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Counseling Center short on personnel

By VICTORIA MARTIN
Staff Writer

Although UK's Counseling and Testing Center is supposed to be able to provide full-time students with personal and vocational assistance, the center is grossly understaffed to serve a campus of the University's size.

The center employs a certified chemical dependency counselor, two learning skills instructors, four support personnel and six licensed staff psychologists, according to Linda Houglund, Counseling and Testing Center administrative assistant.

But to serve the campus more adequately the center needs a staff about twice that size, Houglund said.

"We should have about 12 licensed psychologists," Houglund said. "According to a University of Maryland survey, our staff is about half the size that a university this size should have. We need more of a staff, but we feel that our services should be free of charge. Our goal is to provide as many students as we can with free private counseling and career help."

The Counseling and Testing Center is funded by the Office of Student Affairs, but center officials said they need additional financial support to be able to expand the center's services.

"With the facilities we have now, we could house a few more psychologists with increased funding," Houglund said. "We are asking for renovations, but staff is our main priority."

Nikki Fulks, assistant director and a staff psychologist at the center, said additional funding would

enable the center to offer a training program for psychology graduate students. The center offered a training program a few years ago, but it was discontinued because of a lack of staff.

"The good news is they've just added a position for a new staff psychologist that will be hired near the first of the year," Houglund said. "This means that we can see another 20 to 25 students a week, and that is progress."

Although the center will add another staff psychologist, funding problems have forced center officials to limit each student to 15 sessions per academic year, Houglund said. Some students are referred to long-term counseling, either on campus or to private services, for additional help.

Michael R. Nichols, director and a staff psychologist at the center, said although the center is understaffed, he is pleased with what it offers the campus.

"I'm really proud of our center," Nichols said. "Our staff is dedicated and creative, and frankly, they work too hard. I'm responsible for making sure they (the staff) do their jobs, but with this staff, I have to tell them to do less."

The center's staff serves about the same number of students as fully staffed universities similar in size to UK, Nichols said.

During the 1987-88 school year, the center's professional staff saw 2,043 clients, Nichols said.

Last year, the center's outreach program, which includes offering workshops and giving presentations to students, parents and staff, involved 15,860 people. But with a bigger staff, the center could reach more students, Nichols said.



Michael R. Nichols, director of the UK Counseling Center, and Linda Houglund, administrative assistant, stand outside Frazee Hall.

Nichols said he attended a conference of university and college counseling centers in Philadelphia, and he said other programs turn to UK's Counseling and Testing Center for ideas.

In addition to free counseling, the center also offers The Master Student, a 12-hour, non-credit class de-

signed to help UK students and staff with time management, better note-taking and improved test scores. The program costs \$25.

The center also offers a state-sanctioned DUI alcohol program, one of the first programs of its

See COUNSELING, Page 2

Assassination Game shot down by UK

By ALLEN D. GREER
Staff Writer

The controversial Assassination Game, which came under fire from campus officials last week for being potentially dangerous and disruptive, was shot down by the Dean of Students Office Friday.

The game was based on the premise that players were competing for a job in a powerful intelligence organization. To get the job, the players had to "liquidate" their competitors by hitting them with a projectile fired from a toy weapon.

Thirty-two people paid \$3 each to play the game, according to the game's organizer, Rob Redmon. Seven had been "assassinated" by the time the Dean of Students office told Redmon to stop the game on Friday.

UK Police Chief W.H. McComas said last week that he was concerned about the safety of the game because police officers could mistake the toy weapons for real guns. McComas said he also was concerned about potential eye damage caused by the projectiles.

Dean of Students Doug Wilson said he told Redmon to end the game because it was "potentially disruptive" and because it "had no educational merit."

"Depending on the actions of the participants, the idea of a number of people sort of turned loose on the campus to make their liquidations is disruptive, in my opinion," Wilson said yesterday.

Any student who disrupts UK functions is in violation of the Code of Student Conduct and could be disciplined, Wilson said. Sanctions range from a warning to dismissal from school, according to the *Student Rights and Responsibilities* handbook.

Redmon, an advertising senior, said last week that he didn't think the game was disruptive because participants weren't allowed to shoot someone during class or at work.

"The concept behind writing that rule was so (the game) would not disrupt UK functions," he said.

Wilson said he also opposed the game because "it has no educational merit. It has nothing to do with the University of Kentucky and what we're about."

"We offer a huge variety of other activities — educational, recreational, whatever — that could easily be substituted for this activity. Because of the potential disruptive nature of this game, we just don't need it added to the array that we have available for our students."

Redmon said that when he met with Wilson on Friday to discuss the game, he offered to change the rules to make it acceptable to UK officials. But Wilson was not receptive, Redmon said.

"It pretty much sounded like it didn't matter what I did, how much I tried to conform. I couldn't play at all," Redmon said.

