

FNS

FRONTIER NURSING SERVICE

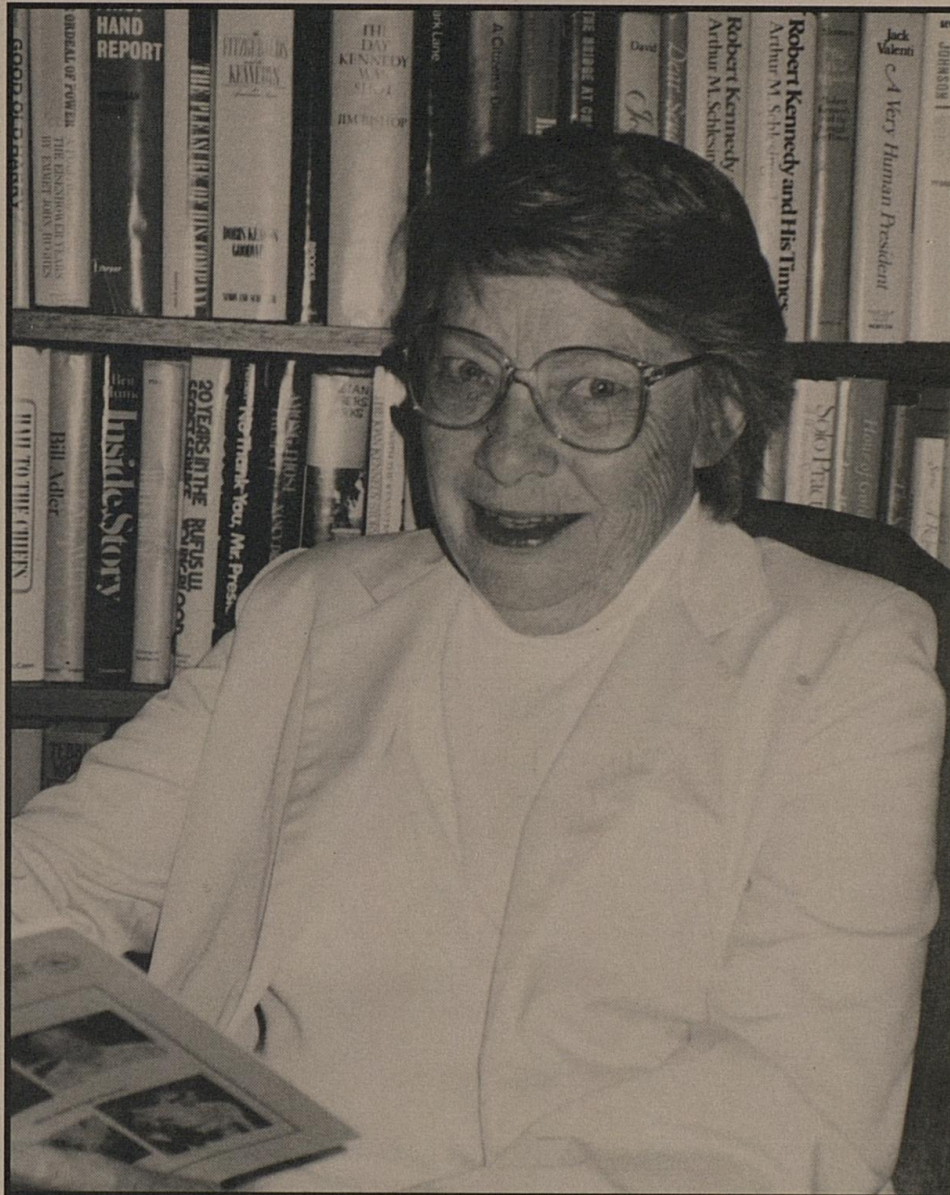
Volume 68

Number 2

Fall 1992



QUARTERLY BULLETIN



Dr. Anne Wasson

US ISSN 0016-2116

Table of Contents

Dr. Anne Wasson - <i>Deanna Severance</i>	1
Meet Joyce Fitzpatrick - <i>Barb Gibson</i>	5
My Experience as a Courier - <i>M. Bushnell, E. Graninger</i>	7
Notes From the School - <i>Dr. Judith Treistman</i>	9
International Visitors - <i>Barb Gibson</i>	11
Beyond the Mountains - <i>Deanna Severance</i>	13
Ruth Blevins - <i>Barb Gibson</i>	15
Courier News - <i>Susie Hudgins</i>	16
FNS Employees - <i>Barb Gibson</i>	18
Field Notes - <i>Susie Hudgins</i>	21
Return to FNS - <i>Eileen Cunningham</i>	22
Kate Ireland's Reception - <i>Barb Gibson</i>	23
In Memoriam - <i>Barb Gibson</i>	26
In Honor Of - <i>Barb Gibson</i>	27
Urgent Needs - <i>Barb Gibson</i>	Inside back cover

COVER: Dr. Anne Wasson, former staff member, former Director of the Frontier School of Midwifery and Family Nursing and a member of the FNS Board of Governors. *Photo by: Phylliss Long*

FRONTIER NURSING SERVICE QUARTERLY BULLETIN
US ISSN 0016-2116

Published at the end of each quarter by the Frontier Nursing Service, Inc.

Wendover, Kentucky 41775

Subscription Price \$5.00 a Year

Editor's Office, Wendover, Kentucky 41775

VOLUME 68

NUMBER 2

Fall 1992

Second-class postage paid at Wendover, KY 41775 and at additional mailing offices.

POSTMASTER: Send address changes to Frontier Nursing Service, Wendover, KY 41775.

Copyright 1986, Frontier Nursing Service, Inc.

Dr. Anne Wasson

It has been a rare privilege for me to know Anne Wasson, M.D. She is a remarkable woman of many talents. In May of 1992, I had the opportunity to sit in her comfortable New Hampshire kitchen and ask of her life and travels. Although only a book would do justice to her accomplishments, I know many of our readers love Dr. Anne as I do and find her a fascinating character. This *Quarterly Bulletin* is dedicated to "Dr. Anne".

Dr. Anne was born in 1920 in Buffalo, New York. Her father, Henry Seamore Wasson, was a 1900 graduate of the University of Buffalo law school. He made a great impression on Dr. Anne. She remembers sitting on the floor near the radio on convention nights with a piece of paper. It was her job to tally the votes to see who would be the presidential nominee. These were the years before television. Truly, the floor of the convention was an exciting place to be. Anything could happen and did! To this day, Dr. Anne remains an avid follower of the political process. She lectures on the health of presidents for historical associations in New England.

When Dr. Anne was a sixteen year old sophomore in high school her father died. The domestic life of her family changed and Dr. Anne took a larger role and responsibility with the family. She received a full art scholarship to Alfred University in southern New York state. Interestingly, Dr. Anne's mother had attended Alfred University as a liberal arts major. She wanted to write. After two years of study, she married Mr. Wasson and was never able to complete the course of study. As for herself, Dr. Anne insists she was no good as an artist and knew she could never make a living at it. For those of us who know of her architectural clinic designs, the art scholarship is not surprising!

The truth is that Dr. Anne wanted to attend nursing school. By this time, her mother had moved to Boston to be closer to family members. She was adamant that Anne not attend nursing school because she would be no good at emptying bed pans and things like that! Of course, Dr. Anne had no thought of doing that for long either. She had it all planned to attend Yale and become a surgical nurse. Her mother recommended laboratory technique school instead. Dr. Anne took her recommendation and attended the Boston Dispensary which is now a part of Tufts. The course lasted 18 months.

Upon completion of lab school, Dr. Anne took a job at the Rutland Hospital in Rutland, Vermont. Within three months she was

named head technician. She served at Rutland for two and one-half years.

Dr. Anne went on to attend the University of Buffalo to obtain the necessary courses for the American Society of Clinical Pathology certification. At least that's what she told everyone. She had the idea that she might be able to attend medical school. Emma Detters, the Dean of Women became fascinated with Dr. Anne and did everything she could to help her succeed. Dr. Anne worked her way through the ASCP course by designing labs. She obtained her ASCP certification and went on to take more courses in physics and German. At this point she received a full scholarship and could quit work and be a full time student.

Dr. Anne remembers she was taking final exams when Franklin Roosevelt died. She had gone to the organic chemistry exam and heard that three girls, all from outside New York State, had been chosen for medical school. She called her mother in Boston depressed because she was living in New York and knew she could not possibly be one of the three chosen. Her mother said she had a letter waiting for her in Boston from the University of Buffalo. She had forgotten that her official University address was Boston!

