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Vol. LXIX, No. 3  
June 30, 1977

# KENTUCKY Kernel Alcohol

an independent student newspaper

University of Kentucky  
Lexington, Kentucky



By KEN KAGAN  
Kernel Staff Writer

Editor's note: This is the first in a series examining the abuse of alcohol in Fayette County and a summary of available treatment programs.

You walk downtown in Lexington—pick any time of the day, doesn't matter—it could be anywhere around Main Street, from DeWeese to Newtown Pike, or between High and Third streets and you see them.

You look at these older men and you see bloodshot, clouded eyes; a withered face in need of a shave; old, soiled clothes and a look of despair and hopelessness.

You think, "He's an alcoholic, the poor bastard," and you walk on.

He's common in a city. We all see him. When we hear the word "alcoholic" we see that image.

But the startling thing is that "the poor soul" represents a fraction of this country's 14 million alcoholics.

The other 95 per cent are mostly middle and upper class people who have a great deal of stress in their lives and who drink to relieve it.

They become alcoholics and spend years building up "denial systems" that help them function day-to-day with their problem, often keeping it from friends, family and employers.

The most serious result is that the problem can also remain hidden from the alcoholic.

Recent estimates say there are about 17,000 alcoholics in Fayette County.

For those with a serious problem, there are three halfway houses which can accommodate about 45 people; an in-patient treatment center at Eastern State Hospital with a capacity of 30; a few beds at the Veterans Hospital and SID (Situation, Identification, Disposition); and a non-medical detoxification center, which can accommodate 17.

That leaves 16,900 people who must fend for themselves.



On a recent Sunday I was walking down Main Street near Jefferson and a man very much like what I described above, approached me.

His face was old and wrinkled, giving him the appearance of a guy far beyond his years. His eyes were bloodshot and he looked as weary as if he'd just walked 20 miles in the sun.

"Listen, buddy," he said to me, "I'm not going to bullshit you. I wanna be honest with ya. Can you give me 35 cents to get a drink?"

As he said this, he took my arm, almost as if in desperation.

Continued on page 8

—Steven J. Schuler



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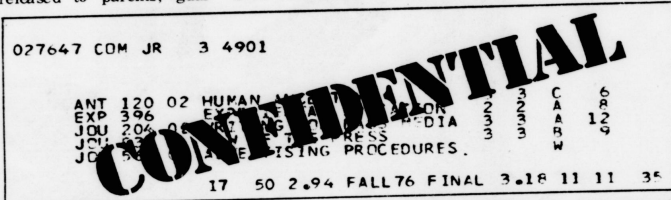
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## Fogelberg LP succeeds despite classical overload

By NANCY DALY  
Arts Editor

"Nether Lands"  
Dan Fogelberg  
(Epic)

Living up to the success of his 1974 *Souvenirs* album must be hard for Dan Fogelberg, especially as he explores new styles and refuses to settle into the commercially comfortable Southern California country-rock mold.

But *Nether Lands*, finally released last month after a two-year recording drought, signals Fogelberg's acceptance that it's okay to experiment and at the same time cater to the legion of fans won over by *Souvenirs*.



It also indicates that Fogelberg is quite serious about combining his brand of mellow rock with classical orchestration, a direction in which he made his first foray—some might say incursion—on his 1975 *Captured Angel* LP. Three songs—the title track, "Sketches" and "False Faces"—have elaborate orchestral arrangements (conducted by Dominic Frontiere) which are pleasant enough for repeated listening. But applying such intensity to Fogelberg's basically simplistic melodies and lyrics comes off looking pretentious.

Fogelberg succeeds, however, when he sticks to his own league with tunes like "Dancing Shoes," "Give Me Some Time" and "Lessons Learned." The first one,

while very reminiscent of "Wysteria" from his first album in 1971, *Home Free*, employs a French cafe-sounding arrangement. The other two use Brazil 66-type rhythm and highlight Fogelberg's proficiency on acoustic guitar. Both styles are new, but welcome.

The rest of the album is standard Fogelberg: tight Eagles-like harmonies paired with extensive acoustic and electric guitar double-tracking, most of it his own. Eagles Don Henley and Joe Walsh and John David Souther make the obligatory guest contributions.

