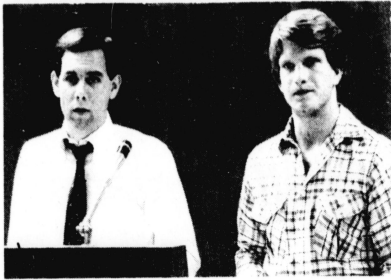


# SG steering committee to probe campaign costs



SG President Mark Metcalf and Vice President Sid Neal

By STEVE MASSEY  
Campus Editor

An alleged campaign violation by the winning executive ticket in last spring's UK Student Government election has caught the attention of the senate steering committee.

The committee, headed by former SG vice president and current Senator-at-large Billy Bob Renner, and composed of nine senators, will meet this weekend to try to determine if current SG President Mark Metcalf and his running mate, Vice President Sid Neal, violated the \$300 limit on campaign expenditures last year.

The committee, which takes initial action on SG issues, met last Monday night to discuss the issue.

At-large Senator Brad Sturgeon

and members of the steering committee are looking into the costs of printing work done for the Metcalf-Neal campaign.

According to Sturgeon, Metcalf referred him to Shenco Printers for "a good deal" on printing estimates of campaign materials such as poll cards, banners and brochures. Shenco Printers printed the Metcalf-Neal campaign materials last year.

In a visit to Shenco earlier this semester, Sturgeon, accompanied by SG senator Lynne Crutcher, said he was offered "the same deal given Metcalf" by Bart Smith, manager of the printing company. Smith could not be reached for comment.

Sturgeon said the cost quoted to him by Smith of an itemized list of campaign materials used by the

Metcalf-Neal ticket last spring totaled \$761.20, which exceeds the combined \$300 limit in SG presidential and vice presidential campaigns.

Included in that estimate was the cost of typesetting, enlarging and photocopying all the material. But both Metcalf and his campaign manager, Steve Armstrong, said their materials were ready for printing when delivered to Shenco.

Armstrong said he did the typesetting at Kennedy's Bookstore at cost of \$5 for transfer letters. He said the enlargement of the pictures used in the posters was done free of charge by Phillip Cassidy, now employed by *Bluegrass Woman* magazine. The photocopying was also done for free by some of Metcalf's Sigma Pi fraternity brothers.

Sturgeon's list included 5,000 brochures, 10,000 poll cards, 1,000 adhesive stickers and 2,500 posters.

Armstrong, though, said Sturgeon lists the wrong quantities for two items. He said the adhesive stickers were printed by the Feedback Printing Company, which, according to Armstrong, kept no records of the transaction.

The actual number of brochures, Armstrong said, was between 1,000 and 2,000. As for the 10,000 poll cards, Armstrong said that "sounds like an awful lot."

Metcalf said he would release records from Shenco today indicating that he paid slightly less than \$160 (the presidential campaign limit) for all materials printed by Shenco.

Continued on page 3

Vol. LXVIII, No. 73  
Thursday, November 29, 1979

# KENTUCKY Kerbel

An independent student newspaper

University of Kentucky  
Lexington, Kentucky

## Getting representation on CHE will be the goal of student lobbyists

By NANCY GWINN  
Staff Writer

Getting a student representative on the state Council on Higher Education will be the main objective of Student Government's lobbying efforts when the Kentucky General Assembly convenes in January.

SG held a workshop Tuesday night to get students' opinions on its lobbying efforts. Despite the fact the meeting had been widely publicized, only a few SG members attended.

"We're here to hear what everybody feels strongly about and set up a few goals," said Tom Collins, an agriculture senior who chaired the workshop. About eight SG members will go to Frankfort in January to lobby for student interests. Four more SG members will participate in a joint lobbying effort with the Student Government Association of Kentucky.

Gene Tichenor, arts and sciences senior, will be joining the state student government group's efforts to get a student on the CHE, which determines the operating policy of the eight state universities.

Tichenor, SG president in 1978-79, said he believes SGAK will be an "effective figurehead in the lobbying efforts" because the organization represents approximately 120,000 students in the state.

Support for the CHE bill has already been promised by Rep. Jody Richards, who was chairman of the House Education Committee last year. Gov.-elect John Y. Brown has also expressed support for the bill.

Bobby Dee Gunnell, A&S junior, said such support will make SG lobbying efforts easier. But Gunnell, a senator-at-large, added that opposition from CHE Chairman Harry Snyder could easily defeat the bill, as was the case during the last meeting of the legislature.

Gunnell said Snyder is opposed to student representation on CHE because he believes it will create an unnecessary "special interest" group on the board.

Tichenor said SG lobbying has never been successful in the past, but added that victory with the CHE proposal could give student organizations the clout needed for future efforts.

Last year, student lobbyists concentrated on the "Bottle Bill" and CHE representation.

The Bottle Bill would limit the sales of no-return bottles within the state. After heavy lobbying efforts by Kentucky's bottlers, the bill was defeated in the last session of the legislature.

"There is more support for the bill this year," Tichenor said. He said this will make it easier to persuade legislators to vote for it.

The students in Frankfort will also focus on Kentucky's wage laws, which do not require that students be paid minimum wage in certain situations, such as when they are employed by universities.

"This is a law that desperately needs to be changed," Gunnell said. He added that SGAK should lobby hard to change the law. Gunnell said he believed many legislators were unaware of the laws and that having them rewritten should be easy.

During Tuesday's meeting SG Senator-at-large John Stocker, business and economics senior, requested that lobbying efforts include support for House Bill 43. This measure would allow apartment complexes to pay commercial rates on electricity. Currently, apartments are charged the higher residential rates.

Stocker also advocated support of the Landlord-Tenant Bill, which would establish a more definite legal relationship between renters and landlords, particularly with respect to lease agreements.

Because of the sparse attendance at Tuesday's meeting, another is scheduled for 4 p.m. today. An outline of issues to be lobbied by SG will be drafted into a bill that will be presented during the SG Senate meeting next Monday night.



By JIM DAEHLER/Kerbel Staff

## Riding high

Roger Kirkpatrick, interior design sophomore, wheels his way through the South Campus complex area Tuesday. Kirkpatrick said the bike belonged to a friend and was not an antique.

## Biofeedback puts you in touch with yourself and offers new solutions to health problems

By WALTER PAGE  
Staff Writer

The human body is possibly the most complex machine in all creation. As such, it is prone to breakdowns, failures, and other misfortunes. People are constantly on the search for solutions, almost always turning to others for help.

Biofeedback, though, allows them to find solutions inside their own bodies.

"Biofeedback allows a person to realize what is going on inside his own body, and through proper training, allows him to control certain aspects of it," said John A. Dougherty, a psychologist at Lexington's Veterans Administration Hospital.

As long ago as the mid-1800s, men explored the possibility of controlling their "involuntary systems," body processes which people had no conscious control over — or thought they had no control over. The cardiovascular system is one of the traditional "involuntary" systems.

(Medical authorities say that response to stress, heart rate, blood pressure, pain, body temperature, drug dependence, muscle efficiency, insomnia, ulcers, and even childbirth — both voluntary and involuntary

processes — can be controlled through biofeedback.)

In the 1920s, the medical field asserted that man has absolutely no control over his internal state, contrary to what had been stated 40 years earlier. Until the 50s, virtually no research was conducted in that area.

Then, Dr. Neil Miller of Rockefeller University, among others, challenged the traditional classification of the voluntary and involuntary systems. Work resumed in the once-dead field.

Biofeedback, machine-taught control, soon engulfed the West Coast. Bringing an influx of so-called "brain-wave machines." The devices supposedly helped users to reach altered states of consciousness.

The "brain-wave" fad once again put biofeedback into disrepute. Health researchers would not be interested in further studies until the fad had died. Biofeedback is now considered part of a large new area of research into the relationship between behavioral science and general medicine.

Most clinicians now agree that biofeedback is a legitimate tool in the treatment of a number of disorders. Although some uses remain quite experimental, the field has experienced tremendous progress through the 1970s.

