

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 43

SPRING, 1968

NUMBER 4



The lovely photograph on the cover of this Bulletin was taken many years ago by our old friend, Mr. Earl Palmer of Cambria, Virginia. It gives us pleasure to print the picture again because the dogwood tree in bloom is one of the most beautiful sights in the Kentucky mountains in the spring.

FRONTIER NURSING SERVICE QUARTERLY BULLETIN
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TO A CHILD

The greatest poem ever known
Is one all poets have outgrown:
The poetry, innate, untold,
Of being only four years old.

Still young enough to be a part
Of Nature's great impulsive heart,
Born comrade of bird, beast and tree
And unselfconscious as the bee—

And yet with lovely reason skilled
Each day new paradise to build,
Elate explorer of each sense,
Without dismay, without pretense!

In your unstained, transparent eyes
There is no conscience, no surprise:
Life's queer conundrums you accept,
Your strange divinity still kept.

Being, that now absorbs you, all
Harmonious, unit, integral,
Will shred into perplexing bits,—
Oh, contradiction of the wits!

And Life, that sets all things in rhyme,
May make you poet, too, in time—
But there were days, O tender elf,
When you were Poetry itself.

—Christopher Morley, 1922

THE ROAD

We rejoice with our producer, Mr. Lee Bobker, President of Vision Associates, Inc., for the splendid recognition of our new film, *THE ROAD*. With the permission of Vision Associates we quote from two letters written in April of this year.

From Atlanta, Georgia—April 8, 1968:

“We are very pleased to inform you of the great success of your entry in the ATLANTA INTERNATIONAL FILM FESTIVAL.

“After intensive semi-final judging sessions, your film, *THE ROAD*, was selected as a top award winner at the Atlanta Festival. Your film received highest honors in attainment of goal, photography, editing, script and imagination.”

From Washington, D. C.—April 25, 1968:

“It is a pleasure to inform you that your entry, *THE ROAD*, has been screened by CINE juries and has been selected to receive a CINE Golden Eagle Certificate as evidence of its suitability for international festival use.

“CINE will seek to place this film in one or more festivals in 1968 and 1969.

“Please accept the congratulations of the entire CINE Board of Directors.”

I am frequently reminded of Mrs. Breckinridge's remark, “If you live in the forest the world comes to your door”. Through the many foreign guests who, over the years, have come to observe the work of the FNS, the world has come to Wendover. Our new film, *THE ROAD*, will be taking the FNS to the world. The United States Information Agency is drawing up a contract with the Frontier Nursing Service by which it will obtain foreign rights for the film. It was shown to regional officers of USIA and all agreed it should be translated and shown in the more than one hundred countries where the United States has an embassy.

Hundreds of FNS friends have already seen *THE ROAD*. For those of you who were unable to get to the various places

where it has been shown during the past several months, we are giving a list of our committee members in various cities who have a copy of the film. It is a 16 mm. sound film and it runs for forty minutes. It can be shown to large or small groups in a private home or in an assembly hall. It does need a good operator of a 16 mm. sound projector. Any of our friends who wish to get a group together to see the film may get in touch with our committee member in one of the following cities:

- Boston—** Mrs. Arthur Perry, Jr.
Spencer Brook Road
Concord, Massachusetts 01742
- New York—** Mrs. Brooke Alexander
65 East 96th Street
New York, New York 10028
- Washington—** Mrs. Samuel E. Neel
1155 Chain Bridge Road
McLean, Virginia 22101
- Philadelphia—** Mrs. Morris Cheston
Whitpain Farm
Ambler, Pennsylvania 19002
- Cincinnati—** Mrs. E. Donald Jones
Box 46226
Glendale, Ohio 45246
- Louisville—** Mrs. Henry R. Heyburn
3918 Leland Road
Louisville, Kentucky 40207
- Blue Grass—** Mrs. Richard Bean
1340 Prather Road
Lexington, Kentucky 40502
- Cleveland—** Miss Kate Ireland
19100 North Park Boulevard
Cleveland, Ohio 44122

Please give plenty of notice for the date you wish to show the film.

H.E.B.

See Inside Back Cover

URGENT NEEDS

Again we line up "Urgent Needs" for the Spring Bulletin and our hearts go out in deep gratitude to all of our readers who so generously gave a total of \$11,762.51 in response to this column last year. Your gifts enabled us during the summer and fall, when the weather was good, to get on with all of the repair work for which money was given.

This year we are listing for the **HOSPITAL** only those items of repair and replacement which are the **most** essential for keeping the building in sound repair and for giving the best possible care to our patients. Buildings have to be kept painted. Our private water system has to be kept in good repair. We need more and more equipment to take care of more and more patients! Added paper work, largely due to our Medicare program, necessitates more clerical assistants and more office equipment. A copying machine is expensive; but it is cheaper than employing another trained and experienced typist—if we could find one—; and we haven't office space for one more person. All equipment listed in this column will be transferred to the Mary Breckinridge Hospital, for which plans are progressing steadily. The assurance of a new, larger and well-equipped hospital enables our staff and our patients to accept with admirable patience the difficult circumstances under which they are now working and being treated. Your gifts, large and small, will be a tremendous help; and they will make it possible for us to serve our patients better.

HYDEN HOSPITAL PLANT

This consists of a number of buildings located on 41.15 acres of land, on a spur of Thousandsticks Mountain. The principal buildings are the Hospital and Annex; Margaret Voorhies Haggin Quarters for Nurses; Mardi Cottage (quarters for the Frontier Graduate School of Midwifery); St. Christopher's Chapel; Joy House; Bolton House; an oak barn; employees' cottage; Betty's Box; and smaller buildings. Some of the most **urgent needs** for this boundary are listed below:

1. **EQUIPMENT PURCHASED FROM MOUNT MARY HOSPITAL, HAZARD, KENTUCKY:**

When Mount Mary Hospital had to close, they offered to us at greatly reduced prices the following list of badly needed equipment:

Thermatic Pump	\$216.00	
Suction Pump	100.00	
Stainless Steel Bedpans—1-doz.....	100.00	
Surgical Stool	49.00	
Wall Stand	55.00	
Examining Table	80.00	
I. V. Stands—2 @ \$8.00 ea.....	16.00	
Mayo Table	24.00	
Laundry Stand	20.00	
Bulletin Board	5.00	
Nylon Restraint	5.00	
Ashtray for Waiting Room.....	5.00	
Ointment Jars—Stainless Steel— 4 @ \$3.75.....	15.00	
Examining Lamp for Dr. Wiss' Office..	80.00	
Urinals—Stainless Steel—6.....	45.00	
Sterile Pan with Stainless Steel Lid....	5.00	
Metal Desk	50.00	\$870.00

Note: We purchased the above equipment, confident that when this column was published, friends would be kind enough to give gifts to cover the expense. Such things as the I. V. stands, the examining table, the thermatic pump, the suction pump and the examining lamp are god-sends, our doctors tell us. In addition to the items above, which were purchased, the Sisters gave us many useful items—all of them most welcome.

2. **ISOLETTE INCUBATOR:** for premature babies—
quoted, installed @..... 900.00
3. **OTOSCOPIES:** 4 @ \$79.95 ea..... 319.80

Note: These are **badly** needed for use by district nurses so that they can screen patients before sending them to our busy doctors at the Hospital.

4. BLOOD PRESSURE CUFF WITH GAUGE: 3-sets @ \$44.50 ea.....	133.50
5. SMALL STERILIZER: for dressings and instruments used in Clinic—quoted @.....	600.00
6. ARM DECKS: to attach to operating table—2 @ \$39.50 ea.	79.00
7. AUTOClave REPAIRED BY FACTORY REPRESENTATIVE: parts and labor.....	807.85
<p>Note: This dressing sterilizer is overworked but we have no room for a larger, or an auxiliary sterilizer in our present hospital. We have to keep this equipment in safe repair until we have a new hospital.</p>	
8. X-RAY LABORATORY REGISTER:	34.00
9. SPECIAL LEDGER AND SHEETS FOR MEDICARE:	119.30
10. AUTOMATIC PRINTING CALCULATOR: badly needed in compiling cost analyses—quoted @.....	346.00
11. COPYING MACHINE:	895.00
12. TYPEWRITERS: 2 needed—quoted @ \$225.00 ea... 450.00	
13. FILE CABINET: for Midwives Training Department—4-drawer—estimated.....	65.00
14. SPARE PARTS FOR WATER PUMP: complete set—estimated.....	90.00
15. PAINTING EXTERIOR TRIM: cleaning surface, caulking cracks and spot-painting—materials and labor.....	217.41
<p>Note: We hope that this will protect the building until we renovate it after the new hospital is built.</p>	
16. KITCHEN ANNEX AND EMPLOYEES' DINING ROOM PAINTED: plaster repaired after leak in ceiling; cracks caulked and all 3-rooms painted (2-coats)—materials and labor—estimated.....	150.00
17. STURDY BENCHES FOR WAITING ROOM: 5—made by local carpenter to replace rickety chairs—materials and labor.....	227.14

18. SHELVES FOR SUPPLIES IN MIDWIFERY TRAINING DEPARTMENT: materials and labor..	50.00
19. UNBLEACHED SHEETING FOR DRAW SHEETS AND GOWNS: 50 yds. (99" wide) @ 75¢.....	37.50
20. METAL WASTEBASKETS: 2-doz. @ \$1.53.....	36.72
21. FANS: Record Office.....	\$17.88
MTD.....	27.95
Nursery.....	27.95
	73.78
22. WINDOW SHADES: 2-doz. @ \$2.00 ea.....	48.00
23. DISHES FOR PATIENTS: factory order for hotel china, in open stock.....	387.39

MARGARET VOORHIES HAGGIN QUARTERS FOR NURSES

1. **TRIM OF BUILDING PAINTED:** the exposed side of this building, both porches and most of the windows, must have a new coat of paint to protect the wood—scraping, caulking, painting—materials and labor—estimated..... 232.00

Note: This building will continue to be used as nurses' quarters after the Mary Breckinridge Hospital is built.
2. **INTERIOR PAINTING:** All bedrooms need painting. Soft coal fires are hard on painted walls!—materials and labor, 17-rooms @ \$30.00 per room—estimated..... 510.00
3. **CENTRAL LINEN SUPPLY:** shelves put in two basement rooms—materials and labor—estimated.. 200.00

Note: The superintendent needs this room for storage of linens used in all buildings in the Hospital Plant.
4. **FURNITURE FOR NURSES' SITTING ROOM ON SECOND FLOOR:** solid maple sofa, 2-chairs and ottoman with foam rubber cushions upholstered in burlap, 2-end tables and a coffee table—7-pc. suite—quoted @ 350.00

Note: The old sofa and chairs now in this room are not worth repairing; and there are no proper tables in the room. New furniture would make off-time for the nurses much more comfortable and pleasant.

