

FNS

FRONTIER NURSING SERVICE

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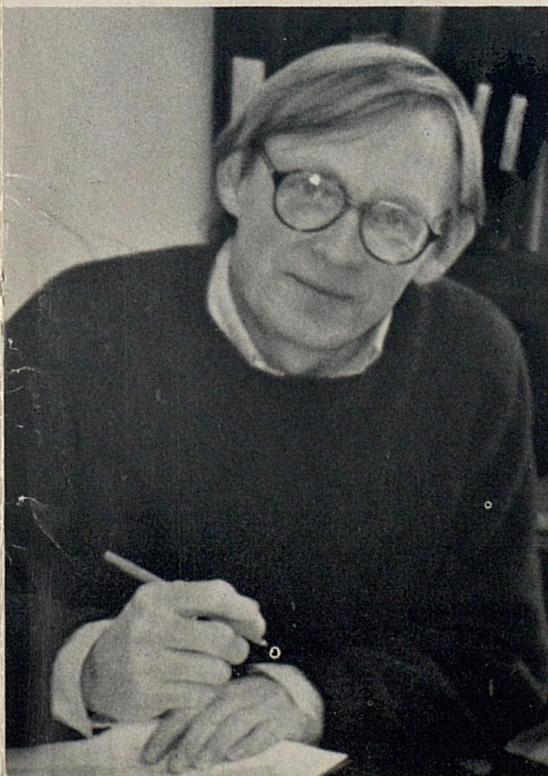
Number 3

Winter, 1983

QUARTERLY BULLETIN



New Faces
and
Old Friends



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FRONT COVER Upper Left: Dr. Anne Wasson, who is retiring from FNS, and David Hatfield, Director of FNS. Upper Right: Ruth Coates Beeman, new Dean of FSMFN. Lower Left: Dr. Laurence Kruckman, author of *The Baby Blues— A Cultural Phenomenon?* Lower Right: Bernadette Hart, formerly of FNS, with Robert Beeman, Managing Editor of the *Quarterly Bulletin*.

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A Word of Introduction



The proper place for a managing editor is at the editorial desk, not on the pages of his magazine. However, custom requires exceptions at certain times. One such time is the occasion of his arrival on the scene, and that is why I venture to make a brief appearance on this page. Readers may or may not be interested in my credentials, but they at least have the right to know who should be yelled at or (one might hope) granted an occasional smile of approval as they turn the pages of future issues.

The credentials may be disposed of simply. I have a B.A. in English Literature from Yale. I have spent much of my career in and around publishing. A few years back I took early retirement from IBM after 17 years of writing and management in the area of programming documentation.

My decision to come out of retirement and take on the managing editorship of the *Quarterly Bulletin* was a response to two unexpected events. The first was the offer to my wife to become the dean of the Frontier School of Midwifery and Family Nursing. The second was a visit to Hyden last September, which revived in me an old conviction that there remain in this world a few good causes that deserve one's best efforts and most ardent concern.

It is this concern that I wish to speak about here. The Frontier Nursing Service has from its first days had a splendid record of dedication and creative leadership in the field of health care. In a world now much different from that into which it was born, FNS is actively concerned with its commitments, and with discovering how, in this last part of the twentieth century, it should respond to the changing needs of the community and, in fact, of the nation and the world.

The *Bulletin*, as the voice of FNS, needs in its turn to respond to, support, and communicate what FNS is doing in these changing times. Like FNS itself, it must reflect change and participate in it.

If I can make a constructive contribution to that cause, I will be grateful for having been given the opportunity, for I believe it is an important cause.

—Robert Beeman

"DR. ANNE" RETIRES

Dr. Anne Wasson, who has done many fine things for FNS in the course of her career, has now done the one thing her many friends hoped fervently, if unrealistically, that she would never do — she has announced her retirement. It is as if we were losing not one, but several, dear colleagues and friends, for Dr. Anne has been carrying more jobs and more responsibilities, and meant more things to more people, than it is reasonable to ask of any one person.

From 1970 until mid-1977, "Dr. Anne" was Chief of Clinical Services for FNS and also Medical Education Coordinator and Instructor for the Frontier School of Midwifery and Family Nursing, as well as a practicing physician. In 1977, she was named Chief of Special Services, a position that expanded her responsibilities. In 1981, she was called on to help FNS through a critical period of transition. In the absence of an FNS Director, she took on the duties of Interim Director of FNS and Administrator of the Mary Breckinridge Hospital. In August of 1981, when the Frontier School of Midwifery and Family Nursing found itself without a dean, Dr. Anne took on the additional duties of acting dean. In spite of this heavy load, Dr. Anne was always available to all who needed her to give guidance and help.

Fortunately for Dr. Anne, this load eventually was lightened. David Hatfield was appointed Director last year, and Ruth Beeman came to Hyden this January as Dean of FSMFN. With these two key positions filled, Dr. Anne felt she could take the rest she had earned. Typically, although her retirement became official as Dean Beeman arrived, Dr. Anne volunteered her services through April to help in the period of transition.

Few persons in the history of FNS have been as widely loved and as deeply admired as Dr. Anne. (This accounts for the impossibility of writing a dispassionate, matter-of-fact announcement of her retirement.) This regard has been expressed repeatedly in many ways by both professional colleagues and personal friends. The American Medical Association last year gave Dr. Anne its "Physician of the Year" award for the third time. At the end of the year she was made a Kentucky Colonel — an honor not easily come by. Numerous friends of FNS have written to express the hope that she could be persuaded not to retire.



Dr. Anne Wasson was made a Kentucky Colonel last December. Here she and David Hatfield pose with the award.

Yet she leaves with a sense of fulfillment. And as she leaves, she feels FNS is in good hands. Not that she intends to forget us — she hopes to come back from time to time, not merely to see old friends, but also to be of help when she can.

Although Dr. Anne did not come to FNS until 1970, it seems that she has always been a key member of the FNS family. In fact, she did not make this career change until after nearly twenty years of private medical practice in New Hampshire. And why did she give up a successful practice to come to FNS? She has said she felt a need to give herself to a cause of wider scope. Like many another highly gifted and competent person, she was attracted to FNS because of its uniqueness and its dedication to service.

A striking thing about Dr. Anne is the wide range of her interests and talents, together with the practical way in which she has been able to use them to the benefit of FNS. For example, she has long had a practical interest in architectural design. The Community Health Center at Big Creek is essentially of Dr. Anne's design, and Dr. Anne also contributed to the design of the Mary Breckinridge Hospital.

A simple listing of Dr. Anne's career record and accomplishments (which would be too long to give here), would not do justice to her. It would not show, for example, the common sense, the warm human concern, the initiative, the creativity, and

the basic decency and strength that she brings to everything she does. Nor would it reveal the quiet warmth of her personality, some of which emerges in the many delightful anecdotes she can tell.

But now Dr. Anne is ready for something new. She will go back to New Hampshire in May and she will apparently be as busy and creative as ever. She has much work to do, she says, on the nineteenth-century Colonial house she has owned for many years. She wants to write a really good book on the design and management of clinics. She would like to do consulting in the medical field. She hopes to establish and operate a crafts business. (And, as we have noted, she wants to come back to Hyden every now and then, where, of course, she will always be welcome.)

When Dr. Anne is asked what work here has given her the most satisfaction, she is likely to say that she enjoyed it all, with all its challenges and headaches. It is surprising to hear one with her medical expertise speak of enjoying the administrative portion of her work. But in the end, what seems to come through is that she really has been happiest in teaching. And this probably tells the real story. For it is in teaching that a person of true competence and humanitarian concern can reach out in a human way, and through others, touch the lives of many others she cannot know.

Is there any need to add that Dr. Anne will be greatly missed?

Farewell Reception to Honor Dr. Anne

Dr. Anne plans to leave Hyden in mid-April to return to New Hampshire. To honor her, FNS is planning a farewell reception at 2 p.m. on Monday, April 11, at the Mary Breckinridge Hospital.

Many have asked how they could participate in recognizing Dr. Anne's long service to FNS. Dr. Anne herself has said that she wished no gift, that if anything were to be done, it should be done for FNS itself. Accordingly, it has been decided to dedicate the Respiratory Therapy Department to her. The department will be moved to new quarters in Mary Breckinridge Hospital, where it will occupy space currently used by the library.

A plaque will be ordered to recognize this dedication in permanent form, and any gifts that may be received in honor of Dr. Anne will be used in connection with this plaque and the dedication and equipping of the relocated department.

RUTH BEEMAN
IS NEW DEAN
OF FNS SCHOOL



The FNS is proud to welcome a new dean for the Frontier School of Midwifery and Nursing. She is Ruth Coates Beeman, who comes to us from New York by way of Arizona. Mrs. Beeman began her work with us on January 3.

The school had been without a full-time dean since the departure of Lydia DeSantis at the beginning of August, 1981. In the interval, FSMFN has been kept on course by the able efforts of Dr. Anne Wasson, who has carried the burden of directing the school on an acting basis, in addition to meeting her other responsibilities as Interim Director and practicing family physician.

The new dean brings to her assignment a wealth of experience and ability deriving from a career that seems to have been designed to fit her for the challenges of this new position. She received her diploma in nursing from the West Baltimore General Hospital School of Nursing in 1946. The University of Pennsylvania awarded her a B.S. degree in education in 1950. In the same year she obtained her Certificate in Public Health Nursing from the University of Pennsylvania and her Certificate of Nurse-Midwifery from the Maternity Center Association in New York City. Columbia University gave her a Master of Public Health degree in 1957. Mrs. Beeman also earned a Diploma in Tropical Medicine from the Institute of Tropical Medicine, Prince Leopold, in Antwerp, Belgium in 1952, a program conducted entirely in

French. These latter studies in Belgium prepared her for a three-year assignment in the Belgian Congo (now Zaire), where she served the African community as nurse-midwife and where she held major responsibility for operating the local 72-bed mission bush hospital.

