



Gay and
Lesbian
Services
Organization

The GLSO NEWS

August 2007

A Publication of the Lexington Gay and Lesbian Services Organization
Volume 22 Number 8

Imperial Court of Ky August Events

The Imperial Court of Kentucky is excited to announce two upcoming events for August. The first event is a Summer BBQ Fundraiser at Mia's Restaurant. The entire community is invited to meet and greet our new monarchs, Emperor 26 Brad Shepherd and Empress 26 Lawren LaMoore, and enjoy an evening of food, fun and frolic. The event is scheduled for Sun, Aug. 5. Doors open at 5pm with food served at 6pm. There will be live entertainment, including a short drag show. A \$10 donation is requested.

The second event for August is the annual Julie Vaughn Memorial Closet Ball, which will be held at Bluegrass Connection on Wed., August 15th. Doors will open at 8:30 pm and the pageant will begin at 9:30 pm. Cover is a \$5 donation

. The pageant is open to either male or female contestants, who have previously not performed in drag for an audience. Prospective contestants cannot have participated in any pageant, talent night/amateur night, or performed on stage for tips. Contestants must have reached their 21st birthday prior to August 15th, and be a legal resident of the state of Kentucky. Interested applicants should contact Empress Lawren at lawrenlamoore@insightbb.com for a complete application and rules. A new Closet Ball Queen or King will be crowned that evening.

Reign 26 of the Imperial Court of Kentucky is also pleased to announce that

continued on next page

Pride Night at King's Island

The Gay and Lesbian Community Center of Greater Cincinnati has scheduled their annual Pride Night for Friday, September 21. GLSO is selling tickets at the Pride Center for \$42.99. At the gate the price will be \$44.95. We have the tickets NOW so come by 389 Waller Ave. GLSO makes a few dollars for each ticket we sell. Call if you need directions and to be sure someone is here. 859 253-3233.

Tickets are only being sold through the Cincinnati Gay Lesbian Center, and their chosen outlets. Straight people are welcome, but they will know that they are attending a GLBT event. So it is a great place to be your fabulous self without concern about the reaction of the "straight and narrow" folks.

The Parking lot will open at 5 pm; the park itself will open at 6 and stay open until Midnight. The profits will benefit the Cincinnati Community Center. There is more information including group sales at:

www.glbtcincincinnati.com
www.pkipridenight.com

sponsor of the month

**Unitarian Universalist
Church of
Lexington**



859 253-3233



**GAY AND
LESBIAN
SERVICES
ORGANIZATION**

Lexington, Kentucky

*Publishes the GLSO News Monthly
Vol. 22 No.7*

*P.O. Box 1172 Lex., KY 40588
www.lexingtonlso@yahoo.com*

Pride Center Office Manager

**Bill Chandler
859 253-3233**

News Editors

**Mary Crone - Jackie Cobern
Sarah Phillips**

Imperial Court of KY.. *continued*

they are now on MySpace at:

[www.myspace.com/
imperialcourtofkentucky.](http://www.myspace.com/imperialcourtofkentucky)

Our board of directors and reigning monarchs can easily be contacted through this website. Information on all upcoming events and fundraising efforts will also be available on that site. In September, the Entertainer of the Year fundraising series will begin, along with other traditional court events.

Finally, Reign 25 final disbursements were made at the end of June and over \$22,000 was donated to local charities, with the primary charity, Moveable Feast, receiving \$15,000 in funds for this year. The Board of Directors and membership of the Court would like to thank the community for their continued support and challenge them to help Reign 26 reach even higher fundraising goals.

Third Annual KY Gay Camp OUT

The Third Annual KY Gay Camp OUT will be held on Aug 24-26, at Sloydia, a private 14 acre retreat nestled on the banks of the Little South Fork of the Cumberland River in south Wayne County, Ky. Sloydia is approximately 20 miles south of Monticello.

The facilities available for campers include shady, level sites for tents and a limited number of sites with electricity for small trailers or R.Vs. There are outhouses, a swimming hole in the river, a stage for performances with lighting and electricity, a fully equipped weightlifting gym, and access to a rustic wood-burning hot tub.

Campers will have an opportunity to hike to the top of 1900 foot Earheart Mountain. Evening entertainment may include singers and musicians, drag and fantasy shows, group campfires, and anything you would like to add to this mix. Some areas of the property are clothing optional.

This is out-in-the-woods, primitive camping, so come prepared for a unique experience! There is no cell phone service available anywhere on or near the property. You will need to bring in your own supplies of food, drinking water, camping and cooking gear. A limited amount of well water will be available. A donation of \$5 per person per day is requested to cover expenses.