Although Dr. Anne did not receive an undergraduate degree she was accepted into and graduated from the University of Buffalo Medical School. She put herself through school working three jobs: (1) The Goodyear Williamsville Convalescent Home. Dr. Anne had started this job as an undergraduate. Patients at this home had serious problems such as Tetralogy of Fallot, Graves Disease, Rheumatoid arthritis on IV gold therapy, and the like. She continued here for three years; (2) Dissection of special projects for surgical residents at the Buffalo General Hospital for 75 cents an hour; and (3) Assistant Instructor in Physiology Night School Lab.

In 1950, Dr. Anne graduated from medical school and went to Bangor, Maine for a rotating internship. During this "rotation", she delivered 125 babies!

In 1951, Dr. Anne set up her private practice in Bradford, New Hampshire. She practiced in Bradford until 1965. At that time she moved to offices in New London, New Hampshire. Here she built a house, designed a large clinic, worked at the college infirmary in Henniker, and was on the Colby Junior College Infirmary staff.

By 1969, Dr. Anne was exhausted. She did not like the new practice. It was too "Fifth Avenue". There was "muzak" in the offices. Colby College had a Kenya exchange program, and she mulled over the thought of going to Africa. Her long time office nurse and friend, Alice

Whitman, told Dr. Anne there were enough poor people in this country and she should stay right here to help. Dr. Anne had heard of the nurses on horseback from an Australian physician who had worked at the FNS. In fact, that's how he came to be in the United States. She received a *Quarterly Bulletin*, wrote to Helen Browne, and the rest is history. She took the summer of 1969 off and came to the Frontier Nursing Service. In the fall of 1969, she and Anna Mae January, FNS midwife, returned to New London. Dr. Anne sold her house, closed her practice, and moved to Kentucky. She practiced with the FNS until 1983.

Dr. Anne did anything that had to be done while serving at the FNS. She was the only physician for a time. She designed the Community Health Center Clinic. She set up our home health agency. She read x-rays, did surgery, taught clinical students, caught babies, served as the head of the Frontier School of Midwifery and Family Nursing, taught midwifery and family nursing students and even operated on a pig. In New London she had been on call every other weekend and every other night. At the FNS, she was on call 24 hours a day for seven days a week. She soon discovered this was not the place to come for a rest; but the need was so great... She saved the lives of some and influenced the lives of so many more!

Throughout her life Dr. Anne has maintained a marvelous sense of humor. She is both philosopher and storyteller. She has the ability to laugh at herself. In her presence I become like a child wanting to hear the stories over again. "Dr. Anne, tell the one about the Texan!" She is always willing to oblige and indulge her audience. In fact, I could not end this article without repeating at least one story.

Dr. Anne had worked in the clinic and emergency room until late one evening. There had been a shooting. When the victim was brought into the emergency room, he was dead. In those days, the funeral home director would come and move the body; however, Dwayne Walker, the funeral director, was temporarily unavailable. In such a case the body would be held at the hospital. There was a little room just off the x-ray room, and the body was wheeled in on the gurney to wait for Mr. Walker. Dr. Anne left for the evening with everything under control. The next morning the nurse reported to Dr. Anne that a long, tall Texan with a ten-gallon hat and high-heeled boots had come into the emergency room about midnight. He was working on one of the oil rigs at Red Bird. It appeared to the nurse that he was quite drunk. He was complaining that someone had hit him on the head. The nurse told the cowboy that x-rays would have to be taken. She led him into the x-ray room and told him to

sit down and wait while she called the x-ray technician. The technician would have to come down to the hospital from his apartment. Dr. Anne said, "Judas' Priest! You know a drunk can't sit still!" The nurse had been gone only a few minutes when the cowboy found her and said he was leaving. "Honey", he said, "There's a man in there that needs you a lot more than I do." The nurses were concerned that no x-rays had been taken. Later in the morning the cowboy returned, sober and in much pain. When the x-rays were finally taken, he had a fracture of the cervical spine.

Today, Dr. Anne is a member of the FNS Board of Governors and the Frontier School of Midwifery and Family Nursing Board of Directors. She serves as the chairman of the Mary Breckinridge Healthcare Home Health Advisory Committee. This involves reviewing charts, ensuring that licensure requirements are met, and chairing a quarterly meeting in Hyden.

Twenty three years have passed since Dr. Anne made her first trip to the Kentucky Mountains and the Frontier Nursing Service. I have learned much from this great lady, and I know many of you who know her share these sentiments. Thank you, Dr. Anne, for sharing your sense of humor, your knowledge of life, and your time so generously.

-Deanna Severance



Dr. Anne relaxing at the "Big House"

Meet Joyce Fitzpatrick

Joyce Fitzpatrick PhD, FAAN, EMBA, will become a member of the FNS Board of Governors in December of this year. Joyce is a Professor of Nursing and was appointed Dean of the Frances Payne Bolton School of Nursing at the Case Western Reserve University in Cleveland, Ohio in 1982. During her nine years as Dean, she has raised the School to a consistent ranking in the top five nursing schools nationally. Her areas of expertise are educational administration and innovation, gaining financial support for nursing educational



Joyce Fitzpatrick

research, editing nursing research publications and suicidology. In 1989 she was named one of the top five academic administrators in fund raising in the country.

Last year, Joyce reinstated the BSN program at Case Western Reserve after gaining financial support for students from University Hospitals of Cleveland, the Cleveland Clinic Foundation and Metro-Health Medical Center. Through her leadership, the School now has an MSN/MBA, an MSN in Nurse-Midwifery and an MSN in Nurse Anesthesia.

Joyce earned her BSN at the Georgetown University, her MS in psychiatric-mental health nursing at the Ohio State University, and her PhD in nursing at the New York University. In 1987, she completed a course at the IEM at Harvard and received an EMBA degree at the Weatherhead School of Management at Case Western Reserve University in May 1992. She has received many honors and awards in her profession. In 1981 she was elected a Fellow in the American Academy of Nursing, received the American Journal of Nursing Book Of The Year Award six times, the Midwest Nursing Research Society Award for Distinguished Contribution to Nursing Research, The Ohio State University Distinguished Alumna Award, the Sigma Theta Tau International Elizabeth McWilliams Miller Founders Award for

Excellence in Nursing Research and, in 1992, the New York University Division of Nursing Distinguished Alumna Award. In September 1988, Dr. Fitzpatrick was appointed Elizabeth Brooks Ford Professor of Nursing by the president of Case Western Reserve University.

This lady is a dynamic spokesperson for nursing and is an acclaimed speaker and panelist at professional nursing conferences. She is widely published in nursing literature having over 100 publications. She is co-editor of the Annual Review of Nursing Research series and editor of a new journal, Applied Nursing Research. She has served as a consultant to several state and federal commissions and agencies. In May, 1990 she received an honorary doctorate, Doctor of Humane Letters, from her alma mater, Georgetown University. In May 1992, she received the Distinguished Alumnae award from another alma mater, NYU.

Joyce is married to Dr. Michael J. Donovan, psychologist, and has two daughters, Maria and Regina, 13 and 14. She held nursing positions and resided in Columbus, New York City, and Detroit before moving to Cleveland.

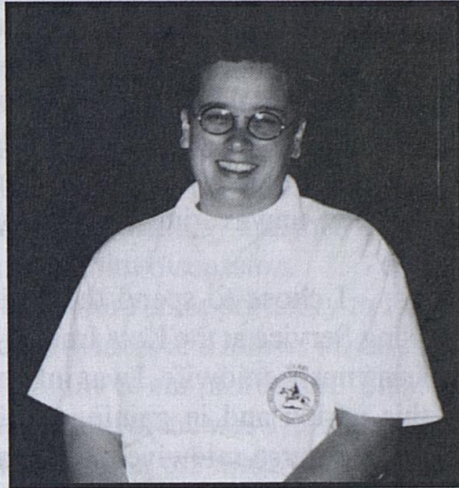
In 1983, Joyce met Kate Ireland who was the National Chairman of the FNS Board of Governors. Kate was already involved with Case Western Reserve at that time and they saw the possibility of an academic affiliation with Case Western and the Frontier School of Midwifery and Family Nursing. Joyce was instrumental in getting this started and it still exists today.

Joyce says FNS is a wonderful example of innovation and healthcare and she would like to see the FNS model represented even more in Cleveland and other places. She is currently working on the establishment of a Community Nursing Center for Cleveland and various international nursing programs, such as Ireland, Uganda and Italy, in collaboration with the World Health Organization. Joyce says she is happy to be a member of the FNS, Inc. Board of Governors and we at FNS are honored to have her serve on our board!

