Kentucky Kernel

18

This edition of the Kernel full of info

BLANTON

And chances are, it's something you didn't know before.

And that's the whole aim of the New Student's edition—not to entertain—but to inform.

If you're wondering what you're ever increasing health fee gets you, it's in here I' you're perplexed, like the majority of us, about the maddening parking problems of this institution, it's here. (Mind you, there's not a remedy to the parking problem—which is not unlike trying to find free space at a roller derby—but there's some information that might help you cope at little better.]

And the list goes on. From sports to arts, if it's your cup of teal probably is found somewhere in this edition of the Kentucky Kernel. The probability is found to the probability of the probability of the guide to the campas and to us at the Kernel, student newspaper.

We don't have the presonshillty of being a student.

inis edition of the Kentucky Kernel.

So consider this newspaper a sort of introductory guide to the campus and to us at the Kernel, student newspaper.

We don't take the responsibility of being a student paper lightly. We hope you won't ever let us, either. So when you have the time, take a break from taming or slawing at the local grease pit, and take a taming or slawing at the local grease pit, and take a limit of the state of

If there is something you're interested in or urious about and we're not covering it, let us know. f you're unhappy with the administration, student overnment or University life in general — give us a

Uncharted waters

Many tourists travel to see the Cumberland Falls, located in McCreary County. The falls is one of few places in the world where a moonbow can be drive from Lexington.

Editor in Chief Jay Blanton is a journalism senio

While you may not be a candidate for All-American honors, UK's club sports offer a variety of activities for athletes who want to stay active in college.

See Page 7

Young thespians take heart - the **UK Theater** Department offers roles in student productions ranging from the traditional to the avant garde.

See Page 8

From punk to country to a place to grab a drink, Lexington bars can quench your thirst for entertainment and provide something to do on the weekends.

See Page 12

Dorm life has its ups and downs for students

Some people say small rooms, no privacy and noisy neighbors.
Others as a good parties help on the source of the so

But dorm life can be lonely for some. Clay said homesischness is something most between dorm neighbors.

But dorm life can be lonely for some. Clay said homesischness is something most people should be something and a m. conversations are institute.

But dorm life can be lonely for some. Clay said homesischness is something most people should be so

"What we've found out, the first three days of important for folks to understand that one-half the room belongs to their roommate. You have to realize, 'Hey, this isn't just my room.'

Bob Clay, dean of residence hall life



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VISUAL

Bring exhibits to Student Center's Rasdall Gallery

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to receive later in the summer and in the fall. have so we can play records othe stations can't."

Greek life is only way of life for many at UK

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SAB livens up campus with variety of events

Assignment Editor

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staff.

Another major event SAB sponsors each year is the Little Kentacky Derby, Held each sping, the celebration boasts outdoor concerts, a ping-pong ball corpor giving away prizes, a "Run tor divising Conferences."



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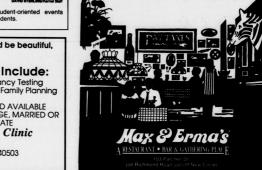
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While some organizations are talking about it, we're writing about it. Every day.

We need good, dedicated, motivated individuals who want to do more than just hang out. We need writers, photographers, editors and anybody who wants to work while they're at UK.

Why don't you stop by at Room 035 Journalism Building when you get to campus, or call 257-1915.

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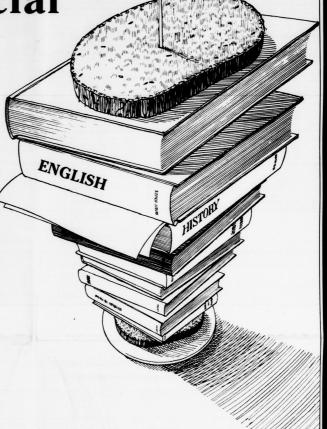
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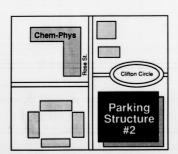


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Sports

Basketball isn't the only sport you'll find on UK's campus



Of the 1,001 questions you'll have when you get to UK, one of them probably won't be where you can find a little pick-up basketball.

Formulally, though, that question will arise. Expecially if you have a process process. The place of the process of the process of the place to be formed as a specific commande.

Whether you're looking for some ough competition, fun or just a little exercise to shake the rust off your arms after a lary summer, you won't have any trouble finding it at UK.

Although you just can't stroll into Rupp Arena and fire some Rex Department of the properties of the place to be formed to the properties of the properties of the place to be formed to the properties of the place to be formed to the properties of the place to be formed to the place to the pla

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SPECIAL BULLETIN FROM THE UK THEATRE DEPARTMENT

THE UK THEATRE 1988-89 SEASON!