"Biofeedback is simply a method by which you can learn to voluntarily control what have been considered involuntary actions in the past," said Norman Jessop, VA psychologist. "And the patients who learn this control often can solve a number of their disorders."

Another local practitioner agrees. "These extremely sensitive instruments magnify subtle electrochemical changes in the body enabling you to become consciously aware of the internal feelings of various physiological systems in operation," said Walter Great, a biofeedback trainer working with Lexington physician Walter Stoll.

"Patients who master the proper techniques," he added, "can then master their own body to a certain extent." Dougherty said, "The most important thing is to explain what the patient has to do. They assume we are doing something for or to them."

"It's not like that. They are learning to treat themselves. Only the first step is with us. It must be practiced outside and applied usefully afterwards," Dougherty emphasized.

Because the human body is complex, biofeedback offers more than one instrument capable of monitoring sensitive changes.

"Biofeedback is borrowed from electronics: put a signal into something and it can be traced. The major difference between the forms is simply what is being monitored," Jessop said. The most widely used instrument is the electromyograph, or EMG, which measures muscle tension.

"EMG is the most promising, with a proven therapeutic record of success," said Dougherty.

"It has three electrodes, resting on the skin picking up the electrical stimulation of the muscles. The signals are fed into a console which transforms them into clicks. "The more tense the muscles, the louder the clicks. When muscle tension goes down, the rate of clicks follows," Dougherty explained. (Biofeedback machines use different output signals, including audible tones, graphs, video displays, as well as clicks.)

Also used is the electroencephalograph, EEG, which measures the four known brainwaves: alpha, beta, theta, and delta. Each corresponds to a different type of electrical activity in the brain.

(The "brain-wave machines" of the early 60s were crude adaptations of today's EEG.)

Continued on page 4

## today

### state

**THE RATE OF AUTO THEFTS** in Kentucky is growing and now stands at about 10,000 a year, according to an official of the Kentucky State Police.

Li. Richard McQuown, commander of the state's auto theft unit, testified at the first of a series of hearings on auto thefts called by the investigations subcommittee of the Senate Government Affairs Committee.

He stated that at least 35 organized stolen-car rings are operating in Kentucky despite an all-out police program to stop them. Half of the rings are running "chop shops" in which stolen cars are cut up for parts.

### nation

**A PROPOSED TAX** on Social Security benefits is "immoral" and "an affront to human decency," said U. S. Rep. Carl Perkins, D-Ky., yesterday in Washington.

Perkins' comments came in response to a recommendation by the President's Advisory Council on Social Security. The council proposed that one-half of a recipient's Social Security cash benefits be subject to federal, state, and local income taxes.

Perkins said such a tax will cause "needless suffering" among elderly and disabled persons, adding that the reduction of even a few dollars a month in income would mean restricted food purchases for some people.

### world

**AN AIR NEW ZEALAND DC-10** carrying 257 persons on an adventurous flight to the bottom of the world slammed into a volcano yesterday on the ice-bound coast of Antarctica, apparently killing all aboard in one of history's worst air disasters.

The 237 passengers on the sightseeing flight included 12 Americans, the airline said. The identities of the victims were withheld until notification of next-of-kin.

The cause of the crash was not known. There was no immediate indications that any structural problem was involved in the crash.

### weather

**WINTER HAS ARRIVED.** Breezy and quiet cold today with snow showers possible and highs in the lower 30s. Cloudy and cold tonight with a continued chance of flurries and lows in the low to mid 20s. Partly cloudy and cold tomorrow with highs in the mid 30s.

# KENTUCKY Kernel

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## Iranian students to ask asylum

# Khomeini not representative of all Iranians

"Iran is a four letter word" declared a bumper sticker displayed on a car's rear window. On its bumper was a UK parking sticker.

Americans are tense and anxious over the situation involving the 24-day deadlock of the shah's "trial" and the 49 American hostages held in Tehran's U.S. Embassy.

Consistently distorting facts in statements to the press and Iranian people, Ayatollah Ruhollah Khomeini successfully refuels tensions between the United States and Iran. But Americans must remember the religious fanatic acts independently and relies on no spokesmen.

He apparently trusts no one. He lies to the Iranian people about explosive situations, including his decla-

ration that the United States and Israel — not the Saudis — were responsible for the takeover of Mecca's Grand Mosque; that the Security Council's decisions on the shah's case would have been in favor of the shah.

"Condemnation of our oppressed people is welcomed by them," Khomeini said.

The Iranians' angry reactions about supposed American interference — especially with the upcoming Shiite Moslem days of mourning — should be expected. But, Khomeini's fanatical philosophies about martyrdom and America does not necessarily represent those held by all Iranians, just as Hitler's policies did not represent those of all Germans during World War II.

Hitler had the ability to incite and lead mass

numbers of people through his misleading, fervent speeches — as does Khomeini. He now calls on Moslems, U.S. blacks and all Iranians to rise against the United States.

Calmly watching daily developments point to an approaching crisis is not easy; wondering if there is any chance the hostages will escape alive — and knowing there is no direct way to help them — frustrates Americans more.

Some of Kentucky's estimated 62 Iranian students who face deportation hearings may ask immigration officials for asylum, and some of the state's 625 Iranian students who are married to U.S. citizens may seek permanent residence in America.

Not all Iranian students follow Khomeini's views. Those who like America should be given asylum and

not threatened or forced to leave. Condemning all Iranians for their country's actions is prejudiced and unfair. Granted, the majority of Iranians are protesting actively against the United States.

Consider that Iranians who disagree with the United States are — for the most part — leaving the country to join their nation's protests. Let the paranoid Iranian fanatics wire explosives to their buildings and plan to blow up their oilfields and petroleum installations in case of U.S. military intervention.

Americans must use common sense. Khomeini is not representative of the Iranian people. He wants a country of martyrs, but if the Iranian people could speak without fear for their lives, some might decline his generous offer.

## Letters to the Editor

### C2 lots closed

I've had it! The person who said students don't use the C2 parking lots was badly misinformed. I made the mistake of giving the UK parking people \$20 at the beginning of this semester for what I believed to be a guaranteed parking place every day this academic year.

Monday I arrived at the L-shaped lot that backs up to Maxwell Street. The entire bottom section of this lot had been blocked off and cars were forced to back out of the lot because construction crews were blocking the only available turn-around space. The C2 lot right next to this one had also been blocked off.

Tuesday all the C2 lots were completely blocked off (except for the one directly behind the Coliseum). The only other C2 lot is on the other side of campus; it has spaces for about 15 cars and consists of gravel, grass and two-foot-deep potholes.

My complaint is three-fold:

1) Why weren't we informed of the future construction plans for the C2 lots before the actual closing of the lots?

2) With the construction and the resulting competition for parking spaces, why haven't the UK Police "beefed up" patrols to tow and ticket all illegally parked cars. (I took a random sample of the cars parked in these lots and approximately three out of four cars in these lots have C2 stickers. This wasn't very important until construction forced such fierce competition for spaces.)

3) Why weren't we informed before we paid \$20 that construction was going to drastically reduce the number of spaces available, even to the point of closing the lots for a period of time?

Wednesday the same C2 lots were still closed. How long is it going to last? Why weren't we told ahead of time? And who should we complain to? If this situation is to continue for the remainder of the semester, I want

my money back on at least a pro-rated basis.

Michelle R. Hornbeck  
Family Studies senior

### Thank you, Cats

This is a thank you letter to the 1979 football Cats, the coaching staff, and the UK fans. I spent six years watching Indiana University football futility and apathy. In those same years I also followed an IU basketball team with demonstrated commitment and discipline, including the 1976 NCAA champions.

After coming to UK in the summer of 1976, I followed even more fervently UK basketball and the 1978 NCAA champions. I found UK football to be exciting. I travelled to Atlanta. I'm sorry not to be going to Birmingham. But the purpose of this letter is to say that whether football or basketball, never, never, have I seen such a courageous and gutsy team as the 1979 Curci Cats.

