

# KENTUCKY Kernel

Vol. LXXXV, No. 124 Tuesday, March 1, 1983

An independent student newspaper

University of Kentucky, Lexington, Kentucky



**Farwell**  
Students said goodbye to the award-winning television show "MCH" last night of parties across campus and at local bars. See stories, page three.

## TUESDAY

From Associated Press reports

### Campaign commercials to begin

**LOUISVILLE** — Television and radio advertisements boosting the campaigns of Democratic gubernatorial candidates Lt. Gov. Martha Layne Collins and Harvey Sloane are scheduled to begin today on a statewide basis.

Sloane's spots will include a five-minute commercial that focuses on crises during the first of his two terms as mayor of Louisville, including a strike by garbage collectors and the 1974 tornado.

Spots for Collins were not available for preview. Sloane's campaign spent about \$200,000 for the television time, which will extend into April, said Joe Terry, Sloane's campaign manager. The camp plans to spend about \$750,000 on spots between now and the May 24 primary, Terry said.

A third major Democratic gubernatorial candidate, Grady Stumbo, ran his first set of television ads for one week in early February.

### Reagan rejects governors' appeal

**WASHINGTON** — An angry President Reagan "came out swinging" at a meeting yesterday with U.S. governors and rejected their appeal to consider scaling down his plans for increasing the defense budget.

"He took strong issue with that part of our budget resolution which suggests a decrease in the growth rate of spending for defense," Republican Gov. James Thompson of Illinois said.

The governors, in the capital for their annual mid-winter meeting, are debating a resolution calling on Reagan and Congress to consider reductions in the proposed defense budget as well as tax increases to cut federal budget deficits.

The resolution would set a goal of reducing the deficit to \$90 billion by 1988. The Congressional Budget Office forecasts a \$267 billion deficit for that year, while the White House goal is to get it down to \$116.7 billion.

### Supreme Court upholds AT&T breakup

**WASHINGTON** — The Supreme Court upheld the settlement yesterday that broke up the American Telephone & Telegraph Co., and ruled separately that cities may fight local unemployment by insisting that jobs on public construction projects go to city residents.

The court affirmed the Justice Department's deal with AT&T without even waiting to hear oral arguments in the case. The justices rejected by a 6-3 vote an appeal by 13 states that said the settlement infringed on state regulatory powers and may leave phone users with inadequate service.

The court also agreed to consider whether public broadcast stations receiving federal aid can be barred from airing editorials. A federal judge in Los Angeles struck down law imposing the ban. The Federal Communication Commission says the ban is needed to assure that broadcasters will not be pressured into becoming government propaganda organs.

### Habib delivers proposals to Israel

**JERUSALEM** — U.S. special envoy Philip C. Habib delivered new Lebanese proposals to Israel yesterday, but a senior Israeli official said "scores of details" still must be worked out in troop withdrawal negotiations.

An Israeli official briefing reporters said the Lebanese proposals developed in talks with Habib in Beirut last week covered issues ranging from drafting paragraphs on agreed points to new approaches on outstanding problems.

Israel invaded Lebanon last June and forced the evacuation of more than 8,000 Palestine Liberation Organization guerrillas from their Beirut stronghold. The U.S.-sponsored Lebanese-Israeli negotiations now are attempting to arrange for the withdrawal of the Israeli troops and also the removal of Syrian and Palestinian forces from eastern and northern Lebanon.

Formal negotiations between Israel and Lebanon were to resume in the Beirut suburb of Khalde today.

## WEATHER

Today's forecast calls for partly cloudy skies with highs in the mid to upper 50s.

Tonight will be fair, with lows in the upper 30s to low 40s.

Tomorrow will be mostly sunny and warm with highs near 60.

### Raises limits by 10 percent

## SGA increases campaign spending

By SCOTT WILHOIT  
Senior Staff Writer

The Student Government Association Senate, in a lightly attended meeting last night, increased the amount candidates for SGA offices may spend on their campaigns.

A compromise amendment to the rules for election expenditures increased the maximum amount for election expenditures by 10 percent. Earlier, the bill had called for a 33.3 percent increase.

The spending limit for presidential candidates was increased from \$160 to \$176. Vice-presidential candidates' maximum expenditure was increased from \$140 to \$154. And senatorial candidates, who formerly could spend \$45, may now spend \$49.50.

The compromise came after John Cain, senator-at-large, objected to

the original increase proposal. Cain said the increases would cause disadvantages to poorer candidates.

"Come on. We all are students," Cain said. "We are not money bags."

Vincent Yeh, graduate student senator, defended the increase, contending that the consumer price index had risen 39 percent since the last increase in the campaign expenditure limit.

Yeh also said the increase would allow candidates from outside SGA a better chance of election. "This should help the outsiders gain name recognition."

Additional changes in the election rules and regulations included an amendment sponsored by Yeh prohibiting the posting of campaign literature on campus windows.

In other action, the Senate approved a bill requesting \$405 for the testing of a prototype bike rack. Yeh, who sponsored the bill, said the

bike rack would eliminate damage to bicycle frames caused by current campus bike racks. SGA approved \$405 to be spent installing the new bike hitching posts.

Three prototype racks will be installed near M King Library.

A new process for selecting the SGA comptroller, responsible for managing the organization's budget, was also approved last night. Formerly, the comptroller was selected by the president and approved by the Senate. Under the new process, the Senate's Committee on Appropriations will screen all applicants and recommend to the President-elect the person they believe most qualified for the job.

Yeh said the new process will allow all applicants to be judged on the basis of qualification. "This is simply a process for screening," Yeh said. "Now no one will have any axes to grind about who will have the job."

A bill sponsored by John Daven-

port and John Miller, both senators-at-large, was passed protesting human rights violations in the Philippines. SGA also joined with the campus chapter of Amnesty International in writing a letter to Filipino President Ferdinand E. Marcos condemning the alleged violations.

The Senate also passed a bill allocating \$602 to bring Vincent Bugliosi, author of the best-selling book "Helter Skelter" about the Charles Manson murder trials, to campus March 25 as part of Law Week.

