

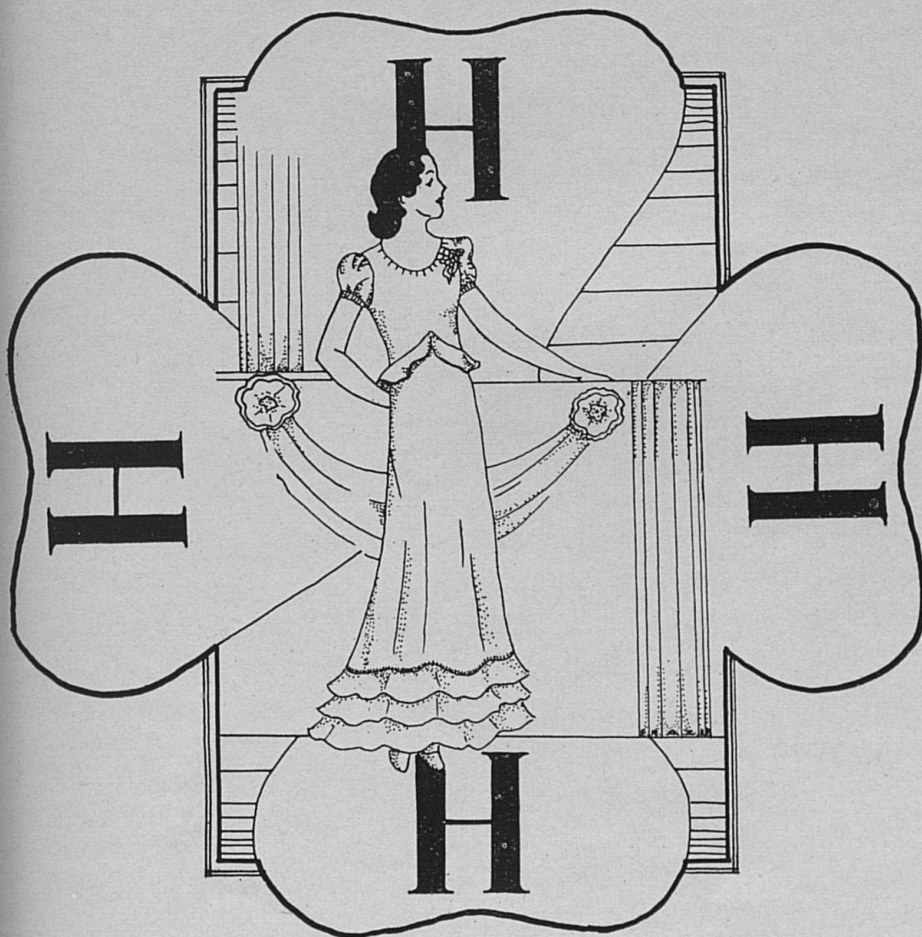
UNIVERSITY OF KENTUCKY
COLLEGE OF AGRICULTURE

Extension Division

THOMAS P. COOPER, Dean and Director

CIRCULAR NO. 254

CLOTHING—UNIT III.
THE 4-H CLUB GIRL'S AFTERNOON OR
PARTY COSTUME



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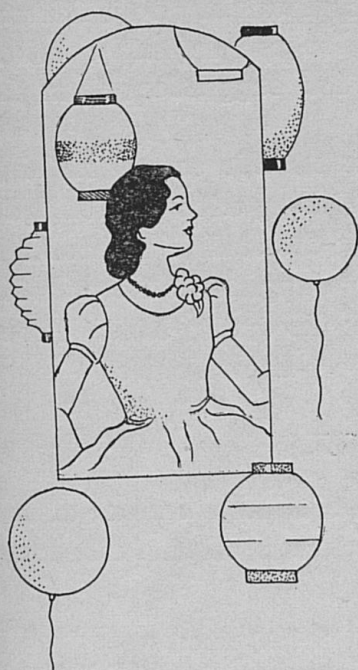
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CIRCULAR NO. 254

CLOTHING—UNIT III.

