

# Spring Break Planner

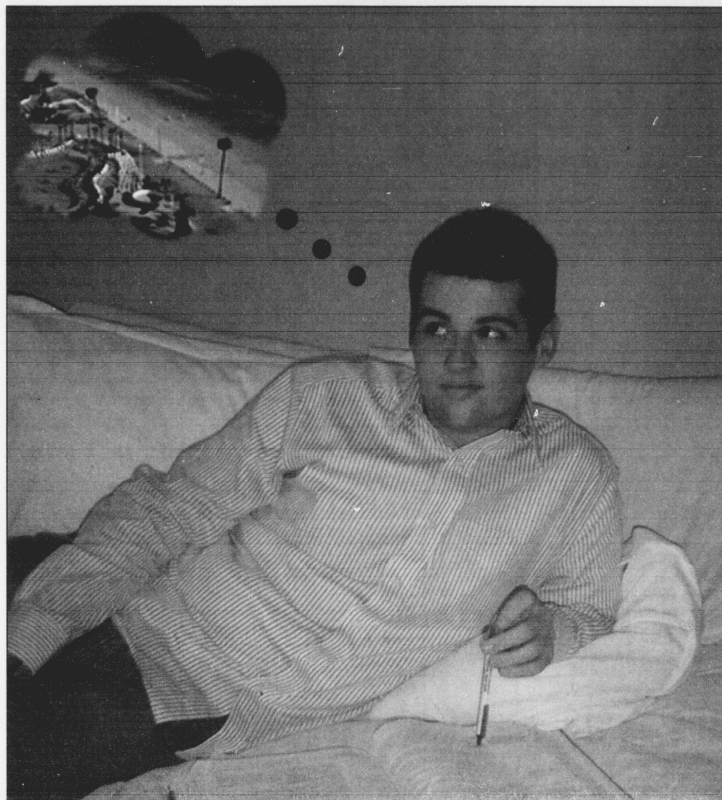


Illustration by Lauren Mouser | PR Staff

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## Spring Break Ideas that Won't Break the Bank

**By Jill Fawbush  
PR Staff**

When spring break is mentioned, Cancun, Florida, the Bahamas and South Padre Island are usually the first places that come to mind. Never-ending partying, nights filled with moments that are never remembered the next day and lazy days on the beach sound ideal, but how many students can really afford to live out an extravagant spring break every year?

Most students fit the typical stereotype of being poor college students who can barely afford a decent meal. But there are great places to travel all over the country that won't break the bank and are guaranteed to entertain.

For those searching for somewhere that isn't too far to drive, Gatlinburg, Tenn., has become a popular and inexpensive place to visit. With several tourist attractions and spectacular views from the Appalachian Mountains, Gatlinburg, Tenn., offers brand new cabins in the mountains that can be rented very cheaply with a large group of people. Some of the cabins sleep up to 10 people.

"I'm taking 12 of my friends to Gatlinburg, Tenn., over winter break and for five nights it was only \$58 a person," said Lee Browning, a hospitality management and tourism junior. "We are bringing one blow-up mattress with us to squeeze in more people which also saved us more money by splitting the cost between more people."

A tip for booking cabins is to do it early for cheaper rates.

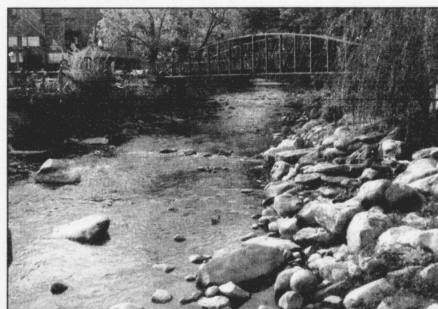
Another beautiful and exciting place to visit that is sometimes overlooked is Savannah, Ga. Known for its Southern charm, down-home cooking and famous river walk, which offers plenty of shops and restaurants.

The city is also one of the most haunted in the world after Savannah's historical role during the Civil War. For tourists brave enough, there are nightly ghost tours by horse and buggy. For those wanting a great tan, the beach is fairly close as well.