Mrs. Beeman has devoted much of her life to teaching and clinical practice. She spent several years as a staff nurse-midwife at the Maternity Center Association, where she supervised nurse-midwifery students in home birth services. In the course of her career she has held faculty appointments at Indiana University, the Maternity Center Association and the Downstate Medical Center of the State University of New York, the Graduate School of Nursing of New York Medical College, and Arizona State University. From 1970 to 1976, Mrs. Beeman was a consultant to the New York State Department of Health, where she helped in setting up family planning clinics and providing expanded training for the nurses assigned to staff the clinics.

For the last five years, Mrs. Beeman has been Maternity Care Nursing Consultant to the Bureau of Maternal and Child Health, Arizona Department of Health Services in Tempe, Arizona. In this assignment she has been extensively involved in the licensing and supervision of lay midwives. She has helped set up a network of prenatal clinic services in rural Arizona, using federal funds designated for Improved Pregnancy Outcome. She did all risk scoring for the state-funded High Risk Maternity Care Program, providing assistance and consultation to county health departments, and coordinating care between local providers and the regionalized perinatal system. Various articles relating to these programs have appeared in professional publications. In 1980, Mrs. Beeman was given a Distinguished Citizen's Award by the College of Nursing, University of Arizona.

Early in her career, Mrs. Beeman paid a short visit to the Frontier Nursing Service. She remembers being graciously received by Mary Breckinridge at the Big House, never imagining that one day she would come back to FNS to devote herself full-time to its work. She looks to the future with eagerness. She feels that the "frontier" for which Mary Breckinridge designed and developed the concepts and services of FNS is in many ways a broader and deeper one today than it was in 1925. She believes that there is a growing appreciation throughout the country of the

value of family nurse-midwives trained to FNS standards, and she foresees new opportunities — and obligations — for FSMFN to provide leadership and cooperation in meeting the expanded need.

The new dean is married to Robert Beeman, who has come with her to FNS to assume the managing editorship of the *Quarterly Bulletin*. They have two adopted children and one granddaughter.

BEYOND THE MOUNTAINS

by Kate Ireland

Another successful Christmas Boutique for the Frontier Nursing Service New York Committee. It is the third time that Mrs. Rudolph Wood-Muller has generously opened her apartment for this gathering. It is always such a pleasure for me to see the friends of the FNS in such a gay and profitable atmosphere. Our stalwart Chairman of the Bargain Box, Mrs. Ian Paul, presented me with a gorgeous check and we all were so pleased to have her in attendance after all of her serious illness. My thanks to all the members of the Bargain Box Committee for such a successful evening.

A special note of congratulations and thanks to our former National Chairman, Mrs. Jefferson Patterson of Washington, D.C., for sponsoring a well attended meeting of Georgetown University Medical Center personnel in her home to view three films on the FNS.

ALUMNA AWARDED HONORARY DOCTORATE

We at FNS have learned that Margaret M. McCracken, class of '46 and former FNS nurse-midwife, was recently given the honorary degree of Doctor of Humanities by Clemson University. Ms. McCracken began her nursing career at FNS immediately after graduation as a nurse-midwife at the Hyden Hospital. During her five years at FNS, Ms. McCracken worked at nearly all of the existing nursing clinics. In 1951, she decided to pursue a career as a U.S. army nurse, serving as a captain during the Korean War.

In awarding the degree, Clemson President William L. Atchley said, "This is in recognition of all that your exemplary life has meant to the physical and mental well-being of our citizens and your tremendous influence as a true humanitarian on the lives of all who have known you." Congratulations!



Photo courtesy of Thousandsticks News

NEW CLASS ENTERS FNS NURSING SCHOOL

A new class of ten nurses entered the Frontier School of Midwifery and Family Nursing on January 3. All ten are registered nurses with at least three years of experience. One has worked on an Indian reservation, another in Lesotho, and a third in Sierra Leone. Most have said they wish to work in rural communities after completing their studies at FNS.

The first three trimesters, which end next December, prepare students for work as family nurse practitioners. Most of the class will remain for the fourth trimester, which will qualify them as family nurse-midwives. That program will end in April of next year. Staff members have said that the new students appear exceptionally well prepared and highly motivated to do the demanding work that FSMFN requires in this program.

The new class is pictured on the opposite page together with its instructors.

Standing from top to bottom:

Seated, from top to bottom:

ARLENE BOWLING DAY, RN,
BSN, CFNP, CNM,
Family Nurse Instructor, FSMFN

Debra Pluim, RN,
Waupun, Wisc., Diploma in Nursing,
Mercy Medical Center,
School of Nursing, 1977.

Elizabeth (Beth) Newton, RN,
Huntington, W.Va., BSN, Case
Western Reserve University, 1974, BS
(Biology), Wheaton College, 1972.

Judy Hoath, RN,
Zillah, Wash., ADN, Kellogg
Community College, 1975.

Linda Jacobsen, RN,
Olympia, Wash., BSN, University of
Washington, School of Nursing, 1977.

DEIRDRE POE, RN, MSN,
CFNP, CNM,
Family Nurse Education
Coordinator, FSMFN.

Julie Rice, RN,
Catlettsburg, Ky., ADN, Morehead
State University, 1978.

Wynona (Nonie) Grover, RN,
Lamar, Colo., BS (Nursing),
Evangel College, 1977.

Marlaine (Lainie) Epstein, RN,
Charlottesville, Va., ADN, Santa Fe
Community College, 1976.

Debra Buchanan, RN,
Crow Agency, Mont., BSN,
University of Oregon, 1976,
BS (Anthropology),
Portland State University, 1975.

Andrea (Taffy) Aldrovandi, RN,
Cataumet, Mass., MSN, Boston
College, 1982, BSN, Boston College,
1975.

William (Bill) Atkinson, RN,
Originally from Louisville, now from
San Francisco; BA, Golden Gate Un-
iversity, 1971; MBA, San Jose State
University, 1974; ADN, Santa Rosa
Junior College, 1977.

THE "BABY BLUES" — A CULTURAL PHENOMENON? A Preliminary Report

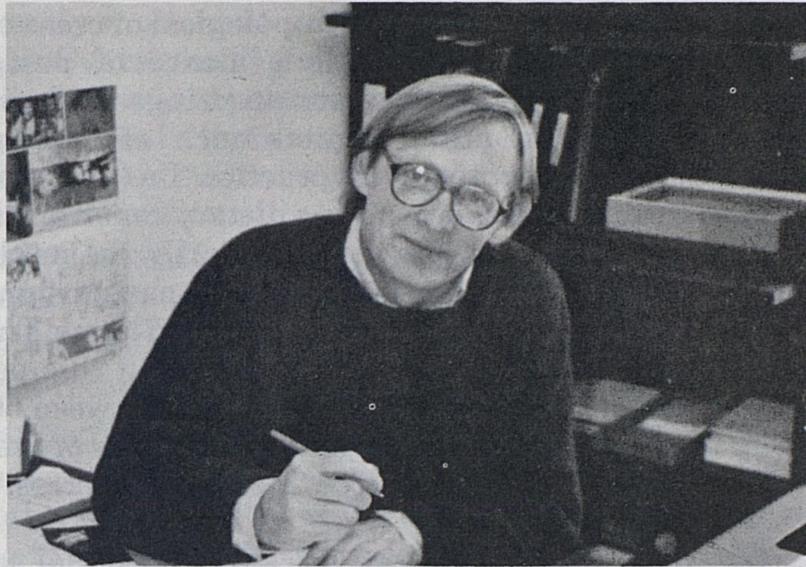
by Laurence Kruckman, Ph.D.

This interesting study suggests that "baby blues" (i.e., "postpartum blues") is a phenomenon unique to western culture, and that it may be related to cultural factors peculiar to the "civilized" world. The study reports that postpartum depression seems to occur much less frequently in "traditional" societies.

This article, which was written especially for the *Quarterly Bulletin*, reflects the findings of a study part of which was conducted in the FNS area. The study was funded in part by an Appalachian Studies Fellowship, the Appalachia Research Center, and Berea College, Berea, Kentucky. Dr. Kruckman has asked that the *Bulletin* give his special thanks to the Frontier Nursing Service and the staff at Mary Breckinridge Hospital and the district clinics, in particular, Dr. Anne Wasson, Dr. Peter Morris, David and Sharon Hatfield, Susan Baker, JoEllen Hagger, Danna Larson, Margaret Duggan, Susan Hull, Laura Pilotto, Laurel Evans, Abby Porter, Carol Sparer, and the mothers who participated in the study.

One difficulty encountered by many mothers after childbirth is the occurrence of postpartum depression. However, the nature of this problem — as a disease and as an illness — remains unclear. Even the term "postpartum depression" has been applied rather imprecisely to include both mild, transient forms of depression which are quite common in the first postpartum days, as well as the more severe psychotic reactions which are quite rare.

By reading women's magazines and listening to "folk talk" of new mothers concerning childbirth, it is clear that there is great interest in the "baby blues," or "postpartum blues." Still, the medical and psychiatric literature reflects a preoccupation with more severe postpartum psychosis. Psychological research has looked at psychosocial factors such as the number and spacing of children, age, marital relationship, and psychiatric history for causes. These studies have tended to focus on personality problems as measured through tests identifying "depression," "anxiety," "tender-mindedness," etc. Few studies have actually observed behavior, or interpreted the results of psychological tests, in the context of the wider social system of the family or community. Much of the data has been gathered in the hospital prior to release, and as a result we know very little about postpartum reactions outside institutions.



The author, Dr. Laurence Kruckman, at his desk

Although hormonal research has identified potential links with depression, especially estrogen, progesterone, corticosteroids, and cyclic AMP, much of this research has been problematic. For example, various daily hormonal changes and rhythms occur in late pregnancy, and there are individual differences in hormonal levels, making research difficult. Finally, normal levels have not been established, nor do we know much about the ability of individuals to adapt to hormonal changes. Again, the primary focus of much physiological research has been on women with psychotic reactions; the women studied tend to be institutionalized and the numbers of those studied small. While most researchers agree that hormonal studies have not produced a direct link to postpartum depression, treatment has generally involved pharmacological intervention based on hormonal therapy and psychotropic drugs.

