



Celebrating 80 Years of Service



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Cover: *Kate Ireland, Honorary National Chairman - The Lexington Club, April 21, 2005.*

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Frontier Nursing Service

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing, hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today, FNS, Inc., is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes four rural healthcare clinics (Community Health Center, Beech Fork Clinic, Kate Ireland Healthcare Center and Dr. Anne Wasson Healthcare Center), Mary Breckinridge Home Health Agency and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States. The Frontier School of Midwifery & Family Nursing also trains family nurse practitioners.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925.

The Journey

by W.W. Hall, Jr., President & CEO

Our management and Board continue to refine and enhance the quality of healthcare we provide in our region. We constantly balance improved care with fiscal accountability to arrive at the right outcome for those we serve. As the turnaround at Mary Breckinridge Hospital builds momentum, our efforts shift to the rural healthcare centers (clinics).



The rich history of our clinics and the care they extend to families in Leslie and surrounding counties is truly a wonderful testimony to our outreach. As important is the opportunity for FNS to demonstrate a successful model for the collaborative effort among skilled providers working together and thus raising the quality of care we provide. This accomplishment is the focus of our family nurse practitioners who are the backbone of our clinics.

This *Quarterly Bulletin* will introduce those dedicated professionals who meet the needs of our community at the local level. The View of a Provider, as only they can describe, will provide real insight and a first hand account of the patient encounters we experience each year (see page 18).

Integrating the services and professionals throughout our entire healthcare system is the goal which addresses our mission to ensure that our mothers and children are healthy and safe.

FNS Celebrates 80 Years of Service

Celebration/Fundraising Events Schedule

June 13, 2005 - in conjunction with the ACNM (American College of Nurse Midwives) Annual Conference, a reception will be held at the Renaissance Mayflower Hotel in Washington, DC celebrating 80 years of healthcare service and honoring the Frontier School of Midwifery & Family Nursing and its many graduates. Miss Jane Leigh Powell, Chairman of the Board of Governors, will be the featured speaker at this event.

September 15, 2005 - Ralph Stanley performance - The Nixon Center in Hyden. This will be free for everyone to enjoy.

October, 2005 - annual Mary Breckinridge Festival/Parade with a community picnic held at the Hospital. Also, in conjunction with the October Board meeting and FSMFN graduation, the Hallelujah Singers from Beaufort, South Carolina will be performing on Friday night the 14th at the Community Center in Hyden. Miss Jane Leigh Powell, Chairman of the Board of Governors, will speak at this event.

See next page for 80th Celebration Events Update.

For more information contact Barb Gibson, 606-672-2317/
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FNS 80th Year Celebration Update

The Lexington Country Club - April 21st

On Thursday, April 21, an 80th Celebration Luncheon was held at The Lexington Country Club with Miss Kate Ireland, FNS National Honorary Chairman, as hostess and Mr. Robert Botkin, former FNS Board member, as co-host. Many of Kate's friends from the area attended the event and they were all thrilled to renew acquaintances. The night before, special friends of Kate's gathered at The Lexington Club for dinner and an evening filled with reminiscing by Kate, Kitty Ernst, FSMFN Faculty and Ruth Beeman, former Dean of the Frontier School of Midwifery & Family Nursing. Thanks Kate for making this event very special!



Back row left to right: W.W. Hall, Jr., Wade Mountz, Ken Tuggle. Front row left to right: Kitty Ernst, Kate Ireland, Ruth Beeman and Robert Botkin



Miss Kate Ireland and her niece, Sally Humphrey - The Lexington Country Club - 80th Celebration Luncheon

Elementary School Tours

The following was written by Mary Ethel Wooton, FNS Board Member and retired school teacher, who coordinated the school tours.

The 80th celebration events in Leslie County during May have been focused on reaching out to our young people. The sixth-grade classes from all elementary schools in the county were invited to spend a day with the FNS. Each school had a day dedicated especially to its students. Hayes Lewis Elementary was the first to visit. They were transported to the Mary Breckinridge Hospital and welcomed by staff. To "admit them to the hospital", a wrist band identifying the school and the 80th celebration was issued to each student. They then set out on their tour of the hospital. Included were most of the departments and services including operating room, ultrasound, x-ray, lab, clinic, nurses' station,

and administration to name a few. Many seemed particularly interested in the technology in use and were fascinated by the costs of the equipment. Their tour concluded in the cafeteria where they enjoyed ice cream from the newly purchased ice cream machine.