- | | |
|---|--------|
| 5. UNBLEACHED SHEETING FOR CURTAINS IN BEDROOMS: 50 yds. (99" wide) @ 75¢..... | 37.50 |
| 6. DINING ROOM AND HALL FLOORS REFINISHED: the finish is worn off, it is difficult to keep clean, and the wood needs protection—materials and labor—quoted | 250.00 |
| 7. BEDSIDE RUGS: washable rugs—10 @ \$3.95 ea..... | 39.50 |
| 8. CANE BOTTOM DINING ROOM CHAIR RESEATED: estimated | 12.50 |
| 9. WINDOW SHADES REPLACED: 25 plastic shades @ \$2.00 | 50.00 |

MARDI COTTAGE

Quarters for Frontier Graduate School of Midwifery

- | | |
|--|----------|
| 1. TRIM OF OLD PART OF BUILDING PAINTED: both porches, 12-windows and 12-wooden screens—materials and labor—estimated..... | \$ 62.00 |
| 2. LIVING ROOM FURNITURE: solid maple sofa, coffee table and 2-end tables, 2-chairs and ottoman, with foam rubber cushions upholstered in burlap—7-pc. suite on sale for..... | 287.96 |
| Note: Mardi Cottage has never had a sofa; and the chairs in use now are no longer worth repairing. | |
| 3. PORCHES REPAIRED AND PAINTED: all new screen wire put on front porch; front and back porches painted (includes scraping off old paint and caulking cracks)—materials and labor—estimated.. | 75.00 |
| 4. INTERIOR PAINTING: living room and 2-bedrooms—materials and labor..... | 68.50 |
| 5. PIANO TUNED: (when tuned, this gives the students a great deal of pleasure)..... | 25.00 |

JOY HOUSE

Helen Newberry Joy

- | | |
|--|----------|
| 1. TRIM OF HOUSE AND SHUTTERS PAINTED:
scraping, caulking and painting—materials and
labor—estimated..... | \$100.00 |
| 2. FRONT PORCH: wooden floor and steps replaced
with concrete—materials and labor—estimated..... | 150.00 |
| Note: It is impossible to keep pine floor painted to
protect the wood—concrete is the only
solution. | |
| 3. BATHROOM: leak repaired, wall patched and painted
—materials..... | 29.51 |
| 4. LIVING ROOM—2 SMALL SOFAS—SLIP COV-
ERED: materials and the making—estimated..... | 75.00 |
| 5. INTERIOR PAINTED: (scraping, caulking, paint-
ing) | |
| Dining room—materials and labor..... | \$83.65 |
| Living room—materials only..... | 15.96 |
| Kitchen—paint only | 3.99 |
| | 103.60 |

BOLTON HOUSE

Gift of Frances P. Bolton

NONE**WENDOVER**

At Wendover we continue to battle against underground movement on the hillside above the Big Log House and the Cabin, causing rock retaining walls to bulge, cisterns to crack; and disrupting pipes in septic tank drain fields et cetera. Some of our **needs** are due to the fact that replaceable parts for old equipment are no longer available. We would not part with our present double-oven, coal-fired kitchen range if we could still get essential parts for it—they are no longer manufactured and our reserve supply is now exhausted. We have no alternative but to ask for a new range of the same type, but a newer model; and hope that it will be given to us before our last grate gives out! The need for additional office equipment is due to the increasing

amount of paper work. The magnitude of our accounting now demands a timesaving calculator; and we need additional typewriters to save moving the ones we have from office to office—we have no spare to tide us over when one breaks down. With our many old buildings, and many people in and out of them all the time, it is inevitable that we must ask from time to time for money to paint, lay new floor covering, buy curtains, slip covers and new appliances.

Our readers will rejoice with us that money for a new dairy barn which we had to build in the fall, has been given us before this Bulletin goes to press—we are most grateful for it.

1. **ROCK RETAINING WALL BETWEEN TOOL SHED AND CHAPEL RE-LAID:** old stone in bulging wall taken out, bank cut back and sloped, wall re-laid—materials and labor..... \$327.05
2. **LOWER CISTERN CRACK REPAIRED:** must keep it full for fire protection—materials and labor..... 75.00
3. **SEPTIC TANK DRAIN FIELD—PIPE REPLACED:** (this tank takes care of four buildings) digging up old pipe, laying new as necessary—materials and labor..... 145.49
4. **NEW KITCHEN RANGE—HOTEL TYPE, COAL-FIRED, DOUBLE-OVEN:** parts for old range are no longer available—range and installation—estimated..... 500.00
5. **NEW FLOOR COVERING FOR KITCHEN:** vinyl on old covering worn down to base—materials and labor—estimated..... 250.00
6. **GARDEN HOUSE AND PEBBLE WORK SHOP EXTERIOR TRIMS—PAINTED:** the exposed side of these buildings, the porches and most of the windows, must have a new coat of paint to protect the wood — scraping, caulking, painting — materials and labor—estimated 265.00
7. **BIG LOG HOUSE OFFICES PAINTED:** smoke from open fireplaces had to be washed off first, then rooms painted—3-coats required in one office, 2-coats in the other—materials and labor..... 216.21

8. AUTOMATIC PRINTING CALCULATOR: needed for the bookkeeping department, in addition to the hand-operated adding machine now in use — quoted @	346.00
9. PORTABLE TYPEWRITER: needed by Medicare secretary to take on her trips to the centers.....	100.00
10. TYPEWRITER:	
New one—quoted @.....	225.00
Rebuilt one with full guarantee—quoted @.....	150.00
11. FILE CABINET FOR CHECKS: 8-drawers.....	141.20
12. FILE CABINET FOR MEDICAL RECORDS:	34.88
13. NEW HEAVY DUTY LINOLEUM LAID:	
Guest Bathroom: 5-1/3 sq. yds. @ \$7.50..\$	40.00
Office Floor: 20 sq. yds. @ \$7.50.....	150.00
14. BEDSIDE RUGS—WASHABLE: 12 @ \$3.95.....	47.40
15. INSIDE-OUTSIDE RUG FOR OFFICE ENTRANCE: to protect floor from mud—quoted @....	10.00
16. NEW WATER SUPPLY LINE FROM GARDEN HOUSE TO PIG ALLEY: replacing plastic pipe with 1" galvanized pipe—600' laid @ 75c per ft.—estimated.....	450.00
17. CANE-BOTTOM DESK CHAIR—RE-SEATED: materials and labor—estimated.....	15.00
18. ELECTRIC TOASTER: 4-slice.....	23.95
19. HEAVY DUTY STAPLE GUN: a great time-saver in insulating buildings, making window screens, et cetera.....	13.64

BEECH FORK NURSING CENTER

Jessie Preston Draper Memorial

1. BATHROOM—RENOVATED: strip, paint, install washable wall covering around tub and behind wash basin; lay new flooring and linoleum—materials and labor—estimated	\$275.00
2. ALL FLOORS INSULATED BEFORE INSTALLING HEAT PUMPS: materials and labor.....	118.00

- 3. **REPLACING WATER HEATER:** heater and installation—special price 90.21
- 4. **CONCRETE BLOCK INCINERATOR:** materials and labor..... 67.59
Note: This incinerator was built as an experiment to see whether or not it was what we needed at all centers. We have found that it is somewhat larger than needed and for the other centers we will reduce the plans and the cost should not be more than \$50.00.
- 5. **NEW TIN CAN HOLE:** materials and labor..... 44.99
Note: Tin can holes have to be dug where there is space on our property without interfering with pipe lines, trees or fencing. The only suitable sites are invariably rocky, increasing the labor costs; and, although we break bottles and flatten tin cans, a hole lasts only two or three years, depending on the size we were able to dig it. Nevertheless, these holes are essential to keep our property uncluttered.
- 6. **STINNETT CLINIC PRIVY—REBUILT:** labor furnished by local Community Action Council—materials only 46.75
- 7. **FILE CABINET FOR MEDICAL RECORDS:**..... 34.88

BRUTUS NURSING CENTER

Belle Barrett Hughitt Memorial

- 1. **CONVERT CLINIC INTO WAITING ROOM: DIVIDE WAITING ROOM INTO TWO TREATMENT ROOMS:** to make room for two nurses to see their patients at the same time—materials and labor—estimated..... \$500.00
- 2. **CONVERT CORNER OF SMALL BEDROOM TO UTILITY ROOM:** (to get laundry equipment out of waiting room)—run water supply lines through wall from bathroom; install washing machine and tubs; and install linoleum rug—materials and labor—estimated..... 75.00

- | | |
|---|--------|
| 3. ENTRANCE STEPS TO CLINIC PORCH AND TO FRONT PORCH: wooden steps need replacing with concrete—materials and labor—estimated..... | 175.00 |
| 4. LIVING ROOM—SLIP COVERS FOR LARGE SOFA AND 2-WING CHAIRS: material and making covers—estimated | 100.00 |
| 5. LIVING ROOM PAINTED: paint and labor—estimated..... | 25.00 |
| 6. CONCRETE BLOCK INCINERATOR: materials and labor—estimated | 50.00 |
| 7. FILE CABINET FOR MEDICAL RECORDS: | 34.88 |

