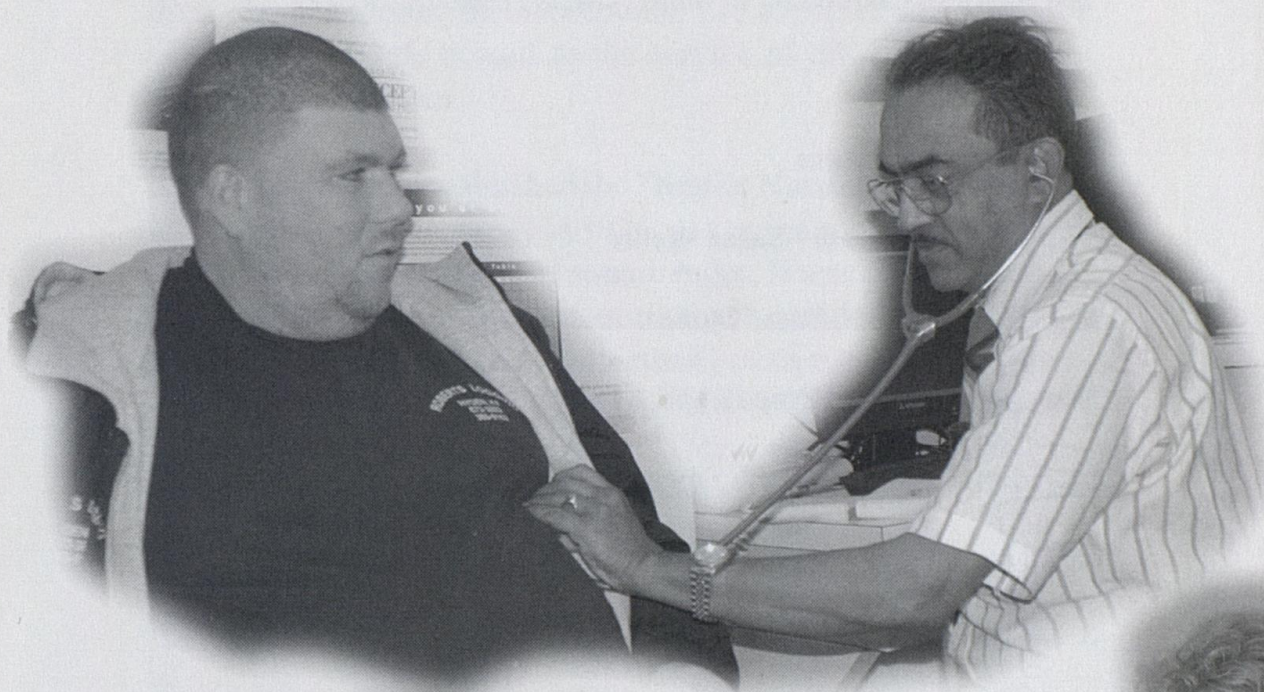


FNS FRONTIER NURSING SERVICE

Volume 81

Number 3

Spring/March 2006



US ISSN 0016-2116

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Frontier Nursing Service Quarterly Bulletin is published at the end of each quarter. Subscription Price \$5.00 a year for Donors/\$15.00 for Institutions. Periodicals postage paid at Wendover, Kentucky 41775 and at additional mailing offices. POSTMASTER: Send address changes to FNS, Inc. 132 FNS Drive, Wendover, Kentucky, 606-672-2317. Copyright FNS/Inc. 2000 All Rights Reserved. **The Frontier Nursing Service does not share its donor mailing list.**

Introduction to Frontier Nursing Service

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own homes. The service charged \$2.00 per year for family medical care and \$5.00 for prenatal care and delivery, payable in eggs, meat, service, or cash. No one was ever turned away.

Today, Mrs. Breckinridge's legacy extends far beyond eastern Kentucky. FNS, Inc., is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes six rural healthcare clinics; Mary Breckinridge Home Health Agency and for the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Healthcare Nurse Practitioner.

Mary Breckinridge's home, The Big House, located at Wendover, was designated a National Historic Landmark in 1991 and is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail fnstours@yahoo.com. You can also access our website: www.frontiernursing.org.

The Journey - "Continuing to Build"

