

Shalom

Newspaper of the
Central Kentucky Jewish Federation



SEPTEMBER 1994

לשנה טובה 5755

GENERAL ASSEMBLY OF THE
COUNCIL OF JEWISH FEDERATIONS
TO CONVEIN IN DENVER,
NOVEMBER 16 - 19, 1994

JEWISH
FAMILY LIFE
EDUCATION
LECTURE
SERIES



JDC SENDS SHOFAROT TO FSU IN CELEBRATION OF ROSH HASHANAH

Symbolically calling the Jewish people to action and awareness, the shofar announces the beginning of Rosh Hashanah, a time of hope and renewal. Semyon Ravinski, left, and his great-grandson Genia, learn about the shofar in preparation for the upcoming holiday.

This year, 350 shofarot kits were distributed to Jewish schools and synagogues across the former Soviet Union as part of the holiday activities planned by The American Jewish Joint Distribution Committee (JDC). The kits included a shofar, shofar cover and a special booklet prepared by JDC on the background and symbolism of the shofar. Every schoolchild will also receive three colorful explanatory booklets on Rosh Hashanah, Yom Kippur and Sukkot, produced in Russia.

For the first time, students of the JDC Moscow Cantorial Academy will be conducting High Holiday services at the Moscow Choral Synagogue. Until now, cantors were brought in from Israel to conduct the High Holiday services.

In addition, lulavim, etrogim and sukkot will be distributed to synagogues and educational institutions throughout the FSU.

North American Jewish communities are responding to historic shifts in the environment of Jewish life:

North American Jews have found acceptance in and are making important contributions to the societies in which they live. This fact has confronted us with ironic challenges and also opportunities.

Can our individual involvement in occupations, public affairs, culture, etc., be infused with Jewish meaning and become vehicles for Jewish expression? As the Jewish community grapples with impact on community - building of changes in family life, increased mobility, advances in technology, etc., can we also make a contribution to the larger society which grapples with the same issues?

How do we continue to nurture and balance our engagement in the Jewish community and the development of Jewish meaning in our lives, with our participation in the larger society - including dealing productively with tensions which result, for example in Black - Jewish relations?

In Israel the prospect of peace and prosperity brings with it the prospect of dramatic changes in the relationship between Israelis and their society; between Israel and its global environment; and between Israel and the diaspora.

What is the Jewish meaning and historic role of the bond between Israel and the diaspora? Can that relationship contribute to the development of the meaning of Jewish identity in the diaspora and the Jewish meaning of being an Israeli?

These and other issues affecting Jewish life today and over the next few decades will be the topics of the General Assembly of the Council of Jewish Federations.

All members of the CKJF are invited to join the delegation to the GA in November. For further information, contact the CKJF office, 268-0672.

Presenter:
Philip J. Goodman, L.C.S.W.,
A.C.S.W.
Admission:
Free of charge
Time:

Thursdays, 7-8pm
Location alternates between:
(OZ) Ohavay Zion Synagogue,
2048 Edgewater Court,
Lexington, Ky. 40502, (606)
266-8050
and
(TAD) Temple Adath Israel,
124 N. Ashland Avenue,
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SCHEDULE

Sept. 8 TAI
Surviving Your Child's
Adolescence -
Tips for Coping
Oct. 13 OZ
Keeping Your Child
Safe from Drugs
Nov. 10 TAI
The Challenge of Retirement
Dec. 8 OZ
Protecting Your
Young Child from Abuse

ADDRESS REQUEST

Shalom would like to send copies of the newspaper to those students or young adults from Lexington who are no longer living at home. We also would appreciate being made aware of any newcomers arriving in Lexington or any changes of address within our community. Please send the addresses to the CKJF office at 340 Romany Road, Lexington, KY 40502.

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THE TORAH THIS MONTH

by Rabbi Eric Slaton

TORAH PORTIONS FOR SEPTEMBER 1994

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Sept 3, NITZAVIM

This portions continues with the Moses' third departing speech. Moses stresses the binding nature of the covenant and warns the people that their descendants will stray. G-d will punish them and they will suffer though not be destroyed. After the people repent, G-d will forgive them and allow them to return to enjoy all the blessings of the land.

Sept 6, Rosh HaShana - I Conservative, II Reform - Genesis 21:1-34

Isaac is born to Sarah and Abraham. Sarah sees Ishmael, Abraham's other son by her handmaid Hagar, as a threat and insists that they be banished. Abraham is reluctant but G-d assures him that Ishmael will prosper. Hagar wanders in the wilderness and when she sees her son is about to perish from thirst, places him under a bush and waits for him to die. A divine messenger shows her a well that she had not seen and is saved.

Sept 7, Rosh HaShana - II Conservative, I Reform - Genesis 22:1-24

The Akeda, or binding of Isaac. Abraham and Isaac are tested when G-d demands that Abraham sacrifice his son. Both are willing to follow G-d's command, yet at the last moment G-d tells Abraham to sacrifice a ram instead. A powerful story that has become an important image of for Jews willing to lay down their lives" al kiddush haShem", for the sanctification of G-d's name.

Sept 10, VAYELECH

Joshua is appointed to succeed Moses, who will die shortly. Moses reassures the people that G-d will be with them. Moses completes the writing of the Torah and gives it to the elders and the Kohanim. They are to read it publicly on a regular basis for it is the inheritance of all the people.

Sept 15, Yom Kippur Conservative Leviticus 16

The Torah tells of the High Priests duties on Yom Kippur. Only on this most holy of days, purified from ritual defilement and sin could the High Priest enter the Holy of Holies to plead for forgiveness. Upon the head of a scapegoat were placed all the sins of the people and this goat was sent into the wilderness to be killed. How ironic that through the ages Jews should become the scapegoat for the people among whom we lived.

Yom Kippur - Reform - Deuteronomy 29:9-14 & 30:

Moses tells the generation of Hebrews born in freedom that they are all entering into an eternal covenant with God. It is not simply for the elite, or even for that generation nor is it not impossibly difficult. It is, however, a choice that they must make. The choice is between life and death, between blessing or curse. If they are faithful they will remain in the good land. Which God has provided.

In the afternoon, Traditional congregations read about the depths to which humans can sink, perhaps to remind us not to become too intoxicated by our sincere pleadings.

Reform Congregations read the Holiness code. This code demands that service to God is not only ritual in nature, but of moral and ethical behavior as well.

Sept 17, Haazinu

This chapter is a farewell song of Moses which is a beautiful poem. G-d's faithfulness is in sharp contrasts to Israel's faithlessness. Israel will be unfaithful and will be punished. Yet G-d will be merciful and after Israel has suffered, she will return to the land.

Moses is told to go to Mt. Nebo from where he will be allowed to look at the land. Having seen the land, it will be the place of his death. The ultimate tragedy is that while no one worked as hard as Moses to bring the people to the land nor was as steadfast in his commitment to G-d, Moses is denied entrance into the land itself.

Sept 20 & 21 Sukkot I & II

This portion deals with sacred time, Shabbat, the High Holy days and the three pilgrimage festivals, Passover, Shavuot and Sukkot. While other peoples had holy places, objects and people, Judaism demanded that time itself was to be sanctified and dedicated to the service of G-d.

Sept 24 Shabbat Sukkot Exodus 33:12-34:26

Having destroyed the molten calf and destroyed the tablets of ten pronouncements. Moses is filled with doubt and asks G-d to show him something of G-d's essence. G-d allows Moses to see a part of G-d's essence. Moses is told to prepare a second set of stone tablets and ascend to Sinai for the second time.

Sept 27 Shmini Atzeret Deuteronomy 14:22-16:17

The portion begins with laws about a tithe to enable pilgrimage to Jerusalem and one to support the poor. It continues with laws concerning the Sabbatical year, the lending of money, treatment of slaves and consecrating first born animals to G-d. The section concludes with a summary of the

pilgrimage
festivals, Passover,
Shavuot and
Sukkot.

Sept 28 Simchat Torah Deuteronomy 33:1-34:12, Genesis 1:1-2:3

This Holyday celebrates Torah. We read from the end of Deuteronomy and the Beginning of Genesis symbolizing that there is no beginning or end to the study of Torah.

