

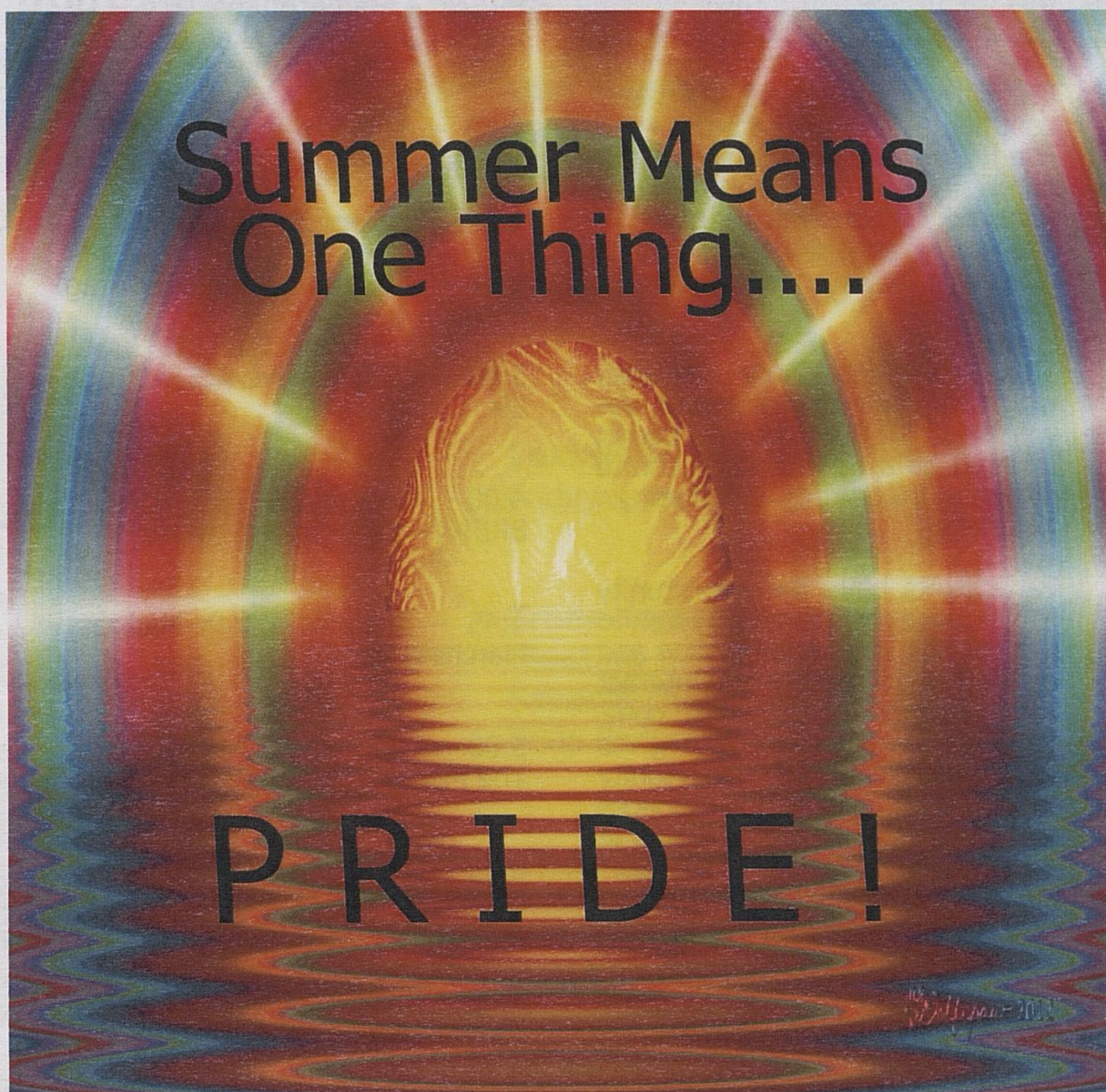
# GLSO

GAY AND LESBIAN SERVICES ORGANIZATION

# NEWSLETTER

A Publication of the Lexington Gay and Lesbian Services Organization

June 2013 Vol 35 No. 6



Sponsored by  
Lexington Pride Festival



## 6th Pride Festival Coming Soon

Plans for the 6th Annual Lexington Pride Festival are nearing completion.