The UK Student Bar Association will cover the remaining costs for Bugliosi's Memorial Hall lecture.

Because only 24 of 42 senators attended last night's meeting, the first in three weeks, the Senate adjourned with 35 percent of the bills remaining on the agenda. At least 28 members must be present before any legislations pertaining to any constitutional change may be voted on.



J.D. VANHOESE/Kernal Staff

### A rocky job

Stuart Harrod, business administration freshman, spread gravel in a rather muddy parking place near Clifton Circle

that some friends let him use during classes. Harrod lives in Haggin Hall, but prefers not to park at the stadium.

## Men are campus Girl Scouts, too

By MARIA JOHNSON  
Senior Staff Writer

"Wanna buy some Girl Scout cookies?" the enthusiastic young person asks. You hesitate, but dig for \$1.75 and buy a box of peanut butter sandwiches, noting that the scout is nicely dressed — but needs a shave.

Over 20 UK Campus Girl Scouts, about half of whom are men, will be selling Girl Scout cookies in the next few weeks as part of an effort to revive the University's chapter. Mary Alice Mounts, a chemical engineering sophomore and organizer of the campus scouts, said yesterday.

Mounts and 20 scouts are trying to activate the chapter that has been recognized by the University "off and on for 15 years," according to Frank Harris, associate dean of students and supervisor of the registration of University groups.

"We haven't been active for quite a while," Mounts said, estimating that the period from 1974 to 1976 was the time of most notable activity. "They wavered for a while after that."

Mounts said the revived UK chapter is chartered by the Girl Scouts U.S.A. and has official approval from Harris' office. The chapter is under the auspices of the Wilderness Road Council, based in Lexington, which oversees Girl Scout chapters in 57 counties of Central and Eastern Kentucky.

"I've always been so involved in Girl Scouts," Mounts, a Girl Scout

for the last 11 years, said. "I couldn't stand the idea of not having the organization here at UK."

She said she began to recruit members and organize the UK chapter last Fall.

The chapter gleaned three new members from an organizational meeting last night in 205 Student Center Annex, Mounts said. Fourteen interested non-members — 10

men and four women — attended the meeting, according to her tally.

The new scouts paid a \$3.00 membership fee after last night's meeting, which included a discussion of the UK scouts' functions and goals and a film on the activities of the Girl Scouts nationwide, she said.

The UK chapter plans to help local chapters of younger Girl Scouts with service projects and will help repair

the Judy Layne Girl Scout Camp on Eastern Kentucky's Cave Run Lake, where they will camp, sail and canoe, Mounts said.

Members of the UK chapter also may apply for staff positions at national and international Girl Scout conferences, she said.

Mounts said she and male scout Harris Parke will sell girl scout cookies from their dorm rooms until Spring Break. After that, she said, cookies will be sold for "a couple of weeks" in the Student Center and campus cafeterias.

"I've taken a little bit of razzing, but it's to be expected," Parke, a Lexington Technical Institute data processing senior, said.

Parke said he joined the chapter because he enjoys the outdoor activities the Girl Scouts offer. He also said he enjoys the service projects for which the scouts volunteer.

"I think there's still a little bit of a stigma there," Harris said. But he said he has persuaded some men in Kirwan Tower, where he lives, to join the chapter.

Both men and women who join the chapter are called Girl Scouts, Mounts said. Men are allowed to join because campus chapters are for "adult" Girl Scouts, while chapters in grades one through 12 cannot accept male members, she said.

Uniforms for adult girl scouts are available, but not required, Mounts said.

She said another organizational meeting is planned next Tuesday at 5:30 p.m., but the location has not been decided.



J. TIM HAYS/Kernal Staff

# PERSUASION

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## Bully for Brown's budget; may Kentuckians pay for it

Gov. John Y. Brown boasted Sunday in Washington that he has balanced Kentucky's budget.

Bully for him.

As has been the case during most of his administration, however, Brown does not realize the disastrous aftereffects that may come from his actions. In his insistence on balancing the state's budget, he has had to step on many Kentuckians' backs.

The majority of those hunchbacked people are also the ones who haven't enough money to pay their medical bills. With the Medical Center forced to adopt a restricted patient admissions policy in order to keep its doors open, indigents have no choice but to seek help from medical clinics, many of which cannot serve their needs adequately.

Adrian Wells, an ombudsman for the Human Resources in Frankfort, who handles calls from people seeking medical aid, said of the Medical Center's year-and-a-half old policy, "Anytime you have a major institution restricting admissions, more people will call (the department). The only place we can refer them to is a local social service agency. The thing is, we don't know the quality of care they get."

People, especially indigents, however, don't fit in with Brown's overall picture of Kentucky's needs. Throughout his administration, he has maintained that the state's salvation only can be achieved through the growth of business across the state.

Brown has been too preoccupied with his plans to franchise Kentucky to other parts of the world. But this dream doesn't seem to have worked as well as he would have liked. Bloomingdale's now may sell Kentucky crafts, but do Kentuckians really benefit from it?

What about the celebrated Kentucky trade bureau in Japan? Has the Tokyo outpost made enough money to cover the exorbitant bills Brown incurred on his trip there to promote it? Taxpayers are probably the only ones who felt the thrill of the orient and of the other rides on which Brown has taken them.

In the long run, Brown's efforts to balance the budget may have caused irreparable damage to the commonwealth. What good is a state without healthy people living and working in it? This will be Kentucky's future if its citizens cannot afford its medical needs.



## 'Gilligan's Island' remains definitive situation comedy

With "M\*A\*S\*H" in the news lately, I figured it's about time another long-running comedy series got some coverage.

This now-syndicated television comedy represents greatness (well, it's close to greatness).

It's over 15 years old and still makes people laugh today. The characters are stimulating and the plots are interesting to you (the least).

It's a classic. Have you guessed it yet? No, I told you it's not "M\*A\*S\*H."

I'm talking about "Gilligan's Island."

Yes, I'll write it twice so you don't think your eyes are deceiving you — "GILLIGAN'S ISLAND."

For years now, people have been eating, sleeping and working with "Gilligan's Island" on a television in the background. Wherever there's a television, there's Gilligan.

