

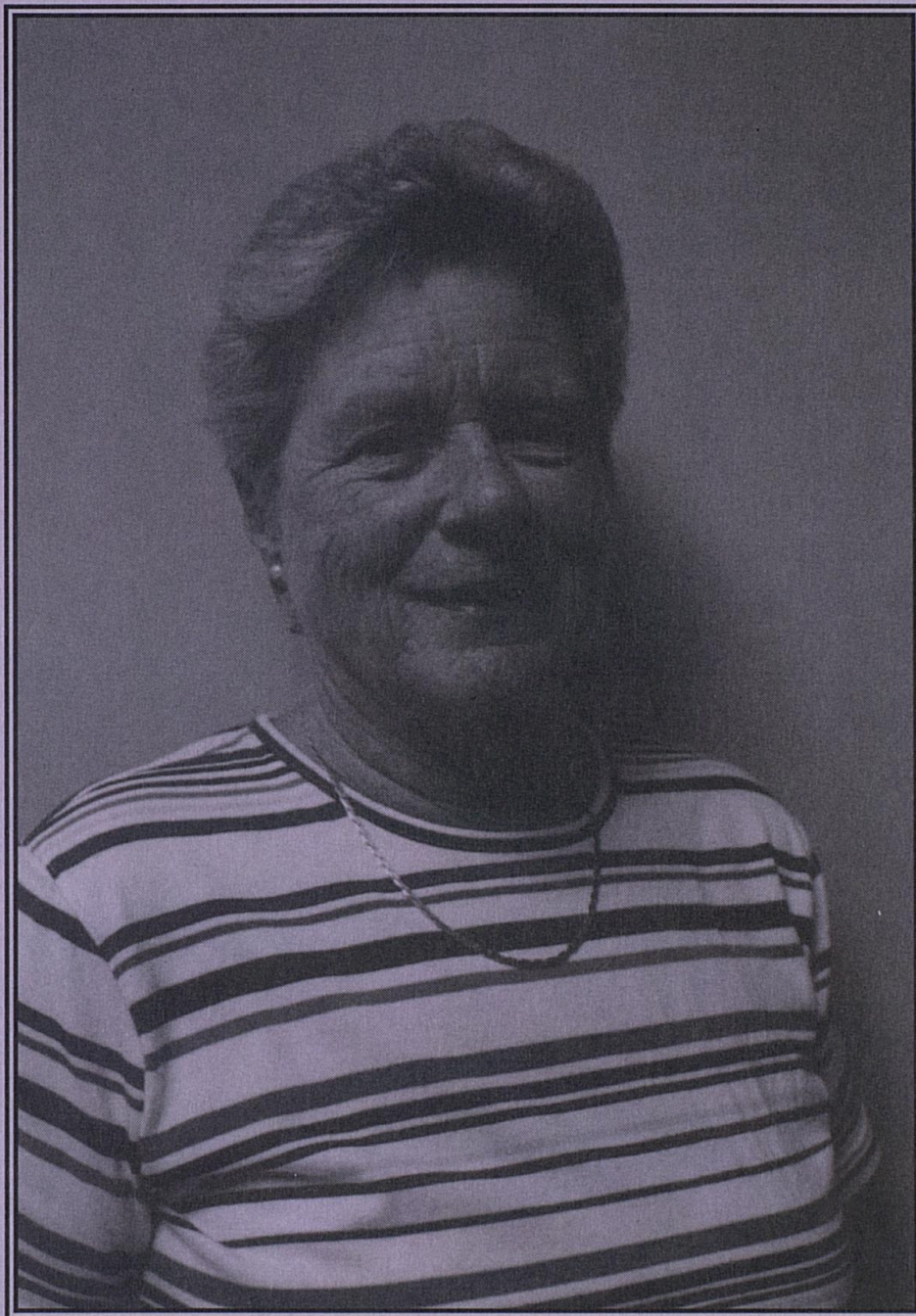
**FNS**

**FRONTIER NURSING SERVICE**

Volume 75

Number 4

Spring/June 2000



**JANE LEIGH POWELL**  
**CHAIRMAN OF BOARD OF GOVERNORS**

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Cover: Jane Leigh Powell, Chairman of FNS Board of Governors

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## The Frontier Nursing Service

*If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the Service. Please share this information with a friend.*

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing, hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today, the FNS is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., (home health agency, two out-post clinics, one primary care clinic in the hospital, Kate Ireland Women's Healthcare Clinic) and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925.

- Deanna Severance, CEO

## Meet New Board Members

### *Michael T. Rust*

Michael T. Rust was elected as a member of the Frontier Nursing Service Board of Governors during the February 2000, meeting. He also serves as a director of the Mary Breckinridge Healthcare Board and FNS Real Estate Board.

Mr. Rust has over twenty years experience in the healthcare field. His ability to plan and implement actions necessary to address challenges and opportunities is a reflection of his in-depth knowledge of legislative issues, membership advocacy, consensus building and communication skills.

Mr. Rust has been employed as the President of the Kentucky Hospital Association (KHA), and as Chairman and CEO of Kentucky Hospital Service Corporation since 1996. He is responsible for the operation of a 131 member hospital group. Duties and responsibilities are focused toward increasing the image, recognition, and participation of the member hospitals in the development of public and political policy related to healthcare and furthering the mission of the Association.

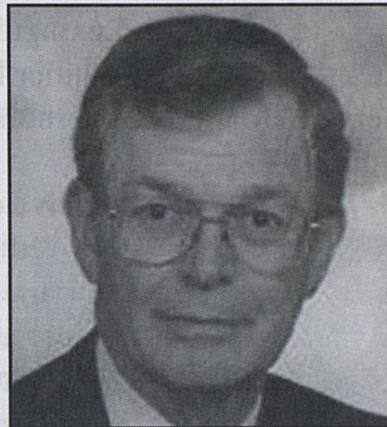
Mr. Rust obtained a Master of Public Health, Healthcare Administration from the University of Tennessee, Knoxville, and a Bachelor of Arts, Business Administration from Glenville State College, West Virginia.

Professional affiliations include: Adjunct Professor University of Kentucky (UK) Department of Healthcare Administration; UK College of Allied Health Advisory Board member; Western Kentucky University Department of Healthcare Administration Advisory Board member; Health Kentucky Board of Directors member; Kentucky Health, Research, and Education Foundation Board of Directors member and United Way Health Care Task Force member. The FNS Board of Governors are pleased to have Mr. Rust bring his experience to the FNS!