The event which draws people from all over Kentucky as well as surrounding cities and states, expects the largest crowd in its history to fill the Downtown Courthouse Plaza on Saturday, June 29.

Festivities begin at 11 a.m. and continue all day until 9 p.m. Food, vendors, activities, and entertainment of all sorts will be featured. There will be more of everything and all of it will take place in a family oriented environment.

The Lexington Pride Festival, which regularly draws crowds upwards of 10,000 people, began in 2008 as a means to celebrate diversity in Central and Eastern Kentucky.

Participants have the opportunity to purchase merchandise, listen to singers and songwriters, view and read art and literature and interact with members of the LGBT community. The festival also gives local businesses the opportunity to sell their goods and services by manning booths, advertising in promotional materials or sponsoring the festival itself. Over the five year history, more than 150 local businesses have participated.

The Lexington Pride Festival will take place, rain or shine, this June 29, 2013, beginning at 11 a.m. in downtown Lexington at the Courthouse Square.

The festival's message of valuing diversity among people will be on display everywhere.

## Schedule of Entertainment

11:00 – 11:30am: Welcome/Proclamation from Mayor Jim Gray/Presentation and Performance by Miss/Mr. LexPride

11:30am – 12:00pm: Company Q

12:00 – 1:00pm: DJ SET – DANCE BREAK – Battle of the DJ's – DJ Brady (Crossings)/DJ ea (pulse)

1:00 – 1:30pm: Lexington Children's Theatre – Starlight Singers

1:30 – 2:00pm: SisterSound

2:00 – 3:00pm: Community drag show

3:00 – 4:00pm: Live Act – Bridge 19

4:00 – 4:45pm: DJ SET – DANCE BREAK – DJ E-Square (pulse)

4:45 – 5:00pm: March Madness Marching Band

5:00 – 6:00pm: Live Act – SylVic & The Mockingbirds

6:00 – 7:00pm: Live Act – DOMINO

7:00 – 8:00pm: Community drag show

8:00 – 9:00pm: HEADLINER: Poppy Champlin

This entertainment schedule is subject to change.



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Summer Means Pride!  
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#### **GSA Meeting**

Every Tuesday, 7 p.m.  
Pride Center

#### **GLSO Board Meeting**

Thursday, June 6, 6:30 p.m.  
Pride Center

#### **Lexington Gay Geeks Sci Fi Club**

Friday, June 14 & 28, 6:30 p.m.

#### **Trans Kentucky Meeting**

Saturday, June 1, 6:30 p.m.  
Pride Center

#### **KY Bourbon Bears Meeting**

Saturday, June 8, 9 p.m.  
Pride Center

#### **Imperial Court of Kentucky Meeting**

Sunday, June 9 & 23, 6 p.m.  
Pride Center

#### **Pride Festival Planning Meeting**

Thursday, June 13, 20, & 27, 7 p.m.



## **KY Bourbon Bears Events**

The Kentucky Bourbon Bears, Inc. is a civic organization whose purpose is to provide charitable support to LGBT service groups and to further awareness of the positive contributions that our group can make to the LGBT community and to our larger communities/cities.

To this end, The Kentucky Bourbon Bears, Inc. has recently donated \$1100.00 to Moveable Feast and \$200.00 to No Hate from our February 2013 event North American Bear Weekend. Our most recent fundraiser, The Big Baskets of the Bluegrass, raised \$4800 which will be donated to Lexington Fairness. The Kentucky Bourbon Bears also participated in the AVOL 2013 Lexington AIDS Walk and we were the top fundraising group with \$470.00.