See the web site at www.sloyd.com, then click over to the "Visit Sloydia" page. You can also call 606-348-0788 between noon and 10 pm for more information. The KY Gay Camp is jointly hosted by the members of Lake Cumberland Area Pride, and Sloydia.

Kentucky Rain

**Body Lotion personally made by
Clancy McClanahan**

H 859 278-7203

C 859 576-2186

Community News

Karaoke Nights

Tuesday Night is Karaoke Tunes-days in the Gilded Cage Showroom of the Bar Complex, hosted by Bill "Melater" Chandler. This event is a weekly fund-raiser for the GLSO Pride Center. You can help make it a success simply by coming out and singing a song or supporting those who do.

Audience members are invited to sing their favorite songs; bring your own or use one of the songs on the CDs we will have there. Friends and other audience members will be encouraged to tip. The tips will go to help support the GLSO Pride Center.

Bluegrass Fairness Update

Bluegrass Fairness, a re-born equality group for GLBT people, has been drumming up visibility and publicity. The group had successful booths at Diversity Day on June 30th and at the 4th of July festivities. They also had a well-decorated float in the 4th of July parade that met with huge cheers from gay people and allies.

Already, we have more than 150 people signed up for the new mailing list and hope to get hundreds more. We have sent our first legislative alert to ask supporters call their legislators in opposition to the special session called by Gov. Ernie Fletcher.

Bluegrass Fairness also took a public stance against the confirmation of Dr. James Holsinger as the country's next surgeon general. The Herald-Leader quoted chairperson Paul Brown:

"Holsinger continually projects that he would serve all Americans equally, but when you look at his track record, it seems to reflect something else. The country as a

continued on page 8

Bluegrass Women's Network

Bluegrass Women's Network is a social group for women of all ages. We have gone camping, shared dinner at local restaurants, and gone to the comedy Club together. Debby and Lynn are building a list of women interested in receiving emails about events. Contact them at:

debbywoman@gmail.com.

Lexington Lyons Leather/Levi Club

The Lexington Lyons will meet August 13 at the Pride Center, at 7 pm. The Lyons are a group of friends who come together to celebrate strength, unity, and diversity for those who enjoy the Leather /Levi Lifestyle. For info visit <http://www.lexlyons.org>.

Dress and Gender Alliance

The Lexington Dress and Gender Alliance meets on the first Saturday of each month at a private location. Lex DGA is a peer support group for anyone who transcends gender norms. This includes transsexuals, intersexuals, cross dressers, drag kings, drag queens, gender queers, and people who are unsure what their gender identity might be. This is not a therapy group but we offer conversation and support.

LGBT and "Redneck"?

There is an e-group started by Patrick Buck for GLBT individuals, their friends and families, who are involved in or interested in experiencing working class, blue collar, and rural lifestyles including, but not limited to, those commonly referred to as "Redneck." If there is interest we will plan activities.

<http://groups.yahoo.com/group/LesbigaytransRednecks/members>

GLSO Board Report

It has been suggested that I write a monthly column to let people know what and how GLSO is doing. The board meeting will be after the completion of the newsletter this month so this is a short initial report.

Pride Month was a success - including the first Pride Prom for high school youth (see page 6), a fabulous coronation, and a fun picnic. GLSO made about \$400 on the picnic in part because of the generous donations from many of you. Fundraising is not the primary goal of that event, and we will be planning a fund raiser for the fall.

GLSO is in need of new board members. If you are interested, attend our next meeting on Aug. 27. We ask that individuals attend two consecutive board meetings and fill out a short application. We have lots of ideas and need a larger board and active volunteers to make them a reality. Here are a few of the activities you could help us with:

- Volunteer Recruitment & Coordination
- Grant Writing
- Newsletter Advertising
- Social Activities Coordinator
- Fundraising

For more information, contact Mary Crone after Aug. 14 at 266-5904.

Noble - McDaniel Gay Marriage in Herald-Leader

Jamie McDaniel and Christopher Noble were legally married at Toronto City Hall in Ontario, Canada on June 15, 2007. And their wedding was announced in the Herald Leader on July 1. Way to go guys!

Jamie has been a GLBT activist in Lexington for many years. He works with Soulforce as a web designer and has lead the local Soulforce group for many years. He helped organize our community protest



UU Interweave

Gender Neutral Bathrooms?