W.W. Hall, Jr., President & CEO



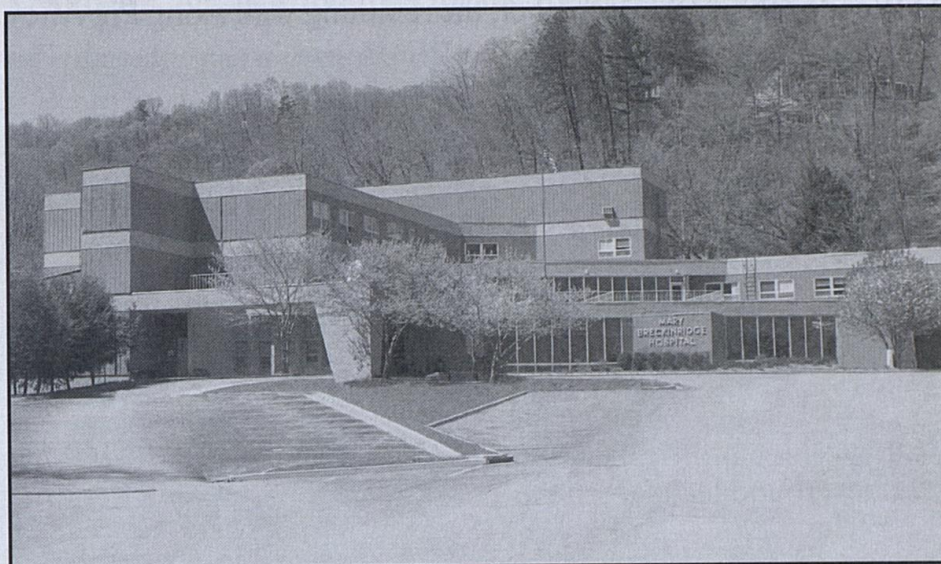
I am so pleased to carry the news of stability and strength at the FNS. Many thanks to our Board, staff and supporters, for this allows the opportunity to build and plan for a very bright future.

Our Development Team, located at Wendover, has successfully added new foundations as strong supporters believing in our mission. Individual donor giving has also seen a marked increase as we celebrated our 80th Anniversary last year.

To encourage patient use of our hospital and clinics, many improvements to our facilities have now been completed. Significant projects are now in the final planning phase to enhance our maternity service and to expand services in Clay County where we have long maintained a presence.

The key at FNS remains the quality of our providers. New additions to key positions have provided extremely positive results from a patient satisfaction standpoint and our financial stability.

Thanks to you, our faithful supporters, for ensuring that our carefully considered plans for a very bright future are successful.



*Improvements continue to be made at the
Mary Breckinridge Hospital*



Newly renovated lobby at the Hospital

Field Notes

At Wendover during December, the retaining wall along Pig Alley from the Blacksmith Shop to the Big House, was replaced. The original wall had been built approximately 30 years ago and was cracking and falling due to the shifting of the mountain.

During December, Wendover was finally connected to the City Sewer System - a wonderful improvement. Also during December, the floor in The Big House Twin Room was replaced due to water damage from the heating unit in the attic.

During January, new water lines were installed at Wendover due to underground leaks from the shifting of the mountain.

Guests at Wendover from December 1 - March 1, including overnight, lunch/dinner or special functions were 524.

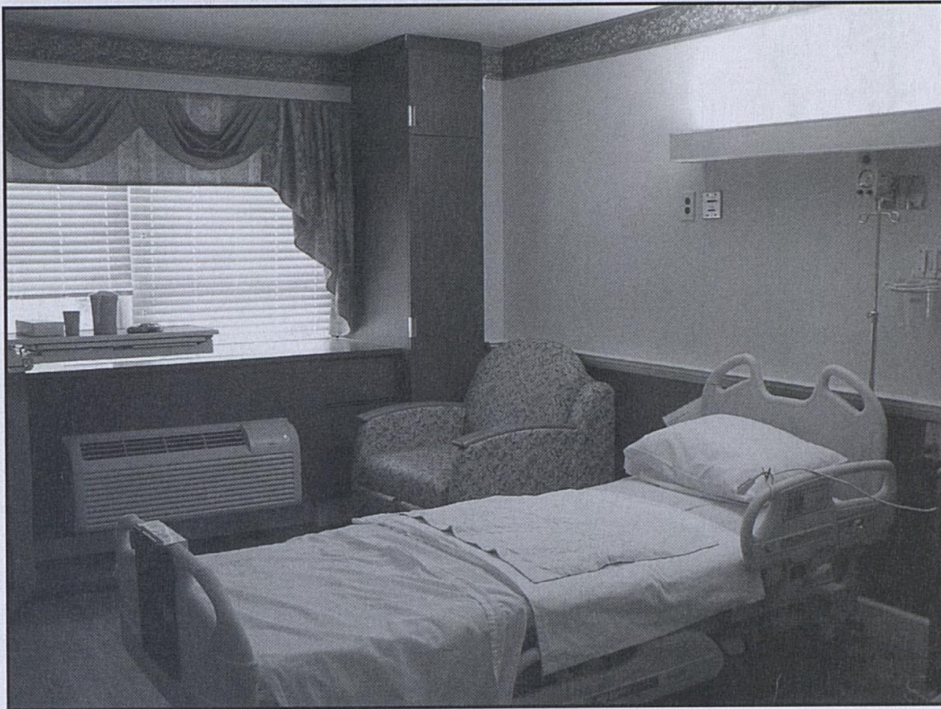
The Mary Breckinridge Hospital Emergency Room recently received two Datascope bedside Cardiac Monitors through a grant from HRSA (Health Resources and Services Administration).

