

FNU FRONTIER NURSING UNIVERSITY
Spring 2014 ■ Volume 89 ■ Number 2



Frontier
NURSING UNIVERSITY

PIONEERS FOR HEALTHCARE

Celebrating 75 Years of Caring
for Women and Families

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Introduction to Frontier Nursing University

Mary Breckinridge spent her early years in many parts of the world — Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of families, with a particular focus on children.

Mrs. Breckinridge founded the Frontier Nursing Service in 1925 after several years of studying and practicing nursing and midwifery in the United States, England, Scotland and France. It was the first organization in America to use nurses trained as midwives collaborating with a single medical doctor, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England.

“Our aim has always been to see ourselves surpassed, and on a larger scale.”

—Mary Breckinridge,
Wide Neighborhoods, 1952

They traveled on horseback and on foot to provide quality primary care, including maternity care, to families in their own homes. In 1928, she recruited young people to serve as Couriers and help the Frontier staff and nurse-midwives in all manner of efforts. In 1939, Mrs. Breckinridge established a school

of nurse-midwifery. The school provided graduates, many of whom stayed to offer care to families in Leslie County, Kentucky.

Today, Mrs. Breckinridge’s legacy extends far beyond Eastern Kentucky through Frontier Nursing University (FNU), which offers a Doctor of Nursing Practice degree and a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women’s Health Care Nurse Practitioner. FNU has students and graduates serving all 50 states and many countries.

HOW TO REACH US

The Office of Development and Alumni Relations: Please direct questions, comments or updates to Denise Barrett, Director of Development, at (859) 899-2828 or send an e-mail to development@frontier.edu.

The Wendover Bed & Breakfast Inn: The Big House, Mary Breckinridge’s home, is a licensed Bed & Breakfast Inn located at Wendover. For reservations or to arrange a tour, call Michael Claussen, Development Coordinator, at (859) 899-2707 or e-mail michael.claussen@frontier.edu. Group tours can be arranged, and we are always happy to set up tours for organizations and educational programs with an interest in nursing history and Appalachian studies.



THE JOURNEY

*By Dr. Susan E. Stone,
Frontier Nursing University President and Dean*

FNU welcomes two new members to the Board of Directors

Dr. Peter Schwartz and Dr. Phyllis Leppert

I am pleased to report that two new members were elected to the Board of Directors for Frontier Nursing University in 2013. Phyllis Leppert and Peter Schwartz bring a wealth of experience and expertise to the Board.



Dr. Peter Schwartz graduated from the Roxbury Latin School, received his Bachelor's Degree from Harvard College, and his MD from Boston University. After an internship at the University of Utah and two years in the United States Peace Corps in Western Samoa, he completed his Residency in Obstetrics and Gynecology at Yale University.

He spent thirteen years in Northampton Massachusetts, where he was a member of the Council of the Massachusetts Section of the American College of Obstetricians and Gynecologists (ACOG) and was also on the Executive Committee of the Massachusetts Medical Society. From 1987 until November 2005, and again from 11/2012 until the present he has been the Chair of the Department of Ob Gyn at the Reading Health System.

His major academic interests have been medical ethics and medical liability and patient safety. He was Professor of Clinical Obstetrics and Gynecology at the University of Pennsylvania and is currently Professor at Drexel University.



Dr. Phyllis Leppert started out as a nurse-midwife in the 1960s, then took a turn toward medical school, earning an MD in 1973 and then a biology PhD in 1986. She developed a research interest in the biology of the uterine cervix, and specifically its elastin fiber network. After a stint as chief of the Reproductive Services Branch of the National Institute of Child Health and Human Development, she joined Duke University's obstetrics and gynecology faculty in 2006. There she focuses on issues in reproductive health and primary and preventive reproductive medicine for women. She has written for women's magazines and today focuses on uterine fibroids, a health scourge that affects 7 of 10 U.S. women of childbearing age.

We are honored to have Dr. Schwartz and Dr. Leppert join the FNU Board of Directors and appreciate their service and commitment to advanced nursing and midwifery education.

ALUMNI SPOTLIGHT

April Dobroth, FNP



April Dobroth always pictured herself as a family nurse practitioner. So, when the time came, she made the choice to return to school to pursue the Master of Science in Nursing degree. April graduated from Frontier Nursing University in 2011. As a family nurse practitioner, April provides high quality, compassionate and culturally sensitive health care to the rural community she serves. She chose FNU based on her love of the mission and of the university history. April says that because of her close philosophical alignment with FNU, she knew she had found her academic home. Today, she is living her dream on a daily basis, providing much needed health care services to the people of the Santo Domingo Pueblo.

Today, she is living her dream on a daily basis, providing much needed health care services to the people of the Santo Domingo Pueblo.

Providing services to a community of approximately 5,000 of the Santo Domingo Pueblo Tribe as well as other tribes of the greater New Mexico area has made a pivotal difference to the native community. The Kewa Pueblo Health Clinic provides much needed access to a wide variety of medical services in a medical home model of care. Services include medical care, mental health services, hyperbaric treatment, dialysis, public health nursing and dental services. Transportation to and from the clinic is provided daily to those in need. Plans are in the

works to expand care to an open access model which will incorporate home visits, extended hours of care and school based services.

While April is clearly keeping Mary Breckinridge's dream of serving "wide neighborhoods" alive in New Mexico, part of her heart has been left in Hyden. She says, "The Frontier network has always felt like more of a family to me with the home being Hyden, KY and stretching to some of the farthest regions of the United States." As an alumnus she has remained in contact with many of her classmates and professors whom she looks to for support, expertise and knowledge.

However, April is keeping up her own level of expertise and knowledge according to her many certifications and awards. She holds certifications from the AANP as a Family Nurse Practitioner and UNM Project ECHO certification in the treatment of Hepatitis C, 12 Lead ECG certification and Sexual Assault Nurse Examiner (pediatric and adult). Additionally, April has advanced training in substance abuse, traumatic brain injury and post traumatic treatment. She is an instructor in Basic Life Support, Advanced Cardiovascular Life Support, Neonatal Resuscitation, Trauma Nurse Core Course, and has Emergency Nursing Pediatric Certification.

April is a member of the Sigma Theta Tau Honor Society, AANP member, AANP Legislative Committee Member, New Mexico Nurse Practitioners Council Member and American Holistic Nurses Association member. She has been Employee of the Month at the NM State Penitentiary (2012) and at the Kenwa Pueblo Health Center (2013). She has also been the recipient of the outstanding clinical preceptor award for the year at Colorado Health Science Center (2001).

“The Frontier network has always felt like more of a family to me with the home being Hyden, KY and stretching to some of the farthest regions of the United States.”

