

# UNIVERSITY OF KENTUCKY

## COLLEGE OF AGRICULTURE

### Extension Division

THOMAS P. COOPER, Dean and Director

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## CIRCULAR NO. 214

(Revised)

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### Manual for Junior 4-H Club Leaders



Lexington, Kentucky

January, 1931

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Published in connection with the agricultural extension work carried on by cooperation of the College of Agriculture, University of Kentucky, with the U. S. Department of Agriculture, and distributed in furtherance of the work provided for in the Act of Congress of May 8, 1914.

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### Manual for Junior 4-H Club Leaders

By J. W. WHITEHOUSE, State Leader, Junior Club Work

#### 4-H CLUB WORK

Boys' and girls' 4-H Club Work in Kentucky is a part of the National Agricultural Extension System. It is supported by the U. S. Department of Agriculture and the University of Kentucky in cooperation with individual counties. The Junior 4-H Clubs compose the largest organization of rural young people in the world. In 1929, 700,000 boys and girls, in all states of the union were engaged in club work. In Kentucky, in 1929, 21,592 were enrolled, of whom 15,546, or 72 per cent, completed their projects. Not only is this the largest organization of its kind, but it is composed of the brightest, most industrious and most ambitious boys and girls of the rural districts.

Club work has four distinct phases: Educational, Economic, Social and Recreational. In carrying out their projects, club members learn and demonstrate to their communities improved methods in agriculture and home economics. They learn to do by doing. By keeping records, shipping livestock and other products, transacting business with banks and other organizations and with individuals, business methods are learned. The records show that a large percentage of those who follow instructions and complete their projects make money. The monthly club meetings provide opportunities for self-expression, recreation and social development. The 4-H Club tours, fairs, Junior Week and other events create greater interest in country life and develop leadership. In short, club work supplies the kind of training that builds character, develops good citizenship and makes for success in life.

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**AGE OF CLUB MEMBERS**

Membership in the 4-H clubs is open to boys and girls ten to eighteen years of age, inclusive.

**COST**

Since the 4-H clubs are a part of a publicly supported educational system there are no membership fees or dues and the instruction, project circulars, record books and other literature are provided without cost.

**MEMBERSHIP**

Membership in this organization is purely voluntary. The object is to make the activities so helpful and attractive that a large number of boys and girls will want to have a part in them. In order to be a member of a 4-H club each boy or girl is required to learn and demonstrate some better practice in agriculture or home economics under the guidance of a competent local leader. Each piece of work is called a project. A record must be kept on each project and turned in to the county extension agent when the project is completed.

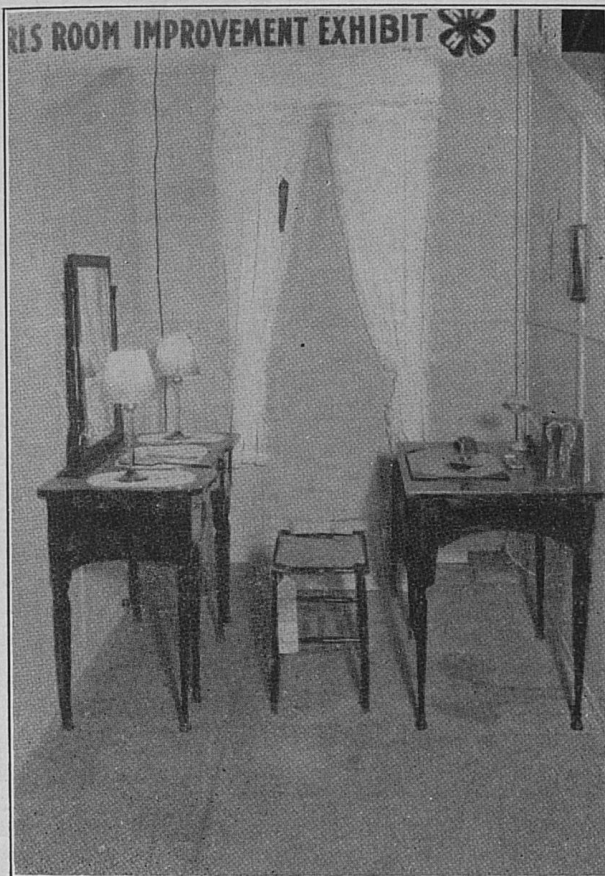
**PROJECTS**

A 4-H club project is any definitely outlined piece of farm or home work such as growing an acre or more of corn, feeding and caring for a dairy calf or flock of chickens, rearranging and improving a girls' room, or canning a certain quantity of fruits and vegetables. Each club member must do personally all the work required to successfully complete the project selected. In breaking land or other heavy work, small club members may have the help of adults. Each club member must keep a complete record on his or her project in a record book provided for that purpose.

In order to meet adequately the needs of 4-H club members under the varied farming conditions in Kentucky, twenty-five 4-H club projects have been outlined and circulars of instruction prepared for each of them. Leaders and Extension Agents should help club members select projects best suited to their individual needs and conditions. Younger club members should not undertake more than one project a year but older



ones find it desirable to carry two or even three projects within a year. It is recommended, however, that no community select more than five projects and under average conditions better results will be obtained if only two or three are chosen. If a large number of club members demonstrate the same project the



4-H club girls demonstrate their ability to refinish old furniture—Home Improvement Project.

improved method will be more readily adopted by the community than if there are only a few demonstrations. More interest will be taken by the club members and competition will be keener.

To carry any project to a satisfactory completion requires work but it is not drudgery and there are many enjoyable

features in connection with it. Some of these are selecting and preparing exhibits and participating in fairs, shows and other contests. The income from each project should belong to the club member who carries it out.

The following projects are open to both girls and boys. A circular of instruction has been prepared for each project. The number of it is given after the name of each project. The date mentioned is the latest date for enrollment in each project and no enrollments should be accepted after these dates.

*Agricultural Projects:*

1. Corn .....	Circular 82—April 1
2. Potato .....	Circular 100—June 1
3. Soybean .....	Circular 94—May 1
4. Alfalfa .....	Circular 93—July 1
5. Sweet Clover .....	Circular 87—April 1
6. Small Fruits .....	Circular 98—April 15
7. Gardening .....	Circular 222—April 15
8. Tomato .....	Circular 126—May 1
9. Tobacco .....	Circular 86—March 15
10. Swine .....	Circular 193—June 1
11. Swine Growing .....	Circular 193—June 1
12. Sow and Litter .....	Circular 84
A. Spring farrow .....	August 1 to January 1
B. Fall farrow .....	January 1 to June 1
13. Dairy Calf .....	Any time during year
14. Dairy Cow .....	Any time during year
15. Baby Beef .....	Circular 106—July 1
16. Beef Breeding .....	Any time during the year
Fall .....	October 1
Summer .....	June 1
17. Fat Lamb .....	Circular 88—March 15
18. Ewe and Lamb .....	Circular 88—December 1
19. Poultry A. Hatching .....	Circular 110—March 1
20. Poultry B. Egg Production .....	Circular 186—December 1
21. Bees .....	Circular 69—April 1

*Home Economics Projects:*

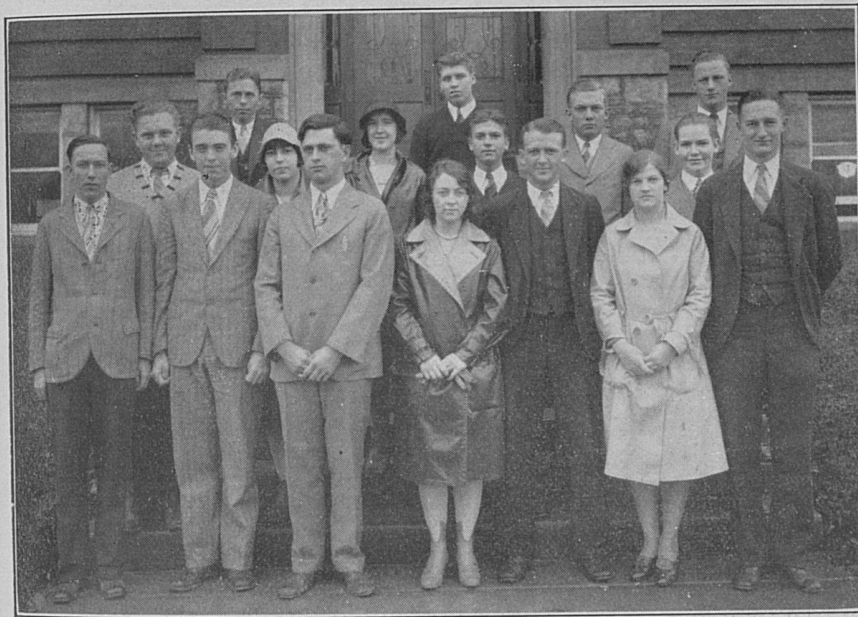
22. Clothing .....	Circular 195
Unit I. ....	Any time to suit conditions
Unit II. ....	Any time to suit conditions
Unit III. ....	Any time to suit conditions
Unit IV. ....	Any time to suit conditions



23. Foods.....Circular 189  
 Unit I. ....Any time to suit conditions  
 Unit II. ....Any time to suit conditions  
 Unit III. ....Any time to suit conditions  
 Unit IV. ....Any time to suit conditions  
 24. Canning .....Circular 181  
 Canning I. ....July 1  
 Canning II. ....July 1  
 Canning III. ....July 1  
 25. Home Improvement Project.....Circular 205—Any month

**INTEREST IN CLUB WORK.**

Interest in club work should be aroused among the citizens of the county. It is very important to have the cooperation of the business and professional men as well as of the farmers. Interest comes thru knowledge, hence it is necessary to inform



University scholarship club. These boys and girls have received scholarships in the College of Agriculture because of their good 4-H club work.

the citizens of the opportunities and benefits of club work. This may be done thru articles in the county newspapers; thru meetings where the work may be explained in detail; thru cooperation of the county superintendent of schools and the county

board of education; thru visits to the schools where club work may be outlined in detail to the boys and girls of club age, and thru personal visits to the farm homes. Whatever means that seem advisable to create interest and enthusiasm may be used.

