



Shalom

Serving the Central Kentucky Jewish Community Since 1962

November 2001

Heshvan / Kislev 5762

2001 Community Campaign Continues; Goal is to Set Record

Chair Alan Stein says successful campaign needed to support all-time record activity

Alan Stein, chairperson of the 2001 CKJF/UJC Community Campaign announced recently, "Our 2001 Community Campaign is still going, and we are striving to reach an all-time record campaign to support our all-time record activity. The recent attacks in New York and Washington are still fresh in our minds, and the wounds will take a long time to heal, if they ever will. But these attacks also highlight the significance of our Annual Community Campaign to help our Israeli brothers and sisters who have been living under the boot of terrorism for a very long time."

In a recent message to those individuals who may not yet have been contacted, Chairperson Stein noted, "The participation of very member of the community in the annual campaign is important. We are trying to connect personally with everyone in the Lexington Jewish community to let people know that the Central Kentucky Jewish Federation is here for every community member. If it hasn't touched you personally, it can."

Included among CKJF local activities Stein particularly noted Jewish Family Services, Community Relations Committee, Community Activities Committee, and Camp Shalom. He cited our Federation's role overseas through the Jewish Agency for Israel and the American Jewish Joint Distribution Committee which operates in countries other than Israel.

The primary purpose of our Jewish Federation, Stein said, is serving the greater Lexington Jewish community with programming that brings us together and by providing support to the elderly and those in need. Jewish Family Services helps community members in need with confidential help, one by one, through services such as financial assistance and one-on-one counseling. JFS also designs and conducts programs to address the unique individual and family needs that face us throughout our lives, from finding other single friends, to finding daycare, to raising awareness about body image for teen-

agers, to finding long-term care options for our aging parents and for ourselves! Community Relations Committee represents the interests of the Jewish community to the general public on local, national, and international issues. It also participates in citywide coalitions to improve our corner of the world. Community Activities Committee organizes social and cultural events that bring the Jewish community together. It also organizes regional trips to concerts and museums as well as community-wide celebrations such as Israel Independence Day or programs such as a boat ride on the Kentucky River or the screening of "The Life and Times of Hank Greenberg." Camp Shalom provides a unique and loving summer day camp for the community's children ages 4-10, where they learn in a fun way about our traditions. In 2001 we had a record attendance.

Close to one-third of our budget, Stein said, goes to fulfill our commitment to world Jewry. He referred to the Jewish Agency for Israel (JAFI) and the American Jewish Joint Distribution Committee (JDC). The Jewish Agency for Israel plays a unique role in building Jewish peoplehood. For 70 years, the Jewish Agency, a humanitarian organization committed to the highest ideals of freedom and equality, has been pivotal to Israel's remarkable story of immigration, renewal and growth. And for over 50 years, since the establishment of the State of Israel, the Jewish Agency has been the driving

force behind the unique bond between Jews around the world and in Israel. More than 887,000 immigrants came to Israel from the former Soviet Union between 1989 and 2000. Thousands still arrive monthly. The American Jewish Joint Distribution Committee (JDC) for 84 years has embodied the principle that all Jews are responsible for one another. Operating in 57 countries around the world, JDC rescues Jews in distress, provides relief for Jews in need, reconstructs and rebuilds Jewish communities and helps Israel address its social challenges by serving as a force for innovation and reform. The collapse of the former Soviet Union (FSU) presented JDC with two challenges: reviving Jewish life, nearly obliterated by WWII and the Soviets, and meeting the welfare needs of the Jewish elderly suffering in the current economic turmoil. 35% of Jews in the region are over 65. Many have no relatives and live on meager fixed incomes. JDC provides food and home care to the 220,000 most needy. JDC's Hesed centers distributed these services by incorporating senior citizen centers, with food programs, medical equipment loan facilities, medical consultations, and a variety of services for the homebound under one roof. There are 145 Heseds in the FSU.

At this time, Stein said, we are contacting those who have been generous participants in the CKJF/UJC Community Campaign in the past and hope to have each reaffirm a commitment for this year.

Letter From Israel

Josh Adland, son of Sandy and Rabbi Jon Adland and a junior at Tates Creek High School, has been in Israel since the end of August as part of the International Exchange High School Semester in Israel Program. In this "Letter From Israel," Josh shares some of his experiences with us. We look forward to reading future articles before he returns in January.

October 12, 2001

Dear Friends,

I has been almost two weeks since I last wrote. The past fourteen days have been occupied by a well needed break from our normal schedule. Here in Israel, school is not in session during the holiday of Sukkot. Many families go on vacations or just relax and enjoy the holiday. Our break started on Sunday morning at "Efes b-lailah" or, in English, "Zero in the morning." We boarded the bus for Masada at 2:30 AM. I had gone to sleep around 8:30 the night before, so, unlike most, I was well

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MAZEL TOV TO:

Ben Schumacher, son of **Scott & Beth Schumacher**, for qualifying as a National Merit Semifinalist. Also, Ben was honored to be selected as a 2001 Governor's Scholar, and attended the 5-week program during the summer at Northern Kentucky University.

Antony & Angela Beck, on the birth of their son, **Henry Michael**, on September 27, 2001.

Gail & Ernie Cohen, on the birth of their grandchildren, **Melanie Silver** and **Jared Charney Cohen**.

REFUAH SHLEMAH (get well wishes):

Gay Adelstein
Mike Adelstein
Rabbi Jon Adland
Howard Eldot
Kathy Feinberg
Marjie Lerner
Nancy Menard
Linda Ravvin

CONDOLENCES TO:

Martin & Virginia Luftman on the death of Martin's father, **Benjamin Luftman**, on September 6, 2001.

Nancy & Stephen Kesten on the death of Nancy's mother on September 19, 2001.

The Rosenberg family on the death of **Charlie Rosenberg** on October 5, 2001.

Please let us know of any news you would like to share with the community.

PRESIDENT'S MESSAGE

by
Stan Saxe



In this issue of **Shalom** Alan Stein, chair of our 2001 CKJF/UJC Community Campaign, reminds us how our Jewish Federation in Central Kentucky affects Jewish life in the former Soviet Union.