Program promotes high school exchange

By ALLEN D. GREER
Staff Writer

Kentucky Lt. Gov. Breton Jones spoke yesterday to about 150 students and faculty at Lafayette High School during a ceremony commemorating the school's participation in an intra-state student exchange program sponsored by Jones' office.



JONES

The new program, which will award seven college scholarships, places selected Kentucky high school juniors in a host school for one week, where they will attend classes with a peer who also is participating in the program.

During the 10-day visit, the guest student will stay with the peer's family. The two students change roles when the guest returns home.

Jones said he is sponsoring the program because he wants to break down the regionalism that he said prevents Kentuckians from working together.

"I've found that one of our greatest problems is the fact that we've got different sections of the state that are very different and we don't always pull together," Jones told the audience. "The diversity of this state ought to be an asset and not a liability."

Any Shaw of Metcalfe County High School was presented with a "Key to the City" of Lexington by

See HIGH, Page 2



SWINGING AWAY: John Iracane, a business freshman from Owensboro, Ky., plays whiffle ball outside the Sigma Nu house yesterday afternoon.

Campus Escort Service ready for use with new route

By HOLLY HOUSTON
Contributing Writer

Despite a slow start this year, the Student Escort Service is operating again on campus, using the slogan "Don't Walk Alone."

The escort service, which was implemented by the Student Government Association in spring

1988, started about three weeks late this semester because of printing and advertising problems and a lack of returning workers.

Students who want to be walked safely to and from various locations at night can call for an escort, and one of four escorts will respond.

The escorts work Sunday through Thursday, from 8 p.m. until mid-

night, continuously walking four separate routes on campus. Their paths include North, South and Central campuses, plus a stadium route added this year because of concern over the lack of safety around Kirwan and Blanding Towers and the Complex-Commons at night.

Escorts pick students up at the

Margaret I. King Library and walk them to their destination, sometimes making extra stops to get other students on the return trip to King Library.

Sarah Coursey, SGA executive director of student services, said she wants to offer the service on weekends, but the program cannot afford it because it is under a limited bud-

get. "We spend at least \$5,000 on the escort service as it is," Coursey said.

She said SGA had to choose between running the escort service on weekends or adding the fourth route to include the Commonwealth Sta-

See CAMPUS, Page 5

Study abroad fair gives information on travel

By JULIE ESSELMAN
Special Projects Writer

Students interested in opportunities to study or work in another country can obtain information about UK programs and talk to students who have traveled abroad at the Study Abroad Fair today.

Representatives from UK's study abroad office and several UK departments that offer study abroad programs will be available from 11 a.m. to 2 p.m. in 206 Old Student Center to distribute information and answer students' questions.

The fair will "show people the number of (opportunities) that are available," to study or work in another country, said Suzanne Kifer, UK study abroad adviser. "It seems a good way of kicking off the planning it takes to travel overseas."

Students who attend the fair also can register for a prize drawing featuring a copy of a student travel guide and an International Student ID, Kifer said. Names will be drawn at 3 p.m., and winners will be contacted afterward.

Kifer said the fair is being held now to give students time to study the possibilities for traveling abroad and to plan for trips next

summer. There will be information on summer, semester and yearlong programs, she said.

There are several study programs in which UK faculty participate, such as the College of Business & Economics' summer program in Vienna and the College of Architecture's semester and summer programs in Venice.

Another way for students to travel overseas is through programs offered by consortiums to which UK belongs, like the Cooperative Center for Study in Britain, which offers courses at Oxford, or the Kentucky Institute for European Studies, which sponsors trips to Austria, France, Italy, Spain and Germany.

The University also offers scholarships for study in Heidelberg, West Germany, and Deauville, France.

Ted Fiedler, chairman of the UK German department, said a relatively small number of students apply for the Heidelberg program, probably because not enough students take courses in the German language or they have a negative image of Germany.

See FAIR, Page 2

I N S I D E
DIVERSIONS Jesus and Mary Chain blends new with old. Review, Page 3.
SPORTS Claiborne suspends Gardner from Cats for season. Story, back page.

Race was not a factor, Wilder says

By JOHN OMCINSKI
USA TODAY/Apple College
Information Network

WASHINGTON — Winning by a margin of 5,000 votes of 1.7 million cast didn't bother Virginia's newly elected governor Doug Wilder.

He said last week that he didn't think that race was a factor in the closeness of the election, even though his white Democratic ticket-mates won by wider margins. "I'm saying it (race) is not and was not a factor in the results because I was elected," Wilder said.

The issue of race was important in Wilder's platform through the end.

"The people of Virginia have spoken," he told a post-election rally. "Whatever it takes, that's what I want to win by."

Indeed, Wilder pulled off his narrow victory by not making a big deal about the fact that he was passing one of the remaining racial milestones as the first black elected governor in U.S. history.

But he didn't deny its significance.