Dr. Andrew Krasuski, OB/GYN, Board Certified, will begin work at Mary Breckinridge Healthcare March 1. Dr. Krasuski worked at Mary Breckinridge Hospital during 2001 and we welcome him back with open arms!

The Mary Breckinridge Home Health Agency recently had a computer conversion where laptop computers will be used for patient care documentation.

An Employee Fundraising Drive at Mary Breckinridge Hospital resulted in the refurbishing of several patient rooms on the Medical Unit. Improvements included new flooring, paint, tiles and molding, Hillrom beds, over bed tables, bedside tables, visitor seating and sleeper chairs. Thanks to the employees for their enthusiasm

while they continue their fundraising efforts. Also, special thanks to two local businesses, Hyden Citizens Bank and Begley Lumber Company, for contributions for the room renovations.



Newly Renovated Patient Room

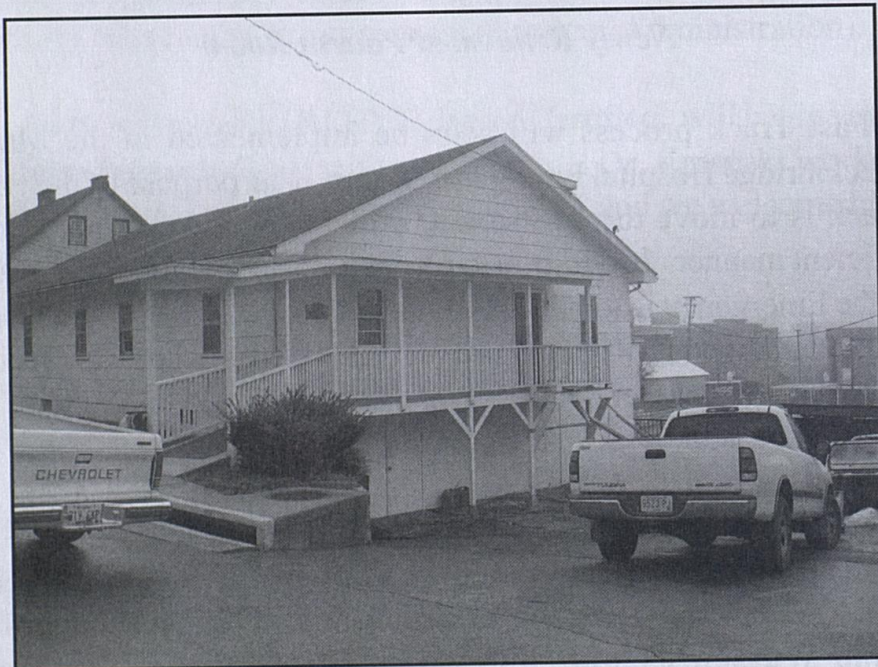
A Fast Track process will soon be implemented in the Mary Breckinridge Hospital Emergency Room. The purpose of the Fast Track is to move the less serious patients in and out in a more efficient manner. In addition to physicians, an FNP will be placed in the Emergency Room. Kathy Lauderdale, FNP, will begin work in the Emergency Room March 1. Kathy worked at the Beech Fork Nursing Center for two years as a National Health Service Corp placement.

Recent renovations at Mary Breckinridge Hospital included The Scott House, located adjacent to the Mary Breckinridge Hospital, which was remodeled as a Physicians Speciality Clinic and The Anne Wasson Center, located inside the Hospital which received minor renovations. Renovations will soon begin on the

Duplex - home of the Mary Breckinridge Home Health Agency which is located adjacent to the Mary Breckinridge Hospital.



The Scott House - Physicians Speciality Clinic



The Duplex - Home Health Building

February 9, Mr. Trey Grayson, Kentucky Secretary of State, and Ms. Donna McClure, Field Representative for Senator Mitch McConnell, visited Wendover.



*Donna McClure, Trey Grayson and Michael Claussen
(FNS Tour Guide)*

WEBSITES

Frontier Nursing Service - www.frontiernursing.org

FSMFN Community Based Nurse Midwifery Education Program
(CNEP) - www.midwives.org

FSMFN Community Based Nurse Practitioner Program (CFNP)
- www.frontierfnp.org

Beyond the Mountains

January 20th, Kevin Cook, Operating Room Head Nurse and Region 10 Bioterrorism Director, attended a Pandemic Flu Summit in Frankfort, Kentucky. This Summit allowed a glimpse into a pandemic flu episode and discussion of procedures if this arises in the State of Kentucky.

January 23 - 26th, Kevin Cook attended a Perioperative Nurse Conference in Brentwood, Tennessee as part of an ongoing learning experience for managers and nurses in the area of operative care.

February 10th, Mallie Noble attended the Kentucky Hospital Association Cumberland District Meeting in London, Kentucky. Topics included certificate of need, Medicaid, provider tax and medical malpractice.

Larissa Maggard Pack, PA, attended a Kentucky Hospital Association Meeting in Louisville regarding Quality Improvement.

