

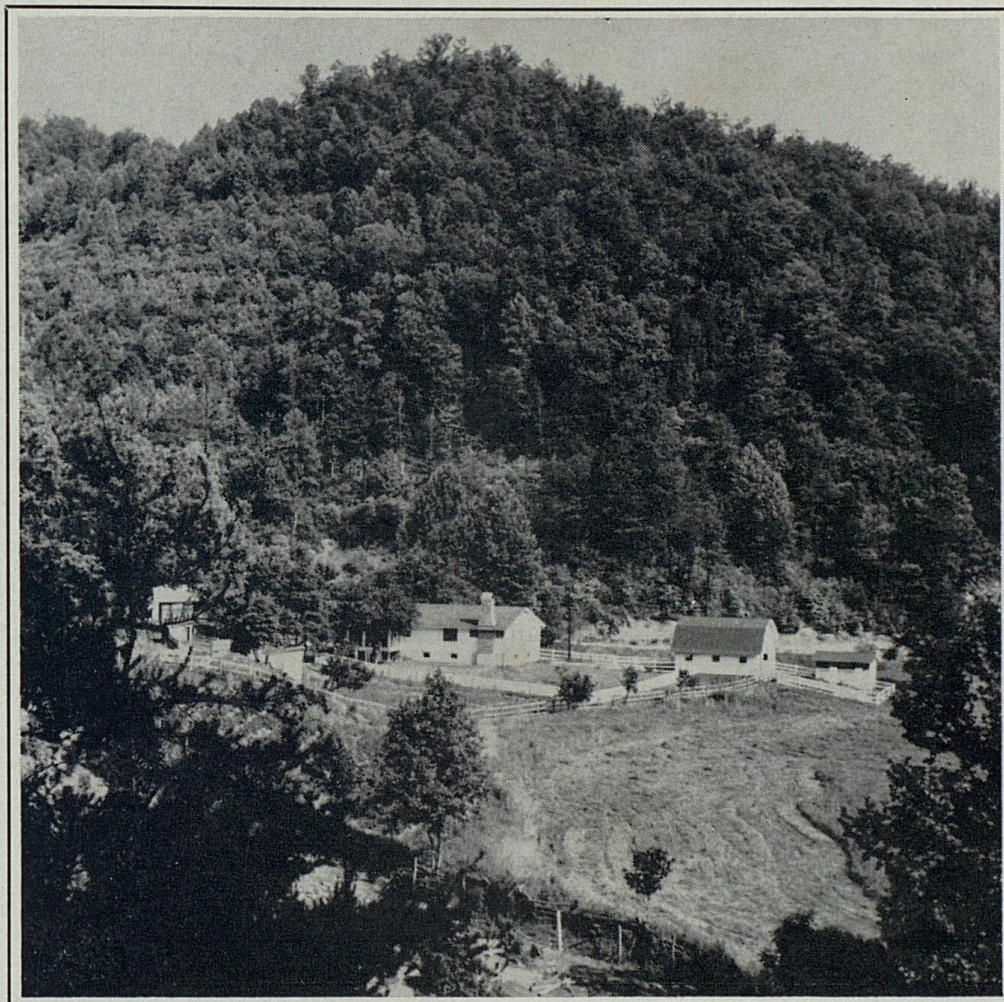
FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 36

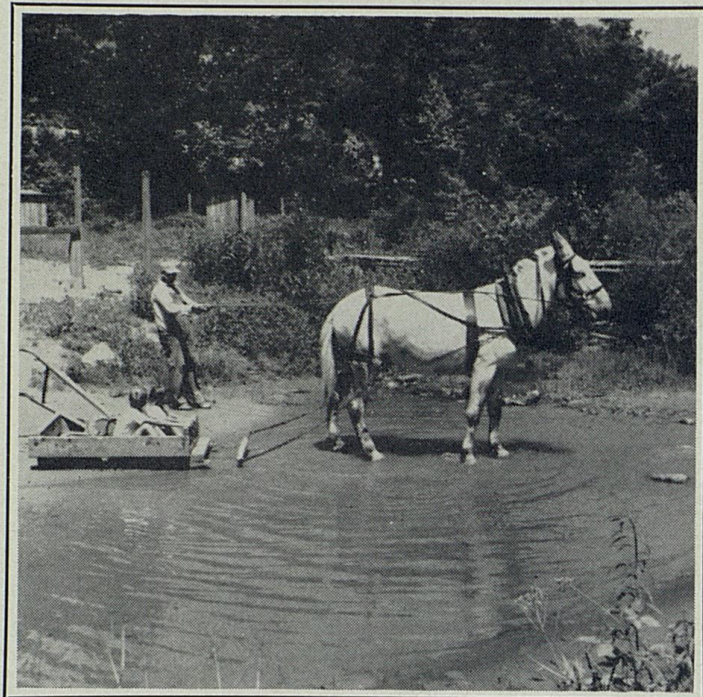
SUMMER, 1960

NUMBER 1

THIRTY-FIFTH ANNUAL REPORT



MARGARET DURBIN HARPER MEMORIAL NURSING CENTER
On Wolf Creek



Two children and a plow on a sled pulled by a big white mule
near FNS clinic at Big Rock

All three cover photographs were taken by Virginia Branham
(Courier Jinny)

FRONTIER NURSING SERVICE QUARTERLY BULLETIN
Published Quarterly by the Frontier Nursing Service, Inc., Lexington, Ky.
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VOLUME 36

SUMMER, 1960

NUMBER 1

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HIFNER AND POTTER
CERTIFIED PUBLIC ACCOUNTANTS
145 EAST HIGH
LEXINGTON, KY.

To the Officers and Trustees
Frontier Nursing Service, Incorporated
Lexington, Kentucky

Ladies and Gentlemen:

We have examined the balance sheet of the Frontier Nursing Service, Incorporated as of April 30, 1960, and the statements of income and surplus for the fiscal year then ended, have reviewed the system of internal control and accounting procedures and, without making a detailed audit of the transactions, have examined or tested the accounting records and other supporting evidence by methods and to the extent we deemed appropriate. Our examination was made in accordance with generally accepted auditing standards and included all procedures which we considered necessary in the circumstances.

In our opinion, the accompanying balance sheet and related statements of income and surplus present fairly the position of the Frontier Nursing Service, Incorporated at April 30, 1960, and the results of its operations for the fiscal year under review, in conformity with generally accepted accounting principles applied on a basis consistent with that of the preceding year.

Respectfully submitted,

HIFNER AND POTTER
Certified Public Accountants

Lexington, Kentucky
May Twenty-seventh
Nineteen Sixty

THIRTY-FIFTH ANNUAL REPORT
of the
FRONTIER NURSING SERVICE, Inc.
for the Fiscal Year
May 1, 1959 to April 30, 1960

PREFACE

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service, to its trustees, members, and subscribers.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

I.

FISCAL REPORT

Our annual audit is so detailed, and therefore so voluminous, that we do not print it in full. The figures that follow are taken from the Exhibits and Schedules of the last audit. We have divided these figures into four categories. The auditors' own Summary is the first category. The second is their list of Endowments and Reserves. The third category covers all Revenue Receipts. The fourth category we have put into two columns—to the left the expenditures of the last fiscal year taken from the audit, and to the right the Budget accepted by our trustees for the current fiscal year, based on last year's expenditures.

Under a fifth category, called Inventory, we account for all our properties. All five categories are given in sequence on the following pages.

Under the heading of Conclusion, we tell something of what the year has meant to us.

REVENUE RECEIPTS

Statement of Donations and Subscriptions Paid May 1, 1959 to April 30, 1960

SUMMARY:	Contributions	Benefits and Bargain Box	Totals
Alpha Omicron Pi.....	\$ 4,120.50		\$ 4,120.50
Baltimore Committee.....	1,002.00		1,002.00
Boston Committee.....	6,722.40	\$ 6,000.00	12,722.40
Chicago Committee.....	5,962.00		5,962.00
Cincinnati Committee.....	10,616.43		10,616.43
Cleveland Committee.....	18,357.59		18,357.59
Daughters of Colonial Wars.....	3,207.00		3,207.00
Detroit Committee.....	17,031.00		17,031.00
Hartford Committee.....	1,555.00		1,555.00
Kentucky:*			
Blue Grass Committee.....	5,857.50		5,857.50
Louisville Committee.....	6,740.00		6,740.00
Miscellaneous Kentucky.....	3,512.24		3,512.24
Minneapolis Committee.....	1,349.50		1,349.50
New York Committee.....	25,239.41	2,696.00	27,935.41
Philadelphia Committee.....	5,169.24	1,804.00	6,973.24
Pittsburgh Committee.....	12,514.14		12,514.14
Princeton Committee.....	790.50		790.50
Providence Committee.....	1,255.33		1,255.33
Riverdale Committee.....	1,382.00		1,382.00
Rochester Committee.....	2,582.89		2,582.89
Washington Committee**.....	6,883.65	697.00	7,580.65
Miscellaneous.....	14,581.62		14,581.62
Totals.....	\$156,431.94	\$11,197.00	\$167,628.94

* Total for Kentucky \$16,109.74

** Contributions through Benefit \$1,268.00

OTHER REVENUE RECEIPTS:

Fees for Frontier Graduate School of Midwifery.....		8,910.00	
Payments from Patients:			
Income from Nursing Centers.....	16,826.92		
Medical and Surgical Fees.....	7,386.90		
Hyden Hospital Fees.....	10,929.48		
Hospital Clinic Funds and Supplies.....	9,299.80	44,443.10	
Wendover Post Office.....		4,555.66	
Income from Investments.....		66,022.14	
"Wide Neighborhoods"—Royalties and Local Sales..		433.28	
Livestock Sales		1,068.52	
Miscellaneous.....		146.08	\$125,578.78
TOTAL—ALL REVENUE RECEIPTS.....			\$293,207.72

STATEMENT OF ENDOWMENT AND RESERVE FUNDS
April 30, 1959 and 1960

	Totals April 30 1959	Additions During Year	Totals April 30 1960
Designated Funds—Income Restricted:			
Joan Glancy Memorial Baby's Crib.....	\$ 5,000.00		\$ 5,000.00
Mary Ballard Morton Memorial.....	85,250.83		85,250.83
Jessie Preston Draper Memorial (1).....	15,000.00		15,000.00
Jessie Preston Draper Memorial (2).....	185,000.00		185,000.00
Belle Barrett Hughitt Memorial.....	16,000.00		16,000.00
Isabella George Jeffcott Memorial.....	2,500.00		2,500.00
Bettie Starks Rodes Memorial Baby's Crib.....	5,000.00		5,000.00
John Price Starks Memorial Baby's Crib.....	5,000.00		5,000.00
Norah Oliver Shoemaker Memorial Baby's Crib..	5,000.00		5,000.00
Eliza Thackara Memorial.....	2,156.06	\$ 112.85 ¹	2,268.91
Children's Christmas Fund in memory of Barbara Brown.....	1,000.00		1,000.00
Donald R. McLennan Memorial Bed.....	12,750.00		12,750.00
Louie A. Hall Legacy in memory of Sophronia Brooks for a Center and its Endowment.....	58,577.69	2,390.23 ¹	60,967.92
Margaret A. Pettet Legacy.....	1,953.70		1,953.70
Jane Short Atwood Legacy.....	7,500.00		7,500.00
Mrs. John W. Price, Jr. Fund.....	10,800.00		10,800.00
Sub-totals.....	\$418,488.28	\$ 2,503.08	\$ 420,991.36
Designated Funds—Income Unrestricted:			
Marion E. Taylor Memorial.....	\$ 10,000.00		\$ 10,000.00
Fannie Norris Fund.....	10,000.00		10,000.00
Marie L. Willard Legacy.....	3,127.36		3,127.36
William Nelson Fant, Jr. Memorial.....	78,349.52		78,349.52
Mrs. Charles H. Moorman Fund.....	1,100.00		1,100.00
Lillian F. Eisaman Legacy.....	5,000.00		5,000.00
Lt. John M. Atherton Memorial.....	1,000.00		1,000.00
Mrs. Morris B. Belknap Fund.....	26,375.00		26,375.00
Elizabeth Ireland Fund.....	17,257.50	\$ 5,200.00	22,457.50
Elizabeth Agnes Alexander Legacy.....	5,000.00		5,000.00
Richard D. McMahon Legacy.....	943.23		943.23
Anonymous—General Endowment.....	137,496.50		137,496.50
Mrs. W. Rodes Shackelford in memory of her two children.....	10,000.00		10,000.00
Hattie M. Strong Memorial.....	10,000.00		10,000.00
Beulah Bruce Brennan Memorial.....	2,000.00		2,000.00
Anna Rosina Gooch Memorial.....	16,625.00		16,625.00
Jeannie B. Trull Legacy.....	33,253.33		33,253.33
Elizabeth B. Perkins Legacy.....	152,970.44		152,970.44
Frances Kendall Ross Legacy.....	17,100.00		17,100.00
Elizabeth Sherman Lindsay Memorial.....	5,000.00		5,000.00
Helen N. and Beatrice A. Wilson Fund.....	5,000.00		5,000.00
Sophie Cogswell Stiger Memorial.....	23,401.42		23,401.42
Charles N. Kavanaugh, M.D. Memorial.....	1,000.00		1,000.00
Margaret C. Breckinridge Legacy.....	3,000.00		3,000.00
Mary Hallock Armstrong Legacy.....	2,000.00		2,000.00
Winifred Irene Leckie Memorial.....	1,000.00		1,000.00
Lena G. Anderson Legacy.....	7,078.50		7,078.50
Eliza Davitt Hartley Legacy.....		150,000.00	150,000.00
Sub-totals.....	\$1,003,566.08	\$157,703.08	\$1,161,269.16
Reserve Account:			
Mrs. Louise D. Crane.....	\$ 4,000.00		\$ 4,000.00
Mrs. Frederic Moseley Sackett.....	10,000.00		10,000.00
Mrs. Eliza A. Browne.....	16,000.00		16,000.00
Winfield Baird Fund.....	24,000.00		24,000.00
Lillie McGinness Legacy.....	2,500.00		2,500.00
Harriett H. Grier Legacy.....	5,000.00		5,000.00
Maurice S. Miller Legacy.....		5,000.00	5,000.00
Leila A. Morgan Legacy.....		5,000.00	5,000.00
Totals.....	\$1,065,066.08	\$167,703.08	\$1,232,769.16