In addition to fundraising, we are organizing different, fun activities such as an evening outing to the Mad Potter, movie nights, a picnic and a group outing to Louisville Pride followed by an outreach effort at both Big Bar and Tryangles that evening.

Our organization has sixty five members and continues to grow, we welcome new

members who are "gay or bisexual and hirsute, admire men of hirsute nature or enjoy the company of hirsute men".

Our next big event will be the Mr. Bourbon Bear and Cub contest that we will hold in September.

Last year's winners went on to participate in the North American Bear Weekend where both Curtis Bass (current 2013 North American Bear) and Jack Lundy (current 2013 North American Bear Hunter) won additional titles.

We will have an informational booth at Lexington Pride Festival June 29th for anyone seeking information or who may want to join us.

You can get more information, see pictures from past events, or join our group by going to [www.kentuckybourbonbears.com](http://www.kentuckybourbonbears.com).

### **Interested in Bible Study?**

I am thinking about starting a Bible Study and I am looking for people that would like to come.

Have not set a time or place yet so if you are interested in coming please either call, text, or e-mail me at [iggiiky@gmail.com](mailto:iggiiky@gmail.com) or (681)-205-6071

Thanks and God Bless Iggie




The Health Equity Network  
& the Lexington-Fayette County Health Department invite you to

**11 A.M.-3 P.M.**

**JUNE 22, 2013**

William Wells Brown Community Center

548 E. Sixth St.



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family  
wellness  
expo**

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DENTAL CHECKS & AN "ASK A DOC" INFORMATION TABLE)

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[www.lexingtonhealthdepartment.org](http://www.lexingtonhealthdepartment.org)

**PARKS  
& RECREATION  
LEXINGTON, KY**

HEALTH EQUITY NETWORK





## **Are you part of the gay and the gray? June Meeting Set**

GLSO is bringing LGBT seniors together to talk about quality of life in Lexington for our silver treasures!

You are invited to be part of this important conversation on Thursday, June 20, 2013 at 7:00pm at the Pride Center on 389 Waller Avenue, Suite 100, Lexington, KY 40504.

This is nothing fancy or formal. As a matter of fact, we invite you to bring a covered dish to share with the group, put your feet up, and simply tell your story.

"We know there are many LGBT older adults living in Lexington; we just don't know who they are. It is easy for them to be over looked by aging services, because many still assume that people over a certain age are all straight. It will be very important to hear from our LGBT elders about what is good in their lives, and what they might have a need for. We should never assume we know what is best for someone else; we should listen to what they tell us." Troy Johnson, MSW, Director of Programs and Services for the Nursing Home Ombudsman Agency and Chair of the Bluegrass Elder Abuse Prevention Council

If you are over 55, gay, lesbian, bi, or trans, we want to hear from you! We want to know how you are doing, and what concerns you might have about

life as a senior in Lexington. Finally! Professionals in aging services are beginning to take an interest in the concerns of Lexington's LGBT seniors! We hope to learn from each other and teach them how to better address our needs and concerns.

We hope to see you soon.

Ginger Moore-Minder  
859-253-0061

## **Greetings Balagulagans!**

### **TWO PRODUCTIONS TO COME... TRIAL OF GOD & TOPDOG/UNDERDOG**

Spring is here! The seasons are changing and so is Balagula's season with some exciting additions!

For those of you who are keeping a close eye on our production of "The Trial of God" by Elie Wiesel (Directed by Natasha Williams) our dates are production dates have moved.

