

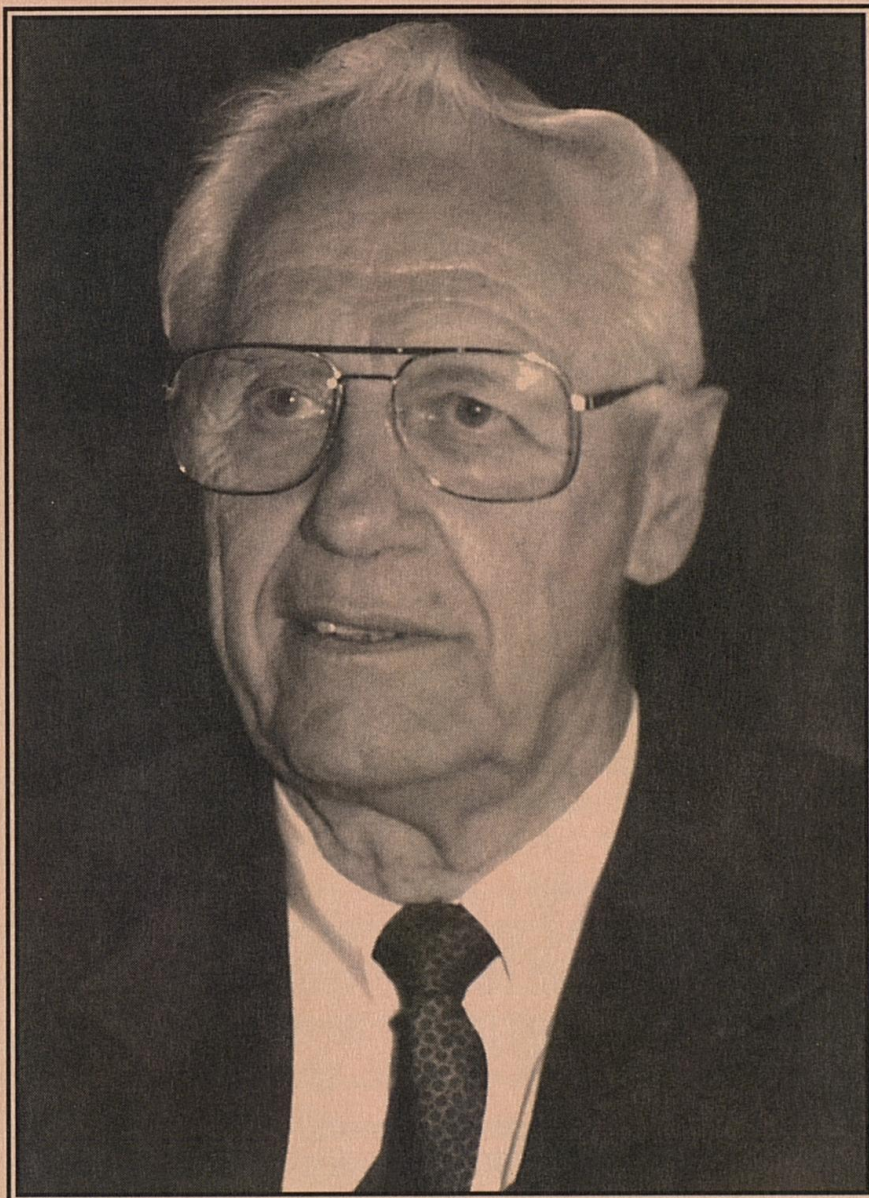
FNS

FRONTIER NURSING SERVICE

Volume 75

Number 2

Fall/December 1999



IN MEMORY OF ROBERT JOHNSON

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Cover: *Robert Johnson - Member of FNS Board of Governors*

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The Frontier Nursing Service

If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the Service. Please share this information with a friend.

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing, hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today, the FNS is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., (home health agency, two out-post clinics, one primary care clinic in the hospital, Kate Ireland Women's Healthcare Clinic) and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925.

- Deanna Severance, CEO

FNS Remembers Robert Johnson

The Frontier Nursing Service Board of Governors has experienced a great loss with the passing of Robert Johnson. His astute, wise and concerned counsel led us to many decisions regarding healthcare to the people of Kentucky and elsewhere. We benefited from his vast experience and he has left a legacy we will long remember. Our loving thoughts are with his wife, Ruth.

*-Jane Leigh Powell,
Chairman of Board of Governors*

Mr. Johnson served as Chairman of the FNS Foundation Board of Directors, member of the Frontier School of Midwifery and Family Nursing Board of Directors and as a member of the Board of Governors. His ideas and support of the FNS Board of Governors will be greatly missed. Mr. Johnson died on September 29, 1999, after a difficult battle with colon cancer. He was 74.

Mr. Johnson first came to Lexington, Kentucky in 1960 to join the group creating the University of Kentucky Medical Center. In 1966, he was appointed the University of Kentucky's first Vice-President for Student Affairs by UK President John Oswald. Under Mr. Johnson's leadership, the University developed its first student code, a landmark achievement in the mid-1960's.

In 1968, Mr. Johnson joined the University of California, first as Vice-Chancellor for Student Affairs on the Berkeley campus, then as Vice-Chancellor for Administration. In 1970, he was recruited by UC President Charles Hitch to become the first Senior Vice-President for Administration of the entire nine-campus institution. In 1976, Mr. Johnson departed UC to become founding President of the National Center for Health Education, an organization that grew out of a commission created by President Nixon.

Two years later Mr. Johnson returned to Lexington to head the financially threatened Appalachian Regional Healthcare, a

move that the Lexington Herald-Leader described in an August 1978 editorial as "courageous." During his 15 year tenure Mr. Johnson helped ARH avoid bankruptcy, while greatly expanding its services as well as building and acquiring new facilities in its three state service area of Kentucky, Virginia, and West Virginia. Mr. Johnson also served on gubernatorial and legislative commissions and committees dealing with health issues in Kentucky.