The perinatal period — conception through childbirth and the postpartum period — is structured differently in various societies in terms of social content. Perinatal events are not merely physiological sequences, but a “biosocial” phenomenon in which both the behavior and feelings of the woman, as well as those around her, are differently patterned, emphasized, and marked with ritual. Since psychological stimuli affect the neuroendocrine systems, hormonal research should be carried out in connection with psychosocial research. It usually isn't.

Interestingly, a review of the anthropological or cross-cultural literature reveals surprisingly little evidence of postpartum depression in traditional or non-western settings. Even in third-generation Chicanos in urban centers such as Chicago, approximately 60% of new mothers still practice "La Cuarentena," a structured postpartum ritual involving dietary constraints, mandated rest, and ceremonies honoring primarily the mother. By comparison, we have no formal structure of the postpartum period in the United States once the mother has returned home. There is a popular, informal, "folk" notion in the U.S. that this period is emotionally draining, stressful, and fatiguing. Between 60% and 80% of U.S. mothers express this experience in terms of the "baby blues"; and 3% to 20% experience "moderate depressive disorders."

Descriptions of postpartum activities in traditional societies suggest that there may be activities that provide the necessary support and which cushion or prevent the experience of depression, whether its cause is biological, psychological, or social. A careful reading of ethnographic studies has identified six somewhat universal patterns in non-western societies:

1. There is a cultural patterning of a distinct postpartum time period. For example, a 40-day postpartum is common in Spain, Latin America, and the Caribbean, as well as among Moslems.
2. There are measures designed to reflect the vulnerability of the new mother. Among the Subanum in the Philippines, the seven-day period after birth is referred to as the "tandeg," where the mother is spiritually and physically at risk and follows a special, protective routine.
3. Social seclusion is required. In rural Jamaica, women are "ritually secluded" for nine days.
4. There is mandated rest.
5. There is assistance in child-rearing and everyday tasks from relatives or midwives.
6. There is social recognition of new status through rituals, gifts, or other means. However, in the United States, changes in our "management" of childbirth have resulted in a definition of the perinatal period which, compared to traditional settings, often excludes any notion of a postpartum period after hospitalization. Hospitals formerly required a week's stay — this is

currently shortened to about three days. We do not talk in terms of "La Cuarentena" (roughly translated as "the quarantine"), or the 30-day postpartum period of Asia (translated as "doing the month"). In the west, we at times fail to provide necessary social support and assistance and, for many, we provide no social recognition of the change in a woman's status.

Our hypothesis is that most depression and "baby blues" in the U.S. result from the relative *lack* of :

1. Social structuring of the postpartum events.
2. Social recognition of a role change for the new mother, and
3. Meaningful emotional or physical assistance.

Conversely, cultural activities and events that are focused on the mother, explicit recognition of new social status, assistance in coming to grips with former role expectations, and caring for the newborn may serve to mask or prevent the experience of negative emotional reactions to childbirth (*Note 1*).

Despite the national concern with events occurring in the postpartum period, such as child abuse and neglect, failure-to-thrive, and sudden-infant-death syndrome, there is little research on how people organize and experience their lives in this critical period. We know very little about what occurs after new mothers return from giving birth in the hospital.

In an attempt to learn more about the postpartum period, 30 women were interviewed between June and October 1982 in Leslie County, Kentucky. This sample represents 12% of the total births by county residents (*Note 2*). Eastern Kentucky was selected as a study site for a variety of reasons:

1. The family support networks are unique in their structure and provide a contrast to other urban and rural U.S. locations (*Note 3*).
2. The county is served by a primary health care system and has a long history of midwifery service (approximately 70% of all births are attended by a midwife (*Note 4*)).
3. The population is relatively stable, thus removing many of the variables linked to mobility.

Both qualitative and quantitative methodology were utilized. A 54-item questionnaire was constructed and used as a basis for an open-ended interview that ranged from 40 minutes to 1-1½ hours. New mothers were asked to participate in the study when

they returned to the clinics for well-baby checks. Less than 2% refused the invitation. Arrangements were made for interviews which took place both at the clinic and in the home during the sixth to eighth week postpartum. Items in the questionnaire focused on the structure of the support system, as well as the quality of support, the social events that occurred since birth, the mother's perception of role change, the mother's satisfaction with the birthing process, assistance provided by the father, etc. An adapted Zung Scale was incorporated in order to measure levels of depression. The open-ended discussion of the mother's experiences and feelings, however, ranged far and wide.

A similar study was conducted in rural Illinois for comparison. Concerning demographic variables, the women of Eastern Kentucky were younger, especially those having their first children; had had less formal education; were more likely to be homemakers, and hence, their profession or employment was less likely to be interrupted by pregnancy and birth. In addition, Kentucky mothers experienced less mobility; 93% have always lived in rural Eastern Kentucky.

The working hypothesis is that levels of support, especially family support; continuity of care, often facilitated by the district clinics and midwives; and knowledge and experience regarding child care are important factors in reducing levels of emotional difficulty during the postpartum period. While the analysis is not complete, preliminary results suggest several patterns:

In Comparison to the Illinois sample, fewer parents attended childbirth classes (30% in Kentucky versus 57% in Illinois), but more fathers were with the mother during delivery (71% versus 58%). Concerning the delivery, less medication was involved, and mothers rate the quality of practitioner care higher. Prenatal care differed, as Kentucky mothers made more visits to health care facilities (mean 15.5 visits in Kentucky, 10 in Illinois), initiated the first visit earlier in the pregnancy (64% within the first eight weeks, as compared to 58% in Illinois), and were more likely to have the same practitioner during pregnancy and delivery.

The Frontier Nursing midwives and district nurses, in contrast to the Illinois sample, offer a unique continuity of care. In most cases, a midwife attended the mother through her pregnancy, birth, and postpartum period. In some cases, the continuity lasted two generations. Molly Lee, an FNS midwife for 28 years, not only

assisted in the delivery of one baby in the study group, but had delivered the mother in 1965

Concerning role conflicts, the news of pregnancy, whether planned or unplanned, pleased the mothers and fathers more, and there were fewer complaints about disruption of a career or education. Levels of support also differed between the two groups. In Eastern Kentucky, there was less participation of the father in both night feedings and household tasks. But there were fewer complaints by mothers, possibly because more fathers worked relatively unusual hours, due to coal mining, or the mothers were more accepting of males' not participating in "women's work." Physical assistance and emotional support were more likely to come from mothers or mothers-in-law, rather than sisters or friends. And this support tended to be more continuous, due to the number and proximity of relatives. Unlike the comparison group, friends did not play a major role either in providing emotional support or advice on childbearing.

Kentucky mothers had more experience in rearing children, especially in handling, caring for, and feeding their own, or their younger brothers and sisters when they were babies. Breastfeeding was more prevalent in Eastern Kentucky, although only 43% of this sample selected this option (corresponding figure in Illinois was 36%). In both groups, older mothers were more likely to breastfeed their babies than were the younger ones.

More Kentucky mothers felt prepared to accept the tasks of motherhood, and in general were more satisfied with their current situation. Both groups were aware that childbirth could be followed by the "blues," and they were able to describe the symptoms, such as crying, irritability, and fatigue. However, a review of the open-ended responses and depression scales reveals fewer emotional problems and fewer actual cases of the "blues" in Eastern Kentucky women.

In summary, these preliminary results, while inconclusive, indicate that mothers in Eastern Kentucky receive higher levels of physical assistance and emotional support, mainly from their mothers, and that this care is more continuous. There were no accounts of formal postpartum rituals similar to those described by Verna Mae Slone and others in Appalachia (*Note 5*) in the 1920's: the "granny frolic," where, soon after the birth, married female relatives would celebrate, first removing the axe placed

under the birthing bed (placed there to cut the pain), and later, cutting the father's hat (supposedly to bring good luck). However, Kentucky women received more visits from friends and relatives.

While Eastern Kentucky women appear to experience fewer emotional problems related to childbirth, only a complete analysis will allow us to make that statement with certainty. During this analysis, attempts will be made to identify specific risk factors and other information that will hopefully be useful to health care practitioners, so that the findings can be effectively applied to prevention and treatment programs.

NOTES:

1. This hypothesis has been developed in detail elsewhere. See: G. Stern and L. Kruckman, "Multi-disciplinary Perspectives on Postpartum Depression: an Anthropological Critique," *Social Science and Medicine*, Spring 1983.
2. The Kentucky Bureau for Health Statistics reported (in unpublished data) 248 births by county residents for 1981.
3. Looff, D. H., *Appalachia's Children: The Challenge of Mental Health*. Lexington: The Press of Kentucky, 1971: 46.
4. *1980 Annual Vital Statistics Report*, Bureau for Health Services, Health and Vital Statistics Office, Frankfort, Kentucky, 1980.
5. Verna Mae Slone, *What My Heart Wants To Tell*, New York: Harper and Row, 1979.

NEWS OF FORMER FNS STAFF

Dr. W. B. Rogers Beasley, former FNS director and current FNS trustee, arrived with Mrs. Beasley in India during November to begin a tour as head of Population, Health, and Nutrition at the New Delhi Mission. The Beasleys' new mailing address is: U.S. Aid INDIA, Department of State, Washington, D.C. 20523.

Dr. and Mrs. Mark Funk (Alice) report from Syracuse, New York: "We now have two darling girls: Alison, 23 months, and Emily, 5 months. Emily was born on July 19, 1982, five weeks early and had to be in intensive care for two weeks due to immature lungs (hyaline membrane disease). She's fine now and we all love her."

