

Line



Connecting the Bluegrass GLBT community

Mr. & Miss Lexington Pride 2015
Miss Phoxee Esparanza Roxx
Mr. AJ Allen Montrese

May 2015, Vol. 37 No. 5

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The Lexington Gay and Lesbian Services Organization seeks to educate, enhance, and empower the community about GLBTQQA issues.

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That's What I'm Talkin' About

By Helena Handbasket



Who really gives a rat's ass? I know that's what you might be thinking right now. Who really cares what Helena Handbasket is talkin' about? Well... you might not, but the purpose of my monthly article is not to say that my opinion is more important than yours... it is not to say that I know more than you do... it is not to say that I am better connected to the community than you are. If there is a purpose to this article, it is only to possibly make you think and/or see things from a different perspective sometimes and hopefully, also to make you laugh, at least occasionally.

Anyway, this started me thinking. Just where did the phrase "I don't give a rat's ass" come from? Wikipedia says this: "It's just general slang that started

up sometime during the 20th century. While nobody knows for sure how it came about, it's believed that a rat was used in the expression because of the way people view the rodent—annoying and small." (We all know someone that we would put in that category, don't we?) Another theory could be that it was just a funny version of a related phrase from *The Adventures of Huckleberry Finn* (1884). The phrase from Mark Twain is "don't give a dead rat."

Either way, never think that Miss Helena doesn't give a rat's ass about this community or you. (Caution: Mushy moment up ahead). If I were to leave this world tomorrow, I hope people would know that I tried to be the best I could be and I hope that they

would see that I tried to inspire people to love themselves and each other. And if I have failed in this quest... well... I guess I really don't give a rat's ass. I did my best and if my best wasn't good enough then maybe someone else more loving and more caring can get through to your hateful old self. LOL. Aw, you know Mamaw loves ya. Now come on over here and give me a little sugar!

Until next month ya'll... <wink>

I would love any comments or suggestions you might have.

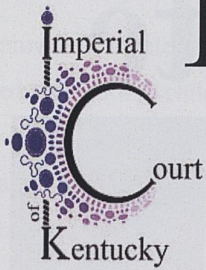
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Imperial Court of Kentucky News

By Christina Puse

Greetings, everyone! The Imperial Court of Kentucky hopes that you have been enjoying all this nice weather that we've been experiencing here in the Bluegrass, along with the rain, as we usher in Spring and say goodbye to old man Winter. While the community has been out and about enjoying their time socializing and getting some much-needed fresh air, the ICK has been out and about continuing its efforts in building friendships and working to raise funds for the local charities of Lexington. Here's a look back at what events were held in April.

On April Fool's Day, the GLSO and the ICK teamed up for an event entitled "Shenanigans!" This event was held at Crossings Lexington, and all the funds raised during that show went to GLSO to benefit the Lexington Pride Festival, which is held in June. If you missed this event, you missed out on a really great time with family and friends!

The following week, His Most Imperial Majesty, Emperor 33, Tim Logsdon and Her Most Imperial Majesty, Empress 33, Christina Puse, traveled to New York, NY,

to attend New York's "A Night of a Thousand Gowns." This event is New York's annual Coronation, and what a FABULOUS Coronation it was! Their Reigning Monarchs, Emperor 14, 18, and 23, Tony Montelone, and Empress 28, Twinkle Montgomery, stepped down from their Monarch positions and crowned New York's newest Monarchs, Her Most Imperial Sovereign Majesty, Empress 29, Madison Mansfield and His Most Imperial Sovereign Majesty, Emperor 24, Opi N Yated, so that these two new leaders can continue their efforts in raising funds for their local charities! The ICK would like to congratulate NYC on a fabulous Coronation weekend! The Imperial Court of NYC will be in attendance for Kentucky's Coronation Ball this June.

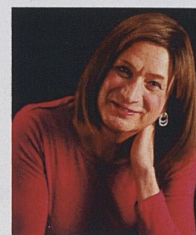
The ICK held an event at Crossings entitled "Studio 54." This event was first put on by H.M.I.M, Emperor 33, Tim Logsdon, 5 years ago. If you don't remember what the Disco era was all about, the ICK sure brought back the memories and the genre back from the grave! If you missed out on this event, you missed out on a GREAT Saturday night raising money for charity!



As you can see, the ICK is busy as ever continuing raising money for its charities. The community of Lexington, and surrounding counties, are thanked and appreciated very much for their continued support! Without you, the Imperial Court of Kentucky would not be able to continue its efforts in raising money for its charity beneficiaries. If you haven't done so, please join the ICK on Facebook to keep up with its upcoming events so that you won't miss a moment of all the fun and excitement! Also visit the ICK on its website: www.imperialcourtkentucky.org for further information about its upcoming Coronation Ball entitled, "The Bourbon Ball."



TransKyAdvocate



By Tuesday G Meadows

I Just Need to Pee

“A false sense of fear of transgender individuals which seems to be the purpose of these bills compound the daily struggles for transgender people” Jermane Davis of Pride at Work

It was my hope to never have to write ever again about restrooms. I would so much rather write about some of the more positive aspects of the transgender experience or even one of the many different problems faced by our community. With the recent attacks on us using public facilities intensifying I knew it was time to revisit this subject. It is important that we use the term “restroom” and not “bathroom” with regard to doing our business in public. I have never taken a bath in one of these public facilities nor have I ever seen anybody take a bath in one; for baths, I use my bathroom at home. When nature calls, it seems pretty simple. I just need to pee, so please move along folks, nothing to see here. Normally I do not write about politics, it is just not my thing, but it is time to throw my two cents into the discussion. Some think the attacks on our restroom use are backlash for us becoming too visible while others think it is a reactionary attack because the right wing has lost the marriage equality battle. I don’t know or care why they are attacking; I just know they are.

