

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 50

SUMMER, 1974

NUMBER 1

FORTY-NINTH ANNUAL REPORT



A CREEK CLINIC

Photograph Courtesy of "Toad Hall"

US ISSN 0016-2116

In good weather, our district nurses occasionally borrow a neighbor's porch to hold a clinic that is accessible to a group of patients. The cover photograph, by Gabrielle Beasley, illustrates such a clinic in the summer of 1974.

FRONTIER NURSING SERVICE QUARTERLY BULLETIN
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FORTY-NINTH ANNUAL REPORT
of the
FRONTIER NURSING SERVICE, Incorporated
for the Fiscal Year
May 1, 1973 to April 30, 1974

PREFACE

CHAIRMAN'S REPORT

We are happy to report that we are staying abreast of the many changes that are taking place in the field of health care, and the outlook for the future is excellent.

Some of the changes lie in the area of accounting and administration, and include:

1. Alterations in Medicare and Medicaid regulations.
2. Conformity with the Economic Stabilization program regulations.
3. New accounting principles as outlined in the Hospital Audit Guide published by the American institute of Certified Public Accountants.

Two new positions in the Frontier Nursing Service have been created: Controller and Administrator. We have been fortunate in filling these positions with two highly qualified men.

Our current Controller is getting our accounting policies in line with current principles and practice.

Our Administrator is hard at work preparing for the move to the new Mary Breckinridge Hospital toward the end of this year. This handsome new building will greatly facilitate our work of caring for our patients and teaching our graduate students.

The future of the Frontier Nursing Service is exciting, and with the help of the many dedicated individuals who contribute to its purpose we are confident that we can successfully meet any new challenge.

Marian Breckinridge Patterson

(Mrs. Jefferson Patterson)
Chairman of the Board of Governors
Frontier Nursing Service, Inc.

ERNST & ERNST
Suite 7-B
Citizens Bank Square
Lexington, Kentucky 40507

Board of Governors
Frontier Nursing Service, Inc.
Wendover, Kentucky

We have examined the balance sheet of Frontier Nursing Service, Inc. as of April 30, 1974, and the related statements of revenues and expenses, changes in fund balances and changes in financial position for the year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances.

In our previous report on the financial statements at April 30, 1973, and for the year then ended, we did not express an opinion on the financial statements because we could not determine the propriety of certain amounts included in the financial statements at April 30, 1973, and for the year then ended, and at your request we did not extend our audit procedures at that date. However, certain amounts as previously reported at April 30, 1973, were restated on the basis of information developed during the year ended April 30, 1974, as explained in Note B to the financial statements.

In our opinion, subject to the effect of possible additional recoveries from the Medicare-Medicaid programs as described in Note C to the financial statements, the accompanying balance sheet and statements of revenues and expenses, changes in fund balances, and changes in financial position present fairly the financial position of Frontier Nursing Service, Inc. at April 30, 1974, and the results of its operations, changes in fund balances and financial position for the year then ended, in conformity with generally accepted accounting principles applied on a basis consistent with that of the preceding year. In our opinion the balance sheet at April 30, 1973, as restated, presents fairly the financial position of Frontier Nursing Service, Inc. at that date. We do not express an opinion on the statements of revenues and expenses, changes in fund balances, and changes in financial position for the year ended April 30, 1973, because of the limitation of the scope of our examination as explained in the preceding paragraph.

Lexington, Kentucky
August 22, 1974

Ernst & Ernst

**BALANCE
FRONTIER NURSING**

**APRIL 30
1974 1973—NOTE B**

UNRESTRICTED FUNDS

Current Assets:		
Cash and certificate of deposit.....	\$ 47,506	\$ 47,223
Accounts receivable:		
Patients—Note A	748,059	416,441
Retroactive cost reimbursements due from Medicare—Medicaid—Note C.....	58,884	135,140
Other.....	1,935	11,266
	808,878	562,847
Less allowance for uncollectible accounts.....	661,000	330,800
	147,878	232,047
U. S. Government participation in construction costs incurred.....	345,445	-
	493,323	232,047
Inventories.....	46,647	48,819
Prepaid expenses	8,268	6,972
	595,744	335,061
TOTAL CURRENT ASSETS		
Property and Equipment—at cost—Note A		
Land.....	86,658	86,658
Buildings.....	533,236	524,498
Equipment.....	346,353	331,755
Construction in progress—Note D.....	2,513,617	1,257,000
	3,479,864	2,199,911
Less allowance for depreciation.....	616,967	568,161
	2,862,897	1,631,750
Board-Designated Funds—Notes A and F		
Consolidated Investment Fund:		
Cash.....	7,277	20,838
Investments.....	1,931,483	2,107,570
	1,938,760	2,128,408
Less endowment fund investments (restricted).....	170,510	170,510
	1,768,250	1,957,898
Mary Breckinridge Hospital and Development Fund:		
Cash.....	172,596	12,127
Investments.....	1,400,904	2,144,645
	1,573,500	2,156,772
	\$6,800,391	\$6,081,481

RESTRICTED FUNDS

Endowment funds—Notes A and F		
Cash.....	\$ 887	\$ 697
Investments.....	403,936	408,494
Investments included in Consolidated Investment Fund....	170,510	170,510
	\$ 575,333	\$ 579,701
Specific purpose funds:		
Cash.....		\$ 174
Investments.....		\$ 4,968
		\$ 5,142

**SHEET
SERVICE, INC.**

APRIL 30
1974 1973—NOTE B

UNRESTRICTED FUNDS

Current liabilities:			
Accounts payable	\$ 28,178	\$	39,854
Accrued salaries, wages, and payroll taxes.....	35,955		34,649
Accounts payable and retainage due contractors.....	375,535		97,042
Retirement plan accrual—Note E.....	13,141		19,872
Accrued vacation expense.....	30,695		30,695
Unexpended portion of special purpose funds and other current liabilities.....	64,598		36,924
TOTAL CURRENT LIABILITIES	548,102		259,036
 Fund Balance	 6,252,289		 5,822,445
 Commitment—Note D			

\$6,800,391 \$6,081,481

RESTRICTED FUNDS

Endowment funds:			
Fund Balance:			
Permanent.....	\$ 470,333	\$	474,701
Term.....	105,000		105,000
	<u>\$ 575,333</u>		<u>\$ 579,701</u>

Specific purpose funds:			
Fund Balance		\$	<u>5,142</u>

See notes to financial statements.

STATEMENTS OF CHANGES IN FUND BALANCES

FRONTIER NURSING SERVICE, INC.

Year ended April 30, 1974 and 1973

	Unrestricted Fund	Endowment Permanent	Funds Term	Specific Purpose Funds
Balances at May 1, 1972.....	\$5,777,925	\$404,233	\$ -	\$4,841
Excess of expenses over revenues for the year ended April 30, 1973 (deduction)—as restated—Note B.....	(93,995)			
Reclassification of restricted funds previously classified as Board- designated assets—Note B.....	(170,510)	65,510	105,000	
U. S. Government participation in construction costs incurred.....	295,623			
Restricted contributions used for purchase of equipment.....	13,402			
Gain on sale of investments.....		4,958		301
BALANCES AT APRIL 30, 1973, AS RESTATED	5,822,445	474,701	105,000	5,142
Excess of expenses over revenues for the year ended April 30, 1974 (deduction).....	(341,102)			
U. S. Government participation in construction costs incurred.....	713,762			
Donations of property and equipment—at fair market value at time of donation.....	4,013			
Restricted contributions used for purchase of equipment.....	53,171			
(Loss) on sale of investments.....		(4,368)		
Transferred to other operating revenue.....				(5,142)
BALANCES AT APRIL 30, 1974	<u>\$6,252,289</u>	<u>\$470,333</u>	<u>\$105,000</u>	<u>\$ -</u>

See accountants' disclaimer of opinion for 1973 and notes to financial statements.

STATEMENTS OF REVENUES AND EXPENSES

FRONTIER NURSING SERVICE, INC.

	YEAR ENDED APRIL 30	
	1974	1973—NOTE B
Patient service revenue:		
Hospital—inpatient.....	\$ 325,076	\$ 295,312
Hospital—outpatient.....	234,837	171,513
Outposts.....	62,468	155,431
Home health.....	169,271	198,781
	<u>791,652</u>	<u>821,037</u>
Less discounts, charity, bad debts and contractual allowances—net	465,163	483,520
NET PATIENT SERVICE REVENUE	326,489	337,517
Other operating revenue:		
Income for specific operating purposes:		
Donations, bequests, and other.....	86,971	23,198
Federal grant	116,998	91,068
Drug sales, meals, and other.....	158,739	154,205
	<u>362,708</u>	<u>268,471</u>
TOTAL OPERATING REVENUE	689,197	605,988
Operating expenses:		
Hospital.....	910,472	797,962
General and administrative.....	334,511	265,600
Clinic and home health.....	246,621	208,271
School of Midwifery.....	138,623	112,191
Depreciation.....	59,272	52,242
	<u>1,689,499</u>	<u>1,436,266</u>
TOTAL OPERATING EXPENSE	1,689,499	1,436,266
LOSS FROM OPERATIONS	1,000,302	830,278
Nonoperating revenue:		
Unrestricted gifts and bequests.....	349,389	366,609
Unrestricted income from endowment funds.....	7,410	15,334
Income and gains from Board-designated funds.....	298,894	354,340
Other nonoperating revenue.....	3,507	-
	<u>659,200</u>	<u>736,283</u>
EXCESS OF EXPENSES OVER REVENUES	<u>\$ 341,102</u>	<u>\$ 93,995</u>

See accountants' disclaimer of opinion for 1973 and notes to financial statements.