March 18th, Mrs. Breckinridge will be inducted into the Medical Mission Hall of Fame at the Medical University of Ohio in Toledo. Mr. Bill Hall, FNS, Inc., CEO & President, Barb Gibson, Assistant to CEO, Michael Claussen, FNS Tour Guide and FSMFN Alumni Joan Moon, plan to attend the ceremony. We consider this a great honor. An update will be provided in the June *Quarterly Bulletin*.

The Courier Program

by Susan Weller, Courier

Life as a Courier for the Frontier Nursing Service has changed since the “early years”. Originally, modeled after the use of girl chauffeurs for the CARD Motor Corps in war-torn France, after World War I the Courier position first focused on transport. “Transport was the backbone of the work in the American Committee for Devastated France, even as it is in the work of the Frontier Nursing Service. And such transport”! (Wide Neighborhoods, page 272). Mrs. Breckinridge wrote in her biography, Wide Neighborhoods about the notoriously rugged Eastern Kentucky Appalachian landscape and the role of the Courier in conquering it.

The first male and female Couriers were Brooke Alexander and Marvin Breckinridge. In their days, duties more closely resembled the true meaning of a “Courier” - coordinating travel on horseback between Wendover, the Hyden Hospital, and the outlying clinics, as well as Hazard, 20 miles away.

A long line of prominent Couriers followed Brooke and Marvin, including the original “resident Courier,” Jean Hollins, Kate Ireland and former Courier, now FNS Board Chairman, Jane Leigh Powell. The Couriers were selected carefully, for as Mrs. Breckinridge explained in Wide Neighborhoods, “Kentucky mountain transport, depending as it did in its early days entirely on horses and mules, called for girls who had more than horsemanship to offer - although that had to be good enough for them to travel icy trails, swim swollen rivers, carry sick babies on the pommels of saddles and escort nervous guest.” (page 272 Wide Neighborhoods).

While today’s Couriers at FNS have a different array of duties and opportunities, a weekly washing of the FNS Tracker does pay homage to the former days of grooming horses. And while shadowing nurses, midwives, doctors, and teachers and pursuing volunteer opportunities in the community diverges from the original

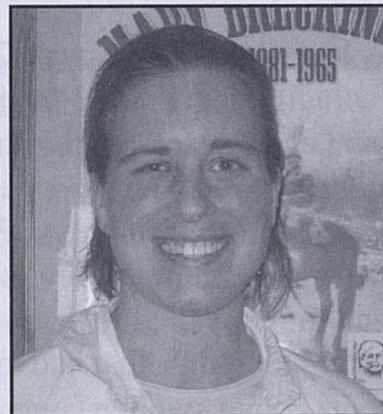
Courier tasks, the Program continues to allow for a relative outsider to the community to experience rural life and to see FNS in action. This evolution which Mrs. Breckinridge saw in her time, as the Courier Program expanded beyond close family and acquaintances to include an array of college students.

Previous Couriers needed a large knowledge of animal husbandry and local landscape. Today, when the 20 minute drive to Hazard can seem long I need only to imagine the 20 miles on horseback regularly crossed by Couriers to wonder if I have gone soft. Yet today's Courier Program, assisted by the staff, past and present, here at Wendover and the generous outreach of FNPs, midwives, and former Courier, invites the expression of a new form of "Courier" travel - not of miles underfoot but miles underway towards personal, professional, organizational and community goals.

My Courier Experience

by Susan Weller, Courier

Life as a Courier at FNS has proved to be a rich and varied experience. During my first month in Kentucky I have had the opportunity to shadow a number of FNS healthcare providers and to interact with several of them after their work hours. Thank you to the numerous people who have reached out with kindness and welcoming words!



So far, I have shadowed providers at the Beech Fork, Christian Family Healthcare and Dr. Anne Wasson Centers. At all three centers, the providers I followed - FNPs Heidi, Janessa and Sarah; Drs. Begum and Varghesse; and PA Larissa - graciously allowed me to observe their skilled interactions with patients and took time out of their busy days to explain diagnoses and techniques. I also particularly enjoyed spending two days on Home

Health visits with CNAs Kim and Samatha, who impressed me with their compassionate care and the critical roles they serve in the lives of their patients.

Currently, I volunteer one morning a week at the Adult Learning Center in Hyden, a rewarding and inspiring experience as the Center serves people committed to furthering their education. In addition, one day each week I help in the office at Wendover and on another day each week I help in the office at the Kate Ireland Healthcare Center in Clay County. Thanks to the Wendover crew and to Angie Mitchell for putting me to use. This month I attended the monthly Animal Shelter Committee meeting, the local food drive and the local blood drive - all great opportunities to see different areas of community participation in Hyden. Thanks also to Anna Carey, former Courier, and Michael Claussen, Courier Coordinator, for helping me get connected.

In the remaining two months of my time here I plan to continue my current volunteer and office commitments; to shadow a nurse midwife, in the ER and at Community Health Center; to observe in the Leslie County Schools and to train and volunteer with the Rape Crisis Center. Once again, a huge "thank you" to everyone here. You have made being a Courier a wonderful experience for me so far.