Mr. Johnson was born on September 22, 1925, in Cortland, New York. He served in the U. S. Navy during World War II and graduated from the State University of New York at Cortland and Yale University School of Public Health. He began his career in 1952 with the Erie County (NY) Health Department. Three years later, he became the first health educator to serve in a private medical practice joining the Rip Van Winkle Clinic - a group practice in Hudson, NY. Then, in 1958, Mr. Johnson and his family moved to Boston, Massachusetts where he was founding Executive Director of the Medical Foundation of Boston, the position he held prior to joining the University of Kentucky.

In his retirement, Mr. Johnson served on the Governing Board of the Frontier Nursing Service; the Advisory Board of the University of Kentucky's Rural Health Center; the Advisory Council of Clinch Valley College of the University of Virginia; and as an adjunct professor in the University of Kentucky's College of Medicine and College of Allied Health.

Mr. Johnson received numerous awards and honors, including the Distinguished Career Award from the Health Education Section of the American Public Health Association; the Outstanding Achievement Award from the State University of New York Alumni Association at Cortland; the Kentucky Hospital Association Award of Excellence; and in 1989 being named one of the nation's 25 outstanding executives of health care systems by Modern Healthcare magazine. In 1997, Mr. Johnson received the Service to Humanity Award from Kentucky Healthcare.

Mr. Johnson made his first contact with the Frontier Nursing Service in the early 1960's while working with the University of Kentucky. He became acquainted with Mrs. Breckinridge and Miss Helen Browne. Later, Mr. Johnson was a prominent figure

on the FNS Board of Governors, providing support and leadership as a dedicated Board member. He was always ready and willing to help in any way. Much of his life was dedicated to preserving healthcare in an area where it was so desperately needed. Mr. Johnson, quite simply, gave his entire life to help others and he always felt gratified for so doing.

Mr. Johnson is survived by his wife of 54 years, Ruth Aldrich Johnson; daughter, Karen Samuels and her husband Larry, Los Angeles, California; daughter, Karol Jump and her husband Leyton, Tenio, Washington; son, Eric and his wife Rebecca, Versailles, Kentucky; daughter, Lisa Ford and her husband Robert, Sacramento, California; He is also survived by five grandchildren. Many thanks to Eric Johnson for allowing us to reprint this tribute to his father.



Mr. Johnson at Wendover Big House - April, 1999

Wendover News

by *Jeremy T. Bush*

Wendover Tours

Wendover has had a busy tour season. Alyssa Gayhart, our new Tour Guide, has given tours to Carolyn Robinson's Bachelor of Science nursing students from Lincoln Memorial University (Harrogate, TN); Jennifer Wilson's nursing students from Somerset Technical College (Somerset, KY); Michelle Wilson's students from Hyden Elementary (Hyden, KY); Christine Krutzer's students from Beech Fork Elementary (Asher, KY) and Damon Huff's fourth grade class from W. B. Muncy Elementary (Cutshin, KY). Alyssa has a great affection for speaking to the little children about Mrs. Breckinridge's contribution to our local area. Alyssa and I were very pleased when we were asked to travel to the Harlan High School (Harlan, KY), to speak to a group of career students.



Speaking of little children, we are working on a community awareness campaign here in Leslie County. It is the FNS of today which children are most familiar. Through the community awareness project we wish to strengthen their knowledge of the rich heritage created by Mary Breckinridge and their ancestors. Several teachers in the local area have made their own attempts to incorporate FNS into their classroom activities. We recently begun sending invitations for all the local schools to visit Wendover, the historic birthplace of FNS. We anticipate sharing the history of FNS with our local school children.

The Daughter's of Colonial Wars (DCW's) visited FNS on October 8. They arrived at noon for Marilyn's delicious southern fried chicken and then had a tour of various buildings on the Hyden FSMFN campus. The DCW's donated money for the furnishings in Aunt Hattie's Barn classroom. They saw the furnishings that their generous donations provided. The DCW's last stop

was at St. Christopher's Chapel which has Mrs. Breckinridge's beautiful 17th Century stained glass window. They left us with lifted spirits and a sense of pride for a job well done.



DCW's at the Big House, Wendover

Alyssa and I gave the annual CNEP graduation tours on October 16 to over fifty people at Wendover. Among these visitors were Barbara Beyen and Marta Eastburn, Mother and Sister of Lisa Scherrer who was tragically killed in an automobile accident. Lisa would have graduated with this class. Mrs. Beyen and Mrs. Eastburn established a scholarship in memory of Lisa.

Wendover Grounds News

Thanks to an idea by Dr. Anne Wasson, we have installed a "Home of Frontier Nursing Service" sign located near the road below the Big House. After dark the sign is illuminated by a floodlight. This should make life much easier for visitors who have trouble seeing the buildings at night.

Other completed projects include: lights erected along the road from the Garden House to the Big House; numerous cracked windows in the buildings replaced; new parking and building signs; scraping and painting of steps and handrails at the Garden House; and fence railing straightened with new supports.