The drive to Savannah is about nine hours but plane tickets for students can usually be purchased cheaply from Southwest Airlines or Web sites such as Orbitz, Expedia and Travelocity. Hotels right outside of downtown Savannah are the places to book. Holiday Inn — Savannah Midtown offers a room for four people at \$115 per person for six nights.

Chicago is also a very exciting city to visit — and inexpensive, too, with one-way flights from Louisville frequently under \$100. Along Michigan Avenue, there are shops galore with plenty of restaurants as well. Chicago has a wide range of hotel prices that will satisfy even the thriftiest of visitors. Expedia.com offers deals to Chicago with hotel and airfare included as well.

For those students who can't get Cancun or the Bahamas off their minds, there are very affordable packages through local travel agencies and Web sites such as



Gatlinburg, Tenn., has something for everyone including shopping, hiking and sight-seeing.

Alisa Oerther | PR Staff

springbreakdiscounts.com or studenttravelbreaks.com. The key to booking these trips is to start searching early for the best packages. The shorter the trip, the cheaper the packages will be, but they will also be sold the quickest.

A good resource that has helped students plan their trips all over the world for reasonable prices is STA Travel located in the Student Center on campus. Not only does STA offer packages to spring break hot spots but they also offer adventure travel packages throughout the Americas and beyond.

"If students want to visit Europe, spring

break is one of the best times to make the trip," said Jake Cunningham, travel adviser at STA Travel. "Europe's low season is during the time of spring break and hotels and flights are usually much cheaper than in the summer."

The key things to keep in mind in order to save money when planning for spring break are to book early, consider staying for fewer nights and to look at cities that are not spring break hot spots.

Whether you decide to spend your money on an extravagant spring break or a low-key trip, plan ahead and be wary of unrealistic packages and offers.

## Local Concerts and Events

**By Kristin Hogue  
PR Staff**

Saturday, March 10:  
New Edition World Tour at Cintas  
Center in Cincinnati, 8 p.m.

Thursday, March 15:  
Justin Timberlake at U.S. Bank  
Arena in Cincinnati, 7:30 p.m.



Jesse Vice | PR Staff

Thursday March 15:  
Saturday March 17: 2007 Men's  
NCAA  
Tournament First and Second  
Rounds at Rupp Arena in  
Lexington. A ticket booklet for all  
games costs \$150 and is available  
at ticketmaster.com.

Saturday March 17:  
Blue Man Group at Freedom Hall  
in Louisville, 8 p.m.

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# Let STA Travel Plan Your Spring Break

By Melissa Riggs  
PR Staff

It's time to plan for spring break again. And this year there is no need to stress about details and prices, just work with the UK Student Travel Center. STA Travel is located on the second floor of the student center next to the ticket office. Its job is to work with students so they can get the most out of their trip while saving money.

At spring break time, STA Travel offers students low rates on trips to places such as Cancun, Acapulco, Montego Bay, Negril, the Bahamas and many more destinations.

"The best way to save money is traveling through a spring break charter package," Jake Cunningham, a STA Travel advisor says.

These packages plan out most of your trip where you do not have to worry about plane tickets, hotel reservations, where you'll eat or how to save money. When you plan your trip with a charter package everything important is included; your round trip flight, hotel of choice, a ride between the airport and your hotel, meal plans and free party packages. Every plan has VIP packages offered for a little extra cost, but the VIP ticket is the cheapest and quickest way to get you into the hottest clubs without having to wait in line.

Each destination offers a different price as well as different options. For example, five to seven night package in Acapulco, Mexico, starts \$499. This includes eight hotels to choose from, each located on a unique part of the coast.

While STA recommends charter packages, here are some important aspects that they want you to consider while planning your spring break destination:

- If you will be leaving the country, get



Elliott Hess | Kernel Staff

STA Travel is a great place for students to figure out spring break travel plans.

your passport now. You cannot wait until the last minute. If you do not have one, you will not be going.

- You will not know the actual day of your departure until 10 days prior to your trip. If this is not appealing, you can pay more to have a firm date for your plane ticket.

- The length of your spring break is determined by the departure date of your flight. Keep this in mind when dealing with work and exam schedules. Flights may not be direct, and the departure times may

destinations are taxed.

