

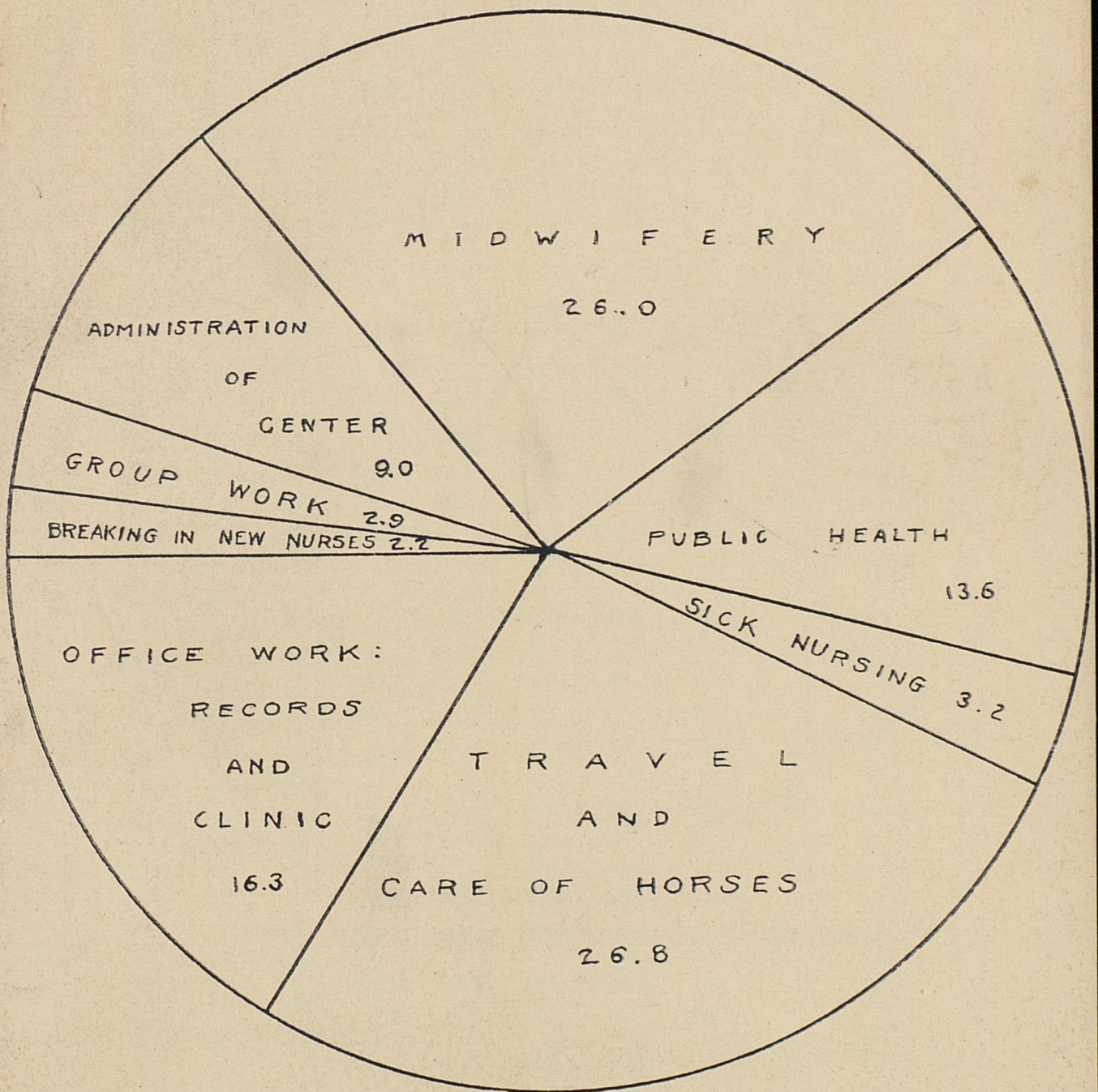
The Quarterly Bulletin of The Frontier Nursing Service, Inc.

ELEVENTH ANNUAL REPORT (Condensed)