This past August as my flight to Ben Gurion Airport was approaching Israel, landing cards were distributed. These cards ask for basic information to supplement a passport. It was obvious a late middle-aged couple near me were having some difficulty completing the information requested. English was evidently not their first language, and they were not Hebrew speakers. They eagerly accepted my offer to help with the landing card. The couple were new Americans, having come from the former Soviet Union and now living in New York. To help me they produced a 4x6 inch file card on which their daughter had printed in block letters their full name, street address and phone number in Queens. They also produced their new U.S. passports. The wife was born in Russia, the husband in Uzbekistan. This was their first trip to Israel to visit friends from the former Soviet Union now living in Netanya.

This slight contact brought an awareness to me how we in Central Kentucky and our Jewish Federation helped in the effort to allow Jews to emigrate from the former Soviet Union. Now these new U.S. citizens are part of the mainstream flying to meet their old friends who are now new Israelis. Somehow I felt this was overt evidence that we in Central Kentucky do make a difference.

An awareness that all of us in the Central Kentucky Jewish community share is the remarkable and moving article written by Elena Domatov for last month's issue of **Shalom**. The Domatov family came to Lexington from Tashkent, Uzbekistan and are a valuable addition to our community.

As Alan Stein notes there are needs in the former Soviet Union for those who remain. According to the American Joint Distribution Committee there are about 30,000 Jews in Uzbekistan, down from more than 100,000 two decades ago. Most have emigrated to Israel or the United States where the greatest number are in Queens. Elsewhere in Central Asia there are just over 20,000 Jews in Kazakhstan and fewer than 1,500 in

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Shalom

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Stanley Saxe, President

Daniel Chejfec, Executive Director

Fran Morris, Jewish Family Services

Diana Sissen Lockridge, Activities Director

Lori Zimmerman, Administrative Assistant

Editorial Board

Michael Adelstein, Marcia Blacker, Evelyn Dantzic Geller, Ruth Poley

Production Editor & Advertising Manager, Carrie McDonald

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COMMUNITY RELATIONS COMMITTEE SETS PRO-ISRAEL TASK FORCE David Wekstein to chair

Since September 11th, we have seen a rise in anti-Israel letters and articles both on campus and in the Herald Leader. Those writing these articles rely on the ignorance of the readers and take advantage of the simplicity of their message: Israel is oppressing Palestinians with American weapons and support, and that is why the Towers were struck. A simple explanation, albeit inaccurate, that many people buy because they need an explanation of any sort. The readers do not know of the key role played by Israel in information gathering and intelligence during the efforts against terrorism, or the fact that Israel has been living with this nightmare for most of its existence. In other words, we need to educate people about the Israeli perspective on the Middle East conflict.

The Federation's Community Relations Committee, chaired by Rabbi Uri Smith, determined that the best approach would be to ask people to write letters to the editor, not only on the subject of the Middle East conflict, but on other Jewish-related issues as well. David Wekstein was asked to coordinate these efforts to make sure that we can present a positive case for Israel as well as separation of church and state and other public affairs about which our community feels strongly.

If you are interested in being part of this effort, please contact the office at 268-0672 or ckjf@Jewishlexington.org or contact David Wekstein.

ACTIVITIES DIRECTOR NEEDED

To work with

Community Activities Committee
Jewish Student Organization/Hillel
Camp Shalom Committee

Send resume and cover letter to:

Activities Director Search

Central Kentucky Jewish Federation

340 Romany Road

Lexington, KY 40502

ckjf@Jewishlexington.org

Central Kentucky Jewish Federation's

7th Annual Winter Dinner

Monday, December 24th 6:00pm

Sheraton Suites Lexington (Richmond Road)



As tradition holds, we have a very special evening planned. Entertainment and special activities for the children are scheduled.

The doors open at 6:00 pm, the buffet will begin at 6:30 pm. The menu includes garden salad, pasta, vegetarian lasagna cheese & vegetarian pizzas, mixed primavera garden vegetables, garlic bread, coffee, iced tea, lemonade, carrot cake, and chocolate mousse. A cash bar will be available.



This is a community-wide party. Please join us for a fun evening with old and new friends. Tickets are \$16 for adults, \$7.50 for children 5-10 and free for children 4 and under.

To help us feed the hungry, please bring two nonperishable food items for each person in your party. If you forget, you will be asked for a donation of \$2.00 per person. All food and cash donations will be given to God's Pantry.

Reservations and payments must be made in advance and are due at CKJF by December 14th.

If you have questions, please call the CKJF office at 268-0672. There will be no solicitation of any kind during this event.

The Winter Dinner is sponsored by the Central Kentucky Jewish Federation. Everyone is welcome!

Sign us up for The Winter Dinner!

Names of adults and children over 10

Names of children 5-10 years old

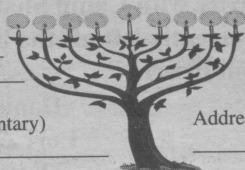
Names of children 4 and under (complimentary)

Number of Adults _____ x \$16.00 = \$_____
Number of children 5-10 _____ x \$ 7.50 = \$_____
Total Enclosed \$_____

Please enclose a check made payable to CKJF and mail along with this form to:

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People who seek out psychotherapy have a self-actualizing tendency toward greater contentment and improving adaptivity. They seek psychotherapy out of a feeling that this tendency is frustrated.

One of the most important things the therapist does is to give the patient the feeling that he/she is known by another person.

Faust was willing to negotiate with the devil because in spite of all his erudition he never felt he was present with the essence of life. Psychotherapy can help with this feeling. And at a much lower cost.

Harwell F. Smith, Ph.D.

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REFLECTIONS AS THE DUST SETTLES

By Daniel Chejfec, Executive Director
 Central Kentucky Jewish Federation

As we leave the Days of Awe behind us, as the dust begins to settle in New York and in Washington, as the horrific count of the human tragedy begins to hit home, it is time to reflect.

The impact of the attacks has been analyzed in its economic, political, legal, human and diplomatic implications almost to exhaustion. Yet there is one dimension of the problem that is only now becoming evident: Americans don't feel safe.