¹ Income added to principal.

BALANCE SHEET

As at April 30, 1960

ASSETS

Cash on Hand—Petty Funds.....	\$	505.00
Cash in Banks:		
Security Trust Company—General Account.....		3,623.81
Security Trust Company—Social Service and Alpha Omicron Pi Account.....		285.89
Security Trust Company—Staff Payroll Account.....		2,228.71
Security Trust Company—Frances Bolton Building Fund		1,034.16
Peoples Bank, Hazard—Organization Account.....		4,121.02
Total Cash	\$	11,798.59
Temporary Loans Account.....		914.00
U. S. Treasury Bonds (Frances Bolton Building Fund).....		20,846.49
Realty, Equipment and Livestock.....		403,429.99
Endowment, Memorial and Reserve Fund Investments at Original Costs, in Hands of:		
Security Trust Company, Lexington, Kentucky.....	825,021.83	
Liberty National Bank & Trust Co., Louisville, Ky..	85,250.83	
Guaranty Trust Company, New York City.....	185,000.00	
Bankers Trust Company, New York City.....	137,496.50	
Total Investments—Original Costs.....		1,232,769.16
Total Assets		1,669,758.23

LIABILITIES

Accrued Payroll Taxes Withheld.....	99.40	
Notes Payable	17,000.00	
Endowment, Memorial and Reserve Funds.....	1,232,769.16	
Total Liabilities		1,249,868.56
Free Surplus		419,889.67
Represented by—		
Contributions and Income from Organization to April 30, 1960.....	5,481,387.88	
Less:		
Expenses paid from Organization to April 30, 1960..	5,061,498.21	
Net Income—Organization to April 30, 1960.....		419,889.67
* * * * *		
Total Revenue Receipts.....	5,481,387.88	
Total Endowment Receipts.....	1,232,769.16	
Total Monies Collected.....		\$6,714,157.04

LAST YEAR'S EXPENDITURES AND THIS YEAR'S BUDGET

I. FIELD EXPENSES:	1959-1960	1960-1961
(Hyden Hospital, Frontier Graduate School of Midwifery, Wendover, and Six Nursing Centers)		
1. Salaries and Wages.....	\$103,723.19	\$104,000.00
2. Medical Director and Relief.....	7,958.33	14,000.00
3. Dispensary Supplies (See Note 1).....	29,343.06	31,000.00
4. Running costs: Food—Minus board of residents; cows, fuel, electricity, laundry, freight and hauling, et cetera..	36,979.62	40,000.00
5. Feed and care of 17 horses and mules (See Note 2).....	6,480.26	6,000.00
6. Jeeps (20), Truck, Station Wagon Ambulance.....	11,631.68	13,000.00
7. Maintenance of Properties.....	10,291.46*	14,400.00
Total Field Expense.....	\$206,407.60	\$222,400.00
II. ADMINISTRATIVE EXPENSE:		
1. Salaries, Accounting and Auditing, Office Supplies, Post- age, Telephone and Telegraph, Printing, etc.....	\$ 33,890.08	\$ 35,000.00
III. SOCIAL SECURITY TAX:		
	\$ 3,856.39	\$ 4,000.00
IV. SOCIAL SERVICE:		
	\$ 11,713.89	\$ 12,000.00
V. GENERAL EXPENSE:		
1. Insurance (Fire—\$309,500.00 coverage), Employer's Lia- bility, full coverage on truck, 20 jeeps, and station wagon	\$ 6,134.16	\$ 6,600.00
2. Quarterly Bulletins (covered by subscriptions).....	4,851.81	4,800.00
3. Record Department	2,600.00	2,600.00
4. Miscellaneous Projects such as: Doctors and Nurses for study and observation, professional books and magazines	999.97	1,000.00
5. Miscellaneous Promotional Expenses beyond the moun- tains.....	1,699.40	1,600.00
	\$ 16,285.34	\$ 16,600.00
TOTAL RUNNING EXPENSES.....	\$272,153.30	\$290,000.00
NEW LAND AND BUILDINGS, EQUIPMENT AND LIVESTOCK ADDITIONS	\$ 51,963.96	
TOTAL.....	\$324,117.26	

* Wages for maintenance charged to Wages Category.

Note 1: Approximately 1/3 of supplies relayed to Districts.

Note 2: Five animals belong to FNS employees, who must ride to work.

LAND, BUILDINGS, LIVESTOCK AND EQUIPMENT
(From Exhibit C of the Audit)

INVENTORY

Our auditors set a value of \$403,429.99 on these holdings, after adjustments. Among the major holdings are the following:

Hyden

A stone Hospital, one wing of which is the Mary Ballard Morton Memorial, one wing the Mary Parker Gill Memorial, and the frame Annex, a Memorial to "Jackie" Rousmaniere; Joy House, home of the Medical Director, a gift of Mrs. Henry B. Joy; Aunt Hattie's Oak Barn, gift of Mrs. Henry Alvah Strong; Mardi Cottage, the Quarters for the Frontier Graduate School of Midwifery; The Margaret Voorhies Haggin Quarters for Nurses; two water tanks; two employees' cottages; and outbuildings such as garages, work shop, pighouses, forge, pump house, and two fire hose houses.

Wendover

Three log houses, as follows: the Big House ("in memory of Breckie and Polly"), the Old Cabin and the Ruth Draper Cabin; the Garden House; the Upper and Lower Shelf; the Couriers' Log Barn and Aunt Jane's Barn; numerous smaller buildings such as the cow barn, cow hospital barn, mule barn, tool house, chicken houses, forge, apple house, pump house, jeep shed, two fire hose houses, two water tanks, and the Pebble Work Shop.

Georgia Wright Clearing

A caretaker's cottage and barn, extensive pasture land for horses and cows; a bull's barn and stockade; two wells.

Jessie Preston Draper Memorial Nursing Center
(Beech Fork; Post Office, Asher, Leslie County)

Frame building and oak barn; deep well, pump house and water tank; fenced acreage for pasture and gardens.

Frances Bolton Nursing Center
(Possum Bend; Post Office, Confluence, Leslie County)

Evacuated April 1, 1960, by orders of the Government of the United States in behalf of the Buckhorn Dam Reservoir. Relocation site not decided on as yet.

Clara Ford Nursing Center

(Red Bird River; Post Office, Peabody, Clay County)

Log building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

Caroline Butler Atwood Memorial Nursing Center

(Flat Creek; Post Office, Creekville, Clay County)

Frame building and oak barn; fire hose house; walled-in spring; deep well, pump house and water tank; fenced acreage for pasture and gardens.

Belle Barrett Hughitt Memorial Nursing Center

(Bullskin Creek; Post Office, Brutus, Clay County)

Frame building and oak barn; jeep shed; fire hose house; walled-in spring; water tank; fenced acreage for pasture and gardens.

Margaret Durbin Harper Memorial Nursing Center

(Wolf Creek; Post Office, Big Fork, Leslie County)

Frame building and oak barn; two-jeep garage; deep well and pump; fenced acreage for pasture and gardens.

Subsidiary Clinics

Six small clinic buildings on the following streams: Bull Creek, Stinnet (Mary B. Willeford Memorial), Coon Creek (Coy Maggard Memorial), Sizerock on Upper Bullskin, and Mudlick.

Livestock

Eleven horses; one mule; one registered Guernsey bull; eleven cows; four heifers; registered Hampshire brood sow, and fourteen pigs; over two hundred chickens.

Equipment

Equipment includes: twenty jeeps; one Ford station wagon-ambulance; one three-quarter ton truck; tanks; engines; pumps; farm implements; plumbers' tools; sixty-two pairs of saddlebags; saddles; bridles; halters; hospital equipment and furnishings; dispensary supplies; and household furnishings and equipment at Hyden, Wendover, and the six outpost centers, variously located in a seven-hundred-square mile area.

II.

REPORT OF OPERATIONS

The data in this section are supplied by the record department of the Frontier Nursing Service; by records kept on guests and volunteer workers; and by the social service department.

1:

MEDICAL AND SURGICAL

To our unbounded joy, and that of our patients, our Medical Director, Dr. W. B. Rogers Beasley, returned to us on August 1, 1959. This means that, except for the first three months, he has carried our medical and surgical problems for the fiscal year that closed April 30, 1960. We have been trying ever since Dr. Beasley's return to find an assistant for him, competent to help him in emergency surgery and in ob-gyn, as well as to relieve for him when he is away. Our efforts so far have not been successful. This is our greatest need, in fact, a paramount need.

We are grateful to Dr. Francis M. Massie and Dr. J. B. Holloway for the surgical clinics which they continued to give during this past fiscal year. Our gratitude goes out also to the staff of the Children's Hospital in Cincinnati for the wonderful pediatric clinics they held in here in the fall and in the spring under their chief residents. The Children's Hospital has continued to open its doors to the children with special pediatric problems that Dr. Beasley sends to them, always without charge.

We extend our warm thanks to the Kentucky Crippled Children's Commission (now called the Commission for Handicapped Children) and the Kentucky Cancer Clinic for free care given the patients we refer to them.

Our thanks go too, as they do each year, to Dr. H. G. Reineke of Cincinnati who reads Frontier Nursing Service x-rays for us as a courtesy. A number of our needy patients have received courtesy care from physicians in Louisville, Lexington, and Hazard.

Our very special thanks go to the Kentucky State Department of Health for the kindness of its Commissioner, Dr. Russell E. Teague, and the directors of its divisions. Dr. Helen B. Fraser, Director of the Bureau of Maternal and Child Health, has been

especially helpful to us. Our gratitude goes out in fullest measure to the Kentucky Board of Nursing Education and Nurse Registration and its Executive Secretary, Mrs. Marjorie C. Tyler, for the consideration they have shown our Frontier Nurses.

As you read the figures in the following sections, telling you of the magnitude of the work carried during the past fiscal year, please bear in mind that the whole Frontier Nursing Service staff has worked as part-time volunteers. There is no member of the staff who could not double and sometimes treble her salary by taking an outside job. The costs of all of our operations have risen so much in recent years that we have not been able to pay salaries adequate for responsibilities carried and work done. Our gratitude to the staff is matched only by our ardent wish to meet a little more adequately the value of their services.

2.

HYDEN HOSPITAL

Hyden Hospital—with 27 beds and 12 bassinets, 2 incubators—was occupied 7,222 days last year by 1,210 patients with a daily average of 20 patients at a cost per patient day of \$11.44. Of the 1,210 patients cared for at the Hospital during the fiscal year, 250 were sick adults, 469 were obstetrical patients, 207 were children, and 284 were new born. There were 12 deaths in the Hospital, of which 6 were new born. There was no maternal death. There were 79 operations performed. The out-patient department, with the Medical Director's clinics, received a total of 10,410 visits.