Phil and Wilhelmina Isaacs, writing from Winnepeg, Canada, send greetings to their friends and report enthusiastically on a long automobile trip that took them across Canada to Calgary and Vancouver, then on to Portland, Zion National Park, the Grand Canyon, Phoenix, and Dallas. They are hoping to visit Hyden in the spring.

Marian Adams Frederick, who was Agnes Lewis' secretary in the late 50's, sends this word from Reading, Pennsylvania: "Reading now has a midwifery center right in the middle of the city. I believe they are quite busy and the people seem to have accepted the idea. Seems to me one of the nurses did study at FNS."



Covey Feltner and Lawrence Bowling (center and right) receive certificates from FNS Director David Hatfield in recognition of their long service.



Area children re-enact the Christmas story during the season's festivities at Wendover.

MISS MARGARET GAGE, 1895-1982

Miss Margaret Gage, for many years a close friend of Mary Breckinridge and a Trustee of the Frontier Nursing Service, died last Christmas Day. Molly Lee, an FNS staff member for many years, has written a tribute to Miss Gage, which we are pleased to print below.

Forever Chela

"Chela" is the Hindu name for "student," and was given to Margaret Gage by Charles Rann Kennedy, actor and playwright, and his wife, Edith, the celebrated Shakespearean actress, who took Margaret under their wings and taught her elocution and the craft of acting.

I was aware of Miss Gage, some time before I met her, from "Enoch," a favorite tree of hers, still standing on the bank of the Middle Fork above Wendover. It is the tree under which Mrs. Breckinridge was photographed years ago, in uniform. Chela, who loved her walks around Wendover, had written a book of reflections about them, probably beneath the sturdy arms of Enoch. Her artist's sketch of Enoch was in the *Bulletin* and now hangs in the Big House at Wendover.

During the 50's, we had many delightful evenings when, as a guest at Wendover, Chela entertained us with excerpts from Shakespeare and "Prayers From The Ark." She was versatile, with beautiful diction and poise, and captured the imagination. It is known that this Trustee of the FNS had varied and deep interests, in the broadest way, in the needs of humanity and the protection of nature.

She was very close to Mrs. Breckinridge, and a kind of spiritual kinship existed. It was remarkable that in the year of her death, Mrs. Breckinridge wrote to Chela asking that she visit Wendover earlier than usual. This made it possible for them to be together for a few days before Mrs. Breckinridge fell asleep on the day after working together on "Urgent Needs" for the *Bulletin*.

My next connection with Chela was very personal. After a very severe accident which happened to my sister Nora and me, the group with whom Chela spent much time in prayer and meditation added us to their intercessions for healing; and Nora lives. My return to England, and convalescence, was made profitable by an anonymous gift, which not only paid my tuition for the Midwife Teacher's Diploma course in London, but gave me sufficient money for room and board. When I eventually "discovered" my benefactress and wrote to thank her, she seemed a little surprised that I had found out. Her whole life was giving, often anonymously, to so many individuals and organizations which inspired her.

Another generous and lovely act that Chela did, was to buy and place in Joy House pasture, a trailer home for Betty Lester to live in on her retirement from the FNS. This has meant so very much to Betty.

We have corresponded very little over the years, yet when her eyesight and health were failing, she would answer my greetings in some personal way. Her last communication, in 1982, was a physician's tape and letter speaking out against atomic warfare in the hope that knowledge would be spread, and governments influenced against it.

I have a feeling of depth and height and breadth and love, which somehow encompassed the whole world and included me, in my friendship with Chela. It will be one of my most precious possessions to have been a hrotege of Chela's when I, too, lay down my tools.

WHEN I SHALL GO

<i>When I shall go</i>	<i>A bridge from one dimension</i>
<i>Let me go lightly</i>	<i>To the next</i>
<i>Go with dancing steps</i>	<i>And back again</i>
<i>Doffing my last persona</i>	<i>It has no name</i>
<i>As I pass</i>	<i>This unknown mystery</i>
<i>Chanting Amen</i>	<i>For who can name</i>
<i>To all the roles I've played</i>	<i>The nameless</i>
<i>With a wry humor</i>	<i>Yet I choose</i>
<i>At the wrong I've done</i>	<i>A name I've known</i>
<i>Amusement at the right</i>	<i>And traced in many tongues</i>
<i>That puffed my pride</i>	<i>So with a shy salute</i>
<i>Not sure at this end</i>	<i>Avid for words as ever</i>
<i>Which was which</i>	<i>I'll bind the Boundless</i>
<i>Or why</i>	<i>In an airy net</i>
<i>But grateful to be human</i>	<i>Lead therefore</i>
<i>Fully so</i>	<i>Holy Spirit</i>
<i>Grateful to be</i>	<i>Where you will</i>
<i>Companioned on the way</i>	<i>Lightly with dancing steps</i>
<i>By one unseen</i>	<i>When I shall go</i>
<i>Free as the flying wind</i>	

—Margaret Gage

Chela carried the suffering of all mankind, of nature and of the environment, in her loving, caring and compassionate heart. What a comfort it is to all of us who knew and loved her, that she "went lightly with dancing steps" into the light of reality and is gaily entering upon a new and exciting adventure for which she was so well prepared. Now her universal love can "soar to heights unknown."

Our loss is Heaven's gain.

—Miss Agnes Lewis,
FNS—Retired



Long-time friends and associates of FNS, Eunice K. Ernst (Cooperative Birth Center Network) and Ruth Watson Lubic (Maternity Center Association and FNS Board member), at the Big House last December. They had come to Wendover to help welcome Ruth Beeman, new dean of the Frontier School of Midwifery and Family Nursing, and to explore future plans and ideas concerning the school.



Dr. Gregory Lynne, DDS, and Elizabeth Lewis, dental assistant, at the opening of the new MBH Dental Clinic last December. The renovated clinic will serve the entire FNS community.

FAYE FARMER TO LEAD COMMUNITY GROUP

Faye Farmer, life-long resident of Leslie County, Kentucky, was recently elected chairman of the Frontier Nursing Service Community Advisory Committee. Mrs. Farmer has been associated with FNS over twenty years. During this time she has served in the Hospital Social Service and the Ladies Auxiliary, as well as the Advisory Committee.

The Advisory Committee works closely with the Board of Governors and the Director of the Frontier Nursing Service regarding community concerns and possible ways of enhancing the FNS program within our local service region. As chairman, Mrs. Farmer hopes "to help further good relationships between the Frontier Nursing Service and the people in our community."

IN BRIEF

FNS Annual Meeting. The annual meeting of the Frontier Nursing Service will be held at FNS on Saturday, June 11.

Courier Picnic. There will be a picnic for former couriers and/or their families on Friday evening, June 10, the day before the FNS annual meeting. The schedule calls for a picnic dinner at Wendover at 6:30, followed by a slide show on the past and present of FNS. Those wishing to attend are requested to write Courier Picnic, FNS, Wendover, Kentucky 41775 no later than May 20, indicating the number of persons coming and whether they wish to spend Friday night at Wendover.

ACNM Convention. The 28th annual meeting of the American College of Nurse-Midwives will be held at the Biltmore Hotel in Los Angeles, May 1 through May 5. Further information can be obtained from the ACNM Program Committee, 1522 K Street, N.W., Suite 1120, Washington, D.C. 20005.

Nursing Ethics Institute. The American Nurses' Association Committee on Ethics has announced its First National Institute on Teaching Nursing Ethics. The ANA announcement states, "The institute is an intensive 5-day program designed for those in a position to assist nursing students and practicing nurses to increase their understanding of basic ethical principles and to apply those principles in nursing practice." The institute will be held June 19-23 at the Antlers Hotel, Colorado Springs, Colorado. Further information is available by calling 800-821-5834 or by writing the Marketing Department, American Nurses' Association, 2420 Pershing Road, Kansas City, Missouri 64108.

IN MEMORIAM

We wish to acknowledge our appreciation and personal gratitude to those friends who have, by including FNS in their wills, made a continuing affirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the Endowment Fund.

MISS KATHARINE DEPEW BURLINGAME
Providence, Rhode Island

MR. RAYMOND G. VALLANDINGHAM
Lexington, Kentucky

These friends have departed this life in recent months. We wish in this manner to express our gratitude for their interest in our work and our sympathy to their families.

MISS MARGARET M. GAGE
Pacific Palisades, California
Trustee

MRS. EDWARD HARRIS II
Rochester, New York
Mother of former courier Anne Harris Crump

MRS. JAMES W. HENNING
Prospect, Kentucky
Louisville Committee member
Courier in the 30's and mother of courier Joan Henning Todd

MRS. LANGDON MARVIN
Hallowell, Maine
Former New York Committee member
Trustee for many years and Honorary Trustee at time of death

MISS NANCY G. ROCKWELL
Weston, Connecticut
Courier, '78

MRS. THOMAS D. THACHER
Philadelphia, Pennsylvania
Former Trustee



Director of Nursing Mary Weaver and Bernadette Hart
in the birthing room at Mary Breckinridge Hospital.

AN FNS HOMECOMING: BERNADETTE HART

"It's good to be back!" If those were not Bernadette Hart's exact words, they at least seem to describe her feelings. Bernadette was talking about her return to FNS for four weeks last January after an absence of a year and a half.

This "working vacation" (if it can be called that) came about when Mary Weaver, Director of Nursing at the Mary Breckinridge Hospital, called Bernadette last fall to ask if she knew anyone who could come to Hyden, for at least a few weeks, to work at the hospital as a certified nurse-midwife. Intrigued by the thoughts of seeing old friends and renewing old skills, Bernadette suggested her own name.

The offer was quickly taken up, for Bernadette was known for her excellent work at FNS from July, 1977, through July, 1981. She had "run the floor" at the hospital and had also served on the teaching staff. She had been happy here and was well regarded.