At the airport terminal while you're waiting for a flight, some kid is slouched over a pay television watching Gilligan.

After you've finished taking a test and come back to turn on the television, there's Gilligan. When you come inside on a hot summer day and have to wait an hour or so for dinner, it's the TV's on, there's Gilligan.

He's everywhere, he's everywhere.

Years from now historians will say, "Where there was man and television, there was Gilligan."

Just why is Gilligan still running in syndication today? Why have television movies been made about Gilligan and, eventually, why was Gilligan elected "Governor of the Howells?"

The answer to these questions is simple: "Gilligan's Island" is hilarious.

Now don't get me wrong, I don't mean hilarious in the same way a person laughs at one-liners from Hawkeye or Trapper. I mean hilarious in the way the producer and director structured and presented the characters and situations in the series.

"Gilligan's Island" stars five passengers and a crew of two men on the S.S. Minnow setting sail for a three-hour tour. Then the weather started getting rough, waves splashed the Skipper and Gilligan and bingo, a series is born.

The goods the production staff made in "Gilligan's Island" don't become apparent until you've seen the first 15 or 20 episodes, and I've seen those episodes at least 15 or 20 times. Anyway, the problems are obvious.

First of all, since even a millionaire and his wife go on a coastal tour in a small boat like the Minnow? A movie star, a well-built farm girl from Kansas and a professor might, but not a millionaire.

Millionaires have yachts. What do they need with the Minnow?

Not only did the Howells go along for a cheap ride, they took along their entire wardrobes and a chest full of money. Ginger and Mary Ann took dresses and cosmetics, and the Professor took a few books. But for a three-hour tour? I get the feeling they're going to Ireland and back, but not on a three-hour tour.

Of the seven characters, the two crew members should have brought clothing. Instead, Gilligan and the skipper wear the same clothes day in and day out. Do they ever bathe? Gilligan and his island must smell pretty bad.

Gilligan and the Skipper didn't even lose their caps. They can be attacked by natives and drop their caps in the jungle or in a raft in the middle of the ocean, but in the next episode, the caps are back. The caps probably washed up on shore.

Whether it was a native chase or a messed-up fire signal, Gilligan was to blame. It was always Gilligan, nobody else. Gilligan should have been

killed by the seventh or eighth show because of his blunders. I know I would have killed him if he was the only thing standing in the way of my being rescued.

And why couldn't the castaways get off that stupid island? The series would end, but big deal. Wouldn't that have compensated for the show's many loopholes?

I would have built a raft and gotten off the island in a month. But wait a minute... maybe Gilligan's blunders at being rescued were intentional. He always did like Mary Ann. Skipper always did have eyes for Ginger. Maybe a rescue would have been the worst thing for these relationships.

Gilligan may not have been so dumb after all.

Gilligan, Gilligan... Where did that name come from? Gilligan, Thurston, Ginger and Lovey sound like names for pet hamsters. The Skipper and the Professor don't even have names. One would think that, after seven or eight years stranded on an island together, they

would call each other by their first names.

The show, even with its flaws, provides some good humor. But I think the series might have been more successful with a few alterations.

For example, if I were the director, I would have made Gilligan a transvestite who often snuck into the girl's hut to try on Ginger's evening gowns. Skipper would have been an alcoholic ex-wrestler who became the island's moonshiner.

Professor and Mary Ann would fall madly in love, have a baby and live in a cave at the south end of the island. Ginger would die early in the series after choking on some cocoon in a play because she was such a bad actress. And the Howells would be psychotic killers who robbed a New York bank before the tour.

This is the kind of stuff that would have made "Gilligan's Island" far greater than any other comedy.

Now there's a class-see for you.

Damon Adams is a journalism sophomore.

**Damon ADAMS**

## 'Rules of the road' becomes a crash course for drivers

On the prowl, once again, is one deadly dangerous Kernel columnist, and this time I am luring you with advice on your driving.

As some of my friends know, I drive only professionally, and thus I am certain that I am equipped to advise the rest of the world on what is wrong with it.

First of all, you must realize that this school's drivers — young, old, ignorant and smart — are all, or almost all, totally lacking in driver savvy.

Driver savvy is that sixth sense that tells us truly great writers when and which way to hop when we are bothered by other less fortunate people who are vehicularly crippled gee, but I'm just a little word wizard today, aren't I?

There are several cars out there on the road that will always be had for you to share the street with, but it is illegal to run people off the road and you may hurt your car that way.

Thus, I know you are simply bur-

sting with joy to have me tell you how to avoid these embarrassing little incidents on the highway. Sure you are.

These are the people who are carrying the little-league team out somewhere for hot dogs or other gourmet delights. The little slugs are creaming with delight over their win or they are complaining and making regular little nuisances of themselves because they got wasted on the field by junior jocks.

This person is trying to drive and maintain his or her sanity, and the other cars on the road are losing. Every once in a while you might run into a reasonably swift station wagon, but too trucks usually do reach the speed limit.

The second worst menace on the road is those sporty little jobs that you see from time to time. Not Trans-Ams or prep mobiles, but real sports cars, the kind that cost big bucks — those itty-bitty little foreign jobs that are so low you can't see them unless you are a rattlesnake

with a microscope. These little buggers are supposedly built for speed, but the owners have bought them simply because they look fast.

They refer to their cars as their "babies" (makes you wonder about Mom, doesn't it?), and they absolutely refuse to exceed 35 miles per hour after they leave the safety of their driveways. These nuisances are especially indignant about anyone who dares ask them if they would please let them hop out of their car and run ahead. When you see a sports car on the road, the best thing to do would be to change lanes and pray the twerps are only going to the nearest grocery store to get their car a baby rattle.

Of course, the worst thing that could possibly happen to you while trying to get somewhere in a hurry would be to see a police car up ahead. Not because you are such a stupid driver that you will automatically get a ticket, but when there is a police car in the main flow of traffic, everyone slows down to a ridicu-

lous speed to show the nice officer what great safe drivers they are. They never seem to consider that the cop would like to get home sometime before Christmas, too.

