

# FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 54

SUMMER, 1978

NUMBER 1

## FIFTY-THIRD ANNUAL REPORT



Miss Mary Lester on Mary Breckinridge Day

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Cover photo by Kim Beck Wooten

Miss Lester on Mary Breckinridge Day. This year was her 50th Anniversary with the F.N.S. Hundreds of balloons were given out saying "Betty Lester's Golden Jubilee 1928-1978". When the Leslie County Long Rifles saluted her, masses of balloons were let loose into the sky—

A very festive occasion indeed.

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FRONTIER NURSING SERVICE QUARTERLY BULLETIN  
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**FIFTY-THIRD ANNUAL REPORT**  
**of the**  
**FRONTIER NURSING SERVICE, Incorporated**  
**for the Fiscal Year**  
**May 1, 1977 to April 30, 1978**

**PREFACE**

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service, Incorporated.

We have, as in previous years, divided our report into two sections. One section is about money, and one section about work.

**I.**

**FISCAL REPORT**

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1978.

**ERNST & ERNST**

Suite 7-B

Citizens Bank Square

Lexington, Kentucky 40507

Board of Governors

Frontier Nursing Service, Inc.

Wendover, Kentucky

We have examined the balance sheets of Frontier Nursing Service, Inc. as of April 30, 1978 and 1977, and the related statements of revenues and expenses, changes in fund balances and changes in financial position for the years then ended. Our examinations were made in accordance with generally accepted auditing standards and, accordingly, included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our opinion, the financial statements referred to above present fairly the financial position of Frontier Nursing Service, Inc. at April 30, 1978 and 1977, and the results of its operations and changes in its financial position for the years then ended, in conformity with generally accepted accounting principles applied on a consistent basis.

*Ernst & Ernst***E&E**

Lexington, Kentucky

July 11, 1978

BALANCE SHEET  
FRONTIER NURSING SERVICES

	April 30	
	1978	1977
		Restated
<b>UNRESTRICTED FUNDS</b>		
<b>CURRENT ASSETS</b>		
Cash and certificate of deposit.....	\$ 208,026	\$ 51,822
Accounts receivable:		
Patients.....	548,259	1,455,625
Other.....	13,467	11,239
	561,726	1,466,864
Less allowance for uncollectible accounts.....	201,000	1,178,700
	360,726	288,164
Due from Medicare and Medicaid—estimated—Note B.....	285,000	285,000
Inventories—Note A .....	119,062	81,049
Prepaid expenses .....	18,828	20,913
	991,642	726,948
<b>TOTAL CURRENT ASSETS</b>		
<b>PROPERTY, PLANT, AND EQUIPMENT—Note A</b>		
Land.....	79,148	86,658
Buildings.....	2,333,240	2,366,078
Equipment.....	2,044,809	2,002,693
	4,457,197	4,455,429
Less allowances for depreciation.....	1,155,834	1,013,339
	3,301,363	3,442,090
<b>REAL ESTATE HELD FOR SALE—(Net of depreciation of \$29,473)</b> .....	9,728	—
<b>BOARD-DESIGNATED FUNDS—Notes A and D</b>		
Cash-savings account .....	120,442	—
Consolidated Investment Fund		
Cash (overdraft) .....	(75,576)	(4,061)
Receivable from estate.....	—	55,915
Investments.....	1,686,100	2,207,038
	1,610,524	2,258,892
Less endowment fund investments (restricted).....	193,288	187,586
	1,417,236	2,071,306
Mary Breckinridge Hospital and Development Fund:		
Cash.....	—	31,598
Investments.....	—	124,459
	—	156,057
	<u>\$5,840,411</u>	<u>\$6,396,401</u>
<b>RESTRICTED FUNDS</b>		
<b>ENDOWMENT FUNDS—Notes A and D</b>		
Cash.....	\$ 427	\$ 193
Investments.....	399,795	404,684
Investments included in Consolidated Investment Fund.....	193,288	187,586
	<u>\$ 593,510</u>	<u>\$ 592,463</u>

See notes to financial statements.

ANCE SHEETS  
RSING SERVICE, INC.

	<u>April 30</u>	
	1978	1977
		<u>Restated</u>
<b>UNRESTRICTED FUNDS</b>		
<b>CURRENT LIABILITIES</b>		
Accounts payable .....	\$ 124,456	\$ 132,317
Accrued salaries and payroll taxes.....	90,425	72,026
Retainage due contractors.....	-0-	19,888
Retirement plan accrual—Note C.....	-0-	19,527
Accrued vacation expense.....	91,783	77,501
Unexpended portion of special purpose funds.....	54,329	60,736
Other current liabilities.....	90,828	58,449
Current portion of long-term debt.....	1,301	1,301
	<hr/>	<hr/>
TOTAL CURRENT LIABILITIES	453,122	441,745
LONG-TERM DEBT—5¼% installment note, net of current portion—payable in monthly payments of \$110, including interest, through January 1980—collateralized by equipment costing \$7,200.....	1,295	2,595
FUND BALANCE .....	5,385,994	5,952,061
	<hr/>	<hr/>
	\$5,840,411	\$6,396,401
	<hr/>	<hr/>
<b>RESTRICTED FUNDS</b>		
Fund Balance		
Permanent.....	\$ 493,510	\$ 492,463
Term.....	100,000	100,000
	<hr/>	<hr/>
	\$ 593,510	\$ 592,463
	<hr/>	<hr/>

Certain 1977 amounts have been reclassified to conform to 1978 classifications.

## STATEMENTS OF CHANGES IN FUND BALANCES

## FRONTIER NURSING SERVICE, INC.

Years Ended April 30, 1978 and 1977

	<u>Unrestricted Funds</u>	<u>Endowment Funds Permanent</u>	<u>Term</u>
Fund balances at May 1, 1976 as previously reported .....	\$6,080,483	\$488,964	\$105,000
Adjustment for amount due from Medicaid—Note B....	165,000		
FUND BALANCES AT MAY 1, 1976 AS RESTATED	6,245,483	488,964	105,000
Excess of expenses over revenues for the year ended April 30, 1977.....	(322,474)		
Restricted contribution used for purchase of equipment.....	29,052		
Contributions restricted for specific purpose (additions to endowment).....		500	
Restricted revenue earned by endowments held in Consolidated Fund.....		487	
Gain on sale of investments.....		2,512	
Write-off of common stock held under term endowment .....			(5,000)
BALANCES AT APRIL 30, 1977	5,952,061	492,463	100,000
Excess of expenses over revenues for the year ended April 30, 1978.....	(604,243)		
Restricted contribution used for purchase of equipment.....	38,176		
Contributions restricted for specific purpose (additions to endowments).....		500	
Gain on sale of investments.....		5,751	
Legal expenses incurred by endowment fund in connection with court petition to release funds .....		(5,204)	
BALANCES AT APRIL 30, 1978	\$5,385,994	\$493,510	\$100,000
See notes to financial statements			



## STATEMENTS OF REVENUES AND EXPENSES

## FRONTIER NURSING SERVICE, INC.

	<u>Year Ended April 30</u>	
	<u>1978</u>	<u>1977</u>
<b>PATIENT SERVICE REVENUE</b>		
Mary Breckinridge Hospital:		
Inpatient services .....	\$1,380,301	\$1,117,422
Emergency room .....	140,899	133,687
Primary care center.....	473,732	402,825
Primary care extensions.....	135,256	133,693
Home health .....	174,444	138,670
	<hr/>	<hr/>
Less contractual allowances, charity, and bad debts.....	2,304,632	1,926,297
	564,805	563,293
	<hr/>	<hr/>
NET PATIENT SERVICE REVENUE	1,739,827	1,363,004
<b>OTHER OPERATING REVENUE</b>		
Income from special purpose funds.....	98,645	74,836
Federal and private foundation grants.....	204,357	385,532
Contracts for services.....	73,906	29,527
Cafeteria sales, educational fees, rental income and other.....	167,839	155,827
	<hr/>	<hr/>
	544,747	645,722
	<hr/>	<hr/>
TOTAL OPERATING REVENUE	2,284,574	2,008,726
<b>OPERATING EXPENSES</b>		
Mary Breckinridge Hospital.....	1,755,030	1,495,498
General and administrative.....	645,264	595,274
Primary care center and extensions.....	595,539	475,622
Home health .....	133,880	90,840
School of Midwifery & Family Nursing.....	297,203	254,449
Depreciation.....	189,930	191,137
	<hr/>	<hr/>
TOTAL OPERATING EXPENSES	3,616,846	3,102,820
	<hr/>	<hr/>
LOSS FROM OPERATIONS	1,332,272	1,094,094
<b>NONOPERATING REVENUE</b>		
Unrestricted donations:		
Deposited into Consolidated Fund.....	35,511	159,547
Retained for use in operations.....	370,762	329,183
Unrestricted income from endowment and other funds.....	21,627	21,450
Investment income from Board-designated funds.....	165,179	178,305
Gain from sale of investments—Board-designated funds.....	111,578	69,357
Other nonoperating revenue.....	23,372	13,778
	<hr/>	<hr/>
	728,029	771,620
	<hr/>	<hr/>
EXCESS OF EXPENSES OVER REVENUES	\$ 604,243	\$ 322,474

Certain 1977 amounts have been reclassified to conform to 1978 classification.

See notes to financial statements

**STATEMENTS OF CHANGES IN FINANCIAL POSITION**  
**FRONTIER NURSING SERVICE, INC.**

	<b>Year Ended April 30</b>	
	<b>1978</b>	<b>1977</b>
<b>SOURCE OF FUNDS</b>		
Loss from operations.....	\$1,332,272	\$1,094,094
Provision for depreciation (which did not require funds).....	189,930	191,137
<b>FUNDS REQUIRED FOR OPERATIONS</b>	<b>(1,142,342)</b>	<b>(902,957)</b>
Nonoperating revenue .....	728,029	771,620
<b>FUNDS REQUIRED FOR OPERATIONS LESS NONOPERATING REVENUES</b>	<b>(414,313)</b>	<b>(131,337)</b>
Decrease in Board-designated funds.....	689,685	109,387
Contributions restricted for purchase of equipment.....	38,176	29,052
	313,548	7,102
<b>APPLICATION OF FUNDS</b>		
Additions to property and equipment.....	58,931	79,520
Decrease in long-term debt.....	1,300	1,275
	60,231	80,795
<b>INCREASE (DECREASE) IN WORKING CAPITAL</b>	<b>\$ 253,317</b>	<b>\$ (73,693)</b>
<b>CHANGES IN COMPONENTS OF WORKING CAPITAL</b>		
Increase (decrease) in current assets:		
Cash.....	156,204	(11,788)
Accounts receivable—net of allowance.....	72,562	71,976
Inventories.....	38,013	7,311
Prepaid expenses .....	(2,085)	3,317
U.S. Government participation in construction costs incurred.....	-0-	(128,466)
	264,694	(57,650)
Increase (decrease) in current liabilities:		
Accounts payable.....	(7,861)	34,559
Accrued salaries and payroll taxes.....	18,399	(3,740)
Retainage due contractors.....	(19,888)	-0-
Accrued vacation and retirement.....	(5,245)	5,579
Unexpended portion of special purpose funds.....	(6,407)	11,454
Other current liabilities.....	32,379	(31,809)
	11,377	16,043
<b>INCREASE (DECREASE) IN WORKING CAPITAL</b>	<b>\$ 253,317</b>	<b>\$ (73,693)</b>

See notes to financial statements

## NOTES TO FINANCIAL STATEMENTS

## FRONTIER NURSING SERVICE, INC.

Years Ended April 30, 1978 and 1977

## NOTE A—SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The accounting principles which materially affect the determination of financial position or results of operations are summarized below.

**Patient Service Revenues:** Patient service revenues are reported on an accrual basis in the period in which services are provided, at established rates regardless of whether collection in full is expected. Contractual allowances, charity, and bad debts are reported as deductions from patient service revenue on an accrual basis.

**Nonoperating Revenues:** Donations and grants which are not restricted by donors are reported as nonoperating revenue.

**Board-Designated Funds:** The Board of Governors has designated The Consolidated Investment Fund for accumulating funds for such operating and general purposes as they may determine. During the years ended April 30, 1978 and April 30, 1977, the Service transferred \$950,000 and \$385,000, respectively, from the Consolidated Investment Fund to meet operating expenses.

In accordance with the original designation of the Mary Breckinridge Hospital and Development Fund, the service has determined that monies remaining in the Fund after completion of the new hospital are to be used for renovation of the outpost centers, for additional staff salaries, for the funding of the retirement program and for other contingencies. Accordingly, during the year ended April 30, 1978 the Mary Breckinridge Hospital and Development Fund was closed and all remaining monies were transferred to The Consolidated Investment Fund.

**Restricted Funds:** Restricted funds represent endowments, the principal or corpus of which cannot be expended. Income from such endowments is available for operating purposes and is credited to revenue when earned in accordance with donor's instructions.

At April 30, 1978, the term endowment consists of a \$100,000 unsecured note receivable originally due April 1, 1978 which has been extended to December 31, 1988. Due to the uncertain financial condition of the issuing company, the common stock (cost of \$5,000) included in the term endowment was written off during the year ended April 30, 1977. The market value of the unsecured note is not determinable.

Frontier Nursing Service, Inc. is also income beneficiary of certain trust funds (aggregate market value at April 30, 1978 and April 30, 1977—approximately \$317,839 and \$324,800, respectively) which are not administered or controlled by the Service. Accordingly, such funds are not reflected in the balance sheets at April 30, 1978 and 1977.

Resources restricted by donors for additions to property are recorded as credits to the unrestricted fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

**Donated Services and Supplies:** The estimated value of services donated through volunteer work is not recorded in the accounts of the Service.

### NOTES TO FINANCIAL STATEMENTS—Continued

#### NOTE A—SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES—Continued

**Inventories:** Inventories are stated at cost (first-in, first-out method) which is not in excess of market.

**Property and Equipment:** Property and equipment is stated at cost, or fair market value at date of donation for items donated to the Service. Depreciation has been computed on the straight-line method over the estimated useful lives generally as follows:

Buildings (including components)	—10 to 40 years
Equipment	— 5 to 15 years
Vehicles	— 4 years

#### NOTE B—MEDICARE AND MEDICAID PROGRAMS

The Service participates in the Medicare and Medicaid programs for eligible services provided through the Mary Breckinridge Hospital and Home Health Agency.

Under cost reimbursement formulas in effect for the years ended April 30, 1978 and April 30, 1977, eligible program costs for the Hospital and Home Health Agency were in excess of customary charges for service and reimbursement, therefore, is limited to the lesser of cost or customary charges.