#### ENROLLMENT OF MEMBERS.

Assuming that a community club leader has been appointed, it is his or her duty to secure the enrollment. This will not be difficult if the parents and boys and girls have been properly informed as to the purposes and results of club work. The county or home demonstration agent will supply the leader with enrollment cards and assist with the enrollment, if necessary. The leader should meet those who are interested at the school-house or other community center, and should assist them in filling out the enrollment cards. The cards should be taken home for the parent's approval and return to the leader. It is usually best to secure the enrollment in the fall.

#### ORGANIZATION OF A CLUB.

A junior community 4-H club may be organized when ten or more boys and girls have been enrolled and the leader chosen. The leader should then call the meeting to order and proceed with the organization of the club by electing a president, vice-president and secretary-treasurer. A project captain should be elected or appointed by the president on advice of the local leader and county extension agent. Project captains should be the most interested and best leaders of their respective groups. The duties of project captains are to keep up interest in their groups and assist the adult leaders with all affairs connected with the club activities. The president, with the advice of the leader, should appoint a program committee consisting of three to five members who should prepare the program for each meeting and submit it to a previous meeting. A publicity committee, also, should be appointed. The duties of this committee are to see that the monthly programs are printed in the county newspapers and that publicity is given to all special club achievements. An attendance committee, a membership committee or any other committee may be appointed when needed.



A regular date should be set for the club meeting.

*Name.* An appropriate name should be selected for the club. This may be the name of the community or some special name as, "Willing Workers," "Tip Top," "Hustlers," etc. In choosing a name select one that can be used in songs and yells.

The following is a copy of a constitution which is used by the regularly organized clubs in Kentucky. It should be read and adopted at the first meeting.

**CONSTITUTION FOR JUNIOR 4-H COMMUNITY CLUBS IN KENTUCKY**

**Article I**

*Name:* The name of this organization shall be the.....  
..... 4-H CLUB.

**Article II**

*Object:* The object of this club shall be:

- a. To provide an opportunity for the boys and girls of this community to have an active part in the educational, economic and social development of the community.
- b. To teach the members and demonstrate thru them to the community better methods in agriculture and home economics.
- c. To develop leadership for the rural community thru demonstrations, club meetings, exhibits, tours, judging contests and other activities.
- d. To aid in bringing to fruition a more prosperous, progressive and more satisfied farm citizenship.

**Article III**

*Membership:* All boys and girls of club age, 10 to 18 inclusive, who live in this community shall be eligible to membership upon agreeing to carry out a project as outlined and to abide by the rules and regulations of this club.

**Article IV**

*Officers:* The officers of this club shall be a president, vice-president, secretary-treasurer, local leader, associate local leader, song and cheer leaders and news reporter.

**Article V**

*Meetings:* There shall be at least six meetings of the club each year. The time and place to be decided by a majority vote of the club with the approval of the local leader and others concerned.

**BY-LAWS****Article I**

*Election of Officers:* The officers for the succeeding year shall be elected at the last meeting of the closing year or at the first meeting at the beginning of the year.

**Article II**

*Duties of Club Officers: President:* It shall be the duty of the president to call all meetings to order, announce the order of the business, preserve order, approve the secretary's reports, appoint all committees, and perform such other duties as usually pertain to the office of president.

*Vice-President:* The vice-president shall perform the duties of the president in his absence.

*Secretary-Treasurer:* It shall be the duty of the secretary to record in a book provided for that purpose, the names and addresses of all members and the minutes of all meetings. The secretary shall take care of all correspondence, send out and post notices of all meetings and read the minutes of previous meetings. The secretary is also the treasurer and as such receives all dues and other funds and expends same, on order of the president. An accurate record is kept and all funds spent must be approved by the club.

*Local Leader and Associate Leaders:* The local community club leader and associate leaders shall be the general counselors of the club. They shall attend all meetings and assist with the



plans and programs, distribute all literature and supplies and be responsible for the orderly conduct of the club in keeping with Kentucky Club standards.

*Song Leader:* The song leader shall direct the music of the club at all regular and special meetings. He or she should know the "Ploughing" and "Dreaming" songs.

*Cheer Leader:* The cheer leader shall teach the club some peppy appropriate club yells and shall be ready at all regular and special meetings to lead the club in giving these yells.

*News Reporter:* It shall be the duty of the news reporter to announce all programs thru county newspapers, to report on all regular and special programs, to give publicity to all special achievements of individual members and the club as a whole. He is to keep the public informed on the activities of his club.

**Article III**

*Committees:* The president shall appoint the following standing committees—program, membership, publicity, attendance. Special committees may be appointed by the president when needed.

**Article IV**

*Meetings:* The regular monthly meetings of the club shall be held on..... at ..... o'clock. Special meetings may be called by the President.

**Article V**

*Quorum:* 1. A quorum for transacting regular routine business shall consist of a majority of the members in attendance at any regular meeting. 2. A quorum to consider changing the constitution shall consist of two-thirds of the active membership of the club.

**Article VI**

*Inactive Members:* Inactive members will be dropped from the club for:

- (a) Failure to start a project.
- (b) Removal from the community.
- (c) Lack of interest.
- (d) Failure to maintain 4-H Club standards.

**Article VII***Order of Business:*

1. Business (10 min.)
  - A. Meeting called to order by the President.
  - B. All stand and repeat the 4-H Club pledge:  
I pledge  
my HEAD to clearer thinking,  
my HEART to greater loyalty,  
my HANDS to larger service, and  
my HEALTH to better living,  
for my Club, my Community and my Country.
  - C. "Plowing" or "Dreaming" song—led by Song Leader. No. 34 and 33—National 4-H Club Song Book.
  - D. Roll Call by the Secretary.
  - E. Minutes of Previous Meeting Read and Approved.
  - F. Unfinished Business.
  - G. New Business—Applicants for Membership.
2. Education (30 min.)

This should include individual demonstrations along the line of the projects carried by the club members and should be of such a nature that all members will be interested.
3. Recreation: Select games that are suitable to the size and age of the group. See games on pages 44-49 of this circular.

*Amendments:* This constitution and by-laws may be amended, subject to the approval of the State Club Leader.

**COMMUNITY 4-H CLUB PROGRAMS**

The first meeting after the club is organized or reorganized should be devoted to building a program of activities for the year. All club events should be decided upon and one or more community activities selected. These activities may be beauti-



fyng the school or church grounds, starting a local library, or any other useful activity for the good of the community. The program should include the part the club will take in demonstration and judging team contests, district club camp, fairs, shows, tours, plays, and achievement exercises.

The date for the regular monthly meeting should be selected

# JUNIOR 4-H CLUB



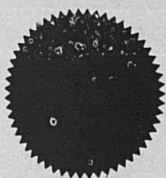
## CHARTER

To all to Whom these Presents Shall Come, Greeting:

This is to Certify that the Extension Division of the College of Agriculture, University of Kentucky, has this day granted to

**SPRING HILL**  
**JUNIOR 4-H CLUB**

this Charter in recognition of its completed organization as a Junior Community 4-H Club and its agreement to carry on demonstrations in Agriculture and Home Economics and other Community Activities as approved by the University of Kentucky.



*Faulk W. Vay*  
\_\_\_\_\_  
President

*[Signature]*  
\_\_\_\_\_  
Dean and Director

*J. W. Whitehouse*  
\_\_\_\_\_  
State Leader, Club Work

and a program committee appointed. The programs should be announced a month in advance.

A project leader should be secured for each project group.

*Charter:* A charter will be issued by the State Club Department upon receipt of a request made on the form to be found in the 4-H Club secretary's book between pages 6 and 7. This form requires that programs for six meetings must be submitted in outline form together with the names of the officers and leader of the club, a list of the charter members and the name of the club.

Individual project groups may be organized in communities where there are not enough boys and girls of club age for a regular club. All such groups should take the same project and do their work under the direction of a project leader.

#### PARLIAMENTARY TRAINING FOR CLUB OFFICERS

Many boys and girls who are elected as officers in Junior 4-H clubs have not had training in the proper procedure in conducting meetings and should have some training along this line. Training conferences for the club officers of a county may be held, where instructions will be given to the president, vice-president and secretary of each club by a representative of the club department, the county extension agent, the local leader or some other competent person. If the club officers will familiarize themselves with the following simple rules of Parliamentary Practice they will have little difficulty in conducting club meetings.