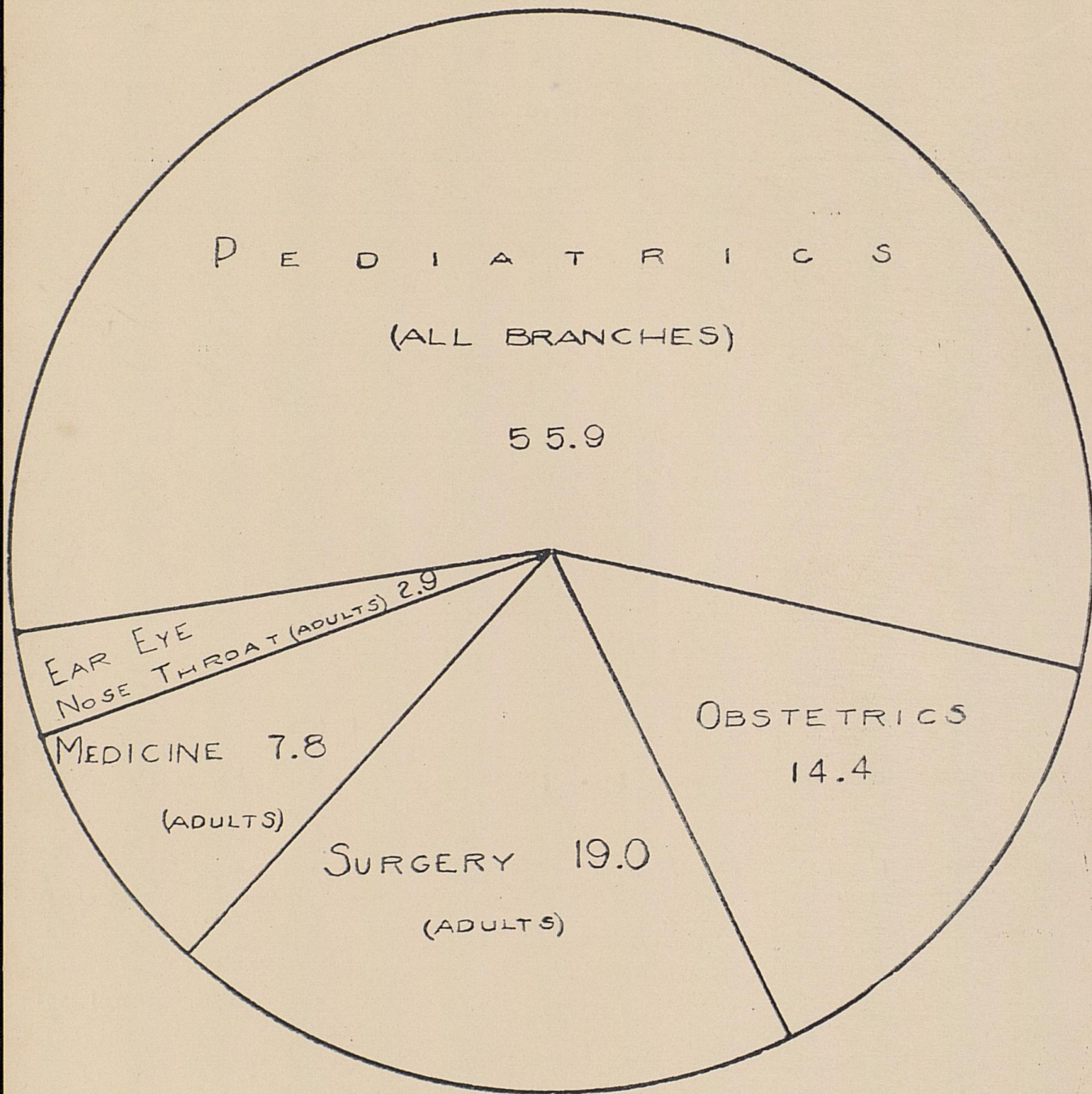
VOL. XII

SUMMER, 1936

NO. 1



HOW THE DISTRICT NURSE SPENDS HER DAY



PERCENTAGE DISTRIBUTION
347 ADMISSIONS TO FIVE MAJOR SERVICES*

HYDEN HOSPITAL

MAY 1, 1935 to APRIL 30, 1936

*Does not include 41 miscellaneous admissions.

W. A. HIFNER, JR.
Certified Public Accountant
City Bank Building
Lexington, Ky.

MEMBER

Kentucky Society of Certified Public Accountants
American Society of Certified Public Accountants
National Association of Cost Accountants
National Tax Association

HELEN H. FORTUNE, C. P. A.

To the Officers and Trustees,
Frontier Nursing Service, Incorporated
Lexington, Kentucky

Ladies and Gentlemen:

I have made a detailed examination of your records and accounts for the fiscal year ended April 30, 1936, with the result as disclosed on annexed Exhibits, A, B, and C, and supporting schedules B-1, to B-5, both inclusive.

Income on investments was certified to me direct by the various trustees therefor. Contributions and gifts have been checked against the Treasurer's receipts and reports and traced into the bank.

All disbursements have been verified by means of canceled checks and supporting vouchers. The various bank accounts have been reconciled and found correct.

Endowment and Memorial Funds, which have more than doubled during the year, were certified to me direct by the Trustees therefor.

In my opinion all monies received have been duly and properly accounted for.

Respectfully submitted,
(Signed) W. A. HIFNER, JR.,
Certified Public Accountant

Lexington, Kentucky,
May Twenty-first,
Nineteen Thirty-six.