From May 11, 1973 to February 9, 1975, the Hyden Hospital was terminated as a provider of services under the federal Medicare and state Medicaid programs. The termination was a result of alleged inadequate safety precautions required under Medicare regulations at the Hospital. The Service appealed this decision to federal authorities. On June 11, 1976, a decision in favor of the Service was entered by an administrative law judge of the Bureau of Hearings and Appeals of the Department of Health, Education and Welfare, Social Security Administration. This decision was subsequently appealed by the Medicare program. The appeal was decided in favor of the Service and payment will be made by the programs for services provided patients covered by the programs during the aforementioned period.

At April 30, 1977 the Service recorded an estimated settlement from Medicare in the amount of \$120,000 and such amount was recorded as a prior period adjustment. Because the state Medicaid program had not made a binding commitment to reimburse the Service for services provided to eligible recipients, no estimated Medicaid receivable was recorded at April 30, 1977.

During the year ended April 30, 1978, it was determined that the state Medicaid program would reimburse the Service for services provided to eligible recipients during the termination period. The estimated amount to be reimbursed, \$165,000, from Medicaid has been reported as a prior period adjustment.

If such amounts had been reported as current year income, as required by FASB 16 issued in June, 1977, which is effective for years beginning after October 15, 1977, operating losses would have been reduced by \$120,000 and \$165,000 for the years ended April 30, 1977 and April 30, 1978 respectively. Subsequent to April 30, 1978 the Service received \$128,492 from the federal Medicare program, representing 75% of the settlement claimed on cost reports filed with the Medicare intermediary. The Medicare cost reports and cost reports for Medicaid (when filed) are subject to audit by the respective programs.

NOTES TO FINANCIAL STATEMENTS—Continued

NOTE C—RETIREMENT PLAN

Frontier Nursing Service, Inc. has a retirement plan for regular full time employees with 1,000 hours of continuous service who are twenty-five years of age or more. The policy of the Service is to fund pension costs accrued. Past service liability is being funded over a period of 20 years. Total retirement plan expense for the years ended April 30, 1978 and April 30, 1977 was \$47,165 and \$42,465, respectively.

The actuarially computed value of vested benefits as of May 1, 1977 (the date of the last actuarial valuation), exceeded the total assets of the pension fund and balance sheet accruals by approximately \$54,500.

NOTE D—INVESTMENTS

Investments are stated in the financial statements at cost or fair market value at the date of donations. Investment income is accounted for on the cash basis which is not significantly different from the accrual method. Cost and approximate market value at April 30, 1978 and 1977 are summarized as follows:

	1978		1977	
	Carrying Value	Market	Carrying Value	Market
Board-designated funds:				
Consolidated Investment Fund:				
U.S. Government obligations.....	\$ 10,069	\$ 9,603	\$ 276,230	\$ 284,024
Corporate bonds .....	886,763	877,806	975,763	1,009,375
Common stocks .....	689,268	1,174,303	855,045	1,491,453
Other-term endowment .....	100,000	-	100,000	-
	<u>\$1,686,100</u>	<u>\$2,061,712</u>	<u>\$2,207,038</u>	<u>\$2,784,852</u>
Endowment funds:				
Corporate bonds .....	\$ 85,028	\$ 64,188	\$ 85,028	\$ 68,819
Common stocks .....	89,236	83,901	90,555	83,738
Investments in common trust funds .....	225,531	309,314	229,101	347,075
	<u>\$ 399,795</u>	<u>\$ 457,403</u>	<u>\$ 404,684</u>	<u>\$ 499,632</u>

**FRONTIER NURSING SERVICE, INCORPORATED**  
**STATEMENT OF CONTRIBUTIONS PLACED IN TRUST**

April 30, 1978 with Comparative Figures for 1977

	April 30 1977	Additions During Year	April 30 1978
Norah Oliver Shoemaker Memorial Baby's Crib .....	\$ 5,000	\$	\$ 5,000
Children's Christmas Fund in Memory of			
Barbara Brown .....	1,000		1,000
Donald R. McLennan Memorial Bed .....	12,750		12,750
Margaret A. Pettit Legacy .....	1,954		1,954
Jane Short Atwood Legacy .....	7,500		7,500
Mrs. John W. Price, Jr. Fund .....	10,800	13,913	24,713
Winfield Baird Foundation .....	105,000		105,000
Mrs. Henry Shipman Legacy .....	24,398		24,398
Wilson Neel Memorial Baby's Crib .....	1,462		1,462
Jessie Preston Draper Memorial No. 1 .....	15,000		15,000
Jessie Preston Draper Memorial No. 2 .....	185,000		185,000
Joan Glancy Memorial Baby's Crib .....	5,000		5,000
Isabella George Jeffcott Memorial .....	2,500		2,500
Belle Barrett Hughitt Memorial .....	17,000		17,000
Bettie Starks Rodes Memorial Baby's Crib			
John Price Starks Memorial Baby's Crib .....	10,000		10,000
Mary Ballard Morton Memorial Wing .....	85,251		85,251
Marion E. Taylor Memorial .....	10,000		10,000
Fanny Norris Fund .....	10,000		10,000
Marie L. Willard Legacy .....	3,127		3,127
Mrs. Charles H. Moorman Fund .....	1,100		1,100
Lillian F. Eisaman Legacy .....	5,000		5,000
Lt. John M. Atherton Memorial .....	1,000		1,000
Mrs. Morris B. Belknap Fund .....	26,375		26,375
Elisabeth Ireland Fund .....	22,458		22,458
Elizabeth Agnes Alexander Legacy .....	5,000		5,000
Richard D. McMahon Legacy .....	943		943
Mrs. W. Rodes Shackelford in Memory			
of Her Two Children .....	15,000		15,000
Hattie M. Strong Memorial .....	10,000		10,000
Beulah Bruce Brennan Memorial .....	2,000		2,000
Anna R. Gooch Memorial .....	16,625		16,625
Jeannie B. Trull Legacy .....	33,253		33,253
Frances Kendall Ross Legacy .....	17,100		17,100
Elizabeth Sherman Lindsay Memorial .....	5,000		5,000
Helen N. and Beatrice A. Wilson Fund .....	10,000		10,000
Sophia Cogswell Stiger Memorial .....	23,401		23,401
Dr. Charles N. Kavanaugh Memorial .....	1,000		1,000
Margaret C. Breckinridge Legacy .....	3,000		3,000
Mary Hallock Armstrong Legacy .....	2,000		2,000
Winifred Irene Leckie Memorial .....	1,000		1,000
Lena G. Anderson Legacy .....	7,233		7,233
Lisette Hast Legacy .....	10,944		10,944
Edward S. Jouett Legacy .....	1,000		1,000
Herman Bowmar Fund .....	1,000		1,000
Mrs. Henry James Legacy .....	5,000		5,000
Jean Hollins Memorial Fund .....	5,286		5,286
Anne Steele Wilson Memorial .....	4,279	60	4,339

**FRONTIER NURSING SERVICE, INCORPORATED**  
**STATEMENT OF CONTRIBUTIONS PLACED IN TRUST**  
**April 30, 1978 with Comparative Figures for 1977**

	April 30 1977	Additions During Year	April 30 1978
Mary Churchill Humphrey Fund .....	\$ 1,001	\$	\$ 1,001
Mrs. Bissell Carey Legacy .....	5,000		5,000
Dr. John M. Bergland Memorial .....	1,000		1,000
Edward C. Wilson Legacy .....	49,250		49,250
Ann Allen Danson Fund .....	3,973	500	4,473
Helen Rochester Rogers Legacy .....	5,000		5,000
Virginia Branham Memorial .....	19,051	555	19,606
Mrs. Herman F. Stone Fund .....	2,000		2,000
Annie Wallingford Anderson Memorial .....	5,100		5,100
Mrs. Edna C. Lapham Fund .....	15,250		15,250
Edith M. Douglas Legacy .....	10,000		10,000
Adeline Shaw Martindale Legacy .....	82,718		82,718
Flora G. Fletcher Legacy .....	39,753		39,753
Fannie B. McIlvain Memorial .....	3,015		3,015
Catharine Mellick Gilpin and Roger D. Mellick Memorial .....	5,471	100	5,571
William Nelson Fant, Jr. Memorial .....	78,350		78,350
Lucie Wilshire Graham Memorial .....	21,881	100	21,981
Mrs. Abigail Hodges Trust .....	1,000		1,000
Mrs. Anne W. Erwin in memory of Anna Marshall Miller .....	52,300	2,500	54,800
Elizabeth B. Perkins Legacy .....	152,972		152,972
Eliza Davitt Hartley Legacy .....	150,000		150,000
Cordie M. Williams Legacy .....	458,254		458,254
Margaret H. T. Hunt for Caroline H. P. Thornton Memorial .....	1,000		1,000
Anonymous (Bankers Trust Co., N.Y., Trustee) .....	137,496		137,496
Elizabeth Canby Bradford duPont Memorial .....	41,000	5,000	46,000
Louie A. Hall Legacy in Memory of Sophronia Brooks .....	26,834		26,834
Marion S. D. Belknap .....	175,000		175,000
Elizabeth M. Anderson Memorial .....	4,839		4,839
Margaret Norton Davidson Legacy .....	10,000		10,000
Louise Clark Whitaker Memorial .....	2,654		2,654
Mrs. Louise D. Crane .....	4,000		4,000
Mrs. Frederic Moseley Sackett .....	10,000		10,000
Mrs. Eliza A. Browne .....	16,000		16,000
Winfield Baird Fund .....	550		550
Lillie McGinness .....	4,797		4,797
Harriet H. Grier .....	5,000		5,000
Maurice S. Miller .....	5,000		5,000
Leila A. Morgan .....	5,000		5,000
Eliza Davids .....	6,933		6,933
Bertha G. Woods .....	13,029		13,029
Doris A. Farrington .....	4,920		4,920
Mrs. E. A. Codman .....	2,000		2,000
Mrs. Irving E. Raymond .....	4,000		4,000
Mrs. George M. Toewater .....	12,418		12,418
Mrs. Oswald Villard .....	1,000		1,000

**FRONTIER NURSING SERVICE, INCORPORATED**  
**STATEMENT OF CONTRIBUTIONS PLACED IN TRUST**  
**April 30, 1978 with Comparative Figures for 1977**

	April 30 1977	Additions During Year	April 30 1978
Leila M. Weeks .....	\$ 2,469		\$ 2,469
Frances Margaret Bradford .....	5,000		5,000
William E. Brigham .....	10,000		10,000
Mrs. Polk Laffoon .....	1,000		1,000
Mrs. W. Garland Fay .....	1,000		1,000
Mrs. Louise W. Breckinridge .....	2,000		2,000
Elizabeth R. Hooker .....	5,000		5,000
Mable H. Duggins .....	5,000		5,000
Margaret McLennan Morse .....	5,000		5,000
George B. McLaughlin .....	2,500		2,500
May Kirtland .....	5,000		5,000
Rosamond B. Rheault .....	5,000		5,000
Mrs. Harriet D. Cummings .....	1,000		1,000
Annette VanBezey .....	1,000		1,000
Elsie Foerderer .....	2,000		2,000
Ernestine M. McPherson .....	9,270		9,270
Frances K. M. Bowdoin .....	5,000		5,000
Edna Patten Jennings .....	133,885		133,885
Franklin Bruce McKillip .....	7,866		7,866
Katherine B. Tower .....	1,000		1,000
Betsy Ware Adams .....	10,000		10,000
Mildred Horberg .....	1,871		1,871
Walter G. Ross .....	25,000		25,000
T. S. Powell .....	2,390		2,390
Edith D. Wright .....	1,000		1,000
Peter R. Ehrlich .....	694		694
Mary G. Lansdale .....	2,000		2,000
Margaret S. Bigler .....	1,500		1,500
Mrs. Betty Errett Estate .....	1,000		1,000
Charles H. and Donald R. McLennan Memorial .....	11,853		11,853
Jean S. Ramsay Estate .....	5,000		5,000
Florence O. Padgett Legacy .....	7,979		7,979
Sarah Minis Goodrich Legacy .....	60,015		60,015
Almeda Spangel Legacy .....	16,624		16,624
Rose M. Starratt Legacy .....	8,016		8,016
Jean Claire Hanna Memorial Fund .....	25,000		25,000
Katherine N. McLennan Legacy .....	10,617		10,617
The Friends Fund .....	5,737	520	6,257
Louise B. Morrison Estate .....	10,000		10,000
H. Harrison Smith Estate .....	5,000		5,000
M. Ethel V. Fraser Legacy .....	23,382		23,382
Anna May January Legacy .....	2,000		2,000
Pearl W. Burnam Legacy .....	100,000		100,000
Transfer from Mary Breckinridge Hospital and Development Fund .....	1,000,000		1,000,000
Elizabeth J. Allin Legacy .....	5,000		5,000
N. Edith Harney Legacy .....	5,000		5,000
Alma L. Wilson Legacy .....	64,067	1,177	65,244
Mary B. Russell Legacy .....		1,000	1,000



**FRONTIER NURSING SERVICE, INCORPORATED**  
**STATEMENT OF CONTRIBUTIONS PLACED IN TRUST**  
**April 30, 1978 with Comparative Figures for 1977**

	April 30 1977	Additions During Year	April 30 1978
Aneita H. Rucker Legacy.....		\$ 6,321	\$ 6,321
Reed Gaither Legacy.....		1,000	1,000
Margaret H. Watkins Legacy.....		1,000	1,000
Josephine Crozer Ludlow Legacy.....		55,915	55,915
Mary Paine Worthen Legacy.....		5,000	5,000
<b>TOTAL CONTRIBUTIONS PLACED IN TRUST</b>	<b>\$4,025,283</b>	<b>\$ 94,661</b>	<b>\$4,119,944</b>

**FRONTIER NURSING SERVICE, INCORPORATED**  
**LEXINGTON, KENTUCKY**  
**PROGRESSION OF UNEXPENDED SPECIAL PURPOSE FUNDS**  
**MAY 1, 1977 TO APRIL 30, 1978**

	Specific Operating Expense	Purchase of Property	Total
BALANCE OF UNEXPENDED SPECIAL PURPOSE FUNDS, MAY 1, 1977	\$ 46,126	\$ 14,610	\$ 60,736
ADD: Monies received during the year from:			
Donations	39,874	43,425	83,299
Investment Income	43,925		43,925
Other	3,190		3,190
LESS: Amounts expended during the year			
Transfers to Other Operating Revenue	(98,645)		(98,645)
Transfers to Unrestricted Fund Balance		(38,176)	(38,176)
<b>BALANCES AT APRIL 30, 1978</b>	<b>\$ 34,470</b>	<b>\$ 19,859</b>	<b>\$ 54,329</b>

**FRONTIER NURSING SERVICE, INCORPORATED**  
**LEXINGTON, KENTUCKY**  
**STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID**  
**MAY 1, 1977 TO APRIL 30, 1978**

**SUMMARY**

	Contributions	Benefits and Bargain Box	Total
Baltimore Committee .....	\$ 907.50	\$	\$ 907.50
Boston Committee .....	17,467.73	9,000.00	26,467.73
Chicago Committee .....	6,415.81		6,415.81
Cincinnati Committee .....	6,226.00		6,226.00
Cleveland Committee .....	70,404.51		70,404.51
*Daughters of Colonial Wars .....	10,674.42		10,674.42
Detroit Committee .....	10,616.29		10,616.29
Hartford Committee .....	1,178.00		1,178.00
**Kentucky:			
Blue Grass Committee .....	26,488.97		26,488.97
Louisville Committee .....	14,035.63		14,035.63
Miscellaneous State .....	38,624.84		38,624.84
Minneapolis Committee .....	4,952.37		4,952.37
New York Committee .....	41,594.19	1,950.00	43,544.19
Philadelphia Committee .....	14,840.59	10,050.00	24,890.59
Pittsburgh Committee .....	45,703.00		45,703.00
Princeton Committee .....	975.00		975.00
Providence Committee .....	497.00		497.00
Rochester Committee .....	1,377.00		1,377.00
Washington, D.C. Committee .....	49,437.14	8,000.00	57,437.14
Miscellaneous .....	62,880.04		62,880.04
Sub-totals .....	\$425,296.03	\$29,000.00	\$454,296.03
Less Transfer to Endowments .....	235.00		235.00
TOTALS .....	<u>\$425,061.03</u>	<u>\$29,000.00</u>	<u>\$454,061.03</u>
<b>Total Contributions Above</b>			
Restricted			\$ 83,299.15
Unrestricted			<u>370,761.88</u>
			<u>\$454,061.03</u>
*Donations from various state chapters.			
**Total for Kentucky: .....	<u>\$ 79,149.44</u>		<u>\$ 79,149.44</u>

## II REPORT OF OPERATIONS

### 1.

#### INTRODUCTION

This year much of the energy of our staff, and indeed of our City Committee members, has been directed toward bringing about a basic change in the health laws of our state and nation; it has been a successful effort and our thanks are due to many of you.