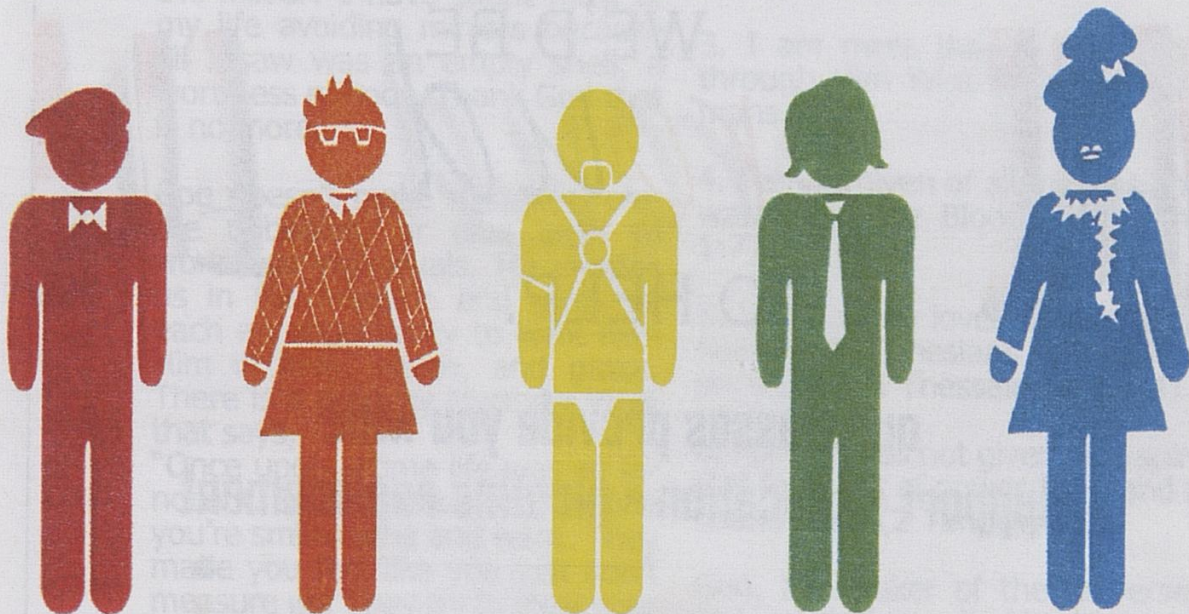
The NEW dates for TRIAL OF GOD are... JUNE 9-12, 16-19. Please be sure to make your reservations at [www.balagula.com](http://www.balagula.com) for this epic and beloved conclusion to our Season.

### **THAT'S NOT ALL!**

While we wait for Trial of God, we have included an EXTRA production of the Actor's Choice (Louisville) of "Topdog/Underdog" by Susan-Lori Parks (Directed by Kathi E.B. Ellis - Balagula's Steady Rain).



# LEXINGTON



P R I D E

• 2 0 1 3 •

Saturday, June 29,  
11 a.m. to 9 p.m.

Downtown Lexington

Come join the fun!



# READY TO QUIT SMOKING?



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for first  
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[www.lexingtonhealthdepartment.org](http://www.lexingtonhealthdepartment.org)





## What Do You See?

By Karen Taylor  
Contributor

What do you see when you look in the mirror? I have spent most of my life avoiding mirrors because all I saw was an empty shell, a worthless nobody. Thank God that is no more.

God doesn't make mistakes, create nobodies, or give birth to worthless individuals. He creates us in His image and gives us each an opportunity to walk with Him in love, peace, and grace. There is a song by Matthew West that says,

"Once upon a time life was so innocent. Somewhere along the line your smile came and went. They made you feel like you just don't measure up. They try to steal your light, but you are a treasure of the maker of the stars. You are wonderfully made perfectly beautiful in every way."

After much counseling and spiritual growth I can now look back into my past experiences and see how God values me and has always had plans for me. Psalms 139: 13-16 "For it was You who created my inward parts; You knit me together in my mother's womb. I will praise You because I have been remarkable and wonderfully made. Your works are wonderful, and I know this very well. My bones were not hidden from You when I was made in secret, when I was formed in the depths of the earth. Your eyes saw me when I was formless; all my days were written in Your book and planned before a single one of them began."

The Bible has much to say about who we are in Him. Some of those verses have helped me along my journey of self-acceptance. Allow me to share a few of them.