**STATEMENTS OF CHANGES IN FINANCIAL POSITION
FRONTIER NURSING SERVICE, INC.**

	YEAR ENDED APRIL 30	
	1974	1973—NOTE B
SOURCE OF FUNDS		
Loss from operations.....	\$(1,000,302)	\$(830,278)
Provision for depreciation (which did not require funds).....	59,272	52,242
Funds Required for Operations	(941,030)	(778,036)
Nonoperating revenue	659,200	736,283
Funds Required for Operations and Nonoperating Revenues	(281,830)	(41,753)
U. S. Government participation in construction costs incurred.....	713,762	295,623
Decrease in Board-designated funds: Mary Breckinridge Hospital and Development Fund	583,272	440,236
Consolidated Investment Fund.....	189,649	-
Contributions restricted for purchase of equipment	53,171	13,402
TOTAL SOURCES	1,258,024	707,508
APPLICATION OF FUNDS:		
Purchase of property and equipment.....	1,286,407	911,007
Increase in Board-designated Funds— Consolidated Investment Fund.....	-	38,355
TOTAL FUNDS USED	1,286,407	949,362
DECREASE IN WORKING CAPITAL	\$ 28,383	\$241,854
CHANGES IN COMPONENTS OF WORKING CAPITAL		
Increase (decrease) in current assets:		
Cash.....	283	13,397
Accounts receivable.....	(84,169)	(96,656)
Inventories.....	(2,172)	3,580
Prepaid expenses.....	1,296	2,348
U. S. Government participation in construction costs incurred.....	345,445	-
	260,683	(77,331)
Less increase (decrease) in current liabilities:		
Accounts payable	(11,676)	10,199
Accrued salaries and payroll taxes.....	1,306	18,697
Accounts payable and retainage due contractors.....	278,493	97,042
Retirement plan accrual.....	(6,731)	11,501
Accrued vacation payable.....	-	5,567
Other current liabilities.....	27,674	21,517
	289,066	164,523
DECREASE IN WORKING CAPITAL	\$ 28,383	\$241,854

See accountants' disclaimer of opinion for 1973
and notes to financial statements.

NOTES TO FINANCIAL STATEMENTS**FRONTIER NURSING SERVICE, INC.****Year ended April 30, 1974 and 1973****NOTE A—SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

The accounting principles which materially affect the determination of financial position or results of operations are summarized below.

Patient Service Revenues

Patient service revenues are reported on an accrual basis in the period in which services are provided, at established rates regardless of whether collection in full is expected. Discounts, charity allowances, the results of other arrangements for providing service at less than established rates, and the provision for uncollectible accounts are reported as deductions from patient service revenue on an accrual basis.

A major portion of services are provided to indigent patients at nominal cost and bad debts and charity are substantial. During the year ended April 30, 1974, no accounts receivable from patients were charged to bad debts and charity but the aggregate account balances at that date have been adjusted through the allowance for discounts, charity, and bad debts to reflect the estimated net realizable amount therefor.

Nonoperating Revenues

Donations, grants and bequests which are not restricted by donors and subject to designation by the Service are reported as nonoperating revenue.

Board-Designated Funds

Donations, grants and bequests received for constructing and equipping a new hospital at Hyden, Kentucky and for certain operating purposes incident thereto are accumulated in the Mary Breckinridge Hospital and Development Fund. The Service anticipates paying the remaining costs of construction of the new hospital from this Fund. Since donations, bequests and income from this Fund in prior years are sufficient to meet the cost of construction of the new hospital, the Service considers all donations, bequests, and income from investments of this Fund in 1974 and 1973 to be available for general operating purposes and such amounts are recorded as nonoperating revenue when received or earned.

The Board of Governors has designated The Consolidated Investment Fund for accumulating funds for such operating and general purposes as they may determine.

Restricted Funds

Endowment funds represent funds which are not available for general operating purposes but the income from which is available for operating purposes. Such funds are classified as restricted funds and income therefrom is credited to revenue when earned in accordance with donors' instructions.

The term endowment, on which restrictions expire beginning April 1, 1978, will be available for social service over a reasonable period.

Frontier Nursing Service, Inc. is also income beneficiary of certain trust funds (aggregate market value at April 30, 1974 and April 30, 1973—approximately \$321,000 and \$380,000 respectively) which are not administered or controlled by the Service.

Accordingly, such funds are not reflected in the balance sheets at April 30, 1974 and 1973.

Resources restricted by donors for additions to property and equipment are recorded as credits to the unrestricted fund balance when expended for the purposes intended. Resources restricted by donors for specific operating purposes are credited to other operating revenues when expended for the purposes intended.

Donated Services

The estimated value of services donated through volunteer work is not recorded in the accounts of Frontier Nursing Service, Inc.

Property and Equipment

Property and equipment is stated at cost, or fair market value at date of donation for certain items donated. Depreciation has been computed on the straight-line method over the estimated useful lives generally as follows:

Buildings	—	10 to 50 years
Equipment	—	5 to 15 years
Vehicles	—	4 years

NOTE B—RESTATEMENT OF PRIOR YEAR

The financial statements for the year ended April 30, 1973, have been restated to reflect the determination made during the year 1974 of the net realizable amount for patient accounts receivable and amounts due from the Medicare-Medicaid programs, as summarized as follows:

Excess of expenses over revenues, as previously reported for the year ended April 30, 1973.....	\$10,026
Increase in allowance for discounts, charity, and bad debts to reflect net realizable amount for patient accounts receivable.....	65,300
Reduction of Medicare-Medicaid receivable to final settlements with program intermediaries.....	18,669
Excess of expenses over revenues, as restated, for the year ended April 30, 1973.....	<u>\$93,995</u>

Restricted funds at April 30, 1973 have been restated to reflect endowment investments in the amount of \$170,510 that had previously been reported as Board-designated unrestricted funds.

NOTE C—MEDICARE, MEDICAID, ECONOMIC STABILIZATION PROGRAM AND LITIGATION

At April 30, 1974 the Service participated in the Medicare—Medicaid programs for eligible services provided through the Home Health Agency. Home Health Agency revenues are approximately 20% of total patient services. For the year ended April 30, 1973, the Service participated in the Medicare-Medicaid programs for services provided through the Home Health Agency and the Hyden Hospital. Operating revenues for 1974 and 1973 include amounts estimated by management to be reimbursable for services covered by the programs under the cost reimbursement formulas in effect. Audits of cost reports have been completed and settled through April 30, 1973.

On May 11, 1973, the Hyden Hospital was terminated as a provider of services under the federal Medicare and State Medicaid programs. The termination was a result of alleged inadequate safety precautions required under Medicare regulations at the Hospital. The Service is currently appealing this decision to federal authorities. Legal counsel for the Service cannot give an opinion as to the ultimate outcome of this appeal. If a favorable determination is obtained by the Service for the year ended April 30, 1974, substantial amounts may be recoverable from the Medicare-Medicaid programs. No amounts have been reflected in the financial statements for 1974 for the potential recoveries. Such recoveries would be subject to limitations imposed by the Economic Stabilization Program (which expired April 30, 1974) and which limits recoveries to certain cost and profit margin levels.

NOTE D—CONSTRUCTION IN PROGRESS

At April 30, 1974, approximately \$450,000 was required to complete the construction of a 40 bed hospital at Hyden, Kentucky. Of this amount, approximately \$237,000 is being provided from a federal grant. The new hospital is designed to meet safety standards of the Medicare program and will replace the existing hospital structure.

NOTE E—RETIREMENT PLAN

Frontier Nursing Service has a retirement plan for regular full time employees with three years of continuous service who are twenty-five years of age or more. The Corporation's policy is to fund pension costs accrued. Total retirement plan expense for the year ended April 30, 1974 and April 30, 1973, was \$12,899 and \$11,501, respectively, which includes amortization of prior service costs over a period of 15 years.

The actuarially computed value of vested benefits as of July 1, 1973 (date of last actuarial valuation report) exceeded the total of the pension fund and balance sheet accruals by approximately \$40,000.

NOTE F—INVESTMENTS

Investments are stated in the financial statements at cost and are not adjusted for amortization of premiums and accretion of discounts. Investment income is accounted for on the cash basis which is not significantly different from the accrual method. Cost and approximate market values at April 30, 1974 and 1973, are summarized as follows:

	1974		1973	
	Cost	Market	Cost	Market
Board-designated funds:				
Consolidated investment fund:				
United States Government obligations.....	\$ 33,210	\$ 33,000	\$ 73,755	\$ 72,600
Corporate bonds	815,136	725,600	799,786	788,000
Common stocks	1,081,286	2,113,700	1,079,386	2,499,000
Other.....	1,851	1,900	154,643	162,000
	<u>\$1,931,483</u>	<u>\$2,874,200</u>	<u>\$2,107,570</u>	<u>\$3,521,600</u>
Mary Breckinridge Hospital and Development Fund:				
United States Government obligations.....	<u>\$1,400,904</u>	<u>\$1,396,200</u>	<u>\$2,144,645</u>	<u>\$2,152,000</u>
Endowment funds:				
Corporate bonds	85,028	61,700	85,028	71,600
Common stocks	90,099	85,000	94,657	122,600
Investments in common trust funds.....	228,809	355,500	228,809	228,800
	<u>\$403,936</u>	<u>\$ 502,200</u>	<u>\$ 408,494</u>	<u>\$ 423,000</u>

FRONTIER NURSING SERVICE, INCORPORATED
STATEMENT OF CONTRIBUTIONS PLACED IN TRUST
April 30, 1974 With Comparative Figures for 1973

	April 30, 1973	Additions During Year	April 30, 1974
Norah Oliver Shoemaker Memorial Baby's Crib	\$ 5,000		\$ 5,000
Children's Christmas Fund in Memory of			
Barbara Brown	1,000		1,000
Donald R. McLennan Memorial Bed	12,750		12,750
Margaret A. Pettit Legacy	1,954		1,954
Jane Short Atwood Legacy	7,500		7,500
Mrs. John W. Price, Jr. Fund	10,800		10,800
Winfield Baird Foundation	105,000		105,000
Mrs. Henry Shipman Legacy	24,398		24,398
Wilsn Neel Memorial Baby's Crib	1,462		1,462
Jessie Preston Draper Memorial No. 1	15,000		15,000
Jessie Preston Draper Memorial No. 2	185,000		185,000
Joan Glancy Memorial Baby's Crib	5,000		5,000
Isabella George Jeffcott Memorial	2,500		2,500
Belle Barrett Hughitt Memorial	17,000		17,000
Bettie Starks Rodes Memorial Baby's Crib			
John Price Starks Memorial Baby's Crib	10,000		10,000
Mary Ballard Morton Memorial Wing	85,251		85,251
Marion E. Taylor Memorial	10,000		10,000
Fanny Norris Fund	10,000		10,000
Marie L. Willard Legacy	3,127		3,127
Mrs. Charles H. Moorman Fund	1,100		1,100
Lillian F. Eisaman Legacy	5,000		5,000
Lt. John M. Atherton Memorial	1,000		1,000
Mrs. Morris B. Belknap Fund	26,375		26,375
Elisabeth Ireland Fund	22,458		22,458
Elizabeth Agnes Alexander Legacy	5,000		5,000
Richard D. McMahon Legacy	943		943
Mrs. W. Rodes Shackelford in Memory			
of Her Two Children	15,000		15,000
Hattie M. Strong Memorial	10,000		10,000
Beulah Bruce Brennan Memorial	2,000		2,000
Anna R. Gooch Memorial	16,625		16,625
Jeannie B. Trull Legacy	33,253		33,253
Frances Kendall Ross Legacy	17,100		17,100
Elizabeth Sherman Lindsay Memorial	5,000		5,000
Helen N. and Beatrice A. Wilson Fund	10,000		10,000
Sophia Cogswell Stiger Memorial	23,401		23,401
Dr. Charles N. Kavanaugh Memorial	1,000		1,000
Margaret C. Breckinridge Legacy	3,000		3,000
Mary Hallock Armstrong Legacy	2,000		2,000
Winifred Irene Leckie Memorial	1,000		1,000
Lena G. Anderson Legacy	7,223		7,223
Lisette Hast Legacy	10,944		10,944
Edward S. Jouett Legacy	1,000		1,000
Herman Bowmar Fund	1,000		1,000
Mrs. Henry James Legacy	5,000		5,000