Let’s be honest. Even though transgender men are affected by this debate, the fearmongering is focused on us transgender women. Fox News blasts headlines like “fairness laws will open women’s restrooms to men.” Bigoted talking heads yell, “I don’t want those people in the same restroom or locker room as my daughter!” while fomenting the crowds with threats of a rapist being alone with a 12-year-old girl. Transgender students’ use of school restrooms became a political hot potato here in Kentucky for much of the 2015 legislative session. These antitrans bills did not die until the very last day of the session. SB 76 was a mean-spirited attempt by the Kentucky state senate to restrict transgender students’ restroom use. When that bill rightfully died, the bigoted sponsors tried to sneak it into the popular HB 236. Thankfully, the house saw fit to let the bill die even though they had already passed the “clean” version of the bill before the “Bathroom Bully” provision (not my term) was added as part of an amendment. Unfortunately, hydralike, these bills will pop up the next legislative session because

the people who promote this type of hateful legislation can see no downside to doing it. In other words, there is no danger of them losing their job because they promote hate. They have everything to gain and nothing to lose.

The most disturbing trend of these antitransgender restroom bills is that they target the most vulnerable people in our population, transgender children. As adults, we should be protecting all of our children. It is not uncommon to hear that transgender children pretend to be sick to avoid going to school because restroom use is a problem. Even many adults find it hard to use public restrooms. The Williams Institute at UCLA did a survey that showed that 60 percent of transgender people said that they avoided going out in public because of worries about safe access to public restrooms, and 54 percent said that they had had physical problems like dehydration or kidney infections from trying to avoid using public restrooms. How is a child going to be at school 8 hours without using the restroom? How is that

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providing a safe and appropriate public education for all children? Right now there are at least 6 different state legislatures that are trying to pass antitransgender restroom bills (counting Kentucky, which I worry will be back). Like Kentucky's, many of these bills are adding a monetary bounty to reward those who report transrestroom use. Some even want to send us to jail for using public restrooms, even if an individual business owner has given us permission. (And, as an aside, haven't some of these politicians just been complaining about the government "encroaching" on business owners' rights with fairness provisions and enforcement of equal protection?). We can win against these anti-transgender restroom bills and other bills that try to drive us into

hiding. The reaction to Indiana's so-called "Religious Freedom" act has shown that the LGBTQ community and our allies can indeed win against the haters when we are all engaged. I believe these bills are an attempt to "divide and conquer" the community by singling out the "T." So, will we have the courage to stand together and stand up to these "Bathroom Bullies?" On a national level, there has been some progress. President Obama has made it clear that his office is looking into transgender issues. Also, recently the EEOC ruled against the Missile Research and Development and Engineering Center for harassment of a transgender woman over restroom use while she was at work. I am sure that the next step will be for these bigots to try to dismantle any and all the

protections that we may enjoy from our federal government state by state. Stay tuned for the next couple of elections.

As far as I "go," I use the women's room when I am out because it is the one I am most comfortable using. So far I have not had problems (although I have friends who have been stopped by managers or business owners here in Lexington). I was recently asked by a longtime friend, "So, what public restroom do you use?" I said, "Really? Look at me. What is going to happen to me if I use the men's room?" He then looked at me and said, "Good point, never mind."

You may write me at tmeadows828@gmail.com or follow me on twitter: Tuesday G Meadows@trishgigi. Now Tuesday is gone with the wind. 

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HPV Vaccination, a Serious Consideration for Young Men Who Have Sex with Men (MSM)

By Tommy Collins

When considering health issues related to MSM, HIV/AIDS dominates the conversations. It is widely accepted that HIV infection is the result of sexual and drug use behaviors of young MSM. Young MSM's decisions about sexual and drug use practices may be influenced by positive messaging regarding improvements to duration and quality of life for those diagnosed HIV positive. Multiple and varied educational campaigns and interventions have been designed to positively affect HIV prevention. When these campaigns focus solely on the prevention of HIV infections, opportunities for broader STI education is lost.

Arguably a lesser worry among young MSM, Human Papillomavirus (HPV) infection can be a factor for serious health complications. Genital warts, resulting from HPV infections by types 6 or 11, may cause embarrassment and discomfort for young MSM affected, but these infections are not considered to be of great risk to an individual's health; although having genital warts may create a greater risk for HIV infection. Moreover, healthcare providers are concerned about infection with HPV types 16 and 18, which are known to be contributors to the development of cancer at multiple sites (anus, head, throat, and

penis). These HPV-related cancers are more prevalent in MSM as compared to their heterosexual counterparts, and prevalence increases among HIV positive MSM. Development of anal cancer is especially concerning for HIV positive MSM.