In the section from Deuteronomy we read the final blessing by Moses of the Tribes and his death. The section from Genesis is about the first week of creation.

BOOK REVIEW

VAN GOGH
by Alma Miller

This biography of Vincent Van Gogh was written by Meyer Schapiro, Professor Emeritus of Columbia University, and was originally published in 1969. A concise edition now available, was published in 1983 by Harry N. Abrams, Inc., New York.

Vincent Van Gogh was born in Holland, but did his first painting in Arles, France, before moving to Paris. As a young artist, Van Gogh was allied with the impressionist movement, but he soon exceeded anything they had done.

There are sixty-seven illustrations in the book and forty color plates. In each, the author analyzes the length and depth of Van Gogh's brush strokes, and the use of color. There are many self-portraits on color plates and portraits of the artist's doctor, his postman and his landlady. The latter he painted to pay for his lodgings.

Van Gogh's younger brother, Theo, supplemented his income regularly and it is suggested that this may have led to his suicide. It was, however, more likely his life style. He was an intense and spirited person, but was unable to establish a relationship with G-d. This is suggested in Meyer Schapiro's analysis of Van Gogh's last paintings, created a few months before he died.

Van Gogh by Meyer Schapiro can be found at Joseph-Beth, although it is frequently out-of stock and must be special ordered.

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INTERNATIONAL NEWS

THE MORNING AFTER JORDAN

Along with all of the happiness and excitement during the past two weeks regarding peace with Jordan, it is worthwhile remembering that there has actually been peace between us and Jordan for more than twenty years; an unofficial peace, but certainly relations of almost-peace. Despite the fence which separates us and the mines, despite the Jordanian and Israeli army posts on either side of the Jordan river, despite the fact that there are no official embassies--relations between the two sides have been friendly, and at times even excellent, at the unofficial level.

The meetings were held not only on the highest level, that is, the secret meetings between King Hussein and the heads of the Israeli Government, but also on middle and lower levels, and about almost all of the issues. Issues starting with education and religion in the West Bank and east Jerusalem were discussed in meetings between Civil Administration and Jordanian officials and ending with military issues, discussed in meetings between senior officers (usually OC Regional Commands), since 1967.

The ceasefire was the official status, but it was a ceasefire in name only, and generally the relations between Israel and Jordan were warm and more cordial than Israel's relations with Egypt, even after the signing of the peace agreement. Ask Israeli Foreign Ministry officials and they will tell you that, to this day, even after the Oslo and Cairo agreements with the PLO and the Washington Declaration with Jordan, relations with Egypt are still cool and reserved. It is still very hard, sighed one of the Foreign Ministry officials; for every small thing with the Egyptians, we still have to make a tremendous effort, as if we were still in 1984, and not 1994.

And another issue--almost any Jordanian citizen who wants to can cross the Jordan river bridges into the West Bank and from there sometimes into Israel, for summer vacations or family visits. It appears that over the past two decades, tens of thousands of Jordanians have visited the West Bank, east Jerusalem, and Israel within the Green Line. It is hard to compare the nature of these relations with that of Israel with Syria or Iraq.

FROM MASTER TO NEIGHBOR

And despite the great and genuine excitement that we are finally free of the noose which surrounded us on all sides--Egypt, the Palestinians, Jordan, and apparently soon Syria and Lebanon--the important question we must ask ourselves over the next few years is, 'Are we really a part of all of this, are we of the Middle Eastern region which encircles us, or will we remain connected by a cable to the West?' Indeed, since 1948 Israel has been in the position of 'My heart is in the West, and I in the farthest East.' Is it possible after all of these years of Western orientation, years of being told that we are a 'light unto the nations' in the Middle East, of democracy, of personal freedom, of freedom of the press and what not, that we are different and special, and that we actually meant for ourselves to become a Western fortress surrounded by Eastern enemies, will we really be able to fit in here?

To 'fit in', meaning not only that we feel that we are an indivisible part of the region, but that our neighbors feel the same way. That we will not use the Arab slang of the building contractors: 'Ahmed, give me the hammer', 'Muhammed, mix the cement', 'Yusuf, pick the red tomatoes', but know how to speak their language with a feeling of equality, to use polite phrases, to join in their neighbors' sadness and celebrations; not as a boss who is worrying that Ahmed and Yusuf will not be able to make it to work tomorrow, but as an act of good neighborliness. These type of relations are not created from nothing. Many of us still look down upon the Arabs, and many Arabs behave towards us, if not as enemies, then at least like complete strangers, 'Ajnabi', which means stranger in Arabic. It is possible that friendly relations might not develop during this generation, and maybe not even during the next, as a result of one hundred years of bitter and blood-soaked conflict. But one thing is clear: tourism, trips to hotels and local sites, are not all that it takes to form true relations.

TIBERIAS BEFORE TURKEY

The main problem has remained the same and will remain so: Jewish-Palestinian relations within the Mandatory lines of Israel, and somewhat less important, the relations between Israel and the nations surrounding her, also--and maybe most importantly--after the signing of agreements with

them. Soon, perhaps in another few months, or a year, we will be left with a feeling of the 'morning after', following a hangover from the excess of alcohol from the peace celebrations; and then we will be convinced, apparently, that the very goal that we thought was impossible--peace with Arab nations--is actually much easier than establishing regular, equal day-to-day relations with our closest neighbors, the Palestinians in the territories and within Israel.

The Palestinians in the territories, in Gaza, in the West Bank and in east Jerusalem, have already sobered up from the temporary shock they received with the arrival of Arafat. They are convinced that the return of the diaspora PLO leaders is not necessarily going to help solve their problems, and may even exacerbate them. This is Yasser Arafat's main test, and until now he has not received a passing grade, from the Palestinians' viewpoint. More than a few of them were concerned with the prospects of his return years ago, out of familiarity with his inconsistent personality. These days, more and more Palestinians in the territories are joining those who oppose and doubt Arafat and the effectiveness of the agreement he signed.

For us, living together means, first of all, together or without the Palestinians. It is much more significant for an Israeli to be able to drive safely to Tiberias by way of the Jordan Valley, or to Beer-Sheva by way of Hebron, than to be able to drive with his family through Syria in order to get to Turkey, or to pass over Jordanian and Saudi Arabian air space on the way to the Far East. If it appears that--soon--we will be in the last stages of signing an agreement with the Jordanians, we are still, to our sadness, at the beginning of the road with the Palestinians, despite the fact that the first obstacle to mutual recognition has already been overcome.

THE BOILING AND THE EXPLOSION

We have not even started to discuss the issue of settlements, we have not touched the Jerusalem issue, we have not solved the problem of safe passage for Palestinians between the Strip and the West Bank, fair distribution of water, and more. These are questions concerning their and our fate. During the past few weeks, public discussions in the West Bank have focused on the question of free press and the closing of east Jerusalem daily,

'An-Nahar.' This is a difficult problem for the Palestinians, who over the past 27 years of Israeli occupation became accustomed to the beginning of variety and pluralism in expressing opinions. The Palestinians living in the territories and east Jerusalem reached the point where they were getting used to a certain amount of pluralism despite the harassment, annoyances and heavy hand of the censor and the Israeli administration, which not only censored--sometimes out of proportion--but also closed newspapers, deported journalists, and imposed heavy fines on newspaper editors. But the real problems have been swept under the rug and have yet to be uncovered; the nature of these problems is that they peak out, and very bitterly, especially at times when we least expect them--and when it is least convenient.

It is more and more apparent that the Palestinian enclave's temporary arrangement in the Gaza Strip and Jericho does not even constitute a temporary solution, and with the accumulation of economic problems in the Strip, this arrangement is likely, in the very near future, to explode. And we should not be surprised, like we were at the onset of the intifada. Among the Palestinians in the territories, great agitation is brewing, at this stage still under the surface, although it seems that if the implementation of the agreement between the Palestinians and the Israelis is not speeded up, we will reach the boiling and explosion points in the next few months. Palestinian agitation has two targets: Arafat and his advisors, who are not realizing the hopes they aroused; and Israel, which is not rushing to carry out and advance the agreement, and instead is putting all of its efforts into dealing with the Jordanians and the Syrians.