Wendover was the next stop of the day. They were met in Pig Alley by members of the staff who then led them on a tour of the buildings and grounds. Emphasis throughout the afternoon was placed on the life of Mrs. Breckinridge and her contributions not only to Leslie County but also to the nation and the world. During the visit to the Garden House, students enjoyed the historical photographs. Many commented on which were their favorites and explained why. On to the Gift Shop they went. It was very surprising to them that the building had been used as a barn for nurses' horses, and many questions were asked about the saddle and saddle bags on display there.

The highlight of the day came next - The Big House. The students watched "The Forgotten Frontier" video, then visited the guest rooms upstairs. While upstairs, they talked about which rooms they would choose if they were to spend the night. The room that interested them most was that of Mrs. Breckinridge. "Was this her desk?" "Was this her chair?" "Were these her pictures?" Returning to the first floor, they were treated to lunch in the Dog Trot. Following lunch, they gathered on the porch for a class photograph. The ultimate compliment was uttered upon leaving the Big House, "The Big House is the bomb". To conclude their day, the students hiked the Hurricane Trail out to The Livery.

On the following days the other elementary schools came for their day with FNS. The purposes in planning these days were many: to educate the students about Mrs. Breckinridge and the FNS and to be proud of her legacy; to see that services done at the hospital are done very well; and to make them aware of vocational choices in the medical field that are available to them in their home area. We hope that one day some of these young people will return to the Hospital as doctors, nurses, technicians, administrators, and other professionals who lead us through the next 80 years at FNS.



Sixth grade students from Hayes Lewis Elementary - FNS tour - Pig Alley at Wendover with Tour Guide Michael Claussen



Hayes Lewis Elementary students at the Hospital with Edith Hensley, Emergency Room Manager

Wendover News

by Barb Gibson, Assistant to CEO

Visitors at Wendover

The following is an update for the period of May 1, 2004 - April 30, 2005 (12 months)

- 219 overnight guests
- Brunch/lunch/dinner/tea was served to 1,146 guests (some were tour groups)
- 289 people attended functions at The Livery, e.g. baby showers, birthday parties, etc.
- In addition to Board meetings, 24 people attended meetings held at Wendover.
- Tours were given to 622 people

Total number of visitors = 2,300

Maintenance Update (May 1, 2004 - April 30, 2005)

Maintenance projects included the following: Roof repair of The Big House; A "shed" was constructed at the back of the Hurricane Barn for protection of historical jeeps; Roof replacement on the Wendover Well House; Gutters on the Garden House, Garage, Barn and The Big House were cleaned and screened; New signs were posted around Wendover (Hurricane Trail, The Livery, Guest Parking, etc); A concrete drain was built at the Upper Shelf; A privacy fence was built around the garbage dumpster; The floors were re-finished in the Courier Quarters; The Big House kitchen, hall and other rooms were painted; Carpet was replaced in The Big House Living Room Porch; Wooden fence railing next to the Barn was replaced; Fence at the road was torn down; siding replacement on back of The Big House kitchen due to water damage; fencing at Hurricane Pasture and clean-up of Hurricane Barn. Routine maintenance of grounds include grass cutting every other week. After clean-up by the river, additional grass cutting is required from the Post Office all the way to the Hurricane bridge making the river accessible for fishing, etc.

Other

We are looking forward to completion of the City Sewage System which will extend to Wendover. This is much needed due to increased volume at the Bed & Breakfast Inn.

Medical Breakaway Visit

On Saturday, March 19, 2005, ten medical students from the University of Maryland arrived at Wendover for their spring break called Medical Breakaway. During their week-long stay at the Historic Headquarters, the students shadowed providers at each of the four healthcare centers, went on Home Health rounds and taught a series of health lessons at Big Creek Elementary at Bear Branch. Another project for the students was working in the Wendover gardens. Every spring, the gardens are engulfed with blossoms from a wide variety of flowers. Everyone truly enjoyed their taste of rural living. Special thanks to second year medical student, Abby Lenhart, for her outstanding leadership of the group. We appreciate all their efforts and look forward to a return trip next spring.