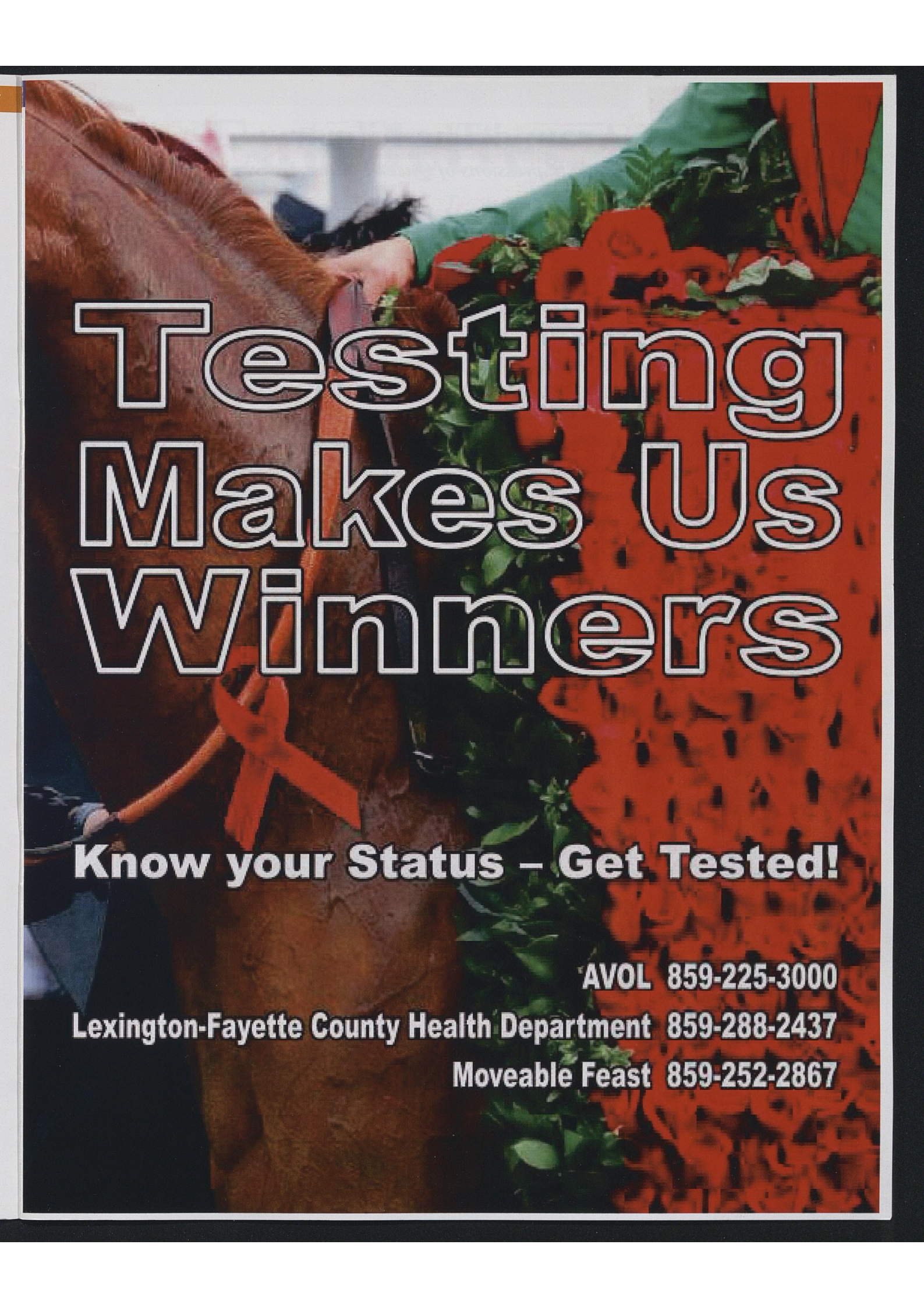
Risk of HPV infection that could result in development of cancer in MSM can be reduced through vaccination against the high risk types of HPV (16 and 18). The quadravalent HPV vaccine currently available provides protection against these high risk HPV types as well as the low risk types associated with genital warts. Presently the Advisory Committee on Immunization Practices recommends HPV vaccination in young MSM through age 26. The vaccine is most effective when given before the youth becomes sexually active and has been placed at risk of infection. Regardless of being sexually active, the vaccine provides protection if no infection has occurred or protection against specific types for which infection has not occurred. Adolescents may begin the three-shot series as early as age 9, but the recommendation is for vaccination to occur at age 11-12, and older unvaccinated males may be vaccinated up to age 26. The vaccine is covered by most forms of health insurance and the Federal Vaccines for Children program for those receiving

the vaccine during the recommended age range. Some healthcare providers may provide the vaccine to older patients upon request, but out of pocket expenses will probably apply.

Currently there is no approved HPV testing available to men, but some providers do conduct HPV screening from anal swabs of HIV positive MSM due their increased risk for anal cancer. It is advisable that if you are HIV positive that you discuss cancer risks associated with HPV infection with your healthcare provider.

The greatest preventive measure to prevent HPV infection that a young MSM can take is to complete the vaccination series. Problematic is the recognition of one's sexual orientation and/or the ability to discuss one's sexual orientation at the recommended age for vaccination, potentially deferring the decision for HPV vaccination to young adulthood. Ultimately, in the absence of a parental decision for vaccination at the recommended age, young MSM under age 26 have the opportunity to decide to get vaccinated and reduce future risk of serious health complications.





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Around The Library:

Queerography: Intimate Expressions of Queer Culture, by Sway Photography

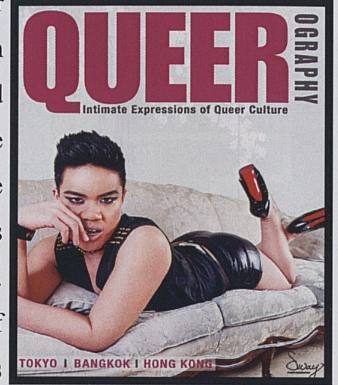
Reviewed by Adam Wheeler

Queerography: Intimate Expressions of Queer Culture, by Sway, is a photographic survey of queer people and culture in Hong Kong, Tokyo, and Bangkok. The definition of “queer” in this book essentially includes any person who embraces a gender identity or sexual orientation that lies outside of cultural norms. Sway also includes, in a way that this librarian has yet to see elsewhere, sex workers and fetishists as a component of queer culture. Indeed, the photographs included in *Queerography* paint a unique image of queer culture from an international perspective.

In addition to the many visual representations of queer people captured by Sway, comments on individual definitions of “queer” are provided throughout the book along with brief reflections and advice from photographed individuals. While *Queerography* does offer unique perspectives that may help readers who are struggling with their own identity, there is a notable focus on the glamour of queer culture. As Sway states, there is often a significant divide between the

private and public lives of queer people in the locations which the photographer visited; and the private lives of queer people are heavily tied to clubs where individuals are free to express their identity without judgment. As a result, the diversity of photographed individuals is limited to those who utilize these venues for self-expression.

All text is provided in English, Chinese, Japanese, and Thai to suit a variety of language backgrounds. Please be aware that there are a few images which include partial nudity. Overall, *Queerography* is an intimate photographic collection which provokes the reader to re-evaluate their concept of “queer” and perhaps grow in the process. I hope you’ll give it a browse!



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We Eat Better. . . But Do We Eat Locally?