The forces which oppose Yasser Arafat and the current leadership, are made up of a strange coalition, as it were, of previous Fatah supporters (among them well-known leaders like Abu-Mazen, Abu-Ala, Farouq Qadumi, the al-Hasan brothers, and other local previous Fatah supporters like Hanan Ashwari and others); 'The People's Party' members (Previous Communists); Front supporters (the people's and democratic); together with extremist Islamic supporters (Hamas and Islamic Jihad). This opposition is dangerous not only for Arafat, whose supporters are becoming more and more

disappointed with him, but also for the peace agreement as a whole.

ARAFAT IS EVEN CLOSER

Peace with the Palestinians also brings our attention to Israeli Arabs, with whom supposedly there are no problems. The sit-in protest by the heads of Local Arab Councils in Israel in front of the Prime Minister's office, in protest of the blatant discrimination and continuing contempt which has been going on for years in this sector, demonstrates that the agitation is beginning also among the Palestinians with whom we live. They intend to send a delegation to Geneva to protest the lack of equality in budgets for local councils, and their meetings with foreign ambassadors--for the first time since 1948--demonstrate their intention to escalate their struggle, and not the opposite.

We can expect the hardest of the future stages of the peace process right here at home, within the area which was the Land of Israel during the Mandate. 'Charity and beating begin at home,' wrote John Fletcher in the 17th century. And at the end of the ceremonies in the Arava, the royal flights over Israel, the smiles, the speeches and handshakes, the announcements and euphoria which are repeated every so often, we will be forced to return to the gray reality of the growing problems and pressures of the Palestinians here. To the real problems, which influence all of our daily lives, 'back to square one', as the American baseball saying goes.

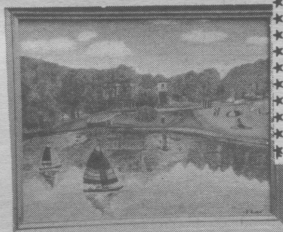
And here we will not be as comfortable as we are with the strong relations being renewed with Jordan, and we will not be able to avoid the issue for long. Beneath King Hussein's white beard, his smile and his Oxford English, lurk Arafat's sparse beard, angry declarations and Palestinian English. We should remember the adage, 'A close neighbor is better than a distant brother' which exists in both Hebrew and Arabic; despite the fact that Hussein is a pretty close neighbor, Arafat, what can we do, is even closer.



Interviewed by Elena Domatov
Photographs by Alexander Orlov

Arkadiy quietly and thoroughly analyzed his past life, which had been difficult. While living in Russia he solved many problems. He recalled the severe days of the Second World War, when he finished the Moscow High School and studied at the Studio for Visual Arts. Then Arkadiy, by his own choice, participated in the war in order to fight fascism. Because of his show of fortification and braveness in battle he was awarded eleven orders and medals. After the war he studied at Moscow University. Upon graduation he practiced at enterprises, at science-research institutes and Moscow institutions. This great creative work resulted in the writing of more than 100 scientific books, brochures and articles in the areas of legislation, management and

Arkadiy is most grateful to Robert Shepherd, Jill Plaisted and Susan Goldstein, three distinguished artists in Lexington, who were so helpful and played an important role in establishing him as an artist.



"Weekend at the Lake"



Arkadiy Rubin at his easel in Lexington

Susan Goldstein, one of Lexington's finest artists, will have a one-of-a-kind exhibit of contemporary design ceramic art entitled *Fabric: Images in Clay*. Her show which opens on Thursday, September 22 and runs through November 21 can be seen at The Carnegie Center for Literacy and Learning, located at 251 West Second Street in Gratz Park. Several of her pieces have been exhibited nationally. On Thursday, September 22, an Opening Reception will be held at The Literacy Center from 6 to 7 PM in honor of Susan's show. Everyone is welcome to attend.

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INTERNATIONAL SHORT TAKES

◦ The Israeli government has made the decision to impose a 10% capital gains tax on real gains, to take effect January 1995. Histadrut Chairman, Chaim Ramn, has expressed support for the new tax; the Likud party is yet to issue an official statement concerning its position on the law. (The Jerusalem Post, Davar)

◦ The Bank of Israel has proposed that regulations concerning foreign investments held by Israeli companies and individuals be eased. (Kol Israel)

◦ There is growing concern in Israel about the fact that none of the terrorists responsible for the 39 incidents of gun fire against Israelis since the IDF withdrew from Gaza had been apprehended by the Palestinian authorities. (Ha'aretz)

◦ Numerous European nations have suspended funding to the Palestinian Authority due to 'a state of total disarray in the Palestinian governing body.' (Kol Israel)

◦ Israeli Prime Minister Yitzhak Rabin has decided to press PLO Chairman Yasser Arafat to remove the paragraphs in the Palestinian National Covenant which call for the destruction of Israel. Arafat had agreed to remove these sections from the charter 11 months ago but, as of yet, has not honored his commitment. (Ha'aretz)

◦ The United States, the United Nations, Israel, and the PLO have decided that a UN office in the Palestinian Self-Rule Areas will monitor the spending of all funds donated to the Palestinian Authority by foreign powers. (Ha'aretz)

◦ U.S. Vice President Al Gore may visit the region in September. The report adds that the Vice President intends to participate in the international conference on population and development to be held in Cairo. Gore may visit Israel and Jordan to get a first hand impression of the progress in the peace negotiations between the two countries. (HA'ARETZ)

◦ The PLO organization has begun to fight against Jordanian interests in the territories. According to the newspaper, a meeting of the heads of the Palestinian security bodies took place during which PLO leader Yasser Arafat instructed the participants to take measures to limit Jordan's influence within the territories. The distribution of the daily newspaper Al-Nahar was forbidden in the self-rule areas. Al-Nahar is one of two Palestinian newspapers in the territories published every day and has a distribution of 15,000. The pro-Jordanian newspaper is backed by Jordan's royal family. Palestinian official in charge of information, Yassir Abed-Rabbo, criticized the decision calling it anti-democratic. (YEDIOT AHRONOT)

◦ Laurence Tisch, President and Chairman of the Board at telecommunications giant CBS, has joined the group of shareholders in the Israel Export Development Corporation --the leading force behind the establishment of a Free Export Processing Zone in Israel. This is the first time his name has been associated with a large-scale business venture in Israel.

◦ King Hussein's nephew, Prince Talal Hussein, the son of Crown Prince Hassan, visited Israel on August 10th. The Prince, who according to the report is involved in economic development in Jordan, visited the Mediterranean port city of Ashdod to examine the possibility of using the port for Jordanian imports and exports. Israel is inclined to allow Jordan to sell about \$30 million worth of goods in the West Bank for the remainder of this year. Israel and Jordan agreed to develop joint tourist packages which include four days in Israel and four days in Jordan. The newspaper adds that Jordanian tourist agents have arrived in Israel and met with their Israeli colleagues. The United States Senate decided to forgive \$220 million of Jordan's debt to the U.S. (KOL YISRAEL, YEDIOT AHRONOT)

◦ A large and complicated subterranean water installation from the 10th century B.C.E. at the time of the Judean Kingdom has recently been unearthed in the National Park at Tel Beersheva in the Negev. The Antiquities Department reports that it was in working order 3,000 years ago, with the water flow diverted from streams rather than underground pumping. No other such installation has been discovered in Israel. Dr. Ze'ev Herzog of the Archeology Dept. at Tel Aviv University began excavations in the area several years ago, and in the past few months found the entrance to the water complex which is a square underground structure about 10 meters along each wall. It has reinforced sloping walls and steps with a railing descending to its bottom, 15 meters deep. There is an opening which archaeologists first thought was connected to a subterranean pumping system, but later discovered a ramified system of surrounding chambers five or six meters high able to store between 500 and 600 cubic meters of water each. They were preserved in good condition, with several layers of plaster. Water was introduced into the system along a sloping channel from the highest of the chambers and was used for drinking in the Beersheba area during sieges. Flood waters were also channelled into the system rather than being allowed to seep through to the aquifer.