During my recent attendance at a national U.U. General Assembly, I talked to several people about gender neutral bathrooms. That is, bathrooms that are marked for use by individuals of any gender identity. These bathrooms are particularly useful for transsexual people who are transitioning and for anyone who's gender expression may cause confusion for others.

For example, I know a number of lesbians who are habitually mistaken for men. In addition, there are trans people who see themselves in the middle of gender and plan to stay there. Providing a gender neutral bathroom is welcoming to these individuals and helps educated people who attend or rent our church facilities.

Interweave will be meeting after the worship service to have lunch on Sunday, August 26 at about noon at the Good Foods Cafe. (NOTE: This is earlier than stated in the ad, I forgot the service was still at 10 am.) Over lunch we will discuss and possibly write a proposal for a gender neutral bathroom. to present to the U.u.t Board of Directors. You do not have to be a church member to join us for our Interweave get togethers.

when Fred Phelps came to Lexington and was an advisor for the Gay Straight Alliance for Youth for several years.

Christopher is a registered nurse who works at the UK Medical Center and at Georgetown Community Hospital. And as the paper said" The couple honeymooned in Hawaii." (I just love that they printed the details.)

Congratulations and thanks for being willing to be so public! It would be great if several of us sent emails to the Herald Leader thanking them for including this announcement.

Unitarian Universalist Church of Lexington

3564 Clays Mill Rd



Interweave Lunch

GLBT People and Friends

Sunday August 26

Good Foods Cafe 12:40.

**Discussion: Gender Neutral
Bathroom at Church?**

Sunday Worship in August: 10 am

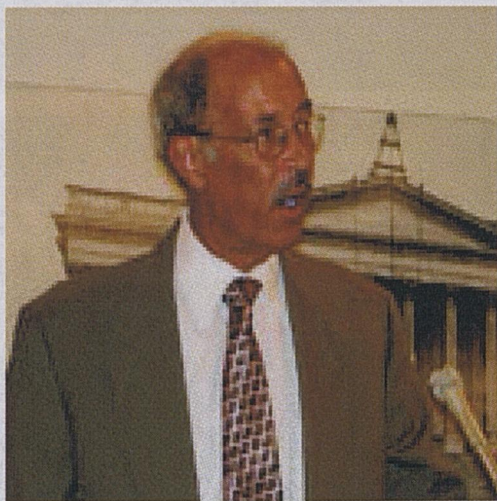
Sept 9 - return to 11 am service

Unitarian Universalist Association

President William G. Sinkford

One of our Nation's

Most Influential Black Spiritual Leaders.



Rev. Sinkford was chosen for the second time by Beliefnet.com for his work in support of marriage equality for same-sex couples and for his prophetic leadership in opposition to the Iraq war.

GLSO Pride Center

389 Waller Ave. 859 253-3233 Open 10 to 3 Mo - Fr 10 - 2 Sat.

Regular Activities

Discussion Group
Every Wednesday Night
7 to 9
All Are Welcome

Lexington Insight

Dana is now the coordinator of Insight and would love people to attend and discuss how the group can be responsive to your needs. We will meet on the first Friday night of each month for potluck and a movie, - that will be Aug 3 this month.

We will also plan an "Insight Out" activity for the fourth **Saturday** of each month. That will be Aug. 25 this month. Meet at the Pride Center at noon and we will then decide what to do. Activities may include hiking, bowling, or attending a reading group at Joseph-Beth. If you have questions or suggestions for other activities, call Dana at 859-230-2428.

Thanks for your Support of the Pride Prom, 2007

Steven Thornton
Imperial Flowers and Gifts
Good Foods Coop
Davina Warner
Cori Woods
Aaron Hutson
Shirley Dennis
Mr. and Mrs Carmago
William Blankenship

Gay Straight Alliance for Youth

The GLSO Gay Straight Alliance for Youth has been meeting for over six years. We have had students attend from all the high schools in Lexington and from many schools in surrounding towns. Many of the youth that attend have been involved in starting GSAs in their home schools.

This year the youth produced the first Pride Prom It was held at the Unitarian Church and everyone had a great time. (more pictures next month) In the fall the advisors and youth are planning to start a leadership and activism group for interested teens. Many of them are already activists and are ready to reach out to more young people.

Pride Prom June 2007

WE DID IT!!



GSA Advisors



CLOSET Ball 2007
PRESENTED BY THE IMPERIAL COURT OF KENTUCKY

wednesday, august 15th

BLUEGRASS CONNECTION (WINCHESTER ROAD)

doors at 8:30, show at 9:30  \$5 cover

PROCEEDS TO BENEFIT THE CHARITIES OF THE IMPERIAL COURT OF KY

Bluegrass Fairness *continued from pg 3*

having someone in that position who doesn't value everyone equally."

