

# FNS

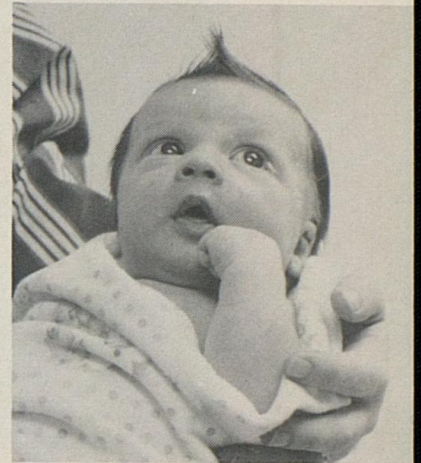
## FRONTIER NURSING SERVICE

Volume 61

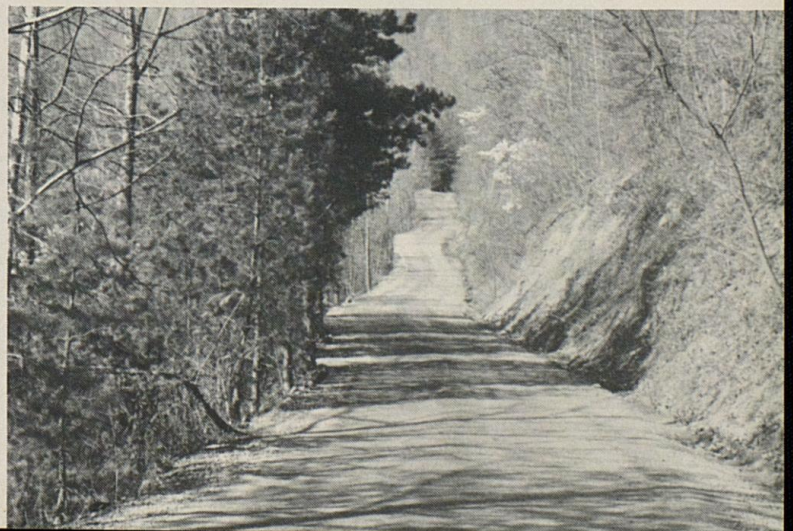
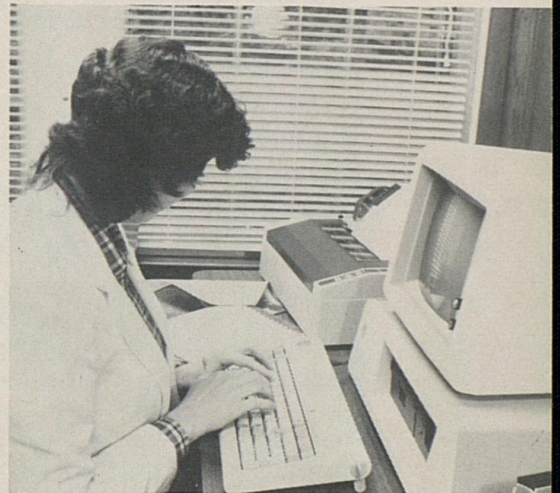
Number 4

Spring, 1986

### QUARTERLY BULLETIN



The  
Camera  
Looks  
at  
FNS





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**Cover:** Clockwise from top left: A courier working on the Wendover hillside. A "flying ambulance" ready to airlift a critically ill patient. One of FNS' happy babies. A student nurse using a computer at the Frontier School. The Wendover road. A nurse with an older patient. Hyden's main street.

**Photo credits:** Except for the helicopter pictures on the cover and page 25 (for which we thank the *Thousandsticks News*) and a few pictures taken by couriers, all of the photographs in this issue have been taken by FNS staff, most of them in the last few months.

Comments and questions regarding the editorial content of the *FNS Quarterly Bulletin* may be addressed to its Managing Editor, Robert Beeman, at the Frontier Nursing Service, Hyden, Kentucky 41749.

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Graduation traditionally is held on the Grassy Spot at Wendover. Here Wendy Wagers, of the faculty, prepares to introduce the graduation speaker, Susan Yates.

### **FRONTIER SCHOOL GRADUATES 96TH CLASS**

Ten highly qualified nurses graduated from the Frontier School of Midwifery and Family Nursing in ceremonies held at Wendover on Saturday, May 2nd. Nature provided a brilliant day, permitting this annual event to take place once again in its traditional location, the Grassy Spot below Mary Breckinridge's Big House—last year's graduation had been forced indoors by bad weather.

This ninety-sixth class consisted of eight nurses who received diplomas in nurse-midwifery and two who were awarded diplomas as nurse practitioners. Of the eight nurse-midwives, three had joined the program with advanced standing last September. The remainder of the class came to Hyden sixteen months ago, enrolling in January last year.

The Frontier School prepares graduate nurses, who must hold BSN degrees before admission, in either or both of two professional disciplines. Graduates who complete the family nurse practitioner program are qualified to sit for the certification examination given by the American Nurses' Association. Those who complete the nurse-midwifery program are eligible to sit for the examination for nurse-midwives given by the American College of Nurse-Midwives. A number of nurses take both examinations.

*(continued on page 4)*





↑ **Patricia Bowers, RN, FNP**, Arlington, Massachusetts; BSN, Boston College School of Nursing (1957); MSN, Primary Care Nursing, Simmons College (1981). Entered FSMFN with advanced standing in September 1985. *FNS diploma*: nurse-midwife.



↑ **Nancy Clark, RN, FNP**, Searcy, Arkansas; BSN, Wayne State University (1970); MPH, University of Michigan (1977); Ph.D., Higher Education Administration, George Peabody College for Teachers (1983). Entered FSMFN with advanced standing in September 1985. *FNS diploma*: nurse-midwife.

## The 96th Class

↓ **Barbara Buickus, RN**, Wilkes-Barre, Pennsylvania; BSN, Misericordia College (1973). *FNS diploma*: family nurse practitioner.

↓ **Ann Condie, RN**, Saratoga, California; AA, West Valley College (1977); BSN, Biola University (1980). *FNS diploma*: family nurse-midwife.







↑ **Heidi Froemke, RN, FNP**, Portland, Oregon; BSN, Oregon Health Sciences University (1974); MSN (FNP), Michigan State University (1983). Entered FSMFN with advanced standing in September 1985. *FNS diploma*: nurse-midwife.

↓ **Donna Heller, RN**, Brattleboro, Vermont; BSN, University of Wisconsin (1976). *FNS diploma*: family nurse-midwife.



↑ **Susan Skinner, RN**, Astoria, Oregon; BSN, University of Texas (1976). *FNS diploma*: family nurse-midwife.

↓ **Melanie Gillis, RN**, Rochester, Minnesota; AAN, Rochester Community College (1979); BSN, Winona State University (1984). *FNS diploma*: family nurse-midwife.



↓ **Anita Wiggam, RN**, Indianapolis, Indiana; BSN, University of Evansville (1979). *FNS diploma*: family nurse practitioner.



↑ **Brigid Robinson, RN**, Laramie, Wyoming; BSN, University of Wyoming (1979). *FNS diploma*: family nurse-midwife.





Preparation for the nurse practitioner examination requires completion of three four-month trimesters, beginning in January each year. The nurse-midwifery program incorporates much of the same curriculum, with modifications in the third trimester, and then requires a specialized fourth trimester lasting another four months.

This year's graduation speaker was Mrs. Susan A. Yates, president of the American College of Nurse-Midwives, who told the graduates that, like it or not, they would have to become actively involved in the "business" and "politics" of their profession, as well as with the art and science that are at the heart of their callings.

Mrs. Yates said that nurse-midwives have "a serious image problem" — the public, the medical profession, the insurance people, and legislators "don't know who we are." The majority of people, she said, still have the notion that midwives are concerned mainly with deliveries in the home, that they do not work with, or get along well with, doctors, and that they lack formal education. None of these notions is true, she pointed out, but these false impressions seriously damage the nursing profession. To correct them, nurses must become active in the "politics" and "business" of their profession, working to establish their profession's true image and to persuade lawmakers to enact legislation that ensures the right of nurses to practice, adding that "for most of us that now means that we have got to solve the insurance problem."

The text of Mrs. Yates' remarks is printed in this issue, beginning on the following page.

Following the graduation address, Dean Ruth Coates Beeman of the Frontier School presented the diplomas to the graduates.

Graduation at Wendover is always a colorful event. It takes place in a historic setting on the green mountainside. It brings together persons devoted to, and closely involved in, the traditions of the Frontier Nursing Service. It is embellished with special music and food. It has a special quality that makes it unique and memorable.

This year's graduation day began with a splendid brunch at the Big House. Then, as part of the graduation program, Randy Wilson provided traditional music on the dulcimer, members of both the FNS staff and the graduating class sang appropriate music, and there were poetry readings apt for the occasion.



## ACNM PRESIDENT TELLS GRADUATES THEY MUST PRACTICE THE "BUSINESS AND POLITICS" — AS WELL AS THE ART AND SCIENCE — OF NURSING

Susan A. Yates, president of the American College of Nurse-Midwives, was the principal speaker at the graduation ceremonies for the 96th class of the Frontier School of Midwifery and Family Nursing. The *FNS Quarterly Bulletin* is pleased to reprint below the text of her remarks.

I just really can't tell you what a privilege, and what an honor, it is to be here today — in these mountains where our roots are, where Mary Breckinridge first recognized that nurse-midwives were really going to make a big difference in the care of, and the health of, mothers and babies. And here we are a whole lot of years later — 61 years later — with the profession having grown. And we certainly have had influence over many, many more families.

And I am also delighted to welcome you to the old girl network. Ruth Beeman was talking last night about the old girl network, and I want to tell you that one of the finest things about being a nurse-midwife is being part of this very close network of communication and love and caring that goes on in our particular profession. I think that men for many years have had these kinds of connections — you know, when you want to get a job, you get it through connections. And certainly, I think this network is one of the real strengths and benefits of our profession.

