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Cover: Mrs. Marvin Patterson with couriers Dan Eldridge, Christina Frazel, Elaine Rabin and Alla Katsnelson at the Big House, Wendover.

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Beyond the Mountains

Spring arrived in the mountains clothing the hillsides with the most glorious dogwood and redbud! Although many evenings remain chilly, the days are bathed in the southern breezes leaving me with the stirrings of rebirth.

The strategic plannings sessions of the Board of Governors, held at the offices of The Preston Group in Lexington, reinforce that feeling of reformation. Board members Ken Tuggle, chairman, Bill Hall, Bob Johnson, Jim Klotter, Leigh Powell, and Dr. Anne Wasson, have spent many long hours with Preston Group staffers Nancy Wiser and John Gibbs researching health and education material; listening to Dave Southern, Mary Breckinridge Healthcare President and Kate McHugh, CNEP Director, present their vision for the future; discussing health and education trends with leaders from the respective fields, and deliverating the values of the leadership of the FNS. A final document will be presented in the early fall.

The Executive Finance Committees of the Board of Governors and the Frontier School of Midwifery and Family Nursing met in Lexington February 4 and March 25. Much work is accomplished between Board meetings. Many thanks to all the members who volunteer such a large amount of time to the Organization!

The Board of Governors met at Wendover April 22 and 23. Budgets were adopted for FY '95. The Board approved two scholarships for local women who are long time employees of Mary Breckinridge Hospital to attend licensed vocational nursing school. I am so pleased that the FNS is able to foster the professional growth of our own employees. Just as CNEP educates nurse-midwives in their own communities to stay in their communities to practice, these scholarships for Ms. Verna Messer and Ms. Angie Sheperd promote our service in Eastern Kentucky in the same way!

It was a privilege to have Mrs. Jefferson Patterson attend the Board of Governors meeting at Wendover. Mrs. Patterson's previous trip to Wendover was in the summer of 1991. How we value her presence! Her pictures adorn our walls and keep the memory of the conviction, commitment, and courage which created the FNS alive for all!

This year of 1994 marks Miss Jane Leigh Powell's fortieth anniversary with the FNS! A dinner party Friday evening honored her many accomplishments since she arrived as a courier in 1954. Stories of the couriers were told in abundance after dinner by Miss Powell, Miss Kate Ireland, Freddie Holdship, Alabam Morgan and Juanetta Morgan. Our couriers listened in amazement. Saturday morning I inspected the kitchen because I was concerned that Miss Powell's exuberance had encouraged pranks among these mature couriers of 1994. I feared that as I retired for bed a food fight was occurring and that Miss Powell herself had thrown a bucket of water into the melee. Of course, it was only a dream brought forth by the reminiscing. Wasn't it?

Miss Kate Ireland was presented with our first ever FNS golf umbrella. How many times has she sheltered us from the

storm?

Dr. Anne Wasson was presented with a plaque commenorating her designation as Medical Director Emeritus by the Board of Governors. We also celebrated Ken Tuggle's forty-

something? birthday.

April 25 Miss Jane Leigh Powell, National Chairman, Dr. Anne Wasson and I joined Ms. Kate McHugh (CNEP Director) and the FSMFN faculty in Nashville for the ACNM meeting and FNS Alumni reception. What a pleasure to meet alumni! The class of 1974 was present. Two of the three graduates are living, Linda Jo Hanson and Ms. Mirian L. Toepke. Many thanks to Dr. Anne for the time and energy she has committed to the Alumni Association.

Barb Gibson, Dr. Anne Wasson and I attended a showing of Mrs. Patterson's photography at the Patterson Homestead Museum in Dayton, Ohio May 3. The presentation of our FNS pictures was beautiful. We had the pleasure of viewing Mrs. Patterson's photography of Finland, Scandinavia and Africa. Additionally, the Breckinridge/Patterson photographic memorabilia was fascinating. We met many friends of Mrs. Patterson and we

were honored to meet Ms. Julie Davidson Cheshire, FNS courier of 1953. Many thanks to Molly Williams, Director of the Patterson Homestead for inviting us.



Dr. Anne, Deanna and Julie Cheshire

May 1 the Washington Committee Derby Day Party was held at the home of Mrs. Jefferson Patterson, honorary chairman of the FNS Board of Governors. The highlight of the day was the attendance of Mr. James Parton, one of the first FNS male couriers, and his talk about his days as a courier in the late 20's. Mr. Brooke Alexander was invited to the party but was unable to attend due to illness.