AH, WILDERNESSI
By Eugene O'Neill
OCTOBER 6, 7, 8, 13, 14, 15 at 8:00

OCTOBER 6, 7, 8, 13, 14, 15 of 800

MISS JULE
BY AUGUST STINDER 1, 3, 4, 5 of 8:00

OCTOBER 27, 28, 29, 30 and NOVEMBER 1, 3, 4, 5 of 8:00

JOSEPH AND HIS AMAZING TECHNICOLOR DREAMCOAT
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NOVEMBER 17, 18, 19 and DECEMBER 1, 2, 3 of 8:00
MY SISTER IN THIS HOUSE
BY WENGEN KESSEMINGE

By Wendy Kesselman FEBRUARY 16, 17, 18, 23, 24, 25 at 8:00 BILOXI BLUES
By Neil Simon
APRIL 13, 14, 15, 20, 21, 22 at 8:00

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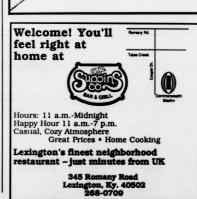
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"I think we have as good a program as any university. Right now we are interested in making it a stronger program. Budget-wise, we are going to try to strengthen the 24 sports we have now, now that we have the money.

Kathy Rose, UK campus recreation

Well, maybe not.

If you're not a 6-foot-11 athletic wink id but still love to work up good sweat, it's probably safe to say the UK club sports program has something for you.

The program offers competition in just about every sport you've ever heard of, and probably some you haven't.

If think we have as good a program as any university," said Kathy Rose of campus recreation. "Right may we are interested students.

Both teams play tough schedules, pairing off against teams in Kentoky Derby.

The the Lady Kat softball team comets and dright was a fair for romance and the club sport, boasts the largest turnout of interested students every year As a result the club is able to field three teams, giving beginners experience.

Last season the club finished with another winning record. Two seasons compete in many national source as ones ago the club made it to the quarterfinals of the national tournaments, as well as sponsoring quarterfinals of the national tournaments, as well as sponsoring quarterfinals of the national tournaments, as well as sponsoring down the intervent of the club sport in the club is able to field three teams. But he offers and Louisvalle. The club sport is the club is able to field three teams, giving beginners experience.

Last season the club finished with another winning record. Two seasons ago the club made it to the quarterfinals of the national tournaments, as well as sponsoring during the Kentoky Derby.

The Lady Kat softball club won the inau area chance to brush during the Kentoky Derby.

The Lady Kat softball club won the inau area of the club sport as the club sport as the club sport as the largest turnout of students each year. The beginners experience.

Another winning record. Two seasons of the club finished with another winning record. Two seasons ago the club made it to the quarterfinals of the national tournaments, as well as sponsoring in the ferming the ferming the ferming the ferming the ferming the ferming thaven the club sport and the finished of the club sport and the fi



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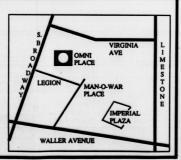
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play and it has a lot of rotes to tout the productions which will insulated by the production which will insulated by the production which will insulate by the production which will be producted by the production which productions are chosen in the production in the production in the theater construction in the production in the production. The production is the production in the p

UK theater department encourages student interest in the humanities

The UK College of Fine Arts offers several productions each year, including concerts, exhibits year was "Little Shop of Horrors." Welcome All New Students

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There's hope on the horizon for the city's stalled arts scene By ROB SENG Atta Editor Rib been almost a year now and still haven't figured out all the word for the mine to memorize the words so that I to can look hip and sing along themever it comes on the stereoa at party ear. Course, it's a trilling matter wherever it is comes on the stereoa is a sequent to a look hip and sing along themever it comes on the stereoa is considered that there's under the constraint of the consideration that is most late year's fall semester and carried through the rest of 1887. The Justice and carried through the rest of 1887. The Justice and considering the constraint of th

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Aug. 1 - Mon.

Begin controlling are parking area for permits. R2 permits (87-89) will be honored through Friday. Sept. 2, 1986. Cooperstown residents to an obtain temporary permits from the Cooperstown Housing Office or the Parking office. Aug. 22 - Mon.

Office.

Begin controlling all C, R1, R3, and R 10 area for permits. Student parking permits (87-88) for these areas will be honored through Friday, Aug. 26, 1988.

Begin Issuling numbers reserving C and R1 permits in the Student Center Ballroom.

Hours: 8 a.m. to 11:30 a.m.

Aug. 24 - Wed.

Aug. 26 - Frl.

Aug. 29 - Mon.

Aug. 29 - Mon. Sept. 2 - Frl.

permits in the Student Center Saltroom.

Nours 8 a.m. to 11:30 a.m.

Begin Issuing numbers reserving R3 and R10 permits in the Student Center Saltroom.

Nours 1:30 p.m. to 4 p.m.

Begin Issuing C, R1, R3, R5, and R10 permits to eligible students with reserve numbers or special approval. Location: Parking Office.

Hours 8 a.m.-7 p.m.

Last day for students with reserve numbers or special approval to pack up C, R1, R3, R5, S, and R10 permits in the Parking Office.