I think the coaches did a remarkable job. The fans here are certainly not the typical "fair weather" variety. A bowl bid would have been in part a tribute to the UK fan support. Nevertheless, it was the 1979 Cats, from freshmen to seniors, (perhaps best focused in my memory by watching Felix Wilson pepping up the people in blue during the latter part of the Indiana game) who have not only repeatedly refused to quit in the face of adversity, but to the very end gave of themselves in an exciting and highly competitive way.

While I am fully aware that there are more important things in life and in the world today than winning or losing a football game or a bowl bid, I feel deeply moved by the total commitment and discipline this team has demonstrated. They have given concrete meaning to the lightly and oft-repeated phrase, "playing up to one's potential." Would that I, and perhaps others of us, might live up to our

potential the way they "played" up to theirs.

John H. Crosby  
Department of Family Studies

### PPD openings?

I would like to use some ink to congratulate our P.P.D. (Physical Plant Division) for an act that I thought would never take place on a P.P.D. job — one man doing one man's work. I guess the previous policy of three or four men (all earning wages) watching one man has been abandoned. I don't hate Poland. It's fine with me if they want 37 men turning the house and one holding the light bulb, but please don't make them P.P.D. employees and don't pay them with my tax dollars.

P.S. I have a friend who's an illegal alien, flunked kindergarten, and has a tendency to be extremely lazy. Are there any openings for P.P.D. jobs?

Christopher Hagan  
Relaxing junior

### IFC bylaws insane

Concerning the article in Wednesday's *Kernel* on Inter-Fraternity Council, we feel that these bylaws serve little purpose and are misguided. Each bylaw passed this past Monday is, if your report is accurate, of no benefit to anyone. Non-alcohol night is a great idea on paper, but it is merely a ploy to smooth tensions between those who oppose drinking (the administration) and those who encourage it (the fraternities). Let's face it, this compromise will not change the attitude of either group. Those who want to drink on Thursday night will drink, whether at a fraternity house or not.

The other bylaws are equally insane. What is the difference between pure grain in punch and rum in Coke or bourbon in water? All will get one drunk. It would be just as easy to say

any drink served shall have less than one ounce of alcohol or that only 3.2 percent beer may be served. The regulation prohibiting leaving a party with alcohol is already covered by state law, which prohibits drinking in public. What is the need for dual legislation? The outlawing of original containers seems to be as big a waste as the paper it is printed on! Does pouring beer in a

glass or paper cup cleanse it or something? We doubt it does. It is a good idea that it encourages economic activity through increased sales of cups. It also creates more trash. As ridiculous as all of this is, the worst is yet to come. A person must now be a UK student to enter a rush party. Did IFC ever think that alumni often attend rush parties? How about brothers from other chap-

ters or members of a national organization? According to this, Dean Palm cannot even attend. We doubt he would *concur*. To say the least, these new rules leave much to be desired. To say the most, we should forget them.

Robert M. McCord  
Warren T. Millard  
Business Administration juniors

The *Kernel* welcomes all contributions from the UK community for publication on the editorial and opinion pages.

Letters, opinions and commentaries must be typed and triple-spaced, and must include the writer's signature, address and phone number. UK students should include their year and major and University employees should list their position and department. The *Kernel* may condense or reject contributions, and

frequent writers may be limited. Editors reserve the right to edit for correct spelling, grammar and clarity, and may delete libelous statements.

Contributions should be delivered to Room 114 Journalism, University of Kentucky, Lexington, Ky. 40506.

For legal reasons, contributors must present a UK ID before the *Kernel* will be able to accept the material.

## Columnist suggests meditation, dream interpretation to find self

"Finding oneself" was a popular pastime during the late 60s and early 70s, the era of the "flower children," Woodstock, Vietnam, peace symbols and the annoying word "groovy." Though we college students today are involved in less turbulent activities than our counterparts were ten years ago (we're more concerned with finding jobs than with staging demonstrations), we all still need to "find ourselves" periodically. This process of evaluating our accomplishments, goals, values, beliefs and attitudes is known as introspection.

The methods people use to facilitate introspection are almost as varied as people themselves. Some people prefer to go off into the country alone, with no company except nature herself, while others prefer discussing their problems with friends. Some use drugs to help clear their minds, while others don't. Still others use any combination of these methods. I would like to discuss two concepts which can be used by anyone to help undergo an honest evaluation of oneself. These concepts are 1) meditation and 2) studying one's dreams.

Many people view meditation as some magical phenomenon practiced by gurus which requires a lifetime of study. While it is true that those who devote their lives to the study of meditation have incredible peace of mind as well as control over the supposedly involuntary processes of the body (there are documented cases of yogis achieving control over their heartbeat and tolerance to extreme pain) one does not need to discipline himself to that degree to obtain some valuable benefits from meditation. Concentration is a relatively simple concept that will teach the practitioner concentration and help him to relax.

Concentrative meditation involves emptying the mind of all thoughts and concentrating only on your breathing. When you can do this properly you will find yourself very relaxed, both physically and mentally, and find it easier to concentrate on solving whatever problems you may have.

First, make yourself comfortable. You can be either lying down or sitting. Relax all the muscles in your body including your facial muscles and tongue. Either close your eyes or

focus them on a blank spot on the wall or ceiling. Take one or two deep breaths, and then continue breathing naturally. Take in a breath, and count "one," exhale, take in another breath and count "two," exhale, and so on up to ten. When you reach ten, start back at one again. Continue as long as you like.

steve  
weingarten

A few thoughts to keep in mind: Meditate in a quiet place, no radio or television. Do not control your breathing; breathe normally and count silently along with it. Don't expect to find this easy at first. When a stray thought enters your mind, gently push it away. If you lose count, start back at one again. Like any other skill, the ability to meditate effectively comes with practice. Don't expect to be able to sit down and meditate any time your mind is troubled. Instead, you need to practice meditating consistently so that the skill is there to be used when it is needed.

Many people believe that dream interpretation requires the services of a \$30 an hour psychoanalyst. Not true. In fact, the person who can best interpret your dream is you yourself.

A dream is a visualized feeling. Interpreting dreams is the key to helping you discover what might be troubling you and why. In a sense, dreams are a pressure valve for the mind; a strong feeling which you might have repressed during the day will likely take the form of a dream at night.

As an example, a couple of years ago I had a dream in which a dark-haired guy shot a dark-haired girl. Though the faces of the characters in the dream were unrecognizable, it was still easy for me to interpret the dreams. You see, earlier that same day a girl who I had been dating (we both have dark hair) dropped me rather coldly. Although I wanted to tell her where to stuff her over-inflated ego, I resisted the urge to do so. Instead, my anger came out in my dream.

Many people claim that they don't

dream, but it has been scientifically documented that everyone dreams every night. The problem is that most people don't consider their dreams important and dreams are easily forgotten unless the dreamer makes an effort to remember them. Keeping a dream diary, in which you write down all your dreams in as much detail as possible, is the best way to remember dreams. In addition, keeping the diary will help you see trends in your problems because dreams with the same themes usually relate to the same problem.

Although a dream is itself a visual symbol and much of the information in dreams is symbolic in nature, it is still best to attempt an obvious interpretation of a dream before looking for symbolic meanings. The dream I related earlier was both obvious and symbolic, but if I had been obsessed with finding the symbolic meaning of the dream I might never have correctly interpreted it.

Again, keep in mind that a dream is a representation of your feelings. Therefore, you are always in your dreams, even if you don't see yourself. Other people in your dreams often represent different aspects of your personality. For instance, if you dream about a wild, uninhibited person you know, he is representing the wild part of your own personality, your id in Freudian terms. Strangers in your dreams often represent a part of yourself that is unfamiliar to you because you consciously or unconsciously repress that aspect of your personality.

Space does not allow for a more detailed look at dream interpretation. If you are interested in further information, I would recommend *The Dream Game* by Ann Faraday. If you want to learn how to control your dreams and use them for recreation (learn how to have exhilarating flying dreams or even have sexual intercourse with the person of your fantasy), I would recommend *Creative Dreaming* by Patricia Garfield. Both of these books can be found in paperback form in the psychology section of most bookstores.

Steve Weingarten is a Psychology Education senior. His column appears every Thursday.



"...BRING ME THE SHAH...OR YOU'LL NEVER SEE DUNDER AND BLITZ AGAIN..."