April 8 Barb Gibson, Dave Southern and Roger Morland attended the Berea College Appalachian Annual Conference. Thanks to Ms. Judy Stammer and the Fund for their contributions toward vehicles for Home Health.

April 17 Miss Jane Leigh Powell attended the annual meeting of the Daughters of Colonial Wars held at the Mayflower Hotel in Washington, DC. Thanks to the DCWs for their continued generosity to the FNS.

June 5 the Philadelphia Committee will host a FNS fund raiser in conjunction with the Radnor Hunt. Details in next QB.

-Deanna Severance

Notes from the School

This summer promises to be exciting for those of us involved in the faculty of the CNEP. Four major initiatives are underway that I would like to mention to you.

The first is a study of whether to re-open a family nurse-practitioner option or not. Many of you fondly remember that educational pathway within the school. We are undertaking a needs assessment that will pave the way for decision-making this fall. We're considering this because of both the health care climate's emphasis on primary health care and because so many of our CNEP graduates work in under-served rural areas.

The needs assessment team is comprised of Nancy Fishwick (former FSMFN faculty) from the University of Maine and current CNEP faculty Debra Browning and Phyllis Long. If you get one of their questionnaires, Please answer it promptly.

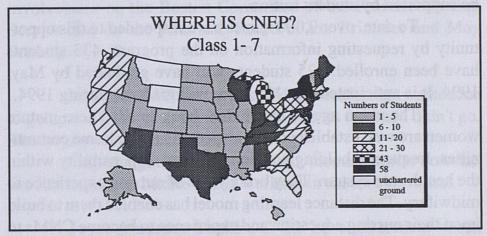
Our Rural Outreach Grant is nine months into its first year. During this summer, Penny Armstrong has arranged for many new rural sites to be visited by CNEP Regional Clinical Coordinators. Our efforts are aimed at decreasing the rural nurse-midwives sense of isolation by offering her continuing education opportunities and access to our electronic bulletin board. We'd also love to interest rural midwives in precepting CNEP students!

Our third initiative is to implement the recruitment plan written for us by Kathy Carr. In this fiscal year we are finally financially ready to recruit nurses in a systematic way. In order to increase the size of our profession we must spread the good word about our long-distance home-based school. We will be mailing information to many thousands of nurses and attending many conferences. Let me know if you have good ideas for recruitment.

One of our most interesting unanswered questions involves the characteristics of successful students. This summer we will be developing an assessment profile that we will use on a range of students: fast students, slow students and students with problems. This study will help us to tailor many aspects of school life to the needs of the students.

I thought you might be interested in a few more details of our student body, so we've enclosed some text from a grant we submitted this fall. Please read on to learn more about this great adventure in learning. . . .

In border towns of southern New Mexico and in the onion fields of eastern Oregon, in fishing villages of Maine and in the South Bronx of New York City, women who two years ago had little or no health-care are now attended by certified nurse-midwives. These practitioners are providing high quality cost-effective care in their own communities. They are graduates of the Frontier School of Midwifery and Family Nursing/CNEP.



Location of CNEP Students

Thirty percent of CNEP students live in communities with populations of 10,000 or less. CNEP students are already highly trained professionals who are respected members of health-care systems; as graduate CNM's they will continue to serve in these communities where they are socially rooted and sensitive to the special needs of rural America.

By taking nurse-midwifery education out of the university where competition with medical students and residents worked to the disadvantage of nurse-midwifery, the CNEP has opened a dramatic number of new clinical training opportunities. The CNEP presently has clinical affiliation agreements with over 245 training sites, including birth centers, community hospitals, small private practices and public health clinics.

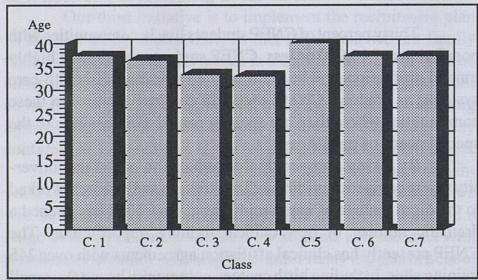
CNEP, through the distance learning, community-based model of education, has extended nurse-midwifery education to nurses in areas where there are no traditional educational programs and has greatly increased the number of nurse-midwifery graduates in the United States. At present, CNEP alone graduates nearly one-fourth of the country's CNMs.

This model of education is already being duplicated by other nurse-midwifery educational programs, adapted by others or looked at by other nursing and nurse practitioner educators. In a milieu of economic constraints, it is also important to note that the majority of program operations for such an educational model can be supported by student tuition.

