



Shalom

Serving the Central Kentucky Jewish Community Since 1962

March 2003

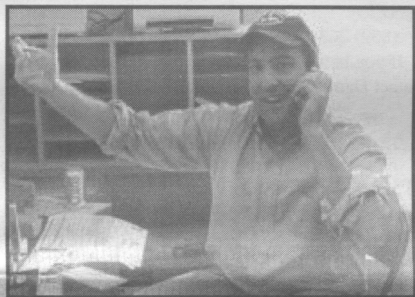
Adar-Veadar 5763

Sunday, February 9th, was Super

More than \$12,000 Raised for 2003 CKJF Campaign

By Sandy Goldberg, Super Sunday Chair

On February 9th, more than 20 volunteers came together to reach out to Jewish households in Central Kentucky to help us support community services and our Jewish



Super Sunday Chair Sandy Goldberg cheering the update on the results of the day.

family in Israel and around the world. It was a celebration of community and a most enjoyable day. Most important: we did the job. We learned of people who need help, we listened to people with diverse opinions regarding the Jewish community and the role of Israel in that community. We gave everybody the opportunity to be part of the effort. The results—over \$12,000 in grassroots contributions from 163 households. These contributions represented an increase of more than 45 % compared to the contributions of these same households last year. It was gratifying for those calling to know that many people expected the phone call and were ready to help.

I want to extend a heartfelt thanks to those who contributed. First and foremost are the CKJF staff for their support and the many volunteers who agreed to make phone calls. And a special "thank you" is due to AT&T wireless for donating phones



Judy Saxe was among those who made the phone calls.

and airtime for the event and to Jeff Kaplan and Subway for donating the food to "refuel" our volunteers. We did not reach everybody—that would have been impossible—but we did better

see Super Sunday on page 5

"Make a Difference" Theme of 2003 Major Gifts Event

Donor Dinner Scheduled for Sunday, March 23

By Marty Barr, Co-chair, 2003 UJC/CKJF Community Campaign

On March 23rd, the Central Kentucky Jewish Federation will hold its annual major donor event. We are fortunate indeed this year that Alan and Irene Bloomfield offered the use of their lovely home for this fête. Attendees will enjoy dinner, music by Benji Karp and Cliff Jackson of the University of Kentucky School of Music, and a presentation by Clive Lessem of the Jewish Agency for Israel. Mr. Lessem worked to rebuild Jewish life in Eastern Europe. He also has worked with the JDC (Joint Distribution Committee) the overseas relief arm of

our American Jewish community.

Clive is originally from South Africa, but now makes his home in Israel. His talk will center on the many places around the world that your contributions to campaign make a significant difference in the lives of our fellow Jews.

We are, of course, also seeking the funding that will enable our local Federation to continue making a difference right here in Lexington. Items like camp scholarships, Camp Shalom summer camp, the concert by the community orchestra, the Winter

see Major Gifts on page 3

Kenneth Freedman Social Action Award Seeks Applicants

UK Students Encouraged to Apply

The Kenneth Freedman Social Action Award was established in late 2002 by the family and friends of Kenneth Freedman (Z"L) to provide modest cash awards annually for Jewish students at the University of Kentucky who excel as social activists on campus. The initiative is honoring Ken Freedman's life-long dedication to the principles of *tikkun olam* and social justice. This year we will be selecting the first winner of this award. Applicants can apply themselves or be nominated by a member of the campus or community. Please see the following requirements:
Eligibility: Any Jewish Student currently enrolled in the University of Kentucky is eligible to apply
Requirements: Applicants must be active on social issues concerns in the university campus or the general community.

see Freedman on page 2

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MAZEL TOV TO:

Barbara Baumann and Howard Aizenstein on the birth of **Alex Baumann Aizenstein** on January 28, 2003. Big brother is 2 year old **Max**. The proud grandparents are **Judy and Robert Baumann**.

Lauren Higdon and Chris Howard on their marriage on January 26, 2003. Lauren is the daughter of **Judith Wurmser**, the stepdaughter of **Paul Cable**, the granddaughter of **Jerry and Rose Rita Wurmser**, and the niece of **Linda and Jeff Noffsinger**.

Steve and Nancy Kesten on the birth of their granddaughter, **Emily**, on February 20. Proud parents are **Bill and Sara Howell**.

Aaron Rakes on his admittance to Stanford University and the University of Michigan. In addition to being offered athletic scholarships to these universities, he was offered scholarships from the University of Illinois, Ohio State University, Penn. State University, University of Minnesota, Berkeley, and the University of Iowa. Aaron also received the Jason Whitfield Scholarship which is given yearly to an outstanding and dedicated gymnast in the United States.

Sheryl and Micah Samuels on the birth of their daughter, **Sydney Logan**, on February 19.

REFUAH SHLEMAH (get well wishes):

Howard Baker
Bob Ellsworth

CONDOLENCES TO:

Brian and Tammy Hershinow on the death of Brian's stepmother, **Vicki S. Hershinow**, on January 27, 2003.

Etta Pollan, Bruce and Mary Engel, and Danny and Elizabeth Engel on the death of Etta's sister, Bruce's aunt, and Danny and Elizabeth's great-aunt, **Clara Blucher**, on January 31, 2003.

Jeremiah Suhl and Sylvia Cerel Suhl on the death of Jeremiah's father, **Emanuel Suhl**, on February 3, 2003.

Freedman from front page

Submission: Applicants must submit a cover letter indicating their personal information and status as a U.K. student, accompanied by letter (no more than 250 words) explaining his or her involvement, and a description of the project where the applicant is involved. The application must also include the name of at least one reference. In the case of students being nominated, they will be notified of their nomination and will have to follow the same application process.

Deadline: Applications must be received by March 17th, 2003

Mailing Address: Mail applications to:

Kenneth Freedman Award
c/o Central Kentucky Jewish Federation
1050 Chinoe Road, Suite 203
Lexington, KY 40502

or e-mail to:

ckjf@jewishlexington.org
Subject: Kenneth Freedman Award

or fax to:

(859) 268-0775 - Kenneth Freedman Award

If you have any questions or comments, please contact Daniel Chejfec at 268-0672, ext 1#

Help us promote social action.

Please let us know of any news you would like to share with the community. E-mail your Community News to:

shalom@jewishlexington.org

or mail:

Community News
Central Kentucky Jewish Federation
1050 Chinoe Road, Suite 203
Lexington, KY 40502

Shalom Deadline

Deadline for articles for the April Shalom is March 11.

E-mail articles to

shalom@jewishlexington.org

Articles submitted in hard copy should be double-spaced.

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Shalom

Published ten times annually by the Central Kentucky Jewish Federation, Inc.
1050 Chinoe Road, Suite 203, Lexington, KY 40502

(859) 268-0672 • Fax (859) 268-0775 • e-mail: shalom@jewishlexington.org

March 2003, Volume X, Issue 6

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Jana LaZur, Activities Director

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March 9th Concert of Light Classics by Jewish Composers

CKJF and Lexington Community Orchestra Offer Music Program

By Jana LaZur

The Central Kentucky Jewish Federation is proud to sponsor a concert to be performed by the Lexington Community Orchestra on March 9th at 3:00 p.m. This concert, entitled *Light Classics by Jewish Composers* is free and open to the public. They will play selections from *Fiddler on the Roof*, *Oklahoma!*, *Billy the Kid*, and *West Side Story*, and it should be a delightful afternoon of music, community and enjoyment. A reception will follow the concert in the Presidents' room for all to

attend. You will have the opportunity to meet the orchestra members and greet your fellow members of the community while enjoying a light snack.

John Roller is the conductor of the orchestra, and teaches at the University of Kentucky. The musicians deserve a lot of credit as well. They actually pay their own expenses to play in this orchestra, and through their love of playing the instruments, we are able to enjoy this event. Also, Vivian Bowling who is the committee chair of the

CKJF Community Activities Committee will be joining the orchestra in a song or two in this special concert; she has also been instrumental in making the concert happen. A special thank you goes out to Vivian!

Come to the Singletary Center for the Arts from 3-5 p.m. on Sunday, March 9th and enjoy the sounds of beautiful music. Feel free to call Jana LaZur at 268-0672 extension 4# for more information.