Segin Issuing R1, R2, R4, R6, R7, R8, and R9 permits to eligible students. Location: Parking Office. Solic up K, R2, R4, R6, R7, R8, and R9 permits in the Parking Office.

Segin controlling R5 parking areas.

Last day to pick up K, R2, R4, R6, R7, R8, and R9 permits in the Parking Office.

Segin controlling all student areas (except K).

Segin taking applications for K permits at LCC. Location: Room 216, Leventgran Community College. Office Hours: 9 a.m. to 11 a.m. and 1 p.m. to 3 p.m.

Sept. 9 - Frl. Sept. 13 - Tues.

a.m. one 1 p.m. to 3 p.m.
Last day to apply for a k permit at Lexington
Community College.
K permits can be picked up by those who
applied the previous week. Location: Room
215. Lexington Community College. Office
Hours: 9 a.m. to 11 a.m. and 1 p.m. to 3 p.m. Sept. 16 - Frt.

Last day to pick up K permits at Lexington Community College. Begin controlling K parking areas. Any available C or R permits will be issued. Location: Parking Office, 305 Euclid Avenue. Office Hous: 7:30 a.m. to 4 p.m. Sept. 19 - Mon. Sept. 26 - Mon.

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Permit Type
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ons ... Decisions | There's no end to it. First you had to decide what college you were going to after you decided to further your education (you made a wise choice in choosing UK). You will alsto specific course to help you get your college career off to a great start. You will also certain individuals to get close to in order to cultivate friendships that will sat a lifetime. But these the only major choices you will need to make during your stoy of the decision that will be of ulmost importance will be how and where you will deal with the splittud lifetime. But there you will be not you got your control. You will be there to help you sort the number is subject to the your sort of the your control. You will be there to help you sort the number is subject to the your decide. You will be there to help you sort is a place on campus that can help = the Christian Student Felewatip. Upon your arrival on campo by your goen house.

en house Aloha Night, Sunday August 21, at 4:30 p.m. Game Night, Monday August 22, at 7 p.m. Lip Sync Contest, Tuesday August 23 at 7 p.m. Michele Wagner Concert, Thursday, August 25 at 7 p.m.

to seeing you real soon

You can do all of this and more at CSF. Upon your arrival on campus stop by and meet the CSF Campus Minister. Ly Christian Student Fellowship 502 Columbia Avenue (on Fraternity row) Phone 233-0313

CSF offers the following activities:

Worship services (11 a.m. starting August 28) Fellowship Opportunities Retreats, Socials and Inte Community Outreach Opportunities

Student Government Association sheds 'self-serving' image

"We're not trying to eliminate anyone We're always interested in having son campus during the last few weeks of the spring semseter when the campaign basters and fillers.

During the other months of the year, SGA usually is not noticed by many students, but it offers a variety of services that are beneficial to students.

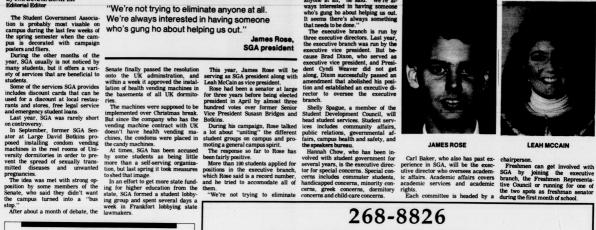
"We're not trying to eliminate anyone We're always interested in having son who's gung ho about helping us out."

SS

Senate finally passed the resolution onto the UK administration, and serving as SGA is within a week it annoved the install. Lab McCriteria. "We're not trying to eliminate anyone at all. We're always interested in having someone

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Need Help?

Have No One to Turn to? Want Leadership Experience?

Contact

The University of Kentucky Student Government

WATCH FOR

✓ Freshman Senator Elections

✓ Freshman Representative Council

or apply for executive branch committees by calling (606) 257-3191

or write: 120 Student Center University of Kentucky Lexington, KY 40506-0030

UK ombudsman can help student problems

HEIDI PROBST

The position of academic ombudsman is a one-year position filled by a UK professor chosen by an appointed search committee. Law professor Bill Fortune was the recent ombudsman. However, that position will be replaced July 1.

About 500 cases or more serious
complaints — those that require research — come into the
ombudsman's office every year.

One solution for an instructor-stu-dent problem is to transfer to anoth-er section of the course. However, this needs to be arranged early in the semester and a valid complaint is needed.

Complaints of cheating and plagiarism are not as numerous in the ombudsman's office. Punishments for these offenses are usually handled by the instructor or college



insufficient grade are the most numerous.

And it is not always best to go discretly to the ombudsman's office when an unexpected grade appears on your report card. The best way to deal with a grade problem is to discuss it with the instructor.

However, the ombudsman will give advice on how to approach the instructor with a problem.