1. I am God's workmanship, created in Christ unto good works (Ephesians 2:10).

2. I am a new creature in Christ (2 Corinthians 5:17).

3. I am more than a conqueror through Him Who loves me (Romans 8:37).

4. I am forgiven of all my sins and washed in the Blood (Ephesians 1:7).

5. I am greatly loved by God (Romans 1:7; Ephesians 2:4; Colossians 3:12; 1 Thessalonians 1:4).

6. For God has not given us a spirit of fear; but of power, love, and a sound mind (2 Timothy 1:7).

God, the maker of the universe, has created me in His likeness, created in Christ for good works. He has made me a new creature in Christ and I am greatly loved. John 3:16 tells me that God loves me so much He was willing to send His one and only son to suffer and die for me. That kind of love is incomprehensible.

If you were brought up in surroundings that did not incorporate these truths into your life let me assure you that you are a person of worth. God loves you just where you are. The beautiful thing is He loves us no matter what we have done.

If you are feeling lost and lonely, please take a few minutes to reread and meditate over the verses I've given you. Ask God to show you how He sees you. Once we get even a glimpse of this it changes our life forever.

If you would like to know more about this Christ, or how you can find peace of heart and mind, contact me at [Karen@glso.org](mailto:Karen@glso.org)



## 7th Pride Prom A Sweet Success

By Mary Crone,  
Contributor

Our GSA seventh Pride Prom, Candy Land Apocalypse, was held on May 10, at the Children's Theater, in downtown Lexington. High school teens from all the local public schools and from surrounding communities attended this event. The GSA youth who are members of our GSA planned the dance, made and decorated the theater with lollipops, dice, and undead gingerbread figures. They also made undead gingerbread cookies.

Several young people told us that the dance was more fun than their school prom and one young woman said she "danced like no one was watching for the first time."

We want to thank all the adults that helped us make this evening a success. Anne Meacham and Ann Malcolm helped us rent the Lexington Children's Theatre and attended the prom, Jonathon Barker, who is known to the high school crowd as the fabulous DJ) and Andrew Tan, Abi Grise and Davina Warner, photographers, Marc Blevins, Jane Minder and Ginger Moore-Minder, Paul Brown, Amy Retucci, Pat Ritz and Joan Wyzenbeck, Alex Meadows and her friend CJ.

We had several parents including Amy Inman Johnson and Catherine Brereton. GSA advisers Mead Overbeck, Mary Crone, Samara Baker, and Trilby Trent with partner Stephanie Moore were there and enjoyed watching our queerlings have a great time. I think that averages out to one adult for every 4 youth. Sorry to anyone I have forgotten, we very much appreciated your support.

## PFLAG Sponsors Faith Discussions

PFLAG Lexington invites you to join us Tuesday, June 11, 6:30 to 8:30 for discussion by an interfaith panel of clergy and scholars.

Our meetings are held at The Episcopal Church of St. Michael the Archangel, 2025 Bellefonte Drive

Tuesday, June 11  
Faith and Sexual Orientation,  
Part 1

Scott Rollins, Senior Minister,  
Highland Christian Church,  
Frankfort

Moshe Smolkin, Rabbi, Oha-  
vay Zion Synagogue, Lexing-  
ton

Rachel Small Stokes, Asso-  
ciate Pastor, Union Church,  
Berea

Margaret Nutting Ralph, Fac-  
ulty, Lexington Theological  
Seminary

How do we reconcile religious  
beliefs and teachings, Scrip-  
ture, God, and homosexuality?

How have faith communities  
changed in their attitudes?

Faith and Sexual Orienta-  
tion, Part 2 will follow in fall  
of 2013. That discussion will  
focus on current issues such  
as ordination of gays, policies  
and rituals regarding commit-  
ment or marriage ceremonies  
for same-sex couples.