RESOLUTION

(Adopted by the Trustees of the Frontier Nursing Service at the Twelfth Annual Meeting for Members and Trustees, May 23, 1936)

WHEREAS the voting membership of the Frontier Nursing Service, under the terms of its Articles of Incorporation, is vested in the members of the Committees of the Frontier Nursing Service, and such members have the privilege of voting to elect the Board of Trustees at the Annual Meeting, and

WHEREAS the Board of Trustees has the power of amending the By-laws of the corporation at any meeting, and

WHEREAS the Frontier Nursing Service has more than 2,000 financial supporters distributed throughout many parts of the United States and even abroad, and

WHEREAS it is impossible to include the majority of these subscribers in the regular Committee voting membership of the Frontier Nursing Service, and yet it is desired to give them an integral part in the life of the Service which they support,

THEREFORE, BE IT RESOLVED that the By-laws of this Corporation be amended by adding to Section 5 of the By-laws the following sentence:

To each donor of \$2.00 or more annually shall be given the title of Contributing Member; to each donor of \$100.00 or more annually, the title of Cooperating Member; to each donor of \$1,000.00 or more annually, the title of Sustaining Member; and to each donor of \$1,000.00 or more to the Endowment Fund the title of Endowment Member.

ANNUAL REPORT OF THE FRONTIER NURSING SERVICE

May 1, 1935 to April 30, 1936

For the fifth successive year we condense our annual report to reduce the cost of printing. There follows a summary of the fiscal year which closed April 30, 1936, both as to funds and as to the work.

FISCAL REPORT

We received this year from all sources, including donations and subscriptions, nursing and medical fees, investment income, sales of books, revenue from the Wendover Post Office, the Director's lecture fees, benefits, and refunds, but exclusive of a \$10,000.00 gift to retire indebtedness and exclusive of \$70,000.00 new endowment, a total for running expenses of \$78,134.78. But there were several thousands of dollars of unpaid obligations, which represented certain large accounts continually in arrears since the deepest part of the depression. A member of our Executive Committee immediately gave \$5,000.00 to balance the budget and bring these accounts abreast. In setting our budget for the coming fiscal year again at \$80,000.00, which is our basic minimum, we have every expectation of keeping it on a cash basis and meeting it month by month. To do this, however, we will need approximately \$2,000.00 more in donations and subscriptions during the current fiscal year than we received during the last fiscal year.

ENDOWMENT

An encouraging feature of the picture, however, is the increase of \$70,000.00 in our endowments during the past year. We are eager to bring these endowments up as rapidly as possible in order to be assured of a basic minimum income. No less

than four individuals during the past year have added to our endowment fund during their lifetimes. If all subscribers either will do this, or else provide a principal in their wills to take care of at least a part of what they give annually, the Frontier Nursing Service will rapidly reach the solid basis upon which a national demonstration should rest.

The Jessie Preston Draper Memorial Center has now its own endowment of \$65,000.00, a gift from the estate of the late Mrs. Draper Ayer of Boston. The income on \$15,000.00 of this is for the upkeep, repairs, replacements, insurance, etc., on the property. The income on \$50,000.00 of this endowment is for the maintenance of one nurse, her horse and supplies. The Belle Barrett Hughitt Memorial Center has now an endowment of \$15,000.00 for the maintenance of the property. The Mary Ballard Morton Memorial wing of our hospital at Hyden has an endowment of \$53,000.00 to date and, in addition, one baby crib—The Joan Glancy Memorial—is endowed. The Mary Parker Gill Fund, through its trustee, the United States Trust Company, of Louisville, has, during the past year, given \$1,178.18 for repairs and replacements in connection with this hospital, one wing of which is a memorial to Mary Parker Gill.

In addition to its endowments, the Frontier Nursing Service owns, without lien, land and buildings, equipment, horses and cattle, valued at \$183,459.14.

ANALYSIS OF RECEIPTS

The total receipts of the Frontier Nursing Service for the past fiscal year were \$158,134.78. It has already been stated that \$70,000.00 of this was in new endowment and \$10,000.00 was a gift payment on old debts. Of the \$78,134.78 for current running expenses, \$65,225.26 came from donations and subscriptions. This does not, of course, include the benefits, lecture fees, etc., enumerated in the first paragraph. It is this figure of \$65,225.26 which must be increased by \$2,000.00 to balance the budget for the current fiscal year. These donations have been given by 2,031 generous people, 1,554 of whom are old subscribers and 457 of whom are new subscribers.

In order to increase our subscriptions it is necessary to secure an even greater number of new subscribers this year.

We call the attention of our readers to the Resolution adopted at our last annual meeting, on page 2 of this Bulletin, and ask all of our old members to make an effort to interest one new person in the Frontier Nursing Service during the current year. We made this same request last year through personal letters. These brought in a total of \$3,005.00. We are not sending these letters out again this summer because we believe our old members will read the request in this Bulletin and act upon it. A letter of thanks will, however, go to each old member who does get a new member, and a letter of welcome will go out to the new member.

We will close this analysis with a word of grateful thanks to a generous trustee who gives the complete support of a "Helen Draper Ayer Memorial Nurse," her horse and supplies. Three other generous donors have assumed complete support of a nurse during the past year, two of whom have given this support for many previous years.