- Sometimes hotels are overbooked, and the spring break operator reserves the right to change your hotel to one of equal or greater value at any time.

- Travel insurance is highly recommended. This is the only way to get your money back if something comes up.

Right now, STA offers students insurance for \$48 on trips of eight days or less. When purchasing a charter package, insurance is necessary due to the fact that you do not know your flight's departure date or time until 10 days before you leave. The \$48 covers travel protection (i.e. trip cancellation, trip delay and trip interruption), baggage protection, medical protection and more. If you get sick a few days before you leave and have to cancel, the plan covers you. The insurance also covers accident protection and worldwide emergency assistance services, which takes care of emergency cash transfers. In the case of an exam on Thursday or Friday, potentially when your flight could be scheduled to leave, travel insurance will reschedule your flight with no hassle. This add-on is highly recommended and the STA advisors can answer any questions about what insurance will be best for you.

The STA student advisors in the Student Center are very helpful and will get you any information that you need for planning your spring break. They have over a dozen spring break trips to choose from, not to mention any other desired locations around the world. So grab some friends and enjoy your week of fun in the sun with no stress thanks to your STA-planned trip.

Information provided by STA Travel Center.

## Find the Sun-Kissed Look

By Alisa Oerther  
PR Staff

Everyone wants that golden shine when first taking off that T-shirt on the beach. Tanning before vacation will help you attain this bronzed look. There are a few safety rules to make your tanning experience go smoothly.

Always wear eye gear to keep UV rays away from your eyes. If you are a first-timer gradually build up the amount of time you spend in the tanning bed. Try starting at 10 to 12 minutes. Also, to avoid any skin concerns try using a mystic tan first. Lastly, remember to put lotion on before and after tanning. "I buy special lotion for before tanning and a different one for after," explains Jen Jones an undecided sophomore.

Many college students are on budgets, especially around spring break. Here are a few tanning salons that will help keep more money in your pocket.

### 1. Golden Tan 2434 Nicholasville Road 278-3285

Golden Tan offers 40 different beds ranging from face tanners, stand ups and mystic tan. For students with their I.D., a visit is only \$2 and face tanners are only \$3. Golden Tan's mystic tanning is \$16.95 per visit. At Golden Tan there is never a wait and there are also beverages available.

### 2. Southern Rays Tanning 468 Southland Drive 278-9944

Southern Rays also offers two other locations, but Southland Drive is the closest

to campus. Southern Rays' individual visits are \$6. Southern Rays has a variety of packages in different level beds.

### 3. Sun Spa Tan and Body 373 Virginia Ave. 381-0001

Sun Spa has the most to offer of the tanning salons around Lexington. But Sun Spa also has higher prices. Sun Spa has seven different types of beds, as well as an oxygenating system, massages, body wraps, anti-cellulite packages and much more. Sun Spa has UV free tanning, bronzing tanning, stand up beds, eight minute tanning and mystic tanning. Sun Spa's monthly specials for students are \$39 and \$75 dollars for three months. Sun Spa has two other Lexington locations.

### 4. Sun Tan City 3181 Beaumont Circle 296-1442

Sun Tan City offers fast, faster and the fastest tanning bed types and mystic tanning. Sun Tan City has Club Sun, which is a monthly tanning club that averages \$18.88 a month. When Spring Break comes around, Sun Tan City always offers specials for students. Don't forget to look in the Kernel for coupons.

### 5. Tan Zone 393 Waller Ave. 226-0790

Tan Zone offers 20 beds including stand ups and levels one, two and three beds. They have packages that are 10 visits for \$25 and 12 visits for \$30. Monthly packages are \$18.88 for level 1 beds.

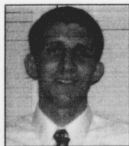
## Walk n' Talk:

### Your Favorite Spring Break

By Jesse Vice  
PR Staff



**Amanda Deakne**  
dietetics senior  
"I went to La Quinta, California and danced in a street fair."



**Brad Hell**  
biosystems & agricultural engineering junior  
"I went to New Orleans to help tear down houses in a relief effort."