By Ranada West-Riley

I've been around for many years. I've eaten at many places throughout this nation. I cook for a living. I'm basically submerged in the hospitality industry in every way possible. I eat, drink, live, breathe, and own all things food. I thought I'd do a little research and see how the LGBTQ community compares in eating and drinking habits... how we size up in a culture obsessed with good food, good drink, and the whole dining experience. A new study by an LGBT-focused marketing firm finds that gay men and women, on average, dine out in restaurants and eat "nicer" food than straight people. When questioned, we tend to find food and dining as more of an art form. I concur. Ironically enough, we are 50% more likely to drink vodka as well. I love a good martini myself. I don't know about you, but I find all of this comforting. For once, I believe I'm in the right place at the right time.

So, since we eat better, I wanted to emphasize the importance of eating locally. Lexington has a wonderful Farmers' Market that runs 5 out of 7 days. Farmers' markets are far more than just foods; you can also get wines, soaps, meats, flowers, and all things Kentucky Proud. Fridays and Mondays are dark, however, on Tuesdays

and Thursdays you can find your market at 400 East Maxwell from 7 a.m. until 4 p.m. Wednesdays are located at the corner of University and Alumni Drives from 3 p.m. until 6 p.m. Saturday mornings are generally the most popular day, and the location is right downtown. The Fifth Third Pavilion, located at 241 West Main Street, on Saturdays from 7 a.m. until 2 p.m. houses the busiest downtown Farmers' Market. It's conveniently located a block from a great little diner you should try that serves a mean brunch using local ingredients. Finally, nurse a hangover and go out on a Sunday to Southland Drive from 10 a.m. until 2 p.m. for another really nice market.

Buying local boosts your community and its hard working farmers that are quickly becoming fewer and fewer as people move more towards big business and squeeze out the little guys. So, ethically it's a no-brainer. Locally sourced foods are better for you, with fewer or no pesticides, chemicals, and carbon footprints for transportation, making it better for you and the environment.

It's nearly summer. I was raised on Fried Green Tomatoes. Below you'll find the recipe that my mom's mom's mom handed down over 100 years ago. I put a little spin on it, and you'll find it at that little

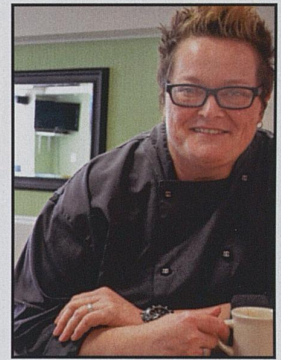
diner close the the downtown market I was telling you about. Everyone loves Fried Green Tomatoes, right?

Southern Fried Green Tomatoes

- 1 large egg, beaten
- 1/2 cup buttermilk
- 1/2 cup all-purpose flour
- 1/2 cup cornmeal
- Pinch of Salt and Pepper – and a pinch of cayenne
- 3 medium-size green tomatoes, cut into slices
- Vegetable oil

-Heat in an iron skillet (preferably) with vegetable oil to medium-high heat. Each slice of tomato goes through a "dredge." This means soaked in buttermilk, then covered with flour, then into the egg, and finally the tomato goes into the cornmeal mix with the salt, pepper, and cayenne. -Fry on medium high heat and flip once slightly browned. Don't force it. Don't put the heat up too high. Baby it.

Finally, serve it up with some horseradish mayonnaise... or ranch dressing... Or anything else you like dipping into and enjoy!





By Chad Hundley

2015 Lexington Pride Festival Chair

With June in sight, PRIDE and all the festivities leading up to it are now in their final stages of planning! We have come such a long way in a few short years to making the Lexington Pride Festival the spectacular event it is today. I am so proud to have seen the festival evolve to the land-marking Lexington event it has become.

We started off April with an amazing show at Crossings hosted by the Imperial Court of Kentucky called "Shenanigans!" Thank you to Crossings and the ICK for holding this event, as we had the amazing Big D host the show with DJ Brady spinning the tunes. The very next day we started selling our Pride packs online. If you haven't gone to the website at www.lexpridefest.org to order yours, do so now while the limited edition merchandise is still available! The Pride packs include: an official 2015 Pride t-shirt, 3 selected Pride buttons, a Pride koozie, an official 2015 Pride poster, and Pride wristband of your choice all placed in an official Lexington Pride Festival polyester drawstring backpack. Our limited edition Pride coffee mugs are also available at the upcoming Pride events, the GLSO Pride center, and Third Street Stuff.

We are happy to announce Crossings Lexington coming in again as a Rainbow

Countdown To



sponsor for this year's festival. Crossings has already done so much for the Lexington Pride Festival and GLSO over the past year. They continue to host fundraisers for us as Pride rolls in. WEKY is yet another media sponsor for this year's festival. Cash America returns as a Yellow Sponsor. Lexington Diner will continue their support for Pride coming in at the Blue level Sponsorship. We want to welcome aboard Kroger as a first-time sponsor this year coming in at the Green level. Rounding out our sponsors added this month is UPS expanding their sponsorship to the Green level this year. Thank you to all of our amazing sponsors!

Last month we announced our two headliners for this year's festival, and I would like to announce two more of our entertainers at this time. Bridge 19, a female folk band, will be returning to the Lexington Pride Festival stage this year, along with a local ally cover band by the name of Alcatraz Shakedown. We are so happy for these bands to be joining our lineup of entertainers. I am especially excited to see and hear local DJ's Brady and EA battle it out on stage again this year during the early evening hours. For more information on the entertainment be sure to check our website out and follow us on Facebook as well!

We also just had two other amazing fundraisers during April that had a great turnout. On April 17, Ranada West-Riley and the Lexington Diner hosted a Dine to Donate and the turnout and food were amazing! We also just had the annual Mr. & Miss Lexington Pride Pageant on April 26 sponsored by Absolut. At the time of publication, the winners have not been announced.

The month of May brings another large event of our 6th Annual Bachelor/Bachelorette Auction being held at SoundBar. This exciting event, hosted by Phillip Marcum and Tim Burcham, is set for Friday, May 22, starting promptly at 8 p.m. We will have lots of auctionees, dinners, and great silent auction items to bid on!