And although the ombudsman can not change a grade, he reviews not change a grade in the composition to the instructor and was provided in the prescription is shally aspirin and actived intelled the prescription is shally aspirin and actived in the prescription is shally aspirin and actived in the prescription is shally aspirin and actived to bowl of chicken of a piping hot bowl of chicken or the student Health Service and get you out of bed and basic the classroom in no time.

The following services are included in the health fee:

• unlimited clinic visits for illness and first-aid care.

**The University Health Clinic is open from 8 a.m. to 1/30 p.m. on weekdays and 8a.m. to 1/1 Saturday.

The Student Health Service and get you out of bed and basic the classroom in no time.

• unlimited clinic visits for illness and grave problem.

LISA LANE

306 S. Lime at Maxwell

NE NIGHT STRANDS Clip ad for \$2 off

Free parking across street Lexington, KY

Student Health Service can cure what ails you

By JIM WHITE
Associate Editor

If you wake up one brisk October morning with a scratchy throat and sweaty brow, mom won't be there to spoon-feed you chicken soup and tell you it's "all right to stay home from school today."

The only remnant of mother's tender loving care will be the \$25 health service fee she paid as part of your tuition—souse it.

The Student Health Service at UK offers students a broad coverage of medical care. Students can see physicians and be prescribed medicines at no extra cost.



COME HOME TO CALVARY

We think you're special! And we'd like you to become part of a very special family - Calvary Baptist Church! You'll find immediate acceptance, lots of loving fellowship, and plenty of your fellow students!

Come meet us at a picnic in the country on Sunday, August 21. We'll pick you up at the Classroom Building at 4 p.m. All the food and fun are FREE!

Come see for yourself how fun and exciting church can be!



Calvary Baptist Church



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University Housing **PRESENTS**



The Get-Ready Guide

What To Bring

fore you pack for your move to Lexington.Bring things you'll need Towels, washcloth, soap Lexington. Bring things you'll need to study, participate in sports and extracurricular activities, but also, think about the space limitations in a residence hall room. Here's a list of some of the things you may need at University of Kentucky.

Comtorfer or bedspread Comtorfer or bedspread Towles, and the special service of the space limitations in a residence hall room. Here's a list of some of the things you may need at University of Kentucky.

Comtorfer or bedspread Comtorfer or bedspread Towles and the special service of the special servic

What To Expect

As a new UR student, you are required to attend Freshman Orientation weekend, which begins on August 20. Plan to move into your residence hall after Noon on August 19. (All Orientation students with housing assignments must move in by Noon August 20.)

You will meet your Resident Advisor (we call them "R.A.'s" for short) and "Check In" to the residence hall. You'll receive your room key and additional information about the hall and Orientation.

Orientation gives you the opportunity to meet other people in your class, and most importantly, helps you learn the ropes at UK with others who are also learning. You'll learn the buildings on campus, what services are available, and how to use the library You'll be more confident and the "lost freshman" look will disappear! You'll have an opportunity to buy your books, and get acclimated before classes start.

How To Get Along With Your Roommate

THE ROOMMATE BILL OF RIGHTS

THE ROOMMATE BILL OF RIGHTS

EACH ROOMMATE HAS.

The right to read and study without interference, understanding the read and study without interference, understanding the right to have personal privacy in one's room. The right to have personal privacy in one's room. The right to host guests, with the understanding the the guests with hone the other resident's rights. The right to free access to one's room and facilities. The right to be free from intimidation and harm. The right to assume that there will be reasonable cooperation in telephone use.

Where To Eat

As a UK resident, you have a cal contract with either a inerCard or a traditional cal card. (If you don't have actual card yet, one will be used to you clither at Advise, Conference or during the st few days in the fall.) tese cards are honored at the cards are honored at the gister at any UK Food is location (except the Deli, which is cash-

nly).
When you want to eat, just o to a UK Food Service location, order or select what you rant, and present your card.
DinerCard students will have

Bon Appetit!

Locations
The Commons
feterla, salad bar, ci

Welcome To The University of Kentucky!

Variety of Lexington bars can quench your thirst for fun

patrons.

Whether you're yuppie or granola, punk or poser, hick or hippy or someone who just likes to drink a beer now and again, you'll probably be able to find the suitable environment to fit your tastes.

So if you're an of age transfer student or a freshman counting the days until you're 21st birthday, here's a local bar-hopper's guide.

Just tell 'em the Kernel sent ya.

The Bottom Line is a dank and dark dive located on Short Street downtown where many good progressive, blues, reggae and cover bands can be found. The Line serves up the music with great acoustics and some longneck beers and if the music gets to be too much, there's some tables outside in the back for a break.

Babylon Babylon is a step to the left for most conventional rock 'n' drink-ers. The bar, located on North Lime-stone, books a good variety of local and national underground acts. If it's played a lot of WRFL-FM, chances are you can hear it live at

Mainstreet, If you don't mind the mildly high prices, Main Streets is a poots of some of the campus's more share will pick your favorite county furnes of love, rejection, farm auctions and alcohol with a tear in their beart. Located above Breeding's on Mainstreet, the bar also has pienty of pool tables and drinking tables for a quite hight down home.