COURIER CORNER

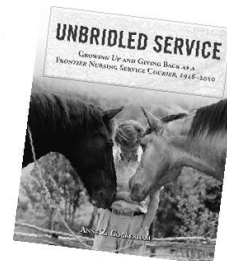
*By Nancy Reinhart,
FNU Courier Program Coordinator*



I hope each one of you has already saved October 3-5, 2014 on your calendar for the FNU 75th anniversary weekend.

If you've ever wanted an excuse to call up old Courier friends and visit Wendover together, this is just the reason you needed. It will be so amazing to have a contingent of Couriers from across the years celebrating together!

The 75th anniversary weekend will be made particularly special due to the recent release of *Unbridled Service* about the history of the Courier program. Author Dr. Anne Cockerham will share a selection of readings from the book with us and then we will have time to share memories with one another from our service as FNS Couriers.



Further, several Couriers will be honored as a part of the 75 honorees for 75 years. Those of us in attendance will celebrate these honorees and experience how our story can be found within theirs.

Have I given you enough reasons to make your travel plans today?

Connecting with Couriers

As former Couriers, we are a vibrant group of women and men who still carry FNS in our hearts and who take Mary Breckinridge's mission of service and dedication to "wide neighborhoods" as she willed us to do. Please do join us in Kentucky and Wendover in October to touch base with an important part of what inspired you to do so in the first place!

Meet our 2014 Couriers

Emily Scotto, originally from western Massachusetts, will be serving the White House Clinic in McKee, Ky. Of her plans she says, "I'm interested in working in social work or mental health care in the future, so I'm very excited to get a chance to be part of the Courier program!"

Aimee Jakeman is majoring in Integrative Physiology and minoring in Women's Studies at the University of Colorado at Boulder. She will be serving the Mountain Comprehensive Healthcare Women's Clinic in Whitesburg, Ky, as her future goal is to become a Certified Nurse-Midwife.

Yi Lian Klimecki of Tucson, AZ, attends Seattle University and will be serving the Women's Wellness and Maternity Center in Madisonville, TN. "After volunteer experiences in Nicaragua and Peru, I hope to work in rural public health with a focus on women and children's health... I've never been to Kentucky or Tennessee and I'm super excited about the Courier program!"

Lee Ann Adelsheim, who will be serving the ARH Mary Breckinridge Hospital system, is from Pittsburgh, PA and attends Allegheny College. She grew up contra dancing with her mother and is very excited to experience the culture of Hyden.

Diane Kim hails from San Jose, CA and attends Williams College where she is in the pre-med program. She will be serving the Hazard Clinic in Hazard, Ky. Diane loves music and says she is excited for her first ever visit to Kentucky or the southeast area of the U.S.

Matt Wilson, of Newbury, NH, will be serving the ARH Mary Breckinridge Hospital system. He currently attends Colby College and says, "I think this summer will be an unforgettably awesome experience."

Marissa Savoie, is from California and attends Columbia University. She will be serving the Lisa Ross Birth Center in Knoxville, TN. She says, "I currently live in New York City and I love the culture and energy, but I am really excited to experience a different place this summer. I cannot wait to meet everyone in Wendover!"

Rachel Tullio, who will be serving the Little Flower Clinic in Hazard, KY, hails from Rochester, NY. She currently attends Notre Dame where she is a pre-med student with a double minor in poverty studies and anthropology.

COURIER SPOTLIGHT

Rebecca Stanevich

Rebecca Stanevich was a Courier in 1970 and has remained actively involved through the Courier Advisory Committee. She volunteered her time this year to help interview applicants to the Courier Program. Rebecca lives in Grafton, WV.



Briefly introduce yourself.

I'm a retired nurse/industrial hygienist. For most of my career I did occupational health research for the Federal government. Since retirement, I have been involved in search and rescue and the training of search dogs at the local and Federal level.

Briefly describe your experience as a Courier.

My Mom and Dad were both from the mountains, my Dad from Appalachia, but I was raised in the suburbs of Washington, DC and not at all sure what I was getting into and even whether I would like the food. I learned to drive a car with a manual transmission one evening in a parking lot. I wished I'd had a lot more lessons when Ms. Kate Ireland, our Courier Coordinator, yelled, "Emergency!! Emergency!!!" in the middle of my driving test in the middle of the steep downhill of a dirt, mountain road.

I was a Courier during the summer of 1970. My primary assignment was as the driver for the Wendover nurse. What an exceptional experience! In addition to her regular house calls, we visited residents of the area where we were not currently providing service. Can you imagine being invited into someone's house while they are out back hanging up their clothes? We waited patiently in several houses — often a single room cabin with a big 4-poster bed in the middle of the room made up with a hand-sewn quilt and standing on a neatly swept dirt floor. There was usually a bible on a side table and love and something else that felt mostly like pride to keep us company until the owner came in.



What was most memorable about the experience?

I have many memories of the jeeps — being lost in a cornfield on the way to make our local deliveries to the outposts or being chased down mountains by big trucks with big Bulldogs on the front of them that were way too close... And I have memories of the horses riding into the North fork and forbidden watermelons planted by “The Judge”.

But the most important memories were of those people in the cabins who had very little in tangible assets but were very rich in spirit and everything else that counts. And I have memories of the dedication of a nurse and an organization that would travel out in the middle of the night to help a family who lost their son that day. And I remember that the food was really good, especially the Black-Bottom Pie, except for the day after the cows got into some wild onions.

How did it impact you, your life and/or your vocational direction?

I went to Kentucky thinking I would like to become a nurse-midwife. I came home convinced that is what I would like to do. Life led me in a different direction, but that was okay, because I learned that being a nurse is much more than just a job. It is about trying to make a difference in someone’s life and finding out that they have made a much bigger difference in yours.

What is the legacy of the Courier program from your view?

I think the legacy of the Courier program is to open your eyes to experiences you never dreamed about. I think it is about empathy — learning how to put yourself in another person’s shoes and soar, so you can help others become their very best.

Why do you remain involved?

It was a magical summer...

FIELD NOTES

Pioneers for Healthcare – Celebrating 75 Years



In honor of our 75th anniversary, Frontier Nursing University will host a celebratory weekend for friends near and far. Frontier alumni, students, faculty, staff, preceptors, friends and supporters from across the country are invited to attend the full weekend of events. Check out the events below and be sure to stay tuned for more details. Don't miss our signature celebration event, the FNU Anniversary Gala on Saturday, October 4th!

Special thank you to the following sponsors of the 75th Anniversary! The celebration events and activities would not be possible without you!