◦ In light of recent and inaccurate publications following the inauguration of the German office for coordinating and directing technical assistance for the Autonomy areas, the Foreign Ministry Spokesman wishes to clarify, that no country has opened, or is set to open, a diplomatic representation in Jericho or Gaza. Foreign relations are not within the competence of the Palestinian Authority and the assistance offices which will be opened in the future by countries which have assistance agreements with the Palestinians will not have consular or diplomatic status. The opening of such offices is based on the Declaration of Principles and the Cairo Agreement and is to be done in strict accordance with those agreements and in coordination with Israel, which supports economic assistance for the development of the territories and for the welfare of their residents.

◦ The first safe passage route between the Gaza Strip and the Jericho Area opened during August. According to the report, special Border Police units will maintain security along the route. Police Minister Moshe Shahal said that the Border Police have completed their preparations, though the Palestinians are still facing some problems. The road is the first of four planned safe passage routes between the Gaza Strip and the Jericho Area. From the Gaza Strip, all four routes begin at the Erez crossing and then follow different routes to the Jericho Area. (KOL YISRAEL, MA'ARIV)

◦ Prime Minister Yitzhak Rabin said that some "modest signals" are coming out of Damascus which show Syria's willingness for peace. The Prime Minister told reporters, "I didn't sound optimistic, but we will step forward with Syria, it will take time and it will be hard and it won't happen tomorrow." Rabin then enumerated four points which are still unresolved in the talks with Syria: the depth of Israel's withdrawal on the Golan Heights, a schedule for the withdrawal, linkage between the withdrawal and normalization and security arrangements. (AL HAMISHMAR)

◦ Prime Minister Yitzhak Rabin said Israel does not have, and does not intend to have, any contacts with Iraq. Speaking to reporters, Rabin said that Israel has received no messages from Iraq and does not intend to open negotiations with Baghdad. Rabin added, "We will continue to support the embargo against Iraq...and we will stand together with the United States and other countries to bring Iraq to change its policies." (AL HAMISHMAR)

◦ The Council for Higher Education reports (based on 1992 statistics) that Israel has one of the highest proportions in the world of women undergraduates in her universities. The percentage reached 54.3, higher than in the U.S., Britain, Sweden and Japan. And the percentage of women in post-graduate studies in Israel's universities is also over 50 percent. When it comes to doctorates, the percentage is 42.4, with many hundreds enrolled in doctoral studies. A much larger number among them study mathematics and natural sciences, than the humanities. At the same time, a researcher has published statistics showing women represent a minority in the teaching faculties of the universities. For example, in the natural sciences faculties at the Hebrew University in Jerusalem, the level is 44.8 percent.

Celebrate the Jewish High Holidays

SEASONS FOR CELEBRATION

A CONTEMPORARY GUIDE TO THE JOYS, PRACTICES, AND TRADITIONS OF THE JEWISH HOLIDAYS

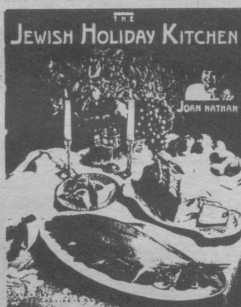
RABBI KAREN L. FOX AND PHYLLIS ZIMBLER MILLER

A unique blend of tradition and innovation, *Seasons for Celebration* is an indispensable guide to the Jewish holidays. Each chapter concentrates on a specific holiday and features a discussion of home and synagogue traditions, insights, and activities. Whether you need a fresh approach to the holidays or are celebrating them for the first time, this is an excellent sourcebook.

Schocken \$19.00

Joan Nathan has improved and expanded what is already considered the classic Jewish cookbook. With recipes from around the world - from Algeria to Russia, from Italy to Mexico - this is the most complete collection of specific dishes for the eight major holidays, the Sabbath, and all the special occasions in the life of the Jewish family.

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Shalom

THE MIRACLE CONTINUES...



Since 1990, over 500,000 Jews have been brought to new lives of freedom in Israel.

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Photo: Richard Leibel

LOCAL JEWISH ORGANIZATION PHONE NUMBERS

CENTRAL KENTUCKY
JEWISH FEDERATION
268-0672
268-0775 (FAX)

HADASSAH
(Shirley Bryan, President)
272-1851

HILLEL, U.K. CHAPTER
(Austin Cantor, Faculty Advisor)
257-7531

JEWISH FAMILY SERVICES
CKJF
269-8244

LEXINGTON HAVURAH
(Dr. David Wekstein, President)
269-4454

OHAVAY ZION SYNAGOGUE
266-8050

TEMPLE ADATH ISRAEL
269-2979
269-7347 (FAX)



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Editor's note: The following is a letter from a young member of our Jewish community whose generosity is an example for all of us.

Dear CKJF,
My Name is Daniel Brechner.
It is my turn to give the pedak
ah from my brother, Matthew, my
sister, Abigail and me. Every
Friday we put money in from
our allowance, that's how we got this
369. I want this money used for
Operation Exodus to help Jewish people
to go to Israel.

Thank you

דניאל

Daniel Brechner



September 1994 CKJF Community Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August</div> <div>SMTWTFS</div> <div>1 2 3 4 5 6</div> <div>7 8 9 10 11 12 13</div> <div>14 15 16 17 18 19 20</div> <div>21 22 23 24 25 26 27</div> <div>28 29 30 31</div>				1	2	3
4	5	6 Rosh Hashanah	7 7:30 PM TAI Board of Trustees Rosh Hashanah - 2nd day	8 Family Life Education Program @ TAI Fast of Gedalya	9	10
11	12 7:30 PM Resettlement Committee Meeting 7:30 PM TAI Sisterhood Board Meeting Deadline for Shalom	13 12:00 PM Chabad Study 8:00 PM CKJF Exec. Comm. Hadassah Board Meeting	14	15 Yom Kippur	16	17
18	19	20 Sukkot	21 Sukkot - 2nd day	22 7:30 PM Hadassah Women's Discussion Group	23	24
25 12:30 PM - 3:00 PM OZS Tots Picnic	26 7:00 PM TAI Consecration	27 Shmini Atzeret	28 Simchat Torah	29 10:30 AM TAI Leisure Club Tour of Ashland 7:00 PM - 9:00 PM Hadassah Phone-A-Thon 7:00 PM - 9:00 PM OZS Women's Conference 7:30 PM TAI Executive Committee Meeting	30	



KIM'S KIDS CORNER

ROSH HASHANAH

The New Year



ROSH HASHANAH: The Jewish New Year and the first holiday of the Jewish calendar. Jewish people wear their best dress clothes and go to synagogue and temple and think about how they acted during the past year. During the service we hear the Shofar, or ram's horn. It reminds us to try to be a better and kinder person for this new year!

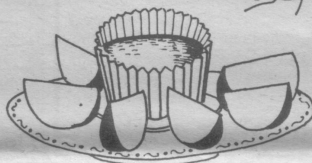
APPLE AND HONEY DISH

What You Need:

Large paper plate
Small paper plate
Muffin cup
Crayons, paints, decorating scraps
Scissors, glue
Apples and honey

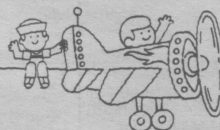
What You Do:

1. Make pretty designs around the edge of the larger plate. Glue the small paper plate onto the larger plate.
2. Glue a muffin cup in the center of the smaller plate. Pour honey into it. Put apple slices around it and enjoy a sweet holiday treat.



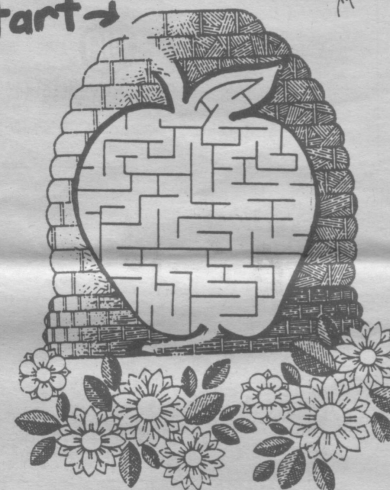
**HAPPY BIRTHDAY
WORLD!**

5755 years old



Rosh HaShana is considered the birthday of the world. According to Jewish legends, it is 5755 years old.

start →



Help these bees get to the flowers so they can make honey for Rosh HaShana!

YOM KIPPUR Day of Forgiveness

YOM KIPPUR: A day to fast which means to not eat or eat very little. This is the time to ask for forgiveness for things we have done wrong. When the shofar sounds again, Yom Kippur is over. A happy and healthy New Year!

