

have much to do so will have to defer
until I see you all. I shall go as I have
now the C & O. Aunt T. joins me in love
to you all & regrets so much that she is
not coming home. I never saw any one so
kind in my life and she has the right
to come home - I have begged her to come
but she is stronger than I in knowing what is
best to do & it is for my good that she does
this. Well I shall see you all soon.
God bless each of you and keep you
in health & strength. Put the cards for
us soon & tell them Aunt H. will
see them soon. With much love & kisses
to each from us both love,
Aunt H.

Sincerely yours
Aunt H.

Aug 25-12
Washington, D. C., Friday

Dear Ann:

I write you today to tell you of my
return home. Aunt T. took her official participation
yesterday that she would be retained for some
temporary work if she could accept & that of course
she did for it is money that we are bound
to have. It surely tells me to leave about
she is heart sick but circumstances cannot be
controlled by mortal mind. We have decided
that I had better leave on the P.M. train as I
will in that way arrive in the daytime &
not in the dark night time. I shall leave
Tuesday at 3:17 P.M. & arrive back A.M. at 10:30
Please have the gas turned on Tuesday so
that I may not be in total darkness!
I have been most anxiously awaiting

that check from London & cannot understand
why you have not sent it when I told you how
important it was. I surely expected you to make
it & send it at once. I shall enclose a receipt for
rent of 2 rooms in Madison St. Rent is due the 26
and I shall ask you to please call over in the
P.M. & get it from Mr. S. He pays promptly
& I want her to know how prompt to go please
be sure to attend to this on Aug. 26. Mr. S. will give
you the money if she has not given it to him it
will not take 10 min. so please be sure to do
this. I am feeling better in many ways at present
but do not know just how permanent it is. My
side gives me little trouble at times & then
again it is as bad as ever. If I were only well
I could better bear what is before me but broken
health surrounded with troubles makes the
prospect rather gloomy. I am hoping to

see each of you feeling fine & dandy.
Tell Mrs. P. I surely hope to find her well.
Mrs. G. wrote me that well she looked & I
am indeed glad to know. I hope you are
quite well again & are getting some rest too.
I hope R. is not having any little trouble with
his legs now & that he has enjoyed his walk.
I trust mother is feeling well now & that her
rheumatism has given her little trouble. I
am anxious to see her again tho
it will be a desolate place for me to enter.
I hope the cats will be well & will bring me
& give me a welcome home. It is almost
mad when I can do to leave Aunt T. It
has caused me many many tears but it
does not hurt at all. It had been so nice
to be with her even in this way but it will
soon be the old routine once again. I

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April 6-189-

Dearest Sam -

It was so nice to hear from you - I am ashamed that I have delayed writing so long. I cannot understand where the time goes - I have thought of you a lot & wondered how things were going.

Easter Sunday was particularly beautiful. The weather was a perfect Easter kind & so was Good Friday - oh so beautiful. I had thought long ago that this year I would go to hear Parsifal. When I wrote for the tickets my way was gone. I decided to forget the disappointment but I could not. Friday morning I was filled with the desire that I must hear it again. I had not for 14 yrs & just 15 yrs ago I heard it for the 1st time. As you recall it is very long & I did not think I would have the physical strength to stand. I went down & when I saw the long line of students reaching to 8th Ave for both the top & 1st floor I decided if there could I could so I got in line. I got the 77th ticket & that seemed lucky - two persons (!) I never was so thrilled in my life. I luckily got a little spot at an aisle where I could sit on the floor - I did & gave way to the full enjoyment of it. It was a very precious Good Friday & I shall never forget it. I am going regularly now each Good F. I have in N.Y. for me & never know how many more there will be -

I was interested to hear about your new quarters - I do hope they will be satisfactory. I am sorry the Ch. is so run down but of course you will have the joy of building it up again, nothing equals the joy of building up or creating something.