# Committee to probe SG campaign costs

Continued from page 1

As campaign manager, Armstrong said he arranged the deal with Shenco after calling various printing companies and then contacting Shenco.

"I called him (Bart Smith) and he said he was new in business and wanted customers, so he could give me a good deal," Armstrong said.

Armstrong said there was "no way" Metcalf could have

printed any material without him knowing it.

But committee member Mike Breen said the major question was not how much was paid for the materials, but "what kind of quantity is shown on the receipts (to be presented by Metcalf today)."

Breen cited Article IV, section 6 (e) of the SG bylaws, which states "all monetary, material and commercial serv-

ices donated to candidates shall be attributed as expenditures of that candidate at a retail value."

Vincent Yeh, another member of the committee, said "we must first prove that the retail value is over what he used (in the campaign)."

Several committee members have also alleged that a "deal" existed between Shenco and Metcalf in which Metcalf got a

personal discount in exchange for giving Shenco printing priority for SG projects.

According to records provided by SG, Shenco printed the summer edition of *Focus*, the now defunct SG-Student Center Board newspaper, and the SG Brochure.

Metcalf stated that "there was no deal" there wasn't anything donated. I told him (Bart Smith) I have a limited (campaign) budget to work with. I asked him, without hurting his profits, if he could help me stay in the budget. He said he could."

action as long as these negotiations are proceeding, and as long as legalities can be followed, might cause the death of the hostages..."

And yet Carter vowed, in his first news conference since militant Moslems seized the U.S. Embassy in Tehran, that "we will not rest or deviate in our efforts until all have been freed from their imprisonment and their abuse."

In a clear attempt to isolate the Iranian regime, Carter said any claims raised by Iran against the United States "will ring hollow while innocent people are bound, abused and threatened." And he warned Iran's leaders of grave consequences if the 49 Americans held captive at the embassy are harmed.

"We are deeply concerned about the inhuman and degrading conditions imposed on the hostages," the president said.

Striking at the core of the regime of Ayatollah Ruhollah Khomeini, which has justified its policies on the Islamic faith, Carter declared: "There is no recognized religious faith on Earth which condones kidnapping. There is no recognized religious faith on Earth which condones blackmail. There is certainly no religious faith on Earth which condones the sustained abuse of innocent people."

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## Carter warns of trying times ahead

By BARRY SCHWEID  
Associated Press Writer

WASHINGTON — A determined President Carter vowed last night to pursue every peaceful means to free American hostages in Iran, but gave no sign to the American people that the crisis is nearing an end.

"Our determination may be even more sorely tried" in days ahead, the president said in a sober news conference devoted entirely to the Iranian crisis and U.S. efforts to resolve it.

Carter declined to say what he might do if the hostages are harmed and would not set a deadline for the Iranians to free them. But he added:

"I never forget for one moment that I'm aware about the hostages whose lives and safety depend on me. And I am pursuing every possible avenue to have the hostages released."

"Any excessive threat or any excessive belief among the Iranians that they will be severely damaged by military



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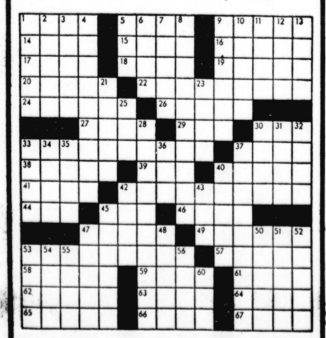
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and  
**A Guitar Mass**  
at 5:30 p.m.  
(supper following)  
472 Rose Street  
**St. Augustine's Chapel**  
The Episcopal Church  
on Campus

## Kernel Crossword

- ACROSS
- 1 Likewise
  - 5 Container
  - 9 Wise ones
  - 14 Frolic
  - 15 Gael
  - 16 Rough
  - 17 Nipa palm
  - 18 Palmer's game
  - 19 Concur
  - 20 Sharpen
  - 22 Marsh
  - 24 Fast car
  - 26 Mules
  - 27 Gait
  - 29 City off
  - 30 Ovens
  - 33 Watch
  - 37 Shove
  - 38 Kins
  - 39 Color
  - 40 Craze
  - 41 — Colburg
  - 42 Negligently
  - 44 Trotyl
  - 45 Roman way
  - 46 Eminence
  - 47 Vegetables
- DOWN
- 1 Break out in
  - 2 Bingo's kin
  - 3 Sting
  - 4 Well timed
  - 5 Dowel
  - 6 Lined up
  - 7 Wight and
  - 8 Portsider
  - 9 Frightened
  - 10 Athens' rival
  - 11 Hindu leader
  - 12 Paradise
  - 13 Ovalle
  - 21 Halifax and
  - 23 Bulkin
  - 25 Deer
  - 28 Menaced
  - 30 Search
  - 31 Shrub
  - 32 Tarry
  - 33 Greatest
  - 34 Russian
  - 35 name
  - 36 Gas. Prefix
  - 37 Tennis
  - 38 strokes
  - 40 Cretan king
  - 42 Expired
  - 43 Width
  - 45 Abbr.
  - 46 Salesman
  - 47 Sprue
  - 48 Grab
  - 50 Conscious
  - 51 Locale
  - 52 Cheeses
  - 53 Abominable
  - 54 snowman
  - 54 Dash
  - 55 Vocalized
  - 56 Venture
  - 60 Doteleu
- UNITED Feature Syndicate  
Wednesday's Puzzle Solved



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## Biofeedback gives conscious control over the body's 'involuntary' systems putting user in touch with himself

Continued from page 1

"Presently, EEG is not nearly as useful as EMG," said Greist, who occasionally works with both machines.

"The EEG machines are still fairly crude, especially in their ability to transmit effectively to the patient. We have some complex EEG machines now, but it takes a computer to read them."

"When we get machines that can measure more than one frequency at more than one point in the brain at the same time, and effectively feed back, you will see a rise in EEG usage," Greist said.

"In the future, EEG may well be the direction we take. Possibly not, depending on the progress of the new machines," Jessop added.

Dougherty, Jessop, and Greist also work with thermal biofeedback, monitoring and controlling body temperature; galvanic skin response, (GSR),

up the sensitive electrical impulses of our body. Through the aid of these instruments, you can actually see, hear, and then learn to feel the stress in your body," Jessop said.

"So, you eventually become aware of your own internal states, and can learn to control your body," he continued. "Once people learn the sensations, of relaxing for example, they no longer need the machines."

"They become their own receptors, feeding back information of their own biology," Jessop said.

With many people, this body control becomes automatic.

"For a while, you will go about recognizing tension, relaxing, and repeating the process. Eventually, your subconscious will take over and keep the problem under control," Greist said.

Biofeedback is not, however, a cure-all, Dougherty warned. "I don't like to use the word

applicable to everyone," Dougherty pointed out. "It's not. It is applicable to a number of patients with a number of disorders, with the horizon broadening daily."

It's important to remember, the men point out, that the machines do not produce the results. It acts solely as a guide for the body's internal healing processes.

"Biofeedback simply allows — aids — proper control to occur, helping us teach our body to be more efficient," Jessop said.

Even though biofeedback is very useful today, they are quick to point out that it has just begun, that it can do a lot more in the future.

"It's an infant science, growing every day," Greist said.

"And yet it's so large. We are dealing with only a small portion of it. Biofeedback is an immense field with any number of promising results lying over

at it, the more the mind and body seem as one system. When we talk about the mind controlling the body, we are essentially talking about two parts of one system.

"We don't know what the electrical potentials of the human body are. Until we understand what these potentials are, it is hard to conceive the end of the applications."

**'Biofeedback is an immense field with any number of promising results lying over the horizon'**

slight perspiration and electrical changes on the skin's surface (often used as "lie-detectors"); and sphygmography, measuring cardiovascular functions.

"All the instruments are essentially "yes no machines," telling you immediately that you are or are not acting properly," Greist said.

"The basic procedure is trial and error, hit and miss until you hit upon a procedure allowing you to capture the particular feeling you want," he added.