At Chevy Chase Inn (CCI) on Elid Avenue, you can get your fill of country music and old rock 'n' roll when Roger Bondurant picks is guitar on weekends.

Mainstreet, It you don't mind the mind by apolts of some of the canney apolts of some of the ampus's more sphere sheet of each glass and uside deck, food and local bands on the weekend. Plus there's the Laugh Track Live comedy show on Tuesday nights. Two Keys is near campus on South Limestone. Its located a few doors up from the University Club on South Limestone. Its door eating facilities make it a good place to for a middle-of-the-road night of part start, in the start, and the sale is a good place to fact.

Main Streets is a New York style blues har and eatery located downtown, (you guessed it) on Mainstreet. If you don't mind the mildly high prices, Main Streets is a mice place to impress a date with a first-rate dinner and a classy atmosphere. Weekend regulars on the bandstand are the Metropolitan Blues All Stars. on the standard are the Metropolitan son the weekend Plus Breet's the Laugh Track Live comedy show on the standard are the Metropolitan son the weekend. Plus Breet's the Laugh Track Live comedy show on the standard and close the standard and close the standard and close the standard and close the standard and the standard and close the standard and the

be the placet do not with the bears. The transition of the place to a cozy den the sum of a color of the place to a cozy den the place to the place



wo members of the Metropolitan Blues All-Stars perform recently a Lexington bar. The city's bars cater to all kinds of tastes.

at home with a full-service bar in books some national acts now and the corner.

Just for laugh's, Comedy on If you can't find it in Lexington Broadway, is a club located (another or originally named Lexington bar) in Richmond, unless of course, on Broadway downtown. The bar is you're looking for young girls, old home to many local comediana and men or over-zealous copes.

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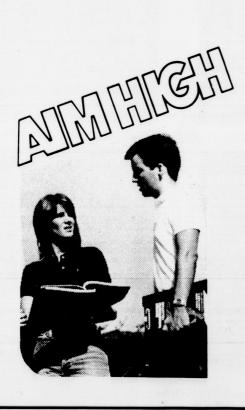
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LEADERSHIP EXCELLENCE STARTS HERE

UK administrators lend ear to student gripes

des, discipline, food or housing, se are the people you need to see oldent first year as president. Had to deal with a lot of adversity oc consider this your own person- oc orasider this your own person- occurrence of the people you need to see the people you need to

know.

In the pople that make up the administration essentially run this in stitution. The majority of them are stitution. The majority of them are stitution. The majority of them are residually an employing of them are stitution. The majority of them are stitution. The majority of them are residually an employing them are residually an employing them are residually an employing of them are stitution. The majority of them are structured in anti-mental stopps here, so to speak.

Situation are majority of them are stored in a stematics and was ere needs and concerns they might have.

But they're not going to come out to you. If you've got problems with to you. If you've got problems with the president.

Insequence in the deals mour sophor more president. Vice Chanceller for Student Afairs a large I and stopps here, so to speak.

It really shouldn't be that way. The proof president of a students of a student of a particular to a way the University operates. These people are the whom you'll see when a very suffer comes from Colorado Store of Colorado Store of the students and was the proof of the students of the colorado of the colorado of the proof of the students of the colorado of the proof of the students of the colorado of th

Chancellor for the Lexington Cam-pus Art Gallaher — Essentially sec-ond-in-command at the University in the chancellor system. Most deci-sions and paperwork at this Univer-sity go to him.



Handbook should be read by all

During your first week of classes you will get a lot of books, assigne ments and general things to read. One of those things should be your student Rights and Responsibilities Handbook. Although coming to the furst rules and regulations of home, they will not be away from having to very some other rules.

Aside from the diploma, the hand
book is one of the most valuable items recieved.

The booklet is divided in four sections and paper with the growing and regulations of student demonstrations and the procedures that must be disciplinary of the student's right to a due to rules and regulations of home, they will not be away from having to very spin to the student's right to a due to respect to of student's right to a due to a simple, direct and comprehensive guide to what is expected of students while they are at UK.

Aside from the diploma, the hand-

STUDENT GROUP HEALTH INSURANCE 1988-89

The Student Group Health Insurance Plan for 1988-89 will be carried by Bankers United Life Assurance Company. This company carries a BESI rating of "A" (Excellent)

The 1987-88 carrier, Fidelity Security LifeInsurance Company, has withdrawn from the college insurance market.

The Student Group Health Insurance Plan was heavily utilized last year. In order to negotiate an affordable plan for 1988-89, several changes have been made. It is important to point out that UK students will have a very good plan at competitive rates. Please examine the basic plan as described below so that you will be aware of the changes that may affect you. These changes have been marked by asterisks(**).

