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DATE RAPE: Our Hidden Problem Part 2



Victims stigmatized, counselors say

By JULIE ESSELMAN
Special Projects Writer

The young college student tells the counselor she's been feeling somewhat anxious lately, even a little depressed.

She can't concentrate on her work or maintain any new relationships with the men she meets. She can't explain why. They talk for a while about how she's feeling. The discussion then turns to her old boyfriend.

They had broken up last month. She had become uncomfortable with him. Soon it becomes clear why the young woman has been having emotional problems.

She had been raped by her boyfriend, but didn't even know it. Many counselors say they encounter such scenarios with women who have been victims of acquaintance, or date rape — forced or coerced sexual intercourse or contact by a friend or acquaintance.

Because the experience was with someone they knew and trusted, the victims often don't think of it as rape. But, counselors say, emotional and psychological trauma usually occurs, and can be intensified by our society's ignorance and insensitivity to the victim's plight.

"They come in for something else," like low self-esteem or insecurity with men, said Nikki Fulks, associate director of the

Victim gives account of trauma following incident of date rape

Editor's note: A pseudonym is used to protect the identity of the rape victim in this account.

Susan, a UK student, was the victim of acquaintance rape. This is her story.

It started out real confusing because I remember one day we were sitting on my bed in my bedroom, and he just reached over and slapped me on the leg, and I just looked at him. He said, "I'm doing this because I love you." I

accepted that answer because I hadn't done anything to get slapped. I never defied him. I guess that was his way of showing me that he was in control. He got away with it, and after that it escalated and he knew that he could get by with anything he wanted.

It got a whole lot worse. He used to beat me up frequently. He even got to the point where he beat me up in front of one of his friends.

I don't think Andy thought he was teasing. I really believe that Andy did all

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UK Counseling and Testing Center. "As we talk they relate an incident (about a sexual aggression)."

Fulks, who gives educational talks to students, said many women come up to her after programs, and admit that they had been raped but really hadn't realized it.

When they finally accept that they've been raped, it "sometimes validates the intensity of their experience," Fulks said.

"Then it makes sense why they feel so bad."

Liz Corio, a UK Mental Health Service counselor, said acquaintance rape often comes up as a "secondhand issue" with her clients.

"Sometimes (the rape's) not all real violent. Sometime's it's just real strong pressure," she said. "Maybe she finally just gets tired of resisting. A lot of people probably still don't consider this rape."

Most counselors agree the reason for this failure to identify acquaintance rape as a

See TRAUMA, Page 6

Where to go for help ...

The Lexington Rape Crisis Center suggests the following:

For immediate counseling: call the Lexington Rape Crisis Center at 253-2511.

Seek medical attention: at a hospital emergency room, health agency, or with a personal physician to check for injuries, sexually transmitted diseases, or pregnancy.

For legal action: get a medical exam within 72 hours of the rape. Do not wash yourself or change clothes before the exam.

Seek emotional support: through family, friends, or professional counseling agencies.

Numbers you should know:
UK Counseling and Testing Center 257-8701
Student Health Service 233-5823
Student Mental Health Service 233-5511
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DANIELLE TURPIN/Kentucky Kernel

2 replaced on BOT by governor

Sturgill, Ockerman appointed

Staff reports



MCCOWAN

Bill Sturgill, a former UK Board of Trustees chairman, was reappointed to the board by Gov. Wallace Wilkinson yesterday.

The also appointed yesterday was Lexington attorney Foster Ockerman.

The two new members replace BOT Chairman Robert McCowan and Trustee Henry "Cap" Hershey, respectively.

"We are happy to have Mr. Sturgill back on the board," said UK President David Roselle in a statement released last night. "His previous record as a member and longtime chairman was exemplary."

Sturgill served as chairman of the Board of Trustees from 1974 to 1984. He was appointed to the board in 1972. He has been director of First Security National Bank, chairman of the Kentucky Racing Commission and state Energy Secretary.