To date, over 9,000 nurses have responded to this opportunity by requesting information on the program. 433 students have been enrolled. 125 students will have graduated by May, 1994. It is anticipated that 155 more will graduate during 1994.

The mean age of the student body is 37. These mature women are well established and respected in their home communities, frequently holding positions of great responsibility within the health care system. They bring years of nursing experience to midwifery. The distance learning model has enabled them to build upon their nursing education and experience to become CNMs to "give birth back to women and families."

-Kate McHugh



Median age of Classes 1-7

Miscellanous Tidbits

Debbie King, former courier and Boston Committee member says, "Our lives continue without much fanfare, just generally content. Joe worked hard all summer. During the week he works for Conservation Services Groups, as he has done for two and a half years. On weekends for awhile he was working on his own, building etc...It helped to pay the bills but I did miss him on the weekends! Joe has also gotten involved in the town."

"I am about to enter my 14th year at the Massachusetts Associations for the Blind! My extra-curricular activities include involvement on the Boston Committee of the Frontier Nursing Service and on the Alumnae Board of the Brimmer and May School."

Mary Neal Wilson writes, "Mrs Breckinridge wanted me to go up to St. Lukes as my best friend did. Its too bad I didn't go. The boys were too much fun!"

"My daughter Mary Neel West, former courier now has her RN license in Maine and is working in the local hospital."

Joyce Amoroso Chalfin, CNEP Level III student wrote, "I am writing to thank you, the staff of Wendover, for the wonderful meal and hospitality that I and my fellow CNEP Level III friends received on March 21. This was my second visit to Wendover and I am always struck deeply by the sense of being connected to the history of Mary Breckinridge and her mission. Thank you all so much for your work in maintaining her memory and spirit of hospitality. I will remember the beautiful old house with the bed recently made, as if Mary were about to come home. I'll remember food and the feeling of welcome we received."

January 10th was a special day for **Dr. Joyce Fitzpatrick**, Dean of Case Western Reserve University's (CWRU) Frances Payne Bolton School of Nursing and Board of Governors member of the Frontier Nursing Service. The mayor of Cleveland proclaimed January 10 "Dr. Joyce Fitzpatrick Day" in honor of her

efforts with the World Health Organization (WHO) that resulted in the nursing school's designation as a WHO Collaborating Center for Research and Clinical Training in Home Care Nursing.

CWRU is one of only ten WHO collaborating centers in nursing in WHO's Pan American Health Organization region, which covers North, South, and Latin America. The centers are committed to advancing nursing development in primary health care through education, practice, research, and leadership.

Dr. Fitzpatrick was recognized as "one of her community's eminently fine citizens" and noted that the proclamation was a

tribute of praise for and gratitude to her.

Fitzpatrick, the Elizabeth Brooks Ford Professor of Nursing, was appointed dean in 1982. She earned a B.S.N. at Georgetown University, M.S. from Ohio State University, a Ph.D from New York University, and a M.B.A. from CWRU. In 1990, Fitzpatrick received an honorary doctorate from Georgetown. A fellow of the American Academy of Nursing, Fitzpatrick is board president of the Nursing Health Center.

National Association of Childbearing Center's 10th Annual Convention September 29 - October 2, 1994: Network with other birth centers, update your clinical skills, and impact on health care reform as NACC goes on the Hill. More than 20 hours of continuing education credit will be offered. For more information, please contact the Program Coordinator, NACC, 3123 Gottschall Road, Perkiomenville, PA 18074, (215)234-8068.

Field Notes

Finally, SPRING arrived! A most welcome event after the severe winter we had. There for a while we wondered if Mother Nature had forgotten us but then Wendover came to life once again with all the bulbs and wild flowers in bloom. I'm not sure if it was just in our mind's eye, but everyone felt it was the most glorious spring here in the mountains in a long while.

It's been a busy time for everyone. Maintenance constructed a new drain from the Upper Shelf, and is continuing with the fire safety project in the Garden House. Extra smoke detectors, alarms, emergency lighting and self-closing hinges have all been installed. The stair wells have been enclosed and soon we will have a new outside stairway from the second floor. The winter took its toll on the post office and so we are now in the process of putting on a new roof. Of course the mowing season has started which is most time consuming. Luckily we were able to hire Michael Mase again for part-time gardening and mowing. Michael was with us two summers ago and was a super help.

The housekeeping staff spent weeks doing major spring cleaning of all the other buildings. At times this was a bit difficult for them as we have had a lot of tours and overnight guests that needed tending. Somehow they had it all ready for the Board Meeting in April. This year we were honored that Mrs. Marvin Breckinridge Patterson was with us for a couple of days - all too short a time. She kept us enraptured with her stories and memories of Wendover in the late '20's.