We are quickly filling up the courthouse plaza and sidewalks with vendors of all sorts. So this is your final reminder from me that if you want to booth at the festival get your vendor applications in today while space is still available and before prices go up!

Mark your calendars for upcoming events happening with us in June as well. Saturday, June 13, we will be representing at the Powered With Pride 5K Run in Louisville. We are still looking for runners to help

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represent Lexington Pride. Please contact fundraising@lexpridefest.org for more information on that. Also, taking place on Saturday, June 13, will be our merchandise release party and Pride Welcome Show at Crossings, starting at 9:30 p.m. The following weekend we will be walking and celebrating our Pride up with our neighbors in Louisville at the Kentuckiana Pride Festival and Parade. Come join us and walk with us in the parade and visit our booth at their Pride. And then, of course, Saturday, June 27, is our big celebration! Make your plans to attend all of these events and spread the word through social media to all your friends and family as well! Until next month, keep the Pride going and smile, because everyone is so much prettier when they do!



Volunteers Needed!

FUNdraising ~ GLSO Subcommittee Members

- ~ Planning fundraising events throughout the year to help support the GLSO.
- ~ Getting the word out on Social Media like Facebook, Twitter, word of mouth etc...

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- Walking with Lex Pride at the Louisville Pride Parade—Fri, June 19

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“Oh, The Places We’ll Go” With SisterSound

SisterSound, the Lexington Women’s Chorus, completes their 2015 concert season and 19th year of singing together by presenting “Oh, The Places We’ll Go,” Part 2. On this trip we’ll be *California Dreamin’* our way down *Route 66* (*The Long and Winding Road*) to visit *Chicago*, *New York, New York*, *San Francisco Bay*, and spend *April in Paris*. Our *Wanderlust* takes us into *The Time Warp* where *These Boots are Made for Walkin’* until we find we’re *Already Home*.

Join SisterSound for their Spring concert on Saturday, May 16, 2015, 7:00 p.m., at St. Michael’s Episcopal Church, 2025 Bellefonte Dr., Lexington. Tickets are \$10 in advance from any SisterSound member and \$12 at the door; tickets for children age 4 to 12 are \$5 and those 3 and under are free. Need tickets and haven’t

crossed paths with a SisterSound member yet? Call 859-263-0702.

Are you interested in singing with SisterSound? New members are always welcome. The only requirements are that you are female, 18 years of age or older, can match pitch, and enjoy singing with other women. Rehearsals for the 2016 Concert Season (our 20th!) start on Sunday, September 13, 2015, 6:00 – 8:00 p.m. in the choir room at Centenary Methodist Church, 2800 Bates Creek Road, Lexington. Come and join in the fun!

Are you a former SisterSound member? SisterSound would love to have you back singing in all or part of our 20th Anniversary Concert Season. If you are interested, please give Patti a call at 859-806-0243.



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Part 2

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\$12 at the door
\$5 ages 4-12
Free 0-3**

**Available from
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at the door,
or call 859-263-0702**



Kidz Club

For families that have children with special medical needs, it can be difficult to find a balance between work, school, and daily errands while providing proper care for their children. It is for this reason that The Kidz Club was created by Lee Zimmerman over 15 years ago in Louisville.

The Kidz Club operates as a Prescribed Pediatric Extended Care (PPEC) facility, with 5 centers in Kentucky. PPEC is a day treatment program that provides quality skilled nursing care, education, and custodial needs for children 6 weeks up to 21 years of age.

Dani Rodgers, the Community Relations Coordinator for the The Kidz Club-Lexington, had this to say:

“The Kidz Club is a daytime care facility for children ages 6 weeks to 21 [years] who have ongoing medical needs. Conditions ranging from asthma, for example, to more complex medical needs can be overseen by our registered nursing staff, state registered nursing assistants, and caregivers. The Kidz Club also provides transportation when able, and on-site therapy (follow-through, physical, speech, occupational, etc.) which often eliminates a step for a parent. PPECs receive reimbursement from participating Medicaid

and other health insurance providers and, as a result, there is no out of pocket cost to the families.

We have three centers in Louisville, one in Lexington, one in Erlanger, KY, and one in St. Petersburg, FL. We are expanding on a pretty regular basis, and want to get the word out that this service is available. We are here to help parents and guardians have the opportunity to go back to school, work, and do daily errands with peace of mind knowing their child is in a safe, nurturing, and fun environment.

For a child to participate in The Kidz Club, anyone can make a referral by calling us directly. Prior to services starting, their Primary Care Physician (family doctor) and/or Specialist must prescribe the care. The Kidz Club support staff is available to help you and your doctor make it happen – all you need to do is call us at 888-902-5439, or call The Kidz Club-Lexington at 859-224-0799. We’re here to answer questions you may have. We’d love to set up a tour of The Kidz Club center nearest your child.”

You can like The Kidz Club on Facebook, follow them on Twitter, and read more about the services and locations at www.thekidzclub.com.



New Counselor Offers Free Services at GLSO Pride Center

The GLSO is proud to announce that Michael A. Taylor will begin offering free counseling services at the GLSO Pride Center.