-Barb Gibson

My Experience as a Courier

I first heard of the Frontier Nursing Service when I was 14 and had dreams of becoming a midwife. Throughout the years that followed, FNS kept popping up in things I read and with people I talked to. The more I learned about FNS and its history, the more excited I became about its importance to the development of nursing and nurse midwifery in this country. The women I read about were always independent, resourceful and adventurous. Mary Breckinridge had a vision of health care that even today has not been fully appreciated and utilized throughout this country. Thirteen years later, and finally on my way to becoming a nurse-midwife, I had the opportunity to experience Hyden, Kentucky for myself.



Megan Bushnell

When I arrived at Wendover I was in awe at being able to wander at will throughout the Big House and the grounds. Here in Philadelphia I live among all kinds of historic sites and I have visited many others, yet nothing stirred me more than the feeling I got being in the Big House at Wendover. I felt the reverence of being at a National Historic Landmark and at the same time the familiarity of being at one's grandmother's house. Being at Wendover gave me a real understanding of "living history."

In addition to finding some historical roots, I was able to make some important connections with the people of Kentucky and FNS today. I spent a lot of time working at the Kate Ireland Women's Health Center and Perry County Health Department with Kathleen Isaac, CNM. These experiences were great in providing me with excellent role models and plenty of nurturing and encouragement for my own midwifery aspirations. I cannot thank the people I worked with enough, both clinicians and patients, for allowing me to participate in their health care. It has given me very valuable experiences that I will continue to draw upon in the years to come.

-Megan Bushnell

My Experience as a Courier

Wendover is a study in contrasts. Nestled into the hills of Kentucky, the service is reached by a narrow winding road upon which most travel at breakneck speed. But Wendover is tranquility itself, with its gracious buildings, terraced gardens, and photographs of past couriers and nurses on every wall. Existing as a living testament to one woman's dream and unwavering determination, Wendover lives and breathes history.

I chose to spend the majority of my time with the Frontier Nursing Service at the Kate Ireland Women's Healthcare Center. As an aspiring nurse-midwife, I was interested in learning about maternity care in this region and in gaining clinical and empirical experience from practicing nurse-midwives. Both at the Kate Ireland Women's Center and at the Health Department clinics, I followed nurse-midwives during prenatal appointments, postnatal checks, and basic well-women care. I was also fortunate enough to observe births in the maternity wing of the Mary Breckinridge Hospital.

Words do not express the wonder of observing and participating in the birth of a new human being. It was my privilege to work with the nurse-midwives of the Frontier Nursing Service and "locum tenen" midwives who come to Hyden from all over the world. The experience I have gained here will be invaluable in my future as a nurse-midwife and I am grateful both to the nurse-midwives and to the women whose births I attended.

The Frontier Nursing Service has proven over many years that high-quality, sensitive midwifery care is optimal for childbearing women. It will be my honor to continue in the tradition of Mary Breckinridge and her nurse-midwives in providing care to mothers and their infants.

-Elizabeth Graninger



Notes From the School: *On the road with CNEP*

I deplaned at Denver's Stapleton International Airport and climbed aboard the shuttle bus that would take me to the meeting of the nation's nurse-midwifery education program directors. This annual October meeting provides a forum for the program directors to share information, discuss common problems and solutions and look at trends in health professional education. The directors of nurse-midwifery services from around the country meet simultaneously and then the two groups come together for several hours of joint discussion.

This arrangement gives the educators an opportunity to listen and respond to the needs of the service providers and allows all of us to "free associate" about the demands and future of our profession. Back to me getting on to the shuttle bus...directly ahead of me was a familiar face. It was a recent CNEP graduate on HER way to the midwifery service director's meeting! Our mutual emotion signified that CNEP had passed a very significant milestone: Our graduates are beginning to assume the leadership that we have prepared them for.

At the education program directors meeting it was also evident that CNEP is coming "of age." The skepticism that always greets innovation has begun to melt into respect as our graduates (all of whom are passing the National Certifying Exam) move forward into practice. The meeting addressed the common barriers that we all experience as the ACNM marches toward the goal of 10,000 nurse-midwives by the year 2000. Money to support students and faculty is the primary obstacle to expansion. Here at FSMFN we have seen dramatic proof that financial support for students makes all the difference in successful achievement. Those students who have received scholarships which permit them to decrease the time that they must work while studying are able to complete the CNEP program in significantly shorter time than those who must work full-time.

The week before the Denver meeting I was an invited participant in a conference of the Florida Midwifery Resource Center, an initiative sponsored by the Robert Wood Johnson Foundation. The planning group has been charged with dramatically increasing the number of nurse-midwives in the state. The objective is to have 50% of the state's normal pregnancies cared for by nurse-midwives by the year 2000. The 300 Certified Nurse-Midwives of Florida are now doing over 10% of the state's births, but the goal of 2000 CNMs must be reached. The planners have also been charged with studying how to increase the number of

public and private birthing centers available to Florida women. There are many opportunities for the FSMFN to help with the nurse-midwifery initiative and the promulgation of birth centers.

The next trip was to Boston, where we exhibited at the International Birth Conference. Once again, our CNEP booth was a hub of activity. The "special" excitement came from the presence of many CNEP graduates who are now practicing in Massachusetts and in other eastern states and literally dozens of CNEP students. It is obvious that from here on in, CNEP will add a distinct, upbeat flavor to all professional meetings!

Next week I will be in Philadelphia, representing the FSMFN on the National Commission of Nurse-Midwifery Education. Our own Kate Ireland is the Honorary Chair of the Commission, a tribute to her long history of advocacy for nurse-midwifery and improved health care for mothers and babies. I will write more on the mission, goals and recommendations of the Commission in the next *Bulletin*.

Close on the heels of the Philadelphia meeting, I will be attending the annual meeting of the American Public Health Association. The FSMFN will be exhibiting at this, the largest gathering of public health providers and we will bring our now famous "Banyan Tree". The meeting is going to be held in Washington, DC, one week after elections. It will be a time for listening to and informing the new legislators as they present their health care agenda.

Truly, life with the FSMFN is bringing us to **Wide Neighborhoods!**

-Judith Treistman



Dr. Judith Treistman

International Visitors



Deanna Severance and Dave Southern with Chinese Visitors

More and more, FNS is becoming known abroad and we are having many international visitors come and observe our methods of rural healthcare. Among our many visitors this year, we had four Chinese and their interpreter visit us in August. Mr. HE Hongming is the President of the China Medical Corporation for International Technical Cooperation Ministry of Public Health. Ms. Chen Bingbing also from the China Medical Corporation is the Project Manager. She was formerly a doctor in a military hospital for over ten years specializing in burn wounds.

The China Medical Corporation for International Technical Cooperation Ministry of Public Health is a state-run enterprise established by the Ministry of Health to undertake international cooperation in medical fields. Its activities include constructing and managing hospitals, rehabilitation centers and other medical facilities.

The other two Chinese were Mr. JIN Kuihe, Vice President and Professor of Medical Psychology and Director of the Nursing Department at the China Medical University. He was previously the President of a two-year medical facility that trained nurses, public health practitioners and paramedics in basic health and medical services at the grassroots level. Mr. Liu Kai also from the China Medical University is the Deputy Secretary of the General National Association of English Nursing Specialty. He is also currently the Director of English as a Second Language, at the WU Han Nursing School.

The China Medical University is under the jurisdiction of the Ministry of Public Health and is one of the main universities in China. It

consists of nine departments, a health school, and four attached hospitals, as well as six research institutes, four central laboratories, 11 research laboratories and an evening school.

I asked these people what areas they were most interested in at FNS and they said. "This is such an advanced country and we want to see how you provide health care to people in remote areas". They were very impressed by what they saw and felt they could take some valuable information back to their own country to improve their healthcare.

Other visitors were women from 22 different countries. The United States Information Agency's International Visitors Program sponsored a project called a "U. S. Experience" in which 25 women participated. The project was designed to examine the political, social and economic processes that women in the United States are utilizing to achieve greater opportunity and freedom from past stereotypical limits. In workshops, seminars and informal discussions the participants explore expanding employment and educational opportunities for women.

Countries represented by these women included Afghanistan, Bahamas, Comoros, Czech and Slovak Federal Republic, Gaza, Ghana, Grenada, India, Israel, Jamaica, Jordan, Mauritius, Micronesia, Norway, Pakistan, Philippines, Singapore, Trinidad, Uganda, West Bank and Zambia.