Did you know that we have a Gift Shop with all sorts of nifty FNS items? Normally we have on hand, sweatshirts, tees, polos, aprons, tote bags, coffee mugs, large umbrellas etc. as well as photos, books, post cards and note paper. Let us know if you'd like more information or a price list.

ADDENDUM

You all may not know Christine Collins, Wendover's Head Housekeeper. She's at work everyday at 6:30 and stays busy keeping everything sparkling. I can't tell you all the little extras she does for Wendover. She just goes along and does anything she sees that needs doing.

Christine is a very lovely person, soft spoken and kind. She has a wonderful sense of humor, with a touch of the devil on the side. For recreation, she loves to go fishing with her son on the weekends.

A short while ago we had a courier here by the name of Dan Eldridge. Dan was a super courier, always willing to drop what he was doing and run to Hazard or Lexington for the hospital, pick up groceries for Cassie and generally help in any way he could. Dan also had a touch of the devil.

One Monday morning, Christine had collected the laundry and decided to get a head start on the day. To the machines she went, flipped open the lids and discovered one machine was already filled. On closer look, she discovered she could start her day fishing! A number of goldfish were happily swimming around the largest aquarium they'd ever seen! Last report was "fish are alive and well, living in more modest accommodations at Stacy Fork".

While he was here, Dan discovered the culinary delight of circle pie and decided that he really wanted to have this pie the last night he was here. Cassie, our head cook, is an expert pie maker. In order to make sure Cassie would not forget, Dan drove to her house and saw that she had a garden figurine of a boy (called Butch by the Mosley family) in front of her house. Butch was quickly confiscated, and a note was left to the effect that Butch would be held hostage till one circle pie was delivered to the Big House kitchen. The terms of the hostage note were happily met by Cassie, the pie delivered and Butch was returned to Camp Creek. Dan certainly kept us on our toes with his delight in the bizarre and we will be talking about his delightful pranks for years to come.

-Susie Hudgins

Patterson Homestead Museum

On May 3rd, Deanna, Dr. Anne and I traveled to Dayton, Ohio for the opening exhibit of the work of Mrs. Marvin Breckinridge Patterson at the Patterson Homestead Museum.

The Federal-style farm house was built by Colonel Robert Patterson in 1816 and now serves as a museum.

The Museum will be exhibiting the work of Mrs. Patterson May 5-September 1. Exhibition hours are Tuesday-Friday 10 to 4 and on Sunday 1 to 4. For more information, call 513-222-9724.

The exhibition includes Mrs. Patterson's silver gelatin prints of the Frontier Nursing Service, a series which was incorporated into a four-page photo essay for LIFE magazine. Other photographs taken between 1930 and 1937 in the United States, Finland, Scandinavia, and Africa are also on display.-Barb Gibson

Marvin Breckinridge (Mrs. Jefferson) Patterson (The following was written by Tom Andrews, Community information Director, Visiting Nurse Service of Southern Maine).

A woman who navigated hundreds of miles on horseback in the most rugged region of the country isn't easily intimidated. Not by a jittery FBI czar in war time. Not by witnessing the first Nazi air raid on London, nor by broadcasting side-by-side with Edward R. Murrow with history as your personal valet. Such was everyday life for an extraordinary woman born in New York City on October 2, 1905. With hindsight, some believe that Mrs. Marvin Patterson was destined for a life of greatness.

The very word "pioneer" illustrates the adventuresome spirit that intertwines Mrs. Patterson's life with the Frontier Nursing Service. The word derives its meaning from an Old French expression for foot soldier. In her early twenties, a foot soldier is exactly what Marvin Breckinridge became, to the eternal gratefulness of thousands of Appalachian residents.

Born into a prominent family headed by John Cabell and Isabella (Goodrich) Breckinridge, Marvin Breckinridge continually challenged herself to learn about the world as if it had been created with a void only she could fill. She attended Milton Academy in Massachusetts, using that start to embark on a lifelong learning experience that would take her around the world in search of knowledge, both studied and experienced. After receiving a B.A. degree from Vassar College in 1928, she matriculated at the New School For Social Research, eventually finding her way to the Clarence White School of Photography in 1936. Her pursuit of academia also took her to the University of Berlin, the Universidad Catolica in Lima, and to American University in Cairo.

As noteworthy as these academic achievements are, much of Marvin Breckinridge's practical education came through her decision to join the Frontier Nursing Service. During her studies at Vassar, she learned about the work of her cousin, Mary Breckinridge, who had launched the FNS in the backwoods of Kentucky, hard by the Appalachian Mountains. Barely three years after her cousin Mary had made her lifelong commitment, Marvin Breckinridge made hers: she saddled up as a courier for the Frontier Nursing Service, beginning a relationship with the ingenious organization that continues to this day.