3.

DISTRICT NURSING

In the 12 districts operated by the Service from the Hospital Wendover, and six outpost centers, we attended 11,112 people in 2,405 families. Of these, 5,275 were children, including 2,422 babies and toddlers. The district nurses paid 26,502 visits and received 22,688 visits at their nursing centers and at their special clinics. Bedside nursing care was given in their homes to 1,973 sick people of whom 5 died. At the request of the State Board of Health, the Frontier Nursing Service gave 3,788 inoculations and vaccines against typhoid, diphtheria, smallpox, whooping cough, polio, et cetera, and sent 1,696 specimens for analysis.

This part of our report has reference to general district nursing only and does not include midwifery carried day and night by the nurse-midwives along with their district nursing. The figures for midwifery are covered under the following section.

4.

MIDWIFERY

Registered Cases

The nurse-midwives and the midwifery students of the Frontier Graduate School of Midwifery (under the supervision of their instructors) attended 403 women in childbirth and gave them full prenatal and postpartum care. Of these 403 women, 9 were delivered by the Medical Director. There were 395 live births and 5 stillbirths; 7 deliveries of twins; 327 new cases admitted; 456 closed after postpartum care; 3 miscarriages. There was no maternal death.

Emergency Cases—Unregistered

In addition to these regular registered maternity cases, the Medical Director and the nurse-midwives were called in for 47 emergency deliveries, where the mother had not been registered or given prenatal care, which resulted in 15 live births, and 32 emergency miscarriages (18 early, 14 late). Postpartum care was given to 8 other unregistered mothers. There was no maternal death.

Outside-Area Cases

There were 126 women from outside our area who were carried for prenatal care. Of these, 19 were closed before delivery. Most of our outside-area patients move into one of our districts or our Hospital for delivery. In that case they are transferred to our regular midwifery service. However, the nurse-midwives did go outside our area to deliver 24 such patients of 23 live babies (includes one late abortion), with no maternal death.

5.

FRONTIER GRADUATE SCHOOL OF MIDWIFERY

The dates on which the two annual classes in the Frontier Graduate School of Midwifery began have been changed from October and April to June 1 and December 1. Each class continues to be of six months duration. Seven registered nurses are

taken in each class. The thirty-ninth class which opened June 1, 1960, is now in attendance. When its work is completed on December 1, the School will have sent 215 nurses, qualified as midwives and in our frontier technique, to render service all over the world. Graduates of the School are in a number of our states, including Alaska, the Philippines, India, Thailand, South Korea, Canada, France, the Middle East, and in parts of Africa and South America.

6.

SOCIAL SERVICE DEPARTMENT (Alpha Omicron Pi Fund and Other Grants)

During the past fiscal year the Social Service Department of the Frontier Nursing Service has given financial aid to 188 families or individuals as follows:

- Provided medicines for 16 patients
- Paid for diagnostic X-rays for 7 people
- Bought glasses for 22 patients (NEW EYES FOR THE NEEDY FUND)
- Paid dental bills for 5 patients
- Provided orthopedic brace for 1 patient
- Provided bus fare for 5 school students
- Paid all or part of city hospital bills for 22 patients
- Paid doctors' bills for 12 patients
- Bought coal for 2 destitute families
- Paid for extra coal for 18 families—needed on account of exceptionally long cold winter
- Gave groceries to 33 families—a total of 80 orders
- Provided school clothes and shoes for 10 children
- Provided monthly allowance for 3 High School students
- Provided seed potatoes and garden seeds for 28 families
- Provided school lunches (hot) for 22 children
- Paid boarding school expenses for 3 children
- Paid college fees for 1 student
- Paid tuition fees and travel expenses for 1 student at the Vocational school
- Paid ambulance bills for 12 patients
- Paid laboratory fees for patients at Lexington Clinic, Hazard Clinic and Miners' Memorial Clinic. (Any patients who can pay do reimburse the Service.)

Many patients have been transported to and from the Frontier Nursing Service Hospital at Hyden to the outpost centers. In addition there were:

- Trips to Lexington with 24 children to the clinic of the Kentucky Crippled Children's Commission now known as the Commission for Handicapped Children, 7 patients to Lexington hospitals, and 26 to the Lexington Clinic and other doctors
- 18 trips to Cincinnati Children's Hospital with 26 patients
- 20 trips to Hazard with 25 patients to the Hazard Memorial Hospital, Mount Mary Hospital and the Hazard Clinic
- 3 trips to Danville to the Kentucky School for the Deaf with 4 children
- 1 trip to Manchester with children to the annual clinic of the Kentucky Commission for Handicapped Children
- 3 trips to Houston Mission School with 4 students
- 2 trips to London with 2 patients for admission to the Tuberculosis Hospital
- 9 trips to London with 18 patients to the Tuberculosis Hospital Clinic
- 2 trips to the Homeplace Clinic and Hospital with patients

More general service and aid have been given to other families and individuals as follows:

Clothing, books, etc. distributed to families and local schools
Service and time given in coöperation with the American Red Cross, Welfare and Health Departments, County Judges, Vocational Representatives, Frontier Nursing Service Medical Director, District nurse-midwives, and the Hospital staff.

7.

VOLUNTEER WORKERS

Twenty-four couriers and seven other volunteers worked for the Service for a period of 1,326 days.

8.

GUESTS FOR OBSERVATION AND STUDY

As in other years the Service entertained guests, for observation and study of its work, from all over the world. These

came not only from North America, but from the Middle East, the Far East, Europe, Australia and South America.

9.

CHRISTMAS

The Frontier Nursing Service gave toys and candy to more than 5,000 children at Christmas, and clothing to those that needed it. The Service also held Christmas parties at many different places for these children, with Santa Claus, Christmas trees, and Christmas carols. All of this was made possible by the generous response of hundreds of people to our annual request card for the children's Christmas.

III.

THIRTY-FIVE YEAR TOTAL

It will be of interest to our members to read a few totals covering the whole thirty-five-year period of work.

Patients registered from the beginning.....	53,988
Babies and toddlers.....	22,304
School children	9,493
Total children	31,797
Adults	22,191
Midwifery cases (reg.) delivered.....	12,665
Maternal deaths, 11 (9 puerperal, 2 cardiac)	
Inoculations.....	217,694
Patients admitted into the Hyden Hospital*.....	21,804
Number of days of occupation in Hyden Hospital.....	172,379

* For 30 years and 6 months. The FNS Hospital at Hyden was opened in the fiscal year 1928-1929 and operated only six months in that year.

CONCLUSION

In concluding this report of our 35th fiscal year, we are looking back over a long vista of time. The things we set out to do in 1925 have all been brought into being, and their value now has widespread recognition. Ours is an international demonstration area in frontier technique for rural children and rural motherhood. Our methods are studied by professional guests from remote areas of the planet, and we have sent out to such areas registered nurses trained in these methods. The Frontier Nursing Service has become one of the most useful organizations in the world.

More than a generation has gone by since our work started. Two things made it possible in the past and without these two things it would not be possible today. The first of these is the coöperation of our thousands of patients and neighbors and mountain friends, such coöperation as is rarely met with in these modern times. The second thing is the generous support of thousands of you, our subscribers. Everything we have done and are doing is a transmutation of the gifts that have come to us from your compassionate hearts. We tender all of you, patients and subscribers, yet once again our deep and abiding gratitude.

MRS. MORRIS B. BELKNAP, Chairman

EDWARD S. DABNEY, Treasurer

MARY BRECKINRIDGE, Director

STONE MASONRY OF HYDEN HOSPITAL CHAPEL

by

W. B. ROGERS BEASLEY, M.D.



The Chapel Rises

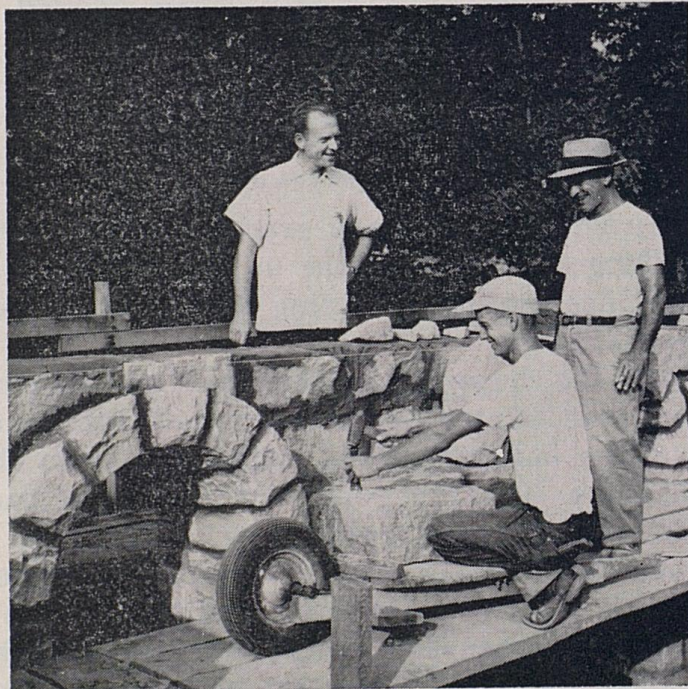
"In all my thirty-five years of experience I have never done before something that I have done on this building," said the Master Mason one morning. Coming from a man like George Bowling this puzzled me.

The wall of the chapel is 20 inches thick and the mortar line is drug rather than pointed; the stones in each run are carefully hammered on the outside surface, which means no chisel has left a visible mark. This is a point of excellence he has always maintained in his work and is nothing new.

Under the East Window, where the rare 15th century glass will be placed, is a sill of a single six-foot stone. This was cut with a beveled edge; when George said he would "ease that stone in two" to make the bevel, I thought he was using his terms lightly. A stone is either one or it is two, and the moment of separation is such that one should say "split the stone." He

called me that day as he chipped a tiny groove lengthwise along the six footer. In the groove he introduced a series of small chisels and in sequence tapped them down. A minute crack began to appear between two of the chisels, and, as he went down the row of chisels again and again, other bits of a crack began to appear. These slowly and steadily began to unite as, indeed, the stone was "eased apart," leaving a lovely smooth bevel edge for the sill. That, I was sure, he had done before as witnessed by his deft touch.

It is true that the arched windows of each side were a bit of a problem. Insofar as the sides of these were flared, he felt that the top should be also. Technically this called for two arches for each of the six small side windows. A pattern was devised by "The Matron" and Jinny for these small stones of the outer arch, and Junior Bowling hammered them to perfection, giving the greatest delight to the spectators as the art was visibly transmitted from one generation to another. I am sure many will feel that these small arches of Junior's are the loveliest.



Arches of the Side Windows

Dr. Rogers Beasley, Master Mason George Bowling, George Bowling, Jr.

After the setting of Junior's arches, the discussion began as to how the stones were to be cut for the inside flared arches; in the heat of discussion, Alonzo remarked that no ten men in the county could solve that problem and this proved an adequate challenge for "The Matron" and for Jinny. They were up until after midnight but by daybreak had produced accurate patterns for the stones, each of which had five of its six surfaces completely different. One member of the Committee has described the side windows as having bonnets because of the great similarity of the flared arch to a sunbonnet, and a good description it is. Ray Couch cut most of these for George so as to have no delay in the setting of the stone. But a man of his experience had surely delegated these responsibilities before; still I puzzled over what he had now done for the first time.

There is to be a porch at the entrance; this is to be supported by beams which rest in the wall itself and on two piers. George plans to do a small bit of carving on the stones supporting these beams. These lay at either end of the lintel and on one he will carve a cross and on the other a fish, the two earliest symbols of Christianity. But he has done carving before.

So I asked at last what he had now done for the first time. He replied that since "The Matron" and Jinny had been so very helpful, that since Miss Margaret Willson had been so very interested in each stone laid, that since Miss Anna May January had been his nurse and friend for so long, he had asked each of them to set a stone in one of the arches of the side windows. Never before had he allowed anyone to set stones for him on a major job, and certainly he had never allowed a woman to set a stone at any time. There never were more elated or appreciative women.

The side walls will be completed tomorrow, and Don Beams of Hazard is coming over to put in the wiring before George seals the top. This will be an intricate job indeed to fish the wires through the two-inch dead-air space on the fifteen-foot wall to the several outlets and the switches. And on this will depend the base board electric heating, the fluorescent indirect lighting for reading, and the iron "stumble" lights. The Chairman of the building committee has been firm that there shall be no lock on the door in order that the Chapel may be used day or night. And to safeguard those at night, there are being made

handsome iron wall lamps, with an appropriate arch and cross design, the glass of which is to be from the Appalachian mountains. Aubrey Dixon and his brother Eugene have created these for this special purpose, that those who may wish to use the chapel after dark will have some light to guide them that they may not stumble.

