

KENTUCKY KERNEL

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Clinton campaigns for Kentucky Democrat

By Rosalind Essig
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Sen. Hillary Clinton stopped in Lexington Saturday to ask Democrats to rally behind Senate candidate Bruce Lunsford in the race against his Republican opponent.

Clinton (D-New York) addressed an estimated 1,100 people at the Kentucky Horse Park after a visit to Pikeville earlier in the day, according to Cary Stemple, a Lunsford campaign spokesman.

The event was meant to get Democrats enthused for the election and to motivate people to replace four-term Republican incumbent Mitch McConnell, Stemple said.

Clinton encouraged the crowd to help change Kentucky by supporting Lunsford. "In our democracy, you can just sit and yell at the TV set or you can decide to be

involved," Clinton said. Clinton was an important force at the rally because she is a powerful speaker and has experience working with McConnell in the Senate, where McConnell is currently the Senate minority leader, Stemple said.

"We're trying to get people really excited," Stemple said. Clinton urged Democrats to support Bruce Lunsford and Democratic presidential contender Barack Obama to make it possible for the change Democrats would like to see.

"As a senator it's really important that we have enough Democrats in the Senate to be able to get something done," Clinton said. "It's been frustrating to be on the other side of the aisle and basically see progress die because we can't get our friends to come along and do what needs to be



Sen. Hillary Clinton speaks during a rally for Democratic senate candidate Bruce Lunsford on Saturday, Sept. 20.

done for America." Clinton thanked Kentucky for its support in the Democratic primary. She

won the state with 65.5 percent of the vote, about 35 percentage points ahead of Obama, according to the

Kentucky State Board of Elections Web site.

Clinton also mentioned her program "Hillary Sent Me," which is intended to encourage her supporters to volunteer for other Democrat campaign organizations.

Also speaking at the event were state Rep. Kathy Stem (D-Lexington), Lexington Vice-Mayor Jim Gray, and Governor Steve Beshear, among others.

Lunsford took to the podium after Clinton and said the country needs to replace McConnell and the current administration, and that the U.S. should not leave today's problems for future generations.

"My children and grandchildren are an example of why I'm in this race," Lunsford said.

Lunsford won the Democratic nomination with 51.1 percent of the vote, ahead of six other candidates, accord-

ing to the Kentucky State Board of Elections Web site.

Michelle Sjogren, a Lexington resident and long-time supporter of the Democratic party, said she was most concerned about voters not knowing the issues and voting based on personal characteristics of a candidate.

The housing market and the current state of the economy were concerns of Lexington resident Susan Wilton, who attended the rally.

"I'm not a homeowner, but I hope to be in the near future," said Wilton.

Shari Baker of Louisville was at the rally because she was visiting the Kentucky Horse Park with her family when the event started. "Though they hadn't planned on attending, Baker said her grandchildren were excited to get Clinton's autograph.

"It was the highlight of their day," Baker said.



Soco Benavides, far right, a Lexington resident who moved to the U.S. from Baja, Mexico, stands outside of the Mexico booth at Festival Latino de Lexington on Saturday, Sept. 20.

Festival highlights city's Latino culture

By Kendall Carter
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Latin America came a little bit closer to Kentucky over the weekend during Festival Latino de Lexington.

During the downtown festival Friday and Saturday, community members celebrated Lexington's Latino culture with live music, food, shopping and performances of native culture.

The Lexington-Fayette Urban County Government, Lexington Parks and Recreation, and other businesses and organizations sponsored the festival, that is now in its fifth year. All activities were free to event-

goers. During the festival, the area outside the Robert F. Stephens Courthouse Plaza was filled with vibrant colors, and red, green and white flags.

The festival had many events throughout the day including salsa dancing, a fashion show featuring many traditional dresses from the various countries and a show by Maxwell Spanish Immersion Elementary School where children sang in Spanish.

Vendors sold jewelry and original gifts from their particular country in booths. Other stands celebrated the different countries south of the U.S., such as what the home décor in a Mexican household might

look like. A Guatemalan stand displayed the country's currency and current newspapers showing the biggest news stories in the country.

In the center of the festival was a giant stage where numerous people performed and shared stories about their countries and backgrounds.

Having festivals to support other cultures is the way to go to expand Lexington's knowledge, said event host Jorge Galicia. The main reason organizers started the festival was to share the culture and knowledge of all Latino countries, he said.

"A lot of people don't know what goes on south of the border," Galicia said.

Design students exhibit work in new studio

By Katie Perkowski
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For the first time, interior design students have an exhibition center to display their work on UK's campus.

UK's School of Interior Design celebrated the grand opening of its exhibition center in room 103 of Funkhouser Building on Friday morning. The Peace Gallery consists of pieces designed by second-, third- and fourth-year interior design students.

The gallery is named after Bill Peace, an alumnus who donated a majority of the money needed to fund the center. Although Peace

donated the money to build the gallery 10 years ago, administrative changes prevented them from starting on the project immediately, said Joe Rey-Barreau, a professor in the School of Interior Design.

Rey-Barreau, who oversaw the project, started work in January with 12 fourth-year interior design students. He says the goal of the project was to create a vertical design studio: a conference room, a gallery, and a studio.

To make the studio, the team had to knock out the wall between a conference room and lecture room using sledgehammers, Rey-Barreau said. About 80 percent of the project

was completed last semester and more was completed during the summer, he said. Right now, the Peace Gallery is 98 percent complete.