The Rural Health Clinic Services Act, authorizing reimbursement to nurse practitioners for the care they provide *Medicare* patients, was signed into law in December 1977. Regulations for licensing Rural Clinics and appropriate payment mechanisms have been developed and by June of this year we were able to apply for licensing of all of our districts. In parallel to this, our nursing staff, together with our Kentucky committees, spent many hours promoting the development of the Nurse Practice Act in Kentucky. This was passed in the March General Assembly. Regulations for licensing Nurse Practitioners and Nurse-Midwives were developed in May with plans to implement reimbursement for the services which nurse practitioners provide to *Medicaid* patients. Medicare and Medicaid patients together constitute a third of the population of our area and we expect the effect of these laws to be significant. Many thanks for the help which you, as supporters of FNS, have provided in assisting to bring about these changes.

As this legislation was being developed, there has been an increase in the work being done on district. A new clinic was opened at Wooton; this service area, together with its clinic facility, was transferred to FNS from Mountain Comprehensive Health Corporation. Although the winter months stunted initial efforts at Wooton, with spring and early summer have come enormous growth. At our Board of Governors' April meeting, several district committees asked for help in reviewing their individual problems of case load and inadequate facilities. Subsequently, studies were initiated with special emphasis on Flat Creek, Red Bird and Brutus in Clay County.

Midwifery services for prenatal care have been requested and initiated on a contract basis in Knott, Perry, Clay and Jackson Counties. Family planning services have been contracted from our nurse-midwives for Letcher County and a beginning contract

for pediatric nurse practitioner services in Lee and Owsley Counties. These contracts are providing care which would not otherwise be available to women and children in those areas. They serve to make known the skills of nurse-midwives and nurse practitioners in areas where they are not understood. Our students are partially involved in these services.

The eight years of work put into the expansion of the Frontier School of Midwifery and Family Nursing have flowered; affiliation with the College of Nursing at the University of Kentucky is completed, the memorandum has been signed, our faculty has joint appointments here and there, and students who wish may take courses at Hyden and be granted credit at the University. The School has received an unqualified approval for five years from the American College of Nurse-Midwives. The ANA accreditation for our nurse practitioner element continues, and reciprocity for the FNS midwifery training has been renewed with the Central Midwives Board of England and Wales. This is the only American midwifery training institution with this reciprocity which provides professional entree for our graduates to many countries.

This year has been characterized by great staff input in the development of the Health Systems Agency for east Kentucky. Following the directives of Congress, an organization has been developed in eastern Kentucky which is to enable and enhance planning for health by all related institutions and individuals. Standards of maternal and infant care, of primary care in the clinic and in the home, of health education for communities, have been developed through several task groups. FNS staff has participated in most. This is an expensive investment on our part, but we feel it is necessary as a local provider of health services, as an educational institution, and as a demonstration in rural health.

For more than three months we were without a controller or financial head. We are delighted to report the appointment of Mr. Pasco Capuano as our Director of Financial Affairs, together with David Keen as assistant controller, before the end of the year. Our initial grant from The Robert Wood Johnson Foundation towards the support of improved administrative and financial management has been completed. A small supplementary grant was authorized to enable the installation of a mini computer for the sake of management information and billing; the grant will also

enable training in clinic practice management for our active nurse practitioner staff and will lead to the inclusion of these elements in the School curriculum.

2.

HOSPITAL

**Comparative Analysis of Service Provided  
In the Two Fiscal Years, 1977 and 1978**

	1977	1978
<b>ADMISSIONS</b>		
General Medical-Surgical.....	940	1,060
Obstetrics.....	475	534
Pediatrics.....	271	380
Newborn.....	324	348
<b>TOTAL ADMISSIONS.....</b>	<b>2,010</b>	<b>2,322</b>
<b>DEATHS</b>		
Institutional (over 48 hours).....	13	20
Institutional (under 48 hours).....	6	11
Non-Institutional (ER or OPD).....	2	8
<b>TOTAL DEATHS.....</b>	<b>21</b>	<b>39</b>
<b>PATIENT DAYS</b>		
All Patients (except newborn).....	7,122	8,228
Percent of Occupancy.....	49%	56%
Newborn.....	1,420	1,411
Percent of Occupancy.....	39%	39%
<b>TOTAL PATIENT DAYS.....</b>	<b>8,542</b>	<b>9,639</b>
<b>AVERAGE DAILY CENSUS</b>		
All Patients (except newborn).....	19.5	22.5
Newborn.....	3.9	3.9
<b>AVERAGE LENGTH OF STAY</b>		
All Patients (except newborn).....	4.2	4.2
Newborn.....	4.4	4.1
<b>OPERATIONS</b>		
Major.....	167	230
Minor.....	220	177
ENT.....	NA	43
<b>TOTAL OPERATIONS.....</b>	<b>387</b>	<b>450</b>
<b>ANESTHESIA.....</b>	<b>381</b>	<b>448</b>

X-RAY EXAMINATIONS		
Inpatient Procedures .....	1,539	1,567
Outpatient Procedures .....	3,258	3,501
TOTAL .....	4,797	5,068
EKGs		
Inpatient .....	750	733
Outpatient .....	382	364
TOTAL .....	1,132	1,097
LABORATORY		
Inpatient .....	13,035	16,428
Outpatient .....	16,621	20,845
Referred in from District .....	9,744	7,648
Referred out to Lexington .....	5,119	5,064
TOTAL .....	44,519	49,985
*TOTAL PATIENTS SEEN IN THE PRIMARY CARE CENTER (OUTPATIENT DEPARTMENT) .....		
Average Primary Care Center Visits Per Day .....	27,139	27,794
	74.0	76.1
*EMERGENCY ROOM VISITS .....		
Total Patients Admitted to Hospital From Emergency Room .....	6,151	7,290
	613	775
DENTISTRY		
Inpatient .....	18	16
Outpatient .....	1,902	2,382
TOTAL .....	1,920	2,398
**PHYSICAL THERAPY		
Outpatients .....		664
Treatments Given .....		788
Inpatients .....		470
Treatments Given .....		566
Home Health Patients .....		70
Treatments Given .....		76
TOTAL PATIENTS .....		1,204
TOTAL TREATMENTS .....		1,430
PRESCRIPTIONS FILLED .....	47,213	50,991
*Includes Weekends and Holidays		
**A Physical Therapy Department opened in October, 1977.		

3.  
DISTRICT NURSING

	1977*			1978		
	District	HHA	Total	District	HHA	Total
Patients Attended.....	12,201	103	12,304	9,764	108	9,872
Children and Babies .....	4,304	5	4,309	3,460	7	3,467
Families Attended .....	3,699	93	3,792	3,142	101	3,243
Visits to Home.....	3,924	6,468	10,392	2,042	6,615	8,657
Visits at Clinics.....	15,941	15	15,956	13,378	12	13,390
<b>TOTAL VISITS.....</b>	<b>19,865</b>	<b>6,483</b>	<b>26,956</b>	<b>15,420</b>	<b>6,627</b>	<b>22,047</b>

4.  
MIDWIFERY  
Registered Cases

	1977	1978
Women Attended in Childbirth.....	320	351
Live Births .....	318	341
Twin Deliveries .....	6	1
Miscarriages.....	6	8
Stillbirths.....	2	3
Delivered by Physician.....	39	39
New Cases Admitted.....	354	391
Maternal Deaths.....	0	0

Emergency Cases

Emergency Deliveries .....	25	27
Live Births .....	7	8
Twin Deliveries .....	0	0
Emergency Miscarriages.....	18	19
Maternal Deaths.....	0	0

\*The Frontier Nursing Service Home Health Agency (HHA) was separated from the District Nursing Service during Fiscal Year 1977.

5.  
FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING

The Frontier School of Midwifery and Family Nursing admits twelve students per year in September and January. Due to the fact that the program is sixteen months long, there is a carry-over of students into the following year. Therefore, during the 53rd fiscal year, a total of 51 registered nurses were enrolled.

Students may elect to take family nursing only or nurse-midwifery only (a twelve month program), or the combination of family nurse-midwifery (a sixteen month program). Most students take the entire program. During this fiscal year, 9 students graduated as family nurse-midwives; 8 students graduated as family nurses; 5 students graduated as nurse-midwives. Frontier School has graduated 157 students since the FN component was added in 1970. A follow-up or deployment study is planned on all graduates since 1970.

On December 2, 1977, the Memorandum of Agreement between the University of Kentucky College of Nursing (UKCON) and the Frontier School of Midwifery and Family Nursing was signed. Two students entering the Frontier program in January 1977 also were admitted to the Graduate Program (family nurse practitioner component) at the UKCON. Upon successful completion of both programs, they will receive a masters degree from the University and a certificate from the Frontier School. One additional student enrolled for undergraduate credit for specific applicable courses offered on the Frontier School campus. This is a milestone in the efforts made in establishing a formal academic affiliation between a school in a rural health service agency and a university. Both facilities are currently working on developing congruency in the nurse-midwifery courses which hopefully will be appended to the contract in early 1979.

In April 1978, the faculty submitted a Self-Evaluation Report to the American College of Nurse-Midwives for continuing approval of the nurse-midwifery program of the Frontier School of Midwifery and Family Nursing. After a site visit, the Board of Review met on May 15-16, 1978, and gave approval for the continuation of the program for the next five years. Also, reciprocity for the nurse-midwifery program with the equivalent of Part I of the midwifery programs approved by the Central Midwives Board for England was confirmed.

During the summer of 1977, family nursing interns from other programs had a supervised clinical preceptorship at FNS. They included 3 students from Vanderbilt University and 2 students from Medical College of Georgia. One of the students remained on staff for the following year.

Frontier students continue to gain experience in affiliated services such as: Cleveland Metropolitan Hospital (Ohio), and



health department clinics in Perry, Knott and Letcher Counties. A neonatal experience is being tried at Brookwood Medical Center in Birmingham, Alabama, through the kind sponsorship of Dr. Donald Palmer, Pediatrician. A renewal contract is currently being developed with the State of Tennessee Department of Public Health for nurse-midwifery experience in Kingsport and/or Dyersburg, Tennessee.

In light of the new one year FNS work commitment and the very limited scholarship aid funds, new policies have been developed for awarding students financial aid. A statement of need is requested and a committee has been formed to review these requests. Additional monies are needed to continue to make this help available to students. These monies will be paid back in full over a period of time, making this a revolving fund.

#### 6.

##### SOCIAL WORK DEPARTMENT

The Social Work Department has continued to locate and to refer indigent and eligible persons to various public and private resources, and to act as client advocates when patients encounter bureaucratic red tape.

The department has participated in local organizational efforts, the most significant of which is PACT (Parents and Children Together). This group is working to educate the public and professionals about the extent and the consequences of domestic violence and child neglect.

The department has established professional linkages with area mental health centers, the Kentucky Chapter of the National Association of Social Work and the Southeast Kentucky Health Social Worker's Association. These relationships help the department to keep up with the latest changes in the public welfare regulations and to provide quality services to the patients through consultation, education and direct counselling.

#### 7.

##### VOLUNTEER WORKERS

Thousands of hours of volunteer time are given Frontier Nursing Service annually by a wide variety of charitably-minded individuals, including our couriers, and former couriers who return for special projects, the Mary Breckinridge Hospital

Auxiliary, doctors, residents and medical students, nurses, nurse-midwives and nursing students, our Board of Governors, City Committee members and members of the Medical and Nursing Councils, citizens of the community who participate in School orientation, who help with fund-raising and work projects at the outpost centers, or serve on the Advisory and District Committees, church work groups and public relations and audio-visual assistants.

## 8.

## GUESTS FOR OBSERVATION AND STUDY

During the last three decades, the Service has entertained an increasing number of guests, for observation and study of its work, from many areas of this country and abroad. Health professionals have come to the Kentucky mountains from well over sixty countries and six continents, and the widespread interest in an expanded role for the registered nurse, and in primary care, has continued to bring us professional guests from many parts of the United States.

## III

## FIFTY-THREE YEAR TOTALS

It will be of interest to our readers to see a few totals covering the work of fifty-three years:

Patients registered from the beginning .....	68,945
Children (including babies under 1 year).....	41,206
Adults .....	27,739
Maternity Cases (registered) delivered .....	18,198
Maternal Deaths: 11 (9 puerperal, 2 cardiac)	
*Patients admitted into FNS Hospital .....	51,116
Number of days of occupation in FNS Hospital .....	402,439

\*For 49 years and 6 months. The FNS Hospital in Hyden was opened in the fiscal year 1928-29 and operated only six months in that year.