Former Courier News

Karen Thomisee, Atlanta, Georgia ('96, Courier Coordinator) - wrote that she finally made it to nursing school and it would never have happened if it wasn't for her years at FNS. Karen was awarded a full fellowship to Emory University School of Nursing and is in her first semester of a dual BSN/MSN program with a masters speciality of Family Nurse-Midwife. Karen renewed her interest in nursing after a medical mission trip to Haiti which led her to quit her job as a Photojournalist to spend more time on healthcare initiatives in Haiti.

Frontier School of Midwifery and Family Nursing Update

- Dr. Susan Stone, President and Dean

FSMFN Developing an ADN-MSN Program

A goal of the Frontier School of Midwifery and Family Nursing (FSMFN) faculty and Board of Directors is to establish an ADN-MSN Bridge Program. This bridge option will be designed to offer registered nurses who hold an Associate Degree in Nursing and have a desire to become a nurse-midwife or nurse practitioner, the opportunity to complete the required course work and bridge directly into the MSN Program. Students will not complete a bachelor's degree.



Many of those sending inquiries to our Program hold an ADN. A recent survey of inquiries revealed that of the 205 respondents, 92 (43%) currently hold an ADN and would be interested in entering a bridge option at FSMFN if it were available. Results of a similar survey of current students at FSMFN revealed the following:

Of the 150 respondents to the survey, 53% started their nursing career with an ADN. Of those starting with an ADN, 75% of those would have been interested in the ADN-MSN option if it were offered at the FSMFN. 80% of respondents believe there is a need for an ADN-MSN Program at FSMFN.

During the summer of 2005, the Curriculum Committee designed the bridge plan. The plan includes completion of six courses worth 20 credits. Students will be required to complete all courses in 12 months. Upon successful completion of the courses, they will be eligible to start the MSN curriculum.

Curriculum Overview Bridge Year

The objective of the FSMFN Bridge Year is to provide the opportunity for students to meet the baccalaureate nurse competencies.

Didactic-Clinical	Credits
N400 Physical Assessment	2-1
N404 Statistics	3-0
N405 Communication	3-0
N406 Leadership	3-0
N407 Theories and Research	3-0
N408 Community Health	3-2
Total	17-3

This Bridge Plan of courses was approved by the Faculty at the October 2005 Faculty Meeting. A proposal was brought forward to the Board of Directors (BOD) at the October Board Meeting and was approved. The Plan was submitted to the Kentucky Council on Post Secondary Education in November of 2005 and was added to the FSMFN state licensure in December 2005. The proposal and curriculum were submitted to Southern Association of Colleges and Schools, Commission on Colleges (SACSCOC) in December of 2005. We received approval from the Southern Association of Colleges (SACS) in January. The next step will be to submit the plan to the National League of Nursing Accrediting Commission (NLNAC) and the American College of Nurse-Midwifery Division of Accreditation (ACNM/DOA). Assuming approval, a pilot class will be admitted to the ADN-MSN bridge in September of 2006. We will keep everyone updated on the progress of this option for educating more midwives and nurse practitioners.

Frontier School of Midwifery & Family Nursing Update - Con't

The Annual President's Report for 2005 has been published. You may read the report by going to <http://www.midwives.org/PresidentsAnnualReport/pres2006.pdf>. If you would like a print copy of the Report, you may call Shelley Aldridge at 859-253-3637.

Enrollment is up at the FSMFN. We enrolled 34% more students in 2005 when compared to 2004. This growth is especially apparent in the Family Nurse Practitioner Program. While nurse-midwifery is stable, enrollment in the Family Nurse Practitioner Program more than doubled. Interest in the new Women's Health Nurse Practitioner Program is garnering increased interest. Class 47, admitted in November of 2005, was the largest class that has been admitted to FSMFN in over ten years. We will be enrolling five students in that Program in the March 2006 class. It appears that offering the MSN has had a tremendously positive effect.



Class 47

**Mary Breckinridge Home Health Agency -
One Perspective**

-Susan Weller, Courier

As a Courier, I recently shadowed two Mary Breckinridge Home Health Agency providers. The Certified Nurse Assistants (CNA's) I observed, Kim and Samantha, impressed me with the importance and quality of the physical care they provide and the warm and personal relationships they maintain with their clients.



Nursing Assistants Kimberly Short and Samantha Canada

Services provided by the Home Health providers include personal bathing and hygiene, taking vitals, light housekeeping, and social interaction, including asking specific questions to assess health status. Home Health providers deliver personal care to vulnerable individuals who are disabled in some form. Without Home Health care these individuals would have a difficult, if not impossible, time meeting basic personal needs in their homes. Home Health providers serve a person's basic physical needs in his or her own environment and thus with an intimate perspective not afforded in a general doctor's office.