(Prices of the instruments vary from just \$65 for a simple hand-held thermal unit, to \$650 for a more complex thermal unit, to thousands of dollars for a complex model of any machine.)

Basic procedures for all types of biofeedback are similar. After learning about their problem and the type of machine to be used, a patient is usually taught a number of relaxation methods, the foundation of biofeedback. Gradually, with much practice, the patient learns to control the output of the biofeedback device — the number of clicks on the EMG, for example. By doing so, he is also controlling his body's functions.

Eventually he learns to control the function at will, without the use of the machine.

"Essentially, all the machinery does is feed back to the patient what he needs to be picking up anyway, allowing him insight to his body he otherwise would not have," Dougherty said.

"Our mind, sophisticated as it may be, cannot usually pick

'cure.' It is very outspoken. People can help themselves through biofeedback but I will not say they can completely cure themselves of any and all problems," he said.

"Through biofeedback, people can learn to deal with situations better. The problem may not be removed, but it can be dealt with better."

"Biofeedback helps you change your response, for the better, in certain situations," Dougherty said.

He went a little further:

"We are trying to do the best we can with the scientific methods we have. We use biofeedback where the evidence says that it is in the best interest of the patient."

"I don't want to give the impression that biofeedback is

the horizon," said Dougherty. It appears that with available technology, every function of the human body that can be monitored can be brought under voluntary control.

Biofeedback and its implications may change man's approach to health care. The evidence suggests that the mind can define and dictate the state of the entire body.

Then, why isn't biofeedback spreading faster?

"A lot of people assume it is a useful treatment. Actually, we need more subjective studies to prove that it does work and is the best treatment," Dougherty said.

Jessop said, "The only thing holding us back is the process of feeding information back to the patient. The more we look

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# KENTUCKY Kernel

# DIVERSIONS

## Post no labels, please

There's rock, disco and then there's Eddie Grady

By KATHY SMITH  
Reporter

Those who dined at the Ground Round during the months of September and October were entertained by one of the area's rising performers — Eddie Grady, a singer-guitarist who possesses a rich mellow voice like Glenn Frey and a head of hair like Peter Frampton.

Grady, 24, a Lexington native, is able to switch from a searing ballad to a catchy tune with a twitch of the fingers and shake of the vocals. But his music is impossible to label. "I don't like to put labels on my music," Grady said. "Music these days, I think, has melted together a lot. There's your disco and your rock and there's this and that, but my music... it has its roots and it has its background... I've had influences, but I don't attempt to call it anything."

Bluegrass music has had a strong influence on Grady, who has performed at festivals such as The Renfro Valley Bluegrass Festival. Other influences



Eddie Grady strums away while practicing for his upcoming appearance in Louisville next month.

include John Prine and John Hartford, performers with whom Grady has shared a stage.

Another strong influence has been Lexingtonian Tim Lake. Grady and Lake started out together as a duo act. Since then, both have moved on as solo performers.

Lake recently put out an album; Grady has taken his single act to practically every restaurant in Lexington, the UK campus and an appearance with Earl Scruggs at the Kentucky Theatre last year. Grady has also appeared at clubs and restaurants in Colorado, California and Florida. He next

will play Dec. 6 through 8 at the Butcher Town Pub in Louisville.

Grady also plays the banjo, although not "the bluegrass style of banjo." Recently he accompanied Modern Dance of Kentucky when they performed at the Opera House. "One of the dances was 'Laurel Spring in Appalachia,' an Appalachian dance," said Grady. "I played the banjo to it."

Although he is one of Lexington's most sought-after musicians, Grady said his sets are not really geared for Lexington clubs. "People want to hear certain songs that they hear every day when you play in the club situation," said Grady.

"I'll learn the top country song," he added, "and I'll do some old standards, and things that all the folks want to hear, but generally the things that I do between all of those are things that I really like."

These things include experimenting with music and lyrics of his own. "My goal is within about a year to be able to do my

own set or at least one 45-minute to an hour set," he said. In a step toward furthering his career, Grady says he has been planning a move to one of the bigger cities, such as Nashville or Chicago. "I definitely have plans to leave in about a year or two years."

He also conceded that producing an album is certainly in his plans. "I can foresee it," said Grady. "I would like to see myself go that far."

Grady claims that Lexington has not only an abundance of good musicians, but good jobs for them are scarce. "I think Lexington's day will come as a market where musicians can survive," he said, "but it's a long way off."

## Mancini to direct Boston Pops here in February show

The orchestra which made the late Arthur Fiedler a household word, the Boston Pops, and the man who gave the Pink Panther a theme song, Henry Mancini, will appear together in Lexington's Rupp Arena on Feb. 16.

The announcement of the concert was made yesterday by Dick Pardy, special event coordinator for Lexington Center Corporation, in a press conference at Lexington Center. A percentage of the proceeds from the event will go to the Lexington Council of the Arts.

Mancini will be conducting the Pops in a setting similar to the orchestra's concerts in Boston's Symphony Hall, its regular home. Tables will be set up on the arena floor and patrons will picnic on champagne, fruit and cheese. Seats will also be available in the side areas of the floor.

The three-part format of the Pops' concerts will also be maintained. The first section usually begins with a march to catch the audience's attention and then moves into light classical selections.

Part two features the work of a soloist, in this case Mancini. In a telephone hook-up to the press conference, Mancini said he will be playing the music that is normally associated with him and selections from his score for the current movie *10*.

The third section consists of the popular music selections which established the Pops' reputation and made "pops" style performances a reputable addition to the repertoire of many of the nation's leading orchestras. This style can include anything from medleys of Broadway musicals to burlesques of popular songs of the day.

The finale is also an attention grabber, sometimes the "Stars and Stripes Forever," a number often considered Fiedler's trademark with the orchestra.

Fiedler conducted the orchestra for almost 50 years before his death in July. He once said the secret to the ensemble's success was "Everybody seems to love a musical picnic."

Mancini last appeared with the Boston Pops two years ago during Fiedler's last full season as conductor. He is best known as a film music composer, scoring the entire Pink Panther series among others. Two of his best known songs are also from films: "Moon River," first heard in *Breakfast at Tiffany's*, and the title song of the film *The Days of Wine and Roses*.

Mancini said he's looking forward to working with the Pops, calling it "a marvelous orchestra — none better." He added that the concert's program would also include the version of "Bolero" heard in the film *10*.

Mail orders for the concert are now being filled. Individual seat tickets for the 8 p.m. concert will be \$15, \$10 and \$8. Seats at tables are available for \$60 per couple and Gold Circle tables for eight persons may be reserved for \$240.

Mail order requests should be addressed to: Pops Tickets, Lexington Center ticket office, 432 W. Vine St., Lexington, Ky. 40507.

## 'Times' Washington chief to speak Tuesday night



HEDRICK SMITH

**Dinners return 16th Century feasts, music**

TERRI DOYNE  
Reporter

The University Chorale, in cooperation with the Student Center Food Service, will present its second annual Christmas Madrigal Dinner this weekend in the Student Center Small Ballroom.

The dinners recreate an evening of Renaissance feasting and festivity. Students in the department of music portray 16th Century lords and ladies entertaining their guests — the audience — with music and food.

Sara Holroyd, director of the Chorale, said the organization does not expect to make a profit on the \$80 tickets. Approximately \$6.75 will go for food, she said, and the remainder for costume rental. Eventually, she added, as costumes are bought, the dinner's profits will go into a music scholarship fund.

The evening will begin with a serenade by the singers of Christmas songs and folk music from the 16th Century. Then, after a fanfare of trumpets and drum, a wassail bowl will be presented and toasts made. The dinner ceremony begins with the procession of the bear's head. The dinner finale is a flaming plum pudding. Afterwards, the evening concludes on a soft note with "Silent Night."

The Christmas Madrigal is sold out for Saturday and Sunday nights, but tickets are still available for Monday. All shows begin at 6:45 p.m. Tickets are available in 10 Fine Arts Annex (Rose Lane), or call 257-8338 or 258-4900.

A member of *The New York Times'* Pulitzer Prize winning Pentagon Papers team of reporters and co-author of the book of the same title will speak at Memorial Coliseum Tuesday night.