To begin the project, the School of Interior Design had to get approval from the university and do fundraising to complete the gallery.

The design team also had to come up with different proposals for the gallery's design and get design faculty approval, Rey-Barreau said.

The design team has to figure out what works best for the gallery for lighting and paint, said fourth-year design student Jonathan Fox. The team also has to install more display systems.

"I think the room is very nice and very functional. It's a good place to exhibit student work."

SARAH McNABB
interior design professor

The Peace Gallery will be beneficial to students, said Sarah McNabb, an interior design professor. "I think the room is very nice and very functional," she said. "It's a good place to exhibit student work."

Former addict tells of struggle in book

By Noha El Maraghi
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While addicted, he snorted as many as 45 prescription pills a day.

Now, UK pharmacist Jared Combs has received treatment, written a book and been appointed to serve on a state committee to help medical practitioners receive intervention, treatment and care, and handle disciplinary actions.

Combs, who works in the UK Medical Center inpatient pharmacy, wrote a book about his addiction, titled, "Incomprehensible Demoralization: An Addict Pharmacist's Journey to Recovery." Combs, a Hazard native, began using drugs heavily after taking his first job out of UK College of Pharmacy, which he graduated from in 1996. In Hazard's Appalachian Regional Healthcare Center, Combs said he began taking Lortab, a narcotic used as pain medication, due to a very stressful work environment.

"It made me calmer, happier, better. My whole life got simpler in one pill," he said.

Within three months, Combs became physically dependent and was arrested in 1997 for taking drugs for personal use. He was sentenced to four weekends in jail and probation. After being released, he moved to Pikeville where he got a new job as a pharmacist. While in Pikeville, Combs' addiction progressed to snorting up to 45 pills a day. His co-workers tried to help him in the wrong ways, he said, sending him to the back of the pharmacy to nap for an hour.

On Oct. 1, 2000, Combs was again led out of the pharmacy in handcuffs for taking drugs for personal use. A judge ordered him to enroll in a 28-day treatment center.

"In court I said to the officer that arrested me, 'Thank you,'" Combs said. "He didn't understand why, but I said thank you. He was my knight in shining armor."

Following his court-mandated treatment, Combs enrolled himself in the Shepherd's House in Lexington, a transitional residential treatment facility, for eight months.

In July 2001, Kentucky gave Combs back his pharmaceutical license and he moved to Lexington with his family. He began working at the UK Medical Center pharmacy in 2003.

Combs said it has been a long journey to recover from addiction, and he is thankful for the events that forced him to confront his prescription drug abuse. "I had enough pain and consequences," he said. "I was sick and tired of being sick and tired."

For more information about Jared Combs or to purchase his book, visit his Web site, (www.jaredcombs.com).

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HEROSCOPES

By Linda C. Black

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries (March 21-April 19) — Today is a 7 — Your work will take up more of your time in the next four weeks. A new assignment leads to lots of chances for new mistakes.

Taurus (April 20-May 20) — Today is a 7 — You're entering a contemplative phase. Over the coming four weeks, your anger can turn into forgiveness and love, if you make that your objective.

Gemini (May 21-June 21) — Today is a 7 — Expenses could be higher than anticipated now. Take care when buying gifts or gambling. Even better, don't do any of those things now.

Virgo (Aug. 23-Sept. 22) — Today is a 7 — Meetings and other social activities take up a lot of your time. This may be necessary, but be sure to call if you'll be late for dinner.

Libra (Sept. 23-Oct. 22) — Today is a 7 — OK, you've had your break. Now it's time to get back to work. Don't argue with somebody who tells you what to do.

Scorpio (Oct. 23-Nov. 21) — Today is a 7 — You're entering a contemplative phase. Over the coming four weeks, your anger can turn into forgiveness and love, if you make that your objective.

Capricorn (Dec. 22-Jan. 19) — Today is a 6 — You'll hear a lot of fancy words, but not a lot of substance. Keep asking where the money's coming from and where it's going.

Aquarius (Jan. 20-Feb. 18) — Today is a 7 — It's getting easier to visualize yourself achieving your goal. Of course, you'll think of something else as soon as you get there.

Pisces (Feb. 19-March 20) — Today is a 7 — You need a little more cuddle time before you take on a new challenge. Set up something for tonight that includes comfort food. Meatloaf and mashed potatoes could work.

Sagittarius (Nov. 22-Dec. 21) — Today is a 7 — Your involvement in the community may increase in the next few weeks. Don't do it by writing a big, fat check; you can't afford that.

Leo (July 23-Aug. 22) — Today is a 7 — You can get rid of a lot of the garbage you've been lugging around. It's a marvelous day to dump, shred and sell.

Cancer (June 22-July 22) — Today is a 7 — Anticipate resistance so you won't be caught unprepared. Offer several choices so others can turn at least one of them down.

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kernel POP Britney's bash for the boys

The Spears clan comes together to celebrate two of its littlest members

THE DISH

Last year on Sept. 9, Britney Spears was a no-show at the birthday party ex Kevin Federline threw for their two sons. White Spears' parents celebrated with K-Fed and the tots at his Tarzana, California, home, the singer was busy self-destructing on stage at the MTV Video Music Awards in Las Vegas. Locked in a custody battle with her ex, convinced that her parents had taken his side, a source told Us at the time. "She's irate and feels betrayed. She doesn't think they'll ever speak again."