As the legend of the nurses on horseback grew, so did the need to document this unique method of health care delivery, both for historical and for fund raising purposes. In 1929 Mary Breckinridge asked her cousin to immortalize the story of the Frontier Nursing Service on film. The result was The Forgotten Frontier, which survives to this day as a timeless protrayal of the bond that forever links grateful patient and dedicated nurse. In 1937, Marvin Breckinridge returned to the treacherous trails that had put her on the road to fame. She mounted a horse once again, to capture the Frontier Nursing Story in photographs.

The publication of the Frontier Nursing photographs in Life Magazine in June of 1937 strengthened Breckinridge's reputation as a world renowned photojournalist. Subsequent travels took her to Sweden, Labrador and Switzerland, where she learned of the Nazi invasion of Poland, the event that began World War II.

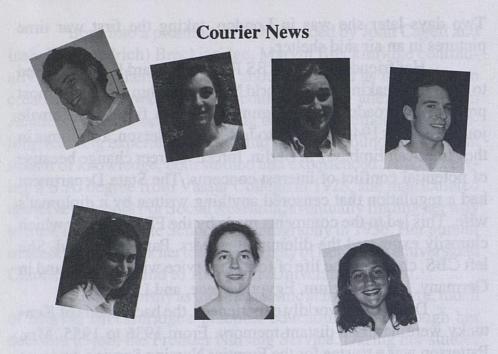
Two days later she was in London, taking the first war time pictures in an air raid shelter.

Her friendship with CBS Radio's Edward R. Murrow led to a groundbreaking job on World News Roundup, one of the most prestigious broadcasting assignments, and a first for a female journalist. Her 1940 marriage to Jefferson Patterson, a diplomat in the American Embassy in Berlin, forced a career change because of potential conflict of interest concerns. The State Department had a regulation that censored anything written by a diplomat's wife. This led to the comments made by the FBI's Hoover which clumsily expressed the dilemma that Mrs. Patterson faced. She left CBS, choosing the life of foreign service with her husband in Germany, Peru, Belgium, Egypt, Greece, and Uruguay.

Despite her worldly experiences, the backwoods of Kentucky were hardly a distant memory. From 1936 to 1955, Mrs. Patterson was a trustee for the Frontier Nursing Service, and was appointed to the Board of Governors in 1955. She became Chairman of the Board of the FNS in 1960, serving in that capacity for more than 15 years. Today, she remains active as Honorary Chairman. Throughout the years the organization has benefited from her many philanthropic gifts.



Dr. Anne Wasson, Deanna Severance and Mrs. Patterson at the Patterson Homestead Museum in Dayton, Ohio.



Left to right, back row: Dan Eldridge, Alla Katsnelson, SashaWatson, Tom Doran. Front row: Elaine Rabin, Christina Frazel, and Rosie Perera.

The program is running along very smoothly and people are continuing to have positive experiences. During evaluations, these were some of the responses I received.

"I would definitely recommend this program to my friends. I have had so many wonderful experiences and have learned so much. I would highly recommend it."

"Tutoring in reading and writing was incredibly satisfying as was home health. The program is so unique in that one can observe almost any and every facet of health care in the region."

"I was amazed by the opportunity to get involved and observe in so many areas."

"Being able to 'try my hand' at everything I was interested in was great."

"For me, there were medical related opportunities that I never would have found anywhere else."

Couriers who have come and gone...

Matthew Cushing and Allison Voehl were the last of the fall group to leave. Matthew is working in a book store and will be attending Bryn Mawr in the fall. Allison also has a summer job and is very excited about attending Dartmouth Medical Center this fall. Dan Eldridge is going to Paraguay for two months. Matthew, Allison, Dan, I really miss you!

Alla Katsnelson, Newton, MA and Sasha Watson, Milton, MA were here from March, 14th until May 9th. Alla will be returning to her classes this fall at Cornell University, Ithaca, NY and Sasha will be returning to Barnard College, New York, NY. Christina Frazel, Chicago, IL graduated from Smith College in the spring. She was here from mid-April until early June. Elaine Rabin, Amherst, MA and Rosalind Perera, North Hampton, MA were here from April 1st until the end of May. Elaine will return to Brown University and Rosalind to Smith College. Thomas Doran, Grove City, PA will be with us until mid July. He is here having a "growing" experience before starting college.