75th Anniversary Underwriter: Breckinridge Capital Advisors



Gala Bronze Sponsors: Neace Lukens and Merrill Lynch

Gala Friends: Global Advancement
Howard Heating and Air
NetGain Technologies

Sponsorship opportunities are still available for three Gold Sponsors (\$15,000), one Reception Sponsor (\$10,000), one Brunch sponsor (\$10,000), five Silver Sponsors (\$10,000), two Bronze Sponsors (\$5,000) or Gala Friends (\$1,000). Please email Angela.Bailey@frontier.edu to learn about the benefits of sponsor levels.

Friday, October 3rd

FNU Evening Reception

Location: Bodley Bullock House, 200 Market Street, Lexington, Ky

Time: 6:00 - 8:00 pm

Join us at the beautiful, historic Bodley-Bullock House in downtown Lexington for barbeque with all the fixins, cold Kentucky craft beers and wine as you mingle with Frontier family from near and far. Entertainment will be provided by Dean Osborn and The Kentucky School of Bluegrass and Traditional Music.

Price: \$25.00

Saturday, October 4th

Brunch with Kentucky Author Silas House

Location: Shakespeare and Co. (banquet room),

367 West Short St., Lexington, Ky

Time: 10:00 am – Noon

What could be better than a country breakfast buffet with guest speaker, renowned Kentucky Author Silas House? House was born and raised in Eastern Kentucky and is best known for his novels (learn more at www.silas-house.org/about.html). You won't want to miss this brunch which will include eggs, sausage, bacon, biscuits and gravy as well as fresh fruit and yogurt.

Price: \$20.00

Day Trip to FNU's Hometown - Hyden, Ky

Time: 8:00 am - 4:00 pm

Spend the day immersed in the history of Frontier Nursing University. Ride with other FNU family via tour bus to Hyden, Ky for a tour of campus, lunch at the historic Wendover Bed & Breakfast Inn and some time enjoying the annual Mary Breckinridge Festival! The bus will leave from the Lexington Convention Center High Street Parking Lot promptly at 8:00 AM.

Price: \$20.00

75th Anniversary Gala

Location: Lexington Convention Center, Bluegrass Ballroom,
430 W. Vine St., Lexington, Ky

Time: 6:30 pm - 11:00 pm

Don't miss this spectacular event to honor our 75th Anniversary and those who have made significant contributions to Frontier! This black-tie optional event will begin with a cocktail reception featuring music provided by Dean Osborn and the Kentucky School of Bluegrass and Traditional Music. Then enter the grand ballroom for a sumptuous meal before dancing the night away to music provided by the Torques! This event will be held in the Bluegrass Ballroom of the Lexington Convention Center, housed in the same complex as the Hyatt and Rupp Arena in downtown Lexington.

Price: \$100 per person

Sunday, October 5th

Couriers' Breakfast

Time: 8:30 am

Are you a former FNS Courier? Join us to connect with fellow Couriers and share memories from your time as a Courier. Enjoy breakfast, a reading from the new "Unbridled Service" book, and an open storytelling time for you to share your favorite memories.

Location and Price: TBA

Day at Keeneland Racetrack

Time: 1:00 pm - 7:00 pm

No trip to Lexington, Kentucky would be complete without seeing the beautiful Keeneland race track. Join us for an afternoon of horse racing. Ticket information will be available after June 1, 2014. Please check back often for updated information!

Price: TBA

Visit www.pioneersforhealthcare.com for developing details and to purchase tickets. Tickets for all events will be available in the summer months.

Hotels will book quickly in Lexington in October due to Keeneland and other events! We encourage you to make your hotel reservations as soon as possible.

Hilton Lexington/Downtown Hotel

(walking distance to the Gala venue)

369 West Vine Street Lexington, Kentucky 40507

859-231-9000 or 877-539-1648

www.lexingtondowntownhotel.com

Group code: FNU104

DoubleTree Suites by Hilton Hotel Lexington

(3.7 miles from Gala venue)

2601 Richmond Road, Lexington, Kentucky, 40509

859-268-0060

www.doubletree.hilton.com/lexington

Hyatt Regency Lexington

(immediately adjacent to the Gala venue)

401 West High Street Lexington, Kentucky, 40507

859 253 1234

www.lexingtonhyatt.com

For More Information:

www.pioneersforhealthcare.com

859-899-2828

development@frontier.edu

Eastern Kentucky Committee Luncheon Held at Wendover

Following the long history of committee support started by Mary Breckinridge, FNU hosted a diverse group from Eastern Kentucky for lunch at the Wendover Big House on April 8th. With the goal of forming a committee to make a stronger Eastern Kentucky community for all, FNU President, Dr. Susan Stone welcomed local mayors, business owners, community leaders and professionals to the first meeting of the Eastern Kentucky Committee.

The Committee will meet quarterly to discuss how the various entities in the community can partner for the benefit of all citizens of Eastern Kentucky and continue the vision of Mary Breckinridge. Several projects were discussed including nurse practitioner services for the schools in the area as well as how the group could partner to bring both jobs and increased technical education to the community.



Tea Party hosted by Kathy Dalton, Courier

Several members of the Frontier community gathered in Lexington at former Courier Kathy Vance Dalton's house on Monday, April 14 for a tea party to celebrate the release of *Unbridled Service: Growing Up and Giving Back as a Frontier Nursing Service Courier, 1928-2010*. Mrs. Dalton served high tea in the tradition of Mrs. Mary Breckinridge alongside an array of treats. Dr. Susan Stone offered highlights about FNU to the crowd and author Dr. Anne Cockerham read various selections from the book. Teresa Hall, wife of former FNS CEO Bill Hall, Audrey Bean, Former Chair of the Bluegrass Committee, Linda Roach, current Chair of the Bluegrass



*top: Kathy Dalton visits with
Teresa Hall; bottom: Susan
Stone, Kathy Dalton and
Nancy Reinhart*

Committee, and Anne Kraus, daughter of former Courier Anne Preston Turner were amongst the attendees.

FNU hosts *Call the Midwife* premier

Frontier is again proud to be the sponsor for *Call the Midwife* on KET in Kentucky and Florida. Based on the best-selling memoirs of Jennifer Worth, this series is a story of midwifery in London's East End during the 1950's. Season 3 premiere events were held in Tampa and Lexington during March to kick off the season and celebrate the rich history of midwifery. Both events were well attended and the screened episode left audience members touched and wanting to see more of Season 3.