When I was at Booth, we often had nurse-midwives from Frontier Nursing Service. They would come to us as interns, as Wendy<sup>1</sup> did. They would come to us having graduated from FNS, gone overseas, spent ten, fifteen, twenty years in the missions, and then would come back to Booth to get reoriented. And then in return, we would send nurse-midwives out to the Frontier Nursing Service to practice. It was a kind of a cycle. Wendy certainly is an example of this cycle, of the networking system. I remember that one of the really nice things for me to do was to make some connections between two Frontier Nursing Service graduates who had come to Booth as interns and who then went on to Seattle, Washington, to a practice that was started and run by one of my Columbia classmates. Those are the kinds of ties we have with each other.

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<sup>1</sup>Wendy Wagers, Nurse-Midwifery Education Coordinator for the Frontier School of Midwifery and Family Nursing



As you know, I have just recently returned from the convention in Portland, and at every ACNM convention the students who are there get together and write a report for the general membership. This year the student report asked two things of education programs: one, that they remember to teach the art, as well as the science, of midwifery, and — way on the other end of the spectrum — that they teach more about business. Those are the two things that they felt they needed more of in their program.

When I graduated from Columbia's nurse-midwifery program ten years ago, I certainly felt the need to learn a lot more about the "art" of midwifery. Columbia is "high tech" at its most high. And I was really fortunate to be able to go to Booth Maternity Center, where I feel as though I really did learn the art of midwifery. And I hope that all of you can have that kind of experience.

But during the years that I taught at Booth I found that more and more I was talking about the "business" of midwifery — the "nuts and bolts" kinds of things that nurse-midwives needed to know in order to practice. And certainly as our society changes, as information grows, and as opportunities for practice have expanded, there are a lot of things that we need to know that we didn't need to know ten years ago, or sixty years ago, when the Frontier Nursing Service first started.

I know that today you are graduating with a deep commitment to mothers and babies and families. And I also know that most of you really don't want to be bothered much with business and politics. All you want to do is take care of families. But, like it or not, this profession which you have taken up as your life work is going to require you to be a very political being.

Our profession, and our society, has required something of me in the past year that is different from anything I ever could have imagined back in 1976, and I want to share with you some of the things this morning that I have learned since I have been the president of the ACNM — things that I have learned besides the jargon and the intrigues of insurance (mostly, I have spent the year becoming an insurance expert).

But there are two other very major things that I have learned:

1. We have a serious image problem, and
2. Politics is what makes the world run. Again, whether we like it or not, that's what makes things go.





Susan A. Yates, president of the American College of Nurse-Midwives, making a point to the graduates.

About the image problem: During the past year I have talked frequently with representatives of local and national press. At Booth I had done a good bit of publicity, and I felt that the Philadelphia public was pretty knowledgeable about nurse-midwives and about childbearing options. So, I extrapolated from that and figured that the entire nation knew all about nurse-midwives. And was I ever wrong!

There is a recent study on barriers to nurse-midwifery practice that is outlined in the newly published book "Nurse-Midwifery in America," and the principal finding in this barrier study was that most people don't know who we are. They don't know how we



practice. They don't know where we practice. The public doesn't know. The medical profession doesn't know. And I can tell you that the insurance people really don't know.

I like to think that now, ever since we went public with the insurance issue, more Americans do know about nurse-midwives — what we do and how we practice. But I know that we've still got a lot of work to do.

I think that probably all of you who are graduating, and the other nurse-midwives here, have heard the classic story from the legislative day in Washington, back in September. In September, eighty nurse-midwifery leaders from across the country came to Washington to lobby our legislators for federal reinsurance. When two of our members went to their congressmen to visit, they were introduced to the congressmen by someone saying, "Here are two representatives from the American College of Nurse-Housewives." I think this will go down in our history — and it is a true story.

As I have met with insurance people, physicians, legislators, even other nurses, I have had to explain us over and over again. Press representatives call and ask me to comment on insurance issues — and I can assure you that the press is always very impatient. They want to get on with the most explosive story possible. And I have to keep saying, "Wait a minute, what do you know about nurse-midwives?" And I have to start from the very beginning.

I found that it has been very important that I not match their impatience with my own impatience — and I do have to tell you that I have felt very impatient from time to time. But I need to explain as clearly as possible, and with a great deal of enthusiasm, what we are all about. And as practicing nurse-midwives, you will find yourselves educating your world. As a matter of fact, I am pretty sure that most of you have done a good bit of educating so far, perhaps to some people here in this audience.

In general, I see three basic misunderstandings that exist about us:

The first — and this is the first thing people say: "Oh, you do deliveries in the home." In fact, 75 to 80 percent of all births by certified nurse-midwives are conducted in hospitals. We do practice in homes, birth centers, and hospitals.



The second big misunderstanding is that people think we do not work with doctors, and doctors don't like us. And that is also false. Since 1971 we have had a joint practice statement with the American College of Obstetrics and Gynecology. In fact, we wouldn't enjoy the scope of practice we now have if we hadn't had supportive, caring physicians who were willing to provide backup for us — often in the face of opposition from their peers. Obviously, there is more work to be done, and the board of directors of the ACNM has asked me to begin exploring the possibility of effecting a joint agreement with the American Academy of Family Practice. A lot of nurse-midwives are working with family practice physicians, and I believe you are doing that here. And we do need, if at all possible, to formalize that kind of relationship.

The third basic misunderstanding that still exists is that we really don't have any formal education. That is also false. We are registered nurses. We study midwifery in one of 26 schools in the United States, all affiliated with institutions of higher learning. Ten are certificate programs. Fifteen confer master's degrees, and one confers a doctorate. We have national certification, and we are licensed in the states in which we practice. I know this sounds like a professional issues lecture, but this is information that you will be called upon to use more often than you are ever called upon to use the Screw Maneuver of Woods. The Screw Maneuver is going to be life saving for babies. But knowing who you are, practicing carefully, and being able to explain who you are may very well be life saving for our profession.

I've learned a lot about politics and power in the past year. I have learned about the legislative process. I have been a voting American for a lot of years, but I have never had any real understanding of how that whole process works. Karen Ehrnman, our Government Relations Coordinator, spends hours, days, just going around from office to office on Capitol Hill chatting with legislators and getting acquainted and explaining about nurse-midwives. Then when a relevant legislative issue arises, she is able to go and talk to her friends about it. By the time we get a communication from her — and we certainly have had a number of them recently, telling us that we've got to start writing letters and making phone calls and sending telegrams — there is a tremendous amount of crucial groundwork that she has laid. Then we all write our letters, and then we sit back and we wait, and during the time that we are



waiting, Karen continues her rounds on the Hill — you know, with a little conversation here, a little conversation there, with the legislative aides. And then by the time we think the issue has all died out, we get another urgent call, an urgent letter that we have to get everything into Washington within the next twenty-four hours.

Listen to what she says when she calls you and when she writes to you, because there's a long period in this legislative process of fiddling around, and then suddenly action has to be taken.

I have learned the meaning of "politics makes strange bed-fellows." Just as an example from the insurance crisis: We were asked, not too long ago, to participate in a press conference with Senator Orrin Hatch, from Utah, and representatives from the American Medical Association and the American Dental Association. Senator Hatch was introducing a bill that would provide federal assistance to states to initiate tort reform. This particular bill would put a cap on pain and suffering, would limit the percentage of lawyer fees, and would provide for structured settlements (that's when they pay the big bucks out over a long period of time). And I do believe that the insurance situation needs to be dealt with on various levels, and this certainly may very well be one of them.

However, picture our dilemma. Now listen carefully. Not long before this, the American College of Nurse-Midwives had taken a position in opposition to Senator Hatch, who was trying to add a very crippling amendment to the Title X bill which provides family planning funds. We had participated in several press conferences with Ralph Nader. Ralph Nader is very much opposed to tort reform. We had also been part of an ICEA-sponsored forum on malpractice where one of the proposed solutions was tort reform. And finally, in 1986 the American Medical Association had pledged time and money to provide assistance to state medical societies to oppose the practice of medicine by anyone who was not a doctor of medicine in all its branches — and that includes nurse practitioners, and that includes nurse-midwives.

So there we were. We were being asked to stand up to speak to the issue of tort reform with people with whom we had had some difficulties over other issues. We *did* participate, and we told our story, and we managed to do it without specifically saying we supported the bill, although certainly many of us do. But that is the



game of politics. There are lots of times I don't like it, but that is one of the games that we have to play and that we have to play very well.

We have a very sympathetic press, and we have incredible political power. And that political power has grown over this past year. Everyone in Washington knows who nurse-midwives are and what their dilemma is, and they are supportive of us. It is imperative that we speak out on issues that are relevant to our profession. It's also imperative that we do so without compromising our beliefs and our principles. When we speak publicly — and when I speak publicly (representing the American College of Nurse-Midwives) — I have to speak, and we have to speak, in a way that reflects the philosophy and the position of the College. I represent you. And you represent me.

I have learned there is strength in numbers. There are about 3,000 nurse-midwives in the United States. Eighty-five percent of them belong to the American College of Nurse Midwives. This is unheard of in any other professional association — this high percentage of membership. Karen Ehrnman said at the convention that because we have done such a good job at writing letters and sending telegrams to our congressmen, they really think there are 100,000 nurse-midwives out there in the United States. What they don't realize is that we are joined in support by those families we serve, our families who love us, and our colleagues. There is strength in numbers, and it is really important that we continue to work together.

I am also learning the value of the support of the nursing communities. I have met several times this year with representatives of nursing specialty organizations and with the American Nurses' Association. Many nursing groups, and particularly the family nurse practitioners and the specialty nurse practitioners, are recognizing the need for all of us to band together to deal with mutual concerns. There are over one and a half million nurses in the United States, and just think what a powerful, powerful force that could be if somehow we could all begin working together instead of spinning our wheels trying to define our own particular chunk of turf.