Ockerman, whose law office has represented Wilkinson in the past, has served three terms as a state representative and was Commissioner of Motor

Transportation under Gov. Bert Combs. The 68-year-old Ockerman also has served as chairman of the Greater Lexington Chamber of Commerce, vice-chairman of the Lexington Urban County Airport Board and chairman of the Registry of Election Finance. He is on the Board of Trustees of Good Samaritan Hospital and is chairman of the board of the Kentucky Annual Conference of the United Methodist Church.

"I feel very honored to be named by the Governor," Ockerman said last night. "I would like to see this University continue to hold the leadership position it has in higher education in this state."

McCowan, who was appointed to the board in 1981, was elected chairman after Sturgill vacated the position in 1984. He is chairman of the University Development Council and a member of the College of Business and Economics Advisory Council.

McCowan is a retired vice chairman of the board and director of Ashland Oil and now is director of American Petroleum Institute, First American Bank in Ashland, Ky. and Pacific Resources.

Hershey's term on the board expired in May, 1988.

"We are sorry to lose the services of two outstanding board members," Mr. Hershey and Mr. McCowan, said UK President David Roselle in a statement released last night. "Mr. Hershey has served the University well. Mr. McCowan, a dedicated alumnus, has done so many things for his Alma Mater over the years, it is difficult to single out one. But certainly his service and leadership as chairman of the board of trustees have made an indelible imprint on the University, a contribution which will never be forgotten."

Hershey said last night before the appointment of Sturgill had been announced, that he knew nothing of any new appointments. McCowan could not be reached for comment.

"(McCowan) has made a wonderful contribution to the University of Kentucky and served the University very well during the presidential selection process," said trustee Larry Forgy.

"Few people have contributed as much to the University of Kentucky as has Bob McCowan," Wilkinson said in a statement released yesterday.

Correction

Due to an editor's error, some incorrect information appeared in a story about Bradley J. Shipman's trial last semester.

Shipman was driving an IROC-Z28. Michaels' Pizza Plus was misspelled as well.

In another story last semester, a reporter wrote that Brad Byngeon was news director at WCOZ-FM for the entire year last year. He actually was news director for nine months.

Quake kills up to 1,000 people in Soviet Union

By JOHN THOR DAHLBURG
Associated Press

MOSCOW — A pre-dawn earthquake in Soviet Central Asia unleashed a 50-foot-high wall of dirt and mud that buried a mountain village and swept through at least two others yesterday, killing up to 1,000 people as they slept, officials said.

The devastating earthquake in the republic of Tadzhikistan was the second to strike the Soviet Union in two months. "Almost everybody died," Zaimiddin Nasredinov, editor-in-chief of Tadzhikistan's official news agency, said by telephone after visiting the wrecked farming settlement of Sharora. He estimated the number of dead there alone at 600.

Sharora "had more than 150 peasant households before that tragic moment," the Soviet news agency Tass reported. "Now most of it is razed to the ground by the ruthless force of the natural calamity."

Tass said the number of dead in the disaster zone 1,800 miles southeast of Mos-

cow was estimated at 1,000, but cautioned that was a preliminary figure.

"Rescue work is being continued and distant mountain villages have not been checked yet," Tass said. Damaged roads were hampering those efforts.

The quake struck the southwestern part of Tadzhikistan, a Soviet republic of more than 4.8 million people that borders Afghanistan and China.

The 46-second tremor, at 3:02 a.m. (6:02 p.m. EST Sunday) was centered about 30 to 30 miles southwest of Tadzhikistan's capital of Dushanbe, a city of more than 460,000 people in the fertile Gissar district, a center of grapegrowing and livestock-raising, Tass said.

An official at Dushanbe's seismic center said the quake was strong enough to knock things off shelves in tall apartment buildings in the city, but that it caused no known damage or injuries there. He declined to give his name.

The U.S. Geological Survey in Reston, Va., estimated the quake at 5.4 on the Richter scale, which measures ground

motion as recorded on a seismograph. The Dec. 7 earthquake in northwestern Armenia, 1,300 miles west of Dushanbe, registered a 6.9 on the Richter scale and killed 25,000 people.

The earthquake unbinged a wall of sodden dirt and mud at least five miles wide that buried the village of Okuli-Bolo and much of Sharora, said Erkin Kasimov, an official of Tadzhikistan's Foreign Ministry.