The Lexington event was co-sponsored by WomanKind Midwives, a Lexington-based full-scope midwifery practice. Kendra Adkisson, FNU graduate, practices at WomanKind and attends deliveries at the Women's Hospital at St. Joseph East. Kendra entered the premier riding her bike in full costume, dressed as Jenny from *Call the Midwife*. However, Tampa had its own special guests — two future Nurse-Midwives attended in their own costumes.



top: Kendra Adkisson in costume at the Lexington premier; bottom: Future nurse-midwives at the Tampa premier

FNU's PRIDE Initiative will send four FNU students to professional conferences



The PRIDE (Promoting Recruitment and Retention to Increase Diversity in nurse-midwifery and nurse practitioner Education) Initiative continues to offer great programming to achieve its goal of increasing minority enrollment at FNU. Recently, PRIDE students were invited to submit essays for a chance to be awarded support to attend a professional conference. After careful consideration, and a blind review of essay entries by the Associate Deans

and Faculty members, essay entries were selected for the *American College of Nurse-Midwives Conference* in Denver CO, May 13-17, 2014, and the *American Academy of Nurse Practitioners (AANP) Conference* in Nashville, TN, June 17-22, 2014. **Ebony Simpson, Sarah Monson, Fawn Workman, and Melissa Wiesenbahn** were awarded conference registration fees, flight, ground transportation, hotel, and a stipend for meals. These students will partake in an expansive schedule of clinical activities and sessions hosted by expert faculty that will address the educational and professional needs of the novice to the very experienced attendee from every specialty area.

The PRIDE Initiative is also coordinating the 4th Annual Diversity Impact event to be held on the campus in Hyden June 6-8. During this weekend workshop, students will attend sessions hosted by nationally recognized nursing leaders, participate in teambuilding activities, attend cultural competency awareness training, network with available FNU student services, and dine at the exclusive Wendover Inn retreat. FNU would like to thank the Berea College Appalachian Fund for providing a \$10,000 grant to support Diversity Impact and the Foundation for a Healthy Kentucky for a \$1,000 grant towards this important event.

FNU Awarded Grant from Jonas Center for Nursing and Veterans Healthcare to Fund Doctoral Nursing Students

Grant is part of a national initiative to address nursing faculty shortage; Frontier Nursing University to fund 4 Jonas Scholars

With a new grant of \$50,000 from the Jonas Center for Nursing and Veterans Healthcare, matched by \$10,000 from FNU, we will fund the scholarship of 4 doctoral nursing students in 2014. FNU has selected DNP students from Maine, Montana, Alaska and a Veteran to receive these scholarships. They are **Alaska Scholar: Julie McCarron (entering DNP16); Maine Scholar: Victoria Evans, DNP14; Montana Scholar: Beth Burnette, DNP14; and Veteran Scholar: Lauren Ervin, DNP14.** As a recipient of the Jonas Center grant, Frontier Nursing University is part of a national effort to stem the faculty shortage and prepare future nurses as America's healthcare system continues to evolve.

The Frontier Nursing University Jonas Scholars join nearly 600 future nurse educators and leaders at 110 schools supported by Jonas Center programs, the Jonas Nurse Leaders Scholars Program and Jonas Veterans Healthcare Program (JVHP). These scholarships support nurses pursuing PhDs and DNPs, the terminal degrees in the field.

The Jonas Center, the leading philanthropic funder for nursing, is addressing a critical need, evidenced by troubling data from the AACN showing that 2013 saw the lowest enrollment increase in professional RN programs in the past five years. This is due primarily to a shortage in qualified faculty.

“The call for more nurses — and thus the faculty to prepare them — is massive. Healthcare in America has never been more complex, yet tens of thousands of would-be nurses are turned away from the profession each year,” said Donald Jonas, co-founder of the Jonas Center. “We’ve stepped up the pace and expanded our programs to meet this need.”

Frontier Nursing University was honored to have two previous Jonas Scholars in the post-master’s DNP Program. These students, Tracey Wiese of Alaska and Annette Asper of Idaho, graduated in December 2013. We are very appreciative of this partnership and look forward to seeing what the four new Jonas Scholars at FNU will achieve.

Nursing Leadership in Global Health Conference

Dr. Susan Stone presented in February at the Nursing Leadership in Global Health conference sponsored by Vanderbilt University. Her presentation was titled:

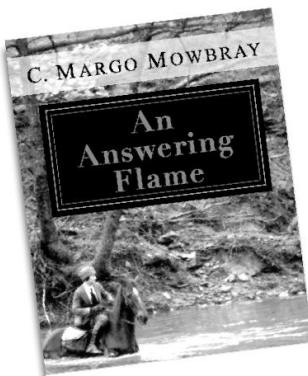
*The Evolution of Frontier Nursing Service to Frontier Nursing University:
Adapting to Change While Remaining True to the Mission*



BEYOND THE MOUNTAINS

An Answering Flame: From the journals of a horseback nurse-midwife

*Review By: Dr. Anne Cockerham, PhD, CNM, WHN-BC,
Associate Dean of Midwifery and Women's Health*



*Mowbray's book is
the recipient of the
American College of
Nurse-Midwives
2014 Media Award!*

Honorary ACNM Fellow Doris Reid began her career as a nurse-midwife at a supremely challenging time and place. In 1942 she answered a plea for nurses in southeastern Kentucky's Frontier Nursing Service (FNS). Founder Mary Breckinridge desperately needed help when her British-trained nurse-midwives left her organization to return home to England where German bombs were dropping on homes and hospitals.

Doris served the FNS throughout World War II and later wrote an amateur memoir of her experiences. Doris's niece, author Margo Mowbray, believed her remarkable stories needed wider appreciation. Mowbray researched the Frontier Nursing Service and gathered historic photos to include in her 206-page book, *An Answering Flame*. Although the book is fiction, each story is based on actual episodes from Doris's journals and others Mowbray discovered in her research.

The determined nurses carried on in spite of fires, floods, droughts, the Great Depression, and World War II rationing, all the while working within a culture completely different from that of the nurses' own upbringing. Mowbray places you right in the saddle with the horseback FNS nurse-midwives as they ascend rugged hollows day or night, winter or summer. With only what they could carry in their saddlebags, they caught babies and treated injuries, gunshots, crippling burns, and illnesses that had long been eradicated elsewhere in the United States. The nurses' professional care greatly improved general health and reduced the maternal death rate below the national average, all in one of America's most remote regions.

Having conducted historical research about the Frontier Nursing Service and written nonfiction accounts of its historical legacy, I was thrilled at the prospect of reading a new historical fiction work about the Frontier Nursing Service. This compelling and historically accurate book did not disappoint. From the first page, I was captivated by the heroine and her struggle to find the courage to face each challenging but rewarding day in the Kentucky mountains. I highly recommend this book to readers who appreciate historical fiction and those with a love of adventure-filled stories.