Our very special gratitude goes out to the chairmen of various city committees who sent out our spring saddlebag appeal, to new persons, above their own signatures. The returns from this appeal are not all in even yet, but it has already brought in considerably more than for several years past. The Committees which have brought in the most money during the past year in contributions and benefits have been: Kentucky, \$20,072.81; New York, \$18,482.83; and Washington, \$7,089.75. The Washington Committee donations represented an increase of more than \$4,000.00 over the previous year and more growth than any.

FIELD REPORT

Our cover picture is a chart of the district nurse-midwives' work during the past year. This chart, the result of a study made by the statisticians, is a percentage distribution of the 36,000 hours of work done by the field nurse-midwives and reported daily to the Central Office. These figures are exclusive of the 14,000 hours spent by hospital nurses in the Hyden Hospital and of the 1,600 hours spent by supervisors. The reader will see

that the district nurse spends more time in midwifery—that is, in prenatal, delivery and post-partum care of women in childbirth—than in sick nursing and public health combined. The reader will see just how much time is taken up in travel and care of horses, bearing in mind that the travel time this past winter and spring, because of the terrible snows and tides, was unusually heavy. The heading, “Breaking In New Nurses,” means that time taken up by a senior nurse in teaching our saddlebag-and-cabin-technique and our trails to new nurses. The heading, “Group Work,” covers Mothers’ Clubs, sewing classes, Christmas parties, debating societies, conferences, health talks, etc., etc. The work of administering a center has to be accounted for in every field nurse’s daily report. This includes time given in arranging for repairs and upkeep on the center, for the entertainment of guests and graduate students, arrangements for the cleaning of barns, getting in the winter’s coal supply, hauling in the winter hay, etc., etc. Study of this chart will help those of you who support this work to understand the field aspect of it in relation to those dear and gallant members of the Service, the district nurse-midwives.

The Officers of the Frontier Nursing Service extend the grateful thanks of the Service to each and every member of the staff, from the Medical Director himself to the newest staff nurse, for their courage and endurance and unending patience during the worst winter and spring we have ever had. No chart can show against what appalling odds the staff have worked for at least six months of the past fiscal year. Please read into the section, “Midwifery,” the calls for the nurse-midwives from lonely cabin mothers on January nights with the thermometer below zero. Read into it also the more than 150 miles horseback through one of our worst blizzards in which our Medical Director travelled between nursing centers—two of them 36 horseback miles apart. Add to this the devotion of the men in every district who volunteered to carry stretcher cases through the wildest weather, the enduring patience of the mothers themselves, and you have a record of which humanity can be proud.

To summarize a few figures, we take from the statisticians’ complete report the following figures.

MIDWIFERY

The nurse-midwives delivered 345 women in childbirth of 332 live babies, 7 stillbirths, and 7 late miscarriages; and gave them full prenatal and post-partum care. There was one set of twins. There were 404 new cases admitted and 336 closed after post-partum care. Of the latter 20 went to the Hyden Hospital for delivery and physicians were called to four district deliveries.

We are grieved to state that we had two deaths in our registered midwifery cases this last winter. Neither death, however, was from maternal causes, even indirectly. Both women died of pneumonia. They were both carried by stretcher into our nearest nursing stations and special day and night nurses were sent over to take care of them. Dr. Kooser spent two days and nights with each case. We did everything in our power to save them, but the pneumonia was of a very virulent character and we could not pull them through.

In addition to our regular cases, the nurse-midwives were called to seven emergency deliveries where the mother had not been registered, or given prenatal care; 16 miscarriages (un-registered cases); and they gave post-partum care to 10 un-registered mothers.

There were 24 outside-area cases of which eight were delivered in the Hyden Hospital.

DISTRICT

The field nurses carried during the year a total of 7,121 people in 1,417 families. Of these 4,361 were children, including 1,953 babies and toddlers. Bedside nursing care was given to 359 very sick people, of whom 19 died. The district nurses paid 16,398 visits and received 19,562 visits at nursing centers. There were sent to hospitals and institutions outside the mountains 28 patients, 26 of whom, with their attendants, were transported on passes given us by the Louisville and Nashville Railroad Company.

Under the direction of the State Board of Health, the nurses

gave 5,462 inoculations and vaccines against typhoid, diphtheria, smallpox, etc., and sent 175 specimens out for analysis.

We held during the year 134 field clinics with an attendance of 4,253 people.

HOSPITAL

The Frontier Nursing Service Hospital at Hyden was occupied during the past year 4,284 days by 388 patients. The reader's attention is called to the chart on the inside of the cover page of this bulletin showing the percentage distribution of 347 admissions which fall under the five major service divisions. This does not include worm specials, nursing mothers accompanying sick infants, etc. It is interesting to note that 55.9% of all these admissions were children, including newborns. These children were all in desperate need of hospitalization and among the cases treated we have had terrible burns; pneumonia; dysentery; communicable diseases—such as diphtheria, sleeping sickness, and meningitis (in the Thorpe-Rousmaniere Annex); and a wide variety of accident and surgical cases.