FRONTIER NURSING SERVICE, INCORPORATED
STATEMENT OF CONTRIBUTIONS PLACED IN TRUST
April 30, 1974 With Comparative Figures for 1973

	April 30, 1973	Additions During Year	April 30, 1974
Jean Hollins Memorial Fund	5,286		5,286
Anne Steele Wilson Memorial	2,993	50	3,043
Mary Churchill Humphrey Fund	1,001		1,001
Mrs. Bissell Carey Legacy	5,000		5,000
Dr. John M. Bergland Memorial	1,000		1,000
Edward C. Wilson Legacy	49,250		49,250
Ann Allen Danson Fund	3,432		3,432
Helen Rochester Rogers Legacy	5,000		5,000
Virginia Branham Memorial	15,074	2,035	17,109
Mrs. Herman F. Stone Fund	2,000		2,000
Annie Wallingford Anderson Memorial	5,100		5,100
Mrs. Edna C. Lapham Fund	15,250		15,250
Edith M. Douglas Legacy	10,000		10,000
Adeline Shaw Martindale Legacy	82,718		82,718
Flora G. Fletcher Legacy	39,753		39,753
Fannie B. McIlvain Memorial	3,015		3,015
Catharine Mellick Gilpin and Roger D. Mellick Memorial	5,296	75	5,371
William Nelson Fant, Jr. Memorial	78,350		78,350
Lucie Wilshire Graham Memorial	17,021	700	17,721
Mrs. Abigail Hodges Trust	1,000		1,000
Anna Marshall Miller	42,300		42,300
Elizabeth B. Perkins Legacy	152,972		152,972
Eliza Davitt Hartley Legacy	150,000		150,000
Cordie M. Williams Legacy	458,254		458,254
Margaret H. T. Hunt for Caroline H. P. Thornton Memorial	1,000		1,000
Anonymous (Bankers Trust Co., N.Y., Trustee)	137,496		137,496
Elizabeth Canby Bradford duPont Memorial	40,000		40,000
Louie A. Hall Legacy in Memory of Sophronia Brooks	26,834		26,834
Marion S. D. Belknap	175,000		175,000
Elizabeth M. Anderson Memorial	4,839		4,839
Margaret Norton Davidson Legacy	10,000		10,000
Louise Clark Whitaker Memorial	2,654		2,654
Mrs. Louise D. Crane	4,000		4,000
Mrs. Frederic Moseley Sackett	10,000		10,000
Mrs. Eliza A. Browne	16,000		16,000
Winfield Baird Fund	550		550
Lillie McGinness	4,797		4,797
Harriet H. Grier	5,000		5,000
Maurice S. Miller	5,000		5,000
Leila A. Morgan	5,000		5,000
Eliza Davids	6,000		6,000
Bertha G. Woods	13,029		13,029
Doris A. Farrington	4,920		4,920
Mrs. E. A. Codman	2,000		2,000

FRONTIER NURSING SERVICE, INCORPORATED
STATEMENT OF CONTRIBUTIONS PLACED IN TRUST
April 30, 1974 With Comparative Figures for 1973

	April 30, 1973	Additions During Year	April 30, 1974
Mrs. Irving E. Raymond	4,000		4,000
Mrs. George M. Toewater	12,418		12,418
Mrs. Oswald Villard	1,000		1,000
Leila M. Weeks	2,469		2,469
Frances Margaret Bradford	5,000		5,000
William E. Brigham	10,000		10,000
Mrs. Polk Laffoon	1,000		1,000
Mrs. W. Garland Fay	1,000		1,000
Mrs. Louise W. Breckinridge	2,000		2,000
Elizabeth R. Hooker	5,000		5,000
Mable H. Dwiggin	5,000		5,000
Margaret McLennan Morse	5,000		5,000
George B. McLaughlin	2,500		2,500
May Kirtland	5,000		5,000
Rosamond B. Rheault	5,000		5,000
Mrs. Harriett D. Cummings	1,000		1,000
Annette VanBezey	1,000		1,000
Elsie Foerderer	2,000		2,000
Ernestine M. McPherson	9,270		9,270
Frances K. M. Bowdoin	5,000		5,000
Edna Patten Jennings	133,885		133,885
Franklin Bruce McKillip	7,398	468	7,866
Katherine B. Tower	1,000		1,000
Betsy Ware Adams	10,000		10,000
Mildred Horberg	1,871		1,871
Walter G. Ross	25,000		25,000
T. S. Powell	2,390		2,390
Edith D. Wright	1,000		1,000
Peter R. Ehrlich	694		694
Mary G. Lansdale	2,000		2,000
Margaret S. Bigler	1,500		1,500
Mrs. Betty Errett Estate	1,000		1,000
Charles H. and Donald R. McLennan Memorial	11,649	304	11,953
Jean S. Ramsay Estate	5,000		5,000
Florence O. Padgett Legacy		7,941	7,941
Sarah Minis Goodrich Legacy		60,015	60,015
Almeda Spangel Legacy		16,624	16,624
Rose M. Starratt Legacy		5,000	5,000
TOTAL CONTRIBUTIONS PLACED IN TRUST	\$2,653,392	\$93,212	\$2,746,604

FRONTIER NURSING SERVICE, INCORPORATED
LEXINGTON, KENTUCKY
STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID
May 1, 1973 to April 30, 1974
SUMMARY

	Contributions	Benefits and Bargain Box	Total
Baltimore Committee	\$ 909.00	\$	\$ 909.00
Boston Committee	12,401.98	8,000.00	20,401.98
Chicago Committee	5,633.73		5,633.73
Cincinnati Committee	20,383.47		20,383.47
Cleveland Committee	40,231.43		40,231.43
*Daughters of Colonial Wars	7,915.45		7,915.45
Detroit Committee	10,880.00		10,880.00
Hartford Committee	5,081.09		5,081.09
**Kentucky:			
Blue Grass Committee	12,902.63		12,902.63
Louisville Committee	19,321.77		19,321.77
Miscellaneous State	13,925.93		13,925.93
Minneapolis Committee	2,483.25		2,483.25
New York Committee	76,439.57	2,734.70	79,174.27
Philadelphia Committee	13,442.66	4,765.30	18,207.96
Pittsburgh Committee	49,323.93		49,323.93
Princeton Committee	1,077.04		1,077.04
Providence Committee	566.50		566.50
Rochester Committee	1,497.66		1,497.66
Washington, D. C. Committee	17,196.20		17,196.20
Miscellaneous	24,060.01		24,060.01
Sub-Totals	\$335,673.30	\$15,500.00	\$351,173.30
Less Transfer to Endowments	860.00		860.00
TOTALS	\$334,813.30	\$15,500.00	\$350,313.30
*Donations from various state chapters.			
**Total for Kentucky:	\$ 46,150.33		\$ 46,150.33

II REPORT OF OPERATIONS

The data in this section are supplied by the record departments of the Frontier Nursing Service at Hyden and Wendover, and by records kept on guests and volunteer workers.

1.

INTRODUCTION

During the summer of 1973, we were fortunate to have two distinguished physicians working with us, and allowing our staff physicians to take some vacation. Dr. Robert Oseasohn, Professor of Community Medicine at Houston, and his wife, Ceil, a graduate of our School, volunteered their services for the month of July. Dr. Myron Gananian from Palo Alto Clinic in California brought his family to Kentucky. They spent six weeks at Hyden.

We added a pediatrician to our staff in July when Dr. and Mrs. Thomas Lynch arrived with their daughter, Tammy. Mrs. Lynch (Becky) soon entered the Family Nurse Program and became a clinical instructor after graduation.

Dr. J. Huston Westover served us well as our Medical Director for over a year before he decided to return to his native New England so that he might enjoy the home he built in Vermont. His wife, Jane, gave us her valuable services by cataloguing the library books for the School of Midwifery and Family Nursing. We will always be grateful to Dr. Westover for finding his successor while he was still with us. Dr. Frank Lepreau, an eminent surgeon with wide experience, including nine years in Haiti, became Medical Director in February.

Dr. Anne Wasson, our Director of Clinical Services at Hyden, continues to work hard at keeping up the high standards of education and service of the Family Nurse. Much of her time is devoted to review and utilization of nursing work in the field. Her knowledge of standards for accreditation is invaluable to the whole FNS.

Dr. E. Fidelia Gilbert and the nurse-midwives are indebted to Dr. John Duhring of the University of Kentucky who helps us keep abreast of up-to-date obstetrical techniques, in order that our mothers may have the best care available.

We continue to be grateful for the help and encouragement we

receive from many areas. We mention especially Dr. Thomas Nuzum from the Medical Center at the University of Kentucky for his valuable contribution to our education program. He lectures the Family Nurse students and enlists the interest of other medical faculty members in sharing their knowledge with our students. Mrs. Jean Nuzum continues to give us her services as consultant in Social Service.

Pediatricians from the University of Cincinnati come once a month to Hyden to help with the care of many of our children. Dr. David Stevens and Dr. Elmer Pruitt each hold a monthly clinic in orthopedics and ophthalmology at Hyden Hospital. The Family Nurse students learn much from these specialists who teach as they work. Two physicians from Hazard have given of their time to give lectures to the students, Dr. William Keck, Kentucky River District Health Officer, in epidemiology, and Dr. Virginia Fairchild, Director of the Kentucky River Comprehensive Care Center, in psychiatric problems of rural areas.

We can take pride in the knowledge that we have an organization in which members of the health team are dedicated to providing good primary health care, and in so doing are constantly learning from each other.

Trudy Isaacs, our Education Director, and Alice Westover, Medical Care Administrator, gathered reams of reports for the PRIMEX Research Symposium. The purpose of the meeting was for evaluation of the various PRIMEX programs involved in preparation of the nurse to work in an extended role. Two research reports were helpful in the presentation of the FNS program. The University of Wisconsin Health Economics Research Center sent two observers to FNS to spend two weeks gathering information about the role and activities of the Family Nurse. Dr. Marion Pearsall, anthropologist at the University of Kentucky, spent several weeks with us during the fall. She trained two FNS volunteers to interview families in order to discover their attitudes to health care. The data gathered will serve as a base for continuing study and health program development. The profile of the community will be incorporated into Dr. Pearsall's new book.