Strap hinges are essential for the heavy oaken door; and we have asked Jess Willard to make these according to the design. Jess Willard has the name of being able to make the metal talk on the forge. So most things are being done in the traditional mountain manner. There will be 20th century heat and light, there will be a 15th century window, and there is now completed a stalwart stone building to house them, built with meticulous consideration and care, and with the greatest pleasure for all concerned.

In another six weeks it will be time to call for Mr. Riordon to come from Cincinnati to supervise the setting of the St. Christopher window. A tree must be topped which stands in front of the east end of the Chapel. Considerable carpentry will have to be done to put on the somewhat inverted ceiling, insulation and roof. With effort, and with sufficient funds, the Hospital Chapel should be finished for its dedication before Thanksgiving.

BIG TITLE ON DOOR DOESN'T MEAN MUCH

Washington, July 19—The following sign appears on a door in one of Washington's Government buildings:

4156

General Services Administration

Region 3

Public Building Service

Buildings Management Division

Utility Room

Custodial

P. S. It's a broom closet.

Courier-Journal, July 20, 1960

BEFORE WE STEP INTO THE WINGS

By Mary Breckinridge

Some thirty years ago a boy of about 12 rode up to Wendo-ver. Fastened behind him on his mule were two hand made split bottomed chairs. The boy gave them to us saying "We aim to have our baby paid for."

Our fee for attending a woman in childbirth was \$5.00 in those days. It could be paid by work or in kind. The two hand made chairs were worth \$5.00. Not for anything in the world would we have asked that family for payment, because the husband and father had died before the birth of the baby! But this boy, now the head of the household, had taken over his father's obligations. There was a code of honour in the American pioneer.

Now that I am in my eightieth year, I want to put down in issues of this Bulletin some of the characteristics of a vanishing age. I do not think that the generation in which I grew up, now passing into the wings, I do not think that generation was any better or any worse than the one acting on today's stage. I know this young generation well, because so many of them serve the Frontier Nursing Service. If anything the girls of today are a step ahead of my own girlhood, because they have more initiative. The difference between the generations is at a more general level, and it is stupendous.

When I was young, people in every walk of life, except for a few ne'er-do-wells, felt called upon to meet their obligations. True, there were spend-thrifts. But most people dreaded debt and did not buy the things they wanted until they could pay for them. Today millions of Americans are in debt up to their eyebrows. This is one of the reasons why we have inflation, and the failure of a few big financing companies could bring on a crash for millions of people.

The thing that seems odd to me is that this represents a complete break with the past. We old-fashioned people like tradition and a certain continuity in folk ways. Rare today would be a boy of 12 who took over his father's obligations. When families have gone into debt beyond their means, then they tend to shirk every obligation they can edge away from and get by with it. And yet the human mind, as one meets it individually, is as clear as it ever was and the human heart is as compassionate. I want to testify to that before I step into the wings.

BECAUSE SOMEONE HAS FAITH IN ME

by

GRACE NOLL CROWELL

Because someone has faith in me
I cannot fail though all the way
Winds up the hill.
My staff in hand, and cheerily,
I can but fare me forth each day
With right good will.

Because someone has faith in me
I need to keep my heart quite true,
My own faith strong,
My vision clear, that I may see,
Undaunted by what meets my view,
And sing a song.

God help me sing the song, I pray,
God keep me clean and strong to go,
Clear-eyed to see
The untrod, upward-winding way,
For fail I cannot; one I know
Has faith in me.

Songs for Courage

Published by Harper and Brothers, New York

MR. STORK AND MR. FOREST FIRE

by

ANNA MAY JANUARY, R.N., C.M.

It was during the fall season, as I waited patiently for Hannah's call. I visited her every week. But the weeks, one by one, seemed to nod a sad farewell, as the trees on the hills cast off their garments of gold, yellow, scarlet and brown. The trees seemed to stand mute, afraid and alone. No stars twinkled in the sky, and the moon had wrapped herself in a dull grey smock. Old Sol did his best when the Middle Fork cried out for a little more light that one might see the cabins not too distant from her scorched and dry banks. For this was the dry season, and Mr. Forest Fire appeared to be having one of the gayest and happiest times of his life.

At last, when I had finally come to the conclusion that Mr. Stork had met, and duelled with Mr. Fire and perhaps been roasted, John came for me soon after the edge of dark. He recommended that I had better hurry along because Hannah was "punishin' right bad" and the woods were burning near the house.

As I set off in the night, I could see the tongues of flames leaping skyward, or a fir tree going up like a Fourth of July firework. As we neared the cabin, I could see how close the fire was to John's home. Huge burning logs kept somersaulting down the hill, and I thought to myself, I wonder if we will be evacuating this cabin tonight. Upon my arrival at the house, there was not too much time to wonder. I could see that Mr. Stork would not be long in arriving, or so I thought.

I hurriedly assembled my supplies and got myself all ready to welcome Mr. Stork with open arms. In due time he got himself partly through the door (I guess he must have thought, from the look of things, that the Old Earth was a bit too warm for him), and with all my coaxing, he refused to budge another inch either north or south. I could just imagine him standing rigidly at attention and not batting an eye before his commanding officer. At this stage I thought I had better get someone else who might be a little more persuasive. Not having time to stop my argument with Mr. Stork, I sent John off with a verbal

message for our Medical Director, who was Dr. den Dulk at the time. John arrived at Hyden with this message for the doctor: "Miss January says to come quick, packed shoulders, packed shoulders."

By the time Dr. den Dulk arrived, Mr. Stork had reconsidered and made his appearance with a twelve and one-half pound baby boy. He was all boy too and looked up at me as if to say, I could have told you that you had a handful. The doctor wasted no time in getting into battle dress. When he saw the boy, he said, "I thought you said 'packed' shoulders. He looks like he came out of a wrestling ring." "Professional," I said, "Not amateur."

I do not know who was the happiest member of that family. A boy they wanted, to be the little brother for their four daughters. Even Mr. Forest Fire, admitting his defeat by Mr. Stork, stopped in his tracks to leave that happy home in safety and peace. In the early morning hours, after making the mother and baby comfortable, I sat down to a hot breakfast of eggs, bacon and much needed hot coffee. Then I bade the family adieu and left the little cabin nestled at the foot of a burned over hill, shrouded in a cloak of grey smoke, and made my way back home and fell into bed with a heart full of joy.

It was a month of Thanksgiving for it was truly November and the rains did come and there was water in the creeks once again, and the fires were put out on the hillsides and in the valleys.

TIT FOR TAT "DOWN UNDER"

It has been a constant annoyance to country property owners to find holiday makers enter their grounds, light fires, leave gates open and scatter their picnic litter far and wide.

One farmer took action. He followed a party back to the city, noted the address. Next day he took a truckload of rubbish to town and dumped it on the culprit's front lawn.

Contributed by an Australian friend

OUR MAIL BAG

From the Director of Nurses of an Overseas Hospital: The change from this materialistic city to the inspiring world of service and help which I found in your mountains of Kentucky was most refreshing. Before I visited you I was beginning to doubt whether there was any what I call real nursing done in this country, as nurses in city hospitals seem to be drawing further and further away from the patients.

From a Grenfell Mission Nurse in Laborador: I would like to tell you how much my six months at the Frontier Graduate School of Midwifery have meant to me. I value very highly the caliber of instruction which I have received and also the great wealth of clinical experience which was available. But beyond all this I am most grateful for the opportunity of being a part of the Frontier Nursing Service and observing the scope and operation of the work. I shall always remember the very beautiful nurse-patient relationship which seemed always to be present.

From a Constant Reader: Your selections for the Bulletin are always so perfect—in fact the Bulletin is so perfect. It is always a joy to read and makes us feel very close to all of you who carry on so wonderfully and so faithfully.

From an Old Friend in Pittsburgh: No magazine comes to my door that is read with such great interest and joy as the Quarterly Bulletin.

From an Old Friend in Princeton: I am so interested in the accounts of the building of the new Chapel and R. and I want to make a contribution to it in memory of our parents who loved children.

From an Old Friend in Kentucky: As I have received the Quarterly Bulletin and known more about your work it has become very dear to me. The Spring Bulletin with its story of the Chapel has made me want a bit of a share in it. . . . Your Bulletins are always a delight with their choice quotations and appealing stories. . . . I have thoroughly enjoyed reading *Wide Neighborhoods* and also giving it to friends.

From a Kentuckian in Japan: Not only do I enjoy the Bulletin, but the patients in the hospital enjoy it too. After I have finished reading the Bulletin, I put it in the Red Cross lounge for our patients to read. This usually brings on much conversation. The Americans here in Japan have a real desire to know more about the wonderful service given by the Frontier Nursing Service.

HIGHER EDUCATION IN 1744

The Government of Virginia and the Iroquois Indians signed a peace treaty in 1744. Along with the signing came an offer by the Virginians to provide free education for six promising Indians at Williamsburg College. Much to the surprise of the Colonials, the offer was refused, though with great politeness, by the Iroquois chief.

He explained that his tribe had had prior experiences with this type of "higher education." He said:

"Several of our young people were brought up at the colleges of the northern provinces; they were instructed in all your sciences. But when they came back to us they were bad runners, ignorant of every means of living in the woods, unable to bear either cold or hunger, knew neither how to build a cabin, take a deer or kill an enemy, spoke our language imperfectly; were therefore neither fit for hunters, warriors, nor councilors—they were totally good for nothing.

"We are, however, not the less obliged by your kind offer, though we decline accepting it; and to show our grateful sense of it, if the gentlemen of Virginia will send us a dozen of their sons we will take great care of their education, instruct them in all we know, and make men of them."

The Colonial Crier, August, 1960

Published by Colonial Hospital Supply Company

OLD COURIER NEWS

Edited by
AGNES LEWIS

From Jean (Jeanie) S. Alexander, Bernardsville, New Jersey

—May 24, 1960

I shall be out of college and graduate on June 3rd. I am going this summer with my family to the Island of Elba, and also on a marvelous tour of the Greek Isles, Athens, Istanbul, the Black Sea and the Dalmatian Coast. Before that I plan to work for about four or five weeks for Mr. Stevenson.

—June 19, 1960

I am going to Oxford next year to study English Literature and you can imagine how excited I am. Now I am looking for a place to stay nearby, or in the town of Oxford itself, and plan to arrive there about the middle of September.

. . . .

From Victoria (Vicky) Coleman, Northampton,

Massachusetts—June 12, 1960

I have just gotten home from June Week at West Point. It was exhausting, but the pageantry and fun more than compensated for the resultant fatigue.

Great excitement! In July I shall be going to the Republican Convention in Chicago. I am very thrilled.

—August 17, 1960

This summer has consisted of "odds and ends," but has been extremely happy. In order to get a few extra credits for a Virginia Teacher's Certificate, I went to summer school for six weeks. In the afternoons I did volunteer work in occupational therapy at the D. C. Crippled Children's Institute and at Children's Hospital. I was extremely lucky as both my "bosses" took me aside, gave me extra material to read, and allowed me to do much of the work with individual children on my own. Along with two summers with you, I count this as one of the more rewarding experiences of my life.

Last month I went to the Republican Convention in Chicago where I had a fascinating place in Governor Rockefeller's private

office. My job consisted of opening about 1,000 letters and telegrams a day, answering phones, and delivering messages. I met many fascinating people, including unbelievable crackpots, security police, and well-known political leaders.

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From Mrs. W. A. Small, Jr. (Susan Spencer), Tucson,

Arizona—June 21, 1960

"The boys" just want you to know that Mommy nearly fainted when she saw their picture inside the Quarterly. They've been receiving fan mail ever since, too.

We had such a grand time with Alison Bray, who is the same lovely person I remembered from Wendover, 1948. She was initiated into driving an automobile with automatic shift, at night on the right side and passed with flying colors. A true courier! I envy her the visit with you all. I may make it one day.

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From Ayer Storrs, in Switzerland—August 6, 1960

As you can see, I was accepted by the Experiment in International Living. Switzerland is just second heaven and I love it more and more every day. At this point I never want to come back to the States. I've often thought of last summer and you all at FNS and wished there were some way I could get down there again this summer.