"It's an excellent testament to the people of Virginia, to the people of this nation, as to how far we've come in a very short span of time,"

said Wilder. "I disagree with those who said that race prohibited me from doing anything. Race played no part in denying me the opportunity to be elected. I have been elected by the people of Virginia. That speaks more eloquently than anything else."

Indeed, last Wednesday Wilder seemed completely colorblind.

"I'm tickled pink," he said. "He was willing to let others crank up the eloquence."

New York's newly elected Mayor David Dinkins said, "We passed another milestone on freedom's road."

Wilder's low-key statesmanship on race seemed to be infectious.

Rep. Newt Gingrich, a white congressman from Georgia who is the House Republicans' second-in-command, called it "a good day for Americans when young blacks and other folks all over the country can look at a (New York Mayor David) Dinkins, a Gov. Wilder and say there is a future in America if you work hard and learn your trade."

Wilder won with a tough, gritty and expensive campaign against Republican Marshall Coleman. It will be used by professional politicians not as a racial landmark but as a lab for examining the abortion issue.

Last week Wilder brushed off the history-making nature of his election.

"History is for those who aren't going to be around for a while."

Maybe Wilder sensed that even the notion that a black has never been elected a governor seems somehow an anachronism in this day and age.

After all, it's been 120 years since Joseph Rainey became the first black elected to the House, 50 years since Crystal Bird Fauset of Philadelphia became the first black woman state legislator, 49 years since Benjamin O. Davis became the first black Army general, 22 years since Edward Brooke of Massachusetts became the first elected black senator.

After all, there are 23 black members in the House, and scores of black mayors.

When Wilder raised the subject of race during the campaign, he made sure it was in intimate political settings. One of those occasions was Oct. 4 at predominantly black Virginia State University in Petersburg.

"Can it really be taking place here in Virginia?" he asked in the voice of an amazed visitor. "Are they really going to do that there?"

In a final rally last week at the

Arlington County courthouse, Wilder was surrounded by the mostly white faces of the Democratic power structure in Virginia, including Sen. Chuck Robb and Gov. Gerald Baliles.

But now, they were Wilder's tailsmen of support. After all, Wilder, a millionaire, was The Establishment Democratic candidate, a man who lists his hobbies as "bridge, golf and horseback riding."

Gone was Wilder's Afro haircut of the late 1960s, when as a maverick state senator he waged a fight against the state song, "Carry Me Back to Old Virginia," and its line that goes, "That's where this old darkey's heart am longed to go."

In 1989 Wilder in a bright red silk tie, crisp white shirt and dark gray suit, his pepper-and-salt hair a badge of 58 years of age, a successful career as a lawyer and his 22 years in politics.

Wilder's left lapel bore a tiny copper-colored battle ribbon, evidence of wartime service in Korea.

In Arlington, there was a smiling Robb, forgetting his well-publicized fights with Wilder, hanging upon him the mantle of experience.

"He has more experience," Robb told the crowd, "than the whole other side of the ticket."

Counseling and Testing Center hurting from lack of funds, staff

Continued from page 1

kind in the country.

Vice Chancellor of Student Affairs James Kuder said he is examining ways to increase funding, but with the austere fiscal times the University is facing, it is difficult to find additional money, he said.

"The Counseling and Testing Center is a unique operation on this campus. It plays a much more vital role on campus than people know," he said.

"The Counseling and Testing Center is a unique operation on this campus," said Kuder, who received his master's degree in psychology. "It plays a much more vital role on campus than people know. We are looking at new ways of funding the center, but the prospects are dim."

Possible solutions to the center's financial problem include charging an additional student fee, charging fees for counseling services and getting outside grants, Kuder said.

But Kuder said he is hesitant about resorting to such means, especially an increased student fee, because of the possible tuition increase students face next year.

Frazer Hall, where the center is located, is big enough for the

"The Counseling and Testing Center is a unique operation on this campus. It plays a much more vital role on campus than people know."

James Kuder, student affairs

current staff, but after the center hires a new psychologist during the winter, the building will be full, Nichols said.

Nichols said he would like to keep all employees under one roof, but if necessary, the center's skills testing department will be relocated.

To prevent separating the center's employees, Kuder said there is a proposal to consolidate student services, excluding sports and departments located in the Student Center. But Kuder said he is unsure if that will happen.

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High school program to promote exchange

Continued from page 1

Councilwoman Pam Miller during the ceremonies yesterday.

Shaw, 16, will attend class and stay with Lafayette's Sejal Badani for the rest of the week as part of the program.

"I'm from a really small school," Shaw said. "The student body is around 500 students, and that's one class at Lafayette. It's a big difference to come here after being there."

The exchange program will promote understanding among Kentuckians from diverse areas of the state, allowing people to work together to solve problems, Jones said.

"We have a lot more similarities and a lot more in common as people than we have dissimilarities because we're all Kentuckians," he said. "If we all work together, there is absolutely no limit to what we can accomplish."

