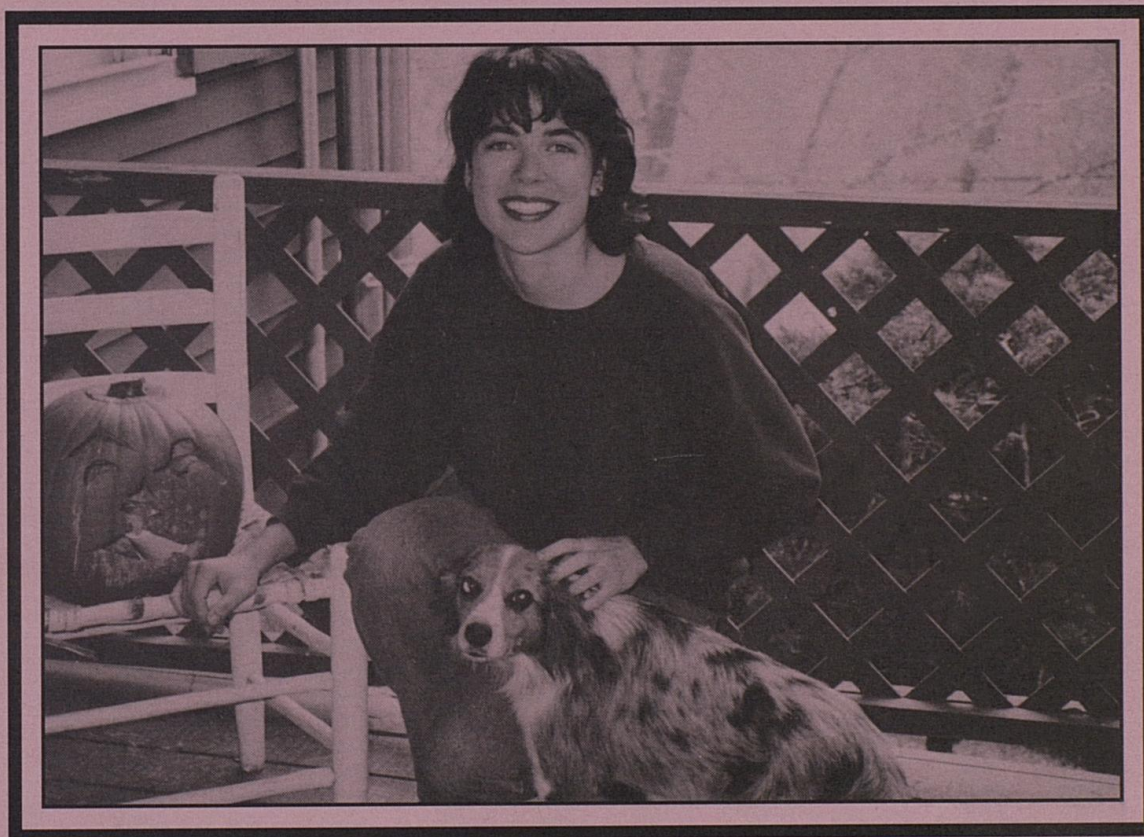


FNS FRONTIER NURSING SERVICE

Volume 72

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Fall - December 1996



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Cover: Fall at Wendover - FNS Courier Sarah Kennedy with "Winky" who showed up at Wendover and won hearts. *Photo by Karen Thomisee*

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The Frontier Nursing Service

Hi! If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the service. We encourage you to share this Bulletin with a friend.

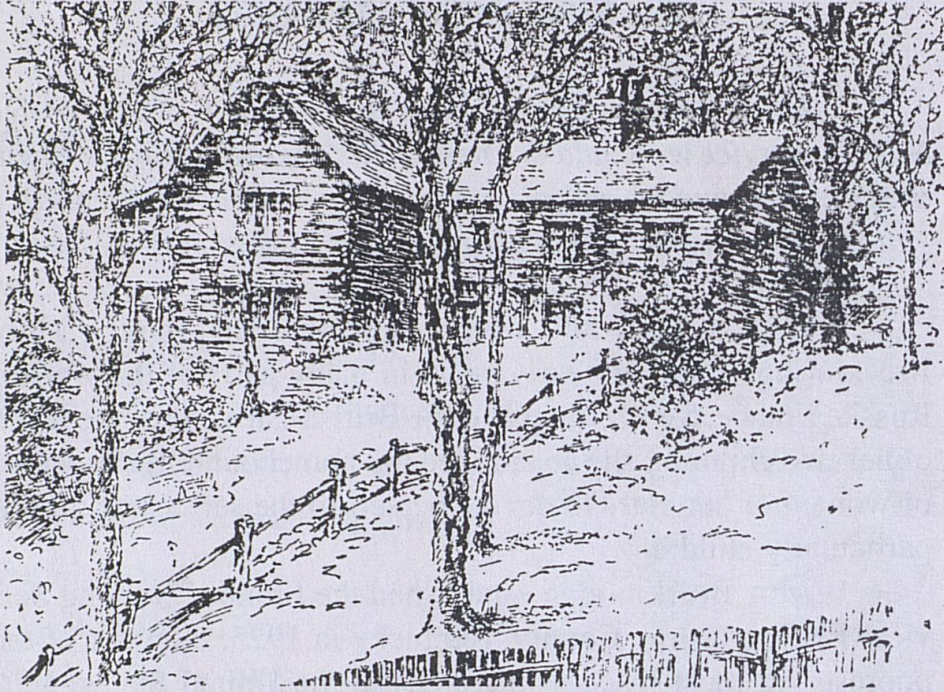
Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today the FNS is organized as a parent holding company for Mary Breckinridge Healthcare Inc., home health agency, four outpost clinics, one primary care clinic in the hospital, Kate Ireland Women's Healthcare Clinic and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925. *-Deanna Severance, CEO*



The Big House - Home of Mary Breckinridge, Wendover, KY



Mary Breckinridge - Founder of the FNS

Report of Operations

The following is a condensed Report of Operations for the year 1996. Detailed statistics are printed in each September issue of the *Quarterly Bulletin*.