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From Mrs. Edwin B. Arnold (Abigail's Mother),

Glendale, California—August 9, 1960

Ten days after Abigail graduated from UCLA, she was married [*see weddings*]. Her new husband is a chemist for a firm in Los Angeles where they have an apartment. Abigail has a very interesting job with the City as a Public Health Nurse. She has an air conditioned private office in the new health center across from Los Angeles City Hall. Her district is the vicinity of Main Street, Bunker Hill, which is the slums of Los Angeles. She has a Spanish interpreter and a Chinese one. Yesterday she held a well babies clinic and from now on will be assigned to that and other clinics a few days a week. Aside from that, she's "out on the road" most of the time. She likes her work a lot, although

she talks about Frontier Nursing Service and will never forget her six weeks with you.

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From Birch Hincks, Pine Orchard, Connecticut—August 13, 1960

I just hated to leave you all last Wednesday. The FNS is something that gets in your blood, isn't it? I'm already trying to figure out when I can come back—maybe for my spring vacation or for part of next summer.

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**From Mrs. Robert A. Lloyd (Sue McIntosh), Cambridge,
Massachusetts—August 20, 1960**

It was especially good to see Anna May's article in the Bulletin. I think of her often, for I believe it was she who in her gentle strength taught me the discipline of fatigue, almost as valuable to a mother as to a nurse-midwife.

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From Nancy Fitzhugh in Louisville, Kentucky—August, 1960

The six weeks I spent with the FNS were the best that I can remember. Not only the vast amount of knowledge which I got—medical, animal wise, and so on, but a great deal on humanity in general. I only hope that I was able to give as much as I received, which would, in fact, be quite impossible, I think. The beauty of the place, the seclusion and isolation, the wonderful people, and animals, the experience was too rewarding. I shall always remember your "give to life more than you've been given," and try my best to fulfill that.

Weddings

Miss Abigail Arnold of Glendale, California, and Mr. Gerald Lee Hovley of Brawley, on June 18, 1960. Both the bride and the groom are graduates of UCLA. While a student there—Abigail was president of Alpha Omicron Pi and was recipient of the 1959 national award scholarship to the Frontier Nursing Service. She spent six weeks with us last summer, helping with our social service work. [*See old courier letters.*]

Miss Theresa Halley Nantz of Hudson, Ohio, and Mr. Dan-ridge Franklin Walton of Bowling Green, Kentucky, on July 2, 1960. These young people are making their home in Bowling

Green, where Mr. Walton is practicing law. Theresa plans to teach this fall.

Miss Elizabeth Bartlett Kidd of Rochester, New York, and Mr. Ranlet Miner, Jr., Lieutenant, United States Marine Corps, on July 9, 1960.

Miss Joanna B. Noble of Brooklyn, New York, and Honolulu, and Mr. Frederick Koennecke on August 20, 1960, in New Palts, New York. This young couple are going to Germany for their honeymoon and then back to Honolulu the end of September where they will live. Mr. Koennecke came from Germany eight years ago and is now an American citizen, in the textile business. Joanna met him in Honolulu where they have both been playing in the Symphony Orchester for almost two years.

Babies

Born to Mr. and Mrs. Bernard Collins (Jo Brown Grimaldi) of London, England, a son, Peter Fitzgerald, on May 22, 1960. Not only is his mother an old courier, but his aunt, Peggy Brown, was for many years one of our nurse-midwives at the Possum Bend Nursing Center at Confluence. Therefore, we have a double claim on this young man.

Born to Mr. and Mrs. Percival Taylor Gates, Jr., of Weston, Massachusetts, a son, Gordon Gates, on July 5, 1960.

Born to Mr. and Mrs. Robert A. Lloyd of Cambridge, Massachusetts, a son, Seth Lloyd, on August 2, 1960. His mother writes:

Seth Lloyd was born August 2nd, strong and healthy, though he looks like a scrawny old man in comparison with his thirteen-month-old brother, Benjamin, who is built like a Japanese wrestler. Every day he is improving and already he is very dear. I feel as happy and as lucky as I can be.

We are stunned and grieved by news of the sudden and untimely death early this summer of Louise Myers Pugh of Washington, D. C. Our hearts ache for her husband, Colonel John R. Pugh; for her two children, David and Louise IV; and for her mother, Mrs. George Hewitt Myers, an honorary member of our Washington Committee.

We extend our loving sympathy to Lucy Pitts Grosvenor in the loss of her father, Dr. Herman C. Pitts of Providence, Rhode Island, a member of our National Medical Council.

WATER SAFETY

by

VIRGINIA BRANHAM
(Courier Jinny)

Joy House, our Medical Director's home, is where our first plans for swimming lessons were made. Over coffee in the kitchen with Trink Beasley we worked out how and where to start. At this time we had had as a guest at Wendover, Mrs. Abbie Houston, a Red Cross worker, who immediately on her return to Knoxville, sent us every available piece of Red Cross literature and poster that we could need. She can never know how invaluable and deeply appreciated this was! This community activity has been the direct result of a day we'll never forget.

On that day happy young voices came from the swimming hole below Wendover, accenting the peace of an early summer's noon. This lethargy was shattered by Clarence running for the nurse. "Two boys are a'drowning in the river." We raced down to find four of the Wendover men, Hobert, our foreman, Bailey, James, and Bill thrashing in the water—but no boys. They had located one of them and by diving we were able to get him out immediately.

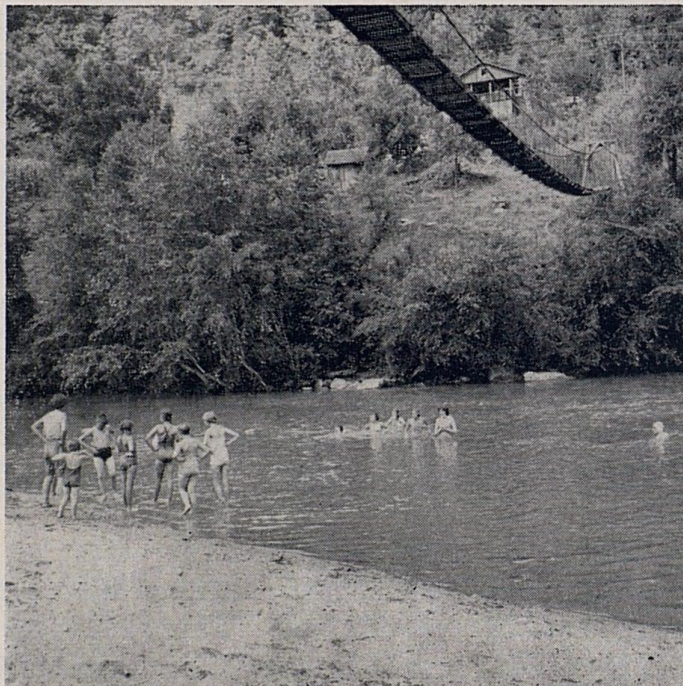
Helen Browne and Anne Cundle started with mouth to mouth artificial respiration. I pray none of us have to see, or use it again, but it is an impressive sight: the steady, easy way they gave him air he seemed to be breathing.

When Dr. Beasley rushed out from the hospital he took turns on the mouth to mouth breathing which was continued for a long time. If a spark of life had been there this boy would have made it.

Diving was to no avail in finding the other lad. By then the cloudy water was well churned and filled with silt and sawdust from the bottom—visibility nil. Finally a river skiff was brought and by prodding with a pole Hobert located the second youngster.

I hesitate in writing and reliving this double tragedy which struck so suddenly. We will never forget it, nor the courage of these men who went in the water with no thought of their own safety. How glaringly evident was our responsibility to teach swimming and water safety.

Trink talked to a group and to Bowling Bend we went. We purposely started with a few and the group enlarged as the summer wore on. From the beginning this joint effort has been possible only thanks to all the parents, couriers, and other volunteers. A salute to all the mothers who came and were on duty as life guards: Jean Elam, Trink, Gussie Lewis, Gladys Begley, Daisy Mattingly, Celeste Joseph, Lily Campbell, Faye Farmer, Cloma Moore, Lila Mae Keen, Ruth Stone, and Mary Katherine Brashear. Next summer I hope we will have other men like Joe Lewis, whose help was more than appreciated. All apologies to those whose names I have forgotten: their work and time were just as appreciated and they know how hopeless I am on names! In turn, I can't help but add a special salute to Jean and Trink, who have been the backbone of the Bowling Bend group. They, the couriers and I did the teaching.



Picture taken by Anne Cundle

On Brownie's suggestion we had the path cleared of poison ivy and graded so other than a billy goat could use it. Young Roger and Larry Sizemore who live at Bowling Bend cared for the life saving rope we hung there. Willard Howard had turned

a horseshoe into a perfect hook on which to hang it. Mrs. Essie Roberts, the Executive Secretary of the Leslie County Chapter of the American Red Cross, got mats from Area Headquarters for newspaper publicity on water safety. Thanks to Mrs. A. L. Mendell they were published in our local paper, Thousandsticks. Rutheford and Pet Campbell let us put a display of Red Cross posters in their drugstore window. On their own suggestion the mothers all chipped in and paid for the materials used in making the life saving ropes, "crib" ropes, and the metal water safety signs. Mayhaps, I am putting the cart before the horse in writing of the "who" instead of "what" we have done. But nothing could have been accomplished without one and all.

River swimming, what with deep holes, current, etc., can be hazardous. We were a bit apprehensive the first day. Our fears were justified as one youngster stepped off into a deep place and thoroughly scared herself and us. But how to build a portable marker or "crib" to keep all our non-swimmers in safe waters? The answer for us was chunks of styrofoam covered with feedsacking for floats, lengths of clothes line for markers, and window weights for anchors at each end. They were perfect.



We found the Red Cross way of teaching swimming the easiest to teach and to learn. The Buddy System was used: each swimmer having a partner, each looking after his buddy and on a whistle pairing up and being counted. We would split up in groups for teaching, working separately with "first timers," beginners, and on up through ability. At the beginning we had only two or three who were allowed outside the ropes. At the end of the summer we had a number swimming across the river and diving off their ultimate goal, the rock!

At the Clearing at Wendover we gave some lessons to Opal and Hayes Morgan's youngsters who were joined by the Turnbrows several times. Then Nora Cornett came down from Camp Creek and wanted to know if we could have swimming for some of the Camp Creek boys. The accompanying picture shows some of them nailing a water safety sign by our swimming hole. At both Bowling Bend and Wendover not only did they learn and practice swimming, but they also practiced throwing a life line and learned rudimentary water safety rules.

Be it at Wendover, the Clearing, or Bowling Bend, never have I been a part of anything that has thrilled me more. These youngsters, easily over fifty of them, are all so quick in understanding and willing to try anything. Their eagerness was infectious. Not once did I see one show any fear or timidity of the water. In turn, it was a real delight to watch them helping each other. Mayhaps I'm prejudiced, but never have I worked with youngsters who were more fun and easy to work with singly and in groups.

This is just a very small start and we are more than aware of that. At the last lesson we had youngsters starting for the first time. We have many who are still beginners. We know it will take time. Another summer I hope we can get other groups started. Any bit of good that we have accomplished is in every sense a living memorial to two mountain boys.

AN HONEST LABORER

An honest laborer, when paid for his work, gives himself to his work.

The Thousandsticks, Hyden, Ky.
June 30, 1960

A CENTURY OF NURSING

TWO BOOK REVIEWS

Florence Nightingale's Nurses

The Nightingale Training School, 1860-1960

by Lucy Seymer

Published by Pitman Medical Publishing Co. Ltd., London

Illustrated

Price: 20 Shillings

As a saga the story of the foundation of the Nightingale School of Nursing at St. Thomas' Hospital in 1860 is more enthralling than almost any other of the last century. Even before Miss Nightingale returned to England from the Crimea, the grateful British people had raised a huge Fund to be put at her disposal when she came back home. She had it placed in the hands of a Council of eminent men and used the income from it to create nursing out of what had been chaos.

With an insight more prophetic than even he knew, her friend, the statistician Dr. William Farr, wrote

"You are going to found a great and lasting institute. The sooner the acorn of this mighty oak is in the soil the better; and for many years it will require your fostering care and genius to make it prosper. Good nurses can, I believe, be created by you out of English women, and if only two or three are completely formed, they will multiply in a geometrical progression."

The problem facing Miss Nightingale and the Council who handled the Fund was where to begin. One hundred years ago the nursing in the great hospitals was in the hands of attendants who were all ignorant, many illiterate and some degraded. The Governors of St. Thomas' Hospital in London were willing to have these attendants replaced by nurses trained in the Nightingale School. Inch by inch they were replaced and real nursing was born.