Students selected for the program

are chosen by their high school principals or through a program established by their principals.

To compete for the scholarships, the 90 exchange students are required to write an essay about their experience with the program. They also must give presentations to civic groups about their hometowns and the towns that they visit. A winner will be selected from each of the state's seven congressional districts based on the essays and presentations. The top-place finisher will receive a minimum of \$6,000; second place \$2,500; and third place \$1,500. The four remaining finalists will receive tuition for one year at a state-supported college.

The program is being funded by Jones with the money he receives

to serve as acting governor when Gov. Wallace Wilkinson leaves the state.

Each of Kentucky's eight public universities also agreed to provide matching funds for the scholarships. Jones said he does not think it is right that he is paid a governor's salary when Wilkinson leaves because "I don't do anything any different when the governor leaves the state than I do when he's here."

Shaw said that if she wins a scholarship, she would like to attend UK and study journalism. Badani, 16, said she is interested in political science or law, and is looking forward to visiting Metcalfe County.

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Fair encourages students to study, work abroad

Continued from page 1

"Maybe with the dramatic development of the past few weeks, that will break down the stereotypes of Germans," he said.

Kifer said that studying or living in another country "should be an

important part of a university education for all students."

"It's clear that we're living in a world that's increasingly international," she said. "It's going to be important in many areas of their lives."

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Kip Bowmar
Arts Editor

Jesus and Mary Chain explores its musical past

THE JESUS AND MARY CHAIN
Automatic



By CHARLES MCCUE
Assistant Arts Editor

For its new album, *Automatic*, The Jesus and Mary Chain used, as the old adage goes, something old, something new, something borrowed and something blue.

The "old" reflects the sound the band used on *Psychocandy*, its first album. *Psychocandy* tended to be loaded down with guitar feedback and resonance and didn't say a whole lot. The best song on the album, "Just Like Honey," was the only one that didn't sound like all the others.

For the new album, the band has captured that sound without coming across as a group of Scottish post-punk brats let loose with a guitar and an amplifier.

The "new" is the sound that comes out of the matrimony of slow, droning tunes from the band's second album, *Darklands*, with heavy, metallic riffs from *Psychocandy*.

Darklands represented a maturity in the band. The band proved that it had finally grown up with such songs as "Cherry Came Too" and "Nine Million Rainy Days."

Its third album, *Barbed Wire Kisses*, was an eponymous collection of old material, B-sides and previously unreleased songs. That came closest to *Automatic*.

The "borrowed" is the way the band borrows from the previous albums. *Automatic* is a good album, but, it's sad to say, not much of anything new. In fact, "Her Way Of Praying" sounds almost identical to

"Happy When It Rains," which is from *Darklands*. The band has matured, however, and its sound definitely is more refined and not as weighed down with raucousness.

With the new album, I expected the band to go in a new direction. Look what Love and Rockets did on its latest album — it created a sound totally different than before. And it worked.

The ambiguous "blue" on this album represents two things. First, the album has a distinct blues sound to it on songs like "Coast to Coast." And second, the Chain did on this album what it does best — write depressing love songs and haunting melancholic tunes about the disadvantages of living.

Frontman William Reid seems to be one of the most depressed individuals to have ever written music. His predominant themes are suicide, as in "Blues From A Gun," when he sings: "The way that you feel, and you shake, shake, shake cause you know you'll never make it away. Well I guess that's why I got the blues"; and twisted sexual innuendo, as in "Her Way Of Praying," when he sings, "Deep on the scene she is waiting for me like a sin scraping skin ... it's her way of talking to Jesus."

Ensemble feel carries 'Magnolias'

By JULIE ROWLAND
Staff Writer

Most believe Southern belles vanished with the fall of the South. Although the hoop skirts and corsets are gone, the talent of the starting actresses in "Steel Magnolias" proves the feminine warmth, charm and strength of the old South are still alive in their five vibrant characters.

The movie, based on the personal experiences of writer Robert Harling, is brought to life by the talent of Sally Field, Dolly Parton, Shirley MacLaine, Daryl Hannah, Olympia Dukakis and Julia Roberts.

Raw emotional intensity encompasses the story of friendship which focuses on M'Lynn (Field), who has a differing opinion of how her daughter Shelby's (Roberts) life should be led.

They become good friends with three other women who come together in a beauty parlor. The other women provide moral support and take chances in their own lives strengthened by Shelby's determination to have a child.

The film depicts human life beautifully with bold characters.



PHOTO COURTESY OF TR-STAR PICTURES

Dolly Parton, Sally Field, Daryl Hannah, Shirley MacLaine, Olympia Dukakis and Julia Roberts star in "Steel Magnolias."

Each actress puts so much of herself into her role that they come off as being authentic human beings.

Although the story is centered on Shelby and her mother, the other characters of Parton, Hannah MacLaine, and Dukakis provide the strength of the movie.