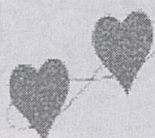
With the November elections coming up, Bluegrass Fairness has made a commitment to send legislative alerts and to let people know who the progressive, pro-fairness candidates are.

We met with members of Dunbar High School's Gay-Straight Alliance (GSA) recently. They are creating a memorial garden in honor of two of their members who have died in the past year. Bluegrass Fairness looks forward to collaborating with them on this project and others. We are also hoping to work with all the GSAs throughout the city: GLBT youth is an untapped reserve of energy and fresh ideas.

Please check out our new website: www.bgfair.org. It has a user-friendly format that will be updated frequently. Our next event will be a booth at the Woodland Arts Fair in August. We need volunteers for that booth - call 859 951-4450. Come to the Fair and pay us a visit.

On September 7th we will host a Meet and Greet for everyone to get to know the officers and members of the steering committee. This will be an opportunity for people to express issues, concerns, and support. Information on the specific location and time will be available soon.

Other volunteer opportunities include helping create bracelets for sale and working on phone trees to call supporters in the event of legislative updates. For more information, go to www.bgfair.org or call 859-951-4450.



*"Keep the love you find,
Get the love you want!"*

Jessica Bollinger LCSW
Imago Relationship Therapist
EMDR Trauma Work
Couples, Family, Individual
imagoconnection.com 552-6533

Getting The Love You Want Couples Workshops

Jessica C. Bollinger, LCSW, MSW, is a licensed clinical social worker. She works with individuals, couples and families. She is also a Certified Imago Relationship Therapist. She helps clients discover the patterns that affect their fulfillment and connection with themselves and loved ones. She can be reached at 552-6533

The goal of Imago Relationship Therapy is to help individuals and couples repair the wounded or injured aspects of their lives, learn to communicate with compassion and clarity, and reclaim their ability to express love and joy in their lives.

Jessie offers Imago "Getting The Love You Want" weekend workshops for couples that will enhance good relationships or heal a relationship that is in trouble. Most people don't think twice about taking lessons to become better at what they care about: golf, computer, music, and so forth. Relationships deserve and need that same kind of energy and commitment.

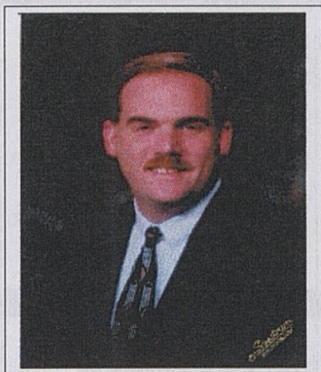
The workshops include brief lectures, movie clips, music and opportunities for private reflection and sharing with your partner. Couples will learn new communication skills including how to have "Intentional Dialogues". These dialogues are particularly helpful in dealing with conflicts that arise in any relationship. You can turn conflicts into opportunities for healing and growth.

You are never required to share personal information with the group. Your work with your partner will involve pairing off from the group at various intervals during the weekend. Share with the group only that which feels comfortable.

Upcoming Workshops

August 3- 5 September 21- 23
October 12-14 November 9-11

Scott Ackerman Real Estate Service With



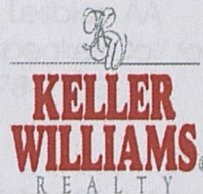
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National Lesbian & Gay Law Association.

GLSO Newsletter Calendar AUGUST 2007

To schedule events at the Pride Center, call Bill at 253-3233
Visit us on the web at: www.webspawner.com/users/glsoqxnet