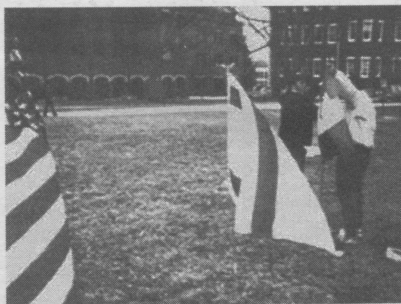
Major Gifts from front page

Dinner and the very successful series of Mitzvah events are visible to most members of our community. The work of our Jewish Family Service, however, is kept much quieter. We may keep the names private, but there is a constant stream of people and families who seek help and receive it on a regular basis.

The same holds true for the efforts of our Community Relations Committee (CRC), where we are continually striving to maintain contact with other groups in the community and to make sure that the media portrays a balanced set of views about what is happening around the world. For example, at one time, the *Herald-Leader* was favoring the publication of anti-Israel letters to the editor, but thanks to a special letter-writing campaign coordinated by the CRC, we were able to restore balance to their presentation of the Israeli-Palestinian conflict.

Our efforts to build a strong and proactive on campus Jewish Student Organization (Hillel), are coming to fruition. Recently, Hillel sponsored a special memorial to the heroes of the Columbia space shuttle and had students and faculty sign a special condolences book, copies of which will be sent to the White House, the Israeli Space Program and NASA.

The Federation's goal is to make a positive impact on the lives of the Jewish community in Central Kentucky and to make a contribution to the effort to improve the lives of Jews throughout the world. Please join us at this event if you can and if you can't please contribute generously when a volunteer calls upon you later this year



4th Annual Women's Community Seder


Monday, April 21, 2003
7-9pm at Ohavay Zion Synagogue

Women 17 and older are invited to attend an evening of Passover music, fun & festivities from a woman's perspective. Ritual and symbolic foods will be served however there will be no main meal.

*Dress casually & comfortably & bring your own pillows!!

----- ✂
Name(s) _____
Address (for tickets) _____ Phone _____
Email Address _____
☐ Enclosed is my \$ 7.50 for the Seder
☐ Enclosed is my \$ 7.50 for the Women's Seder Haggadah

I would like to participate in the following::
Set-Up ☐ Clean-Up ☐ Shopping ☐ Food Prep. ☐

I would like to read a portion of the Seder ☐ My seating preference is Floor 

I will need childcare for ☐ children, ages ☐



Organized by the women of the Central Kentucky Jewish Community.
Including Central Kentucky Jewish Federation, Hadassah, Lexington Havaarah,
Ohavay Zion Synagogue and Temple Adath Israel

Hillel students who sponsored a special memorial program for the heroes of the space shuttle Columbia raise an Indian flag on the U.K. campus alongside U.S. and Israeli flags.

**E-mail
us at**

Shalom@JewishLexington.org



President's Message

by
Stan Saxe

A Case for Investing

The volunteers who made phone calls on Super Sunday in early February opened our 2003 CKJF/UJC Community Campaign. This campaign is known in some communities as the United Jewish Appeal/Federation Campaign and reflects the merger of the United Jewish Appeal and the Council of Jewish Federations of which our Central Kentucky Jewish Federation has been a member for 25 years.

Each person who volunteered to make phone calls was probable seen and heard as asking the people contacted to give, to contribute, to share. I believe the volunteers were asking the folks contacted to invest. In essence, they were being asked to invest in our Central Kentucky community, to invest in Jewish renaissance and renewal, and to invest in the social welfare of Jewish communities

around the world and in Israel.

How can giving something away be investing? Well, each Super Sunday volunteers have a large sheet of paper titled "How your contribution makes a difference in this time of emergency". Classified in five broad categories were listed many of the ways in which campaign funds are used - far too long a list for each volunteer campaign solicitor to recite and still make a number of phone calls.

So today I am going to present those five categories here in print, and I believe it becomes more obvious we are investing in our community and for ourselves:

Helping the Community One by One

In this category is our Jewish Family Services, with the Home visiting program, case management, emergency honor loans, a professional network of social services referral, and support for Jewish inmates in Federal and State prisons, advocacy for people with special needs and crisis intervention among many other ways in which our community is here for those who need help.

Enhancing Jewish Education and Identity

Every summer Camp Shalom provides a venue for informal Jewish Education for all children in the Jewish community. Holocaust Remembrance and Holocaust Education, protecting the rights of Jews in our society, presenting the voice of the Jewish community on issues of public concern, providing scholarships for our teens and our youth to participate in Israel experiences, providing camperships for local or regional Jewish summer camps, promoting Jewish family life education, organizing self-esteem workshops for teenagers and young Leadership programs; providing volunteer opportunities

through Tikkun Lexington, and much more.

Bringing the community together

Informing the community with the Shalom newspaper and the community website, creating opportunities for socializing with the annual Winter Dinner as well as regional and family-oriented events; promoting Jewish culture through concerts, celebrating together Yom Ha'atzmaut (Israel Independence Day) and commemorating together on Holocaust Remembrance Day; volunteering together on our December 25th Mitzvah Day, and new and exciting ways every year.

Serving the needs of the community

With our Singles' program (JewLs) and our Leisure Club for Adults 65 or over; with our Teenage workshops and long term care education programs; supporting the Jewish Student Organization/Hillel at the University of Kentucky; constantly identifying and responding to new needs.

Contributing to the good work of Social agencies in the broader community

The Joint Distribution Committee, overseas arm of the American Jewish community; United Jewish Communities, our National umbrella; the Jewish Council for Public Affairs, our voice on National policies; the local Resource Office for Social Minis-

try; the Jewish Agency for Israel; the Association of Jewish Family & Children Services of North America; the Hebrew Immigrants Aid Society; the Anti-Defamation League; Cam Judaea; Goldman Union Camp; Camp Ramah; Camp Anytown; One World Film Festival; March for Freedom - Martin Luther King Celebration; Coalition for the Advancement of Jewish Education (C.A.J.E.); God's Pantry of Central Kentucky and Meals on Wheels are some of the groups benefiting from our contributions.

This is by no means a complete listing - we do more. But I hope this is complete enough to keep our Campaign workers and our contributors excited and our campaign growing.

Lowell's Toyota Repair Specialists

233-1173

Help Offered

People who seek out psychotherapy have a self-actualizing tendency toward greater contentment and improving adaptivity. They seek psychotherapy out of a feeling that this tendency is frustrated.

One of the most important things the therapist does is to give the patient the feeling that he/she is known by another person.

Faust was willing to negotiate with the devil because in spite of all his erudition he never felt he was present with the essence of life. Psychotherapy can help with this feeling. And at a much lower cost.

Harwell F. Smith, Ph.D.

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Super Sunday from front page

than in past years. Follow-up sessions have been scheduled. By the time this paper reaches you, the final results of Super Sunday will probably have reached you via e-mail.

Sunday, February 9th was Super, and next year we expect to be able to reach even more people. In the meantime, please join us to continue the community campaign and volunteer to help us provide services throughout the community. This way we enhance the work of our congregations and organizations and make *K'lal Yisrael* even stronger than it already is.



Rose Rita Wurmser was great helping to correct wrong phone numbers,

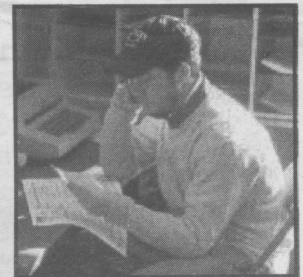
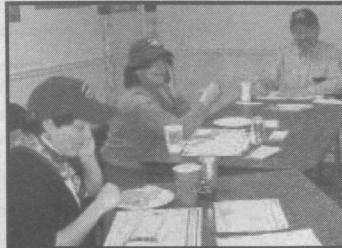
TODAH RABBAH TO OUR VOLUNTEERS:

Chair: Sandy Goldberg

Michael Ades
Marty Barr
Phil Berger
Sandy Berger
Daniel Chejfec
David Feinberg
Evelyn Dantzic Geller
Nancy Hoffman

Steve Kesten
Jana LaZur
Bea Milner
Fran Morris
Lowell Nigoff
Bonnie O'Neill
Joe Rosenberg
Rickie Rosenberg

Lisa Satin
Judith Saxe
Stanley Saxe
Vlad Seder
Hannah Smith
Gabriel Sperber
Rose Rita Wurmser
Lori Zimmerman



JSO/Hillel president Gabriel Sperber came to help directly from a weekend retreat in Ohio.