FLAT CREEK NURSING CENTER

Caroline Butler Atwood Memorial

NONE

RED BIRD NURSING CENTER

Clara Ford

- | | |
|--|----------|
| 1. HEATING SYSTEM—STOKER: install stoker to prolong life of old hot air furnace for which parts are no longer available; to keep fire, day and night, so nurses will no longer return to a cold house; to provide more efficient heating at a more even temperature; and to lessen the chance of fire due to an over-heated, hand-fired furnace—stoker and installation and insulation of floors—estimated..... | \$750.00 |
| 2. NEW FIRE HOSE HOUSE: made of concrete block instead of wood, with tin roof—materials and labor—estimated..... | 150.00 |
| 3. REPLACING A LOG (26' long) SUPPORTING PORCH: materials and labor—estimated..... | 50.00 |
| 4. SPOTLIGHT INSTALLED TO LIGHT DRIVEWAY TO CLINIC: materials only (free labor by committee member) | 21.99 |
| 5. CONCRETE BLOCK INCINERATOR: materials and labor—estimated | 50.00 |
| 6. BOUNDARY LINE FENCE REPLACED: materials and labor—estimated | 75.00 |
| 7. FILE CABINET FOR MEDICAL RECORDS: | 34.88 |

WOLF CREEK NURSING CENTER
 Margaret Durbin Harper Memorial

- | | |
|--|----------|
| 1. NEW REFRIGERATOR: (parts not available for old one)—price quoted..... | \$295.00 |
| 2. NEW SLIP COVERS FOR LIVING ROOM CHAIRS:
(2-platform rockers)—material and making—estimated..... | 30.00 |
| 3. FILE CABINET FOR MEDICAL RECORDS: | 34.88 |
| 4. LIVING ROOM AND DINING AREA PAINTED:
materials and labor—estimated..... | 75.00 |
| 5. GRATE BASKET FOR LIVING ROOM FIRE-PLACE: | 19.95 |
| 6. CONCRETE BLOCK INCINERATOR: materials and labor—estimated | 50.00 |

TEEN-AGERS

“Our youth now love luxury. They have bad manners, contempt for authority; they show disrespect for their elders, and love chatter in place of exercise. They no longer rise when others enter the room. They contradict their parents, chatter before company, gobble their food, and tyrannize their teachers . . .”

—Socrates
 5th Century B.C.

OUR MAIL BAG

From a member of our New York Committee: "I enjoy the Bulletin so much. It's as interesting as ever and always reflects the FNS so warmly."

From a friend in Milwaukee: "How generous you all are with yourselves as you offer a cup of water in His name. I have enclosed a small check in thankfulness that there are such people as you."

From a friend in Seattle: "Please renew my subscription to the Frontier Nursing Service Quarterly Bulletin. It's the mostest! I read it from cover to cover."

From a recent guest: "The many miles of difficult driving, the competence of the highly trained personnel, the truly deep understanding and kindness toward patients and their families, with no hint of condescension, is most impressive. The spirit of compassionate service permeates your entire organization. My visit at Frontier Nursing Service was a consoling experience."

From a friend in Los Angeles: "The FNS brochure came to me today. What a beautiful piece of publicity with its pictures and simple statements like the facets of a diamond! I read it through at one sitting—all of it. Your brochure is a model document with the best possible presentation of those needs. God grant you success."

ANNUAL MEETING

The Forty-Fourth Annual Meeting of Trustees and members of Frontier Nursing Service, Inc. was held at the Louisville Country Club in Louisville, Kentucky, on Wednesday, May 22, 1968.

Helen Browne, Jane Leigh Powell, Kate Ireland, Agnes Lewis, Anna May January, Madeline Gamble and Peggy Elmore drove to Louisville on Tuesday. Agnes and Anna May were the guests of Mrs. Charles H. Moorman and Madeline was the guest of Mrs. Grace Terrill of the old staff. Lucile Hodges and two of the couriers, Donna Baker of Louisville and Kathy Vance of Lexington, drove down for the day on Wednesday.

Brownie, Kate and Leigh were joined by our National Chairman, Mrs. Jefferson Patterson of Washington, D. C., Mr. Brooke Alexander of New York, Mrs. Morris Cheston of Ambler, Pennsylvania, Mrs. Charles W. Allen, Jr. of Louisville, and Mr. Homer L. Drew of Lexington, for a meeting of the FNS Development Committee on Tuesday afternoon. Other out-of-town friends who joined us Tuesday evening were Mr. and Mrs. J. Gibson McIlvain II of Devon, Pennsylvania, and old courier Freddy Holdship of Sewickley, Pennsylvania. Mrs. McIlvain is Chairman of the Philadelphia Committee and Freddy is Chairman of the Pittsburgh Committee. Old courier Helen (Pebble) Stone of New York flew down on Wednesday as did Miss Carol Randall of Cleveland, a member of our National Nursing Council.

The FNS Board of Governors met Wednesday morning prior to the Annual Meeting Luncheon. In addition to Mrs. Patterson, Mr. Alexander, Mrs. Allen, Brownie and Kate, Mrs. Richard Higgins of Dedham, Massachusetts, Mrs. Roger K. Rogan of Glendale, Ohio, Mrs. John Harris Clay of Paris, Mrs. William Marshall Bullitt, Mr. Charles W. Allen, Jr., and Mr. Henry Heyburn—all of Louisville, and Mrs. F. H. Wright, Mr. Edward S. Dabney and Dr. Carl H. Fortune—all of Lexington, and Mr. W. Roy Sizemore of Hyden, were present for the Board meeting.

Following a delicious luncheon, arranged by our Louisville Chairman, Mrs. Gerald Tyrrell (old courier Janie Haldeman) and her Committee, Mrs. Patterson presided at the business meeting and introduced the head table and out-of-state guests. They Very Rev. Robert W. Estill of Louisville, who had given the Invocation,

read the list of names of members and friends who had died during the past year. Mrs. Charles W. Allen, Jr. announced that the Board of Governors wished to honor Agnes Lewis, who retired last year, and Lucile Hodges, who is retiring this summer, for their devoted service to the FNS since 1930. Mrs. Allen read the following citations:

LUCILE HODGES

The Executive Committee is grateful for the precision of mind, the attention to detail, and the breadth of comprehension of Lucile Hodges. The accuracy and pertinence of her records will continue as standards of excellence. We shall miss her gentle nature—so like that of her beloved wildflowers, and her compassion—so recognized by humans and animals. The signatures following witness to our devotion to one who has served the Frontier Nursing Service with steadfast loyalty.

AGNES LEWIS

Through the longest continuous service of any staff member, the gift of rare judgment and a sense of proportion, Agnes Lewis, as Executive Secretary, has contributed significantly to the sound creation and progressive development of the Frontier Nursing Service. We of the Executive Committee who have been privileged to know her, to serve with her, affix our signatures as an expression of our admiration and respect for her talents and her spirit of selfless devotion to the Frontier Nursing Service and the proud people of the Kentucky mountains.

The meeting continued with the election of Mrs. Morris Cheston and Dr. Willis D. Weatherford, Jr. of Berea to the Board of Governors and Mr. J. Gibson McIlvain, Mr. Samuel E. Neel, McLean, Virginia, and Mr. William T. Young of Lexington as Trustees of the Service. Kate Ireland reported on the Mary Breckinridge Hospital and Development Fund and Helen Browne gave the Director's Report. Brownie had the pleasure of introducing a special guest, Mrs. Maureen Dunn, a nurse-midwife from Plymouth, England, who had spent the past month with us in the mountains. Mrs. Dunn, who is a Queens District Nursing Sister, was chosen "Nurse of the Year" in Great Britain in 1967. Patients from all over the British Isles were invited by *News of the World* to nominate a nurse from their area for the award.

The ten regional finalists appeared before a committee composed of the Director of Education of the Royal College of Nursing, a representative from the Royal College of Midwives, the editor of *News of the World*, and Mr. Reginald Maudling of the Conservative party. Following her selection as "Nurse of the Year", Mrs. Dunn was awarded a fellowship to visit district nursing services in Australia, New Zealand, Canada, and the Frontier Nursing Service in Kentucky.

START TO FINISH

Coronations and jubilees were great occasions in our Wiltshire village, but the amount of beer consumed by the participants had its effect as the day wore on. I remember a farm worker, restrained by his employer just in time to prevent him from hitting a friend on the head with a bottle, saying indignantly, 'Don't 'ee interfere, master. Don't 'ee know as Coronation only comes once every so often?' At King George VI's coronation the sports were held in the evening, by which time most of the athletes had become a little fuddled. My friend Frank and I had roughly marked out the course for the mile race the day before; but the sticks had vanished, and the twenty competitors assembled at the 'gate' kept up a continuous shout of 'Wur 'ave us got to go?' Frank rose to the occasion with 'Follow I, an' you'll be all right'; a solution which seemed to have general approval. When the pistol went, the runners politely waited for Frank to start and all followed him in a tightly-packed bunch, keeping up this formation all round the course until they arrived back at the starting point. Here Frank pulled up, turned round and faced his followers. 'Well, that's it, chaps,' he said, 'I've won'.—**R. H. Wilson**

—*The Countryman*, Winter 1967-68, Edited by John Cripps, Burford, Oxfordshire, England.

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checks on their own banks.

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A KNIGHT'S PRAYER

MY LORD, I am ready on the threshold of this new day, to go forth armed with Thy power, seeking adventure on the highroad, to right wrong, to overcome evil, to suffer wounds and endure pain if need be, but in all things to serve Thee bravely, faithfully, joyfully, that at the end of the day's labour, kneeling for Thy blessing, Thou mayest find no blot upon my shield.