**Jen Orberson**  
education senior  
"I went to the SEC tournament in Atlanta with my sorority sisters."



**Justin Eichinger**  
biology sophomore  
"I went to New York City and got to go to little Italy and eat great food."



**Meghan Nawlin**  
chemistry freshman  
"I went to Siesta Key, Florida and went to one of the nicest beaches in the U.S."



**Robb Giddings**  
first-year law student  
"I went for a cruise in the Bahamas. I had a week of rest and relaxation."

VISIT [SUNTANCITY.COM](http://SUNTANCITY.COM) FOR MORE MONEY-**SAVING TANNING OFFERS!**

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1 BLOCK CAMPUS. Large efficiency. Furnished or not. Assigned parking. 253-2629  
1 BLOCK FROM UK. 3BR home, for rent. 1.5BA, W/D, 2 car garage, hardwood, gas heat, cert. air. 859-

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The Kentucky Kernel

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ACROSS

- 1 Tick off
- 5 Small brooks
- 10 Two caplets, say
- 14 "\_\_\_ saw Elba"
- 15 Another time
- 16 "Love the skin you're in" company
- 17 "Proper" thing in English class
- 18 Soudok site, in the paper
- 20 Give less than full salary
- 22 "Fat chance!"
- 23 Many an idol worshiper
- 24 \_\_\_-bitty
- 26 Luau offering of bite-size appetizers
- 30 Lose tautness
- 33 Chooser's call
- 34 Be dependent
- 35 "Wheel of Fortune" purchase
- 36 Mysterious letter
- 37 Humiliate
- 39 High-tech memory measure
- 40 Ancient
- 41 Lemme \_\_\_
- 42 Ms. enclosures
- 43 Profs' helpers
- 44 Maudlin writing
- 47 Make (one's way)
- 48 Online issue, for short
- 49 Are crazy about
- 52 Not widely known
- 56 Nothing but net?
- 59 Miami\_\_\_ County
- 60 Praiseful poems
- 61 Willem of "Spider-Man"
- 62 Symbol to click on
- 63 Sibillant attention getter
- 64 Orgs.
- 65 Bird house

DOWN

- 1 List from a waterer
- 2 It's pumped in gyms
- 3 Family-vs.-family fight

4 Tweak

5 Descend, mountaineer-style

6 Large lizard

7 Shiftless

8 Claiborne of fashion

9 NBC sport show

10 Speechless

11 Non-UK's on-stage patron saint

12 Wise one

13 Observer

19 Way to get in

21 Sales force members

24 Gossip column duo

25 Prefix with conference

26 1992 presidential candidate who received nearly 10% of the popular vote

27 Tom's neighbor

28 Remains undecided

29 Canine who loved Lady

30 Final authority

31 Chips in a chip

32 "Silly" birds

37 Flabbergast

38 Cattle cluster

39 Arrived rudely

41 "Not \_\_\_ out of you!"