Parton, who is of Southern de-

she does a wonderful job as Ouiser, who adds to the comedic feel of the movie in a variety of situations.

The role of quirky, insecure Annabelle is very different from Hannah's characters in "Splash" or "Roxanne." She handles the change of pace well. The character's many changes through different phases of her life — at one point she starts to look, talk and dress like Parton — are performed wonderfully.

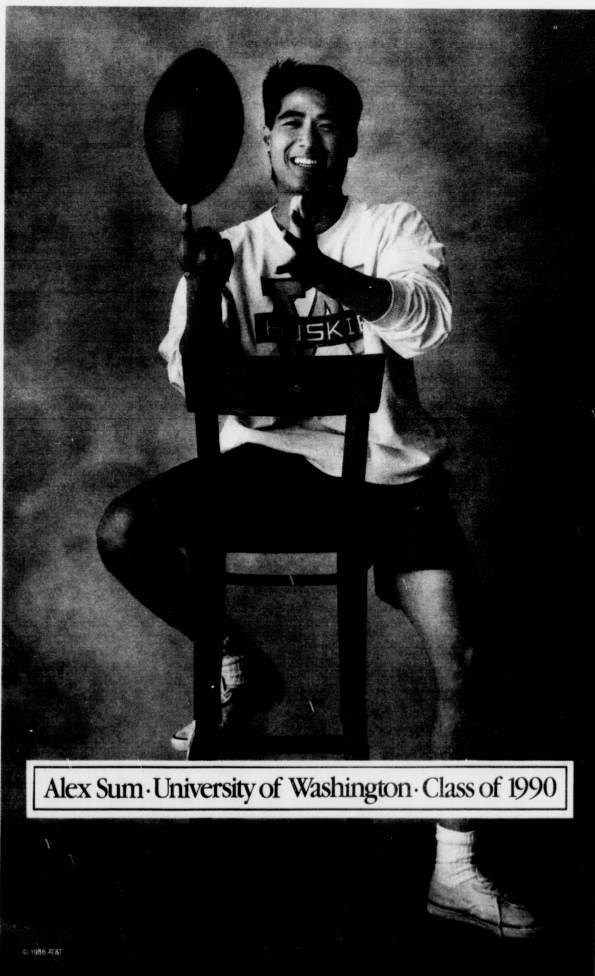
The theme that women need men is reiterated throughout the movie. Even independent Ouiser, who rejects an unattractive man at first, decides she needs a man and starts to see him.

The male co-stars in the film are Tom Skerritt, Dylan McDermott, Kevin J. O'Conner and Sam Shepard.

Bringing that kind of talent into the emotion-packed story proves that the Southern belles who stood strong and went on with their lives like Scarlett O'Hara in "Gone With the Wind" using a curtain as a dress, will never die but remain steel magnolias in spite of their hardships.

Playing eccentric characters is nothing new for MacLaine and

"I wasn't rubbing it in—I just wanted Eddie to know the score of last night's game."



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Counseling center doing miracles with small staff

College is a particularly stressful time for many students. Many students are on their own for the first time, and they are forced to make decisions that they were used to other people making for them.

Getting good grades, deciding on a major or career and dealing with new social pressures are enough to cause many students to break.

At a university like UK, it often can be difficult for a student to have a problem resolved, especially considering the size of the student body.

But thanks to the efforts of the Counseling and Testing Center, UK students have always had a place where they could turn if they were having problems with a class, troubles with a roommate or confusion about which major to choose.

The center administers more than 30 national tests, offers individual counseling to full-time students and sponsors several study skills programs all with a skeleton staff.

During most of this decade the University has been forced to operate with minimal funds. Although UK has done a good job covering up for the lack of state funding, serious weaknesses in the University's armor are beginning to show, and the Counseling and Testing Center is one example. A strong counseling center is important for a university like UK to have, but unless the state comes through with some funds in the upcoming General Assembly, a very important student service will have to suffer.

Grades not only thing students need from college

I almost reached perfection once. It was fall semester of my sophomore year. I took 18 hours, pledged a sorority and functioned on sleep deprivation. It's amazing what a lack of sleep and food can do for your energy level.

I had a 3.8 grade point average that semester, and by academic standards had almost attained the elusive, but widely sought, 4.0 GPA.

I remember rushing to my mailbox over Christmas that year, finding the printout of my grades, and with my heart in my throat and adrenaline pumping wildly, opening the printout very, very slowly.

Jumping up and down while screaming, "I got a three-eight, I got a three-eight," all the parties, mixers, sleep and sanity I'd gone without that semester were suddenly worth it. I felt wonderful. I had achieved after all, and that's what life is all about, right?

I'm beginning to wonder. After 3 1/2 semesters of college, most of them like the one just described, I've started to question the value of grade point averages.

GPA has come to represent something evil to me, like a punishment from the higher-learning God who is getting even with me for the Saturday night I went dancing two years ago instead of slaving over my statistics homework and urban folklore case studies.