In Memoriam

MRS. MARSTON ALLEN
Cincinnati, Ohio
Died in April, 1968

MRS. JOHN A. MURTLAND
Pittsburgh, Pennsylvania
Died in May, 1968

MRS. ALBERT H. CORDES
Cincinnati, Ohio
Died in March, 1968

DR. JAMES F. OWEN
Lexington, Kentucky
Died in April, 1968

MISS ELIZABETH M. FOLCKEMER
Baltimore, Maryland
Died in December, 1967

MR. WALTER PACE
Hyden, Kentucky
Died in January, 1968

MRS. ELTON HOYT
Mentor, Ohio
Died in January, 1968

DR. HAROLD G. REINEKE
Cincinnati, Ohio
Died in May, 1968

MRS. JAMES M. HUTTON
Cincinnati, Ohio
Died in December, 1967

MR. AMBROSE RICE
Brutus, Kentucky
Died in April, 1968

MRS. EDNA C. LAPHAM
Carmel Valley, California
Died in June, 1967

MRS. JAMES C. RICHARDSON
Cincinnati, Ohio
Died in May, 1968

MRS. GORDON LOUD
Washington, D. C.
Died in December, 1967

DR. R. GLEN SPURLING
LaJolla, California
Died in February, 1968

MR. LEE MORGAN
Wendover, Kentucky
Died in April, 1968

MRS. SIDNEY D. WALDON
Hamilton, Ohio
Died in September, 1967

We Men, who in our morn of youth defied
The elements, must vanish; — be it so!
Enough, if something from our hands have power
To live, and act, and serve the future hour;
And if, as toward the silent tomb we go,
Through love, through hope, and faith's transcendent dower,
We feel that we are greater than we know.

—William Wordsworth

When **Dr. R. Glen Spurling** and **Dr. Harold G. Reineke** died this year, the Frontier Nursing Service lost two members of its National Medical Council. Each man had a distinguished career in his own field, yet each gave hours of his time to the FNS and its patients. Dr. Spurling was a member of the FNS Board of Governors while he lived in Louisville. He visited our field of work several times and each time brought cheer to our staff and professional help to our medical director and the patients we referred to him. Dr. Reineke rendered us valuable service for many years. He offered to interpret x-ray films sent to him by our medical directors and was always so interested in the patients whose films he read. We will miss them both.

Dr. James F. Owen, a member of our Medical Advisory Committee, devoted many years of his life to public service and strived to establish means by which dental care was within reach of all people in the state. He developed the Kentucky Dental Trailer Program which has meant so much to families in eastern Kentucky.

Miss Elizabeth M. Folckemer will long be remembered as a valuable member of our National Nursing Council. As Director of the Cleveland Visiting Nurse Association for over forty years, she was deeply interested in the FNS and gave freely of her wise counsel when discussing professional problems.

Mrs. Gordon Loud was a former chairman of our Washington Committee and for several years before her death was donor secretary for the Committee. As a devoted wife and mother she was especially interested in our field of work for rural families. **Mrs. Edna C. Lapham** was one of those far away friends on the West Coast whom we never had the pleasure of meeting. We are deeply appreciative of the generous gift she made to our Endowment Fund several years before her death.

During the past few months we have lost several faithful and loyal members of our Cincinnati Committee. **Mrs. Marston Allen** was donor secretary for the Committee for many years and, like other members who have left us, had been supporting our work for many years. We shall miss **Mrs. Albert H. Cordes**, **Mrs. James M. Hutton**, **Mrs. James C. Richardson** and **Mrs. Sidney D. Waldon**. From our Pittsburgh Committee we have lost **Mrs. John A. Murtland** and in Cleveland, **Mrs. Elton Hoyt**. Both had been generous

supporters of our work since 1928. We are privileged to have known these fine women and to have counted them among our friends.

In the mountains we have lost **Mr. Lee Morgan** and **Mr. Walter Pace**, both members of our Wendover community, and of two families who have been firm friends of the FNS since its beginning. Mr. Morgan was a valued employee at Wendover during the early years when new office workers relied on him greatly for information and advice on local affairs. Later, he was chairman of our Wendover Committee. **Mr. Ambrose Rice** of Brutus was an old-timer and an early member of our Bowlingtown Committee, later transferring to Brutus. Some of his verses have been published in our Quarterly Bulletin.

We shall miss all of these friends. The loyalty and help they have given us over a long span of years we count among our blessings. To their families and friends we send our sincerest sympathy.

○ Land! ○ Land!
For all the broken-hearted,
The mildest herald by our fate allotted
Beckons, and with inverted torch doth stand,
To lead us with a gentle hand
Into the land of the great departed,
Into the Silent Land!

—Johann Gaudenz von Salis

ORRA LOON

The noise of a thousand sheep and fifteen hundred lambs cannot be described in words. One would think each ewe had a different answer, since after the main clipping the mothers and offspring all soon find one another again.

My job as junior orraman on a fifeshire farm was to keep the clippers supplied with sheep, and to dab with red paint a 'B' on the flank of each finished animal. In the seconds to spare between these operations I laid out the clipped fleece 'face down', turned in the legs and rolled it into a tight bundle, securing the whole with the tail-piece wrapped round and tucked in.

During the dinner break I was foolish enough to ask the purpose of a gibbet-like construction at the edge of the pens. At the end of the day I would be swinging from it, I was told. Was this some boisterous initiation ceremony, I wondered? There was no escape from ten brawny shepherds, so I would just have to go through with whatever was in store.

From the gibbet they suspended a thick jute bag, some eight or nine feet long, its base swinging about six inches above the ground. I was unceremoniously bundled into this and promptly smothered with fleeces, while someone gave the bag a push to set it swinging. In near panic I frantically pulled the fleeces down under my feet, as I made my way upwards to fresh air and freedom. This, of course, was the whole idea: the harder I worked, the better packed were the fleeces. By the time I had trodden the fifth or sixth bag I had lost my claustrophobic fear of suffocation. *R. S. Naismith*

—*The Countryman*, Winter 1966-67

MARY BRECKINRIDGE HOSPITAL

Progress Report

Since the Winter Bulletin, Cleveland, Princeton, Washington, Philadelphia, Lexington and Cincinnati have kicked off their area campaigns. Brownie and Leigh have done quite a bit of travelling during the past three months as they have attended each city's "kick-off" to talk about the FNS and to answer many questions that people have to ask.

On March 13, Mr. and Mrs. Kenyon C. Bolton entertained Cleveland friends in their home at a dinner, after which "The Road" was shown. Mary Bolton had prepared a most attractive buffet and the dinner was well attended despite the minor blizzard that occurred the day before.

On April 2, while Brownie was representing the FNS at a seminar in Princeton, New Jersey, members of the Princeton Committee gave a luncheon at the Present Day Club and showed "The Road." It had been a couple of years since Brownie met with the Committee and they were most enthusiastic about the movie and had a long discussion period afterwards. Already the support from the Princeton area for the campaign has been very encouraging, thanks to the wonderful help of Mrs. Clayton Morris Hall, Mrs. Abbot Low Moffat and their committee.

Washington opened their campaign with a reception at The Museum of History and Technology at the Smithsonian Institution under the leadership of Mr. and Mrs. Samuel Neel. Guests were entertained in the Reception Suite and then everyone moved into the auditorium to see the movie. Many old friends of the FNS were there and were delighted to have an opportunity to see "The Road." Mrs. Neel was assisted in the arrangements for the reception and plans for the campaign by Mrs. Scott Breckinridge, Mrs. Harry D. Mitchell, Mrs. John Clemmitt (former courier Ann Wigglesworth), Mrs. Richard Todd, Mrs. Fraser Wilkins, Mrs. John S. Graham, Mrs. William C. Holter (former courier Mary Neville Atkinson) and Mrs. Oliver McKee, Jr.

Philadelphia followed Washington with their kick-off on April 17 with a reception at the Acorn Club. Mr. Henry C. Biddle, chairman of the campaign, talked briefly before the movie and then introduced Brownie who spoke to the guests. Mrs. J. Gibson

McIlvain and Mrs. Morris Cheston led the Philadelphia Committee in making all the plans and they are very fortunate to have Mrs. F. W. Elliott Farr acting as "secretary."

On April 19, Mrs. John Harris Clay entertained about sixty people from the Blue Grass area for tea in her home at Paris, Kentucky. Mrs. Richard Bean and Mrs. Job D. Turner (former courier Anne Preston) have worked hard to organize leaders from the smaller cities around Lexington and because the Blue Grass is so spread out, we hope that these leaders will show "The Road" in their cities.

After a short breathing spell, Brownie, Kate and Leigh went to Cincinnati on May 10 for a reception at the Queen City Club which had been arranged by Mrs. Robert Muhlhauser (former courier Ann Danson), Mrs. E. Donald Jones (former courier Beth Burchenal), Mrs. Booth Shepard (former courier Allyn Johnson), and Mrs. Richard Stewart (former courier Mary Tylor Burton). "The Road" was shown and we were delighted to have people come from as far away as Dayton and Columbus to join in the start of the campaign.

Brownie, Kate and Leigh returned to Cleveland on May 15 for a dinner which was held at Kate's house and once again, Cleveland friends had an opportunity to see "The Road."

At this time, all but four of our major city committees are hard at work for the fund drive. The other four will be active in the fall as so many people go away during the summer, which makes it difficult to organize a campaign. We are thrilled with the response all our friends and workers are getting and encourage them to keep up the good work.

As we go to press, we have received \$1,604,915.00 in pledges of which \$776,127.00 has been invested. Since the Mary Breckinridge Hospital Fund was set up, we have received \$937,835.00 in cash, so we are well on the way to the first million dollars. Mrs. Breckinridge always said that the first million was the hardest to get the second million comes easily. Let's hope she was right!

J. L. P.

OLD COURIER NEWS

Edited by
JUANETTA MORGAN

From Mrs. Albert Eckian (Lorna Miller)—February 25, 1968

I graduated from college in August and am now working for the Visiting Nurse Service in the East Harlem office. I like the job and it is a great experience. Albert is in his second year here at New York University School of Medicine.