The 4-H Club Girl's Afternoon or Party Costume.

ANITA BURNAM and EDITH LACY



The anticipation of a party is a thrill to every girl. However, to enjoy this occasion, her party costume must be as carefully chosen as her school costumes. She should study her own personality in order to decide what type of frock best expresses her individuality. If a girl has arrived at this problem thru the 4-H club clothing route, she should have acquired a fair degree of skill in sewing and the basic principles of selection and good grooming.

In selecting the material for an afternoon or party dress, plenty of time should be spent in the comparison of fabrics. Sheer cottons, that may be laundered, are fashionable. They have the advantage of freshness and crispness which are qualities of daintiness essential to youthful charm. Simplicity and girlishness are the keynotes of party clothes for girls of teen age. A sheer cotton material, dainty in weave and color, and carefully designed to express the personality of the individual, will enhance the charms of any 4-H club girl.

A party costume should not be expensive tho the material may cost more than that for a school dress. Most girls have several school dresses but only one party frock.

The club girl of party age should keep an account of her clothing expenditures. A personal account book has been prepared for each girl in this unit. If she will keep her accounts accurately, she will find the record helpful in her future budgeting and buying.

The organization of this unit of the clothing program is similar to the organization of preceding units. Club girls at this age should be capable of conducting their own meetings and of giving real help to their leader.

Most girls are eager to give demonstrations along the line of their work. They enjoy working in groups of two which are called teams. Often they are able to plan and definitely outline their own demonstrations with only a few suggestions from the leader or home demonstration agent.

Also at this age, girls are more interested in correct clothing and are prone to compare their own clothing with that of their associates. Such an inclination rightly directed is an excellent asset for training in clothing judging. Suggestions for organizing such judging work may be had from the county home demonstration agent or by writing to the state 4-H club office.

REQUIRED WORK.

1. The planning of a complete costume suitable for one of the following occasions: church, graduation, afternoon tea, or party.
2. The making of a dress.
3. The making of at least two undergarments. Additional undergarments, needed to complete the costume, may be selected.
4. The making or selecting of accessories to complete the costume.
5. The selecting of shoes and hose.
6. The making or selecting of a hat.

7. For older girls, the making of an unlined wrap or similar garment.
8. The keeping of an accurate record.
9. The keeping of an account of all clothing expenditures during the year.
10. The making of an exhibit.

UNDERGARMENTS.

A. **MATERIALS:** Soft cottons, as nainsook, batiste, and Berkeley cambric No. 100, or wash silk, pongee, and synthetic fabrics are suggested. White or flesh cotton material is the best choice usually, for undergarments to be worn with cotton summer dresses. Wash silk or synthetic materials probably are more practical with the winter dresses.

B. **PATTERNS:** The undergarments to be made will depend on the dress with which they are to be worn, the individual figure and personal preference. Some girls prefer a slip and a combination garment, others a slip, shorts and a brassiere. The slip is more attractive if made with a shaped neckline, especially if it is to be worn with a semi-transparent dress. Select well-fitting undergarment patterns. For those garments that are worn next to the body, the lines should conform to the figure. The slip should conform to the lines of the dress.

C. STEPS IN MAKING:

1. *Cutting:* One pattern may be used for a number of girls. See that patterns are altered to fit the individual before cutting the garments.
2. *Seams:* Flat felled seams are best for shorts and bloomers. Narrow French seams may be used for costume slips.
3. *Finishes:* Shaped neckfacings, decorative stitches and dainty but durable laces are suitable.

DRESSES.