#### SIMPLE RULES FOR CONDUCTING A CLUB MEETING

1. Meeting called to order by the presiding officer, whose duties are to enforce the following customary rules for conducting meetings and to maintain order.
2. Always address the presiding officer as Mr. or Miss President.
3. All remarks should be addressed to the president; no talking between members is allowed.



4. When a member wishes to discuss a subject or make a motion it is necessary to "obtain the floor." A member may obtain the floor by rising and addressing the president by the correct title, "Mr" or "Miss President". The president will recognize the speaker by saying "Mr." or "Miss \_\_\_\_\_." The member may then proceed. When two or more arise at the same time, the president will decide who is entitled to the floor and announce the member's name. This gives that person the floor and no one else may speak while he or she is talking.

5. To make a motion, first obtain the floor, then state the motion, as "I move that, etc." Do not say, "I move you."

6. A motion cannot be discussed or voted upon unless it is seconded by another member. Nominations for officers do not need to be seconded. Any member may second the motion by saying, "I second it." This can be done without rising or without addressing the president. If no one immediately seconds a motion after it is made, the president should ask, "Is there a second to the motion?" If a motion is not seconded, the president says, "The motion is lost for want of a second."

7. After a motion has been properly made and seconded, it usually may be amended or discussed. The president generally repeats the motion and asks if there is any discussion. After the members have had reasonable length of time to debate a question, the president puts it to a vote by first stating the motion, as, "The motion has been made and seconded, that etc." Then, "All in favor of this motion say 'Aye'" (A short pause for the vote) "Contrary, 'No.'" The president then announces, "The motion is lost," or "The motion is carried," as the case may be. If the vote is very close, the president may ask the members to vote by standing. This permits counting first those in favor of the motion and then those against it.

8. Only one principal motion can be before the club at a time. If a motion is amended, the amendment is first considered as if it were a separate motion. If the amendment is adopted, the original motion is considered as amended. If the amendment loses, the original motion is then considered as first stated.

9. A motion may be withdrawn, modified or another motion substituted by the one making the original motion, provided the motion is still before the meeting for consideration.

10. A simple motion to adjourn, such as, "Mr. President, I move we adjourn," is in order at any time except when a member has the floor. This motion is not debatable, cannot be amended, nor can a vote on it be reconsidered.

11. Be courteous. In referring to another member, avoid using his name, if possible. Refer to him in some impersonal way, as "the member who spoke last."

#### MEMBERSHIP CEREMONY.

(This ceremony may be used in receiving one club member or a group of club members into the club.)

Applicant or applicants stand before the president.

President (standing) ..... we

Name of candidate

are indeed glad that you have decided to become a member of  
..... 4-H club. Our club is a part

Name of club

of the largest organization of rural boys and girls in the world. The object of this organization is to teach us the best methods in agriculture and home economics and to make our homes more attractive places in which to live. 4-H club work teaches us unselfishness, how to work and play together and makes of us better and more useful citizens.

To be eligible for membership in this club you must know the club pledge and motto.

President: Repeat the Club Pledge.

Applicant: I pledge

my HEAD to clearer thinking,

my HEART to greater loyalty,

my HANDS to larger service, and

my HEALTH to better living,

for my club, my community and my country.

President: What is the club motto.

Applicant: To make the Best Better.



President (Club Grip). We welcome you into our club and I will now give you the 4-H Club Grip—(Clasp right hands firmly in the usual way. I now turn the back of your hand up and to show that you are a club member you turn the back of my hand up.) This is the 4-H Club Grip.

Every club member and leader should know these:

#### THE 4 H'S

The four H's in club work stand for the fourfold development of the *Head* to think, plan and reason; the *Heart* to be kind, true and sympathetic; the *Hands* to be skillful, useful and serviceable; and the *Health* to resist disease, develop efficiency and enjoy life.

#### THE 4-H CLUB EMBLEM

The 4-H club emblem is a four-leaf clover with an H in each leaf.

#### THE 4-H CLUB MOTTO

To Make the Best Better.

#### THE 4-H CLUB COLORS

Green and white.

#### THE 4-H CLUB PLEDGE

I pledge

my HEAD to clearer thinking,  
my HEART to greater loyalty,  
my HANDS to larger service, and  
my HEALTH to better living,  
for my club, my community, and my country.

#### THE FLAG SALUTE

I pledge allegiance to the American Flag and the republic for which it stands; one Nation, indivisible, with liberty and justice for all.

*President:* We hope that the association with these, the best boys and girls of this community, will be both enjoyable and

helpful to you and that you may help the club to do more and better work.

At signal from the president the club stands and repeats in unison: We welcome you into our club.

#### ADULT 4-H COMMUNITY CLUB LEADERS

In order that a 4-H community club may do its best work it is essential to have some adult who is interested in boys and girls and who likes to work with them to help plan the programs and guide its activities.

The Community Club Leaders need not have training along the line of agriculture or home economics, as the technical training is given by the project leaders. The community club leader may be also a project leader. There is no objection to this if it does not involve too much of the leader's time. It is very desirable to have an associate community club leader to assist with the general club activities and to have charge of the meeting when it is impossible for the leader to attend.

#### SUPPLIES FOR COMMUNITY CLUB LEADERS

Each community club leader will be supplied by the county or home demonstration agent with the following:

1. Required number of enrollment cards.
2. Secretary's books.
3. Copies of this circular for each project leader.
4. Circular of instruction for each club member on the project selected.
5. Record book for each club member.
6. Suggestions for club programs.
7. Junior club pins and buttons (Ten cents each.)
8. Membership cards.
9. Study bulletins and other material on merit courses.
10. Certificates. (When year's work is completed.)

#### COMMUNITY CLUB LEADERS CONFERENCES

It has been found very helpful for all the community club leaders in a county to hold conferences three or four times a year



in order that they may get information and suggestions from each other and from the extension agent and field agent, concerning club work. Four meetings are recommended as follows:

*First:* January or February, to plan the work for the year.

*Second:* March 15—May 15, to get specific instructions for the general club program for the year.

*Third:* June, to arrange for recreational activities, camps, picnics, fairs, shows, etc.

*Fourth:* October or November, to check up on year's results.

#### WHAT 4-H COMMUNITY CLUB LEADERS DO

1. Secure the enrollment.
2. Help to organize the club.
3. Help plan program of activities for the year and a program for each monthly meeting.
4. Distribute project circular, record book and other club literature.
5. Assist with all community activity undertaken.
6. See that proper notice of the club activities is given thru the county newspaper.
7. Distribute membership cards when projects are started.
8. Assist in preparing exhibits for community, county and State Fair.
9. Check score of club, if the county scoring system is used.
10. Report results of work at end of year to county or home demonstration agent.
11. Hold community achievement exercises and send club members to county achievement meeting.
12. Keep up interest in all the club activities.
13. See that all project leaders receive the necessary supplies.

#### ADULT 4-H CLUB PROJECT LEADER

The boys and girls in each project need some adult in the community who is especially interested in their project to help

them by advice and counsel and some one to whom they can go in case they get into difficulties with their work. The person who assists the club members with one project is called a project leader. Project leaders should be capable of advising club members in the best methods of doing their work. The county and home demonstration agents will supply literature to be used by all club members. The project captain will assist the adult project leader.

#### PROJECT LEADERS CONFERENCES

The project leaders of each project group in a county should meet together two or three times a year or as often as necessary with the specialist from the College of Agriculture to discuss their particular subject. This affords an excellent opportunity for the project leaders to get first-hand information from the specialist on the topics they are interested in. If the project is clothing, the leaders of this project in the county will meet with the clothing specialist two or three times a year and get the instruction which is to be passed on to the girls. If the project is swine the swine project leaders meet with the swine specialist two or three times a year and receive instruction to be passed on to the boys and girls engaged in this project. Additional information on any phase of swine growing will be given by the specialist, if time permits.

#### COUNTY 4-H CLUB COMMITTEE

It is desirable to have a county club committee composed of all Junior 4-H community club leaders and, in some cases, two or three leading townsmen and women. This committee should meet as often as necessary for the promotion of general county club activities. A chairman, vice chairman and secretary should be selected. Their activities embrace all club work, including the project program, camps, county picnics, tournaments, county fairs, county shows and sales, Junior Week, achievement exercises and all other activities of a county-wide nature.



LEADERS' PINS AND CERTIFICATES

A four-leaf clover leader's pin will be awarded by the Extension Service to each community club or project leader who has successfully directed the activities of a club or project group for one year. A Local Leader's Certificate will be awarded by the University of Kentucky to all community club and project group leaders who have given three or more years of service to 4-H club work. These pins and certificates are an expression of appreciation for the helpful cooperation given by 4-H club leaders. Below is a facsimile of the certificate.