The opportunity to spend time with Mrs. Marvin Patterson during her visit to Wendover for the April Board of Governors meeting was a real highlight for the couriers. They enjoyed her stories of her early days at FNS as courier and photographer.

Another highlight was listening to Leigh Powell, Kate Ireland and Alabam Morgan tell stories about all their mischief when they were living at Wendover. After those stories, all sorts of funny things started happening here. During the Board of Governors meeting, the couriers heard about Mrs. Breckinridge's love for chickens. They decided Wendover should again have chickens. A neighbor gave them two baby chickens one of which died and is buried in the rose garden, leaving one left who was named "Man-O-War". Man-O-War had been living with Dan and Tommy for two weeks when someone finally discovered there was a chicken living in the Barn. He enjoyed his stay having cheerios for breakfast and receiving royal treatment until the Wendover Manager found out and asked that "Man-O'War" be returned to his original home.

-Barb Gibson

FNS Employees

Geraldine Collins is another dedicated person who loves working at FNS. Her job title is Head Cook at the Mary Breckinridge Healthcare.

She first began work in 1971 as cook for the midwives at the Mardi Cottage and then transferred to the kitchen in the hospital in 1972. Geraldine had



the opportunity to work with Eniree Napier, Virginia Whitehead, Juanita Smith and Etta Mae Collett in beginning years as cook.

She is a native of Leslie County and lives at Grassy Branch, Kentucky. She is married to Clay and has four children: Freda Gilbert, billing clerk at Mary Breckinridge Healthcare; Lisa Higgins, who works for Mountain Express Cleaners in Hazard; Janice Brock; housewife and Jeffery Collins who lives in Clay County, Kentucky.

Clifford Whitehead began work at FNS in 1972 in the maintenance department at the old Hyden hospital. He was hired by Alonzo Howard and only worked in maintenance for a few months before transferring to security guard.

Clifford was born here in Leslie County and lives at



(3)

Essie. He worked in the coal mines for 13 years before coming to FNS. He was also a school bus driver for the Leslie County Board of Education along with his job at FNS. His wife, Virginia, works as a cook in the dietary department at the Mary Breckinridge Healthcare. They have three boys, Roy Lee, Roger and Randy, two girls, Diane and Gena, and eight grandchildren. -Barb Gibson

In the next few issues of the Quarterly Bulletin we will focus on one particular area of the Frontier Nursing Service in order to better acquaint friends and supporters with our staff and services.

Home Health

The Home Health agency continues to grow with patient visits averaging 2,200 per month. Soon we will be expanding our program to include the Home Community Based Waiver Program which is a program directed toward patient life style assistance. Aides go into the home and do housekeeping chores, laundry, cooking, etc. Mr. Roger Morland, new director of the program, is excited about the expansion and progress home health is making.

Roger was born in England, in the heart of the country in the country of Staffordshire. The youngest of nine children, he graduated from high school and immediately followed his vocation into nursing. He majored in psychiatry and intensive care and progressed into nursing administration.

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740

130



Roger moved to the United States in 1980 with his wife, Carol, and their four young children, Clare, Helen, Anthony and James (now all at school, university or working in England). Roger has worked and lived in Texas, Arkansas, Florida, Alabama and now Kentucky. During 1983, while working as Assistant Administrator/Director of Nurses in the Ozark Mountains of Arkansas, the Prospective Payment System was introduced by the Reagan Administration and Roger was responsible for interpreting the Federal Regulations and devising a management system that would maintain the viability of the hospital. This he did successfully to the extent that he was asked to undertake consulting work for various hospitals in the area.

Moving to Miami in 1985 enabled Roger to develop his consulting business both in the United States and in the United

Kingdom, working with administrators and corporate executives on a variety of management related projects.

Roger's family moved back to England in 1986 in order for the children to finish their schooling and Roger became a frequent flier traveling between the United States and the United Kingdom sometimes eight times a year. The recession hit both the United States and the United Kingdom at more or less the same time and business as an independent transatlantic consultant became more difficult.

Subsequently, Roger and Carol moved to Alabama in 1993 where Roger worked in Decatur as Director of Health Informatics. One of the contacts Roger made during his consulting years was Ray Branaman and late last year, during a conversation with Ray, Roger discovered that FNS was looking for a Director for its home health agency!

Roger and Carol and HER four Bassett Hounds, Henry, Nelson, Daisy and Sable, now live in Hyden and are looking forward to the future with FNS.

Since starting work with the home health agency, Roger has made a point of meeting as many patients in their homes as possible by making home visits with one or two different nurses each week. To date he has met over 65 patients and their families and made these visits with at least 50% of the visiting nurses.