Annual Washington DC Committee Luncheon held at Congressional Country Club



President Susan Stone poses with Molly Singerling and Vicky Miller

Thanks to the generosity of Mrs. Molly Singerling, FNU was honored to host our annual luncheon for Washington DC supporters at the beautiful Congressional Country Club in Bethesda. This event also served as the release of Dr. Anne Cockerham's newly published book, *Unbridled Service* and we sold out of our copies! In addition to hearing from President Stone and a book reading by Anne Cockerham, we were thrilled to have Vicky Miller in attendance to speak.

Vicky is a nurse-midwifery graduate who now lives and practices in Costa Rica. Vicky also collaborates with two other Frontier alumni living in Costa Rica – Cathi Duggan and Rebecca Turecky. Vicky spoke of her love and appreciation for Frontier and then talked about the new Frontier that she, Cathi and Rebecca face in Costa Rica. While they each practice independently, they are working together in country-wide efforts to improve maternal and infant healthcare. Vicky and Rebecca both attend births in and out of hospital settings while also volunteering their time to educating women and providers about evidence-based birth. Cathi provides care to Nicaraguan refugees in an impoverished barrio near San Jose, Costa Rica. She works with



*Susan Stone presents
"Continuing the Vision" pin
to Cherry Wunderlich*

refugees living at La Carpio, a squatters' community built on a garbage dump. Cathi also serves the underserved women of Costa Rica and families working as missionaries there.

We are so proud of these graduates who are improving care for the women in Costa Rica. FNU is grateful for the support of our capitol area friends and are honored to visit the area and describe how your giving makes a difference! During the luncheon, Cherry Wunderlich, former Courier, and Bill and Ruth Lubic were presented with "Continuing the Vision" pins to recognize their contributions to the FNU Endowment Campaign.

NOTES

Lucas McDonald, Courier, writes that he was married two years ago to fellow physician, Vickie Davis. Vicky is completing her general surgery residency. Lucas completed his orthopedic surgery training and has started a practice at Naval Medical Center in San Diego.

Dr. Anne Cockerham, Associate Dean for Midwifery and Women's Health, recently published in the *Journal of Midwifery and Women's Health*. You can find her article here: Cockerham, A.Z., & King, T. (2014). One hundred years of progress in nurse-midwifery: with women, then and now. *Journal of Midwifery and Women's Health*, 59, 3-7.



FNU faculty members **Billie Anne Gebb**, Director of Library Services and **Zach Young**, Information Services Librarian, attended the 2014 Distance Library Services Conference. The title of their presentation was, "Mobile resources use in a distance learning population: What are they REALLY doing on those devices?"



Congratulations to **Toni King**, CNEP 109 and PRIDE student! Toni was selected as one of the 16 recipients of the 2013-2014 Go Red For Women Multicultural Scholarships! As part of the Multicultural Fund, Macy's and Go Red For Women® developed this program with the goal of increasing the number of minority women in the healthcare profession.

Mona Lydon-Rochelle (Class of 1978) received her PhD, MPH from the University of Washington. She has worked as an epidemiologist for Médecins Sans Frontières; a professor at the University of Washington and University of College Cork in Ireland; a midwife in New Mexico, Mexico and elsewhere; and editor and peer-reviewed for numerous journals. She has work appearing in *NEJM*, *JAMA*, and other journals including the *Floating Bridge Review* and *About Place Journal*. Her first poetry book, *Mourning Dove*, is forthcoming from Finishing Line Press.

Congratulations to **Dr. Elizabeth Whitworth** and **Dr. Barbara Anderson** (DNP Program Director) for their recent publication in the International Journal of Childbirth: Prevention of Neonatal Hypothermia: A Skin-to-Skin Practices Education Project in Rural Uganda.

Nurses Lounge, Inc, an online professional network for nurses and a wholly-owned subsidiary of MedCAREERS Group, Inc. announced that **Carmen Kosicek RN, MSN**, author of *Nurses Jobs and Money — A Guide to Advancing your Nursing Career and Salary*, will be the key sponsor of the Nurses Lounge Student Career Center.

“Career paths for nurses are the most diversified they’ve been, so Carmen’s perspective will help young nurses put their education to work,” said Tim Armes, president and CEO of MedCAREERS GROUP, Inc. and founder of Nurses Lounge. “Carmen is available to answer general questions posted in our student career center, and will conduct webinars as a value-added benefit for the growing number of student nurse associations joining our network.”

“This is a great opportunity for me to reach out to a variety of nurses to help them choose the right career path,” Carmen said. “I’ve helped hundreds of nurses and nursing students to envision a brighter nursing future, and my business experience has helped my nurse clients increase their incomes by 20 percent or more within 18 months.”

Carmen, her husband of 23 years, their two children and rescued Greyhound, reside in Chattanooga.



Dwynn Golden, CNEP Class 2, writes that she recently attended an ACNM Leadership Workshop in Buffalo, New York and was happily surprised to see three fellow Class 2 graduates there! Cecilia Stearns, Elaine Clutterbuck, and Sarah Worrell were all in attendance representing FNU!

We want to hear from you!

Please send your news and updates to alumniservices@frontier.edu so that we may share them with the Frontier family through our online and print communication channels. You may also mail updates to Frontier Nursing University, Attn: Quarterly Bulletin, 132 FNS Drive, Wendover, KY 41775.

WENDOVER REPORT

Wendover Bed and Breakfast Inn continues to attract a wide range of visitors

In the last issue of the FNU Quarterly Bulletin, we wrote of our excitement of our recent expansion of the Wendover Bed and Breakfast Inn from 8 to 16 guest rooms. I am happy to report the response to our growth has been very encouraging with guests coming from across the country to stay at our Inn. With the Frontier Spring Tour Season occurring at this writing, we have hosted several Nursing Schools and various groups at Historic Wendover. These groups include, University of Tennessee, Lindsey Wilson College, Indiana Wesleyan University, Thomas University, Leslie County High School, Magoffin County Technical School, Hazard Rotary Club, and First Baptist Church of Hazard Joy Club.

National History Day Project about Mary Breckinridge wins Several Awards

Devin Snyder and her family from Georgia recently visited Wendover this year to conduct research for a play that she and fellow student and co-writer, Anna, were writing for National History Day. National History Day is an academic competition in which students conduct extensive research on a historical topic of their choice based on the year's theme. This year's theme was "Rights and Responsibilities in History" Their play entitled, "Mary Breckinridge and the Frontier Nursing Service- How the Cry of One Woman Changed the World" won the regional tournament and came in 2nd place at the State competition. Devin and Anna will take their play to Nationals in Annapolis, Maryland, in June. We wish them the best for this national competition.