KATE IRELAND, National Chairman  
 HOMER L. DREW, Treasurer  
 W. B. R. BEASLEY, M.D., Director

JULY 4, 1978

**Cloma Moore:**

“Miss Betty Lester, on behalf of every citizen of Leslie County who has been touched by your tender loving care, the Kentucky Long Rifles of Leslie County, led by our dear friend and neighbor, Ott Bowling—who is the father of the Kentucky Long Rifle in Leslie County and who revived the art of making the Kentucky Long Rifle—are going to salute you—but, first, I give you Ott Bowling.”

**Ott Bowling:**

“Mrs. Moore and Judge Muncy—I think that I am honored to have the privilege to speak a few words out of respect and in honor for this great, gallant lady, Betty Lester. I have known her ever since she set foot on Leslie County soil and I know her about better than anyone else in this community. There are many others that was more closely related to her than me, but they are passed on, and I admire this gallant lady for what I know about her. She came to Leslie County in nineteen hundred and twenty-eight, fifty years ago, when I was a young fellow, as a nurse for the Frontier Nursing Service. And this lady never let up on her duty. At that time, in the long ago, when this county had no roads and a lot of travel was on foot and, at best, on horseback, Miss Betty Lester, traveled these roads, she clumbed the steeps, she braved the tides, crossing these little streams on footlogs and never did I know her once to let her patients down, not through rain, storm, nor hail. And I want to say that I greatly admire this lady and all you that know her; and all that don't, I want to ask you one thing—not to rate this lady, as gallant as she is and as much as she has done for the people of this district and this community, and for the mothers and children and expectant mothers—there may be many of you young people in this audience today that's been a Betty Lester baby—I want to ask you all, both young and old, not to rate this lady as a lady of a foreign country, but to accept her as one of our own. I thank you.”



Kentucky Long Rifles of Leslie County

From left to right: James Maggard, John Walker, Fred Davidson, Mason Collett, Cloma Moore, Ott Bowling, Testor Bowling, Vance Mosley, Ernest Brown, David Day.

**Cloma Moore:**

“Long Riflemen-are you ready?”

“Ready-aim-FIRE!”

1-2-3-4-5-6-7-8-9-10

**C. Allen Muncy, County Judge Executive:**

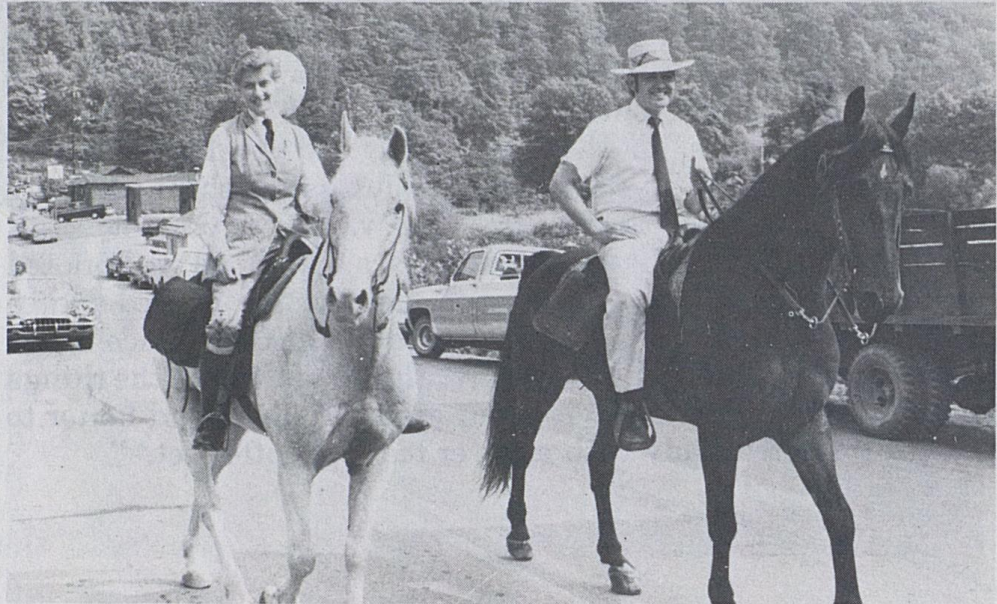
“Ladies and Gentlemen, as I look out into the faces of this crowd—all the young people and young adults—and think about fifty years ago when I wasn’t here, and most of you weren’t here, and Betty Lester came from her native land, in England, to a rugged place called Leslie County and spent her lifetime among us. That was an act—an act of love, an act of dedication. She is an American citizen, she is a citizen of Leslie County, she is probably one of the finest, if not the finest, citizen who ever lived among us. And on behalf of the Leslie County Fiscal Court, as we honored her on Sunday when a former president of the United States presented her with a plaque, today the Fiscal Court once again pauses and says to Betty Lester: ‘We thank you for all the things you have done for us, and it is our great privilege and honor to present this great lady with a silver tea and coffee set.’ ”



County Judge Executive, C. Allen Muncy, presenting  
Miss Lester with silver tea and coffee set.

### MARY BRECKINRIDGE DAY

By Gabrielle Beasley



Molly Lee and Dr. Thomas Dean leading the Mary Breckinridge Day Parade.



Leslie County D.A.V's at dedication of their gift of a war memorial in front of the court house.



Leslie County Band in their new uniforms, rounding the corner in town, playing *My Old Kentucky Home*.



Mary Breckinridge Hospital Float



Moore Lumber Company float



Leslie County Boy Scouts





Mary Breckinridge Hospital Auxillary and their float



Judge Muncy crowning the centennial Queen, Miss Molly Stidham, daughter of Clayton and Anita Stidham

### EVELYN M. PECK

FNS will certainly miss Miss Evelyn Peck and will look forward to her return.

In July of 1976, Miss Evelyn Peck became the Associate Director and Director of Nursing for Frontier Nursing Service. As a graduate of St. Luke's Hospital in New York and of Columbia University, she had long been an admirer of Mrs. Breckinridge and the work of the nurse-midwives in the Kentucky mountains. She brought her twenty years of administrative and organizational experience to FNS and, in this brief two years, has been able to help all elements of nursing to become better structured for effective patient care as well as to achieve an understanding of the management responsibilities of nursing in the life of a rural health service and demonstration. Miss Peck was a very loyal member of the Leslie County Volunteer Fire Department and her devotion to this activity was celebrated in her farewell tribute from the FNS staff.

Miss Peck is joining the faculty of nursing at the University of Missouri in September as Director of Nursing, Assistant Professor and Associate Dean. We wish her every success; we thank her for her outstanding contribution to FNS; and we look forward with pleasure to the return of Miss Peck and her mother.

—W. B. Rogers Beasley, M. D.



Miss Evelyn Peck, Volunteer Firewoman, riding the truck in Mary Breckinridge Day Parade.

## THE FNS WOOTON CLINIC

Carolyn June Rand

I spent the summer working at the Wooton Clinic, an outpost of the Frontier Nursing Service. I would drive over each morning from Wendover, winding my way over Route 80. I became very fond of the little community of Wooton and it was difficult for me to leave when the time came.

The first day I arrived, I went down into the main area of Wooton and was warmly greeted by the people there. I went into the local grocery store and was met by a friendly "hello" from Reba Baker and her husband, Vernon. No matter how I felt when I walked into the store, I always came out laughing. Their ready charm, Vernon's quick wit, and their teasing banter entertained me and cheered my day. I really began to feel at home as I tripped in and out of the restaurant and the local post office.

When my family came, I took them to visit and they were as drawn to the people as I had been. They met Mr. Bill Melton as we stood on a hillside overlooking the vastness of the area of the Blue Diamond Mine several miles away. When I told him I worked at the Wooton Clinic, he said, "Well, I live over there in Hooton Holler myself." We laughed all day about that and my family went back to Bedford, Kentucky, thinking that maybe the nicest people in the world lived in Leslie County, but especially in the Wooton community.

I always had a pleasant feeling as I drove the winding gravel road by the Muncy School to the clinic. Very often in the morning, a heavy mist hung over the mountains, looking like a low-hanging cloud. I never got over the awe of that sight, having lived in a flat area of Kentucky where the clouds stayed high above. I've seen clouds up close from airplanes but how nice to see one billowing along so close to earth!

How cheered I was each morning by the sight of the clinic nestled back among the trees at the foot of the hill. As I would walk up the path, the beauty of nature always thrilled me. Oh, the sounds! As I sat in the office and worked, I would open the window a little to let in the sounds, sounds that changed over the next few weeks. How pleasant it was to sit at my desk working quietly, and listen to the chorus outside!

First there were the young birds venturing out of their nests with their mother's loud warnings; tree frogs singing; the loud chirping of crickets, and other living things adding their music. Sometimes I would go outside for a few minutes just to soak it all in. Young boys in the neighborhood would roar by on their motorbikes with the sound reverberating through that little hollow. They would slip quietly into the clinic and get a drink at the water fountain, feeling quite at home.

That is one of the main qualities of the Wooton Clinic that was so appealing to me. It is a place where the neighborhood people can come and feel comfortable. There is caring by all involved. As patients came in the door, they were met by Juanetta Morgan's quick smile and friendly greeting. She has the greatest laugh in the world. The little ones especially love her and many of them run around her desk and sit in her lap, and explore the fascinating gadgets on her desk. If she is not in sight, they often search her out, darting from their mother's grasp and opening doors.

Sharon Koser, the family nurse, is one of the most competent persons I have ever known. Her manner with her patients is something to behold. She has a quiet strength based on ability and knowledge; her concern permeates the whole atmosphere. I have worked and lived around people in the medical field most of my life and she has that rare combination of knowledge, experience and caring that so exemplifies the best in the health field.

People feel good about the clinic; they feel comfortable when they open that door with its quaint cow bell attached. Patients don't seem to mind waiting their turn because they know that Sharon's caring manner, her way of taking time to listen, will be there for them, too.

The most beautiful aspect about the clinic atmosphere, from the staff's view, is the children. How I loved watching them toddle around playing in the children's play corner, where many of the chairs and toys are handmade. Some of the little ones have particular favorites and grab them like old friends. I decided that the most beautiful children in the world come into the Wooton Clinic! Some of them learned to walk in the short time I was there and it was fun to see them grow and watch their first shaky steps. The child health care offered by FNS is a wonderful service to the area.

Not only children but people of all ages come to the clinic for care, sometimes just seeking a sympathetic ear. They would come in rather quietly but would leave with a light step. The older people would be joined by the men stopping off before or after work, and they would sit there together and talk about their gardens. Mothers would bring their adolescents, knowing that Sharon knew just the right way to handle their problems. The family nurse is an invaluable link between the doctor and the patient. People sometimes have the feeling that they hate to "bother" the doctor, and they feel comfortable coming to see Sharon first.

I could talk all day about the competence of Dr. Anne Wasson, a competence that comes from a deep knowledge and creates confidence in her patients who almost immediately sense it. She understands their pain and shares their relief when they start to improve. I typed her recorded dictation while I was there and once, during the relating of a patient's improvement, she said in an aside, "I'm so happy about that patient." I was particularly impressed, also, by Dr. Gascoigne's quiet charm and ready knowledge in dealing with children as he conducted his monthly pediatric clinic.

I came to love the FNS Wooton Clinic. It's a neighborhood place where people feel at home. A neighbor, Mary Alice Murray, came in and made signs when some changes were necessary. People in the community mowed the grass, did little odd jobs, and made toys and bright cheery examining gowns. It is their clinic.

The sounds outside my window changed as summer faded. One morning I heard the merry ring of children at recess at the Muncy School, and knew I would soon have to leave. I felt a deep sense of regret. It is good to know that in this fast-paced, hectic and sometimes frantic world there are still places such as Wooton and people like Sharon, Juanetta, Dr. Wasson and Dr. Gascoigne who care about people and minister to their needs.

## WHERE ARE YOU? 1971-1978 Frontier School of Midwifery and Family Nursing Graduates

by Frances C. Dalme, R.N., Ph.D.

[Editor's Note: Frances Dalme is a family nurse practitioner and Professor of Nursing at the University of Arkansas College of Nursing in Little Rock. She is spending several months with FNS in a dual role to help with research and also to work with our family nurses in the clinical setting. Dr. Dalme graduated from a diploma nursing program in Shreveport, Louisiana, received her bachelor's degree in public health nursing and education from George Peabody College and her master's in public health and her Ph. D. in higher education and sociology from the University of Colorado.

Frances is not only a distinguished member of the nursing profession but also a delightful addition to the FNS family. Her research project, which she describes below, will be of enormous help to the Service and we beg the cooperation of all FNS graduates of the 1970 decade.]

It is my pleasure to work with the FNS faculty in developing a questionnaire that will provide the data to describe all FNS graduates since 1971. The faculty, students, graduates, and other interested people want to know: where are you; what are you doing; how well prepared you felt in your first job after leaving FNS; how well you are accepted as a Family Nurse Practitioner and/or Nurse-Midwife; and, if the curriculum content here at FNS reflected the skills and functions you have needed to fulfill your role.

I am assisting the faculty to develop the questions that will elicit information from you to speak to these issues. We do know that questionnaires can be a bore, so we are attempting to make it easy by using an answer sheet which allows you to "blacken the box".

A major problem in making this project a success is that we do not have current addresses for all the graduates. We would be most grateful to receive current addresses from all FNS graduates, although I do hasten to add that this first questionnaire will be sent to 1971-78 graduates only. Please send us your and your friends addresses, if you know where they are. At some later date, we would like to conduct a follow-up study of all of our graduates since 1939. This is one reason we would like to up-date the whole address file. Another excellent reason that we wish to

up-date the address list is that such a list could be made available to our graduates.

I have been here but a very short time, but I am convinced that this program is unique and that as graduates, you have a story to tell. Midwifery, family nursing and primary care are but undeveloped concepts in many nursing education and service settings. The concepts are fully developed, alive and well here—and we want to know how well they are serving you.

We hope to publish a resume of the results of this study in the *Quarterly Bulletin*.

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### NEWS FROM THE BOSTON COMMITTEE

The Boston Committee of the FNS is looking forward to "Family Night" to be held November 16, 1978, in the Founder's Room at Pine Manor in Chestnut Hill. This evening is an alternative to our traditional "Christmas Preview".

We are inviting our loyal Sponsors and our friends to join us at a Panel Discussion to hear friends from Kentucky and medical specialists in this area share their thoughts on "Contributions of the FNS to World-Wide Health Care Delivery".

Although this may not bring the financial rewards that we have proudly sent to Kentucky over the years, we feel that the valuable information and P.R. (public relations) that this exposure will permit will bring strengthened support to the FNS in the future.

Our panelists presiding with Dr. Beasley will be Eunice Ernst, Elsie Maier, Dr. Frank Lepreau and Dr. Kenneth Ryan. Their expertise in the delivery of health care in the mountains, in midwifery, in family medicine and in the professionalism of the city hospitals, will promote an interesting evening for discussion.

