# Shalom Serving the Central Kentucky Jewish Community Since 1962

Newspaper of the Central Kentucky Jewish Federation



OCTOBER 2003

TISHRI-HESHVAN 5764

### Tikkun Lexington Plans Many Projects For Coming Year

Group Offers Many Ways to Volunteer in our Community

Tikkun Lexington, a program of the Central Kentucky Jewish Federation started developing several exciting projects for the upcoming year at its opening meeting.

First on the agenda, is our Fall Clean-up project. Pick up your paint brushes and hammers and get ready to repair Lexington. This Tikkun Repair Project is suitable for those who enjoy doing minor home repairs, such as raking leaves, putting in light bulbs, cleaning gutters, or doing light painting. We will help homebound, elderly people who cannot perform these tasks on their own. Please join us in this worthy activity and help us to help our community.

If you need work done, please notify us as soon as possible and our Jewish Volunteer Corps will schedule a visit. Don't be shy, use the application form on page 8. The Tikkun Lexington committee reserves the right to assess what jobs are possible and will let participants know in advance if the job can be accommodated and when it will be done.

Next, Tikkun Lexington is going back to the Stewart Home in Frankfort, Kentucky on the following dates: October 24, December 18, February 13, and March 7. This facility, which is both a school and a residence, has a beautiful campus with many dorms, teaching rooms, and social rooms. The Stewart Home is nationally renowned for its ability to help and

house its large number of developmentally challenged residents. There are many Jewish residents who deeply enjoy celebrating festivals, embracing life and making friends. We look forward to increasing our volunteer pool for this worthwhile event. Because we have moved the start time to 6:30 pm we will leave the Chinoe Shopping Center by 5:45 pm for our caravan to Frankfort. Come join the fun, and notice how your small gift of time brings much joy to your heart.

It is time to start thinking about December 25th, the day formerly known as Mitzvah Day. This year it has been renamed the "Day of Giving." Since it is better to give than to

see Tikkun Projects, page 3

# Where Do We Go From Here?

**Does Lexington Need A JCC?** 

In August, the CKJF Board of Directors met to define where we should go, as a community, in the coming year.

While noting that many of the goals we set for ourselves three years ago have been, to a large extent, accomplished, there are still some pending issues. One of them is certainly the issue of a Community Center, which has been raised repeatedly over the years.

Should that Center be a traditional JCC? Should it be a cultural center? Should it serve as a permanent home for our Camp Shalom? These and many other questions have been raised. As per the Board decision, we will now try to begin to answer them.

One of the conclusions resulting from the see Where Do We Go, page 15



JewLS Continues Summer Momentum with Great Fall Programs

Tami O'Hayon and Kim Morris enjoy an evening out at Atomic Cafe with JewLS. See story on Page 9.

Community Aging Fair Not to Be Missed

Jewish Family Services of the Central Kentucky Jewish Federation wants to be sure that interested members of the Jewish community take advantage of the Lexington Elder Care Tour and Successful Aging Fair to be held in November, 2003.

For the past two years, Lexington Family Magazine has sponsored an Elder Care Facilities Tour, which will again be held this year, on November 16th, 2003 from 1:30 to 5:00 pm. For this event numerous local elder housing facilities host free open houses so that older adults and their families can learn about housing options in a friendly, relaxed environment. According to a retirement community representative, "The Elder Care Tour is the premier senior living event of the year in the Lexington area. It fosters a positive and open relationship between family members, seniors and staff of senior communities and service agencies." Just obtain a copy of the November issue of Lexington Family Magazine, free of charge, at area newsstands and follow the instructions. Your tour is self-guided, which allows you to choose the places you visit and take as much the time as you need at each site.

Central Kentucky Jewish Federation 1050 Chinoe Road • Suite 203 • Lexington, KY 40502

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see Aging Fair, page 3

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### shalom

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October 2003, Volume X, Issue 12

David Feinberg, President
Daniel Chejfec, Executive Director
Fran Morris, Jewish Family Services
Jana LaZur, Activities Director

#### **Editorial Board**

Gay Adelstein, Marcia Blacker, Evelyn Dantzic Geller, Judy Levine, Ruth Poley, and Stan Saxe

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#### Condolences to...

- Joe Wile on the death of his son, Joe Wile, Jr., on September 8, 2003.
- Karen Bear on the death of her father, Morris Schulman.

#### Mazel Tov to ...

- Jessica Michelle Harrison, who was named to the Dean's list in the Indiana University College of Arts and Sciences for the Spring Semester in 2003, in recognition of outstanding academic achievement. Jessica is the daughter of Dr. John & Paula Harrison.
- Tom & Eve Stern, on the birth of their daughter, Emma Shea, on August 20, 2003. Irvin & Sybil Stern are the proud grandparents. She is also the niece of Doug Stern and great-niece of Charles & Leona Stern.
- Chris & Lauren Howard, on the birth of their son, Joshua Tag, on August 22, 2003. Judith Wurmser, Paul Cable, and Michael Higdon are the proud grandparents. Jerry & Rose Rita Wurmser are the proud great-grandparents.
- Ted Friedman's grandson, Scott Rothschild on his recent Bar Mitzvah.
- Laura and George Skekely on the marriage of their daughter, Ana, to Natan Mandelbaum on July 16.

#### Refuah Shlemah (Get Well Wishes) to...

- Barbara Barr
- Linda Gerall
- Bea Milner

- Sandy Berger
- Mark Halleck
- Terry Wilson

• Gail Cohen

#### Corrections

Andy Klapper's name was misspelled last month in our condolences on the death of his mother.

Harold and Kaye Frankel are the grandparents of Aaron Edward Dutton.

### shalom deadline

Deadline for articles for the November Shalom is October 10.

E-mail articles to:

shalom@jewishlexington.org

Articles submitted in hard copy should be double-spaced.

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### Hadassah Donor Phonathon October 29, 2003

Sharon Wainshilbaum and Carol Kaplan, Donor Co-Chairs

Every fall the Lexington Chapter of Hadassah conducts its major fundraiser, the Donor Phonathon. This year the Phonathon is October 29, 2003. We ask every member of Hadassah to please make a contribution using the pledge card enclosed in the recent letter sent about Donor.

Why should you give? Because Hadassah does remarkable things with the money we give—education, health care, social services and more in the U.S.A., Israel, and around the

#### Aging Fair (from page 1)

This year, in addition to the Elder Care Tour, Lexington Family Magazine has added a day for a "Successful Aging Fair." This will be held on November 8, 2003, from 10 am to 3 pm at the Hilton Suites at Lexington Green. This fair is free and open to the public. On that day, there will be seminars by local experts in the aging field on topics such as; Medicare, Elder Care Housing, and Caregiver Support, to name a few. There also will be informational booths from local businesses, giveaways, and entertainment. For more information, call the Lexington Family Magazine at: (859) 223-1765 or visit their website at www.lexingtonfamily.com.

world. We make Hadassah's projects possible card by card, meeting by meeting, and donor gift by donor gift. So, when you open your Hadassah magazine and read about a student at Hadassah College Jerusalem whose film is in contention for a prize, or you read about some legislation to fund breast cancer that passed, partly because of lobbying by Hadassah, know that you are contributing to all of that, and much more. When you watch the news and see ambulances racing from the scene of yet another terrorist attack in Jerusalem, remember that they are headed to Hadassah Hospital where you know that those victims will get the best medical care in the world. Your pledge has helped to make

that possible. You can't do these things alone, but you can through Hadassah.

Please make a Donor contribution this year. When you do, you make the world a better place.

#### Tikkun Projects (from page 1)

receive, we will continue to offer service to the Meals on Wheels and Moveable Feast programs and will work at both the east and west locations of Saint Joseph Hospital. The tasks entail either delivering meals, working in the hospital's gift shops, or delivering gifts to those who are unfortunate enough to be in the hospital at that time. Last year's response was so great we ran out of volunteer jobs at the end, so if anyone would like to assist in creating another opportunity at another

location, Tikkun would welcome any help. Please see the ad on page 8, complete the form, and mail it to the attention of Jana LaZur, Central Kentucky Jewish Federation, 1050 Chinoe Rd., Suite 203, Lexington, Kentucky, 40502. The Jewish Community really can make a difference. Contact Jana by email at tikkun@jewishlexington.org or phone# 268-0672 at extension 4# if you have any questions. Together, we can try to achieve Tikkun Olam one mitzvah at a time.

# JewLS does ESPRESSO DATING in Cincinnati

ESPRESSO DATING IS A FUN NEW WAY FOR SINGLES TO MEET! IT'S A SPIN ON THE POPULAR 'SPEED DATING' IDEA.





THE DATE

Saturday, November 8, 2003 time & place TBA

call 859.269.8244 or jfs@jewishlexington.org for more info.

### **President's Message**

David Feinberg

During the last CKJF Board meeting we began a discussion of how to increase the involvement of Jews in our area who are not affiliated with any of the three congregations and do not otherwise involve themselves in Jewish community life. The conversation evoked many more questions than answers. Who are these people and why have they not affiliated? Are they interested in Jewish education or worship? Have they somehow been turned off or felt unwelcome? How the organized Jewish community can best respond to the large and growing population of interfaith and unaffiliated families has occupied center stage of the American Jewish community for a long time.