***Robert R. Botkin***

Robert R. Botkin joined the Frontier Nursing Service Board of Governors during the February, 2000 meeting. He also serves as a member of the FSMFN, Foundation, and Real Estate Board of Directors.



Dr. Botkin has thirty-four years of experience in higher education both in public and independent sectors. These years include 13 as a college/university professor and 20 as an Administrator, Dean, Vice-President and President.

Dr. Botkin obtained his A.B., at LaGrange College (Religion); B.D., Emory University (Biblical and Systematic Theology); Ph.D., Emory University (Systematic Theology and Philosophy of Religion); Summer Study, Washington University (Philosophy); and his D.D., at LaGrange College (Honorary).

In recent years, Dr. Botkin has served as Assistant Academic Vice-President, East Tennessee State University, 1977-1979; Dean of the College of Arts and Sciences, East Tennessee State University, Johnson City, Tennessee, 1979-1981; Vice-President for Academic Affairs and Dean of the Faculty, Phillips University, Enid, Oklahoma, 1981-1985; President of Midway College, Midway, Kentucky, 1985-1998 and presently, President Emeritus of Midway College.

Current professional offices and services include: Chair and Past President of Blue Grass Tomorrow; Wilderness Road Council, Girl Scouts of America Board member; Sanders-Brown Center for Aging Foundation at the University of Kentucky.

Mr. Botkin is married to Marilyn G. Botkin, has two children and two grandchildren.

The FNS Board of Governors and the Frontier School of Midwifery and Family Nursing are delighted to have Dr. Botkin serve as a member of the policy bodies.

### *Anne Ehl*

Anne Ehl, Lexington, Kentucky, joined the Frontier Nursing Service Board of Governors during July, 1999.

Mrs. Ehl, a native of Lexington, Kentucky, received her BS in Business from Auburn University and began her career as a Certified Public Accountant with Ernst & Young, LLP, in Birmingham, Alabama.



In 1993, Mrs. Ehl returned to the Bluegrass and joined the regional accounting firm of Potter & Company, LLP. While at Potter she first became involved with FNS as the Managing Auditor of the FNS annual audit. Potter & Company was the first auditing firm used by Mary Breckinridge in 1925. At that time the firm was Hifner, Fortune and Potter. Mrs. Breckinridge wrote about FNS' first audit with Hifner, Fortune and Potter, in her biography, Wide Neighborhoods.

After leaving public accounting in February, 1999, to become a co-owner and the Chief Financial Officer of Avant Travel Agency, Inc., Mrs. Ehl joined the Board of Governors of FNS, Inc.

Mrs. Ehl and her husband, David, an Investment Advisor with Paine Webber, have two children: Joshua, age 2 and Elana, age 1.

Mrs. Ehl brings a diverse accounting background to the Board of Governors. The Board is thrilled to have Mrs. Ehl join the governing body.

## Beyond the Mountains

-Deanna Severance, CEO

"Life is a journey, not a destination". Unknown

### May 19th Library Event

As I viewed the photo exhibit of our work from 1925 to 2000 at our May 19th celebration the above quote kept coming to mind. The photos are an enriching exhibit of the continuing journey of the Frontier Nursing Service. Many people have asked to see this collection. The entire collection of 115 photos will be on display at the

Mary Breckinridge Hospital in Hyden, June 16, and it will be on display in Louisville in the fall.

Many, many thanks to our staff who pulled the entire exhibit together. Heather East and Barb Gibson chose the photographs from several hundred, and organized the flow of time which the photos embody. Barb worked with Damon Huff, Principle of the W. B. Muncy Elementary School, who titled the pictures in beautiful calligraphy; with John Newell, Memory Lane Studio in Hyden, who framed the pictures and with John Colwell at Colwell's Saddle Shop who restored the saddles and saddle bags.

Christine Collins cleaned and prepared for display all the memorabilia found in the Wendover attics. Robert Phipps cleaned the horseshoes. Bet Ison, FSMFN Librarian, loaned us her mannequin to dress in the FNS uniform. Ben Pugh and Sam Morgan made the oak frames for the stamp displays, the horseshoe displays (which are for sale) and the five foot high picture of Mary Breckinridge on horseback.

Heather East developed the media display of pictures. Cherie Bunch readied the web sites for the celebration and added the Board of Governors biographies and pictures. Larry Stone organized the moving of the display from Hyden to Lexington. Robert Phipps and Glenn Wallace hung the pictures and were



available all evening to help with anything that came up. Vicky Riley developed the brochure which was mailed to all of our supporters, made all final arrangements with the Library, coordinated the catering and made sure I showed up at the right news station at the right time on the right day! This team effort is an example of the spirit which leads the FNS towards our 100th celebration!



*Deanna Severance, CEO of FNS, Damon Huff, Principle of W.B. Muncy Elementary School and Nancy Hines, Board Member*



*Carl Severance (Deanna Severance's husband), Dr. Anne Wasson, Mark Inman, CEO of Self Funding Solutions, Louisville*



### ***Fire/Security Systems***

The Honeywell Security Team have completed their work at Wendover and on our school campus. Addressable fire and personal security systems are now upgraded for the midwifery and family nurse-practitioner dormitory and for the couriers dormitory at Wendover. All other fire alarm systems have been upgraded.

### ***Board Meetings***

Two Board meetings have been held beyond the mountains since the last publication of this bulletin. The Board of Governors and I are delighted to welcome Robert Botkin, Mike Rust and Anne Ehl to the Board! Their biographies are printed herein.

### ***Buckhorn Presbyterian Childrens' Home Visit***

Hospital Administrator Mallie Noble, Family Nurse-Practitioner Educational Director Julie Marfell, CFO Brian Lane, Dr. Anne Wasson and I traveled to Buckhorn, Kentucky, on March 7 to view the work of the Buckhorn Presbyterian Childrens' Home. Charles Baker, Executive Director, discussed with us the philosophy and work of this organization which is 100 years old. We find our missions to improve the lives of children may lead us to joint ventures in the mountains of eastern Kentucky.

### ***Kentucky Hospital Association***

Mallie Noble and I met with the Kentucky Hospital Association (KHA) in London, Kentucky, on March 10. The KHA has been an advocate for rural healthcare with the state legislature. The staff of the KHA has an extraordinarily good grasp of the economic impact of rural hospitals on rural communities and of the issues faced by rural hospitals and does the detailed analysis to present to our elected representatives. The legislative session ended with the reallocation of disproportionate share money to rural hospitals. Many thanks to our own Senator Robert Stivers for being available to hear the issues and to present them to his colleagues in an articulate way.