We hope their visit to the Frontier Nursing Service showed them the impact that Mary Breckinridge had on Leslie County and what one determined woman was able to accomplish. -Barb Gibson



Visitors representing 22 countries

Beyond the Mountains

The first three weeks in August were spent on a restful vacation. Dr. Anne Wasson spent the month of July at Wendover with me consulting on current needs of the home health agency. The month culminated with an Executive Finance Committee meeting in Lexington on July 31st. My husband Carl and I then left with Dr. Anne for her home in Sutton, New Hampshire. On the way we stopped in Virginia to look at the New Market Battlefield. General Breckinridge had led the Virginia Military Institute cadets during this battle. We then stopped in Bennington, Vermont to see Old First Church where Carl's great-grandfather Milton Severance was pastor and is buried. We spent the night with Dr. Anne and headed down the East Coast for a tour of history stopping in Boston, New York City, Atlantic City and Washington, D.C. Many thanks to the Board of Governors for allowing this wonderful time off.

September 20, Dr. Judith Treistman and Miss Jane Leigh Powell traveled beyond the mountains to Washington, D.C. for the annual meeting of the National Association of Child Bearing Centers. Graduation for twenty-nine Community Based Nurse-Midwifery Education Program (CNEP) students was held at this time. These students were from the class which began in Perkiomenville, Pennsylvania. Kitty Ernst, Director of NACC and the first Director of CNEP was present. This was a special time for all involved and was the first graduation to be held beyond the mountains.

Thursday, September 24, the Louisville Committee of the Frontier Nursing Service held its annual Bluegrass Luncheon at The Boat Club in Louisville. More than fifty friends attended. Following lunch Miss Carol Crowe-Carraco presented her Kentucky Chautauqua portrayal of Mary Breckinridge. Several people were present who knew Mrs. Breckinridge and all thought the presentation was marvelous! Many thanks to the Louisville Committee, especially Mrs. Shirley Dumesnil, and Ms. Betty Christie who was so helpful in organizing this event.

October 21, I had the privilege of attending the unveiling of the Kate Hanna Harvey portrait. Mrs. Harvey was the grandmother of

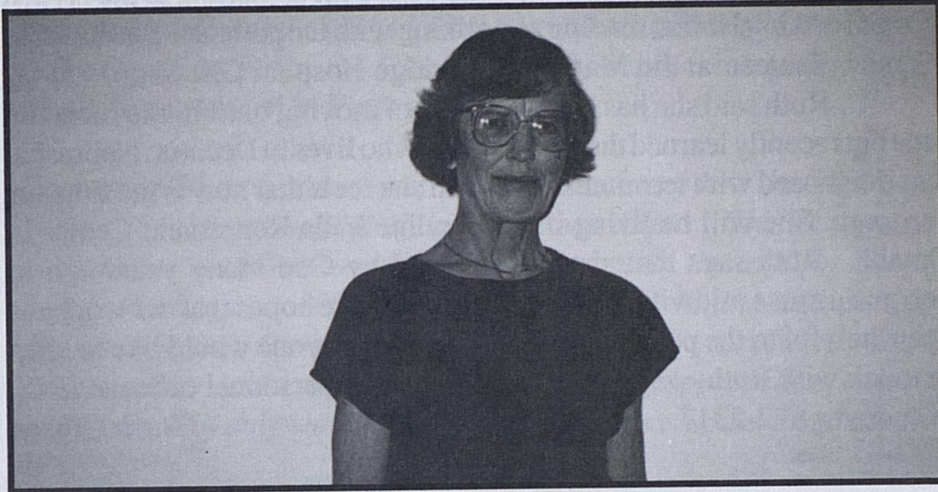
Miss Kate Ireland. The portrait was commissioned by the Frances Payne Bolton School of Nursing at Case Western Reserve University to celebrate the Community Health Nursing Kate Hanna Harvey Professorship. The portrait will hang in the School of Nursing. Dean Joyce Fitzpatrick gave the welcome. Dr. Richard Zdanis, Provost of Case Western Reserve University and Dr. Jean Steel spoke regarding the significance of the professorship and the role of community health nursing and its impact on the delivery of health care. The portrait was unveiled by Miss Kate Ireland and her brother R. L. Ireland, III. Miss Ireland gave a moving address quoting from the Book of Timothy, Chapter 6, Verses 17 through 19: "As for those who in the present age are rich, command them not to be haughty, or set their hopes on the uncertainty of riches, but rather on God who richly provides us with everything for our enjoyment. They are to do good, to be rich in good works, generous, and ready to share, thus storing up for themselves the treasure of a good foundation for the future, so that they may take hold of the life that really is life." I must confess my eyes were not dry.

We have had our Executive Finance Committee meetings of the Board of Governors, audit committee meetings, and Executive Committee meetings of the Frontier School of Midwifery and Family Nursing in Lexington. For our new friends and supporters who may be unfamiliar with our Board of Governors, let me express thanks to these volunteers who give so much of their time to the FNS.

By the time this *Quarterly Bulletin* is published, the Louisville Committee of the FNS will have hosted Carol Crowe-Carraco for the Philadelphia Committee of the FNS. Many thanks to the Louisville Committee for making this portrayal of Mrs. Breckinridge possible. Mrs. John Hodge has reserved The Merion Cricket Club for lunch on December 2nd. It is my hope the other City Committees will be able to see this presentation, also! We will have a complete story in the next *Bulletin*.

Many thanks to all of you, whose names are too many for me to list on these pages for the help you give us at Christmas. We are grateful.

-Deanna Severance

FNS and Community says good-bye to Ruth Blevins

Miss Ruth

Ruth Blevins (Miss Ruth) has given 24 years of dedicated service to the Frontier Nursing Service. She was born in Anthon, Iowa and grew up near Decatur, Nebraska. She attended a Bible Institute for two years and then obtained her RN from the Swedish Hospital, Minneapolis, Minnesota. She was employed at a Lutheran Hospital for a few months in Norfolk, Nebraska. Other places of employment were a hospital and gynecologist's office in Chicago, Illinois and a hospital in Omaha, Nebraska. She was a public health and visiting nurse in Omaha, and obtained a Public Health Certificate from the University of Minnesota. Ruth then decided she wanted to become a midwife. She considered going to England but decided to come to Kentucky for her midwifery training.

After graduating from the Frontier School of Midwifery in 1969 she worked at the FNS Brutus outpost clinic until 1972. By that time the Frontier School of Midwifery had added the Family Nursing to the program and she came back to the school and graduated as a Family Nurse Practitioner. Ruth returned to the Brutus Clinic and then came to work at the Mary Breckinridge Hospital Hyden Clinic in 1977. She worked as a Family Nurse Practitioner in the clinic for ten years and retired in 1987. She has lived in Hyden since that time.

When I asked Ruth why she remained in Hyden after retiring, she said there were several reasons. She loves the mountains of Kentucky, she became great friends with some of the people in the

community, and is a member and has strong ties to the Sizerock Baptist Church. Since her retirement Ruth has done a lot of visiting to the Hyden Manor Nursing Home, reading and talking with the patients. She has also been a volunteer at the Mary Breckinridge Hospital Gift Shop.

Ruth said she has been thinking of moving back home for some time but recently learned that her brother, who lives in Decatur, Nebraska, was diagnosed with terminal cancer and she feels that now is the time for her to go. She will be living in the Skyline Villa Retirement Center in Omaha. Ruth says that she felt inspired by God many years ago to become a nurse midwife and practitioner and she hopes that her work has been helpful to the people that FNS serves. If anyone would like to keep in touch with Ruth, we have her address at the personnel office at FNS, Wendover 672-2317.

- Barb Gibson



Courier News

Fall brought us a group of new Couriers, fairly evenly split between those working in the elementary schools and those here to explore rural health. Although the areas we are assisting in are somewhat different this fall, the schools are very appreciative of our efforts. It is now policy that all couriers help with education a part of every week, whether it be tutoring, working in classrooms or helping out in gym or art classes. Everyone seems to enjoy their work with the children.

News from about and beyond:

Heard from **Kathryn Forbush** (fall 91) as she got ready to attend Georgetown. After leaving Wendover she spent time in Albuquerque helping at the mid-school level. She still prefers teaching younger children and hopes to return to teach in Leslie County.

Will Saltonstall (volunteer 82) wrote to say that since leaving here he moved to Alaska, went to Medical School and is now in Cape Elizabeth, Maine finishing up his residency. He notes that **Jill Anderson** who was at Wendover during the same time finished her Nurse Practitioner program, was married and is now living in the Rockies.