## June 2013 Classifieds

### Looking for a Dresser

I am looking for a chest-of-drawers and/or dresser. If you have one please contact Mason Ewing at 859-382-2010.

### Volunteers Needed

Your GLSO Pride Center is continuing to add more services thus we are in need of volunteers. What's your area of interest? We need people to help sell advertising for the Newsletter; people to open the Pride Center and answer telephone and help keep the Center clean; technology assistance; and more.

If you can provide 1 hour a week or more please contact Karen Taylor at Karen@glso.org

Or come to one of our monthly volunteer meetings which will be the last Saturday of each

### Are you an LGBTQQI\* adult living in an Appalaohian county?

\*lesbian, gay, bisexual, transgender, queer, questioning, intersex



If so, your opinions about LGBT people and smoking are requested for an interview research study. Smokers and non-smokers are needed.

Please visit our website <http://lgbtappalachia.weba.com>  
or call 869-323-6917 for more information.

You will be compensated for your time.



month beginning at 12:00 at the Pride Center.

### Need Your Print Jobs Done?

The GLSO Pride Center is setting up a copy and print shop in the Center to complete all your printing needs. For more information contact Donovan at info@glso.org or the Pride Center at 859-253-3233.

### Writers Needed!

Do you like to write about current events going on locally or just write a little something for our expanding newsletter?

We need your help as we are expanding our newsletter and adding more content and exciting features. If you are interested in writing for the newsletter contact us at editor@glso.org and submit your articles to us there before the 15 of each month.





## Help for Depression in the LGBT Community

Some studies have placed depression second only to HIV as the biggest health concern in the LGBT community. Unique challenges like the loss of family support when coming out, encountering violence because of sexual identity, or keeping sexuality secret all add to pre-existing tendencies towards depression or other mental health problems that LGBT individuals face. Because some parts of Kentucky are so remote and isolated, loneliness and lack of community membership other than via internet can make depression worse for some people. This is certainly true in larger cities as well; people can be lonely regardless of where they live if they do not have meaningful social networks in place that provide support and nurturing.

There is a lack of LGBT-friendly mental health providers in some areas, and treatment can be almost impossible to find for people who do not have health insurance with mental health coverage. Even individuals who have adequate coverage commonly report negative experiences with mental health care providers, and understandably do not want to return even when they desperately need help. From a public health perspective, the LGBT community is a "vulnerable" population because members are less likely to have family support and adequate health care, but are more likely to face challenges like social stigma, rejection, and loneliness that make depression worse. This can be a disastrous combination for someone who has a history of depression, either in his/her family or personally. This may be why the dangers of depression are especially sobering for LGBT youth. Numbers vary slightly, but generally show that LGBT teens are around 3X more likely to attempt suicide than heterosexual teens of the same age.

Individuals who suffer from depression are more likely to abuse substances like alcohol, drugs, and tobacco in an attempt to cope with their illness. Substance abuse in itself is another health crisis commonly identi-

fied from within the LGBT community, and makes depression worse long term. If left untreated, depression can be very dangerous. Treatment can be a frustrating, time-consuming, expensive process. Accepting and living openly with one's sexual identity have been found to improve depression for some LGBT individuals, but these steps can take years and tremendous courage, effort, and support that not everyone has. Medications may work for some individuals, but not for others. There is no single approach to depression treatment that is successful for everyone, but with time and effort, depression can be managed in many people. Keys are to find a mental health care provider who is sensitive to LGBT issues and individuals, and to seek out help as soon as possible. It is important for LGBT individuals who suffer from depression to be reminded by the LGBT community and all health care providers that they are not alone and that self-medicating with substances like alcohol, drugs, and tobacco will only make things worse.