Courier Program News

by *Jeremy T. Bush*

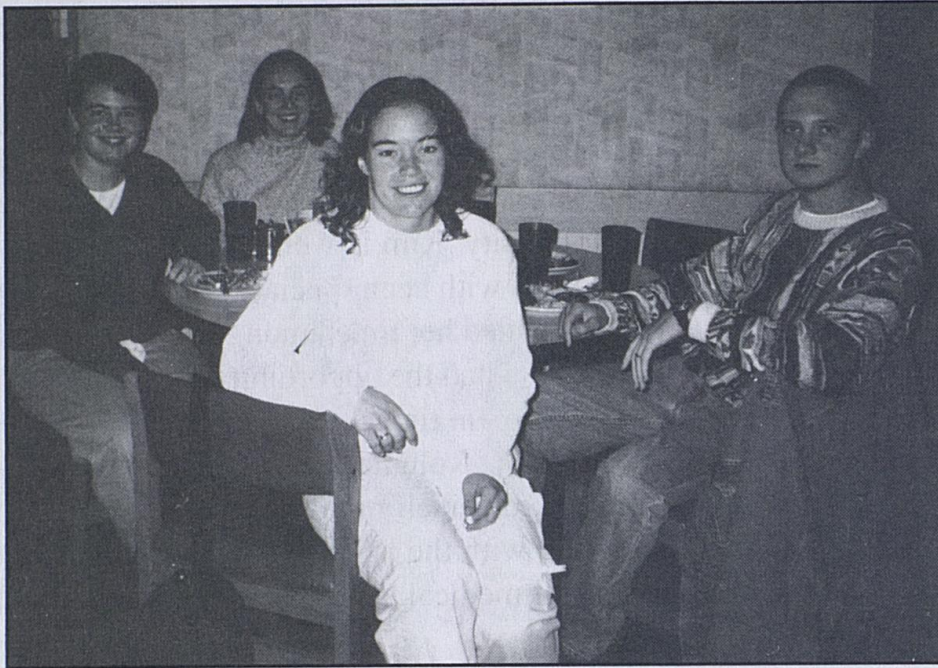
We have a fantastic group of Couriers for the fall term. Kim Houkom, Norna Ludeman and Julie Wilbur have won our hearts and below is a brief introduction to each of these individuals.

Kim Houkom, San Diego, California, comes to us as a graduate of Stanford University. Kim is well organized in planning her activities and carries with her a special sensitivity for the needs of others. She has divided her time among the doctors and midwives at MBHC. She also had the opportunity to witness two births in one night! She has spent time at the clinics and with the Home Health Agency. Kim has volunteered her time at the animal shelter and has immersed herself in local culture learning to quilt and to make furniture with the help of some local artisans. Kim has applied to several medical schools and aspires to be a physician.

Norna Ludeman, Danville, Pennsylvania, is also a graduate of Stanford University. Norna has a wonderful sense of adventure. She has been expanding the normal realm of Courier shadowing into places like the MBHC laboratory. Norna also spent time at the new After Hours Clinic at MBHC and with Dr. Jean Sullivan, a local Family Practice Physician.

Julie Wilbur, Hopewell, New Jersey, is a graduate of Colby College in Waterville, Maine, with a degree in Spanish and Biology. "Sweet Pea" or "Miss America" as we have come to know her, is kindhearted. Julie has spent her time distributed among the midwives, doctors and FNP's. She tutored local high school students in math and reading and also volunteered at the local animal shelter where she fell in love with an adorable little black Labrador. It was the runt of the litter and would have died had Julie not come to its rescue.

Many of our past Couriers remember the old Dodge Caravan. The van recently died on a Lexington trip and we bid a cheerful farewell to a relic of FNS's recent past. We continue to solicit funds from our ex-Couriers for a new vehicle.



Julie Wilbur, Norna Ludeman, Kim Houkom, Jeremy Bush

Former Courier News

Elizabeth Nussbaum ('98) just entered into the nursing program at Case Western Reserve University (CWRU) in Cleveland, Ohio. Imagine her surprise when she stumbled upon three former FNS Couriers at CWRU! *Julie Cross ('94)* has almost finished her midwifery training, *Leslie Bardo ('96)* is in medical school and *Danielle Olds ('98)* is beginning adult education.

Jane (Schneider) Wright ('89) wrote the following: "My experience as a literacy tutor at FNS was what led me to become a teacher. I've been teaching ESL for the past eight years, first in my home state of Minnesota and more recently in southern California where I've lived for the past five years. I found and married Mr. Right (Terry Wright) last October and we are now expecting our first child in February 2000."

Ever since I left Hyden one year ago, the Frontier Nursing Service keeps reappearing in my life in the most unexpected ways. A few weeks ago, I was waiting on a couple at the Jupiter Grill Restaurant in Louisville, Kentucky, where I am working for the summer. I happened to randomly mention Hyden, Kentucky, in conversation and the woman immediately asked if I had worked for FNS. It turned out that this woman, Laurie Birnsettl, had done research on FNS after meeting Mary Elizabeth Houston, a former Courier. Laurie was kind enough to let me join her on a visit to Mrs. Houston's home.

Mary Elizabeth Houston was one of the original FNS Couriers working on and off throughout the 1930's. In an enchanting southern accent, Mrs. Houston told me delightful stories about the early days of Wendover. Her eyes lit up as she relived memories of riding Tennessee Walking Horses through the snowy mountains and spending tea time with Mrs. Breckinridge. Mrs. Houston laughed as she described one incident of a city doctor who refused to ride the horse she had brought with her to the bus station to meet him. He waded through all of the creeks and rivers on the way to Wendover instead!

I was even lucky enough to take a look at Mrs. Houston's trail map from her work at FNS. Considering my own inability to find my way around Hyden in a car, it was incredible how these women found their way on horseback. To me, the map looked like nothing but a few scraggly lines with "Hell for Certain" written around every bend.

Chatting with Mrs. Houston was a special experience - one of many that I have gained since working in Hyden. She gave me her permission to write this, saying simply, "I am happy to do anything I can to help FNS." After six decades, Mrs. Houston retains the same feeling that every Courier does - FNS has won a very special and unforgettable place in our hearts.

-Nancy Reinhart ('98)

Nancy Reinhart and her parents Pat and Phil Reinhart visited Wendover during the summer.



Nancy Reinhart and Ally

Caroline Leis ('95) wrote to say that she got married in October. Congratulations Caroline!

Ann (Bemis) Day ('48) wrote the following: I was a Courier in 1948 and liked seeing the photograph in the last *Quarterly Bulletin* of Beulah Forness and her grand-daughter in the uniforms. I remember the nurses wearing those regularly every day! In 1948 we used horses to go everywhere and Couriers took care of them.