The semester end is drawing near and I'm positive a 4.0 is far out of my reach this time around. The grand panic alarm has been ringing in my brain since Aug. 23, like my clock at 6 a.m. when I'm having a great dream and don't want reality to ruin it for me.

I've discovered some demon voice in my brain telling me that a C really isn't the end of the world, and that I will continue to survive and be a productive human even if I make below a 3.5 and don't receive a letter from the dean of UK.

This voice also tells me to resent the motivation and enthusiasm of those driving themselves to achieve the mark of academic superiority this semester, especially if they are relatively new to college and forcing themselves to abuse their bodies and enrich their minds for the first time.

Maybe it's age, maybe it's wisdom, maybe it's stupidity. I don't have the energy anymore.

Which has led me to this question: How important is it, really, in the larger scheme of things? Some students flunk out of school and are happy. Others make average grades and seem to be well-adjusted also. Some choose not to go to college at all, and are probably satisfied with their lives regardless of their education level.

I've also been told repeatedly that students with 3.0 averages are hired

Contributing COLUMNIST

just as often as those with averages above 3.5 when they enter the job market.

Professors and professionals have told me they tend to be a little suspicious of students who maintain above a 3.5 GPA throughout college because these students tend to be a bit more socially isolated and introverted.

Take it from me, this is true for almost anyone who takes more than 15 hours of classes with a relatively hard schedule and a high GPA: it is a requirement that you forsake a social life, the opposite sex and any pleasurable activity while you are in pursuit of the 4.0 goal.

Unless of course you are a genius or acquire knowledge of your courses through the osmosis process while you sleep with your books under your pillow.

Further knowledge passed down to me is that employers will not hire someone with a higher GPA over someone with an acceptable GPA if that person has had a lot of social activities and shown leadership ability.

However, a high GPA is beneficial for those who wish to attend graduate school, medical school or law school and further their educational torment.

A high grade point average indicates that a student has enough discipline to go to class, work hard and study hard and has set high goals for him or herself like I have.

It also looks darn good on a resume and does wonders for your ego.

But, for people like me, who refuse to put themselves through GPA hell for a computer printout of capital letters ranging from A through E, the benefits do not outweigh the time, effort and neglect of your peace of mind that is required of a 4.0.

Honor societies, letters from the president and being a member of the Dean's List are still valuable to me, and I'm pleased that I've been able to experience all these things.

I don't plan to lower my expectations to include an average that is unacceptable to me, or to begin skipping classes and not studying for tests or turning projects in on time.

I do plan to enjoy the college experience a little more and drive myself to attain perfect grades a little less, while doing the best I can in school as well as life.

After all, that's what life's all about, right?

Contributing Writer Holly Houston is a journalism junior and a Kernel contributing columnist.



Responsibility

Everyone talks about it, but few of us have any sense of it

Mea culpa, or another's fault? Latin may be dead, but must responsibility be, too?



Catherine MONZINGO

I think that the 1980s should go down in history as "the decade of blame-shifting."

Too few are willing to accept responsibility for their actions. A local situation and a national issue exemplify this distressing practice of scapegoating.

Case one: If you can recall the first time that you ever got blitzed.

Now, recollect your actions. Some were not too swift, like dropping your fifth cup of brew on a person you were hitting on. Some were downright stupid, like driving yourself and your friend home.

I doubt that alcohol was forced down your throat.

In college, most of us drink with the intention of getting trashed, or at the very least, of getting a good buzz. Beer makes the campus so much more social.

You lived with your actions — diverting your eyes every time you see that person you drenched or cleaned up the vomit in your back seat and explaining to your parents why you need an advance on your inheritance (to fix the front end?).

On May 14, 1988, the pickup driven by Larry Mahoney crashed into a Radcliff, Ky., church bus.

responsible for his/her actions and accountable for the results of them.

A defective bus did not cause this tragedy in Carrollton, Ky.; a man who drove after drinking did.

Case two:

The November 1989 issue of *Glamour* published statistics "from the most current available data and nationwide opinion polls" on abortion.

"Why Women Choose Abortion. Percentage of women who attribute their abortions to concern about how having a baby will affect her life: 76 percent; inability to afford a baby: 68 percent; to problems with relationship/not wanting to be a single parent: 51 percent.

Pro-choicers claim that pregnancy is a women's choice. I agree, but she exercised that right by having sex.

I am not denying the fact that some women do not have a choice because they are victims of rape or incest, but only one percent of the statistics indicated that an abortion was performed because of a pregnancy from rape. In another pamphlet, a California survey showed that only 5.6 percent of the women having abortions gave rape or incest as their reason.

Further, from *The Challenge to "Pro-Life"* by John Lippis:

"Pregnancy resulting from criminal rape is extremely rare (not to be confused with statutory rape (minors) — sometimes statistics mix the two) ... A study of 1,000 rape victims who were treated medically right after the rape found that none of the women became pregnant."