With trucks (not the eighteen-wheel variety, but the pickup kind), it's kind of hard to make a general assumption, but I'll give it the new college try.

You can ascertain the advisability of sharing the road with a truck by seeing what and who is in it. If it is an urban cowboi driving, you don't need to worry about him holding you up. Anybody who would wear those clothes has no real respect for life anyway. If it has a couple of chicken coops in back and a couple that look like they might be Adam and Eve riding in front, proceed with caution. It is never fun to drive around people who look upon the automobile as a passing fad.

There are several other little hints besides these major ones. To avoid arrests, never pass ambulances, fire trucks and police cars while they

are headed for an emergency.

Follow teen-agers when you are in a hurry. Few people will get you where you are going faster than following a 16-year-old on his way to a cigarette, like going out for real emergencies or beer.

Never smile at a crocodile.

Don't drive on the left side of the road. These are the United States, so nothing we do makes a bit of sense.

Never rubberneck at accidents. You can rest assured that you aren't over there in a mangled wreck and whoever is, is not your business.

Don't drink and drive or anything and drive. Driving takes at least half your concentration and quite a few of you out there don't have much left after that.

Especially don't drive while reading this article.

Sleeping drivers rarely rise.

Emanuel Brown can finally be revealed as a sophomore majoring in accounting. Big deal.



**Emanuel BROWN**

## LETTERS

### Defining morality

I am constantly amazed by the number of individuals who feel the need to be greatly concerned about what goes on with other people's sex lives.

What business is it of anyone's to want to control what goes on in his or her neighbor's bedroom?

A letter written to the Kernel, which appeared yesterday, contained condemnation, misunderstanding and clouding of the issues concerning homosexuality.

The letter, written by Doug Ramey, contained many references to religion. Since the United States Bill of Rights guarantees freedom of religion, I sincerely hope Ramey will direct his condemnation towards only those who believe in a like manner as he.

People who try to impose their re-

ligious ideals on others can be dangerous. A member of the Moral Majority of California was quoted on television during an interview as favoring the death penalty for homosexual people.

He went on to equate homosexuality with such crimes as murder and rape. The Ayatollah Khomeini of Iran is responsible for deaths of thousands of innocent civilians through the bloody revolution of his religious zealots.

Throughout the history of mankind, one can read of atrocities committed in the name of God. People have been butchered, married, raped or robbed just because they had different ideas about what God was.

It would be easy to go on about this because the examples are endless, but my purpose in writing is to put forth another idea.

We all have thoughts about what we consider to be moral or immoral.

To use one person's religion to define morality for the nation is unjust to the rest of the populace. Should we not base our country's laws on protecting our citizens' welfare and well-being rather than subject the country to the religious ideology of a select few?

Contrary to what Ramey stated in his letter, the United States is not a community with a common heritage, traditions and beliefs. We are composed of over 230 million people of different races, nations, origins, religions, ages, etc. The list is endless.

To make this country work to the best of all possibilities, we must grant full citizenship to all segments of our society, whether one is black, Chinese, Jewish, Moslem, straight or gay.

Rod Thornton  
Geography senior

### M\*A\*S\*H mistake

I would like to offer a correction to Jim Harris' M\*A\*S\*H column. It was Hawkeye Pierce who made the statement, "It's not a very

happy end for a movie, but then, no war is a movie." It was not Brig. Gen. Crandall Clayton.

### Letters policy

Readers are encouraged to submit their letters and opinions to the Kernel.

Persons submitting letters and opinions should address their comments to the editorial editor of the Kernel, 114 Journalism Building, Lexington, Ky. 40506-0042.

### BLOOM COUNTY





Staff photos by Michael Lamb



Last night the long-running television show "M\*A\*S\*H" went off the air for the last time, and many people spent the evening in front of their televisions, holding parties in honor of the occasion. Above left, employees of the Commons grill enjoyed a private party at a house on Redding Road. Above right, decorations were common at MASH parties. At right, employees of a local liquor store watched the program during a lull in business. At left, students gathered in front of the tube at the Phi Sigma Kappa house.



# Campus says goodbye to M\*A\*S\*H

By STEPHANIE WALLNER  
Staff Writer

After 11 top-rated seasons, M\*A\*S\*H, CBS' war comedy set in the midst of the Korean conflict, came to an end last night. And UK students gathered to salute a program that, for many, had been a central part of their formative years.

"I felt like I was raised on M\*A\*S\*H," Marshall Harris, an undecided senior, said.

"I watch this every night, reruns and all," Tim James, an accounting

freshman attending Blazer Hall's M\*A\*S\*H party, said. "We've grown up with the characters, and it just won't seem the same to watch now because we know they've gone home."

Blazer's was only one of many "M\*A\*S\*H bashes" held on campus in residence halls and fraternity houses, and in bars surrounding campus. While partiers watched the final episode on wide-screen TVs — many dressed as their favorite characters from the program — they traded memories and quaffed the 407th's favorite brew — "swamp water."

Most said they were sorry to see

the series go.

"I think it's the end of an era," Van Baker, a business freshman said. "I think by ending M\*A\*S\*H it has brought the overall quality of TV down."

"I think they screwed up by taking M\*A\*S\*H off the air," said Mark Irby, an Arts & Sciences sophomore who planned to watch the show at the Library Lounge on Woodland Avenue with his roommates. Irby said the show the show provided a "nice break" from homework.

A few, however, said they wouldn't miss M\*A\*S\*H.

"I hate M\*A\*S\*H," Stacy Jo Greer, an undecided freshman, said.

Greer gave no specific reasons for her opinion, but said she disliked the military.

"I guess it had to end sometime," said another student who expressed dislike for the show.

Some students were unable to view the show because of other commitments — David Bradford, Student Government Association vice president, missed the "M\*A\*S\*H" broadcast because of last night's SGA Senate meeting.

"The meeting was rescheduled due to the John Dean lecture, and I was in Houston at the time," he said. "When it was rescheduled they must not have noticed what day it was moved to." Bradford said he

hoped to find a friend who had taped the episode.