ELIGIBILITY**

Undergraduates: Must be registered for 6

Graduates:

Must be registered for 3 credit hours. (Certain 0 credit hour graduate students may qualify for enrollment. Check with Insurance Office

ENROLLMENT**

The first 30 days of Fall and Spring semesters are designated as open enrollment periods, the first 10 days of summer sessions are designated as enrollment periods

The effective date of your insurance will be the date that the Company or designated repre-sentative receives your premium. For coverage to begin on the first day of classes, payment must be received by the Company or by the Health Service Insurance Office on or before

Students wishing to continue enrollment will have 30 days from the day school starts in the Fall (deadline: September 26) and 30 days from February 26, (end of 6 month period) in the Spring (March 26.)

You may enroll in the UK Student Insurance Plan between open enrollment periods if you rian between open enrollment periods in you have been covered by another policy and are losing that policy because of age, marriage or loss of employment. You have 30 calendar days from the date that your other coverage ends to enroll in the UK plan. Your UK Student Insurance Plan will have an effective date beginning the day after your last day of coverage under the other collect and work will have a prounder the other policy and you will pay a pro rated premium for coverage from that date to the end of the current coverage period.
If you are currently on the UK Student Insurance Plan, you may change your option for one of the following reasons:

- 3. Birth of child Loss of spouse's employer coverage.

You have 30 calendar days from the date of the precipitating reason for the change in which to get the forms completed and additional payment made. The effective date of the new option will be date of the precipitating reason for change

The first \$200 of charges per contract year will be responsibility of the patient

PAYMENT**

80/20% payment on all usual and customary charges after the deductible has been met. In-surance will pay 80% and student will pay 20%. This will be in effect for the first \$5,000 of charges. From \$5,000 to \$25,000, usual and customary charges will be paid at 100%. Major medical coverage from \$25,000 to \$100,000 may be purchased for an additional prem

MENTAL HEALTH outpatient charges will be paid at 50% to a maximum of \$500 per contract year. Inpatient charges will be covered to a maximum of \$5,000 per contract year and will be paid as with any other inpatient care

MATERNITY has limited benefits. Pre-natal and post-natal services are not covered. Physician's fee for delivery will be paid at 80%. Hospitalization for mother and baby will be paid as with any inpatient care.

ACCIDENT coverage, outpatient, is now covered at 80/20% after the deductible is met In addition to the above, please note that coverage for the items listed be-

low is no longer available

1. Physical Therapy, except following surgery and accident.

- 2. Prescription drugs
- sound natural teeth.
- 4. Congenital conditions, except for newborn.
 5. Procedures such as fertility studies, weight control clinics, etc. (please check brochure,

when available, for specifics.)

CONDITIONS

There is a 9 month waiting period for coverage of pre-existing conditions. Pre-existing is de-fined as any condition for which medical ad-vice or treatment was received prior to the effective date of the plan.

PRE-CERTIFICATION This plan requires that all inpatient hospitalizations be pre-certified by the insurance compa-ny prior to scheduled admission, or within 24 hours of an emergency admission. Maternity admissions do not require pre-certification.

MAJOR MEDICAL/ CATASTROPHIC**

For an additional premium per person, coverage may be extended from \$25,000 to \$100,000, with usual and customary charges paid at 100%

New brochures will be available by the 15th of July, 1988. If you have questions in the interim, please call Student Health Service Insurance Office at (606) 233-6356.

	RATES FOR SCH	IOOL YEAR 1988	-89	
Semi-Annual Rates		Semi	Semi-Annual Rates	
	Under 35		Over 35	
Student	\$170.00		\$425.00	
Spouse	360.00		615.00	
Each Child	250.00		250.00	
Optional Catas	trophic/			
Major Medical	60.00	(per person)	150.00 (per person)	

Learning in college means effectively managing your time

College is different from high school in many ways.
Classes are usually bigger, professors expect more out of you and you have a lot more spare time.
In high school, you were in class — or at least should have been — seven hours a day, five days a week. In roal lege, you'll probably only be in class two or three hours day, four or five days a week.
A common mistake many freshmen make is they don't

have.

It's easy to come back to your room after classes and watch soap operas, cartoons, game shows or whatever other banal programming the television people have chosen to litter the airwaves with.

When the weather is nice outside, it's even easier to play basketball, throw a frisbee or lay out in the sun for hours.

When the weather is nice outside, it's even easier to play basketball, throw a frisbee or lay out in the sun for hours.

There's nothing wrong with liesure time, everyone needs to break up the day with it, but new students usually find it hard not to play an extra game of hoops when instead they should be working on a term paper.

Most professors don't demand that you keep up with the reading in your class and since you don't have your mom or dad to force you to do your homework it's quite easy to blow off studying in favor of a trip to the nearest watering hole—which there are many of located around UK.