- A. **MATERIALS:** Voile, organdie, dotted swiss, dimity, handkerchief linen, tissue gingham, fine print or batiste may be used for summer afternoon or party wear. Silk crepes or synthetic fabrics are suggested for the winter afternoon dress.
- B. **PATTERNS:** The patterns selected should be suited to the person, to the material, and to the occasion for which the dress is made.
- C. **STEPS IN MAKING:**
1. *Cutting:* See that the pattern is correctly placed and cut with long even strokes.
 2. *Seams:* The material and pattern to be used will determine the kind of seams. Voile and other materials of this type require a false French seam; firmly woven materials as swiss and organdie take a narrow French seam, while silks need a plain seam with the edges finished.
 3. *Hems:* In most cases hems should be finished by hand with the garment hemming stitch.
 4. *Sleeves:* Avoid a bulky joining of the sleeves at the armseye. An advisable method is to put in the sleeve with a plain seam, then turn the two edges in toward each other and overcast the folded edges.
 5. *Finishes:* Fagotting, cross stitch, smocking and other decorative stitches may be used effectively.

COATS.

If the prevailing style or the season demands a light weight wrap, then the older club girl should make this garment to complete her costume. She may make either a long or short unlined jacket.

- A. **MATERIALS:** Choose a fabric that does not require tailoring. Also one that will be appropriate with the dress just com-

pleted in this unit of work. This may be pique, linen, sports cotton, velveteen, velvet, heavy silk or lightweight woolen.

B. PATTERNS: Select a pattern that is easy to construct.

C. STEPS IN MAKING:

1. *Seams*: Plain seams with bound or stitched edges usually are satisfactory.
2. *Hems*: Hems should be smooth with no stitches showing on the right side. A lightweight seam binding in matching color is best for heavy material or the seam edges may be picoted. Hems are made by hand.

HATS.

The hat should be chosen to suit the costume as well as the wearer. For the summer afternoon costume a hat of lightweight straw, light felt or horsehair braid is appropriate. For the winter outfit the hat may be of velvet, felt or velour. The color should harmonize or accent the coloring of the costume with which it is to be worn and should be becoming to the individual. A hat may not be needed to complete the party or graduation costume.

SHOES AND HOSE.

Lighter weight shoes should be worn for parties than for school or street. They may be of the strap or pump type with a medium heel. The very high spike heels are neither in good taste, attractive nor healthful. The shoes may be light or dark in color depending on the color of the entire costume. It is wise to choose shoes that may be worn with several costumes and avoid extreme styles. Fancy cuts and bright colored shoes are not economical. Simplicity in footwear is always good taste. The hose should harmonize with the shoes and other accessories. They may be of silk or very fine lisle.

SUGGESTIONS FOR CLOTHING PROJECT MEETINGS.
UNIT III.

FIRST MEETING.

ORGANIZATION AND PLANNING.

Business :

Election of officers.

Explanation of project requirements.
Home Demonstration Agent.

Discussion :

“Dress-Up” frocks for the 4-H Club
Girl. Home Demonstration Agent.
(Each girl is given an account book.)

Home Work :

Select type of costume to be made and
choose from fashion magazines the
styles desired.

Start clothing account.

SECOND MEETING.

COSTUME PLANNING.

Discussion :

Designs suited to the figure. Leader.
Personality expressed thru dress design
and color. Leader.

Business :

Plan party or tea.

Demonstration :

Choice of colors.

Work :

Plan an entire costume with the help of
the leader, using pictures from fashion
magazines and samples of materials.

Home Work :

Discuss with parents the amount that
may be spent on this costume and pro-
portion the amount for each article.

THIRD MEETING.

CLUB PARTY OR AFTERNOON TEA.

FOURTH MEETING.

UNDERGARMENTS FOR THE COSTUME.

Discussion :

Daintiness in underwear. Home Demon-
stration Agent.

How much should we spend for under-
wear?

Patterns for fashionable underwear.

Work :

Test and cut individual underwear pat-
terns.

Home Work :

Purchase material for undergarments.

(White material usually on sale in January.)

Cut one undergarment.

FIFTH MEETING.

UNDERGARMENTS.

Demonstration:

Fitting an undergarment. Leader.

Making appropriate seams. Club Girl.

Work:

Fit and sew seams in the garment.

Discussion:

Personal Hygiene. Club Girl.

Home Work:

Complete garment ready for finishes.

Cut another undergarment.

SIXTH MEETING.