"Almost all of the victims died asleep in the beds," Maj. Alexander Loparev, duty officer at Tadzhikistan Interior Ministry headquarters in Dushanbe said by telephone.

Residents of another village, Okulipoven, apparently roused in time, fled in panic before the mudslide, which traveled 1 1/4 to 1 1/2 miles, could reach their homes, Kasimov said from Dushanbe.

Officials and Soviet media said the devastation was vast, and total in places.

In Sharora, "cries and wails can be heard everywhere," Tass reported. "Some

are bemoaning and burying their near and dear ones, while others are trying to find the few survivors between the thick layer of sand and clay."

It said all of the village's streets had been buried under the 50-foot-high layer of earth that the earthquake detached from a hill near the village.

The TV news program "Vremya" showed aerial footage of Sharora, with white roofs of buried homes peeking through the dirt like seashells scattered on a beach.

Kasimov said that according to preliminary figures, the quake and landslide destroyed about 100 buildings, including five schools and a maternity hospital near the epicenter.

There was no exact count available for the population of the stricken villages. But the official at the Dushanbe seismic center said families are traditionally large in the mostly Muslim republic, and that one dwelling often houses eight to 10 people.

TODAY'S WEATHER
55°-60°

Today: Partly cloudy and mild
Tomorrow: Mostly cloudy, cooler

DIVERSIONS

The Ramones mix was less than satisfying.
See Page 3

VIEWPOINT
3-D offers different perspective on game.
See Page 4

DIVERSIONS

Rob Seng
Arts Editor

Tesla blend sound to make 'Great Radio Controversy'

By MICHAEL L. JONES
Staff Writer

Anyone picking up a copy of *Hit Parade* or *Metal Parade* last year probably heard more than a little raving about a new outfit called Tesla. All the pseudo-headbangers put up their Bon Jovi albums and gave Tesla's *Mechanical Resonance* a listen—and got a big surprise.

Tesla isn't metal in the Bon Jovi-Def Leppard vane. These guys prefer the hard rock category. The very term hard rock conjures up images of long hair, bell bottoms, Styx, Journey, or early Foreigner.

"It's all rock-n-roll," said guitarist Steve Thompson in a

WHEN, WHERE AND HOW MUCH

Tesla will open for Poison tonight at 7:30 at Rupp Arena. Tickets are \$16.50.

phone interview last week. "To me, metal is Megadeth or Metallica."

The hard rock claim isn't hard to swallow when you listen to the band's upcoming release, *The Great Radio Controversy*. The band actually turns the volume down to set the mood. Lead singer and main lyricist Jeff Keith chunks

up a little more than macho stereotypes.

"He trips out on life," Thompson said. "He thinks that if things are going good for you they are going bad for someone else."

"Needless for you to worry/No use in losing sleep/I really do appreciate a hint/Of your love for me/But I love those lazy days/ and crazy nights/It's my way/It's my life... I'm doing fine right here on borrowed time," Keith sings in "Lazy Days/Crazy Nights" a mid-tempo rocker that is a throwback to 70's Aerosmith.

A poet Keith is not, but he gets his message across a lot more literately than some lyricists in this genre of music.

Tesla has the added advantage of two guitarists, Thompson and Frank Hannon.

"I'm much more like wishy-wishy, and he is more precise and I like the difference," Thompson said.

This is especially effective on "Did It For The Money." The song explores the motives various people use for the things they do.

Keith asks, "Did you do it for love/Did you do it in the name of love?"


Thompson and Hannon will have plenty of time to get their licks synchronized. The band will be touring with Poison for the next five months.

Tesla isn't metal in the Bon Jovi-Def Leppard vane. These guys prefer the hard rock category. The very term hard rock conjures up images of long hair, bell bottoms, Styx, Journey, or early Foreigner.

Nikola Tesla. Considered by some to be the father of radio, Tesla was an underdog scientist. He was a friend of Mark Twain but an enemy of Thomas Edison (Tesla invented his own fluorescent light), and a client of J.P. Morgan. Tesla was an original in a time when

everyone else was content with the status quo.