For this reason, Home Health provider-patient relationships truly extend beyond the meeting of physical needs. In many cases, these providers hear the latest updates in their clients' lives. In one household, a client professed loyalty to "her" provider, stating she would 'send anyone else back.' In another household, a client described her provider with heartfelt compliments and invited her to drop by and share a meal. For the client, these providers are the caring "faces" of FNS. They are a consistent helping hand in many lives and earn the honest appreciation of those they serve, several of whom personally remember Mary Breckinridge. Indeed the original intent of Mrs. Breckinridge was to provide home-based care to those unable to access such services. The sense of appreciation with which this help is received, I imagine, remains precisely the same today as in her time.



Willa Morris, Director of the Mary Breckinridge Home Health Agency

Memoirs of an FNP - A Week in the Clinic

by Heidi Froemke, ARNP

Driving home from an outlying clinic last week, I was thinking that probably, in my almost 13 years here, I'd seen just about everything. I never learn. Thus began my week as an FNP at the Dr. Anne Wasson Rural Health Clinic. I returned that afternoon to find a child who had pushed "something" (its true nature uncertain) up his nose. A fishing expedition ensued. I took a call from the radiologist to tell me the CT scan on a "dizzy" patient revealed brain metastases – its original source unknown. I visited a patient in the hospital and we mapped out a plan for her care at home upon discharge. Numerous phone calls later there was oxygen at her home. Papers were faxed to and from to obtain a motorized wheelchair, only to be informed that, after all, I didn't have the correct forms. I began again.



Heidi Froemke with patient Ashleigh Baker

There was the woman with asthma who needed medications, but no money to pay for them. I did what any Frontier provider does almost daily..... improvise (how much can be accomplished in the clinic alone), scrounge (who has the medication samples needed and how long will it take to get them) and make do (okay...it's not ideal, but it's the best that can be done under the circumstances). There was the gentleman with severe weight loss, fatigue and frightfully abnormal lab values. A quick consult with Dr. Begum and he's sent for further diagnostic testing. There was the patient with scoliosis needing a photograph of her deformed back for the medical record. (Okay, where's the camera?). There is another suspicious CT scan of the chest—lung cancer? The 13- year-old whose parents want to take him out of public school for home schooling because of health reasons and.... what do I think? The gentleman with a massive infection of a finger occurring only 48 hours after clipping his fingernails . . . A brief search and his blood sugar is found to be 4 times the limits of normal and, at the age of 82, now a newly-diagnosed diabetic. Today, we start the process of teaching him how to live with this disease. A trip to a grade school to discuss first-aid with 4th and 5th graders. Their enthusiasm and energy are wonderful. I left the elastic bandage with them to practice wrapping wrists and ankles. ("No, this bandage cannot be wrapped around someone's neck!"). Oh, yes.....Dr. Tan and I shared recipes for Mediterranean cooking. That was my week. Yours?

Reaching "Wide Neighborhoods"

Suzan Ulrich, DrPH, CNM

*Frontier School of Midwifery and Family Nursing
Chair of Midwifery and Women's Health*

"We have grown like the banyan tree...with branches yielding shade and fruit to wide neighborhoods of men." Mary Breckinridge (1952)

Mrs. Breckinridge believed the work of the Frontier Nursing Service would spread far and wide. Her vision of reaching wide neighborhoods is being fulfilled by a special tradition the midwifery students at the Frontier School of Midwifery and Family Nursing (FSMFN) have developed.

Just prior to the clinical component of their education, the student midwives are on campus in Hyden for two weeks of intensive skills training. The week culminates with a formal dinner at Wendover. After dinner, there is a special ceremony where the faculty members of the FSMFN present the students with beautifully knitted baby hats.

These baby hats have a long tradition at Frontier. They were knitted by the Daughters of Colonial Wars and were placed on the heads of all babies born into the hands of the nurses on horseback of the FNS. The creation of the Community-based Nurse-midwifery Education Program (CNEP) presented another way to use these special hats. Because the CNEP students do not attend births at FNS, but rather return to their own community, the spirit of FNS is extended throughout the United States.

When the students return to their community, they give this special hat to the first baby that is born into their hands and tell the parents the story of Mary Breckinridge and the FNS. They also recount this story to their classmates and faculty by posting their "Lost My Hat" story on the Banyan Tree which is the electronic bulletin board system of the FSMFN. Faculty members and students avidly read the "Lost My Hat" stories.

I had the privilege of doing a qualitative research study on these stories to analyze how the midwifery students were internalizing the midwifery model of care that is part of the tradition of nurse-midwives at FNS. This study was published in the Journal of Midwifery and Women's Health in 2004. Major themes emerged repeatedly in these stories that showed the midwifery students had a strong belief in the midwifery model of care.

One of the major themes was facilitating bonding between mother, infant and family immediately after birth. Many stories recounted how the student presented the infant to the mother. "The baby went straight to mom's awaiting hands and arms. I watched in amazement as this family met their baby." Students are very aware of how important it is for the mother to hold her newborn right after birth to promote attachment of this new family member.

