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SPECIAL

FISHERIES MARKETING BULLETIN

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FISH RECIPES FOR LENT

ISSUED BY THE BUREAU OF COMMERCIAL FISHERIES, U. S. FISH AND WILDLIFE SERVICE,

AS A PART OF ITS CONTINUING CONSUMER EDUCATION PROGRAM

IN COOPERATION WITH THE FISHING INDUSTRY



Ingredients	25 Portions	50 Portions	100 Portions
Cooked, peeled, cleaned shrimp	3 lbs 2 ozs.	6 lbs 4 ozs.	12 lbs. 8 ozs.
(fresh or frozen)	(2 qts. 2 3/4 cups)	(5 qts. 1½ cups)	(2 gal. 2 3/4 qt.
Diced celery	4 ounces	8 ounces	1 pound
	(1 cup)	(2 cups)	(1 quart)
Chopped green pepper	5 ounces	10 ounces	1 lb. 4 ozs.
	(1 cup)	(2 cups)	(1 quart)
Diced cucumber	6 ounces	12 ounces	1 pound 8 ozs.
	(1 cup)	(2 cups)	(1 quart)
Shredded lettuce	8 ounces	1 pound	2 pounds
	(2 cups)	(1 quart)	(2 quarts)
Diced tomatoes	10 ounces	1 pound 4 ounces	2 pounds 8 ozs.
	(1½ cups)	(2½ cups)	(1½ quarts)
Finely chopped onion	1 tablespoon	1 ounce	2 ounces
		(2½ tablespoons)	(1/3 cup)
Mayonnaise or salad dressing	8 ounces	1 pound	2 pounds
	(1 cup)	(2 cups)	(1 quart)
Salt	2 teaspoons	1½ tablespoons	l½ ounces
			(3 tablespoons)
Frankfurter rolls	25	50	100
Butter or margarine	4 ounces	8 ounces	1 pound
	(½ cup)	(1 cup)	(2 cups)

Thaw frozen shrimp. Chop shrimp.
 Combine vegetables, mayonnaise, salt, and shrimp. Mix thoroughly.
 Cut rolls almost through, lengthwise. Spread with butter or margarine.
 Portion salad with a No. 8 scoop (½ cup) onto rolls.