A case of anthrax in Florida, an unbalanced Croatian killing a bus driver, or even an innocent bystander who looks Middle Eastern, is immediately believed to be connected with terror and invokes fear. When people are fearful, they grab for straws, for anything that might explain what is happening. Rumors start, such as the one in which the father of one of the terrorists claim that the Israelis kidnapped his son a year ago and forced him to participate in the attack so they can blame the Arabs... or the report that 4000 Jews did not show up for work for they knew of the attack... or the allegation that America was targeted for helping Israel...

The last of those rumors is in fact the most insidious, considering that Osama Bin Laden has publicly stated once and again that his fight is to "free Muslim soil from the presence of the infidels." By this he means Americans in the land of the Prophet, his native Saudi Arabia. Blaming Israel is an easy way out, a simple explanation that allows people to believe that nothing is wrong and they will not be targeted. As a Jew who lived in Argentina during the 1976-1983 military rule, I know how much of an

illusion that is.

And talking about Israel brings to mind another facet of the Attack on America. For the sake of building a coalition with unreliable partners, the Bush administration is pressuring Israel to concede to the Palestinians. They forget that when Israel offered the Palestinians almost all that they wanted in July of 2000, Arafat's response was to start the Intifada, the undeclared war, on Israel. They forget that Israel has lived under the shadow of terrorism most of its existence, and forgetting that those who want to destroy the American way of life have a clear goal in mind: the destruction of Israel and the establishment of an Islamic state from the Jordan to the Sea.

Yet in the midst of these difficult times, 50,000 Jews have arrived in Israel in the last 12 months from Argentina, France, Ethiopia, and the former Soviet Republics. Many arrive with barely the clothes they wear. And Israel is rising to the task with the help of Jews around the world. Olim (immigrants) are fed, housed, and in many cases, retrained. At the same time, Israel deals with the social ailments of a modern society and is helping those on the margins of society to become part of the mainstream. And this endeavor is in fact a ray of hope. Against the night of Terror and Hate, against those who would like to see Israel and America obliterated, we raise the banner of responsibility for our fellow Americans and our fellow Jews.

Our community, through the annual community campaign, is part of this enterprise. We help the victims of terror and we help Jews in distress in Israel and around the globe. I am proud to be part of the effort.

The Camp Shalom Committee would also like to thank the following CKJF staff for all their assistance and creativity with Camp Shalom 2001. Their names were inadvertently left off the listing of last month's Camp Shalom insert.

Daniel Chejfec
 Lori Zimmerman
 Fran Morris

Israel continued from front page

rested, I believe I was the only one on the bus who stayed awake for the entire two-hour drive.

Our goal was to reach the fortress in the desert before sunrise. Just as we approached the massive mountain, a few dim colors appeared in the eastern sky. We prepared ourselves so that we would waste no time exiting the bus. When we reached Masada, we climbed the Roman ramp in fifteen minutes, leaving me extremely winded and fatigued. However, as we lifted our heads atop the mountain, we saw that the sun had not yet appeared. On a sad note, Uri, our teacher, mentioned that there are usually a dozen groups atop the mountain awaiting the sunrise, but today, like most other days during times like these, we were all alone. The sky above the Jordanian mountains had already painted itself with a vast array of colors and its beauty was intensifying by the minute. Suddenly, just over the mountains across the Dead Sea, the tip of the sun appeared. The next five minutes were silent as we all stood in awe of the amazing beauty that is created there every morning.

When the sun was present in its entirety, we ate breakfast. After the meal, we moved to the Beit Knesset, or synagogue. It is, perhaps, the oldest standing synagogue in the world. I led services and Dana Tarley said a few words about the significance of where we were. The rest of the morning was filled with touring and learning about the fortress. At last, we stood at the edge of the mountain and Uri read us Josephus' account of the words spoken before the mass-suicide of the zealots. We shouted in to the surrounding mountains "Masada Lo Tipol Shaynei! Masada will not fall again." We heard our echoes in the hills and it almost seemed like it wasn't us shouting, but those zealous Jews who valued dying as a Jew over living as another religion.

The next day, we headed for Tel Aviv for the first day of Sukkot, the festival of the harvest. We had services at Beit Daniel, the Reform congregation in Ramat Aviv. Tuesday morning Baruch Kraus, our principal, invited us to his shul and home for lunch in K'far Saba. It was nice to sit under the Sukkah, shake the lulav, and smell the sweet smells of the etrog. I hope that building the Sukkah wasn't too much trouble at home this year. As much as I miss my Mother's stuffed cabbage, it is amazing to see all the Sukkot here in Israel. They are everywhere!

Wednesday morning our group traveled to the Kineret, or Sea of Galilee. We were beginning a six-day hike called Yam L-Yam, or Sea to Sea. We would walk almost all the way from the Kineret to the Mediterranean Sea. We met our security guard, Enon, and our two guides, Ido and Avirom. They gave us hiking packs and food for the first two days. We reloaded the bus and drove to the northern Jordan River for a swim and picnic. At the end of the day, we met our bus at the site where Jesus was supposedly baptized. In past years, the Sea-To-Sea program would have kids sleep outside, but due to the security situation, we stayed in a youth hostel each night. The first night our hostel was on the shores of the Kineret. We swam in it, and saw how low it actually was. My showers have been much shorter since. In the evening we made a bonfire on

the beach. I brought my guitar and we sang songs by the amazing picture of the full moon reflecting off the Kineret's clear waters.

The second day of the hike was the hardest. We hiked around 10 miles from the bottom of a valley to the top of the second highest mountain in Israel, Mt. Meron. I have never been more exhausted in my life than I was at the end of that day. We moved into the hostel at Meron Air Force Base where we would reside for the next four nights. The next day we hiked down the mountain, and returned to the hostel for Shabbat. Saturday we rested and took the opportunity to sleep and do homework. Sunday was a long day of hiking through a dry riverbed, walking on rocks for nearly six hours. At the end of the hike we ate lunch by some natural pools of water at the bottom of the valley, and finally climbed the mountain to reach the bus. Sunday night the guys and I built a fire, but at the same time we were informed that one of the passengers on the Siberia Air jet that was shot down by a stray Ukrainian missile was a 20-year-old woman from our Kibbutz. It would hit home even harder when we would see her picture upon our return. Monday morning we completed our journey by biking the rest of the way to the Mediterranean Sea. When we reached the beach we had only 30 minutes to swim, as we had to quickly return to Jerusalem for the final days of our break.