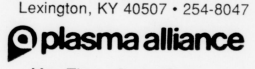
Somehow it seems fitting that such a renegade scientist would lend his name to a band that is trying to be somewhat original in a field that is full of imitators.



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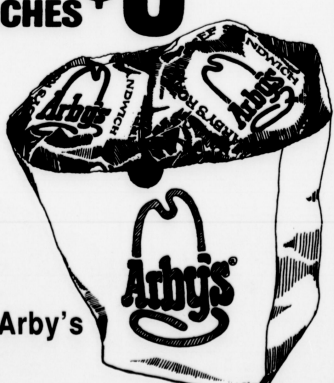
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DAVID STERLING/Kentucky Staff

Burly bouncers should have stopped the sound man from drowning out Joey Ramone's (center) vocals instead of the chaos in the crowd at The Ramones concert Friday night at Rhinestones.

Slipshod sound and performance marred Friday's Ramones concert

By ROB SENG
Arts Editor



from one of those mail-in music business colleges that advertise in the back pages of *Rolling Stone*.

For a while at the Ramones concert Friday night, I was overcome by a feeling of déjà-vu.

It wasn't a remembrance of the hard-edged performance that the group gave at Bogarts in Cincinnati four months ago that showed why they have survived the punk revolution and are still a vital force in today's music scene.

Instead, I felt like I was watching the concert in the Student Center Ballroom because the sound was so bad. Unlike the poor acoustics of the Ballroom, though, the muddy sound wasn't due to Rhinestones.

Instead, the crowd was victimized by a sound mixer who had the same attitude that The Ramones themselves seemed to have for most of the concert. Basically, they just didn't give a shit.

The group still played their greatest hits at the ferociously fast pace that they displayed at Bogarts. However, there is a fine line between playing with focused intensity and just running through your playlist with a casual indifference.

Too often, the band crossed that line: The tour obviously is coming to an end and the group seems to want nothing better to do than get back to New York and just hang out.

Not that professional musi-

cianship mattered much to the crowd anyway. They were too geared up and ready to slam. The sight of surly bouncers stalking the stage did little to discourage them. At times, the bouncers were more visible than the band. "Geez, David Allan Coe's fans weren't this bad," management officials had to be thinking.

Although not nearly as extensive as their Bogarts' set or even their recently released greatest hits album, *Ramonesmania*, the group roared through such Ramones standards as "Psychotherapy," "I Wanna Be Sedated" and "Rock 'n' Roll High School."

Pauses between songs were usually reduced to bassist Dee Dee Ramone counting off to the next song.

Unfortunately, the sound man decided to crank up the guitar, drowning out lead singer Joey Ramone entirely. The credits may have been hopping on the dance floor but the real idiot seemed to be behind the sound board. He was obviously a successful graduate

The concert lasted a little more than an hour and, considering that most Ramones songs are only about two minutes long, didn't seem to be too entirely short.

But The Ramones, as the last of their generation, had so much more to offer than just coasting on their reputation.

One can only hope that their appearance in an upcoming documentary of CBGB'S, the legendary New York nightclub where bands such as Talking Heads and The Ramones got their start, is more indicative of their Bogarts appearance than the Rhinestones show.

The majority of the crowd, including me, were just kids, being weaned on fodder such as Journey and REO Speedwagon when the punk revolution turned the music industry on its ears. Two junior high school students had brought their dad to the show just so they could get in.

The stage was set for a whole new generation to experience the fire that The Ramones, maybe more than anyone else, started back in 1974. Instead, the group opted to let only their reputation precede them. Lexington deserved better. So did The Ramones.

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by Berke Breathed



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Our attitudes about acquaintance rape must be changed

You may have heard about it once or twice. A friend confides that her boyfriend was rather forceful with her last night. Or you overhear someone boasting about how he "convinced" his girlfriend to have sex with him last week.

But you don't really give it a second's thought. After all, the man is supposed to be the aggressor in a relationship, and if the woman doesn't want to have sex, it's up to her to control the relationship.

It's precisely this kind of prevalent attitude, however, that has made acquaintance rape a common occurrence and significant problem in our society. Most people don't recognize that it is a violent crime instead of a simple miscommunication between friends.