We are all enthusiastic about spreading the good word of the influence that the FNS has around the world, and feel that through our loyal Sponsors and friends that the rewards will be felt in the Kentucky Mountains.

Elizabeth B. Dawson

## A COURAGEOUS WOMAN AND A COUNTRY DOCTOR

by Anne A. Wasson, M.D., A.B.F.P.

One hundred sixty-nine years ago, a country doctor and a courageous woman patient made history with the first abdominal surgery for removal of an ovarian cyst.

Ephraim McDowell, born in Virginia in 1771, was a backwoods surgeon working in Danville, Kentucky, at the turn of the nineteenth century. In 1809, before the days of anesthesia, he performed the first ovariectomy on Jane Todd Crawford. "The tumor was large and was removed through a nine inch abdominal incision after removal of fifteen pounds of its contents by trocar. The ovarian pedicle was tied with linen ligatures which were left long and brought out of the lower end of the wound, providing a drainage mechanism.<sup>1</sup> The patient survived to live to age seventy-eight, dying in 1842, and Dr. McDowell became known as the "Father of Abdominal Surgery". His home and office in Danville have been restored and are open to the public.

"The Ephraim McDowell Community Cancer Network, named in honor of this early Kentucky surgeon, was established by a group of concerned physicians and citizens to meet the cancer management needs of a diverse and often under-served population in central and eastern Kentucky."<sup>2</sup> This group is working on all phases of cancer, including research and professional education programs. A cancer HOPE LINE has been established as well as detection and follow-up services. A hospice is now available in Lexington.

Using nurses as part of the team to work in the phases outlined above, two community oncology outreach programs have been funded and have been in effect for one year. The WEDCO district, located in the Health Department in Paris, Kentucky, with Mona Martin as its nurse director, is one arm of the program. The second is located at the Frontier Nursing Service, with Viola Blom directing the program.

The aim at Frontier Nursing Service is to provide services to the cancer patient through detection, treatment and counseling of both the patient and his family. Education in the school system, through public and community groups (Lions, homemaker and church groups), in the Frontier School of Midwifery and Family



Nursing, and work with other health professionals is a part of this outreach. At FNS a cancer registry of all patients is being compiled and will give more information on the evidence of various types of cancer in the area. The registry provides a means of making sure that protocols are being followed, giving continuity of care for patients. Ray Farley, a second year medical student from New York Medical College, has been working out the details of the registry under the direction of Viola Blom.

Today we are working to educate the public and professional people in cancer prevention and early detection, in treatment of cancer patients to provide better survival rates, and in the care of the terminally ill patient. This is done in the primary care setting in cooperation with the tertiary care centers in Lexington and other areas. The coordination of the program is enhanced by the availability of the oncology nurse funded through the Ephraim McDowell Community Cancer Network.

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<sup>1</sup>Francis M. Massie, M.D., F.A.C.S., *American College of Surgeons Bulletin*, p. 18, Jan. 1972.

<sup>2</sup>Ephraim McDowell Cancer Network pamphlet.

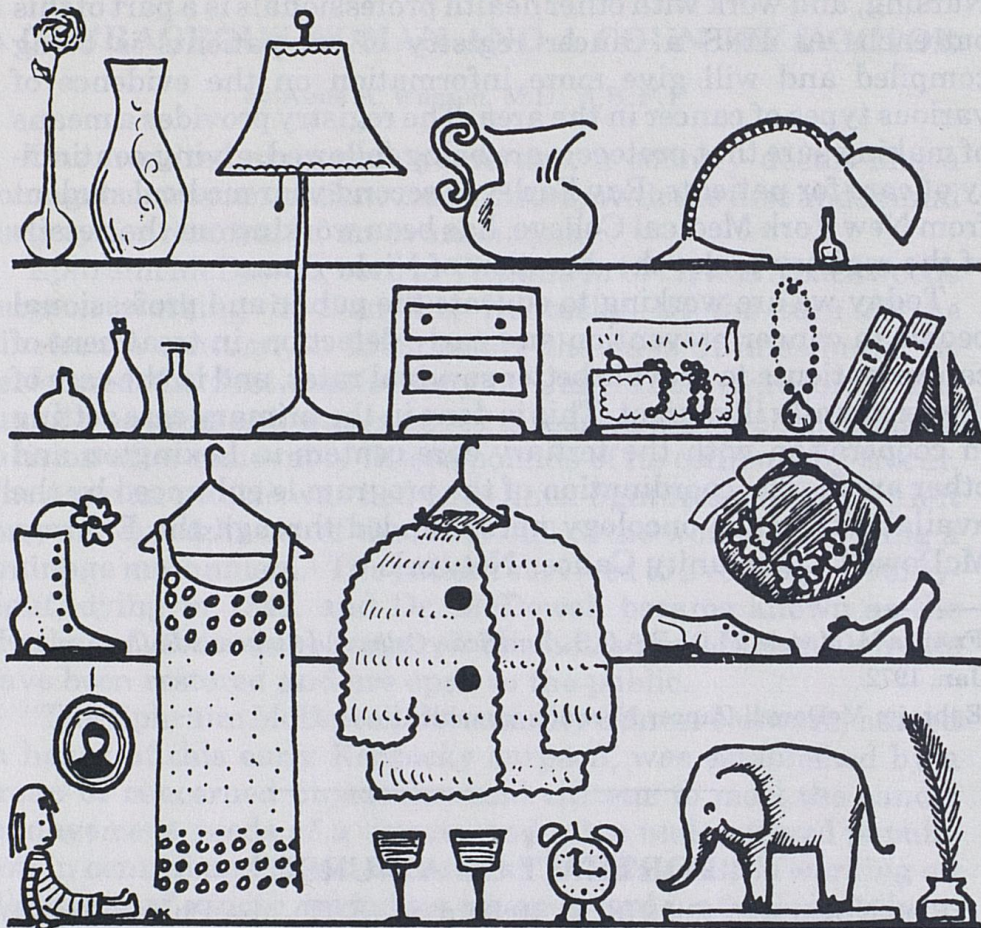
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### “PORTRAIT OF A NURSE”

On November 8, 1978, at 10:30 p.m. (EST), the Public Broadcasting Service (PBS) will televise *Portrait of a Nurse*. This half-hour documentary is a Butler Freedman Films Production, presented by WGBH Boston and focuses on the new role of the nurse practitioner, and on the nursing profession's increasing responsibility for the direct, primary care of patients. The film has been endorsed by the American Nurses' Association as “an excellent presentation of nursing,” and Nursing Professor Ingeborg Mauksch has called it “a unique and significant contribution to nursing”.

*Portrait of a Nurse* won a Blue Ribbon from the 1977 American Film Festival and a 1977 Golden Eagle Award from the Council on International Non-Theatrical Events. Most PBS stations will air the program as noted above but readers should check their local program listings for the week of November 8-14, for the exact broadcast time in their area.

## WHITE ELEPHANT



**DON'T THROW AWAY THAT WHITE ELEPHANT**  
**SEND IT TO FRONTIER NURSING SERVICE**  
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

**FRONTIER NURSING SERVICE**  
 1579 Third Avenue  
 New York, New York 10028

## NEW TERRITORY: FAMILY NURSE STUDENTS' ORIENTATION TO FNS AND LESLIE COUNTY

by Karen A. Gordon, M.P.H.

CB radios were scrambling early one morning. "A pick-up truck and a Bronco, loaded with females!" "What were they doing?" For coal truck drivers passing on a road on Poll's Creek, the scene was unexpected. Yes, it was a group of nurses—just arrived at the FNS. They wanted to see how people in Leslie County make their living, and what coal mines looked like. For many nurses, the FNS and coal mines were new territory, and the FNS, like the surrounding mountainous country, is complex and, in many respects, unique. There is much for a newcomer to learn.

About a year and a half ago, the Frontier School of Midwifery and Family Nursing made a change in policy, requiring students to arrive a month before the program started and to work on the staff for one year upon completion of their studies. Formerly, students had worked at least four months prior to entering the School. Under the new system, and with only a month before class started, a more intensive orientation was needed.

Since August 1977, formally organized orientation has been scheduled throughout the month preceding commencement of classes. The orientation provides a mix of experiences in observing the workings of the FNS system and life in Leslie County. During their orientation, students spend a few days in each of the FNS service areas and certain days are set aside as community class days. Selected activities on these class days are devoted to increasing the nurses' cultural awareness as well as enhancing positive group dynamics before the pressures of study begin.

For orientation to Leslie County, who could best describe community life than Leslie Countians themselves. A variety of local organizations and residents were asked to participate. Community members became the educators, a contribution no classroom lecture series could match. As several nurses have commented, "We can see people as they are and hear what they believe." Community participants, too, have noted that they can get to know the nurses as people, with interests beyond their studies or work.

Whether it's rambling over the roads to a coal mine, eating supper in a home, or listening to the County Judge Executive talk

about local government, some of the problems of moving into a new community can be assuaged. An FNS staff member, Ron Hart, explains, in his talk on cultural awareness, "the loss of one's own culture props or familiar surrounding can lead to unrealistic expectations about the new environment. Time is needed to observe what is different and appraise the newness of your situation . . ."

The entire orientation attempts to achieve a balance between the operation of FNS services, school-related activities, and community-oriented events. With the diversity of places and people, it is possible to plan activities that include talks about local businesses and politics; artistic, historical and religious life; ecology and recreation; public health, social service and educational facilities; and regional health service systems. Nurses have visited such places as a coal mine, flower shop, funeral home, the county library, high school and Health Department, Pine Mountain Settlement School, the County Judge Executive's office in the Court House, churches and individual homes. People from organizations representing various social services, the County Extension Office, and the East Kentucky Health Systems Agency in Winchester have come to the Mary Breckinridge Hospital to share information about what they do and enable the nurses to ask questions. The events and people speak for themselves.

Except for certain logistical problems, response to orientation has been positive. For example, one new student remarked that the Rev. Leonard Hood's talk about spiritual life in Leslie County was inspiring. "It encouraged our participation in our new environment, which could stress respect and genuine fellowship with people here . . ." After Rufus Fugate (County Extension Agent) gave a slide show on wild flowers of Leslie County, one nurse observed that, "In every place in this country there is man's influence which has changed, destroyed, improved and celebrated the land . . . Rufus' slides helped direct my thoughts to the beauty that can be discovered, making the area so densely rich and fertile . . ."

Yet in another vein, students were impressed by what the Health Systems Agency was; for many it was the first time they had ever heard of "HSA" or the important role of public participation in the health planning process.

Formal or informal, each class day event has helped take off any blinders and thus broaden the enjoyment of working and living in these mountains.

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### A TALE OF LONG AGO

Granny was suffering from rheumatism and couldn't come to the Center but when I stopped by to see her at her home on Wilder she would welcome me with "Light, Miss Inty", meaning alight from my horse. It was great fun talking to Granny and sometimes we would get on the subject of germs. She didn't believe in them. When we would talk on the subject of intestinal parasites she would say, "The little imps (meaning her grandchildren who needed worming) are born with them." Anyway, the subject of germs didn't go over.

One day a grandchild came to the Center saying, "Granny wants some old age glasses."

I gathered up several pair, put them in a shopping bag, and told the child to have Granny try them on and to thread a needle to see which pair was best. Later in the day Mary came back with the remainder of the glasses and said, "Miss Inty, Granny was sure pleased with those glasses. She says to tell you that *now* she can see your germs!"

—Della Int-Hout

## CHRISTMAS GIFT SUBSCRIPTIONS

We would like for more people to know about the Frontier Nursing Service—our medical and nursing work, our unique family nurse-midwifery training program, and model service in Primary Care, our pediatric program, our work with the young people of Leslie County. Please tell your friends about our activities.

Why not give a Christmas gift subscription to the *Quarterly Bulletin* to three of your friends? We'll send a Christmas gift card in your name.

W. B. Rogers Beasley, M.D.  
Director

----- Please cut or tear along this line -----

Quarterly Bulletin Office  
Frontier Nursing Service  
Wendover, Kentucky 41775

Please send \_\_\_\_\_ Christmas gift subscriptions to the *Quarterly Bulletin* to the following:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Please sign the gift cards: \_\_\_\_\_

My check in the amount of \_\_\_\_\_ (Each subscription \$2.00), made payable to Frontier Nursing Service, is enclosed.

Signed: \_\_\_\_\_

### OLD COURIER NEWS

#### **From Sayre Selden (1978) West Hartford, Connecticut**

So often I think about the wonderful experience I had as a courier this past February. I miss FNS so much. Recently, at my graduation from Purnell School, I was awarded the Founders Award for an "outstanding growth in self-confidence". I owe so much of that award to the growing I did as a courier. It is a unique experience, one so worthwhile. Not only do you get to help others, but others help you. My time as a courier will be cherished forever.

. . . . .

#### **From Polly Hancock (1974), Gladwyne, Pennsylvania**

I am enclosing a contribution to the Courier Fund. I am very pleased that the Fund was created. I do hope that I will make it down to FNS someday soon to see all my wonderful friends.

. . . . .

#### **From Laura Ellis (1977), Dedham, Massachusetts**

After a year studying in London and travelling around Europe, I'm working for the summer in the Respiratory Therapy Department at the New England Deaconess Hospital in Boston; a job I find very challenging and interesting. It is quite a different hospital setting from that of MBH! My experience as a courier last summer has helped me tremendously; not only in regard to hospital work but to my personal life as well. In the fall I will be in school, finishing up my final year. My hopes now are to go on to the Yale School of Nursing and get my masters.

I do hope that all is going well in Leslie County and for everyone at Wendover. It must be amusing for all with puppies, babies, etc. There's never a dull moment, and if there is—just wait a minute!

. . . . .

#### **From Dede Trefts Wellman (1971), Culpepper, Virginia**

I am sorry I missed the Courier Roundup last spring. Unfortunately, getting through Business School finals took up too much time! But at least one Trefts courier was there so I got the full report! Betsy really enjoyed her days with FNS; is even more determined to be a doctor now.



I've settled for the moment in Virginia, in a tiny farming town halfway between Charlottesville where Mike is in Business School, and IBM, where I am working, in Manassas. I'm really enjoying being in the country again. It's a wonderful change from Cambridge living. I hope you have a good fall and winter at Wendover. Please give my best to everyone; I still love reading the Bulletin.

. . . . .

### A WEDDING

Miss Dorothy E. Trefts to Michael Allen Wellman in Cleveland Heights, Ohio, on August 5, 1978.

. . . . .