Patient days	5,797
Deliveries	174
Operations	742
X-rays	12,674
CT scans	996
Mammograms	330
Physical Therapy	6,800
Home Health visits	34,038
Hyden Clinic visits	22,419
Kate Ireland Women's visits	4,035
Emergency Room	8,918
Beechfork Clinic	4,389
Community Health Center	3,663
Wooton Clinic	2,103
Courier volunteer hours	4,171
Number of Couriers	16
Nursing and other volunteer hours	2,952
Number of other volunteers	19
Patients registered since 1925	256,620
Maternity cases delivered since 1925	24,274
Maternity deaths since 1925 (9 puerperal, 2 cardiac)	11
Total number of graduates since School began	980
Total number of CNEP students enrolled at this time	339
Total contributions:	1,078,714.00

Beyond the Mountains

"Here's to your health, and your family's good health, and may you all live long and prosper." Washington Irving.

This is the time of year when those of us at the FNS receive such heartwarming and supportive mail from you, our friends and supporters. We remember with appreciation all the generosity given to us in 1996 enabling us to continue our work.

Independence Foundation

May 24, I was privileged to be invited to lunch by Mr. Harold Kohn. Joining us were Mrs. Kohn and Susan Sherman. Ms. Sherman is the President of the Independence Foundation. The Independence Foundation was established in 1932 and contributes to Arts & Humanities, Civic & Public Affairs and Health Services. We had a marvelous time discussing CNEP and the implications for distance learning for all adult learners.

Physician's Assistants

On May 28, in New York City, I was pleased to present to the American College of Obstetricians and Gynecologists physician assistant information regarding the direct entry route to midwifery now offered by the American College of Nurse-Midwives. As part of strategic planning, the Board of Governors asked that I investigate the opportunity for creating a pathway for physician assistants to become midwives through the Frontier School of Midwifery and Family Nursing.

Mrs. Penny Armstrong did most of the investigative work for me, and that information has been presented to the CNEP faculty. The response about the pathway offered to physician assistants by the ACNM was received with interest. Currently there are a limited number of residency programs offered by medical schools which prepare physician assistants for an expanded medical assistant role; however, many physician assistants are nurses who, like our CNEP students, desire to safeguard the lives of mothers and babies through midwifery services.

Berea College President visits

In July, we were honored to have Dr. and Mrs. Larry Shinn, President of Berea College visit the FNS. This was the Shinn's first trip to Wendover. We had an opportunity to walk through the Big House and tour the Frontier School of Midwifery facilities in Hyden. All of us at the FNS hope Dr. and Mrs. Shinn will come again and stay longer.

Negotiations with CCA

After months of talking with Community Care of America (CCA) regarding a sale of Mary Breckinridge Healthcare, Inc. (MBHC), the FNS Board of Governors ceased discussions. Although the Board continues to believe the survival of the hospital, clinics and home health agency is dependent on MBHC becoming a part of a larger system, the Board and CCA amicably decided to end our talks.

Audit

As always, the summer held meetings in and beyond the mountains with our auditors from Ernst & Young. The audit procedure requires that auditors come and stay at Wendover for two weeks. There is usually one new auditor on the team, and all of us at Wendover enjoy being host during this time. The audit was published in the last *Quarterly Bulletin*.

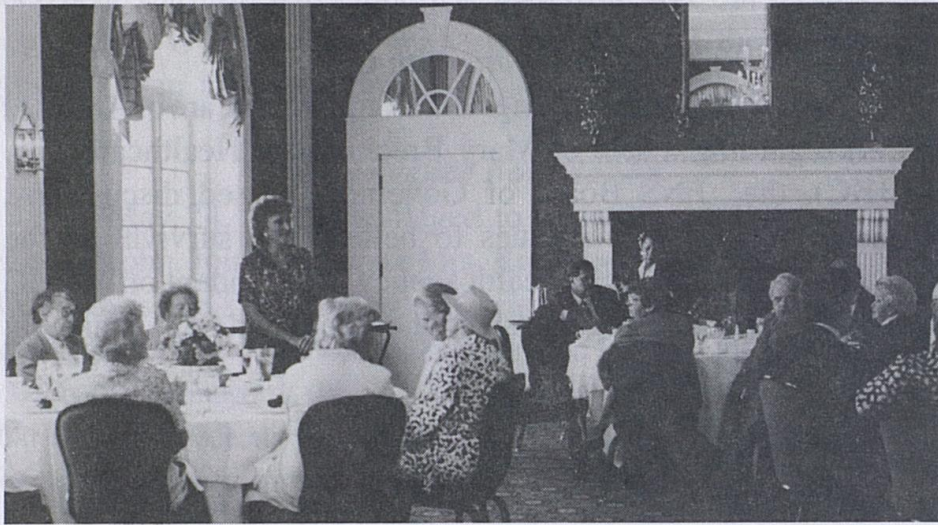
Fifth Third Bank

September was a busy month. I had the opportunity to meet with George Schaefer, President and CEO of Fifth Third Bank, Cincinnati. The Board of Governors and I are very pleased with the services provided to us by Fifth Third Bank, and it was my pleasure to be able to share that with Mr. Schaefer.