What a difference a year makes. On Sept. 13 — a week after a taut and toned Britney, 26, earned cheers and three trophies at this year's VMAs — she made up for lost time fettering Jayden, who turned 2 Sept. 12, and Sean, who turned 3 Sept. 14, with a -monster truck-theme bash to -remember at a pal's -Beverly Hills home. Also making up for lost time? The Spears clan — mom Lynne, 53; dad Jamie, 56; brother Bryan, 31; and sister Jamie Lynn, 17; with daughter Maddie, 3 months, in tow — all in the same place for the first time since Maddie's June birth in McComb, Mississippi. (Maddie's daddy, Casey Aldridge, 19, was back in Mississippi.) "There was Lynne, Jamie, their friends, Jamie Lynn and the baby, all just hanging out and joking," says a guest of the family, who ate together and played with the kids outside. "It was the nicest, most

normal situation." The crowd of 60 adults and children — including Jenny McCarthy and son Evan; Gwen Stefani and Gavin Rossdale's tot Kingston (with a nanny); and Ed Hardy designer Christian Audigier — spent the afternoon nibbling hot dogs and hamburgers, jumping in a giant truck-adorned bounce house and watching the boys drive customized new mini-Jeeps (with vanity plates!) from Mom. "It was a very special 2- and 3-year-old party," a guest tells Us. "We should all be so lucky."

Britney, who enlisted the help of L.A.-area planners The Party Goddess (thepartygoddess.com), went all-out with show — stopping decorations (1,000 balloons, some fashioned into a monster truck and an archway), snow cones, a sundae bar, cotton candy and a truck-shape vanilla birthday cake with strawberry filling. "She had to have homemade vanilla ice cream!" one party-goer says. Noticeably absent? Booze. "She kept saying this is a kids' party," says the friend of the twice-rehabbed star, who was hospitalized in January (after which her father took conservatorship over her). And Britney, who some pals say is prone to loneliness, was the life of the party. "She was in the bounce house when one kid made a poo, and she changed the diaper," one attendee says. "She could not have been happier or more hands-on. She was in a great mood. The whole

family was in a great mood. It was completely celebratory."

Brad and Angelina homeschool Maddox

Their oldest boy has a tutor who visits the French chateau

Most 7-year-olds are starting second grade this month. Not Maddox Jolie-Pitt! A source in Correns, France, tells Hot Stuff that Angelina Jolie, 33, and Brad Pitt, 44, have begun homeschooling their son, who has attended schools in NYC (where Jolie will be in October for the New York Film Festival, a source tells Us); New Orleans, Prague and L.A. "There has recently been a tutor -visiting the house," the insider says. But even if he's not in a classroom, Maddox — who, like his siblings, is encouraged to speak French as a second language — is growing up fast. These days, he is allowed "to do things without Mom or Dad," the source continues. "He tags along with an assistant to help with shopping." While home life certainly seems busy for Pitt and Jolie — she gave birth July 12 to twins Knox and Vivienne — the couple escaped for romantic local dinners at the upscale L'Auberge du Parc twice in August. Says a source, "She is happy and smiling. She looks so slim already!"

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SPORTS

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Late goal lifts Cool Cats to victory

By BW Jones
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UK Hockey earned its first win of the season in style on Saturday, fighting back to a 4-3 victory over the Central Michigan Chippewas.

The Cats jumped out to a 2-0 lead in the first period, but fell behind 3-2 early in the third. A dramatic rally, capped by sophomore Sean Wormald's game-winning goal with 13 seconds remaining punctuated the 4-3 victory, the first of the year for the Cats. The win split the weekend series after the Cats dropped Friday's opener 12-8.

Assistant Captain Chris Protenic started the night off with a power play goal seven minutes into the game. Wormald added a second goal of the period two minutes later.

The Cats were unable to capitalize on several power play opportunities in the second period, and Central Michigan scored their first goal of the night with less than one minute remaining to close the gap to 2-1.

Defensive breakdowns early in the third led the Cats to fall behind 3-2. Both of Central Michigan's third period goals came within the first two minutes of the final period, quieting what had been a raucous crowd.

But a shorthanded goal for the Cats by defenseman Alex Robinson evened it up at 3-3 with 8:30 remaining in



The Cool Cats battled their way to a 4-3 victory over Central Michigan on Saturday at the Lexington Ice Center. UK was able to bounce back after dropping Friday's season opener 12-8 to the Chippewas.

the final period of play. After the Cats failed to capitalize on a pair of late power play opportunities, the game seemed to be heading toward overtime.

But Wormald made sure that didn't happen, netting the game-winner with only seconds to spare.

"I just got a great pass, saw 13 seconds left and put it in the net," Wormald said.

In a desperation move, Central Michigan pulled the goalie after Wormald's go-ahead goal, but time expired as both teams tried to dig the puck out from the boards immediately following the face-off.

Several members of the Cool Cats said the win was especially important in the wake of Friday's loss. With a roster featuring nine freshmen and only two seniors, sophomore goalie Jim Borggaard described Saturday's game as "a key win."

"We really felt like we needed to redeem ourselves," he said.

Team Captain Andrew Serres said that several of the team's new faces and other younger players made an impression.

"Obviously Wormald's goal was huge, and a lot of our good rookies stepped up as well," Serres said.

PHOTO BY EMILY COVERT | STAFF

Physical play accented the night, causing the referees to separate UK players from their CMU counterparts almost a half dozen times. Serres said that while play might have gotten a little out of hand, new rule changes that created some confusion may have caused some of the physicality seen throughout the weekend series.