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From Rachel Greeley, Denver, Colorado—March 13, 1968

This has been an interesting term. Sue Everdell and I have a job with an airline—filing, writing refunds, et cetera.

We have done a lot of skiing. Sue is an excellent skier and she taught me. Next week Sue's father and brothers are coming and we are all going up to Aspen to ski for a week. I thought the mountains in Kentucky were great, but they are nothing to the mountains out here.

.

From Janet Brewer, Beloit College, Beloit, Wisconsin

—May 3, 1968

Here I am back in school and it seems as though I never left this place. Kate Mattes is here too, but I haven't had a chance to talk with her.

After leaving Wendover, my parents and I spent about a week roaming around Florida. For the past month I've been working mornings for a small animal veterinarian. I really enjoyed it.

.

From Mrs. Linda Branch Schriver, Pinedale, Wyoming

—May 13, 1968

School will be over in two weeks and then Pat, Lisa and I head East for a summer visit with my family—we're looking forward to the beach. There's a chance that my sister, who lives in Germany, may come over in September and perhaps we will stay East to see her. I am thinking of going back to school next winter.

We extend our heartfelt sympathy to the husband and children of **Sally Rice Mackintosh**, a valuable member of our Boston Committee who died March 23; to **Florence Lincoln Short** on the loss of her father, Mr. Frederick Lincoln, in April; and to **Marion Shouse Lewis** on the death of her father, Mr. Jouett Shouse, on June 1.

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Born to Mr. and Mrs. Thomas O. Whitaker (**Mary Woodmansey**) of Saco, Montana, a daughter, Kathryn Jane, on March 7, 1968.

Born to Mr. and Mrs. Bruce Eugene Leddy (**Brooke Alexander**) of Portland, Maine, a son, Alexander, on April 30, 1968.

FAULTY MATES

On their honeymoon the groom took his bride by the hand and said, "Now that we're married, dear, I hope you won't mind if I mention a few little defects that I've noticed about you."

"Not at all," the bride replied with a deceptive sweetness. "It was those little defects that kept me from getting a better husband."

—*Modern Maturity*, June-July 1967

The big-voiced wife was really angry. She glared at her meek little hubby. Then she bellowed: "Horace, look at me! The ten dollars that was in your pants pocket last night—did you steal it out of my purse this morning?"

—*Modern Maturity*, Oct.-Nov., 1966

THANKSGIVING DAY REUNION IN ENGLAND

Miss Elizabeth Hillman has asked us to invite all members of the FNS old staff in England to the Thanksgiving Day Reunion luncheon at 12:00 noon on Thursday, November 28, 1968, at the South London Hospital, Clapham, London S.W.4. The luncheon will be held at 16 Balham Hill, a building adjacent to the South London Hospital and facing the Clapham South tube station.

We hear that Hilly is planning a menu of spoon bread and turkey hash (in the best Wendover tradition) and pumpkin pie, and that Lydia Thompson is growing the pumpkin in her garden! Hilly will appreciate a post card from those of the old staff who plan to come to the Reunion.

We think our friends here and in Great Britain would be interested in the article Hilly wrote about a year ago for *The South London Hospital Nurses League Magazine*, and we quote it herewith.

KENTUCKY FRONTIER NURSING SERVICE

by Elizabeth Hillman

Sister in Charge, Domiciliary Midwifery Service
South London Hospital

"For the last two years the South London Hospital has provided the setting for the Annual Thanksgiving Day reunion of British nurses who have, at some time or another, worked with the Frontier Nursing Service in Kentucky.

"This nursing service was started in 1925 by Mrs. Mary Breckinridge and was so named because at this time the mountain areas of Eastern Kentucky contained a society that was still frontier in type. It was sometimes called 'the forgotten frontier' and indeed, perhaps it is only just being 'remembered' by the present American Government's programme of waging war on poverty.

"These mountain areas were settled in the late 18th and 19th centuries by the descendants of the early British immigrants to America. They were guided into these remote and lovely hills by people like Daniel Boone, and slowly they cleared the woods and set up homesteads along the creeks and river banks. They

did, however, become left behind—land-locked—as further American West was opened up.

“In 1925, they were living a veritably 19th century existence, and were far from modern methods of communication. Families were self-supporting, only obtaining from the local store commodities such as salt and cotton goods. They ground their own corn and meal, grew sugar cane and reared cows, pigs and chickens. Families were large and united, and anyone who has ever lived there can understand their deep attachment for their land.

“This lack of contact with the outside world, however, carried a penalty, in that they could not receive the benefits of education and health services.

“Mrs. Breckinridge, whose family had Kentucky origins, after an already eventful life and at the age of 44, started in a practical way to remedy this. With tremendous energy and devotion always to the purpose of her work, she started committees in a number of American cities and gave them the task of fund raising, while she came to live, as she did for the rest of her life, beside the Middle Fork of the Kentucky River, and to organise the Service.

“She first came to England to train as a midwife at the British Hospital for Mothers and Babies at Woolwich, and from the beginning British nurse-midwives shared in the enterprise either by joining the Service themselves or by helping to train American girls who came over here for their midwifery training. It must have been a real adventure in the 1920's and 30's, after a long journey from England, to arrive at the end of the railroad, to be met with a horse and then have to ride 30 miles, with one's trunk following by mule team! It is these people who are still attending reunions in England and so much enjoying recalling past experiences with colleagues. In 1939, a Midwifery Training School for graduate nurses was started there, and after teaching the first class, Miss Nora Kelly, an English nurse-midwife, returned to England where one of her first posts was that of Superintendent Midwife at the South London Hospital.

“I first went there in 1949 and, although one now arrived at Hyden in an ordinary bus, the last five miles to Wendover was still by jeep and needed a fording of the river—a great thrill

on the first occasion! Travelling was by horseback and, although I confess to some mishaps at first, life and work there was most rewarding and enjoyable.

"Once established in an outpost centre there were many things to learn and, being a nurse-midwife there meant also being something of a veterinarian and a farmer. But above all it was an invaluable experience to have shared in this Service which gave complete medical, nursing and hospital care to all families in a 700 square mile area in the mountains, and a privilege to have known someone so indomitable and so capable of enthusiasm and kindness as was Mrs. Breckinridge.

"I revisited Kentucky two years ago in the spring. This is a particularly lovely time in the mountains. The first of the bare trees to come to life are the dogwood and redbud, so that the mountain sides suddenly become covered with the purplish red flowers of the redbud and the pure white flowers of the dogwood. Then come all the different greens and the wild flowers. I had forgotten how lovely the birds are, particularly the blue birds and the red cardinals, and at this time the frogs by evening are starting to chorus.

"Many old friends were there and Wendover, the headquarters, has a timeless quality about it, so that it soon felt quite familiar to be there once more—to be sleeping in a log cabin on the hillside and waking in the early morning to find the night watchman starting a log fire, and to have a day full of things individual to Wendover. However, many new roads and bridges have been built so that no longer does one have to splash through the river to get to one's destination.

"There is now a large high school, and Hyden, the country town, definitely has a 'new look'. The Hospital in Hyden, which was built in 1927, when all supplies for it meant a two-day journey by mule team, is very busy and keeps two doctors hard at work. English nurse-midwives continue to be warmly welcomed, and it is possible, I think, to learn more about America in that little corner than in many large cities. There is a tradition of courier service—young American volunteers who throughout the year spend six weeks or more on very helpful duties, and many visitors come to observe the Service.

"Mrs. Breckinridge died about two years ago, and work is

about to start on a new, modern hospital to be named after her who brought so much health and opportunity to this section of Eastern Kentucky. Her successor as Director of the Frontier Nursing Service is Miss Helen E. Browne, an English nurse-midwife, who has worked in the Service since 1938."

FACTS ABOUT FISHING . . .

Whether your favorite stream is in cool Wisconsin, rugged upper Michigan, tranquil Indiana, or just the creek near the old farm, the hours you will spend waiting for a strike (or maybe just a "bite") are part of the new wave of geomarine technology.

The world needs more food, and experts say we are going to have to depend on fish and other marine life for that extra food. The U. S. was once number one in fishing, but is now in fifth place. Peru is first, mostly because it developed a technique of sucking small fish through pipes right into the fishing boats. These fish are ground into meal which is sold throughout the world as poultry and livestock feed.

U. S. experts are also at work. A Florida project employs an electronic device which can be towed in front of shrimpers' nets. This device, used at night, makes the shrimp think it's daytime, and he emerges from his burrow to get caught. The object is to make shrimping a 24-hour industry.

Getting migrant fish up and over big dams is another problem which has been solved with new technology. Fish ladders, elevators, and other devices lead the upstream migrant fish to their spawning grounds, just as though the dam wasn't there. None of this equipment is cheap; it can cost up to 15 per cent of the total required for the entire dam.

So, when you head back for the shore with some nice wall-eyes, or perhaps just a couple of sunfish, you are not only on vacation but you are doing your part to alleviate this coming food shortage. And we hope that you are having fun doing it!

—*The Colonial Crier*, July-Aug., 1967
Colonial Hospital Supply Company
Chicago, Illinois

OLD STAFF NEWS

Edited by
EILEEN H. MORGAN

From Eileen Stark in Bahia, Brazil—Report on 1967

My pride and joy is the Presbyterian youth. Some of the kids are getting off the ground with enthusiasm, vision and thoughts of their own. Two of the boys, sons of widows and bread winners of the family, who have been out of school several years, will be going back to school this year.

We have had an exceptional school year with three dedicated teachers and one hundred and thirty-nine students finishing the year with no serious problems. We need more classrooms and teachers. We are hampered by lack of funds to buy library books and to supply adequate teaching material. Mrs. Anita Cunha, a Baptist and busy Sunday School superintendent, volunteered her services as sewing teacher the first and third Saturday of each month. The course is a success.

I gave two weeks of classes in Obstetrics and Nutrition at the Ponte Nova School of Practical Nursing and enjoyed it.