Every time a couple has sex, with or without contraception, there is the possibility of pleasure and of a pregnancy.

As to despooning as that may be or how hard we wish for the contrary, the latter is a real possibility.

We try to control nature, but we are not beyond its limitations. Abortion is the destruction of a natural creation.

I believe, in the majority of times, abortion is an act of avoiding responsibility for one's actions.

Next to working well with people, potential employees boast of being responsible. This description should not apply only to promptness, but, to a greater degree, to how one conducts his/her life.

So, next time you are applying for a position, think about how honest you are being when you use the phrase, "I am responsible."

Catherine Monzingo is a history sophomore and a Kernel columnist.

'Math anxiety' is a common problem

Dear Counselor: All my life I've been a good student except for mathematics. I understand the class material and usually do the homework, yet I really freak out during tests. Not only major exams — little quizzes, too.

Right now I'm putting off my required math courses, but I can't do that much longer. What can I do to overcome this problem? Beverly, Blazer Hall

Dear Beverly: Have you ever studied for a math test and felt sure the night before the test that you know the material? The next day you arrived at the classroom with a vague feeling of nausea, tensed muscles and an awareness that your heart was beating faster than usual.

By the time the test was handed out you were perspiring, your hands were cold and clammy and you felt like leaping up from your desk and running out the door. But rational people don't behave like that — so you sat staring at those "strange" problems and experienced a mental block. Your mind refused to work and you felt frustrated, upset and humiliated.

After you left the classroom, an amazing thing happened. Within the hour you began to think about the test and you could recall how to

Counselor's CORNER

work those very math problems. If you have experienced this, you have experienced math anxiety.

When math anxiety occurs, several things happen simultaneously. The mind says, "I'm bad in math. I'm going to fail this test." The body responds with fear, panic and tension.

The emotions respond to the anticipated humiliation of failure — all before you even begin the test. It should be reassuring for you to learn that a majority of students find mathematics harder than other subjects. Mathematics typically takes more time, problem-solving practice and concentration to do well than many other classroom subjects — on a daily assignment basis as well as at test time.

Most people who have "math anxiety" at test time also have it at homework time. They avoid studying math because they are afraid they won't do well.

There is a general human tendency to do the things we do well because there is a greater likelihood of being rewarded and to avoid things at which we are likely to be unsuccessful.

Therefore, people often invest their time and energy in developing other academic areas, often at the expense of developing skills in math.

The theme here is that much of math anxiety is under your control. You can reduce it by using certain strategies:

√Learn a good relaxation technique that you can call upon as you need it. One strategy is to alternate tense and then relax muscles. Note that muscles cannot be tensed AND relaxed at the same time.

As you learn the difference between tension and relaxation your awareness of muscle tension will serve as a cue that you need to relax. You create this tension and you can create relaxation.

√Carry a "self-talk" log. Carry a small notebook. On the left side of the page write down negative messages you give yourself about math. On the right side of the page write positive restatements.

For example, if you write "I'm going to fail my math test" on the left side, write "I'm going to do the best I can do and that's all I can do" on the right side. In doing this exercise in writing, you will be turning a self-defeating mental process into a helpful, rational one.

√Evaluate your current mathe-

mathematical status. If your high school mathematical background was lacking and you have avoided math, you may need instruction in mathematics. Ask your advisor about the availability of remedial math courses, tutors and self-help computer programs. If you haven't learned basic math skills, you won't be able to learn more sophisticated concepts.

√Maximize your study time, making sure that your study techniques are appropriate for college-level mathematics. What worked in high school may not work now. Attend study skill workshops and classes or see an academic counselor. Ask questions. Get information that will help you with your math.

If you have math anxiety, you can take an active role in overcoming it. Learn relaxation, learn positive self-talk, learn math if you need it and learn optional study methods. One final word — knowing why and how something works is not enough — even this won't work unless you do! Start now!

Students who wish to address these issues or others may come by the UK Counseling and Testing Center, 301 Fraze Hall, 257-8701 or write Counselor's Corner, 301 Fraze Hall; UK; Lexington, Ky.

SPORTS

Barry Reeves
Sports Editor

Preseason powers vanish from headlines

By MIKE LOPRESTI
USA TODAY/Apple College
Information Network

Here's to the losers — they deserve a break today.

While bowl hopes sweep the land, they try to pick up the pieces at UCLA, LSU and Iowa. All are among the most powerful programs of the decade. All were in top 20 in preseason polls. Then the games started, and things went downhill from there.

In 1989 they have been the Bermuda Triangle of college football.

UCLA has won seven straight bowls. But at least the 3-7 Bruins won't have to worry about putting that streak in jeopardy.

If they are beaten as expected by USC next Saturday, they will have their first six-game losing streak in 46 years.