Several team members credited Saturday's win to better defense and stronger goaltending, though they cautioned that the team still has room for improvement.

"We get an early lead, and then we slow down," Serres said.

Four different Cats find the net in win

By Alex Risen
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The UK women's soccer team capped off their non-conference schedule with a 4-0 victory over Cleveland State University on Sunday at UK's Soccer Complex. The Cats (2-5-1) had a balanced attack, with four different players finding the back of the net.

"Our focus today was to play half by half," said UK head coach Warren Lipka. "We put together a complete 90 minutes. We created opportunities and we converted on those opportunities. It was a good way to end the non-conference schedule and now we just need to rest up for the start of SEC play next weekend."

The Cats struck early on the Vikings (4-5-0) as junior Katie Fahey scored in the third minute, putting the ball in the lower right corner of the net.

"I'm really excited about the goal. It was my first of the season and helped us get an important win today," Fahey said.

"We needed a good win before SEC play to boost our confidence before conference play starts on Friday."

Senior Nicola Holdsworth tacked on a second goal in the first half for the Cats in the ninth minute. Holdsworth capitalized off a Kelly Miller pass, allowing Holdsworth the place the shot to the left of Cleveland State's goalie Kelly Zinkewich.

Sophomore Laura Novikoff added her fifth goal of the season seven minutes into the second half after junior Ashley Stack placed a centering pass to Novikoff five-yards in front of the Vikings goal. Novikoff was able to settle the ball and fire a shot inside the left post to push the Cats lead to 3-0.

"I felt great about the goal," Novikoff said. "We had four goals by four different people today and hopefully we can keep this going into SEC play. Our defenders had a great game today too. Sometimes they're shaky but they played perfect today with the shutout."

The Cats dominated the game in all aspects of the match, out-shooting the Vikings 24-4 and gaining eight corners compared to none for Cleveland State. It was the second shutout of the year for the Cats.

Sophomore Giuleana Lopez capped off the scoring for the Cats with 20 minutes left in the match. It was her first goal since Nov. 1, 2006. Lopez stretched out and booted the ball with her left foot past a diving Saunders to the right, virtually ending any chance of a Cleveland State comeback.

Lopez said she contained her excitement after recording her first goal since coming back from knee surgery. Lopez missed last year with an injured knee.

"It broke the ice," Lopez said. "We're getting our confidence back. I'm getting my confidence back. I've been struggling and it felt great to get that goal. I just had to contain my celebration because we were up 4-0. I'm excited for conference play and ready to beat anyone."

SPORTS BRIEF

UK alum helps the U.S. capture the Ryder Cup

The Ryder Cup is coming back to America, with the help of UK alum, J.B. Holmes. Holmes and his American teammates secured the first Ryder Cup since 1999, defeating Europe 16.5-11.5 at Valhalla Golf Club in Louisville.

In his first Ryder Cup, Holmes teamed up with Boo Weekley during the first two days of the fourball session, go-

ing 1-0-1 against Europe's Lee Westwood and Soren Hansen. On Sunday's single matches, Holmes played a crucial role in helping the Americans clinch the victory. He defeated Hansen 2 and 1 to give the Americans 13.5 points, leaving them just one match victory shy of the title.

Jim Furyk defeated Miguel Angel

Jimenez 2 and 1 just moments after Holmes won his match.

Joining Holmes, Weekley and Furyk on the American team were Chad Campbell, Ben Curtis, Steve Stricker, Stewart Cink, Phil Mickelson, Justin Leonard, Hunter Mahan, Anthony Kim and fellow Kentuckian Kenny Perry.

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Monday 22 nd	Tuesday 23 rd	Wednesday 24 th	Thursday 25 th	Friday 26 th	Saturday 27 th
<ul style="list-style-type: none"> Solar Car Team Meeting, 7:00 PM, DV Terrell Engineering Building (Behind Funkhouser) Poetry Slam, 7:00 PM, UK Student Center Cats Den UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League 	<ul style="list-style-type: none"> Guitar Hero Tournament: Aerosmith, 7:00 PM, 7:00 PM UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League 	<ul style="list-style-type: none"> Engineering Career Fair Clues, 3:00 PM, Raymond Bld, Room 112 Free Floreze Concert, 8:00 PM, Main Building Front Lawn Comedy Caravan, 8:00 PM, UK Student Center Cats Den UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League Fellowship of Christian Athletes, 8:00 PM, Room 211 of the Student Center 	<ul style="list-style-type: none"> Greg McIntosh, Chris Bathgate, and Zephaniah Bostow, 9:00 PM, UK Student Center Cats Den Exploring Your Career Options, 3:30 PM, Career Center Campus Crusade for Christ, 7:30 PM, Center Theatre in the Student Center a reading with UK alum Dan Bernitt, 7:00 PM, Niles Gallery - Fine Arts Library Non-Traditional Student Organization Meeting, 7:30 PM, Pazzo's Pizza UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League 	<ul style="list-style-type: none"> UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League LSAT Prep Weekend, 6:30 PM, UK Campus "Phi Alpha Gamma" by UK alum-Dan Bernitt, 7:30 PM, Briggs Theatre UK Trap and Skeet Practice, 7:30 PM, Briggs Theatre 	<ul style="list-style-type: none"> UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League "Phi Alpha Gamma" by UK alum-Dan Bernitt, 7:30 PM, Briggs Theatre LSAT Prep Weekend, 10:00 AM, UK campus <p>Sunday 28th</p> <ul style="list-style-type: none"> UK Trap and Skeet Practice, 7:00 PM, Bluegrass Sportsman League UK Women's Club Lacrosse Meeting for New Members, 5:00 PM, Commons Market (Upstairs)

OPINIONS

KERNEL EDITORIAL BOARD
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The opinions page provides a forum for the exchange of ideas. Unlike news stories, the Kernel's unsigned editorials represent the views of a majority of the editorial board. Letters to the editor, columns, cartoons and other features on the opinions page reflect the views of their authors and not necessarily those of the Kernel.