Medical Breakaway students

Special Recognition

On the night of April 14th the Leslie County Chamber of Commerce Civic Awards Night honored several people in the community for their outstanding performance either on their jobs or in the community. Our own Christine Collins, Special Projects Coordinator at Wendover, was nominated and received an award.

Christine began working in housekeeping at the Hospital in 1981 and continued working until 1991 when she transferred to housekeeping at Wendover. Today, Christine performs many tasks including purchase of food and supplies for Wendover's Bed & Breakfast Inn. She also makes reservations for the Bed & Breakfast Inn and oversees the Gift Shop. Christine was chosen by her fellow employees to be honored at this event because of her quiet, kind and helpful nature. She is well liked and respected by everyone at Wendover and is a dedicated and faithful employee.



W.W. Hall, Jr., CEO & President and Christine Collins at Award Night

Courier Program News

by *Michael Claussen,*
Assistant Courier Program Coordinator



Michael Claussen, Assistant Courier Coordinator

The following Couriers have been selected to participate in the Courier Program during the first part of summer:

Sarah Dotters-Katz arrived on Sunday May 22. She is a senior at the University of Pennsylvania, with a major in history and a minor in archaeology. She has also finished the pre-med curriculum, and eventually will apply to medical school. In her spare time, she plays water polo, Ultimate Frisbee and tutors primary school children in West Philadelphia. She spent this past fall doing clinical research with an orthopedic surgeon. She was born in Whitesburg, Kentucky. Her two brothers and parents live in Eugene, Oregon.

Becky Hess arrived on May 22. Becky was also born in Whitesburg, Kentucky, but Sarah and Becky do not know each other. Becky lives in Dillsburg, Pennsylvania, and grew up hearing stories of the culture and the people of Appalachia and her parents' fondness for both. She is a junior at Messiah College in Grantham, Pennsylvania, where she is studying biopsychology. Following graduation, Becky plans to attend medical school to become a physician. She enjoys crocheting, reading and walking in the woods.

Alana Jonat arrived at Wendover the first week of June. Alana is a graduating senior from Cornell University in Ithaca, New York. She is majoring in biological sciences and plans to pursue a career in microbiology to solve global health and environmental problems. Alana looks forward to learning about healthcare in a rural setting and is interested in the issue of healthcare education

Tamara Walker is a student at Berea College in Berea, Kentucky. She is studying biology and agriculture and plans to pursue a career as a veterinarian.

I am looking forward to an exciting summer with the Courier Program. We plan to host another Campaign for Safe Kid Series with our clinics and provide Story Hour at the Old Beech Fork Nursing Center. The Couriers will also be involved with many community service projects ranging from volunteering at the Leslie County Animal Shelter and Hyden Manor Nursing Home, to working with area Girl Scouts.

Former Courier News

Jennifer Swisher, Columbus, Georgia, wrote that she recently got married to Richard Lynes.

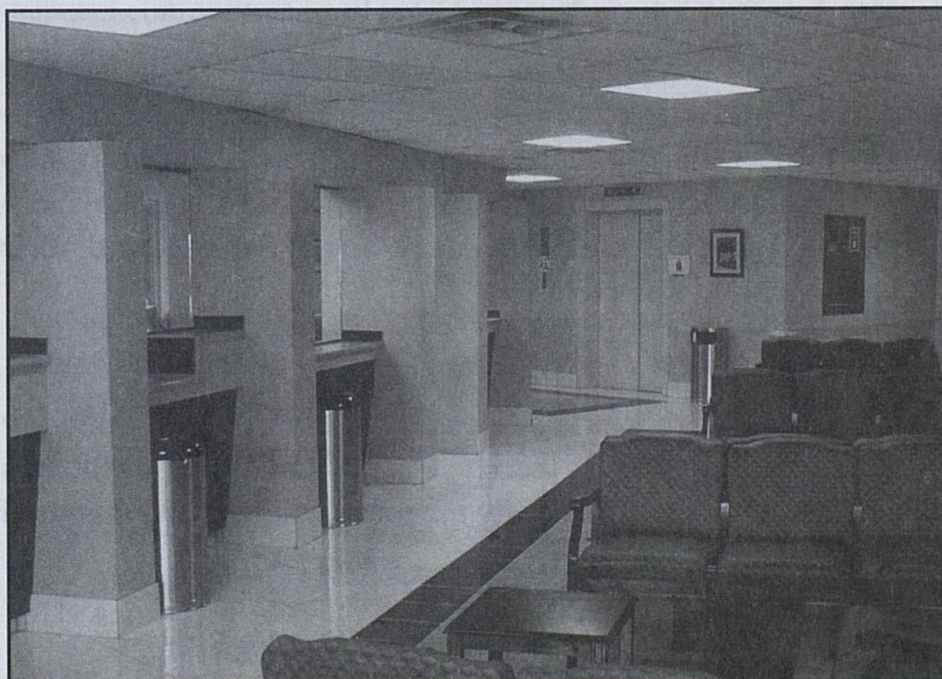
Celeste Lindahl, Meadville, Pennsylvania, wrote that her experience as a Courier confirmed her love for rural medicine and that she has enrolled in the Physician Assistant Program at Lock Haven University.