Another aspect of the midwifery model of family centered care that was evident in these "Lost My Hat" stories was helping the woman draw on her own strength to give birth and how the student was there to serve the mother in her hard work of giving birth. "She was so powerful and hardly said a thing. The baby steadily moved down with every push. With one push the baby rounded the corner, crowned and was on his way out. I gloved, together with my mentor's hands we caught the slippery big guy and mom brought him up to her abdomen. A most awesome woman. I really felt this was all her show and I was just there for a bit of assistance, so honored to be able to share it with her."

The preceptor mentoring the student during their first birth was also a major theme. This support and guidance from the preceptor was valued by the students. "I am so thankful for such a wonderful preceptor who whispered words of encouragement in my ear as little R found her way into our world."

The FSMFN is very grateful that we have such excellent preceptors all over the United States who give so much time and energy

to our students. Many thanks to the DCWs for continuing to make the hats that keep this tradition alive.

“The Lost My Hat” stories typically conclude with the students describing how they shared the legacy of Mary Breckinridge with the family when they present the baby with the special FNS hat. One student told of this ritual.

“I told them the story of FNS and Mary Breckinridge and about CNEP Today. I presented her with my light green FNS hat. I am fighting back big crocodile tears, cause if I start crying, I may not stop. Grandmother brings the baby over to mom and they put the little green hat on her. We take pictures of everyone! Grandmother says this is so neat...her grandchild is part of FNS and part of history.”

This ritual presentation of the FNS hat concludes the student's first birth experience making it special for the student and the family. It also spreads the work of Mary Breckinridge to wide neighborhoods of men. You can just imagine as these babies grow their mothers and grandmothers will tell them about their birth and how they are part of the FNS.

Permission was received from the Journal of Midwifery and Women's Health to use selections from the article First Birth Stories of Student Midwives: Keys to Professional Affective Socialization by Suzan Ulrich, CNM, DrPH, published in the Journal of Midwifery and Women's Health Vol. 49, No. 5 September/October 2004.

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In memory of _____

Contributor's name _____

Person (s) to whom you wish acknowledgment sent

Name _____

Address _____

In Honor

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please complete and return this section to the Development Office at FNS, 132 FNS Drive, Wendover, Kentucky 41775.

In honor of _____

Contributor's name _____

Address _____

Person (s) to whom you wish acknowledgement sent

Name _____

Address _____

IN MEMORIAM

Brooke Alexander, New York, New York, - FNS' first male Courier in the 1930's and cousin of Mrs. Breckinridge, passed away December 3, 2005. Mr. Alexander was a faithful supporter and trustee of the FNS until his death. The following is an excerpt from Mrs. Breckinridge's biography, Wide Neighborhoods, page 72: "Early in November, near the end of Breckie's fourth year, my Aunt Jane came to spend the winter with us. She brought with her a grandson, Brooke Alexander, another only child, so that the two little boys might have the companionship of each other. Brooke was a year and half Breckie's senior, better poised and more responsible, an imaginative and intelligent child, but not so robust as Breckie at the time of his coming South. He was as dark as Breckie was fair . . . the attachment between them was so real that if one fell down in climbing and hurt himself, the other grieved."

Edith Somers Taylor Jones, Louisville, Kentucky, passed away December 10, 2005. Mrs. Jones was a faithful donor to the FNS Children's Christmas Toy Fund. Mrs. Jones always attended the annual Bluegrass Committee Luncheon held in Lexington or Louisville.

Rutherford B. (R.B.) Campbell, Hyden, Kentucky, passed away December 9, 2005. Mr. Campbell was a long time supporter of the FNS. He ran Campbell's Drugstore in Hyden for 45 years and worked at Hyden Citizen's Bank. Many Leslie Countains remember Mr. Campbell flying airplanes over Hyden. He was still performing at aerobatic air shows when he was 80, flying inverted in his Decathlon and always wearing his red, white and blue jump suit.

IN MEMORY OF:

Jane Norton Haldeman

Jane Haldeman Hope

Dorothy Norton Clay

Jane Haldeman Hope

Dr. Maurice Bowling

Mrs. Christina Bowling

R. B. & Pet Campbell

Miss Kate Ireland

Mary Ellen Houston

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Frances S. Myers

Mr. Gene Myers

Margaret Peters

Mrs. Raymond G. Preece

IN MEMORY OF - Con't:**Teresa H. Schwartz**

Mr. Efrem S. Schwartz

Marguerite Smith

Mrs. Tom Kunze

Timothy Smith

Ms. Anne M. Lorentzen

Betty Lou Johnson Memorial**Scholarship Fund**

Rhonda M. Johnson

Robertta M. Johnson

Regan M. Almada

Renee M. Cassidy

Many thanks to the Johnson Family who have established the Betty Lou Johnson Memorial Scholarship in memory of their mother. A dedicated nurse who was originally educated as a diploma nurse, returned to school completing her bachelor's degree at age 50. She spent many years educating nurses before her untimely death at age 64. The scholarship will be awarded to an older FNP student returning to school who demonstrates academic excellence and a commitment to the underserved.