2.

HYDEN HOSPITAL

Hyden Hospital—licensed to operate 16 beds—with 12

bassinets and two incubators, was occupied 6,125 days last year by 1,623 patients of which 199 were newborn. There was a daily average of 16.8 patients, including newborns, and the average stay per patient was 3.8 days. There were 11 deaths in the Hospital of which 1 was a newborn. There were no maternal deaths. One hundred ninety-eight operations were performed. Consultations were obtained on 183 inpatients, 74 inpatients were transferred to other hospitals for specialist care, 1 inpatient was transferred to an extended care facility, and 380 patients were referred to the district nurses for follow-up care at home.

In the busy outpatient clinic attached to the Hospital, 25,163 patient visits, of which 2,550 were through the emergency room, were recorded during the fiscal year with an average of 62 visits per day. X-ray examinations (procedures) totaled 3,297, 899 EKGs were done, and the Laboratory handled a total of 29,672 procedures.

3.

DISTRICT NURSING

In the 12 districts operated by the Service from the Hospital, Wendover, and five outpost centers, we attended 11,231 persons in 3,203 families. Of these, 4,334 were children and babies. The district nurses paid 14,100 and received 20,455 visits at their nursing centers and special clinics. Health education for the families has continued to be an important aspect of district nursing.

4.

MIDWIFERY

Registered Cases

The nurse-midwives, and the students of the Frontier School of Midwifery and Family Nursing (under the supervision of their instructors) attended 204 women in childbirth and gave them full prenatal and postpartum care. Of these 204 women, 19 were delivered by a physician. There were 192 live births; 2 deliveries of twins; 213 new cases admitted; 176 closed after postpartum care; 12 miscarriages; 2 stillbirths. There was no maternal death.

Emergency Cases—Unregistered

In addition to the regular registered maternity cases, the physicians and the nurse-midwives were called in for 23 emergen-

cy deliveries, where the mother had not registered or been given prenatal care, which resulted in 3 live births and 20 emergency miscarriages (15 early, 5 late). There was no maternal death.

Outside-Area Cases

There were 44 women from outside our area who were carried for prenatal care. Of these 10 were closed before delivery. Most of our outside-area patients move into one of the districts or to Hyden Hospital for delivery. In that case they are transferred to the regular midwifery service.

5.

FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING

At the close of the 49th fiscal year, 20 registered nurse students were enrolled in the three trimesters of the Frontier School of Midwifery and Family Nursing. During the year 13 students, 3 of whom were already nurse-midwives, completed Family Nursing I; 4 completed Family Nursing I and II; and 13 students completed all three trimesters leading to a certificate in nurse-midwifery. In its educational program for nurse-midwives, the FNS has graduated 426 students since the School was begun in 1939. An additional 37 students have completed the first or the first and second trimesters since Family Nursing was added to the midwifery curriculum in 1970.

We continue to be deeply grateful for the hours of time given by health professionals who have come to Hyden to share their knowledge and experience with the students in lectures, seminars and clinics.

6.

SOCIAL SERVICE DEPARTMENT

During the fiscal year 401 social service visits, representing actual patient contacts, were made. In addition, frequent and numerous consultations were conducted on behalf of patients. New patients were added to the social service caseload and activity continued on behalf of many long-term cases.

The social worker functions in at least four roles: (1) acts as a counselor to those needing support to cope with problems of living; (2) helps locate and refer patients to needed resources; (3) serves as the liaison between the patient and the resource; and (4) works with the medical and nursing staff to plan the disposition of cases involving social problems.

The Social Service Department continued to maintain contacts with the various local and regional service agencies, among them the Comprehensive Care Centers; the new Kentucky Department for Human Resources with its Bureau for Social Insurance, Bureau for Social Services, and Services for Physically Handicapped Children; the University of Kentucky Medical Center and Children's Hospital in Cincinnati. Social Service arranged for the distribution of used clothing and, with the Courier Service, provided transportation for patients both in and outside the county. Patients are asked to help meet the cost of transportation and pay a nominal sum for the clothing, just as they are asked to help meet the cost of their medical and nursing care.

In addition to services to patients, the social worker was available for consultation with the medical and nursing staff on individual patient problems and helped the staff gain a working knowledge of the resources in the area. Supervision to Social Service was provided by Mrs. Jean Nuzum, M.S.W.

7.

VOLUNTEER WORKERS

Dozens of volunteers, including couriers, physicians, nurses, students and secretaries, gave thousands of hours of work during the year. They have been of immeasurable help to the medical and nursing staff and in the administrative offices.

8.

GUESTS FOR OBSERVATION AND STUDY

As in other years, the Service has entertained guests, for observation and study of its work, from many areas of the world. During the past two decades, health professionals have come to the Kentucky mountains from some 60 countries and from all six continents. The widespread interest in an expanded role for the registered nurse has continued to bring us professional guests from many other parts of the United States.

9.

CHRISTMAS

The Frontier Nursing Service held Christmas parties throughout its area for more than 4,000 children under its care, with Santa Claus, Christmas trees, carols and Nativity tableaux. The parties were made possible by generous friends who remember the children each Christmas.

III

FORTY-NINE YEAR TOTALS

It will be of interest to our readers to see a few totals covering the whole forty-nine year period of work.

Patients registered from the beginning	64,550
Children (including babies under 1 year)	38,859
Adults	25,691
Maternity cases (reg.) delivered	17,053
Maternal Deaths, 11 (9 puerperal, 2 cardiac)	
Patients admitted into Hyden Hospital*	43,663
Number of days of occupation in Hyden Hospital	271,789

*For 45 years and 6 months. The FNS Hospital at Hyden was opened in the fiscal year 1928-1929 and operated only six months in that year.

CONCLUSION

History shows the FNS to be a strong organization. With the help of its many friends in and beyond the mountains, it has won battles against fire, flood and famine. The uniqueness of the organization, in that it was begun by a nurse with nurses working in an extended role, as nurse-midwives, is of real significance today when there is much discussion over who and what should deliver primary health care. We continue to demonstrate that the nurse with the right preparation and appropriate medical back-up is the best guardian of the family's health.

During the past year we have concentrated on strengthening the administration of FNS. The Board of Governors has committees, each of which is responsible for specific aspects of the work. We have recruited a controller, a key staff member in these days of inflation and an ever-increasing budget. Early in the new fiscal year a development director and a hospital administrator will join the staff.

As we look back over nearly fifty years of FNS history, we have a sense of humility and deep appreciation for all those who have helped make the organization what it is today. We make plans for the future in order to fulfill the aims as outlined in our charter; "To advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens."

Thanks to the support from our thousands of interested friends, we have the freedom to think and to plan wisely. With the help of the many health professionals who come to work and

study with us, and then move on, we are able to provide good family health care to other areas of need both here and abroad. We go forward with this hope in our hearts.

MARVIN BRECKINRIDGE PATTERSON
(Mrs. Jefferson Breckinridge Patterson), Chairman
EDWARD S. DABNEY, Treasurer
HELEN E. BROWNE, Director

BEWITCHED BY FAIRY TOADSTOOLS

Walking through the Dutton Valley, in the Lake District, last autumn we passed two motor cycles parked; nearer the river we met two youths in brass-studded leather jackets. 'Would you like to see something?' one asked us. In some trepidation we followed them and in a grassy clearing they pointed to a sizeable colony of fly agaric, their white-spotted scarlet caps looking so beautiful that these boys had to share their pleasure. 'We thought they were just in fairy tales,' they said. *Mrs. A. M. Brown, Buckinghamshire.*

The Countryman, Summer, 1974, Edited by Crispin Gill,
Burford, Oxfordshire, England.

Annual subscription for American readers
\$5.50 checks on their own banks.

Published quarterly by *The Countryman*,
23-27 Tudor Street, London, E.C. 4.

FORTY-NINE AND A HALF YEARS LATER

by Verna M. Potter, R.N.

To a romanticist such as I am, the history of FNS, the pregnant wonders of its early conception, the physical hardships in the creeping stage, its rugged and beautiful childhood, and its development into the most unique and extraordinary body extant in the world today, fill me with respect and admiration for the pioneers of this Service. The pioneers—Mrs. Mary Breckinridge, a woman with vision and the stimulus to use her phenomenal organizing ability and the courage to begin at the beginning and learn each step she must take to implement her vision; her friends and relatives, who heard her, recognized the merit in her vision, and supported her efforts; the isolated people of the area of her vision, who, when they learned Mrs. Breckinridge was truly and sincerely their friend, offered all the help they could muster to bring her plans for their benefit to fruition.

And the nurse-midwives! Those adventurous and highly skilled women, who came from England or were trained in England and without whom the whole daring plan would have failed, formed the nucleus of service and health education which has grown into the living, breathing, and ever-expanding tribute to the visionaries of the past.

From the windows of my room in Garden House at Wendover, I see the same physical features—North Mountain, on the far side of the Middle Fork of the Kentucky River (whose high waters have given so many problems in the past), the beech trees, the black walnut trees, the gardens of Wendover with blossom patches and more practical vegetable patches, the cocky cardinals, the bright goldfinches, the hummingbirds in the mimosa trees, the quick flash of the painted bunting, and the multi-colored butterflies. The unused stable from which the last horse was finally taken only a few months ago stands in picturesque harmony with the hillside, haunted, I am sure, by the memories of those wonderful horses who shared the dangers and delights of the nurses and couriers who rode them.

My senses tell me that the philosophy upon which this humanitarian and sensitive structure was built remains the same with the positive addition of forward motion with the times. Young women, who are doing their "thing" preparing to go out

into the medically anemic parts of this country and the world, bring their love of service to less fortunate peoples, their generous natures, and their willingness to learn everything the Service has to offer. They don't vocalize; they act. This truly reflects the service-oriented attitude of those who came in the beginning.

After the reins of Directorship had fallen from the stilled hands of Mary Breckinridge in 1965, they were taken up by Helen E. Browne, trained and experienced in every branch of the Service. Who am I to comment on the brilliance, competency, charm and grace she has brought to its leadership! The accomplishments of Helen Browne and those who have served with her are proof of their dedication to preserve and protect its ideals, and to project this Service into its 50th year, offering the best service possible to the people of this Appalachian area, providing training to those who wish to go far afield on missions to aid others, acting as consultants to other agencies, and bringing those, whose especially difficult medical problems are beyond solving at FNS, to the "outside" where they can be evaluated and treated by specialists.