I am distressed beyond words about what you write of your condition. What can be the matter here - I am indeed worried about you - I wish so much you had taken up the idea of going to San Antonio. I think you need the climate there - Really I wish you would look into the matter & see about taking a ch. there. The sunshine there is so wonderful - The city is a progressive & growing one & I think if you stayed there 3 yrs. you would find it would do you so much good. I do not mean to stay indefinitely - A parcel of church - to give you occupation & a living & then get the benefit of the climate. There are long beautiful drives & you would like it. Many hospitals & also the big Woodmen Sanitarium - I wish you belonged to that order then you could come there free of charge & derive all the benefits of a long & complete rest. I cannot understand what can be the matter with your intestinal tract. I think you should be giving that some serious investigation. Dr. P. has gotten you up about - now see what the cause is & if it cannot be cured - your condition seems to be pushing curious me - I do not know what to think of it. Of course sometimes the Drs. cannot get at the cause at all & all we can do is to do our part unremittingly to build up the

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whole body & then ~~had~~ Nature adjusts itself. I have this terrible
arthritis which has gone into all the joints of both hands & is now
starting in other parts of my body - until I have the appearance of
a cripple. The Drs. cannot find the infection. I am doing what I
can to build up my body with proper food - plenty of water - air
& as much rest as I can afford to take. I am hoping that the
body's adjustment will take place - There are so many peculiar
internal secretions that play a part in our well being - too much
or too little - hyper-secretion of some - hyper of others - the balance
is upset & no known medicine can correct because the quantities
needed are so minute & Drs. approximate often times by one dose.
If we can do our part ~~itself~~ we may be giving our food
the proper chem. complex the cell needs for its repair material - No
doubt many of our diseases are due to ^{food} deficiencies - lack of
the vitamins. A very up to date Dr. heart in London believes
type of trouble is caused by lack of Vitamin B - found in large
quantities in fresh green foods - lettuce in large amounts, &
may be so. It does no harm to eat plenty of everything therefore
I believe your trouble & Raymonds - both respiratory troubles were
caused by Vitamin A deficiency - food in large quantities
in butter - cream - eggs - It has been shown that animals lacking
A get all sorts of respir. troubles & eye troubles - loss of sight
that run up hills fall out - so you best now to use

food - sunshine + rest - therapy -

I am so glad you have a good house keeper & that mother is holding her own. She has certainly amazed me - I am wondering if her wound has healed & if her diabetes is better - Of course it was hard for you to leave R. Separations always are - I do hope he is doing well with his new work & that his health is better - I am so afraid that hay fever which we know now can be arrested & cured is going to cause permanent disability if not taken in time. I wish so much he could be persuaded to see a specialist there. It is difficult to person with R. I know & of course if he will not be possible we can do nothing -

Now do take care of yourself & write me soon about your conditions for I am truly greatly worried - Get right to work on yourself & let no stone go unturned. I would love to be in R. right now. This is the time of the year I get homesick for * I hope for I know the lilacs & beautiful spring flowers are at their best - and no where in the world are they so beautiful. Give my love to every body - Tell mother I am so proud of her. My special love to her -

With all love to my dearest one & earnest prayers for full & complete of health I am with kindest
lovingly Aunt Hattie

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Wed. Night.

Carl Nielson stopped in yesterday for a few moments to tell me he was going back to fr. He has had an unfortunate time & it seems dreadful to have such bad luck. I do hope he will get something soon. Said he had had a letter from his sister in which she said she was looking so well. I am surely glad to hear this - I do hope he will see very care now & get better & better - I do wish he were coming to Princeton for study. Can you write & see what fellowships are available there now. It would be so wonderful if you could go there for your Doctorate in Theology. I can not help but feel that you could get health