Mary Breckinridge Healthcare, Inc. News

by Mallie Noble, Administrator

Hospital Lobby Renovations

Early in the spring our very talented maintenance crew began a huge project completely renovating the first floor lobby. I am happy to report the project is nearly complete. The lobby is absolutely beautiful with the new furniture, granite and marble tiles, the historical photographs, displayed throughout the entire lobby, and the reorganization of the Mary Breckinridge Hospital and Dr. Anne A. Wasson Rural Healthcare Center registration area. The registration and admission areas were moved to their original locations when the hospital was first designed. This project has helped us serve our patients more efficiently, increased productivity of our employees and has made the flow of our entire process more smooth. The project has also gained us much positive publicity from the patients whom we serve, our employees and the community members.



Recently renovated Hospital Lobby

National Hospital and National Nurses Week

This past week we celebrated National Hospital Week and National Nurses Week. The nursing staff received lovely flower baskets from Jean Sullivan, M.D. Dr. Sullivan has purchased flowering plants for the entire nursing staff for the past three years. Thank you Dr. Sullivan for your help with this project.

We are in a time when retention and recruitment of nursing staff is becoming more and more difficult. Job fairs and networking with other agencies and schools are necessary to find ways to battle this problem. On May 2nd, Linda Craft, Director of Nursing, attended a job fair at the University of Kentucky Rural Health Building in Hazard. The Hazard Community College and Lees College graduated over sixty nurse applicants in May. Recruiting these students for a future at our Hospital is a priority. The Mary Breckinridge Hospital employs some of the finest and most knowledgeable nurses in the area. Our nursing staff is not only willing, but also eager, to take new students and train them. We are very fortunate to have over 350 years of nursing experience combined in our nursing staff.

Child Abuse Prevention Month

April was Child Abuse Prevention Month and as a part of a community project, staff from the Hospital participated in a picnic to support children who are placed in foster care. Local Law Enforcement Agencies, Child Advocacy, Social Services and other groups supported this event.

Easter Egg Hunt

May 25th Mary Breckinridge Hospital sponsored a Community Wide Easter Egg Hunt at the Hyden City Park. This event was well received by the community members and over two hundred people attended.

Chamber of Commerce Civic Night

Hyden-Leslie County Chamber of Commerce 2005 Civic Night was held on Thursday, April 14th at the Extension Office in Hyden.

Mary Breckinridge Hospital recognized seven staff members which included Dr. Begum, Dr. Cornett, Dr. Sullivan, Drucilla Howard, Erma Wenger, Bonnie Pennington and Mickey Bell. Congratulations to all staff members who participated at this event.

American Hospital Association Annual Convention

May 1- May 4th was the American Hospital Association's (AHA) Annual Convention in Washington, DC. Advocacy agenda was "America's Hospitals Cornerstones of Community Care". On May 3rd, the Kentucky Hospital Association (KHA) hosted a Delegation Dinner that was well attended by members of the KHA who attended the AHA Convention, Congressional health aides and Congressman Ben Chandler. KHA members visited the Kentucky Congressional Delegation in their Capitol Hill offices where we met with Congressmen Ed Whitfield, Anne Northup, Goeff Davis and Ben Chandler and the staffs of Senators Mitch McConnell and Jim Bunning and Congressmen Ron Lewis and Hal Rogers. Kentucky Hospital Association Members stressed the preservation of payment enhancements included in the Medicare Prescription Drug and Modernization Act, freezing the 75% Rule at the 50 percent compliance level until further study is completed, increasing the Medicaid DSH allotment, restoring the Critical Access Hospital lab cost reimbursement, federal liability reform and peer review protection and extension of the current moratorium on physician-owned specialty hospitals.