Brownie, as the Director is irreverently but affectionately called by everyone at FNS, has been taking all those firm steps in the direction of sharing the special skills and the special knowledge which have become the heritage of FNS with those outside the FNS territory. Steps such as the development of the Family Nurse School, for the establishment of which she brought on Gertrude Isaacs, a Doctor of Nursing Science and an FNS graduate in midwifery, and W. B. Rogers Beasley, M.D.; the development of departments of supportive sciences, such as pharmacy, laboratory and x-ray; the building of a staff of physicians, such as Dr. E. Fidelia Gilbert, Dr. Thomas J. Lynch, Dr. Anne Wasson and Dr. Frank J. Lepreau, Jr., all of whom serve with the selflessness and dedication in union with the philosophy of FNS; the erection of a new and modern hospital in which the healing arts can be practiced in greater volume and a little more comfort for patient, physician, nurse, and nurse-midwife; the involvement of a former courier at FNS, Nancy Dammann, who worked with AID in Asian countries for twenty years and has the ability, the vigor, and the experience to act as consultant in half-a-dozen departments as well as contributing her experience in journalism; the bringing on of senior medical and nursing

students from several nursing and medical schools for the intense service they give and, in the ideal of sharing, for the extraordinary experience they receive. There are many other accomplishments, I know, of which I am not personally aware. Of these I have personal knowledge.

The outpost clinics stand as a reminder that this is an area of hills and valleys, of creeks and forks and branches and rivers, of forests and mists-in-the-morning and copperheads and rattlers. They will continue to stand and to be staffed by family nurses who drive their jeeps to remote homes, hold clinic hours to treat those who need their services, schedule the special clinics for the Medical Director, the Gynecologist, the Pediatrician, or the Family Physician, and arrange the appointments to the clinics at Hyden Hospital where all manner of consultants are invited to attend their specialties, and keep the obstetrical patients in close touch with the midwifery and family planning departments. With the advances of modern living, the housekeeper-cook is no longer with them. A full time local secretary has been added to each outpost. Electricity—for freezers, refrigerators, ranges and lighting—has eliminated the cows and butter churns and kerosene lamps. Jeeps have effectively put the horses back in the bluegrass country. Improved roads have made travel easier and quicker. And telephone and radio communication have solved the problems of isolation from consultation during a medical emergency.

Wendover, the heart of FNS, and where it is my good fortune to be stationed, houses the record keeping people and equipment, some of the senior staff officers, and several secretaries whose business it is to keep the whole operation glued together. As year 50 approaches, many of those employed here in the Garden House at Wendover and in the Big House are "FNS babies" themselves. Some are now wives and mothers, too, in the FNS tradition.

You "old couriers" (new ones, too) can relax now. I've saved you for last and certainly not least in service and love for FNS. In the short time I've been here, the college age young ladies who have volunteered their vacation times to come down to Kentucky and work (even without horses, it's work!) have impressed me with their whole hearted efforts to become an integral part of the whole picture. Perhaps the best illustration I can give is the thought of Polly Hancock which she expressed just before she left to go back

to school. With her eyes shining and the words tumbling over each other, her thought was that FNS is like a star with a million points, each one growing out of its center, FNS. Learning to drive jeeps over rough country to visit people who cannot get out; going into a remote area to shampoo the hair of a woman who is paralyzed; doing the shopping for Wendover and the Hospital; going on safaris to Cincinnati or Lexington with the big hospitals their destination and someone in need of help as their passengers; on call day and night (and sometimes Sundays, too) for the particular emergency that might mean their help is not only sought but necessary; and for fun visiting the clever people who make quilts by hand in lovely patterns and fashion rocking chairs and foot stools and many other lovely things of the native wood; and sharing their experiences in the field with those of us who meet at the Big House for dinner in the "dog trot" every evening. When she left, Polly said, "And I'll be a senior courier when I come back next year!"

Yes, the tradition of service by the couriers is being upheld by the new generation of young people. The infectious spirit of cooperation and willingness strikes quickly at Wendover, and it affects all of us. It is a joy to have The Couriers (capital letters on purpose) plan on coming back to visit (or to serve again) the many friends they have made.

Forty-nine and a half years later, moving to the half century mark, moving with the strength and dignity of maturity, FNS strives to fulfill all the objectives of its original visionary, Mary Breckinridge, and God willing, that time is not far off.

Wirksworth old-timer, to an Australian visitor, 'I thought 'ee coom from foreign parts. 'Ee go' foony way o' torkin' an yer.'

—*The Countryman*, Summer, 1974, Edited by Crispin Gill,
Burford, Oxfordshire, England.

OLD COURIER NEWS

Edited by
Juanetta Morgan

From Mimi Salisbury, Northeast Harbor, Maine

—July 1, 1974

I want to thank all of you for what you shared with me. The FNS is a remarkable way of life and I can't tell people enough about its strengths. I find myself working seven days a week—six days here in the store and two nights in the emergency room at the hospital.

.

From Nancy Oseasohn, Montreal, Canada—July 3, 1974

We've moved to Montreal and I'm up here for the summer. Both Mom and Dad have started working. I'm taking a ceramics course right now. Next week we're going to be firing some things so I'm eager to see what comes out. School went well last year but I must admit I'm glad for the summer vacation.

.

From Jane Kennedy Strand, Frankfurt, Germany

—July 9, 1974

I read the *Quarterly Bulletin* with great interest and have wonderful memories of my time spent as a courier in 1963. It's hard to imagine Wendover without horses!

At the moment we are living in Frankfurt, Germany. My husband is doing his two year military duty—he's a general surgeon stationed at the army hospital here. We have three wonderful children—adopted, interracial—ages five, four and two. We live in a small German community outside of Frankfurt and the children have learned the language well and are really having a great time. We're enjoying the cultural experience and have been able to do quite a bit of travelling.

I hope that we will be able to visit Wendover and Hyden on our return to the States. I think about you all often and am pleased that the new hospital is progressing.

.

From Laurie Wakeman, Durham, Connecticut

—July 15, 1974

I am definitely going to Sweden in August and I have been accepted at Uppsala University.

. . . .

From Carol Wyeth in England—August 1, 1974

Europe has been an unbelievable experience! I loved Austria the most, but had terrible weather there. Am now bicycling in England—the Cotswolds. We rode through Cheddar Gorge today and take a train to Cornwall tomorrow, then go on to the Lake District, returning to London on the 13th and leave on the 15th.

Susie Rogers, a former courier, is one of our leaders and she sends her best.

. . . .

A BABY

Born to Mr. and Mrs. Thomas Short (Florence Lincoln) a son, Benjamin Lincoln, on June 5, 1974, weight 9 lbs.

The instant the woman entered the department store, a band struck up, a corsage was pinned to her coat, \$100 was thrust in her hand, and she was blinded by photographers' flash bulbs and television lights.

Pumping her hand, the manager explained excitedly, "You're our one-millionth customer!" He grinned broadly for the TV cameras, then asked the grim-faced woman, "Now, ma'am, will you tell all of our friends out there which department you're going to today?"

"I'm going," she replied, "to Complaints."

—*Modern Maturity* August-September 1972

A MEDICAL STUDENT LOOKS AT FNS

by John Leland Grant

(John Grant, a senior medical student from Ohio State University, spent two months with the Frontier Nursing Service in the summer of 1974, and prepared the following report for his Community Medicine course.)

Hyden, Kentucky, is a small town in southeastern Kentucky. It lies hidden in the western slopes of the Appalachian Mountains and serves as the county seat of Leslie County, one of the poorest areas in the United States. The main economic resources of the county are coal mining and lumbering.

Nearly fifty years ago Mary Breckinridge, a native Kentuckian, established the Frontier Nursing Service in Leslie County. She was a nurse trained in the United States and, after the first world war, she studied midwifery in England. Endeared to her own native state and aware of the desperate poverty of the southeastern counties, she set about searching for a location to commence the first, and for some years, the only professional nurse-midwifery service in the United States.

The present day Frontier Nursing Service (FNS) is a direct outgrowth and development of the early efforts of Mrs. Breckinridge. The scope of the FNS is wide ranging. Presently it offers graduate nurses a twelve month training program in family nurse practice and nurse-midwifery. Plans are in the making for developing an affiliation with a nearby university. FNS is also largely responsible for the comprehensive family medicine which the residents of Leslie and adjacent areas of other counties receive.

The organization and structure of FNS is such that the Hyden Hospital is geographically central and the district nursing stations are located on the periphery of the county in a radial fashion. These stations, which are well constructed houses built in the 1930's, serve both as residence for the nurses who operate them and clinic area for the local residents who present there during the regularly scheduled clinic hours of the week. The nurses, besides holding clinic, make home visits to patients who are debilitated and in special need of nursing care outside the confines of the hospital proper.

During the interview and exam the nurse performs in the district clinic or during a home visit, she assesses each medical and surgical situation and decides whether it falls within the competence of her experience and the limits set by the book of directives drawn up and revised by the FNS medical and nursing staff for this purpose. Most problems encountered in these routine clinical settings can be handled by the nurse practitioner directly or with a medical consult by phone. If, however, the problem is complex and in need of medical evaluation, she sends the patient to the Hyden Hospital clinic where the patient is examined and treated by one of the physicians. This system allows for a maximum of available medical treatment and counseling for the people in the county, while at the same time it "frees up" the physicians for attending to the more serious problems. The people of Leslie County accept this system with much confidence, and from the available evidence, a fairly high grade of medical care is afforded this physician-poor area.

In the area of maternal-child care, Mrs. Breckinridge's most central concern, the FNS has served the people well. All pre- and postpartum exams and all normal deliveries, i.e., most deliveries, are conducted by the nurse-midwives and midwifery students of FNS. Pregnancies with unusual complications, such as a mother who is a "brittle" diabetic, are followed and delivered by the University of Kentucky obstetrical staff in Lexington. There is an obstetrician on staff at the FNS who works fulltime in the teaching of the midwifery students and who attends all difficult deliveries at the Hyden Hospital. To the credit of FNS midwives, since 1952 there has not been one maternal death in many thousands of deliveries and this in an area of the United States where the home with running water and indoor plumbing is not yet a universal reality. Most deliveries nowadays occur within the Hyden Hospital, but in special cases where the parents desire it, home deliveries are still conducted.

In cases where a premature baby is delivered and a special "premie" intensive care unit is required, Children's Hospital in Cincinnati, Ohio, dispatches a specially equipped helicopter to Hyden. The medical team the vehicle transports can be brought to the hospital inside of an hour and a half and the premature infant is monitored and attended with all the sophisticated means of modern medicine from the time it is taken to the helicopter. This

system has proved very effective in the few situations that it has been called upon.