And before you realize it, a 20-page term paper is due in political science, a test covering 12 chapters is just around the corner in economics and an essay on English literature from "Beowulf" to Ben Johnson is due next week.

Therefore, it helps to have things planned out. Here's a few suggestions on how to manage your time.

Set aside a certain time each day to do your homework. You don't have to adhere to it, but having a regular time set aside to do your homework can help.

Be regnaized. It's difficult to accomplish much of anything if you don't know where half your things are.

Be responsible. Part of managing your time includes the ability to "just say no" and skip a Tuesday-night party when you have an exam at 8 the next morning.

Although you are in college to study, you are also here to develop certain "social graces" that are just as important in preparing you for the real world.

So don't forget to have some fun, like going to parties, bars, basketball and football games, and other activities. College can be some of the more memorable years of your life, so enjoy it.

The college experience is more than what you pick up in English 101.

The college experience is more than the college English 101.

But it requires a couple things on your part.

At this point it may seem a bit redundant to give the ole college speech about getting involved with college life.

So we'll spare you that, except to say that the importance of involvement is fundamental to getting the most could get the college.

tance of involvement of the Journalism Building and taking ind to the basement of the Journalism Building and taking

out of college.

While we have your attention, you might consider coming to the basement of the Journalism Building and taking out a story.

The Kernel is one of the top daily college papers in the nation, but we aren't particular about who works for us. In fact, you don't have to be a journalism major.

Working at the Kernel requires some work, but the results of seeing your work published or knowing the "inside scoop" about what is going on can be very rewarding. It's also a way to pick up some extra cash.

Secondly, and probably more important than having a good time, is having an open mind.

To some extent, UK is a melting pot of cultures, races and even languages. A lot can be learned and experienced from other people. But unless you have an open mind, it won't be worth a thing and you will be not unlike other myopic minds whose ignorance prevents them from enjoying life.

In dealing with alcohol, common sense a must

From the courtyard of Haggin to the roof of Keeneland to the many bars surrounding campus, there's one thing that brings students together.

that brings students together.

Booze.

As much as some parents fear it, some people preach against it and police try to regulate it, drinking is one of the more popular college pastimes.

We're not going to pretend that freshmen aren't a big part of the scene. Some freshmen drink in their rooms, drink at fraternity parties and drink in bars.

We can't stop it, so we just want to leave you with a message: Be careful.

Alcohol can be fun, but it also can be dangerous. If you're going to drink, recognize that fact.

We at the Kernel like to write newsworthy stories. But we hate to write about students who have been caught driving while under the influence.

Many times, they got caught because they were found pinned in their cars, maimed or dead. Or left someone else that way.

When you drink and drive, the best thing that can hap-

that way.

When you drink and drive, the best thing that can happen to you is that you're pulled over, pulled out of your car, hand-cuffed and jail-bound.
So don't drink and drive.
But that doesn't mean it's OK to drink yourself into oblivion if you're walking.
Drunk people aren't very good at crossing streets, aren't known for passing up fights and aren't known for getting home in one piece.

We're not pretending drinking doesn't happen. So if you drink, use a little bit of common sense. A few beers is one thing, but passing out drunk is another.

UNOFFICIAL CAMPUS SURVIVAL CHECKLIST



THINGS TO BRING:

* POCKET CHANGE FOR THE (ahem) CANDY MACHINES ** BINOCULARS (TO USE AT BLANDING BEACH)

*TWO RADIOS (TUNED TOWRFL)

*A No. 2 PENCIL AND DOZENS OF BLUE BOOKS

* AN OPEN MIND (ANDWALLET) THINGS TO LEAVE:

* I PREX T-SHIRTS

* HAPPY CHANDLER ALBUMS * WILKINSON FOR GOVERNOR BUMPER STICKERS

* ANYTHING WITH "LOUISVILLE"ON IT

What are you going to do about college?

I sat on my suitcase admiring the vast emptiness of the room I would call home for the next 10 months of my life. At first I thought it was a veritable hole — later I changed my mind. I wouldn't have minded living in a hole.

Actually, it wasn't all that bad. There was a telephone, a sink and two windows. The bunk beds gave it that touch of prison life that made me feel all that much more comforts able. What with all these comforts you would have thought they would have put a tolle in the room, too, late that would be tacky and was a state of fact with a life the condoms will still be in the candy machines by the time you arrive? Sure, there were condoms in the candy machines by the time you arrive? Sure, there were condoms in the candy machines by the time you arrive? Sure, there were condoms in the candy machines by the time you arrive? Sure, there were condoms in the candy machines by the time you arrive? Sure, there were condoms in the candy machines by the time you arrive? Sure, there were condoms in the candy machines all lates senses ter as a matter of fact. But you'll hear all about that when you get were.)



here.)

What should I show you first about

Do you believe it? Do you agree

UK? How about the quickest route with it? What are you going to do

out of town? No, you're gonna love it about it?

Last year's freshman class have done about the fact they cannot drink alcohol in their dorm rooms.