The Frontier Nursing Service Hospital is, so far as we know, the only institution giving free care to children among the 250,000 Kentucky mountaineers. We have never refused a mountain child. In cases where our medical director wishes expert outside advice, better laboratory facilities and X-Ray (which has not yet been given us), we have, during the year, occasionally relayed children to the Children's Free Hospital in Louisville and the Children's Hospital in Cincinnati. Both of these institutions have given our children wonderful care at no cost to us or to the children.

When we say we have never refused a mountain child we realize that we are facing a situation in which we will have to refuse children and other patients because of our absolute inability to take them in. We can double our capacity as soon as we build a nurses' home. The number of nurses in the hospital has increased from one to five, in addition to the superintendent. Three district nurses must also be housed in the hos-

pital. Whenever we have a contagious disease we have to get two special nurses up from Lexington who must also be housed in the hospital. Rooms and beds once occupied by patients are now being used for the nursing staff.

Our first urgent need is for a nurses' home. Our second urgent need is for an X-Ray. Our third urgent need is for a laboratory. Our fourth is for a new barn and additional pasture land with fencing for the horses, mules and cows that serve the hospital and its patients and the Hyden district nurses.

We could not, however, install either the X-Ray or the laboratory until the hospital is freed of its resident staff.

We extend our warmest congratulations to the hospital nurses who during the past year have cared for a wide variety of cases with perfect safety to our patients under conditions so overcrowded that we continuously dread a cross infection. Only the most scrupulous nursing technique is responsible for our record.

We want also to extend our deepest appreciation to the Nurses' Registry in Lexington, Kentucky (165 miles away), whose nurses have never failed to respond to our urgent call for special nurses for communicable diseases and have taken care of these diseases at a fraction of their city charge for normal cases.

It is hard to find the words in which to tell our medical director, Dr. John H. Kooser, what we feel about the days and nights of devoted and brilliant care that he has given single-handed. Nor can we find the words in which to tell our attending surgeon, Dr. R. L. Collins of Hazard, how much we love and admire him for all the surgical work he has done without any charge whatever to us. The charge to the patient is never more than he can pay, and in necessitous cases no charge at all. Dr. Collins has come over for surgical emergencies whenever we have called him and carried all our general elective surgery. He has saved lives that no one thought could possibly be saved and restored to health people who have despaired of ever being well again. Our profound gratitude is also extended to Dr. B. M. Brown of Hazard who has carried our Ear, Eye, Nose and Throat surgery, receiving the cases we sent over to him with-

out any charge to us, and coming over to Hyden to operate for us.

We have, again during the past year, received the courtesies of large free clinics from Dr. F. W. Urton of Louisville for tonsillectomies and from Dr. Scott Breckinridge of Lexington for gynæcological work. These two dear men regularly give us each Autumn several days of their valuable time and their skilled services. Our very grateful thanks go out to the Lexington doctors on our Medical Advisory Committee who have given free care to numerous patients sent down to them, and have completed the third edition (2nd Revision) of our Medical Routine during the past year.

SOCIAL SERVICE DEPARTMENT

(Alpha Omicron Pi Fund)

It is impossible in the case of figures to enumerate the brilliant and devoted work which Miss Bland Morrow has done as director of our Social Service Department. Literally thousands of people, reached directly by her or through the nurses under her direction, are having their lives transformed. Miss Morrow's thorough social service preparation and her years of living in the mountains, added to her warm and understanding personality, make it possible for her to succeed where a less well equipped person would fail. We are deeply grateful not only to her but to the Alpha Omicron Pi sorority which finances her and her work.

Service and aid have been given in connection with the following cases:

Dependent and neglected children:	14 cases
Handicapped children:	15 cases
Medical-Social cases:	51 cases: of these—
	15 were sent to outside hospitals
	36 were given service of other types

Family cases: 21 cases
Unclassified cases: 6 cases

Service has been given in connection with the following community activities:

Sewing classes
Singing class
Circulating libraries
Christmas celebrations
County Red Cross Chapter
Tuberculosis Seal Sale
Public Relief

In conclusion we want to mention the splendid work, short-handed and under terrific pressure, by our administrative group; the valuable liaison work of our courier service, more difficult than ever before during this past terrible winter and spring; and the unswerving cooperation and loyalty of both our outside and our local committees, and of our thousands of patients.

MRS. S. THRUSTON BALLARD, Chairman.
C. N. MANNING, Treasurer.
MARY BRECKINRIDGE, Director.

The Late King George's Mottoes

Teach me to be obedient to the rules of the game.
Teach me to distinguish between sentiment and sentimentality.
Teach me to neither proffer nor receive cheap praise.
If I am called upon to suffer, let me be like a well-bred beast,
that goes away to suffer in silence.
Teach me to win if I may, if I may not, then above all teach me
to be a good loser.
Teach me to neither cry for the moon nor over spilt milk.