For a long time the period of training was only one year. This included the indispensable work in the wards and, in time, full responsibility for all patients in the wards, together with medical lectures and classroom instruction. The Fund was able to pay for the lectures and to give scholarships to nurses who could not meet the expense of their training. The Fund required every nurse it subsidised to serve a minimum of two years in a

post approved by the Fund. This was to prevent the exploitation of the nurses and also to see that those qualified to start other hospital schools went to hospitals who were prepared to accept the schools. The Fund gave liberal grants to such institutions. In fact, such an Endowment was essential to the establishment and maintenance of the first Schools of Nursing.

It is not possible in a brief review to give the names of the collaborators who served Florence Nightingale and her Council in the education of her early nurses. Nor is it possible to tell the gallant story of the pioneer Nightingale nurses or of their sisters of this century who carried on through two great wars. Every nurse should read this book; many doctors should read it; lay people on Hospital Boards should read it.

One hundred years ago, inch by inch, nurses replaced attendants in the great hospitals of London and assumed full responsibility for patient care. Now, one hundred years later, inch by inch, in many American hospitals, nurses are withdrawing from the patients, and leaving them to the care of attendants. And yet the heart of nursing lies in responsibility for patient care. It is, therefore, the one indispensable thing in the education of a student nurse.

A Hundred Years of District Nursing

by Mary Stocks

Published by George Allen & Unwin, Museum Street, London

Illustrated

Price: 25 Shillings

As the readers of this Bulletin know, the Queen's Institute in London celebrated a centennial of District Nursing in 1959. More than 3,000 District Nurses were reviewed by Her Majesty Queen Elizabeth The Queen Mother in the grounds of Buckingham Palace, where the Frontier Nursing Service was represented by Helen E. Browne, as pictured in our Summer 1959 Bulletin.

The Queen's Institute invited Mrs. Stocks to write the story of the hundred years and she has produced a remarkable book.

The birthplace of District Nursing was Liverpool, where it was fostered by the administrative genius and compassionate heart of William Rathbone. The nurses were mainly from the humbler walks of life. They were guided and helped by ladies known as Lady Superintendents. Mrs. Stocks says that among

the people who should be honoured for the work of these volunteers are

“the children's nurses, cooks, parlourmaids, and housemaids without whose ministrations the ladies would have been full-time domestic drudges, as so many ladies are today.”

It was fortunate that the Liverpool District Nursing organisation had managed to integrate itself with the charitable and administrative work of the town, for in 1866 the great cholera epidemic was brought in on a ship. The work done by both groups of people and by other volunteers was magnificent. The same system was in use again in 1870 when Liverpool had a scourge of “relapsing fever.”

William Rathbone had been in close communication with Florence Nightingale. He had entered into her campaign “to establish nursing as a profession for educated women rather than as a craft for the lower orders.” He secured Nightingale Nurses to establish a training school in Liverpool.

The story of District Nursing moves to London, where it owes much to Florence Lees, a “lady” and a graduate of the Nightingale Training School at St. Thomas' Hospital. Florence Nightingale described her as “a genius of nursing.” As Mrs. Dacre Craven, following her marriage, she continued to guide District Nursing with a masterful hand. Her thesis, like that of Miss Nightingale, was that “ladies” made the best nurses, and nursing was the best field for the employment of gentlewomen. Mr. Rathbone's niece, Dame Rosalind Paget, added to this the profession of midwifery, and the nurse-midwife was born, with the founding in 1881 of the Midwives Institute, now the Royal College of Midwives. Those who read old-fashioned novels, such as Mrs. Humphrey Ward's, will learn how gentlewomen became nurses, and worked in the most degraded parts of London among “the sick poor.”

Queen Victoria's Jubilee year, commemorating fifty years of her reign, fell in 1887. The British people subscribed a huge Fund to be used as the Queen directed. She used it to have created the Queen Victoria's Jubilee Institute for Nurses. With the income from this Endowment the Institute began its memorable and far-seeing programme for the training of graduate nurses to serve on districts among the sick poor. We in the Frontier Nursing

Service have had the good fortune to attract a number of Queen's Nurses among our ranks.

It is not possible for this reviewer to go into the expansion of this programme over the long years; its inclusion of midwifery and health-visiting. Our aim is to have you who read this review buy and read this book.

JUST JOKES

The woman ordered a maternity dress from a mail order house. Several weeks later she wrote the company. "Please cancel my order for a maternity dress. My delivery is much faster than yours."

. . . .

An impatient young man was waiting for a lady to get through with the telephone directory. Finally he said, "Madam, can I help you find the number you want?"

To which she replied, "Oh, I don't want a number—I'm looking for a pretty name for my baby."

. . . .

Customer: "Have you a book called, 'Man, the Master of Women'?"

Salesgirl: "Fiction counter to your left, sir."

. . . .

"What did the plumber say when he hit his thumb with the hammer?"

"Shall I leave out the swear words?"

"Of course."

"He didn't say a word."



AMERICAN ASSOCIATION
OF
NURSE-MIDWIVES, Inc.

Although the members of the American Association of Nurse-Midwives will receive their notices directly and well in advance of the annual meeting, we want to mention it here for emphasis. Saturday, November 26, 1960, is the date and Wenderover, Kentucky, is the place. The officers of the Association are delighted that Dr. M. Edward Davis, Chief of the Department of Obstetrics and Gynecology of the Chicago Lying-In Hospital, will be our guest speaker. Frontier Nursing Service is delighted that he and Mrs. Davis will be staying with us before and after the meeting. It is our hope that the long Thanksgiving Day week end will enable many members from a distance to attend and we are glad to offer hospitality to them.

So many members of the Association have written enthusiastically about our delegate to the Congress of the International Confederation of Midwives in Rome, and so many have sent special gifts to help defray the expenses, that we want to give a brief report on all of that. The Bring and Buy Sale held at Hyden on June 25 was most successful. Many things were brought and everything was sold. The special features, including the fortune telling, went over big. Through the money raised by this event and through the donations the entire cost of the package trip to Rome, namely \$929.60, has been met without drawing on any of the funds of the Association. This tour will include stop-overs in Edinburgh, London, Amsterdam, Paris, and Geneva, and many worth-while things have been arranged by the nurse-midwives and midwives in those countries.

Miss Carolyn Banghart, Dean of the Frontier Graduate School of Midwifery, is, as all of the members know, the delegate we are sending to Rome. The paper she is to read, called *The Educational Value of the Midwife to the Individual and Her Family*, has been sent to Miss Marjorie Bayes, Executive Secretary of the International Confederation of Midwives. It will be translated into three languages.

NEW EYES FOR THE NEEDEY, INC.

This most worth-while volunteer social organization, which solicits no funds, does solicit old silver and gold eye glass frames and other bits of odds and ends of precious metal. Their entire income is derived from the refining of the gold and silver. They distribute the income among charitable agencies to pay for new prescription glasses and artificial eyes for needy patients. The Frontier Nursing Service deeply appreciates the fact that it receives some of this income annually and spends it on prescription glasses for children. The address to use in sending precious metal to them is **New Eyes for the Needy, Inc., Short Hills, New Jersey.**

ABLUTIONS OF NINETEENTH CENTURY BOARDING SCHOOL GIRLS

In England

“. . . she hated getting up in the wintry dark, and her cold ablutions with some dozen others in the comfortless lavatory.”

Marcella

by Mrs. Humphry Ward

In New England

“. . . they went down into a square room; round three sides of which ran a shelf, on which stood rows of wash-bowls and pitchers. Above were hooks for towels.

“ ‘Our lavatory,’ remarked Mrs. Florence, blandly.”

What Katy Did At School

by Susan Coolidge

OLD STAFF NEWS

Edited by
HELEN E. BROWNE

From Vivienne Blake Twiss in Samreboi, Ghana—May, 1960

The mountains must be looking very lovely at this time. I hope one of these days to bring Chris and Quentin (*her husband and son*) to visit you. We are flying home in July, and Chris' mother is letting us have her little cottage in Hampshire for the summer.

Quentin is growing up all too fast. He is most contented and lovable. At the moment he is kicking on the floor and spitting which he does very well—too well. We are looking forward to enjoying the English summer. Kindest regards to you all.

. . . .

From Jean Lamb in Berkshire, England—May, 1960

I am working as a temporary nurse on my old district, so I am having a lot of fun visiting all my old friends. There are plenty of babies coming—I delivered one about three hours ago. I feel pretty fit now, but have to go into hospital for a check next week. If all goes well I hope to return to America in August. It was impossible to get an interview at Birmingham Medical Center so I have to give up the idea for a year at least. Please give my best wishes to all at Wendover.

. . . .

From Noel Smith in New York City—June, 1960

At last all my plans have settled and I will love to come to Kentucky in August. Such a change will be a wonderful vacation for me. All has gone very well for me this past year. I have loved teaching my little seven-year-olds and miss them now that school is out. They really turned into quite a fine group of little individuals. Next year I will teach at the same school. I have had the use of the most beautiful apartment, right above my mother, and that, too, is mine next year. All in all I am spoiled to death.

Today I am going to meet Leigh for lunch, at the hospital, and this afternoon I shall see Mary Forrest Zabriskie Johnson

who was a courier in 1956. She has a tiny baby girl named Sarah whom I have not met yet.

. . . .

From Isobelle Dougall Marrison in Winter Haven, Florida

—June, 1960

At this time I am Camp Nurse for a group of 150 Girl Scouts, in the Florida National Forest near Ocala. The two weeks will soon be over and we have had only one accident that required surgical care—a badly cut hand caused by jumping out of a canoe into a hole in the lake. I have really enjoyed working with these young girls in various stages of their Scout career. The whole Camp has been well organized and I find the leaders and instructors very fine women indeed.

As you know I still supervise twenty-one “granny midwives” in Polk County. I left Ione and Peter in Winter Haven and I am sure they have had quite a good time. I am well and carry on with my work as public health nurse.

. . . .

From Lois Harris Kroll in Seldonia, Alaska—July, 1960

The Spring Bulletin came a couple of days ago, and I have read it from cover to cover—it made me more or less homesick. I realize that life there cannot be quite the same. I hate jeeps! We only have three of them—one on the fishing grounds, one in town and one in Florida and I will not ride in them unless I have to. I was so happy to see the picture of Mrs. Breckinridge. She looks as lovable as ever. I was so very sorry to read of Hannah Kooser’s death.

We are on the fishing grounds—Hank and the boys are hard at it. From all indications this is going to be a good year for most everyone. We have beach locations and use set nets. The fish are picked up into skiffs using outboard motors, and then put on our power barge and taken to the cannery, eight miles away. Because of the amount of gear being used in the Inlet we are restricted to two days fishing a week. Most of our locations are red salmon which we used to can ourselves, but now it is easier and pays more to sell to the cannery. Life is easier for me now that the boys can help Hank. Henry is 16 years old, is six feet tall and weighs 180 pounds. Herb is 13 and of smaller

build—he graduated from 8th grade last May. Henry will be in third year high school.

We have not decided where we will spend next winter—it will probably be at our place in Florida. Our tenants there moved out and the house is probably in need of some repairs.

. . . .

From Jane Furnas in Tucson, Arizona—August, 1960

At last I have completed work for my Master's degree and am back in Tucson. I start back to work at the University on September 1. Peggie (*Foster*) and I have bought a new house which is a little larger and nearer our work. Peggie is working with the VNA here and liking it very much. Our new address is 2710 East 7th Street.

I visited some friends yesterday and they have a lovely mare—I am going back this week for a ride. I have not been on a horse since I left FNS and am much looking forward to it. We miss Kim very much—we had him put to sleep because of illness. Kind regards to all I know.

. . . .

From Luree Wotton in Aurora, Illinois—August, 1960

It seems like ages since I left the FNS—I hope all are well. I have been busy this summer working in the obstetrical department of our hospital. It is a bit different from Hyden Hospital. My training has proved very helpful to me. I hope to get to the annual meeting of the Midwives Association this fall.

. . . .

From Ruth May in Mary's Harbour, Labrador—August, 1960

Thank you for sending my diploma to me here—it arrived in perfect condition. Since my return to Mary's Harbour on July 8th, I have been kept very busy, especially during the first few weeks. Everyone seemed to have saved their complaints for my return! I have had two major obstetrical emergencies and have been very glad indeed for what I learned at FNS. The first was a massive postpartum hemorrhage in a grand multipara who was unregistered; and the second patient had been checked by a doctor and no complications were expected. However, she had a long, long labor, and due to bad weather I could not get medical aid, so I did the best I could and am happy to report that the

baby yelled immediately after birth and both baby and mother have done well ever since. How thankful I am that if these patients had to come, they waited until after Kentucky! I shall always remember my six months with you. Please remember me to Mrs. Breckinridge.