42 Cross words

45 Skin wound dwarf

46 Overrides it

47 Take by force

49 Each, informally

50 Bombs that don't explode

51 Mine deposits

52 Falling grades

53 Off-track betting event

54 Altar exchanges

55 Penny

57 Nutritional std.

58 W. Hemisphere defense gp.

ACROSS

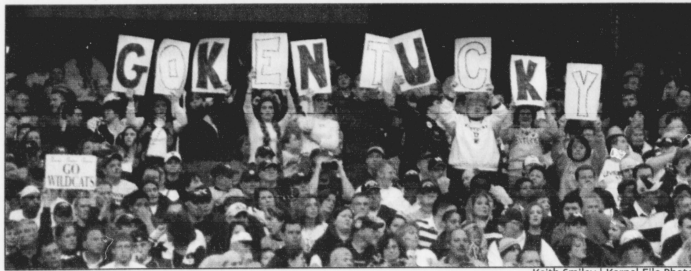
- 1 Go after flies
- 5 Boris Godunov, for one
- 9 Penny pincher
- 14 Minute amount
- 15 Port opener?
- 16 Amtrak's "bullet train"
- 17 Southwestern art colony
- 18 Periodical with URL
- 19 Program at the airport
- 20 Waiting by the phone
- 23 Token taker
- 24 Bagel go-with
- 25 Campfire leftover
- 28 It may be penciled in
- 31 Eugene's state: Abbr.
- 34 Andean beast of burden
- 36 B&B
- 37 Word after break or get
- 38 Like relations involving unions
- 42 Metamor- phoses' poet
- 43 Beethoven's \_\_\_ to Joy
- 44 Kind of eclipse
- 45 More than damp
- 46 Halloween party requirement
- 49 Foxy
- 50 Org. that selected Beijing for 2008
- 51 Heredity unit
- 53 1915 Civil War epic, with "The"
- 60 200 milligrams, to a gemologist
- 61 Ice cream purchase
- 62 Show optimism
- 63 Aristotle's teacher
- 64 Loosen, as a knot
- 65 Pitcher by a basin
- 66 Tablecloth material
- 67 Burn
- 68 Dancer Sally with just a few fans?

DOWN

- 1 Location
- 2 The 1938 broadcast of "The War of the Worlds" was one
- 3 Over
- 4 Neon and hydrogen
- 5 1982 Richard Pryor film
- 6 Israeli, e.g.
- 7 King of comedy
- 8 Macneer's "The Avengers" costar
- 9 \_\_\_ disease: bovine infection
- 10 Alpine tool
- 11 It may be soft or hard
- 12 Lander in Tel Aviv
- 13 Beam of sunshine
- 21 Sunny
- 22 Went \_\_\_ for the ride
- 25 Let
- 26 Work hard
- 27 Nun's attire
- 29 Stanford\_\_\_ test
- 30 Genetic material
- 31 Hot spots
- 32 Kidney-related

# kernel crosswords

## For the Sports Fans



Keith Smiley | Kernel File Photo

By Peter Nolan  
PR Staff

This spring break, thousands of students will flock to the hottest and best spring break getaway spots. These include locations such as Cancun, Daytona, the Bahamas and Atlanta. That's right, Atlanta. But why would anyone pick a vacation spot like Atlanta over a sun-drenched island or a bikini haven?

The answer lies in the very blood of the true Wildcat fan. The DNA of a blue-blooded, Eruption-Zone-filling, ticket-clutching Kentucky Wildcat calls for the ultimate in Southeastern Conference action: The 2007 SEC Tournament in Atlanta.

Last year's tournament was held in the Gaylord Center in Nashville, Tenn., but this year, the show moves back to Atlanta. Or as it is called once the games begin, "CAtlanta." While some students spend their break lying in the sun or playing in the waves, the truest of Wildcats will adorn their cars with blue and white streamers, UK flags and decals, and prepare for the five-hour pilgrimage that is their duty and their call-

ing. Hundreds of UK-themed vehicles will stream down I-75, and the anticipation will only grow as the Atlanta skyline comes into view.

During the 2004 SEC tournament, UK fans met in parks and local spots such as The Varsity drive-in restaurant before the Cats played. Students could be heard chanting "C-A-T-S" on the MARTA (Atlanta's public bus and rail system) and in the streets outside the Georgia Dome. Throngs of blue-clad fans grouped together and virtually took over bar spots and restaurants before games. Students waited for hours in the sun for tickets, only feet from a similar line (albeit a much shorter line) of Florida Gators. Assistent chanting of rankings and championship wins rang out as the Wildcats waited to enter the arena.

Hundreds of miles away, spring breakers airbrushed T-shirts to remember their vacation. In Atlanta, the Wildcat basketball team lined up for the Star Spangled Banner, backed by the true blue fans Kentucky is known for.

The 2007 SEC Tournament will be held once again in the Georgia Dome

March 8-11. Hotels and accommodations will go quickly, as will the 26,000 tickets for each session. At the 2004 tournament in Atlanta, 212,122 fans attended over the event's four days. A ticket booklet for all 11 games can be purchased for \$260 through secspots.com. Student tickets are available to those with a valid ID beginning at 9 a.m. the day of the game, and they cost \$10 per session. Call the UK Ticket Office at 257-1818 for student ticket information. Call 1-800-928-2287 for general ticket information.