—Contributed.

IN MEMORIAM

"He shall go out with joy and be led forth with peace"

MRS. PERRY W. HARVEY, of Cleveland

We are saddened by the loss of one of our oldest and truest friends. During the years of her Trusteeship Mrs. Harvey has given this work her time, her thought, her money, her hospitality, over and over, the whole of her charming and lovable personality. An able woman of an able old family, she had a well-endowed mind, but the qualities for which she will be remembered most are those of the heart. One of the tenderest and kindest and sweetest women that ever lived, she leaves an emptiness in this world by her going. We wish her Godspeed on this new supreme adventure where royal rank is given to the unselfish, the gentle, the good. To her children we extend our deepest sympathy in their irreparable loss.

MRS. AUGUSTA T. ERRETT, of Cincinnati

This quiet, self-effacing, and lovely woman gave us the rare privilege of her friendship. Mrs. Errett took no part in the active work of the Frontier Nursing Service except for benefactions, including a generous legacy in her will. Her health was very frail from the time that we first knew her. She willingly embraced the spiritual activities, the heaviest of all parts, which can be carried on from a quiet room. She is not known on one of our Committees, nor among our Trustees, and yet few people have given as many hours of loving thought and generous prayer. She gave the whole of her unselfish devotion.

Mrs. Errett's passion for humanity burned like a flame in her frail body. She lived quietly not only because she liked simplicity but in order to have more with which to relieve suffering. Life gave her three sons. To the one who is living we extend our deepest sympathy in the loss of such a mother. With the two sons who died in their teens we join in thanksgiving.

OPEN LETTER

Dear Friends:

From the Executive Committee and from the Chairmen of a number of our large city Committees I have obtained permission to discontinue our heavy speaking programs this year. We will not hold any of our annual meetings, except the one required by our Articles of Incorporation—namely, the annual meeting of Trustees and Members—in May, 1937, and I am already declining requests for lectures. It may be possible to make one or two exceptions in very special cases which do not fall under our regular categories, but it is altogether impossible for me to make my regular tours in the Middlewest this autumn and the East next winter. The reason for this decision is primarily because of renewed trouble in connection with the breaking of my back in 1931. I have never felt able to take as prolonged a rest as the doctors thought necessary and they now insist that I carry as light a load for a year as possible. I don't expect to go anywhere or do anything in particular, but the year's program must be lightened considerably. During the past fiscal year, in less than four months, at broken intervals, I spoke 82 times in 42 widely separated places, thus reaching, in behalf of the Frontier Nursing Service, many thousands of people. In addition, I attended many conferences, luncheons, dinners, and teas, where the contacts were more informal. It is this heavy program that I must call off this year in order to be equal to it the year following.

Our Executive Committee does not feel, and our Committee Chairmen do not feel, that we will lose financially by this decision. We will, of course, lose the money that comes from my lecture fees, but we will not lose in new subscribers if the majority of our Members each will try to get one new Member during the year. As to our old members themselves, we are sure that they will be even more ready with their support and will not mind missing one year's report of the work which I have tried faithfully to give them annually, with the only gap the year

in which my back was broken. We will, of course, continue to give reports of the work in the pages of the Quarterly Bulletin and through personal letters. I shall be in very close touch with the field but there, too, I have got to take things a little more easily. It was a 25-mile horseback ride at one stretch that set up an inflammatory process in the site of the old fracture and reduced me to bed, alternating with the steel brace. X-rays have been taken and show that no permanent harm is done, but I must not ride over 18 miles again, even in a steel brace.

I am sure you, all of you, must realize that I look forward to longer unbroken hours in the mountains with utter joy. Speaking continually is the most exhausting thing of which I know since one has to throw one's whole self into it. I shall welcome long stretches with what St. Francis would call "Sister Silence." I will have lots that is fresh and delightful to tell you when I go out again a year later.

A thousand thanks to you all for the lovely reception you have always given me.

Yours sincerely,

Mary Breckinridge

THE QUARTERLY BULLETIN OF
THE FRONTIER NURSING SERVICE, Inc.

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VOLUME XII

SUMMER, 1936

NUMBER 1

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BEYOND THE MOUNTAINS

From the National Council of Nurses of Great Britain we have received a brick from the demolished house of Florence Nightingale, No. 10 South Street, London, as a presentation to the Frontier Nursing Service. This brick was carried all the way over from England by our Mary Cummings, who had just taken her graduate midwifery course in Edinburgh. We are having it inserted in a stone wall of our hospital at Hyden. Thus a bit of the house where Florence Nightingale lived for so many years is now a part of the house where we carry on in her spirit with the work she loved.

From Miss Adelaide Nutting we have another precious piece of Nightingaliana, which was given Miss Nutting by Miss Nightingale's cousin, Henry Bonhan Carter. This is a book called "Introductory Notes on Lying-in Instruction, together with a Proposal for Organizing an Institution for Training Midwives and Midwifery Nurses."