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**From Charlene ("Shot") Tucker in Chattanooga,
Tennessee—August, 1960**

I have really been homesick for Wendover lately, and wish there might be a chance for a visit, but it is doubtful. I am working as a receptionist in the laboratory at Erlanger Hospital and we have been very busy. Most of my work is in the blood bank where I interview the donors and give credit for blood and make charges, etc. The work is interesting because there is so much variety.

I would love to return to college this fall, but it just is not possible. I do plan to take a course or two at the University of Chattanooga at the night school. Thank you so much for sending me the Bulletin—I do enjoy reading it. Tell Peggy I will try to come up for a few days this winter and write "Thank You" letters. If I remember correctly that is always an open job!

Please say "Hello" to everyone for me.

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From Clara Sparks in Urundi, Africa—August, 1960

I just finished reading the Spring Bulletin which came yesterday. It made me really homesick for the FNS. I have been back here at my work since the middle of March. On my return trip I had four days of sightseeing in London—I would love to spend several weeks there.

Much of my time is spent in prenatal and baby clinics. How many times I have been grateful for my six months spent at FNS, and for the knowledge and experience gained there. We have a number of deliveries and about one-third of them are abnormal in some way. I am always so glad when I am called and everything turns out to be normal. I have a weekly prenatal clinic which runs from 55 to 65 mothers—sometimes more. Of course it is impossible to do all the things here that we did in Hyden. I also

have a baby and prenatal clinic at a center a few miles from our main hospital. It reminds me somewhat of your Bull Creek Clinic.

We now have in our mission four nurses who took their midwifery at FNS. We have fun reminiscing about our days there. The other three are Olive Bodtcher, Myra Adamson and Margaret Holton. Our future here looks rather black in the face of all that has happened in the Congo. Urundi is asking for independence in December and we are very fearful that we will have to leave then. We do not know what the future holds.

Many thanks for all the FNS did for me; and please give my greetings to all my friends at Wendover.

. . . .

Our heartfelt sympathy goes to **Patricia M. Richards** on the death of her father in May, in London, England. Pat wrote that she was so glad she was at home and could help with the care of her father during his last weeks.

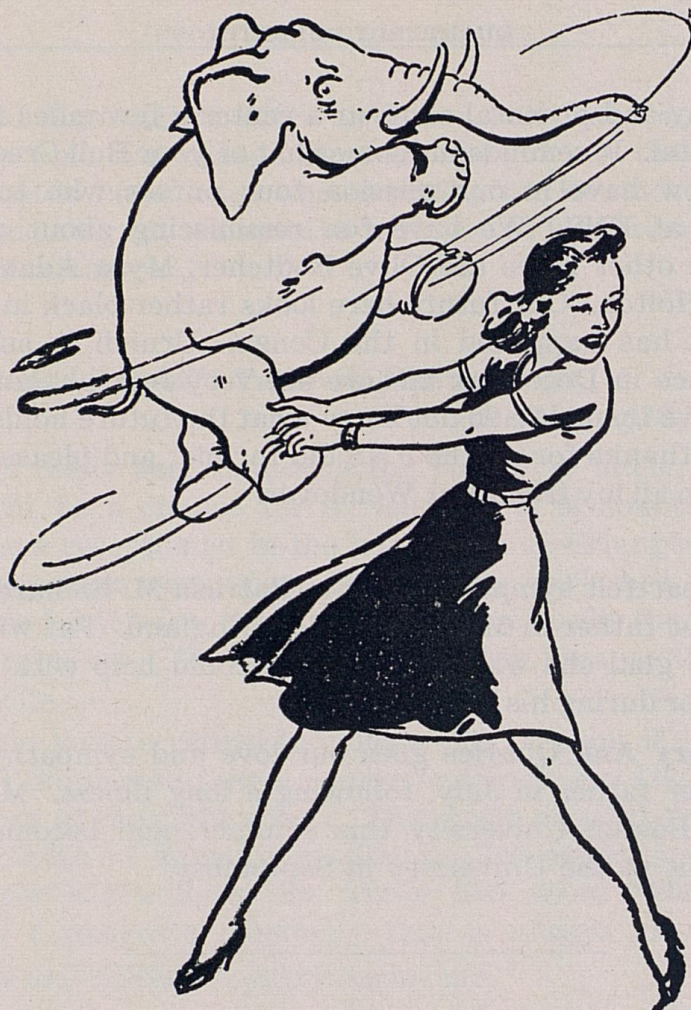
To **Mary Ann Quarles** goes our love and sympathy on the death of her father in July, following a long illness. Mary Ann taught at Boston University this summer, and becomes a full time student at the University in September.

THANKSGIVING DAY REUNION IN ENGLAND

For several years the old staff in Britain have been invited by Nora K. Kelly to hold the reunion at the Watford Maternity Hospital, King Street, Watford, Hertfordshire. For those who wish it, overnight hospitality is provided. Please write "Kelly" if you can attend the Thanksgiving Day Reunion on Thursday, November 24, 1960. Come any time from 2:00 p.m. through 8:00 p.m.

The Frontier Nursing Service staff in Kentucky gather together at Wendover on Thanksgiving Day not only in celebration but in remembrance. The group in Kentucky and the group in England meet at almost the same hour, allowing for the difference in time. With them in spirit are members of the old staff scattered all over this world—and members who have moved on into a world that is timeless.

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**
1579 Third Avenue, New York 28, New York

You don't have to live in or near New York to help make money for the Frontier Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE
1579 Third Avenue
New York 28, New York

BEYOND THE MOUNTAINS

The thirty-sixth annual meeting of the Frontier Nursing Service took place at the Louisville Country Club on June 3, 1960. It was a deeply moving occasion because of the resignation of the National Chairman, Mrs. Morris B. Belknap. Mr. E. S. Jouett, who resigned as National Chairman in June 1949, gave a speech of welcome to Mrs. Belknap as she entered the ranks of Chairmen Emeritus. Mr. E. S. Dabney offered Resolutions that were adopted by the Board of Trustees with a rising vote of thanks to Mrs. Belknap. Mr. Charles W. Allen, Jr., first vice-chairman, presided over the entire meeting until his introduction of the new National Chairman, Mrs. Jefferson Patterson, of Washington, D. C. In her brief remarks of acceptance, Mrs. Patterson paid tribute to her great predecessor, Mrs. Belknap, and pledged her best efforts to carry forward in its high tradition the program of the Frontier Nursing Service. Her one personal reference was as follows:

"For me, my career in the FNS is paralleled to the national legend of log cabin to White House, since I started with the Service in 1928 as the first courier by riding 30 miles in from the railroad on a mule, and today you have kindly made me Chairman of the whole shebang! Thank you!"

Mr. Dabney presented Mrs. Belknap with a sheaf of yellow roses (her favorite flower) and Mr. Allen presented Mrs. Patterson with an orchid corsage-bouquet.

We know that all of you will want to read Mr. Jouett's speech of welcome to Mrs. Belknap, and Mr. Dabney's Resolutions, which follow:

REMARKS BY MR. E. S. JOUETT

After many years of absence, it is a genuine pleasure to attend another annual meeting of the Frontier Nursing Service. This one is especially important because it marks the voluntary resignation of Mrs. Morris B. Belknap as chairman, after long, devoted, efficient service in that position. She will receive a warm welcome from the ranks of retired chairmen, of which there will now be two members. I have been given the honor of accepting her resignation as chairman. This is done with mingled emotions—regret at the loss of her wise counsel and helpful service and pleasure at the thought that she has earned a rest from her arduous labors.

Incidentally, but very happily for me, this occasion means a reunion for a few hours of the four personal friends who have been interested in administering the affairs of this great institution—Mrs. Breckinridge, the founder; Mrs. Belknap, the chairman; Mr. E. S. Dabney, the treasurer and financial manager, and myself, the retired chairman.

During the chairmanship of Mrs. Belknap, the Frontier Graduate School of Midwifery, created in 1939, has trained over 200 registered nurses in midwifery who are now scattered all over the world from the Belgian Congo to Thailand.

During the second half of her chairmanship, in addition to the great interest in this country, distinguished people have come here from thirty-eight foreign countries to study the work of this institution. They have come from countries scattered over the five continents—the two Americas, Europe, Asia, and Africa.

It is thrilling to note the vast expanse of public interest in this institution, just one evidence of which is the great distances from which these visitors have come. Their countries, named alphabetically, are: Australia, Austria, Belgian Congo, Belgium, Brazil, Burma, Canada, Ceylon, Chile, China, Costa Rica, Denmark, Egypt, England, Ethiopia, Finland, France, Germany, Greece, India, Indo-China, Indonesia, Iran, Ireland, Japan, Laos, Lebanon, Malaya, Newfoundland, Okinawa, Panama, Peru, the Philippines, Scotland, Sweden, Syria, Thailand and Turkey.

In the same periods many thousands of rural children and their mothers all over the world were helped by the methods worked out by the Frontier Nursing Service.

Through Mrs. Belknap's personal liberality and in the interest she has inspired in others, the Endowment Fund of the Frontier Nursing Service, as well as its subscriptions, have been greatly extended.

What a joy it must be to this good woman as she retires and turns her work over to others, to look back over the years of her service and the countless blessings to humanity for which she is so largely responsible. May God bless her with many years in quiet contemplation of her invaluable service to others. And may God continue to guide and bless the activities of the Frontier Nursing Service.

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RESOLUTIONS BY MR. EDWARD S. DABNEY

RESOLVED, that the Trustees of the Frontier Nursing Service, assembled at their annual meeting at the Louisville Country Club on Friday, June 3, 1960, take official notice of the retirement of Mrs. Morris B. Belknap as National Chairman, a position which she has filled with distinction during the eleven-year period since she was elected on June 1, 1949, to succeed Mr. E. S. Jouett who retired at that time, and whom she joins today in the ranks of Chairmen Emeritus;

RESOLVED, that Mrs. Belknap, in discharging her duties as National Chairman, has brought to the Service her various talents and attributes;

A high intelligence, enabling her to understand the many problems of the Service and to reach correct decisions, as is always required at the executive level;

A wise counsel, enabling her to afford sagacious advice in guiding the affairs of the Service;

A firm courage in facing all issues that arise, enabling her to have the self-confidence that is the requirement of leadership;

Above all, a compassionate heart, enabling her to comprehend the wonderful work of the Frontier Nursing Service, not merely in dollars and cents, in buildings and equipment, but at the higher and more important level, to those thousands of persons who are the beneficiaries of its service, most of all the mothers and babies;

RESOLVED, that the Trustees express to Mrs. Belknap their deepest and sincerest gratitude and appreciation for her services, which she may ever treasure in her heart, in addition to the satisfaction and contentment

which always flows from a task superlatively accomplished, and that this expression be evidenced by a rising vote of thanks to her.

Mr. Chairman, I tender these resolutions and move their adoption by a rising vote.

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A complete file of the Frontier Nursing Service Quarterly Bulletins, starting with Volume 1 in 1925, is being bound by the Kentucky Historical Society for a permanent place in their library at the Old State House in Frankfort. We consider this the greatest honor that our Quarterly has ever received.

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We take pride as well as pleasure in the awarding of the 1960 Pearl McIver Public Health Nurse Award to Miss Emilie G. Sargent, executive director, Visiting Nurse Association of Detroit. Miss Sargent is cited as representing "the best in public health nursing—as a teacher, a planner, a writer, a visionary, and an 'organization' Woman." Miss Sargent has been a member of the Frontier Nursing Service National Nursing Council since its inception. We consulted her many times in our early years and always she was immensely helpful to us.

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In our Spring Bulletin we wrote of the fascinating and successful Safari party given by our Philadelphia Committee. In addition to the money raised at the party, a great deal of valuable rummage was contributed to be sold in our behalf at the **Bargain Box** in New York. These articles of value, and others sent in by those of you who read our White Elephant page, and those contributed in New York City itself, have netted \$3,000.00 to the FNS during the first three months of this fiscal year. When one bears in mind that summer is a dull season, one can realize something of the volunteer work that has been done by members of our New York Committee in pricing and selling the articles donated. The Bargain Box is a real breadwinner and our gratitude is great.

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The Boston Committee of the Frontier Nursing Service will give again this year its Christmas Preview Benefit to be held in the Charter Room of the New England Mutual Hall on Wednesday, October 26, and Thursday, October 27, 1960. The committee

held an annual meeting in May at the home of its Chairman, Mrs. Theodore Chase (courier Dottie Newman) with twenty-seven members present. "The proceedings of the meeting were animated with a spirit of inspiration and new ideas, a general satisfaction derived from the combined and resourceful efforts of the Boston Committee towards another successful year."