The Clinic continues to be busy, fun and challenging and Anelice Ribeiro continues as my co-worker.

More land is being plowed, more money crops, such as castor beans and cotton are being planted, as well as the usual rice, corn and beans. Things are looking up in Sitio do Mato.

.

From Lena Gray in Greeneville, Tennessee—March, 1968

I have been very busy working nearly every day since the first of the year. My friends have bought a home in the country and are remodeling, so I keep their little girl. I will miss her when she moves to the country.

I do hope I will get to Wendover this summer. I would love to see all the folks I know there. If Sparky (Mary Ruth Sparks) goes over to work at the hospital I will come while she is there if I can possibly make it.

I have agreed to work at least one day a week at the local Red Cross office, beginning the first of April.

Give my love to everyone.

From Cecile Watters in Fern Creek, Kentucky—March, 1968

Doris came home from Cleveland this past week end and handed me the magazine section of the Sunday paper. It was such fun seeing Kate Ireland's picture and reading the article in connection with it. I hope you will reach your goal for the Mary Breckinridge Hospital.

I have been apartment hunting and hope to move in a few weeks.

A very friendly hello to all those I know.

. . . .

From Tharon McConnell in Nha trang, Vietnam—April, 1968

It had been a busy and happy day, February 29, the first day of Tet. During the morning we had been out to the home of co-workers to celebrate the New Year. Everyone was dressed in new clothes and I had even worn my new Vietnamese dress, the *ao dai*, in honor of this most festive of holidays in Vietnam. Dusk descended upon Quang Ngai but the festive mood was still in the air. Most people were late to bed that night, the VNCS team included. Suddenly we were awakened by the sound of incoming rounds. We ran to our "bunder," which is the room in the house which affords the most protection, and settled down for what we expected to be an hour or so. Thus began the offensive that greatly disrupted life in Vietnam and changed the whole situation in parts of Vietnam.

I remained in Quang Ngai for a week before the situation became such that the men decided the time had come for the girls to leave. During that time we lived with the sound of fighting almost constantly in our ears. Many of our friends lost everything. We had people coming to us seeking shelter, food, medical attention. Whole sections of Quang Ngai were destroyed in the fighting. Everyone was frightened and a new tenseness gripped us all. As we flew over Quang Ngai on our way to Da-nang, I was appalled at the amount of destruction that had taken place in our little town. Churches and the hospital were now housing refugees, while most homes had as many people as possible crammed in, sleeping on the floor.

Newspapers and radio inform me that the Viet Cong failed to achieve their purpose. Perhaps they did, but they also succeeded in completely disrupting the "normal" life of the whole

country. They succeeded in scaring the people and proving to them that the government cannot provide them with security. Many areas have become Viet Cong territory once more. This is true in Quang Ngai. In Nghia Hanh, where I worked, the refugees took this opportunity to return to their homes in VC territory, leaving empty refugee camps behind them. The area around Quang Ngai is now insecure. This meant that my program had to cease. As all of my work was done outside the city, everyone agrees that public health work is out for the present.

Our work all over Vietnam has been disrupted. In Hue and Quang Tri our teams have been pulled out. The Pleiku unit has been decreased in size and only one person remains in Di Linh. Some of our personnel have returned home, others have been reassigned to a different country and others do not yet know what to do. I have chosen to remain in Vietnam and take a reassignment with a new team.

What is being done? Here in Saigon, VNCS is working through the Protestant church of Vietnam to aid the many refugees created during the fighting. Just this week I went out to one of the sites where Tin Lanh young people were volunteering their time to help build temporary housing for refugees. Vietnam Christian Service provides materials for rebuilding as well as food for those working at the site in several areas around the city. Working in this way helps us to encourage the Vietnamese to help themselves. It was a most heartening sight to see those young people out there helping their neighbors.

The instability of the past two months and the present situation make it hard to plan. The country is not yet back to normal and I question whether it will ever return to pre-Tet conditions until this wretched war is over. Work is hampered and sometimes it means just sitting around. But we are here in the name of the Church, and as such we are trying to participate in the suffering, the agony, the uncertainty of these days.

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From Tommie McDonough in Denver, Colorado

—Easter Sunday 1968

A cousin of mine who lives in Sandusky sent me a newspaper article about Kate Ireland. I am sending the article on to Barbara Rubdie Benedict so she can enjoy it, too.

Let me catch you up on all the news according to McDonough. My sister and I were at Wendover last summer and drove up to visit Epp Vanover.

Barbara and her husband are living in a small town near where she grew up. They had a little girl, Christine Anita, just last month and are walking on air. (See *Babies*).

I have been in Denver since last fall and love it! I originally came to take a special course in coronary care nursing and to get some experience in intensive care. The course has been completed since before Christmas and I am still here. I have taken up skiing and am just about as good at it as I was at horse-back riding! But it is fun anyhow.

Do remember me to everyone. Barbara and I have been really pushing the cause of FNS. We have shown the slides we took there to many church and civic groups and we both have groups of girl scouts who are practically experts on FNS.

. . . .

From Marie Sullivan in Fall River, Massachusetts—April, 1968

I had a wonderful visit with Heidi Mehring and her family was so friendly. I thoroughly enjoyed my short stay with them. I certainly felt we were back on the Upper Shelf as Heidi and I spent quite a bit of time "chewing the fat."

My field leader made the need known for me in Brazil and they took me on. However, he wants me to prepare to leave for Brazil as soon as possible, but yet try to squeeze in a linguistics course out West before I leave. So I have to work out the details on this.

. . . .

From Virginia Lamb Chrestman in Tupelo, Mississippi

—May, 1968

I enjoyed the booklet on FNS and the proposed new hospital. I cherish my memories of FNS.

We would like to visit the Smokies this year and, if so, I'd like to bring the family by to see Hyden and Wendover. They have heard me talk so much about the Service and this will probably be the last time my family will be together for a vacation. Jim is in college and service age. Next year Sarah will be going into nurse's training.

Best wishes to all the FNS.

From Margaret Field in New Orleans, Louisiana—May, 1968

Thank you for the booklet. I am enjoying it myself and shall keep it to share with others. The architect's drawing of the proposed hospital looks wonderful.

Here I have excitement and problems galore, plus a real sense of satisfaction as some girls respond. No less than six girls have signified their intention of going into nursing within the past six months.

May all the best come to you all always.

. . . .

From Minnie Geyer in Milledgeville, Georgia—May, 1968

I was very pleased to receive the brochure about the FNS and the proposed new hospital. The Service always has and will keep a part of my heart. I sincerely wish you all well in this tremendous endeavor.

Even though this is a mental hospital we do have some deliveries. I have delivered eight or nine babies since coming here three years ago.

Please give my best wishes to any of the people who might remember me. I suppose there are very few left, for it is now close to eighteen years since I left.

. . . .

From Isabella Dougall Marraine in Daytona Beach, Florida

—May, 1968

I feel that the building of this new hospital is one of the most worthwhile projects to be started, as I have felt about the FNS ever since its beginning.

I have retired from public health work and have not found part-time occupation that actually appeals to me.

Recently, I have been working voluntarily at the Spaceport Area Tuberculosis office. Now they are concentrating on emphysema and air pollution. Tuberculosis is well under control and since I have been in Florida two large TB hospitals have been converted for the mentally retarded.

Louitt Manor, sponsored by the Episcopal Church, is really quite a nice place to live. Housekeeping is too easy with wall-to-

wall carpeting even before entering the apartment. This is what makes outside activity necessary. Daytona Beach is definitely a resort area and very much a retirement location. The beach is a great favorite with the young, especially during school vacations.

Ione, my daughter, now has two little girls and lives less than ninety miles from here. She has been teaching this year. Peter, my son, is happily married and will be moving this month to Washington, D. C. where he will have the position in history with the FAA.

Please give my good wishes to Lucile, Betty, Agnes and any others there who remember me.

. . . .

From Ann Russell in Boston, Massachusetts—May, 1968

In the fall I shall be taking a teaching position in a new associate degree nursing program on the south shore in Massachusetts. Massasoit Community College is located in the old high school, but we plan to move into a new building by 1970. I shall be living in Boston still and commuting, as it takes only a half hour one way.

I see Carlie Clark quite a bit at Park Street Church.

My best to all of you, always.

. . . .

From Rachel Schildroth in Monrovia, Liberia—May, 1968

Nearly five months have passed since my arrival in Liberia, including almost four months of language study. I am "hearing" more familiar words in the Gio conversations each day. I have passed two Gio tests and expect to begin using my old informant occasionally in the afternoons this next week, as well as my usual informant in the mornings. Moses quit in February to make his farm.

I have sutured cuts and injuries on a number of occasions in the dispensary.

It was a thrill to sit in the Gio church being organized in Diala, a town about fifteen miles from here and realize that two people in the service were dispensary patients. We anticipate the organization of the Diala Church late in June.

One new couple, the Bartons, arrived in April, and Joan

Peckinpough and Carol Estep are scheduled to arrive here on May 4.

Plans for the new day school building are proceeding. We are thankful for provision of five hundred dollars to begin building.

The building in which the Tappi church was meeting for the English services in Tappi Town blew over about two months ago. We continue to pray that the church property will soon be obtained so that the needed building can be erected.

From Mrs. Grace A. Terrill (Pixie) in Louisville, Kentucky

—March, 1968

Elizabeth and Carroll went to Florida in February and I watched after the house. I had company over for four or five nights.

The Holleys are well and going strong! Kim is very busy with her last year of high school and graduation coming up in June. She and two other girls are going to Montreal for a week or ten days when school is out. She hopes to get some work after that. Kim has received her acceptance letter from the University of Louisville, so arrangements are made for her entrance in the fall.

Give my best to everyone.

From Kathryn Brown Walcher in Austin, Texas—May, 1968

Although we have remained in Austin during the three years since my husband died, I have at times thought about moving to live in Kentucky.

I have been working on labor and delivery the last eight months, but it is not the same as being a midwife. After working with premature babies for four years I became attached to them and want to go back to that work.