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			7p GLSO Discussion Group-PC 8p Gay/Lesbian AA Call for place 948-3434	2	7p Lexington Insight Potluck & Movie @ the Pride Center	Center Open 10a-2p LexDGA Call for Place
10:30 a St. Mychal's 10a UU Church SoulForce (Jamie 230-5625 5p Imperial Court Summer BBQ Fundraiser at Mia's.	6	7p GSA (call for place 266-5904) 9p Karaoke Tunesday @ The Bar Complex A Weekly Benefit for The Pride Center	7p GLSO Discussion Group-PC 8p Gay/Lesbian AA Call for place 948-3434	9	10	Center Open 10a-2p 7p Games Night PC
10:30 a St. Mychal's 10a UU Church SoulForce (Jamie 230-5625 6:00p Imperial Court Mtg.	13	7p GSA (call for place 266-5904) 9p Karaoke Tunesday @ The Bar Complex A Weekly Benefit for The Pride Center	7p GLSO Discussion Group-PC 8p Gay/Lesbian AA Call for place 948-3434 9:30p Annual Julie Vaughn Memorial Closet Ball @ Bluegrass Connection. Newsletter Dead-line	16	17	Center Open 10a-2p
10:30 a St. Mychal's 10a UU Church SoulForce (Jamie 230-5625	20	7p GSA (call for place 266-5904) 9p Karaoke Tunesday @ The Bar Complex A Weekly Benefit for The Pride Center	7p GLSO Discussion Group-PC 8p Gay/Lesbian AA Call for place 948-3434	23	24	Center Open 10a-2p 2p Lexington Insight-Out (new monthly outing) the group intends to seek entertainment outside The Center. Call Dana for details 230-2428
10:30 a St. Mychal's 10a UU Church 12:40 UU Interweave Lunch SoulForce (Jamie 230-5625 6:00p Imperial Court Mtg.	27	7:30p GLSO Board Mtg. 7p GSA (call for place 266-5904) 9p Karaoke Tunesday @ The Bar Complex A Weekly Benefit for The Pride Center	7p GLSO Discussion Group-PC 8p Gay/Lesbian AA Call for place 948-3434	30	31	

Weekly Activities:

Mondays:

8pm - Gay/ Lesbian AA Discussion/Speaker (Call for Location) 278-7103

Tuesdays:

7pm - GSA (Gay Straight Alliance)
9pm - Karaoke Tunesday @ The Bar Complex

Wednesdays:

7pm - GLSO Discussion Group
8pm - Gay/Lesbian AA (Call for Location) 278-7103

Fridays:

8pm - Gay/Lesbian AA (Call for Location) 278-7103

Saturdays:

Sundays:

10:00 am - UU Church Worship Services.
10:30 - Mass, St. Mychal The Martyr.
6pm - SisterSound Rehearsal @ Landsdowne Presby. Church.

Bi-weekly:

6pm - The Imperial Court
SoulForce -Call Jamie 230-5625

1st Fridays & 4th Saturdays

7pm - Lexington Insight

Monthly Activities:

Mondays:

7:30pm - GLSO Board Mtg. (4th Mon.)
7pm - Lexington Lyons (2nd Mon.)

Saturday:

7pm -LexDGA 1st Sat.

More information about many of the events are in this newsletter. You may want to call or email the group to confirm the date and time, please see the directory for phone listings.

Pride Center may be abbreviated - PC

Call for Place may be abbreviated- Call

Long-Term Care Insurance: The Basics Provided by Mohua Das

Financial Advisor, UBS Financial Services Inc.
859-335-8118 mohua.das@ubs.com

Long-term care, while not inevitable, is a possibility for millions of Americans. In fact, the American Society on Aging estimates that Americans who are age 65 and older have a 70% chance of requiring long term care.

Long-term care can be very expensive. A recent survey revealed that the average annual national cost for nursing home care is over \$70,000. Depending on where you live and what type of facility you choose, the cost may even be higher. Home healthcare, too, can prove to be a significant drain on resources. The national average cost of home healthcare is over \$52,000 annually.

The question becomes how do you pay for long-term care when you need it. One answer may be long-term care insurance. Long-term care insurance can provide you with the ability to meet a considerable portion of these costs over an extended period of time.

How does long-term care insurance work?

Typically, a long-term care insurance policy provides benefits if you require assistance for an extreme cognitive impairment such as Alzheimer's disease, and if you can not perform a specified number ((usually at least two) of what long-term care policies refer to as activities of daily living, such as bathing and dressing.

Most policies pay a maximum daily (or monthly) benefit for a specified number of years, known as the benefit period. This maximum daily (or monthly) benefit is simply the maximum amount the insurance company will pay per day (or month) for nursing home or other long-term care costs.

Long-term care policies also include a lifetime benefit or the maximum total

amount the insurance company will pay. The lifetime benefit is typically calculated by multiplying the daily (or monthly) benefit by the benefit period.

If your long-term care costs are less than the maximum daily (or monthly) benefit, you may receive benefits for a longer period of time than the benefit period. But you will never receive more than the lifetime benefit. Most policies impose an established waiting period, called the elimination period, before any benefits are paid.

What does long-term care insurance cover?

Although some basic policies cover only nursing home costs, long-term care policies generally cover costs for skilled nursing care, intermediate care and custodial care.