FINISHES FOR UNDERGARMENTS.

Demonstration:

Suitable finishes. Leader.

Washing dainty undergarments. Club Girl.

Discussion:

Materials for the dress. Club Girl.

Work:

Application of finishes as demonstrated.

Home Work:

Complete undergarments.

Laundry an undergarment and stockings.

Purchase a dress pattern and cloth.

SEVENTH MEETING.

THE "DRESS-UP" DRESS.

Demonstration:

Combination of colors. Home Demonstration Agent.

Work:

Test pattern, place it on the fabric and cut the dress.

Home Work:

Baste dress. Purchase additional material, if needed.

EIGHTH MEETING.

THE DRESS.

Demonstration:

Fitting the dress. Leader.

Discussion:

The Charm of Simplicity.

Problems of fitting and construction.

Work:

Making suitable finishes.

Home Work:

Continue dress construction.

Purchase trimming.

NINTH MEETING.	THE DRESS.	
Demonstration:	Hemming a circular skirt. Decorative stitches and their use.	
Discussion:	Accessories that make or mar.	
Work:	Plan accessories. Apply dress finishes.	1.
Home Work:	Complete dress. Select accessories. Collect samples of material suitable for the wrap.	2.
TENTH MEETING.	THE COAT OR WRAP: CLOTHING AC- COUNTS.	3.
Discussion:	Style lines in coats. Clothing accounts for the year.	4.
Demonstration:	Dry cleaning a silk garment.	
Work:	Select the style and material and deter- mine the cost of the coat.	5.
Home Work:	Cut and fit wrap.	
ELEVENTH MEETING.	CHECK UP.	6.
Business:	A check of each record book. Leader. Plan for the exhibit. Leader and Club Girls.	7.
Demonstration:	Important problems of coat construc- tion.	8.
Work:	Seam the coat.	
Discussion:	Good manners at home and abroad. Club Girls.	9.
Home Work:	Complete costume and record book.	
TWELFTH MEETING.	EXHIBIT AND COUNTY CONTEST.	10.
		11.
		12.

GOALS*

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12.

*This page is for recording your club goals.

CLOTHING PROJECT PROGRAM 193.....

FIRST MEETING

Date.....

Business.....

Demonstration.....

Discussion.....

Work.....

Home Work

SECOND MEETING

Date.....

Business.....

Demonstration.....

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THIRD MEETING

Date.....

Business.....

Demonstration.....

Discussion.....

Work.....

Home Work

FOURTH MEETING

Date.....

Business.....

Demonstration.....

Discussion.....

Work.....

Home Work

FIFTH MEETING

Date.....

Business.....

Demonstration.....

Discussion.....

Work.....

Home Work

SIXTH MEETING

Date.....

Business.....

Demonstration.....

Discussion.....

Work.....

Home Work

SEVENTH MEETING

Date.....

Business.....

Demonstration.....

Discussion.....

Work.....

Home Work

EIGHTH MEETING

Date.....

Business.....

Demonstration.....

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Home Work

NINTH MEETING

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Home Work

TENTH MEETING

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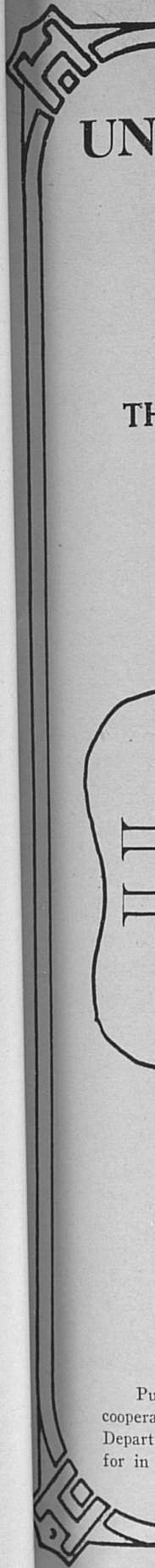
Business.....

Demonstration.....

Discussion.....

Work.....

Home Work



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