When Bernadette moved to Atlanta in mid-1981, it had been for personal reasons, and she had left with regret. (She has said that she and her husband thought of Hyden as their first real home.) Asked if she would like to rejoin the permanent staff at FNS, she said she would, if personal considerations permitted it. But since that was not possible, she was happy at least to return for the four

weeks she could spare. She says she has been warmly received and she has gotten real satisfaction from taking up again her professional work here.

The appeal of "old acquaintance" aside, Bernadette feels that FNS is actually a better and happier place to work than it was when she worked here before. She is pleased with the high esprit de corps she found at the hospital. She regards the staff as "very capable and competent," and she found a real "team spirit" in the working relationships of the nurses and the nurse-midwives.

Bernadette commented on a number of changes that she feels have contributed to a sense of well-being on the part of the staff and to better relations with the community. She pointed out, for example, the stabilizing effect of reduced turnover in the hospital staff. She said that feedback from the community indicates appreciation of the fact that there is now a full-time doctor on duty at the emergency room on weekends. She added that patients say they are pleased that it is easier to see a doctor when they need to. Also, Bernadette feels, many expectant mothers are attracted to FNS "because of the midwives" and also because of the birthing room at the hospital.

While memory sometimes glamorizes past experiences to such a degree that it can be disappointing to go back to a favorite place, in Bernadette's case, the reverse has been true, for she liked FNS even better the second time. She was excited by her visit, and FNS was delighted to have her here. Not only was it a rewarding and pleasant experience all around, it has led to expressions of hope that there may be other former members of the nursing staff who will also look back with pleasure and interest and will want to offer their services again to FNS.

COURIER NEWS

Carol Sparer, '82, Philadelphia, PA—

Amazingly enough, the semester is almost over. It's been a rough semester. But it has gone amazingly fast . . . I imagine a lot of changes have been occurring with Barbara's departure. But I guess one of the neat things about Wendover is that it's seen many people come and go — yet it remains — the beauty and strength of FNS lives on.

Louisa Hall, '82, South Burlington, VT—

I must say I am getting ready to have my last year of nursing school over with. I have had a good semester so far, but it is getting a bit long. I

am also getting sick of working in the hospital. Next semester we get to choose where we will work. I think I will pick a placement in the community somewhere, possibly a VNA or something. I wasn't cut out for the high stress of a hospital.

Pat Filer, '82, Brucetown Mills, W.VA—

We moved to West Virginia (near Morgantown) yesterday. I finished school last Monday — a college grad. . . . Jon took a new job with the West Virginia State Survey. We're living in a nice place — on 30 acres with a pond. "Spot" is doing fine. We're both growing! He/she is very active — what a strange feeling! I'm still running and exercising.

Cornelia W. Hamilton, '67, Hartford, CT—

Just to let you know that I am moving again. This time it is to Hartford to take up a staff position at St. Francis Hospital. This will be my first "real" job after completing my pathology training.

Doug Carroll, '73 and '75, Brooklandville, MD—

I am working as an E.R. doctor at Union Memorial Hospital. It is very different from FNS, almost opposite in a way. There is no patient follow-up, very high volumes of patients, and many alcohol-related problems. I spend my spare time running the farm.

Callie Post, '78, Indiantown, FL—

I live and work in a Southeastern rural part of Florida where many migrant farmworkers come to pick citrus fruit, vegetables, and harvest and process sugar cane. The town, Indiantown, has a semi-permanent population of roughly 2,000 but rises to 4-5,000 during the picking seasons. I am presently teaching third grade at the Hope Rural School, which began in the fall of 1980. It is a school designed specifically to help migrant/farmworker children receive the best possible educational opportunities they can while they are here. I love every minute of the whole thing and probably identify so strongly with this place and its people, though they come and go, in part because of my FNS experience.

Nan Sersig, '69, Cleveland, OH—

Married Ted Erwin on August 27. Ted is a dog-loving carpenter due to package deal of me, Finch, and Bert. We are now residing on top of a garage with a VERY large house in our front yard. We are finding married life great fun. Will be expecting our first child in July. I am still working at Charity Hospital.

Melissa (Morris) Charest, '71, York, SC—

Amanda, our Korean daughter, is now a toddler of 21 months. Dick and I are both working full-time and we own and operate a small farm. I was in Louisville for the National Sheep Show in November and could not help thinking about FNS when driving through.

MEMORIAL GIFTS

We take this means of expressing deep appreciation to our friends who make a supporting contribution to the work of the Frontier Nursing Service as a way of showing their love and respect for these individuals.

Mrs. R. M. Arnold Mrs. Stanly Carr Miss Mary Arnold	Mildred Bartsch Mrs. John Fuhlbruegge
Mrs. Catherine Estill Rev. and Mrs. Robert W. Estill	Dulcie Denzel Houck Mr. and Mrs. Elmer S. Goheen
Mrs. Olive M. Gass Miss Lois S. Gass	Mr. Ray Howard Mr. James M. Mosley
Miss Glenda Sue Swartz Miss Ruth E. Rushby Miss Sandy J. Arant	Mr. Conley Morgan Mr. James M. Mosley
Mrs. Henry C. Besuden Mr. and Mrs. John M. Prewitt	Mr. Marcus H. Muncy Mrs. Marcus H. Muncy
Mrs. Evan Randolph, Sr. Mrs. William P. Hacker	Mr. Ernest Gentry Mrs. Annabelle L. Rhinehart
Miss Anna Randolph Mrs. William P. Hacker	Samuel Dawson Mrs. Chester Baughman Boston Committee of Frontier Nursing Service
Lucille Woodville Miss Evelyn Johnsen	Mildred Bentley Wilson Mrs. Francis Ford
Mary Ellen Tanner Mrs. Frances P. Nadeau	Katherine Halley Mrs. Lincoln Roden
Mrs. Gertrude E. Hastings Mr. Harold M. Hastings	Margaret Williams Thomas Adalyn Davis
Lady Frances Ramsbotham The British Embassy Players	Dr. Mary E. Lapham Mrs. Jones B. Shannon
Mrs. Carolyn Cooper Clark Mrs. Jerome Remick, Jr.	Helen Janney Brown Mr. and Mrs. Elmer S. Goheen

FIELD NOTES

November found the Wendover staff struggling with mixed emotions. There was the usual enthusiasm that accompanies planning for the Thanksgiving and Christmas festivities. Still, hearts were heavy knowing that Barbara Post would not be here to share the holidays with us. A great deal of love went into making her farewell dinner special, and we sent her on with our best wishes and a mountain dulcimer. She has promised us a future visit and a concert.

At a surprise ceremony on November 15, Dr. Glenn Bratcher was recognized and thanked for serving FNS for 15 years as a volunteer consultant. Twice yearly the Cincinnati ENT specialist and his team, (otologist, OR nurse, anesthesiologist, and resident physician), spend

four days in Hyden: two clinic days followed by two days in surgery. Dr. Bratcher received a commission as a Kentucky Colonel, an award given by the Governor of Kentucky to those who have made a significant contribution to the welfare of the state and its people. The award was presented by Kentucky Colonel Betty Lester. Colonel David M. Hatfield, USMCR, made Dr. Bratcher aware that Colonel Lester outranks them both by virtue of date of rank.

Fifty-three of the FNS family and friends shared a wonderful Thanksgiving dinner. The mild and sunny day blessed those hearty souls who hiked to Wendover with our indomitable Molly Lee.

The Honorable Eve Chetwynd, former staff nurse, visited with old friends in Hyden. Her stop here was part of a round-the-world trip which Eve expects will take the better part of three years.

December started off with a bang, and the pace accelerated throughout the month. In early December, Consultants Kitty Ernst, Ruth Lubic, and Cris Schenk joined our new Dean, Ruth Beeman, Kate Ireland, and the FSMFN staff in a three-day conference aimed at establishing future goals for the FSMFN program. Claire Henriques, en route to the Louisville board meeting, looked in on us and participated in the conference.

The Christmas Season means parties, and we had our share. Mae Campbell gave her dietary staff "a dinner at Wendover" as a Christmas gift. For several, it was their first visit to Wendover, so we concluded the evening with a tour of the Big House.

Wooton, Beech Fork, and Community Health Center clinics held Christmas parties for their patients, their families, and staff. FNS hosted their staff for dinner, gifts, and singing. The employees' children's party was a great success, complete with pinata, refreshments, a puppet show by the Lexington Children's Theater, and of course, a visit from Santa Claus.

Danna Larson and the Couriers reinstated the Children's Pageant at Wendover, and the response was gratifying. The invitation to neighborhood children produced a full complement of shepherds, angels, and four kings. Jahugh Morgan supported the singing with his guitar and managed to slip into his Santa suit while the youngsters were occupied with their pinatas. (All pinatas, compliments of Danna and the Couriers). Why is it that angels with cardboard wings and cockeyed halos, off-key Christmas Carols, and a halting, stammered recitation of the Christmas Story, absolutely never fail to move us right into the Christmas Spirit?

The FNS Medical Staff found the December Midwifery Conference most helpful and decided to involve themselves in a similar process. On January 10, thirty-three physicians, nurses, and related staff gathered at Wendover for dinner, sharing, and planning.

Without question, the January highlight was the birth of William Haywoode Carey. "Willie" arrived on the 25th and weighed in at 6 pounds and 14 ounces. Congratulations to Kathleen Dalton (Carey) and Dr. Tim Carey!

We have been blessed with a high number of couriers for this season of the year. Jessie Kline, Safford, Arizona, Alison Van Horn and Greg Gocke, Princeton, New Jersey, and Cathy Jo Deamer, Keuka College were with us in the fall and some through the holiday season. In addition to their regular duties — rounds, mail, X-ray, clinic aides, Hope House, etc. — they assisted in all the FNS Christmas parties. January brought Phoebe Sussler, New London, Connecticut, who was here on a Bennington College work-study program, and Kathy Booth, Palmyra, Indiana, who did an off-campus nursing project with us. Kathy attends Olivet Nazarene College in Kankakee, Illinois. Andy Erdman, Princeton, New Jersey, St. Andrews Presbyterian, arrived and simply said, "I want to be useful." Andrew Purvis hitchhiked his way to us from Montreal, Canada. Andrew has a BA in English from Middlebury College, and his future plans include medical school. Our latest arrival is Susan Jones from Louisville, Kentucky. Susan holds a BA in English from Yale and is exploring a future for herself in the health care arena.