Provider Recruitment

Provider recruitment continues to be a primary focus for all entities of Frontier Nursing Service. Currently we are recruiting for an OB/GYN, Family Practice or Internal Medicine/Pediatrician and Family Nurse Practitioners.

Marion McCartney appointed to FNS Board of Governors



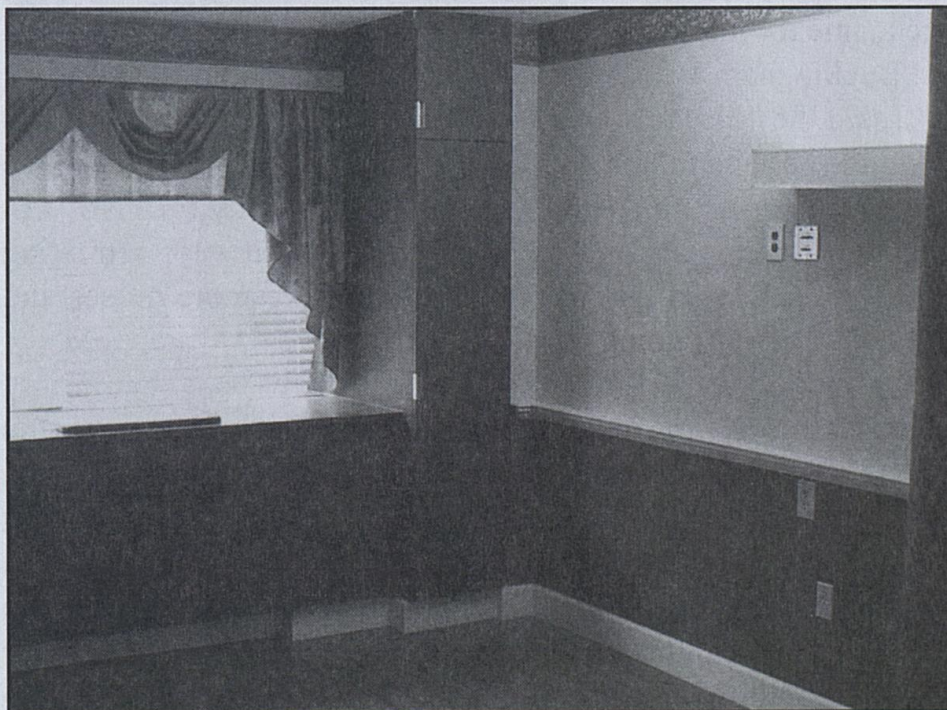
Marion McCartney, new Board member

We are very proud to announce that Marion McCartney, CNM has been appointed to serve on the Frontier Nursing Service Board of Governors. She is also serving on the Frontier School of Midwifery & Family Nursing Board of Directors. Marion is currently the Director of Professional Services at the American College of Nurse-Midwives. In this role she works with policy makers, healthcare professionals, the public and ACNM members on a wide range of issues affecting primary health services to women and their families. She has had 24 years of clinical experience as a nurse-midwife in private practice, and has served as the President of the National Association of Childbearing Centers. Ms. McCartney has been clinical faculty to midwifery, medical and nursing students and has been a speaker at national meetings on primary healthcare for childbearing families. She is a co-author of the book The Midwife's Guide to Pregnancy and Childbirth. Marion's expertise in the areas of healthcare and midwifery are sure to bring much knowledge and a great perspective to the FNS.

Hospital Patient Rooms Renovations Need

In an effort to serve our patients and their families, we have started the renovation of patient rooms on the Medical Surgical Floor at the Hospital. Thus far, we have been able to renovate two rooms. Renovations include wallpaper, paint, new Hillrom bed, a heating/air conditioning unit and a much needed chair/cot for family members.