Lisa Satin, Bonnie O'Neil and CKJf President Stanley Saxe (Left to right)

Community Women's Seder to be April 21

By Jana LaZur

Come celebrate the spirit of Miriam. Bring your own pillows to relax, listen and sing along with beautiful music and move your body in patterns of dance. It is an evening to celebrate being a woman, to make new friends, and get to know people you may not otherwise have the opportunity to meet. On April 21st, the next Community Women's Seder will be celebrated at Ohavay Zion Synagogue from 7-9pm. It should be entertaining, thought provoking, spiritual and a time for you to let go a little. There is a special Women's Hagaddah which is used as a guide for the service. A committee has been planning for this evening for many months, so please make plans to attend. Our dynamic community of women come from the Temple Adath Israel, Ohavay Zion Synagogue, the Lexington Havurah and the Lexington Chapter of Hadassah, while the Central Kentucky Jewish Federation has taken an organizational role this year.

Plans are underway for making this a day to remember. See page three in this issue of Shalom for your mail-in registration form, or watch your mailbox. There will be ritual Seder foods, but not a full meal. And, as "Community" implies, we would love to have help in setting and cleaning up. We could also use readers to participate in the program. Please indicate where you would like to be involved, and make plans to come and enjoy the evening. We'll cap the night off with coffee and dessert and take comfort in the thought of women coming together. The cost is \$7.50 for the seder and \$10 for the Hagaddah. If you own a Hagaddah from previous years, there is no need to purchase a new one. See you there!

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Tikkun Lexington Visits the Stewart Home

Volunteers will Celebrate Purim with the Residents

By Jana LaZur

Get out your masks and groggers, Wednesday March 19th is the next opportunity to visit the residents of the Stewart Home. Tikkun Lexington, sponsored by the Central Kentucky Jewish Federation, will visit Frankfort and bring hamentashen, make masks and spread Purim cheer to the approximately 25 Jewish residents. We are hoping that the snow will be finished and this trip will attract many happy volunteers. The experience brings mutual benefit to all parties involved. The staff of the Stewart Home is always very accommodating and appreciative of our time. They also save questions for us to answer about Jewish customs and values, so they can help their residents observe Judaism. It is always a fun visit and we never know what to expect between the warm hugs upon our arrival, music, dancing and expressions of gratitude when we leave.

Many thanks to our regular volunteers: Tami Ohayon, Charles Goldstein and his children Nathaniel and Emily, Barbara Barr, Tucky Williams and my son, Ryan LaZur. Please plan on coming for our next scheduled visit during Purim. We are looking for new faces and hamentashen bakers (if you need a recipe, see the B'tay Avon column). As usual, we will meet at the Central Kentucky Jewish Federation office in the Chinoo Shopping Center at 5:15 p.m. and caravan to Frankfort. If you would like more information, want to bake or plan on accompanying, please call Jana at 268-0672 extension 4# or email jana@jewishlexington.org.

Central Kentucky Jewish Federation presents

Concert of Light Classics

by Jewish Composers

performed by the
Lexington Community Orchestra

March 9, 2003 - 3p.m.
at the Singletary Center for the Arts
Free to the public.

This concert will feature selections from
Fiddler on the Roof by Jerry Bock,
West Side Story by Leonard Bernstein,
Oklahoma! by Richard Rogers
& Oscar Hammerstein
& *Billy the Kid* by Aaron Copeland

For more information please
call 859-268-0672 ext. #4 or email
activities@jewishlexington.org



Workshop on Stress Management for Women to be held March 23

by Fran Morris, JFS Director

Jewish Family Services of the Central Kentucky Jewish Federation and Hadassah are pleased to team up to provide women with information on stress management. This afternoon workshop will be held on Sunday, March 23, 2003 from 3-4:30 p.m. in the library of Temple Adath Israel. Specifically, participants will learn about how to decrease the amount of stress in their lives. As women with multiple roles including wife, mother, daughter, employee, friend, and caregiver, we often forget how to take the time we need for ourselves. This can lead to illness, depression, or general unhappiness. Come to a workshop, led by psychologist Di Sobel, to help learn how to manage your stress. Through directed exercises and interactive discussion, you will be given tools to decrease your stress and increase your energy and ability to enjoy life. There will be no charge for this program and coffee and snacks will be provided.

So that we can properly prepare for all who participate, please RSVP to 269-8244 or send an email message to jfs@jewishlexington.org by March 20, 2003.



Sarah Malamud Stotland

By Daniel Chejfec, Executive Director
Central Kentucky Jewish Federation

father's office—he is an accountant—was temporarily at my mother's aunt's house, where Bubbe Sarah lived. She used to come toward the end of the working day and "evict" my father urging him to go back to his wife and his kids!! Every Shabbat she lit seven candles and when I asked her why, she said that was how many siblings she had and she wanted to remember them all.

One day, while walking with her from her house to mine (we were within walking distance, about six blocks), I took her through a shortcut that few people used. Her reaction was to chastise me for "taking the long way." She did not measure the walk in feet or meters, but in how many people she saw—the more people she saw, the shorter the way. It is this quality of putting relationships at the top of her list that made the longest lasting impression on my young

self. I remember when my parents moved to a new apartment, farther from

her house, but on a tenth floor, my mother was telling her how sorry she was that we were going to be farther away. She answered (In Yiddish) "Don't worry, God will keep an eye on you. By the way, which floor is it? The tenth? Of course God will keep an eye on you—you'll be closer!" My favorite picture of her is the one at my Bar-Mitzvah, where she is surrounded by all of her great-grandchildren.

And she cared for all life, not just people. Once, a faulty wire started a fire in my great-aunt's house while Bubbe Sarah was alone. When she saw the fire, she first picked up a 40 gallon fish tank that was sitting next to the fire and put in on the floor, away from danger. Only then did she go to the street and start calling for the firemen!!

But probably my most vivid memory of her was my visit to her in the nursing home upon returning from my first trip to Israel. Before leaving, she asked me to bring her some "Eretz Israel dirt" to put in her coffin. When I came back and brought her the dirt, she said to use only "a bizl" (just a bit) of it for her and distribute the rest among those who didn't have any. It was the message of her life; never mind how little you have, there are always some people who are worse off and can use your help. I remember this visit was on the second day of Passover. When we took her back after the first Seder, I remember how she dismissed us all, "Go home, you have a Seder to prepare for tonight too." She died the next day.

Connections are what Bubbe Sarah was all about—connections with her family, with the Jewish people, with the land of Israel, with life in all forms, with the news of the world, with helping those in need. "Connections" was my Bubbe Sarah's Jewish and human affiliation.

My great-grandmother, Sarah Malamud, was born in Ukraine, probably circa 1875. The increase in anti-Semitic attacks in the mid 1910's moved her and her husband, Mosheh Stotland, to emigrate, eventually arriving in Argentina by 1915. With them were their oldest son, my grandfather Yankel (Jacobo) Stotland, who was at the time 16 years old and his siblings—also born in Europe—Dora and Hannah (Juana) and Yosel (Jose). The youngest sibling, Maria, was born in Argentina.

Shortly after Maria was born, Mosheh passed away and my great-grandmother had to raise the children on her own, with some help from my grandfather, who was old enough to find a job.

My "Bubbe Sarah" is part of many memorable times in my childhood and I learned a lot from her about being Jewish, but mostly about being "a mentsch." She was always very committed to her Judaism but was not a religiously observant Jew. She never spoke to me or any of her other great-grandchildren in Spanish, although she knew the language. In her own words, she used to say "Spanish you can speak on the streets, but if I don't speak Yiddish with you, who are you going to practice with?" She was always up-to-date on current events; I

still remember one day I went to visit her and she told me about this plane which could go from London to Paris like nothing. Of course I told her "sure, bubbe," thinking that she must have misunderstood, but she was talking about the Concorde, from the news she read on the Yiddish newspaper. It was I who was uninformed, not she.

But my most vivid memories are about how she related to people and all living things. I remember a time when my

It was the message of her life; never mind how little you have, there are always some people who are worse off and can use your help.

Tomas Milch H.
First Vice President—Investments



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Come and Be a Part of Camp Shalom this Summer

by Kathy Feinberg

There may be snow on the ground as I write this but there is only summer in my heart and mind. Camp Shalom 2003, sponsored by the Central Kentucky Jewish Federation, promises to be an exciting and innovative two-week camping experience for our new and returning campers.