### *ACNM Visit*

March 17, Kerri Schuling and I traveled to Washington, DC, to attend a meeting sponsored by the American College of Nurse-Midwives (ACNM).

The purpose of the meeting was to discuss the large body of evidence which supports the practice of midwifery and to discuss whether the image of nurse-midwifery dovetails with the evidence. This productive meeting was chaired by Dr. Joyce Roberts, President of ACNM. We will be meeting again in June to expand our discussions and develop possible strategies to promote information flow to young women of childbearing age.

### *Case Western Reserve University Visit*

Susan E. Stone, Dean of the Frontier School of Midwifery and Family Nursing (FSMFN); Julie Marfell, Family Nursing Practitioner Program Educational Director, and I visited with Dorothy Brootens, Dean of the Frances Payne Bolton (FPB) College of Nursing at Case Western Reserve University March 22.

The FSMFN is making application to the Kentucky Council for Post Secondary Education, to the Southern Association for the Accreditation of Colleges and Schools and to the American Association of Colleges of Nursing to grant the master of science degree in nursing.

During the strategic planning of the FNS Board of Governors in the late 1990's, this was established as a goal. All of us at the FNS cherish our association with the FPB and want to see that continue; however, as we move into this new millennium, we know our identity must be retained as an institution. It is our desire that our students always have the choice to complete their master's degree at FPB. Additionally, we are most interested in our students entering the doctorate program at FPB.

You can now access the FPB website directly from the "midwives.org" site. Our collegial relationship continues as both our great institutions move into the future.

### ***Berea College Appalachian Fund Conference***

Barb Gibson attended this year's Berea College Appalachian Fund Conference held at Berea College April 5 & 6. The Frontier Nursing Service greatly appreciates Judy Stammer, Dr. Larry Shin and other members of the Berea College Appalachian Fund Board for their continued support of the FNS. The Berea College Appalachian Fund has supported the FNS for many years. For the past five years, the Fund gave money toward a scholarship for a deserving eastern Kentucky CNEP student.

This year's recipient was Carol Hobbs from Barbourville, Kentucky. Carol attended college in Tennessee and nursing school in Arkansas. After college, she worked in Little Rock as a labor and delivery nurse. There she met two nurse-midwives who introduced her to the dream of becoming a midwife. Carol will be doing her midwifery clinicals in Hyden and feels very fortunate and blessed to be working in the area.



***Carol Hobbs - Berea College Appalachian Fund scholarship recipient***

Margaret (Peggy) Kemner, 1956 FSMFN graduate, from Lend-A-Hand in Barbourville, Kentucky, attended the Conference. Peggy continues to provide home births and community services to the area. She recently attended her 500th birth.

Also, in attendance were Drs. Mary Wiss and Pauline Fox. Dr. Wiss was a FNS physician and Dr. Fox was the Leslie County public health physician in the 1960's. Dr. Fox serves on the Berea Appalachian Board.



*Dr. Mary Wiss and Judy Stammer, President of the Berea College Appalachian Fund*

#### *Visit to Coles Island*

April 14-16, Susan Stone and I traveled to Coles Island, South Carolina, to meet with Chairman of the Board, Jane Leigh Powell. This was a wonderful opportunity to fellowship with Leigh, eat wonderful food, see her new home and brief her on our budgets prior to the budget meetings. The following picture cannot begin to capture the beauty and peacefulness of her gracious home.



*Deanna Severance, Jane Leigh Powell and Susan Stone at Coles Island*

#### *Visit to "Foshalee"*

April 20-23, my husband Carl and I visited with Miss Kate Ireland at her Florida home, "Foshalee". I am continually asked about Kate's health, and she seemed to be recuperating well from her most recent surgery. For all you Couriers whose driving Kate evaluated, may I say simply, she can still drive fast. A high point of the trip was a dog show sponsored by the Humane Society. "Sooty", the adoptee of beloved FNS Nurse-Midwife Anne Cundle, won a ribbon which she proudly sported. I knew when Sooty kissed the judge she was a shoo-in!

#### *June 16th Celebration in Hyden*

June 16th, Miss Ireland will be present in Hyden to cut the ribbon to "Kate Ireland Drive", the road which leads into the Hospital. There will be an all afternoon picnic with music. Chairman of the Board Jane Leigh Powell will be present as will most of our Board members. This will be an opportunity to visit with these great leaders of the FNS, to see the continuing work of the FNS, eat good food and have fun. Please accept our invitation to visit!

## Wendover News

by Barb Gibson

### *Wendover Dinners/Guests*

We seem to be having more guests at Wendover than ever! A warm "come again" to our following guests:

January 12, Elizabeth Lafrance and her husband from Silver Springs, Maryland, had heard about FNS and stopped by for the night.

February 2, Garrett Cloud and his wife stayed at Wendover while teaching an advanced cardiac life support in-service at MBHC; February 17, Jill Johnson, Lexington, Kentucky, stayed at Wendover while teaching a pediatric advanced life support in-service at MBHC and February 23, Mindy Phelps, Otis Jones, his wife and Russell Meadle, Lexington, Kentucky, stayed at Wendover while in Hyden for a Habitat for Humanities meeting.

March 3, Thomas Freese, Lexington, Kentucky, special Art Teacher for the Hayes Lewis Elementary School spent the night; March 8, Inez Butler from Shalimar, Florida, interviewed at MBHC as an FNP candidate and stayed at Wendover; March 14, eight UK students had dinner; March 16 and 17, Dr. Michael Carter, Dean of the University of Tennessee, Memphis, brought students from University of Tennessee College of Nursing to spend the night; March 17, Gretchen Mettler from Case Western Reserve, spent the night; March 17, Wendover hosted a Midwifery Bound dinner for 50 students and faculty; March 23 and 24, Katherine Messer and her husband stayed at Wendover while Katherine was interviewed for an FNP position at MBHC. March 26, medical students Christian Ramsey and Kristen Lee, Lexington, Kentucky, stayed at Wendover; March 29, two instructors from UK Air Medical Services spent the night; March 30, a Level III dinner with 15 faculty and students was held and March 31, a dinner was held in honor of Doctor's Day.