Monday night at Congregation Kol HaNeshama, we celebrated Simchat Torah, the last day of the yearly reading cycle. My previous experience at Temple Adath Israel prepared me for a day of joy, but nothing could have prepared me for my experience that night. The symbolism in Torah processions lies in the principle that we should bring the Torah out into the community. During the seven

hakafot at Kol HaNeshama, 300 people were dancing and singing, running and clapping around the Torah. We sang dozens of songs at the top of our lungs as we, filled with joy, danced for two hours straight without stopping — as if our very lives depended on it. Everybody who wanted to had the opportunity to dance with the Torah in the center of the circle. When my turn came, I held the scroll high and felt a sense of holiness that not even the High Holy Days had brought to me this year. Many outsiders would have looked in our ceremony and thought we were a religion of crazy people, but to those of us there, we were exclaiming our pride in our Judaism.

The past couple weeks have been very inspiring. This Sukkot holiday has allowed me, in nature, to have time to think to myself about who I am and who I want to be. This land has so much energy, life, and inspiration. It encourages personal growth on a level like I have never experienced. Whether it was the sunrise on top of Masada with its chilling message to protect Judaism forever, or whether it was the colors from the golden hues of the Galilee mountains transforming into an image of a beautiful full moon with infinite stars as day changed to night on the shores of the Kineret, or whether it was holding hands, singing, and dancing around our sacred book for hours on end as we celebrated our Judaism, some of the things I saw this week have made me see that we live in a beautiful world, and I belong to an amazing people. I hope that someday some of you will see these things, because any words I write could never do their intense power the justice they deserve.

L'Chayim, Josh

State Treasurer Jonathan Miller launches prepaid tuition program

By Lisa Miller

What is KAPT and how does it work?

KAPT, (pronounced "capped"), is Kentucky's Affordable Prepaid Tuition. KAPT allows families to guarantee the cost of tomorrow's tuition at today's lower prices.

What is KAPT's guarantee?

KAPT guarantees the payment of tuition and fees at all of Kentucky's public colleges and universities. And the money in a KAPT account can also be used at any institution of higher education anywhere in the country.

How can KAPT make this guarantee?

Prepaid tuition programs like KAPT have been around for years, and Kentucky is the twentieth state to offer one. Over the last decade of prepaid tuition history, not one state has ever faltered on meeting its obligations to the public. The way prepaid programs do this is by pooling all the accounts into one large fund in order to maximize benefits from institutional investment activities. The method generates a return that is, at the very least, equal to college tuition inflation. KAPT is also backed up by Kentucky's Unclaimed Property Fund, which is a \$45 million fund administered by

my office. As a result of this "double safety-net," the guarantee is solid, and taxpayers will never have to bail out the program.

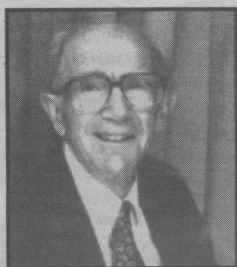
So what makes KAPT different from other savings vehicles?

For purchasers, KAPT is not subject to the whims of the stock market. Investments are strictly tied to increases in college tuition. And KAPT investment earnings are completely tax-free. If you sell stock to pay for college costs, you have to pay capital gains taxes on the profit. With KAPT, investments are totally exempt from state and federal taxes.

Totally exempt from taxes?

KAPT has always been free from state taxes. That was written into the legislation. And it used to be that federal taxes were deferred until the money was used and then taxed at the child's rate. However, in May of this year, Congress passed the S.A.V.E. Act, which was sponsored by Senator McConnell. This legislation made earnings from programs like KAPT exempt from federal taxes as well.

KAPT continued on page 6



TERROR

by
Michael E.
Adelstein

Terror stalks the land! Because of our comparatively small population of 260,000, we feel relatively safe. But in larger communities or important ones like Washington, D.C., panic reigns.

Many people in such places are buying either Israeli or Marine gas masks; and stocking up on bottled water, canned food, kerosene lamps, and batteries for flashlights and radios. Many have also obtained such antibiotics as Cipro, penicillin, or doxycycline in view of the anthrax report.

We have never known such terror. The other day of infamy, December 7, 1941, is comparable only because of the element of surprise and the magnitude of the disaster. But the Japanese attack mainly affected military personnel and posed little threat to the mainland.

However, after Pearl Harbor, we did experience an increasing and comparable panic although to a milder extent. It concerned a biological virus that readers of my generation knew well—infantile paralysis or poliomyelitis. As more adults became victims in the forties and fifties and as the disease became more prevalent, the mouth-filling name was changed to “polio.”

Polio struck mainly in the summer. It was thought that the disease came from pollen or flies. It affected people's muscles and nerves, usually causing paralysis or death. To avoid it, parents kept their children out of swimming pools, movies, restaurants, and other places where there might be

crowds. People fled from communities as soon as a case was reported. There was no cure. Millions of dollars poured in to the March of Dimes. Many victims were placed in coffin-like iron lungs just to help them breathe.

In 1952, there was an epidemic in Ann Arbor, Michigan where I was a graduate student. My wife contracted polio, spent several weeks in a chest respirator, a few more in the university hospital, and then several months at Warm Springs, Georgia, where there was a hospital specializing in treating the disease. It was made famous by President Roosevelt who enjoyed the soothing water in the pool. Although the doctors and therapists there were devoted and skillful, they mainly helped patients adjust to the crippling disease and learn how to live full lives with it.

About two years later, we were overjoyed when Dr. Jonas Salk announced that he had developed a “killed” polio vaccine that immunized patients without infecting them. Large scale trials were conducted in several communities to test the efficacy of the Salk vaccine. My children and I stood in a long Ann Arbor line to receive the shots which were found to be safe and effective. We, along with people everywhere, no longer were terrified of polio.