Michael A. Taylor, MAEd, is a graduate and current Professional Counseling student. His background includes a Bachelor’s of Music Education, a Masters of Arts in Education in School Counseling, and he is currently completing his second Masters of Arts in Professional Counseling. Primarily, Michael would like to serve as a mental health professional for LGBTQ clients or an academic advisor/career counselor at a college or university. His varied background as a cruise ship performer, theme park manager, and public school educator has provided him with many opportunities to counsel and advise in the areas of academic and career services as well as individual and relationship counseling. His areas of specialty are adolescent behavior issues, LGBTQ issues, anxiety and depression, and career counseling. He is becoming a counselor to help people navigate their complex worlds in order to live a healthier,

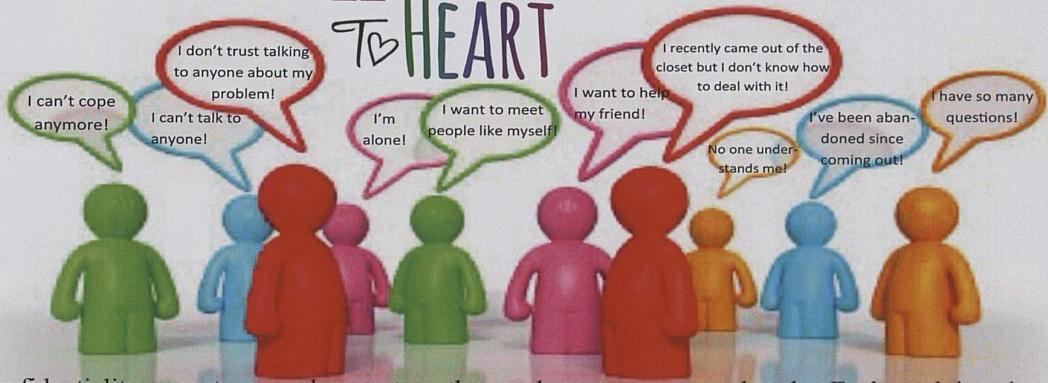
happier life. He takes a holistic approach to health: that all components of one’s life are interrelated. He is an avid volunteer for Kentucky Odyssey of the Mind and is the proud father of three fur babies.

To schedule or inquire about

GLSO’s free counseling service, you may contact Michael at 859-253-3233 option 3, or e-mail him at mtaylor@glso.org.

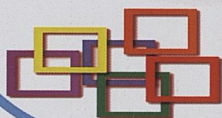


HEART TO HEART



Confidentiality, acceptance and respect are the words we govern ourselves by. Each week is unique depending on who shows up and what the needs are that night. Open for Everyone!

GLSO Discussion Group Wednesday Evenings from 7-9 pm



Gay and Lesbian Services Organization
389 Waller Avenue, Suite 100
Lexington, Kentucky 40504

(859) 253-3233
www.GLSO.org



<http://www.facebook.com/hearttoheartdiscussion>

Relationships Are Everything

To learn about the solutions we can offer to meet the financial needs of the LGBT community, call a financial advisor today.

David E Debrot

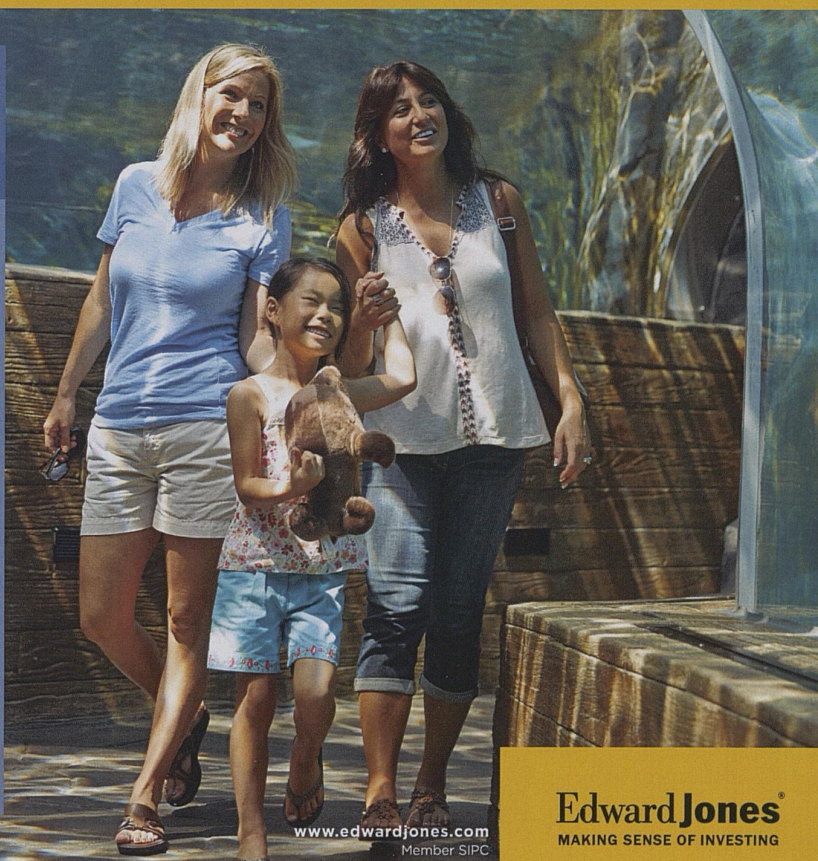
Financial Advisor

1795 Alysheba Way
#4104
Lexington, KY 40509
859-263-0516

Stephen Robertson

Financial Advisor

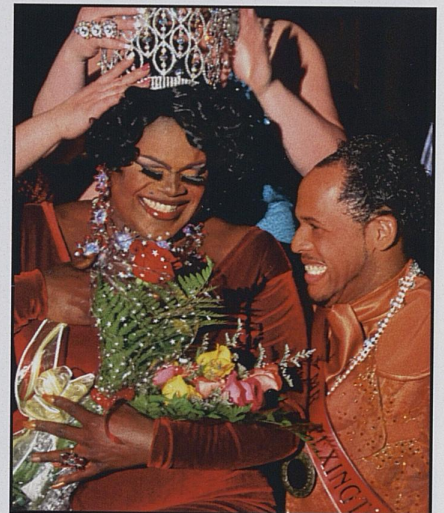
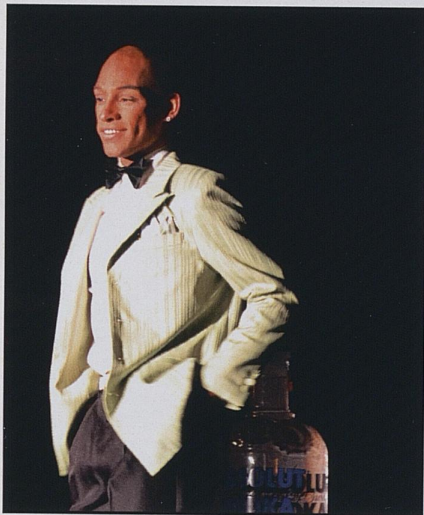
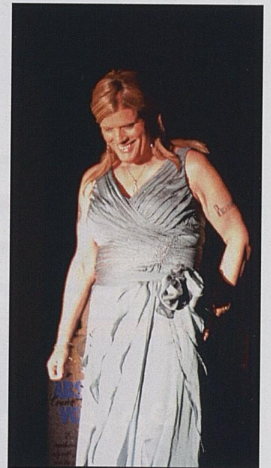
1795 Alysheba Way
#4104
Lexington, KY 40509
859-263-0516