**JUNIOR 4-H CLUB LEADERS**  
**CERTIFICATE of SERVICE**

THE UNIVERSITY of KENTUCKY, *reposing special trust in the character and ability of* Mrs. J. C. Graham *of* Webbs, Ky. *does hereby grant to her this certificate in recognition of efficient service as a Junior 4-H Club leader in Ladies Chapel *Club for* three *years.**

Given at the University, this 7<sup>th</sup> day of Nov. 1929

Frank W. Key  
 President of the University  
J. W. Whitehouse  
 Director of Extension  
 State Club Leader  
 County Judge

\_\_\_\_\_  
 County Agricultural Agent  
 \_\_\_\_\_  
 County Home Demonstration Agent

MOTION PICTURES AND SLIDES

The Extension Service will loan to county and home demonstration agents portable motion picture machines, stereopticon films and lantern slides. Among these films is one on club work, entitled "Under the 4-H Flag." This is a four-reel film and one of the best that has been made on club activities. Lantern slides depicting various phases of club work are available.

**JUNIOR WEEK**

Junior Week is the greatest of the many events enjoyed by club members. It is held on the University campus at Lexington each year, in June. Club members from three-fourths of the counties in the state meet each other on this occasion and enjoy the good things prepared for them. Interesting instruction is given the boys on farm topics and to the girls on home problems. The club members have the opportunity of seeing the University buildings, laboratories, farm, Experiment Station and other equipment. The afternoons and evenings are given over to recreational activities, pageants, free picture shows and other programs.

The girls occupy the rooms in the girls' dormitories used by the college girls during the school term and the boys room in the men's dormitory. Board is furnished by the University Commons and at Boyd Hall. The expense of attending Junior Week is transportation and \$7.00 for room and board. Many of the boys and girls who attend Junior Week are inspired to return and continue their education at the University.

Thru the cooperation of railroad companies, business firms and others a number of free scholarships to Junior Week are given each year. The selection of the recipients of these scholarships is made by the county and home demonstration agents. The purpose of the scholarships is to stimulate greater interest in club work and the desired end will be attained if proper care is used in awarding the trips. A contest to win a trip to Junior Week may be staged at the beginning of the year. A certain number of points should be given for each activity. At the end of the contest the one who scores highest wins the trip. Another good way to select the beneficiary of a scholarship is for each club to enter its most outstanding member in a county contest and send a written record of his or her activities and accomplishments to the County Club Committee. The committee, at a regular or special meeting, will go over the records very carefully and select the winner. The following points have been used successfully in determining the winners of scholarships:



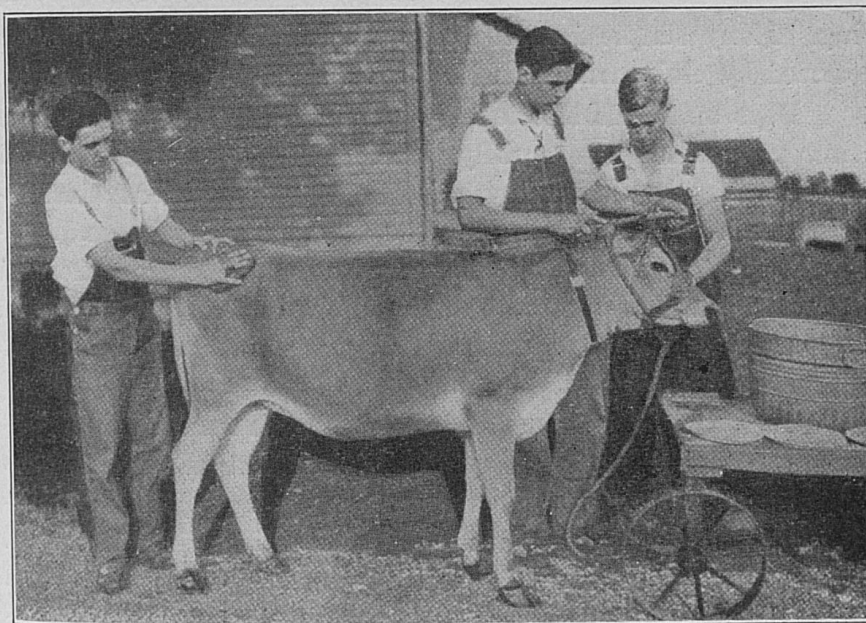
Project Work .....	50
Leadership Activities .....	25
Physical Fitness .....	10
Records and Story .....	15
	<hr/>
	100

To award a prize to one who does not merit it has a bad effect on the other club members, and the club member who gets a trip without special effort does not appreciate it as the one who works for it.

Since only a limited number may attend Junior Week, county and home demonstration agents are urged to take only their most outstanding club members, preferably those who have been in club work more than one year.

**4-H CLUB DEMONSTRATIONS**

Demonstration is the best educational method employed in presenting information. Boys and girls like to share what they know by telling and showing others. Opportunity shared with others is one of the big objectives in 4-H club work. Knowledge



Demonstrating the fitting of a dairy heifer for show.

gained should be passed on, with benefits to the individual, the club and the community. It is a pleasure to do the things we do well. A club member's demonstration of some feature of his or her project work can and should be a very interesting part of every club meeting. Sometimes several demonstrations can be given at a meeting. These would not last more than 2 to 5 minutes each.

Individual demonstrations give the leader an opportunity to watch the development of each club member and will help him in selecting and grouping individuals for the purpose of joint or team demonstrations.

#### VALUES

Action in a club program adds interest. Many clubs are supplying action by both individual and team demonstrations. Many improved farm and home practices, altho simple, may be more easily impressed upon an audience by actually doing the work while the explanation is being made. For example the process of cleaning and polishing silverware may be told but seeing the work done at the same time is much more enlightening. Many simple features of work relating to the projects carried by club members will suggest demonstrations.

Boys and girls like to take part in programs and learn to express themselves naturally. Later on these same boys and girls working together may give team demonstrations which require more preparation. Here they learn cooperation and careful timing in their work. Demonstrations of correct methods stimulate the members to be more thoro in their project work. Demonstration also acquaints the public with the benefits of club work.

Boys or girls who have done well with individual demonstrations may work together in teams. The members of a team should demonstrate a subject related to their project. The subject should be something learned in connection with the project. A team consists of two members; occasionally three are needed. Several teams may demonstrate the same subject when it is desired to enter the most promising team in county competition.



THE CONTEST VALUE

The real contest value in team demonstration is the opportunity it presents for development of skill and knowledge and the ability to work in harmony with another individual. Two club members who skillfully and harmoniously demonstrate deserve recognition. For this reason, community, county and state contests have been arranged. These contests have two distinct divisions: home economics and agricultural. Each division has its own contests and awards. The state contests are held in June during the annual Junior Week. Further information is obtainable from the county extension agents.

SUGGESTED TOPICS FOR FARM PRACTICE DEMONSTRATION TEAMS

(Dairying)

1. Feed and Care of Dairy Calves.
2. Fitting a Heifer for Show.
3. Care of the Cream Separator.
4. Testing Milk for Butter-Fat.
5. Sanitation in the Milk House.

(Swine)

1. McLean System of Hog Sanitation.
2. Hog Raising Equipment.

(Sheep)

1. Treating for Stomach Worms.
2. Wool Clipping and Tying.
3. Fitting Sheep for Show.

(Poultry)

1. Essentials of 100-Unit Poultry House.
2. Bleeding Chickens for White Diarrhea Test.
3. Remodeling the Poultry House.
4. Selecting the Breeding Pen.
5. Treating the Flock for Worms.
6. Culling for Egg Production.
7. Selection and Care for Hatching Eggs.
8. Care and Handling of Eggs for Market.

(Crops)

1. Seed Corn Testing.
2. Weeds and Their Control.
3. Home Mixing of Fertilizer.
4. Inoculation of Legume Seed.

**(Gardening)**

1. Control of the Mexican Bean Beetle.
2. Cutting and Treating Seed Potatoes.
3. Construction and Use of Cold Frames.
4. Preparing Vegetables for Market.
5. Storing Vegetables for Home Use.

**(Orcharding)**

1. Pruning Grape Vines.
2. Setting and Care of Raspberries.
3. Methods of Propagating Plants.
4. P. D. B. Treatment for Peach Borer.

**(Miscellaneous)**

1. Construction of Concrete Posts.
2. Creosote Preservation Treatment.
3. Landscape Treatment for Farm Buildings.
4. Halter Making and Tying Knots.
5. Pitcher Pump Installation.
6. Fences and Fencing Materials.
7. Care of Harness.
8. Painting Farm Implements.

**SUGGESTED SUBJECTS FOR DEMONSTRATIONS****(Clothing)**

1. Seams according to Fabrics.
2. Attractive Machine Finish for Cotton Dresses.
3. Getting Acquainted with your Sewing Machine.
4. Daily Care of the 4-H Club Girls' Clothing.
5. How to Know Fabrics.
6. Correct Posture and Its Relation to Good Looks.

**(Room Improvement)**

1. Dressing Tables You Can Make.
2. Dressing up the Clothes Closet.
3. Arrangement of Furniture for Comfort, Convenience and Beauty.
4. Utilize Old Materials for Making Rugs.