How can it be rape if the two people know each other? Easy. Any forced sexual contact or intercourse is rape, whether it's by a stranger or a friend.

With acquaintance rape in particular, the violation of the woman's body and disregard for the trust in the relationship can cause the victim a great deal of emotional trauma.

And society's tendency to downplay acquaintance rape only makes the trauma worse for the victim and makes it more likely that date rape will continue to occur.

That is why acquaintance rape isn't just a problem that the victim has to overcome. It is society's problem, our problem, and we must take steps to overcome it.

There are many societal myths that contribute to the commonness of acquaintance rape, according to counselors who deal with the subject. Men grow up believing that it's all right to be aggressive with women, that women like it that way. They feel like they need to "score" to express their masculinity. We all know the common phrase "Boys will be boys."

Women are taught that assertiveness is unfeminine, or they may feel like they "owe" their dates sex after a night out, or out of "love." They think that they're responsible for the relationship, and if it gets out of hand, then it's their fault.

But the fact is that women don't want to have sex forced on them, regardless if it's by someone they know. It's never what they ask for or enjoy.

The fact is that a man never has the right to rape a woman, even if he spends money on her, she is drunk at the time, she dresses seductively, or she leads him on and then changes her mind.

The fact is that acquaintance rape occurs against the victim's will. It is never the victim's fault.

The fact is that when a woman says "no" she doesn't mean "maybe." And even if she says "no" just once, it's enough.

And perhaps if acquaintance rape begins to be recognized for the crime it is, victims may not feel so guilty or ashamed as they often feel. Victims need to know they will receive emotional support, not criticism, if they talk about being raped. We need to stigmatize the rape itself, not the victim.

UK counselors and officials say that acquaintance rape occurs much more often at UK than is reported. It is our problem, but with more respect and communication in relationships and a simple change of attitude, it should be something together we can change.



A call to care

Bush's speech showed political reality, social responsibility

Inauguration speeches, much like overtures to an opera, are meant to inspire a particular theme a president hopes will permeate his administration.

Franklin Roosevelt's request of Americans to toughen up during the Great Depression, Warren Harding's call for a return to "normalcy" and John F. Kennedy's challenge of a "New Frontier" all indicated an attitude each president entered office with.

Friday, George Herbert Walker Bush proclaimed that "A new breeze is blowing — and a nation refreshed by freedom stands ready to push on." And so began the 41st presidential administration.

While Bush's brief speech to the nation certainly was not delivered with the grace of a great orator, it did have a refreshing ring to it that Americans should find comforting.

Bush, who we are now told by his closest aides is really not a conservative but a pragmatist who leans to the right, apparently understands what is ahead of him during the next four years: a Democrat-controlled Congress; \$1.5 trillion fiscal deficit; a new attitude, however naive it may be, toward the Soviet Union; and a nation besieged by drugs and poverty.

While stumping during the presidential campaign, Bush portrayed America as better than ever, and, compared to 1980, it is. But there were several areas that have either been neglected or bungled during the Reagan years, and if Friday was any indication, Bush finally has realized that.

Bush's speech also revealed the keen sense of political reality.

Nowhere in his 20-minute address to the nation did he pretend to have a referendum to change government as Reagan correctly did eight years earlier; Bush's speech sounded more like a Washington



C.A. Duane Bonifer

bureaucrat who is aware of the political goals of the beltway.

When Reagan came riding into Washington in 1981 with his six-shooters loaded with golden bullets, he brought with him a gang of hard-line ideologues who were committed to a new way of governing.

Since naming James Baker as his secretary of state, however,

difficult — Bush will begin negotiations on Capitol Hill with an advantage. What was most refreshing about Bush's speech, however, was a renunciation of materialism and a call for a "new engagement in the lives of others — a new activism, hands-on and involved, that gets the job done."

Without directly condemning the man who got him elected president, Bush lashed out at an entire generation that has been too worried with its own petty lives and not concerned enough about the world it lives in.

Bush told parents they must not only hope to leave their children a nice car and hefty bank roll, but "a

sense of what it means to be a loyal friend; a loving parent; a citizen who leaves his home, his neighborhood and town better than he found it."