WEBSITES

Frontier Nursing Service - www.frontiernursing.org

FSMFN Community-Based Nurse-Midwifery Education Program (CNEP) - www.midwives.org

FSMFN Community-Based Nurse-Practitioner Program (CFNP) - www.frontierfnp.org

Frontier School of Midwifery and Family Nursing (FSMFN) CFNP News

by Dr. Julie Marfell, Education Director

The first class of the Certified Family Nurse-Practitioner Program (CFNP) began September 29 with "FNP Bound" in Hyden. The class has students from Kentucky, Florida, Indiana, and South Carolina. It was a gorgeous fall weekend in the mountains and as it so happened, "FNP



Bound" coincided with the Mary Breckinridge Festival. The students and faculty attended the parade and enjoyed some time away from class and studying.

Both the students and faculty enjoyed an evening at Wenderover. Jean Fee and three of her classmates from the FSMFN class of 1959 and one graduate from the class of 1958 joined the group for dinner. Jean spoke with students about being an FNP, nurse-midwife and FSMFN graduate. The class of 1959 celebrated their 40th anniversary this year and everyone felt so fortunate to have them join us at the Big House. All of the ladies had spent time working overseas as midwives and had wonderful stories about their experiences both as practicing midwives and as students at FSMFN.

Dr. Anne Wasson also joined the group that evening. Dr. Anne spoke with the students after dinner and told wonderful stories about delivering healthcare at FNS. The students enjoyed the humor and wisdom of experience that is woven through Dr. Anne's stories.

The CFNP Program will be accepting applications for Class 2 until April 1, 2000. The second class is scheduled to begin May 11. The current plan is to admit two classes per year, spring and fall. A part-time option has also been added to the program. This structured program of study allows the students to spread the course work over 36 months instead of 24.



59er's 40th anniversary: Back Row: Arlene Schuiteman, Deanna Severance (CEO of FNS), Margaret Kooiman, Jean (Kerfoot) Fee Front Row: Jean Vanbeek, Dr. Anne Wasson, Clara (Sparks) Rice

I presented an invited paper regarding immunizations and a poster highlighting the history of FSMFN. This included the success of CNEP and the rebirth of the CFNP at the Nurse-Practitioner Associates for Continuing Education (NPACE) conference held in Chicago during September. I am also doing a poster presentation this month at the American Public Health Association meeting, also in Chicago, on interdisciplinary education.



Class of 1959 taken at Mardi Cottage

Back row, left to right: *Arlene Schuiteman, Margaret Kooiman, Carolyn Banghart, Jean Kerfoot Fee, Barbara Kieper.* Front row, left to right: *Clara Sparks Rice, Anne DeTourney Boyer, Molly Lee, Margaret Prescott Fehr*



First FNP Class - September 1999. Left to right: *Tony Anoaia, Spencer Eaddy, Dr. Anne Wasson (not a student), Karen Oberson, Helen (Terri) Hersey and Diana Brackin*

Frontier School of Midwifery and Family Nursing (FSMFN) CNEP News

by Susan Stone, CNEP Director

Fall is a very busy time of year for the Community-Based Nurse-Midwifery Education Program (CNEP). We have had several very inspiring activities.

In late August the FSMFN staff and administrators gathered together at the School in Hyden to receive training in the operation of our new database program. We spent three days with an on-site consultant learning to use filters, to set up reports, and to add information. In addition to being Y2k compatible, the new database will allow us to sort and publish the data about our students and graduates. We are grateful to the contributions of the Daughters of Colonial Wars (DCW's) whose generosity assisted us in the funding of this new system



In September, we had a group of 17 midwifery students on-site for two weeks of intensive learning. They all stayed in the Haggin Dormitory and spent their days in class. This is called the Level III experience in CNEP. The classes included such topics as Physical Assessment, Suturing, Professional Role and Clinical Case Studies. Upon completion of the Level III experience, all the students returned to their communities to begin training with their Certified Nurse-Midwife Preceptors.

On October 13, thirty faculty members arrived in Hyden for our annual faculty meeting and graduation ceremony. Faculty came from all over the United States including the far reaches of Hawaii, Maine, Florida, and California. This group of accomplished midwives spent three days in continuing education programs, planning meetings, and program evaluation meetings. On October 15, seventeen graduate nurse-midwives arrived in Hyden to take the National ACC Exam. The ACC Exam is the National Certifying Exam for Nurse-Midwives. On October 16, the annual

graduation ceremony was held at the Richard Nixon Center in Hyden. Thirty-three of the ninety-seven graduates were able to come to Hyden to join us for the ceremony. A tradition at the FSMFN is for students to ring the bell located on the chapel as they begin their education and upon their return for graduation. The sound of the chapel bell rang over Hyden on this day. Kitty Ernst was our graduation speaker and inspired all of us with her visionary speech. This very busy weekend left all of us with a feeling of accomplishment and a great hope for the future of providing the option of midwifery care to all women and their families.

On November 3, 1999, we welcomed Class 28 to Hyden for their orientation weekend known as Midwifery Bound. The faculty and staff spent five days teaching these 43 new student midwives how to use the computer communication system, orienting them to their Level I courses and helping them to know each other and become a part of the FSMFN family. On Friday evening, November 5, 1999, we all had dinner at the Big House at Wendover. The Couriers and cooks at Wendover did a superb job, as always. It was wonderful to hear this large group sing "Amazing Grace" just before dinner. Everyone felt the infusion of our heritage before us and our continued hope for the future. On Sunday morning the new students all rang the chapel bell as they prepared for their educational journey and for their journey home.

The work continues as we prepare to welcome 12 more students for their Level III experience on November 10. The purpose of the CNEP is to significantly increase the number of practicing certified nurse-midwives to meet the needs of the families residing in all areas with a focus on rural or underserved areas. Our Fall 1999 activities surely reflect this purpose. The sound of the ringing bell across these Appalachian hills assures all of us that we are moving forward in the fulfillment of this purpose.