The Hyden Hospital clinic has a special pediatric division headed by the staff pediatrician. Here well-baby and -child exams are conducted at no cost to the parents. With the aid of a pediatric nurse, routine immunizations, exams and education in the proper hygiene and care of children are afforded to young families and numerous children who would otherwise go without medical attention except in the most dire situations. Once a month senior residents in pediatrics come from Cincinnati to conduct a special clinic where children with developmental and congenital problems are brought. Referrals for appropriate consultations are arranged through these visitations.

The present medical staff of the FNS is made up of four physicians: a family practitioner, a pediatrician, a general surgeon and an obstetrician. These physicians have formed a group practice where general clinic and inpatient responsibilities are shared and in which each physician takes to his own charge patients who need his particular expertise. Each physician, likewise, has responsibilities in the formal and informal education of the nurse practitioner and midwifery students and is intricately involved in the development of the training program.

Besides the FNS, Leslie County is also served by a county public health system. Through this agency routine screening for TB is offered and public funding for people with inadequate means is available with proper certification of need. There is some duplication of function in the screening and special clinics available through the county health association and FNS, but generally speaking, the comprehensive family medical needs of the people are met through the FNS, whereas epidemiologic studies and limited medical services are conducted by the public health organization. The two services have an open line of communication and appear to benefit one another in their separate roles.

The questions of change and redefinition of goals, that arise for every functioning unit, have thrust the present day FNS into a new era of expansion. The management consultant firm Booz-Allen and Hamilton conducted a study of FNS which was published in 1969. In the study, the firm recommended developing a more modern facility for health care delivery and education to

replace the present inadequate, outdated building, and advised laying down the groundwork for phasing the present nurse-midwifery certificate programs into a Master's program. The recommendations were delivered with a planned program estimating the costs for expansion and the various resources for these funds. In 1974 many of the recommendations are coming to realization. Later this year a new forty-bed hospital with modern laboratory and radiological facilities will be opened. The educational program, formerly only six months in duration, now requires more than twelve months of in-class and practical education. Ties with the University of Kentucky are being strengthened with the possibility, in the not too distant future, that the two institutions will affiliate to offer a graduate program leading to a master's degree.

With these new developments in the FNS the residents of Leslie County will have at their disposal a modern, efficient medical care facility which at the same time offers the personalized service that has characterized the FNS these fifty years. With an educationally competitive program this institution of world renown will continue to attract from all over the United States young, adventurous nurses which have been its mainstay from the beginning.

The FNS is a living, functioning example of the effective, personalized health care delivery system which is possible through the judicious use of the talents of physicians and physicians' assistants in an impoverished area of the United States. Indeed, the humanitarian dreams of a nurse almost a half century ago have come to full fruition in the FNS and are as valid and practical in these times as in her own.

OLD STAFF NEWS

Edited by
Eileen H. Morgan

From Connie Freier Sterbenz in Wanakena, New York

—April, 1974

Through the Bulletin, I keep up with the place where I spent many of the happiest days of my life. FNS seems to be moving ahead and doing great things. I'm sure you are busier than ever.

My husband and I have moved to "North Country," New York, where Casey teaches forestry. We have adopted a baby girl, Patti Jean.

I have started working in our 29-bed hospital in Star Lake and I am also beginning to teach Lamaze childbirth education classes. I am applying to become an accredited childbirth teacher through ASPO.

We are happy in our home in the north woods, but I sometimes long for the warmer days and nights of southern Appalachia and some day we hope to retire in that area.

Regards and best wishes to you in all of your hard work at FNS.

. . . .

From Mary L. Hollins ("Holly") in Knighton, Radnor,

Wales—May, 1974

While passing over the U. S. from Los Angeles to New York last Sunday-Monday night, how I wished I could have dropped in to see everyone!

I left New Zealand last Sunday and I do not know yet whether it is to be for good. If not needed here I should certainly like to go back. It was terribly hard to leave the hospital in November where I had been for seventeen years.

I was able to see Bridget (Ristori) Francois before leaving. She gave hospitality to me and a friend from England in February as we set out on a tour of the South Island. It was so good to meet her again and have time to spend with her. She is very busy all day long with work for the Save the Children Fund.

I am still with my sister in London. Next week I get up to Wales with my brother. I will be glad to see Denny and Kelly and everyone again after all these years.

Love to all I know.

From Ruth May in Halifax, Nova Scotia, Canada

—May, 1974

Outpost Nursing continues to go well. We have just graduated another good class of nine students. Eight graduates are going to northern Canada nursing stations and the ninth to a remote mission hospital in Nigeria.

My little Alison is three now and, as a friend remarked, in love with living. Some day she has got to be introduced to the wonderful world of FNS. (See *Babies*.)

My very best to you all.

. . . .

From Marie Sullivan in Boa Vista, TF Roraima, Brazil

—May, 1974

Things are extremely busy here these days as a terrible flu hit about three weeks ago. The majority of the Indians have developed pneumonia, but, thankfully, we've not lost anyone from it.

My greetings to all at Wendover.

. . . .

From Bobbie Hunt Bane in Fairport, New York

—June, 1974

I imagine that the new hospital will soon be going full force.

The boys want me to bring them down this summer and I would truly love to, but time won't allow. We will be at Canandaigua Lake one week, Todd will be at a YMCA camp in the Adirondacks for two weeks and after that he has to be around for football try-outs and practices. Then school will be upon us again.

Troy played in Little League this spring and made the All Star team, so he is very happy about that. They're both growing very fast. Todd goes to Junior High this year and Troy into 4th grade.

I took a quilting course this spring, so I am in the midst of that project. I wish I had bought more quilts when I was down there.

. . . .

**From Alice Campbell in Chichicastenango, Guatemala,
Central America—June, 1974**

I'm still working at the Good Samaritan Hospital in

Chichicastenango in charge of the training program. Six Indian young people finished the one-year training last January and are now working full time in our hospital.

I'll be going to the USA for six months beginning this August.

I always look in the Bulletin for news of the nurses whom I might have known at FNS when I was there in 1964. Greetings to all.

.

From Sister Patricia Grimes in Jellico, Tennessee

—July, 1974

Jellico has seen so many new developments in its health services that it begins to appear we are no longer needed here. We are in the process of looking into several areas in West Virginia with a view to relocation. We see our role as one of supplementing existing services and supporting new developments, and, in the process, helping to resolve health problems that may have been neglected due to lack of facilities.

Since FNS has been helpful in getting us started here and played a valuable role in our orientation, I feel you deserve credit for much of our success. Thank you again.

I wish you continued success in all your efforts in Appalachia.

.

From Ceil and Bob Oseasohn in Montreal, Quebec, Canada

—July, 1974

Thank you for a lovely visit. It was good to see so many of our friends at FNS.

Graduation was a round of festivities and a very happy occasion. Mike came home from Israel. Bob's folks and my sisters came and Sari graduated with honors.

Montreal is a very pleasant city. People are very friendly and too many good eating places. I believe we will be happy here and make a contribution to medical and nursing education.

Warmest regards to you all.

.

From Daphne Dunger in West Haven, Connecticut

—August, 1974

I am working in the OBS unit at Yale-New Haven Hospital, presently in the post-partum area. The experience is good—

“family centered” as much as a large city hospital will permit. There are several midwives working in the department.

The days have been full with finding an apartment and getting into the swing of things.

. . . .

From Joyce Wiechmann in Hollandale, Mississippi

—August, 1974

I am about four weeks away from beginning a year's vacation travelling around the United States in a camper. Last day of work for me will be August 28.

My contact address will be my folk's address: 8011 Campion Drive, Los Angeles, California 90045.

Some time within the next year I expect to drop by FNS. I am looking forward to seeing you all.

. . . .

Babies

Ruth Ellen May announces the arrival of her daughter, Sara Margaret (“Margie”), born July 2, 1974 and adopted July 11, 1974. “For this child I prayed and the Lord hath given me my petition.” First Samuel 1:27. (See *Letters*.)

. . . .

Wedding

Irma Cohen and Thomas Ingram on June 22, 1974.

Our very best wishes to this couple for many happy years together.

. . . .

Newsy Bits

We extend our congratulations to **Susan Cross** on receiving her Midwife Teacher's Diploma in January, 1974.

IF I HAVE TO JUSTIFY MY POSITION . . .

by William R. Bates III
Development Director

So what in the world is FNS, I wondered as I listened to a telephone call from a friend, inquiring as to whether I would be interested in raising money for it. The Frontier Nursing Service meant nothing to me. But the more my friend discussed and described the operation, the more intrigued I became. The upshot of the conversation—and many more with others—is that I am now fully engaged with heart, mind, and soul in trying to improve the near and far term financial well-being of the FNS.

Since June of this year, the question of “Why the FNS” has been posed to me many times. I can’t, I find, answer the question with any one specific or concise statement of purpose. Rather, the answer(s) is a series of somewhat disconnected reactions, gut-feelings, aspirations, and inspirations. My own feelings probably aren’t a great deal different from those of you who have known and supported the FNS for long or short periods of time. Probably there isn’t any one, singular, spectacular, mind-blowing reason of compulsion—just a very deep sense of importance of what has been, and is being done at Hyden, Wendover, Brutus, Red Bird, etc., and the implication this has for people all over the world—people we will never know, never see, never talk to, but who will be just a bit better off because of the ideas and concepts and dedication—and hardship, struggle, and determination—of a small group of earnest people.

In this shrinking, wildly-swinging world, it’s a rare chance to become involved and committed to an effective force on the cutting edge of change. I hesitate now to use the term “smoking tool” because of the recent political implications that term recalls, but I do use it as an indication that the FNS is just such an agent—repeatedly poking its smoking head into the tinder of rural health care, maternal death, nutrition, sanitation, preventive medicine—to start brush fires of change.

On the subject of change, one of my non-associative reasons had to be climactic—not in the true sense of an ascending series of events, although this could be construed, but rather, to use the precise term of climatic,—a change of scene. I had been conducting a fund-raising study for six weeks in the cold, early-spring

weather in the northern part of the mid-west. Snow and ice still covered the ground and lakes of the flat countryside and ominous, lowering skies promised no greening of that part of America. Within a few short hours, courtesy of a great, iron bird, I was in the Blue Grass and then in the mountains of eastern Kentucky at a time of year that the good Lord set aside for renewal, rejoicing—and reflection. The mountainous background was a Dotted Swiss pattern of Dogwood and Red Bud. The beauty of the surroundings was enough to seduce this poor, shriveled refugee of the uncompromising North. And, as we all do, I revelled in the sun's warmth, the new green that only Spring produces in such varying shades, the call of soon-to-be-nesting birds. This was another reason, as intrinsic and whimsical as any possible reason. But it has to be included.