That sense of social commitment and responsibility to one's community is not unusual for Bush. Born into a truly wealthy family, Bush was brought up with the idea that citizens not only live in a nation and receive from it, but also must give back to it.

It is a belief that government and civic leaders have the responsibility to do their job, but also to set examples of high ethical standards.

It is ironic that Bush appealed to the nation for a renewed sense of social responsibility,

especially since so much of his support came from self-centered voters who are indifferent about what happens to others.

One particular pocket of Bush support, college students, would do especially well to heed the advice of their nation's leader.

Walk down the halls of the Business & Economics Building, White Hall Classroom Building or Student Center at UK and you will encounter some very self-centered and sad individuals.

While no one is asking — or wants — students to begin marching on administration buildings and tearing down American flags, it would be nice if students on this campus felt a little responsibility to contribute to the community in which they live.

It is understandable that young people are worried about their future. We live in a world that is increasingly competitive and every little advantage one can get or add to one's resume is important.

But it is important to draw the line and remember the social responsibility one has to one's community and neighbors.

Not all presidential inaugural addresses have succeeded in setting a country's mood.

Abraham Lincoln asked a nation that was recovering from the bitterness of a Civil War to have "malice toward none, with charity for all," but the next 50 years were some of the ugliest in the nation's history.

Hopefully, this nation, especially its youth, heard the call of George Bush — if it was not busy doing something else — and will become less myopic and more conscious of its world.

Editorial Editor C.A. Duane Bonifer is a journalism and political science junior and a Kernel columnist.

Letters Policy

Writers should address their comments to: Editorial Editor, Kentucky Kernel, 035 Journalism Building, Lexington, Ky. 40506-0042.

Letters should be 350 words or less, while guest opinions should be 850 words or less. All material must be typewritten and double-spaced.

The author's name must appear on all material published unless a clear and present danger exists to the writer. All entries are subject to editing.

Glasses added a new dimension to watching football on TV

I can quit anytime I want. But not right now.

I guess it really is about time to take these 3-D glasses off, but I'm afraid I'm hooked. My insidious addiction started on that fateful night two days ago at a seemingly innocent Super Bowl XXIII party.

Televized football is boring. I like going to games, but watching football on TV, to me, is about as exciting as listening to elevator music. But the Super Bowl is different.

Being a student of the mass media, I look forward every year to seeing advertisers unveil their latest bits of technical wizardry on that special Sunday in January.

The only problem is having to slog through all that football. This year a bunch of us communication grad student folks got together to turn down the volume and talk about the upcoming TV innovations.

Field research, I explained to my family. This was a big year for broadcast innovation — the first ever network three-dimensional pro-

GUEST OPINION

gramming. And, of course, the Bud Bowl. Looking more like Jim McMahon than Joe Montana or the Bengals' quarterback (I forgot his name), I glanced furtively through my Tri-D

As a graduate student, I'm always on the lookout for something to study (the faculty breeds it into us). And this was a question that needed an answer.

glasses at the big screen TV — waiting for the best part of the game.

The halftime show. A lot of time and expense went into preparation for Sunday's festivities. I wasted two bucks on Diet Coke to get my special glasses. I love Coke, but you could only get a pair of free glasses if you bought Diet Coke.

I went to bed real early the night

before so as not to be tired during the incredible event. I wore my contacts so I wouldn't be wearing glasses (that usually would look silly).

And I readied my VCR at home, just in case during all the party fun, I missed the 3-D halftime show.

The halftime show hadn't started

yet. They were still tossing the ball around. But lo' and behold, unless our group was mass hallucinating (due to over-active imaginations or too many jalapeno peppers in the nachos), the whole game was in 3-D. It was amazing! People cracking into other people! Footballs and referees comin' right out at ya! "Go Dolphins!" one of us

screamed. This 3-D effect worked better than advertised.

My only complaint was they never once showed a close-up of the cheerleaders.

Then there was halftime. Things bounced, flew and fluttered off the screen — and that was just the Diet Coke commercial.

But all this extra Tri-D (the game, non-Diet Coke commercials, etc.) caused some confusion.