This quarter we welcome nine new people to the FNS family and must say goodbye to ten. Welcome John M. Graves, Biomedical Technician, Maintenance; Mary D. Gilbert and Ethel Collett, Nursing Assistants, Hyden Clinic; Billie Henthorne and Lorie Daniels, X-Ray Technicians; Gail Sizemore, Graduate Nurse, Med/Surg.; Ruth Beeman, Dean of the FSMFN; Shelby Cornett, Office Assistant, Promotion and Development; and Nancy Carol Rice, Nursing Assistant, Home Health Agency. Farewell and thank you to Markay Wooton, Sr. Virginia Taylor, Barbara Post, Carolyn Begley, Charlene Fields, Jerome Begun, Mike Dooley, Joselyn Bacon, Dave Salisbury and Jody Couch.

—Sharon Hatfield

ALUMNI NEWS

Marcia McDonald, P.O. Box 608, Cobb, CA 95426

Laura, our little 14 month old pixie, is walking and talking. She loves stroller and backpack rides, rocking and singing, abusing the cat, and disrupting any big project her brother is creating. At three years, Luke is insatiably curious about everything. He loves puzzles, games, books, arts and crafts, walks, tricycle rides and play-group. He is quite independent and helpful when he wants to be. Kel started his master's degree in Educational Administration at Sacramento State University last summer. He'll be taking more classes and interning as the administrator of Middletown's continuation high school, as well as teaching one junior high and one high school class next semester. I spent two weeks over the summer in a refresher intrapartum experience at the University of

Southern California's Midwifery Service in L.A. I stayed with **Karen Kern** and **Betsy Greulich**. In October I was granted delivery privileges at Redbud Community Hospital. Also, I am serving as clinical director of the perinatal program for our practice and will be the solo practitioner for a new satellite clinic. The new year promises to be an exciting, if not hectic, adventure. We're sure glad Luke and Laura are around to keep us sane! Our heartfelt wishes to you for a wonderful 1983!

Ethel Starck, 2648 Thirteenth Ave. S., Minneapolis, MN 55407

Hope your holidays were grand. Ours were kind of spread out which was fun. I had to work Christmas weekend, so Brian and I took the ferry across Lake Michigan the weekend before for an early Christmas with my parents. Then a big dinner here with friends and some of Brian's family on the 27th, and then New Year's weekend at Brian's parents in Minnesota. Phew! It's time to stop eating! We got 16½ inches of snow on the night of the 27th — lots of skiing since.

Joy Schroeder, c/o Mt. Vernon Birth Ctr., 321 E. Division, Mt. Vernon, WA 98273

Boy, is it ever fun to be hearing the FNS rumors long distance. What is this about Dr. Anne retiring? I am sorry to hear that the school will lose such an entertaining and informative lecturer. After working a couple of months for FNS I went to IL to visit family. Then off to CA. In CA, visited friends, work cronies, and family. I am reserving the pursuit of permanent employment until after my internship at the Mt. Vernon Birth Ctr. in WA. Took my FNP certification exam — phew! I am missing the autumn weather and beauty of KY. I had my car stolen in Oakland, CA. The auto was returned, i.e., recovered with a smashed window. Several thousand dollars worth of things in the car were gone including my medical instruments. So far I have seen only clinic patients during my internship here at the Mt. Vernon Birth Ctr. Got to see **Kathleen Haverfield** and family in Seattle and **Barbara Haggerty** before she left for AK.

Lucia Osiecki, 207 McGregor, Harlingen, TX 78550

Ellen Hartung is here at Su Clinica for her midwifery internship. She is staying here with me and **Debbie Jones**. **Mary Ellen O'Brien** was in TX working with the midwives at Brownsville for two months and then she returned to L.A. **Bindy Pendleton** has also joined the forces at Brownsville.

Michele Bouche, 2512 N. Warner St., Tacoma, WA 98406

The boys are growing up so fast; Jesse will be five next month (January). He keeps busy with swimming lessons at the YMCA and preschool. Jonathon just turned terrible two — he's a very strong willed little boy with a winning smile. Frank has been involved in a couple of construction jobs, lots of little fix-it jobs and, of course, working around our house. We'll probably stay here for awhile even though it is pretty wet sometimes. My job is all the positive adjectives I can think of. My partner and I average about 12 deliveries a month. Please say hello to my friends at FNS.

Dianne Lytle, 222 N. Fifth St., Reading, PA 19601

I still love my job here and there's not much new to report. Amy's in fourth grade now and doing fine as usual. She likes her dancing and baton lessons and tolerates the swimming classes. In late February I am taking my long-dreamed of Windjammer Cruise to the Bahamas. I'm so excited I can hardly stand it!!! Say hi to everyone for me.

Ellen Prueher Brennan, 205 W. Tenth St., Antioch, CA 94509

After visiting FNS we had supper with Betty Anderson and her family at a county park as prearranged. Our travels home included the World's Fair, the Ozark Craft Center, the Cheyenne Rodeo, the Grand Tetons, Yellowstone, the Grand Coulee Dam, the Willis' in LaConner, the Olympic National Park, and a few Indian reservations, and oh so nice to see: the Pacific Ocean. And back home to warm dry climate. Onward to my projects. Put in my "new" stove, a 1930 model given to me by a friend. To continue fixing this house up. My resume remains unchanged; it'll be a year since I was employed. My pumpernickel bread will soon be famous on the West Coast! Our backyard has been prepared for the spring garden and soon I will be a volunteer at the local rest home. Becky is 1/4 my weight and nearly 2/3 my height! I could be her older sister if I didn't have so much gray hair.

**Sr. Sebastian Vienneau, C.M. Mingende, Box 71,
Kundiawa, Chimbu, Papua, New Guinea**

We in health work never get to close our doors, so I'm taking a little time today to let you know that I am still on this planet Earth. Lately, I have been able to get to our health centers in the diocese. The roads are rough and hard on the back, and with the rainy season, will soon be slippery. But I like going out to the bush because it gives me a chance to combine my health work with more direct evangelism. I hold a Bible session and use some slides as a supplement. In some classes I add a health teaching which fits in with the Bible session such as a few shocking slides on VD when speaking on morality, or on the obligation parents have to bring their baby to clinic for immunizations. It takes time because we have to give it in two languages. I hope that the New Year will enter in finding you healed of the many wounds of the past year.

Susan Willis, P.O. Box 264, LaConner, WA 98257

We are moved in and settled — all the quilts are hung on the walls and dolls sitting on the shelves — all ready for Santa. We even have a fireplace again. Jim and Aaron watch all KY basketball games out here — we have a sports station on cable TV.

**Lynn Patterson Smith, 2306-C Shadow Valley Rd.,
High Point, NC 27260**

Mandy is such a doll. She's six months old now and is crawling, pulling up to stand and has two teeth. She's a good baby. I'll be getting back into midwifery in January. I'll be one of two midwives at the Carolina Birth Center — a brand new facility due to open in January. We are really excited about all of this. Give my love to all.

Rayna Yatsko, 9335 NE Schuyler, Portland, OR 97223

Great Alumni Newsletter! I appreciate all your work. I hope more of my classmates write in next time. Oh, times have been busy, but I do love

this season however. I have my house all decorated, my little live tree is up and it's so cozy. At work we've been having potlucks, parties, gift exchanges and cookie exchanges. Last week our family had dinner at my sisters — to start out with good cheer. I'm enjoying working as a FNP. I am fortunate to have great fellow workers and consultants. Am always learning. This fall I took an evening class in calligraphy. Our neighborhood gang still walks one hour every evening. It's been more entertaining to look at all the Christmas decorations. I love looking into people's homes to see how they decorate.

Catherine Carr, 1609 Charnelton, Eugene, OR 97501

Great job on the newsletter. What a lot of work went into that! My appreciation and my hat's off to you. I delivered a baby on Christmas and **Ida Laserson** did one too — Ms. Claus we were! We thought they should be Christopher and Nicholas, but the parents were more interested in more prosaic names. Business is great. We're closed for April, May and June already — hard to turn people down, but we can't handle over 20-22 births a month. My love to all.

**JoAnn Jackman Evers, MFI-Worldteam, P.O. Box 15665,
West Palm Beach, FL 33406**

I hadn't heard of **Petr's (Tami and Chris)** twins! What fun — and work! Annette becomes more grown up daily. She's running and climbing most recently. She hasn't quite got Ron and me trained to put our chairs in under the table, but she's working hard on it. Our love to all there.

Wendy Wagers, 5940 Overbrook Ave., Philadelphia, PA 19131

I'm having fun. I'm doing lots of things — deliveries, teaching (students and patients), some public relations, some administrative things — all good experience. I want to get involved with the National Women's Health Network here. Tell everyone hello. I'm open to news and visitors.

Del Rose Eisenmenger, 609 Oak Ave. S., Onalaska, WI 54650

I'm at a new, challenging job, taking over as a Family Planning Practitioner, serving five counties. I will be the only practitioner until spring at which time I will have a helper to travel to additional sites. I'm working with the warm and friendly staff that I was hoping to find when I moved to a smaller town. I hope that the smallness makes it easier to be an individual in the community, and it isn't taking me long to adjust to the 9-5, Monday through Friday job. The river bluffs remind me of the still missed hills of KY. My good friend **Patti Rogers** is responsible for luring me to this job although she'll be leaving LaCrosse in May to marry her honey. Harold will stay with his house in MN until it sells, so we anticipate him moving here in the spring and should be able to work on our wedding plans from then.