■ KERNEL EDITORIAL

Coal-to-liquid fuel is really not so 'green'

UK President Lee Todd's comments about "green" coal-to-liquid fuel in a Kernel editorial board Q & A last week reflected his and the administration's ignorance of this type of fuel and lack of knowledge regarding proper sustainability efforts for this university.

Many consider coal-to-liquid fuel to be one of the dirtiest forms of energy because of its carbon footprint and because of the environmental hazards of coal mining.

The Rand Corporation, an objective research firm, created a report on this issue entitled, "Policy Issues for Coal-to-Liquid Development." It states that if carbon sequestration technologies are not used during the coal-to-liquid process, after all steps in the process are considered, liquid coal emits twice the carbon that gasoline does.

Although most people discuss the "energy problem" as though it were a single issue, America's problems with non-renewable energy sources are three-fold:

■ For economic and national security reasons, we need to eliminate our dependence on foreign oil.

■ In order to protect the environment, we need to significantly reduce the amount of carbon emitted into the atmosphere during the extraction, production and burning of fossil fuels.

■ Nonrenewable energy sources are finite and will eventually be eliminated, leaving us with a useless energy infrastructure.

In coal-producing states, there is a fourth major problem: mountaintop removal strip-mining is extremely devastating to the landscape. It flattens mountains, ruins natural habitats for plants and wildlife, pollutes streams and leaves the land sterile.

Just because a propped energy source helps alleviate one of these four problems does not mean it is a "wonder cure" for America's energy crisis. According to Rand's report, President Todd's comment that coal-to-liquid fuel will help reduce carbon emissions is incorrect.

Its one benefit is that it could somewhat reduce our dependence on foreign oil. But, because of the high volume of carbon emitted by its production facilities, the number of energy plants we could safely operate would be limited, and could not, therefore, completely sever our dependence.

Those in coal-economy states (like Kentucky) who support coal-to-liquid fuel development argue that the 23 percent increase in mining required to meet the process's needs will create jobs and bring money into the state. However, with mountaintop removal, the increase in jobs would not be enough to compensate for the environmental destruction. According to the Energy Information Association (part of the U.S. Department of Energy) between 1986 and 1997 the coal industry increased the amount of coal it extracted, while it decreased employment by about 47 percent.

In 2007, Peabody Energy hired Richard Gephardt to help garner support in Washington, D.C. for coal-to-liquid fuel. This, of course, represents a conflict of interest. The coal industry (and by extension, Peabody) stands to make an astronomical amount of money by earning governmental support of a process like coal-to-liquid fuel because it would ensure a 23 percent increase in the amount of coal they sell.

With so much money to be made, we cannot expect the coal industry to act selflessly, particularly with its incriminating record of environmental and human rights violations.

Furthermore, the U.S. faces a weak economy, and coal-to-liquid power plants cost roughly \$10 billion to build. With an overwhelming national debt, we do not have the resources to build power plants that will further destroy the environment for the benefit of an industry that will not give back.

In short, we should pursue alternative fuels that offer win-win situations between our economy and the environment. Todd mentioned algae bio-fuel, which could be much more promising, and there is room for improvement with solar and wind energy.

As a university striving for top-20 status, we need to think about what is truly best for the state, because coal-to-liquid fuel is not the answer. As the leader of a thought institution, Todd should put more research into these sustainability efforts.

■ LETTER TO THE EDITOR

Kentucky should produce what it can efficiently make

In regards to the editorial written by Emily Foerster concerning agriculture, I have to respectfully disagree. While at first glance it may seem advantageous to only consume food that is locally grown, there are reasons why this is not the case. Kentucky is a significant agricultural producer, but it does not always have a comparative advantage in producing certain kinds of food. Many foods can be produced at a much lower cost and with greater efficiency in other regions of the United States, as well as other parts of the world.

For example, banana production is much more suited to tropical climates than any part of Kentucky. This is not to say it is impossible to grow bananas here, but the cost would be far greater than simply importing bananas from abroad.

The benefits of specialization enable more people to be fed by making the most efficient use of existing farmland. Food grown closer to home is only cheaper if all other aspects of food production are equal. The College of Agriculture engages in research to better utilize the agricultural resources of Kentucky.

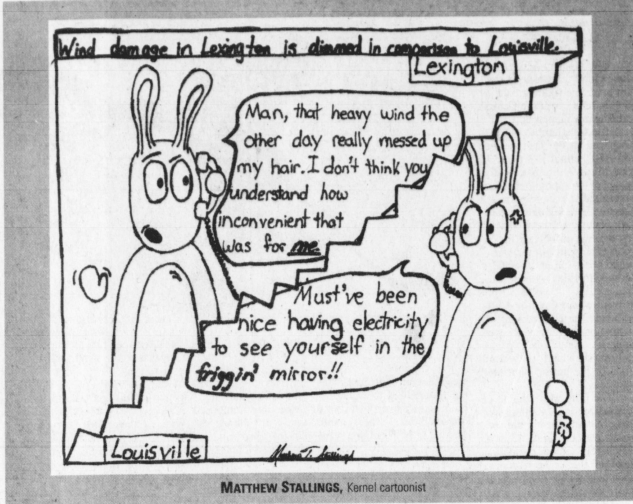
I encourage everyone to take a closer look at current agricultural practices to learn how food is grown as well as the amount of work that goes into putting food on your plate.