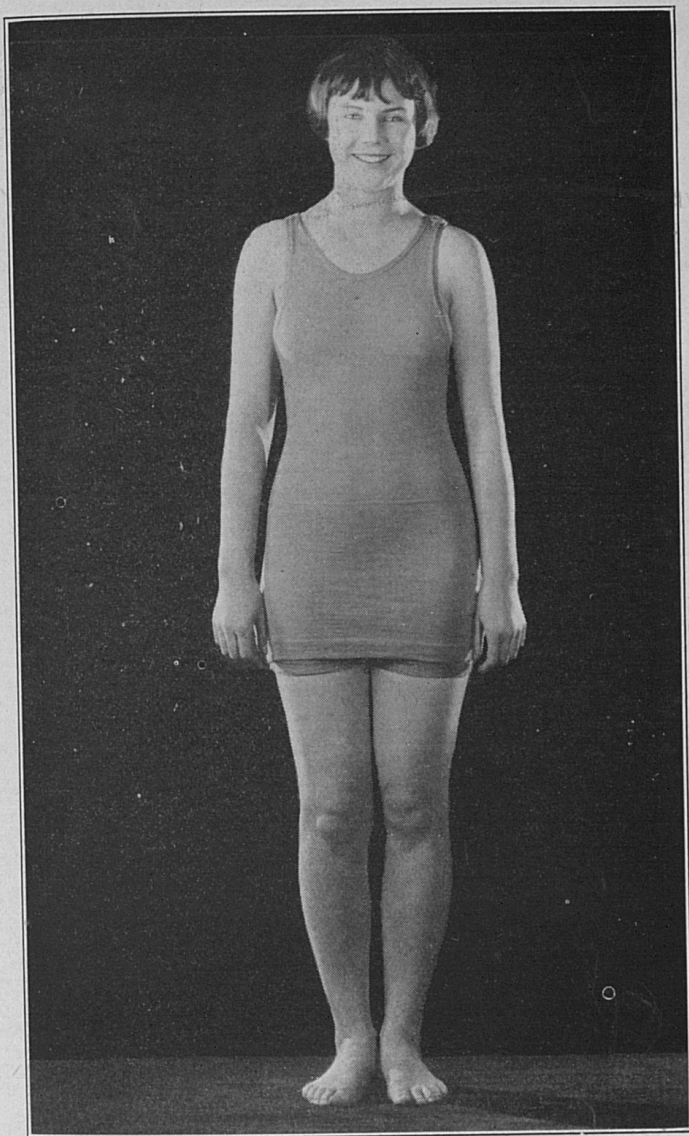
**(Food Preparation)**

1. Packing a School Lunch.
2. Variations Made from Biscuit Dough.
3. Foods Easy to Prepare over the Camp Fire.
4. Tempting Foods for the Sick.



(Food Preservation)

1. Soups Ready to Serve.
2. Canning for the Emergency Shelf.
3. The Art of Jelly Making.
4. How to Can in Tin.



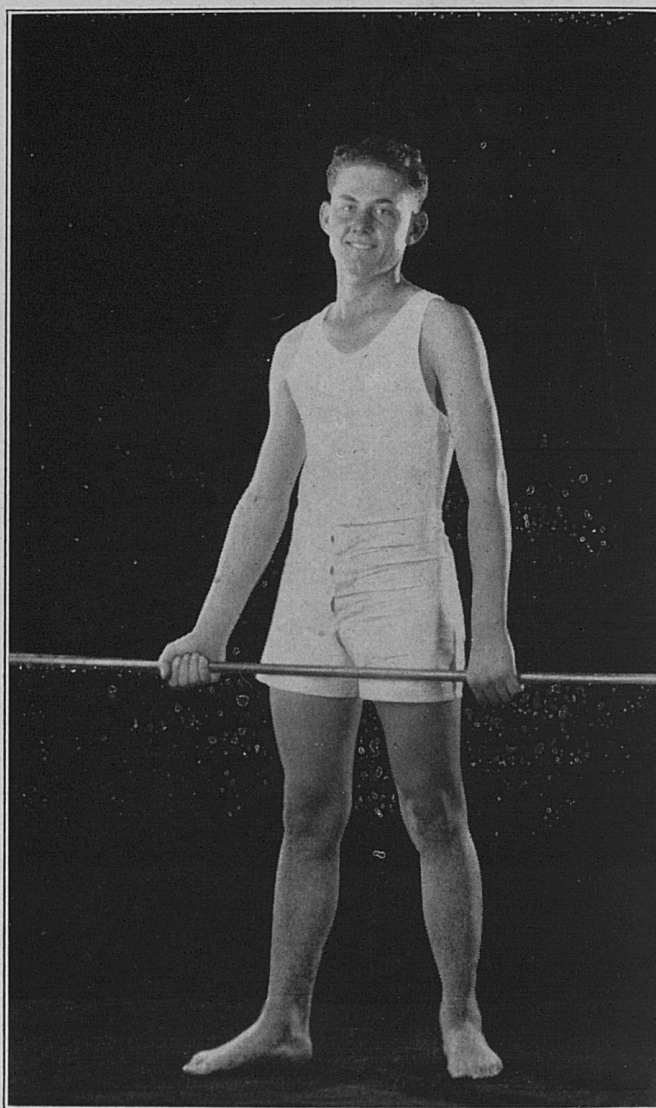
National champion 4-H health girl—Iowa.

Beauty.

**HEALTH**

The health H in club work is not a project in itself but the practice of good health habits is a part of each project. In many contests for trips and other awards health and physical fitness may be the determining factor of the winner.

In order to encourage members to observe health rules and



National champion 4-H health boy—Kentucky.



discover physical defects a State Health Contest is conducted at Junior Week. It is recommended that a physical examination be made of each club member in the county and that the boy and girl making the highest score represent the county in the State Health Contest. A County Contest may be held with entrants from each club. Only one boy and one girl from a county may be entered in the State Contest.

The Department of Hygiene and Public Health will have charge of the examination and scoring. The state champion boy and girl will each receive \$25.00 on their expenses to the National Health Contest held in Chicago. Club Members must be 15 years old or older on December 1st of the current year to be eligible to enter the State Contest.

It is hoped that the leader will call the attention of parents to the physical defects of club members so that they may be corrected.

“Be Your Own Best Exhibit” is the 4-H health motto.

#### STYLE SHOW

A 4-H Club Girls' Style Dress Revue will be held at Junior Week. Special announcement of the requirements of this contest will be sent out each year prior to Junior Week.

#### 4-H CLUB CAMPS

District 4-H Club Camps are held each year for the instruction, entertainment and recreation of club members. The camps are held in July and August. Each camp opens on Monday afternoon and closes Friday morning. Club members from five to ten counties attend each camp. The program consists of practical instruction in Agriculture, Home Economics and handicraft work during the forenoon and play and recreational activities in the afternoon and evenings. The whole program is designed to inspire boys and girls with the opportunities of country life and teach them to live better and enjoy more the things about them.

The Camps are under the management of the members of the State Club Staff and the instructors are expert in their lines.



Entrants in the 4-H Club Girls' Style Show.

Their task is to make the camps profitable and entertaining to adults as well as to club members.

Club members may bring their provisions from home or pay the camp management the actual cost of them. If provisions are brought from home the cost of attending camp is very small. The only charge is a registration fee to employ cooks and take care of other small incidental expenses. Only club members who have their work and records up-to-date are eligible to attend camp. Club members under twelve years of age should not be invited to go to camp. Suitable sites are selected and every precaution is taken to guard the health of those who attend. County and home demonstration agents and local leaders are in charge of their respective groups and stay with them while in camp.

#### NATIONAL 4-H CLUB ENCAMPMENT

The U. S. Department of Agriculture conducts annually on the grounds of the Department in Washington a camp for 4-H



club members. Each state may send two boys and two girls to the camp.

The following rules are used as a basis for selecting the Kentucky representatives to the National Camp:

1. Each club delegate shall be 15 years of age and not more than 19 years of age on January 1st preceding the camp.

2. Each club delegate shall have been an active member of a club during the calendar year preceding the camp.

3. Each club delegate shall have completed three full years of club work involving result demonstrations.

4. Complete records of the club work for each year shall be available when the club delegate is selected.

5. Other things being equal, recognition shall be given to the club member who has shown ability in leadership and community service.

6. Health and physical fitness likewise shall be considered in selecting the club members for this meeting.

7. No club member who has attended one camp is eligible to attend another.

8. Two recent pictures of the club member must be submitted with the report of club activities sent to the State Club Office. These pictures should be 5" x 7", slick finish, unmounted.

The following score card will be used as a basis for comparing the achievements of those entered in the contest:

1. The club delegate's record of project achievement. (The records of the preceding year will, perhaps, be of major importance but recognition shall be given also to the achievement of earlier years).....	35
2. Leadership activities .....	25
3. Physical fitness .....	20
4. Participation by the club delegate in club project group or community activities, such as exhibits, team demonstrations, judging contests, meetings, community affairs, etc. ....	10
5. Story—"My Experience as a 4-H Club Member".....	10
	<hr/>
	100

All reports of club members' activities, including project work, club activities, leadership activities and story "My Experience as a 4-H Club Member" must be made up by the club members submitting the reports and must be in ink in his or her own handwriting. Pictures may be included in the report.