I've talked a lot about the *business* of nurse-midwifery today. I have a lot of confidence that your heads and your hands and your



hearts will serve this country's families well as you practice the Art of Nurse-Midwifery. You came to Frontier Nursing Service because of a wish to serve and to care for others. I expect that you leave with that desire strengthened. The College will do its best to provide some of the framework that will make it possible to practice — and to practice as each one of us dreams of practicing. But the College is you. It is I. It is we.

In the coming year, the American College of Nurse-Midwives Board of Directors has committed our (and when I say "our," I mean your energies and mine) — our energies, our money, and our time to the following objectives:

1. To insure the right of nurse-midwives to practice — and for most of us that now means that we have got to solve the insurance problem.
2. To improve our image through improved public relations — and we have finally commissioned a long overdue study on maternal infant outcomes of nurse-midwifery care. We are willing now to put our money where our mouth is. That's your money, as well as mine.

However, unless every nurse-midwife practices safely, both the art and science of nurse-midwifery, our public relations won't help us one little bit. Therefore, we have also pledged ourselves — our energies, our time, and our money — to maintaining and enhancing quality nurse-midwifery care in four areas:

1. Through the adoption of national, measurable, standards for practice,
2. Through mandated continuing competency assessment for all certified nurse-midwives who are practicing,
3. For peer review by all certified nurse-midwives, and
4. For increased opportunities for continuing education.

Those are the things that we are going to try and do this next year.

And we certainly welcome you, your time, your commitment, your energy, and your vision, because you will bring to us a vision that for some of us may have been clouded with the recent problems. And it is through each one of you that the families in America may continue to have the safe and sensitive options for health care. I welcome you. We are glad to have you with us.





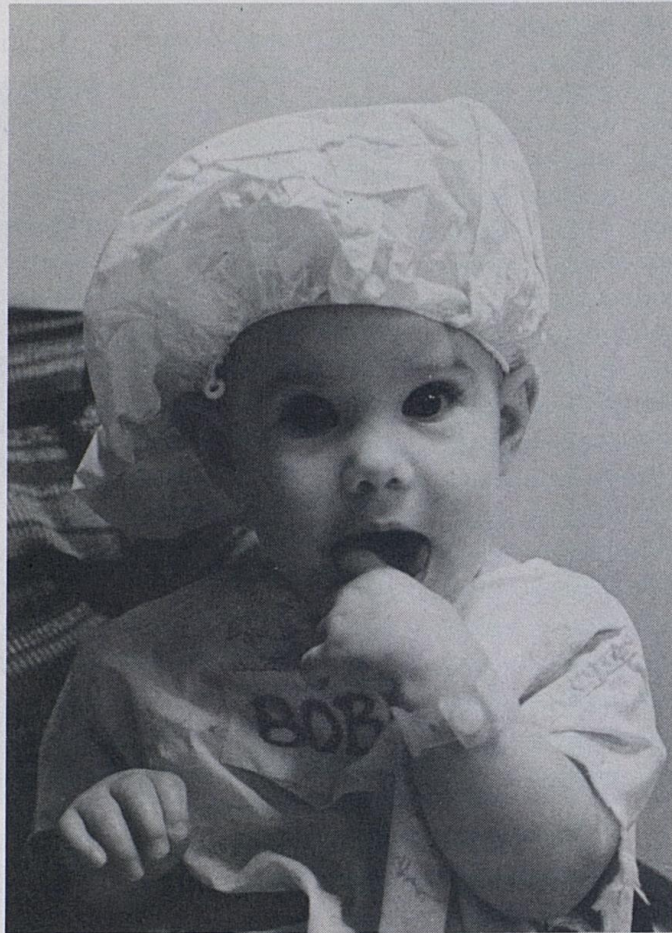
## A Photographic Visit to FNS

“Forests of alluring loveliness” — so they were described by Mary Breckinridge when she came to the Kentucky mountains sixty-one years ago to found the Frontier Nursing Service. Today the forests remain, as do the streams and the mountains — and the fast-changing weather, and the floods, and the redbud, and the fall colors, and the snows. The view above, of the Middle Fork of the Kentucky River near Wendover, was in fact recorded just a few weeks ago. But though the setting has changed very little, the men and women who live and work in these mountains are no longer isolated. Their way of life *has* changed, as it has for all of us affected by today’s technological and social development. And FNS has changed, too.

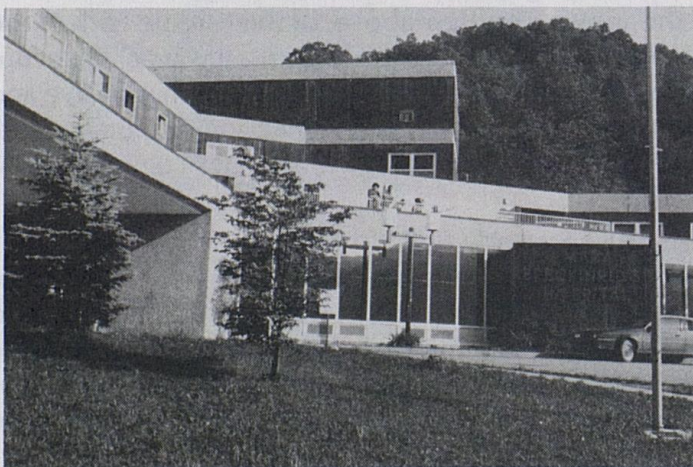
In this special section, the *Quarterly Bulletin* attempts to give its readers some idea of what FNS and its environment look like today. Most, though not all, of our photographs have been taken in recent weeks. It is not possible to display in this issue all the diversity and detail that make up FNS today (we have many photos for which we could not find a place), but we hope that our sampling will make the Frontier Nursing Service more real to those who have not visited us in recent years.



FNS can never forget that it was first called the Kentucky Committee for Mothers and Babies. Babies always bring out FNS' warmest and most motherly feelings. Anyone can see why — who wouldn't brighten at the sight of an appealing youngster like this one in the ENT clinic?

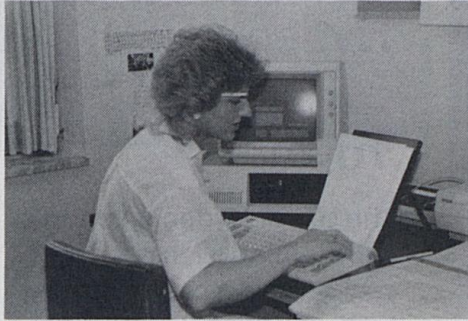


## Mary Breckinridge Hospital

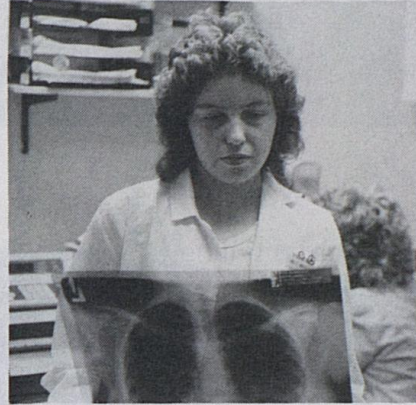


The new hospital may *look* as it did when it opened in 1975, but inside it changes constantly to meet new needs, opportunities, and demands.

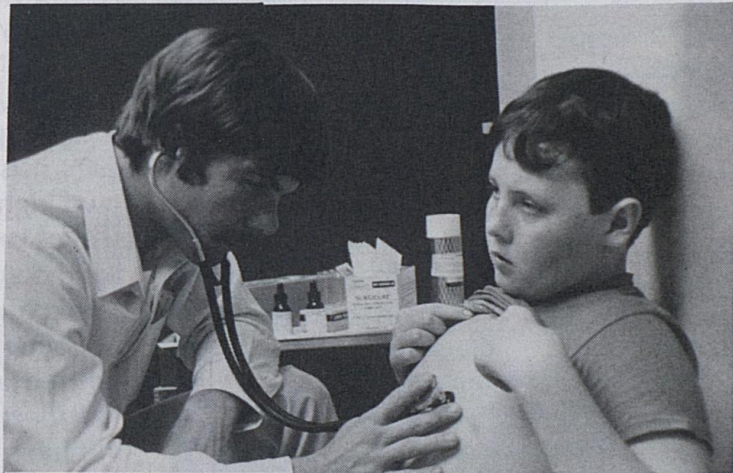




Above: FNS is not immune to the computer. Here, Vanda Asher operates a PC in the nursing office. Right: Tracking down the "inside story": Zola Maggard checks out an X-ray.



Right: FNP Marty Bledsoe examines a young patient in the Hyden Clinic.



Left: Diana Jones helps with the never-ending task of keeping the medical records in good order.

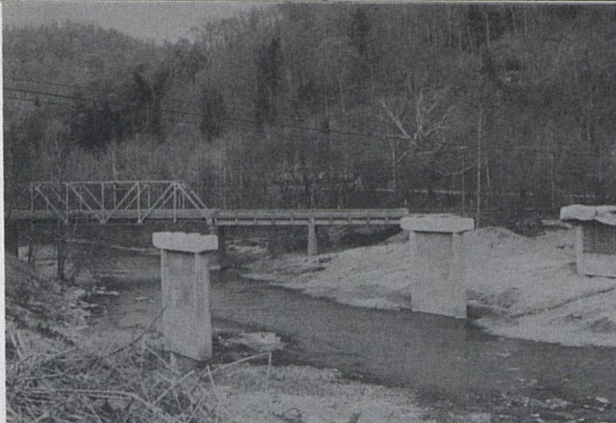




## Hyden — the “Home Town”

The city of Hyden is continually reminded that it lies in coal-mining country. Eighteen- and twenty-two-wheel coal trucks are a familiar sight in its streets (*upper left*); Mary Breckinridge Hospital deals constantly with mining accidents and black lung disease; and the local economy rises and falls with the health of the coal industry. Although Hyden has a small population (about 600), it is both a city in its own right and the county seat of Leslie County, which has a population of about 15,000. The county court house (*second from top*) was modernized last year. Hyden City Hall (*next below*) is fortunate in being housed in a trailer — in the floods of two springs ago, City Hall was towed to the top of a hill and parked at the curb until the excess waters ran off. Keen's Variety Store, on higher ground (*bottom photo*), is a Hyden institution that happily continues the “you can get anything here” traditions of old-fashioned shopping.