Flora Jewell (fall 90) breezed in for the day when her family's circus was performing in Lexington. She invited everyone to attend but only Cassie and I were able to go. We had a spectacular afternoon and I urge you to make the effort to see the Circus Flora should it come your way. Our thanks are extended to Flora and her family.

Christmas '92 As I am sure you are all aware, every year the Clinics have parties for the pre-school children of their areas. This is a massive undertaking and Wendover has always supplied the toys for Santa to bring. Finding over 800 toys, much less finding the finances, puts us in a bind every fall. It would be a tremendous help if every former courier and volunteer could send us one inexpensive toy appropriate for a child under six. Not only would the kids benefit but we would then hear from you as well!!!
 -Susie Hudgins



Sayings of the children

Eva Morgan's neice, LaDetra Morgan, age 3 years told her aunt "Evie, my mom bought me a pair of sweatpants and jacket just like you wear!" Eva asked, "where are they?" LaDetra Said, "my mom put them in *overlay*."

A new book "Saddlebags Full of Memories" written by Doris E. Reid about FNS is available for sale. You may purchase this book by writing to: Doris E. Reid, 10785 EW Resort Rd. Burt Lake, Michigan 49717

FNS Employees

Ann Browning started working at the Frontier Nursing Service July 7, 1969 at Wendover. She lived in Hazard and was working at the courthouse when she heard about FNS from a co-worker. She came to Wendover and applied for a job. Immediately Miss Helen Browne called her to work and she started working on billing procedures for Medicare and Medicaid for all of the district clinics and home health.

Since that time Ann has initiated many ideas to make the billing system more efficient. She helped design the encounter form and other forms to meet standards for billing and cost reporting. She also helped lay the ground work for the first computer system at the Mary Breckinridge Hospital.

Ann was formerly the Business Office Supervisor and then the Admitting and Financial Counseling Supervisor for several years. She works now as a full-time financial counselor, screening people to determine if they are eligible for financial aid and assisting patients with their bill complaints.

Ann's feelings for the Frontier Nursing Service are like those of many others who have had a "FNS" experience. She said when she came to Wendover to work she was truly amazed at the unique healthcare that FNS provided for Leslie and surrounding counties and felt the people were so fortunate. She thought it was amazing that FNS could reach the far corners of the earth with trained nurse-midwives.

Ann said she has always loved Wendover. The traditions of the living style when she lived there were a "step back in time", where the meals were prepared and served and there was always the traditional afternoon tea times. She, along with some other employees who have been at FNS for a long time, formed the "Old Timers" Committee. Once a year they have a "get together" dinner at Wendover, just to savour the flavor of the good cooking in the Big House kitchen and to talk about old times. Ann said she regrets that she never had the opportunity to meet Mrs. Breckinridge and, although times have changed at FNS, she hopes that Mrs. Breckinridge's dream will continue to live on.

-Barb Gibson

Just before this QB went to the printers, we learned that Ann has resigned from FNS and is moving to a new job and home near Lexington, Kentucky. We are sorry to see Ann leave. She did a great job and we will miss her.



Ann Browning



Jewell Sizemore

FNS Employees - continued

The Frontier Nursing Service and friends of Jewell Sizemore held a "retirement" dinner for her at Wendover on Friday, October 16th. Jewell has worked for FNS since February 1949 full-time and worked part-time several years prior to this date. Jewell felt that after 27 years she should retire from work due to her failing health.

Housekeeping, cooking, and many other chores is what Jewell did at the Flat Creek Clinic, the Red Bird Clinic and the new Community Health Center at Big Creek. She had the pleasure of working with nurses, Joyce Stevens, Bea Miller, Mable Turner and Trudy Isaacs. Jewell spoke of these people with tears in her eyes. She truly has loved FNS and all of the friends she has worked with.

She is married to John H. Sizemore and they have six children: Edith Eileen Williamson, medical records clerk, Corbin, KY; Barbara Jean Steele, RN, Corbin, KY; Kenneth Sizemore, truck driver, Big Creek, KY; Joyce Asher, nurses aide, Big Creek, KY; Janice K. Bowling, student, Big Creek, KY and Joann Salyers, receptionist at the Community Health Center, Big Creek, KY. They have 11 grandchildren and one great-grandson.

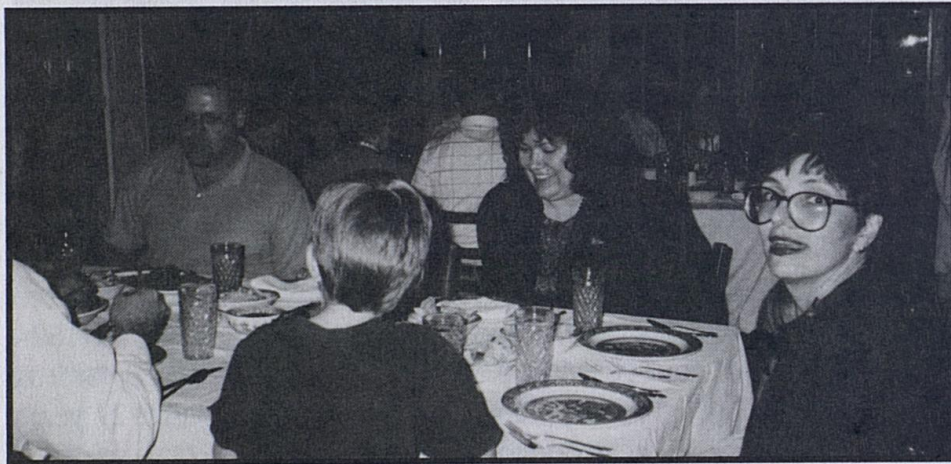
Jewell wrote the following letter about FNS describing how she feels about leaving.

Dear Friends:

I want to thank you for the retirement dinner and for the good time we had. FNS, thank you for the many wonderful years, and for letting me be a little part of such a good work that has been done for me, my family and all of our mountain people for all these years.

I thank you girls for being there for us in raising our children. You've been there in our most happiest times and in our times of sorrow, all hours of the day and night. You've been many names and faces but always caring and dedicated. I love you all for that and it is with deep sadness I have to leave work. It is because of health reasons I leave, but again, I am so thankful to be a little part of a work that has went on for many, many years.

-Jewell Sizemore



Scenes from Jewell's retirement dinner



-Barb Gibson

Field Notes

As the wind howls, the leaves swirl about and the temperature drops like a stone, it's a wee bit difficult to remember the lovely fall just past. Having finished the major projects and still waiting for the big poles to appear for the renovation of the driveway, J. G. and Jr. have kept busy with general maintenance. A fire door was installed at the top of the stairs in the Big House



Sassafra begging to come into the Garden House

for safety precautions, and then the men went on a painting spree. All the trim on the Big House was freshened up and the two fire huts have a new coat of green. We have converted one of the out buildings for all incoming "grab" by removing a wall, building shelves, putting in a window and electricity and sealing it against the weather and four legged creatures. This will certainly help the congestion problem we end up with every fall.

The past few months we have been very busy with the usual number of tours. We were hosts to four health professionals from mainland China and spent a day touring 25 women from 22 different countries (see article). In September the National Board of Governors held their meeting here and we were part of a gala reception held in honor of Miss Kate Ireland's retirement. Great fun was had by all !!!

Once it got cooler it was decided to let Sassafra, the Wendover goat, wander about as she pleased. She thoroughly enjoyed her freedom and she and Trish, the dog could be seen and/or heard roaming about the mountain. Soon, Sassafra was acting like Trish. Now she will follow you up the path and every so often she demands a pat on the head. However, Sassafra has become aware of the unfair practices that go on. How come Trish can go into the apartment and she gets left out? Any door left open is fair game and she has surprised any number of people by just strolling in and making herself at home. She has checked out the top of the barn, all the offices and had a gourmet snack of one philodendron in the apartment. So far the Big House has gone unexplored!

-Susie Hudgins

Return to FNS

I spent six weeks at the Frontier Nursing Service at Wendover and the Mary Breckinridge Hospital during February, 1992. This was a great experience for me because I had visited the FNS in 1948 when a classmate of mine, Helen M. Fedde, ventured out to FNS to become a midwife. The visit to FNS from St. Louis, Missouri was filled with interesting and exciting experiences. I remember Helen's



Eileen Cunningham

horse, a midnight trip in the first FNS jeep to a home delivery, staying in midwifery headquarters and having tea with Mrs. Breckinridge.