I paid a visit to England with my father and son, Christopher, two years ago. We saw quite a lot of London Town. We plan a visit again next year.

I hope everything goes well with the new hospital project. I enjoy reading the Bulletin and often think about the good times I had in my year at Hyden.

NEWSY BITS

Joan Court, a British nurse-midwife turned psychiatric social worker, has been chosen by the National Society for the Prevention of Cruelty to Children in Great Britain to lead the team which will do pioneering work to try to solve the problem of the "battered child syndrome."

. . . .

Wedding

Miss Dora Howard and Reverend Wilson L. Lofland in Dacca, East Pakistan on March 12, 1968.

We send our best wishes to this young couple for many happy years together.

. . . .

Babies

Born to Mr. and Mrs. Carl Bender (**June Moore**) of Sheridan, Wyoming, on March 27, 1968, a daughter, Celeste Marie, weight 8 pounds.

Born to Mr. and Mrs. Ehrling Hansen (**Roberta Verhaeghe**) of Milan, Illinois, on February 16, 1968, a son, Alan Lee, weight 8 pounds, 7 ounces.

Born to Mr. and Mrs. Richard Benedict (**Barbara Rubdie**) in March, 1968, a daughter, Christine Anita. (See *Letters*)

We send our heartiest congratulations to these proud parents.

. . . .

We were saddened to hear of the death of Grace Reeder's mother in May and to learn of the death of Frances Brown's father in mid-April. We extend our deepest sympathy to both Grace and Fran, and to their families.

BEYOND THE MOUNTAINS

We have the pleasure of announcing that Dr. Coleman C. Johnston of Lexington, Kentucky, was named President-elect of the Kentucky Chapter of the American College of Surgeons at its annual meeting in April 1968. Dr. Johnston has long been a member of the Medical Advisory Committee of FNS.

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We send our congratulations to Miss Ruth G. Taylor, a member of our National Nursing Council and former Nursing Section Chief in the United States Children's Bureau. Miss Taylor has been awarded an honorary degree of Doctor of Science by Boston University for the many years she devoted to the development of programs in Maternal and Child Health.

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In March Betty Lester took our film, *THE ROAD*, to Tampa, Florida, where she was the guest of our old courier, Mrs. Parker Wood (Eddie Verbeck), and her courier daughter, Phoebe. Betty reports two busy days. She was interviewed for a television program at station WEDU for their program entitled "Front Desk". Eddie had arranged for Betty to show *THE ROAD* to members of the Hillsboro County Medical Auxiliary and at a covered-dish supper for members of St. Mary's Episcopal Church in Tampa. Betty spoke about the FNS to both groups.

Anne Cundle was invited to show *THE ROAD* at the College of Nursing at the University of Kentucky at the end of April and reports that the group showed much interest and asked many questions about the nursing program in the Frontier Nursing Service.

Carol Banghart was invited to participate in a two-day symposium in Indianapolis. The meeting was sponsored by the School of Nursing at Indiana University and the Indiana State Department of Health. Participants included nurses and social workers directly concerned with maternal and child health in clinical and educational areas. The purpose of the symposium was to inform professional people dealing with comprehensive family care about the methods and implications of family planning. Carol was a member of a panel which discussed family

planning programs which have been in existence for some years with particular reference to the role of the nurse-midwife in such programs.

In early May Mrs. James Routh invited Betty Lester to show FNS slides and speak to her troop of Girl Scouts in Cincinnati. Much interest was evident among members of the troop and we hope in a few years some of them will want to join our courier service.

The National League for Nursing invited our hospital superintendent, Jane Burt, to introduce *THE ROAD* at the biannual convention of the American Nurses Association in Dallas, Texas, on May 12. Jane tells us the film received much applause.

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We send heartiest congratulations to the Maternity Center Association of New York who celebrated their Fiftieth Anniversary in April of this year. In observance of the event, a professional seminar was held in Princeton, New Jersey. Helen E. Browne was invited to participate in the conference which discussed care of mothers and babies for the next fifty years. It was a stimulating two days, and exciting to meet with professionals from various fields of work in maternal and child health. The final event was a banquet in New York City where Miss Hazel Corbin, former Director of Maternity Center Association, was honored for her many years of work for mothers and babies.

We send our best wishes to Maternity Center Association for their next fifty years.

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Our Bargain Box Committee in New York has sent word that their bins are nearly empty. Over the years the FNS has received thousands of dollars from sales of articles sent by friends who have sent shipments to New York to be sold for the benefit of the Frontier Nursing Service. May we refer you to page 44 of this Bulletin? We shall be most grateful to any of our friends who can help replenish our bins at the Bargain Box.

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A Word From The Director:

Most of my travels during the past three months have been on behalf of our fund drive for the Mary Breckinridge Hospital

about which you may read in the Progress Report on page 25. I do want to take this opportunity to thank the hosts of friends who did so much to help Jane Leigh Powell and me as we moved in and out of the various cities. Above all, I want to express my appreciation to our own staff members who carried the work of the field so magnificently during my many absences from Wendover.

Helen E. Browne

DAYLIGHT SAVING TIME IN 1784

With most of the U. S. now on daylight saving time by the end of April, the advocates of this "extra" hour may wonder why it wasn't thought of long ago. It was, and by Ben Franklin.

The year was 1784 and Franklin was in Paris. Apparently, he was not normally an early riser, because he tells of an "accidental" awakening one spring morning at six o'clock, and being amazed to find the sun streaming in through his window.

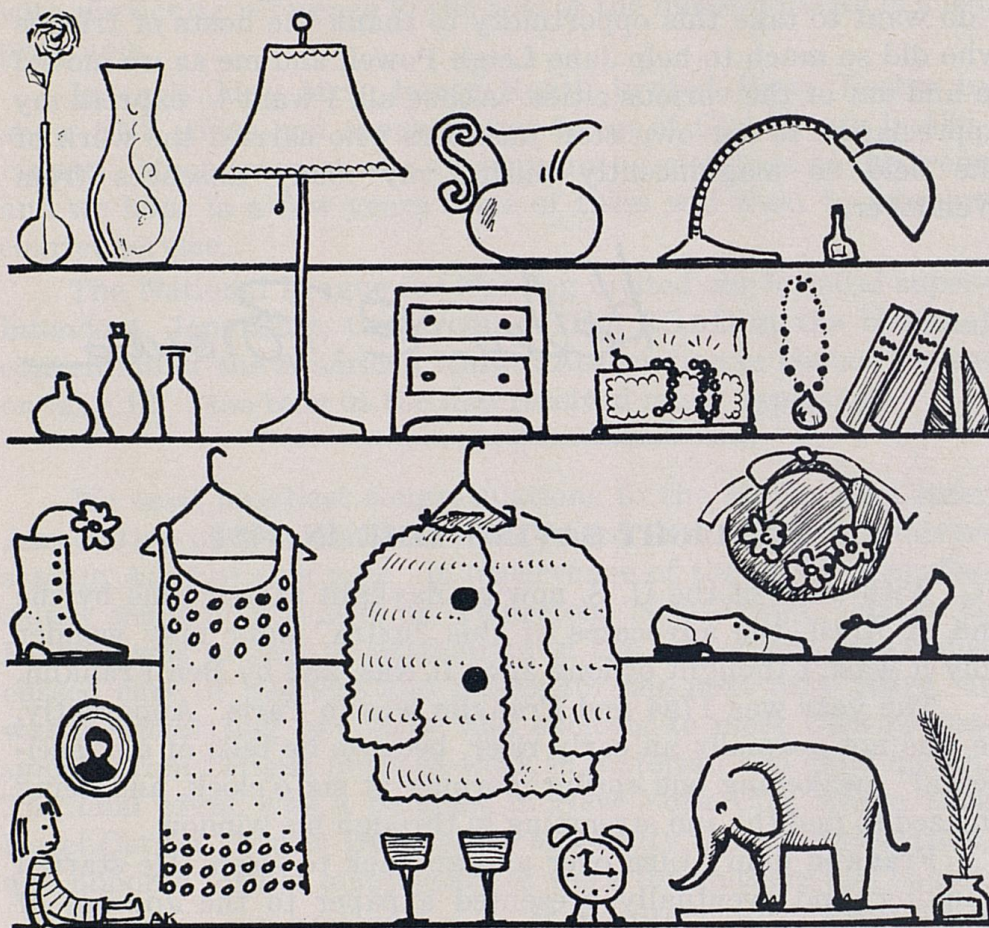
Franklin didn't turn over and go back to sleep. He started thinking, and eventually presented a paper to the *Journal of Paris*. This paper included statistics on the number of hours that might be saved, as well as the saving in reduced candle cost. Franklin mentioned that "people are apt to be obstinately attached to old customs" and went on to suggest means by which the citizenry could be forced into the "new" schedule.

These methods included a tax on all windows with shutters, the ringing of church bells, and firing of cannons at daybreak, "to wake the sluggards effectually and make them open their eyes to see their true interest."

The Parisians did turn over and go back to sleep; they would have none of Franklin's new idea. Like the concept he advanced, Franklin was ahead of his time, as he was with so many of his ideas.

—*The Colonial Crier*, May-June 1968
Colonial Hospital Supply Company
Chicago, Illinois

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**
1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

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1579 Third Avenue
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FIELD NOTES

Edited by
PEGGY ELMORE

Our Director, who is also the Editor of the Quarterly Bulletin, has spent most of the last few months commuting between Wendover and the outside world, and when she has been at Wendover, there have been endless conferences and correspondence with architects, suppliers of equipment and governmental agency personnel, and reams of forms to be completed—all in connection with the proposed Mary Breckinridge Hospital. We are tremendously gratified by the response to our fund drive but it has, naturally, meant an increased volume of work in the same Wendover offices from which the Bulletins are compiled and addressed. So, the Spring Bulletin is late this year, and we do apologize, but we are confident that our good friends and readers will forgive the delay!

. . . .