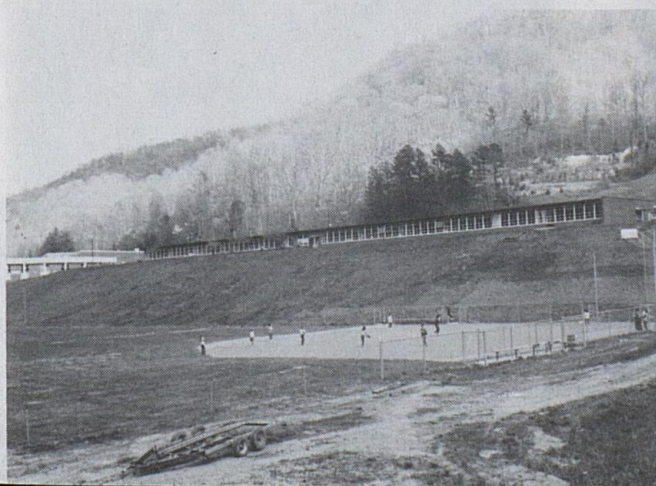


## The Road to Wendover

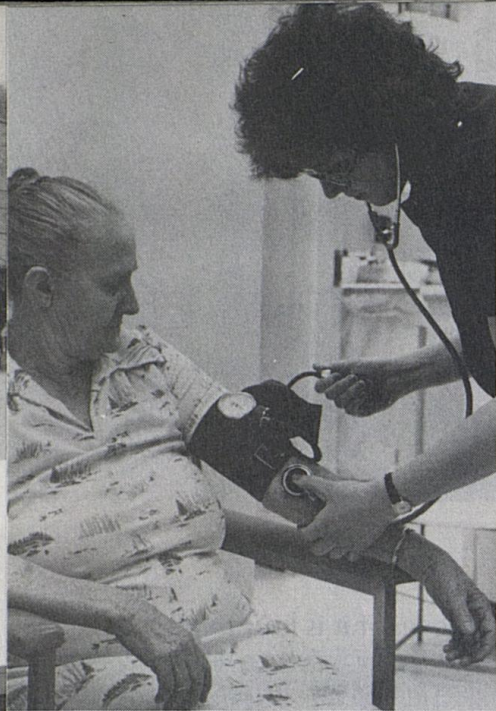
If Hyden is FNS' "home town," Wendover is its heart, even if it is four miles away. But the *road* to Wendover does not go all the way back to FNS' beginnings. When Mary Breckinridge built the Big House in 1925, there was no road at all. Later, a rough road was built along a part of the Middle Fork, but it had no access to the Hyden side of the river until years later, when a bridge was constructed near the high school and the road was extended to connect with it.

Yet, even today, the Wendover road is not an easy drive. It is narrow, and about three miles of it are unpaved. The driver must keep an alert watch for coal trucks, searching the woods constantly for the great grey shapes moving behind the trees — this need reminds a staff member who worked three years in the Belgian Congo of jungle trips when safety depended on early detection of elephants. And he must be sure he can always reach one of the relatively few places along the way where there is room to pass an oversize vehicle.

The picture at upper right shows a typical scene along the Wendover road. It was taken just this April, but it doesn't differ greatly from pictures taken many years ago. On the Hyden side of the Middle Fork, however, the route to Wendover, along U.S. 421, passes more modern developments. A new bridge is being built (*upper left*) to carry Kentucky State Route 80 east to Wootton and Hazard, and there will be a new shopping center on the far side. The Richard M. Nixon Recreation Center (*lower right*) was dedicated by the former president in 1978. (A picture of that dedication appeared in a recent issue of *Newsweek*.) Across the road (*lower left*) are Leslie County's vocational and senior high schools.



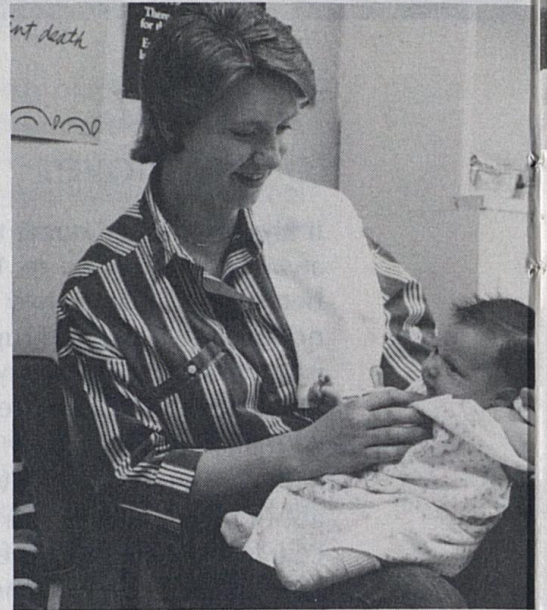




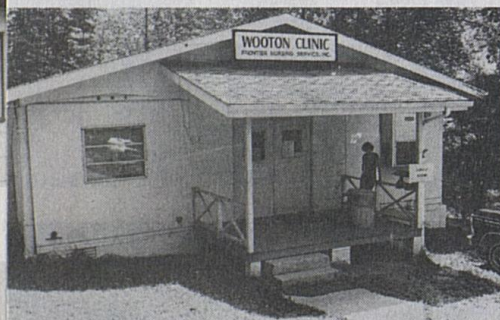
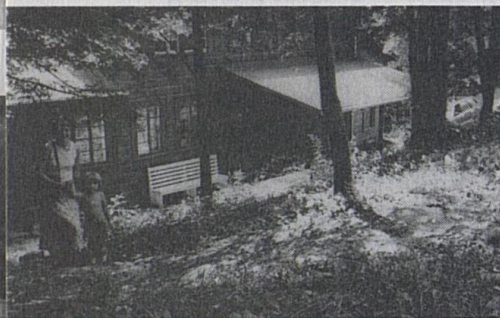
## Outposts

The Frontier Nursing Service began as a demonstration that rural areas could best be served by nurses who were both midwives and family nurses, and who lived in outpost clinics where they could be reached by people who could not get to a hospital.

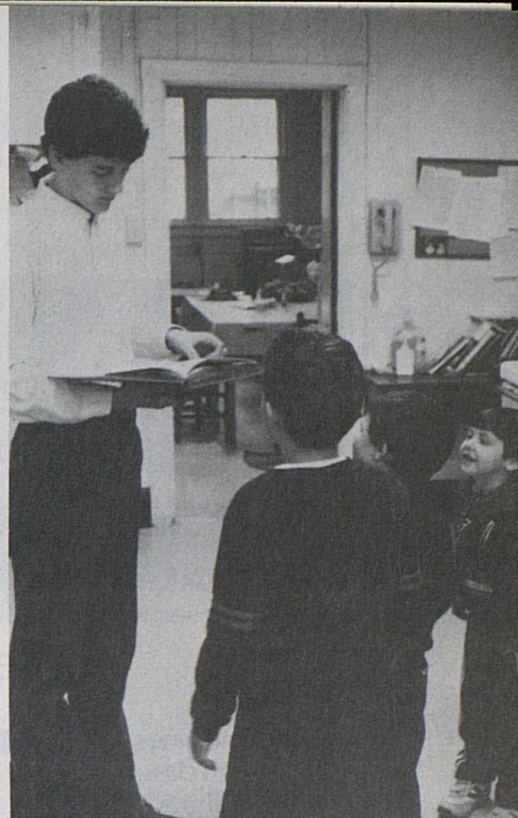
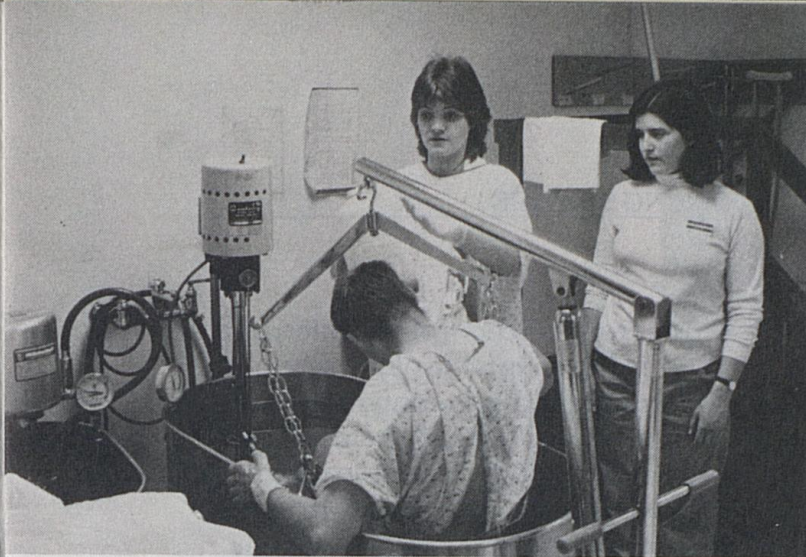
The guiding belief, which has been convincingly demonstrated over the years, was that such nurses could, and should, care for families through all the stages of life, from birth to old age. Mary Breckinridge built six district clinics in the early days of FNS. In the course of



time, new clinics were opened, and some older clinics were closed or combined with other clinics. Today, FNS maintains four district clinics. The Pine Mountain clinic (*third from bottom, left*) was opened in a former residence six years ago. The Wooton clinic (*next below*) was taken over from another agency in 1979. The Beech Fork clinic (*bottom left*), the oldest of the FNS clinics, dates from 1927. The clinic at Big Creek, usually known as CHC (for Community Health Center) was created by combining several previous clinics.