Mary Breckinridge Healthcare News

-Mallie Noble, Administrator

As we bid farewell to summer, the mountains display their beautiful fall coat of many colors. The staff of Mary Breckinridge Healthcare are busy making preparations for the FNS 75th year of service to the people of Eastern Kentucky and are looking forward to the new millennium.



I am delighted to announce that Denise Kilburn, RN, has accepted the position as Director of Nursing. Denise has been employed with MBHC for four years as House Supervisor and ER Manager. I am confident that Denise will do an excellent job.

Roxanne (Roxie) Combs, RN, has been promoted to the ER and Hyden Rural Health Clinic Manager. Roxie has been with MBHC for four years.

Andrew Krasuski, MD, Board certified in OB/GYN, joined our staff on November 1, 1999. Dr. Krasuski is from Plantsville, Connecticut, and brings with him his wife, Helena, and daughter, Michelle. We welcome them to the MBHC family.

The Physical Therapy Department is now under MBHC management. We feel this will enhance services to our patients. Staff includes David Hume, PT Department Manager; Stephanie Sizemore, MSPT, Staff Therapist; John Sandlin, LPTA; and Kim Roberts, PT Tech and Office Manager

Mona Howard, LPN, is now the Infection Control Nurse and I am confident that she will assist in providing a safe and healthy environment.

Rochelle Cheek, A.R.T. from Manchester, Kentucky, joined our staff November 1 as Director of Medical Records.

I would like to thank the maintenance staff who constructed a beautiful outside deck onto the MBHC cafeteria. This is a wonderful and welcomed addition to the cafeteria and is appreciated by all.

Beyond the Mountains

by Deanna Severance

"Those we love would not want us to be mournful but as we were when they loved us. And too, when we remember them with happiness we bring them close forever." Jerome Robinson

These last few months have seen the passing of two beloved members of the Frontier Nursing Service: Robert Johnson and Dorothy Norton Clay. I have reprinted words of their fulfilled lives elsewhere. Even though to have known them was to celebrate life, they are missed!



E. O. Robinson Mountain Fund

On May 12, representatives from the E. O. Robinson Mountain Fund visited FNS. Judge N. Mitchell Meade, Chairman, Mr. Harold H. Mullis, Board member and a friend of theirs, met with me at the Big House to get an update of happenings at FNS.

American College of Nurse-Midwives Convention

During May, CNEP celebrated a Decade of Excellence at the Convention of the American College of Nurse-Midwives (ACNM). CNEP is very proud to have educated over 760 nurse-midwives in the past decade using the Community as the classroom concept. Our graduates now represent every state in the USA.

CNEP also celebrated honor bestowed upon Susan Stone, CNEP Program Director in receiving the Kitty Ernst Award. The ACNM gives this award each year to a nurse-midwife who has been in practice less than ten years. The award is in recognition of innovative and creative endeavors in midwifery and women's health.



Left to right: Ron Hart, Bernadette Hart, Dr. Anne Wasson, Elsie (Maier) Wilson, Ann Richter (ACNM Convention)

Lexington Herald Leader Recognizes FNS

During July, Barbara Isaccs, Staff Writer at the Lexington Herald Leader, visited Wendover to gather information about the Frontier Nursing Service. She wrote a wonderful article which was printed in the Lexington Herald Leader on August 1, 1999, entitled "Still at the Frontier". The article featured key events in the history of FNS and the CNEP Program.

Visit to North Carolina

Labor Day weekend, my husband, Carl, and I drove to Tyron, North Carolina, to visit with our dear friend and supporter Mrs. Eleanor Stetekluh. It is always such a treat to be invited to visit with friends and talk about the work of the FNS.

Annual Bluegrass Committee Luncheon

The Bluegrass Committee held the annual luncheon at Spindletop in Lexington on September 15. Although we have had a terrible drought, the weather was glorious! It is always a joy to see so many supporters of our work. One highlight of the Luncheon was a song written and sung by Eliza Wootton Rogers. Mrs.

Rogers wrote the song in 1991 when the Big House was dedicated as National Historic Landmark. It honors the life of Mary Breckinridge and Mrs. Rogers has continued to perfect it. Mrs. Rogers was accompanied by her brother George Wooton, past Leslie County Judge Executive. Both are natives of Leslie County and knew Mrs. Breckinridge. Mrs. Rogers, a teacher, has made Lexington her residence for many years. Mrs. Rogers also did a beautiful painting of the old "Hell for Certain" FNS clinic in Leslie County which she portrayed at the Luncheon.

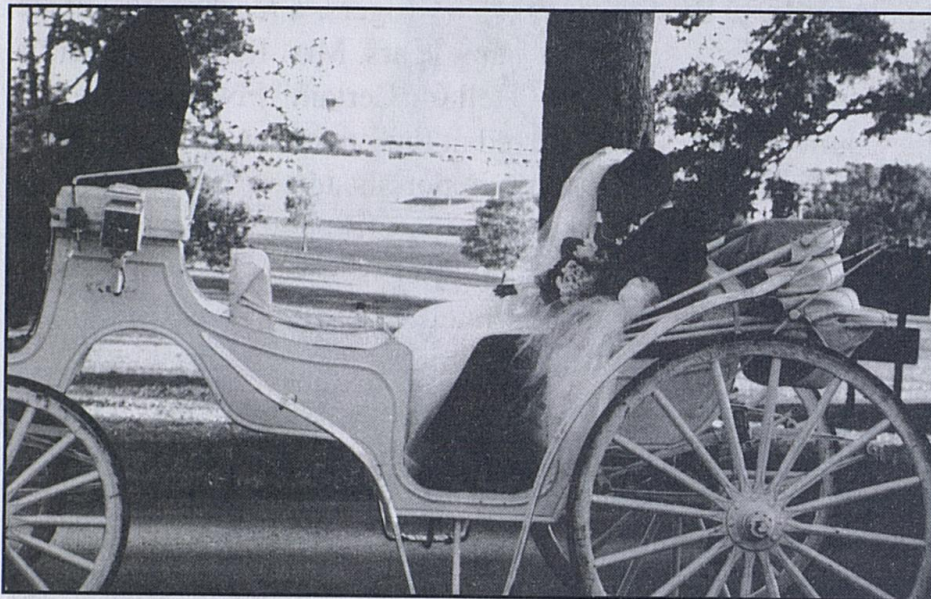
Every supporter is so important to the FNS that I am tempted to print the guest list, but knowing space is so small, I write a special thanks to Senator Robert Stivers, Dr. Anne Wason, Mrs. Marjorie Vogt, Chairman of the Bluegrass Committee, Mrs. Sally Ann Drycz, whose picture appeared in the Lexington Herald Leader article, Mrs. Roberta Watts, National Project Chairman of the Daughters of Colonial Wars and many thanks to William W. Hall, Vice-Chairman of the FNS Board of Governors, and to the Fifth Third Bank for sponsoring the affair!