It could be that significant blocks of the unaffiliated are intermarried families without a strong Jewish identity. Possibly they may be uncomfortable and question how the non-Jewish members of their family would be welcomed to these Jewish cultural and holiday-oriented events. Others could be recently arrived individuals who identify themselves as Jewish but have not been previously involved in Jewish community

affairs. They may not be ready to join a congregation though they could be receptive to being involved in Jewish cultural events. Of course, we do not have definitive answers. The Board's consensus is that increasing everyone's level of community involvement is important and that extra efforts may be needed to draw in people who typically have not been involved.

This led to me doing some Internet research. I discovered that the Jewish Outreach Institute had a terrific website (www.JOI.org) devoted to Jewish outreach programs. I had assumed that there was no need to re-invent the wheel and that others had already developed some effective programs. Literature from the institute confirmed my assumption.

The principal objective of outreach programs is both humanistic (with respect to the families touched) and survivalist (with respect to the Jewish community). Many innovative programs already have been developed around the country. Naturally, not all fit our community but I was struck by the innovation shown by some of the programs and could

readily see how similar programs could be developed here.

What kinds of outreach initiatives are already operating? In St. Louis, the Our Jewish Home program came up with the exceptional idea of meeting young families where they are—in their own homes. It is a personalized family education program that provides four home visits over the course of a year to families with children ages three to six. The program was designed to help interfaith families, some of whom are not affiliated, broaden their knowledge of Jewish traditions, beliefs, and celebrations.

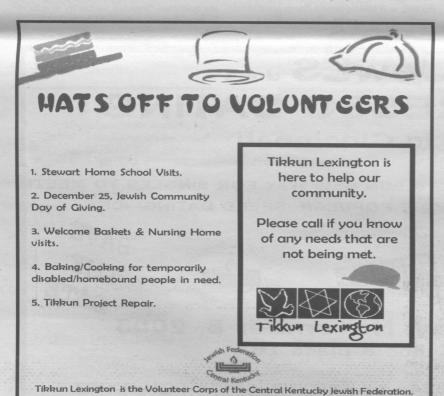
Jewish Family Services of Greater Orlando developed Grandparents Connect, a program designed for grandparents to share their Jewish identity and traditions with their grandchildren who live in interfaith families, This is done through interactive group activities scheduled primarily around Jewish holidays. Grandparents Connect also uses support groups to help grandparents better understand their interfaith family relationships and the impact they have on their roles as grandparents.

Jewish Cinema South, developed by the institute for Southern Jewish life in Jackson, Mississippi, is an annual film festival that offers a multi-venue presentation of quality films highlighting the Jewish experience.

In Lincoln, Nebraska, Congregation B'nai Jeshrun formed the Rural and Small Community Outreach Project to provide public outreach to Jews in rural areas. It offers daylong programs to Jews in rural communities that are too small and too farflung to maintain their own congregations. Participants in these rural areas often traveled hundreds of miles to reach the events.

Do these programs work? The research data indicates that they do. There is an increase in their sense of Jewish identity. Significant numbers of families affiliate with a synagogue or temple, and there is a substantial increase of participation in Jewish life.

The Board would need to decide what types of programs would be best for our Jewish community here in Central Kentucky. I am confident that we could do a better job being inclusive and finding new ways to help our fellow Jews become more involved with our wonderful community.



For more information please contact Jana LaZur at 859-268-0672 or email

tikkun@jewishlexington.org

### High Holy Days Schedule

#### **CONTACT INFORMATION:**

Ohavay Zion Synagogue (Conservative): 266-8050 • Temple Adath Israel (Reform): 269-2979 • The Lexington Havurah (Conservative): 335-6254

#### TEMPLE ADATH ISRAEL

FRIDAY, SEPTEMBER 26TH

SATURDAY, SEPTEMBER 27TH

Rosh Hashanah Service I Rosh Hashanah Service II 10:45 AM

Tashlich and Youth Service: 5-7 PM (Call for information) at Kuperstein Home

SUNDAY, SEPTEMBER 28TH

10:30 PM Study: "The Binding of Isaac and Forgiveness"

FRIDAY, OCTOBER 3RD

Shabbat Service (Child care available)

SATURDAY, OCTOBER 4TH

09:00 AM Torah Study: Ha'azinu—Deuteronomy 35:1-52

Worship

SUNDAY, OCTOBER 5TH

12:30 PM Joint service of "Kever Avot" at

the Lexington Cemetery (w/OZS)
Early Kol Nidre Service (Child care available) 07:00 PM

08:45 PM Second Kol Nidre Service ice (Child care available)

MONDAY, OCTOBER 6TH

Early Yom Kippur Service (Child care available) 10:45 AM Second Yom Kippur Service (Child care available) Children's service for children under 10 01:30 PM

03:00 PM Afternoon Service

Yizkor Service (Child care available) 05:15 PM

Concluding & Havdallah Service
Sisterhood Break the Fast immediately after service

FRIDAY, OCTOBER 17TH

Shabat Around the Dinner Table & Simchat Porah Consecration

#### **OHAVAY ZION SYNAGOGUE**

FRIDAY, SEPTEMBER 26TH

08:00 PM Ma'ariv Service

SATURDAY, SEPTEMBER 27TH

Morning Service Family Holiday Service (toddler-Kindergarten) Youth Activities (pre-registration required) Junior Congregation (1st – 7th Grade) 10:00 AM

at conclusion of Torah Service

08:00 PM

11:40 AM

SUNDAY, SEPTEMBER 28TH

09:15 AM Morning Service Family Holiday Service (toddler-Kindergarten) 10:00 AM Youth Activities (pre-registration required) Junior Congregation (1st – 7th Grade) 10:30 AM

11:40 AM

After Shofar Service 01:30 PM Tashlikh

FRIDAY, OCTOBER 3RD

06:00 PM Kabbalat Shabbat/Ma'ariv

SATURDAY, OCTOBER 4TH

09:45 AM Shabbat Morning Service

SUNDAY, OCTOBER 5TH

Joint service of "Kever Avot" at

the Lexington Cemetery (w/TAI)

06:55 PM Kol Nidre Service

MONDAY, OCTOBER 6TH

09:15 AM 10:30 AM Morning Service Youth Activities (pre-registration required)

11:30 AM

Junior Congregation (1st – 7th Grade) Yizkor Service Study Session (following break) 12:30 PM 04:00 PM

05:00 PM 06:15 PM

N'ila Service

07:30 PM

Family Holiday Service (toddler-Kindergarten)

Ma'ariv, Havdallah and Break Fast

#### SUKKOT — OHAVAY ZION SYNAGOGUE

FRIDAY, OCTOBER 10TH

Welcome Back Pot-Luck Sukkot Dinner Shabbat/Festival Evening Service 07:15 PM

(Religious School Svc)

SATURDAY, OCTOBER 11TH

09:45 AM Shabbat/Festival Morning Service

SUNDAY, OCTOBER 12TH

09:45 AM Festival Morning Service

#### SH'MINI ATZERET/SIMHAT TORAH — **OHAVAY ZION SYNAGOGUE**

FRIDAY, OCTOBER 17TH

06:00 PM Shabbat/Festival Evening Service

SATURDAY, OCTOBER 18TH

09:45 AM Shabbat/Festival Morning Service

11:30 AM

SUNDAY, OCTOBER 19TH

Festival Morning Service/Simhat Torah Celebration/Consecration and Aleph Ceremony 09:45 AM

**LEXINGTON HAVURAH** 

Location of ALL High Holy Day Services to be held at Main Branch of Lexington Public Library Conf. Room A (basement)

SATURDAY, SEPTEMBER 27TH

10:00 AM

SUNDAY, SEPTEMBER 28TH

10:00 AM Rosh Hashanah Service

SUNDAY, OCTOBER 5TH

07:00 PM Kol Nidre Service

MONDAY, OCTOBER 6TH

Yom Kippur Service Havdallah Service & Break-the-Fast Potluck

### **CELEBRATE THE SEASON**

light more than just a candle this year.



jewish Community Day of Giving





coming up in 2003



Thursday, October 16th, 2003 - 2pm Tea and Sukkot discussion with Rabbi Cohen Location: CKJF office, 1050 Chinoe Road, Suite #203, Lexington in the Chinoe Center Office Building

Cost: FREE

RSVP by October 14th, 2003

Thursday, November 20th, 2003 – 12:15pm Bingo and pizza party A Leisure Club favorite

Location: Ohavay Zion Synagogue, 2048 Edgewater Ct., Lexington off Alumni Drive between Chinoe Rd. and New Circle Rd. Cost: FREE RSVP by November 18th, 2003

Thursday, December 18th, 2003 - 12:15pm Hanukkah Get Together

An annual Leisure Club event Location: Temple Adath Israel; 124 N. Ashland, Ave., Lexington near corner of Main and Ashland Ave.

Cost: FREE RSVP by December 16th, 2003



### From the Executive Director

Daniel Cheifec

#### From Columbus to Gene Roddenberry

In 1492, Columbus sailed the ocean blue. And on October 12th, 1492 he landed in the Caribbean island of Boriquen initiating an incredible chapter of struggle, war, and discovery previously unparalleled in human history. That is what we celebrate on that day — not Columbus the man, but Columbus, the dreamer who pushed the boundaries of human experience to new limits.

Of course the new world discovered by Columbus was far from empty. Indigenous civilizations thrived in the Great Lakes, the Mississippi valley, the North American Southwest, Central America, and the South American Andes. So what do I mean by "discovery?"

Struggle and war? Sure, just ask the Amerindians. But discovery? Isn't that a bit presumptuous? My answer is "No, it is not." I am not referring to the geographical discovery of the New World which was going to be named "America" after the Italian geographer Amerigo Vespucci.