In 1948 FNS was the hospital on the hill, the School of Midwifery and the District Clinics. In 1992 I found that FNS was the same model of rural health care as it was back then. I saw that many changes had taken place. The hospital on the hill is now the Frontier School of Midwifery and Family Nursing with a CNEP program which recently graduated 94 students and enrolled 125 students in July 1992. The old hospital was replaced by a modern 40 bed facility in the valley. Aunt Hattie's barn full of horses had become apartments filled with professionals. A beautiful little chapel had been built where a small quarantine cottage had been.

The expansion of highways through the mountains make all of FNS as available as any place in the United States. Its organization for delivery of services still sets it apart. I only wish we had services like these for many equally rural areas in Illinois.

A few people remembered Helen Marie Fedde who became the Dean of the Frontier School of Midwifery for six years. Many are familiar with her name and her association with Mary Breckinridge, Betty Lester, Helen Browne and the many British Nurse Midwives who returned to England.

With Kentucky roots which go back to a Revolutionary War Patriot, I feel renewed from this short visit. "I hope to have an FNS experience now and then for the rest of my life." -*Eileen Cunningham*

Kate Ireland's Reception



Kate and County Judge Executive C. Allen Muncy

On September 18, 1992 approximately 72 people from Leslie and surrounding counties as well as people from across Kentucky packed the Tim Lee Carter building at the Richard Nixon Center in Hyden, KY. They came to honor Miss Kate Ireland for her years of dedicated service to the Frontier Nursing Service.

The building had been decorated beautifully by Keepsake Corner Gifts, a local craft shop at Stinnett, KY. We had a tape of Kate's favorite music playing as the guests arrived, someone else was video taping and the local newspaper reporters were there. The food was prepared by Mr. Lynn Peavley, Dietary Supervisor at the Mary Breckinridge Hospital.

We chose speakers who were close friends of Kate's or people who had worked closely with her in years gone by. They were: Mr. R.B Campbell, Chairman of the Hyden Citizens Bank Board; Mr. George Wooton, former Judge of Leslie County; Dr. Ed Hughes, President of the Hazard Community College, a member of the FNS Board of Governors and the chairman of the Frontier School of Midwifery and Family Nursing; Mr. C. Allen Muncy, Leslie County Judge Executive; Mr. Vernon Cooper, member of the Board of Directors of Peoples Bank in Hazard, KY, a member of the FNS Board of Governors and a member of the Mary Breckinridge Healthcare Board of Directors; Miss Jane Leigh Powell, current Chairman of the FNS Board of Governors; Mrs. Virginia Buckner, member and correspondence secretary for the Daughters of Colonial wars; Mrs. Roberta Watts, member of the Daughters of Colonial

Wars and the Vice-President for the Kentucky Society; Mrs. Deanna Severance, CEO and Director of the Frontier Nursing Service.

Kate was awarded with personal gifts, gifts to the Frontier Nursing Service in her honor and several resolutions. She finished up the ceremonies by giving a "thank you" speech to her many friends in Leslie County and other places for their support to her and the FNS for many years. This was indeed a "joyous" night for Miss Kate Ireland.

-Barb Gibson



Kate Ireland



Kate and Dr. Ed Hughes



Kate and Mr. Vernon Cooper, Jr.

This special Commendation was presented to Kate by the FNS Board of Governors.

FRONTIER NURSING SERVICE
Wendover, Kentucky
SPECIAL COMMENDATION
September 1992

Miss Kate Ireland first began her association with the Frontier Nursing Service in 1951 as a courier during the directorship of Mrs. Mary Breckinridge. In 1961 she became the courier supervisor. In 1963 she was elected to the Frontier Nursing Service Board of Governors and was elected as Vice Chairman of the Board in 1968. Miss Ireland has served as National Chairman of the FNS Board of Governors since 1975.

Miss Ireland has dedicated much of her life to the task of ensuring that the citizens of Leslie County have access to health care. Through her tireless fund-raising efforts, the Frontier Nursing Service has been able to continuously provide primary health care.

Not only has Miss Ireland been dedicated to helping the Frontier Nursing Service provide health care to the people of eastern Kentucky, she has also been dedicated to the ongoing education of nurse-midwives. Together with Mrs. Jefferson Patterson, she endowed the Mary Breckinridge Chair at the Frontier School of Midwifery and Family Nursing. Miss Ireland spearheaded the Nursing Education Enrichment Drive which established the nursing education endowment of the Frontier Nursing Service.

Miss Ireland's philanthropy extends to all areas of life -- health care, the environment, education, arts and culture. Countless people -- both children and adults in Leslie County and beyond the mountains -- have had their lives enriched and touched through Miss Ireland's tireless efforts.

Miss Ireland has faithfully served the Frontier Nursing Service for forty-one years, including seventeen years as National Chairman of the Board of Governors. The Frontier Nursing Service honors and salutes Miss Ireland for her distinctive accomplishments in the fields of health and education, and also for her leadership, her generosity, and her positive impact on the lives of others.

Thank You, Kate: Well Done!

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Elizabeth Campbell Gawthrop, 74, was a trustee, FNS Philadelphia Committee member and supporter of the Frontier Nursing Service. She was very active in church and civic affairs in her home town of West Chester, PA. She was also the director and president of the Visiting Nurse Association in West Chester. She was a member of the Philadelphia chapter of the Colonial Dames. She was born in Louisville, Kentucky and her maternal great-grandfather founded the Louisville Courier Journal newspaper in the 1800's.

Florence Joyes Booth Wigglesworth Hollister, 89, was a long time supporter of the FNS. She was active in charitable and historic-preservation societies in Washington and Massachusetts, a member of the board of directors of National Trust for Historical Preservation and a member of the Colonial Dames of America.

Memorial Gifts

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service.

Elizabeth C. Gawthrop
Mary M. Hill
Mrs. E. Newbold Cooper
Nannie Hilliard Greene
Anne M. Wetherill
Cornelia A. Serpell
Mr. and Mrs. Thor Brehmer
Mr. and Mrs. Andrew B. Young
Gawthrop, Greenwood & Halsted

Mrs. Lawrence E. Wood
Jill L. Shank
Mrs. James Evans Riely
Ann P. Darlington
Carolyn Huyett
Margaret F. Clark
Mr. and Mrs. Kenneth W. Moore
Dr. and Mrs. William Plummer, III
Endsley P. Fairman

Alberta W. Allen
 Florence B. Rawleigh
 Mrs. J. Lanier Jordan
 Miss Caroline F. Harvey
 Barret Strater Hill
 Harriett D. Blue
 Robert M. Yahres
 Charles C. Eeles
 Mr. and Mrs. W. Roscoe Willett, Jr.
 Mrs. William M. Reid, Jr.
 Mr. and Mrs. Marion S. Webb
 Jane H. Hope
 Bunch and Gus Griffin
 Ann E. Whitcraft
 Mr. and Mrs. John B. Cording, Jr.
 Warren F. Beasley
 Elizabeth Moore
 Watson B. Dabney
 Campbell Tobacco Company
 Julia deVeaux Oat
 Mr. and Mrs. Barbara Hirschman
Imogene Thompson
 Mrs. Dorothy T. Breckinridge
 James T. Breckinridge
 Faye and Henry Davenport
 Mrs. Barclay K. Read
 Mr. and Mrs. George M. Williams
 Eleanora M. Worth
June Lewis Cahoon
 Gladys D. Bowles
 Ruth D. Watson

Joseph Coleman Carter, III
 Brooke Alexander
 Argonne National Laboratory
 Roberts, Pitman & Addington, PSC
 Robert and Lucy Rodes
 Dorothy and John Sutterfield
Florence W. B. Hollister
 Anne H. T. Moore
 Margaret Studier
 Mr. George P. Sturgis
 Harriet S. Walker
Mrs. Evan Randolph
 Mrs. William P. Hacker
Dr. Gertrude Isaacs
 Ruth Blevins
 Mrs. Jefferson Patterson
 Dr. Anne Wasson
Henry Heyburn
 Mrs. Georgia M. Rodes
Mitchell R. Guthrie
 Kathryn W. Guthrie
John A. Ballard
 Mr. and Mrs. William L. Helm, Jr.
Mrs. Redington Fiske
 Janet Murray Fiske
Florence Belden Sibley
 Ralph Sibley
Bernard Golbus
 Dortohty H. Irvine

IN HONOR OF

From time to time, we receive donations "In Honor Of" individuals who have made an impact on the lives of others. We wish to express our appreciation to them.

