook addictive. With the growing numbers and the increase in technolo gy every day, what is in store for the future? Soon computers will be in future? Son computers will be in every classroom and at every desk. Students now find themselves on Facebook during class lectures. Ludwig talked about how she took a computer class here at UR and majority of the students were "facebooking" during the whole class period. When our parents were growing up the light class distraction was comic books. Many teachers banned comic books from classrooms and now that teachers find that students are obsessing over the internet, even in high at the design of the computer of the control of the control

Best

our day?
While Facebook can be fun, interacting with friends and surfing through
people's profiles. It does have its down
falls. Students might think that merely
creating a profile for fun and posting
pictures of themselves may be harmless, but because it is over the worldwide internet there is nothing lost
anyone from looking at your personal

becoming common practice for a company to research a person before offering them ajo and facebook has become a new tool for them to use. Students have to clean up pictures of themselves and inappropriate "wall" quotes that friends post.

up pictures of themselves and inappropriate "wali" quote that friends post is fun to collect friends and find out what people have been up to. Students post pictures of the latest great time they had and it can be a fun way to pass the time. Racebook being the most popular well among UK students can be harmless if used in the proper way. Just remmahar that one can be considered to the consideration of the way. Just remember that no section of the internet is pri vate, so be cautious of what is said or shown on the web-



STOCKED FOR SUCCESS

Sarah Willis | Kernel PR

No matter what your major, on matter what your style, Kemelody Book Store has something for everyone. It's the best place for students who are one-stop shoppers. Kennedy doesn't just have the biggest selection of new and used books, it has a wide variety of Wildcat apparel, sour-yenirs, class supplies, gifts and qame-day party supplies gund in the Wildcat Den. Kennedy also offers services for students such as copying and faving vices for students such as copying and faxing.

"Kennedy Book Store was built on having used books," said owner. Carol Behr. "We stock every book for every class." Besides cours textbooks, Kennedy carries related

reference materials for specialized disciplines including law and allied health fields.

Rennedy also has the Art Part for art, interior design and architecture students as well as the Greek Shop for all you sorority girls and fraternity guys.

"It's our experience and commitment to the students that makes Kennedy great," said Behr Part of that commitment includes offering a wide variety of services to students. Students can fax, copy, boy stamps and phone cards. Nat ename. Students can fax, copy, buy stamps and phone cards. Not only does Kennedy accept the plus account, they give parents the option to leave their credit card information for their

student to pay for things. Kennedy files the information at the beginning of the semester and the students can use it whenever they shop at Kennedy. (Don't get too excited stu-

Kennedy, (Don't get too excited stu-dents, parents can put a cap on womuch you can spend.)

Kenedy Book Store has it all, including a great location and plenty of free parking. They also have extended hours at the beginning of the semester and will buy books dat at any time. With all of the features Kennedy has and accommodations it makes for students, it's no wonder it

GETTING INTO SHAPE



Jason Bush | Contributing Writer

Being lazy in the summer is a given. However, now that classes are getting back in gear, students may feel the need to get up and move. Instead of sitting in your room all day watching re-runs of vour favorite shows, get out and pump yourself up at the Johnson Center. Not only was it void Best Health Club, there are several reasons to get off your rear and go work out at the Johnson Center. The first reason is you are

enter. The first reason is you are The first reason is you are paying for access to the place, so why not use it? The hours are perfect no matter what your schedule. They open the doors at 6 a.m. and they don't close them till a whopping 12 a.m. Monday through Friday. That's a whole

Graduate assistants Adam
Lipschutz and Jason Brailey apreed
hat the "variety of equipment
offered to students" is a bip plus.
"I see the students" is a bip plus.
"I see the students" is a bip plus.
"I see the students of the students of the students of the students and
and students of the students of the students and free weight to fill every
students workout plan.
Other things students can
other things students can
thate advantage of are the indoor
track and the rock climbing wall.
The wall staff gives instruction to beginners and makes sure that students are
safe when scaling.

There are also little known
activities that few people take advantage of during the school year.
The
Johnson Center offers free aerobics,
kickboxing and yoga classes among
others.

Sally Clark, a student
supervisor canned at a
survey.