I am talking about the discovery of new human dimensions, a discovery process that continues to this day. Europe's "discovery" of America created the first full-fledged confrontation of civilizations in recorded history. This was not Marco Polo visiting the Chinese Court or Benjamin de Tudela reporting on the Ethiopian Jews. This was the opening of a vast territory to the establishment of European colonies. There was no way for this to happen peacefully; 100,000,000 American Indians populated America when Columbus arrived. Eighty years later, only an estimated 10,000,000 had survived the coming

This was the opening of a vast territory to the establishment of European colonies. There was no way for this to happen peacefully; 100,000,000 American Indians populated America when Columbus arrived. Eighty years later, only an estimated 10,000,000 had survived the coming of the Europeans and their germs.

of the Europeans and their germs.

It took several centuries for the European transplants to recognize the battle of discovery initiated in 1492, the recognition of "the other" (the Indian) as a worthwhile person, and its civilizations as on a par in many ways with Europe's.

The discovery of America by the Europeans triggered the journey that led to the discovery of many of the darkest aspects of the Human nature, and the journey continues. In 1492 at the end of Yom Kippur, Columbus sailed the ocean blue. His crew was made up of

prisoners from the jails of the Inquisition because few believed

they were going to survive the journey. Columbus' ships were financed with the gold stolen from those the Inquisition forced out of the country. In short, the historical journey

was made possible by the intolerance of the Spanish crown and its attempt to beat the British and the Portuguese for the control of the trade routes to the Far East. Greed and intolerance supported Columbus' trip.

In the 1960s an American dreamer named Eugene (Gene) Roddenberry created a fantasy world where the failings of humanity have been acknowledged and addressed and the human race as one, embarked on the exploration of space to "boldly go where no man has gone before" — not just in outer space, but also in our own inner space.

In between the dream of 1492 and until we realize Star Trek's dream, we are still in a journey already described in our own Jewish tradition. A journey from a place of strife and illness and injustice, to a world in which all people will be one and God's name will be one. Happy Columbus Day.

### Yom Hakippurim

Have you ever considered that the word "Kippur", as in Yom Kippur, and the word "kippa", as in yarmulke, share a common root? . The common root for both words refers to some kind of "covering." While this clearly connects with "kippa," you might be now asking yourself, "What does this have to do with Yom Kippur?"

Yom Kippur is often translated as "Day of Atonement." Yet "atonement," according to Webster's dictionary, means "satisfaction given for wrongdoing, injury, etc.; expiation." In other words, it implies that on Yom Kippur we can compensate for our wrongdoings and leave them behind. That is not what Yom Hakippurim —

the ancient form of Yom Kippur— is all about.

In the same way that the "kippa" covers our head in the presence of God, we go through daily life covering our mistakes. We let them slide by and we hope they'll be forgotten. But on Yom Kippur we are forced to confront our deeds. We are responsible for each and every one of our actions in the preceding 12 months, the good ones and the bad ones, the ones which were on target, as well as the ones which were mistaken. We therefore "uncover" our actions and take responsibility for them. We go through the Jewish process of repentance.

Step one in the process is to acknowledge the mistake. If we do not acknowledge a problem exists, we

cannot deal with it. The second step is to acknowledge that our actions have damaged or affected our relationships with others or with God by asking forgiveness of those affected by our mistakes. Our tradition demands that we try to ask forgiveness up to three times, as a way to show our sincerity. If after three times our asking has not been acknowledged, we still are considered to have fulfilled our obligation. Yet it is in the third step that the key resides. We must change our behavior so as not to repeat the mistake. Even if we go through the process of acknowledging the mistakes and asking forgiveness, the process of redemption is not complete until we actually change our behavior.

On Yom Kippur, according to tradition, see Yom Hakippurim, page 14

### A Summer in Israel

By Penina Goldstein & Becky Grossman

Traveling to Israel on the Young Judaea Machon summer program was an experience that caused us to think about and understand our Judaism in ways that had never occurred to us before. There were the obvious eyeopening events and places: climbing Masada to watch the sun rise, attending a seminar on Arab-Israeli dialogue at which both a Jewish settler in the West Bank and an Arab-Israeli citizen spoke, and hiking to an overlook from which we could see Jordan, Saudi Arabia, and the Sinai Peninsula. But it was perhaps the smaller things that made Israel such a thought-provoking experience. Everywhere we went, we were surrounded by Hebrew. We heard it spoken in the streets, saw it plastered on signs, and graffitied onto walls. The people who passed us were often wearing kippot and almost every building we entered had a mezuzah in the entryway. There was no forgetting who or

where we were.

We came to Israel in an attempt to build and strengthen our personal connection to this homeland. But what did it mean to be

tourists in our own

home? If it weren't for our backpacks, brightly colored bandanas, cameras strapped across our chests, and beginners' knowledge of Hebrew we could have easily

passed for Israelis. After all, we were a group of Jewish teens in the Jewish state.

But being "home" was not accompanied by the typical home feelings. Being told a place is your homeland and actually feeling at home there are quite different. The culture, although loosely based on Judaism, was foreign to us and the people, although Semitic did not hold the same citizenship as we did. As the trip went on, however, we became aware of a sense of comfort as we came to fully realize that if we were ever in need, this country would take us in, the people we were sharing the streets with would become our neighbors and fellow citizens, and the language we use now for prayer would become our primary means of communication.

Becky and Penina love their summer in Israel,

The American teens we traveled with shared these realizations with us, and within our group there was a constant undertone of Jewish identity and Zionism. It's mind-boggling to realize that each of the 38 kids we shared the bus with had a personal connection

or bond with Israel great enough that they chose to spend the majority of their summer there. The girl who may have seemed a little ditzy and the boy who thought he was the new Jewish Eminem were able to spit out more facts about Israeli history than one would have guessed from outward appearances. A small number of our peers were already anticipating making Aliyah and joining the Israeli army. These kids helped us reevaluate our perceptions of people and inspired us to search for our own connection with Eretz Yisrael.

One aspect of that connection was the spiritual relevance of the land. The majority of the people in our group were secular Jews. But secular or observant, several of us could not help feeling a strong spiritual awareness and connection as a result of many of our

experiences. Our spiritual journey began on our first hike, as we followed a path through the Judaean Hills. Half an hour into the hike our madricha (counselor) stopped us and told us that Abraham had seen his first glimpse of Jerusalem from the very spot where we were standing. Many of us felt a ripple of chills run down our spine as we made the biblical connection. This was only one of many similar experiences throughout the

summer. Whether it was writing notes to wedge into the crevices of the *Kotel*, walking around aging synagogues in the mystic city of *Tzfat*, or watching the setting sun cast a golden

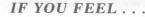
glow over Jerusalem as we began our last Friday night services, our experiences were amazing and strengthened our relationships with the land and our religion alike.

Lately, all we hear in the news concerning Israel has been about terrorism, retaliation, and hatred in general. Yet, when the two of us think of Israel, our first thoughts are not of

violence but rather of our amazing summer experiences. We may picture dozens of pink flowers floating down a stream in the Galil, riding camels in the Negev, or Israeli dancing on the tennis courts at Sde Boker's Ben Gurion University. We may remember spending two days with 600 youth from across the United States, England, and Israel at Maccabia (a sports tournament). Our initial thoughts are not ones of conflict. Most people are shocked by this and invariably, when someone hears we went to Israel they ask if we felt safe. Most people have an image of Israel as a war-torn land. We can't deny that it is currently devastated by terrorism and political conflict, but this does not take away from the splendor of the country. With all of the past, current, and future atrocities occurring in Israel, the land is still beautiful, still spiritual, and still

Although everyone in our group identified themselves as Zionist we held many differing views on the role Israel plays in the world

see Summer In Israel, page 18



Dissatisfied with your relationships

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Stresses or Anxious

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### PO YOU WANT TO LEARN PIANO?



Svetlana Alkhasova is giving piano lessons for adults who would like to sharpen their minds, and for children at all skill levels. Svetlana Alkhasova was educated in Russia (St. Petersburg Conservatory). She taught at the college level for 20 years and has taught for four years at the University of Kentucky. If you want to schedule a lesson and/or get more information please call (859) 263-2327 or e-mail her at syalkh0@hotmail.com.

### Rabbi's Corner

Rabbi Sharon Cohen — Ohavay Zion Synagogue

Each year about this time we talk about celebrating the "Holidays." Generally, people are referring to Rosh ha-Shana and Yom Kippur, the Ya'meem Nora'eem, "High Holy Days" on our Fall calendar which come during the month of Tishrei. Of course, things don't stop with Yom Kippur. In fact, we are only just getting warmed up! Sukkot, Sh'mini Atzeret and Simhat Torah arrive only a few days afterward. By the time we reach Simhat Torah each year, however, we often find ourselves with a lack of energy and excitement for yet another holiday, and we might question the wisdom of our ancestors to add a fifth observance to this very busy month. But, Simhat Torah actually provides a wonderful ending to the High Holy Day season for it combines the serious message of the High Holy Days with the sense of celebration and happiness of Sukkot.

The holiday of Simhat Torah, the festival of rejoicing with the Torah, is not found anywhere in the Bible. In fact, it isn't even mentioned in the Talmud. The first reference to this unique holiday is found in post-Geonic literature dating back to the early Middle Ages. On Simhat Torah, we celebrate the gift of Torah as we read the final sidra (portion) of the Torah and begin the Torah again by reading the first section of the book of

B'raysheet (Genesis). It has been asked why the reading of the last portion in the Torah was assigned to this special holiday, rather than simply read on the last Shabbat of the year, the Shabbat before Rosh ha-Shana. Why was a special holiday created?