The spring meeting of the Board of Governors was held at Wendover on Saturday, April 6, 1968. Our National Chairman, Mrs. Jefferson Patterson, arrived the preceding Thursday and Mr. and Mrs. Charles W. Allen, Jr. and Mr. and Mrs. Henry Heyburn came up from Louisville on Friday night. The Blue Grass contingent, Mrs. John Harris Clay, Mrs. F. H. Wright, Dr. Francis M. Massie and Mr. Homer Drew, drove up early Saturday morning, joining Kate Ireland and Mr. Roy Sizemore who were already in Leslie County. Mrs. Patterson, Mrs. Wright and Mrs. Clay were able to stay with us until Sunday. We are most grateful to our Board for holding one meeting a year at Wendover.

. . . .

Graduation services for the Fifty-fourth Class in the Frontier Graduate School of Midwifery were held in St. Christopher's Chapel on Easter Sunday afternoon—April 14, 1968. Dr. William P. Grigsby of Gate City, Virginia, spoke at the service. We were delighted to have Joyce Wiechmann's mother and Carolyn Coolidge's father and grandmother come for the occasion.

Five of the students have remained on our staff. Edith Anderson and Ella Mae Mitchell are at Hyden Hospital, Carolyn

Coolidge has gone to Beech Fork, Pat Sarge has returned to Flat Creek and Joyce Wiechmann is "floating".

The Fifty-fifth Class began on Monday, April 29. Six of the students—Priscilla Crow, Dorothy Degnitz, Connie Freier, Joyce Lind, Rene Reeb and Sandra Tebben—had been on the staff for some months. The seventh student, Sandra Rhodes, has been working for some years at a Lutheran Mission Hospital in New Guinea.

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We have continued to have a well-staffed courier force this spring. Cynthia Russell of Rumson, New Jersey, and Felicity Chanler of Geneseo, New York, joined Janet Brewer and Kate Mattes in March. Marianna Mayer of Madison, Wisconsin, and Sabra Dunham, Cedar Rapids, Iowa, both Beloit College students, came in May and will be with us until the middle of June. Our latest arrivals are two Kentucky couriers, Donna Baker of Crestwood and Katherine Vance of Lexington.

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We are delighted to report that Molly Lee and Joan Fenton have returned to the staff and that Agnes Lewis is back at Wendover through the month of June. Molly, who qualified as a midwifery tutor while she was in England, has taken over that post in the Frontier Graduate School of Midwifery, and Joan is back as a district nurse-midwife. We are glad to welcome Mary Suttles and Alice Morgan to the Wendover office staff. Shirley Dick, a registered nurse from Seattle, and Vicki Napier, a licensed practical nurse from Wendover, are now working at Hyden Hospital. Marie Scott of Denver, Colorado, has been with us for three months to gain district nursing experience prior to entering the doctoral program at the University of Colorado School of Nursing.

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Our couriers have been responsible for a number of delightful guests this spring. Dr. and Mrs. G. W. Brewer of Racine, Wisconsin, came by to get Janet at the end of her courier period. Rear Admiral and Mrs. Hubert Chanler and their daughter, Alida, of Geneseo, New York, came for a brief visit when Felicity was ready to go home, as did Mrs. John Russell of Rumson, New Jersey, and her daughter Melinda. Mrs. Harold Baker of Crest-

wood and Colonel and Mrs. Charles Vance of Lexington brought their daughters to Wendover in mid-May.

Guests from overseas have included Dr. Sant Kaur from India, Miss A. J. Parlour of Harrow, England, who was here to visit Valerie Jewell, Dr. S. J. Kaul from Pakistan, and Great Britain's "Nurse of the Year", Mrs. Maureen Dunn of Plymouth, Devon.

We were glad to have a visit in late May from two old couriers, Edith Harrison of Cincinnati and Ruth Harrison Venable of Winchester. Margaret Hobson of New York brought Mrs. J. K. Sanders of Lexington up one afternoon in April. It was a pleasure to entertain Mr. and Mrs. Alistair Maitland when they came for a brief visit the middle of April. Mr. Maitland has been H. M. Consul-General in Cleveland for the past few years and has been of much help to us on several occasions. We were very sorry to hear that they were returning to England in the early summer for reassignment.

The minister was having a heart to heart talk with one of the parishioners among the young element.

"John," he said, "I hear you have been raising false hopes in the breasts of some of the girls. Rumor whispers that you are engaged to one girl of this parish, another in Little Dells to the north of here, and a third in Fair Oaks, south of here. How can you do such things?"

"It isn't too hard," John replied. "I've got a bicycle."

—*Modern Maturity*, August-September 1965

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S.C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.

2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.

3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.

4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.

5. **By Life Insurance.** You may have life insurance made payable direct to the Service.

6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the **FRONTIER NURSING SERVICE** and sent either by parcel post to **Hyden, Leslie County, Kentucky 41749**, or by freight or express to **Hazard, Kentucky**.

Gifts of money should be made payable to

FRONTIER NURSING SERVICE,

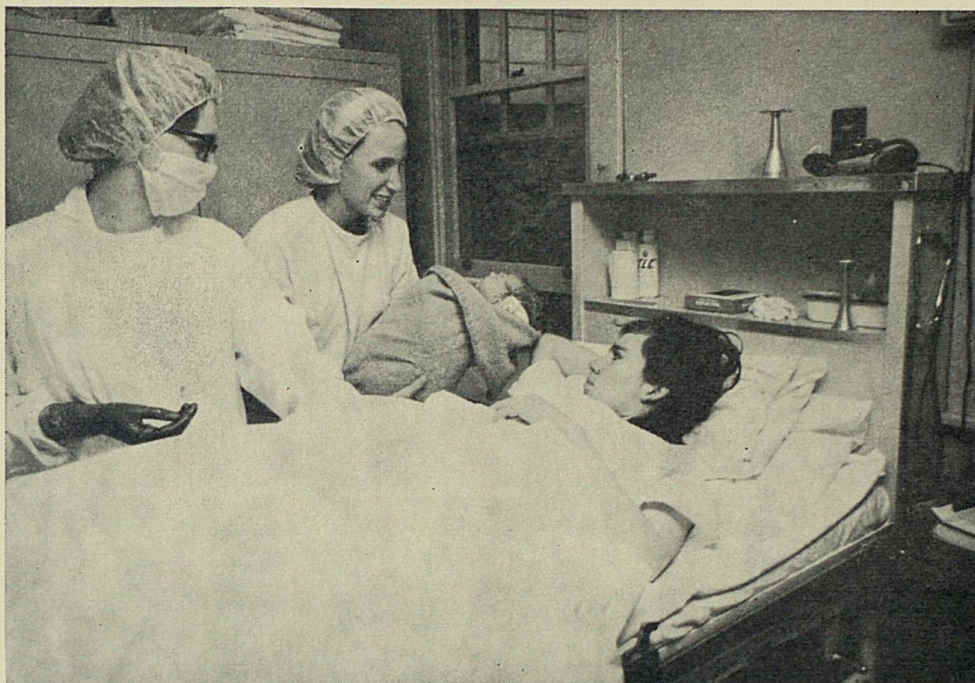
and sent to the treasurer

MR. EDWARD S. DABNEY

Security Trust Company Building

271 West Short Street

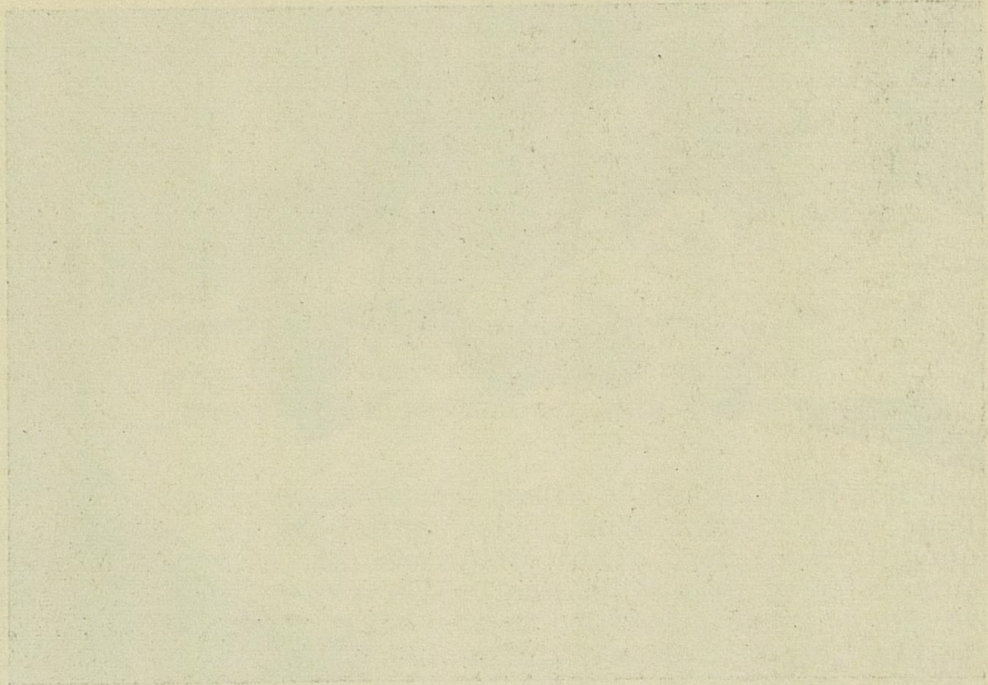
Lexington, Kentucky 40507



A PROUD MOMENT

Student nurse-midwives introduce the new baby to his mother at Hyden Hospital. The photograph above was taken from **THE ROAD**, an award-winning motion picture illustrating the work of the Frontier Nursing Service. (See page 3.)

As we go to press we learn from the producer that **THE ROAD** won its third award in New York on Friday, May 31. Selected from more than 300 entries, **THE ROAD** was one of thirty-eight films to be honored by the American Film Festival which is the largest 16mm. movie festival in the world.



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