On an intensely personal side, there was another reason. My mother had died in childbirth—with me. Lying dormant for many years, I imagine that I reacted to the original mission of the FNS with an inner psychological understanding of what it was and why it was. That if, in the little, rural, isolated community in which I was born, there had been “a nurse on horseback”, perhaps - - - -. But that is conjecture, and also a powerful, personal stimulant to do what I can to help the FNS achieve its mission and advance its technique of service to areas which need it.

From a professional viewpoint, Frontier Nursing Service offers a unique opportunity for fund-raising. First and foremost, it does have a mission—written and practiced. What a change from the host of other philanthropic organizations that clog the mails with appeals. Their message seems always to be—“We exist, therefore we need!”—Without ever saying why they exist. Some of our most prestigious educational institutions have a difficult time agreeing about their mission. But not so with the FNS. It is clear, concise, and in daily practice. This enables the fund-raiser to speak honestly about needs.

From another attack point, there is accountability. There is attention to detail, an appraisal of options, a resistance to non-necessities. The small endowment we have has been faithfully guarded to assure that wishes of the grantors are honored. The annual income from the Christmas appeal, benefits and other city Committee activities is meticulously accounted for and each donor can find satisfaction in knowing that his gift is valued and

used wisely. To be of service to each donor, so that he can be justifiably proud of his personal and financial commitment to FNS, is another of my "reasons why".

At this present time, we are looking forward with increasing anticipation to the completion and occupation of the new hospital—a milestone for the FNS. And in May, 1975, will come the celebration of the Fiftieth Anniversary—a remarkable achievement, against difficult odds, but accomplished with a daring sense of purpose.

The Sixth Decade will have its challenges and opportunities—to remain steadfast to the founding concepts of Mary Breckinridge and, at the same time, to push further into the frontier of conscientious primary health care for our own people and those in developing nations.

As we begin to plan our future directions—a never-ending task—and to estimate our needs to accomplish the task, we inevitably arrive at financial considerations. In the past, our donors, large and small, have made the success of the first fifty years possible. So, too, they will be responsible for our effectiveness in the next decade. To continue our mission we will be looking for large donations for endowment, to establish "chairs" in nursing, to advance new practical concepts in the delivery of health care that can be duplicated elsewhere, to provide scholarship funds, and other important concepts. But while we are on the search for the larger gift, we must give critical appreciation to the smaller gifts that enable the annual, day-to-day operations to be carried out. Without these gifts, in increasing numbers and size, the pioneering work of the FNS would come to a screeching halt. The importance of the small gift to us cannot be overstated.

The FNS is a personal challenge to me, and, my reasons for feeling challenged are varied but, in sum, they add to a personal rationale and justification that I feel excited about. Often, when I tell people that "I am a fund-raiser", they reply, "Boy, I wouldn't have your job for a million dollars." But that's the name of the game. I'll take the million dollars, not for me, but for the FNS; for the satisfaction I get from knowing that I have helped my fellow man a little bit; for the pride of being associated with people who reach beyond themselves; for feeling a sense of accomplishment that has a greater than personal purpose.

"If I have to justify my position . . ." I add the words from an old friend—Don't look straight ahead, for eventually you'll find an obstacle. Look up, look to the stars, the possibilities are unlimited. That's where we're headed.

OLD IS AS OLD DOES

Fifty years ago I was acting as an old age pensions officer in Galloway, Scotland, while the regular officer was ill. One day I had to cycle out to deliver pension books to two pensioners living in a remote part. The two cottages had a small field in front of them in which were two elderly women 'howking tatties'. The taller of the two was forking the potatoes out of the ground while her companion was lifting them and sorting them into buckets. Leaning my cycle against the dyke I hailed the pair, and a tall raw-boned gaunt woman clearly in her seventies came over. I explained my business, asked the appropriate questions, and gave her the book for which she signed. By this time the senior partner had hobbled over. She was a spare weather-beaten woman of great age; from the number on the book I could see that she was one of the original Lloyd George pensioners, over 70 years old in 1908. She signed for her book without spectacles. I made some observations about the crop, and then tentatively asked whether such arduous work was advisable at her age. She looked at me regretfully and replied, 'Ach, I'm no' the woman I was. Sometimes I'm dizzy and like to fa'. And then with a scornful glance at the retreating figure of her 'young' companion: 'I wouldna like to fa' and her watching.' When I got back to the office I looked up her case sheet and found that she was over 95.—*Allan Milligan, Surrey.*

—*The Countryman*, Autumn, 1973, Edited by Crispin Gill, Burford, Oxfordshire, England.

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OUR MAIL BAG

From A Distinguished Nurse Visitor:

The quality of care given patients by FNS staff is the quality I've always advocated and not always seen.

I hope all the changes being considered will be a huge success. Just don't ever lose the essential spirit of service. This service concept will always be inherent in any kind of good nursing.

.

From A Friend in Washington:

I couldn't resist that simple, straight-forward appeal . . . good luck in your drive this year and I hope your midwifery school keeps turning out the sort of persons mothers and babies and their families need. It is a privilege to be able to help your work.

.

From A Friend in Princeton:

Frontier Nursing does appeal to me, largely because it is still a personal enterprise. It is an organization in which people, not employees, function. It all comes back to the human factor of communication as against computers and central management.

.

From A Recent Guest:

You must get bored having visitors tell you what a splendid program you have, but please add my name to the chorus. I believe your program is at the cutting edge of innovation in the delivery of health services in the United States.

.

From A Kentucky Friend:

Thank you for an enlightening and informative day at Frontier Nursing Service. It is most refreshing to meet knowledgeable, dedicated and conscientious health professionals. In an area where comprehensive medical care is indeed a rare commodity, you have demonstrated that seemingly insurmountable obstacles can be overcome. Frontier Nursing

Service, in my estimation, has been an innovative and creative service organization for almost fifty years.

.

From A Friend in New York State:

The Frontier Nursing Service is the last organization I would stop giving what I am able and I enclose a check. I don't know of anyone who makes a dollar go farther than the FNS and your Quarterly always gives me a lift.

A party of Norfolk men who were employed beating for the pheasant shoot had to cross a dyke between two fenland fields. When one of them landed in the water he explained, 'Ah leapt a'right but Ah lit too soon.'

—*The Countryman*, Summer, 1974, Edited by Crispin Gill,
Burford, Oxfordshire, England.

Having just escaped from his fifth bunker of the day, a golfer complained to his partner, "The traps on this course are sure annoying, aren't they?"

"Yeah," muttered the partner, muffling his putt. "Would you mind shutting yours?"

—*Modern Maturity* February-March 1973

In Memoriam

JOE C. CREASON

Joe Creason, a noted columnist for the Louisville *Courier-Journal*, died suddenly on August 14. Mr. Creason had visited the Frontier Nursing Service on a number of occasions to talk with Mrs. Breckinridge and to renew his acquaintance with his many friends in this part of the Kentucky mountains. The editors of the *Quarterly Bulletin* have been grateful for the privilege of reprinting a number of his stories over the years. His comments following the 1970 mine disaster in Leslie County, reprinted below from the January 11, 1971 *Courier-Journal* and from the winter 1971 issue of the *Quarterly Bulletin*, illustrate Mr. Creason's perception and sensitivity.

To thousands of Kentuckians who looked forward each day to his column of wit and wisdom, his death is a personal loss. We extend our sincere sympathy to his family and friends.

* * * *

WHY MEN GO DOWN INTO MINES

by Joe Creason

By now so much has been written and spoken about the recent terrible coal mine disaster in Leslie County that took thirty-eight lives that it would seem little remains to be added.

And yet perhaps more should be said because snatches of conversation I've heard since the tragedy indicates a sad lack of understanding by people who aren't familiar with certain ironic realities that are peculiar to coal country.

The most common comment I've heard goes something like this: "They know it was dangerous to work in that mine. So why didn't the men go somewhere else and work at a different job?"

Go where and work at what?

Most of the men who died in the explosion were the victims of

the one-dimension economy of the area where they were born and always have lived. Coal provides the only mass employment in Eastern Kentucky and the mining of it is the only work the dead men, and hundreds like them, were trained to do or ever had done.

What could these men, with no training outside mining, have done if they had left the hills? Could they possibly have found work in competition with skilled hands in such industrial—and job-short—centers as Dayton and Detroit and Cleveland that would have paid them \$25 to \$30 a day, the going rate at the disaster mine?

Until Eastern Kentucky develops a diversified economy and until the laborious process of retraining adults with families to do other work, men will continue to go into coal mines, many of which are dangerous.

All of which explains, surely, the fatalistic attitude miners and their families develop. They live with danger and they steel themselves to expect the worst.

I came eyeball to eyeball with this fatalism the first time I went into a mine more than 20 years ago. At noon, the men broke out their lunch boxes and the man I was with, a miner for 35 years, spread two or three thick sandwiches, a raw onion and a piece of pie on his lap. When he ate his piece of pie first, I wondered why.

“ ’cause,” he said simply but eloquently, “the roof might fall!”

From *Joe Creason's Kentucky*
The Courier-Journal
January 11, 1971

SAYINGS OF OUR CHILDREN

A four-year-old asked Granny to fix her favorite meal: “Chicken warts and Hockey beans”.

Translation: Chicken livers and Shuckey beans.

—Contributed

FIELD NOTES

Edited By
PEGGY ELMORE

The FNS had its first home delivery of 1974 at 4:15 p.m. on June 20 when Nicole Sosanna was born to Dr. and Mrs. Thomas J. Lynch (Becky) at their home on Short Creek. Nikki, who weighed 7 lbs., 10 oz., was delivered by senior student midwife Rita Birgen with Sally Vink, a clinical instructor in the Frontier School of Midwifery and Family Nursing, supervising. The proud father is the FNS pediatrician and Becky will return to the nursing staff when the baby is a bit older. Just to keep it all in the family, the baby was named for Nicole Jeffers May, a former FNS pediatric nurse.

The FNS nurse-midwives have another great grandchild and a rather special one at that. Raegan Yvette Napier, weighing 7 lbs., 3 oz., was born in Hyden Hospital at 12:31 p.m. on August 9, 1974, to Mr. and Mrs. Darrell Napier (Lena Joan Morgan) of Stinnett, Kentucky. Lena, who is employed as a secretary at Hyden Hospital, was delivered by a nurse-midwife in the hospital in 1957, and the baby's grandmother, Mrs. Cornelius Morgan (Eileen Hacker), formerly the FNS donor secretary and now the Wendover postmaster, was delivered by an FNS midwife at home in 1936. Raegan, Lena, Darrell (also an FNS baby!), and Eileen are all doing well and are an obvious illustration of the continuity of care provided by FNS!