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Current Page, Top Left to Right: Mr. Lexington Pride 2015 AJ Allen Montrese; Miss Lexington Pride 2015 Phoxee Esparanza Roxx; Miss Georgia Peach & Big D Daryl Lyons; Mr. Lexington Pride 2015 AJ Allen Montrese; Miss Alison Schaffer; Mr. Kendrick Heart; Miss Uma Jewels; Miss Lexington Pride 2015 Phoxee Esparanza Roxx & Mr. Lexington Pride 2015 AJ Allen Montrese.
Next Page, Top Left to Right: Miss Uma Jewels; Mr. Kendrick Heart; Miss Lexington Pride 2015 Phoxee Esparanza Roxx; Mr. Kendrick, Mr. Lexington Pride 2015 AJ Allen Montrese, Miss Lexington Pride 2015 Phoxee Esparanza Roxx, Miss Alison Schaffer, & Miss Uma Jewels.



PFLAG Central Kentucky

PFLAG Central Kentucky meetings are held from 6:30 p.m. to 8:30 p.m. on the second Tuesday of the month at St. Michael's Episcopal Church (2025 Bellefonte Drive in Lexington). Typically, we have a program the first half, followed by our support group.

Our May meeting is Tuesday, May 12, from 6:30 p.m. to 8:30 p.m.; a transgender college student and her mother will

honor us by sharing their story.

We welcome LGBTQ individuals, their families, friends, and allies to our confidential group meetings. All are respected and welcome, wherever you are in your journey.

For more information, check our website or Facebook page. (www.pflagcentralkentucky.com)



Left: Susanne Sullivan, Tuesday G Meadows, & Ranada West-Riley at Lexington Pride Festival Dine to Donate at Lexington Diner.

Right: Laurie Clewett of Bluegrass Area Agency on Aging and Independent Living talks with GLSO's Seasoned Independent People ("SIP") 50 plus group about the 2015 Senior Pride Initiative.

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toll free: (800) 888-7486



PRIDE PROM 2015



\$15 AT THE DOOR
\$10 online

WHEN May 23rd, 7-10pm

WHERE UU Church of Lexington
3564 Clays Mill Rd
Lexington, KY 40503

WHAT A fun, safe, and affirming dance where all students are welcome, regardless of sexual orientation, gender identity, or expression.

eventbrite.com/LexPRIDEprom2015

“Step-by-Step” Approach Can Ease Estate-planning Process

Like many people, you may enjoy investing. After all, it can be invigorating to put away money for your future, follow the performance of your investments and track the progress you're making toward your long-term goals, such as a comfortable retirement. However, you might be less excited about doing estate planning, dreading the perceived time, effort and cost. Yet, you can make the entire process more manageable by breaking it up into specific tasks.

What are these tasks? Everyone's needs are different, but here are a few suggestions that may be applicable to your situation:

- Purchase life insurance. If something were to happen to you, would your family be able to stay in the house? Would your children be able to go to college? You should have sufficient life insurance to take care of these and other essential needs. You might hear about various “formulas” for how much insurance you should purchase, but you may be better off by working with a financial professional — someone who can evaluate your assets, goals and family situation, and then recommend an appropriate level of coverage.
- Draw up your will. For most people, a will is probably the most essential estate-planning document. Regardless of the size of your estate,

you need a will to ensure that your assets and personal belongings will be distributed according to your wishes. If you die intestate (without a will), your belongings will be distributed to your “heirs” as defined by state laws — and these distributions may not be at all what you had in mind.

- Consider a living trust. Depending on your situation, you may need to go beyond a will when drawing up your estate plans. For example, you might want to create a living trust, which can allow your assets to go directly to your heirs, avoiding the public, time-consuming and expensive process of probate. A living trust offers other benefits, too, so you may want to consult with a legal professional to learn more about this estate-planning tool.

- Check beneficiary designations. The beneficiary designations on your insurance policies and retirement accounts, such as your IRA and 401(k), are powerful and can even supersede the instructions left in your will. So it's in your best interests to make sure you've got the right people listed as your beneficiaries. Over time, you may need to update these designations to reflect changes in your family situation.

- Make final arrangements. Whenever you pass away, it will be a stressful time for your loved ones. To ease their burden, consider establishing a “payable-on-

death” account at your bank, and then funding this account to pay for your funeral and related expenses.

- Share your plans. The most comprehensive estate plan in the world may not be of much value if nobody knows of its existence. Share your plans with your loved ones and heirs. It's important that everyone knows their roles in carrying out your wishes. When dealing with any estate-planning issues, you'll want to consult with your legal and tax professionals. And by taking a step-by-step approach, you can keep the process moving forward — without feeling that you're being overwhelmed.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice.