Hedrick Smith began his

journalism career in 1959 with the United Press International wire service. His career has taken him to Vietnam, the Middle East and the Soviet Union as a correspondent. While serving the latter assignment, Smith won the 1974 Pulitzer

Prize for foreign reporting and gathered material for his book, *The Russians*.

Smith was named chief of the Washington bureau of *The New York Times* in 1976. He is a frequent interviewer on television news panel programs.

The lecture is being sponsored by the Central Kentucky Concert and Lecture Series and begins at 8:15 p.m. Admission is free for UK students with ID and Activity cards and by season membership only to all others.

## On Tap — a calendar of artistic happenings

Items to be included in this column may be sent to: "On Tap," 114 Journalism Building, UK, 40506.

**BEST BETS:** The film *A Little Romance* at the Kentucky Theater and the play *Tartuffe* by UK Theatre this weekend and next.

**EDITOR'S NOTE:** All times are p.m. unless otherwise noted.

### cinema

At the Student Center Cinema for \$1 each: Today, *Hamlet* (6) and *Wait Until Dark* (9). Friday and Saturday: *One Flew Over the Cuckoo's Nest* (6:30 and 8:45) and *It's Alive* (11). Sunday: *Charade* (2) and *One Flew Over the Cuckoo's Nest* (6:30 and 8:45). Monday: *The Groove Tube* (7) and *Beauty and the Beast* (9). Tuesday: *Beauty and the Beast* (7) and *The Groove Tube* (9). Wednesday: *The Man Who Shot Liberty Valance* (7) and *Pride and Prejudice* (9).

At the Kentucky Theatre, 214 E. Main St., for \$1.50 each: Today: *A Little Romance* (1:30 and 7:30) and *Women In Love* (9:30). Friday: *Brother Sun and Sister Moon* (1:30 and 7:30). Main Event (9:40) and *Andy Warhol's Frankenstein* (midnight). Saturday: *Fantastic Planet* (1 and 3), *Brother Sun and Sister Moon* (5), *Main Event* (7:30), *Women In Love* (9:30) and *Andy Warhol's Frankenstein* (midnight). Sunday: *Fantastic Planet* (1 and 3), *Brother Sun and Sister Moon* (5), *Fantastic Planet* (7:30) and *The Wanderers* (9:30). Monday: *Lost In the Stars* (1:30 and 9:30) and *A Perfect Couple* (7:30). Tuesday: *A Perfect Couple* (1:30 and 7:30) and *The Wanderers* (9:30). Wednesday: *The Frisco Kid* (1:30 and 7:30) and *A Perfect Couple* (9:30).

### concerts

At Memorial Hall: *Betty Carter and the John Hicks Trio*, Friday at 8. Part of the Spotlight Jazz series. Tickets are \$6.

At Rupp Arena: *The Statler Brothers with Barbara Mandrell and Lee Laundre*, Sunday at 3. Tickets are \$8.50, \$7.50 and \$6.50 at the Lexington Center box office, Disc Jockey and McAlpin's.

At the Center for the Arts, Recital Hall: *The Collegium Musicum*, directed by Wesley Morgan, Friday at 8. *UK String Orchestra*, directed by Larry Veal, Monday at 8, and *Tuba and Trombone Ensemble*, Tuesday at 8. Free admission to both.

At The Palace, Cincinnati: *Harry Chapin*, Monday at 8. Tickets are \$8.75. Contact Ticketron (Shillito's, Fayette Mall).

### recitals

At Center for the Arts, Recital Hall: Joint senior recital by *Bonnie Holmes*, soprano, and *Richard Broadbuss*, tenor, tonight at 8. *James Schmitt*, baritone, and *Cathy Barker*, mezzo soprano, Saturday at 5. *Eddie Hurt*, tuba, Wednesday at 8.

At the Gallery of King Library North: *Baroque Music for Bassoon, Cello and Guitar*, performed by Peter Simpson, Larry Veal and Michael Fogler, at noon Friday. Free admission.

### stage

At the Guignol Theatre, Fine Arts Building: *Tartuffe*, a 17th Century religious satire performed by UK Theatre, today through Saturday and again next weekend. Tickets are \$3 for students, \$4 otherwise, and available at the Fine Arts Building ticket office.

At the Lab Theatre, Fine Arts Building: *That's Magic*, a UK

Theater At Random production, Monday at 5 and 10. Free admission.

At the Bluegrass Dinner Theatre, 434 Interstate Dr.: *The Apple Tree*, a musical of three one-act plays, through Sunday. For information and reservations, call 299-8407.

At the Lexington Opera House: *Alice*, "Alice's Adventure In Wonderland" at the Lexington Children's Theatre, Saturday at 1:30 and Sunday at 1:30 and 3:30.

At the Lexington Opera House: Da, 1979 Tony Award winner for Best Play, Dec. 6 through 8 and on Dec. 8 at 2. A comedy-drama exploring a son's feelings for his father. Tickets are available for all nights at the Lexington Center box office.

### gallery

At the Randall Gallery, Student Center: The photographic work of *Stephen Wiseman and Mark Lusk*. Entitled "Numb and Blonde," the exhibit will begin Sunday and run through Dec. 14. Free admission.

At the Barnhart Gallery, Reynolds Building No. 1, 672 S. Broadway: *Graduating Seniors Exhibition*, with work by Becky Underhill, Diane Panttoja, David Winkle and Micki Ganci. Open

Sunday through Dec. 14, 9 a.m. to noon. Reception on Sunday, 1 to 4.

### tube

On Kentucky Educational Television, Channel 46: *Measure for Measure*, by William Shakespeare, Saturday at 4. Part of "The Shakespeare Plays" series.

### lectures

*Barry Spacks*, MIT visiting professor of creative writing, will give a reading of his poetry Tuesday at 8 in the King Library North Gallery. Free admission.

*Hedrick Smith*, Washington bureau chief for *The New York Times*, Tuesday at 8:15 in Memorial Coliseum. Part of the Central Kentucky Concert and Lecture Series. There is no admission charge for students with UK ID and Activity Card. All others admitted by season membership only.

### etc.

*Madrigal Dinner*, presented by UK Chorale and Student Center Food Services, Saturday through Monday at 6:45 each night. Sold out except Monday. Tickets are \$10 in 10 Fine Arts Building.



By GARY LANDERS/Kernel Staff

*Orgon* (Walter Togni) lectures his distressed daughter *Mariamne* (Kim Coogan) about the advantages of a marriage to *Tartuffe*, a pious hypocrite who has *Orgon* under his spell, in a scene from

*Tartuffe*, UK Theatre's current production. The play opens tonight in the Guignol Theatre. The 17th Century satire by Moliere runs through Saturday and again next weekend.

# sports

## Who's really No. 1?

### Magazines differ on top spot; SI places Cats 18th

Sports are supposed to be fun, right?

And what is more fun than a poll of the top teams in a particular sport? It's great for what makes sports really great—fighting, arguing, etc.

And now that the college basketball season is about to kick into gear, everyone seems to be having loads of fun trying to pick out who is or will be the top team in the nation.

It seems unanimous. No one has the faintest idea who will be left when the NCAA finals conclude in Indianapolis next March.

*Sports Illustrated*, widely recognized as the top sports magazine in the country is running their college basketball preview this week. Indiana gets the No. 1 ranking and the brass

at *SI* have selected Coach Joe B. Hall's Kentucky Wildcats 18th. That won't make too many of the UK fans happy, especially since the Cats are second in the current AP poll.

john clay

In fact, *Street and Smith's Basketball Yearbook* also put Indiana on top (as did *Game Plan's* preview), but handed UK the second spot.

But when you open up the magazine, Coach Bobby Knight's squad is picked second in the Big 10 preview written by Larry Donald of *Basketball Weekly*.

Not surprisingly, Donald's employers picked the Buckeyes as the top team in the land.

They gave the Wildcats the 12th spot.

Things get even more insane as you delve deeper into the newstand. *The Sporting News*, who built a reputation on baseball coverage seems bent on keeping that image as they chose Dale Brown's LSU Tigers as the top team. The Cats were placed 13th.