James Rodgers, chair of the theater arts department, said the show ended at a very good time.

"By ending the show during a successful period, the actors will remain popular and can branch out into other jobs," he said.

Rodgers said the show's success was partly the result of the stars' ability to work together. "The mixture of humor and drama was good," he said. "The faithful character development over the years is commendable."

"They're probably as glad to get out of Korea as we were to get out of Korea as we were," Thomas

Corcoran, assistant professor of military science, said.

"I'm glad the show will go out on a good end," Barbara Farrell, a Transylvania University graduate viewing the show at BC's Lounge and Restaurant on South Limestone Street, said.

Farrell said she sought out company because "I didn't feel like being at home and watching it. I don't know, I guess because it's sad."

What will be missed most about the show?

Cindy Hutchcraft, a business freshman, said "not being able to watch it."

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Thursday, March 3

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## Kernel Crossword

MONDAY'S PUZZLE SOLVED

ACROSS

- Yore
- and 59 Interval
- Insect
- Fever
- Barrier
- Instrument
- Arbor unit
- Age symbol; 2 words
- Previously
- Cheered
- Love god
- Scorch
- Backward
- Anthracite; 2 words
- Japanese admiral
- Toughen
- Chateau room
- Anchor
- Weapon
- Rio
- Actress Drew
- N.Y. island
- Lory
- Breathes
- Vindicates
- Amerinds

DOWN

- Church VIP
- Disgust
- Snacking
- Revered one
- Dutch
- African
- Integument
- Wither
- Field
- Domesticated
- 1 Way
- Faids Lat.
- Fat
- Laugh
- Offenses
- Gesties
- Cognizant of
- Alias; Scot.
- Ogier
- Vehicle; 2 words
- Last notice
- Volume
- Mind
- Highways
- Sins
- Northwest shrub
- Gun pointer
- Garment
- Ax and adz
- Floppers
- Martini fruit
- Church area
- Inclines
- Swords
- Resters
- Asian herb; 2 words
- Saltpeper
- House base
- Meat cuts
- Join up
- Decreases
- His — The boss
- Celebes ox
- Shoshoneans
- Cartoonist
- Thought
- Average
- club
- Vegetable

# Professors say exercise not optional

By KEVIN STEELE  
Reporter

American society's passion for labor-saving devices has created a passive society, increasing the number of unhealthy Americans, Penni Teraslinna, a physical education professor, says.

Teraslinna and David Newburg, an associate professor of nutrition and food science, are teaching a new class on nutrition and physical fitness this semester.

"The purpose is to have a class for interested students, regardless of one's major," Teraslinna said.

According to *Fitness, a Lifetime Commitment*, a text Teraslinna and Newburg use in the class, nearly half of the U.S. population is overweight, and the average American's weight has increased 5 to 7 percent in the last 10 years.

"The American diet is better than it has ever been," Newburg said. "The problem is the lack of physical exercise."

Americans actually get more than enough minerals, vitamins, nutrients and protein in their diets, Newburg said, but the Americans' love of vitamin pills has flooded their systems with vitamins they cannot use.

"They have the most expensive urine in the world," he said.

In fact, the additional vitamins will not do anything, and may be harmful," Newburg said.

Reducing the amount of vitamins consumed will not totally solve the problem, Teraslinna said. But exercising can keep up the supply of nutrients needed.

An increase in physical activity makes people more sensitive to the

needs of their body and helps regulate the appetite, Newburg said.

Exercise tends to suppress the appetites of overweight people and increase the appetites of underweight people, Newburg said.

Teraslinna said physical activity also helps improve a person's self-esteem. "If one feels healthy, that alone is important," he said.

"After physical exhaustion, the emotional aspects take over," Teraslinna said. "It is sort of a natural high. One forgets the worries of everyday life."

Teraslinna, a native of Finland, said many companies in Europe have instituted fitness programs to increase the efficiency of workers by stimulating their mental processes.

"What is going on in the brain is not clearly known, but certainly the brain thinks more clearly with a more efficient body," he said.

"Movement is necessary for the alertness of the brain and its efficient working. Physical strain clarifies the brain's thinking."

"Biologically, we are built to be active," Teraslinna said. "That is why we have muscles. The muscles are for movement. If they are not used, they will deteriorate."

"Nature's idea is that it builds for need," he said. "If there is no need, it will take away. Our bodies will build strength because of environmental stress. If this stress is not present, we get weaker. The body keeps for the minimum."

Newburg said people who use fad-diet "special diets," such as the high-protein low-carbohydrate plan, are only cheating themselves if they do not exercise.

"High-protein diets are very dangerous," he said. "I look at what



DAVID PIERCE/Kennel Staff

people are doing to themselves with this diet and it is real bad. Liquid protein is absolutely the worst — worse than fasting."

The high protein low-carbohydrate diet involves cutting low-carbohydrate intake, which forces the body to draw the energy it needs from stored protein and fat. Weight loss results, but Newburg said the diet also slows the body's metabolic rate — the rate at which the body burns calories when at rest, causing it to lose needed fluids and minerals.

"You are losing weight, however, you are unhealthy," he said, because the lost weight is mostly muscle and water loss, rather than fat.

"Everyone knows that when you are sick, you lose weight," he said. "This diet parallels this situation. Your body is mimicking being very, very ill."

"Also, when you fool around with your metabolism like that, the cholesterol level jumps up."

Newburg said that users of the diet increase their risk for heart disease over the long run.

Physical fitness, however, decreases the risk of heart disease, Teraslinna said. "They (nutrition and fitness) are very efficient, natural prevention measures," he said.

"Chronic disease and diabetes can both be postponed."

# More basic hours planned for med students

By STEPHANIE WALLNER  
Staff Writer  
and The Associated Press

UK medical students will be required, beginning next fall, to spend more hours in basic science courses, Roy Jarecky, College of Medicine associate dean for academic affairs, says.

"This is designed to give the students more time to digest the information already required," Jarecky said. "Not to add any material."

The decision was prompted after consideration of an institutional study done in 1980. "The actual decision to extend the calendar came last month," he said.