Handmade Items continue to come in to Wendover Office

We are honored to provide handmade baby caps, scarves and lap quilts to our students. Students then have the opportunity to give these items to women or families that they care for during their clinical training. When a student gives their cap, scarf, or quilt away, they tell the patient the story of Mary Breckinridge and share the mission of FNU today.

Below is a list of recent contributors to this popular project, thank you for your support!

Harriet Butts

Philip Combs

Daughters of Colonial Wars from the North Dakota State Society

Sue McAdoo- State President of National Society Daughters of
Colonial Wars in the State of Oklahoma

Harriet Palmer

Helen Stadtmiller

Elizabeth High and Flying Fingers of Westminster at Lake Ridge

If you would like to contribute items to this important project, please mail them to 132 FNS Drive, Wendover, Kentucky 41775. Thank you!

New Light on the Legacy of Mary Breckinridge: The Story of Two French Nurses in America, 1923-24

Karen Polinger Foster, Yale University

Ninety years ago, two young French nurses, Germaine Guibaud and Madeleine Cazalay, arrived in New Haven, Connecticut. Unlike their compatriot immigrants to that thriving city, they had come not to begin new lives in America, but to study the latest methods of public health nursing.

They were among a dozen French nurses who had been awarded scholarships by the Comité Américain des Régions Dévastées (CARD). This organization, founded by Anne Morgan, daughter of the financier J. P. Morgan, played a crucial role in the reconstruction of the Soissonnais region of northern France, whose rich agricultural lands, villages, and towns had been laid waste by the bombardments and trench warfare of World War I.

During the last phase of the war and in its immediate aftermath, scores of American women crossed the ocean to volunteer for the CARD. To help people regain self-sufficiency, CARD members obtained and distributed supplies, drove and repaired the vehicles they used, provided and coordinated medical services, and started local lending libraries and kindergartens.

Mary Breckinridge joined the CARD and sailed for France in February 1919, just three months after the Armistice. As a pediatric nurse, she soon realized that there was an urgent need for a comprehensive public health program, especially for the infants and children who were the youngest victims of the war.

In May 1919, Breckinridge invited a small group of mothers and babies to an informal clinic in Vic-sur-Aisne, one of the CARD centers. From this modest start, she rapidly established a network of clinics and related medical and social services, sponsored by the CARD and run in cooperation with French nurses, doctors, and officials, as well as with several pre-war institutions, which the CARD had revitalized. In addition, she co-founded with Evelyn Walker the Association d'Hygiène Sociale de l'Aisne (AHSA), based in Soissons, which continues to the present day under the name Association médico-sociale Anne Morgan (AMSAM).

The long, detailed letters she wrote home until her return to the States in September 1921 show that Breckinridge's many achievements stemmed from her burgeoning executive abilities, tireless energy, and creativity in solving the problems facing this war-torn region. To cite one case, seeing that babies were starving because their malnourished mothers were unable to nurse them adequately, Breckinridge started a Goat Fund, supported by the CARD and American donors. With the money, she arranged for hundreds

of goats from other areas of France to be sent by train to Vic-sur-Aisne, whence they were distributed to families needing milk, thereby saving countless lives.

Breckinridge's activities and influence extended far beyond the Soissonnais. The French government asked her to report on hospital conditions, which were deplorable, and to make recommendations for their improvement. To this end, she urged the authorities to establish nursing schools nationwide, on the model of the *École Florence Nightingale* in Bordeaux, the only one at the time with professional standards. She also pushed the government to adopt the American philosophy of public health. As C.-E. A Winslow, founder and head of the School of Public Health at Yale University, defined it, "This is the concept that public health is not a branch of medicine or of engineering, but a profession dedicated to a community service which involves the cooperative effort of a score of different disciplines."

In addition, she worked with Gervais Courtellemont, Superintendent of Nursing in the Ministry for the Liberated Regions, to form a Franco-American committee for the betterment of French nursing. Breckinridge managed to persuade such scientific notables as Albert Calmette, Léon Bernard, and Marie Curie to participate in her proposed programs. Winslow agreed to serve as honorary president of the American branch of the committee. He had been impressed when he visited the CARD clinic at Vic-sur-Aisne in August 1921. As it happens, Guibaud was one of the nurses he met there, for Breckinridge wrote a note thanking him for sending along a snapshot he had taken of her.

Numerous problems delayed, and ultimately prevented, the Franco-American committee from establishing a hospital and training school in Paris. One challenge was hiring a director fluent in French, for whom the committee was "combing America," as Breckinridge told Winslow in her letter of 8 June 1922. Although in the 1920s many Americans, including Breckinridge herself, had an excellent knowledge of French, it was apparently difficult to find someone who was Francophone, qualified, and available.

The idea for the nursing scholarships was part of this Franco-American public health initiative. From among the French nurses working for the CARD, selection was made on the basis of outstanding performance, intellectual capacity, and excellent character. All the scholarship winners were also held in high esteem by the people they had been serving. Cazalay, for example, had been asked to be godmother to the new church bell in the Soissonnais village of Juvigny. Breckinridge got the Office Nationale des Universités et Écoles Françaises to meet the nurses' travel expenses; the CARD agreed to pay their tuition, room, and board.

Guibaud, age 27, and Cazalay, age 24, embarked from Le Havre and landed in New York on the 1st of October 1923. Since their English was not strong enough for them to profit from courses at Columbia University, it was decided that they should spend the first two months in the wards and Social Services department of the Presbyterian Hospital in New York, and the next five months with the Visiting Nurse Association (VNA) of New Haven.

Founded in Boston in 1885, the VNA's mission was to send public health nurses out

into the community, wherever they were needed, to care for the sick, dress wounds or burns, and instruct in methods of hygiene, food preparation, disease control, and first-aid. The New Haven branch opened in 1905 under Lillian E. Prudden, who served as its president until 1928. In 1919, having outgrown its quarters, it moved to 35 Elm Street. This was a large dwelling built by John Cook in 1807, on land originally belonging to the first governor of New Haven. The house boasted a ballroom on the top floor, which the French nurses must have found a remarkable feature. Its arched ceiling and ornate woodwork are still intact and home now to an architectural firm. On the lower floors were the VNA offices for the departments of Child Welfare, Orthopedics, Tuberculosis, and Administration, as well as sleeping quarters for the resident nurses.