Louisville Committee Luncheon

The Louisville Luncheon was held September 11 at the Louisville Country Club with 26 people in attendance. Board members Ken Tuggle and Dr. Anne Wasson attended. Discussions

focused on the Board's Strategic Plan. Many questions were asked and answered. Thanks to Mrs. Marjorie Vogt for making this luncheon possible. Mrs. Vogt and Mrs. Florence Raleigh (former courier) visited Wendover on their way to the Smoky Mountains. The Louisville Committee has been a tremendous support to the FNS this year! Our new freezer and dining room chairs were made possible through their generosity.



Louisville Committee members

Channel 36

September 19, reporter Sky Yancy with Channel 36 television news from Lexington visited the FNS. Ms. Yancy was resigning from her job at the station that week and said she had always wanted to do a story on the FNS. The story was very well done. Although only six minutes in length, it captured the FNS as it is today.

Visit to North Carolina

October 5, Mrs. Eleanor Stetekluh was a wonderful hostess to my husband Carl and me. I often write to our friends and supporters inviting them to Wendover. Mrs. Stetekluh invited us to North Carolina and we had a couple of days to accept her invitation. We drove home across the Blue Ridge Parkway, something we had never done, and the leaves were in their flaming glory. Many thanks to Mrs. Stetekluh for her gracious hospitality.

Daughters of Colonial Wars

The Daughters of Colonial Wars held their annual meeting in eastern Kentucky this year. They visit the Frontier Nursing Service once every three years. It is always such a pleasure to welcome long time friends. Among those attending were: Mrs. A. W. Jurgeleit, President; Dr. Jessie Mize, Historian; Mrs. John M. Birmingham, Chaplain; Mrs. James Dewey O'Brien, First Vice-President; Mrs. W. T. Buckner, Second Vice-President; Mrs. Nevon F. Jeffcoat, Recording Secretary and Mrs. Grant Bricker, Custodian.

The Daughters have supported the FNS for 49 years and have met so many urgent needs!

CNEP Graduation

Graduation was held in Hyden October 19. 300 students families and faculty attended this auspicious event. This was the first time the Board of Governors chose to hold the fall meeting at the same time as graduation in order for the Board to attend. We were all so impressed by the dedication of our students and the support of their families.

ACNM Re-Accreditation

The week of November 11, the American College of Nurse-Midwives (ACNM) site evaluation team was in Hyden for the re-accreditation survey required every five years. Mr. Bill Hall, Vice-Chairman of the Frontier School of Midwifery and Family Nursing, drove to Hyden November 14 to meet with the site evaluation team. Many thanks to Ms. Betty Carrington and Ms. Barbara Decker for the very professional report given to us on Friday, November 15. The ACNM Board of Review will consider the team's report, and we should hear from the Board of Review regarding our status in the near future.

As we enter this holiday time of the year, I wish you a world of peace during this season and always.

-Deanna Severance, CEO

Courier News

Three months have passed since I began my position as Courier Coordinator. I feel blessed to be back in Kentucky surrounded by good friends, beautiful mountains and Cassie's circle pies!

The fall 1996 Couriers have stayed on the go with numerous dinners and x-ray runs. Even with their busy schedules, the Couriers have still found time to carve pumpkins, quilt with Alabam, do woodwork with Sherman, and learn how to eat southern food! We will soon be sadly bidding farewell to Eric, Tolly, Bronwen and Sarah, but we know they'll take a little of Frontier Nursing Service and Leslie County home. We are always greatly interested in hearing from past Couriers (so drop us a line)! We have enjoyed hearing from the following:



Jenny Cox ('96) is braving the big city in the cold of Philadelphia. Jenny began nursing school this fall at the University of Pennsylvania, with the goal of continuing in a midwifery program. Since leaving Kentucky, Jenny and her boyfriend have managed to complete a full size patchwork quilt (Jenny graduated from the Alabam School of Quilting)!

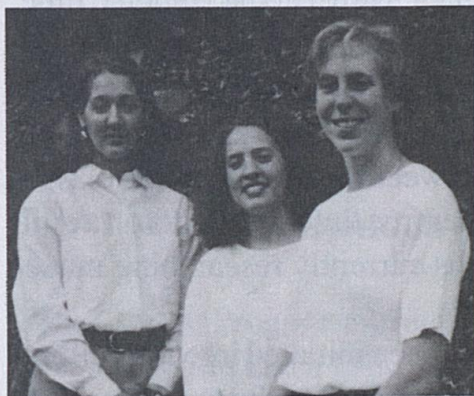
Lucy Harris ('96) is in her first semester at Macalester College in St. Paul, Minnesota. Lucy spent her summer living in a cabin in Vermont and working as an assistant manager for an organic garden. She misses Kentucky and may spend a few weeks with us during her winter term.

Dan Boss ('96) recently sent a postcard from Ecuador, where he is studying Spanish and relaxing after a busy summer of preparing for the MCAT's. Dan shares my affinity for circle pie; he asked us to send one down south.

