

'Fantastic Meet'--Fantastic Meet

By PHIL STRAW
Kernel Sports Writer

Coach Bob Johnson, University track coach and director of the UK Relays, called the field "fantastic." Not the least of the "fantastic" performers was Al Carius, who had the dubious chore of plodding through cold water-filled pools and leaping over various obstacles.

Carius, in order to "earn his keep" with the Illinois aggregation on road trips, drives the team car to away meets.

He runs the gruelling 3,000-meter steeplechase during the outdoor season "just to keep in shape."

While "keeping in shape" Saturday afternoon, Carius turned in a brilliant 8:48.7 to post a new meet and track record, and the best time in the United States this season for the event.

Carius is a physical education graduate student at the University of Illinois, but runs in the "colors" of the Chicago Track Club since his days of eligibility with the University are over.

"I was really surprised I did so well," Carius said after the big victory. "I felt very good during the race, but before it started, I didn't have much confidence in the event."

Carius admitted that he didn't know how to "gauge" himself for the running of such a race.

"I never could have done it without the pressure from the other runners," he said.

Carius had run a 9:02 indoors earlier this season and it was anticipated that he would set a new record here since Hylke Van Der Wal, from the Ontario, Canada, track club, would be pushing him.

Van Der Wal and Miami's Jack Bachelier were on Carius' heels from start to finish and also broke the meet record.

"I've only run this event out-

doors a few times," Carius said. "In fact, the first time was at this meet a year ago."

Carius said that he likes to participate in cross-country events in the fall and run the steeplechase and mile during the winter months' indoor season.

"There's little doubt what event I'll be in from here on out," Carius said with a grin.

Kent Andersson, another distance man who also did well, pulled his ski tobagan down over his ears and hurried to get into the rest of his "warm-up" suit while trying to accept the multitude of congratulations from those he had just defeated and fellow classmates from Eastern Kentucky State College.

Andersson, a tall, strong miler from Trelleborg, Sweden, had just toured the Sports Center's quarter-mile track four times in 4:12 to win the mile run at the UK Relays Saturday and tie the meet and track record in the same effort.

"I really wasn't shooting for a good time," Andersson said. "The cold causes your arms and legs to tighten up a lot."

Andersson, who said that he had hoped to do better with "about a 4:03," came the final two laps in 1:59, final quarter in :58, to defeat a mass of milers from colleges and universities

throughout the nation who visited UK this past weekend for the school's third annual Relays.

Andersson, who arrived in America from his native Sweden only seven months ago, turned in a 4:05 indoor mile at the NCAA Indoor Championships early in March.

"That has been my best race in the United States," the distance star said. "I was second in the race to a pretty good American boy."

Andersson's 4:05 mile was second best at the championships to Jim Ryan of Kansas who won the event a full two seconds faster.

However, Ryan is the only high school miler in history to ever break the four-minute barrier—a feat which he accomplished as a senior last year.

Andersson won his specialty at the UK Relays by a wide margin and wearing black leotards. "They keep me warm," he explained.

In comparing American track and field events to those of his homeland, Andersson said, "I like running in America very much. Although, in Sweden we run the long distance races through the countryside instead of around an oval track like this one."



Kernel Photo By Richard Smithers

Splish, Splash

What do you do when you splash through a steeplechase pit in 40 degree weather? If you're Al Carius you set the season's top time in that event. Carius, who has run in this event only a few times, got his start at last year's UK Relays. By the way, he says he'll run in this event some more. How sweet is success!

Baseballers Take Two From Vandy

Kentucky pushed its win streak to four by sweeping a doubleheader from Vanderbilt Saturday. Vanderbilt, which has not won a game in the Southeastern Conference, fell 9-3 and 7-1 to the Wildcats.

A five-run fourth inning in the first game was enough to enable Coleman Howlett to take his third win of the season. Howlett gave up six scattered hits. Pete Fritsch hit his fourth homer of the season in the first game.

Larry Sheanshang gave up on two hits in winning his first game of the year. UK erupted for four runs in the first inning of the second game to give Sheanshang, a sophomore, a working margin.

The Wildcats are now 5-6 on the season after a dismal start. UK is 3-3 in SEC play. Vanderbilt is 0-11 overall and 0-8 in the conference.



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