As opposed to his *Captured Angel* album, the second side of which was a total washout, *Nether Lands* does live up to his earlier efforts. Each song is more melodically distinctive and he makes some clever use of synthesizers and drums (played by Russ Kunkel and Kenny Buttrey, two of the best in the business).

*Nether Lands* is co-produced by Fogelberg and Norbert Putnam, whose latitude as an excellent producer was broadened this year with Jimmy Buffett's successful album.

The Kentucky Kernel, 114 Journalism Building, University of Kentucky, Lexington, Kentucky, 40506, is mailed five times weekly during the year except holidays and exam periods, and twice weekly during the summer session. Third class postage paid at Lexington, Kentucky, 40511. Subscription rates are mailed \$3 per year, or one cent per year non-mailed.

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<b>GENERAL CINEMA THEATRES</b>	
<b>ALL CINEMAS—EVERY DAY 'TIL 2:30 P.M.—\$1.50</b>	
<b>TURFLAND MALL</b> HARRISBURG, KY 770-4444 A NEW AUDIENCE	<b>WALT DISNEY PRODUCTIONS</b> <b>GOES TO MONTE CARLO</b>
Times: 1:30 3:30 5:30 7:30 9:30	Times: 1:00 3:20 5:35 7:55 10:00
<b>TURFLAND MALL</b> HARRISBURG, KY 770-4444 A NEW AUDIENCE	<b>'BEST MOVIE OF THE YEAR'</b> "A hell of a lot of fun, brims with adventure, charm and marvels. I loved it!" —THE NEW YORK TIMES MAGAZINE
No Paces! No Bargain Matinee!	<b>MAN WATCHING YES.</b>
<b>FAYETTE MALL</b> HARRISBURG, KY 770-4444 A NEW AUDIENCE	<b>WATCH OUT FOR THE</b> <b>ROLLERCOASTER</b>
SURROUNDING Times: 1:30 4:20 7:15 9:30 No Paces!	<b>HOW SHOWING!</b> <b>THE DEEP</b>
<b>FAYETTE MALL</b> HARRISBURG, KY 770-4444 A NEW AUDIENCE	is anything worth the terror of
Times: 2:00 4:30 7:25 9:50 No Paces!	

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## Twain alive at Diner's

By MARIE MITCHELL  
Editor-in-Chief

The spotlight centers on the stage, anticipating action. But the supposedly 70-year-old gentleman dressed in black with bushy white eyebrows and mustache emerges from behind the audience instead and slowly, with great effort, climbs up to the platform.

Samuel Langhorne Clemens. Mark Twain. Michael Randall. It's difficult to disassociate the characters.

### review

But there is no mistaking the cynical, profane Missourian's humor as performed by New Yorker, Randall, 21, on the Diner's Playhouse stage.

The presentation, which opened Tuesday night at Diner's, differs substantially from the well-known Hal Holbrook interpretation of Twain. (It has to, because Holbrook has copyrights on the white suit, stage setting and any material not taken directly from Twain's writings.)

Randall, in his fourth year portraying the character, spends three hours before each show on make-up and varies each performance by using material from a list of nearly 25 selections of Twain's writings.

No subject is sacred from Twain's attacks, from heaven ("Everyday is Sunday up there. All they do is sing, pray and bang on harps."), to hell ("Bury me face down so I can see where I'm going."), and bad habits ("It's better to have bad habits than none at all."), to mankind ("To compare man with a jackass would be a grave injustice to the jackass."):

Before the 15-minute intermission Randall-Twain explained, "I pause every once in awhile to give people a chance to escape. This is your opportunity." No one did. But a few did partake of the house drinks of The Huckleberry Finn or the non-alcoholic Aunt Polly which will be served through July 3, the duration of Randall's one-man play.