Mrs. Eliza Wooton Rogers

Wedding of Brian D. Lane, CFO

September 18, was the wedding of our Chief Financial Officer Brian D. Lane, and his beautiful bride, Susannah. I include a small picture of the bride driving to the ceremony which was held at Keeneland in Lexington.



Susannah Lane

New Director of Medical Records

Due to a resignation in the Medical Records Department, we employed Felicia Williams of Chicago to supervise the Medical Records Department while recruitment was underway. What a thrill to have Felicia Williams living and working with us in Hyden for five weeks! Felicia was a great help to us. She enjoyed the work and is bringing her mother for a visit in the spring!

On November 1, we employed Rochelle Cheek, Manchester, Kentucky, as Director of Medical Records. We welcome Rochelle to our MBHC staff!

Certified Nurse-Practitioner Program

The weekend of October 2, the first five students enrolled in our "Phoenix" Family Nurse-Practitioner Program. They came to Hyden for "CFNP Bound" and came to Wendover for dinner. I use the word "Phoenix" because, although the FNS FNP Program

was the first family nurse-practitioner program in the United States, the FNS has not admitted students to the FNP Program since 1989. The Program has been updated using a distance learning format as in our Community-Based Nurse-Midwifery Education Program. Two of our first five students are Kentucky residents. A debt of gratitude is owed to Dean Dorothy Brootens at Case Western Reserve University's Frances Payne Bolton School of Nursing for the creation of this Program. Case Western Reserve University is the degree granting institution for this innovative program.

Daughters of Colonial Wars visit Wendover

October 7 - 9 was the tour of the Daughters of Colonial Wars (DCW's) which occurs every three years. We had lunch at the Big House on Friday and a tour of the FNS properties. Mrs. Watts arranged the tour this year to include a visit to the Lexington offices. Saturday the ladies toured the Lexington office and were able to view for themselves the Internet Systems and the electronic age of the Frontier School of Midwifery and Family Nursing. More baby caps were presented at the Friday evening gathering. These caps continue to be so important to our graduates across the globe.

October Board of Governors Meeting and CNEP Graduation

The fall Board of Governors meeting, chaired by Miss Jane Leigh Powell, was held at Wendover in conjunction with graduation. Miss Powell, as always, did a wonderful job of balancing the multitudinous activities of the weekend! Friday evening October 15, CNEP faculty, professional staff and Board members dined at Wendover. All of our faculty from across the country attended. It was such a joy to share introductions and stories of our love of this grand service from yesterday and today and our dreams for the future.

It does seem to me that this fall has been a time of people beyond the mountains coming to visit the FNS. That is quite exciting for us because we love to share our local and international work with our supporters. Many thanks to Christine Collins, Head Housekeeper at Wendover, and her staff, Linda Sawyers, Marylin

Hoskins and Tracy Pennington, for the fine work they do keeping the Big House beautiful and for preparing such wonderful meals!



Left to right: Tracy Pennington, Linda Sawyers, Christine Collins and Marilyn Hoskins

Boston Committee Luncheon

Dr. Anne Wasson, Kitty Ernst and I flew to Boston for the annual Boston Committee meeting and the presentation of the Mardi Perry Scholarship to Elizabeth Jensen. Elizabeth resides in East Hampton, Connecticut, and is in CNEP Class 23. Many thanks to Joyce Ricker for serving on the Scholarship Committee.

The Luncheon event was made possible by the work of Rose Bloom and Caroline Standley. Of course, we are all blessed that Mrs. Arthur (Mardi) Perry was present with her daughter, Susan Perry, to be personally thanked for her great gift of the scholarship drive! Mardi was a Courier at the Frontier Nursing Service in 1938. Her generosity to the FNS has extended through the years and her contributions to the work of the FNS are many. Allow me to share a few of Mardi's gifts with which some of you are familiar - particularly all FSMFN students. Mardi

was the primary sponsor of the renovation of the beautiful classroom where the Midwifery Bound follies are presented. The Mardi Midwifery Cottage where Level III classes are held is named in her honor. After years of service to the FNS Mardi's peers on the Boston Committee initiated a fund drive in her honor to financially assist deserving FNS students from New England.

It is always good to see friends of the FNS such as Mrs. Carlyle Carter and her mother Mrs. Mary Carter, Mrs. Frank (Marianna "Muffin" Meade - Courier 1952) O'Brien, Mrs. Francis "Frannie" (Courier 1943) MacAusland, Mrs. Dudley (Sally) Willis and all the others who attended.

Having grown up in Amarillo and learned to drive on flat lonely roads, I was particularly pleased to announce my success in renting a car at Logan Airport and driving there in rush hour traffic to pick up Kitty. I feel I have earned my "wings" so to speak, perhaps heavenly!

November Midwifery Bound

During November, 43 students enrolled in our nurse-midwifery program. They attended Midwifery Bound and came to Wendover November 5. Mrs. Georgia Narsavage, Registrar for the Frances Payne Bolton School of Nursing and her husband, Peter, were present.