The extensions will consist of an

additional week in August and an additional three weeks in May. Jarecky said the courses will begin about Aug. 15 and end late in May.

"No more material will be added during the first-year extension," he said. "The amount of work required is tremendous, and we think more time is needed to absorb all this information."

The University is going in different directions from other schools, which have drastically reduced the amount of factual and technical in-ence is in how well the information is presented and learned."

"Every school has basically the same curriculum by the end of four years," Jarecky said. "The differentiation students need to learn."

# Former Green Beret arrested for Laos rescue involvement

NAKHON PHANOM, Thailand (AP) — Former Green Beret James "Bo" Griz walked into a Thai police station yesterday and was charged in connection with a mission to rescue GIs he believes are held in Communist Laos.

Bail was set at \$6,500 for the former lieutenant colonel and Vietnam war hero, who entered the police station about 3 a.m. wearing a red T-shirt and dark sunglasses.

Griz told CBS radio he was sure "more than 10" Americans who fought in the Vietnam war are held captive in Southeast Asia. But he declined to say whether he had just returned from a second mission into Laos.

Police said Griz was charged with illegal possession of a high-powered radio transmitter and would appear in court in about one week along with two other Americans arrested earlier on the same charge.

Griz told The Associated Press in a telephone interview that the police chief did not put him behind bars with "common criminals" out of consideration for his past record as a law-abiding man and a soldier.

"I do not have a visa for Laos,

so I could not have been in Laos. I have only a visa for Thailand," he said. "For me to say I was there would not be good since I am now in Nakhon Phanom jail."

"I came to Nakhon Phanom at 3 a.m. this morning after a long walk," he said, but refused to elaborate.

Griz, 44, of Westchester, Calif., said he had come to the police station in order to save the two other Americans from being wrongfully charged in court.

"The radio is not my personal property but it is my responsibility as a commander," he said, adding that he did not surrender but "reported to Thai police — surrender is something you do to the enemy."

The radio was seized Feb. 13 when Thai police arrested fellow Californians Lance Edward Trimmer and Lynn Standerwick, whose father, an Air Force pilot, was shot down over Laos in 1971.

The illegal possession charge carries a maximum sentence of five years imprisonment. If Thai authorities can prove Griz slipped into Laos illegally, he could also face one month to two years in jail and a fine.

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# SPORTS



## A healthy Beal sure to be factor in SEC tournament

The "fast" is back in Kentucky's fast break.

Junior guard Dicky Beal has returned to the lineup after being sidelined by a painful knee injury for the past three weeks. The 5-11 junior, a ball of speed with legs that double as turbine engines, has brought excitement back to Wildcat basketball.

How important is Beal to the UK attack? Just listen to Tennessee coach Don DeVoe. "Turpin inside and coming off the bench with Walker and Beal—that's what makes them tough," he said moments after Beal helped UK beat the Vols 69-61 Sunday. "Kentucky has quantity and quality. We don't have the depth

that Kentucky has and we can't substitute quite as freely," he said.



**Mickey PATTERSON**

Granted, Beal isn't the only reliable reserve in the UK arsenal, but as tournament time rapidly approaches, he may become the most important.

There will be no shot clocks or three-point goals in the SEC or NCAA tournaments. It's going to be

good old-fashioned basketball. Watch and see; "stall-ball" is going to make a miraculous comeback in the tournaments. Basketball fans who have been spoiled all year by the tempo style of play brought about by the rule changes will be severely disenchanted when the stall regains its popularity.

The effects of the stall will be far-reaching. Slower teams will have a definite advantage. What's to stop them from holding the ball for a full forty minutes? Absolutely nothing.

Players like Beal will play key roles in combating the stall. When he enters the game the pace invariably speeds up. The opposing

teams have no choice in the matter—Beal's quickness and unrelenting intensity make them play his game.

Consider his performance against Georgia and Tennessee this weekend. He entered the game against Georgia with 14:57 left in the first half and the score tied at eight. In the next seven minutes, UK outscored the Bulldogs 16-6. During that span Beal caused a 15-foot jumper from the wing and hit a driving rainbow from inside the lane.

But the most important aspect of his play came against Georgia's press. Time and time again he blew through the Bulldog defense with the result being an easy UK basket.

Against Tennessee Beal turned in a similar performance. He was the catalyst in the run in which UK outscored the Vols 11-0 midway through the second half. He also played a major role in shutting down Tennessee guard Michael Brooks, who burned UK for 12 first-half points, mainly on bombs from the outside. In the second half Brooks was held to one of five shots, repeatedly forcing the Vols to abandon their outside game and go inside to Dale Ellis.

Despite the obvious spark Beal has provided, he downplayed his role in the team's weekend successes.

"I don't know if I'm playing all that well, as long as I can help the ball club," he said. "I just try to get out there and get the job done."

Possibly his modesty comes from experiencing the infamous "January slump," an annual malady that seems to strike the UK basketball program at the beginning of each year. "The slump provides the press and the fans with a chance to deride the team for a full month before it begins to play up to par."

"We can't worry about that," Beal said. "When we're playing well, the fans love us, and when we're playing bad they get down on us. It's natural."

As a Wildcat, he is by no means immune to the criticism heaped upon the team. While no one doubts Beal's quickness or his ball-handling ability, he has been criticized for his unwillingness to put up the outside jumper.

Instead of letting the critics get him down, however, he has made a concerted effort to put up the jumper. This year he hit 57 percent from the field, and he kept the Georgia and Tennessee defenses honest by hitting a couple of 15-footers.

"If I was passive, I wouldn't get anything done," Beal said. "If I've

got the shot, I'll take it. I feel good about my shot."

Against Georgia and Tennessee, he gave a shot in the arm despite the knee injury.

"It's (the knee) a little bit sore right now," Beal said after the Tennessee win. "It's not as bad as yesterday (after the Georgia game). Playing two games in a row like this has been kind of hard on it."

But Beal has declined to wear a wrap or knee brace. "I think if I wore a sleeve I would kind of have my mind on it," he said. "I'd rather not think about it."