Moving here during the winter months was hard but instructive. Learning to understand the culture of the mountain people and the geography of the area in which they live is a priority for Roger. He feels this understanding and the relationships he develops will enhance his ability to manage this prestigious agency and ensure the future of quality rural health care in this area.

-Barb Gibson

Due to lack of space, I could not do a profile on all 34 employees in home health. Instead, I have listed names and their titles.

Clerical

Barb Burkhart, Administrative Assistant Claudette Grubb, Utilization Review Clerk Mary Rose Hoskins, Insurance Billing Clerk Brenda Shepherd, Systems Manager Mary Adams, Secretary and File Clerk

RN's - LPN's

Barbara Taylor, RN
Susan Bush, LPN
Bonnie Carroll, LPN
Debbie Daniels, LPN
Leta Holden, RN
Geneva Hudson, RN
Teresa Johnson, LPN
Margaret Jones, RN
Kathleen Lahearty, RN, QA Specialist
Margaret Maggard, RN
Peggy Morgan, RN
Barbara Pratt, LPN
Ann Jones, LPN, Infection Control

Nurse Aide Assistants

Lillie Mae Bowling Geneva Brock Elizabeth Couch Lucy Couch Martha Davis Glenna Estep Patsy Howard Katie Joseph Betty Morgan
Phyliss Morgan
Stella Morgan
Patricia Sizemore
Kathy Gibson
Teresa Jones
Betty Lashon
Nancy Kemper



Home Health Employees

This article is reprinted from the Spring, 1971 Quarterly Bulletin. At FNS today, with modern technology such as the electronic bulletin board system at the Frontier School of Midwifery to an advanced PBS system at Mary Breckinridge Healthcare, it's hard to imagine that it could have been this complicated only 23 years ago. . .

Communications by Peggy Elmore

It has been some ninety-five years since Mr. Alexander Graham Bell presented the world with the telephone and, although in the lifetime of many of us it has evolved from a rather crude to a fairly sophisticated instrument, it is something most of us take for granted now.

There were telephones in Leslie County when the FNS was begun in 1925 but our old staff member, Della Int-Hout, tells us the story of an important call from Stafford, Kansas, to the FNS Outpost Center at Bowlingtown, which took three days and a pack mule to complete in the early Thirties. It seems that Bowlingtown was not listed in official telephone records and the Chief Operator called half a dozen points in Kentucky, including two sheriffs and a railroad, to get information. The railroad said the mail went by pack mule. A sheriff suggested the State Police who obliged by taking the message as far as the road went and there turning it over to the mailman and his mule. Three days after the call was made, the recipient reached a telephone and the call was completed.

All of the outpost nursing centers were linked by phone with Hyden and Wendover in the early days, sometimes utilizing Forestry Service lines, sometimes using lines maintained by FNS. And maintenance could be a problem because the wire makes such good clothesline! Communication was often by relay from, for example, Brutus to Bowlingtown to Confluence to Hyden to Wendover, and there were times when the message which reached its destination was not quite the same as originally intended. One day, the late Jean Hollins received news at Wendover from Brutus that "the milk of Blinkie was paltry". Now Blinkie was a young,

fine cow, and, moreover, she was fresh. So Jean checked back and found that the original message, intended for the doctor and not the animal husbandry department, had said, "Bill Couch's wife has palsy"!

In 1961 the FNS replaced the old, hand-crank telephones which definitely had character, with dial phones which didn't. Oh, there were advantages to the dial phones. Wendover and Hyden Hospital had two lines each, plus an intercom circuit, many more families had phones, and we could use them twenty-four hours a day if we wished. With the old phones the switchboard was closed from 10:00 p.m. until 6:00 a.m., but that was no great disadvantage. Most people were in bed by ten and if there was an emergency at the hospital "Central" was always willing to keep the board open or come back in the middle of the night and help cope with the problem. We can even remember one night when the operator stayed on for nearly an hour while Dr. Beasley, at Hyden Hospital, sought Leigh Powell's advice, from Wendover, on some emergency canine surgery.

The old system was a friendly one. When the phone rang, the combination of longs and shorts told us immediately for whom the call was intended. If we needed to locate someone in town, all we had to do was call the switchboard and the operator would tell us where she had last seen the person or keep an eye open for her. And, on the more serious side, if we needed blood donors, all we had to do was tell the operator the names and she would produce the donors. When the Beasleys first came to Hyden, Trink received a call from her seven-year-old son who said: "Mama, I'm having lunch in the jail. 'bye." Trink had no idea where the jail was, or what misdemeanor her eldest might have committed. So she called the operator who said, "Oh, yes, Mrs. Beasley, your son must be in the second grade. The jailor's son is in the second grade too, and his mother is one of the best cooks in town so you need not worry." Trink was quite reassured, even though she still didn't know where the jail was.