Our existing rooms have only the necessary bed and equipment for patient care. Patients' family members often have nothing but a very uncomfortable chair to sit in while sitting all night and sometimes for days with their loved one. Our two newly renovated rooms are so popular that patients are requesting to be assigned to them. If you would like to assist in the renovation of the rooms, your contribution would be very appreciated. Please send your gift to Frontier Nursing Service, 132 FNS Drive, Wendover, Kentucky 41775 and write "restricted for patient room renovations" on your donation.



Recently renovated patient room at the Hospital

The View of the Provider

by Linda Ahrens, FNP

As we enjoy the beauty of the Blackberry Winter here in Southeastern Kentucky, I have the privilege of writing about some of my patients here at Community Health Center in Clay County. When trying to decide what to write about, Kitty Ernst, one of the first FNS nurse midwives to the area suggested talking with some of my patients who were around when the first clinics evolved and see how they compare with the care they receive today. I called several of my patients to get their perspective.



J.L. Sizemore of Big Creek remembers when the first nurses came up Deep Ford Holler. He said they came up on horseback and met at a house north of Henry Ledford's house. Georgia Ledford said that some of the men would see the nurses coming and had a nickname for the gathering house on Deep Ford Holler and called it "Buckingham Palace". Later a clinic was built at Flat Creek. J.L. said the "care was good". The midwives gave great care and "were a blessing to this area". Compared to the care of the nurse practitioners and nurse midwives practicing today for FNS, J.L. said "the care is still good, each just had different ways of treating patients". J.L. said that back then, there were more nurses and they were always going out to see patients.

Clara Carr took time out of her busy day to visit with me over the phone. She was cooking chicken and dumplings, soup beans, cornbread and other delicacies in celebration of her 45th wedding anniversary and three birthdays. She said she was going to have a houseful of people sitting at her table that night. Clara said she could remember "the nurses" coming to their house when a baby was born and taking care of other family members if they happened to be sick. The nurses would go to the schools to give immunizations. She said they would line up the kids and some of the

kids would pass out from fright. She said she was really interested in how the nurses sterilized the needles. They would put the needles in a little pot with legs and light a fire under it. She remembers the nurses gathering all the new mothers and their new babes on someone's porch, weighing all the babies and teaching the mother about caring for them.

Clara also remembered going to the Red Bird Nursing Center, a big log building with many steps to climb. As a child, she enjoyed playing on the steps. She said she attended Christmas parties at the Center where all the kids received a gift. Clara remembered that the nurses liked to drive their jeeps up hollers and just visit with the folks.

Compared to care given today, Clara said there was no difference in the service. She reported that everyone has been so very nice!

Thanks J.L. and Clara for your comments! Happy Anniversary Clara!



Community Healthcare Center, Big Creek, Kentucky

Frontier School of Midwifery and Family Nursing News

by Dr. Susan Stone, President & Dean

Accreditation Update

The Frontier School of Midwifery and Family Nursing announces a brand new Master of Nursing Science option, the Community-Based Women's Health Care Nurse Practitioner (CWHCNP). We received accreditation for this option from the National League for Nursing Accrediting Commission in May 2005. CWHCNP option graduates will be eligible to take the national certification examination given by the National Certification Council (NCC) Women's Health Care Nurse Practitioner Examination.



Enrollment

We continue to be very busy at the School. We admitted two new classes this Spring. Class 44 attended Frontier Bound in March and Class 45 attended in May. This added 49 new students to the roster.

New On-Line Newsletter

On May 1, the School launched a new electronic newsletter. The newsletter lives on the FSMFN website. An e-mail is sent to all subscribers when a new edition is launched. This allows readers to access a link located directly in the e-mail and read the current news. Subscribers will receive an e-mail every month. Visitors to the FSMFN website can also read the newsletter and sign up to receive the monthly e-mail. We are hoping that this will be a great way to stay in touch with our students, alumni and friends. Check it out - www.midwives.org/newsletter.

Chamber of Commerce Award for Excellence

April 14th the FSMFN staff received an award for excellence in Higher Education from the Hyden Chamber of Commerce (see photo on next page).