**Ruth Gamber, c/o Esther Gamber, 1120 San Juan,
La Junta, CO 81050**

The southeastern CO prairies and day weather are quite different from the Haitian mountains and hot moist climate. As I drive along the highway here in the midwest, I don't see anyone for miles contrasted with people everywhere along the highways in Haiti. On August 24 my trusty Ford, packed to the hilt, and I rolled down the highway toward CO with

stops in IA and KS. Beauty was all around me — skies ever changing, snow-capped Rockies, grain and corn fields being harvested, apples and pumpkins in orchards and fields, geese flying south and trees dressed in their colored leaves. I appreciate your prayers as I travel on deputation this year.

Betsy MacMillan, 7848 E. Navy St., Millington, TN 38053

I've been so busy working full-time that I haven't even written personal letters. We had our first birth in our "birthing room" and I appropriately was assigned to the patient — "alternative birthing" is something no one is familiar with at this job — a novelty so to speak. The birth was wonderful and the mother loved it — she was an exceptional patient.

Susan Harris, R.D. 2, Box 62, Lincolnville Beach, ME 04849

Remember Edna Rockstrau (first FNS midwife)? The person who suggested I write to her lives in Maine — I went to see her recently — we reminisced and she told me all about Edna's life. I got a call from a woman who read about me in the local newspaper — she claims to be a great grandniece of Mary Breckinridge. She's supposed to call me again so we can get together and talk — she wants to know all about FNS, as she's never been there. I started working as a midwife in private practice with two OB docs. I very easily and painlessly got full delivery privileges at the local hospital, so all is well, and I feel very happy. I thoroughly enjoyed the first FNS Alumni Newsletter. Good work!

**Lenorah R. Cottrell, 1490 E. Juniper Lane,
Camano Island, WA 98292**

Cold wet winter set in — we live right on Puget Sound now, and the snow geese from Siberia winter here so they provide some color to the grey and rainy background.

**Marian Newswanger Bedford, 357½ Lyons Ave.,
Williamsport, PA 17701**

I married Bruce James Bedford June 5, 1982. We "borrowed" a church building to accommodate approximately 200 guests in Williamsport, PA. We took a week honeymoon to Mathew's Glen, Niagara Falls, and Corning Glass with a cabin "headquarters" by Seneca Lake, NY. I have recently revamped my job responsibilities to largely delete my diagnostic tasks and increase my health assessment aspects. I'm doing more diet, stress management, patient education ideas, and am also to develop some in-service things for our staff nurses. It's a challenge and I'm enjoying it.

Susan Barry, 119 Satisfied Rd., Livingston, TX 77351

I'm back in school again! My goal is to learn how to do research and to develop some administrative skills. I never thought I'd be in TX very long, but it grows on a person. Texas is growing rapidly with CNMs and new services so I think it's a good place to be. Hello to everyone at FNS. Anyone coming to Houston, call me, I have plenty of room!

**Margaret Wise, 895 N. Village Dr., #203,
St. Petersburg, FL 33702**

I had a very nice vacation. I stayed with **Sheila Ward** in Merigold, MS for two nights and had a good time with her and Phil. Prior to that I was with friends in AL and the last two nights I spent in New Orleans. It has finally cooled off here and I'm enjoying sleeping without air conditioning. Work has been relatively easy for me since Jackie has been here and my hours are really wonderful. I may be on a TV talk show in January! I have a pretty bad case of stage fright and so I'm not too thrilled about the idea, but I do want to promote midwifery. Now that we have been in our new place for two weeks we are beginning to enjoy it — I enjoy the smell of the ocean when I walk out to my car or out on the porch.

Barbara Haggerty, 2306 Yale Ave. E., Seattle, WA 98102

I had a wonderful visit with **Mary Ellen O'Brien** and **Mary Ellen Walker** when we went on a hike together, and had a good salmon dinner at **Mary Ellen Walker's** place on Vashon Island. Also spent some time with **Kathleen Haverfield** and **Amandus** in Tacoma, and had fun with them.

Betsy Greulich, 1885 Rose Villa, Pasadena, CA 91107

Karen Kern just left today for a three week vacation in the Philippines. I'm looking forward to December when I'll be going home for a couple of weeks to be with the family. Will be nice to have a vacation and meet up with friends. The weather has been beautiful here the last couple of days and as temperatures start to cool off back in the midwest, I'm glad to be in a warmer climate.

Barbara Donaghy, 1000 Douglas Ave., #21, Longwood, FL 32750

Sorry that I didn't have a chance to make it to KY on my vacation. My vacation was going to be ten days if all stayed quiet at the old homestead, no such luck. Came back early and we've been very busy ever since. Five deliveries this week alone with three more due any day. Sure did want to come to Hyden and see everyone and say hello. So much good is happening in my life, I'd like to share it with all.

Elaine Waters Curry, Rt. 1, Box 139-2A, McKee, KY 40447

Ron, Lance, and I are well. Our house is coming along and is about 60% finished. Lance is a book nut. Work at Mt. Maternal has picked up since the colleges began their fall sessions. Our 2½ day clinics are jammed. I enjoy working with the RN, MD, and receptionist there.

Patricia Rogers, 426½ S. Twentieth St., LaCrosse, WI 54601

I went to a wedding in NY and spent a couple of days in Boston with **Jerry** and **Martha Hoffman Groggel**. **Gretchen** is a real corker — truly her mother's daughter!! Did lots of sightseeing — **Walden's Pond**, **Lexington**, **Concord**, **Crane's Beach**, **Faneuil Hall**, the **Freedom Trail**, and **Quincy Mkt.** It was just so much fun to be with the **Groggel Gang**. Then went to **Philly** — did the whole bit again — I rode the train out to **Booth Maternity Ctr.** — I ran into **Wendy Wagers** and **J. K. Hameloth** — both seem happy there.

Mary Ellen O'Brien, 945 Cypress Dr., Brownsville, TX 78520

I made it safely to Brownsville, TX. It is great to see all the FNS people down here. **Bindy Pendleton** and I are both staying at the same house — we have managed to go over to Mexico and to the beach a couple of times. The work at the birth center has been going well so far, and it's going to be nice working with **Roseann Yoder**. I just got the Alumni Newsletter today. You did a nice job and I sure appreciate all of your work. I was home in MI over the holidays, but will be going back to L.A., CA in a couple of days. I'll be working as a FNP at the Hospitality Clinic in L.A., and I'm also hoping I can get a part-time job as a CNM. I'll be living with **Betsy Greulich** and **Karen Kern** at least for awhile. Have a good 1983!

Rita Rhoads Martinez, R.D. #3, Box 492, Quarryville, PA 17566

I often think of you all and wonder how everyone is. A special "hello" to Dr. Anne and Molly Lee. I still have the birth center and, of course, work more than full-time. **Marsena Howard** still works here part-time. I was married August 28, 1982, to Juan Carlos Martinez and we live about ten minutes from the center. Other than work and the church, we don't get free time for other activities — although we are raising a wolf dog. She's really beautiful.

Belinda Pendleton, 945 Cypress Dr., Brownsville, TX 78520

I work with **Roseann Yoder** in the Brownsville Maternity Center. Great experience! Got word from my mom last night that I'm now a certified nurse-midwife! Kentucky must be all blanketed with snow by now. Had a good Christmas here in TX, but I did miss the snow. Working hard at my job and liking it. Even learning a little Spanish — not to mention a lot more of midwifery.

Sheila Ward Adkins, Box 9, Merigold, MS 38759

We had a lovely time in NC. We hiked 20 miles in four days and slept with the bears. It was my first real backpacking experience and I enjoyed it. My feet didn't appreciate the experience, but my soul has a new lease on life. I am receiving my newsletter and directory. I really enjoyed it — you have done a great job. We are just getting settled back into normal living after much travel during the holidays. We visited friends and relatives and more friends and more relatives. To celebrate my birthday I ordered a new car. A blue Volvo sedan. Phil and I have visited **Sr. Dorothy Dalton** in Jackson twice since she moved. She has a nice little apartment and seems to like it there.

Kathleen Haverfield, #63 Salmon Beach, Tacoma, WA 98407

Delivered two babies this week already (full moon strikes again). One 10½ pound girl two weeks ago — all went well. Kids enjoyed Halloween here on the beach — good neighbors/safe treats. Missing the brilliant fall colors of Hyden — and the good friends, too. Hope all are well.

RoseAnn Yoder, 600 Lakeside Blvd., #3AA, Brownsville, TX 78520

I flew to CO and AZ for Christmas, first to visit **Susan Headrick** and her husband, and next to spend a few days with my sisters and their families in AZ. I had a great time and feel quite rested now. We need

midwives again, so if you know of anyone interested, have them call (512) 541-8803.

Julie Gorwoda, 625 Dorado Place, SE, Albuquerque, NM 87123

Greetings to all of my FNS friends! Karl had his worst knee surgery to date — six months recovery and he walks with a cane. He's been back to work about four months again — in ICU full-time. I quit the Maternity Center in April and went to work as a clinical instructor/staff CNM for the University of New Mexico at Kirtland Air Force Base and I like it just fine. We (three CNMs) do 40-60 births/month. I like my colleagues, the patients are interesting and I'm learning new skills. We have siblings at birth and of course daddy's help catch if they want to. The hours are fine (rarely more than 40 hours/week).

Cynthia Morrison, 6 Auburn St., Concord, NH 03301

One of the lay midwives in town, Sue Bartlett, had Dr. Anne as her doctor for years. She's excited that she's returning to NH. The girls are great. Zoe (10 months) is walking all over! Work is fun and busy for me. Greetings to all.