It seems that there was a desire on the part of our ancestors to join Siyum ha-Torah — the joy of completing the cycle of Torah reading — with Siyum he-Hag — the joy of completing the long holiday period. The High Holy Day period is one in which we put a conclusion on the past year and begin anew. Similarly, on Simhat Torah we study V'zot ha-Brakha, the concluding portion in which Moses bestows his final blessings upon the Children of Israel and we immediately begin again by reading the account of Creation. The message, of course, is that Torah, like life itself, is really never-ending. We are taught that even as we close the book, we immediately open it again.

In addition to studying the Torah text with reverence and understanding, Simhat Torah is marked by much revelry and joy. We dance seven times around the sanctuary with all of the Torahs in hand and sing songs expressing our love of Torah and its importance to us. In some communities, the Torahs are carried out onto the city streets where dancing and

singing continue. Children wave flags and carry miniature Torahs as they dance. To add to the revelry,

in many communities the prayer service on Simhat Torah is recited using upbeat and unusual tunes. We even have a wedding ceremony of sorts as the people honored with the aliyot that end and begin the Torah are called *Hatan Torah* and *Hatan B'raysheet* (Hatan means "groom." In the case of a woman being called to the Torah the term *Ka-la*, "bride," is be used.). Often, these honorees are individually paraded down the aisle of the sanctuary under a talit, just as a bride and groom stand under a canopy at their marriage ceremony. In doing so, we are reminded that we are betrothed to God through the Covenant of Torah.

While Simhat Torah often takes a back seat to the other holidays in the month of Tishrei, it is truly a holiday not to be missed. If Torah is an *Aytz Hayim*, a Tree of Life, than the holiday of Simhat Torah is the yearly celebration of its planting. Through prayer, study, dance and song we, as Jews, end and begin again as we reaffirm our vow to learn, to teach, to observe, and to celebrate Torah. *Hag Sameach* — A Happy Holiday to all!

X Drack	Name	
MAIN	Adress Phone # & Email	
kkun Lexington	YES! I would like to request a Tikkun Repair	
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Tikkun Project Repair is a serv tasks on their own. Please choose	vice provided to those who are homebound, elderly or disabled and cannot perform these from the list below, or feel free to write one in the space provided.	
Putting in Light BulbsCleaning out Gutters	Light Painting Other Raking Leaves	
	led during weekends starting in October for as long as weather permits.  choose which projects can be accommodated and will let you know whether early as possible.	
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***We reserve the right to or not we can help you as a like to volunteer.  I would like to volunteers give the more than 60 meals were delivered Families were able to use the gift should be willing to be a like to to be a	choose which projects can be accommodated and will let you know whether early as possible.  The early this year for the December 25th "Day of Giving."  The eir time on this day so that the Christian families can have the holiday together. Last year to elderly people, shut-in AIDS patients, and many Saint Joseph Hospital patients.  The eir time on this day so that the Christian families can have the holiday together. Last year to elderly people, shut-in AIDS patients, and many Saint Joseph Hospital patients.	

### JewLS Continues Summer Momentum with Great Fall Programs

By Fran Morris, JFS Director

JewLS celebrated the end of summer in style with a fun, informal dinner and dancing event at Lexington's Atomic Café last month. Over a dozen local and area singles joined together on a cool September evening, where we dined outside on a private section of the patio. Leave it



All the JewLS around a very long table

and pands. Every it to JewLS to take advantage of the last beautiful days of summer. In addition to a lovely menu featuring contemporary Caribbean cuisine, Atomic supports local musicians. We planned to be there on one of their last nights of live entertainment and it was great; the music had some of us out of our chairs and dancing in no time. According to Ruth, of the JewLS Planning Committee, "It is really important for CKJF to continue to provide fun and stimulating activities for singles to join. Our summer retreat made JewLS more visible in the wider

community, and as a result, we are getting new members all the time."



Dancing JewLS.

On Sunday, October 12th, we will enjoy a day of horse racing at Keeneland. Save the date. We will meet just inside the gate at 12:30 pm and then spend the afternoon together at the track. Afterwards, we will carpool to a Lexington hotspot for

dinner. Stay tuned to your email for more details.

Our JewLS committee is busy planning more exciting singles events for the coming winter and spring. You won't want to miss our November 8th "Espresso Dating" event. Check your email for news about this and other upcoming events. If you would like to learn more about JewLS, please send an email message to jfs@jewishlexington.org or call (859) 269-8244. JewLS stands for Jewish Lexington Singles, and is a sponsored by the Central Kentucky Jewish Federation.

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### JewLS Upcoming Events

SUNDAY, GCTOBER 12, 2003

JEWLS DAY AT KEENELAND & DINNER

LEXINGTON, KY

SATURDAY, NOVEMBER 8, 2003 ESPRESSO DATING CINCINNATI, OH

SATURDAY, DECEMBER 20, 2003 JEWLS ANNUAL HANUKKAH PARTY LEXINGTON, KY









### **Tikkun Lexington's Stewart Home Visitation Schedule**

Friday, October 24th 6:30 PM Thursday, December 18th 6:30 PM Friday, February 13th 6:30 PM Sunday, March 7th at 4 PM

Come celebrate the festivals with Tikkun and the Stewart Home Residents!

Call Jana LaZur, CKJF Activities Director, at 268-0672 extension 4# or email tikkun@jewishlexington.org for any info.

We will ride together and caravan from the Chinoe Shopping Center 45 minutes prior to start times

#### SPARE PARTS & EQUIPMENT

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### **Women's Division Program Addresses Emotional Impact of 9/11**

Speaker Discusses Her Own Experiences in New York City

By Susan Caller

On Thursday night, September 11th, the Women's Division offered a program at Portofino's restaurant titled "Feeling Safe after 9/11." About 60 people, representing a cross-section of the community, both in affiliation and in age, met for

cocktails and a lovely dinner.



Speaker Debra Nussbaum Cohen shares her personal experiences on the day of the attacks.

asked the group how the tragedy of 9/11 affected daily life in Lexington and was met with answers which showed her the emotional impact people felt even when living in another state.

She also shared her sense of responsibility and fear. She realized that at the age of 34, she had to be a parent and be strong for her children; she had to assume this role quickly and during a terrible



and Jana Lazur talking at the Women's

Debra Nussbaum Cohen, a journalist from New York City was the speaker. She gave an Division program at Portofino's emotional account of her experience on September 11, 2001. She spoke from the heart and her warm approach immediately put people at ease, creating a forum for later questions. She



crisis. Debra also described the impact this trauma has had on her children, family, and community, and asked discussed with the participants what effect they have seen on their children. In sharing her feelings and listening to our concerns, Debra Nussbaum Cohen showed

> The Women's Division of Central Kentucky would like to thank Wayne Masterman, proprietor of Portofino, for his generous support of this event. Women's Division looks forward to having more educational events such as this in the future and thanks everyone for their attendance.

us how important it is to have a sense of community in the city in which you reside.



Lisa Kaplan presents the speaker with the "CKJF cap

### **Teens and Parents** Take Action in **Preventing Abuse** By Fran Morris, JFS Director

Jewish Family Services of the Central Kentucky Jewish Federation, in cooperation with the local congregations, is pleased to sponsor an informational workshop for parents and teens on drug and alcohol abuse prevention. We know that many parents and teens alike are concerned about the dangers of using drugs and alcohol, and would like to learn more about what they can do to protect

The workshop will be held on Sunday December 7, 2003 from 1 – 3:30 pm in the social hall of Temple Adath Israel. Join us after religious school for a complimentary lunch, and then an interactive discussion on this very important topic. We are pleased to have secured excellent speakers for the afternoon, including a representative from the Lexington Police Department and certified professionals from the Bluegrass Prevention Center. The afternoon is structured so that parents and teens will have the opportunity to share their concerns and experiences with families present, and without their families present, as the large group will divide into smaller groups.

Stay tuned to your mailbox for a personal invitation to this event. Please share the news about this program with anyone you think might be interested, but who might not receive a notice. Please reserve your space in the workshop for you and your child by December 1, 2003. Call (859) 269-8244 for more information, or send an email message to jfs@jewishlexington.org.





### Hadassah Makes A Difference Locally

By Elise Mandel & Di Sobel, Co-Presidents

Shelter vb shel-ter 1. To constitute or provide a shelter for, 2. To place under shelter or protection, 3. to take shelter, syn sanctuary, haven, refuge.

Sukkot is a festival of happiness and of praise for the bounties of nature. Throughout the ages, Jews have rejoiced with thanksgiving for the fruits of the soil, the abundance of crops, and the changing seasons.

Celebrating the holiday in temporary dwellings, the shelter of the *Sukkah* reminds us of our years of wandering and our emergence from the land of Egypt into freedom. At harvest, the *Sukkah* is only a temporary shelter and, in many ways, it conveys the impermanence in our lives. During the holiday season we are encouraged to welcome the stranger and invite guests to share in the bounty of the season, for the *Sukkah* offers a shelter and a haven for

friendship, camaraderie and tradition.

October also presents an opportunity to educate our communities about those who live with domestic violence and abuse. By raising public awareness of this issue, we can

During the holiday season we are encouraged to welcome the stranger and invite guests to share in the bounty of the season, for the Sukkah offers a shelter and a haven for friendship, camaraderie and tradition.

offer women and children the shelter — the hope for peace and for a place of sanctuary in their lives. Hadassah can deliver these educational community programs and can provide an avenue to shelter others. In Lexington, our Hadassah chapter is collecting toiletries to donate to the women of the YWCA Battered Women's Shelter. Ted

Friedman, 271-3846, will pick up your collections and deliver them on behalf of Hadassah to the shelter.