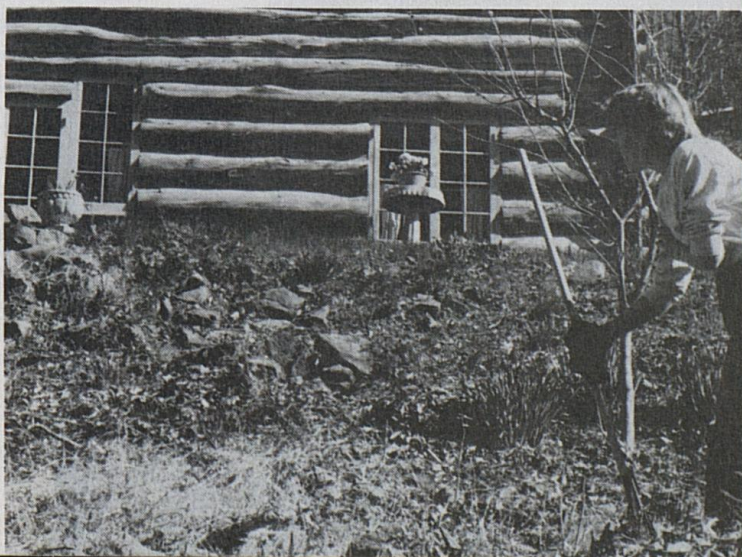
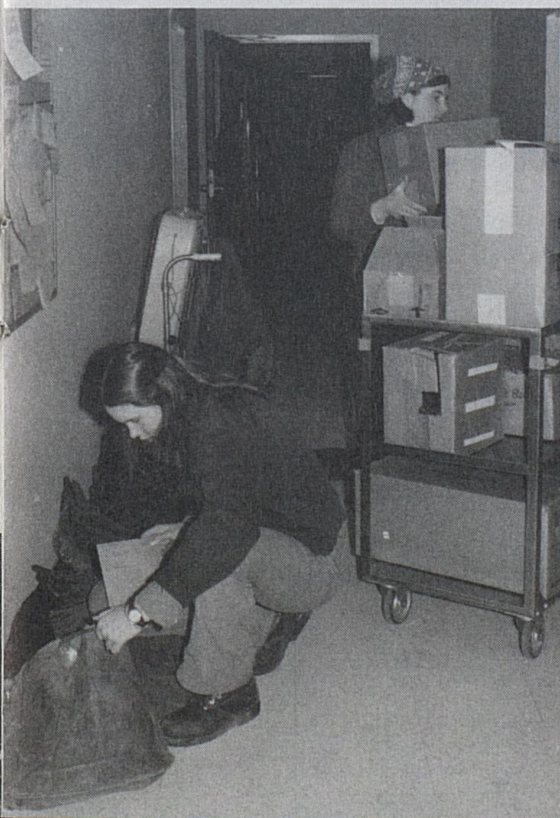




## Couriers and Volunteers

Soon after she founded the Frontier Nursing Service, Mary Breckinridge began to enlist the services of young people to come to the mountains and help with the day-to-day work of the service. Many were given jobs tending horses, carrying messages and medicines, and doing chores in Wendover's kitchen and garden. The work was not always glamorous, but these young people did it well and enthusiastically, and they became an important part of FNS. Except that cars have replaced horses, today's couriers perform many of the same tasks that have always needed doing, and they still live at Wendover. Many are the sons or daughters of former couriers, sharing in the FNS experience as their parents did. Their time here seems to be very meaningful to them. Many remain devoted to FNS throughout their lives. In

the pictures on this page, couriers may be seen in typical activities. Two attend a patient in Physical Therapy. One is seen entertaining children. One works on the hillside below the Big House. Two others prepare mail and supplies they will take to district clinics.



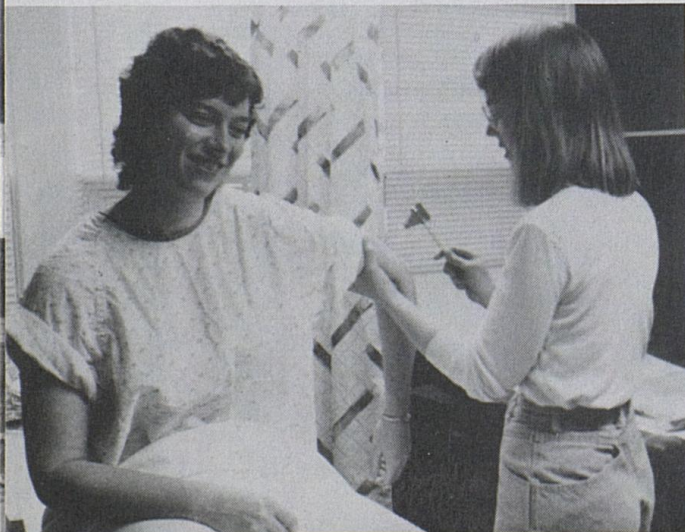




The Frontier School of Midwifery and Family Nursing is the oldest school of nurse-midwifery in continuous operation in the United States. It was founded in 1939. Several years ago, it moved to the old Hyden Hospital, shown at the left.

## The Frontier School

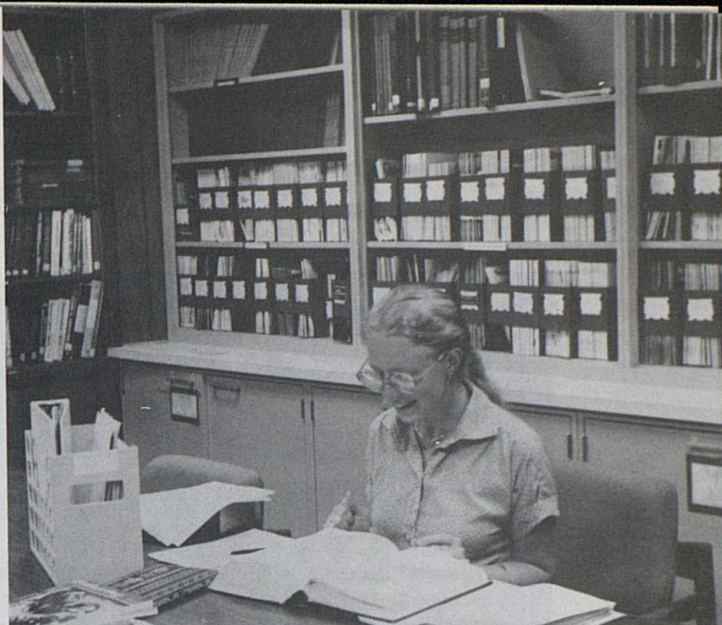
*Right:* The ninety-seventh class, which will graduate in 1987, listens to a student report, while two of its instructors, Nancy Fishwick and Sr. Kathryn O'Meara, observe in the background. To enter the program, students must be RN's, possess BSN degrees, and have substantial working experience.



*Left:* Clinical practice is an important part of the program. Here, first-month students use each other as subjects as they review basic assessment skills.



*Right:* The school's reference library has been built up substantially in recent years. Its expanded resources include the most recent professional books, videotapes, and periodicals.



*Left:* The school has acquired several micro-computers, and it encourages students to use them in various kinds of research studies and academic undertakings.

*Right:* The Frontier School has reached out to establish or renew affiliations with other institutions of higher learning, including Case Western Reserve University and the University of Kentucky. In addition to developing educational programs jointly with such institutions, it frequently participates with them in special workshops and conferences. Last month, the school joined with the University of Kentucky at a workshop given at Spindletop Hall in Lexington. Here Dean Ruth Beeman (*at right*) chats with guest speakers Dr. Henry Thompson and Dr. Joyce Thompson before the opening session.







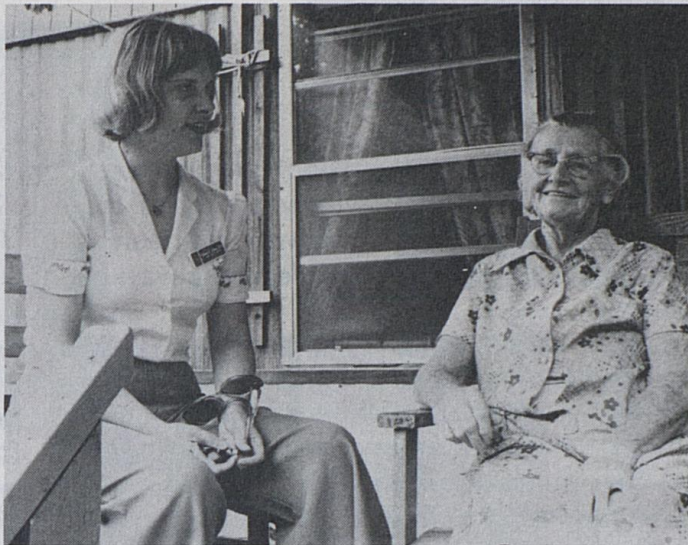
## Doctors

FNS has always been a *nursing* service, emphasizing ongoing and continuous care for both the well and the sick. But of course, many situations occur that require the services of a physician, and FNS has always made sure it had ready access to a strong medical staff. In the early days, doctors often had to be called in from distant communities. But for many years, FNS' own staff has practiced both at the hospital and in the outpost clinics. *At left:* Dr. James Parshall comforts an older patient. *Below:* the doctors meet for the daily "morning report."





## Home Health



FNS nurses haven't ridden a horse up the streams for some years now, but they still visit patients in their homes. Current Medicare regulations have affected home care. On the one hand, patients spend less time in a hospital and return home earlier to convalesce; this increases calls for nursing care at home. On the other hand, reimbursement policies require that nurses who visit patients at home be specifically designated for home care work; this has caused these services to be concentrated in FNS' Home Health Agency, instead of the district clinics. As always, FNS has adapted to changing conditions. *Above:* Home Health nurse Glenna Allen visits a woman at home. *Below:* Mardi

Cottage, which over the years has served as a residence for staff and students, has been taken over by the Home Health Agency just this spring. Its former headquarters, the so-called "duplex" near the hospital, is being reconstructed as the new home of the Women's Clinic.