### IN MEMORIAM

Margo Squibb  
Simsbury, Connecticut

Margo Squibb, age 20, was accidentally killed in a climbing accident on July 28, 1978, in Glacier National Park where she was working for the summer. Margo had been with FNS as a courier in the fall of 1976 and early winter of 1977. She was a delightful person and her quiet competence and enthusiasm, her ready sense of humor and her kindness endeared her to all.

Margo's mother has written: "She did enjoy her courier work. She told us many times how wonderful you people who live there are. One of her best memories was when some nice woman invited her over and let her help sew on a quilt. She said the quilts were beautiful and so was the furniture that some of the men made, and so were the children. I think her two months in your country were one of the happiest times in her life."

To Margo's family and host of friends, we extend our deepest sympathy.

## OLD STAFF NEWS

### **From JoAnn Jackman in Haiti**

Two days of “formal” language study left to go. I stopped with the tutor over a week ago. This goal for this week has been for me to experiment with one of the Haitian workers here—figuring out a system whereby I can grasp the meanings of new words from him. That’s how it will need to be done in the Valley, so now’s the time to figure out what works. And “gras a Dieu” it is starting to work. I have been spending half days down in the clinic and what I’ve seen, you would not believe! Well, perhaps you would. TBs with huge neck nodes and open ulcer areas, tiny babes—as well as older folk—sick, sick, sick with malaria. In developing relations with the Haitian MDs here, I’ve been tantalizing them with a little yellow FNS book! There’s been much interest so don’t be surprised if some orders are forthcoming.

. . . . .

### **From Elaine Douglas in Sebring, Florida**

Just a note to say a big thank you for all you did to make our reunion so great. The dinner at Wendover was delicious and it was tremendous to see you and visit FNS again. I’m still getting settled into my new home and it surely takes time. But it is fun and we two nurses keep busy with our medical work too.

. . . . .

### **From Mary Ellen Munsche Stanton in Atlanta, Georgia**

My husband, Greg, and I will be leaving in early August for a year in India. Greg will be doing legal research and I have been assured that I will have a chance to deliver some Indian babies. We hope all is well with everyone at Wendover.

. . . . .

### **From Peggy Brown Elrington in Santa Fe, New Mexico**

It was wonderful to have Jo [old courier Jo Gramaldi] here. We did many things—went to Indian dances, went all over the surrounding country, to Monument Valley, Grand Canyon and Canyon de Chelley, all in Arizona. She had seen several of these places with Dr. Woodyard many years ago but much was new. We

also went to the opera several times and had a day trip on the Rio Grande, riding the rough water in small rubber rafts, which was so much fun.

. . . . .

### **From Nora Kelly in Wareham, Dorset, England**

I would like to say how much I enjoyed the Bulletin "A Salute to the Couriers", where the list of the names who were expecting to come to the 1978 Conclave carried me back to my early days at Confluence in 1930. I especially remember Libby Boardman and Mardi Bemis who rode into Confluence early in May 1930, leading three spare horses. The two girls and the five extra horses we fed and stabled for the night, and at crack of dawn next morning we were all up, fed the horses and the girls who had to be at Krypton by 5:30 or 6:00 a.m. to meet the Lexington train, because Mrs. Breckinridge was bringing two important FNS friends to make their first visit to Wendover, hence the extra horses. In those days the state highway did not reach Hyden by a good distance. Eventually the whole party reached Confluence where we gave them refreshments and set them on their way to Hyden. The journey from Krypton to Hyden was no mean feat for people unaccustomed to riding rough trails and fording the Middle Fork five times! I wonder if Libby and Mardi still remember that journey!

I would like to send my best wishes to all the couriers I knew during the years of 1930 to 1940, and in particular to Bobbie Glazier who was so helpful to me when I was at Flat Creek. I wonder if she recollects the winter night when she accompanied me on foot—because of snow and ice we could not take the horses—to a delivery on Little Flat Creek. We were just drinking a cup of coffee after a successful delivery when another call came for another delivery to a woman who lived on the Red Bird River near Elisha's Creek. Somehow we managed to reach the house in time for the second delivery and then back home. I could never have managed to carry the heavy delivery bags on my own, especially as the snow was deep.

### From Dorothy DeLooff in Anardarko, Oklahoma

I decided this summer to return to the clinical field and patients. After three years of administration, I needed a change. I am now in Oklahoma and will be functioning in a FNP, CNM role again. This clinic is about 30 miles from Lawton and about 90 miles from Oklahoma City. Have just purchased a house today and will be moving in early October, I hope. In the meantime a motel will do. Best wishes to Dr. Anne and Dr. Gilbert and everyone else I know.

. . . . .

### From Jim Fulmer (PR Volunteer) in New York City

An interesting story I must relate to you: I was walking down the streets of New York wearing none other than one of my FNS T-shirts purchased from that jovial entrepreneur Joe Levine. A stranger stopped me when he saw my shirt and said, highly impressed, "You've been to *Hyden*? That was on the front page today!" And indeed it was, due to the dedication. I've had an exciting year. I was offered a free-lance cartooning job with Holt Rinehart and Winston in June, after working for CBS for seven months. This summer was spent continuing my bid for medical school by taking organic chemistry at Fordham University in the Bronx. So far, things are going well, with three straight A's and applications just completed.

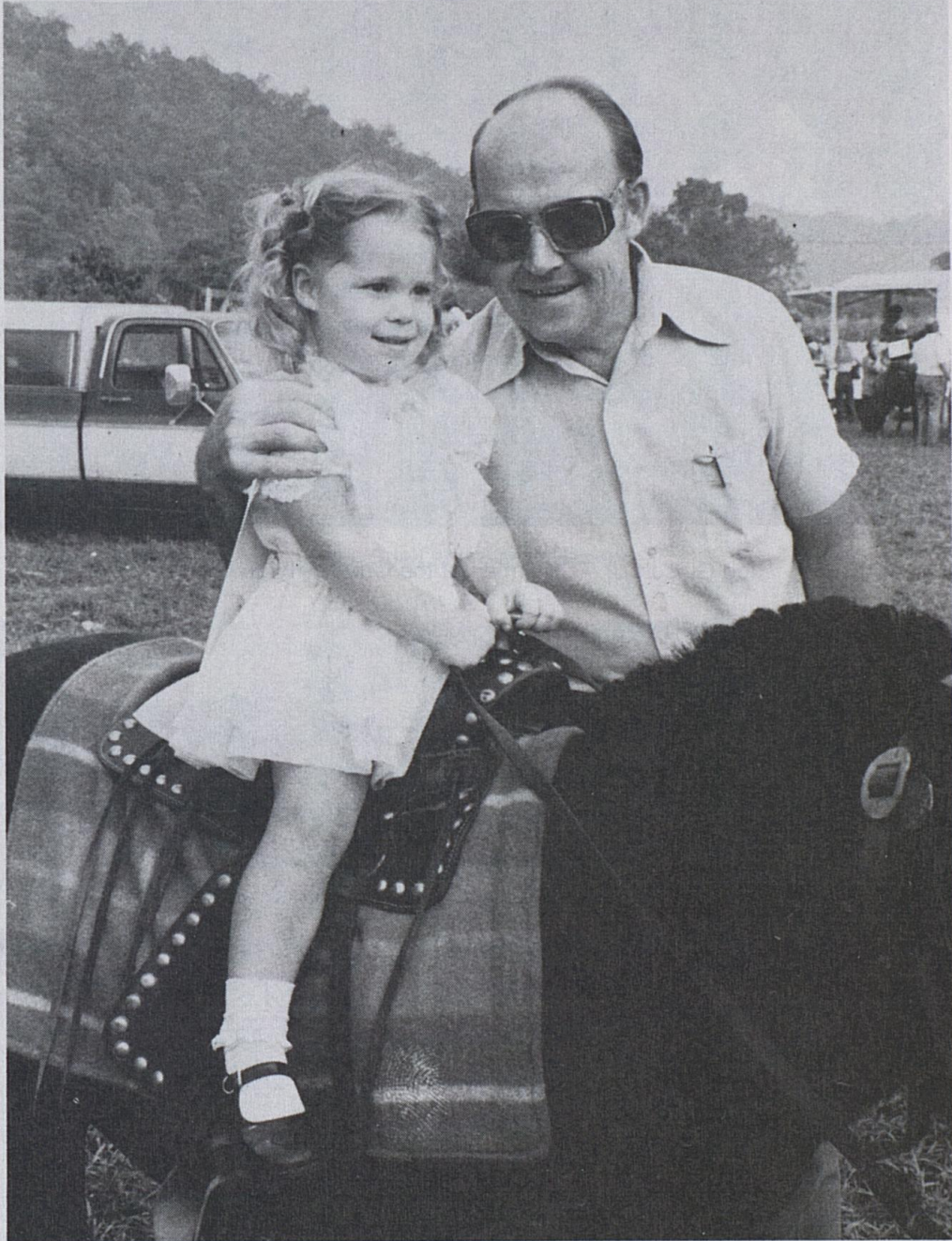
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We extend our sincere sympathy to **Edith Anderson** whose mother, Mrs. Emil Anderson of Oconto Falls, Wisconsin, died in July.

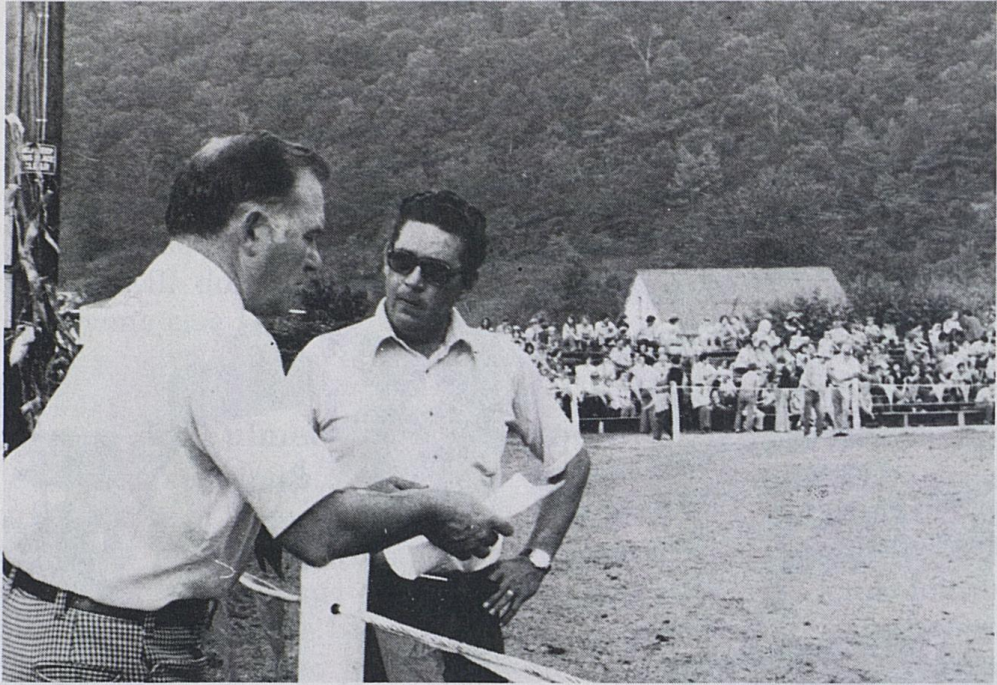
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## 1978 ONEIDA HORSE SHOW

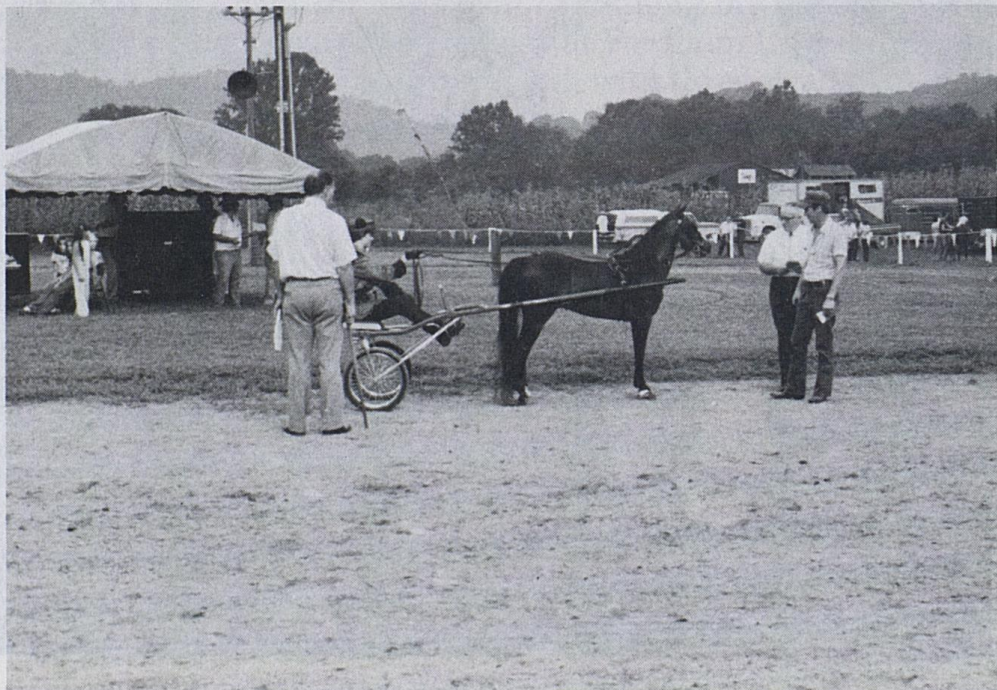
By Gabrielle Beasley



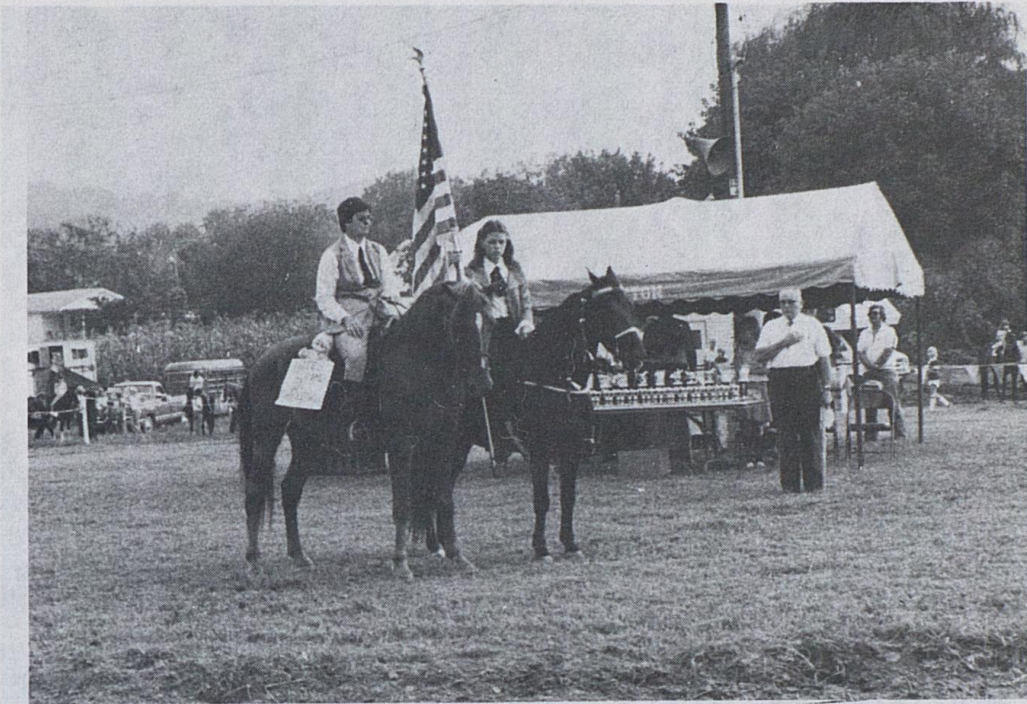
The Rev. Jessie Martin of the Brutus Committee  
with his granddaughter.