This month we are reminded, too, of how fortunate our people have been in the 350

years that Jews have lived in America and have helped our country grow and prosper. The United States Constitution has sheltered our people from persecution and has offered Jews the opportunity to flourish in this thriving country. And at this time of year each of us is obligated to protect that freedom by participating in the civic process of voting. We cannot be silent

observers; we are obliged to register and vote and make our voices heard to retain the sheltering protection of freedom.

Wishing you and your family the shelter of love and peace for the coming year.

# WE ARE LOOKING FOR A FEW GOOD COLLEGE STUDENTS

\* Holiday celebrations when you can't get back home.

\*Hillel, can be your home away from home.

\* Need a ride, or the answer to a question?

\* Don't feel like a stranger while in a new place, or on your own

\* Get in on fun activities!!



If you would like to be added to Hillel's mailing list, or know of some HILLEI one who would, please drop us a line at hillelgiewishlexington.org



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AND WE PLAN
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The Lexington Cemetery is more than a pleasant cemetery. Many consider the grounds to be beautiful in their own right.

We are proud of this, and take seriously the responsibility of maintaining its natural and artistic beauty; that's why we insist on setting aside 60 percent of the cost of a burial site for perpetual care. It's one part of our commitment to keeping The Lexington Cemetery as beautiful and affordable in the future as it is today.

We invite you to visit, and to inquire about interment options, perpetual care endowments and interest-free financing for pre-need purchases of burial lots, mausoleum crypts and columbarium niches.

Lexington Cemetery

Grounds Open 8am-5pm Daily \* 833 West Main St. \* 255-5522

SEPTEMBER 2003 ShAlom • 11

### **Booknotes**

Evelyn Kossoff Goodman

# The Ornament of the World: How Muslims, Jews, and Christians Created a Culture of Tolerance in Medieval Spain., by Maria Rosa Menocal (Little Brown, 2002)

The medieval period in European history is often referred to as the Dark Ages. One bright spot, often overlooked, is Andalusia, a region of southern Spain where Muslims, Jews, and Christians lived side by side borrowing language, art, architecture, and science from each other, and contributing their various talents to create a prosperous, flourishing society.

In the mid-eighth century the ruling Muslim dynasty in Damascus was eradicated by rivals who seized control of the Islamic empire. The sole survivor of the Umayyad dynasty was a young man in his late teens, Abd al-Rahman, who fled westward toward the farthest frontiers of Islamic territories. As a refugee this young man "learned to harness what might have been crippling bitterness against the Abbasid pretender who had destroyed his family." With energy and purpose he established, on the Iberian peninsula, a caliphate that became "the ornament of the world"

Under al-Rahman and his successors — his sons, grandsons, and greatgrandsons — the capital of the caliphate, Cordoba, became a city of "astounding wealth." As described by contemporaries and later historians, Cordoba had "...nine hundred baths and tens of thousands of shops...hundreds and perhaps the isands of mosques...running water from aqueducts...and paved and well-lit streets.... Not only Cordoba but all of Andalusia over v-hich the caliph presided became renowned not only for its material prosperity but for its vast intellectual wealth. Cordoba's caliphal library, one of 70 libraries in the city, had some 400,000 volumes, at a time when the largest library in Christian Europe probably held no more than 400 manuscripts.

Under Muslim rule in Andalusia, Jews and Christians were not forced to convert to Islam, as pagan peoples were. A special "pact" or "covenant," called a *dhimma*, between ruling Muslims and the other "Peoples of the Book," granted freedom of worship to Jews and Christians. They were, however, required to pay special taxes and were subject to certain restrictions, such as refraining from public displays of their religious rituals. This arrangement, from a modern point of view, would be considered second-class citizenship; nevertheless, Jews and Christians did share in much of Muslim social and economic life and

some even rose to prominence in this multiethnic multicultural society.

Among the luminaries described in this history of medieval Spain are figures familiar in Jewish history and literature. Samuel the Nagid, head of the Jewish community of Granada, and founding father of secular Hebrew poetry, also served as vizier to the king of Granada and as commanding officer of the army. Judah Halevi, pillar of the Andalusian Jewish community in the 12th century, wrote some 800 poems, including love songs to Jerusalem and Zion, which came directly out of the poetic traditions and complex Arabized culture in which he lived. Halevi later renounced his native Andalusian culture and sailed from Sefarad (Hebrew name for Andalusia) bound for Jerusalem. He reached Alexandria but is believed to have died before reaching Jerusalem. Maimonides, son of a rabbi, was born and educated in Andalusia. When his family migrated to Morocco, and later Egypt, Maimonides earned his living as physician to Muslim sovereigns. He also became rabbi of Cairo, leader of the Jewish community, and produced notable philosophic works both in Arabic and Hebrew.

Unfortunately the stable, centralized caliphate of Cordoba lasted only a few centuries. Bitter civil wars among Muslim factions, rivalry among various city-states of the Iberian peninsula, and competition from the

expanding Christian-controlled territories tore apart the "ornament of the world."

Maria Rosa Menocal, author of this complicated story of the rise and fall of Muslim civilization in medieval Spain, is R. Selden Rose Professor of Spanish and Portuguese and Director of the Whitney Humanities Center at Yale University. In a postscript to the book, Menocal tells us:

"The complex problem at the heart of the cultural history of medieval Europe was first and foremost how the great monotheistic religions of the Children of Abraham — faiths that all have powerful strains of ferocity within them — struggled to define what they were and what they might become. When they managed to find it within themselves to be truly first-rate, admirable achievements followed...But when, instead, the centers of such tolerance did not hold, irreparable destruction often followed..."

Although this book was completed before 9/11 the author tells us, it was not altered for publication. Menocal leaves it to the reader to draw morals and meaning from this story and to assess its relevance in the light of recent events.

### To All the Women Who Helped Make Women's Division A Success for the Past Two Years

I have come to the end of my two years as Chairperson of Women's Division and I want to take this opportunity to thank all of my co-workers. We had an amazingly successful two years made possible by the unselfish giving of your time.

I also want to introduce you to the next Co-Chairs —Susan Goldstein and Odette Kaplan — who have graciously accepted the challenge that this offers. I'm sure that they can depend on you to help once again and make their years even more successful!

Again, thank you one and all. Please accept my very best wishes for a healthy, happy new year.

Harriet Cooper wielle at harvier allet et monte

### Leisure Club Continues Programming for the New Year

We of the Central Kentucky Jewish Federation's Leisure Club committee, would like to wish all of our members a very happy and sweet new year. At our meeting last month, we continued our health-centered programming with a visit to the Good Foods Market, formerly known as

the Good Foods Co-op.

spoke to us about how to maintain good health through proper nutrition. Beth showed us what are supposed to be "normal" portion sizes, and educated us about the problems with America's super-sized meal mentality. She also spoke about eating properly if you

see you on October 16th at the CKJF offices for a tea and talk about Sukkot with Rabbi Sharon Cohen. Leisure Club is a program for older adults sponsored by Jewish Family Services of the Central Kentucky Jewish Federation.



Beth Loiselle, co-op dietician, gives us good nutrition information

A group of eager participants gathered for a cafeteria-style lunch from the Café. Those of us who had never been to the Café were pleased with the hot and cold bar choices. Who knew that tofu salad could be so tasty? After lunch, we met in the private room where Beth Loiselle, store nutritionist and author,



Leisure Club members listen intently as Beth speaks.

have certain diseases such as diabetes, or high blood pressure. We were encouraged to learn that it is possible to change the condition of one's health at any age by altering the diet. After a very informative discussion, Beth provided a tour of the store for us, in which she pointed out their kosher section.

Please consult the Leisure Club calendar of events in this issue of Shalom for details about upcoming programs. We hope to

### Lee Shai Weissbach To Speak at Temple Adath Israel

U of L Professor Part of 100th Anniversary Celebration

In celebrating Temple Adath Israel's 100th Anniversary, Lee Shai Weissbach, Professor of History, and Associate Dean of the College of Arts and Sciences at the University of Louisville, will be the guest speaker at Temple Adath Israel's service on Friday, October 10, 2003 at 7:30 pm. He will speak about Early Jewish Life in Kentucky.

Well respected as a specialist in social history, Professor Weissbach has written on a wide variety of topics including the experience of Jews in France and the United States. His second book, *The Synagogues of Kentucky: Architecture and History*, was published in 1995. He enlightens the reader on the functioning of smaller Jewish communities in a state representative of many in the Midwest and South. Weissbach outlines the history of every congregation established in Kentucky and every house of worship that has served the Jews of Kentucky over the last 150 years. Please join us for an informative and enjoyable evening.

### Sukkot

We are all moderately familiar with the traditional meanings of Sukkot. In the Temple days, Sukkot was a pilgrimage day when the people gathered together in Jerusalem to celebrate God's help with the bounty of the land, and culminated with the recollection of the sacred assembly at Mount Sinai getting ready to receive the Torah.

So what is the meaning today? The symbols of Sukkoth — the Etrog, Lulav, Hadas and Aravah — are meant to remind us that what we get out of our labor is indeed a gift of God, whether that fruit is the actual fruit of the land or a checking account. The result of our labor is God's way to bless our efforts.