Source: Jewish Holiday Crafts for Little Hands
by Ruth Esrig Brinn



Help these children
Decorate their Sukkah



SIMCHAT TORAH

Day of Celebrating Torah

SIMCHAT TORAH: The last day of Sukkot. We celebrate the Torah. We read from both the end of the Torah and the beginning. This shows that there is no end to Torah study. We sing and dance to celebrate our love of the Torah. Kindergarten kids have a special ceremony as they begin studying Judaism.



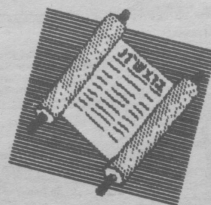
SIMCHAT TORAH

SUKKOT

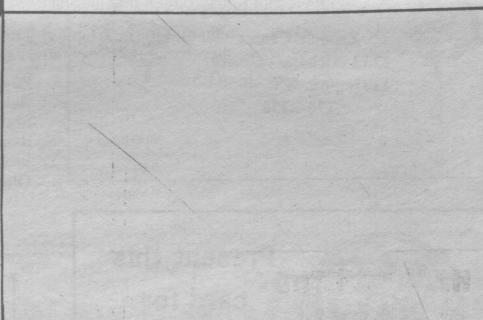
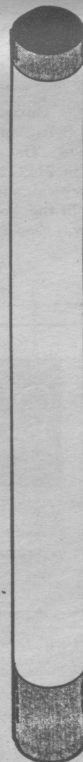
Holidays of Booths



SUKKOT: A day to be thankful for our food. During Sukkot we build small huts like the ones in which the Jews lived when they wandered in the desert for 40 years. We eat our meals in these huts. We say a blessing over the lulav and Etrog, that is the branches of a palm tree, a willow tree and myrtle tree and a citron, a fruit that looks like a lemon.

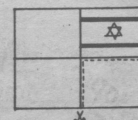


Decorate this Flag for Simchat
Torah and then make your own



What You Need:

Long cardboard roll
White paper
Blue crayon or paint
Scissors, glue



What You Do:

1. Fold the paper into four parts. Cut out one part as shown in the picture.
2. Decorate the flag with a blue stripe near the top, a blue stripe near the bottom, and a blue star in the center.
3. Glue the other sections around the cardboard roll.

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OHAVAY ZION SYNAGOGUE NEWS

Congregation Ohavay Zion Chronicles

September 1994		Elul 5754/Tishrei 5755	
September 2-3, Elul 27 Shabbat Nitzavim			
Friday Evening 8:00 pm		Shabbat Morning	
Bima	Jack Sharer	Preliminary Service 9:30 am	
Org	Kathy & David Schattner	Shacharit 10:00 am	
	Judy & David Marwil	Bima Kathy Stein	
September 9-10, Tishrei 5 Shabbat Va-Yelech			
Friday Evening 8:00 pm		Shabbat Morning	
Bima	Kathie Kroot	Preliminary Service 9:30 am	
Org	Norma & Arthur Allweiss	Shacharit 10:00 am	
	Pam Allweiss & Larry Herman	Bima Sharon Wainshilbaum-Fertig	
September 16-17, Tishrei 12 Shabbat Ha'azinu			
Friday Evening 8:00 pm		Shabbat Morning	
Bima	Evalynne Elias	Preliminary Service 9:30 am	
Org	Joyce & Jim Mischner	Shacharit 10:00 am	
	Liz & Bruce Broudy	Bima Sue Ezrine	
September 23-24, Tishrei 19 Shabbat Re'eh			
Friday Evening 8:00 pm		Shabbat Morning	
Bima	Simone Salomon	Preliminary Service 9:30 am	
Org	Dawn Verney	Shacharit 10:00 am	
	Marilyn Swan	Bima Bruce Broudy	
September 30 - October 1, Tishrei 26 Shabbat Be'avocheit DAVID KROOT BAR MITZVAH			
Friday Evening 8:00 pm		Shabbat Morning	
Bima	Sue Ezrine	Preliminary Service 9:30 am	
Org	Kathie & Lou Kroot	Shacharit 10:00 am	
	In honor of David's Bar Mitzvah	Bima Sue Ezrine	

OZS Judaism 101

An Introduction of Judaism, Part I
meets Thursday evenings from 7:30 - 9:00 pm
starting August 4 at OZS.
Call the office (266-8050) to register.
Cost is only \$55 to cover books.

OZS TO HAVE A SUKKOT AND TOTS PICNIC

On Sunday, September 25, from 12:30 to 3 PM, Ohavay Zion Synagogue will have a picnic for tots and in celebration of Sukkot. The event will be at the home of Rabbi Eric and Kim Slaton, 2112 Paige Court. Everyone is welcome and should bring a dairy picnic and blanket. There will be an admission fee which will benefit the babysitting fund at OZS. For more information, call Ohavay Zion Synagogue at 266-8050.

OZS SOCIAL ACTION NEWS

On Kol Nidre (September 14th) G-d's Pantry will have their truck parked outside the synagogue. Please use this time to collect food to bring when you come to services. We will have the grocery bags available during Rosh HaShana services as before.

Suggested shopping list for the Emergency Food Program:

The following foods give good nutrient density per dollar spent. They have good shelf life and are easy to prepare for family meals.

GRAINS:

- * Cereal, hot or cold
- * Macaroni or spaghetti
- * Flour
- * Rice
- * Corn meal, corn meal mixes
- * Macaroni & cheese dinners

PROTEIN:

- * Canned meat or tuna, etc.
- * Peanut butter
- * Dry skim milk
- * Dried beans

VEGETABLES & FRUITS:

- * Variety of canned vegetables (green beans, greens, tomatoes, peas, etc.)
- * Unsweetened juice
- * Variety of canned fruits (peaches, pears, fruit cocktail)

FATS & MISCELLANEOUS:

- * Soup
- * Cooking oil
- * Infant formula (new)
- * Infant cereal (new)
- * Baby food (new)



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**KROOT
BAR MITZVAH
BAR MITZVAH OF
DAVID ISRAEL**

It is with great pleasure that we invite you to join us in worship and celebration when our son,
David Israel
is called to the Torah on the occasion of his Bar Mitzvah
Shabbat Bereshit
Saturday, October 1, 1994
at ten o'clock in the morning
Ohavay Zion Synagogue
Lexington, Kentucky

Our joy would be complete if you would join us following the service for a Kiddush Luncheon
Lou and Kathie Kroot

**FOX
BAR MITZVAH
BAR MITZVAH OF
ADAM MORGAN**

My parents and I would be honored to have you join us when I will be called to the Torah as a Bar Mitzvah
on Saturday, October 8, 1994
at 10:00 in the morning
Ohavay Zion Synagogue
Lexington, Kentucky

Kiddush Luncheon following services
I will also lead
Friday evening services
at 8:00
**Adam Morgan Fox
Larry and Marianne Fox**

TEMPLE ADATH ISRAEL NEWS

HIGH HOLY DAYS SERVICE SCHEDULE

Monday, September 5
Erev Rosh HaShanah
Early Service - 7 PM
Child Care for children under 8
Late Service - 9 PM
Tuesday, September 6
Rosh HaShanah
Family Service - 8:45 AM
Child Care for children under 5
Late Service - 10:30 AM
Child Care for children under 8
Sunday, September 11
Memorial Service
Lexington Cemetery 1 PM
Wednesday, September 14
Kol Nidre
Early Service - 6:45 PM
Child Care for children under 8
Late Service - 9:15 PM
Thursday, September 15
Yom Kippur
Family Service - 8:45 AM
Child Care for children under 5
Late Service - 10:30 AM
Child Care for children under 8
Afternoon Service - 3 PM
Child Care available
Memorial/Concluding Service 4:30 PM
Child Care available
Sisterhood Break-the-Fast following services

SHABBAT SERVICES

Friday, September 2, 1994
Kabbalat Shabbat Service 6 PM
Torah Portion: Nitzavim
Deuteronomy 29:9-30:20
NO Child Care Available
Friday, September 9, 1994
Shabbat Shuvah Service 8 PM
50th Anniversary Blessings
Torah Portion: Vayelech
Deuteronomy: 31:1-30
Child Care Available
Friday, September 15, 1994
Erev Shabbat Service 8 PM
Torah Portion: Ha'azinu
Deuteronomy: 32:1-52
Child Care Available
Saturday, September 17, 1994
Torah Study 9:30 AM
Worship 10:30 AM
Friday, September 23, 1994
Sukkot Shabbat Service 8 PM
Torah Portion: Exodus 33:12-34:26
Friday, September 30, 1994
New Member Pot Luck Dinner 6:15
Erev Shabbat Service 8 PM
Honor members who have belonged to Temple for 50 or more years
Torah Portion: Bereshit
Genesis 1:1-6:8

BULLETIN DEADLINES

Tuesday, September 13
Covers 10/1 to 11/15
Announcements Only
Wednesday, September 28
Covers 10/15 to 11/15
Announcements & Articles

ARE YOU AND YOUR FAMILY PLANNING ON ATTENDING BREAK-THIE-FAST?