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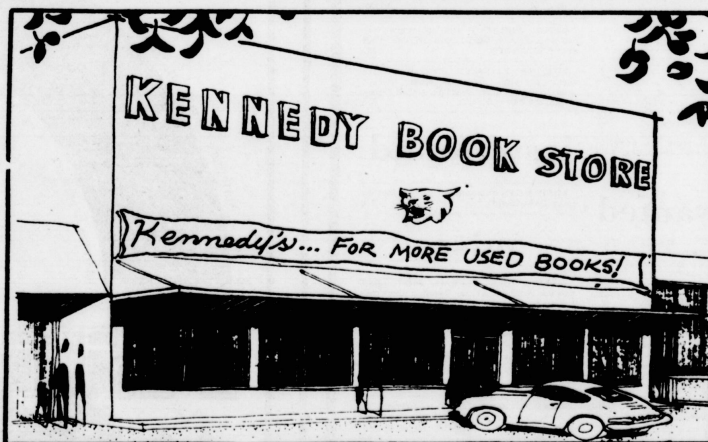
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**ATTENDANT NEEDED** by male, physically handicapped graduate student. Room, pay. 256-0097 or 258-2977. J30

**LIQUOR CLERK**, Apply in person. Thoroughbred Shop, 2006 Versailles Road. J30

**IMMEDIATE OPENING**—Local established firm desires full time employee in kitchen design and sales. Salary, commission and benefits. Send resume to P.O. Box 7106, Henry Clay Station, Lexington, KY 40502, Attention: Appliance Department. J30

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### roommate wanted

**FEMALE ROOMMATE** (non-smoker) to share duplex. Close to UK. 278-1241, 266-2652. 30J7

**PHARMACY STUDENT** needs roommate for fall semester. Desire another pharmacy student, but non-essential. Mike McWilliams, 266-2223. TF

**WANTED: FEMALE** roommates for summer session. \$50.00 per month. Own room. 253-1778. Call late nite. 23J30

**FEMALE ROOMMATE**, non smoker for two bedroom apartment, near campus. Approx. \$90, 252-2522. 23J30

**QUIET WORKING** girl to share two bedroom duplex. \$85.00 plus utilities. Call after 5:30. 278-8055. J30

**VISITING FACULTY** member (male) looking for similar (maybe other) to rent sabbatical (or other) apartment. Call Derek Wright 257-2961 (office). J30

### lost & found

**LOST: KEYS** on chain with black leather strap. Call 272-6655. J30

### misc.

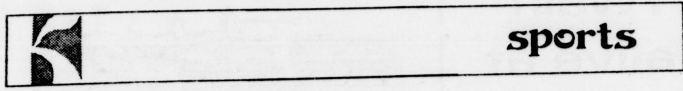
**TAKING THE LSAT** in July? LSAT Review Weekend at the Ramada Imperial, 525 Walter Avenue, Lexington, July 16 and 17. Call Law Board Review Center, collect (614) 623-6029 or (914) 234-3705. \$85.00. J30

### memos

**FREE INTRODUCTORY** lectures on the Transcendental Meditation technique Tuesday, July 25th, COM 108, 1:30 p.m. and 7:30 p.m. J30

**BIBLE STUDY** and Fellowship, Inter Varsity Christian Fellowship Tues. nights at 7 p.m. Meets outside, below the bridge of the Commerce Building, everyone welcome. 30J7

**FOLK DANCING**, Tuesdays, Student Center patio. General dancing 7:30, advanced 8:30. Come with or without a partner. All dances are taught. Beginners especially welcomed. J30



## They're Americans

# Runners in select class

By DAVID HIBBITTS  
 Kernel Staff Writer

"With the exception of a couple of schools we have the only bona fide American program in the country," UK track coach Ken Olsen said with pride.