Joe Gibson, Jr.—Chairman of the Oneida Horse Show



Added attraction this year—Trotters



Skip Spell and Gayle Gibson

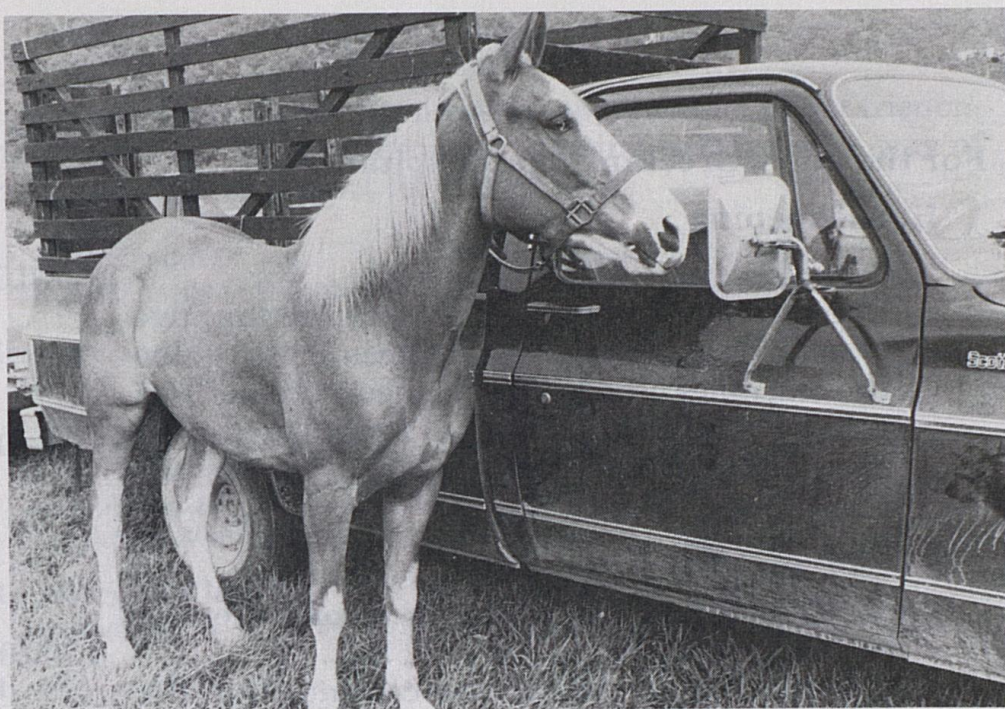


Mrs. Mary Martin, of Brutus Committee, Karen Jenkins, courier,  
and Cindy Sherwood, Oneida nurse

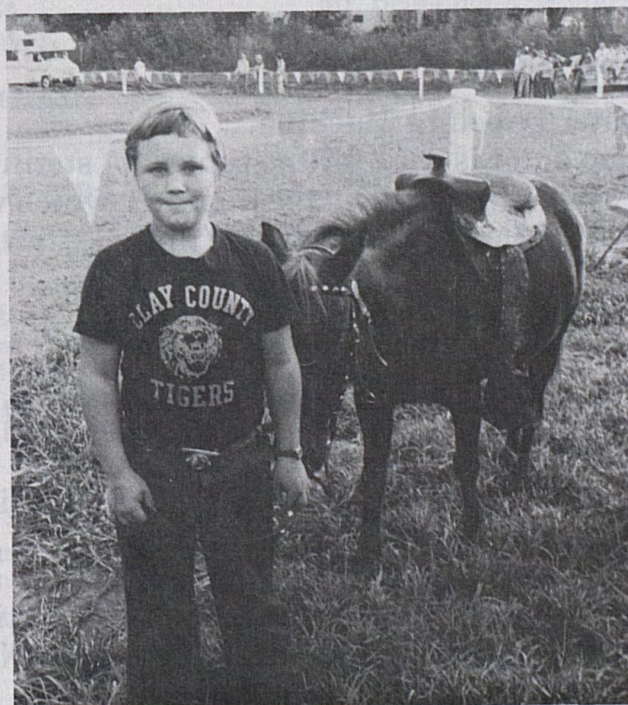


Miss Agnes Lewis and Skip Spell





Vanity—before the show



Larry Byrd of Manchester with his pony, Dolly Parton, which he won at a county fair when he was 2

## URGENT NEEDS

### For the Mary Breckinridge Hospital:

#### Housekeeping

- 2 Floor Machines at \$500.00 each ..... \$1,000.00  
 Everyone who comes into the Mary Breckinridge Hospital is impressed with its cleanliness but the two machines used to keep the floors cleaned and polished are wearing out from continual use and must be replaced.

#### Emergency Room

- 1 B-D Electrodyne Life Pak with cardiac Monitor and Defibrillator ..... 4,700.00  
 The Life Pak in the ER now continually needs repairs and is unreliable.

#### Operating Room

- 1 Duo Dater Labeling Machine..... 195.00  
 The duo dater is used for the control of sterilized supplies; it is required by the J. C.A.H. which will conduct a follow-up inspection of the hospital this fall.

### For the Frontier School of Midwifery and Family Nursing:

- Books and Periodicals for the School/Hospital Library ..... 500.00  
 Additional reference material is needed to update the nurse-midwifery modules for affiliation with the University of Kentucky College of Nursing.

### Memorial Gifts

We take this means of expressing appreciation to our frienon-tribution to the work of Frontier Nursing Service as a way of showing love and respect for their friends.

**Mr. Earl Kasdorf**

Mrs. Annabelle L. Rhinehart

**Mr. Herman Hale**

Mr. and Mrs. W. T. Cahoon

**Mr. Ernest R. von Starck**

Mr. and Mrs. Robert M. Parrish

Mr. and Mrs. Bradley Barker

Mrs. J. Cranston Hodupp

**Mr. Harry La Viers, Sr.**

Mr. and Mrs. W. T. Cahoon

**Mr. Howard P. Eells, Jr.**

Mr. Harry L. Jackson

**Mr. Orris Gantt**

Mrs. Annabelle L. Rhinehart

**Mrs. David S. Ingalls**

Mrs. Warren H. Corning

**Mrs. Franklin P. O'Brien**

Mr. and Mrs. Donald B. Lourie

Mr. and Mrs. Kenneth Moore

Mr. Daniel C. Searle

Continental Bank Foundation

Searle Laboratories

Mr. John S. Knight

Mr. and Mrs. Clarence B. Jennett

Ms. Patricia M. Bowes

Mr. and Mrs. William S. North

**Mrs. Helen B. Sanders**

Miss Jane Leigh Powell

**Miss Margo Squibb**

Ms. Pauline Banczek

Mr. and Mrs. Quincy P. Beach

Mr. and Mrs. George P. Bowerman

Mr. and Mrs. William Simms Bristow

and Bob Bristow

Mr. and Mrs. Bruce E. Burdett

Mrs. James H. Foskett

Mrs. Helen D. Goehring

Ms. Alice D. Greene

Mrs. Benjamin P. Harris, Jr.

Mr. and Mrs. Nathaniel S. Howe  
and Robin

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**THE FRIENDS FUNDS**

In 1975 an anonymous donation to FNS was placed in the Endowment as The Friends Fund. The interest accrued from this Fund is to be used to help with medical bills of patients who have struggled to pay for their health care.

We want FNS friends to know of this donation and to invite contributions to The Friends Fund from anyone who may be wondering what to do with a little extra cash at the end of the year. All contributions to FNS are tax deductible. Have you ever considered a tax deductible Christmas gift? We have attractive greeting cards to announce gifts to your friends if you wish to supply us with the full name and address with your donation.

At the end of the fiscal year The Friends Fund stood at \$6,257.00.

## REPORT OF A SENIOR MEDICAL STUDENT

by Howard Leaman  
University of Cincinnati Medical Center

Mary Breckinridge Hospital is a four year old, forty bed hospital located in the mountains of eastern Kentucky. It serves as a primary care center for residents of Hyden, Kentucky, and as a secondary referral center for district health clinics run by Frontier Nursing Service. It has a strong teaching affiliation with the Frontier School of Midwifery and Family Nursing.

Services available within the hospital include 24 hour laboratory for any stat lab determinations, 24 hour x-ray (lab and x-ray technicians are on call between 8:00 p.m. and 8:00 a.m.). A radiologist is present to do flouroscopy, upper GI series and barium enemas once a week and also to read the week's films. The hospital has recently acquired the services of a respiratory therapist who administers IPPB and CPT during the day. A nurse anesthetist is on call 24 hours for emergency surgery and reduction of fractures. The nurses start their own I. V.'s, making scut work minimal. Dictating services are available for medical students for both admission history and physicals, as well as clinic progress notes.

The clinical extern role at M.B.H. is along the lines of a "hands on policy"; whatever I felt competent doing (once I'd been checked out previously by the physicians) I had free reign over. Procedures I was able to do with supervision included sigmoidoscopy, thoracentesis and reduction of simple closed fractures. There was no obstetrics for medical students. A major role played by us was one of consultant to the family nurses who saw the bulk of the patients. After about a month of simply consulting with nurses, and when they began to know me better, they started giving their more complicated ("medically interesting") patients opportunities to see me so that by the second month patients rather than nurses filled most of my time. I was also able to follow-up on patients I had treated in the hospital (an experience very limited at the Cincinnati General Hospital).

The Primary Care Center Clinics, as they were called, were very busy and teaching was "catch as can". There were no formal lectures but case presentations to the attending M. D. with recommendations for treatment. After a while, when the atten-

dings felt more comfortable with the judgments I'd made in the past, they'd trust me to initiate treatment and diagnostic evaluations as I felt competent to, and then if there were questions, to consult them. This was a unique and very valuable experience for me which I don't think I'd have gotten from a private M. D. preceptor.

My schedule consisted of trying to see my in-house patients before morning report at 8:00 a.m., followed by clinics until 4:00 p.m. I usually was able to finish by 5:00 p.m. unless I was on call. Call was every third night and I found myself most useful in the Emergency Room, seeing patients and answering consults from the nurse. One afternoon a week I spent at a district clinic with the family nurse practitioner there, seeing patients with the M. D. who rotates around to that clinic, and another afternoon a week seeing Home Health patients with their Home Health nurses. This provided sufficient diversity that the clinics did not become too boring.

FNPs (family nurse practitioners) are licensed to treat patients for common medical illnesses, are extensively trained in physical diagnosis, but can only treat under physician supervision, which, in the case of FNS, means diseases included in the "Medical Directives of the Frontier Nursing Service". If any complications arise, they are required to consult a doctor. The nurses also performed health physicals for yearly check-ups which left the doctors to treat disease. The relationship between the FNPs and myself was good as I found that they showed me a few things I'd not seen or known how to do, and I tried to help them as much as possible. They are a highly motivated and generally very bright bunch, especially if they were trained at FNS, because this program is one of the most respected, oldest programs in the country and very competitive to enter.

**Unexpected negatives:** Most of the time the temperature, humidity and need for "social discharge" which I had in this strange environment, coupled with the day's business, made reading difficult. The day's lessons had to be remembered from the patients.

**Should this be a required elective?:** Each student, given the benefits and detriments, must be allowed to choose to accept or reject the benefits of this elective.

**Can an eight week elective influence a career choice?:**

This elective did more to reinforce areas of strength and weakness in clinical skills and point me in a direction for training to ameliorate those weaknesses. This is probably more important than my deciding whether I want to be a Family Practitioner or an Internist because I feel that I need to build up the basic competency in medicine before I decide what to do with it.

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**OUR MAIL BAG**

**From the Rev. Allen Weldy, former pastor of the Flat Creek Church of the Brethren:** "Just had a tour with Rev. Sizemore of Flat Creek through your *wonderful* Mary Breckinridge Hospital facility. *It is simply grand.* I have been in the Red Bird Community for the past week and enjoyed it very much. I plan to head back to Indiana in the morning. Sorry to have missed you. Best wishes to you and your staff from an old friend of 1951-1957 at Flat Creek Church.

## FIELD NOTES

Edited by Peggy G. Elmore

Frontier Nursing Service has been approached by The University Press of Kentucky which is interested in republishing *Wide Neighborhoods*, Mrs. Breckinridge's autobiography. Harper & Row, who published the book initially in 1952, have executed the appropriate reversion of rights. Final details have not yet been worked out with The University Press but we are most gratified by their interest and look forward to seeing *Wide Neighborhoods* in print again in the near future. We will hope to have further details in the next issue of the Quarterly Bulletin.

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The FNS Oral History Project is going well. During the summer sixty-two hours of interviews were recorded in the Leslie-Clay County area. Linda Green of Chicago, who had worked previously with an oral history project in Wisconsin, came at her own expense to volunteer for a month, and was of great help to Dale Deaton.

Consultants who have agreed to assist with the FNS project are Mr. Bill Marshall, Mr. Bill Cooper and Mr. Terry Birdwhistell, all of Special Collections and Archives, University of Kentucky Library, Mr. Harry M. Caudill, Professor of History at the University of Kentucky, and Dr. Carol Crowe-Carraco, Associate Professor of History at Western Kentucky University, who has provided the project with tapes of her interviews with a number of former staff nurse-midwives in England this summer.

Carol Crowe-Carraco's special interest is the late Mary Breckinridge and an article by Carol about Mrs. Breckinridge and FNS was published in the July 1978 issue of the Register of the Kentucky Historical Society. Carol has been invited to speak at The Filson Club at 8:00 p.m. on November 6, 1978. As many of our readers know, The Filson Club, located on West Breckinridge Street, Louisville, Kentucky, is a private historical society devoted largely to the collection, preservation and publication of materials relating to Kentucky's history and culture. Its museum, library and monthly meetings are open to the public.