The stories which bring these students to the FNS are ever inspiring. The reputation of our graduates continue to be a primary recruitment tool. One student approached a nurse-midwife in her community who is a preceptor for the Frontier School of Midwifery and Family Nursing and asked her opinion about which school to attend. This nurse-midwife is not one of our graduates, but told the prospective student that if she wanted to work in her facility, CNEP graduates were her choice for employment! What a great recommendation.

FNS 75th Year Celebration

We are looking forward to seeing each of you during our 75th year celebration. Please make your plans to visit us. May 19 is our evening with the FNS at the Lexington Library. A good time is promised with tours of Hyden and the Lexington office. I look forward to hearing from you!

75th Celebration Calendar of Events

May 19, 2000	“An Evening with the Frontier Nursing Service” held at the Lexington Library and Theater.
June 16, 2000	Dedication of the Kate Ireland Drive at Mary Breckinridge Healthcare with community/employee picnic.
July 4, 2000	FNS participation in Lexington annual Fourth of July parade.
September, 2000	Annual Bluegrass Committee Luncheon to be held in Louisville, Kentucky.
October 7, 2000	FNS participation in annual Mary Breckinridge Festival in Hyden, Kentucky.
October, 2000	Annual Boston Committee Luncheon to be held in Boston, Massachusetts.

For information regarding accommodations, schedules, etc., you may contact Barb Gibson, 132 FNS Drive, Wendover, Kentucky 606-672-2317.

Miscellaneous Tidbits

I was very pleased to receive the latest FNS Bulletin. Thanks to Dr. Frank Lepreau for sending my name and address. I met him at an alumni meeting of my nursing school where he was the guest speaker. Knowing that he was the medical director at FNS during 1973 - 1974, I introduced myself and FNS memories came flooding back as we reminisced. As a midwife I was posted at Bowlingtown Clinic. I left Kentucky in the fall of 1951 and moved to Alaska and ended my nursing career in Massachusetts as an IV Therapist. FNS has always occupied a special place in my heart. I hope to be able to visit someday.

-Madeline (Cook) Sykes ('49)

Dr. Anne's Report on Yarn Project

During October 1996 a note appeared in the *QB* about the need for leftover yarn for a knitting project for the Wendover Gift Shop. Since then, so many wonderful friends have sent packages of yarn. Immediately after the notice in October, a van arrived one afternoon with four garbage bags of worsted wools and acrylics donated by an FNS friend from Hyden. We have heard from friends in 15 states. William and Virginia Nine from Virginia came one day with a loaded van with many interesting things. J. G. Morgan built a yarn case for me so I can sort wool from acrylics, worsted from sport and baby and, of course, all the wonderful colors that have been received. It is like an artist's palate here in my living room.

It is from these gifts that I can work on six - eight different sweaters at a time and from these contributions 276 sweaters have been completed for the Gift Shop. The sizes range from infant to size 46. Recently, CNEP faculty and students were fans of the larger sizes. I thank everyone for their generous contributions that make this project possible and I hope that others will send their extra yarn to Wendover to assist with continuing this endeavor. Proceeds from the Gift Shop go to Wendover projects and the money from large sweaters go to the FNP scholarship fund.

-Dr. Anne Wasson



Dr. Anne Wasson

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.

Marjorie Cabot Enruquez, Mexico City, Mexico, died June 26, 1999. She served at FNS as a Courier in the 1930's. Mrs. Enriquez-Savignac resided in Mexico City for thirty years serving as a volunteer for job training programs for Mexican women.

Mrs. John L. Grandin, Jr., Chestnut Hill, Massachusetts, died October 24, 1999. Mrs. Grandin served as a member of the Frontier Nursing Service Boston Committee and as a Honorary Trustee.

Jahugh (Jakie) Morgan, Wendover, Kentucky, died August 13, 1999, after a long illness. Jakie was a wonderful supporter of the Frontier Nursing Service in many ways.

Dorothy Norton Clay, Louisville, Kentucky, philanthropist, age 92, died November 7, 1999. Mrs. Clay served in the following capacities in the Frontier Nursing Service: member of the FNS Bluegrass Committee; Trustee; member of the Board of Governors; and as an Honorary member of the Board of Governors. Mrs. Clay was a supporter of the FNS since 1936.

The following are excerpts from the Lexington Herald Leader - Jennifer Hewlett, staff writer:

Dorothy Norton Clay gave time and money to historic preservation efforts, the arts and other causes in Kentucky. Mrs. Clay, who was born into a prominent Louisville family and married John Harris Clay, a gentleman farmer from Bourbon County, was a founding trustee of Shakertown at Pleasant Hill and served on the boards of the J.B. Speed Art Museum in Louisville and Frontier Nursing Service at Wendover.

"She was a wonderful philanthropist who did her work quietly but effectively," said Shakertown president and chief executive officer Jim Thomas. "She was a person who cared deeply about her community and her family and was devoted to Shakertown and the Frontier Nursing Service and the projects that were dear to her heart."

Mrs. Clay, he said, donated money to restore the Old Ministries Workshop at Shakertown which was built in 1812. When she visited Shakertown she stayed there, he said. "She was very quiet and unassuming. She knew her projects. Her opinions and her work were valued."

Mrs. Clay was involved in historic preservation in Kentucky early on, at a time when others were not so interested in it said Charles Graves, a former Shakertown trustee and University of Kentucky College of Architecture dean. "She was a very stately woman, very easy with people and worked well with people at all levels," he added.

Mrs. Clay, called "Dot" by her friends, was born February 23, 1907, the daughter of Margaret McDonald Muldoon Norton and George W. Norton, Jr., of Louisville. Mrs. Clay's brother, the

late George Norton III, founded WAVE radio station and WAVE-TV, Kentucky's first television station. Mrs. Clay lived in Bourbon County throughout her married life and returned to Louisville after her husband's death in 1966.

"She was a quintessential Bluegrass lady. I never heard Mrs. Clay say anything that a lady wouldn't say" said Barry Bingham, Jr., former publisher of the Louisville Courier Journal, who spent time as a teenager at the Clay farm. He said that Mrs. Clay also was a "gorgeous woman," who as recently as six months ago "looked like she's stepped off the pages of Vogue magazine."