## Forces

"People are our most important asset." This principle, widely preached these days as if it were a new discovery, has been basic in FNS from the beginning. People have always been FNS' driving force. We can

just barely begin to picture here the many people whose energy and high purpose continue to move FNS steadily forward today — its nurses, its doctors, its administrative staff, its committees of key people from the communities, its governors and trustees, its benefactors and friends. But here are a few: *Top*: Kate Ireland, FNS National Chairman. *Center*: The Administrative Council, consisting of FNS Director David Hatfield and the management team. *Bottom*: A meeting of the local Advisory Committee, one of many community groups that enthusiastically contribute their energies, ideas, and whole-hearted service to FNS.





# L i n k s



No longer so isolated, FNS reaches inward into the "hollers," and outward "beyond the mountains," via links both new and old. *Top right:* Many homes still can be approached only via swinging bridges. *Top left:* The Daniel Boone Parkway reduces driving time



to Lexington to two and a half hours. At many points it cuts through the mountains to reveal a fundamental reality in Appalachian life — the ever-present seams of coal. *Right center:* The post office at Wendover, with the Big House above. *Below, left:* One of the region's many TV "dishes"—they bring news and entertainment to an area where the mountains block normal reception. *Below, right:* One of the helicopters used



in medical emergencies to transport patients to specialized medical centers in Lexington, Louisville, Cincinnati, and Knoxville. They save many lives.





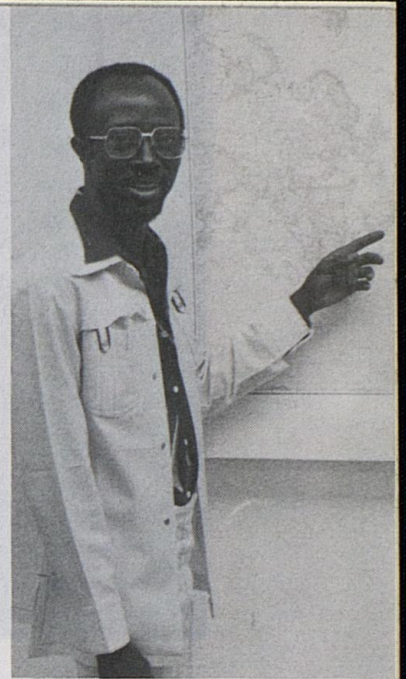


## Wendover

To many who understand what Mary Breckinridge set out to do, and what the Frontier Nursing Service has accomplished, in the Kentucky mountains, FNS is more than a service — it is a *cause*. And to them, Wendover, where it all began to take form, is a kind of “spiritual center.” Wendover has its own special mystique, and many who come here leave with a particularly warm understanding of what FNS is really about. Today, the Wendover buildings no longer house any nursing or clinical facilities. The Big House accommodates guests and provides meals for couriers and the Wendover staff. The Garden House contains FNS’ Development Office and other working spaces, together with rooms for couriers and guests. The Barn was converted some years ago to housing for staff and couriers. The Upper Shelf, a small structure behind the Big House, is being made into staff housing. Wendover is four miles from Hyden, over a road that can be a challenge to drive, but in spirit, it remains a central part of FNS. The main buildings are so well known that we chose to show here some less familiar views: *Above left*: The Barn. *Above right*: The Big House, seen from below. *Below*: The Garden House after a snowfall.







## Visitors

Throughout its existence, FNS has drawn thousands of visitors. Many come to study the "FNS demonstration" — the system of rural health care that was pioneered here 61 years ago. Some come out of curiosity, some to do research. Some are friends, graduates of the school, or benefactors who want to see what FNS is like today, or who want to renew old friendships. Some apparently make the trip in the hope of tapping into the "spirit" of FNS. Our guests come from other parts of this country and from countries thousands of miles away. We welcome them all. They are meaningful to us, and we hope we are meaningful to them. If people are "known by the company they keep," then we are flattered by the variety of our guests and of their reasons for visiting. On this page, we picture just a few of the interesting people who have come to FNS in the last three years. *Clockwise from top left:* Mary Cameron, a nurse from South Australia; Maxine Selim, a Frontier School graduate who chairs the Alumni Association; Dr. Habib N' Jie, Director of Health, The Gambia; Mrs. Daltias Churchill, principal of the School of Nursing in Padang, West Sumatra (with courier Brenda Johnson); Paul Dunstan, who surprised the Frontier School with a telephone call from England this winter and visited us a few weeks later in connection with a television project; and four nurses from Japan, shown with Ruth Beeman.







## Challenges and Celebrations

One of the memorable exhibits at Expo 67, the World's Fair held nearly two decades ago in Montreal, was a show called "Labyrinth." This multi-media presentation pictured man's struggles to make a better place for himself in this world. Near the end, as man seemed to have triumphed, a narrator's voice said, "Just as you think you've got it, it all begins to slip away." It was a telling reminder that the struggle is never over. The history of FNS, too, is a record of endless challenges met and conquered. In the beginning, weather often seemed to be the major enemy, but improved transportation and communications overcame many of the difficulties. Yet FNS is still at nature's mercy. The picture above shows the Wendover road, at the very entrance to the Wendover buildings, covered by floodwaters just two years ago. No, the struggle is *not* over, neither against nature nor against man-made ills. Yet, the important challenges have always been met, and FNS remains confident. Now and then, it takes a moment to relax and remind itself that it has made a career of overcoming difficulties. One such time occurs early every fall: the three-day Mary Breckinridge Festival, when Leslie County pauses to parade, and dress in costume, and revive old traditions — like the colorful sorghum stir-off in the photograph below. It is a curiously appropriate way to celebrate. It honors the past and demands little of the present. An organization that is accustomed to giving and caring, FNS is content with modest rewards. At these times, it pauses, reflects, smiles, and goes on.





Colgate-Palmolive representatives Doug Pavlovic and James R. Holz chat with FNS director David M. Hatfield in front of Mary Breckinridge Hospital.



### COLGATE GIFT PROMOTES DENTAL CARE IN FNS HOME COUNTIES

All over Leslie and surrounding counties, citizens are enjoying a free sampling of Colgate toothpaste — courtesy of the Colgate-Palmolive Company and good friends of the Frontier Nursing Service.

Colgate-Palmolive donated 1,300 cases of its popular Colgate Winter-fresh Gel to the Frontier Nursing Service for distribution in Leslie and adjoining counties. The gift was made possible by Mrs. Horace Henriques, Jr., a member of the FNS board and mother of Colgate-Palmolive executive Peter Henriques of New York. Mrs. Henriques found out about Colgate-Palmolive's corporate giving program and immediately thought of FNS. Mr. Henriques was contacted by FNS officials, and within a matter of weeks the hefty shipment of toothpaste was delivered.

For the past several weeks, the toothpaste has been distributed to the Hyden Headstart, the Leslie County WIC, LKLP (for Leslie, Knott, Letcher, and Perry Counties) Office of Community Services, the Senior Citizens Clubs, the Leslie County Health Department, Pine Mountain School, Red Bird Mountain Medical Center, the Leslie County Board of Education, Valentine Day Care, as well as the Frontier Nursing Service district clinics and Home Health Agency.

Two Colgate-Palmolive executives came to Leslie County in May to discuss the distribution of toothpaste with Mr. David M. Hatfield, director of the Frontier Nursing Service, and Mrs. Judy Lewis, FNS director of development. James R. Holz, area manager of the personal care products division in Burlington, Kentucky, and Doug Pavlovic, unit manager for the personal care products division, stopped at Mary Breckinridge Hospital.

Mr. Holz said the purpose of the program is to heighten awareness of the need for good dental health in all ages. He said Colgate-Palmolive was happy to provide the free toothpaste.

Mr. Darrell Moore, FNS director of personnel, said that a second distribution of the toothpaste will take place in the fall.



## BEYOND THE MOUNTAINS

By Judy Lewis

When the purple-pink of the redbud begins its spring display, we are signaled that the Kentucky Derby is nearing. The Kentucky Derby, a fond tradition for all who live in the Bluegrass State, is especially meaningful to the Frontier Nursing Service.

Friends in three different cities gathered in private homes — in Washington, D.C., Philadelphia, and Boston — for Derby Day benefits on behalf of FNS.

I had the pleasure of being the guest of Mrs. Jefferson Patterson at her Woodland Drive home for Derby Day in Washington. She was kind enough to invite me to the Kennedy Center for the Performing Arts for a pops concert featuring Tony Bennett. We also attended a fundraising function for the Duke Ellington School in Washington at the British Embassy.

The FNS Derby Benefit, organized by Mrs. Homer Roemer McPhee, was a great success, with about 190 people attending. Dr. Patience White, a member of the FNS board, took bets, and participants watched the Derby on four television screens.

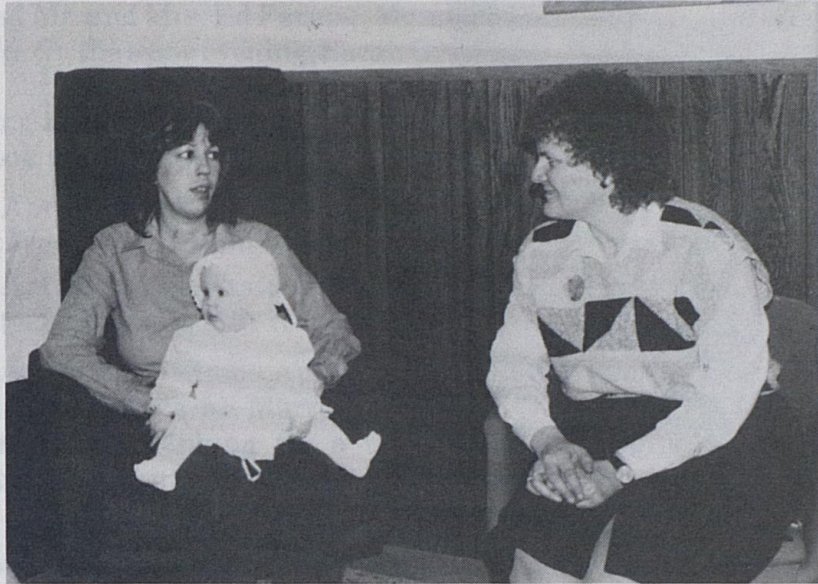
In addition to the benefit at Mrs. Patterson's home, I visited with Mrs. Samuel E. Neel (Mary Wilson, courier '38), Mrs. Bronson Tweedy, and Mrs. John B. Hollister. Mrs. Clinton Kelly III helped organize these meetings and joined in when I visited Mrs. Neel and Mrs. Hollister.