The fact that his first 15 runners will be returning for cross country this fall enables Olsen to be confident. Leading that pack will be seniors Tom Burridge, who won the SEC 5,000 meter run this spring, and Jim Buell, who was an All-American as

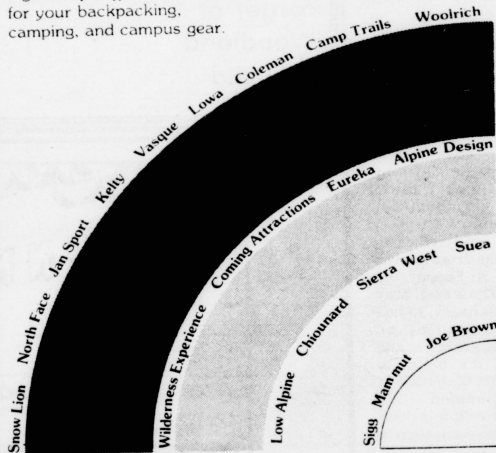
a sophomore. Even with the sweeping trend of Americans toward physical fitness through tennis, jogging and other recreation the Kentucky squad should not be mistaken for anything but runners in

Continued on page 7

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## Olsen is optimistic

Continued from page 6  
the true sense of the word.  
Olsen has a philosophy which enables him to mold his squad of 15 individuals into a unit working together for a team victory.

"Even when we are working out, we practice the elements of interaction and grouping so that the abilities of our runners will rub off on each other," Olsen said.

"At the end of most of our meets, you will usually not find a distance of more than 30 yards between our first and last finisher," he continued.

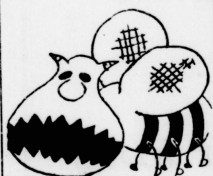
Surely, Olsen's theory will permit his established runners to transmit their insights to his recruits for this fall.

He is presently awaiting the decision of Pat McCullough (Quincey, Ill.) who has narrowed his choice to Kentucky and the University of Colorado.

Olsen has already signed Dave Benson from Richards High School in Oaklawn, Ill. and Billy McCubbins from Leitchfield, Ky. to be track's high jumper next spring.

McCubbins set the state record with a jump of 6-8½ this spring.

Cross country and marathon running are probably the ultimate tests of an athlete's mental stability under stress. You can bet Ken Olsen's Wildcats will have plenty to think about this year.



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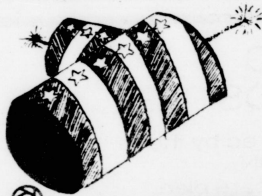
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# Alcoholism: worse than drugs?

Continued from page 1  
I went to get change for the dollar I had in my pocket, hoping that because the bars were closed, he'd get something to eat instead.

He went on, "See, from here there's really nowhere to go, except..."

And he pointed to the sky. I asked him where he would go, but he just shrugged his shoulders and blessed me because I gave him the dollar.

Where could he go? Was life over for that man? Would we all just walk on by while others suffer their lives away, drink-to-drink, handout-to-handout?



When a person's drinking habits adversely affect himself or others, he can go to SID on East Third Street.

The first four hours to eight hours are most critical at SID, because the sobering process begins then.

Withdrawal from alcohol

can be much more painful and terrifying than withdrawal from narcotic drugs like heroin.

Liz Alexander, director of SID, said the patient begins to experience severe anxiety, sweating and nausea. The critical need is for reassurance and compassion.

When patients begin to sober up, they begin to worry about the pain they are about to face, about their responsibilities on the outside and about the contempt they think the world has toward them.

SID counselors attempt to ease the patient's anxieties and show them there's a way out.

The counselors, however, don't do the most good at SID; rather, it's the other patients who have been through it. Alexander calls SID a "supportive therapeutic environment," where there are no recriminations, no attempts to shame the patients into sobriety or impose guilt on them.

Instead, patients are made to feel that they are worthwhile human beings with problems and that there are many people around who wish to help, provided the patients want help.

The first question asked of an alcoholic is "What do you think your problem is?" or "Why do you think you're here?" Then comes, "What do you want to do with your life and what do you think we can do to help you?"

If people show a desire for treatment and sobriety, they are referred to different programs in Lexington, depending on the seriousness of the addiction.

Though probably every therapist or administrator offers a different interpretation of alcoholism and its treatment, there is unanimous agreement that it is a drug addiction.

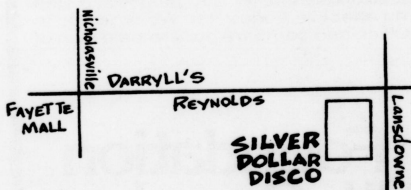
Next week: What is alcoholism? Is it curable? What treatment do therapists use?

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