Was there some special camera technique, or was it all caused by the glasses?

"It's a left brain, right brain thing," the guy from GTE said as he sipped his Coke.

As a graduate student, I'm always on the lookout for something to study. (The faculty breeds it into us.) And this was a question that needed an answer.

The only way to figure it out was to wear the glasses for several days, sampling programming across all networks.

All I can say is wow! Again, this could be the product



PHOTO ILLUSTRATION BY RANDAL WILLIAMSON/Kentucky Kernel Staff
The Three-Dimensional glasses provided by during halftime of the Super Bowl opened up a new way to watch sports.

of an imagination run wild — or severely dilated pupil (a side effect of the glasses). But TV never looked like this.

Real life never looked like this. But I guess I really ought to give my eyes a rest.

By the way, I still don't know who won the game. Budweiser or Bud Light?

Phil Auler is a doctoral student in the College of Communications.

Rape account: insight to problem

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of this to show how powerful he thought he was. Those were just the little things he used to do that led up to the big things like him beating me up and ... he raped me twice.

He was very violent without sex but he was also very violent in sex. I remember him leading me into my bedroom and then all of the sudden I was just ... I remember being really scared and I remember shaking a whole lot and just trembling from fear and being really scared and then him telling me that I'd better enjoy it because this is ... he was telling me that this is what I wanted.

I guess that was his way of relieving his guilt or whatever. I could always be motivated by obligation. You know, this is what I had to do. And if I didn't do it, he wouldn't love me any more. He would just not be there anymore, and that just terrified me so I was going to do it.

I don't remember very much except that I remember him raping me, and I remember he, like this is really graphic, but I remember him thrusting and pushing as hard as he could and the air just being knocked out of me and I ... It was like I wasn't allowed to scream because I knew if I screamed I would get into more trouble so I just held it as much as I could and he started to laugh and that's what I remember. He laughed about how much it hurt. He just laughed and that's what I remember. I just remember him laughing.

And then I think my mother came home and he just kind of rolled off and pulled up his pants and walked out into the living room like nothing ever happened. I was really, really sore. It really, really hurt. The reason I know it was rape is because I didn't want it and he hurt me. It wasn't the first time when it hurts. It's like he was trying to hurt me.

He definitely had a power thing where he would make sexual acts very degrading. I don't really know how to explain that other than that ... I really don't know how to explain how someone strips your self-esteem away.

He was really, really, really crazy.

Finally the reason I got away from him was that there was a succession of times that he tried to kill me.

He tried to strangle me twice I guess. The first time wasn't as bad. The first time I had a turtle-neck on and he ... I consider it trying to kill me because he was pulling so hard about it. He was laughing so hard about it. He was pulling his turtle-neck back as far as he could until I couldn't breathe and I was turning red and gasping. He would just laugh and sit on my stomach and push all the air out of me and just laugh about it. That was the first time.

The second time was outside and a whole bunch of his friends had been throwing snowballs. They were ice balls and they had been throwing them at me. I was getting bruises all over me and I was feeling really, really ... well obviously I was feeling scared but I was feeling really, really sad because I just wanted someone to be friends with me, and so when Andy finally walked over and said, "Let's go around to the back of the house." I thought wow, now he's going to pay attention to me.

Instead, we went around to the back of the house and there was snow on the ground and it was very, very cold and he threw me down. I mean, he threw me and he sat down on top of me right on my stomach and he put his hands around my neck and just started to choke me. He had these big gloves on and he put one hand on my neck and one hand on my mouth and over my nose until I couldn't breathe and I really did lose consciousness, not for long, but I did lose it.

The problem was that there was nobody to tell. I didn't really have any friends any more, and I certainly couldn't tell my mom or my dad. I didn't know what to do to get away from him.

So, after a while I finally told my best friend and she wanted me to tell her mom. I told her mom and it was her mother that acted kind of as a mother to me and said, "Nobody's ever going to tell you

this except me and I'm going to tell you to stay away from him and never see him again." That was fine with me. I just needed someone to tell me that I didn't deserve it.