I ended my visit by staying with Mr. and Mrs. George M. Parker and their two children, Sarah and Zach. Former Development Director Ron Hallman offered to drive me to the airport for my return flight to Lexington, and on the way took me to the Smithsonian Institution, the Lincoln Memorial, and the Vietnam Memorial. He even walked me past the White House.

Kate Ireland thoroughly enjoyed her return to Boston for Derby Day festivities. She said she was overwhelmed by the enthusiasm of the 350 guests who attended a pot luck supper following the benefit. The supper was sponsored by the Boston Committee at Charlescote, Sally and Dudley Willis' lovely old farm in Sherborn, Massachusetts.

David and Sharon Hatfield joined members of the Philadelphia Committee for its first Derby Day benefit, which was held at historic Hamanasett, Mrs. David H. Dohan's lovely home in the countryside outside of Philadelphia. Co-chairmen for the event were Mrs. E. Townsend ("Bubbles") Moore, FNS trustee and former courier, and presently chairman of the Philadelphia Committee, and Mrs. John H. Hodge, chairman-elect.





The Beech Fork clinic was one of the beneficiaries of Sperry Corporation's gift of furniture and office equipment to FNS. Beech Fork project director Sue Lazar (at right) and a patient enjoy a moment's relaxation in the newly outfitted waiting room at the clinic.

### **SPERRY, RED BALL VAN JOIN IN GIFT OF FURNITURE TO FNS**

Clinics and offices at the Frontier Nursing Service have been newly equipped with furniture, thanks to a gift from the Sperry Corporation and Red Ball Van and Storage of Indianapolis, Indiana.

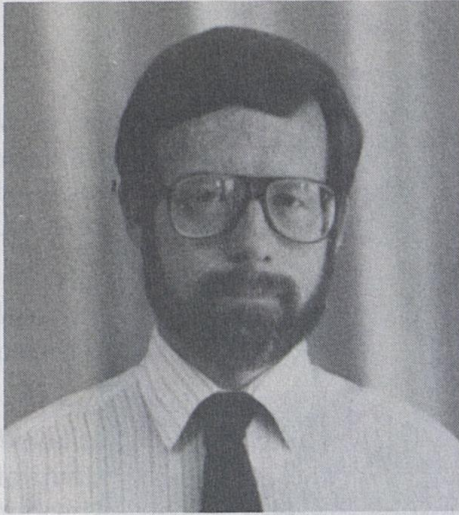
The idea started when Sue Lazar, project director of FNS' Beech Fork clinic, told her uncle, Paul Lazar, about the good work Frontier Nursing Service was doing. She said she was especially proud of her clinic at Beech Fork. Mr. Lazar, an executive at Sperry, got to work and found some used office furniture that Sperry was willing to donate.

After FNS officials visited Sperry offices to select furniture FNS could use, the problem was to move it to Hyden. A transit company, Red Ball, donated \$5,400 in shipping costs to move the furniture here.

Patients in the Mary Breckinridge Hospital will notice new furniture in the waiting area on the second floor, and in the administrative offices of the third floor. In addition, the district clinics, including Beech Fork, have new furniture as well.

Sperry provided new chairs, desks, calculators, and filing cabinets, as well as a number of other office items.





### **DOUGLAS TAYLOR IS NEW ADMINISTRATOR OF MARY BRECKINRIDGE HOSPITAL**

Mr. O. Douglas Taylor reported to the Frontier Nursing Service in April as the new Administrator of the Mary Breckinridge Hospital, in Hyden. Doug, who is a native of Paintsville, Kentucky, comes to FNS with a background that includes sixteen years of experience as an administrator in health care, including assignments in administration, medical and dental clinic management, long-term health care management, and community-based health care delivery. Prior to joining FNS, he had been Administrator at the Red Bird Mountain Medical Center in Beverly, Kentucky.

Doug received a BA in philosophy and English from Otterbein College in 1965 and an MA in public administration from Central Michigan University in 1976. He is married and has three children.

### **FIELD NOTES**

On March 10, two representatives from Senator Mitch McConnell's office came for lunch at Wendover. On March 11, three couriers — Troy Berry, Jonah Green, and Wendy West — were judges for a 4-H area talk meet. On March 21, several couriers donated blood at the Hyden Library for the blood drive.

On April 3, Allen and Merry McKenna arrived in Hyden to participate in Open House. A dinner was held in their honor. Attending guests



included Mr. and Mrs. Ed Farmer, Mr. and Mrs. Joe Lewis, and Mrs. David Hatfield. On the same evening, Sarah Grosvenor, Photography Assignment Editor for *National Geographic Magazine*, arrived at Wendover after spending the day scouting out sights for the company to photograph for a new book about America.

On April 4, the Board of Governors arrived for meetings. A dinner was held at Wendover that night, with approximately 50 people in attendance.

On April 9, twelve master's degree nursing students from the University of Kentucky had lunch at Wendover.

On April 30, Bill Strode, a photographer from *National Geographic*, had lunch at Wendover with Marty Bledsoe and Diana Fortney. Mr. Strode is presently photographing for a new National Geographic book about America. He was in Leslie County to gather material for the book.

On May 2, Susan Yates, president of the American College of Nurse-Midwives, arrived at Wendover. Mrs. Yates was the guest speaker for the graduation held the next day for the students for the Frontier School of Midwifery and Family Nursing. A brunch preceded the graduation ceremonies, and a reception followed. Approximately 100 people attended this event.

On May 26, a number of students came to FNS from the University of Kentucky's College of Allied Health for several weeks of study, work, and observation. This program is designed to give students in the medical field first hand experience and insight into aspects of the medical field other than the area of their studies. Sharon Hatfield welcomed the students and arranged their activities at FNS.

This quarter's list of couriers and volunteers included: Cynthia Rand, from Chicago, Illinois; Vicky West, a volunteer from Boston, Massachusetts, who had served here as a courier in 1977; Amy Kantrowitz, of New Haven, Connecticut; Sally Santen, of Northampton, Massachusetts; Leigh Roberts, of Amherst, Massachusetts; Alice Murphy, of Princeton, New Jersey, and Karen Watnick, of Middletown, Connecticut.

FNS welcomes these new employees: Eva Weaver, front desk clerk; O. Douglas Taylor, Administrator, Mary Breckinridge Hospital; Carol Hanus, CNM; Judy Pennington, pharmacy technician; Pauline Maggard, financial counselor; Susan Rice, LPN; Barbara Burkhart, nursing assistant; and Marilyn Contento, LPN.

We also send our best wishes to these employees who have left us recently: Carol Pyle, FNP; Crystal Hoskins, front desk clerk; Wilma Whitaker, financial counselor; Johnnie J. Asher, housekeeper (Wooton); Kim Gibson, pharmacy technician; Valerie Chaplain, FNP; and Vanda Asher, secretary to the Director of Nursing.



### IN MEMORIAM

We wish to acknowledge our appreciation and personal gratitude to these friends who, by including FNS in their wills, have made a continuing affirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the endowment fund.

MRS. JAMES L. MOSS  
Louisville, Kentucky  
Former Louisville Committee member

MISS ELLEN BEALL THOMAS  
Georgetown, Kentucky

These friends have departed this life in recent months. We wish to express our gratitude for their interest in our work, and our sympathy to their families.

MR. GIL FUCHS  
St. Paul, Minnesota  
Husband of former courier and Home Health staff  
Marianna Mayer Fuchs

MRS. THOMAS H. LANMAN  
Duxbury, Massachusetts  
Mother of courier ('44) Gertrude Lanman

DR. RUSTIN McINTOSH  
Tyringham, Massachusetts  
FNS National Medical Council  
and father of courier Susan McIntosh Lloyd

MRS. TALITHA C. STOLL  
Lexington, Kentucky  
Former Blue Grass Committee member

### MEMORIAL GIFTS

We wish to express our deep appreciation to these friends, who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service:

**Mrs. Gertrude E. Hastings**  
Mr. Harold M. Hastings

**Mrs. Vcevold W. Strekalovsky**  
Miss Kate Ireland

**Mr. Tommy Thomas**  
Miss Kate Ireland

**Mrs. Grover Sizemore**

Mr. and Mrs. Eddie J. Moore

Mr. and Mrs. W.F. Brashear

**Mary Katherine Biggerstaff**

Mr. and Mrs. Homer A. Biggerstaff



**Mrs. Roger Lee Branham**

Ms. Ruth E. Howe

**Ms. Lilla N. Breed**

Ms. Lydia N. Breed

**Mr. Gil Fuchs**

Miss Kate Ireland

**Mary Dow Novotney**

Mr. and Mrs. Larry N. Dow

**Mrs. Eslie Asbury**

Miss Kate Ireland

**Rev. Badgett Dillard**

Miss Kate Ireland

**Mr. H. Talbott Mead**

Miss Kate Ireland

**Mrs. John W. Thomason, Jr.**

Mrs. James C. Breckinridge

**Mrs. Hamilton Vose Bryan**Hon. and Mrs. W. Tapley Bennett,  
Jr.**Hope C. Randolph**

Mrs. William P. Hacker

**Mrs. D. Robert Pierson**Mr. and Mrs. C.H. Randolph Lyon,  
Jr.

Miss Jane Saunders

**Mr. R. Livingston Ireland**

Mr. and Mrs. Elmer L. Lindseth

**Dr. Rustin McIntosh**

Mrs. Rustin McIntosh

**Mr. Hayes Morgan**

Dr. and Mrs. W.B. Rogers Beasley

**Mr. Mark Patterson**

Dr. and Mrs. W.B. Rogers Beasley

**Mr. Reuben Adams**

Dr. and Mrs. W.B. Rogers Beasley

**NOTES FROM THE SCHOOL**

Spring seems to be one of the busiest times of the year for us. With a new class admitted in January and the seniors still in residence, our building is a beehive of activity until May. Graduation always seems to come much too quickly, with all the festivities that go with meeting families and sharing the celebrations of achievement, after exit interviews, term papers, and comprehensive exams are completed.