It will be recalled that the net proceeds to the Frontier Nursing Service of the 1959 Christmas Preview Benefit were \$6,000.00. Perhaps only those who serve on an active committee can appreciate the superb organization and the hard work that goes into a successful benefit, including months of advance preparation. The Benefit Chairman this year is Mrs. Vcevold Strekalovsky. The members of the Benefit Committee are Mesdames Frances H. Converse, John L. Grandin, Jr., Richard Higgins, Nelson M. Knight, Arthur Perry, Jr., Reginald Ward, and Frederick Weed. The treasurer of the Boston Committee is Mr. Charles Jackson and he has the able assistance of Miss Elizabeth J. Hodge.

Those of you who live in New England within motoring distance of Boston will bear in mind, we know, that the dates for this Christmas Preview Benefit are October 26 and 27. It is a wonderful opportunity for you to get your Christmas shopping done early. The money that comes to the Frontier Nursing Service is from the rental of space to the shops. We receive no commission on the things sold, since it is not ethical for a charity to do this, but the magnitude of the sales makes the leading stores eager to pay a rental for the space.

Thank you, all of you Beyond the Mountains, for the help, the sustenance, and the encouragement you bring to a work you have made truly your own.

Mary Breckinridge

**RECOMMENDED READING FOR POLITICAL
CANDIDATES**

All Candidates in Both Parties
The Ninth Commandment



EDITOR'S OWN PAGE

Those of you who read Dr. Beasley's Report on Hyden Hospital Chapel in the Spring Bulletin will recall that the only requests made for money to finance it were in our own mountain area. But a number of friends beyond the mountains have sent contributions for which we are deeply grateful. Others have written to know if we still need money for the Chapel. Of course we do. A careful accounting is kept of every dollar received and every dollar spent, and this will be audited like everything else. Our treasurer's receipt goes to the donors. As of late August we have received nearly \$7,000.00 and have spent something over \$5,000.00.

The Chapel is being built stone by stone, as Dr. Beasley's Report on page 17 of this Bulletin will tell you. When it has been roofed, an expert from Cincinnati will come in to supervise the installation of our glorious 15th Century stained glass window of St. Christopher. The craftsmanship in the stone masonry, including the altar; in the metal work, including lanterns, hinges, candlesticks; and in the wood work, including the cross, is not unlike the craftsmanship of the 15th Century. The 20th Century will enter the picture in the form of lighting and heating. It is thus that 500 years of generations of man unite in a Chapel erected to the glory of God.

In Virginia Branham's story on Water Safety she characteristically minimizes the part she has played in this summer program. The whole idea of teaching the young to swim and teaching the swimmers how to save others from drowning, this whole idea was her own. It is one of the most creative things we have done along the Middle Fork of the Kentucky River. "Jinny" plans to come back next summer and carry on.

Mrs. Morris B. Belknap, the story of whose retirement on June 3 as our National Chairman is told in *Beyond the Mountains*, has signed the Annual Report for the fiscal year which closed April 30, 1960. Our new National Chairman, Mrs. Jefferson Patterson, will sign the Report for the current fiscal year.

Only those of us who work with him constantly can appreciate fully the burden carried by our National Treasurer, Mr. E. S. Dabney. There is never a week when he doesn't give hours of his time to the fiscal affairs of the Frontier Nursing Service, and in doing this he makes use of not only his fine mind but his compassionate heart. All of you, our subscribers, are familiar with our numbered receipts sent out from the Security Trust Company in Lexington by Mr. Dabney. This is a good place in which to tell you that the Frontier Nursing Service has never paid the postage on any of them, not even when the cost rose to four cents each!

FIELD NOTES

Edited by
PEGGY ELMORE

Mrs. Breckinridge has attended meetings of two of the local Committees this summer and reports on them as follows:

"On Thursday, June 23, we had an annual meeting at the Belle Barrett Hughitt Nursing Center of our fine Brutus Committee with a large attendance of men and women. Bridget Gallagher, the senior nurse at Brutus for the past eight years, and Zelda Pierson were helped in the preparation not only by "Daisy" but by a number of the women on the Committee. The luncheon was delicious. We had as our guest Miss Marion Pearsall of the University of Kentucky. At our business meeting I sat between the Brutus Chairman, Mr. Jasper Peters, and the Secretary, Mr. Ammon Couch. Mr. Peters, and I commented on the fact that we had carried these annual meetings together for thirty years.

"Our very first meeting of the Wolf Creek Committee took place on Thursday, August 4, at the Margaret Durbin Harper Memorial Nursing Center. I went over the night before with Alison Bray to stay with Olive Bunce and Jill Ash, the first time I had been there since the center was built. I was enraptured with the beauty of it, of which the cover picture of this Bulletin will give you some idea. It has the best pasture of any of our properties. Our lunch preceding the business meeting was filled with good things to eat. The nurses and "Annie" had the help of some of the women on the Committee. Dr. Beasley attended and took a most useful part in the discussions. Mr. Allen Gay, a member of our old Bowlingtown Committee, displaced by the lake, attended.

"The meeting was opened by its Chairman, Mr. Hayes Lewis of Big Fork. One of the two Vice-Chairmen, Mr. Dewey Hendrix of Big Rock, was able to come but the other, Mr. Chrisley Maggard of Cinda, could not attend. All but three of the other men and women on the Committee were able to be present and we had a fascinating inaugural meeting. Mr. Ray Pennington was elected secretary of the Committee. I told this gathering of leading citizens that the nursing center, driven from the Bowlingtown Valley because of the lake which is soon to cover its old site, was the Margaret Durbin Harper Memorial just as its predecessor had been. I told them how the late Mrs. Hiram Sibley of Rochester, New York—thirty years ago and in her old age—had given the money for a nursing center to be named after her mother. I told them that this mother was born in Kentucky around 150 years ago and named Margaret Durbin. She had married a Harper. The place where we were meeting is a memorial to her.

"After the meeting, Alison and I drove down the winding trail to Cinda on Coon Creek to call on Mrs. Chrisley Maggard, whose blindness prevented her coming to the meeting. Mr. Maggard took us over the Coy Maggard Memorial Clinic he had built in memory of his fine son now dead these many years."

Wendover had the pleasure of entertaining District 12 of the Kentucky State Association of Registered Nurses at a dinner meeting in August.

Helen Browne and Betty Lester attended graduation exer-

cises at Eastern State College in Richmond this summer to see Lucille Knechtly receive her B.S. degree. It was a happy occasion and a very pleasant ceremony in the outdoor amphitheater.

. . . .

With the thermometer registering ninety outside the Wendover offices, it seems a bit ludicrous to mention Christmas. We do beg your indulgence of this brief word. Without the help of our many friends beyond the mountains, we would not be able to provide toys for the more than 5,000 children in our area, or clothing for the needy of all ages. We ask those of you who are kind enough to supply these needs to remember that our preparations for Christmas in here take nearly two months.

. . . .

We are glad to welcome to the FNS those who have joined our staff during the summer. Mrs. Madeline Gamble of Maryville, Tennessee, is helping Lucile Hodges at Wendover, and Mrs. Laura Brooks of Oak Ridge, Tennessee, is assistant to Hope Muncy at the Hospital. Betty Mantay of Saskatchewan, Canada, and Elaine Douglas of Afton, New York, came to us in June, are in the Hyden Hospital Clinic, and British nurse-midwife Joan Antcliff, who arrived in July, is stationed at the Flat Creek Nursing Center.

We were deeply grateful for the help during the summer months of Evelyn Falk, a school nurse from Egypt, Pennsylvania, and three members of the ex-staff—Ruth Boss, Alice Herman, and Harriet Jordan. Ruth has returned to Massachusetts; Alice will be doing public health work in Pike County to fulfill the terms of her federal scholarship; and Harriet is embarking on a most interesting adventure following a brief visit at her home in California. She will join the staff of the S.S. HOPE which will sail in late September under the auspices of the People to People Foundation. HOPE stands for Health Opportunities for People Everywhere and is a non-profit organization supported by private and foundation contributions and seeks to help people in developing countries to help themselves. The ship will go into a country only upon a specific invitation. Being on a personal and almost individual basis, it will be a learning situation on both sides and, it is hoped, will do a little bit to help draw peoples of different backgrounds closer together. On this first trip HOPE

will carry a staff of 80, which will include 22 nurses, 30-35 doctors, and other medical personnel. The ship itself will be a complete hospital. Harriet and one other nurse-midwife will teach and help the local midwives.

We were very sorry to lose five of our British nurse-midwives this summer. Josie Finnerty has joined her aunt in New York, and Bridie Gallagher, Brigit Sutcliffe, Sara Swindells, and Grace Roberts have returned to England. These girls will be missed by the staff and by the patients they served. Their last days in the mountains were filled with parties and dinners given them by their district friends.

The Couriers and other volunteers have been a tremendous help to the FNS this summer, as always. When Jean Hollins went on holiday in June, Kate Ireland came down as resident courier for six weeks. She had the help of Nancy Fitzhugh of Louisville, Kentucky, Edith Harrison of Cincinnati, Ohio, and Birch Hincks of Farmington, Connecticut. Birch was able to remain at Wendover for ten days after the end of the first summer period to break in new juniors Elizabeth (Libby) Bradford of South Hamilton, Massachusetts, Amy Lewis Chapin of Washington, D. C., and Edith Howe Fulton of Providence, Rhode Island. Jinny Braham remained with us all summer to give swimming lessons to the local children. Pebble Stone was here all too briefly in early June and we had a couple of visits from Janie Haldeman and one from Connie Calhoun.

It was with great pleasure that we welcomed Alison Bray, back with us after an absence of twelve years. Alison was returning to England from Australia and spent a month at Wendover where she made herself generally useful and delighted the entire staff with her lovely and interesting Kodachrome slides.

Five student nurses—Eleanor Campbell and JoAnn Kish of St. Luke's in Cleveland, Marjorie Cooper and Sharon Anderson of Western Reserve, and Nancy Spense of Middletown, Ohio—came to us for brief periods of work and observation during their school vacations.

Nancy Newbury of Concord, Massachusetts, was marvelous help in the Social Service Department for six weeks, and Betty

Lester has the help during September of the Alpha Omicron Pi Scholarship Student, Betty-Jane Cameron, a student nurse from Montreal, Canada. Noel Smith, who spends her winters teaching second grade in New York City, came back for a month to relieve in her old job while Betty Lester had a holiday.

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In early June we had the pleasure of a visit from Miss Laura Christianson of New York and Lexington and Mrs. Catherine Vennes of Lexington. Miss Edith Francis, Director of the Victorian Bush Nursing Association in Australia, was with us for several days, and another Australian, Miss Gaynor Jones, briefly observed the work of the FNS.

Mrs. Gene Steele, Area Public Health Nursing Supervisor, and Miss Betty Jane Ely, Psychiatric Nursing Consultant, brought Miss Carlota Mendoza, a nurse from the Philippines, for lunch one day in July. Dr. Dorothy T. Magallon of the State Board of Health, came to Hyden in August to discuss the Kentucky Tuberculosis program with our nurses.

Mrs. E. W. Harrison and Anne Harrison of Cincinnati brought Edith to Wendover at the beginning of her courier period, and old courier Ruth Harrison came by for lunch one day. Three of the ex-staff, Hannah Spence, Mary Ann Quarles, and Mrs. Bella Vaughn, were welcome summer guests. Miss Hope McCown of Ashland, Kentucky, is one of the FNS family and we thoroughly enjoyed her working-visit in August.

The Rev. and Mrs. Victor Bolle of Milwaukee, and their two sons, Steve and Tom, spent a couple of nights with us and Father Bolle was so kind as to have a Communion Service for the staff in the Wendover Chapel. As we go to press we are anticipating a visit from Dr. W. Huitsma, Director of the midwifery training program in Amsterdam, The Netherlands, and Dr. Esther Shoemaker who has been a medical missionary in India for many years.

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Evacuated April 1, 1960

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S.C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

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The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the **FRONTIER NURSING SERVICE** and sent either by parcel post to **Hyden, Leslie County, Kentucky**, or by freight or express to **Hazard, Kentucky**, with notice of shipment to Hyden.

If the donor wishes his particular supplies to go to a special center, and will send a letter to that effect, his wishes will be complied with. Everything will be gratefully received, and promptly acknowledged.

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SURGICAL CLINIC AT HYDEN HOSPITAL
SPRING 1960