If you are, please bring by the kitchen before
Break-the Fast, one of the following:
Salad (non-meat) pasta,
tossed salad,
jello mold
dessert

WE NEED YOUR HELP IN ORDER TO FEED EVERYONE

ANY QUESTIONS
PLEASE CONTACT
Sarah Danow at 271-2125 or
Betsy Wides at 276-2313

TAI GIFT SHOP HOLIDAY HOURS

Rosh Hashanah begins Monday September 5
Now available are:
New Year's Cards, Honey Pots,
Honey & Apple Dishes, Shofars,
Prayer Books - Gates of Repentance, Children's Books and Items for High Holy Days and Sukkot
Also: Bargain Boxes and Yellow Tag Items.
Gift Shop hours beginning August 5
Monday-Thursday 1 - 3 PM
Friday Evenings: 5:30 - 6:00 PM

LEXINGTON CONNECTION

Three former residents of Lexington were recently honored by the United Jewish Appeal's Midwest Women's Campaign. Linda Winick, Chair of the Chicago Women's Campaign, Elaine Ordower, outgoing Chair of the Young Women's Division of Chicago and Sandee Linker, incoming Women's Division Chair of Louisville. The three are sisters and the daughters of Ethel Levy of Louisville and the late Gilbert Levy. Gilbert was a long time resident of Lexington as were their grandparents, Ben and Chana Levy. Their aunt and Gilbert's sister, Dorothy Halleck, is a lifelong resident of the Lexington community.

SUKKOT OPEN HOUSE AT JON & SANDY ADLAND'S HOME SEPTEMBER 25

Rabbi Jon and Sandy Adland and family will sponsor their annual Sukkot Open House on Sunday, September 25 from 3:30 to 5:30 PM.

Religious School Begins September 11, 9:45 AM &

Hebrew School Begins
September 12, 4:30 PM
If you have not received your Religious School/Hebrew School packet, please contact the Temple office immediately.

Temple/Religious School Picnic sponsored by Temple Brotherhood September 11 11:00 AM Woodland Park

COMMITTEE MEETINGS

EXECUTIVE COMMITTEE
Thursday, September 1
7:30 PM
BOARD OF TRUSTEES
Wednesday, September 7
7:30 PM
SISTERHOOD BOARD
Monday, September 12
7:30 PM
EXECUTIVE COMMITTEE
Thursday, September 29
7:30 PM

SISTERHOOD NEWS OPENING PROGRAM September 21

BOARD MEETINGS
Monday, September 12
7:30 PM
Monday, October 17
7:30 PM

SIMCHAT TORAH/ CONSECRATION SEPTEMBER 26 7 PM

Those children entering Kindergarten for the 1994-95 school year will participate in a Consecration ceremony at Temple Adath Israel. All are welcome.

If you are at least 4 years old, then you are ready to sing in our

TAI MAKHELA

Sunday morning rehearsals
9:00-9:40 in the sanctuary
Sept. 25; Oct 9; Nov. 6; Dec. 4;
Jan. 8 & 22; Feb 5 & 26;
Mar. 19; Apr. 9 & 23; May 7

--TEMPLE TOTS-- A SPECIAL RELIGIOUS SCHOOL PROGRAM FOR 2 & 3 YR. OLDS AND THEIR PARENTS

This Jewish experience taught once-a-month on Sundays by Sandy Adland is designed to bring 2 & 3 yr. olds and their parents together in a cooperative learning environment.
The hour and a half class, from 10:11-11:30 AM, will explore the basics of Judaism and Jewish life through a multi-sensory approach. Together parents and children will begin to acquire skills for living Jewishly.
Storytelling, singing, hands-on activities and more will form the core of this new and exciting curriculum.

The class dates are as follows:

9/18; 10/16; 11/13; 12/11; 1/22; 2/26; 3/12; 4/9; 5/7

REGISTRATION CONTRACT

I (We) _____ [name of parent(s)] agree to participate in the Temple Tots class with my (our) child _____ at Temple Adath Israel. I (We) understand that this class is for parent(s) and child to attend together.

signature of parent(s)

Child's birthdate _____ (children must be born between Oct. 1, 1990 and Oct. 1, 1992 to be enrolled in this class)

Is there anything you need to tell us about your child that will help Sandy prepare to teach this class (medical, physical, emotional, social, etc.)?

Please enclose a \$25 tuition payment when returning this registration contract to TAI Religious School, 124 N. Ashland Ave., Lexington, KY 40502

Please turn to page 12
see T A I NEWS

Come see why we were voted
BEST coffee house in the Bluegrass!
It could be our homemade soups, or salads, or maybe our sandwiches or quiche. It could even be one of our great desserts...or here's a thought: could it be the COFFEE? Come see us & let us know what you think.

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Lunch Mon-Fri 11:00am-2:00pm
Dinner Sun-Thurs 5:00pm-10:00pm
Fri-Sat 5:00pm-11:00pm

277-1116

1765 Alexandria Drive

I sent Barb and Michael a little thank-you note for the other night.

But they won't find it in their mail.



Your thank-you's come across loud and clear when we deliver them.

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Shalom

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TAI NEWS

Continued from page 11

INTRODUCTION TO HEBREW MONDAYS 7-8 PM

Cost: Members \$40

Non-members \$45

(cost covers books and materials)

Many Jews desire to add depth to their Jewish soul and substance to their Jewish knowledge. **Introduction to Hebrew** can be an important step in fulfilling this aspiration. This course teaches the *Alef-Bet*, beginning reading, and introduces the student to Biblical and prayer book Hebrew. **No prior knowledge of Hebrew is required.**

The goal of this course is to bring the non-Hebrew reader into the world of the Hebrew reader. At the end of this course, a graduate will be able to follow the Hebrew read at services and with a little practice begin reading with the congregation.

Class dates are:

October 3, 10, 17, 24

November 7, 14, 21,

December 5, 12

January 2, 9

BASIC JUDAISM

MONDAYS 8:05-9:05 PM

Cost: Members - individual \$45

couple \$70

Non-members - individual \$55

couple \$80

(cost covers books and materials, couples may share books)

Basic Judaism introduces the student to a slice of the Jewish experience. The course will survey Jewish values, holidays and lifecycle celebrations, worship, Jewish ideas of God, and the long road of Jewish history. This course is designed to refresh the Jewish memory of the religious school graduate, teach those with no knowledge of Judaism, and encourage further Jewish study by everyone in the areas mentioned above.

This course is a survey course. The remaining programs on the Adult Education calendar are a supplement to what is taught in **Basic Judaism**.

Class dates are the same as Introduction to Hebrew.

TALMUD LISHMAH

Tuesday noon Talmud Study

(first and third Tuesdays of the month)

For the second year, **Talmud Lishmah** will continue its study of our ancient and important text the Babylonian Talmud. Using the new edition of the Talmud by Adin Steinsaltz, the Talmud text is able to come alive. In the Steinsaltz edition the original Hebrew/Aramaic text is presented and along side this is an English translation and commentary.

Bring a sack lunch and be prepared to move into the world of our fathers and mothers as we discover the inner meanings of the text that has sustained traditional Judaism for nearly 1,500 years.

Rabbi Adland will provide copies of the pages to be read that day.