I did stay away from him. He didn't stay away from me. He would follow me wherever I went and try to show up at my house when no one was there. Somehow or another, there were always enough people around that he never was able to do anything to me again after he tried to strangle me that time.

Once we broke up, I still had to go to school with him. Anytime we had a class together, I would, if I couldn't find somebody who I was friends with to sit with me, I would skip because he would not leave me alone.

I started seeing a social worker at my school, and I told her what had happened, and she talked to me about reporting it, but I was too scared to report it.

I was scared to report it because I was really scared that he would try to come and kill me. I was also really scared to go to court. I was scared that they were going to put me on the witness stand, and make me the criminal and tear me to pieces.

Susan's social worker told the police and school officials. She never saw Andy again.

Lots of people don't understand why women stay in abusive relationships. They look at women like they're really weak and really stupid but people don't understand that from the inside there are so many reasons why you stay.

The intimidation if nothing else. There's the fear that if you defy them, they're going to kill you. And then there's all the other things that are so nice. It's like Jeckyl and Hyde. Sometimes they're Jeckyl and sometimes they're Hyde.

Trauma of a rape incident hard to overcome for victim

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violated crime stems from society's traditional image of a rapist.

"The speculation would be that in our society rape is something a stranger does to you by force. Any deviation and the victim thinks ... maybe it wasn't a rape," said Pam Remer, a counselor at Counseling and Psychology Services.

The victim, therefore, blames herself, not the aggressor, for the incident, Remer said.

"It's hard to make a comparison (between victims of acquaintance rape and rape by a stranger). Both feel guilty," she said. "But the acquaintance rape victim is more likely to say ... I should have seen it coming. It goes around the issue of I trusted this person and I should have known they're not trustworthy."

"Our culture says the woman should be in control of sexual relationships: If you get raped, then it's your fault. You must have done something to incite it."

"But it's never the victim's fault. The perpetrator takes advantage of the relationship and violates the trust in the relationship."

As a result of this prevalent attitude, a victim of acquaintance rape in particular can be stigmatized. She may believe she would be viewed by others as irresponsible, weak, or even "loose," said Laura Drew, education coordinator for the Lexington Rape Crisis Center.

This, combined with the misidentification of date rape, leads to the gross underreporting of the rape, she said.

"It's his word against hers. In a dating situation they're not reported," she said. "It's hard to get a real scope on it."

A study done by a Kent State University psychology professor in 1985 found that only 57 percent of the women studied who had been raped actually identified the experience as rape. The study concluded that "at least 10 times more rapes occur among college students and are reflected in official crime statistics."

"We revictimize the person," Drew said. "It's then difficult to come forth and talk about it. It's so dehumanizing."

And, counselors say, with acquaintance rape, the violation of trust and society's tendency to downplay the experience only make the victim's trauma more complicated and difficult to overcome.

"The initial reaction is a great deal of fear and feeling of loss of control, helplessness and humiliation," Drew said. "There's a great deal of guilt involved — more so if it's a date (rape). I don't want to diminish the experience (of a stranger rape). It goes deeper when it's someone you know."

"It's someone you spent time with and trusted. In that sense I think it may be more traumatic," Corio said. "Usually there aren't any indications. A lot feel

guilty and real ashamed. They feel like it's their fault."

At some point victims may try to forget about the incident or ignore its importance in order to get on with their lives, Remer said. "Not defining the experience as rape also may be a form of this stage of denial."

"It can serve a good function because they can get their life back in some shape," Remer said. "She may or may not have signs that the experience has been damaging to her. The stage can have its hidden costs, though. There may be some negative effects that she does not connect with the trauma of the rape."

But the emotions or memories that have been suppressed may resurface later, triggered by some event or even by seeing the rapist again, such as on the college campus, Remer said.

"It's very hard to go on putting it aside," she said.

Fulks said it could be "as long as five or 10 years" before a rape victim seeks help.

"There's a tremendous amount of shame, guilt and anger. All those erode self-esteem."

At this time, many victims finally will seek professional help to deal with their emotional trauma. Although many victims may never completely heal, Remer said, with time and support they can get better.

"There are healing processes, and there is a way to get to that place where you feel better and in some ways even stronger," she said.

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