The 380-mile trip takes about six hours to drive and if you are staying outside the city, you should allow about an hour to get downtown. The MARTA is a good option for traveling, as it gets you there quickly and very cheaply. It also eliminates the chance of getting lost in Atlanta traffic. Many hotels can be found downtown or on the outskirts of the city, for better rates.

Spring Break 2007 is fast approaching. Some students will opt for a leisurely float in the pool. Others, the true-blue Kentucky fans, will head to Atlanta for the 2007 SEC Tournament in March.

## Just Around the Corner

By Kristin Hogue  
PR Staff

If you're going to be stuck in Lexington over spring break, it's not all bad. Yeah, it may be cold or rainy, but believe it or not, there are actually quite a few things to do here and in the surrounding area.

The first tip to enjoy a spring break vacation in Lexington would be to simply let the week be a time to unwind. Most vacations end up taking more energy than expected and leave people feeling more drained when they return than when they left. Use spring break as a time to catch up with old friends who are also stuck in Lexington, read something other than a textbook, sleep in, get a massage or a facial — do anything not done during a hectic semester of classes. Use the week to relax.

If the idea of a week that low-key is not appealing, consider taking a class of some sort. There are classes in Lexington to fit all interests, from dancing and kickboxing to cooking or pottery. These will provide creative outlets in a variety of topics and they may even turn into something more than just a weeklong experiment.

The Mad Potter, located in the Lansdowne Shops on Tates Creek Road, is a paint-your-own-pottery studio. In

addition to walk-ins, the studio offers pottery painting classes as well as special events. Check the Web site, <http://www.themadpotter.biz>, or drop by to see what's going on over spring break. The newest edition to the studio is a glass-fusing center in which anything glass can be made from necklaces to candle votives. Three introductory courses are required before patrons may use the center on their own. Prices vary per class and per piece created.

Phil Dunn, a local caterer and restaurateur, teaches cooking classes. He said the classes are typically three hours each and are very "hands-on." The classes vary by week and topic. For a schedule, e-mail him at [phildunn@insightbb.com](mailto:phildunn@insightbb.com) or call 859-533-3553.

United Dancesport Dance Studios, located off Clays Mill Road on Delzan Place, is Kentucky's largest dance studio. It offers ballroom, Latin, swing, country and wedding dance classes. All new students to the studio are offered a free introductory dance lesson. From there, private or group lessons are offered, as well as practice dance parties to give students more confidence before taking their moves to the street. Call 859-296-4348 to schedule a free dance lesson.

Use the week of Spring Break to check out all that Lexington has to offer

in dining and entertainment options. Gather friends who are not on a beach someplace and make a dinner date. For an upscale dining experience, consider Portofino's on Main Street or Metropoli on West Short Street. Other local favorites include Joe Bologna's on West Maxwell, deShas on North Broadway in Victorian Square and the Atomic Cafe on North Limestone. Instead of going to one of Lexington's large chain movie theaters, go catch a movie at the Kentucky Theatre on Main Street. Or go to the local comedy club, Comedy Off Broadway, located in Lexington Green off Nicholasville Road.

If a day trip is feasible, there are several hot spots in central Kentucky to check out. Go on a tour of a bourbon distillery or a vineyard. Nearby, there are four distinct bourbon distilleries, Wild Turkey, Woodford Reserve, Four Roses and Buffalo Trace. For a local vineyard, check out Taton Winery and Vineyards located out Tates Creek Road.

Newport on the Levee is less than two hours north and offers the best of nightlife, dining and entertainment in Northern Kentucky.

portonthelevee.com, for coming events. A spring break in Lexington may not be glamorous or even warm, but there are plenty of creative ways to pass the time.

## Top Ten Spring Break Destinations

1. Miami Beach, Florida
2. Orlando, Florida
3. Las Vegas, Nevada
4. New York, New York
5. Tampa/St. Petersburg/Clearwater Beaches, Florida
6. Cancun, Mexico
7. San Diego, California
8. Daytona Beach, Florida
9. Honolulu, Hawaii
10. Phoenix/Scottsdale, Arizona

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