Under "physical fitness" is included good health, alertness, personal appearance and personality.

County and home demonstration agents, local leaders and others may submit separate reports of their knowledge of the club members' work and achievements, these reports to be subject to verification should any questions arise concerning them.

Finances: Transportation, including pullman, will be provided for the trip winners. Lodging will be furnished free by the Department of Agriculture. All club members making the trip will have to pay for meals en route and at the camp. This should not exceed \$20.00. The funds for subsistence might be raised by the local clubs of the county or by any other means in keeping with club standards.

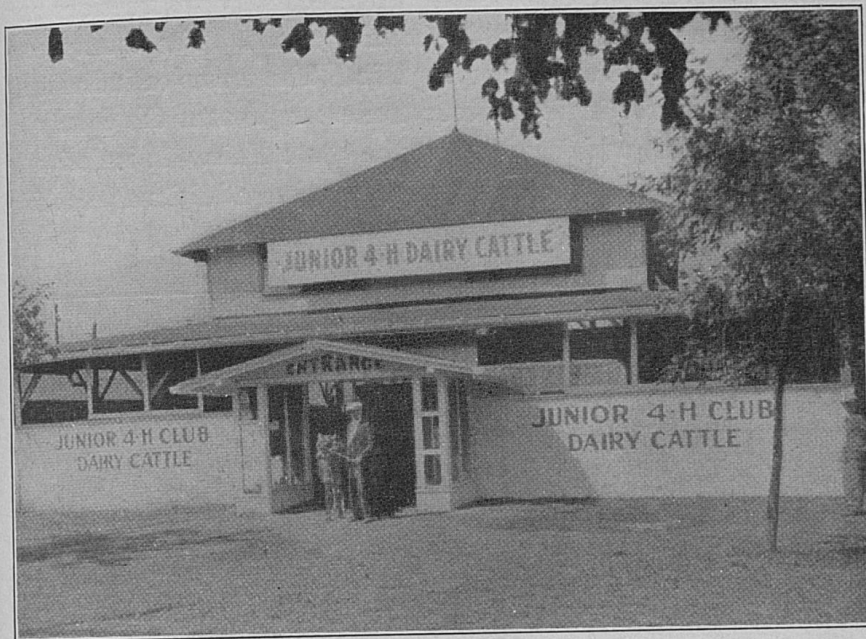
#### 4-H CLUB EXHIBITS

Exhibits at community and county fairs or shows should be included in the program of each club. One of the best ways to teach types and standards is in a show where products are compared and awards made by a competent judge. Shows should be held for their educational value and not for the premiums awarded. Small premiums are an incentive to get out the exhibits and are helpful. If too much money is offered in premiums the educational value may be lost and bad feeling created among the losers. It is not necessary to have a large number of exhibits in order to have a worth-while show. Usually it is not difficult to secure premiums sufficient for a community show. Attractively printed ribbons or cards are often more prized by the exhibitors than the cash awards. The exhibit of club products provides the opportunity for the community to see what has been accomplished by the club members and the leaders.

Special instructions on the preparation of club exhibits will be given by the county or home demonstration agent or the State Club Department.



The Kentucky State Fair maintains a special department for club members. Exhibits in this department include Swine, Sheep, Dairy Cattle, Poultry, Clothing, Foods, Canning, Room



Home of the 4-H dairy cattle while at the State Fair.

Improvement and the premiums are very attractive. See the State Fair Catalogue each year for rules and regulations, as changes are made occasionally.

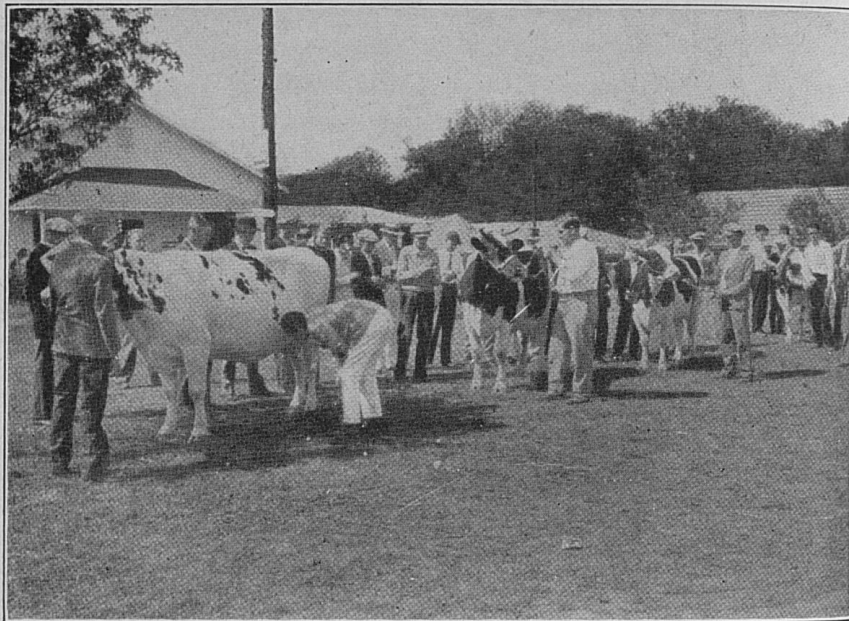
#### BABY BEEF SHOW

More than 500 baby beeves are fed annually by 4-H club members in Kentucky. A show of these calves is held at the Bourbon Stock Yards in Louisville about the middle of November. A premium list and rules governing the show may be secured from the manager of the Bourbon Stock Yards, Louisville.

#### LIVESTOCK AND POULTRY JUDGING

Club members who are interested in livestock and poultry judging are given an opportunity to work for the honor of repre-

senting their communities and counties on the judging teams in the state contests. A judging team consists of three members and an alternate. The local leader trains, or secures some local person to train, the club team. All necessary instructions and supplies are furnished by the county agent. The county contest usually is held at the county fair. The teams or individuals that score highest in the county contest represent the county in the state contest which is held at the State Fair. It is desirable for the county agent to give the team some additional coaching before it is taken to the State contest.



4-H dairy cattle judging teams at work in state contest.

A county may enter a 4-H club judging team in fat stock, dairy cattle or poultry judging. Only one team may be entered from a county and no team may participate in more than one contest. No club member is eligible to compete in more than one contest during his club career. Consult the State Fair Catalogue for special rules governing the State 4-H Club Judging Contests.



HOME ECONOMICS JUDGING TEAMS

Judging contests in Home Economics may consist in a test in judging one, two or more rings of clothing, canning, bread, etc. Detailed instruction on Home Economics judging contests is furnished by the Club Department on request.

ACHIEVEMENT EXERCISES

Each club member who satisfactorily completes a project and turns in a record of it to the local leader, county or home demonstration agent is entitled to a certificate from the College of Agriculture, University of Kentucky, in recognition of this accomplishment. The certificate for the first year's work has one green four-leaf clover on it, the second year's certificate, two four-leaf clovers; the third year's, three clovers and the fourth year's, four. These certificates are in card form. For the fifth year, a large certificate of honor is given, signed by the President of the University and the Dean of the College of Agriculture. Only one certificate is given per year, regardless of the number of projects completed.



If the community club is large, achievement exercises may be held in the community, with an appropriate program which would show the community what has been done.

County achievement exercises should be held in all counties where club work is being carried on. The achievement program gives the club members a feeling that they have really completed the work undertaken and they always appreciate public recognition of their efforts.

The program at achievement meetings should be largely a review of the accomplishment of the club members in all phases of their activities. One of the outstanding club members in each project should make a report of his or her own results and a general report for the project group. The community activities should not be overlooked.

In a number of counties the extension agents arrange with a luncheon or commercial club or some other organization to give a luncheon or banquet to all club members who complete their work and turn in records. This will be quite an incentive to some to complete their projects and also provides an excellent opportunity to acquaint the business men with the activities of the clubs. The standard for completion should be rigidly adhered to and none should be allowed to participate in the exercises whose work is not up to standard. If the program is given before a luncheon club, it should not last longer than an hour.

The leaders, both community and project, should attend the meeting and have prominent places in the achievement program. The leaders should be given public recognition for their efforts in promoting club work. In awarding the certificates to the club members, the extension agent may pass them to the community club leaders who may give them to the club members directly or give them to the project leaders who will distribute them to their respective groups. Usually it is best to hold the county achievement exercises in the fall when all projects are complete and the club members may attend.



**THE UNIVERSITY OF KENTUCKY 4-H CLUB**

The 4-H club boys and girls in the University of Kentucky have organized themselves into a club called the University 4-H Club. The purposes of this club are to keep in touch with club activities, assist new club members who enter the University to



Officers of the University 4-H Club—Anna Culton, Vice President, Clarence Kindoll, President, Christine Blakeman, Secretary-Treasurer.

get started right and for social and recreational enjoyment. In 1930 there were 265 club members in the University and so far 37 per cent of the students in the College of Agriculture have been club members. The president of the University 4-H Club will be glad to be of assistance to any club member who enters the University.