Even a soul as modest as Beal's would have to be encouraged by his play after an injury. In the tournament, it's highly probable UK will run into a full-court pressing defense of the sort that has been popularized by Louisville and Georgetown. Beal's presence on the court gives UK a bonafide press breaker. And a Dirk Minnerisid-Beal combination will give the Wildcats possibly the fastest backcourt in the nation. A healthy Beal is the key.

"We're starting to put things together right now," Beal said. "We're starting to feel real confident going into the tournament."

Dicky Beal feeling good might be just what the doctor ordered.



J.D. VANHOESE/Kentucky Staff

Kentucky guard Dicky Beal guards a Georgia opponent during Saturdays 81-72 win over the Bulldogs at Rupp Arena. Beal returned to action after a knee injury sidelined him for a few games.

## Orioles owner buys rain-out insurance

MIAMI (AP)—Baltimore Orioles owner Edward Bennett Williams will be ready if capricious weather plays havoc with his American League club's 1983 home schedule.

After suffering through seven 1982

home postponements, which cost perhaps \$1 million in revenue, Williams asked Lloyds of London to provide rain insurance for the entire upcoming schedule.

"Nobody's ever asked them to insure a season before," Williams said

Sunday at Baltimore's spring training camp.

He said "all kinds of studies and computer evaluations were made and an arrangement was finally worked out with Peter Eschman in the Boston office of Lloyd's.

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**memos**

**Friday Noon Discussion Group for Women** sponsored by Lexington Education Center. Meeting on Wednesday, March 9, 1983. 12:00-1:00 pm. Topic: "Women's Professional Field-Raising Pi Sigma Alpha." Philosophy, Science, History. Members of those March 3rd & 6th in SC 113. All members must attend. OHN. Mrs. Barbara J. Little to attend. Call 257-2844.

**Pre-Vet Club Meeting** March 3, 7:30 pm. 447-106. Guest speakers: James Allison, DVM, and Arthur Anderson, DVM. Dr. Nelson from Mt. Vernon. Open to all. 257-2844.

**Women in the Sciences and Engineering** Informal study group. Meeting to explore the role of women in science and engineering. First meeting: Wednesday, March 9, 7:00. Anderson Hall. 253.

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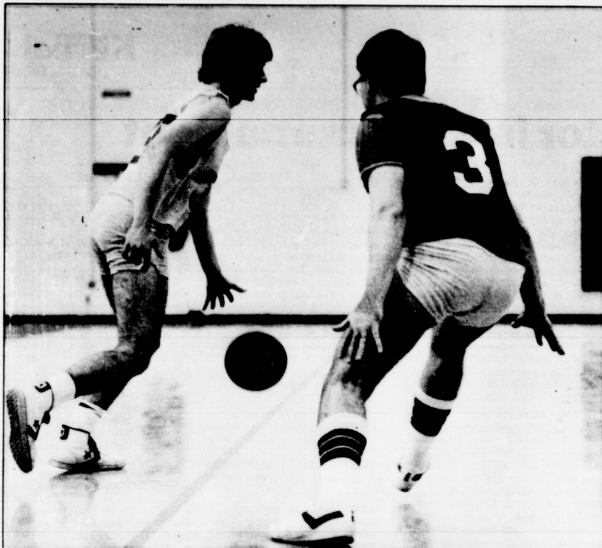
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### Intramural playoffs begin

Daniel Fauth of the Yellow Crabs tries to work around the defense of Anthony Wyant of the Pharmacy Dawgs yesterday in first-round action of the intramurals basketball tournament. Games are being played in the Seaton Center.

## Kentucky moves to 7th place in AP poll

By DICK JOYCE  
AP Sports Writer

Kentucky, 20-5, which clinched the Southeastern Conference title by downing Tennessee Sunday, took over the No. 7 spot in the latest Associated Press College Basketball Coaches' Poll with 791 points, three notches higher than last week.

Louisville, 24-2, a winner over Wright State and Western Kentucky last week, jumped from No. 5 to No. 3 with 992 points.

Houston, winner of 23 of 25 games, became the nation's top-ranked team Monday, the first Southwest Conference team to reach the No. 1 since Arkansas in 1978.

Virginia, 23-3, landed 15 first-place votes to take second place with 1,061 points. The Cavaliers, No. 3 last week, beat North Carolina State last week.

Villanova, 20-4, which clinched the

Big East crown with an overtime win over St. John's Saturday and earlier beat St. Joseph's, advanced from seventh to No. 4 with 914 points.

Arkansas, 24-1 and a loser only to Houston, moved up a notch to fifth with 884 points after stopping Texas and Texas Tech.

UCLA, 21-3, which drew the other first-place vote and 854 points, took over the No. 6 spot, moving up two places after two victories over Southern California.

North Carolina, 22-6, which snapped a three-game losing streak by topping Wake Forest and Clemson last week, moved from 11th to No. 8. The Tar Heels collected 647 points.

Nevada-Las Vegas, 24-2, which had held the top spot for two weeks, lost road games to Fullerton State and West Virginia and drew 629 points.

### SEC track tournament results

Women's 60-Yard Hurdles — 1. Lori Dinello, Florida, 7.96. 2. Debbie Dacosta, Georgia, 8.05. 3. Judy Thomas, Kentucky, 8.14. 4. Tonya Lowe, Kentucky, 8.26. 5. Kathy Klaehn, Kentucky, 8.44. 6. Kathy Williams, Alabama, 8.45.

Women's 60-Yard Dash — 1. Regina Felder, Kentucky, 6.95. 2. Belinda Little, Alabama, 7.04. 3. Veronica Walker, Georgia, 7.05. 4. Sandy Harris, Alabama, 7.09. 5. Sheila Eckols, Louisiana State, 7.16. 6. Lillie Leatherwood, Alabama, 7.18.