You can typically receive this care at an assisted-living facility, adult-care center or at home. Coverage can vary greatly from insurer to insurer and policy to policy. Each policy has its own eligibility requirements, restrictions, and determination of benefits and cost.

How much does long-term care insurance cost?

The actual cost of the premiums you pay depends on several factors, including:

- Your age when applying for the policy
- Your state of health when applying for the policy
- The length of the benefit period and the elimination period
- The types of services offered
- The Maximum Daily or Monthly Benefit
- Other policy features such as inflation protection
- The features and the options of the policy can usually be customized to fit both your needs and your budget.

What about inflation protection?

Long-term care costs continue to rise. To protect yourself at least partially, you may generally choose from a variety of inflation protection options that offer

Continued on page 14



Financial Planning for Domestic Partners

Similar Goals. Different Challenges.

Domestic partners may share similar goals with married individuals, yet they face unique challenges when it comes to financial planning. We will help you develop a plan that's appropriate to your needs—one that takes into account not only where you want to go, but also how you want to get there.

For information, call

Mohua "Mou" Das

Financial Advisor

859-335-8118 888-390-6900

mohua.das@ubs.com

307 South Ashland Avenue, Lexington, KY 40502

www.ubs.com/fa/mohuadas

You & Us



increased coverage over time. The options vary by policy.

What about Medicare, Medicaid and other medical insurance?

Some consumers decide against purchasing long-term care insurance because they mistakenly believe that their medical insurance or Medicare or Medicaid will cover them. Unfortunately, these assumptions are generally not true. Traditional medical insurance typically does not cover long-term care expenses.

Medicare may cover medically necessary care at home or at a skilled nursing facility on a part-time or intermittent basis but, generally, Medicare covers these expenses only after a required minimum hospital stay of three days and coverage for an extended period is limited. Medicaid provides certain types of coverage only after people have depleted most of their assets.

Your Financial Advisor can work with you to help you decide whether long-term care insurance is appropriate for your individual situation. You should work closely with your Financial Advisor, as well as your legal and tax advisors, to make certain any

long-term care policy you consider is coordinated with your investment, retirement and estate planning strategies.

Important Considerations:

Insurance products are made available by UBS Financial Services Insurance Agency Inc. and by other insurance-licensed subsidiaries of UBS Financial Services Inc. through third-party insurance companies unaffiliated with UBS Financial Services Inc.

UBS Financial Services Inc. does not offer tax or legal advice. You must consult your tax advisor and attorney regarding your specific situation. The premiums initially listed on long-term care policies are not guaranteed and may change over the lifetime of the policy.

The information contained in this article is based on sources believed reliable, but its accuracy cannot be guaranteed. This article is for informational and educational purposes only and should not be relied upon as the basis for a purchase decision.

Between the Worlds Alternative Spiritual Gathering for Bisexual and Queer Men

The Green Faerie Grove is pleased to announce that registration is now open for the sixth annual Between the Worlds (BTW) Men's Gathering, which will be held in southeastern Ohio on September 11-16, 2007. The setting is a private campground in the lushly-forested hills of southeastern Ohio. The cost to attend currently ranges from \$85 to \$100. Scholarships are available. Registration closes August 17th.

Queer men have, for many years now, sought spiritual alternatives to mainstream religious paths that have historically condemned their very existence. While New Age, Pagan, and Earth-centered paths and gatherings generally welcome queer

spiritual seekers, they are often heterocentric in outlook and seldom address issues specific to the needs of these men.

With this in mind, the BTW Men's Gathering was designed to provide a safe place for men who love men to explore alternative spiritual practices and paths, to empower themselves, and to plant the seeds of spiritual renewal within the gay community. BTW offers rituals, workshops, drumming, dancing, performances, a marketplace, and safe space for queer men to learn, workshop, network and explore.

For more information please see:
<http://www.betweentheworlds.org>. or
BTW c/o The Green Faerie Grove
3000 B East Main Street, #240
Columbus, Ohio 43209

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The Positive View By Dr. Sherry and Dr. Skippy

Part 7: Personal insight and sense of self

Being authentic and honest in one's life (a topic we discussed last month) requires insight into one's being. It has been suggested by the work of other authors (Fassinger, 1998; Abes and Jones 2004) that identifying as gay man or lesbian may enhance the complexity of our understandings of self. That is, having a lesbian or gay identity may provide opportunities, for example, for a better understanding of our self in relation to others and the world.