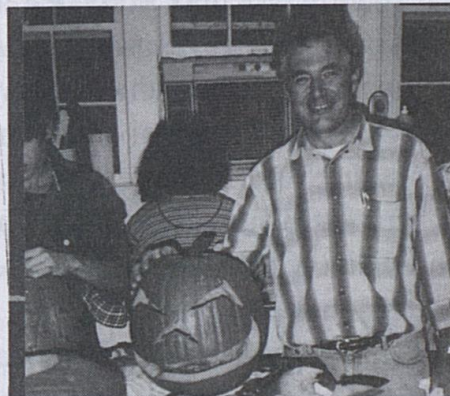
Dan Eldridge ('94), our dearly missed Courier Coordinator ('95, '96), is braving the northern winds. Dan returned to Toronto, Canada in August and has since supposedly been sighted in New York City and Boston. We at Wendover anxiously await news of his most recent travels.

Danielle Stanko ('95) dropped us a line recently from Erie, Pennsylvania. Danielle is in her first semester of medical school. She says that the work is hard, but she is enjoying every minute of it. We're happy for you, Danielle!

The fall brought us Couriers from all corners of the country. Their time in Leslie County has been one of self discovery and revelation. It has also been a time for creating memories. I have enjoyed Thursday night medical TV marathons ("ER", The Learning Channel's real life surgery show). I will never forget "bagel fests" with the Couriers, Deanna and Carl (supplied by Sarah's connections in New York City). And we will all cherish the wonderful southern dinner prepared for us by the Severances (Texas style)! Somehow the topic always comes back to food . . . anyway, I hope you enjoy getting to know our most recent Couriers:



Stefannye, Tolly and Bronwen



Pumpkin carving



Tolly, Sarah, Eric and Bronwen

Sarah Kennedy, 23, grew up in northern Virginia. However, she came to us from New York City, where she has lived and worked since graduating from Yale University with a major in Religion. An interest in women's healthcare led Sarah to volunteer her time with a Nurse-Midwife in NYC and eventually to become a Courier. While living at Wendover, Sarah spent a great deal of time with Jana Cuddy, PA, at Hyden Clinic. She also shadowed Nurse-Practitioners at the outpost clinics. In her free time Sarah began a quilt and acquainted herself with the surrounding mountains on weekend hikes. Sarah recently returned home (first to Virginia and soon to NYC) and is researching various healthcare degrees.

Bronwen Berlekamp, 23, is a California native. Bronwen is also a recent graduate of Yale where she studied Biology. Bronwen is involved in almost every aspect of the community. She has shadowed Jana Cuddy, PA and Dr. Moya at the Hyden Clinic. She spent time with Susan Ziegler, FNP, at the Community Health Center and accompanied Betsy MacMillan, CNM, to a birth. Bronwen has been active in education. She tutors an elderly lady in reading, and dedicates time each week to the fifth grade classes of Stinnett Elementary School. In her free time she works on a quilt and visits with Alabam. Bronwen is currently researching nurse-practitioner programs.

Tolly Johnson, 22, has also been initiated into the quilting circle. She came to Wendover from Murfreesboro, Tennessee, where she is a graduate of Middle Tennessee State University. Tolly is in the process of applying to Physician's Assistant programs and volunteered in Tennessee to work with a Physician's Assistant. She is enjoying working with the third grade classes at Stinnett Elementary. Tolly also shadows Jana and Betsy (with whom she saw a birth!). She was a distinguished member of the Mary Breckinridge Festival parade where she rode on the hospital float wearing the original FNS midwife uniform.

Eric Wiesner, 22, a New York City native recently graduated with an anthropology degree from the University of Michigan in Ann Arbor. He came to us with an interest in medical school, but through exposure to a variety of practitioners,

he is also considering nursing careers. Eric, the third member of the "Stinnett Club", assists the fourth grade classes at the elementary school. He also shadows the practitioners at Hyden Clinic and the outpost clinics. During his free time, Eric has been working on making a table with our good friend Sherman Wooton. Eric has previously studied in Brazil while gaining exposure to healthcare initiatives in city slums, and he is hoping to return to South America to do further research.

Stefannye Woodruff, 21, is our most recent Courier addition. Stefannye is an Oklahoma native and is currently pursuing a degree in Health Wellness at Oklahoma State University. Stefannye has expressed an interest in everything. She has begun her stay at Wendover by shadowing the Physical Therapist at the hospital and accompanying a Home Health Nurse on rounds. Stefannye is excited about the opportunity to work with the Child Health Educator through the Southeast Kentucky Area Health Education Center. She would also like to experience the business side of healthcare. *-Karen Thomisee*

Attention Former Couriers

The Courier Program currently owns a 1987 Dodge Mini Van with 145,000 miles and a 1990 Toyota Corolla with 150,000 miles. We want to purchase a new Mini Van for \$15,000 and are asking for the help of each former courier all the way back from the beginning! If you would like to contribute to the purchase of the Van to be used only for the Courier Program, please send your donation to the Development Office with a note stating what you wish the money to be used for. If you happen to have a used large-capacity vehicle such as a mini van or a station wagon, please consider donating it to the FNS on a tax-free basis. Your support will be greatly appreciated by FNS and by future Couriers.