"It's hard to think about (USC) right now," UCLA coach Terry Donahue said. "Our football team has to play on pride."

LSU was expected to challenge for the national championship. Instead, the Tigers have had bad of-

ANALYSIS

fense one week, bad defense the next, bad special teams the next, and are 2-7. They need to win their last games against Mississippi State and Tulane to avoid the worst season this century. Boos carry a good long way across the Bayou.

Iowa returned 13 starters to a program that has gone to a bowl every year since 1981. But the Hawkeyes began the season losing 44-6 to Oregon. It was no fluke. Their 28-0 loss to Ohio State last week left them at 4-5.

"This was the most frustrating loss I've had in 38 years of coaching," Iowa coach Hayden Fry said. "I thought I was going to have a heart attack on the sideline. We started out with a young team, but after this many games, they should have grown up."

Indiana's Anthony Thompson took 377 steps back into Heisman contention Saturday in setting an NCAA rushing record. With 52 car-

KERNEL BAKER'S DOZEN				
No.	Team	Record	W	Pts.
1	Notre Dame (6)	10-0	1	78
2	Colorado	10-0	2	72
3	Alabama	9-0	4	63
	(tie) Michigan	8-1	3	63
5	Florida St.	7-2	6	51
6	Miami	8-1	6	48
7	Nebraska	9-1	5	45
8	USC	8-2	9	34
9	Arkansas	8-1	11	25
	(tie) Tennessee	7-1	10	25
11	Illinois	7-2	8	20
12	Auburn	7-2	2	16
13	Houston	7-2	-	4

Others receiving votes were: Pittsburgh 1 and Clemson 1.

Source: Kentucky Kernel sports staff

ries, it was clear IU coach Bill Malory was hoping his star would catch big numbers and big headlines.

It worked. Now Thompson is probably in a three-man fight to the finish with Houston quarterback Andre Ware, who passed for 411 yards against Texas, and West Vir-

ginia's Major Harris, who rushed for 160 yards and threw two touchdown passes against Rutgers.

Thompson's big day may pay off in another way. Indiana is 5-4 and on the fringe of the bowl picture, and Thompson's stature alone may get the Hoosiers a bid.

Haggin beats Holmes, wins Halloween Bowl

By GREGORY A. HALL
Staff Writer

Haggin Hall dominated Holmes Hall from the opening drive of the 21st annual Halloween Bowl, and won the flag football game 33-6 last night at Seaton Field.

The Haggin squad jumped out to a 7-0 lead on Jeff Hammond's pass to Damon Stewart.

"I thought it was a great game, just another example of the tradition of the game," said Craig Kalmer, assistant hall director of Haggin Hall. "This was just like a good high school rivalry. One team just got a little bit more up for the game than the other."

Holmes, losing for the 14th time in the series which began in 1969, did not score until the final minutes when Terry Sparks hit Mike Gray with a 10-yard touchdown pass. The one-point PAT failed when

Sparks' pass was broken up by Haggin's Steve Stone.

By halftime, Haggin had built the lead to 21-0. About the only thing that did not work for Haggin was a two-point conversion in the second half, which would not have even been attempted if not for miscommunication between the bench and players.

Holmes never built up any momentum until the touchdown late in the game. Besides passing problems, Holmes had a bad snap go over the head of Sparks, resulting in a Haggin touchdown drive.

Defensively, Haggin benefited from the efforts of Stone, who broke up four passes from his defensive back position.

With last night's victory, Haggin retains possession of the barrel until next year's game. Haggin won last year's classic 13-12 in overtime.

Gardner suspended for season

Staff reports

UK defensive tackle Donnie Gardner, who had helped anchor the Wildcats' defense, has been dismissed from the team for violating a team rule, coach Jerry Claiborne said yesterday.

Gardner was dismissed for the rest of the season for breaking an undisclosed rule, Claiborne said in a news release.

"We're very sorry it happened," Claiborne said. "Donnie has been doing an outstanding job for us this season. We will definitely miss him. When things like this happen,

every member of the squad must pull together and make up for the loss."

Gardner, a 6-4, 235-pound senior from Louisville, had started seven games at right defensive tackle. He was the Wildcats' eighth-leading tackler with 49 tackles, including a high seven behind the line of scrimmage.

Gardner had been named by the UK coaching staff as the defensive lineman of the week four times this season.

Senior Doug Houser, a 6-4, 264-pounder, will replace Gardner when the Wildcats take on Florida in a

Southeastern Conference game Saturday. Houser had started the last two games after Gardner suffered a groin and knee injury against Georgia.

The Nov. 25 football game between Southeastern Conference rivals UK and Tennessee will be televised by ESPN, UK Athletics Director C.M. Newton said yesterday. The game, which will begin at 3:30 p.m. EST, will mark only the second time UK has appeared on ESPN. The Wildcats' previous appearance was a 10-0 loss at LSU in 1985.

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