Participants in our survey reported feeling that they enjoyed deepened insight and a stronger sense of self and identity. This was sometimes connected with their ability to be compassionate and empathize with others (which we will discuss next month). Participants often saw their ability to achieve personal insights as a critical skill that was derived from being a gay man or lesbian and extended to other parts of their life. For example, one gay male participant explained,

"...because homosexuality is often taboo - even recently illegal - it has made me examine other social and legal bans and decide for myself whether they are good or bad. Whether [the topic] is marijuana or Christianity, being gay has given me a critical eye and sharp sense of irony in the double standards of society."

A gay man wrote, "The impact of deepening my own insight and positive development as a whole-person, [has given me a] richer, deeper meaning of the real masculine."

Another offered,

"Coming to terms with being gay, admitting that I am not in the majority, has

given me a greater depth of self knowledge -- knowing that I have explored my own identity and not simply inherited one from society and the media."

Lesbian participants expressed similar insight and strength gained as a result of their lesbian identity. One lesbian wrote,

"Being a lesbian and dealing with homophobia (internal and external) has made me a stronger, deeper person. I really like the way my life is going and it feels like I actually have more control over it (as much as possible) than what I hear other straight peers say about their own lives."

Another lesbian offered, "Accepting myself as a lesbian also has made me better able to see all aspects of myself. I have been able to accept all the good and not-so-good parts of myself and learn to work with what I have been given."

Finally, another lesbian participant wrote, "... being gay encourages one to really search within for self-understanding and acceptance. Since society is largely not very supportive of gays or gay rights, a gay person needs to find inner sources of strength and confidence."

What personal insights do you feel you have gained from your identity as a gay man, lesbian, bisexual, queer, or transgender person? How have those insights helped you to achieve a positive sense of self? How can you share those insights with others to help them achieve a positive sense of self?

For more information about our work, go to www.PrismResearch.org. Dr. Sherry is Sherry Rostosky, PhD, Associate Professor of Counseling Psychology at UK. Prof. Skippy is Ellen Riggle, PhD, Professor of Gender and Women's Studies and Political Science at UK. This article is based on: Riggle, Whitman, Olson, Rostosky, & Strong. (2007). *The Positive Aspects of Being a Lesbian or Gay Man*.

Religious and Spiritual Resources

Jubilee Fellowship

www.jubileefellowship.us

Jubilee Fellowship welcomes members of the GLBT community and their friends to join us in growing as a community of believers in Christ. We are fanatical about loving people with God's unconditional love.

We meet at St Mychal the Martyr, located at 1350 Eastland Dr, Suite #5 in Lexington. Eastland Dr. is off New Circle Rd one block North of Winchester Rd.

If you have questions about our fellowship, do not hesitate to contact Pastor Cori Wood a 859 514-5518 or jfellowship@windstream.net. If you left the church of your childhood church because of its rejection of GLBT people,, you may find hope and joy in celebrating with us. We have a big vision and a big God. There is room for you.



Unitarian Universalist Church of Lexington

The mission of the UU Church of Lexington is to give expression to the liberal religious convictions and serve the religious needs of its members and friends through worship, religious education, fellowship and service. During the summer, we have services at 10 am.

Interweave is the UU GLBT and allies support group. We will be going out to lunch after church on Aug. 26 at the ood Foods Coop. NOTE: the ad says 12:40 - however because of the early service time, we will be there by noon. See page 4 for more about Interweave.

Unitarian Universalists have a variety of religious beliefs. You can find Buddhists, Christians, Muslims, Jews, Pagans, spiritual seekers, and humanists who attend our church. We would love to have you pay us a visit.

MADELEINE TAYLOR BAUGH

Attorney- At- Law

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Saturday Evening Prayer 5 pm

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(859) 338-1195

www.stmychalthemartyr.org

St. Mychal The Martyr

stmychalthemartyr.org

The mission of St. Mychal the Martyr Parish is to provide a church that welcomes all people in all their uniqueness and giftedness. We are a liturgical church whose worship is filled with ritual and whose heart is filled with joy and hope.

You are invited to our worship services every Sunday at 10:30 with Rev Ken Waibel performing mass. We also

hold Saturday Vespers at 5 pm. We are located at 1350 Eastland Dr., Suite #5, off Winchester Rd.

St. Mychal is a member of the Orthodox Catholic Church of America, a national denomination that is gay supportive. We perform blessings of gay unions, welcome divorced people, and ordain women into the orders of Deacon, Priest and Bishop. The Orthodox Catholic Church is one of about three dozen offshoots of the Roman Catholic Church.