April 2 & 3, Janet & Jon Lee visited their daughter Kristen Lee, who was a medical student at MBHC; April 6, Level III

dinner with 12 faculty and students; April 8, Monica Luke from The Thompson Foundation, Knoxville, Tennessee, and her friend Ted Olson, Professor, visited; April 13, a luncheon in honor of National Volunteer Week, was held for the MBHC Ladies Auxillary; April 18, former FNS nurse, Judy Armstrong and a friend visited from Portland, Oregon; April 12-15, Dr. John & Priscilla Ohloer, friends of Dr. Anne Wasson, visited from New London, New Hampshire; April 21, Rick Dorman, his wife & two daughters, visited from New York; April 25, Mindy Phelps, Habitat for Humanity, Lexington, Kentucky, spent the night; April 24, Darlene Luster, medical student from Louisville, Kentucky, and a friend, spent the night; April 22, FSMFN ('72) graduate Mary Kaldeway & friends visited and May 4, a Faculty Practice dinner was held with 45 people in attendance.

### Tours

Alyssa Gayhart, Tour Guide, recently resigned due to her new baby, Mallorie Skyllar Aleece. Stacey Collett has been hired as our Tour Guide. Since March, Stacey has given tours to the following individuals and groups:

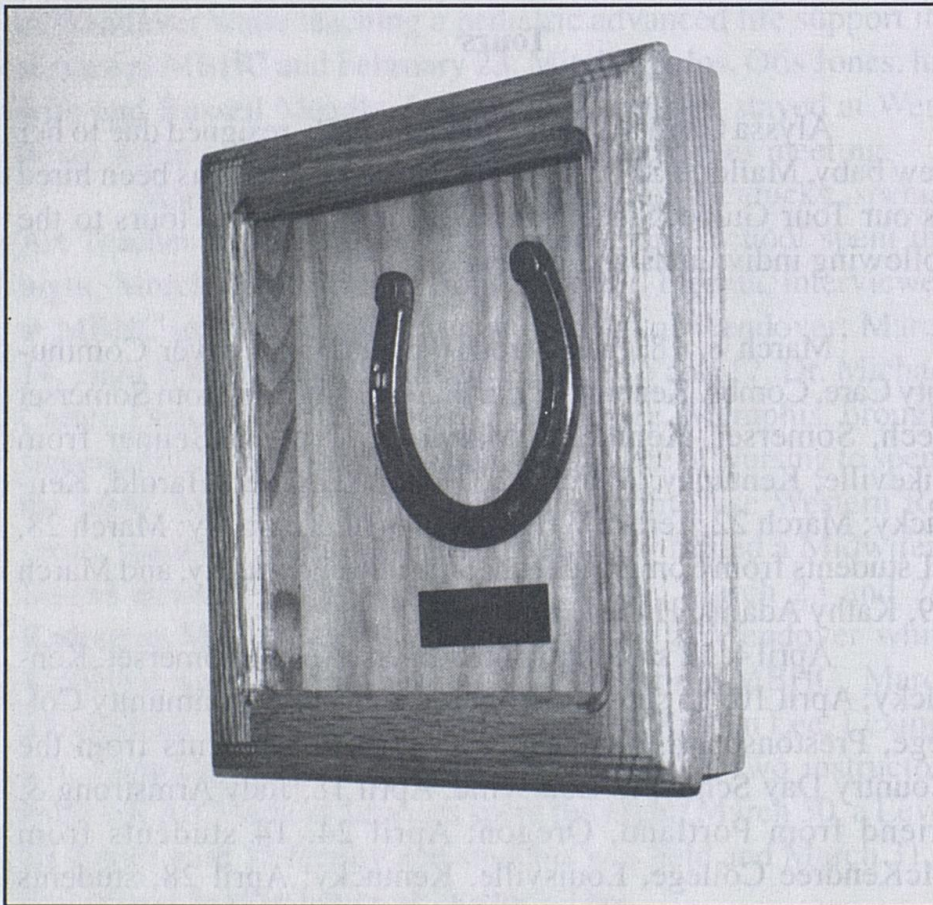
March 8, 18 guests from the Kentucky River Community Care, Combs, Kentucky; March 21, 11 students from Somerset Tech, Somerset, Kentucky; March 22, Trulena Benner from Pikeville, Kentucky; March 22, Melissa Thacker, Harold, Kentucky; March 22, Teresa Wright, Redbush, Kentucky; March 28, 11 students from Somerset Tech, Somerset, Kentucky, and March 29, Kathy Adams, Hyden, Kentucky.

April 4, 12 students from Somerset Tech, Somerset, Kentucky; April 10, 13 students from Prestonsburg Community College, Prestonsburg, Kentucky; April 10, 47 students from the Country Day School in Louisville; April 18, Judy Armstrong & friend from Portland, Oregon; April 24, 14 students from McKendree College, Louisville, Kentucky; April 28, students Tomie Thompson and Amy Gregory from Ashland, Kentucky, and April 28, Brenda Turpin, student from Mt. Sterling, Kentucky.

### *Other Wendover News*

During October 1999, Mrs. Henry (Francis) Heyburn from Louisville, Kentucky, informed us that she had discovered some old FNS horseshoes in her barn. Her husband was a member of the FNS Board of Governors and they had collected these during his tenure with FNS. Mrs. Heyburn asked Mrs. Severance if she wanted the shoes. Of Course! Display cases were built out of oak. The horseshoes are held in place by horseshoe nails.

These are a limited edition item numbered 1-55. During our 75th Celebration, "An Evening with the Frontier Nursing Service" at the Lexington Library, we sold a number of these. If you are interested in purchasing one the price is \$100.00. You may contact Barb Gibson at Wendover for more information.



*FNS horseshoe displays for sale*



### Courier Program News

by Barb Gibson

**Amber Waters** left Wendover April 14 to travel with her brother back to California, stopping along the way to "sightsee". Amber has applied to the Peace Corp and is looking forward to hearing where she will be going. We miss you Amber!