Who was Jonas Salk? Son of Russian-Jewish parents, he was the first member of his family to attend college. He entered the City College of New York intending to study law, but soon switched to medical science. After earning his M.D. later at NYU, he joined the University of Michigan School of Public Health where he helped to develop an influenza vaccine. Next he moved to the Medical School at the University of Pittsburgh where he worked for eight years on a polio vaccine. After achieving success, he refused to patent the vaccine, having no desire to profit personally from it.

Jonas Salk won many awards, founded the Salk Institute for Biological Studies for medical and scientific research, and wrote several books, some dealing with world peace. He considered war the

“cancer of the world.” When he died in 1995, people around the globe paid tribute to this Jewish-American great scientist and humanitarian.

Less well-known than Salk is another Jewish medical scientist who also contributed significantly to the eradication of polio. Like Salk, Dr. Albert Sabin received his medical degree at NYU. He then worked at the Rockefeller Medical Research Institute before serving as a professor for about thirty years at the University of Cincinnati College of Medicine where he developed the oral polio vaccine from live virus.

Because that vaccine was available about six years after Salk's, Sabin never received the adulation and publicity given his fellow Jewish scientist. Although Sabin was not the first to develop a vaccine, he is first in the number of people using his vaccine because it can be taken orally, not injected like Salk's. By eliminating the “ouch” factor, Sabin's discovery gained in popularity and is usually administered today.

Dr. Sabin served on many advisory committees on medical research, including those of the National Institutes of Health and the World Health Organization. In addition to receiving 46 honorary degrees from universities all over the world, he was awarded the U.S. National Medal of Science, the Presidential Medal of Freedom, and numerous others.

Like Salk, Sabin was a humanitarian donating the strains of the polio virus to the World Health Organization for availability to developing countries. He also worked as medical statesman, consultant, and lecturer in his later years to reduce ignorance and poverty in the world.

As a result of the work of these two Jewish medical researchers, the terror of polio is actually unknown in our country, where no cases have been reported in recent years. No longer do adults and children fear swimming in pools, going to the movies, or mixing in crowds during the summer. Doctors Salk and Sabin have eliminated one former source of terror in our lives.

KAPT continued from page 5

What if you have no idea which school your child will want to attend?

That's no problem. With KAPT you don't choose a school; you choose a plan. We offer three of them: The first is our Value Plan, which allows families to prepay the cost of tuition at any of Kentucky's community or technical colleges. The second is the Standard Plan, which guarantees the price of tuition at Kentucky's eight public universities. And finally, we offer the Premium Plan, which is intended to cover the average price of tuition at Kentucky's private universities.

What if the child decides to go out-of-state?

KAPT benefits can be applied to any institution of higher education in the country. If you purchase a Standard Plan and your child decides to go to

Brandeis, you can simply apply the proceeds from the Standard Plan to tuition payments at Brandeis. However, you will have to make up the difference. On the flip-side, if your child goes to school with tuition that is less expensive than that defined by the Standard Plan, you can apply the excess funds to other qualified education expenses such as room, board and books.

What if the child gets a scholarship?

In that case, the purchaser of the account will receive a full refund plus the proceeds accrued. We are not going to punish someone for working hard and doing well.

What if the child decides not to go to college?

In this circumstance, KAPT is especially promis-

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For more information or for enrollment: call 1-888-919-KAPT, or visit www.getKAPT.com

CKJF LEISURE CLUB UPDATE *By Ruth Moser*

I love when we "brown bag it" as we did in October. Everybody brought something different, and we got to share, just as we did in school. I remember a guy at Rider College (now Rider University); his mom packed him lox and cream cheese on rye.

The survey we conducted last month is now being tallied, and we will know what everybody wants to do at the Leisure Club. We will also know what you absolutely don't want to do. So, get ready for a fabulous year.

This has also been a busy year, but with my numerous eye operations, and other family goings-on, I don't remember anything but the luau. Am I getting old?

Did you talk to Annette about her wonderful vacation? She and Tomas even stopped at Wall's Drug Store for a glass of water. If you

didn't, make sure you do at the November Leisure Club on Thursday, November 15. For more information, read the notice below. And get ready to kvetch and kvell.

LEISURE CLUB POST SURVEY POW-WOW *By Fran Morris*

On October 18, a group of Leisure Club members met at OZS for a brown bag lunch. This session was significant because the purpose of the meeting was to discuss the future direction of Leisure Club. The Leisure Club chairs were excited to see so many members come to voice their opinions. The topic for discussion was the recent Leisure Club survey that was sent to all Leisure Club members. The questions were put into categories, such as Events/Gatherings, Trips and Tours, Speakers, and the Arts Scene. Under each category

was a list of applicable items with space to check any and all that were of interest. The purpose of this survey and the gathering on October 18 was to encourage Leisure Club members to become more active in the planning of Leisure Club events, as well as to ensure maximum participation by everyone. Thank you to all who came out and helped direct Leisure Club on to bigger and better programs!

Doll Project Update

by Ruth Moser

Just to remind everyone, the Doll Project is a combined effort of the Lexington Chapter of Hadassah and the CKJF Leisure Club. Participants make stuffed dolls that are given to children before they have an invasive procedure to help them understand what will happen to them. The kids and the staff love them!

Recently, we had to make an emergency run to the UK Children's Hospital. Seems they were running short of dolls. So 15 dolls were quickly delivered. This makes a grand total of 140 dolls we've made so far.

Judy Martin, Child Life Specialist, keeps the dolls in a big basket in their resource room. It looks like the UN with all those different colored dolls popping their heads up.

As far as I know, we are still one of only three Hadassah chapters to be making dolls. Of course, with Aunt Lore having made several dolls, we are the only one of the three chapters to have an International Project. Aren't we great!

Call me if you want to help with the project, or donate some money, or just to hear more about the dolls. As Martha Stewart would say, "it's a good thing."

Leisure Club Planning Meeting!!

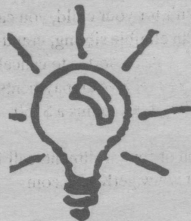
with the newly formed Leisure Club Committee

Thursday, November 15, 2001

We will order pizza, brainstorm about programs for the upcoming year, and follow-up on results of the survey.