Guibaud and Cazalay were lodged nearby at 133 Greene Street, a convent, school, and boarding house run by the Sisters of the Holy Ghost. This was a small Francophone world, with nuns from France and Canada associated with the Church of Saint Louis, then under the leadership of the Reverend J. P. Cournoyer. The parish's growth since its founding in 1889 had enabled it to build in 1905 a new church in French Renaissance style, reminiscent of the Loire châteaux. This burned in 1960, but an idea of its elegance may be gleaned from its surviving rectory.

New Haven's Francophone organizations of the 1920s also included a Patriot League and a Franco-American Union. And the brilliant exploits of Gervais Raoul Lufbery, the flying ace killed in action in 1918 after having downed seventeen German planes, were still fresh in local minds. Of French birth, he grew up in Wallingford, just north of New Haven, and was a naturalized American citizen. Before the U.S. entered the war, Lufbery enlisted in the French Foreign Legion, then in the Lafayette Squadron of American volunteer pilots, where he personified courage, skill, and the strong links between America and France.

The VNA Report for 1923 outlines a typical day, Friday the 14th of December, in the life of a nurse. As our French nurses were already in New Haven on that date, we may readily picture them accompanying Miss Brown on her rounds. By 8:00, Miss Brown has arrived at 35 Elm Street, where she joins the 55 other field nurses and supervisors in reviewing the previous day's records of 500 home and clinic visits. After packing her bag with fresh supplies, she sets out.

Her first call is on a newborn baby and his family from Eastern Europe, where she finds all in order. At 10:40, she visits a little Italian girl who has pneumonia. Her father works for a big contractor, earning \$25 a week, and the family of eight lives in three basement rooms. Miss Brown explains to the mother what food the ill girl must eat in order to get well. Miss Young, one of the VNA's nutrition workers, arrives and shows the mother how to prepare the gruel. Next, Miss Brown goes to the home of a little Irish boy who has badly cut his leg while playing on the ice. While she is there, she looks in on his father, who is dying of tuberculosis.

At 12:15, she pauses for lunch. From 2:00 to 4:00, she weighs and checks the 20 or 30 babies, many of them from African-American families, whose mothers have brought

them to one of the fourteen Well-Baby Clinics that the VNA holds weekly. On her way back to 35 Elm Street, she stops to change a dressing for Miss Smith, of an old New Haven family. The elderly lady warmly welcomes her “angel in grey,” for the nurses wore grey dresses with white collars and aprons and a white Maltese cross, the insignia of the VNA, sewn on the left sleeve. They carried sturdy black leather bags and in cold weather wore black wide-brimmed hats and long black wool coats.

The CARD Public Health Bulletin of January 1924 reports that Cazalay is recovering from the gripe, while Guibaud now understands the importance of careful record-keeping and intends to pay close attention to her cards on her return to France. The Bulletin editor wryly adds, “We hope she has equally good intentions with regard to her handwriting.”

In February 1924, the VNA hosted a special event, which the French nurses must have found very interesting and valuable. This was an Institute for Supervisors of Public Health Nursing in New England, with five days of talks by “speakers of national repute in the health field,” as the VNA Report for 1924 describes the conference.

In their free time, Guibaud and Cazalay surely explored New Haven. The city had been founded nearly 300 years before, in 1638, by English Puritans eager to create in the New World both a Christian utopia and a profitable mercantile venture. Accordingly, they laid out a square 1/2 mile on a side, subdivided into nine equal squares, with two rectangles connecting its southeast corner to one of the best harbors in New England. The central square, called the Green, was set aside as common land, and still exists, virtually unchanged. To this day, Elm Street remains one of the city’s principal east-west routes, running along the north side of the Green.

If by the 1920s the city had long abandoned its aspirations as a Christian utopia, it was certainly prospering. The 1924 City Directory lists New Haven as the fourth-largest city in New England, with a population of 175,000, many of whom were recent immigrants from Europe, drawn by the promise of work in the city’s numerous factories. There were also jobs on the train and trolley lines, as well as in the oyster beds and on the waterfront. The VNA purposely reflected the city’s ethnic diversity in its account of a typical day (see above).

For recreation, we may imagine the French nurses joining those enjoying the city’s parks, beaches, libraries, concert halls, and theatres. The thousands of elm trees planted in the 19th century had grown to form magnificent vaults over the streets of the Elm City, as it was nicknamed. A few years later, they would all be gone, killed by an Asian fungus accidentally introduced to New England in 1928.

No doubt the two young women also visited Yale University, founded in 1701, whose campus had come to dominate the heart of New Haven. In Yale’s newest buildings, some still under construction, they would have discovered a wealth of Neo-Gothic styles and decorations, reminding them of the cathedrals, cloisters, and towers of their homeland. They may also have recognized French architectural allusions in several Beaux-Arts buildings from the 1900s, including one modeled on the Petit Trianon at Versailles, as

well as in earlier buildings in Neo-Romanesque style.

Had the French nurses returned in 1927, they would have been moved by the memorial to the Yale men who served in World War I. Across the monumental architrave of the colonnade are carved the names of the principal battles in which Yale men fought: Cambrai, Somme, Château-Thierry, Ypres, St. Mihiel, and Marne. In the adjoining rotunda, Guibaud and Cazalay would already have seen the marble slabs inscribed with the names of all the Yale men who had died in America's wars, beginning with the American Revolution.

Perhaps the Winslows invited them for tea at their house on Prospect Hill, a neighborhood near the Yale campus of mansions built for New Haven's leading citizens in the late 19th and early 20th centuries. There, they might have seen the "monster" German shell case, one of two sent by Breckinridge to Winslow after his visit to Vic-sur-Aisne.

In the spring of 1924, Guibaud and Cazalay sailed back to France, and no further information about them is known. Whatever paths they followed, their months in America must have had a lasting impact on their professional and personal lives – yet another testament to the extraordinary legacy of Mary Breckinridge. •

For assistance and encouragement, I am grateful to Susan Bianconi, James Campbell, Anne Cockerham, Benjamin Foster, Marcy Guddemi, Emily Hau, Monique Judas-Urschel, and the staff of the Yale University Manuscripts and Archives.

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Jackie Martin Haiti

QUARTERLY BULLETIN

IN MEMORIAM

Rosalie Calvert Culver died peacefully on December 4, 2013 at home with her four sons at her bedside. She was 88.

She was born in Baltimore, the daughter of Howard and Mary Graham Bruce. She was descended from and named after Rosalie Steir Calvert, a matriarch of a prominent early southern Maryland family. She attended the Bryn Mawr School in Baltimore and graduated from St. Timothy's School in Catonsville in 1943. She attended the University of Maryland for one year before enrolling in the Frontier Nursing Service in Kentucky. She was a mid-wife's assistant, traveling on horseback to reach her patients remote areas of Kentucky.