As mentioned in last month's article, smoking rates in the LGBT community are higher than in the general population. There is likely a link between the community's higher rates of smoking and depression, although it is difficult to prove. Most smokers say they smoke to handle stress and it makes them feel better. Nicotine has been found to have a very, very slight anti-depressant effect as well, so smokers are likely self-medicating their own depression. The Lexington-Fayette County Health Department will be offering one of the first tobacco cessation programs in KY specifically for LGBT participants. Facilitators have extensive experience working with individuals who suffer from depression who also want to stop smoking. The class will be held in Lexington beginning in July 2013, final date and location to be announced soon. If you are interested in becoming tobacco free, or want information for a LGBT friend or family member who smokes, please call (859) 288-2457. The pilot project is being funded by the KY Office of Health Equity and the KY HIV/AIDS program, and will be provided without charge, and includes nicotine replacement products.



## The Final Twist...

By TriNity, Contributor

Well here it is, The Final Twist. It has been an amazing year, Daryl and I, along with the Royal Family, our Male and Female Lines of Decent, the Board of Directors and of course our charities: AVOL, Lexington Fairness, GLSO, Moveable Feast and JustFund KY would like to Thank You for another successful year of fundraising. We could not do what we do for our Community without your support. Throughout Reign 31 we continued with some of the traditions of the ICK like Mardi Gras Ball and Falsies, adding our own TWISTS to a few like MR/Miss Mary Christmas & Valentine, adding a few new TWISTS like the Emperor's Carwash and Trivia Night with the Emperor.

Here's a look at Reign 31 from beginning to end:

Jun-12 Jul-12 Aug-12  
Moveable Feast's Belmont BBQ Investitures 31 Emperor's Car Wash  
Crossing's Pride Show Idaho Coronation The Judy Show  
Lexington Fairness Awards Closet Ball 2012  
Domestic Violence Benefit  
Emperor's Trivia Night  
AVOL's 25th Anniversary Event

Sep-12 Oct-12 Nov-12  
Divas of Hazzard Toronto Coronation-Military Appreciation show  
Washington DC Coronation IDiva of Darkness 2012-13 Emperor's Turnabout  
American Cancer Society Benefit Just Fund's "8" Divas of a Decade  
Emperor's Trivia Night Rock the Vote ECU Forum "Growing up Gay in KY"  
Emperor's Birthday Party Santa's Kinky Toy Box  
Mr. Bluegrass Leather Emperor's Trivia Night  
MSU ALLYance Show Dining Out for Life 2012  
KFA Barely Gleegal  
Emperor's Trivia Night

Dec-12 Jan-13 Feb-13  
AVOL Kid's Christmas Show Inner Diva 2013 San Diego Coronation  
AVOL Kid's Shopping Night King of Drag 2013 Mr & Miss Gay Valentine  
GLSO- Very Fairy Christmas Show UK Eleganza Drag Show Single & Bitter

Mr & Miss Mary Christmas Emperor's Trivia Night Mardi Gras Ball  
Comedy Queens

Mar-13 Apr-13  
Lexington invasion of Old Street Saloon Night of a Thousand Gowns ICNY Coronation

May-13  
Hairball 2013 Emperor's Wheel of Drag Miss Derby Pride 2013-14  
Wag's and Drags Way out Wednesday JustFund Derby Eve Party  
Taboo! Empress' Fetish Night Cougars Unleashed Entertainers of the Year Finale  
St Patrick's Day Social UK OutSource Gayla Lexington Invades Shooters  
EKU Spring Drag Show Crossing's Leather/Bear Invasion ICK Emperor's Candidate Show  
Falsies 2013  
Studio 54 Show  
St Louis Coronation  
Washington DC Czar Ball  
1 Girl - 5 Queens  
Mr. North American Bear 2013