Class dates are:

Oct. 4 & 18, Nov. 1 & 15, Dec. 6,

Jan. 3 & 17, Feb. 7 & 21, Mar. 7 & 21,

Apr. 4 & 18, May 2 & 16

LET'S LEARN

2ND TUESDAY OF THE MONTH AT 7:30 PM

This year the T.A.I. **Let's Learn** program will consider contemporary issues in Jewish life. Using articles from Jewish periodicals such as *Moment* or *Reform Judaism*, those attending the monthly **Let's Learn** meeting will get a chance to respond, dialogue and debate some of the crucial issues in our Jewish lives today.

The articles will be selected and noted in the Temple bulletin with copies available in the Temple office. Everyone is encouraged to attend and discuss the future of Jewish life here and Israel.

Class dates are:

Oct. 11, Nov. 15, Dec. 13,

Jan. 17(3rd Tues.), Feb. 14, Mar. 14, Apr. 11

SHABBAT MORNING: TORAH STUDY AND WORSHIP

9:30-10:30 AM

Torah Study

10:30-11:15 AM

Shabbat Worship

Beginning its 9th year at

T.A.I., the Adult Education and Worship committees will sponsor **Shabbat Torah Study and Worship**. This special Temple class has grown over the years from a handful to more than 20 individuals who gather in an informal setting to discuss Torah and then conclude with a short service. Using *The Torah: A Modern Commentary*, a liberal Torah commentary, the Torah Study group is working its way from Genesis to Deuteronomy, reading in the first half of Exodus at the present time.

Everyone is welcome. No expertise in Torah or Hebrew is necessary. Each class is an independent lesson led by the rabbi, but run with free flowing discussion and digression. Torah Study meets in the library approximately twice-a-month on Shabbat.

Torah Study dates are:

Sept. 17, Oct. 1 & 15

Nov. 5 & 19, Dec. 3 & 17

Jan. 7 & 21, Feb. 11 & 25

Mar. 11 & 25, Apr. 8 & 29

May 6

LEISURE CLUB

On September 29 at 10:30 AM, the Leisure Club will offer a tour of Ashland, the Henry Clay Estate, followed by a luncheon at the home of Janet Zusman (right across the street). We will meet at the Henry Clay Estate

Directions from TAI:

Take a left onto Richmond Road, then take a right onto Sycamore Road (1/2 mile). Turn left onto Fontaine. The entrance to the estate is on the left.

If you need transportation, please let the TAI office know.

RSVP TAI by September 23

URGENT:

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Hospitality		
New Members Co-ch	Norma Allweiss	266-3276
	Linda Ravvin	269-4130
Life Members & Assoc	Judy Saxe	269-4493
Publicity		

At the Hadassah National Convention held in New York City in August, the Lexington Chapter was presented with awards for New life members New Members, Total number and Fundraising Honor Roll. This past April at the Hadassah Central States Region Conference awards presented to the Lexington Chapter included membership and an American Affairs award for the program "Woman and Health."

The Hadassah Women's Discussion Group will meet Thursday evening, September 22, at 7:30 PM, at the home of Ginger Knight. The topic will be "Jewish Humor". For further information, call Ginger Knight at 269-4417.

HADASSAH DATES 1994-1995

- September
- 13 Board Meeting
- 18 Moms & tots fall kickoff
- 22 Women's discussion group-Jewish humor
- October
- 1-2 Region Board Meeting
- 6 Dunbar Playground Construction 5:30-10:00
- 11 Board Meeting
- 20 Women's Discussion Group
- 30 Book Discussion Group- The Telling
- November
- 2 General Meeting - Singletary Center Art Gallery & Dinner
- 6 Maccabian Market
- 8 Board Meeting - Election Day
- 14 New Members Informational
- 17 Women's Discussion Group

**DEADLINE
FOR THE
OCTOBER
ISSUE:**

**SEPTEMBER
12**



LEXINGTON HAVURAH

The Lexington Havurah Schedule of Services:

ROSH HASHANAH
TUESDAY, September 6
10 AM-1 PM
Unitarian Universalist Church
Clays Mill Road
TASHLICH
4:30 PM
2492 Montavesta Road

WEDNESDAY, September 7
10 AM-1 PM
Unitarian Universalist Church
1 PM-3 PM
Potluck Lunch

YOM KIPPUR
KOL NIDRE
WEDNESDAY, September 14
8 PM
Unitarian Universalist Church
Clays Mill Road

THURSDAY, September 15
10 AM-1 PM
Unitarian Universalist Church
Clays Mill Road

5:30-8:00 PM
Unitarian Universalist Church
Clays Mill Road

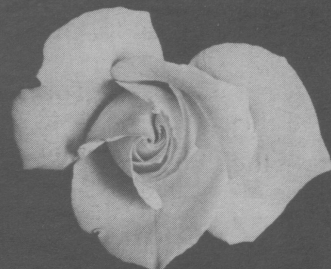
8:00-9:45pm
Break-the-Fast

SUKKOT
SUNDAY, September 25
2:30 PM
685 Shasta Circle

SIMCHAT TORAH
TUESDAY, September 27
7:30 PM
The Lexington Hearing
and Speech Center
162 North Ashland Avenue

For more information call:
Evelyn Geller, 272-8972
or
Alex Charney Cohen, 276-4142

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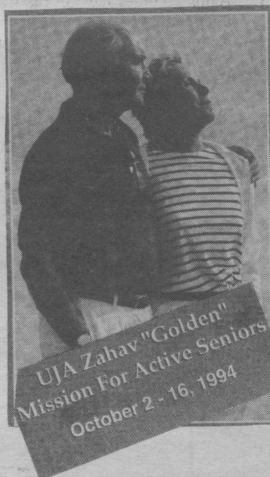
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OUR RESPONSIBILITY FOR ONE ANOTHER

Evelyn Dantzic Geller, Chair
Resettlement Committee

This summer, after experiencing a wonderful course at the National Havurah Institute, I did some "cogitating" about why we Jews accept responsibility for one another. We speak about being one; we stand together whenever a part of what we consider our whole is threatened. We usually offer as the reason for this unity our history as a people. Throughout time, we have held to the tenet that what diminished one of us, diminished all of us and we have responded accordingly.

I'd like to suggest a somewhat different reason for this "oneness". If we hold to the historical outlook, we run the risk of limiting ourselves to being one people only when there is peril. If, however, we seek a positive perspective, the potential for solidarity, regardless of the political or social climate, is heightened.

Consider the notion that human beings are created in the image of the Almighty. I like this idea. I like to think that there is within every person a Divine spark which ennobles that individual and gives rise to a unique potential for righteousness; for doing that which is benevolent and good. If this premise holds, just think of what each of us can do! Everyone has an unlimited capacity for being righteous!

Contemplate further that the Hebrew word for righteousness, *Tzedakah*, is the word we Jews use for charity; for the giving of one's personal resources toward the enabling of those who lack those resources. Notice that I am not equating *tzedakah* with monetary contributions alone. I don't knock giving money at all. It may be the most appropriate path to righteousness for some of us. It often is the best way to empower another person to self-sufficiency and independence.

There are, however, additional ways of demonstrating righteousness; giving of ourselves so that others may increase their personal growth. We can give by sharing knowledge. For example, by volunteering to participate in an acculturation program for new Americans. We can give by reaching out to people in the Jewish community who would be alone on Shabbat or Yom Tov and by inviting students and newcomers and any others who would be alone into our homes and to our tables and to our places of worship. We can give by volunteering for specific tasks that would assist others; for example, driving new Americans to job interviews, signing up to help Hadassah build a community playground, or working with one of the congregations at the Hope Center. The opportunities are endless. The need is ever present.

If there is a manifestation of the Divine in each of us, it would follow that there is not merely a potential for good in every human being, but rather an inherent nature to do that which is righteous. As we enter the Days of Awe, we should each think seriously about our inherent goodness and resolve to our *tzedakah*, our righteousness, our positive responsibility for others in full measure during the coming year.

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(212) 598-3583

GUEST CHEF OF THE MONTH

Kim Slaton works for The Lexington Clinic Weight Management Program as educator, counselor and support group leader. Kim and her husband, Rabbi Slaton, are parents to Seth, Evan and Micah. They have lived in Lexington, Kentucky for six years.