Join the Leisure Club Committee and show your support!!!

RSVP to Fran at 269-8244
by November 13



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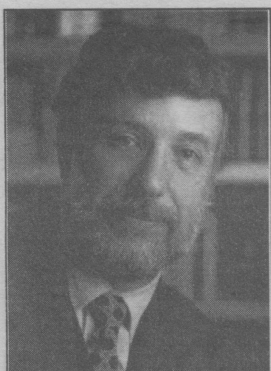
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RABBI'S CORNER

by Rabbi Jon Adland

Rabbi Adland is the spiritual leader of
Temple Adath Israel of Lexington.

deception. He didn't spend his youth in a movement of integrity. He learned his lessons and changed, but his flaws are glaring and obvious. In fact, we named our Jewish homeland after Jacob's other name, Israel, giving him a place of honor; and Abraham is the first of our patriarchs.

I don't believe that perfection is what we Jews aspire to in our lives. We recognize that we are only human and being human means occasionally making mistakes. Our goal is to try and hit the center of the target with each decision we make, but sometimes the arrow strays a little and misses the mark. This doesn't make us bad. It tells us that next time we must try harder. No person within Jewish thought is perfect, was perfect or will ever be perfect. Our lives are lived in tension between the "yetzer tov" the good inclination to do what is right and the "yetzer hara" the evil inclination urging us to violate God's commandments and the ethics of life. The irony is that the rabbis saw some things, which we might consider, as part of the "yetzer tov" as actually part of the "yetzer hara." In the Reform Jewish liturgy on Yom Kippur we are reminded that having sex is actually part of the "yetzer hara" even though it is commanded to do so.

We can learn from the examples of our patriarchs. Abraham teaches us to be open with those around us. Don't shut down the lines of communication. Don't take our children for granted. Remember to talk with your spouse and be open

and honest. Maybe it isn't a spouse, but a best friend or partner. These kinds of relationships are built on mutual trust and sharing. We need to expose the depths of our souls to people who don't judge us, but listen to us. Abraham had this with his wife Sarah, but didn't tell her about God's final test. In the next chapter in Genesis after "The Binding of Isaac," Sarah dies and Abraham mourns. The depth of his grief may be from this last act of betrayal when he should have spoken up, but decided to keep quiet and now it is too late to change things. How many of us have missed this opportunity to speak up and change things?

Jacob doesn't trust his brother and puts his faith in his mother whom he believes has his best interest at heart. In the end, Jacob is manipulated and played with like a pawn on a chess table. It isn't until he is at the end of the manipulation by another that he truly realizes what happened seven years earlier. I believe that this moment changes Jacob into a different person. He no longer takes advantage of people, but becomes forgiving, giving, and caring. So, too, in our lives must we make ourselves accountable for our actions. We can't turn and blame others. They may try and make us lie or deceive and trick, but no one can do it, but us. We must learn to think for ourselves and we must learn how to make good decisions. When Jacob learned this he became a better person and an excellent role model for the generations to come.

Judaism provides a path with signposts and guidelines. The boundaries are there to help us lead a good life filled with blessing. We won't always make the best or right decision, but if we learn from our mistakes and find the center of the mark the next time, then we are being the best person and the best Jew we can be.

President continued from page 2

Kyrgyzstan or Tajikistan, as most left during the 1990 civil war in Tajikistan.

Russia, home to the world's third-largest community, gives the greatest cause for celebration at the rebirth of Jewish life and greatest concern for its future as reported by United Jewish Communities. At a time when civil society and broad political freedoms are also threatened, the future climate for Jewish life is not yet guaranteed. Our Federation here in Central Kentucky, through our Community Campaign, aids United Jewish Communities as it seeks to sustain and expand the network of vital advocacy and social welfare programs, for those Jews remaining and for those making aliyah to the State of Israel, from cultural programs to food for 250,000 needy. We are part of UJC which continues its commitment to support the broad and indispensable efforts of the American Jewish Joint Distribution Committee.

No one speaks to Abraham after he takes his son Isaac to the top of the mountain. Isaac never says another word to him. Sarah doesn't speak to him. Even God doesn't speak to Abraham after he raises the knife and explains that he shouldn't sacrifice his son. What has Abraham done that deserves the punishment of silence? Maybe it is the fact that Abraham never told Sarah, his wife, what he was going to do. Maybe it is the fact that he never answered Isaac's questions with complete truth. Maybe it is the fact that he actually failed God's test.

Yet, if this is all true, then why do we still account Abraham as the first Jew and the father of our people? Why isn't Isaac given this exalted position? After all, Isaac didn't fail a test. Isaac didn't lie to his wife who actually practiced deception against him. Isaac didn't disobey God. Jacob is another story. He did lie and practice

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We have designed CKJF's web site!

The Week the Israelis Came to Wichita

by Judy Press, Executive Director
Mid-Kansas Jewish Federation

On Tuesday, September 11, 2001, a couple of hours after the attack on the World Trade Center and the Pentagon, I received a call in my office at the Mid-Kansas Jewish Federation from a Chabad rabbi in California. He told me that an El Al plane was being diverted to Wichita and that he had received phone calls from worried relatives about particular passengers on the plane. He asked if someone could go out to the airport and check on these people. I told him I would follow up. His touching reply: "It's nice to know I have family in Wichita."

I asked a Jewish community member who works next to the airport to check out the situation. He reported that about 75 people needed kosher food. I called one of the local rabbis who immediately went to the airport to assist. I then called the Federation president, briefed him on the situation and told him I was going food shopping and out to the airport. His wife immediately went shopping as well and we met and drove there together.

In spite of the day's horrible events, it was remarkable to see numerous Israelis all speaking Hebrew at our little Wichita Mid-Continent Airport. Wichita Mayor Bob Knight was at the airport as were other city officials. They had arranged to take the passengers to a Salvation Army facility where they could stay until their flight could take off. Some, who didn't want to go, went to nearby hotels. They missed out. The rest, about 123 people, boarded buses complete with Salvation Army slogans, for Camp Hiawatha. We got in our cars and drove out there as well.