When we sit under the Sukkah we are supposed to engage in a Jewishly meaningful conversation, to talk about the affairs of our community and the meanings of our tradition, and by doing so we are getting ready to

receive — again — the Torah. Because, you see, God gave Moses the Torah for him to bring to the Jewish people, but in every generation the people must accept it — again. Our Passover Haggadah says that in every generation each of us must feel that he or she has gone through the experience of slavery individually. It then follows that in every generation we must again go through the process of liberation by accepting the charge of our tradition and working for a better world.

Our tradition tells us that on Passover we were physically freed from bondage in Egypt. On Shavuoth God endowed us with the Torah, but it is on Sukkot that we rejoice in our charge; so it is on Sukkot that we finally accept the Torah with all our minds, with all our hearts, with all our might. Hag Sameach.

### **Hillel Happenings**

#### Organization Helps College Students Maintain and Strengthen Jewish Identity

By Andrew Grossman, UK Hillel President

I did a bit of math in my head just now, and what I've realized is very frustrating. UK's Hillel has just over a dozen members; Shalom is read by thousands of Jews in Central Kentucky. That means if you're reading this column, there's a really good chance you aren't a Hillel member.

How, I sighed to myself, to make this column relevant to all of you, not just a dozen? Or, more important, why should Jews who aren't college students care about the Hillel?

Jewish culture has, over many years and throughout the Diaspora, placed a special emphasis on education. The idea of a strong educational system supported by the community has remained a Jewish priority through the establishment of Hebrew schools and synagogue/temple Sunday schools.

Somehow, though, for many children the education stops after Bar/Bat Mitzvah. For many Jewish teens, the right of passage becomes, in essence, the culmination of a lewish education.

Many begin to disassociate themselves from their faith, attending services less frequently and failing to identify as strongly with the Jewish community.

The greatest threat facing Jews today isn't Islamic terrorism, anti-Semitism, or even Arnold Schwarzenegger; it is the assimilation, broad and ongoing, of young American Jews. The largest, most affluent Jewish community in the world is being weakened by the loss of too many of its youth to American culture.

This assimilation has dire consequences for the future of Judaism, the religion and the people. Partly as a result of the community emphasis on education, American Jews have enjoyed great wealth and influence in this country. Many would argue that this influence has been instrumental in helping Israel transform from a fledgling state beset by hostile neighbors into a thriving, strong, and respected Jewish nation.

Additionally, the Jewish community in America has been instrumental in

safeguarding the separation between church and state, preventing sometimes zealous conservative leaders from forcing Christianity and prayer into our public schools, buildings and even laws.

We've been far from perfect in this pursuit; just try to buy a six-pack on Sunday and you'll see what I mean. Still, our small failures only underscore the importance of our efforts to keep America free and equal for people of all religious faiths.

So how does this all relate to the Hillel?

As Jews become more assimilated and identify less with their Jewish heritage and community, our placement, wealth and influence in this country become less and less potent. What benefit to our community is a Jewish CEO who identifies more with mainstream American culture than Judaism? For that matter, what boon is it to us, collectively, to have Jewish congressmen to whom Israel is

see Hillel Happenings, page 15

### **Amusing and True Stories**

by Larry Sherman

As a young man in the early 40's, I was working, along with thousands of other college students, in various jobs all over the country. On my particular job, I had the duty of carrying luggage in a hotel located in Sullivan County in the Catskill Mountains in New York state, affectionately known as the Borscht Belt.

I recall a particular incident that involved the owner of the hotel. An attraction to the Yiddish theatre goers from the Big Apple came to the hotel around supper time and was permitted to use the owner's

to the re goers
Apple otel er time nitted to r's wash up. The boss came in

bathroom to wash up. The boss came in while he was brushing his teeth and noticed that his guest was using his (the owner's) toothbrush. The owner, surprised, asked him why he was using his personal toothbrush. He replied, simply, "I thought it belonged to the hotel."

At that time, I recall we had an elderly widow stay for the entire summer. She was in remarkable physical shape, and loved to dance and display her agility. She also enjoyed attention. I was on my way to the local village where you could get prescriptions filled and other toiletries you might need. She

would tell me, in a stage whisper, "don't forget, it's that time of the month, I need this filled."

The summer tenants got to know each other. They usually walked down to the village with their friends. On the Labor Day weekend, there was an unusually large crowd gathered. They had been told that a woman, known as Meshugena Lena, was going to do her usual performance of yelling at the pharmacist, shaking her fist. This time, unexpectedly, she picked up a brick and threw it through the big glass window. This brought in the local constable, who took

her to the holdover jail. She explained, "that pharmacist promised me for more than ten years, that if I took his medicine, I would be able to get pregnant. It's been longer than that and I still don't got no children."

Yom Hikappurim (from page 6)

God seals our destiny for the coming year. And God does so based on how far we have come in the process of redemption. If we indeed change our behavior to avoid the mistakes of the last year, our new year is indeed going to be better. God does not decide on our fate. He seals it. God serves as a witness of our determination to become better people.

On Yom Hakippurim, we "uncover" our mistakes to do something about them. We commit ourselves to a sacred process of redemption which spills into our daily lives. By redeeming our actions, we take responsibility for them. Yom Kippur is the ultimate benchmark self-evaluation in front of the Ultimate Judge.

Still wonder what it is the most sacred day in the Jewish calendar?. Yom Kippur is our best opportunity to improve ourselves through self-examination. Have an easy fast.

### Musings

Harriet Rose

Harriet Rose , well-known Lexington resident and member of the Jewish community, will be contributing this column from time to time. Welcome to Shalom, Harriet.

### How to Keep Your Old Relatives Happy, and Yourselves As Well

Lately I have been a member of a committee made up of people of all ages. I am the oldest, of course — I always am. But for the first time in my awareness, last week I was listened to politely, but when I had finished it was as if I had never spoken. Quite a shock! Most of my life has been spent in the company of people much younger than I. My roles have been friend, teacher, mentor, and age has never entered the equation.

A friend — one of my smartest and highest achieving friends, with two books to her credit — took a Temple sponsored trip to Israel a few years ago. She told me, in describing the trip, that the younger people, including the rabbi, had relegated her to the group who were tolerated while sightseeing and ignored when leisure plans were being made. It was a great shock to her, too, since she has spent her professional and personal life being admired, listened to, and sought out.

Some long-time Sisterhood members with years of service on the Board tell me that they no longer go to Board meetings "because nobody listens to what I have to say, anyway." Many people my age — or nearly — mutter about things at the Temple and the Synagogue but in answer to suggestions that they make their feelings known say, "What difference would it make? Nobody cares what we think any more."

At the same time I protest polite tolerance, I appreciate that other deference, — a kind hand under my elbow as I go up the stairs, someone who keeps me from carrying a chair for myself, a door opened for me to go through, awareness of the physical limitations which accompany aging.

My reactions to ageism are like my feelings about sexism. I want women to be paid as well as men. I want our abilities to be recognized and our talents to be used. And of course I am pleased, not insulted when a man opens the door for me. Is that wanting to eat my cake and have it too? Tolerance for me because I am old is as infuriating as tolerance because I am a woman.

Identity in part is a function of seeing our own vision of ourselves reflected in the eyes of others. To think that we are seen differently in essential traits by others is upsetting. It is enough to make even a secure person question her own self-image.

My son and daughter-in-law have mastered the art using my talents and bolstering my self-esteem. They consult me and ask my opinion in areas where I have experience and even wisdom beyond theirs, and they are always available to do for me those things that age limits my doing.

My birthday last month reminded me that I have only a few years left in that category which students of aging call "middle-old." At 85 or 90 I will enter the "old-old" cohort. My needs and capabilities will no doubt change too, but right now, I have all the elements of life that make aging easier — good health, good friends, good luck, good income, and great children who live here.

If society lets us, we can live to the hilt until we take our last breath. If we are unloved, condescended to and not listened to, we become what you and we most dread — a burden. Like voters in Kentucky, you and your children may get what you deserve!

#### Tomas Milch H. First Vice President — Investments

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#### Hillel Happenings (from page 14)

just another foreign nation?

The Hillel seeks to combat this problem by giving college-age Jews, the future leaders of our community, an opportunity to identify with Judaism. We do this not in a solely religious context, but as a social organization.

We provide programming designed to make Jewish identification fun for students. Through holiday parties, nature hikes, Shabbatons and Shabbat dinners, we help Jews get to know each other and identify with their religious and cultural heritage.

Our group may be small compared to some other clubs at UK, but still our presence is important. We provide young Jews with a way to celebrate their culture and receive the help and support of each other and the larger Jewish community. Lexington has been blessed with vibrant and strong Jewish organizations, and Hillel can be the bridge between Jews on campus and these institutions.

So, for the 98 percent of you who aren't members of the Hillel, why should you support a strong Hillel at UK? Because through our programming and social camaraderie we're helping to ensure that the next generation of Jewish leaders remain identified with their culture and heritage — with their Judaism.

Moreover, we help continue the Jewish tradition on our campus, working as a spokesman for Jewish concerns and safeguarding Jewish rights at our school, Kentucky's flagship university.

I consider it a bargain for the price of a few pizzas...

### Where Do We Go (from page 1)

Board discussion on goals was the need to establish a committee to explore the expectations for a Jewish Community Center, to investigate the feasibility of creating a Center, to define what services a Center should offer, and to recommend to the community how to make a Center.

If you are interested in being part of this committee, please contact our Executive Director Daniel Chejfec at 268-0672 Ext 6 #.