Jacob Hulker
Agriculture economics senior

Submissions

Send a guest column or letter to the editor to Opinions Editor Brad Bowling. Please limit letters to 350 words or fewer. Be sure to include your full name, class and major with all submissions.

E-mail opinions@kykernel.com



MATTHEW STALLINGS, Kernel cartoonist

Vaccines, healthy lifestyle will help you through flu season

Most people blow off flu season. It seems that clinicians have to beg most patients to go out and get a flu shot, despite the fact that they are quick, relatively painless and inexpensive. My favorite excuse? "I've never gotten the flu, so why do I need a flu shot now?" My answer? "You know, an estimated 30 to 50 million people died in the 1918 flu pandemic. That's about twice the number of people that died in World War I. You might reconsider."

Granted, things are not quite as bad nowadays. We've gained considerable medical knowledge, and treatment has advanced. But the flu remains more serious than you might think. An estimated 200,000 people are hospitalized yearly due to flu complications, and 36,000 people still die from the flu each year, according to the Centers for Disease Control and Prevention. Influenza is considered the top cause of vaccine-preventable death in the United States. The good news is that with a little education and prevention, you have a good chance at dodging the statistics.

Flu is a respiratory virus that appears with a sudden onset of many different symptoms, including fever, headache, tiredness, dry cough, sore throat, runny or stuffy nose, muscle

aches and sometimes stomach symptoms, such as nausea, vomiting or diarrhea. While the symptoms are usually non-life threatening for most, some people are at an increased risk for more serious illness, including children, the elderly, pregnant women and those patients with chronic medical conditions, such as diabetes or asthma. And even if you aren't considered a part of one of those high-risk groups, chances are you are in close contact with someone who is. Coughing your flu all over your grandma might not end well for her.

So what can you do? First and foremost, get a flu vaccination. Despite what you might hear, you cannot get the flu from a flu vaccine. The traditional injectable vaccine is made from killed virus, chosen based on the viral strains expected to hit in a given year. This is the reason you have to get vaccinated yearly, so don't expect protection if you get vaccinated last year. While the vaccine can cause minor reactions in some people, including aches and low-grade fever, this is not the flu and does not mean the vaccine didn't work. However, there are some people with certain allergies/conditions who should not get the flu vaccine, so you should discuss this with your healthcare provider. Flu season generally runs from September to March, so get your vaccination as soon as they are available — it takes about two weeks after your vaccination to develop protection against the virus.

Sometimes, despite your best efforts, you get the flu. There is a degree of luck when scientists develop the flu

vaccine for a given year; predictions on what strains of flu will hit are made based on disease trends and expectations for the upcoming flu season. Because of the nature of the guessing game, it's difficult to tell you in advance how effective the vaccine truly will be. This doesn't mean that you should skip vaccination — if you are vaccinated and by chance get the flu, your chance for deadly complications is significantly less. Let's say that scientists developed a blanket vaccine for cancer, although they couldn't quite tell you just how effective it really is. Would this stop you from getting vaccinated?

So to top it all off, in addition to getting vaccinated, you should practice good prevention. Get plenty of sleep, a healthy diet and plenty of exercise. Good health habits breed a strong immune system. Resist the urge to share food, drinks, toothbrushes, lipgloss and the like with your friends. You might laugh, but I bet you've done it. I have. Lastly, wash your hands often, especially in public places. Or invest \$2 in a bottle of hand sanitizer. Think of how gross it is when you accidentally discover gum under your seat in class. Chances are, there is more than gum on your desk.

Hopefully, with a little preemptive action and a little luck, you'll make it through flu season without getting sick. I wouldn't want you to miss class or a party.

Jordan Covey is a third-year pharmacy student. E-mail opinions@kykernel.com.

Downturn has free market in danger

Within the last week, one of the largest economic upheavals in our nation's history began. Massive, seemingly stable businesses simply shut their doors or were swallowed up by the government. The effects of this event have been felt from the highest levels of the financial system, all the way down to the average citizen.

More disconcerting than anything that has happened recently though is the severe blow that was struck against the capitalist spirit of America. With the government spending billions to take ownership over key financial institutions such as AIG, another giant step back has been taken from the free market principles that have been the cornerstone of this nation's economy.

Collins English Dictionary defines capitalism simply as, "an economic system based on the private ownership of industry." With that in mind, the steps taken by the government in the last week are completely counter to this economic principle. In fact, it sounds vaguely reminiscent of "a political and economic theory or system in which the means of production, distribution, and exchange are owned by the community collectively, usually through the state." That is the definition of socialism from the same dictionary.

This is by no means a new trend in the United States. Since the day the Constitution was signed, there has been a gradual growth in governmental control over the economy. However, inside of the last 50 years, the pace of such a change has morphed from a casual walk to a frenetic sprint.