The *Basketball News's* yearbook also put the Tigers on top and tabbed UK fourth.

Never fear, *Sport magazine* gave the Cats the top spot.

*Playboy's* resident expert Anson Mount picked Notre Dame first and the Cats eighth. Anson must have been paying too much attention to other parts of the magazine.

Of course all this means nothing. College basketball

polls have little bearing on anything now that the new NCAA tournament setup allows almost everyone a bid anyway (48 teams in all).

Plus, after reading the AP's report on how Bobby Knight told *Sports Illustrated* to have a good time, one can wonder about how these lists are chosen anyway.

The AP quoted *SI's* Walter Bingham, a senior editor, as saying that the magazine was wondering who they were going to pick as No. 1 when Larry Keith, one of their writers, said that Indiana would be tough.

"I said 'That's it,'" Bingham recalled. "We'll pick Indiana No. 1 and put Bobby Knight on the cover. It seemed like a natural, especially because we are

running a story on defensive play in the same issue and Knight is an excellent defensive coach.

Of course, *SI* wanted Knight to pose for the cover (with a stoplight). And Knight told the magazine what it could do with either the spotlight or the Time-Life, Inc. Building. Depends on which report you believe.

If the top team is picked because they best suit a cover shot, it's awfully hard to take their picks seriously.

Oh well, *SI* did leave Louisville out of the Top 20 altogether—so to Wildcat fans, at least, they can't be all bad.

John Clay, is the *Kernel* sports editor. His column appears whenever he decides to write it.

## Ticket distribution begins Sunday

Tickets for the first three home UK basketball games will be distributed this Sunday.

UK will play Baylor, Saturday, Dec. 8, South Carolina, Sunday, Dec. 10 and Indiana, Saturday, Dec. 15.

Associate Dean of Students, T. Lynn Williamson says that the procedure for ticket distribution this year is very similar to the one used in the past.

Tickets will be distributed at the four windows of the left front side of Memorial Coliseum on Sunday from 2 p.m. to 5 p.m. All tickets will be distributed on a one student, one ID-Activities card, one ticket basis.

On Monday from 9 a.m. to 4 p.m., student tickets will be distributed at the left front four windows of the Coliseum on a two ID-Activities card, two ticket basis. Any student wishing to sit with another student

may submit two IDs and Activities Cards and receive two student tickets.

On Tuesday, if any tickets are remaining, tickets will be distributed from 9 a.m. to 4 p.m. at the ticket windows of the Ticket Office inside Memorial Coliseum. Anyone wishing to buy guest tickets may do so by submitting an ID and Activities card and \$4 cash. On Tuesday, a student may receive no more than four tickets.

On Wednesday from 9 a.m. to 4 p.m. all remaining student tickets will be sold to the public or students, or issued to students on a first-come, first-serve basis.

Student spouse ticket books for the fall semester may be purchased for \$12 at the Ticket Office, Memorial Coliseum, from 9 a.m. to 3:30 p.m. Ticket books for the spring semester

for all games may be purchased for \$28 at the Ticket Office after Jan. 9, 1980.

A marriage certificate must be presented as proof of marriage for purchasing a spouse book.

To receive a spouse ticket at the one-per-one ticket distribution on Sunday afternoon, the non-student spouse must be present; however, the student's spouse may receive his her ticket as well as the spouse ticket on Monday or Tuesday.

There has been a change made in the distribution for the two Christmas vacation games (Auburn, Jan. 2 and Alabama, Jan. 12). Tickets for both games will be distributed at the front windows of Memorial Coliseum on Sunday, Dec. 16

from 2 p.m. to 5 p.m. and from 9 a.m. to 4 p.m. on Monday, Dec. 17. Remaining tickets will be distributed at the Ticket Office inside Memorial Coliseum from 9 a.m. to 4 p.m. on Tuesday, Dec. 18.

The change is that no student will be allowed to purchase guest tickets in the lower arena. A student may purchase two student tickets (with two IDs and Activities cards) upstairs or one upstairs and one in the lower level. No student can receive more than one lower level seat.

Students may purchase a guest ticket for the upper level for \$4. Also, there will be no group seating for these two games.

Remaining tickets will be

sold to the public and students on a first-come, first-serve basis on Wednesday, Dec. 19 at the Ticket Office.

Anyone wishing group seating information should contact Williamson.

Following are the dates on which the remaining ticket distributions will be held.

Jan. 13, 1980 — Vanderbilt (Saturday, Jan. 19), Georgia (Saturday, Jan. 26) and LSU (Monday, Jan. 28).

Jan. 27, 1980 — Tennessee (Saturday, Feb. 2) and Ole Miss (Wednesday, Feb. 6).  
February 10, 1980 — Florida (Wednesday, Feb. 13) and Mississippi State (Wednesday, Feb. 20).

**Jim Barrett**  
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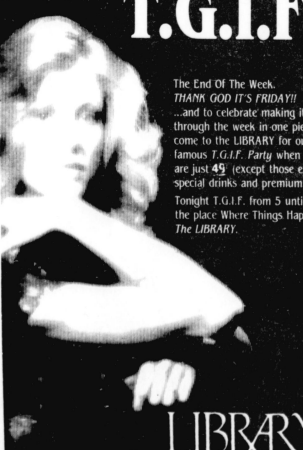
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# Freshman Valerie Still breaks into Lady Kats' starting lineup

By CAROLYN FLYNN Reporter

Breaking into the starting lineup, for most freshmen athletes, is nothing more than a distant goal. However, by

benefit of her stellar performance in the Lady Kats' basketball squad's first three scrimmages, newcomer Valerie Still has accomplished that goal.

In Monday night's scrimmage at Memorial Coliseum, Still scored a game-high 36 points and hauled down 23 rebounds, bringing her pre-season average to 28 points a game.

Still, sister to former UK football All-American Art Still, will start at forward Saturday as the Lady Kats open their season at Cincinnati.

She said she had expected to play either forward or back-up center for Liz Lukshu, but added, "I'm surprised I'm back-up. I'm going to try my hardest to keep it."

Lady Kat Assistant Coach Diane Beauchamp explained Still's starting nod came as the result of her outstanding play in the scrimmages. "She's been averaging very high scoring-wise and in rebounds," Beauchamp said. "She's quick and agile for 6-1. She has good ball sense and knows when the ball's going to come off the boards."

Still's strength lies in her ability to rebound, said Beauchamp. Many of her points in the scrimmages were set up by following on missed shots. "I just keep trying to put it back in," Still said.

Another strong aspect of her game is her quickness, which benefits her particularly on the fast break.

"She's a good runner, and she can take it on the break herself," Beauchamp said. "She loves to run."

Still said her weakest area is shooting, but she's been working on her turnaround jumpers and outside shots.

The Cherry Hills, N. J., native placed UK high on her list after seeing her brother play in his last game (1977) against Tennessee—the beginning of her junior year in high school. UK couldn't have had a better recruiting agent than Art, who now plays football in the professional ranks at Kansas City.

"He told me about the fans and how people support athletics," said Still. "He told me about the countryside and the environment. He liked it a lot and said the classes were pretty good."

Still was also impressed with

the UK program. "It's a building program, and I thought I could help," she said. "And the coaches are good."

Location was perhaps the only drawback for UK in Still's decision. Still had other offers from two universities closer to home—the University of Pennsylvania and the University of Maryland, where another brother attends. However, Still said she wanted to get away from the city and, consequently, didn't want to go to a city college like Penn.

"It's (UK) calm and cool," Still explained. At first, being away from home was a negative factor, "but people treat you good here," she added. "You don't get homesick."

In addition to influencing her to sign with UK, Art has helped her athletically. "We get together and play," Still said. "He helps a lot because he's much taller, and he plays his regular game." She said it helps to have her brother play against him.

The rest of Still's family, composed of four brothers and four sisters, is also athletic and has helped inspire her. Her younger sister, a sophomore in high school, also plays basketball, and Still has been working with her.