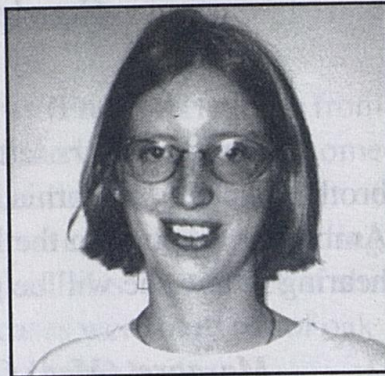
**Margaret (Meg) Gifford** from Baltimore, Maryland, was here from February 20 until May 12. Meg graduated from Western High School in Baltimore before coming to Wendover. While here, Meg shadowed Karen Sallee, Social Worker on Home Health visits; Nurse-Midwives Cyndy Perkins and Debbie Karsnitz; Dr. Krasuski, OB/GYN Physician and other providers. Meg also had the opportunity to see two births. She was kind enough to work at the local animal shelter on Saturdays, feeding and caring for the animals. Meg plans to apply to medical school.



**Michaela Biaggi**, Mendocino, California, was here from February 28 until May 22. "Mike" graduated from Mendocino High School. While here, she shadowed Karen Sallee, Social Worker, on Home Health visits; Dr. Ronilo Diaz, Surgeon; Dr. Roy Varghese, Internist; Lenora Campbell, FNP; Heidi Froemke, FNP; Cyndy Perkins, CNM, and other providers. Mike also had the opportunity to witness a birth. Like Meg, she worked at the animal shelter on Saturdays giving love to the abandoned animals. Mike plans to attend college in North Carolina, during the fall.



**Erin Banta**, Saranac Lake, New York, arrived at Wendover on April 30. Erin graduated from Cornell University. Since her arrival, Erin has shadowed Karen Sallee, Social Worker; FNP's at out-post clinics; OB/GYN physicians, and nurse-midwives. Erin will be here until the end of July.



Dana Traver, Port Huron, Michigan, arrived on May 15 and Megan Stumm, Madison, Wisconsin, arrived on May 22. They are finishing their orientation to the Courier Program and are looking forward to their experience here. We look forward to the arrival of Miranda Gillespie, Mobile, Alabama, on June 11. More in the next *Quarterly Bulletin* about these Couriers.

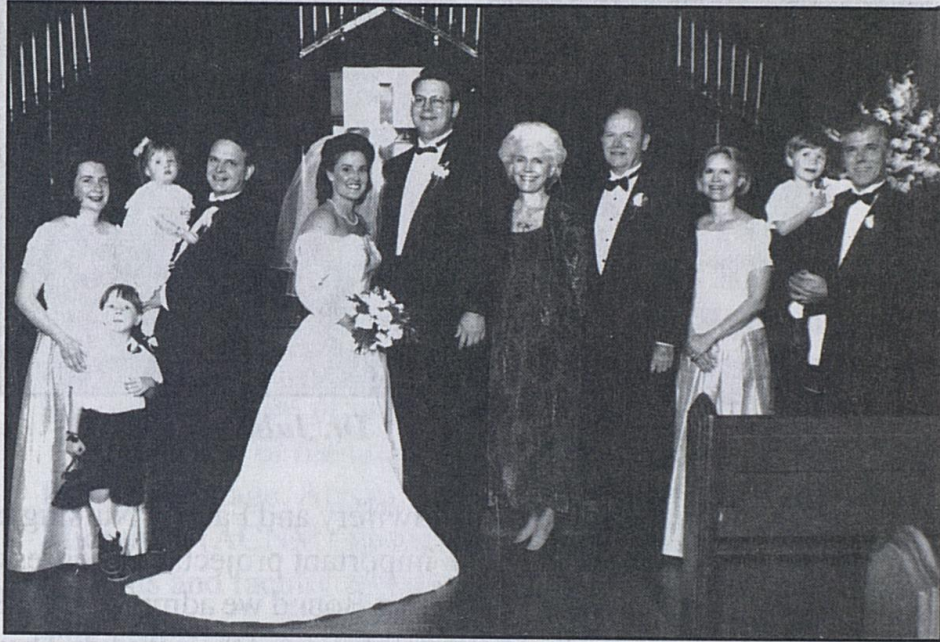
### Former Courier News

**Ann Debourcy ('98)** wrote during March that she recently returned from an Intersession break trip to Honduras where she was building houses with "Save the Children Honduras".

**Monika Ulrich ('98)** wrote during January that she started a mission for the Church of God of Latter Day Saints in Taiwan, teaching people about health and sanitation. Monika has decided to pursue a career in nurse-midwifery and plans to start at Vanderbilt when she returns from Taiwan.

**Rachel Maski ('99)** wrote during April to say that she was accepted into medical school. Congratulations Rachel! Rachel will be attending either New Jersey School of Medicine or Albert Einstein in New York.

**Fred Jordan ('91)** and Cameron Beall were recently married in Winston, Salem, North Carolina. Cameron is originally from Louvern, Alabama. They are living in Winston-Salem where Fred is working as an Executive Recruiter for a Renaissance Management Company.



**Former Courier Fred Jordan and his bride, Cameron Beall**

**Frontier School of Midwifery and Family Nursing  
(FSMFN) CNEP and CFNP**

*by Dr. Julie Marfell, CFNP Education Director and  
Susan Stone, CNEP Program Director*



*Susan Stone*



*Dr. Julie Marfell*

The Frontier School of Midwifery and Family Nursing is as busy as ever. We have several important projects in progress.

This past March at Midwifery Bound we admitted CNEP Class 29, and 33 new midwifery students started their studies. They represented most areas of our country. Of note, students are from Alaska and one is coming to us from an Air Force Base in Japan. The Community-Based Family Nurse-Practitioner Program is in full operation. The second week of May brought six more FNP students to Hyden for their orientation. This group of students is enthusiastic and we know they will make great contributions to the profession. The students in the CFNP Class 2 represent Texas, Ohio, West Virginia, Colorado, Kentucky and Florida. Julie Marfell is the accomplished Director of this program. She has been a terrific addition to our school.

We are currently working on the re-establishment of a Faculty Practice as a joint project between Mary Breckinridge Hospital and the FSMFN. We will have four Family Nurse-Practitioners who will share their time between the hospital, outreach clinics and the school. Heidi Froemke, FNP, MS, will be the Coordinator of this group of FNPs and Julie Marfell, FNP, ND, CFNP Program Director, will be the Director of this arm of the Program.

The CNM group will be composed of three midwives; two of these midwives will share their responsibilities working half time at the hospital and clinic and half time at the school. A third midwife will be hired to spend the majority of her time at the hospital and clinic with Level III teaching responsibilities. Debbie Karsnitz, CNM, MSN, will be Coordinator of this group with Susan Stone CNM, MS, Dean of the FSMFN and CNEP Program Director, as the Director.