1 Mile — 1. Linda Detlefsen, Georgia, 4:46.10. 2. Bernadette Madigan, Kentucky, 4:46.45. 3.

The Top Twenty teams in The Associated Press weekly college basketball poll, with first-place votes in parentheses, season records and total points. Points based on 20-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1:

1. Houston (42)	2321 130
2. Virginia (15)	2331 081
3. Louisville (7)	243 992
4. Villanova	204 914
5. Arkansas	241 894
6. UCLA	213 854
7. Kentucky	205 791
8. North Carolina	226 647
9. Nevada Las Vegas	242 629
10. St. John	234 623
11. Indiana	
12. Wichita State	
13. Missouri	
14. Ohio State	
15. Boston College	
16. Georgetown	
17. Memphis State	
18. Syracuse	
19. Tennessee-Chattanooga	
20. Purdue	

Gina Procaccio, Florida, 4:52.13. 4. Lee Ann Stelzenmuller, Alabama, 4:56.34. 5. Kathy Box, Alabama, 5:00.00. 6. July Stibbe, Kentucky, 5:00.79.

Women's 600-Yard Run — 1. Piper Bressant, Florida, 1:21.11. 2. Lee Ann Vanlandingham, Louisiana State, 1:21.83. 3. Stephanie Himes, Georgia, 1:24.51. 4. Bonnie Smith, Georgia, 1:25.02. 5. Judy Thomas, Kentucky, 1:25.12.

Men's Mile — 1. Todd Sinclair, Florida, 4:13.50. 2. Martin Clark, Kentucky, 4:14.13. 3. Tom Graves, Auburn, 4:14.71. 4. Chris Revard, Kentucky, 4:15.57. 5. Basil Magee, Tennessee, 4:15.91. 6. John Paul, Georgia, 4:19.23.

## Tennis team takes OSU 6-3

### Top-seeded Leytze victorious in error-filled meet

By CONCEPCION LEDEZMA  
Staff Writer

LOUISVILLE — "Joe (Leytze) is putting on his make-up," Paul Vargas, UK's No. 3 seed, joked as he and his teammates waited for the top seed outside the locker room after a 6-3 dual victory over Ohio State Sunday that brought the Wildcats' record to 7-3.

Actually, Leytze's 7-6, 6-3 victory over Ohio State's top seed Lair Rusinek was a "make-up" that covered up an error-filled struggle for the All-American candidate.

Leytze trailed 1-4 in the first set before finally winning the tie-breaker 7-3.

"Losing 1-4 sounds big, but he was only up one break (game)," Leytze said. Leytze held serve and then broke Rusinek's third service game to come within a game at 3-4.

"That break made the difference

in the first set," Rusinek said. "I played too many loose points once I had that big lead and I ended up giving it to him."  
"I then lost my cool. I should have won that set."

In the second set Leytze broke a 3-3 tie with a two-ace game to control the match for good, but not before he compiled a total of 40 unforced errors to Rusinek's 28 for the match.

But Leytze, who recently won two consolation matches at the National Intercollegiate Indoor Championship Tournament, still managed to serve eight aces, most of them coming on important points.

"I thought I was going to lose for sure," Leytze said. "I'm glad I'm able to get out of here with a win because I didn't play well at all."

On the other hand, brothers John and Paul Vargas, the Wildcats' No. 1 seed doubles team, were cheered on by their hometown fans as they defeated Mike Massie and Roger

Smith 7-5, 6-2 with an impressive net game.

"It was good to have support like this; they made themselves known," Paul said. "It helped the other guys too."

The Vargas combined for 26 volley winners to their opponents' 14. "We moved a lot and made most of our first serves," Paul said.

Paul also won his singles match along with No. 5 Mark Bailey and No. 6 Pat McGee. The other doubles winners were Leytze and McGee.

In other action on the courts, the women's team finished third behind South Carolina and Indiana University in the Indiana Invitational tournament at Bloomington.

The Lady Kats, now 3-1, edged out North Carolina 5-4 in the first round, lost to eighth-ranked IU 0-9 and then defeated Tennessee in the consolation 5-4.

No. 1 Clare Kuhlman and No. 6 Alyson Evans won two singles matches for UK.

## Gymnasts defeat Georgia College

By ANDY DUMSTORF  
Staff Writer

Coming off a fifth-place finish in the Southeastern Conference Championship, the women's gymnastics team defeated Georgia College Saturday at Memorial Coliseum.

The team's total of 171.3 broke the previous weekend's 170.5 and set the third consecutive overall meet record of the season.

"It is coming down to the close of the season, and (the team members) are almost where I want them to be," coach Leah Little said after

the competition. "I would definitely say that they are peaking at this point and scoring right about where they should be."

By placing in at least one of the top three positions in every individual event and running away with the individual all-around scores, the team shut down its National Association of Intercollegiate Athletics opponent early in the meet.

Tracy Ralph took top honors on the vault with 8.75. Colleen Lafferty placed second with 8.7 and Jackie Chatfield finished third with 8.65.

The team suffered numerous falls on the balance beam, but the poor performance of the Georgia team al-

lowed UK to salvage the top four positions in the event.

"We try to encourage the girls to not have a look of disgust on their faces when they fall off," Little said. "Some of our girls are able to get back on and not let a fall affect their performance. But if it is early in the routine it is difficult for a gymnast to get back up and continue with what they are doing because they think it is already blown."

The floor exercise was the only event in which the women took all three top spots, with Lang, Chatfield and Lafferty finishing 9.0, 8.9 and 8.6 respectively. Chatfield, DiFede and Lafferty took the top three all-around positions.

### Correction

Bat Cat Steve Kundick hit two homeruns against St. Xavier of Chicago in a four-game series Saturday and Sunday, not three as reported yesterday. The other homer should have been attributed to Scott Knox.

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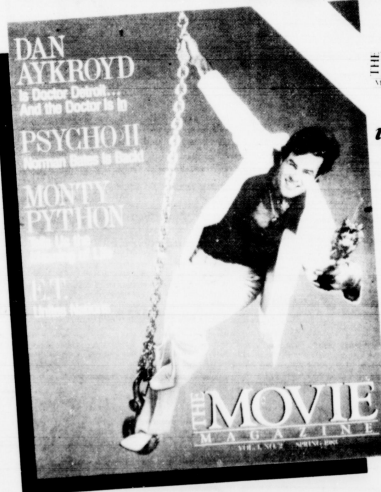
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