Sally Clark, a student supervisor spoke of a new program

this year called the "Time to Change program". This program focuses on changing your lifestyle and eating habits.

habits.

Inframural sports play a big part with many students. With almost 30 sports on the calendar of events for this upcoming school year, 60-07 promises to be a very competitive year. There are also three new events added this year; the Home Run Perty, Team 3-point contest and the Triathion. Charlie Burk, the Intramurals is "To just participate". "Students should also be aware of troster deadlines and on the lookout for posters around campus and in the dorms" Burk said, and done, there is something for everyone at the Johnson Center. Intramural sports play a big part with



Jason Bush | Contributing Write

Jason Bush I Contributing Writer

The Cats Den was voted Best Place to Play Pool
in the Best of UK contest. But, it also has pool tables, air
hockey, ping pong, big screen televisions, games, saraoke
and more." The 4 young lady once and she was a seinor,
she said she had never even heard of
the Cats Den", said Cats Den coordinater Stacey Underhill. If you have not
checked it out, you are missing out. The
Cats Den offers much more besides
being a great hangout spot during the
school year. "It offers a place to meet
new people," said Underhill.

On Mondays during the
school year you can see people in the
den having a good time trying to sing
their favorite karrabe kht. Students can
latio win prizes at the Bingo games held

POOL AT THE CATS

DEN





WHERE ELSE BUT TOLLY HO Jason Bush | Contributing Writer

If you're new to campus, or a member of the
"old school" and you do not know of Tolly Ho's, you're
missing one of the best restaurants on campus. Tolly to
which is located on campus on South Limestone right down
the street from Kennedy Bookstore, will give any burger
joint in the city a run for their money. Open 24 hours a
day, T days a week, this food stop is not just a restaurant,
it is also a meeting place.
"Tradition is a big reason why students and former students and at the restaurant, "aid manage."

It is also a meeting place.

"Tradition is a big reason why students and former students set at the restaurant." said manager
Matthew Salyer. "Rids that graduated years ago are coming
back and bringing their lamilies." Every day, no matter the
time, you are sure to see students inside chomping down
on the most ordered foot item, the amous Tolly the burger.
There are several other items on the menu that will tickle
the tastle buds, including hedded rots, the Super Ho and
the selection of milkshakes to satisfy the sweetest sweet
tooth.

There are more reasons to enjoy a great mea Tolly Ho's besides the food. It won the award for best la night restaurant in last year's Best of UK awards. "The accessibility" is one of the reasons so many students co





MORE THAN POPCORN & CANDY



Caitlin Condo | Contributing Writer

It's the beginning of fall semester and you are trying to think of somewhere fun to take your newest favor of the month. There is a new movie out you want to see but you are worsted because you feel like taking your date to the movies isn't creative enough. Well, erase your doubts because going to the movies is still at top choice for college students. In fact, the movies were recently voted the best place to go on a date by the University of Kentucky student body. And if you are looking for an interesting twist on the movies, look no further than Lexington's new Movie Tavern.

The Movie Tavern is a new movie theatre in town that offers more than just popcorn and candy. A full-service bar is on sight and you can order anything from a Movie Tavern sightarte margardis, a qlass of white izinfamdel, a sour apple martini or a pitcher of ice-cold beer. Cheferpared American cassics are offered on an extensive menu. Nou could start your date off right with southwest groils or cheese fries and then move along to a delicious Ocean's Eleven seafood platter or grilled shrioin steak. Don't forget to treat your date to a dessert, maybe some New York cheesecate or a brownie bottom pie. The start of the control of the start of the cheese the search of the cheese the control of the cheese the cheese when the cheese the cheese when the cheese the chee



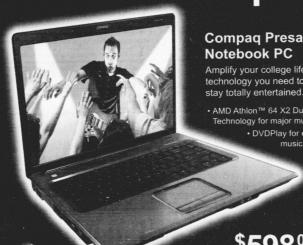


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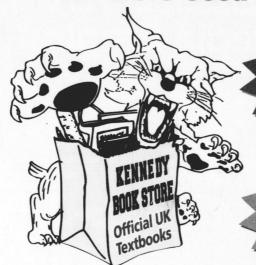
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