Enrolled for the Courier Service of 1955, by special request, Miss Margaret Avery Schreiner, born May 10, 1936, weight 7 pounds 3½ ounces, the daughter of our splendid former Chicago courier, Mary MacCaughey.

Our utmost gratitude to the St. Mark's Juniors, of New York, for a most liberal gift of terribly needed new hospital instruments to the value of \$100.00.

On May 12 Miss Gladys Peacock spoke before the Women's Society of the North Avenue Presbyterian Church in New

Rochelle, New York, with the result that they sent us a check "for the delightful address."

We received from John T. Vance of Washington, D. C., a copy of an address by Mrs. Roosevelt, delivered before the District of Columbia Library Association on "What Libraries Mean to the Nation." We note that she suggests that traveling libraries could be carried in saddlebags as the Frontier Nurses carry their supplies. This leads us to make a suggestion. We have loan libraries now at all of our stations and would welcome gifts of new books for them, particularly children's books, books of adventure, animal stories, Bible stories, and standard novels such as those of Dickens and Scott.

We wish to express our appreciation to the Canadian Welfare Council at Ottawa for the excellent article on the Frontier Nursing Service in their official organ, "Child and Family Welfare," for March, 1936.

Speaking engagements carried by the Director during the past two months included a talk in the Sabbath School Auditorium, under the auspices of the Altrusa Club of Hamilton, Ohio; another talk before the State Division of the American Association of University Women, in Louisville; one before the Colonial Dames, Eastern Branch, in Knoxville, Tennessee; one in a private house in Knoxville; and one in a private house in Maryville, Tennessee; an address before the Tippecanoe County Historical Society at Lafayette, Indiana; and the graduation address of the Miami Valley Hospital School of Nursing at Dayton, Ohio; and an address before the Eastern Kentucky nurses at Jenkins, Kentucky.

We were profoundly impressed by the deep historical knowledge and interest of the men and women of the Tippecanoe

County Historical Society. They even have a museum. The occasion of our being there was "Founder's Day," in memory of William Digby. The Chairman, in a most graceful speech of introduction, said that the Frontier Nursing Service was "making history."

The Miami Valley training school graduation was one of the most moving occasions we ever attended. We were deeply impressed with the school and its faculty and students. The foundation laid by our friends, Ella Phillips Crandall, and the late Lillian Clayton, has produced a wonderful growth. Over a thousand people came to the exercises and even the vast auditorium of the National Cash Register Company, where they were held, was not too large. The internes, in their white clothes, acted as ushers. The nurses carried daisies, the school flower, and there was a lovely bouquet of them set aside in memory of a nurse who had died just before graduation. We particularly loved the school hymn, those lines of Whittier's beginning: "Immortal love."

"The healing of his seamless dress
Is by our beds of pain;

We touch him in life's throng and press,
And we are one again."

Berea

We think, and hope, that most of our friends are friends also of Berea. We commend to those who may not have seen it the annual report of the President, just issued, as a most enthralling picture of the mountain people and of a great piece of educational work.

Our grateful thanks go out again this year to the Lexington Herald for sending itself daily to each of our eight stations.

FIELD NOTES

The annual Mothers and Babies Party at the Possum Bend Nursing Center entertained 68 guests. The nurses, Miss Kelly and Miss Int-Hout, served pies, ginger bread, graham crackers, coffee, for the mothers and milk for the babies. The guests brought presents of onions, narcissus bulks, and "flower pots" of everything in bloom.

The grounds of the Possum Bend Nursing Center have been greatly improved by the work of the local division of the National Youth Administration, under the direction of Willie Couch. We owe an added debt of gratitude to Willie Couch for his volunteer work in running the Possum Bend loan library.

We welcome back from Edinburgh, where she took her graduate midwifery training at her own expense, Miss Mary Cummings, who is now a regular nurse-midwife on the Frontier Nursing Service Staff.

Our deepest appreciation to Mrs. Henry Joy, of Detroit, for the gift of a mule for the Hyden Hospital and a new horse to replace "Mr. Judy." Mrs. Joy has also given us the new adding machine that our statisticians and bookkeepers so greatly needed, as well as other needed appliances.

We have no better sewing group than at the Clara Ford Nursing Center on Red Bird River. A member of our local committee, Mrs. Cleveland Marcum, has taken charge of this sew-

ing group. The whole neighborhood joined in a box supper not long ago and raised over \$18.00 to buy material for the children.

Our senior couriers during the last two and a half months have been Helen Stone ("Pebble") of New York, and Dorothy Caldwell of Cincinnati,—both old war horses in the Service who come back every year. Our junior courier is Louise Wilcox of New York, and she has certainly made good.

Miss Helen Stone has presented us with a new mare named "Babette" to replace "Little Dan," another horse lost by accident. It is terrible to lose the horses but better so than to lose nurses, couriers or the patients, and this has been a bad year for accidents.