The dial system may have given us better telephone service but it wasn't half as interesting and during the last two or three years we have, at the hospital anyway, begun to outgrow our

"new" system. We don't quite know why but when the hospital is dialed, the phone only rings once, and sometimes not at all, and this was (and is) very frustrating. So last summer we agreed to the installation of an even newer system with a sort of push-button switchboard which can be moved into the new hospital. This will give us the phones we need at Hyden and will tie Wendover and Hyden Hospital into the same intercom circuits, thus eliminating the two-to-three minute automatic cut off presently on local calls. Brevity is a fine trait to cultivate but it often takes most of that twoto-three minutes to locate the person one wants! The new system has been in the process of installation for some months and the old phones will soon be cut off at Wendover. (We will retain the old numbers.) Now we must try to learn what to do with the new "switchboard" and try to get all the "bugs" ironed out. Wendover has been the "guinea pig" and we are still waiting for the new system to go in at the hospital.

For some time now our friends have been able to dial us directly and we hear a rumor that we, too, will have the advantage of direct dialing by the end of the year and we hope that a solution will soon be found for the problem which causes most long distance calls either to fade away or to cut off in the middle of the conversation. Thus, between the Emergency Radio Network and the new telephones, modern communications have come to the FNS. We wonder if it will ever be as good as the grapevine!

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Letter of Appeal

Dear Friends of FNS,

Although the Frontier Nursing Service is still very viable today and our Community-Based Nurse-Midwifery Education Program is growing in leaps and bounds, we still need the support of our dear loyal friends.

In an effort to try to attract new donors to the FNS and to establish a personal relationship with them we are asking you to please send us the names of friends who you think would be interested in supporting FNS. We will write to them and assure them that their name will not be released to any mailing company.

We would greatly appreciate your assistance. Please fill out and detach this page and send to the Development Office if you wish to encourage someone else to become a donor.

My name is:		w maldon			Stook ilpa
List of my friends names and addresses are:					
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IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Katherine Williams, Cleveland, Ohio died during February, 1994. She was well known for her generosity and support of Cleveland arts organizations and was a supporter of the Frontier Nursing Service.

Ann Danson Muhlhauser, Glendale, Ohio died February 13, 1994. She served as a courier at FNS in the early 1930s, served as chairman of the Cincinnati Committee for many years and was a honorary member of the committee at the time of her death.

Margaret Matthews Field, Ashville, NC died September 27, 1992. She was a nurse at the Frontier Nursing Service during the 1940s and continued to be a supporter of the FNS.

Mr. John F. White passed away from a lingering illness early February. He is the brother of Dr. Patience White, member of the FNS Board of Governors.

Mr. Ralph B. Williams, Bedford, MA died April, 1994. He was a stalwart member of the FNS Boston Committee and was Treasurer of the committee for many years. He was a very loyal and generous friend of the FNS.

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

Ruth Woods Yadon

Dot Atkins

Kathryn Kossuth

Judith A. Ford

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In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the Development Office at FNS.

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Contributor's name:
Address:
Person(s) to whom you wish acknowledgements sent:.
Name:
Address:
In Honor of
If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the Development Office at FNS.
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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

" I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

- 1. By Specific Gift under Your Will. You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
- 2. By Gift of Residue under Your Will. You may leave all or a portion of your residuary estate to the Service.
- 3. By Life Insurance. You may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE Mr. William Hall, Treasurer Fifth Third Bank 269 West Main Street Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an upto-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff Opportunities:

Current Opportunities include: family nurse practitioners, registered nurses, and physicians. For current information or to apply for a position, contact Eva Morgan, Human Resources Manager, Wendover, KY 41775 (phone 606-672-2317).

Courier Program: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 8 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Barb Gibson, Director of Public Relations/Courier Program, FNS/Inc., Wendover, Kentucky 41775 (phone 606-672-3280 or 672-2317).

Nursing Volunteer Program: This is a program that has been recently designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this program if accepted, there is no required amount of time. For current information, write or call Glenna Combs, Director of Nursing, Mary Breckinridge Healthcare, Inc., Hyden, Kentuky 41749 (phone 606-672-3162).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

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FRONTIER NURSING SERVICE, INC.

Its motto:

"He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young."

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses: to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the Frontier Nursing Service, Article III as amended June 8, 1984