Rosalie married Charles C. Fenwick in June, 1946. They lived in Glyndon, MD and had four sons, Charles C. Fenwick, Jr., H. Bruce Fenwick, Edwin A. Fenwick, and John G. Fenwick. After a divorce she married Donald M. Culver and lived in Lafayette, CO for over fifty years.

Throughout her life she enjoyed horse showing, fox hunting, shooting, fishing, tennis, gardening, birds, and wildlife. Her husband Donald and she enjoyed great success for many years breeding both Charolais and then Black Angus cattle from Boulder Valley Farm and Owl Creek Ranches in Walden, CO. She also owned a number of successful steeplechase horses, including 1980 Maryland Hunt Cup winner Dosdi.

For many years Rosalie was a director of Stratford Hall, the home of Robert E. Lee. She also managed the Mill Reef Fund in Antigua, WI for years, benefiting the less fortunate on the island.

Mr. Culver predeceased her in June, 2012. In addition to her four sons, she is survived by two stepsons, Daniel B. Culver and John K. Culver, seven grandchildren and eight great grandchildren all of whom gave her great pleasure.

TRIBUTES

*The following people gave contributions to Frontier **in memory of their friends or loved ones.** The names in bold are the deceased.*

Shirley Ohl

Harriet Nicol

Shirley Rothkopf

Louis Berger

Ruth Beeman

Barbara Thompson

Cecil D. Branstetter

Frontier Nursing University

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Front row, l-r: Nancy Fugate-Woods, Phyllis Leppert, Kitty Ernst, Jane Leigh Powell; Back row: l-r: John Foley, Peter Schwartz, Wallace Campbell, Michael Carter; Not pictured: Michael Rust, Marion McCartney, Nancy Hines, Kenneth Tuggle

Mary Breckinridge Society Recognition

For the past two years we have been asking supporters to contribute to the \$10M Endowment Campaign. We are pleased to recognize the following individuals who have pledged their support to this historic campaign which will double the total in the endowment and provide support for faculty, students and facilities for decades to come.

Ambassador \$100,000 - \$249,999

Peter and Abby Coffin (Leadership Council)
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Wally and Jane Campbell
(Board of Directors and Leadership Council)

There are many ways to contribute to the campaign, from basic gifts of cash, five-year pledges of support, and many planned giving options. Please contact us to discuss making a gift and naming and recognition opportunities.

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YOUR GIFTS AT WORK

The Mary Breckinridge Chair of Midwifery at Frontier Nursing University was established by Kate Ireland and Marvin Breckinridge Patterson with a gift of \$500,000. The Mary Breckinridge Chair was the first chair for midwifery in the United States. Ruth Beeman, former Dean, was the first individual to be named to the Mary Breckinridge Chair of Midwifery position. She held this position until our current Chair, Kitty Ernst, was named to the position.

Kitty Ernst is a 1951 graduate of Frontier and later became one of the founders of the distance learning program. She conducted the pilot program which demonstrated the distance learning model's potential before moving it to Frontier. During the 2011 commencement ceremony, Ms. Ernst was honored with an honorary doctorate from FNU. Ms. Ernst is a leader in midwifery in the United States. She was twice elected as President of the American College of Nurse-Midwives, founded the American Association of Birth Centers and has several awards and honors in her name. She has inspired hundreds of nurse-midwives to pursue their passions and works tirelessly to promote the profession.

The income from this endowment provides support for the work of our current Chair, Kitty Ernst. In her role as Mary Breckinridge Chair of Midwifery, Ms. Ernst, who is engaged part time, is charged to "promote midwifery in the United States". To accomplish this charge, Ms. Ernst undertakes the following activities:

- Meets with incoming students during orientation to drive home the mission of Mary Breckinridge and now Frontier Nursing University of service to rural and underserved populations here and abroad
- Speaks at professional nursing meetings on the need for midwifery care in the United States and developing countries
- Serves on committees and boards of professional organizations such as the American College of Nurse-Midwives and the American Association of Birth Centers foundation
- Serves on FNU committees and mentors faculty and Dean as requested in planning direction and development of the education for nurse-midwives at Frontier Nursing University
- Seeks opportunities to expand quality education for nurse-midwifery
- Publishes on midwifery distance education and research

- Participates in the national and state discussions and debates at the political and policy levels to insure the advancement of midwifery birth centers in the United States and the world

In order to meet the challenges facing nursing today, particularly in nurse-midwifery, we recognize the need for a full time Chair position with a competitive income and expenses. Growth of the Mary Breckinridge Chair is included in the \$10M Endowment Campaign goals.

Frontier Nursing University is proud to be home to the first ever endowed Chair position for midwifery in the United States. As we look to the future of the University and this position, we feel there is an opportunity to grow this fund to support a more robust position at FNU.

Ways to Give: A Lasting Investment

Your investment in Frontier Nursing University is an investment in quality healthcare for all.

There are many ways you can support FNU. Gifts ranging from donations for operations to trust instruments to testamentary gifts each provide much needed support for our work. Some of the more common methods are:

- **Annual Fund Donations:** Gifts may be made by check or credit card and can support the general operations of FNU, or be restricted to particular programs. You can use the enclosed remittance envelope or make a gift online at www.frontier.edu/online-giving.
- **Stock Gifts:** You can donate your appreciated stock directly to FNU. Please call the Office of Development for instructions.
- **Charitable Remainder Trusts:** These gift instruments allow you and/or your loved ones to benefit from monies placed in the trust during your/their lifetime. Upon the death of the named beneficiary, the remaining balance in the trust is transferred to FNU.
- **Perpetual Income Trusts:** These gift instruments allow the income from monies you place in trust to benefit FNU in perpetuity. The principal of your gift remains intact for the life of the trust, and the income it generates is transferred periodically to FNU.
- **Life Insurance:** You can name FNU as the beneficiary of your life insurance policy, or transfer ownership of the policy directly to FNU.
- **Charitable Gift Annuity:** You can give a one-time gift to FNU in exchange for fixed, recurring payments over the balance of your life. Upon your death, the balance of your original gift is maintained by FNU for its general use.
- **Testamentary Gifts:** You may make provision in your will to provide a specific bequest to FNU, or provide for some or all of your remaining estate to be given to FNU upon your death.

Each of these gift avenues has specific tax implications. Please contact your attorney or financial advisor for further information. For additional information on making a gift to FNU, please call 859-899-2828 or email Denise Barrett, Director of Development at denise.barrett@frontier.edu.

FRONTIER NURSING UNIVERSITY

FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation
of the Frontier Nursing Service.
Article III as amended April 1999