-Barb Gibson

Courier Bronwen Berlekamp explains the need for a van

... we no longer ride horses (somewhat to our disappointment!), and even the old jeeps are gone. Instead, we trek about in our trusty gold Toyota Corolla and our not-so-trusty Chrysler van, known to us as "The Van." This poor van is beautifully decorated on the outside with the words "FNS Courier Program," in stark contrast to its very sick insides. Just one x-ray run to Hazard is enough to reveal its problems. On the way down Wendover Road, you might notice that turning the steering wheel does not always result in a correlating change in direction. After hydroplaning your way up the Hyden Spur road, you might be alarmed to find the braking unpredictable as you pull up to the Thousandsticks toll-booth. Once on the Daniel Boone Parkway, do not be surprised if the transmission moodily switches between gears without apparent provocation. When you return to The Van after visiting the radiologist on call, be sure to climb in the passenger side, as the driver's side door is out of order. And last but not least, expect strange looks from other drivers at traffic lights on your way home. The Van does not always know how to idle quietly.

All of these symptoms have been diagnosed and treated at some point. But the overall prognosis for The Van is so grim that it has been grounded at Wendover for several weeks, leaving us with only one vehicle for performing Courier duties and entirely without for transporting large loads. We are dearly hoping to replace The Van as soon as possible, and we hope that you can help us with this effort.

Please help the FNS Courier Program continue its necessary work by contributing whatever you can to the New Vehicle Fund.

My stay at FNS will be over too soon to see the new vehicle, but I have witnessed the demise of The Van and would be proud to help bring about its replacement.

FSMFN/CNEP News

- *Susan Stone*

The CNEP has experienced a year of many changes. Even as major changes occurred within the CNEP Administration, the Program continued to be successful. As of mid-November, we had graduated 94 nurse-midwives during 1996. This brings the grand total to 419 since the Program's inception. At the same time we admitted 148 new students during 1996. This is a reflection of the solid foundation that this School was built upon.



As we look forward to 1997 with some excitement, we would like to introduce the current Administrative Team. We say current because this summer we convened a Search Committee with the goal being to find qualified educational directors for CNEP who could be located in Lexington. We realized that the search for the new Administrative Team could not be rushed. We needed the time to do the search justice in order to find the best people for these positions. The Interim Program Director Phyllis Long was unable to continue past November 30 due to other commitments and Cindy Farley, Interim Clinical Director, needed to get back to her research (Cindy is currently finishing up her Ph.D and working on her dissertation). Therefore new Acting Directors have been named. These Directors have agreed to stay in place for as long as it takes to recruit a new Administrative Team.

I, **Susan Stone**, CNM, MS, have been appointed Acting Program Director. I am not new to CNEP as I was actually a member of the original CNEP Pilot Program, CNEP Class 1. Before coming to CNEP I received a Master's Degree in Nursing Administration from the State University of New York. My history includes positions in administrative roles running inpatient and outpatient obstetrical health services. I was involved in

successful grant writing in New York State that resulted in the expansion of midwifery services to outreach prenatal clinics in rural upstate New York. After graduating from CNEP, I worked in upstate New York doing full scope midwifery for six years. In addition I have held several positions with CNEP including Antepartum Course Faculty, Special Projects Director, Regional Clinical Coordinator, Assistant Clinical Director and Admissions Chairperson. I also served during this past summer on the Search Committee and the Transition Team. I am definitely devoted to a long term commitment to CNEP and to the education of nurse-midwives.

Kerri Schuiling, CNM, MSN, has been appointed Acting Education Director.

Kerri graduated from college in 1973 with a BSN. She worked as a labor and delivery nurse but in 1974 was recruited into a teaching role. Since then she has always been in both clinical practice and taught either nursing or advanced practice nursing students. In 1974 she returned to school earning an MSN with a minor in clinical teaching and physiology. Her major was advanced maternity nursing. She also earned a certificate as a nurse-practitioner during these years. During her full-time teaching years Kerri was active on curriculum committees within the school and university and admits that she loves the challenge of curricular activity and design.

In 1989 Kerri entered the first class of the CNEP Pilot Program. Since becoming a CNM Kerry has practiced in Michigan and Colorado in private practices and in a large midwifery service. Kerri began teaching for CNEP in 1991 as a Teaching Associate in the Well Woman Course and became faculty in 1991. In 1993 Kerri took the role of Course Coordinator in Physiology. We feel fortunate to have Kerri. Her past history and experience make her a natural choice for this role of Education Director.



Jackie Morrill, CNM, MS, has been appointed the Acting Director of Student Affairs. This position replaces the previous Clinical Director. It will provide direction to the supervision and guidance of the students in order to make good progress through



the CNEP Program in both their didactic and clinical work. Jackie will have a team of three Regional Directors and 20 Regional Clinical Coordinators working with her in this effort. Jackie graduated from the University of California with a MS in Family Health Care Nursing in 1979. She then went on to obtain a Certificate in Nurse-Midwifery from the SUNY Downstate Program in Brooklyn, New York in 1980. She has held several clinical positions as a Nurse-Midwife in the past 16 years. Jackie was also a faculty member at the University of Pennsylvania from 1977 to 1987 in their nurse-midwifery education program. She held various positions including Lecturer, Clinical Instructor and was their Acting Program Director during 1986. More recently Jackie has been working with us at CNEP. She started as a Teaching Associate for the Post Partum Course in 1992, was appointed Course Faculty in 1994, and most recently has been a full-time Student Advisor. She is also the current Chairperson of the Admissions Committee. Jackie's helpful nature and dedication to the education of nurse-midwives will serve our students well.

These three midwives make up the Administrative Team of the CNEP. Along with the support staff in Hyden, they are committed to the continuing success of the CNEP in producing knowledgeable, qualified nurse-midwives who provide comprehensive healthcare to families. The new year promises to be an exciting one with many goals which includes investigation of the computerization of the curriculum and the integration of multimedia methods of teaching and learning.