As growth in technology and travel has made it easier to integrate the entire economy together, the risks of the free market have increased for the individual. A failure in one sector of the economy can now gravely impact every other. With that in mind, it is only natural for people to want controls placed on the system to prevent calamitous failures. When life savings are at risk, the ideals of free market principles do not seem nearly as appealing as the assurances government could provide. After all, who better to take care of our money than those who print it?

While the socialist merits are debatable, the fact that the financial market brought this change upon itself is not. When people are concerned about their financial well-being, whether they are Republican or Democrat, they tend to find a solution that keeps food on the table today. By undertaking practices which bankrupted not only their company, but also the public's trust in the economy, the large financial organizations forced quick, bold decisions to be made by the government that will have dire consequences long after this crisis is over.

The free market is inherently more risky than one that is carefully controlled and monitored. This will natu-

rally lead to more benefits, but also to corresponding larger downswings. This is usually acceptable to the average American because we feel that if played correctly, the turbulent market will reap better gains. But when the system is grossly mismanaged to the point where people are thrown out the street during an economic tumble, it is only natural for them to turn to the relative safety of socialism.

The last week has seen billions of dollars lost and billions more spent to help patch up a sinking ship. In the process though, a great litany of future issues have been created. By grossly mismanaging the financial structure of the country, a slow socialist creep took a leap forward in the U.S. this week. The risks of the free market were made too great and it finally hit the pocketbooks of Americans across the spectrum.

There must be a personal responsibility on the part of every person in a free market to be vigilant in protecting its security. When society's trust in the free market is violated, it is only natural that they will withdraw the freedom they have afforded it. However, like in all situations, trust is lost much more quickly than it can ever be regained. The government's actions in the last week are quickly sweeping us downstream away from the capitalist ideal. Once this shortsightedness is realized, only a monumental effort over decades will ever be able to reverse these hasty decisions.

Tim Riley is a mechanical engineering senior. E-mail opinions@kykernel.com.

FEATURES

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'Illmatic' gigantic but only the beginning

1996 was a fertile year for hip-hop. It was the year rappers were beginning to cross over and achieve multi-platinum success, a foreshadowing of what hip-hop is today. But specifically, 1996 was the year Nas countered his classic LP "Illmatic" with another classic, "It Was Written."



LANDON ANTONETTI
Kernel columnist

"Illmatic" was Nasir Jones' foot in the door, then "It Was Written" blew the door off the hinges. From the start we notice Nas' style has changed drastically. While he's still painting vivid street tails with his pen, he's also adopted a Mafioso alter ego, Nas Escobar. Esco, following suit with Diniro, Pacino and other Mafia movie stars, tells vivid stories of the high life, casinos, plush suits, expensive cars, the whole nine.

We see this in the one of the most successful singles off the album, "Street

Dreams." This track takes listeners on a ride in the passenger seat with a young drug dealer, from the initial come up to the rise and fall of power, a cautionary tale if anything. The soundscape is a track-breaking classic produced by the Trackmasters, a duo who produced a majority of the album. Even through the music video for this track we see Nas' Escobar alter ego beginning to take shape. Starring gangster film favorite Frank Vincent, this video is an allusion to Martin Scorsese's classic film "Casino."

The next track, and quite possibly one of the most legendary tracks imprinted on Nas' discography, "I Gave You Power," is a DJ Premier-produced banger that shows listeners the world from the perspective of a handgun. "I Gave You Power" is one of those tracks you will never forget for as long as you live, from the first line to the last word. Organized Konfusion, another New York rap crew, applied a similar concept to a track called "Strong Buller" on their second album, "Stress: The Extinction Agenda" back in 1994.

As we barrel through classic after classic, a controversial move is made to throw listeners for a loop: Mr. Jones teams up with West Coast giant Dr. Dre on the track "Nas Is Coming." This track came in the thick of the East Coast/West Coast hip-hop feud. Many New

York rappers criticized Nas for his work with Dre, and the same goes for the good doctor; many of his West Coast counterparts expressed distaste in his move as well. This smoothed out, Mafioso opus acts only as a precursor to what was to come. In 1997, Nas, Dr. Dre, AZ, Nature and Foxy Brown would team up to create "The Firm," another notch in the ever growing genre of gangster rap and commercial flops.

"It Was Written" opens like a classic gangster film and closes the same way. The finale, "If I Ruled The World," is a hypnotic track describing utopia through the eyes of Nas. Lauryn Hill lends a hand to show us a verbal mural of a world riddled with luxury cars, designer clothes, no poverty and where drugs are virtually non-existent. This track is the perfect way to drop the curtain on one of Nas' strongest albums to date.

"It Was Written" marked the time in his career between the timeless "Illmatic" and the obnoxiously flashy Nas Escobar era. Either way you look at Nas' career to this day, good or bad, a release like "It Was Written" forever acts as a reminder to how hungry Nas was back in one of hip-hop's greatest and most transitional years, 1996.

Landon Antonetti is a journalist junior and the production director for WRFL. Email features@kykernel.com.

Poets speak up and reach out to students

By Kelly Wiley
features@kykernel.com

Actions speak louder than words, but Monday night that phrase is being reversed. The Cats Den will host "An Evening of Poetry," showcasing three poets who will use their words rather than their actions to encourage students to think.

Chuck Clenney, an English senior, said the poetry slam will feature a group of poets from UK performing with different styles and topics of interest. The goal is to increase poetry on campus and to spark discussion.