As the term was ending this year, the students were left behind to study while the faculty attended the annual meeting of the American College of Nurse-Midwives in Portland, Oregon. The main focus at the convention this year was the increasing concern over the lack of commercially available malpractice insurance for nurse-midwives. Sue Yates, president of ACNM, came almost directly from the convention to be our graduation speaker and, in spite of the concerns we all share about the future for our profession, she managed to send our graduating class away with a sense of excitement about the opportunities ahead.

Along with this has been a busy spring of meetings and travel, as I have represented FNS in a variety of ways. In January, I was invited to participate in a Southern Regional Consensus Conference in Atlanta on Access to Prenatal Care and Low Birth Weight that was sponsored by the U.S. Department of Health and Human Services, the March of Dimes, and



the American Nurses' Association. In mid-March, I was invited to attend a Colloquium on Nurse-Midwifery in America sponsored by the ACNM Foundation in Washington, D.C. In early April, I attended the second annual meeting of the National Association of Childbearing Centers in Orlando, Florida, where I gave a presentation on "Incentives to Professional Commitment" and was later elected to the board of that organization. The ACNM convention was equally busy, as I attended special meetings of the International Health Committee, the Public Health Network, and the Educational Program Directors. The convention is always a wonderful time to renew old friendships and to widen our network of friends and professional colleagues. There was a large group of former students and staff at the FNS reunion at Nina Sowiski's home in Portland one evening. Another evening, I was invited to join the Arizona reunion. I was ready for a few days' vacation in Seattle when my husband Bob flew out to join me.

We were distressed to have Sr. Nathalie Elder suddenly leave the faculty for health reasons. She brought experience, maturity, and humor to our program, and we have missed her. Now Sr. Kathryn O'Meara has decided that she too must leave, and so we are once again looking for faculty. We continue to attract a very special kind of student with strongly held human values and a commitment to excellence. They make even the difficult days so meaningful, and we take such pride in hearing of their accomplishments after they leave us.

Summer has come suddenly, and we are already interviewing applicants for January. No wonder the year goes so quickly!

— Ruth Beeman

### URGENT NEEDS

This summer, the Women's Clinic will be moved from the Mary Breckinridge Hospital to the "duplex" — the building formerly occupied by the Home Health Agency, which has been relocated to Mardi Cottage. The clinic is being moved to provide better service by increasing the efficiency of operations, enhancing the clinical environment, and providing better educational facilities.

Although much of the existing furniture and equipment will continue to be used, a substantial number of new items will be required, and we would be most grateful for help in re-equipping this very important clinic. We list below a number of the more important items needed, in four categories:

#### FURNISHINGS

**Carpet.** *Estimated cost:* \$1,800.

**Drapes or slatted blinds** — 18 windows. *Estimated cost:* \$450.

**Wallpaper.** *Estimated cost:* \$600.



**Chairs:**

Waiting room — 10 @ \$60. *Estimated cost:* \$600.

Lounge chair. *Estimated cost:* \$275.

Desk chairs — 12 @ \$75 (4 for examining room, 1 for procedure room, 1 for work-up room, 2 for receptionists, 4 for CNM office). *Estimated cost:* \$900.

Chairs for consultation rooms — 4 @ \$60. *Estimated cost:* \$240.

**Built-in writing ledges or desks** (4 for examining room, 1 for procedure room, 1 for receptionists). *Estimated cost:* \$200.

**Two lamp tables for waiting room.** *Estimated cost:* \$250.

**Captain's bed for procedure room.** *Estimated cost:* \$300.

**Lamps, pictures, plants.** *Estimated cost:* \$200.

**Refrigerator.** *Estimated cost:* \$350.

**CLINICAL EQUIPMENT**

**Antepartum fetal monitor** — *Estimated cost:* \$5,000.

**Examining tables and rolling stools** (two new tables and chairs needed on assumption that relatively new equipment from two rooms in current Women's Clinic will also be used). *Estimated cost:* \$2,500.

**Microscope.** *Estimated cost:* \$1,000.

**Wall-mounted equipment:**

Blood pressure cuffs — 5 @ \$100. *Estimated cost:* \$500.

Otoscope/ophthalmoscopes — 4 @ \$125. *Estimated cost:* \$500.

Halogen lamps — 4 @ \$125. *Estimated cost:* \$500.

**OFFICE EQUIPMENT**

**Copier.** *Estimated cost:* \$1,500.

**Printing calculator.** *Estimated cost:* \$50.

**EDUCATIONAL EQUIPMENT**

**VCR with TV monitor.** *Estimated cost:* \$600.

**Slide projector.** *Estimated cost:* \$200.

**Erasable marker board.** *Estimated cost:* \$75.

**Tapes and slides.** *Estimated cost:* \$1,000.

**Teaching materials.** *Estimated cost:* \$500.

In addition to the items for which we have given cost estimates above, the new clinic will require the installation of sinks and storage units in the examination rooms, work-up areas, procedure room, and storage and utility rooms. Also, it will be necessary to construct a partial wall, with glass to the ceiling, between the receptionist and the waiting room.

Contributions toward the purchase of these items would be greatly appreciated. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.



**FRONTIER NURSING SERVICE, INC.**

Director: David M. Hatfield, MBA, FACHE

**ADMINISTRATION**

Director of Finance: John L. Gilman, Jr. BBA  
 Director of Development: Judy Jones Lewis  
 Medical Director: Kathy Nieder, MD  
 Director of Support Services and Personnel: Darrell J. Moore, BA  
 Administrative Assistant: Martin Bledsoe, RN, ADN, CFNP  
 Administrative Assistant: Diana Fortney, CRT

**FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING**

Ruth C. Beeman, RN, CNM, MPH  
 Dean and Director  
 Wendy L. Wagers, RN, MSN, CFNM  
 Nurse-Midwifery Education Coordinator  
 Nancy J. Fishwick, RN, MSN, CFNP  
 Family Nurse Instructor  
 Sr. Kathryn O'Meara, RN, MSN, CFNP  
 Family Nurse Education Coordinator  
 Deirdre Poe, RN, MS, CFNP, CNM  
 Nurse-Midwifery Instructor  
 Marjorie Sladek, RN, MSN, Neonatal Nursing Instructor  
 Alice Whitman  
 Registrar

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 Head Nurse, OB: Glenna Gibson, RN  
 Nurse Anesthetist: Betty Childers, CRNA, BA  
 Oncology Nurse: Patricia R. Campbell, RN

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 Ruth E. Blevins, RN, CFNM  
 Barry Gibbons, RN, AA, AD, CFNP  
 Mable R. Spell, RN, CFNM, FNP  
 Coleen Atkinson, RN, MPH, BSN, CFNP

**Women's Clinic**

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 Marsena D. Howard, RN, MSN, CFNM  
 Sharon Leaman, RN, BSN, GFNM  
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 Karen L. Poci, RN, AA, CFNM

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 Maureen O. Brown, MD, Family Practice

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 Kathy Nieder, MD, Family Practice  
 James P. Parshall, DO, Obstetrics/Gynecology  
 Joaquin M. Valdes, MD, Internal Medicine

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 District Records: Nancy Williams

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Sue Lazar, RN, MSN, CFNP, Project Director

**Community Health Center (Big Creek)** — successor to The Caroline Butler Atwood Memorial Nursing Center (Flat Creek), The Clara Ford Nursing Center (Red Bird), and The Betty Lester Clinic (Bob Fork):

Susan Hull, RN, BSN, CFNP, Project Director

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Sr. Joan Gripshover, RN, BES, CFNP, Project Director  
 Sharon D. Koser, RN, BSN, CFNP, District Float

**Pine Mountain Center:**

Gertrude Morgan, BSW, RN, CFNP, Project Director

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 Glenna Allen, RN, BSN  
 Sandra Gross, RN, ADN  
 Janet Lipps, RN, BSN

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 FNS Quarterly Bulletin: Robert Beeman, BA  
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## ALUMNI NEWS

Current news of alumni and activities of interest to alumni will be found in the *Alumni Newsletter*, the current issue of which is being published at the same times as the *Quarterly Bulletin*. The *Alumni Newsletter* is distributed to members of the FNS Alumni Association. For information, write to either (1) Alice Whitman, Registrar, Frontier School of Midwifery and Family Nursing, Hyden, Kentucky 41749 or (2) Director of Development, Frontier Nursing Service, Wendover, Kentucky 41775.

## STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

**FNS Staff.** Openings may occur from time to time in both the professional and technical staffs, with opportunities for certified nurse-midwives, family nurse practitioners, registered nurses, family practice physicians, laboratory technicians, X-ray technicians, and others. For current information, write Darrell Moore, Director of Personnel, Mary Breckinridge Hospital, Hyden, Kentucky 41749 (phone 606-672-2901).

**Couriers and Volunteers.** This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a 6- to 8-week minimum period and would like to be exposed to the work of the Frontier Nursing Service. ("You tell us what you can do, and we'll find a job for you.") For current information, write Elizabeth Wilcox, Coordinator of Wendover and the Courier/Volunteer Program, Wendover, Kentucky 41775 (phone 606-672-2318).

## FORGOTTEN FRONTIER TO BE REISSUED WITH SOUND, NEW MATERIAL

*The Forgotten Frontier*, Mrs. Jefferson Patterson's historic black-and-white film of the early days of the Frontier Nursing Service, has been revised in order to add a sound track containing Mrs. Patterson's comments on the film and its making. A small amount of new material has also been added, together with a musical background. The new version will be available for distribution in the near future. The *Quarterly Bulletin* will provide further details in a forthcoming issue.



## FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the  
Frontier Nursing Service, Article III.  
as amended June 8, 1984