**JUNIOR COMMUNITY CLUB SCORE CARD**

The purpose of this score card is to furnish a means of measuring the activities of a club and for comparing the work of all the clubs in a county. It may be used to conduct contests among clubs. Necessary copies of the score card will be supplied to any club or county that wishes to use it. It is intended that a score of the activities of each club be made each month.

**SCORE OF \_\_\_\_\_ JUNIOR COMMUNITY**

FOR _____ 193	Total
Organization	Points Score
Each club member enrolled .....	5 .....
Each project group with adult leader in attendance (not to exceed 12 per year) .....	100 .....
Each com. club meeting with adult leader and less than 75% of members in attendance (not to exceed 12 per year) .....	150 .....
Each com. club meeting with adult leader and more than 75% of members in attendance (not to ex- ceed 12 per year) .....	250 .....
<b>Project Work</b>	
For each project started by July 1.....	50 .....
Each project completed with complete written record	1,000 .....
Each club with 30 or more percent of its members completing, additional points .....	2,000 .....
Each member attending Community Achievement Day	10 .....
Each member attending County Achievement Day ...	50 .....
<b>County Spring Rally</b>	
For each club member, leader and parent of club member attending .....	25 .....
<b>Demonstration and Judging Teams</b>	
Each team taking part in community contest .....	100 .....
Demonstration team representing community in county contest .....	300 .....
Demonstration team representing county in state contest .....	500 .....
Each member of club taking part in county judging contest .....	100 .....
Each member of judging team representing county in state contest .....	200 .....



Fairs and Shows

Community County  
 Pts. Total Pts. Total  
 Score Score

Each club member exhibiting products .....	75	.....	100	.....
Each 1st prize won .....	100	.....	150	.....
Each 2nd prize won .....	75	.....	100	.....
Each 3rd prize won .....	50	.....	75	.....

State Fair

Each club exhibiting .....	500	.....
Each 1st prize won on club products.....	350	.....
Each 2nd prize won on club products .....	250	.....
Each 3rd prize won on club products .....	200	.....

State Livestock Shows and Sales (Points on premiums won same as State Fair)

In District Dairy Show .....	300	.....
Each club exhibiting in Baby Beef Show and Sale...	300	.....

Junior Week and Camps

For each club member attending Junior Week full time .....	100	.....
For each news article written by club member and appearing in county or state paper concerning the work of the club .....	200	.....
Each club member attending camp full time .....	100	.....
Each star and medal camper .....	250	.....

Social and Recreational

Each member attending picnic or tour held by club with $\frac{2}{3}$ of members in attendance (not to exceed four) .....	25	.....
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Community Work

For each member assisting in beautifying school or church grounds and any other worthy work with at least 75% of members working not less than $\frac{1}{2}$ day each activity .....	50	.....
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Financial

Each dollar raised for benefit of club .....	10	.....
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I hereby certify on my personal knowledge that these records are correct .....

(Local Leader)

Approved.....  
 (County Agent)

**SONGS****A PLOWING SONG**

(4-H Club Song for Boys.) Used by special permission of Miss Fannie R. Buchanan.

A growing day and a waking field,  
And a furrow straight and long;  
A golden sun and a lifting breeze,  
And we follow with a song.

**Chorus**

Sons of the soil are we,  
Lads of the field and flock;  
Turning our sods,  
Asking no odds,  
Where is life so free?  
Sons of the soil are we,  
Men of the coming years  
Facing the dawn,  
Brain ruling brawn,  
Lords of our lands we'll be.  
A guiding thought and a skillful hand,  
And a plant's young leaf unfurled,  
A summer's sun and a summer's rain,  
And we harvest for the world.

**DREAMING**

(4-H Club Song for Girls.) Used by special permission of Miss Fannie R. Buchanan.

My home must have a high tree  
Above its open gate.  
My home must have a garden  
Where little dreamings wait.  
My home must have a wide view  
Of field and meadow fair,  
Of distant hill, of open sky,  
With sunlight everywhere.  
My home must have a friendship  
With every happy thing.  
My home must offer comfort  
For any sorrowing,  
And every heart that enters  
Shall hear its music there.  
And find some simple beauty,  
That every life may share.



My home must have its mother,  
May I grow sweet and wise.  
My home must have its father  
With honor in his eyes.  
My home must have its children;  
God grant the parents grace,  
To keep our home through all the years,  
A kindly, happy place.

**AMERICA, THE BEAUTIFUL**

O beautiful for spacious skies,  
For amber fields of grain,  
For purple mountain majesties,  
Above the fruited plain.  
America! America! God shed His grace on thee,  
And crown thy good with brotherhood from sea to  
shining sea.

**CLUB RALLY SONG**

(Tune: Auld Lang Syne)

We're here for fun right from the start  
Pray drop your dignity;  
Just laugh and sing with all your heart,  
And show your loyalty.  
May other meetings be forgot,  
Let this one be the best,  
Join in the songs we sing today,  
Be happy with the rest.

**BOOST FOR OLD KENTUCKY**

(Tune: Battle Hymn of the Republic)

Boost for Old Kentucky, she's the best State on the map.  
Gee, but we were lucky to be coddled in her lap.  
If we're only plucky, oh what riches we can tap,  
As we go marching on!

**Chorus**

Glory, glory, Old Kentucky,  
Glory, glory, Old Kentucky,  
Glory, glory, Old Kentucky,  
The best State on the map.

Let us stick together and increase Kentucky's fame  
Never mind the weather just come on—get in the game;  
Know each other better and you'll reach a higher aim,  
As we go marching on!

## THE KENTUCKY JUNIOR CLUBS

(Miss Jessie Caswall)

We pledge our head, heart, health and hand;  
 The Junior Clubs we all demand.  
 The Four Leaf Clover is our brand,  
 And we are from Kentucky.

## Chorus

Kentucky, Kentucky, we're bound to be right plucky,  
 For we're the future citizens of famous old Kentucky.

We practice thrift, we're better dressed;  
 We make good homes; we've stood the test.  
 Our aim: "To make the better best."  
 For we are from Kentucky!

Her well-known names in halls of fame  
 Inspire us to reach their aim.  
 Come on and get into the game.  
 And work for old Kentucky.

We see such names as Lincoln, Clay,  
 Boone, Shelby, Davies, Allen,—Say!  
 We're on the map—we're here to stay!  
 We boost for old Kentucky.

Give us a chance, for don't you see  
 The future hangs on such as we.  
 Just what you make us, that we'll be  
 Who live in old Kentucky.

## IT ISN'T ANY TROUBLE

(Tune: Battle Hymn of the Republic.)

It isn't any trouble just to s-m-i-l-e  
 It isn't any trouble just to s-m-i-l-e  
 Whenever you're in trouble,  
 It will vanish like a bubble,  
 If you'll only take the trouble just to s-m-i-l-e.

It isn't any trouble just to g-r-i-n, etc.  
 It isn't any trouble just to g-i-i-giggle-e, etc.  
 It isn't any trouble just to l-a-u-g-h, etc.  
 It isn't any trouble just to ha! ha! ha! ha! ha! etc.



**PARTING SONG**

(Tune: A Perfect Day.)

We are nearing the end of a perfect day  
Which will long remain in our thought,  
It should send each member or guest away  
With the joy that the day has brought.  
For club work means service at work and play,  
And friendships that never fade,  
So we grasp at the end of a club-camp day  
The hands of the friends we've made.

Good yells are needed on many occasions. Each club should elect a cheer leader and learn a few good yells.

**YELLS**

Good, Better, Best,  
Work with a zest;  
Make the best better  
And make the better best,

CLUB WORK  
CLUB WORK  
CLUB WORK

Razzle, Dazzle,  
Razzle, Dazzle,  
Not a thread but wool  
All together, all together,  
That's the way we pull.

Two, four, six, eight,  
Whom do we appreciate.

We're from old Kentucky  
Where the blue grass grows,  
The best state in the nation  
As anybody knows,  
K-E-N-T-U-C-K-Y Kentucky.

Had a little rooster,  
Sat him on the fence  
Crowed for the ..... Club  
And showed he had some sense.

They haven't got the pep,  
They haven't got the jazz,  
They haven't got the leader,  
That our club has.

When you're up, you're up,  
And when you're down, you're down  
But when you're up against the ..... Club  
You're upside down

**GAMES****SNATCH BALL:**

Divide the boys and girls into two teams. Draw two parallel lines about four or five paces apart and place a small circle in the center of the imaginary rectangle. Line the two teams up on the opposite lines facing the center, and number the members on each team 1, 2, 3, 4, 5, etc., being careful to have the same number on each side. The referee calls out a given number such as four. Each member whose number is four rushes out to snatch the ball, from the center circle and return to his own safety line before being tagged by the opponent of the same number. If one of the contestants snatches the ball and returns to safety without being tagged, one point is awarded his team. However, if he is tagged before returning to safety one point is scored for the opposing team. Eleven points constitute the game.

**DODGE BALL:**

Draw a large circle and divide the club members into two groups, placing one inside the circle and one outside around the circle. Put into the hands of the captain of the team outside the circle a basket ball, volley ball or some soft cord ball. At a given signal the ball is thrown toward the team within the circle in an endeavor to hit one or more of the members of that team. As soon as a member has been hit he withdraws from the circle and so on until all of the members of the team within the circle have been hit. Time should be kept on the teams to see how long each required to get the other out of the circle and the team taking the least time is declared the winner.