Kate Ireland
 Richard T. and Martha B. Baker Fdn.
 C. V. Cooper, Jr.
 Mrs. John E. Dawson
 Mr. & Mrs. Cornelius Morgan
Holly Cheever
 Nancy Adams Drye

Mrs. J. C. Breckinridge
 Eleanora M. Worth
Barbara Post
 Mary P. Chatfield
Miss Jane Leigh Powell
 Mr. & Mrs. Cornelius Morgan

FNS, INC.

Director/Chief Executive Officer: Deanna Severance, BSN, MS

FNS, INC. (the parent)

Chief Operating Officer:

David Southern, BS, MBA

Administrative Assistant: Virginia Roberts

Risk Management: Connie Napier

Community Relations Specialist and Editor of

Quarterly Bulletin: Barb Gibson

Accounting/Fiscal Services:

Chief Financial Officer: R. Clark Myers, BS, MBA

Purchasing: Nannie Hornsby

Wendover, Courier and Volunteer Program:

Susie Hudgins, Manager

Development Office: Mac Irvin, Secretary

Human Resources: Eva Morgan, Manager

FRONTIER NURSING SERVICE, INC.

(the foundation)

President: Deanna Severance, BSN, MS

FNS REAL ESTATE, INC.

President: Deanna Severance, BSN, MS

FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING

Judith Treistman, PHD, CNM

Debra Browning, RN, MSN, CFNP

Family Nurse Instructor

MARY BRECKINRIDGE HEALTHCARE, INC.

Interim Administrator: Robert Luse, BS, MS

Assistant Administrator: A. Ray Branaman

Coordinators and Department Heads:

Business Office: Pam Shepherd, Supervisor

Dietician: Linda Campbell, RD

Emergency Services: Linda Craft, RN

Food Service/Housekeeping: William L. Peavley

Laboratory: Tammy Collett, MLT/ASCP-HEW

Maintenance: Juanetta Morgan, Supervisor

Medical Records: Mallie Noble, ART, Supervisor

Operating Room: Lena Bishop, RN

Plant Operations: R. C. Osborne, Supervisor

Quality Assurance: Betty H. Couch, ART

Radiology: Glen Hammons, RT

Respiratory Therapy: Peggy Lewis

Social Work: Ruth Ann Dome, BSW

Nursing Staff:

Glenna Combs, RN, Director of Nursing

Med/Surg: Ricky Messer, RN, Head Nurse

OB: Sabrina Lewis, RN, Head Nurse

Medical Staff:

Salim Bakali, Internal Medicine

Karen Baucom, Board Certified OB/GYN

James Chaney, General Practice

Marek Kacki, Nephrologist

Albino Nunez, Emergency Medicine

Hector Ortiz, Pediatrician

Roy Varghese, Internal Medicine

Hyden Clinic: Delight Erickson, FNP

Kate Ireland Women's HealthCare Center:

Kathleen Isaac, RN, AD, CFNM

Elizabeth A. MacMillan, RN, AA, CFNM

Home Health Agency:

Margaret Jones, RN, Supervisor

Sonya Burkhart, RN

Carolyn Myers, RN

Stephenie Webb, RN

Clara Jefferis, RN, BSN, CFNP

Beechfork Clinic:

Sr. Sonia Miley, FNP

Pine Mountain Clinic:

Gertrude Morgan, FNP

Wooton Clinic:

Judy Daniels, FNP

Community Health Center:

Linda Stephens, FNP

District Clinic Manager:

Sharon Koser, FNP

Frontier Nursing Service, Wendover, Kentucky 41775, 606-672-2317

Mary Breckinridge Healthcare, Hyden, Kentucky 41749, 606-672-2901

Frontier School of Midwifery and Family Nursing, Hyden, Kentucky 41749, 606-672-2312

FNS, INC
(the parent)
BOARD OF GOVERNORS
National Chairman

Miss Jane Leigh Powell, Glen Cove, NY

Vice-Chairmen

William W. Hall, Jr., Lexington, KY
Dr. Patience H. White, Bethesda, MD

Treasurer

Mr. John E. Foley, Lexington, KY

Assistant Treasurer

Mrs. Nancy Hines, Jackson, KY

Secretary

Mrs. Kate Sedgwick, Washington, DC

Mr. R.B. Campbell, Jr., Lexington, KY
Mr. C.V. Cooper, Jr., Hazard, KY
Dr. Joyce Fitzpatrick, Cleveland, OH
Miss Kate Ireland, Tallahassee, FL

Mr. James C. Klotter, Lexington, KY
Mr. Kenneth J. Tuggle, Louisville, KY
Dr. Anne Wasson, Warner, NH

Honorary Chairman

Mrs. Jefferson Patterson, Washington, DC

Honorary Members

Mrs. John Harris Clay, Louisville, KY
Mr. Homer L. Drew, Lexington, KY
Dr. Willis D. Weatherford, Black Mountain, NC

AUDITORS

Ernst & Young, Lexington, KY

TRUSTEES

Mrs. Steven L. Beshear, Lexington, KY
Edward T. Breathitt, Washington, DC
Ms. Linda Breathitt, Washington, DC
Dr. John C. Breckinridge, Golden, CO
Ms. Ina H. Brown, Goshen, KY
Mrs. Juan Cameron, Washington, DC
Dr. Wallace Campbell, Pippa Passes, KY
Ms. Carlyle Carter, Neenham, MA
Mrs. Charles M. Chapin, III, Oldwick, NJ
Dr. Holly Cheever, Voorheesville, NY
Mrs. Charles S. Cheston, Jr., Topsfield, MA
Mrs. James T. Christie, Louisville, KY
Mrs. G. Norton Clay, Paris, KY
Mrs. Thomas McCormick Davis, Washington, DC
Mrs. John E. Dawson, Dover, MA
Mrs. John J. Dete, West Liberty, OH
Mr. Joseph C. Donnelly, Jr., Medfield, MA
Mrs. Edward R. Dumesnil, Jr., Louisville, KY
Mrs. Peter R. Ehrlich, Bedford, NY
Mrs. David K. Ford, Pepper Pike, OH
Mrs. Preston Fortney, Jr., Covington, KY
Mrs. Robert S. Gawthrop, Jr., West Chester, PA
Mrs. Jerome R. Gratry, Cleveland, OH
Mrs. Laman Gray, Jr., Louisville, KY
Dr. John W. Greene, Jr., Lexington, KY
Mrs. Beth Hadley, Chevy Chase, MD

Mr. Dwight Hendrix, Hyden, KY
Dr. Horace F. Henriques, III, Hanover, NH
Mrs. John H. Hodge, Devon, PA
Miss Caroline F. Holdship, Sewickley, PA
Mr. Frank B. Hower, Jr., Louisville, KY
Mrs. William L. Hudgins, Hampton, VA, President,
National Society of DCW's
Mrs. Sarah Hughes, Hazard, KY
Mrs. Kenneth C. A. Isaacs, Walpole, MA
Mrs. Brereton C. Jones, Midway, KY
Governor Brereton C. Jones, Midway, KY
Mrs. E. Donald Jones, Bellefontaine, OH
Mr. Clinton W. Kelly, III, Bethesda, MD
Mrs. Clinton W. Kelly, III, Bethesda, MD
Mr. James C. Kenan, III, Lexington, KY
Mr. John H. Kerr, Jr., Lexington, KY
Mrs. Robert A. Lawrence, Westwood, MA
Mrs. Henry Ledford, Big Creek, KY
Ms. Marion Barrett Leibold, Cincinnati, OH
Mrs. Theodore R. P. Martin, St. Louis, MO
Mr. Robert T. Mayes, Lexington, KY
Mrs. John O. McKinstry, III, Lexington, KY
Mrs. Joan Lambert McPhee, Potomac, MD
Mrs. Tia D. Moir, Wellesley, MA
Mrs. Eddie J. Moore, Hyden, KY
Mr. E. Townsend Moore, Darling, PA

Trustees (Continued)

Mr. Wade Mountz, Louisville, KY
 Dr. Wayne Myers, Hazard, KY
 Mr. Spencer Noe, Lexington, KY
 Mrs. Frank O'Brien, Jr., Boston, Ma
 Ms. Carrie Morgan Parker, Great Falls, VA
 Mrs. Arthur Perry, Jr., Concord, MA
 Mrs. Charles S. Potter, Chicago, IL
 Mrs. John Richardson, Washington, DC
 Mrs. George L. Robb, Westwood, MA
 Mrs. Georgia Hart Rodes, Lexington, KY
 Mrs. James Rose, Lexington, KY
 Mr. W. L. Rouse, Jr., Lexington, KY
 Mrs. William M. Schreiber, Louisville, KY
 Mrs. Alfred R. Shands, III, Louisville, KY
 Mrs. Molly B. Sizemore, Hyden, KY
 Mr. Albert P. Smith, Jr., Lexington, KY