It is a well documented fact that Faculty Practice brings excellence to both clinical and academic programs. Practitioners who are involved in both teaching and practice bring continuously updated clinical skills to their students. Historically, there was always a Faculty Practice at FNS until the traditional program moved to New Mexico in 1991. We are thrilled to be bringing this important program back into existence at FNS.

Many of the faculty, students, and staff recently returned from Anchorage, Alaska, where the American College of Nurse-Midwives (ACNM) annual convention was held this year. Our students and faculty received many honors. The student scholarship winners included: Vera Schad, Class 24 - March of Dimes Scholarship; Connie Wolcott, Class 26 - ACNM Foundation Scholarship; Rose Williams, Class 29 - Wyeth Student Reporter Scholarship and Stacey Reese, Class 25 - Varney Award.

Marianne Towler, FSMFN graduate and CNEP Newborn Course Coordinator, won the Region Three, Regional Award for Excellence. This prestigious award fondly called the Golden Shovel Award is given to a Nurse-Midwife who has contributed greatly to their region. It is called the Golden Shovel because it represents a person who truly knows how to roll up their sleeves and work towards accomplishing a goal. The work that Marianne has done to establish and maintain the practice in north Florida exemplifies such work.

Kerri Schuiling, CNEP Curriculum Coordinator, and Cyndy Perkins, Well Women Course Coordinator, presented a workshop on Dysfunctional Uterine Bleeding. The room was overflowing with participants.

The FSMFN reception, which is supported by alumni dues, was held at the very top of the Hilton Hotel in a room full of windows with views of the Alaskan mountains. Yes, we sang the "CNEP song", "Amazing Grace", "Bear Down Mrs. Brown" and "Uterine Days". What fun! There were lots of grads there as well as current students. The grads told us all where they are now and what they are doing. It is amazing to hear their stories. Many of them started practices where there never was a midwifery practice before.

Overall, the Frontier School was very well represented this year by a very accomplished faculty and student body.

Onward, forward in the new century. As we celebrate the past 61 years of education, we are busy planning for the next 60 years.

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### WEBSITES

Frontier Nursing Service - [www.frontiernursing.org](http://www.frontiernursing.org)

FSMFN Community-Based Nurse-Midwifery Education Program (CNEP) - [www.midwives.org](http://www.midwives.org)

FSMFN Community-Based Nurse-Practitioner Program (CFNP) - [www.frontierfnp.org](http://www.frontierfnp.org)

**Invitation**

*Please join us in celebrating FNS' 75 years of service.*

June 16, 2000                      Dedication of Kate Ireland Drive  
at Mary Breckinridge Health-  
care, with community picnic.  
Entertainment will be provided.

July 4, 2000                      FNS participation in Lexington  
annual Fourth of July parade.

September 2000                      Annual Bluegrass Committee  
Luncheon - Louisville, Ken-  
tucky.

October 7, 2000                      FNS participation in annual  
Mary Breckinridge Festival in  
Hyden, Kentucky

October 2000                      Annual Boston Committe Lun-  
cheon.

For accommodations information please call Barb Gibson, 800-  
394-4881 or 606-672-2317.

## Mary Breckinridge Healthcare News

*-Mallie Noble, Administrator*

The staff at Mary Breckinridge Healthcare, Inc. have been bustling with activities as the mountains of Eastern Kentucky come alive with beautiful spring foliage.



### *Travels*

I recently had the opportunity to travel with Dr. Anne Wasson to the Buckhorn Children's Center. There along with Deanna Severance, CEO, Brian Lane, CFO, and Julie Marfell, CFNP Education Director, we met with the Center's administrative staff and toured their campus. On the trip back home, Dr. Anne decided that she would like to go on an adventure. We got off the usual beaten path at Yerkes, and traveled back home through the Leatherwood, Blackey areas. Since I was unfamiliar with this area, at times I felt we were lost. However, Dr. Anne would laugh and say "we are not lost, just follow my nose" and sure enough we made it home safe and sound.

On May 13, I traveled to Somerset to meet with surrounding Hospital Administrators and Congressman Hal Rogers to discuss relief of the Balanced Budget Act.

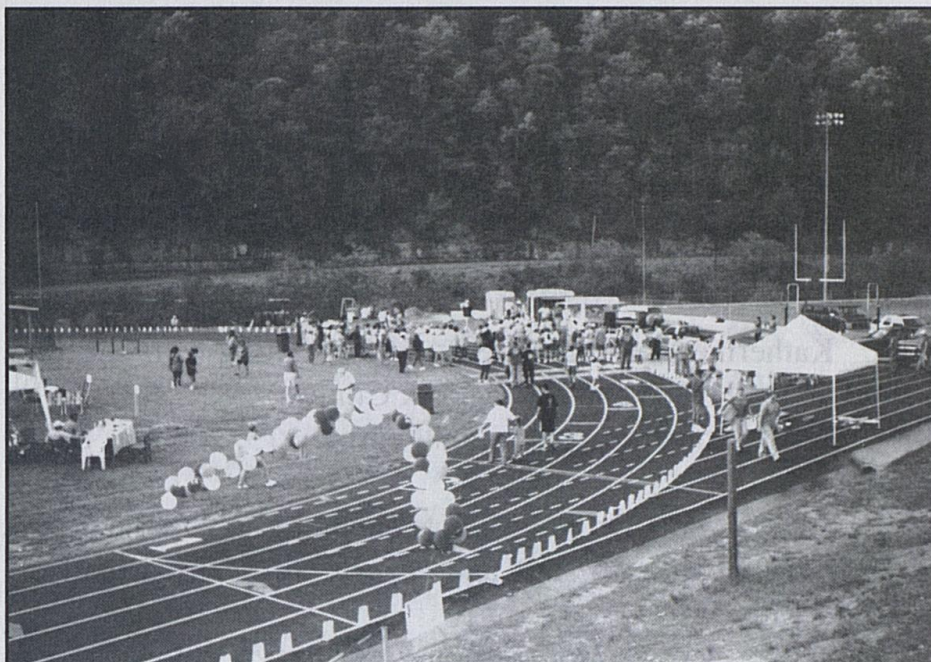
### *Staff Activities*

Mary Breckinridge Healthcare Inc. staff have participated in several community educational projects this spring:

The Teen Lock-In was held on May 5 at the Nixon Center in Hyden. The event was organized by Debbie Karsnitz, CNM. The purpose of this project was to make teenagers 12-16 years of age more aware of teen pregnancy prevention. This event was well attended with over 200 youths present.