Said Bingham's wife, Edie Bingham, a Shakertown trustee: "I found her to be a wonderful older person who was a friend to a younger person who was interested in many of the same things that she was interested in . . . she was always gracious."

Mrs. Clay is survived by a daughter, Mary Clay Stites of Louisville; six grandchildren; and four great-grandchildren. Two sons, John H. Clay, Jr. and George Norton Clay, preceded her in death.

IN MEMORY

Jahugh (Jakie) Morgan	Charlice & Bob Broyles
R. B. Campbell	Marjorie H. Cornell
Frances and Charles Browne	Mary Kay, Dan, Rob & David
Eileen Morgan	Munda
David & Val Sigafus	Douglas & Wilma Cornett
Al & Julie Bergemann	MBHC Lab Staff
Eugene & Sharon Offenheiser	Helen, Harold & Vestal Rader
Earl & Opal Williams	Lehman & Lucille Combs
Gretchen, Buster & Laura	P. Anne Cundle
Rankin	Miss Kate Ireland
Mickey & Norman Vanderheyden	June Smith Lucker
Paula, Dale, Ryan & Andy	Dr. Anne Wasson
Zink	Cari & Deanna Severance
Kay & Jerry Offenheiser	Gretchen Cressy
	Dr. Anne Wasson

Robert (Bob) Johnson

Dr. Anne Wasson
 Patricia M. Harris
 Kentucky Hospital Association
 Miss Kate Ireland
 Carl & Deanna Severance
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 Gifford S. Blyton
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Susan B. B. Moody
 Williams B. B. Moody
Phillip Vaughan
 Betty Vaughan
Jacqueline Coker Adams
 John, Sally, Elizabeth & Jan
 Hogan
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 Ann Sayen
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 Miriam B. Rosenthal

Lucie Wilshire Graham

J. Leonard Graham
Lisa Beyen Scherrer
 Barbara Beyen
Beverly Osterhout
 William L. Osterhout
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 Elsa Heisel Sule
Betty Lundgren
 The Commandments FDN.
Mrs. John L. Grandin
 Miss Kate Ireland
Beryle Arlene Lesuer
 Mr. William Lesuer
Betty Lou Johnson
 Rhonda M. Johnson
 Roberta M. Johnson
 Regan M. (Johnson) Almada
 Renee M. (Johnson) Cassidy
 Roy Johnson
Dorothy Norton Clay
 Jane Leigh Powell
 Frances Heyburn

IN HONOR OF

Cari Michaels &

Lois Harrison

Eileen Lafontaine
 Susie Stewart
 Jane Wright
 Don & Karin Coyne
 The Edleson-Stein Family
 Patricia A. Theurer

Miss Kate Ireland

Elizabeth Codman High
Mrs. Stanley P. McGee, Jr.
 Stanley & Robert McGee
Mary "Timmy" Balch Miller
 William B. B. Moody

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the Development Office at FNS.

In memory of _____

Contributor's name _____

Person(s) to whom you wish acknowledgment sent

Name _____

Address _____

In Honor Of

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the Development Office at FNS.

In honor of _____

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(the parent)

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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By specific gift under your Will** - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By gift of residue under your Will** - you may leave all or a portion of your residuary estate to the Service.
3. **By life insurance** - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE
Mr. William Hall, Treasurer
Fifth Third Central Kentucky Trust
250 West Main Street, Suite 100
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must be obtained several days before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

Staff opportunities: Family Nurse-Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact Department of Human Resources, Wendover, KY 41775 (606-672-2913)

Courier Program: This Program has an on-going need for all types of people, with all types of skills. The Program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 12 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator/Courier Program, FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775 (606-672-2317).

Nursing Volunteer Program: This Program is designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this Program, if accepted, there is no required amount of time. For current information, write or call Director of Nursing, Mary Breckinridge Healthcare, Inc., 130 Kate Ireland Drive, Hyden, Kentucky 41749 (606-672-3162).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need. Send to FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775.

Dietary:

Meat Slicer	1,636.00
Food Blixer, Blender Bowl	507.57

Emergency Room:

Warming Blankets	657.74
Alligator Forceps (ear, nose)	560.87
Wheelchair Accessories (for two chairs)	273.90
Spider Straps	224.00

Home Health:

Portable Mobile IV Stand	50.00
Blood Pressure Cuff (5)	176.10

Hyden Clinic:

Chair Scales	459.99
Cast Cutter with Cast Vacuum	1,761.17
Rolling Blood Pressure Cuff	141.93
Two Welch Allen Speculum Lights	215.06

Kate Ireland Women's Center:

Four Welch Allen Speculum Lights	430.12
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Infection Control:

Whiteboard & Easel	169.99
Overhead Projector	199.99

Lab:

Lab Counter	225.00
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URGENT NEEDS - Continued

Medical Surgical:

Medication Refrigerator	209.00
IV Poles (four)	138.92
Chart Cart	94.00
Bedside Commodes (four)	196.00

Obstetrics:

Two Ultrasound Sonic Stethoscopes	1,066.90
Blood Pressure (roll around)	379.90
IV Poles (two)	189.90
Adult Stethoscopes (four)	27.80

Operating Room:

Buffer/Scrubber	980.00
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Physical Therapy:

SysStim 226 Neuromuscular Stimulator	1,695.00
BAPS - Knee, Ankle, Foot Exerciser System	525.00
Pro-Fitter Exercise System	499.00
Saunders Portable Cervical Traction	395.00

Respiratory Care:

Two O2 Analyzers	628.00
Miller & MacIntosh Blades/Handles	976.45

X-Ray:

Cool Brite High Intensity Illuminator	
Cone Instrument	654.00
Radiation Protection Equipment	850.00
Mammography Viewboxes	1,600.00

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended June 8, 1984