#### PLEASE SAVE THIS DATE

### DRUG ABUSE PREVENTION WORKSHOP For Teens & Parents

Sunday, December 7, 2003 at 1:00 - 3:30 PM LUNCH WILL BE PROVIDED

LUNCH WILL BE PROVIDED

Guest Speakers will include:
Specialists from the Bluegrass Prevention Center

Specialists from the Bluegrass P Local Rabbis Survivor(s) of Drug Abuse



This event made possible by Jewish Family Services of the Central Kentucky Jewish Federation in cooperation with Temple Adath Israel and Ohavay Zion Synagogue.

### **Report on Judaic Studies**

This Fall Judaic Studies Will Offer:

By Daniel Frank

RAE 324 (Leaman)

the first part of our year-long Jewish Thought and Culture sequence

RAE 130 and RAE 230 (Rosenbaum) Elementary and Intermediate (Biblical Hebrew)

CLA 390 (Holle)

Roman, Jew and Greek; Backgrounds to Christianity

Two lectures in our annual Zantker Judaic Studies Lecture Series are planned for this semester:

Robert Weinberg, a faculty member at Swarthmore College, will speak on "The Devil Among Us: The Campaign against Judaism in the Soviet Union during the 1930s." the lecture will be on Monday, October 13, 8 pm, President's Room, Singletary Center for the Arts

Adam Sutcliffe, a member of the University of Illinois at Urbana-Champaign faculty will discuss "Judaism and the Enlightenment: The Context of a Turbulent Relationship." The lecture will take place on Monday, November 10, 8 pm, President's Room, Singletary Center for the Arts

Finally, as many of you know, we are beginning an important new initiative this year, the Luckens Prize in Jewish Thought. We have advertised the Prize internationally, and submissions are already beginning to arrive. Details are as follows:

Mark and Ruth Luckens International Prize in Jewish Thought, 2004

The University of Kentucky is pleased to sponsor the Mark and Ruth Luckens International Prize in Jewish Thought, to be awarded initially in Spring 2004. The Luckens Prize, commemorating a generous gift by the late Dr. Mark M. Luckens to the University, is administered, judged, and awarded by faculty at the University of Kentucky. The Prize will be awarded annually for an essay by a graduate student or recent Ph.D. in the field of Jewish thought.

General details of the competition: Essays must be original, unpublished work of no more than 5,000 words written by a graduate student currently enrolled in a graduate program in the United States or abroad, or by a recent Ph.D. (degree awarded within the last three years). The essays shall be judged and a winner selected by a committee convened by the Director of the Judaic Studies Program, in consultation with the Dean of the College of

Arts and Sciences, at the University of Kentucky. The winner will receive a cash award of \$1000, and is expected to deliver the prize-winning essay on campus during the Spring semester, for which travel and ground expenses shall be provided. The selection committee reserves the right to make no award in any given year, if no essay is deemed to be of sufficient quality.

Essays are due no later than 1 November 2003. The results of the competition shall be announced no later than 1 February 2004, and the author of the prize-winning essay should plan to present the paper in Lexington in March or April 2004.

Enquiries about the appropriateness of potential topics in Jewish thought, as well as the essays themselves (two copies, double-spaced), should be addressed to:

Professor Daniel Frank Director Judaic Studies Program 1429 Patterson Office Tower University of Kentucky Lexington, KY 40506-0027 USA, E-mail: dfrank@uky.edu

### B'tay Avon

Evelyn Dantzic Geller

T.A.I. SISTEPHOOD PRESENTS:
MURDER
at Max & Sophie's



Sunday, November 16th

at Temple Adath Israel Social Hall

Social Hour: 5:00 PM

Dinner at 6:00 PM

This rivoting murder/mystery show will include dinner and entertainment for the evening. Fun for people of all ages. Look in your mailbox and publications for further details. Proceeds benefit TAI Felipious School and other Sisterhood Projects



### Fruit and Vegetable Tzimmes for Succot

This recipe come from The Jewish Holiday Cookbook by Gloria Kaufer Greene. We often think of tzimmes as being part of a Rosh Hashanah meal, but the Fall nature of this dish makes it particularly appropriate for Succot meals in the Sukkah.

#### Ingredients:

- 3 large sweet potatoes or yams, peeled and thinly sliced
- 4 large carrots, thinly sliced
- 1 small butternut squash, peeled, seeded, and thinly sliced
- 1/4 cup dark raisins
- 1/4 cup light raisins
- 1/4 cup pitted prunes, cut in half
- 1/4 cup chopped dates grated zest of orange juice of 1 orange
- 2 Tbsp packed dark or light brown sugar
- 1/4 cup honey or real maple syrup

#### Directions:

Layer the potatoes, carrots, squash, and dried fruits in a greased or non-stick spray coated 9 X 13 inch baking pan. Sprinkle the top with the orange zest, orange juice, brown sugar, and honey or maple syrup. Cover the pan with aluminum foil and bake in a preheated 350 degree oven for about 1 1/2 hours, or until all the vegetables and fruits are very tender

### ASK JFS About....Staying Healthy and Independent in Later Life

Ask JFS is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 1050 Chinoe Road, Suite 203, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at: JFS@JewishLexington.org.

Dear IFS.

I am writing to you because I saw your advice for the woman who needed support in caring for her elderly aunt. I am in my 80's, and I don't get around as well as I used to. I recently fell in my apartment, and my family worries about me all the time. I've thought about moving into one of those assisted living facilities, but I don't want to move from my home. Do you have any advice on how someone like me can stay home and be safe?

Sincerely, Trying to Remain Independent

Dear Independent,

The questions you have asked are really important ones. It sounds as though you are dealing with your own health, safety, and independence, as well as trying to satisfy your family's peace of mind. It can be very difficult when you have to make changes to your

current lifestyle because you are getting older. You may have been wondering the following: What are my options with regard to housing? At what point should I consider making lifestyle changes? How can I preserve my current quality of life? Are all of my family's concerns justified?

For sure, your family loves you and wants to help you make good choices regarding your future. There are companies and services available in our community which are designed to keep you safe and independent in your own home. For example, it is wise for all senior citizens who live alone to have an emergency response system in their home. This system, usually worn as a bracelet or necklace, will alert the proper authorities if you fall or if some other emergency occurs. If transportation or getting out of your apartment is difficult, there are medical home services that will send a doctor and/or nurse to your home to examine you there. For ongoing medical needs, there are medical

home health agencies in our community that will send therapists to your home to provide physical or occupational therapy as your doctor deems necessary. If your health is fine, but you need non-medical assistance such as companionship, cooking, cleaning, and escorted transportation, you may employ a private home care agency to better serve your needs.

Being informed and planning ahead are the best ways to assure that life in your 70's, 80's, and 90's will be truly enjoyable. It may be reassuring to know that there are alternatives to assisted living or nursing facilities. Most people prefer to live independently in their own homes as long as possible. For a personal consultation regarding your specific situation, please call Jewish Family Services at (859)269-8244. We will be happy to help!

Sincerely, IFS

This group is free and open to the entire Lexington community. \*Bring a bag lunch. Coffee & cold drink will be provided.

\*Please help us respect Jewish Dietary restrictions by not bringing meat or shellfish.

For more info. please contact: (859)268-0672 ext. 2 or jfs@ jewishlexington.org

Sponsored by:

Alzheimer's Association Greater Kentucky & So. Indiana Chapter

American Cancer Society

Bluegrass Area Agency on Aging

Hospice of the Bluegrass

Jewish Family Services of the Central Kentucky Jewish Federation

# Got Support?

'Caring Givers Support Group'

A new resource for adults caring for their loved ones.

Upcoming Meetings.

October 30, 2003 November 20, 2003 December 18, 2003

Meetings are held on the last Thursday of each month from 12noon Ipm at the offices of the Central Kentucky Jewish Federation 1050 Chinoe Road, Suite 203 (Chinoe Center) Lexington, KY

hospice

ifs

ALZ EIMER'S

American Cancer Society



### TEMPLE ADATH ISRAEL NEWS

124 N. Ashland Avenue • President, Judith Hersh • (859) 269-2979

#### Please Don't Have A Yard Sale!!!

It is time to clean out the closets again and donate good used items to the Social Action "Ritzy Yard Sale" Silent Auction. The auction will be held in conjunction with the Hanukkah Fair on December 21.

You can start bringing your things to Temple right away as the items will be picked up on a weekly basis by the committee. As always, your items are tax deductible and a donation receipt will be available at the office when you bring your items in.

The Social Action Committee wishes to thank you in advance for your donations to this year's fundraiser.

#### Video Film Club of 2003-2004 Presents A Treasury of Jewish Film

The TAI Video Film Club is in the process of compiling a film library, which will include Yiddish and Israeli film with English subtitles. These films range from the 1930's,

starring actors from the Yiddish theatre to contemporary Israeli film.

This series will include films such as:

Yidl Mitn Fidl - [A Yiddish film]. Molly Picon plays a young woman who poses as a man in order to join a band of traveling musicians.

**Hitchhiker** - [An Israeli film] Four travelers, from different segments of Israeli society provide insight into today's Israel.

Repeat Dive - [An Israeli film by award winning director Shimon Dotan] A suspenseful film in which a young commando returns from a dangerous mission. While mourning a fallen comrade, he becomes increasingly obsessed with his young widow.

Reserve the last Sunday of the month at 7:00 PM to enjoy this series.

Donation for nosh and film - \$2,00

Join us on October 26, 2003 for the first film of this series.