Staff also participated in Leslie County's first American Cancer Society "Relay for Life" on May 5th and 6th. MBHC was a sponsor and the staff raised over \$2,000 for this event.





***American Cancer Society "Relay for Life" - May 5th and 6th***

National Volunteers Week was April 9 - 15 and the Ladies Auxillary members were treated to a luncheon at Wendover.

May 7 - 13 was National Hospital Week and lots of activities were enjoyed by Mary Breckinridge Healthcare staff.

***Congratulations***

Congratulations to Dr. Raghuvveera, Pediatrician, and his wife - baby girl born on January 3, 2000, weighing 5 lbs, 6 ounces; Dr. Varghese, Internist, - granddaughter born on May 5 named Sarah Varghese; Edith Osborne, Dietary Supervisor, - grandson born on January 21, 2000, weighing 9 lbs, 15 ounces; Ellen Brewer, Dietary Cook, - grandson born on May 14, 2000, named Nicholas Curtis Adams, weighing 8 lbs, 3 ounces, and to Mallie Noble, Administrator, - granddaughter born on May 7, 2000, weighing 7 lbs, 3 and 1/2 ounces.

### *New Employees*

Dr. Rejith Pailey, Internist, began work on May 15, 2000. He will be working in the Rural Health Clinics, Emergency Room and In-patient services.

Patricia Caudle, CNM, began work on May 1, 2000. She will be working in the Kate Ireland Women's Clinic and OB/GYN services.

Katherine Messinger, FNP, will be starting work on July 5, 2000, in the Hyden and Beech Fork Clinics.

Larry Stone began work on February 15, 2000, as Plant Engineer.

We welcome Dr. Pailey, Patricia and Larry to the Mary Breckinridge Healthcare staff and eagerly await the arrival of Katherine Messer.

### *Resignations*

We were sorry to receive the resignations of Beverly Mays, FNP, at the Beech Fork Clinic and Cynthia Perkins, CNM, from the Kate Ireland Women's Clinic. We wish them both luck in their future endeavors.

### *Other News*

Mrs. Amy Fugate has been promoted to Admissions Supervisor. Amy has worked in the Admitting Department since September 20, 1996.

Mrs. Etta McIntosh has been promoted as Business Office Director. Etta has worked in the Business Office since 1997.

Congratulations to both employees. We feel they will do a great job!

The entire staff at MBHC extends our deepest sympathy to Lisa Lewis, ER Ward Clerk, and Benny Harris in the loss of their infant son, Spencer Ray Harris.

### Miscellaneous Tidbits

I always enjoy my Quarterly Bulletins! I was born February 5, 1934, and delivered by Ms. Harris (FNS nurse) from the Bullskin Clinic (Brutus).

At Christmastime, we were given a present from the "Nurses" as we referred to them. I still have a baseball and some marbles given to me by FNS sometime in the early 40's. We moved to Indiana in '46. My father told me last year (he passed away in January at age 99) that when FNS came into the area, they charged \$5.00 per family, per year, for their services, and naturally, the five was hard to come by back then.

I shall always cherish and say thank you for being the ones that Isaiah talked about in 40:11 and also when he said "here I am, send me" and thank you for going and for still being there!

*-Rudolph Hamblin*

When I worked at the Hospital in the mid 1930's, I rode Gabriel, the mule, to Mary Breckinridge's home for an overnight visit. I hope the roads have improved. Only trucks could navigate then. I think his name was Walter Begley who drove the truck to bring in supplies. A local woman washed the clothes in the creek. She built a fire and boiled them and rinsed them in the creek. We nurses did our own in the basement on a washboard.

I was raised on a farm in Michigan and was much impressed to have 10 am coffee and 3 pm tea. It was a wonderful time.

Due to my background in obstetrics and public health I was allowed to make home visits on the homebound pneumonia patients. We traveled by horseback. I was allowed to visit the midwives in the centers of Red Bird and Bowlingtown. I had wanted to be a midwife. I decided I would never save enough to go to England to a midwifery school, I got a job at the Chicago Maternity Center, Chicago, Illinois. Later I worked for the Illinois Health Department and then for Santa Clara County Health Department in California.

*- Laura Hoerler*

When I arrived at Wendover in June 1934, from Houston, Texas, I was met by Pebble Stone on horseback. That was the beginning of the most exciting summer of my life! Mrs. Breckinridge was away all summer. For me, Agnes Lewis was the Frontier Nursing Service. "Bucket" was the nurse who lived at Wendover and she and I were the only Texans. I considered Agnes as of another generation and am shocked to realize she was only ten years older than me!

I returned to Wendover in 1935 with my B. A. from Rice University and left for the Yale University School of Nursing in September. Of course, my plans were to become a midwife! Instead I was married in 1937 and we had four children. I now have nine grandchildren and four great grandchildren. I still think of my two summers "on horseback" with love and admiration and can even forgive the absence of horses.

*-Kathleen Wilson Henderson*

**Help! - Former FNSer's**

FNS has a large number of unidentified photographs that need to be identified for use in our work. If you recognize the people in this photograph (Mary Breckinridge in middle), please contact Barb Gibson with information.



**Unidentified FNS photograph (Mary Breckinridge in middle)**

- |                   |                            |
|-------------------|----------------------------|
| M. Elizabeth      | Miss Jane Joseph Rowell    |
| Clara L. Johnson  | Lynn Ann Best              |
| Col. James        | Judith Lingle Kay          |
| C. V. Cooper      | Caroline (Freddy) Holdship |
| Mary H. Morgan    | J. G. & Juanita Morgan     |
| Shelby & Peter    | Margaret M. McCracken      |
| Barbara           | Nan Setzig                 |
| Miss Kate         | Florence B. Rawleigh       |
| Walter L. Houston | Jean W. Byrne              |
| Edna E. Johnson   | Zonda G. Lindblade         |
| Harriet J. Palmer | Mary Wilson Neel           |
| Deanna            | Dr. Anne Wasson            |

### IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

*Estil Couch, Hyden, Kentucky*, passed away at the age of 93 on April 25, 2000. His daughter-in-law, Betty Helen Couch, works at Mary Breckinridge Hospital as the Quality Improvement Manager and two of his nieces, Lois Begley and Wanda Feltner also work at the Hospital.