Dr. Anne Wasson and Viola Blom, our new oncology nurse, attended the First International Oncology Conference held in London, England, in September. They felt that the meeting was most interesting, most worthwhile, and Dr. Wasson reports that the papers presented by nurses were impressive and the highlight of the meeting.

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The Frontier Nursing Service Board of Governors held their fall meeting at Wendover and Hyden on September 22-24 with eighteen of the twenty-two members present. The schedule of events during the three day meeting began with Evensong in St. Christopher's Chapel, followed by dinner and a meeting at the Mary Breckinridge Hospital attended by Board, staff and representatives from the district and advisory committees. Committees of the Board were scheduled for meetings during the day on Saturday and, in the evening, faculty and students of the School were invited to meet the Board informally at Dr. Brad Gascoigne's new log house on the top of Thousandsticks Mountain overlooking Hyden—a most attractive house and a lovely setting. The formal Board meeting was held at Wendover on Sunday morning. Two old couriers, Freddy Holdship and Leigh Powell, came down a day early, and Caroline Standley, chairman of the Development Committee, stayed on for a couple of days after the meeting to allow us to take advantage of her expertise in the area of development.

Meetings of the Board are scheduled for November 2 and December 8-9, 1978. Among the actions taken by the Board in September was the approval of the consolidation of the Flat Creek and Red Bird Nursing Centers with Red Bird as the clinic site. A combined Red Bird—Flat Creek Committee has been formed and Nina Redgrave has joined Susan Hull as a second family nurse in this area.

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The FNS has been blessed with a large number of volunteers this summer and their contribution to the Service is immeasurable. For the six week period beginning August 1, Marian Barrett, the courier coordinator, had five couriers—pre-med students Jean Loudon of Hollis, Maine, and Bob Olivieri of Huntington Station, New York, nursing students Marcy McAleer,

Kinnelon, New Jersey, and Ann Arkin, Chicago, Illinois, and a nutrition major, Therese McCann, St. Paul, Minnesota. A former courier, Katie Pratt, Cambridge, Massachusetts, came back for three weeks in early September and spent much of her time helping Ron Hart with the compilation of his report on the districts for presentation to the Board of Governors. The other couriers did vacation relief in various hospital departments in addition to their usual functions as extra pairs of hands wherever needed.

Jonathan Fried, who had done an excellent job with local publicity and in helping in the audio-visual department, had to leave in the late summer to return to Brown University, but he has been replaced by another volunteer from Brown—Tony Horwitz of Chevy Chase, Maryland. Two second year medical students, Sidney Jones and Ray Foley, were not involved in the clinical area but were most helpful in medical records and in the compilation of the cancer registry. Two senior medical students have been with us this summer. Howard Leaman came from the University of Cincinnati and, when he had to leave, Ed Capparelli of Mt. Sinai in New York was on hand to carry on. For the first time we had a dental student to work with Dr. Joe Levine; Jim Tetz came from the University of Louisville and accepted with great good humor the cognomen "the baby dentist"!

Lydia Aspergis, Fairview, New Jersey, Ellen Junker, Brookline, Massachusetts, Sister Sally Swartz, Joliet, Illinois, Emily Wesson, Burlington, Vermont, and Lori Winer, Shawnee Mission, Kansas, all worked at the Mary Breckinridge Hospital as volunteers during the summer, and June Rand of Louisville was a most helpful volunteer secretary at the Wooton Clinic.

Volunteers are by no means limited to couriers and undergraduates. Dr. Marshall Pitts and Dr. Frank Miller, both surgeons, relieved for Dr. Thorngate's vacation, and we were delighted to have the opportunity of meeting Dr. Pitts' wife, Carolyn, and daughter, Anne, who came to Kentucky with him from their home in Birmingham, Alabama. Dr. Frances Dalme, a member of the faculty of the University of Arkansas College of Nursing, is with us now, assisting in research and working in the clinical area as a family nurse—which she is!

A new class was admitted to the Frontier School of Midwifery and Family Nursing in September, with Marcia MacDonald as the faculty member in charge of the "IA" students. These students are Sr. Anne Wojtowicz, Ruth Lokey, Rayna Yatsko, J. K. Hameloth Michele Bouche, Martha Hoffman, Diann Lytle, Delrose Eisermenger, Marsena Howard and Mary Dow. Ten students, rather than the normal twelve, were admitted this trimester so there would be room to admit two staff members, who are already family nurses, to midwifery later on in the class cycle.

We also welcome several new staff members. Sister Dorothy Dalton is a nurse-midwife and Jeanne Perino, Betsy McMillan and Amy Laufer are registered nurses on the maternity ward. Sr. Diane Maroney will become the Nursing Care Coordinator for the Home Health Agency on October 1, and Amy Eversman and Kathryn Gerhardstein have joined the HHA staff. Judy Asher is back with FNS, helping Juanetta Morgan with the increasing clerical load at the Wooton Clinic. New faces in the Director's office are LyVonne Asher of Hyden and Dorothy Burger of Norfolk, Virginia, who has spent the last four years with the Peace Corps in Afghanistan. Inter-Service transfers have taken Karl Gorwoda from Home Health to the medical-surgical floor, Nina Redgrave to Red Bird, Tina Guy to Beech Fork, Carol Read to Wooton and Gail Alexander back to the Betty Lester Clinic at Bob Fork. Pat Campbell became Acting Director of Nursing upon Evelyn Peck's departure for Missouri.

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We are pleased to announce the addition of two physicians to the FNS medical staff. Dr. Jack Lewis, a native of Hyden, has been in practice in Mount Vernon, Kentucky, for a number of years. He has returned to Leslie County and is on duty on the evening shift at the Mary Breckinridge Hospital where he sees patients by appointment and supervises the Emergency Room. Dr. Lewis is a talented guitarist and returns each weekend to play with his music group, "The Countrymen", at Renfro Valley. Many of the staff have enjoyed an evening at Renfro Valley this summer, as Dr. Lewis' guests. Dr. Dorothy Twellman joins the staff in October where her special area of concern will be the Clay County Outpost Nursing Centers. She will probably be living in the Oneida community. Both of these doctors have had some

previous "FNS experience". Dr. Dorothy spent some time with us as a resident (and organized a winning basketball team!) and Dr. Jack worked at the old Hyden Hospital during the summer of 1954, when he was a pre-med student at Berea College.

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The Wendover district and the FNS lost a good friend this summer when Mrs. Bryan (Laura) Morgan died in July following a long illness. Laura and Bryan were our good neighbors for more years than most of us can remember and staff and couriers were always warmly welcomed to their home. Until she became ill, Laura would drop into Wendover occasionally to see us and it was to her that Mrs. Breckinridge always entrusted the twice yearly chore of cleaning and oiling the books in the Big House. Bryan has sold their home and is now living with family outside the county. We shall miss them both.

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Skip Spell has been appointed to the Task Force on Health Insurance for Preventive Services of the Kentucky Public Health Association. At its May meeting this task force decided to encourage employers to offer "preventive packages" for employees for whom group policies are purchased, rather than encouraging the insurance carriers to offer the packages, since the major carriers develop and sell to their clients whatever insurance coverage they—the clients—may wish to buy. This action resulted "from facts presented to the group [which] reiterated the Association's view that far too few preventive health services are available to the public. Numerous are the preventive measures for which technology has been advanced; yet their widespread application continues to be hampered as both consumers and providers of health services maintain attitudes, and thus behaviors, which define the medical care system in the United States as a sickness-oriented one rather than a health-oriented one. If the preservation of health and well being of the public is to be attained, spending priorities must change. While there must necessarily continue to be expenditures for treatment of illnesses (in training of treatment personnel, research to find and improve treatment methodologies, and the actual delivery of therapeutic services), there must be a better balance obtained between the

preventive and the curative. And to reach a better balance, there must first be recognition that preventive health services are truly cost beneficial. It is clear, furthermore, that an adequate level of preventive services is not possible without increased use of paraprofessionals to deliver such services and an increased use of facilities other than hospitals and physicians' and dentists' offices as preventive health services' delivery sites.<sup>1</sup>

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We have seen a number of familiar faces back for a visit to FNS friends this summer—old couriers Marty Richardson, Doug Carroll, Sam Powdrill with Rachel, his bride, and former staff members Phyllis Long, Mary Malone, Rose Avery, Rachel Schildroth, Sue Warner, Janice Noren and her mother—all popped in for a day or a night or two. Agnes Lewis came up from Tennessee for a very short ten days and was much in demand for brief visits with her many friends in Leslie County. She was able to see a few Clay County friends too, when she went with Dr. Beasley to attend the third annual (and increasingly successful) Oneida Horse Show. While Agnes was at Wendover, we had a visit from Mrs. Hugo H. Gregory, (Carolyn Booth, former courier and staff member and present Chicago Committee member) of Evanston, Illinois, and her mother, Mrs. W. W. Booth of Connecticut. It was marvelous to have Carolyn back for her first visit since 1948, and to show her and Mrs. Booth something of the FNS c. 1978.

Two groups of nursing students from Marion (Indiana) College spent three days at FNS with their preceptor, Virginia Kramer who had brought other students to observe the work prior to this visit. From overseas we entertained Mrs. Nawal Manoufi who routinely copes with the administration of nursing services in thirteen hospitals in Alexandria, Egypt!

<sup>1</sup>"Report to the Kentucky Public Health Association from the Kentucky Public Health Association Task Force on Health Insurance for Preventive Services"

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Marjorie King, R.N., Assistant Nursing Care  
Coordinator, Medical-Surgical Unit  
Bernadette Hart, R.N., C.N.M., Assistant  
Nursing Care Coordinator—Maternity  
Mary Weaver, R.N., A.D.N., C.N.M., F.N.,  
Assistant Patient Care Coordinator—  
Primary Care Center  
Mable R. Spell, R.N., C.N.M., F.N.,  
Assistant Patient Care Coordinator,  
Primary Care Center Extensions

### Administrative and Supportive Services

Kenneth Palmer, M.B.A., Hospital  
Administrator  
Joe R. Lewis, R.Ph., Pharmacy  
Gary Worley, M.T. (ASCP), Laboratory  
Phillip Reppond, M.S.W., Social Work  
James Click, L.P.T., Physical Therapy  
Susan Swartz, R.T., X-ray  
Betty Helen Couch, A.R.T., Medical Records  
Mae Campbell, Food Service Manager  
Lillie Campbell, Housekeeping  
Nannie Hornsby, Purchasing  
John C. Campbell, Maintenance

F.N. indicates nurses who have completed post-graduate education in Family Nursing  
C.F.N.P. indicates family nurses who have taken and passed the national certifying examinations.

## Director

W. B. R. Beasley, M.D., M.P.H., D.T.M. & H.,  
Hyden, Kentucky 41749

### Administrative

Peggy G. Elmore, B.A., Administrative  
Assistant  
Ron Hart, B.A., M.Div., M.R.E.,  
Administrative Assistant for Primary  
Care Administration  
Pasco Capuano, M.B.A., Director of Finance  
David W. Keen, B.S., Assistant Controller  
Mary Combs, Bookkeeper  
Ann Browning, Billing Supervisor  
Darrell Moore, B.A., Personnel  
Ruth O. Morgan, Donor Secretary

### Frontier School of Midwifery and Family Nursing

Elsie Maier, R.N., M.S.N., C.N.M., C.F.N.C.,  
Dean and Director  
Carolyn Miller, R.N., M.A., C.N.M., Nurse-  
Midwifery Education Coordinator  
Marcia MacDonald, R.N., M.S.N., F.N.,  
Family Nurse Education Coordinator  
Molly Lee, R.N., C.N.M., M.T.D., Assistant  
Director and Senior Nurse-Midwife  
Ida Laserson, R.N., M.S., C.N.M., P.N.P.  
Lillian Link, R.N., B.S., F.N.  
Carol Tracy, R.N., B.S.N., P.N.P.

Sr. Dorothy Dalton, R.N., M.S.N., C.N.M.  
Sandra Sanchez, R.N., M.S.N., C.N.M.  
Cynthia Kaufman, R.N., M.S.N., C.N.M.  
Karen Gordon, M.P.H., Research Assistant  
Alice Whitman, Registrar

## DISTRICT NURSING SERVICE

District Nursing Care Coordinator—  
Position Vacant

Nancy Williams, District Records

Jessie Preston Draper Memorial Nursing  
Center (Beech Fork)

Laura Pilotto, R.N., A.A., F.N.

Christina Guy, R.N., A.A., F.N.M.

Caroline Butler Atwood Memorial Nursing  
Center and Clara Ford Nursing Center  
(Red Bird-Flat Creek)

Susan Hull, R.N., A.A., F.N.

Nina Redgrave, R.N., B.S.N.

Belle Barrett Hughitt Memorial Nursing  
Center (Brutus)

Wanda T. King, R.N., C.N.M.

Bob Fork District (Betty Lester Clinic)....

Lynne Pethel Parker, R.N., F.N.

Gail Alexander, R.N., A.A., F.N.

Oneida Center

Mable R. Spell, R.N., C.N.M., F.N., Assistant  
Director

Cynthia Sherwood, R.N., C.N.M., C.F.N.P.

Wooten Center

Sharon D. Koser, R.N., B.S.N., C.F.N.P.

Carol Read, R.N., B.S., F.N.

## HOME HEALTH AGENCY

Sr. Diane Maroney, R.N., B.S.N., Nursing  
Care Coordinator

Elaine Berdan, R.N.

Charlotte Albrecht, R.N.

Diane Wilson, G.N.

Amy Eversman, R.N., B.S.N.

Kathryn Gerhardstein, R.N., B.S.



## FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of ..... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

### HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.

2. **By Gift of residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.

3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.

4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.

5. **By Life Insurance.** You may have life insurance made payable direct to the Service.

6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

. . . . .

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



## FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic condition inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the  
Frontier Nursing Service, Article III.

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Contributions to Frontier Nursing Service, Inc. are tax deductible  
under Section 501 (c) (3) of the Internal Revenue Code of 1954.

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Gifts of stock should be sent to

FRONTIER NURSING SERVICE  
Mr. Homer L. Drew, Treasurer  
First Security National Bank & Trust Co.  
One First Security Plaza  
Lexington, Kentucky 40507

Gifts of money should be made  
payable to

FRONTIER NURSING SERVICE  
and sent to  
Office of the Director  
Frontier Nursing Service  
Wendover, Kentucky 41775



Gretchen Shephard, Centennial Princess, daughter of Omus and Nadine Shephard, granddaughter of Mrs Samantha Wooten

Quarterly Bulletin Office  
Frontier Nursing Service  
Wendover, Kentucky 41775

**Loose Item**



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