Clenney, who published a book of poetry in 2007 called "An Incoming Storm," said there was "a whole slew" of things that inspired him to write, but it was mainly life itself.

"I think poetry has this ability to interpret life and present it in the most explicit way possible," Clenney said.

Katie Goldey, an international studies junior, said she loves to read children's poetry because it is more profound, and authors don't try to pack it with big words. They write poetry that is simple, and Goldey said she writes poetry that puts things in perspective.

"I want to be able to express that one tiny piece of life without any other string attached, without having to explain everything, and poetry is an outlet where you can express that," Goldey said.

Her freshman year Goldey was an MC for the poetry slams held in the Cats Den. She said hosting the events

and listening to the poems led to a passion that herself, Clenney and Mike Kimble, a 2008 UK alumna, all share.

Kimble said his inspiration to write comes from experiences he and others have faced.

"Life inspires me, not just my own, but my friends and family," Kimble said. "They are a big part of why I write." However, the reason Kimble got into poetry was because he had a crush on a girl, so he wrote her a poem. He said that first poem was not

his best work, but he has improved and is still improving.

Clenney and Kimble went to the Association of College Unions International Regional Tournament held at Virginia Tech last year where Kimble qualified for nationals in Albuquerque, N.M.

The topics covered Monday night will have such a wide contrast, and each will have a different rhyme, rhythm and style, but all the poems will have meaning, Goldey said.

"I think anyone can write a poem," Kimble said. "A poem can just be your thoughts on paper. I doesn't have to rhyme or make sense to any body but you." "An Evening of Poetry" is free and will begin at 8 p.m. in the Cats Den, located on the first floor of the Student Center.

If you go

What: An Evening of Poetry
When: Monday at 8 p.m.
Where: Cats Den
Admission: Free

Investigation continues into crash that killed performers

By Kristy Eppley Rupon and Rick Brundrett
McClintchy Newspapers

COLUMBIA, S.C. — Federal investigators will continue collecting evidence Sunday from a fiery Learjet crash at Columbia Metropolitan Airport in South Carolina that killed four and critically injured performers Travis Barker and DJ AM late Friday night.

The plane was headed to California after the duo had performed a free concert for thousands of area residents of all ages in Five Points, S.C.

Airport traffic controllers reported seeing sparks coming from the plane as it taxied down the approximately 3,600-foot-long runway about midnight. National Transportation Safety Board spokeswoman Debbie Hersman said, though she couldn't provide specifics.

Parts of the plane and rubber were found on the runway, she said. Investigators recovered the plane's cockpit voice recorder, which will be sent to Washington, D.C., for analysis to determine whether there were any conversations between the pilot and co-pilot prior to the crash, which killed them and two passengers, Hersman said late Saturday.

"I have every confidence that we will be able to determine the probable

cause of this accident regardless of whether or not the cockpit voice recorder data is good," Hersman said.

Investigators likely won't know for weeks what caused the crash at the end of runway 11.

The private charter plane flew into Columbia, S.C., about 11:10 p.m. Friday from Teterboro, N.J., to pick up the passengers and take them to Van Nuys, Calif., according to authorities and flight records. The plane refueled before it left New Jersey, Hersman said. It was at the Columbia airport for about 45 minutes before the attempted takeoff.

The jet never got off the ground, crashing at 11:53 p.m. into lights and through the fence at the end of the runway. It traveled across S.C. 302 and crashed into an embankment on the other side, bursting into flames, authorities said.

Hersman described the crash as a "high-speed overrun," though investigators have not yet determined the actual speed. She said the plane traveled "pretty much" in a straight line down the runway.

Killed in the crash were two members of Barker's entourage — personal assistant Chris Baker, 29, of Studio City, Calif., and bodyguard Charles Stilt, 25, of Los Angeles. Pilot Sarah Lemmon, 31, of Anaheim Hills, Calif., and co-pi-

lot James Bland, 52, of Carlsbad, Calif., also died. Lexington County Coroner Harry Harman said.

Eyewitness William Owens told WIS-TV that he was driving on S.C. 302 Friday night when he saw a fireball go across the road about 800 feet in front of him.

Owens said he stopped his car and saw DJ AM, 35, whose real name is Adam Goldstein, and Barker, 32, standing in the middle of the road. He said Barker's pants were on fire and he was trying to extinguish the flames.

"We turned to the jet to try and see if there was anything we could do, but immediately, there was nothing anyone could do," Owens said.

"I felt ill on sick to think that these lives were snuffed out at that point."

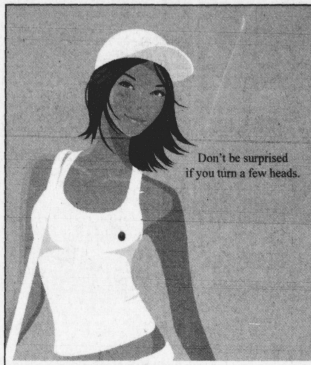
The only other known witnesses were in the control tower, NTSB spokesman Peter Knudson said. But he said sometimes it takes a while for witnesses to come forward in crashes. The partially burned jet sat on the embankment Saturday at the end of a long, black streak of burned jet fuel across S.C. 302. Federal investigators, who arrived on the scene around 11 a.m., surveyed the crash site and collected evidence to help determine the cause of the crash.

Interested in Pharmacy? Pre-Pharmacy Club Meeting

Wednesday, Sept 24
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College of Pharmacy, Room 220

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September 30, 31 and October 1, 8 and 9.
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