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The GLSO

Directory

GLSO Board:

GLSO Pride Center (Bill).....253-3233
GLSO Board (Tom).....
Discussion Group (Bill)253-3233
GLSO News (Mary).....266-5904
 Subscriptions (Bill).....253-3233
Speakers Bureau (Mary).....266-5904
Youth, Gay Straight Alliance (Mary).....266-5904
GLSO email.....lexingtonglso@yahoo.com
GLSO web pagewww.glsopc.org

Student Groups:

EKU Pride Alliance.....alliance@yahoo.com
UK Lavender Society...uklavender@yahoo.com
Moorehead State Univ. (Ned).....606 783-2294
Berea College ACE League (Ryan). 859 985-3633
Centre College (BGLAD-Mykol).....238-5332

Anonymous HIV Testing:

Jessamine County.....885-4149
Lexington, Fayette County.....288-2437
Madison County.....859 723-7312
Woodford County.....873-4541
U.K. Adolescent Medicine.....323-5643

HIV/AIDS Info/Services:

AVOL, AIDS Volunteers Inc.225-3000
Lexington Health Dept. (Julie).....288-2362
HIV/AIDS Legal Project.....502 584-1254
HIV Support (Somerset)...679-7478 or 678-5814
Cumberland Region (SEKY-Pat)...606 864-3776
 ..r 888 425-7282
Barren River Region.....800 559-4448
Louisville Region (Geri).....502 574-0161
Northern Kentucky Region.....859 341-4264
Purchase Region.....800 522-8289
Moveable Feast Lex. Inc. (Terry).....252-2867

Community Groups

Alcoholics Anonymous (Ron).....948-0434
 Office.....276-2917
Al-Anon (office).....277-1877
Bluegrass C.O.L.T.S. (Morris).....225-9169
Bluegrass Fairness.....859 806-4114
Council for Peace & Justice... (Richard) 277-6101
Fairness of Louisville.....502 893-0788
First Link (formerly-Ask Us).....313-5465
International Gay Bowling (Steve).....276-3058
I.C.K. (The Imperial Court of KY)...859 269-7756
 imperialcourtkentucky@yahoo.com
Kentucky Leather Productions (Larry)...253-0185

Lex. Lyons Leather/Levi Club (Paul).....396-6936
 www.lexlyons.org
Lex. Diversity In Gender All. (Cassie).....
 cassiemtf@yahoo.com
Lex. Human Rights Commission.....252-4931
Lex. Men's Chorus (Kenneth).....255-1974
Lex. Men's Insight Group(Dana).....859-230-2428.
Louisville Youth Group.....502 894-9787
MACT Men of All Colors Together (Jon)...351-4453
 mactky@aol.com
Moonshine Bears of Kentucky (Jim)...859 299-2047
 www.moonshinebears.com
People for Unity & Fairness.....803-1130
 CUFCKT@aol.com
Pride Alliance of Central KY. (Gary) ..859 236-4547
 (Shane) 859 854-05
 pridealliance@yahoo.com
PFLAG (Ed).....(859) 200-9512
Pegasus Travel.....253-1644
Rainbow Families of Lex. (Cheryl).....533-6309
Sienna (Gender Identity Lou'ville).....502 346-5298
SisterSound (Patti).....806-0243
Sisthas in the Life (Joan).....252-2657
24 hr. Crisis Line.....1 800 928-8000
24 hr. Teen Crisis Line.....1 800 999 9999

Religious Groups:

Interweave (Unitarian-Mary).....266-5904
Integrity (Episcopal).....277-7511
Lexington Friends Meeting (Quakers).....254-3319
Jubilee Fellowship (Rev. Cori).....859-514-5518
MCC Paducah (Rev. Lillian).....270.443-3339
Norse Pagan Community (Rev. Pat).....268-1640
KY Pagan Forum http://go.to/kypaganforum/
RainbowWind (Pagan-Sarah).....273-2455
Soulforce (Jamie).....859 230-5625
 www.soulforcekentucky.org
St. Mychal the Martyr (Rev. Ken).....338-1195

GLSO News Deadline

AUG 15

Please send all articles and ads to
lexingtonglso@yahoo.com
marycrone@insightbb.com

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Unitarian Universalist Church
Seeking a Diverse Congregation.....223-1448

Kentucky Fairness Alliance
Bluegrass Chapter.....806-4114

Windy Knoll Farm
Riding Lessons, Trail Riding, Boarding.....299-7410

Debra Hensley Insurance.....276-3244
1513 Nicholasville Rd.

Lexington Lyons619-3650
Levi and Leather Club

Ky. Department for Public Health.....1 800 420-7431
HIV/AIDS Branch