Martha Redpath - Former Courier/CNEP Student

I arrived in Hyden, Kentucky, in August 1996 with the excitement of anticipation as I enrolled in the Community Based Nurse-Midwifery Program (CNEP). Who could imagine I would see the same hills and hollers as those I had seen in the summer of 1978 when I was a Courier.



In 1978, I was enrolled at Duke University School of Nursing. I learned about FNS through my mother who grew up in the Boston area and thought it might be an interesting experience for me to participate in the Courier Program. Interesting was an understatement. It was amazing. I met new friends, had new experiences with a rich and fascinating culture, and became exposed to the role of the Nurse-Midwife that was to have a profound influence on the direction of my nursing career.

I met my fellow Couriers, Bets, Trefts and Martha Finkelstein. Because there were two Marthas on staff and Verna Potter wanted to keep us straight, I was called "Reddy". I don't remember who came up with that one, but Reddy it was for the time I was in Kentucky. It took only a few days to get settled in. We explored the walking bridge over the river near Wendover and went to the drive-in with Gabrielle Beasley in a flat bed truck. There were no complaints about the food from Opal's kitchen.

The couriers no longer rode horses in 1978. The lessons of driving with a clutch in hills that seemed to be at a 90 degree pitch was plenty of challenge for me. I loved the drives through streams and along hillsides that held breathtaking beauty. I was taken by the warmth of the people. I took supplies to a patient one day and sat and chatted and drank coffee. I heard about the coal mines, the lung disease, the cold winters and her family. I heard and saw a beauty and strength that comes with surviving the hills through the years and I liked what I saw. The next day I met my patient at the bottom of the hill to join her at church. Car after car drove by and waved. "You waiting for Hazel?" How did they know? There were

no phone lines to her house in those days, wasn't it just yesterday that she invited me to come? Just another lesson for a young student to take in.

My work with the Family Nurse-Practitioners and Mary Weaver in the Emergency Room of the Hyden Hospital, opened my eyes to the expanded role of the nurse. The stories of work overseas, and dedication of the student midwives helped me understand the role of the Nurse-Midwife. I was hooked.

I studied with a Nurse-Midwife during my time at Duke. I worked with Midwives during a year in Beirut, Lebanon. Over the course of the next period of time, I married and had three children, all born at home with the assistance of midwives. I traveled to Nicaragua, Cuba and Haiti. I worked in home health, public health, and at a small birthing center with the rural families of Vermont. My dream of becoming a midwife continued.

Now, as my children are 6, 8, and 10 years old, it seems a good time to pursue my dream. I learned of the CNEP Program by keeping tabs on the education opportunities at FNS. It seemed too good to be true to find a nurse-midwifery program that was available to me without the dreaded move of my husband and children. It seems like a full circle to return to those hills that taught and inspired me at the start.

When I arrived in Hyden for CNEP Midwifery Bound, orientation was full. I walked the hills each morning before the programs began. I met a wonderful group of students that support me through the web of studies that keep my life more than busy these days. I met a group of instructors who carry a vision of bringing nurse-midwifery to every community in the country. I remembered the work of Mary Breckinridge and thought she would be proud to be the base for such a visionary program. I am proud to be a part of FNS again. *-Martha Redpath, Class 17*

Wendover News

So much has gone on in the past couple of months, making it difficult to know quite where to start.

Wendover has been so busy with all sorts of comings and goings, it has all been rather a blur. One thing that really stands out though, is all the surprises that kept blooming forth in the gardens. Dr. Anne and Christine



both have a love for and an understanding of flowers. They got together in the spring, poked around, planted and lo and behold all summer and fall we have had a continuous blooming, beautiful garden. I catch them every so often looking through the flower catalogs and I think they may come up with some more "bright" ideas for next year.

Much of the time has been spent making a dent in cleaning and organizing the basement and attic of the Garden House. Dr. Anne dutifully sorted out about 30 boxes of papers, some to shred, some to save, and some to just heave out. She kept me busy trying to keep her supplied and removing what she had done. But, with all that stuff out of the basement we had plenty of room to set up a mini gym for all the staff to use. I think the tread mill is the favorite item. By now I'm sure Mae has hoofed it to Oklahoma! California won't take her long.

Mid-August brought us Midwifery Bound, always a fun time. A doctor from Louisville came for two weeks for clinical experience and we've had a number of student nurses and FNP's stay with us while they were here for clinical training.

September moved in and with it the staff tried to fit in a bit of vacation time. We started off the month with dinner for Level III and then a week later another Midwifery Bound dinner. Along the line we also had the pleasure of meeting a few former staff members who stopped by for the day or night, to reacquaint themselves with a part of their pasts.

October came and it turned into a nonstop event. With a lot of help from the Hospital dietary staff, Wendover's Maintenance

Department ran a well attended horse shoe throwing contest during the Mary Breckinridge festival. The next weekend we were delighted to have the Daughters of Colonial Wars from all over the states with us. Every three years they plan a Kentucky tour to the FNS. Once again, I was awed by all the baby caps they presented to me. Even though I'm repeating myself, THANK YOU! These caps are placed in the newborn layettes that every new mother is given before they leave the hospital. On Saturday, Virginia Gross gave them a wonderful tour of the Hospital, then they progressed up the mountain to the Frontier School of Midwifery and Family Nursing's multipurpose room for lunch served by the Couriers. After watching "Forgotten Frontier", we hopped back on the bus and drove down to the Beechfork Clinic for a tour, then to Wendover for tea. It was a whirlwind day but one filled with good cheer.