World of Sholem Aleichem [in English]

A collection of three short stories with Zero Mostel and Gertrude Berg.



### Community Bar/Bat Mitzvahs - TAI

#### Summer In Israel (from page 17)

today and in our own lives. We would often find ourselves deep in discussion about current Israeli politics or in debates over life in the Diaspora versus living in Israel. One of the most memorable conversations took place on our first Shabbat. A boy in our group suggested that during chofesh (free time) a group of us meet to discuss Israel. Approximately 20 teens talked and argued for nearly two hours. Not until our counselors insisted it was time to move on to other activities did we finish - almost. First we stood up to conclude with a group hug and heartfelt wishes of Shabbat shalom. We had come to no conclusions but had come to the realization that Zionism and a love for Israel do not have concrete bounds. Even the two of us have hugely differing opinions on the topic. What is important is that we find meaningful ways to stay involved in the Jewish world, whether it is through active support for Israel and/or staying active in our Jewish communities at home.

> Manhattan Bagel Company

2644 Richmond Road front of The Chop House Restaurant 269-0403

As young Zionists, we made the choice this summer to travel to Israel instead of letting fear hold us back. If we had allowed fear to prevent our travel we would have missed a wonderful experience full of incredible memories. Unfortunately, the summer has come to an end and we have now begun our senior year of high school as well as the stressful process of applying to college. The end of the summer, however, does not mean an end to our connection with Israel. We will continue to revisit memories of Israel, continue to ask questions about Israel, continue to learn about Israel, and continue to use the knowledge gained on this trip for the rest of our lives

Sisu et Yerushalayim, Gilu ba, Gilu ba kol ohaveha.

Rejoice with Jerusalem, And be glad with her, All you that love her.

Portabella's

115 N. Locust Hill Dr., Man O' War Place • Lexington, KY 40508 (859) 266-6836 • FAX (859) 266-8822

## Bar Mitzvah

#### **AARON ATTICUS SVARLIEN**

Please share our joy as son, Aaron Atticus Svarlien his Bar Mitzvah on October 24-25, 2003

Aaron Atticus is the son of Dr. John Svarlien and Dr. Diane Arnson Svarlien

The Friday service begins at 7:30 PM on October 24, 2003

The Saturday service begins at 10:30 AM on October 25, 2003

Kiddush Luncheon will follow the Shabbat morning service

18 · SEPTEMBER 2003 ShALOM

### **OHAVAY ZION SYNAGOGUE NEWS**

2048 Edgewater Court • President, Nancy Hoffman • (859) s266-8050

The High Holy Day season continues and Ohavay Zion Synagogue is busy with lots of events and activities. We welcome newcomers to the community and wish everyone a very Happy and Healthy 5764.

#### Welcome Back Pot-Luck Sukkot Dinner

Join us for our Sukkot Under the Stars Pot Luck Dinner on Friday, October 10th at 6 pm. After dinner we will join for the Shabbat/Sukkot evening service led by our Religious School Students. During the evening we will also welcome new members who have joined OZS during the past year. Call the office for more information.

#### Simhat Torah Celebration!

Everyone is invited to join us for our celebration of Simhat Torah on Sunday, October 19th. The Festival Morning service begins at 9:45 am. During the service we will also celebrate with our students who are beginning Hebrew and Religious School during a special Consecration and Alef Ceremony. Come dance with the Torahs and celebrate with our students on this special holiday!

#### **OZS Religious School News**

We are already off to a great start as we gear up for the remainder of the Fall holidays and other exciting events. The first Religious School Service of the year will be on October 10th and the Consecration and Alef ceremony on October 19th. In September, our 6th and 7th Grade B'nai Mitzva students joined the 6th and 7th Grade classes at TAI for a special concert with Danny Nichols, sponsored by the Temple. Afterward, the students joined together to discuss Conservative and Reform Judaism. This discussion has become an annual event aimed at helping our children better understand the similarities and differences they share with each other and who they are as Jews in the world. We thank TAI for hosting us this year!

This year we are focusing our studies on Israel and are developing a relationship with the students of the city of Carmiel, Israel. During the year OZS students will be keeping in touch with their counterparts in Israel through e-mail and by participating in a joint mitzva project. We look forward to a wonderful year of sharing with, and learning from, our Israeli brothers and sisters.

Our Junior Congregation program will be a busy one this month because a special Junior Congregation service will take place as a part of our Yom Kippur activities on Monday, October 6th. The first Junior Congregation for the regular year will take place on October 25th at 10:30 am in the Music Room. The program is coordinated by Steve Davis-Rosenbaum and led again this year by Penina Goldstein with help from our Religious School aides. We encourage parents to attend with their kids!

Senior Chai, our OZS and TAI Jewish study program for 11th and 12th graders had its first session in late August. Now in its 3rd year, Senior Chai offers our Jewish juniors and seniors the opportunity for monthly study and socializing in a warm and welcoming atmosphere. The next session for Senior Chai is October 15th at 6:30 pm. If you are interested in participating and need more information please contact Rabbi Cohen or Rabbi Kline.

### Make a Difference: God's Pantry – Social Action

We are happy to have established an ongoing relationship with God's Pantry as we visit their facility the third Thursday of each month to help sort and bag food items for distribution to those in need. Come and join us with the whole family as we work together for this wonderful cause. Our next God's Pantry Night will be Thursday, October 16th from 6:00 pm –7:30 pm. Call Ricki Rosenberg at 269-2300 to sign up.

### Helping the Animals

The last week in October 26th-31st, leading up to the study of the Torah portion of Noah on Shabbat, we will be collecting dog and cat

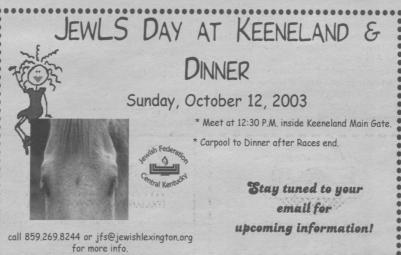
food and supplies to be donated to the Lexington Humane Society. The story of Noah and the Ark reminds us of our need to care for the animals of our world. We will conclude this special week on Sunday morning, November 2nd, when we celebrate the animals in our own families. Details to come! Collection boxes can be found in the OZS lobby. Please donate what you can to help our furry friends!

#### **Daily Minyan**

Our daily minyan continues to meet each afternoon Monday-Thursday at 5:45 pm in the Sanctuary. Please come and help make a minyan!

#### Shabbat at OZS

Celebrating Shabbat is always the focus of our weekly events here at OZS. We welcome in Shabbat during the Kabbalat Shabbat service each Friday evening at 6 pm. You are welcome to come "as-is" from work or whatever activities and join us for the spirited evening service before heading home for your Shabbat Dinner. Take note that on Friday, October 10th, the service will follow the Pot Luck Dinner at about 7:15 pm. Join us for our lively Shabbat Morning Service each Saturday morning at 9:45 am. Kiddush Lunch follows each week. On Saturday, October 11th, Kiddush Lunch will be in the Sukka! On Saturday, October 18th, Yizkor will be recited as a part of the observance of Sh'mini Atzeret.





## AROUND THE COMMUNITY



CKJF - Central Kentucky Jewish Federation • 1050 Chinoe Road • Suite 203 • 268-0672 • David Feinberg, President

OZS - Ohavay Zion Synagogue • 2048 Edgewater Court • 266-8050 • Nancy Hoffman, President
Daily Minyan Mon.-Thurs. at 5:45 p.m.; Kabbalat Services Friday evening at 8:00 p.m., except the fourth Friday of the month at 6:00 p.m.
Shabbat Services Saturday at 9:45 a.m.

**TAI - Temple Adath Israel •** 124 N. Ashland Avenue • 269-2979 • Judith Hersh, President Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - The Lexington Hadassah • Elise Mandel & Di Sobel • Co-Presidents

HAV - The Lexington Havurah • 269-4493 • Judith Saxe, President • Shabbat Services monthly. Call for schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	October 1	2	3	
Kol Nidre	Yom Kippur		JFS Committee Meeting		Le Shai Weissbach Dinner     TAI 100th Celebration     Shalom Deadline for Articles	Sukkot
5	6	7	8	9	10	1
Sukkot	• Columbus Day • Sukkot • Hillel-Pizza in the Hut	Sukkot     Chabad-Rabbi Litvin visits	• Sukkot • CRC Meeting	Sukkot     Leisure Club Tea & Sukkot	Hashanah Rabah     Sukkot	Shmini Atzeret
12	13	14	15	16	17	18
• Simchat Torah • Hillel Hike at Red River Gorge	JewLS Day at Keeneland		The Great A		Aaron Svarlien Bar Mitzvah TAI	Aaron Svarlien Bar Mitzvo TAI
19	20	21	22	23	24	2:
Daylight Savings Time Ends     Rosh Chodesh Cheshvan		PRESIDENT OF	CKJF Executive     Committee Meeting     Hadassah Donor-Thon     CKJF Board Meeting			
26	27	28	29	30	31	November
		Election Day			Principal & Teachers Dinner TAI 100th Celebration	Jew LS Goes Expresso Dating in Cincinnati
2	3	4	5	6	7	
CKJF Mission to Israel	CKJF Mission to Israel	CKJF Mission to Israel     Chabad-Rabbi Litvin visits	CKJF Mission to Israel     JFS Committee Meeting	CKJF Mission to Israel	CKJF Mission to Israel     OZS Services (Conservative)     TAI Services	CKJF Mission to Israel     OZS Sat. A.M. Services
9	10	11	12	13	14	1.