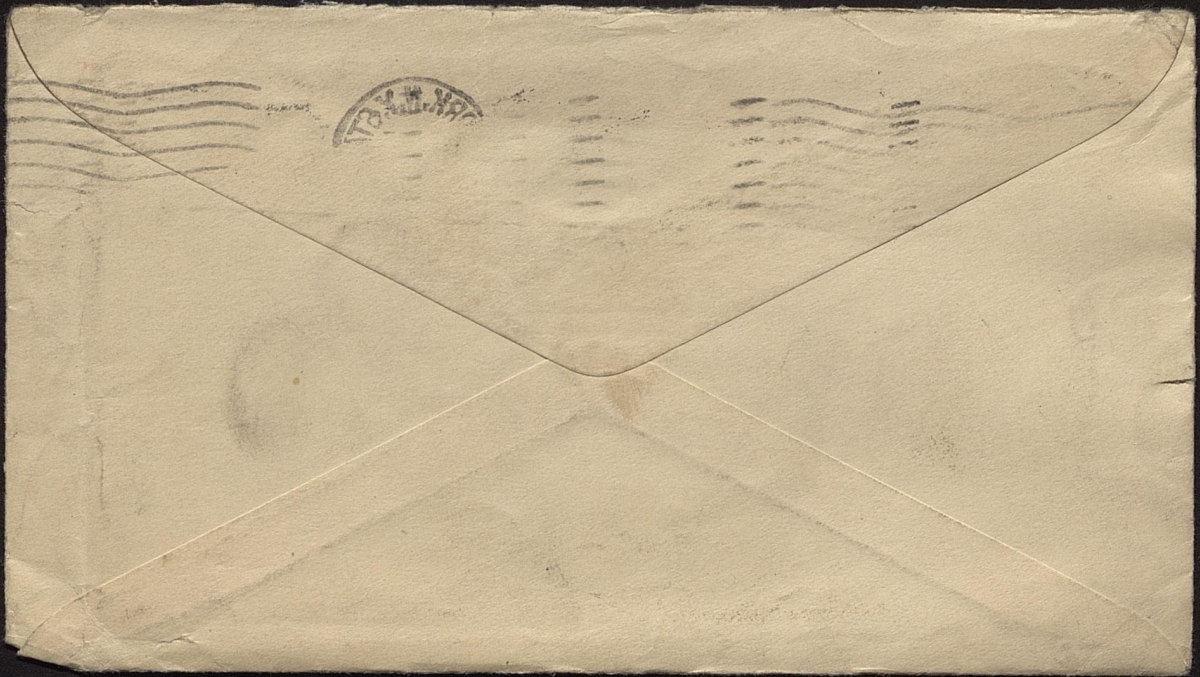
+ inspiration with study here - I know
how you love to study & I know the joy
of it would be the elixir of life for you.
Saw an ^{article} ~~article~~ in paper today about
a merger of Lutheran colleges which
would be of great
int. to you. Are you planning to
do some study in Europe?
I feel sure you could get a
Fellowship at Princeton where
you feel you could learn -
Do not work too hard. Stay
but in your case all for card.
There is so much beauty in it
around us. Enjoy it all
for you -

TEACHERS COLLEGE
COLUMBIA UNIVERSITY
NEW YORK

H. Heft



Rev. E. Ivan Heft
3938 Southern Parkway
Louisville, Ky.



New York - N.Y.
January 6 - 1931

Dear Ivan -

My first letter for 1931!

I want to thank you for the beautiful gift you sent me for Christmas: it is exquisite and I love it.

I am sorry that things so happened that we ~~we~~ could do nothing at that time - I trust it will all soon straighten out. The past year has been a hard one - so much has happened, so many hard problems and so much trouble - sorrow and tragedy about us. Even now the bread lines make one's heart ache. Men willing to stand in line to get a little bag of food! One does not have the courage to spend any thing for amusement or other than absolute necessities.

New York has always been to me the place of extremes - extreme riches -

extreme poverty. The rich have been generous - every body helped - else the destitute millions could not have lived. But the rich were hurt in the financial collapse - Not only did they have large losses but dividends, rents - interest - all income cut in half. Oh, I know it has been a long year and I am glad it is done. I truly hope the new year will bring us much to cheer - Men's courage has been tried and they have been courageous - I trust it will not last too long.

We have been reasonably well - Aunt Hattie never seems to especially well - but we must be thankful for it could be worse.

I do hope that mother and Raymond's family are well that that all goes well.

I am wondering how your new charge is progressing. I trust it

meets your expectations.

Write us when you can -
we are always so glad to hear from
all of you.

Love to mother and Raymond
and the family - and to your
dear self.

Thank you again - my dear -
for the lovely gift and the dear
sentiments it brings to me -

Love, as always -

Aunt T.