Daughters of Colonial Wars at Holiday Inn in Hazard

No sooner had we caught our breath then we were giving dinner to the Frontier School of Midwifery and Family Nursing Faculty. By this time the Couriers were pros at serving 55 hungry people even though at times it was a bit difficult to get within serving range with so many tables set up! The next day the Board of Governors were in for their fall meeting. On Saturday we had a number of graduates come to the Big House to show their family and friends before graduation that evening at the Nixon Center.

Somehow in between, students from Clinch College in Tennessee and Carson-Newman College came for tours. Students from Eastern Kentucky University came with former FNP Sharon Koser and had tea and dinner. The University of Tennessee nursing students came for their annual trip and last but not least, Western Carolina College of North Carolina spent the day with us.

We have recently been able to start the construction of a three board fence along the road in front of Wendover. This project was made possible through the generosity of one of the Board members. The fence will go from the post office all the way down the drive. J. G. Morgan has committed to reconstructing one of the original gates for us which will really be icing on the cake. As he noted, all the clearing of the mountain done in 1990 and 1991 started to bring Wendover back to what it once was but the fence puts the finishing touch to the work.



New fence

It was a sad day when Dan Eldridge, Courier Coordinator, headed back north from whence he came. That next morning I drove in with a heavy heart, thinking of all the good times Wendover had with him and thinking that I wouldn't be able to see his cheerful face across the hall. I was also thinking that I would

no longer have to be the alert for his next prank. Well folks, I should not have worried. As I walked from the carport in the early misty morning I noticed that we had a new addition on the property. There by the corner of the Barn was one chicken! My first thought was that he had gone one step beyond the petrochemical variety and left us with the cement type. My dog, Trish, spied said statue and much to her surprise, and mine I might add, it let out a lusty "cluck, cluck" and took off over the wall. As a parting present to remember him by, Dan left us with two of his feathered friends. After a lovely day sitting on cars, being chased by dogs, and stalked by a stray cat, it was decided that our new pets had too much going against them at Wendover and a new, friendly, warm roosting place was found for them up the creek. I have a feeling in my bones that this will not be the last from Dan and that we had all better stay on our toes for the next chapter of the Chicken Story.

-Susie Hudgins

Miscellaneous

On June 15, 1996, the third annual induction of Fellows into the American College of Nurse-Midwives took place. At that time 12 CNMs were advanced to Fellowship. Ruth Coates Beeman, CNM, MPH, FACNM, and former Dean of the Frontier School of Midwifery and Family Nursing was one of them.

Ms. Ruth Beeman was recruited to become director of the Frontier School of Midwifery and Family Nursing (FSMFN) in 1983, and during this period she helped negotiate an academic agreement with the Frances Payne Bolton School of Nursing, Case Western Reserve University that allowed FSMFN students to receive graduate credits for their certificate program. She also provided leadership with Kitty Ernst and others to design the Community-Based Nurse-Midwifery Education Program (CNEP). Following her retirement at the end of 1988, she continued as a volunteer and later as faculty for CNEP until 1994.

The Administrative Team of the Frontier Nursing Service and Mary Breckinridge Healthcare are proud of **Lucy Lewis, LPN** who finished a five-hour Neonatal Advanced Life Support course through the University of Kentucky in 45 minutes.

Experiences at the Frontier Nursing Service are never forgotten. Kate Ireland recently changed her street address to be named in honor of a famous mule at Wendover named Tenacity.

In talking to Freddy Holdship who also knew Tenacity she told me that every time Tenacity saw Agnes Lewis (executive secretary at the time), he chased her. He never caught her but always chased her.

Freddy also told me that Tenacity had a mind of his own. One night Freddy was riding to a delivery up Hurricane and Tenacity decided he didn't want to go any further so he sat down in the middle of the road, laid his ears back and refused to budge. Freddy had pull Tenacity the rest of the way home.

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Alberta Halpin Norris, Marietta, Georgia, died September 6, 1996. She worked at the Frontier Nursing Service during the 1950's - 1960's. Her sister Margaret McCracken also worked for FNS.

Louis M. (Judge) Welsh, Del Mar, California died August 8, 1996 at the age of 75 years. Judge Welsh was a supporter of the Frontier Nursing Service.

MEMORIAL GIFTS

We wish to express our deep appreciation to these friends who have shown their love and respect for the individuals named below by making supporting contributions in their memory to the work of the Frontier Nursing Service.

- | | |
|---------------------------------------|------------------------------|
| Alberta (Bertie) Halpin Norris | Mr. & Mrs. Leon Donahue |
| Mrs. John H. Bennett, Jr. | Emily B. Countryman |
| Margaret McCracken | Ruth Peninger |
| Crooks and Betty Eddy | Monroe Art Class |
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Col. James T. Breckinridge	Alice Kennelly Roberts
Lt. Gen. James C. Breckinridge	Nancy Turpin
Col. James T. Breckinridge	Miss Kate Ireland
Ann Corlett	Daniel Bailey Ford
Mr. George & Eleanor Ford	Mr. George & Eleanor Ford

IN HONOR OF

Mardi Perry	Betty Lou Johnson Memorial
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Breckinridge Kinfolks	Rhonda Johnson
Susan Graham	Regan Almada
Jim & Nancy O'Dell	Roberta Johnson
Dr. & Mrs. David L. Harris	Renee Cassidy
Miss Kate Ireland	
Mr. & Mrs. Anthony Jonklaas	

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the Development Office at FNS.