Karen Kudia, 5441 S. Keeler Ave., Chicago, IL 60632

Recently I've returned from doing volunteer midwifery on Navajo reservations — four weeks at Tuba City, AZ, and then four weeks at Ft. Defiance, AZ. In between the miles, I've interviewed and looked about for work (i.e. doc in MT, doc in NH, midwifery service in PA). The midwifery care at Su Clinica remains an inspiration and the kind of situation I would like — except it's not rural enough. Just recently I've heard of an out-of-hospital birthing center in Belle Glade, FL that will be opening shortly and looking for midwives. They provide health services primarily to migratory workers — this may just suit me — so seeds are sown and I'll watch to see what will develop. Best wishes, hello's to all.

Laura Knowles-Coursin, 3723 Lancaster Ave., Philadelphia, PA 19104

In April I left my part-time position in the midwifery practice to be a full-time mother. We share a large hidden courtyard with three neighbors, having formed our backyards into a private common enclosed by our homes. A five year old mulch pile became a garden soil and weeks of planting left us awaiting the first flowers and vegetables. Little did we realize the potency of our soil as we were soon overwhelmed by towering flowers, tomatoes that overshadowed the eggplants which suffocated the peppers, which crowded out the carrots, and still we had more vegetables than we could keep up with and more flowers than we could cut. It was a jungle there, stopped finally and realistically by our neighbors boa constrictor escaping into the depths of it all never to be seen again. The summer brought us to the Jersey shore and we had a great time picking berries and peaches in NJ to make jams, something we hadn't done since KY days. Thanksgiving treated us with Melia's first parade — she was agog with clowns and marching bands. Hopefully, the future holds a healthy baby due May 7 at the Bryn Mawr Birth Center, (**Laurie Rendall** is one of the midwives), and completion of our work/training in Philadelphia. We are planning a trip through the northeast in the summer of '83 in search of our next home and hopefully, we will have a chance to visit with some of you then.

Joanne Rizzo, 35 Outlook Dr., #22 Worcester, MA 01602

I'm hoping to get down there and visit one of these days. I have a family nurse job I really like in Worcester, MA — I think it's one of the few true family clinics in the area. It reminds me of FNS in some ways in that it's very teaching/learning oriented, as it's connected with the University of Massachusetts Family Practice Residency program — I'm happy that consistency of care is practiced and that I get to "follow my" families! I'm also taking time out for fun. I'm trying to get myself psyched for skiing in New England (from what I hear, get ready for the cold, wind, and ice!) after getting spoiled on the CO slopes. Please pass on my best to any of the remaining crew I know.

Barbara Evans, Bach Christian Hospital, P.O. Qualandarabad, Hazara Dist., Pakistan

The nursing superintendent's position has given me a very unexpected surprise. Many of the Afghan refugees have moved south to warmer climates. There remain seven camps with over 150,000 people near the hospital. Inter-Aide has made an arrangement with our hospital so that anyone with a referral from one of their physicians will be seen. We need people who are especially burdening for the Afghans. I look forward to Ulla Lindall's return from furlough. She is our nursing superintendent and I definitely feel that her job, plus the midwifery demands are too much for me. On Christmas Day we have invited various converts that we have contact with, to help us celebrate Christ's birth. Some will face threats from their families for identifying themselves with Christians. Construction for a new clinic building and a new obstetrical unit will begin soon! I enjoyed helping plan the obstetrical department and especially the sick baby nursery.

Linda Kilheffer, Khanjunpur Mission, via Jaypurhat, Bogra Dist., Bangladesh

I really enjoyed the Alumni Newsletter — you really did a good job on that. I'm still working with the Village Health Workers. In January the clinic will be completely staffed by Bangladeshi's, except for our Japanese doctor who comes once a week. I'm due for furlough in March or April, 1983. Not sure about my future after that. And now for my latest delivery episode. Another nurse-midwife and I went by motorcycle to a village about seven miles from here. It took us an hour to get there for several reasons. One was that we were following a bicycle (the man who had come to call us to deliver the second twin of a relative of his), and another was the condition of the "roads." We had our home delivery bag, forceps, and trusty vacuum extractor all tied on the back of our Honda 90 — quite a sight I'm sure! Finally we got to the village and home of the patient. The patient was lying on a mat on the floor in much distress. She hadn't urinated for three days so her abdomen was huge with baby, two placentas (first twin girl was born three days before) and three days urine. We moved the patient from the floor of the dark room she was in, to the bed of another room. When we checked her we found the baby's head impacted at the outlet. The woman was swollen all over (there had been attempts for three days by village midwives to get that baby out). To add

to all this, her blood pressure was dangerously high. I started an IV. Martha prayed aloud. God's presence filled the room. We knew the only thing to do was try a vacuum. The books say to empty the bladder first. Sounds like a good idea, but we couldn't get a catheter past that head to anywhere near the bladder — so we proceeded with a full bladder. The vacuum was a success. Another girl! And believe it or not the baby was fine. God performed another miracle before our eyes! No other complications arose. We had one relieved mother, believe me — and one happy family.

Suzanne Johnson Kunze, 2408 Greysolon Rd., Duluth, MN 55812

In July I was married to Tom Kunze — a very "special" man who also is in the medical field. We are both currently working in the area of emergency. Our little house in Duluth has been fun to add touches to and I'm never bored with my extra time off. I do so enjoy receiving the *Quarterly Bulletin*. It gives me a chance to catch up on the news of what's happening both in Hyden and with other people I used to work with. A special hi to all who may remember me.

**Joyce Lind, 5603 Countryside Beach Dr., NW,
Olympia, WA 98502**

I would appreciate having a current address for **Rene Reeb, Joyce Wiechmann** and **Edie Anderson**. All of these friends were with me at FNS. I spent several years in Africa and I've lost contact with them. In February, 1980, I wrote to **Sandy Tebbens** when she was in HI, working. In that last letter she said she was moving back to Lesotho. In her letter of 1980, she did tell me she had talked with **Dorothy Degnitz** who is still working in New Guinea and **Priscilla Crow** who is working in GA.

Susan Thomas Hooper, 1604 Arkansas, Killeen, TX 76541

We enjoy Cassie so much. I am back at work delivering 15-20 babies per month (Army Hospital). We are both still in active duty and plan to stay that way if the Army cooperates. We have asked to go to Germany in the summer, and rumor now has us leaving for there in July or August.

Susan Headrick Wheeler, 0173W-9N, Center, CO 81125

We are in Logan, UT now while Lee is working on his MS in Agricultural Engineering. Will return to Monte Vista mid-March. These are relaxing weeks here with each other (except for the studying pressures Lee has). The alumni news was interesting. Give all who are interested my greetings and share the news as you like. I hope sometime we can visit Hyden — I'd love to show Lee around. (I still miss KY.)

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Suzanne Johnson married Tom Kunze, July, 1982.

Susan M. Headrick married Lee A. Wheeler, November 25, 1982.

Born to Robert and Susan (Thomas) Hooper: a daughter, Cassandra Jeanne, July 22, 1982.

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MEDICAL ADVISORY COMMITTEE

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|--------------------------------------|-------------------------------------------|
| Dr. Marion G. Brown, Lexington, Ky. | Dr. John W. Greene, Jr., Lexington, Ky. |
| Dr. Keith W. Cameron, Ary, Ky. | Dr. James B. Holloway, Jr. Lexington, Ky. |
| Dr. Harvey Chenault, Lexington, Ky. | Dr. Coleman C. Johnston, Lexington, Ky. |
| Dr. Arnold B. Combs, Lexington, Ky. | Dr. Edward H. Ray, Lexington, Ky. |
| Dr. Allen L. Cornish, Lexington, Ky. | Dr. Harold D. Rosenbaum, Lexington, Ky. |
| Dr. Carl Fortune, Lexington, Ky. | Dr. David B. Stevens, Lexington, Ky. |
| Dr. Walter D. Frey, Lexington, Ky. | Dr. A. J. Whitehouse, Lexington, Ky. |
| Dr. Carl M. Friesen, Lexington, Ky. | |

NATIONAL NURSING COUNCIL

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|-------------------------------------------|-----------------------------------------|
| Miss Maryellen Amato, Lexington, Ky. | Mrs. Betty Huff, Hyden, Ky. |
| Miss Lorette Beck, Brooklyn, N.Y. | Miss Phyllis J. Long, Atlanta, Ga. |
| Miss Hazel Corbin, New York | Dr. Marion McKenna, Lexington, Ky. |
| Mrs. Martha Cornett, Hyden, Ky. | Dr. Beulah Miller, Lakewood, New Jersey |
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| Mrs. Albert T. Ernst, Perkiomenville, Pa. | Miss Christine Schenk, Cleveland, Ohio |
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| Mrs. E. L. Hebbeler, Lexington, Ky. | Miss Elsie M. Warner, Philadelphia, Pa. |
| Dr. O. Marie Henry, Hyattsville, Md. | Miss Joyce Wiechman, Hollandale, Miss. |

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

- 4 standing sphygmomanometers for Med/Surg, \$125 each.
 - 1 pediatric/infant sphygmomanometer for Med/Surg, \$250.
 - 1 set of Kelly clamps for OR, \$269.
 - 2 large needle holders for OR, \$135 each.
 - 2 small needle holders for OR, \$73 each.
 - 2 curved Iris scissors for OR, \$52 each.
 - 2 Haney clamps for OR, \$158 each.
 - 2 mobile aneroid blood pressure cuffs for Med/Surg, \$122 each.
 - 1 adjustable foot board for stroke or paralyzed patients on Med/Surg, \$100.
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STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

FNS Staff. Openings may occur from time to time in both the professional and technical staffs, with opportunities for certified nurse-midwives, family nurse practitioners, registered nurses, family practice physicians, laboratory technicians, X-ray technicians, and others. For current information, write Darrell Moore, Director of Personnel, Mary Breckinridge Hospital, Hyden, Kentucky 41749 (phone 606-672-2901).

Couriers and Volunteers. This service has ongoing needs for health career students, gardeners, and carpenters, and occasionally for specialists in other areas. For current information, write Danna Larson, Coordinator of Couriers and Volunteers, Frontier Nursing Service, Wendover, Kentucky 41775 (phone 606-231-2317).



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.