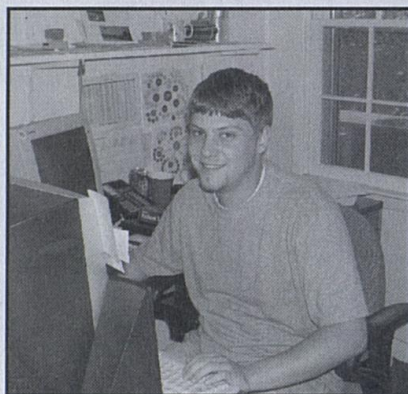
Chamber of Commerce Award for Excellence in Higher Education. Back row: Elissa Miller, Frank Baker, Sherri Davis, Anna Carey. Front row: Angie Mitchell, Susan Stone, Billie Couch and Judy Pennington

Staff News

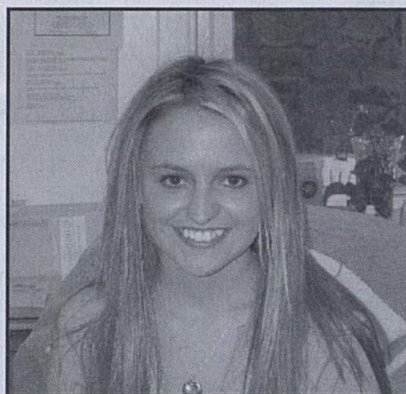
The Multimedia Team has a new member - Russell Pruitt. Russell joined the team in March. He has already been of great assistance in developing the on-line systems and materials needed to deliver the curriculum to our students at a distance (see photo on next page).

Billie Couch was promoted from Secretary to Quality Assurance Coordinator. Billie takes care of all the credentialing and the contracts with the clinical sites used by our students across the country. Billie started at the FSMFN as a Secretary approximately one year ago and has proven to be a great addition. She also attends Hazard Community College in the evening. She is studying nursing (see photo on next page).

Brandy Owen joined the School as Secretary in April. She is very efficient and has quickly become a full fledged member of the team. We feel so fortunate to have these wonderful residents of Hyden joining the FNS family (see photo below).



Russell Pruitt



Billie Couch



Brandy Owen

Congratulations to Jeanna Cornett who graduated from the University of Kentucky in May 2005 with a Master's Degree in Library Science. Jeanna is the full-time Librarian at the Frontier School of Midwifery and Family Nursing. She has lived in Hyden, KY all her life and has a keen interest in the history of Southeastern Kentucky. She joined the school as Library Assistant in May of 2004. Upon her graduation, Jeanna received an appointment as a member of the FSMFN faculty in the role of Librarian (photo on next page).



Jeanna Cornett

WEBSITES

Frontier Nursing Service - www.frontiernursing.org

FSMFN Community Based Nurse Midwifery Education Program (CNEP) - www.midwives.org

FSMFN Community Based Nurse Practitioner Program (CFNP) - www.frontierfnp.org

IN MEMORIAM

John R. Gaines, Lexington, Kentucky died February 11, 2005. Mr. Gaines was instrumental in the creation of the Kentucky Horse Park and founded the Breeders' Cup races in 1992. He was a great supporter of the Maxwell H. Gluck Equine Research Center in Lexington. He was also a noted philanthropist and art collector and a supporter of the FNS.

Dr. Joseph A. Levine, Lynchburg, Virginia, died unexpectedly January 25, 2005. Dr. Levine worked at the Mary Breckinridge Hospital as a dentist in the late 70's. He was married to Frontier School of Midwifery & Family Nursing graduate Lillian Link, FNP. In addition to his dentistry career, Dr. Levine was a skilled photographer and wrote his own computer programs for his practice for 20 years.

Margaret Creighton "Peggy" Williams, Bedford, Massachusetts, died January 18, 2005. Mrs. Williams was a member of the FNS Boston Committee and a supporter of the FNS.