This summer we are moving to a new campsite, Woodmen of the World, located off Bates Creek Road just over the Jessamine County line. Woodmen of the World is surrounded by some of the loveliest scenery in the area. The campsite is located on 58 lush acres on a hilltop. The camp includes a swimming pool, many athletic fields, an outdoor pavilion, air-conditioned cabins, a spacious two-level clubhouse and a covered picnic area. The new setting gives our staff the opportunity to expand our programs and offer many new adventures at Camp Shalom.

Campers will be involved in a variety of activities including arts and crafts, drama, sports skills, swimming, music, cooking, outdoor education and games. We will encourage our campers to explore and develop their own abilities by offering a wide variety of age appropriate activities. Our campers will strengthen their Jewish identity, renew old friendships and make new friends. The theme of Camp Shalom 2003 is Israeli culture.

Camp Shalom 2003 will be held from July 28 until August 8. Our camp hours have changed this year as we are offering an extended day until 5:30 pm for ages 5 and older. Drop off time will be from 8:30 am to 9:00 am.

I am delighted to be back this year as director.

Tammy Bradley is returning as our Pre-K director. Jason Heymann is returning this year in a new position; Jason will be the Director of Programming. Please mark these very special two weeks on your calendar.

See you at Camp Shalom!

JewLS the Jewel of the Tri-State Area

Singles Group a Model for Surrounding Areas

by Fran Morris, JFS Director

Lots of exciting programs are on the calendar for JewLS: March 1st is the dinner at Portabella's restaurant; April 19th will be our second annual JewLS Seder; June 8th will be our first BBQ picnic at Jacobson Park; and July 26/27 will be our very first JewLS overnight Shabbaton. Jewish singles from neighboring cities have been inquiring about what is going on in Lexington, and we've had much to tell them! Planning is also in the works for a fall afternoon at

Keeneland, and a spring 2004 Whitewater Rafting event. I hope you will come to all these wonderful programs and tell your single Jewish friends about them too!

If you are not already on the JewLS email list, please send a request to jfs@jewishlexington.org or call 269-8244 and we will add your name. JewLS stands for Jewish Lexington Singles, and it is a program sponsored by Jewish Family Services of the Central Kentucky Jewish Federation.

Check Out JewLS Upcoming Events Below

Leisure Club News

by Fran Morris, JFS Director

On February 20, 2003, a group of enthusiastic Leisure Club members braved the wintry weather and joined their peers for a delicious lunch at Bella Notte restaurant. It is always more than a social gathering when Leisure Clubbers get together. These events provide an opportunity for old Jewish friends and new friends-in-the-making to share a little of themselves, let their hair down, and create new memories.

Please join us for upcoming Leisure Club events in March, May, and June. On March 20th, we will enjoy lunch while playing bingo—a new Leisure Club favorite; on May 15th we will enjoy lunch at Portabella's restaurant and listen to a speaker; and on June 17th we are invited to visit our senior friends at the Louisville JCC for lunch and entertainments.

Reminders will be mailed out a few weeks prior to each event. If you do not receive notices about upcoming events and you would like to, please call 269-8244 or send an email request to jfs@jewishlexington.org. Leisure Club is a program for older adults sponsored by Jewish Family Services of the Central Kentucky Jewish Federation.

IF YOU FEEL...

- Dissatisfied with your relationships
- Too often angry and frustrated
- Discouraged and depressed
- Stressed or anxious
- Displeased with your work situation

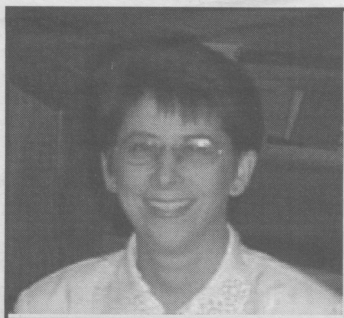
I can help you make changes that will improve your relationships and allow you the happiness you deserve. Please contact my office to schedule an appointment.

DAVID L. FEINBERG, Ph.D.

Individual, Marital & Family Counseling
520 East Maxwell Street, Lexington, KY 40502
(859) 233-3390

JewLS Jewish Lexington Singles 2003 Calendar of Events

- March 1** Dinner at Portabellas
cocktails at 6:30 PM
dinner at 7:30 PM
- April 19** 2nd Annual Singles Seder
Schmoozing at 5:30 PM
Seder at 6:00 PM
- June 8** BBQ Picnic at Jacobson Park
2 PM Games
4 PM BBQ Dinner
- July 26/27** JewLS Overnight Shabbaton
@ Camp Woodmen of the World in Lexington
Dinner at 6:30 PM
Speaker at 7:30 PM
Havdallah & Song Session 8:30 PM



Rabbi Cohen is the spiritual leader of Ohavay Zion Synagogue of Lexington.

Rabbi's Corner Optimism and the Joys of Life

Why Adar? The Hebrew month of Adar includes within it the holiday of Purim. On Purim, we dress up like funny characters, give presents and food to others, hear the reading of Megilat

Esther—the Story of Esther, and celebrate with laughter, noise, and song. Purim is the ultimate holiday of happiness and revelry. We recognize the evil of Haman, the history of anti-semitism, and the threat of annihilation. Yet we are told to focus upon the joy of freedom and the happiness of celebrating life, not just on the holiday of Purim itself, but during the entire month.

This year we add a leap month so that our Jewish calendar, which generally follows the cycles of the moon, will keep in line with the seasons, which are dependent upon the sun. (Without this leap month we would be celebrating Passover in late winter instead of early spring and observing Rosh Ha-Shana in the heart of the summer!) The Rabbis, in their infinite wisdom, selected Adar as the month which would be “repeated” or “added” in order to align our lunar calendar with the solar one. Undoubtedly, our Sages must have felt that the only thing better than one month dedicated to simha and joy — is two! Although we observe Purim in the second month of Adar (Adar II), we still acknowl-

edge both months of Adar as the time to increase our joy and celebration of life.

With talk of war with Iraq and heightened terror alerts, it is a challenge to keep our chins up and

think positively. But, Jewish Tradition demands that even in the midst of sadness, fear, and difficulty, we allow the energizing power of optimism to help us find the courage and creative will to make each day of life count for the better.

Our Sages' command to celebrate during the month, or, as is the case this year, months of Adar, is really a charge to find the joy that exists in the world each and every day of our lives. It is a mitzva — a responsibility — well worth fulfilling.

Whatever new situations we face, whatever opportunities or challenges that are before us, we have a choice as to how we will see them. A classic example of this comes from the Torah when Moses sends twelve spies to search out the Promised Land. You would, of course, not expect that all of the spies would return with the same opinion about the Land; however, we read that ten of the spies agreed with one another. Unfortunately, the report of the ten is less than favorable as they express their fear and a sense of hopelessness that the Promised Land would ever be attainable. Only Joshua and Calev return with a favorable report, and in the end, they were the only two left of their generation to enter the Promised Land.


Being Jewish means looking at life through lenses crafted from optimism. It means focusing one's attention upon the goodness and the happiness of life, rather than upon the negatives. While acknowledging the difficulties and sorrows that face us as individuals and as a People, Jewish Tradition tells us to seek out the joy in life, to face forward and find reasons to laugh through the tears. Even when we say Kaddish Yatom, the Mourner's Kaddish, we acknowledge the loss of a loved one by affirming that we do move forward with meaningful and happy memories to guide our path.

As with the spies in the Torah, we know it is quite common for the pessimists to outnumber the optimists. Somehow, it seems easier to look for what is wrong and to put on an unhappy face than search for the good and give a smile. Someone recently expressed to me how disappointed she was at the fact that she only heard complaints about her work rather than compliments. She rightly acknowledged that people are always quick to look at the negative and condemn it, but become blind when it comes to seeing the positive. Understanding the human being's penchant for negativity, the Rabbis of the Talmud took special care to remind us that expressing optimism and joy is of the highest priority. Our Sages teach (Ta'anit 29a):

MEE-SHENIKH-NAS ADAR MARBEEM
B'SIMHA

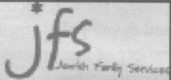
With the arrival of the month of Adar, we greatly increase joy.

Jewish Tradition demands that even in the midst of sadness, fear, and difficulty, we allow the energizing power of optimism to help us find the courage and creative will to make each day of life count for the better.