"There are certain foods that I call 'Love Foods.' These foods are associated with certain holidays, family gatherings or events. Just the smell or taste of a 'love food' can trigger and keep alive precious memories. Here are a few of my favorite 'love foods' for Rosh Hashanah and Yom Kippur."

Kim Slaton

MOLLY'S CHICKEN SOUP

Ingredients:

4 to 6 large chicken breasts on the bone
1 whole large onion
3 carrots peeled and cut in thirds
3 celery stalks cut in thirds
salt to taste

Method:

Place chicken in large pot of boiling water. After skimming off the top add remaining ingredients. Simmer until chicken falls off the bone. Then strain.

My grandmother served this steaming hot with very thin egg noodles and the cooked carrots sliced in the soup.

SELMA'S BRISKET

Ingredients:

1 4 to 5 pound brisket
1 can mushroom pieces
1 can tomato sauce with mushrooms
1/2 cup flour
Hungarian paprika
Salt and pepper to taste

Method:

Place brisket in large roasting pan with 1/2 to 3/4 cups of water. Sprinkle with flour and Hungarian paprika and cover. Bake at 350 degrees for two hours. Add mushrooms and continue to bake for about one hour, or more, depending on the size of the brisket. Add tomato and mushroom sauce the last fifteen minutes or so for gravy.

Check frequently to make sure the brisket stays moist. Add water as needed.

This was a specialty of my husband's Grandmother. She was Hungarian and of course it's the Hungarian paprika that makes this extra yummy!

"For Yom Kippur my family has started a new tradition. We eat a somewhat bland meal high in carbohydrate and a little high in fat. The carbohydrate gives us stored energy. The fat gives us a longer feeling of 'being full.' This makes for a somewhat easier fast."

Kim Slaton

KIM'S CHEESE LASAGNA

Ingredients:

1 box cooked lasagna noodles
1 jar of your favorite tomato or spaghetti sauce
cortege cheese
grated parmesan cheese
1 two-cup bag shredded mozzarella cheese

Method:

In lasagna pan layer lasagna noodles, a thin coating of sauce, dabs of cortege cheese, and a layer of parmesan and mozzarella cheese. Repeat this until you reach the top of the pan. Bake at 350 degrees until golden brown, about forty-five to sixty minutes. This can be made several days ahead of time and stored in the fridge until ready to bake. Serve with a green salad, bread and butter. Serves about six.

"FOOD IS A CELEBRATION
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L'SHANA TOVA!"

CROHN'S & COLITIS SUPPORT GROUP

For further information,
contact Trina Vanguilder:
257-2117 (O)
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A PROFILE OF DAVID WEKSTEIN

Michael E. Adelstein,
contributing editor

David Wekstein is the ideal person to hunt for brains. As Associate Director of the Alzheimer's Disease Research Center at the University of Kentucky, he is involved in seeking volunteers--both healthy and sick--to bequeath their brains for research purposes to the Center.

David works with these donors, some of whom have Alzheimer's and some of whom do not, and their families. Then, when a death occurs, he is notified and directs a team engaged in removing the brain and preserving some sixty to seventy tissues used for different research projects.

In addition to his work in recruiting volunteers and in heading the autopsy team, David sets up support groups for patients' families, conducts workshops, teaches a graduate class in UK's College of Social Work, and trains medical students and people working with Alzheimer patients.

David's work has contributed significantly to the national recognition of the University's Alzheimer's research, which was featured recently on Ted Koppel's *Nightline* program on ABC television. Also, the UK Center was one of the ten original national centers funded by the National Institute of Health.

While David's work at the Sanders-Brown Center on Aging occupies most of his time, he has been active in the Jewish community over the years. He was one of the two founders of the Central Kentucky Jewish Federation and one of the founders of the Lexington Havurah, which he currently heads. He has served as treasurer and president of the UJA drive, been president of the

synagogue, and heads the Adult Abuse Subcommittee of the National Conference of Christians and Jews, of which he is a board member, among his several other community activities.

When David is not working or involved with community activities, he and his wife Merle, who is CKJF treasurer and on the investment committee, travel abroad with a group of friends and coast to coast to visit two of their four children, two living in Boston, and the other in Portland, Oregon suburb.

David's life is a busy and productive one. He has come a long way from his original basic lab research work with mice, rats, chickens, and monkeys to his applied research with Alzheimer's patients and other brain donors. While a cure for this dreaded disease is not in sight, David's knowledge, compassion, communication skills, enthusiasm and sensitivity all enable him to comfort patients and their families, to educate medical and other personnel about Alzheimer's, and to recruit and work with the brain donors who are so vital to the research being conducted at UK.

David Wekstein is doing much to make Lexington and the world a better place to live.



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CONDOLENCES...

...to Ken and Jane Hart on the death of Ken's mother, Gertrude Wolf, on August 9, 1994.

MAZEL TOV...

...to Sandy and Philip Berger on the marriage of their son, Jeff, to Miss Gupreet Suraga.

...to Herb Fertig and Sharon Wainshilbaum on the birth of their daughter on July 26, 1994.

...to Evelyn Dantzie Geller who was recognized by the *Lexington Herald-Leader* for her volunteer work.

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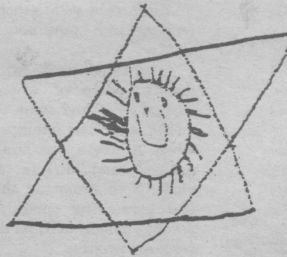
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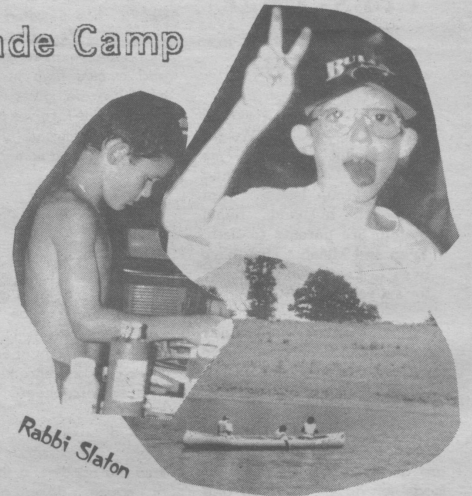
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Rabbi Slaton



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Jeff at Camp Woodman of the World



The Cookie Lady
Pam Allweiss

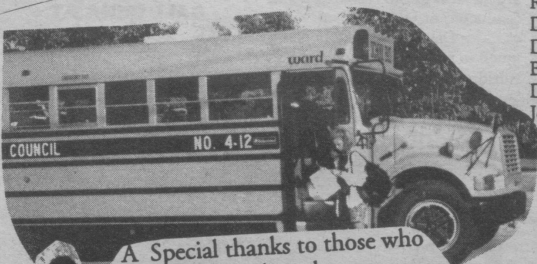
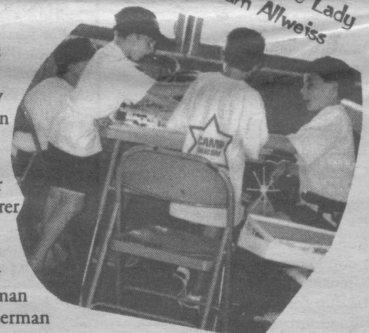
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Sue Little, Asst. Director
Michele Profit
Martha Jaquith
Lori Smith
Eli Scarr
Adam Miller
Abraham Scarr
Candace Cross
Ben Elitzer
Travis Little
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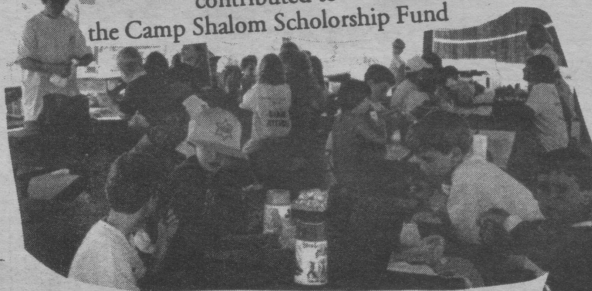
Music
Sandy Adland

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A Special thanks to those who
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