**RADIO:**

Divide the club members into two groups of equal number and form two different circles. At a given signal the members in each circle take hold of hands. At the second signal the captain of each team squeezes the hand of the club member at his or her right, who in turn passes the squeeze on around the circle until it comes back to the captain who when his hand is squeezed raises his right hand and yells "hip" loud enough for the referee



to hear. The team which wins two out of three is, of course, the victor.

**BALLOON RACE:**

Provide a balloon for each team. Divide your group into two or more teams as the number of club members present may warrant. Line your teams up in a straight line and give the captain of each team a balloon and palm leaf fan or piece of cardboard. Have all teams line up on the same line, facing the same direction. Draw a parallel line, four or five paces distant, and place a stick or some object on that line directly in front of each team. At a given signal the captain of each team is to leave his base line and go around the object on the parallel line, returning to his base as quickly as possible. The balloon must be carried all the way on the fan or cardboard. If it drops off the member stops immediately and, after replacing it, proceeds from the point where the balloon fell, and so on until every member in each team has carried the balloon. The team finishing first is declared the winner. This race may also be carried out by placing the balloon on the floor and fanning it across the opposite line and around the object or miniature totum pole, and back to base line instead of carrying it.

**SPELLING BEE BACKWARDS:**

Have the members spell the words backwards and conduct a real old fashion spelling bee, just as if they were spelling the words in the usual way, forward instead of backward. The club members should be divided into two teams as is usually done in the old fashion spelling bee and they spell each other down as in the regular contest, except they must do it by spelling the words backwards. As a member misses he or she must sit down.

**GEOGRAPHY:**

All the players are seated in a circle. One player calls out the name of a country and the player on his left must then name a second country, the first letter of which is the last letter of the country just given. The next player in the circle uses the last letter of that word as his initial letter, and so on. About fifteen

seconds is allowed each person to think of his word. Suppose the first player says "Greece;" the second player, who must use E as his initial letter, gives "Egypt;" then follow Turkey, Yucatan, Netherlands, Spain, and so on. Anyone who fails to give a word drops out of the game. The same word should not be given twice. Sometimes the first player begins with the name of a mountain, river, or lake, but no matter what he chooses, the other players must give words naming others of the same class.

#### INDOOR TRACK MEET:

Divide the crowd into at least four groups, each of which chooses a captain. Each group enters two or more contestants for each event.

A committee of judges should be selected, a clerk to announce events, a timekeeper, and a starter.

1. *Standing Broad Grin*: Who can grin the broadest? Use a yardstick to measure if you want results.

2. *Eighteen Inch Dash*: Each contestant is given a piece of string eighteen inches long, on one end of which a lump of sugar is tied; the other end is taken in the teeth. Who can chew to the sugar first?

3. *Shot Put*: Each entrant stands on a chair and tries to drop ten beans one at a time into a glass jar on the floor. Use dried lima beans and a Mason quart jar.

4. *Hammer Throw*: The contestants one at a time toe a mark and see who can throw the farthest a paper bag filled with air.

5. *Relay Race*: (For winners of other classes only.) Beginning at a given signal, who can eat two soda crackers and whistle first? The hands are kept folded behind the back while the crackers are fed to the contestants by assistants.

#### HOOK ARM TAG:

Arrange all but two of the group in a single circle facing in. Arrange the players in pairs with a five foot interval between pairs. Instruct each pair of players to link inside arms, and place the outside hand on the hip. Place the two selected players on opposite sides of the circle. Appoint one of them



"IT" the other one "RUNNER." At a signal "IT" chases the runner with the object of tagging him. The runner runs about the circle as he wishes and finally hooks on to the extended elbow of one of the players in the circle. The player whose arm is hooked stands fast; the other player now becomes the runner, and "IT" takes after him. If "IT" tags the runner the two reverse offices and the game continues.

**POLICEMAN'S BILLY :**

Form a very close circle with "IT" in the center. Use a newspaper or some other soft object for a billy. The billy is passed around on the outside of the circle. Any one who gets the billy may hit the one in the center. If the center player guesses who hit him that one must change places with him and the game continues. The fun is in striking the "IT" as often as possible and passing the billy so rapidly that he cannot guess who hit him.

**SPELL DOWN :**

The players are seated in a circle and the leader calls out words containing the letters "A" and "I." In place of saying the letter "A" the player raises his right hand to the height of his right ear and brings it back to his side again, and in place of saying the letter "I" the left hand is used in the same manner

*Suggested words :*

Atlanta	Battle	Chapter
Tattle	Rattle	Arctic
Chatter	Batter	Ticket
Atlantic	Attitude	Antarctic
Sweater	Team	Chariot
Attention	Attempt	Table
Quaint	Attentive	Saturday

NOTE: Other letters may be used.

**OF WHAT FAMOUS PEOPLE DO THE FOLLOWING REMIND YOU?**

- Burned Cake .....(King Alfred)
- A Kite .....(Benj. Franklin)
- A Dove .....(Noah)

A Steamboat .....	(Fulton)
Telephone .....	(Alexander G. Bell)
A Burning Bush .....	(Moses)
A Lonely Island .....	(Robinson Crusoe)
A Muddy Cloak .....	(Sir Walter Raleigh)
A Cotton Gin .....	(Eli Whitney)
A Hatchet .....	(George Washington)
A Wolf .....	(Red Riding Hood)
A Spider's Web .....	(Robert Bruce)
A Cat .....	(Dick Whittington)
Snakes .....	(St. Patrick)
An Army of Rats .....	(Pied Piper of Hamelin)

## LETTERS ARE EQUAL TO WORDS.

A human organ .....	I
A beverage .....	T
A bird .....	J
A vegetable .....	P
An insect .....	B
A clew .....	Q
A part of a house .....	L
A large body of water .....	C
A sheep .....	U
A command to oxen .....	G
A verb of debt .....	O

## WHAT TWO LETTERS REPRESENT.

Condition of winter pavements .....	I. C.
Name of a county in England .....	S. X.
Word meaning too much .....	X. S.
To rot, or fall in ruins .....	D. K.
A word meaning not difficult .....	E. Z.
A girl's name .....	K. T.
A written composition .....	S. A.
A summer dress material .....	P. K.
Kind of pepper .....	K. N.
Mean to surpass others .....	X. L.

## UNITED STATES:

What state. (Questions are answered by using abbreviation of some state in the U. S.)

Is the cleanest .....	Wash.
Is the most religious .....	Mass.



Never forgets itself .....	Me.
Saved Noah and family .....	Ark.
Is a physician .....	Md.
Is a grain .....	R. I.
Seems to be in poor health .....	Ill.
Is an exclamation point .....	O.
Is a parent .....	Pa.
Is to cut long grass .....	Mo.
Is to study carefully .....	Conn.
Is a number .....	Tenn.
Is a metal formation in itself .....	Ore.
Is the happiest .....	Ga.

STUNTS

*Kitten Cuff:*

Two cloths for blinding the eyes and two swatters are needed for this contest. Place two contestants on their hands and knees on the ground facing each other at a distance of three feet. Wrap the contestants eyes so they cannot see. Place a swatter in each contestant's right hand and have each grasp the other's left hand. At signal, each contestant (continuing to hold the left hand) starts beating his opponent with the swatter, and at the same time rolls about so as to avoid the opponent's swatter. Each bout lasts thirty seconds. Render a decision after each bout based on performance, giving special attention to aggressiveness. Three bouts constitute a match; the contestant successful in two wins.

*Cracker Eating Contest:*

All players in a straight line. Give each a large soda cracker. At a given signal all start to eat. The one who eats his cracker and whistles first wins.

*Candle Lighting:*

Contestant sits with his legs extended upon a large bottle or jug, lying upon its side. The right heel is placed on top of the left toe. A box of safety matches and a candle are handed each contestant who endeavors to maintain his balance and light the candle.

**INTELLIGENCE TEST FOR 4H CLUB MEMBERS**

This test may be given to a group rather than to an individual. After the contest is over the agent or leader should give the correct answer to each question. Five points are given for each question answered correctly.

1. How many days are required for a hen's egg to hatch?
2. What does a chicken use for teeth?
3. What is meant by purebred animals?
4. How many ears of corn make a standard exhibit?
5. What is a standard pen of chickens for exhibition?
6. Who is secretary of the State Fair?
7. Give one method of testing seed corn.
8. Why are vegetables heated before they are canned?
9. What is a junior club project?
10. Who is Dean of the Kentucky College of Agriculture?
11. Where is the University of Kentucky?
12. Who is President of the University of Kentucky?
13. What Bible character had charge of grain during the famine in Egypt?
14. What was Jesus' occupation as a boy?
15. Name three forms of bees that live in each hive.
16. How is the President of the U. S. elected?
17. Name one characteristic of a legume that makes it so valuable to farmers.
18. Do little flies grow into big ones?
19. If a nail is driven into a tree four feet above the ground will it be any higher from the ground in 20 years, assuming that the tree grows at a normal rate?
20. What are the life stages of a butterfly?



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