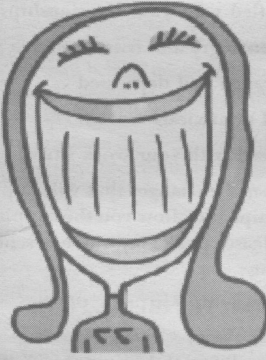


For Women Only...

Sunday, March 23, 2003
3-4:30 pm
at Temple Adath Israel
124 N. Ashland Ave.



"How to manage the stress in your life"



Women,
Join your peers as we learn how to handle the unique stressors particular to women in our society.

It is possible to remain healthy while taking care of the many things we attend to every day... we just need to know how!

Through directed exercises and dialogue, our professional will give us the tools we need to help us reduce our daily stress.

Join JFS & Hadassah for coffee and snacks while we learn together in a caring and supportive environment!

Jewish Family Services & Hadassah

The Central Kentucky Jewish Community says Thank You to all contributors to the Israel Emergency Campaign.

The children of Israel say Thank You for helping keep Israel's children safe.

The Jewish Community of Argentina says Thank You for helping them in their time of need.



Israel Emergency Campaign 2002 Donors

5000+

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Lexington Memories

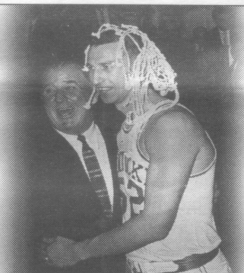
UK FIDDLLED MIGHTILY WHILE ELVIS SANG THE BLUES

They suspended classes at 11 a.m. that Monday in March at the University of Kentucky - not because Elvis Presley was being inducted into the army that very same day.

"Fiddlers," Adolph Rupp called them - but concert violinists, he suggested, they'd become. Two days earlier, they had had won an unprecedented fourth national championship.

Kentucky had played on its home court in the Mideast Regional, shocking heavily favored Notre Dame 89-56 as Vernon Hatton - the local boy from Lafayette High - scored 26 points and was named an All-American that year.

In Freedom Hall, record crowds



1958 NCAA Championship Governor A.B. (Happy) Chandler and Vernon Hatton

in excess of 18,000 watched the Wildcats shock Seattle and the great Elgin Baylor 84-72 in the title game. Typically, UK had fiddled around, trailing by as many as 11 before taking command.

The year was 1958. Out on Southland Drive, Milward Funeral Directors second funeral home had already been open for nearly a year. Overall, Milward had been serving the Lexington community for 133 years.

As for Elvis, he was asked what he thought his biggest adjustment to Army life would be. "These fellows get up," he said, "about the time I go to bed."

Lexington's Family Owned Independent Funeral Home Since 1825

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Lexington's Only Member by Invitation



Material compiled from Lexington Herald and Lexington Leader reports.

Jewish Family Service Shabbat 2003

by Fran Morris, Director of Jewish Family Services

On the weekend of March 28 & 29, Jewish Family Services of the Central Kentucky Jewish Federation will be participating for the second time in the national Jewish Family Services Shabbat program. JFS Shabbat 2003 will be celebrated in synagogues and temples across North America on Shabbat around the time of the special Shabbath (Shabbat HaGadol), that falls just before Passover.

JFS board members and professional staff will be at Temple Adath Israel on Friday night, March 28, and at Ohavay Zion Synagogue on Saturday, March 29, to give short presentations during services about the mission of Jewish Family Services, and the kinds of services JFS provides in the Lexington Jewish and secular community. Presentations will focus on the Jewishness of the human service enterprise, its relationship to this week's Torah portion, and the unique contributions and needs of our local agency and the larger North American Jewish network in which all of this takes place.

JFS Shabbat is sponsored by the Association of Jewish Family and Children's Agencies, the umbrella organization of over 145 family and specialized human service agencies

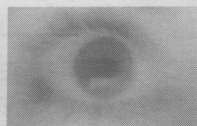
located throughout the U.S. and Canada. Headquartered in East Brunswick, NJ, AJFCA provides information and consultation services and advocates on behalf of its member agencies in the organized North American Jewish community, in legislative bodies and in national human service networks. If you would like more information about JFS Shabbat 2003, please call 269-8244.

Our Vision is Your Vision

- Complete Eye Exams
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Ask JFS About...Caring for our elders

Ask JFS About...is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS About c/o Jewish Family Services, 1050 Chinoe Road, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at: jfs@jewishlexington.org.

Dear JFS

My dear elderly mother lives in her own home in Lexington, and while she has no serious health problems, she requires some assistance on a

daily basis. Mother does not drive, so she relies on me to take her to appointments, run errands for her, and to do her shopping. My family plans to go on vacation for a week in March, but I am concerned about Mother having whatever assistance she'll need while we're gone. I am considering canceling my trip, but I'm hoping there is another solution. Any suggestions?

Best regards, One Who Wears Many Hats

Dear Many Hats,

First of all, let us assure you that you are not alone, and help is available. Like you, many Americans are acting as caregivers for elderly family members, doing their best to provide the support their elders need to continue to live on their own terms. For most elderly folks, their wish is to stay in their own homes. For caregivers such as yourself who have many

responsibilities on different fronts, the loving desire to grant this wish can sometimes come with a large cost—in terms of time, energy, relationships, and the caregiver's own health.

The good news is, you definitely don't need to "do it all" yourself. Although it is not uncommon for one person to take primary responsibility for caregiving, involving other family members can be of great help. Also, there are agencies which offer a wide range of services for those times caregivers are unavailable, need a well-deserved break, or are just trying to make things more manageable.

The range of non-medical home care services offered by various agencies in Lexington is quite impressive, and can be tailored to fit individual needs. Although fees are generally private-pay, various sources of funds are often available to help cover the cost. Fees range from \$14-\$18 per hour, with a minimum length of service of 1.5-4 hours. A basic list of the most commonly-offered services follows:

Companion services generally include providing companionship, meal preparation and clean-up, assistance with walking, and medication reminders.

Homemaker/home management services generally include services of companion *plus* shopping, laundry, routine housekeeping, and running errands.

Homemaker/personal care services generally include services of companion + home management above, *plus* personal care such as bathing, hair & nail care, and assistance with exercises. Overnight and live-in services are also available through some agencies.

Transportation/escort services include transportation to appointments and social engagements; if provider's personal car is used, add mileage (generally 29 cents/mile).

Wheels is a door-to-door service offered by the Red Cross that provides transportation for disabled and elderly individuals at a cost of \$1.60 each way. *Meals on Wheels* is a non-profit agency that delivers meals to those people unable to prepare their own food; the cost is approximately \$20/week. However, *Meals on Wheels* is an ongoing service which is not available for short-term situations.

We hope you find this information helpful. Please feel free to contact JFS for a more detailed explanation or personal consultation. We will be happy to assist while you go on vacation, as well as discuss some possible long-term solutions to ease your situation while allowing your mother to continue receiving the loving care she needs and deserves. You may reach JFS by calling 269-8244 or emailing us at jfs@jewishlexington.org.

Sincerely, JFS

P.S. Enjoy your vacation; you deserve it!



Hadassah Flower Power 2002

Planning the Garden of your dreams or landscaping your patio? Make your selection of hanging baskets, patio plants, flowers, herbs & vegetables directly at the wholesale Greenhouse.

Buy Cash Certificates (\$5 each) and redeem them at Proper Plants, on Military Pike. Use the form below or call one of the following names to arrange to pick up certificates in person.
Pricing information will be included.
Judy Baumann 223-1299 shasta@uky.edu
Vinnie Dubilier 223-5146 or Merle Wekstein 269-4454

Mail this form and your check, including .75 cents for postage
Payable to Lexington Chapter of Hadassah to
Judy Baumann, 685 Shasta Circle, Lexington, KY 40503

Name _____
Address _____
City _____ State _____ Zip _____
Amount enclosed (please include .75 cents for postage)



Welcome to Camp Shalom 2003



Camp Shalom is a day camp sponsored by the Central Kentucky Jewish Federation. Activities are geared to encourage unity, fun, and learning for children 4 through 10 years of age.

Jewish themes are incorporated into the daily program through music, games, drama, arts and crafts. At the end of each fun-filled week we will welcome the Sabbath together with candles, blessings, songs, and Challah. Children of all denominations are invited to attend.

Our staff is headed by the Camp Director, who will be supported by specialists in Arts & Crafts, Physical Activities, Drama, and Pre K camp. A terrific team of counselors round out the Camp Shalom line-up for 2003.