Camp Hiawatha reminded me of a kibbutz. There was a large hall, where the passengers could congregate, eat, and watch the news. Then there were individual cabins with bunk beds. Most of them were quite comfortable. Unfortunately there was only one pay phone on the premises. That is when we put people into action. We called on members of the Jewish community who came out to the camp with their cell phones and even bought phone cards for everyone to use. Others brought food, toys and games for the kids or just came out to shmooze and help. We got a call from a shopping center owner who said that Yia Yia's restaurant wanted to bring a meal to the passengers. I briefed him on kashrut and they brought out a delicious salmon dinner with rolls, potatoes, and salad.

The City of Wichita had a constant presence at Camp Hiawatha. On Wednesday, when it became clear that the passengers weren't leaving any time soon, the city provided buses to take them to Cowtown, an outdoor museum built to resemble Wichita in the 1880s. Another restaurant, Timberline Steak House, catered a vegetarian meal for lunch. That afternoon the city took them to Exploration Place, a new science museum designed by Israeli architect Moshe Safdie. In the evening, those who wanted to went line dancing at a cowboy

bar. Thursday morning they took a trip to the Sedgwick County Zoo. All places offered the passengers free admission. There was a steady stream of Jewish and non-Jewish individuals and organizations dropping by with food, cash or offers of assistance.

The print and television media came by to interview passengers and officials. In the interest of security, we tried to convince them not to say there were 123 Israelis at Camp Hiawatha and asked for extra police protection for the group in case they didn't cooperate.

The passengers as well as all of the Jewish community members were overwhelmed by the hospitality shown the passengers by the City of Wichita. Mayor Bob Knight, who visited the passengers frequently, was given a standing ovation when he entered Camp Hiawatha on Thursday morning. Passengers told him they wanted to elect him Mayor of Tel Aviv. In addition, Salvation Army personnel provided food, housing, help and companionship. The Emergency Management Team of Sedgwick County was there constantly to manage the situation. When they finally got to leave for the airport on Thursday afternoon, the buses were accompanied by police escort. Ironically,

one of the passengers said to me, "I came to the U.S. for a little peace and quiet for Rosh Hashana after all the terrorism in Israel, and this is what happens."

Passengers exchanged phone numbers and addresses with those who had helped them and I invited them to a reunion next year when we plan to go on a UJC mission to Israel.

When I wasn't with the passengers, I was at my office. After one prolonged absence I found a record 39 messages on my answering machine. Many were from family members of the passengers, but I also heard from the Consulate of Israel and El Al. All were tremendously grateful for the treatment and hospitality the Israelis were receiving. As one Israeli passenger, said to me, "There is much we can learn about hospitality from you people."

We knew our Israeli friends needed to leave, but at the same time it was sad to see them go. In a community of barely 1200 Jewish souls, it was indeed refreshing and enlightening to be able to interact with so many Israelis in the heart of the heartland. At this time of grief, it was both therapeutic and inspiring to be involved in helping others and to experience the outpouring of support from our Jewish community and the community at large.

HADASSAH WOMEN'S DISCUSSION GROUP

The next discussion group will meet on Thursday, November 15th, 7:30 PM at the home of Joan Flashman, 3220 Blenheim Way. Regulars and newcomers are welcomed. Discussion topic TBA. For more information, call Joan Flashman, 223-8066, or Linda Ravvin, 269-4130

Hadassah Chanukah Party! Tuesday, December 11 at 7:30 PM at Temple Adath Israel Song, story, and dance!

Cookie exchange – bring 3 dozen cookies/bars, your recipe, and a plate to take home goodies that others have made!

"A Time To Remember" Interfaith Celebration

More than four million American's suffer from Alzheimer's disease, a progressive degenerative disease of the brain. It has been documented that people who suffer from Alzheimer's disease will continue to retain strong recollections of early religious experiences. However, as the disease progresses, many persons with dementia and their family members stop attending religious services. They may lose contact with their religious and spiritual community at the very time that support and meaning are necessary in their lives. The Lexington/Bluegrass Chapter of the

Alzheimer's Association is sponsoring an interfaith celebration. This will be a spiritual opportunity for caregivers, families, professionals, and friends to come together and celebrate the memories and lives of those affected by Alzheimer's disease.

A Time to Remember...An Interfaith Celebration will be held on Tuesday, November 13, 2001 at 7:00 p.m. at the Lexington Theological Seminary (631 S. Limestone – parking available in rear of building). For more information, contact the Alzheimer's Association – Lexington Bluegrass Chapter at 266-5283.

ASK JFS ABOUT...

Talking to young children about terrorist activity

Ask JFS About...is a monthly advice column with questions from members of the community requiring assistance with a wide range of issues. If you have a problem or a concern that you would like addressed in this Shalom column, please send your queries to Ask JFS c/o Jewish Family Services, 340 Romany Road, Lexington, KY 40502. You can also call in your confidential questions at 269-8244 or email them to us at: JFS@JewishLexington.org.

Dear JFS,

In light of recent terrorist events, I have been struggling with how to discuss such issues with my middle-school-aged children. It is a battle between wanting to shelter them from bad news and wanting to educate them on world issues. I know they get information from their friends, at school, and through the media. How does a parent counteract the wrong message they may get from other sources, and provide the right message at home?

Unsure Dad

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Dear Unsure,

I think you have touched upon a very sensitive issue. It is difficult to talk to children, especially young children about events that occur in the world. I think that a good place to start is to reinforce good safety procedures in their everyday environments, such as not talking to strangers, not eating or handling anything that is unfamiliar to them, etc. Parents may also want to explain the difference between accidents and terrorist attacks, emphasizing that terrorist attacks are rare occurrences in a free and safe country such as the United States. To put a Jewish slant on this is to teach your kids that although there are some bad people in the world who happen to be of a different religion than they, not all people who belong to that religion or group are bad. Children need to understand that

only a minority of those in the Arab world who follow the teachings of Islam are responsible for the terror. Children should know that all people are created in the image of God, and though some people do terrible things, we cannot stereotype an entire group, religion, or country.