As you can see we had very, very full Calendar of Events. In addition to this list of events we also had numerous social get-togethers and a few Male/Female Line meetings. We hope you have enjoyed this TWISTED year as much as we did. I consider myself to be a very fortunate Empress. I have an incredibly dedicated Female line that has worked tirelessly throughout the last year. To all my TWISTED Girls, THANK YOU So much. I could not have gotten through this year without each of you by my side. I also could not have made it through this Reign without my Emperor Daryl "Big D" Lyons. I have said it numerous times this year, I can't imagine having taken this journey with anyone else. Thank You!!!! Daryl & I would like to wish the next Reign continued support and much success for the upcoming year. It is our hope you continue to support the ICK as you have done for the past 31 years as our Regent Empress 32 JD Vaughn steps into her 2nd reign. And we wish our Candidate for Emperor 32 Patrick Thompson luck during the election at Coronation 32, and if elected, equal support as well. "From the Heart, Through the Court, For the Community" In Service, Trinity Her Most Imperial Majesty Empress 31 The Twisted Empress.



# GLSO Phone Directory

A community resource page for gay and/or gay-friendly organizations across Kentucky.

## HIV/STD Testing, Services & Info.

AIDS Volunteers Inc (AVOL) 859.225.3000

Health Dept., Fayette 859.288.2437  
877.606.2437  
Health Dept., Jessamine 859.885.4149  
Health Dept., Woodford 859.873.4541  
HIV/AIDS Legal Project 502.584.1254  
Louisville Region 502.574.0161  
Moveable Feast 859.252.2867  
Northern Ky. Region 859.341.4264  
UK Adolescent Medicine 859.323.5643

## Community and Social Groups

24-Hour Crisis Line 800.928.8000  
24-Hour Teen Crisis Line 800.999.9999  
Alcoholics Anonymous 859.967.9960  
AA/Alcoholic Teens 859.277.1877

Council for Peace & Justice 859.225.6999  
Discussion Group 859.253.3233  
Fairness of Louisville 502.893.0788  
Gay Straight Alliance, Teens 859.266.5904  
GLSO Pride Center 859.253.3233  
Imperial Court of Kentucky 859.619.7521  
International Gay Bowling 859.539.3058  
Kentucky Fairness 270.703.1582  
Lexington Fairness 859.951-8565  
Lexington Human Rights 859.252.4931  
Lexington Insight Group 859.230.2428  
Lexington Pride Festival 859.253.3233  
MACT 859.358.8335  
PFLAG Lexington 859.338.4393  
PLFAG Louisville 502.329.0229

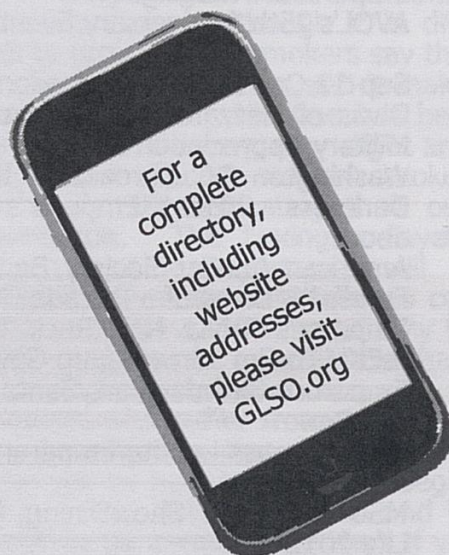
Sister Sound 859.806.0243  
Social Services, Lexington 211  
Speaker's Bureau 859.266.5904  
TransKentucky cassiemtf@  
yahoo.com  
United Way 859.313.5465

## Religious Groups

Integrity, Ky. Diocese 859.369.9691  
Integrity, St. Martha's 859.533.9851  
Interweave, Unitarian 859.266.5904  
Lex Friends, Quakers 859.254.3319  
Mercy Ministry Church 859.358.0580  
MCC Paducah 270.443.3339  
Open Arms of God Ministry 502.545.6355

## Student Groups

Berea College ACE 859.958.3633  
Centre College BGLA 859.238.5332  
Morehead State University 606.783.2294  
UK OutSource 859.323.3312



## **GLSO News Deadline**

June 15  
Send articles and ads to  
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Coming Soon!



Be on the lookout for this logo attached to a new and improved publication for the LGBTQIAA community for Central Kentucky!