Camp Shalom 2003 will run for two weeks, July 28 - August 8, at the Bluegrass Woodmen of the World Camp at 501 Darby Creek Rd. in Lexington, Kentucky. Our 4-year-olds* attend Pre K Camp from 9:00 AM to 1:00 PM with an option to stay until 3:00 PM. Monday through Friday. Campers aged 5 - 10 attend from 9:00 AM to 3:00 PM, and extended day is from 3:00 PM to 5:30 PM Monday-Thursday.

STAFF WILL BE AVAILABLE FOR EARLY DROP-OFF AT 8:30 AM
* PRE K CAMPERS MUST BE 4 years old BY OCTOBER 1, 2003

Children are enrolled on a weekly basis, and may attend one or both sessions. Let Camp Shalom provide your children with lots of fun and a lifetime of memories!

Camper's Check List for 2003!!

Food: *Campers must bring a lunch daily.
*Please do NOT include any pork or shellfish products.
Lunches will be refrigerated.

Attire: *Backpack
*Shorts and t-shirts
*Sneakers (no sandals please)
*Smiles



Swimming: Campers will be swimming every day, weather permitting.

Please bring the following items:

- * Sunscreen
- * Swim suit & pool shoes (i.e. flip flops)
- * Towel
- * Goggles (optional)

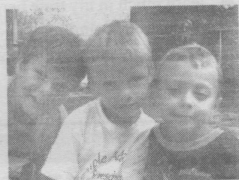


The theme for
Camp Shalom 2003 is
'ISRAEL'

A non-refundable \$50 Registration fee, per camper, is due by May 15, 2003. This deposit will be applied towards tuition.

Balance due by June 14, 2003.

Camp Woodmen of the World is a beautiful drive out Bates Creek Road - 8.7 miles past Man of War. Its facilities offer 58 acres of camp-ground, a swimming pool, recreation room, air conditioned cabins, dining rooms for lunch as well as outdoor pavilions for picnics and drama shows. It also has basketball courts and fields for sports and other large activities.



NON-REFUNDABLE \$50
PER CAMPER DEPOSIT
DUE WITH APPLICATION BY
MAY 15, 2003
BALANCE DUE BY JUNE 14, 2003

Every camper will
receive one very cool
Camp Shalom T-shirt

Enrollment is on a first come, first served basis. Early registration is strongly suggested.

TUITION

Camp Shalom (5 - 10 yrs. old)	\$135.00 per week
Extended day (9:00-5:30)	\$ 170.00 per week
Pre K Camp (4 years old)	\$ 85.00 per week
Extended day (9:00 - 3:00)	\$ 135.00 per week

CAMP SHALOM

X



8.4 miles

Bates Creek Rd

Man O War Blvd



CAMP SHALOM 2003 APPLICATION

July 28 - August 8, 2003 at the Woodmen of the World Camp



Parent's Name _____

Home Phone _____

Address _____

Business Phone _____

Please enroll for Camp Shalom 2003 (5-10 yrs. old):

Week 1: 7/29 - 8/2 X \$135 = _____
extended day (3:00-5:30) X \$35 = _____
Week 2: 8/5 - 8/9 X \$135 = _____
extended day (3:00-5:30) X \$35 = _____
Total Tuition = _____

Please make checks payable to:
CKJF 1050 Chinoe Rd. Suite 203
Lexington, KY 40502
Phone 859.268.0672

Please enroll for Pre K camp (4 yrs. old by October 1, 2003):

Week 1: 7/29 - 8/2 (9-1 pm) X \$85 = _____
(9:00-3:00 pm) X \$135 = _____
Week 2: 8/5 - 8/9 (9-1 pm) X \$85 = _____
(9:00-3:00 pm) X \$135 = _____
Total Tuition = _____

B'tay Avon

by Ruth Poley

Hamantashen Made Easy



Purim will be here on the 18th of March and don't we all look forward to some delicious hamantashen on this delightful holiday? I'm going to make it easy for you this month. If you have a food processor, this tasty treat is a snap to make, and not very hard even if you don't have one. (If you don't have a food processor, you can blend the dough by hand or with a mixer.) It's also a great activity to do with the kids. The nice part about this is that you can use a whole variety of fillings, some store bought or some you can make at home in the blink of an eye.

Let's start with the dough.

- 2/3 cup margarine or butter
- 1/2 cup sugar
- 1 large egg
- 1/2 tsp. vanilla
- 2 1/2 to 3 cups all-purpose unbleached flour
- 1 tsp. baking powder
- dash of salt

Put the margarine or butter in the food processor with the sugar. Process until well mixed. Add the egg and vanilla and continue processing until smooth. Add the flour, baking powder, and salt. Process with on and off turns until a ball of dough is formed. Do not overprocess as the dough will be tough. Divide the dough into fourths, flatten each piece into a disk, wrap in plastic wrap and chill for 2 to 3 hours or overnight.

When ready to bake remove the dough from the refrigerator and allow to warm up for a few minutes. Roll out on a lightly floured board to a thickness of 1/8 inch. Cut into 2 1/2 inch circles (use a cookie cutter or a glass). With your finger, spread a little water around the edge of the circle.

Drop a teaspoon of filling in the center and bring the dough up around the filling and press together to form three corners (you know what hamantashen look like!).

Bake in a preheated 375° oven on a

well-greased cookie sheet for 10 to 15 minutes or until the tops are golden. Cool on a rack. Store tightly covered.

A few words about fillings.

You can buy jars of prune, poppy seed, and apricot filling in the supermarket. You can also use any jam you have at home (just mix it with some bread crumbs or cake crumbs to stiffen it a bit). If you're more adventurous, try some peanut butter, or peanut butter mixed with chocolate chips. Or just plain chocolate chips, or M & Ms. I think you get the idea. Let your imagination (and your kids) run wild. You'll end up having a few great hours of family fun and about 3 dozen hamantashen to celebrate Purim.

JEWISH SINGLES:

Discover a web of information at
www.wisejewishdateline.org

- Over 5,000 dates
- Abundance of Choices
- Networking
- Connections in: Lexington and 5 nearby cities



W-I-S-E JEWISH DATELINE
Partially Funded by a Grant from the Jewish Federation of Cincinnati

Jewish Family Services: (859) 269-8244
Cincinnati Main Office: (513) 745-9573

for fun summer fun swimming funbasketball courts soccer field picnic drama

Camp Shalom

2003

Camp Shalom 2003

is now hiring counselors!!!

(ages 14+)

July 28 • August 8

at the

Woodmen of the World Campsite

(Tates Creek Road - 9 miles past Man O War)

please call Central Kentucky Jewish Federatio..

at 268.0672 for an application!!

outdoor pavillions recreation room beautiful surroundings new friends sports

2 weeks swimming new location new schedule new hours 58 acres

shows field trips Kinder-Camp games cool T-shirts hiking trails a/c

A New Intern Joins JFS

by Joan Kast

In January, I began my placement at Jewish Family Services as part of my educational curriculum for a Master's in Social Work at the University of Kentucky. My previous internships involved working with a youth leadership program and hospice patients. In the process, I uncovered a deep interest in working with older adults and their families.

I am grateful for this opportunity to work with a talented and dedicated staff that offers much to the community, including a Seniors social club, a Singles group, home visits to elderly or disabled clients, educational programs, and links to a multitude of resources. I also feel blessed to be able to meet and spend time with the special people who are clients, board members, and volunteers. I expect I will learn much in my time here—including the real meaning of community—and I look forward to discovering new ways in which I can contribute.

Hadassah Discussion Group

Judaism and the mourning process will be the focus of the March meeting. There are many laws and customs in the Jewish religion regarding this life cycle event; Evelyn Geller, Hadassah member, with expertise on this subject, will moderate the discussion as we examine this complex and difficult topic. (This meeting is a rescheduling of January's session which was cancelled due to weather conditions.) Please join us on Thursday, March 20, 7:30 m., at the home of Elayne Crystal, 2417 Woodfield Circle, 40515 (Hartland) 273-6680. RSVP Linda Ravvin 269-4139 or Joan Flashman 223-8066.

Jewish Youth Educators Attend Knoxville Conference

Federation Funds Local Teachers

Ten local Jewish youth educators from two local school programs participated in a one-day mini-CAJE conference in Knoxville at the end of January. CAJE, or the Conference on Alternatives in Jewish Education, presented a regional conference (or mini-CAGE) sponsored by the Knoxville Jewish Federation.