In Memory of:

Mr. Thomas L. Athanasiou	Dr. Eva Fidelia Gilbert
Ms. Anne M. Lorentzen	Judy Rafson
Ruth Blevins	Dr. Yvonne Imbleau
Dr. Yvonne Imbleau	Mrs. Frances S. Myers
Carol Read-Anderson	Mr. Gene Myers
Rev. Greta Dow	Mardi Perry
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Mr. Hugo Gregory, Jr.	Gene Talnos
Mrs. Carolyn B. Gregory	Mrs. Susan Dow-Johnson
Doris Henry	Mr. James M. Thomson
Mr. John G. Henry	Colonel James T. Breckinridge

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In memory of _____

Contributor's name _____

Person (s) to whom you wish acknowledgment sent

Name _____

Address _____

In Honor

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In honor of _____

Contributor's name _____

Address _____

Person (s) to whom you wish acknowledgement sent

Name _____

Address _____

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Dr. Anita Cornett, *Family Practice*

Dr. Albino Nunez, *Internist*

Dr. Madeline Tan, *Peditrician*

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Heidi Froemke, *FNP, Director of Rural Healthcare Clinics*

Megan Griffith, *CNM*

Laura Mann James, *CNM*

Janessa Johnson, *FNP*

Debi Karsnitz, *CNM*

Katherine Lauderdale, *FNP*

Elissa Miller, *CNM, Director of Midwifery Services*

Angela Mitchell, *FNP*

Mary Breckinridge Home Health Agency:

Willa Morris, *Director*

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Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
801 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Administration:

Digital Camera	399.99
Photo Printer	99.00

Beech Fork Clinic:

Wheelchair Scales	2,565.40
Automatic Electronic Defibulator	3,591.00

Community Health Center:

Wheelchair Scales	2,565.40
Automatic Electronic Defibulator	3,591.00

Emergency Room:

Finger Pulse Oximeter	395.00
4 Littman Stethoscopes	191.80
2 Full Arm Wheelchairs	520.70
Pocket Size Diagnostic Ophthalmoscope/Otoscope	300.22

Frontier Nursing School of Midwifery & Nursing:

Computer System for Students (Library Use)	1,500.00
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Home Health:

2 Portable O2 Sat Machines	395.00
6 Pair Weight Scales	233.70
4 Blood Pressure Cuffs	99.80
4 Stethoscopes	191.80
Basin Shampoo Board (6)	187.00

Lab:

Blood Bank Centrifuge	1,279.20
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URGENT NEEDS - Continued

Medical/Surgical:

Hill Rom Relaxer Chairs (5)	4,090.00
Welch Allen Thermoscan	119.46
2 Allegiance Heavy Duty Wheelchairs	520.70
Welch Allen Sure Temp. Thermometer	315.32
Welch Allen Mobile Stand	247.50
Digital Camera	278.44

Nursing Administration:

Pediatric Airway Trainer (PALS Class)	495.00
ACLS Emergency Handbooks (10)	129.50

Operating Room:

Color Printer Pack for Colonoscopy	295.25
Spot Vital Sign BP & Temp Monitor with Stand	940.62
Stainless Steel Flash Tray	158.00
Stainless Steel Kick Bucket (2)	155.00
Stainless Steel Instrument Table - Fixed Height	365.00
Patient Education Booklets (variety)	100.00
2005 Standards & Guidelines Manual	69.00

Respiratory Therapy:

Hand Held Pulse Oximeter	629.00
EKG System	2,295.00
Hand Held Pulse Oximeter	629.00
Finger Oximeter	395.00
Spirometer	2,050.00

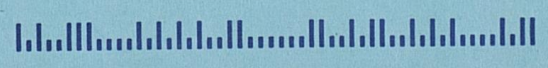
We extend special thanks to Mrs. Joseph Gleason, St. Louis, Missouri, for funds to purchase hooyer lifters, one piece mesh sling and a shower chair with arm sides and wheels, for the Medical Surgical Floor at our Hospital.

WE THANK YOU
FOR YOUR PARTICIPATION



PLACE
FIRST-
CLASS
POSTAGE
HERE

FRONTIER NURSING SERVICE INC
DEPT 1398
WENDOVER
PO BOX 143
LEXINGTON KY 40588-0143



Loose Item

Please send me more information about:

- The FNS Courier and Volunteer programs.
- Visiting and Touring the FNS.
- Books and other literature concerning FNS.
- Change of address.

As an interested friend, my subscription of \$5.00 a year is enclosed.

- New
- Renewal

As a supporter, you will receive the *Frontier Nursing Service Quarterly Bulletin* unless you request otherwise.

Enclosed is my gift of \$ _____



Mary Breckinridge's home at Wendover.
Historic Landmark - Restored in 1981.

Name

Address

City

State

Phone ()

Zip

Your Gift is
Tax Deductible

Loose Item

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended June 8, 1984