For some years the declining birthrate in Leslie County has made it difficult to obtain sufficient deliveries for the midwifery students in the Frontier School of Midwifery and Family Nursing. As a result we have had to decrease the number of students in the third trimester and also have sent students elsewhere for concentrated labor and delivery experience. For the past several years students and a clinical instructor have gone to the Appalachian Regional Hospital in Harlan and to the Cleveland (Ohio) Metropolitan General Hospital. These agencies have made the students most welcome but there are disadvantages in having to release an instructor from the program here for long periods of time. Now, through the good offices of nurse-midwives in the State of Tennessee, senior students Rita Birgen, Julaine Johnson and

Marilyn Prevatt went in rotation this summer to the Holston Valley Hospital in Kingsport where a new nurse-midwifery service has been established. Among the nurse-midwives at Kingsport who supervised our students is old staff member Jane Sanders Burt. The girls were delighted to have several deliveries in the week away from home. The fourth senior student, Hazel Canfield, a Navajo nurse from Arizona, went home to Ft. Defiance, where she will be working for the Indian Health Service after graduation, for her labor and delivery experience. Another ex-FNSer, Verda Albrecht, is a staff midwife at Ft. Defiance. We are not quite sure how Hazel managed to find time to "catch" sixteen babies but she did!

The students have written of their external experience—their "Mission Impossible"—as follows:

"It was with great anticipation that early in the month of July, one member of the senior class apprehensively packed her meager belongings—a few dresses, two uniforms and a lab coat—and journeyed through the green hills of Virginia to the busy city of Kingsport, Tennessee. Would she be equal to her appointed mission? She jubilantly returned one week later to the little community of Hyden, she had done it—Kingsport was fun! The reception there was beyond her expectations.

"Meanwhile, back on the Reservation, our little squaw midwife was becoming a "granny". One baby arrived well-wrapped—with the cord around its neck six times! She was hoping to spend some time with her family, but camping out at the hospital did not afford this privilege.

"Following our preceptorship away, we returned to FNS knowing that we were exceptional—we could cope! Our time here at FNS has been well worth the frustrations of learning. We highly recommend our supervisors and wish the very best to our classmates to follow!

The FN IIIers"

On the Courier Front, senior courier Elyce Kearns was joined by Mary Ellen Hackett of Ligonier, Pennsylvania, (daughter of old courier Mary Stevenson) and Lyn McFarlan of Glencoe, Illinois, in early June. Peggy Baker of Crestwood, Kentucky, a student at Hanover College in Indiana and the sister of old courier Donna Baker, spent several weeks with us working on an oral history project and being most helpful to the Courier Service. Polly Hancock of Gladwyne, Pennsylvania, (granddaughter of our Board of Governors member Mrs. Morris Cheston) arrived on July 8 to provide continuity between the two groups of summer

couriers. Helen Parrish of Paris and Lexington returned again this summer to cope with patient transportation while Kate Ireland was on vacation. Helen stayed about a month—until she had to return to Central Kentucky to get ready for her new kindergarten class at the Sayre School. Mariayne Brodnicki, Oyster Bay, New York, and Sarah Jane Jelin of South Orange, New Jersey, are at Wendover for the second summer term.

We thank you, girls, for all your help. Come back to see us again sometime!

We are equally grateful to the other volunteers and temporary staff who have spent part of their summer in the Kentucky mountains. John Grant, a senior medical student from Ohio State University, was of tremendous help to our physicians and the report of his experiences appears elsewhere in the Bulletin. Senior nursing students Margaret Caldwell of Vanderbilt University, Beverly Burke of Western Connecticut State College, and Mary Kate McHugh of the University of Pennsylvania, have each spent a month with us. Linda Schurmann of Philadelphia, who was one of last summer's senior students, returned this summer as a graduate to help us in the hospital for six weeks. Sisters Joanne Barton and Mary Slawter of the Medical Mission Sisters shared their midwifery and pediatric skills with our staff and students for six weeks during June and July and were much enjoyed by all. Last—but by no means least, Dr. Gertrude Luther of Anniston, Alabama, a pediatrician, has just arrived to relieve at Hyden for Dr. Lynch's vacation during the month of September.

We were pleased to receive, in early August, a site visit arranged by Mrs. Ann Bliss, Senior Program Consultant of the Robert Wood Johnson Foundation, and delighted to entertain the distinguished nurses and physicians who accompanied Mrs. Bliss to Wendover, Dr. Kurt Dueschle, Chairman of Community Medicine at Mt. Sinai Hospital in New York City, and Dr. Hugh Fulmer, Chairman of Community and Family Medicine at the University of Massachusetts, had both been on the medical faculty at the University of Kentucky in former years. Miss Priscilla Andrews of the Family Nurse Practitioner Program at Northeastern University in Boston had visited FNS before but

Miss Thelma Ingles, Nurse Consultant to the Rockefeller Foundation, was making her first visit to the Kentucky mountains. During the site visit, Dr. David Cowan and Dr. Marion McKenna of the Medical and Nursing Faculties at the University of Kentucky and Mrs. Charlotte Denny, Dean of Nursing at Eastern Kentucky University, came to Wendover to meet and talk with our guests.

It gives us great pleasure to announce that the Frontier Nursing Service has received a grant from the Division of Nursing, Department of Health, Education, and Welfare, to implement university affiliation for the Frontier School of Midwifery and Family Nursing, and preliminary conversations with Eastern Kentucky University in Richmond, Kentucky, toward this end have been most encouraging.

On occasion, in years gone by, the FNS Medical Director has been known to mention, in a rather low voice, that it was lonesome being the only male in this organization. The "other sex" may still be somewhat in the minority but their numbers are increasing! We are happy to welcome our new hospital administrator, Kenneth Palmer, his wife and small daughter to Hyden and to the FNS.

We extend our congratulations to Phyllis Long and Elsie Maier and a heart-felt "welcome home" to them and to Ann Hamel. Elsie left us in 1972 to spend a year in Zaire and popped off again in September of last year to attend Vanderbilt University where she has just received a Master of Science in Nursing with a major as a Family Nurse Clinician. Phyllis has spent the past year at the University of Kentucky where she has earned a Master of Science in Nursing while working with Dr. John L. Duhring in setting up a nurse-midwifery service program at the Medical Center. Elsie is already back at Hyden and Phyllis returns in mid September. Ann returned to the staff on August 1.

We are happy to introduce the following nurses who have joined the staff during June, July and August: Margaret Lever, a British nurse-midwife from Milton Keynes, Bucks.; Mary Lou Ryder, Lathcup Village, Michigan; Margaret Wheeler, Soda Spring, Idaho; Linda Phelps, Fox Lake, Wisconsin; Susan Brezec, Euclid, Ohio; Carolyn Schuessler, Livonia, Michigan; Marilyn

Bramble, Cincinnati, Ohio; and Phyllis Seven, Wheaton, Illinois.

You will see elsewhere in the Bulletin an article by Verna Potter of Oconomowoc, Wisconsin, and it gives us great pleasure to tell our readers that she is the newest member of the Wendover family. Mrs. Potter, a nurse, had been secretary to Dr. Lepreau some years ago and she came down in the spring to visit the Lepreaus. Fortunately for us, she fell in love with the place and returned in late June. Since then words have flowed from her typewriter—numerous drafts of material for Trudy Isaacs, the manuscript for the revision of the FNS Medical Directives, correspondence for Dr. Lepreau, typing on Nancy Dammann's book about the FNS. In addition, Verna has found time to work on the family folders for the Wendover District, abstracting health histories from old records, some of which go back to 1925, to implement a new filing system for district patient records.

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Ann Browning has joined Nancy Dammann in the ranks of homeowners and will soon move into her new house on the edge of Hurricane Pasture near Wendover.

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Our Director, Helen Browne, is planning to spend three weeks' holiday with her sisters in England in September.

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The Mary Breckinridge Festival Committee is hard at work on plans for the thirteenth Mary Breckinridge Day which will be held on Saturday, September 28, 1974. Other Festival events will take place on the 26th and 27th. The souvenir program this year will be dedicated to the youth of Leslie County and will contain tributes to their accomplishments and talents.

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Once again we are deeply grateful to the residents in otolaryngology at the University of Cincinnati for coming to Hyden in June to screen patients with ENT problems.

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As we go to press we are enjoying a visit from Miss Vimala

Chiamsakol, a nurse-midwife from Bangkok, Thailand, and are expecting an overnight visit from a member of our Philadelphia Committee, Mrs. J. Cranston Hodupp of Bryn Mawr. Mrs. T. W. McFarlan of Glencoe, Illinois, spent a night with us when she brought Lyn down to begin her courier term. Many of the staff have shared visits from family and friends, among them Becky Lynch's parents, Dr. and Mrs. Paul W. Renich, and her grandmother, Mrs. E. H. Enns, who came from Kansas to see the new grand baby in August. Mrs. J. C. Wynkoop of Winter Park, Florida, stopped off one afternoon to bring us a lovely shipment of clothing from the Maitland Needlework Guild. Dr. Warren S. Heffron and Miss Maureen Brady came from Albuquerque, New Mexico, to learn something about our Family Nurse program, and Miss Sandra J. Regenie and Miss Sally W. Nicholson came up to see us from Chapel Hill, North Carolina. It was good to see something of Dr. and Mrs. W. B. Rogers Beasley when they paid brief visits to Pluck's Rock this summer.

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Labor Day is upon us, bringing with it the end of summer if not the end of summer's heat. The fall promises to be a busy one—but that is nothing new and different. What we do hope will be “new” before the end of the last quarter of 1974 will be our move into the Mary Breckinridge Hospital. We have our fingers crossed—we frequently knock on wood—we know all of the things that could go awry—but we still have hope of moving in December!

The banker was plainly exasperated with the man opposite him at the desk. “Your finances are in terrible shape,” he said. “Overdrawn accounts, extended loans—why do you allow your wife to spend more money than you make?”

Frankly,” the man replied with a sigh, “because I'd rather argue with you than with her.”

—*Modern Maturity*, August-September 1967

WHITE ELEPHANT



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Send it to **FRONTIER NURSING SERVICE**
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

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For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.

2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.

3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.

4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.

5. **By Life Insurance.** You may have life insurance made payable direct to the Service.

6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young."

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky 41749, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to
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and sent to the Treasurer
MR. HOMER L. DREW
First Security National Bank and
Trust Company
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Lexington, Kentucky 40507



THE SWINGING BRIDGE AT WENDOVER

*Photograph by
Mariayne Brodnicki*