The teachers, funded by the Central Kentucky Jewish Federation, were from the religious schools of both Ohavay Zion Synagogue and Temple Adath Israel.

Those attending from Adath Israel were Education Director Jane Grise and Anita Mersack. Participating from Ohavay Zion were Education Director Simone Salomon, Tina Trent, Raphi Finkel, Ziggy Rivkin-Fish, Sue Westerman, Lisa Satin, Sandy Berger and Sharyn Sharer.

The theme of the conference was Shalom Bayit: Building Communities of Peace. Joel Grishaver, founder of Torah Aura and nationally renowned writer and educator was the keynote speaker. Grishaver gave two workshops: 1) Stories We Pray in which stories were used to teach Torah and 2) Agents of Peace in which educators were able to think about how they can promote peace as teachers. Many other workshops were offered throughout the day, and teachers were able to choose according to their needs and interests.

Simone Salomon, Education Director at OZS, had high praise for CKJF. "It is so important that our Federation is promoting the professional development of those educating our youth. It's a wonderful thing for this community."

L'Chaim!!!

T.A.I. Preschool Presents... "Happy 18th Birthday Party"

It's our birthday, come celebrate with an afternoon filled with pizza, sweets, great auction items and party activities!! \$5 will give you a fun magician to entertain your child, as well as stations to create his/her own birthday cupcake and party hat!!

When: Sunday, March 30th

Time: 12:00 PM - 2:00 PM

Where: Temple Adath Israel Social Hall

Special Attractions: Fabulous Silent Auction with large values, Bake Sale and Pizza Parlor



Temple Adath Israel

Preschool Director Position Available

The Temple Adath Israel Preschool Committee is now accepting applications for the position of Preschool Director for the 2003-2004 school year. During its 18 years of existence, Temple Adath Israel Preschool has built and maintained a strong, high quality, half-day program which has established a wonderful reputation throughout the Lexington community. The vision of the Preschool Committee is to select a candidate who will maintain the continuity of this well-established preschool program. The following is a partial list of qualifications and responsibilities for this position. A complete list is available to applicants through the Preschool Committee.

Qualifications

1. Bachelor's Degree or certification in Early Childhood Education or related field(s) as designated by the State.
2. General administrative and personnel skills.
3. Ability and desire to work with and in behalf of young children.
4. Knowledge in religious and cultural aspects of Judaism preferred.

Staff Responsibilities

1. Recruits, interviews, and hires all teachers.
2. Supervises and evaluates all staff.
3. Keeps records of staff hours to be submitted to the Temple Administrator.

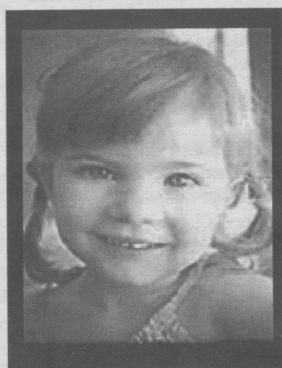
Curriculum Responsibilities

1. Monitors curriculum on a school-wide and class-by-class basis
2. Helps develop and implement Judaic curriculum.

Administrative Responsibilities

1. Recruits students for the preschool program.
2. Makes referrals for students who may need specific types of intervention services.
3. Keeps equipment safe and operable.
4. Implements policies set forth by the Preschool Committee.
5. Purchases classroom materials and supplies.
6. Oversees all required paperwork in student files.
7. Submits monthly articles for the Temple bulletin, and other types of publicity as needed.
8. Adheres to all responsibilities set forth in the State Rules and Regulations for Day Care licensing.

Please submit a resume and/or letter of application to the Temple Office c/o Preschool Committee – Confidential. Should you need additional information, contact Jana LaZur at 273-9079.



The Central Kentucky Jewish Federation is now accepting application requests for:



- * **CAMPERSHIPS** to non-profit Jewish camps
- * **SCHOLARSHIPS** for Israel programs

THE APPLICATION DEADLINE IS MARCH 31, 2003

Send your 2003 application in soon so your child can be considered for this year.

To request application call 269-8244 or email to jfs@jewishlexington.org

Ohavay Zion Synagogue

2048 Edgewater Court • President: Bennett Bayer, 266-8050

We have a lot going on this month at Ohavay Zion Synagogue, but the highlight of March, of course, will be our celebration of Purim. We welcome newcomers to the community and veterans alike to participate and to be a part of the OZS family.

Purim Evening at OZS

Our celebration of Purim is highlighted by the reading of the Scroll of Esther on Monday, night, March 17th. The Evening Service will begin at 6:15pm followed by the Megila Reading at 6:30pm in the Sanctuary. Wear your costume or funny hat and bring a sense of humor and a smile! Singing, a costume parade, Purim trivia, and Hamantashen will fill the evening with fun for all.

Purim Carnival 2003!

Once again, our USY and Kadima Youth Groups will be sponsoring our annual Purim Carnival on Sunday, March 16th, from 11:30am to 1:30pm. There will be food, games, costume contests, and entertainment! Proceeds from the Carnival help to fund our wonderful USY and Kadima programs and provide subsidies for our kids to attend region conventions. Don't miss out on the fun and celebration!

Women's League (Sisterhood) is Back!

After a very successful kick-off event in February, plans for our local chapter of Women's League for Conservative Judaism is now in high gear! Our next event in March will be Passover Cooking Recipe Exchange (with recipe samples to try, of course!). For the exact date and time, please call the Synagogue office. For more information, call Sue Westerman at 271-2518. OZS Women's League is proud to represent

Kentucky in the KIPOT Region (Kentucky, Indiana, Pennsylvania, Ohio Together) of Women's League for Conservative Judaism, which has over 200,000 members worldwide.

Make a Difference: God's Pantry & Clothing Drive

We are happy to have established an ongoing relationship with God's Pantry as we visit their facility the third Thursday of each month to help sort and bag food items for distribution to those in need. Come and join us with the whole family as we work together for this wonderful cause. Our next God's Pantry night will be Thursday, March 20th from 6:00pm - 7:30pm. Call Ricki Rosenberg at 269-2300 to sign up.

Time to clean out those closets!

OZS continues to collect clothing for all ages to be donated to the Salvation Army and The Nest. Donation boxes are located in the Synagogue foyer. For more information, please call Alison Caller at 266-5282 or Ricki Rosenberg at 269-2300. Thanks to everyone who has already donated items!

Religious School News

March will be a very busy month for the students and teachers of our Religious/Hebrew School and our post-b'nai mitzva Midrasha program. In addition to this month's Purim activities, our students and their parents will take part in a special Family Education Day on Sunday, March 9th. This program will focus on family learning centered around the Jewish Life Cycle.

Shabbat programming for our youth continues as our Religious School students lead us in the Friday evening Service on Friday, March 7th at 8pm. Meanwhile our Shabbat Morning Junior Congregation continues to grow! This program is designed

to give our Religious School students the opportunity to work on their prayer skills and learn more about the Shabbat morning t'filot (prayers). Penina Goldstein, one of our tutors and aides, leads this wonderful program. The next Junior Congregation will be March 29th, at 10:30am. Parents are encouraged to attend with their children.

During the past few months, Midrasha students have been learning about the Jewish approaches to Death and Dying. Guest speaker Evelyn Geller explained the process of preparing the body for Jewish burial and mourning practices. The students have discussed issues such as the afterlife, palliative care, and Jewish rituals surrounding both dying and mourning under the guidance of Marilyn Robie and Rabbi Cohen. On March 2nd, Midrasha students will be traveling to Meyer Funeral Home and the Jewish Cemetery in Louisville as a conclusion of this very important unit.

Adult B'nai Mitzva Program

For the past year, a group of dedicated individuals have been studying Jewish liturgy and learning Torah Trope, Haftara Trope, and prayer skills in preparation for becoming Adult B'nai Mitzva. They will celebrate together this special moment in their lives during our Shavuot/Shabbat services on June 6-7. Each participant will read from the Torah and chant a portion of the Haftara as well as lead part of the service. In addition, each member of the class will present a d'var Torah during a Shabbat morning service during the next few months. Sharon Wainshilbaum shared her d'var Torah with the congregation on Parashat Tetzaveh in February. On Saturday morning, March 8th, Sue Westerman will deliver the d'var Torah on Shabbat Pekudah. We congratulate our upcoming Adult B'nai Mitzva.