That's right. Even if you are 21 years of age (the legal drinking age in Kentucky) and pay your own way through school you cannot (legally) enjoy a cold beer in the privacy of your own dorm room.

Most of the students didn't like the rule, but did they protest? No.

Did they make their concerns known that the students of the stu

erything handed to you with the comment "take it and like it" then take it and like it." then take it and like it. But, if you with to make a difference, do something. It's easy to sit making you voice heard and making a difference.

Don't let something you disagree with go by because you don't think you can make a difference. You can. You, the Class of 1992, can put UK where it needs to be — on the same level as other universities with out—they it's what you make it. If you want you're dorm room to be a prison cell, then it will be.

Why try, everybody knows all freshmen care about is whether they're going to get to take the car to college.

That's true, isn't it?

You see, college life is what you Sullivan is a journalism senior and a make of it. If you want to have every Rernel columnist.

UK students are not the most exciting creatures

You can't really say UK students have spirit. They do have feeling, about some things that don't require too much contemplation, but they don't have much spirit.

You probably have seen UK basketball games before and have seen how wild and crazy the student section is. And during each Christmas too the Wildeats." tells his sideous, and probably nuisance, Ralph Hacker: "Gee Ralph, you can sure tell a difference when the student section is not filled with students."

But that seems to be the only time.

and probably nuisance. Ralph Hack er: "Gee Ralph, ou can sure tell at all difference when the student social size of the control of the CK Board of Trustees, and of the CK Board of Trustees, and of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the company of the CK Board of Trustees, and the CK Board of Tr



It's disheartening when most of the student body either ignores it or even worse defends the statement because of the man's old age—as if that would make it even more unfor-

Stress is a common experience for many freshmen at UK

ssles! In conversations with freshmen, never, some stressors unique to at graup have been indentified. For instance, suddenly you must more responsible for yourself by ing to class, completing assignations without constant reminents without constant reminents without constant versions without constant versions without constant versions without constant reminents when the constant reminents without reminents without reminents reminents without reminents r

For The HEALTH OF IT

yourself that everybody has them or that they are not that bad.

Signs that might indicate you are having some difficulty coping or adjusting to change include:

I trouble getting to sleep

I being less active or talkative

I being less the deficient of the state of the Student Health Service is part of the being irrest action of the Medical Plazar counterful with a new city, adjusting to the changes in workload between high school and coilege, and over-coming the feeling of being lost in a crowd of 22,000 other students. While not all of these changes are regative, even positive or desired of the control of the medical Plazar conditions of the control of the medical Plazar conditions of the Medi

Getting to know you

New students get a chance to learn about the UK campus through orientation weekend

HEIDI PROBST

Somewhere between choosing to tend UK and actually going, there an important function called

is an important function called orientation. Orientation is the greatest opportunity to have every question you have about the University answered. Unfortunately, it will be the least taken advantage of.

Whether out of shyness, impatience or just the mistaken feeling that such things are not important at the moment, a lot of freshmen do not make an effort during orientation to find out what happens at UK. If this ignorance does not come back to haunt them, it will at least make the first semester more difficult than it needs to be.

This year, freshman orientation or the dean of students of the more difficult than it needs to be.

This year, freshman orientation or membered several months last the first semester more difficult than it needs to be.

So this year, the fall orientation will give students information about should be one of the more effective, since the dean of students of the more intended to the control of the more dearned for the properties of the properties of the more dearned for the properties of the pro

vising conferences and a 2½-day fall ties and rights, the ombud orientation, which will start the Sat-class attendence and add/drop. arday before fall classes.

(Of course, those students who attended Merit Day need not be advised during the summer, but will still enjoy the conveniences and excitement of the fall orientation.)

So this year, the fall orientation will give students information about the "mechanics" of academics, such as classroom expectations, syllabuses, grade point averages, time management, student responsibili-

Traditionally, during the first few days, freshmen have walked around somewhat dazed, feeling like a typical "greenie" while asking people for directions, looking for places to park and wondering which line to stand in.

Parents can attend sessions about housing, financial aid and student affairs while students schedule classes and take placement exams.

The summer chaferences deal mainly with urgent things, like registration, advising, housing and financial aid. While the fall program is more academically oriented.

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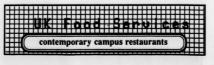
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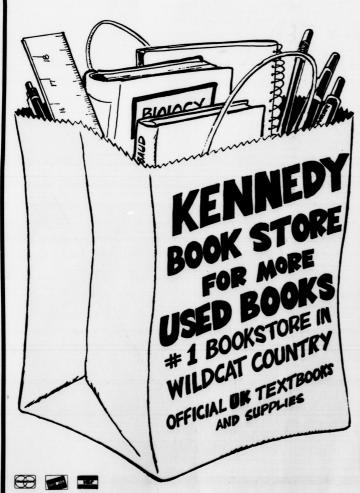
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