*Thomas Napier, Big Creek, Kentucky*, passed away at age 84 on April 23, 2000. His granddaughter, Petra Napier, works at the Community Health Center at Big Creek, Kentucky.

*Oscar Collett, Stinnett, Kentucky*, passed away at the age of 74 on April 24, 2000. His granddaughter, Thelma Napier, works in the Dietary Department at Mary Breckinridge Hospital.

*Faye Farmer, Hyden, Kentucky*, passed away during March. Faye was a volunteer member of the MBHC Auxillary Committee and was a faithful supporter of the Frontier Nursing Service.

### IN MEMORY

<b>Agnes Lewis</b>	Julia Breckinridge Davis
Miss Jane Leigh Powell	Evelyn Mottram
Lynn Ann Best	Clara Louise Johnson
Judith Lingle Ray	Col. James T. Breckinridge
Caroline (Freddy) Holdship	C. V. Cooper, Jr.
J. G. & Juanetta Morgan	Pamela D. Ellis
Margaret M. McCracken	Shelby & Peter Ehrlich
Nan Sersig	Esther P. Lewis
Florence B. Rawleigh	Miss Kate Ireland
Jean W. Byrne	Walter L. Houghton
Zondra G. Lindblade	Edna E. Johnson
Mary Wilson Neel	Harriet J. Palmer
Dr. Anne Wasson	Deanna Severance

**Philip White**

Bertha White

**Robert Johnson**

Lisa K. Ford

**Frances Aldrich**

Lisa K. Ford

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Miss Kate Ireland

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Miss Kate Ireland

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Jinny & Tom Moser

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Jinny & Tom Moser

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Whitney, Jr.

Annette Shanahan

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Rev. Howard Rhys

**Lucille R. Houck**

Mary Ellen Houck

**Peggy Smith**

Charlotte A. White

**Thomas Napier**

Joann Salyers

**Herbert Schneider**

Lydia Schneider

**IN HONOR OF:**

**Miss Kate Ireland**

M. Elizabeth Culbreth

Marian Barrett Leibold

Cornelia A. Serpell

Martha & Dick Baker

**Mary H. McClanahan**

Eleanore Maurer

**Barbara Post**

Charles Chatfield

### In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the Development Office at FNS.

In memory of \_\_\_\_\_

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### In Honor Of

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the Development Office at FNS.

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Dr. Julie Marfell - *CFNP Education Director*

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Denise Kilburn, *Director of Nursing*

### **Mary Breckinridge Healthcare, Inc. Medical Staff:**

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Andrew Krasuski, *OB/GYN - Kate Ireland Women's Clinic*

James Lloyd, *OB/GYN - Kate Ireland Women's Clinic*

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Rejith Paiely, *Internist - Hyden Clinic*

Anavatti Raghuvveera, *Pediatrician - Hyden Clinic*

Deepak Srivastava, *Anesthesia - MBHC*

Roy Varghese, *Internist - Chief of Staff - Hyden Clinic*

### **FSMFN Faculty Practice:**

Lenora Campbell, *FNP*

Heidi Froemke, *FNP*

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(the parent)

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### FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

“I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.”

### HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By specific gift under your Will** - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By gift of residue under your Will** - you may leave all or a portion of your residuary estate to the Service.
3. **By life insurance** - you may have life insurance made payable direct to the Service. .

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE  
Mr. William Hall, Treasurer  
Fifth Third Central Kentucky Trust  
250 West Main Street, Suite 100  
Lexington, Kentucky 40507

## STAFF OPPORTUNITIES

Because text for the *Bulletin* must be obtained several days before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

**Staff opportunities:** Family Nurse-Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact Department of Human Resources, Wendover, KY 41775 (606-672-2913)

**Courier Program:** This Program has an on-going need for all types of people, with all types of skills. The Program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 12 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator/Courier Program, FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775 (606-672-2317).

**Nursing Volunteer Program:** This Program is designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this Program, if accepted, there is no required amount of time. For current information, write or call Director of Nursing, Mary Breckinridge Healthcare, Inc., 130 Kate Ireland Drive, Hyden, Kentucky 41749 (606-672-3162).

## URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need. Send to FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775.

### **Beech Fork Clinic:**

Commercial Vacuum Cleaner 600.00

### **Dietary:**

Meat Slicer 549.00

Food Blender Processor 1,349.00

Food Storage Boxes 200.00

### **Emergency Room:**

Warming Blankets 657.74

Alligator Forceps (ear, nose) 560.87

Wheelchair Accessories (for two chairs) 273.90

Leather Wrist Restraints 323.60

Electric Ring Cutter 475.00

Ultrasound Sonic Stethoscope 607.75

### **Home Health:**

Weight Scales (3) 153.00

Shampoo Boards (3) 104.34

Fetal Doppler 522.75

Otosopes (2) 224.30

Elite Glucometers (3) 131.25

### **Hyden Clinic:**

Chair Scales 459.99

Cast Cutter with Cast Vacuum 1,761.17

Two Welch Allen Speculum Lights 215.06

Addressograph x 2 260.00

Pediatric Papoose Board 207.35

### **Kate Ireland Women's Center:**

Four Welch Allen Speculum Lights 430.12

## URGENT NEEDS - Continued

### Infection Control:

Whiteboard & Easel	169.99
Overhead Projector	199.99

### Medical Surgical:

IV Poles (2)	386.19
Bedside Commodes (extra wide - 4)	378.72
Crib Mattresses	577.71

### Nursing:

Educational Videos (Nurse Management)	1,000
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### Obstetrics:

Two Ultrasound Sonic Stethoscopes	1,066.90
Addressograph for Labor Hall	130.00
IV Poles (1)	94.95
Welch Allen Speculum Light	127.44
Patient Positioning Pads	361.75

### Operating Room:

Buffer/Scrubber	980.00
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### Physical Therapy:

SysStim 226 Neuromuscular Stimulator	1,695.00
BAPS - Knee, Ankle, Foot Exerciser System	525.00
Pro-Fitter Exercise System	499.00
Saunders Portable Cervical Traction	395.00

### Respiratory Care:

Two O2 Analyzers	628.00
Miller & MacIntosh Blades/Handles	976.45

### X-Ray:

Cool Brite High Intensity Illuminator	
Cone Instrument	654.00
Radiation Protection Equipment	850.00
Mammography Viewboxes	1,600.00

## FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations  
of the Frontier Nursing Service.  
Article III as amended June 8, 1984