Shabbat at OZS

Celebrating Shabbat is the focus of our weekly events here at OZS. We welcome in Shabbat during the Kabbalat Shabbat service each Friday evening at 8pm. The last Friday of each month (March 28th) the service begins at 6:15pm. Oneg sponsored by our OZS members follows each service. Join us for our spirited Shabbat Morning Service each Saturday morning at 9:45am. Kiddush and Lunch follows each week.


Special Shabbat notes for this month:

- * Religious School students will lead the Friday Evening service during Religious School Shabbat on Friday, March 7th at 8pm.
- * Adult B'nai Mitzva Class participant, Sue Westerman will deliver the d'var Torah on Shabbat Pekudah, March 8th.
- * The Stewart Home will join us for our Shabbat celebration on Friday, March 28th at 6:15pm.
- * Fran Morris of Jewish Family Services will deliver the d'var Torah in honor of JFS Shabbat on Saturday morning, March 29th.

Tikkun goes to the Dogs...



100 Volunteers Needed
to work with us at
4 miles 4 paws



Various tasks include:

- registering runners
- water stations
- handing out water
- walking extra pups
- setting up
- clean up
- poo patrol


All participating Tikkun volunteers will receive:


- Lex. Humane Society Volunteer T-Shirt
- One very cool CKJF Ball Cap
- Tikkun pin Badge!!

As a big THANK YOU!!


An Annual Walk/Run Event
benefiting the Lexington Humane Society

May 27, 2003
at Keeneland Race Track





The funds raised from the race directly benefit our Foster Care Program allowing us to provide aid to those that are abandoned, orphaned, ill, or injured.



Bar / Bat Mitzvahs

Adam Joseph Trontz

Please share our joy
as our son
Adam Joseph Trontz
celebrates his Bar Mitzvah
on March 14 & 15, 2003

Adam is the son of
Richard & Elizabeth Trontz

The Friday service begins at 7:30 PM
on March 14, 2003

The Saturday service begins
at 10:30 AM on March 15, 2003

at
Temple Adath Israel

Kiddush Luncheon will follow
the Shabbat morning service



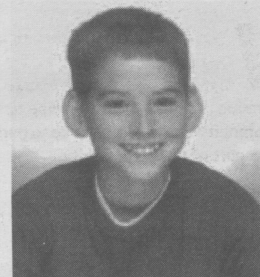
Gabriella Caitlin Price

Please share our joy as
Gabriella Caitlin Price
celebrates her Bat Mitzvah
on March 21 & 22, 2003

Gabriella is the daughter of Lisa Marie DeYoung
The Friday service begins at 7:30 PM
on March 21, 2003

The Saturday service begins
at 10:30 AM on March 22, 2003

at Temple Adath Israel
Kiddush Luncheon will follow
the Shabbat morning service



David Tomlinson Liebman

Please share our joy as
David Tomlinson Liebman
celebrates his Bar Mitzvah
on April 4 & 5, 2003

David is the son of Dan & Beth Liebman
The Friday service begins at 7:30 PM
on April 4, 2003

The Saturday service begins
at 10:30 AM on April 5, 2003

at Temple Adath Israel
Kiddush Luncheon will follow
the Shabbat morning service

Temple Adath Israel

124 N. Ashland Ave • President: Judith Hersh, 269-2979

Lunch and Learn to unroll texts of the Five Megillot (scrolls)

The Wednesday "Lunch and Learn" study group will read and discuss each of these books this year. Copies of the books will be available in the Temple office, but if you have a Bible, just read them there. "Lunch and Learn" begins at 12:30 PM on the

following Wednesdays. Bring your lunch and come and learn. We meet in the Temple library.

March 12, 26-Song of Songs, May 7, 14 -Ruth

Adult Jewish Growth with Larry Kant

"Finding A Jewish Path While the World Shifts Beneath Us" All classes are on Sundays at 10 AM. Class dates for the year are: March 9, April 20

A Nite at the Races And 2nd annual Chili Cook-Off

Saturday, March 8
Temple Adath Israel
Gates Open - 6:30 PM

\$2.00 cash win bets on each race
You will receive an official souvenir program with authentic statistics about each entry

Bring a pot of chili and YOURS could be voted the best chili this year!
Each participant must submit their recipe by email to: billys2298@aol.com by Feb. 28. A booklet of recipes will be available for sale during the evening.

For advance reservations, mark and mail with check by February 28 to:
Temple Adath Israel, 124 North Ashland Avenue, Lexington, KY 40502

TAI Races & Chili Cook-Off

____ Sponsor a Race-\$100.00 (per person)

Name of sponsor(s) _____

____ Will attend and will bring chili-\$5.00 (per person)

Name of chef _____

____ Will attend (sorry I'm not a chef)
\$10.00 (per person)

Name(s) of attendee's _____

I have enclosed my check for the amount of \$_____

Make check available to: Temple Adath Israel
(There will be an increased price for Reservations after Feb. 28)

FILM, FOOD, AND CONVERSATION

Video/Film Club, March 30, 2003 - TAI Library 7 PM, Movie - To be announced Nosh & Discussion following film. Video/refreshments \$1.00 For more details contact Fran Bloom - 223-8700, TAI - 269-2979



Temple Adath Israel Preschool

is now enrolling for the
2003-2004 school year.

- Half-day, high quality program (mornings)
- 2 1/2, 3, and 4 year old classes
- Extended care options available
- Arts enrichment taught by specialists
- Nurturing, family environment

CALL: 269-2979

124 North Ashland Avenue
Lexington, KY

"18 Years of Excellence"



Around The Community



CKJF - Central Kentucky Jewish Federation (1050 Chinoe Road, Suite 203, 268-0672, Stan Saxe, President)

OZS - Ohavay Zion Synagogue (2048 Edgewater Court, 266-8050, Bennett Bayer, President)

Daily Minyan Mon.-Thurs. at 6:00 p.m.; Kabbalat Services Friday evening at 8:00 p.m., except the fourth Friday of the month at 6:00 p.m.;
Shabbat services Saturday at 9:45 a.m.

TAI - Temple Adath Israel (124 N. Ashland Ave., 269-2979, Judith Hersch, President)

Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - Lexington Chapter of Hadassah (Elise Mandel & Di Sobel, Co-President)

HAV - The Lexington Havurah, 269-4493 (Judith Saxe, President)

Shabbat Services monthly. Call for schedule.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						JewLS Dinner Portabella's Restaurant 6:30 p.m.
February 23	24	25	26	27	28	March 1
	Community Activity Committee 7:00 p.m. 937 Firethorn Pl.	Rosh Chodesh Adar II	Rosh Chodesh Adar II Hillel Meeting 7:00 p.m.			TAI Fundraiser 6:30 p.m.
2	3	4	5	6	7	8
CKJF Spring Concert at UK Singletary Center for the Arts 3:00 p.m.			JFS Committee Meeting 6:30 p.m. Hillel Meeting 7:00 p.m.		Bar Mitzvah Adam Trontz TAI 7:30 p.m.	Bar Mitzvah Adam Trontz TAI 10:30 a.m.
9	10	11	12	13	14	15
OZS Purim Carnival 11:30 a.m. - 1:30 p.m.	Fast of Esther	Havurah Purim celebration 8:00 p.m. TAI Faiths of the World PURIM	Tikkun visit to Stewart Home 6:00 p.m. CRC Meeting 7:00 p.m. Hillel Meeting 7:00 p.m.	Leisure Club Bingo & Lunch OZS 12:15 p.m. Hadassah Women's Discussion Group, 2417 Woodfield Cir., 7:30 p.m.	Bat Mitzvah Gabriella Price TAI 7:30 p.m.	Bat Mitzvah Gabriella Price TAI 10:30 a.m.
16	17	18	19	20	21	22
Women's Stress Workshop TAI 3:00 p.m. Major Donor Event 6:00 p.m.			CKJF Executive Meeting 6:00 p.m. CKJF Board Meeting 7:30 p.m. Hillel Meeting 7:00 p.m.		JFS Shabbat TAI	JFS Shabbat OZS
23	24	25	26	27	28	29
TAI Film Club 7:00 p.m. Library	Campership/ Scholarship Deadline		Hillel Meeting 7:00 p.m.		Bar Mitzvah David Liebman TAI 7:30 p.m.	Bar Mitzvah David Liebman TAI 10:30 a.m.
30	31	April 1	2	3	4	5
			Hillel Meeting 7:00 p.m.			
6	7	8	9	10	11	12