Questions?
Let us help - contact
Financial Advisors
David DeBrot or
Stephen Robertson
at 859-263-0516





May Calendar & Telephone Directory

All meetings are hosted at the GLSO Pride Center unless noted with *

Saturday, May 2

7:30 p.m. TransKentucky Meeting

Sunday, May 3

3:00 p.m. Company Q Rehearsal

6:30 p.m. Team Lex Volleyball*

Monday, May 4

7:00 p.m. Rainbow Bowling League*

7:00 p.m. H.E.A.L. HIV Support Group

8:00 p.m. AA Meeting hosted by AVOL*

Tuesday, May 5

6:30 p.m. Lexington Gay-Straight Alliance

Wednesday, May 6

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Thursday, May 7

6:30 p.m. GLSO Board Meeting

7:30 p.m. H.E.A.L. HIV Support Group

Saturday, May 9

12:00 p.m. Entre Nosotros (Between Us)

9:00 p.m. Kentucky Bourbon

Bears Board Meeting*

Sunday, May 10

3:00 p.m. Company Q Rehearsal

6:00 p.m. Imperial Court Meeting

6:30 p.m. Team Lex Volleyball*

Monday, May 11

7:00 p.m. H.E.A.L. HIV Support Group

8:00 p.m. AA Meeting hosted by AVOL*

Tuesday, May 12

6:30 p.m. Lexington Gay-Straight Alliance

6:30 p.m. PFLAG Meeting*

Wednesday, May 13

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Thursday, May 14

6:30 p.m. 2015 LexPride Planning

Committee Meeting

7:30 p.m. H.E.A.L. HIV Support Group

Friday, May 15

7:00 p.m. Senior's Bistro (Potluck)

Sunday, May 17

3:00 p.m. Company Q Rehearsal

6:00 p.m. Imperial Court Meeting

6:30 p.m. Team Lex Volleyball*

Monday, May 18

7:00 p.m. H.E.A.L. HIV Support Group

8:00 p.m. AA Meeting hosted by AVOL*

Tuesday, May 19

6:30 p.m. Lexington Gay-Straight Alliance

Wednesday, May 20

All Day Editorial Deadline

for LINQ Magazine

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Thursday, May 21

6:30 p.m. GLSO Board Work Session

7:30 p.m. H.E.A.L. HIV Support Group

Friday, May 22

8:00 p.m. 6th Annual Bachelor/

Bachelorette Auction*

Saturday, May 23

7:00 p.m. GSA Pride Prom*

Sunday, May 24

3:00 p.m. Company Q Rehearsal

6:00 p.m. Imperial Court Meeting

6:30 p.m. Team Lex Volleyball*

Monday, May 25

7:00 p.m. H.E.A.L. HIV Support Group

8:00 p.m. AA Meeting hosted by AVOL*

Tuesday, May 26

6:30 p.m. Lexington Gay-Straight Alliance

Wednesday, May 27

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Thursday, May 28

6:30 p.m. 2015 LexPride Planning

Committee Meeting

7:30 p.m. H.E.A.L. HIV Support Group

Sunday, May 31

3:00 p.m. Company Q Rehearsal

4:30 p.m. Imperial Court Meeting

6:30 p.m. Team Lex Volleyball*

Monday, June 1

7:00 p.m. H.E.A.L. HIV Support Group

8:00 p.m. AA Meeting hosted by AVOL*

Community and Social Groups

24-Hour Crisis Line	1-800-929-8000
24-Hour Teen Crisis Line	1-800-999-9999
Alcoholics Anonymous	859-967-9960
Arbor Youth Services	859-254-2501
AA/Alcoholic Teens	859-277-1877
Council for Peace and Justice	859-488-1448
"Heart to Heart" Discussion Group	859-253-3233
Fairness of Louisville	502-893-0788
Gay-Straight Alliance, Teens	859-266-5904
GLSO Pride Center	859-253-3233
Imperial Court of Kentucky	859-619-7521
International Gay Bowling	859-539-3058
KY Survivors Area of Narcotics Anonymous	859-253-4673
Lexington Fair Housing Council	1-866-438-8617
Lexington Fairness	859-951-8565
Lexington Human Rights	859-252-4931
Lexington Pride Festival	859-253-3233
National Suicide Prevention Lifeline	1-800-273-8255
PFLAG Central Kentucky, Inc.	859-338-4393
PFLAG Louisville	502-223-1323
SisterSound	859-806-0243
Social Services, Lexington	211

Community and Social Groups

Speaker's Bureau	859-266-5904
TransKentucky	cassiemt@yahoo.com
Transgender Youth Family Allies	1-888-462-8932
Trevor Lifeline 24/7	1-866-488-7386
United Way	859-313-5465

College Student Groups

Berea College ACE	859-958-3633
BCTC Gay-Straight Alliance	859-246-6365
Centre College BGLA	859-238-5332
EKU Alphabet Center	859-622-5041
EKU Pride Alliance	859-622-1027
Morehead State University	606-783-2071
TUnity (Transy)	859-445-3822
UK Gay-Straight Alliance	859-257-8701
UK OutSource	859-323-3312

Don't see your group's events or contact information?
Email it to editor@glso.org and we will add you to our calendar!

HIV/STD Testing, Services & Information

AIDS Volunteers of Lexington (AVOL)	859-225-3000
Health Department, Fayette County	859-288-2437
Health Department, Woodford County	859-873-4541
HIV/AIDS Legal Project	502-584-1254
Moveable Feast	859-252-2867
Northern Ky Region	859-341-4264
UK Adolescent Medicine	859-323-5643

Religious Groups

Ahava Center for Spiritual Living	859-373-8910
Bluegrass United Church of Christ	859-233-0208
Embrace Fellowship	859-358-0580
Faith Lutheran Church	859-266-7621
First Presbyterian Church	859-252-1919
Hunter Presbyterian Church	859-277-5126
Lex Friends, Quakers	859-254-3319
Maxwell Street Presbyterian Church	859-255-1075
St. Martha's Episcopal Church	859-271-7641
Unitarian Universalist Church	859-223-1448
Woodland Christian Church	859-266-3416



PRESENTS
- THE 6TH ANNUAL -

BACHELOR &
Bachelorette

AUCTION

MAY 22 | 9:30PM

BID FOR A NIGHT OUT ON THE TOWN WITH SOME
OF LEXINGTON'S MOST ELIGIBLE GUYS AND GALS
JOIN US EARLY FOR A SILENT AUCTION
AND BID ON SOME GREAT ITEMS | 9PM
BENEFITING LEXINGTON PRIDE FESTIVAL

\$5 COVER