Mrs. Joseph M. Smith, Dedham, MA
 Mrs. Austin L. Smithers, Greenwich, CT
 Mrs. Marjorie Stagg, Lexington, KY
 Mrs. Burgess P. Standley, Medfield, MA
 Mrs. Robert N. Steck, Washington, DC
 Dr. John B. Stephenson, Berea, KY
 Mrs. James W. Stites, Jr., Glenview, KY
 Dr. W. Grady Stumbo, Hindman, KY
 Mrs. Mary H. D. Swift, Washington, DC
 Mrs. Paul J. Vignos, Jr., Chargrin Falls, OH
 Mr. Elmer Whitaker, Lexington, KY
 Mr. Galen J. White, Jr., Louisville, KY
 Mrs. Pendleton P. White, Dover, MA
 Mrs. Dudley H. Willis, Sherborn, MA
 Dr. Emery Wilson, Lexington, KY
 Mr. George Wooton, Hyden, KY

Honoray Trustees

Mr. Brooke Alexander, New York, NY
 Mrs. Charles W. Allen, Jr., Glenview, KY
 Mr. Richard T. Baker, Gulfstream, FL
 Mrs. Richard M. Bean, Lexington, KY
 Mrs. Ralph E. Becker, Washington, DC
 Mrs. Homer A. Biggerstaff, Berea, KY
 Dr. Peter P. Bosomworth, Lexington, KY
 Mr. R. B. Campbell, Hyden, KY
 Mrs. R. B. Campbell, Hyden, KY
 Mrs. Robert W. Estill, Raleigh, NC
 Mrs. George E. Evans, Jr., Lexington, KY
 Mrs. Edward N. Farmer, Hyden, KY
 Mrs. Rex Farmer, Corbin, KY
 Mrs. John L. Grandin, Jr., Chestnut Hill, MA
 Dr. Charles E. Hagyard, Lexington, KY
 Mrs. Paul Church Harper, Lake Bluff, IL
 Mrs. Richard Higgins, Dedham, MA
 Mrs. Charles H. Hodges, Jr., Birmingham, MI
 Dr. James B. Holloway, Jr., Lexington, KY
 Mrs. James B. Holloway, Jr., Lexington, KY
 Mrs. Gilbert W. Humphrey, Miccosukee, FL

Mr. R. W. P. Johnston, Lexington, KY
 Mrs. E. Felix Kloman, Washington, DC
 Miss Agnes Lewis, Maryville, TN
 Mrs. Marion E. S. Lewis, Matamoras, PA
 Mrs. R. McAllister Lloyd, Gwynedd, PA
 Mrs. Robert F. Muhlhauser, Glendale, OH
 Mrs. Samuel E. Neel, McLean, VA
 Mrs. Hal H. Newell, Potomac, MD
 Mrs. Lawrence B. Olds, Washington, DC
 Mrs. Samuel H. Ordway, Jr., New York, NY
 Mr. Ralph Peters, London, KY
 Mrs. James N. Rawleigh, Jr., Prospect, KY
 Mrs. E. H. Scott Rumley, Birmingham, MI
 Mrs. John Sherwin Willoughby, OH
 Mrs. Ernest R. von Starck, Haverford, PA
 Miss Margaret Watkins, Gross Pointe, MI
 Mrs. Erskine P. Wilder, Barrington, IL
 Mrs. Ralph B. Williams, Chestnut Hill, MA
 Miss Barbara Wriston, New York, NY
 Mr. William T. Young, Lexington, KY

National Nursing Council

Ms. Mary Ellen Amato, Lexington, KY
 Dr. Frances C. Dalme, Little, AR
 Ms. Muriel Dayhoff, Columbia, MO
 Mrs. Albert T. Ernst, Perkiomenville, PA
 Dr. Joyce Fitzpatrick, Cleveland, OH
 Dr. Loretta C. Ford, Rochester, NY
 Miss E. Jane Furnas, Phoenix, AZ
 Miss Louise Griggs, Lexington, KY
 Mrs. Elinor Hammond, Louisville, KY
 Mrs. E. L. Hebbeler, Lexington, KY
 Dr. O. Marie Henry, Rockville, MD
 Mrs. Betty Huff, Hyden, KY
 Miss Phylliss J. Long, W. Lebanon, NH
 Dr. Marion E. McKenna, Niceville, FL
 Dr. Beulah E. Miller, Lakewood, NJ

Miss Mary Lee Mills, Watha, NC
 Ms. Barbara Nichols, Madison, WI
 Miss Evelyn M. Peck, Columbia, MO
 Mrs. Elaine Pendleton, Falls, PA
 Dr. Marjorie Ramphal, W. Nyack, NY
 Miss Christine Schenk, Cleveland, OH
 Dr. Elizabeth Sharpe, Atlanta, GA
 Dr. Lillie M. Shortridge, Pleasantville, NY
 Miss Marion Strachan, Bloomfield, CT
 Dr. Helen Tirpak, New York, NY
 Miss Elsie M. Warner, Philadelphia, PA
 Ms. Joyce Wiechmann, Sylacaug, AL
 Dr. Carolyn A. Williams, Lexington, KY
 Mrs. Elsie Maier Wilson, Gainesville, FL
 Ms. Cora Newell-Winthrow, Lexington, KY

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:
FRONTIER NURSING SERVICE
Mr. William Hall, Assistant Treasurer
First Security National Bank & Trust Co.
One First Security Plaza
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff Opportunities:

Current Opportunities include: certified nurse-midwives, family nurse practitioners, registered nurses, x-ray technicians, physicians, and laboratory technicians. For current information or to apply for a position, contact Eva Morgan, Human Resources Manager, Wendover, KY 41775 (phone 606-672-2317)

Couriers and Volunteers: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Susie Hudgins, Coordinator of Wendover and the Courier / Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

	Estimated Cost
Medical Surgical:	
Mattresses	4,000
New Patient Call System	16,000
Bed Scale	4,000
Emergency Room:	
Patient Stretcher with Radiology Capacity	4,300
1 Propac Cardiac Monitor	4,500
4 Chairs	720
Maternity:	
Electronic Fetal Monitor	12,000
Automatic Infant Scale	2,200
Operating Room:	
Button Electrode	99
Biopsy Forcep	581
Panavein Telescope	2,498
Laboratory:	
Microscope	1,800
Computer	1,800
Hyden Clinic:	
Paint and Curtains	1,000
2 Chairs	360
Home Health Agency:	
4 Oscopes	800
7 Hairdryers	140
7 Electric Razors	140
Community Health Clinic:	
EKG Machine	2,000
Vacuum Cleaner	250
Ear Thermometer	600
Refrigerator	300
Wooton Clinic:	
EKG Machine	2,000
Beech Fork Clinic:	
EKG Machine	2,000
VCR for Patient Health Education	250
Pine Mountain Clinic:	
EKG Machine	2,000
Kate Ireland Women's Clinic:	
Wheelchair	400
Wendover-Big House:	
Treated Lumber For Fire Escape	300
Wendover Promotion and Development Office:	
1 Feed-Track Macintosh Printer	400
Wendover-Human Resources:	
TV/VCR Combination for In-Service	400
Frontier School of Midwifery and Family Nursing:	
Lighting Units	765
Shelving	300
Carpeting	718
Furnishings for Mardi Cottage	5,000

WE THANK YOU
FOR YOUR PARTICIPATION



The Frontier Nursing Service
Wendover, Kentucky 41775

Loose Item

Please send me more information about:

- The FNS Courier and Volunteer programs.
- Estate Planning.
- Life Income Gift Opportunities.
- Visiting and Touring the FNS.
- Books and other literature concerning FNS.

As an interested friend, my subscription of \$5.00 a year is enclosed.

- New
- Renewal

As a supporter, you will receive the *Frontier Nursing Service Quarterly Bulletin* unless you request otherwise.

Enclosed is my gift of \$ _____



Mary Breckinridge's home at Wendover.
Historic Landmark — Restored in 1981.

Name

Address

City

State

Zip

Your Gift is
Tax Deductible

Loose Item

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984