In memory of: _____

Contributor's name: _____

Address: _____

Person(s) to whom you wish acknowledgments sent:

Name: _____

Address: _____

In Honor of

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the Development Office at FNS.

In honor of: _____

Contributor's name: _____

Address: _____

Person(s) to whom you wish acknowledgments sent:

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In Memory of Dr. Willis D. Weatherford

Dr. Willis D. Weatherford served as a member of the FNS Board of Governors from 1967-1984 and was a Honorary Member until his death May 22, 1996. Dr. Weatherford served on the Pine Mountain Settlement School and Berea College Boards.

Below is a tribute to Dr. Weatherford for his 80th birthday, written before his death by Miss Kate Ireland and Miss Anne Cundle, and reflections from a letter to Dr. Weatherford's wife, Ann, from Mr. Brad Crain after Dr. Weatherford's death.

. . . Frontier Nursing Board meetings - You always had vision and were able to bring order out of chaos when we had long and lengthy discussions. After your wise assessments, it was miraculous to watch formerly sparring members nodding their heads in agreement. Thank you for all your sagacity, your wisdom, and your understanding - all these helped guide the Frontier Nursing Service through the years.

. . . On the fun side, Anne Cundle and I always looked forward to you and Ann visiting us at Willow Bend and sharing our joy in our mountain behind the house, a steep climb but worth the effort.

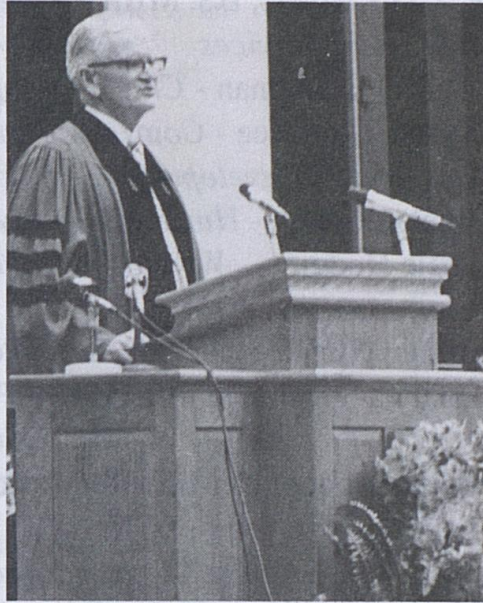
. . . The years we shared at Berea College are very special to me. I can see you in your magenta robes with your dignified stature - you were a classical example of a College President, yet always putting everyone at ease with your quiet and confident words. You lived them in your daily service to the College. When you spoke of Berea it became a living image and people's hearts were touched, and they subsequently were inspired to contribute - you were fabulous in generating donations for Berea.

. . . At last, I could teach you something! You and your family's visit to Foshalee Plantation was a new experience for you. I'll never forget the astonishment on all your faces as we rode horseback back through our blackened woods and fields - I hope that I convinced you of the value of spring burning - to enhance the regeneration of long leaf pine, to control the growth of hardwoods, and to germinate native grass seeds.

... Finally, our visit to your home on the top of Black Mountain - that wonderful view and feeling of peace remains in our memory.
 -Kate Ireland and Anne Cundle

... Willis is too vital to be gone. And of course he is not gone, his legacy is too varied and strong, his heart too big and powerful in its love ever to be gone.

... I had planned to write some reflections to send for Willis' 90th birthday gathering. I would have spoken about his energy - - physical, intellectual, and Christian - - an energy that compounded on itself with true grace and became a person



Dr. Weatherford

and a personality both respected and loved, a rare and wonderful mixture of caring. Willis saw people, institutions and events with a perspective that immediately shaped a truth and gave that truth a deep, resonating voice; he truly was a teacher. Willis gave us all strength to do what is right; he continues to do that for all who came into his massive orbit.
 - Brad Crain

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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

" I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Life Insurance.** You may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE
Mr. William Hall, Treasurer
Fifth Third Bank
269 West Main Street
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must go to the printer several weeks before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

Staff Opportunities: Family Nurse Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact Department of Human Resources, Wendover, KY 41775 (phone 606-672-2317).

Courier Program: This program has an ongoing need for all types of people, with all types of skills. The program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 8 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator/Courier Program, FNS, Inc., Wendover, Kentucky 41775 (phone 672-2317).

Nursing Volunteer Program: This is a program that has been recently designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this program if accepted, there is no required amount of time. For current information, write or call Director of Nursing, Mary Breckinridge Healthcare, Inc., Hyden, Kentucky 41749 (phone 606-672-3162).

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. Because of your generosity, we sometimes receive more gifts for a particular item than we need. In those instances, your gift will be applied toward another urgent need listed below. Donations should be sent to the Development Office, Frontier Nursing Service, Wendover, Kentucky 41775, where they will be gratefully received.

Beechfork Clinic:	Cost
Large Blood Pressure Cuff	900
New Linoleum	50
 FSMFN:	
Floor Tile for Haggin Kitchen	400
 Home Health:	
(2) Infant Scales	400
(20) Digital Thermometers	200
(10) Adult Scales	250
(10) Blood Pressure Cuffs	250
 Operating Room:	
Stretcher	2,500
Education Materials	500
 Wendover:	
Renovation of Courier quarters in Barn	800

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwife training schools for graduate nurses; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporation of the
Frontier Nursing Service, Article III
as amended June 8, 1984