IN HONOR OF:**Karen Budd**

Dr. & Mrs. Jacob Palomaki

Barbara Christian

Col. & Mrs. Ronald D. Ray

Erin Lyons

Eric Lyons

FNS, Inc.
(the parent)
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Beulah Couch, *Director of Human Resources*

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Dr. Susan Stone, *President and Dean*

Dr. Julie Marfell, *Chair of Family Nursing*

Dr. Suzan Ulrich, *Chair of Midwifery & Women's Health*

Dr. Carol Panicucci, *Coordinator of Graduate Education*

Mary Breckinridge Healthcare, Inc.

Mallie Noble, *Administrator*

Linda Craft, *Director of Nursing*

Kevin Couch, *Assistant Controller*

Dr. Ferdousi Begum, *Internist*

Dr. Anita Cornett, *Internist*

Dr. Andrew Krasuski, *OB/GYN*

Katherine Lauderdale, *FNP*

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Dr. Madeline Tan, *Peditrician*

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Debi Karsnitz, *CNM*

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Laura Mann James, *CNM*

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Mary Breckinridge Home Health Agency:

Willa Morris, *Director*

Form of Bequest

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

How Endowment Gifts May be Made

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

Merrill Lynch
Attn: Travis Musgrave
801 East Main Street, Suite 1200
Lexington, KY 40507
859-231-5258

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

Anne Wasson Center:

Hearing Tympanometer	2,850.00
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Beech Fork Clinic:

Wheelchair Scales	2,565.40
Automatic Electronic Defibrillator	3,591.00

Community Health Center:

Wheelchair Scales	2,565.40
Automatic Electronic Defibrillator	3,591.00

Emergency Room:

Finger Pulse Oximeter	395.00
Pocket Size Diagnostic Ophthalmoscope/Otoscope	300.22

Home Health:

Polaroid HealthCam Wound Care	436.95
Thermometers (10)	540.00
Stethoscope (3)	112.23
O2 Sat Machine	942.00

Lab:

Blood Bank Centrifuge	1,279.20
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URGENT NEEDS - Continued

Medical/Surgical:

Welch Allen Thermoscan	119.40
Welch Allen Sure Temp. Thermometer	315.32
Hillrom Bed	9,551.00
Patient Overbed Table	381.00
Patient Bedside Cabinets	423.00
Patient Room Recliner Seat	818.00
Patient Room Guest Sleeper	1,334.41

Nursing Administration

Pediatric Airway Trainer (PALS Class)	495.00
Overhead Projector	839.59

Operating Room:

Color Printer Pack for Colonoscopy	295.25
Spot Vital Sign BP & Temp Monitor with Stand	940.62
Stainless Steel Flash Tray	158.00
Stainless Steel Kick Bucket (2)	155.00
Stainless Steel Instrument Table - Fixed Height	365.00

Respiratory Therapy:

Pulse Oximetry - Adult, Pediatric	349.95
Pulse Oximetry - Infant	499.95
Burdick Eclipse EKG Machine	4,095.00
Pulmonary Function Puritan Bennett	1,690.00

We extend thanks to Mr. & Mrs. Charles A. Nicholaus, Jr., Brentwood, Tennessee, for the purchase of a pocket size diagnostic otoscope for the Emergency Room and for patient education booklets for the Operating Room. We also thank Susie & Brad Steward for purchase of a message center for the Wendover Barn.

WE THANK YOU
FOR YOUR PARTICIPATION



PLACE
FIRST-CLASS
POSTAGE
HERE

FRONTIER NURSING SERVICE INC
WENDOVER
PO BOX 910912
LEXINGTON KY 40591-0912



Loose Item

Please send me more information about: Name _____

FNS Courier program Address _____

Visiting and touring –
Wendover Bed & Breakfast Inn _____

FNS books and brochures _____

Frontier School of Midwifery
& Family Nursing Phone _____

**As a supporter, you will receive the Frontier Nursing Service
Quarterly Bulletin unless you request otherwise.**

Enclosed is my gift of \$ _____, restricted to:

- | | |
|--|---|
| <input type="checkbox"/> FNS Healthcare Clinics | <input type="checkbox"/> Mary Breckinridge Hospital |
| <input type="checkbox"/> Frontier School | <input type="checkbox"/> Dr. Anne Wasson Scholarship Fund |
| <input type="checkbox"/> Kitty Ernst Scholarship Fund | <input type="checkbox"/> Mardi Perry Scholarship Fund |
| <input type="checkbox"/> Wendover | <input type="checkbox"/> Christmas Fund |
| <input type="checkbox"/> Unrestricted (your gift will be applied to other needs) | |

Your Gift is Tax Deductible.

Visit us at our websites:

www.frontiernursing.org • www.midwives.org • www.frontierfnp.org

Loose Item

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended April 1999