We are delighted to tell everyone that knows her that Mrs. Gillis Morgan (Leona), who has been one of our hospital nurses for years, and is one of our own mountain population, has the gift of a splendid son. The young man's coming means, of course, that Leona has had to drop her work with us for a couple of years.

Among our guests during the past two months have been Mr. and Mrs. William Day, the aunt and uncle of our Margaret Watson, the Wendover nurse, and we never had two dearer or more welcome people with us.

We also received back with joy Jack Caldwell of Cincinnati. We have had the pleasure of a lot of young people to see us lately, including two friends of our Pittsburgh courier (Mary Gordon), whose names are Virginia Evans and Peggy Robinson; and three Foxcraft students—Mary Ann Lippitt, Josephine Winmill and Joann Sharples—with one of the Foxcraft teachers,

Mrs. Fletcher. Mrs. Fletcher is an old friend of several of us because she was with us in the American Committee for Devastated France as a chauffeur many years ago.

As this Bulletin goes to press, we have with us three Chinese nurses on fellowships from the Rockefeller Foundation, whose names are Miss Sia, Miss Sheh, and Miss Wang.

Our deepest sympathy goes out to the Chairman of our Brutus Committee, Mr. Joseph Peters, in the recent loss of his dear wife.

The Garden Club of Perry County received a request for a donation to the library of Dupont Lodge at Cumberland Falls State Park. They have chosen Ernest Pool's "Nurses on Horseback" for their gift, after consideration of a number of books. The Frontier Nursing Service is profoundly appreciative.

Sayings of the Children

Drew, aged five years, having just been paid for vegetables at the Possum Bend Clinic, on being asked how much money he had: "Well, I reckon hit's two nickels or two dimes—one?"

Junior, aged five years, living at the head of Hell-fer-certain Creek, was very ill with pneumonia. The nurse had just sponged him, made his bed, and fixed him up generally, and was leaving, when she overheard him say to his mother: "Mummy, I would get well straight away if that nurse would stay here all the time."

THE FRONTIER NURSING SERVICE, Inc.

Executive Committee

Chairman

Mrs. S. Thruston Ballard, Louisville, Ky.

Vice-Chairmen

Miss Mattie Norton, Louisville, Ky.
Mr. E. S. Jouett, Louisville, Ky. Mrs. Charles S. Shoemaker, Pittsburgh, Pa.

Treasurer

Mr. C. N. Manning, Security Trust Co., Lexington, Ky.

Recording Secretary

Mrs. W. H. Coffman, Georgetown, Ky.
Mr. M. C. Begley, Hyden, Ky.
Mrs. Linzee Blagden, New York, N. Y.
Mr. Percy N. Booth, Louisville, Ky.
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DIRECTIONS FOR SHIPPING

We are constantly asked where to send supplies of clothing, food, toys, layettes, books, etc. These should always be addressed to the *Frontier Nursing Service* and sent either by parcel post to Hyden, Leslie County, Kentucky, or by freight or express to Hazard, Kentucky, with notice of shipment to Hyden.

If the donor wishes his particular supplies to go to a special center or to be used for a special purpose and will send a letter to that effect his wishes will be complied with. Otherwise, the supplies will be transported by wagon over the 700 square miles in several counties covered by the Frontier Nursing Service wherever the need for them is greatest.

Everything sent is needed and will be most gratefully received, and promptly acknowledged.

Gifts of money should be sent to the treasurer,

MR. C. N. MANNING,
Security Trust Company,
Lexington, Kentucky.

FORM OF BEQUEST

For the convenience of those who wish to remember this institution in their wills, this form of bequest is suggested:

"I hereby devise the sum of
dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

.....

.....

It is preferred that gifts be made without restriction, since the Trustees thereby have a broader latitude in making the best possible use of them. Of course, however, they are also welcome where a particular use is prescribed.

To facilitate the making of gifts of this sort, it is suggested that if they come by will there be added to the form shown above some such language as the following:

"This devise is to be used (here describe the purpose.)"

Suggestions for special bequest:

- \$50,000 will endow a field of the work in perpetuity.
- \$12,000 will endow a Frontier hospital bed.
- \$ 5,000 will endow a baby's crib.
- \$10,000 will build and equip a Frontier center for the work of two nurses.
- \$15,000 additional will provide for the upkeep, insurance, repairs and depreciation on this center, *so that*
- \$25,000 will build and maintain in perpetuity a center.

A number of these centers have been given and equipped. One is endowed for upkeep, and one for both upkeep and nursing.

Any of the foregoing may be in the form of a memorial in such name as the donor may prescribe, as, for example, the Jane Grey Memorial Frontier Nurse, the Philip Sidney Frontier Hospital Bed, the Raleigh Center, the Baby Elizabeth Crib.

Any sum of money may be left as a part of the Frontier Nursing Service Endowment Fund the income from which will be used for the work of the Service in the manner judged best by its Trustees, and the principal of which will carry the donor's name unless otherwise designated.

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Its object:

“To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.”