Her biggest adjustment at UK has been living away from home. "In the beginning I was homesick. We were running track and playing basketball. I didn't think I would make it through the first month," she commented. "But I talked to the coaches and I called Mom or my brothers and sisters."

As a senior at Cherry Hills-East High School, Still led her team to a 22-3 record, averaging 18 points and 20 rebounds per game. After transferring from Camden, N. J., High School her senior year, Still set Cherry-Hills East records for most points scored in a season, 421; most rebounds in a

467; and most rebounds in a single game, 39.

Playing against 6-8 Anne Donovan, thought by many to be the female Ralph Sampson of last season's recruiting effort, in the New Jersey All-Star Game, Still tallied 20 points and 10 rebounds. Donovan finished with 22 points.

"She's (Donovan) pretty competitive," Still said. "I like a challenge, and I took it as fun. I like to see what I can do against a much taller person."

As for the Lady Kats in the upcoming season, Still said making predictions, but said they had a good chance to go far. "We've got to learn how to play with each other and get used to everybody. By the middle of the season we should be getting better."

Despite the strong performance of the freshmen and the fact that the Lady Kats will start three new faces (Freshman guards Lori Edgington and Lea Wise will join Still in the starting lineup) in Saturday's battle, Still believes there is no bitterness between team

members. "They're united," Still said. "It's natural (to feel jealousy), but I don't see them getting all stirred up; the coaches got together and said that starting was just starting the beginning of the game and you can play just as much off the bench."

Still's ambition is to become a veterinarian. She says she has loved animals since junior high. She says she worked in a pet shop and plans to get a job in a veterinarian's office this summer.

Asked if she would give it all up for a pro basketball career, she replied, "Women's pro aren't highly ranked. Basketball is good, but I wouldn't put it over my career."

"Right now I'm just pushing, trying to do the best for the team," Still said, adding that her Christianity was the driving force in her life. "I'm giving it all to God, since all my ability's coming from him. I couldn't have done it without him. I believe he set up my starting position."



By GARY LANDERS/Kernel Staff

Liz Lukshu (53) gets a rejection notice from freshman Valerie Still (12) during Monday night's scrimmage at Memorial Coliseum. Still

will start at forward for the Lady Kats Saturday when they open their season at Cincinnati. Sharon Garland (50) watches the action.

## Cardinals fire Wilkinson

ST. LOUIS (AP) — St. Louis Cardinals owner Bill Bidwill, admitting he made a mistake in hiring Bud Wilkinson last year, fired him Wednesday as coach of the National Football League team.

"I made the decisions," said Bidwill, who, after meeting with Wilkinson, admitted he erred in hiring the 63-year-old one-time collegiate coaching great in March 1978.

"I prefer not to get into particulars," Bidwill said of a rift which reportedly had been building between him and Wilkinson during St. Louis' 3-10 season. "I still have a great deal of respect for Bud."

While specifying, Bidwill

said the firing of Wilkinson, the former coach at Oklahoma, involved refusal of the coach to use backup quarterback Steve Piskurkiewicz during the season's final three games.

"The Piskurkiewicz thing was the catalyst. That's when we made the decision today," Bidwill said. "I wasn't going to make any final decision until after the season."

Bidwill named director of pro personnel Larry Wilson, a Hall of Famer, as interim coach.

"The first thing I'd like to say is that I had great respect for Bud. I was very surprised," said Wilson, 41. "On Dec. 17, I'm going to get back into the front office."

### 258-4646

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# classifieds

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# Rape victims more often on trial than attackers, says forum speaker

By BARBARA WARD  
Staff Writer

All too often rape victims, rather than suspects, are put on trial following an attack, according to the assistant director of Lexington's Rape Crisis Center.

Virginia Conley told the audience at the Student Bar Association Noon Forum yesterday that, "Throughout the entire system the rape victims are the ones to be found guilty or innocent." The myths that rape occurs only to "bad women," those provocatively dressed, or those who "ask for it" perpetuate this unjust treatment, she said.

"Rape occurs after any woman says 'no,'" Conley explained.

She said rape victims — and rapists for that matter — come from all socio-economic backgrounds.

Despite the seeming belief that the typical rapist is "a hunchback who jumps out of a tree on a secluded street at night," Conley said that more than half of all rape victims know their attackers; the same proportion of rapes happen in the victims' homes.

It is often difficult to prosecute those accused of rape, Conley said. She said the obstacles to a conviction begin when the rape occurs.

Many women never even report rapes. She said the reasons for this include fear of publicity, a feeling of futility



VIRGINIA CONLEY

about arrest or conviction, or a knowledge of the rapist's identity.

To try to alleviate such fears, the Rape Crisis Center operates a third-party reporting system. It offers to call the police and give them only certain facts in an attack — but not the victim's name or address.

Although Conley, an ex-police officer, said the center has a "good working relationship" with Metro Police, she criticized them for "indiscriminate use of the polygraph." Victims are often required to take polygraph tests before suspects are, she said. Even though polygraph results are inadmissible in court trials, they often form the basis for the commonwealth's attorney's decision to prosecute, she added.

Police are reluctant to "believe the story" a raped woman tells them because they think the woman enticed her

attacker; these attitudes are present throughout the investigation, she said.

In the past year, 100 incidences of rape were reported to the center; the police received 82 reports. Only 22 of those were unfounded and did not go to court, she said.

"I have been told," Conley said, "that Fayette County has one of the highest conviction rates for rape in the country."

The Rape Crisis Center is lobbying in Frankfort to extend coverage under the Victim's Crime Compensation Act to include medical examinations of rape victims. The examinations, which provide necessary evidence for a rape conviction, cost about \$70 and "a lot of the women we deal with just don't have the money," Conley said.

The center is also pushing for increased funding for rape crisis centers here and elsewhere. The local center operates under a federal Law Enforcement Assistance Administration grant that expires in March; the Urban County Council has extended funding until July 1980.

One of the primary purposes of the center is to provide counseling for the victims and those close to them — family, husbands and lovers, Conley said.

Psychological reactions to a rape vary, she said. "But probably the most dangerous reaction we deal with is the silent reaction. We get calls from those who were raped from 10

to 15 years ago. They have internalized their feelings and made themselves believe they are strong enough to handle it until something triggers a reaction."

It usually takes a woman about a year to recover from the trauma of rape, she said, adding that many victims leave the state, move back in with their parents or change jobs.

The Kentucky shield law, forbidding the admission of a victim's past sexual history into a trial unless it's relevant to the particular case, has not done enough, Conley said. She favored increased education about rape for women, jurors, police and judges.

Because of the way sexual assaults are handled in the criminal justice system, she said, "Women are not safe on the streets after dark, yet half of all rapes take place in the home. 'Where are we safe?' she asked. 'We are prisoners of our homes.'"

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## Urban County plans to crackdown on damaging heavy metal pollutants

The Urban County Government, to avoid losing millions of dollars in federal grants, plans to set and enforce pollution standards next spring for about one dozen businesses involved in metal plating.

The new standards would require businesses to add expensive equipment to recover waste metals discharged into sewage treatment plants.

Public Works Commissioner Gordon Garner says failure by the local government to pass pollution ordinances could cost Lexington its grants from the U.S. Environmental Protection Agency for sewage treatment and related projects.

The waste metals include zinc, copper, iron, nickel and cadmium. All are by-products of metal plating and can damage sewage treatment facilities.

Garner said the new regulation would most seriously affect those companies that one year ago were warned they exceeded federal limits on

waste metal discharges.

The companies include Industrial Plating of Kentucky, Kentucky Metal Finishing Co., Kentucky Auto Plating, Square D Co. and Production Plating Inc., Garner said.

Some firms have made no effort to comply and legal action against them is possible, Garner said.

But some industry officials said large sums already have been spent to reduce the amount of discharged waste metal. They also said the technology needed to meet the standards does not exist.

"There was a time when it was awful what some plants were putting into the sewer systems," said Gene Hill, manager of Production Plating in Lexington. "It's 1,000 percent better now than it was then and yet farther away from the federal standards now than we were years ago."

"We're going to do our best to comply. But, right now, with

the standards they have, there isn't any technology that will comply with them, regardless of how much you spend."

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