It is also very important to monitor your children's time watching TV. If you are with them to answer their questions, they will be less likely to be afraid of or misinterpret what they see. Overall, the key is to communicate with your kids in simple language that they can understand and encourage them to ask questions when they hear about world events outside the home. If you would like more suggestions or have further questions about talking to your kids, please call JFS at 269-8244.

Sincerely, JFS

Lexington Singles Chanukah Party!!

Saturday, December 15 at 6:30 p.m.

The Greenhouse Clubhouse

3543 Bates Creek Road

It's a potluck dinner!

Bring your favorite dish to share.

(Call JFS, 269-8244, with your selection by Dec. 13)



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Teen Workshops Worthwhile

by Fran Morris, Jewish Family Services Director

On Sunday, October 14, after religious school, teenagers from both the temple and synagogue met at OZS for an afternoon of discussions relating to body image, fitness, and nutrition. Two members of the Jewish community and professionals in the field,



spoke on the issues of nutrition and fitness. Sarah Wexler of the UK nutrition department spoke to the group about ways to eat healthfully in today's society. The group asked questions and received answers about food. For example, How many servings are in a supersize meal at McDonalds? And, Can kids replace meals with diet foods such as Slimfast? All of the professionals stressed the importance of counting actual serving sizes of food, using the food guide pyramid on a daily basis, and eating all foods in moderation. Overall the message conveyed was that children should never be concerned with counting calories or forbidding certain foods from their diets.

Next, the group participated in an interactive discussion with Mark DeNardo of Fitness Plus, who is a personal fitness trainer. Mark talked about how he became involved in his profession and related some of his own personal experiences with weight training and fitness. Through several hands-on exercises, everyone was able to determine their resting and optimal working heart rates. This proved very useful. Mark also spoke about the idea of wellness, and how it encompasses emotional, mental, and spiritual well-being as well as physical well-being. A favorite part of the afternoon for all was when the teens participated in agility exercises that Mark uses in his practice. Kids were able to show off their athletic ability by jumping through squares on a ladder-type apparatus on the floor.

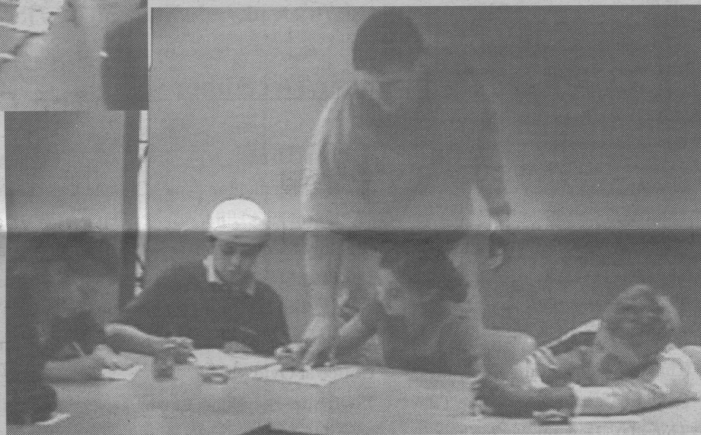
Gabriella Pessah of the UK Counseling Center and expert in the area of eating disorders, was on-hand to speak to the group about the necessity for

maintaining healthy bodies. Since the group had already learned so much by mid-afternoon, Gabriella agreed to come back another time to present specifically on eating disorders and body image to teenaged girls. This will be the third session in the series JFS puts together for teenagers. We will keep you posted on when we will hold the next session.

Many thanks to Sarah, Gabriella, and Mark who worked very hard to make October 14 a success. Thank you also to all the teens who came and participated in the workshop.

Rachel Berger, one of the participants, summed things up as follows.

"This weekend a couple of my friends and I went to a workshop on nutrition and fitness. We discussed the factors of what is good for the body and what is not, what foods are good to eat, and how much to eat of it. I discovered some new things on what to eat and so did some of my friends. I think this workshop was a great experience."



WANTED TIKKUN LEXINGTON VOLUNTEERS

Upcoming Mitzvah Opportunities:

- Stewart Home School Hanukkah party in December
- December 25 assistance at local hospitals
- Home improvement/upkeep for homebound and frail individuals

To volunteer or for more information, please call JFS at 269-8244

Jews and Judaism in America in 1950s topic of UK Judaic Studies Lecture

Professor Marc Raphael of the College of William and Mary is the featured speaker in the University of Kentucky Judaic Studies Program Lecture Series 8:00 p.m., Monday, November 5, 2001, in the President's Room of the Singletary Center for the Arts.

"Goodbye Columbus Reconsidered: American Jewry in the 1950s" is Professor Raphael's presentation. He will use the early life and career of Philip Roth, author of the bestselling novel Goodbye Columbus, to discuss the role of Jews and Judaism in the United States of the 1950s.

Dr. Raphael is the Nathan and Sophia Gumenick Professor of Judaic Studies, Professor of Religion and Chair, Department of Religion, The College of William and Mary, and a Visiting Fellow of Wolfson College, Oxford University. He has been the editor of the quarterly journal, American Jewish

History, for 19 years and a visiting professor at Brown University, the University of Pittsburgh, HUC-JIR, UCLA, and Case Western Reserve University. He came to The College of William and Mary in 1989 after 20 years at Ohio State University. He is the author of many books on Jews and Judaism in American and his most recent publication (with his wife Linda Schermer Raphael) is When Night Fell: An Anthology of Holocaust Short Stories (Rutgers University Press 1999). He is now writing Judaism in America for the Contemporary American Series of Columbia University Press.

The UK Judaic Studies Program Lecture Series is supported by the Zantker Charitable Foundation. The final lecture in the series is March 4, 2002 when Dr. David Sarkin of the University of Wisconsin will speak. All lectures are free and open to the public.

Jewish Student Organization/Hillel Foundation

Web page: <http://www.uky.edu/StudentOrgs/JSO/>



November/December Calendar



Thursday, Nov. 1st	7:30pm	Coffee at Ovid's	(Young Library)
Sunday, Nov. 4th	12:00 noon	Lunch at Manhattan Bagel Company	(Richmond Road)
Tuesday, Nov. 6th	8:30am	Meeting of JSO/Hillel Advisory Board	(TAI)
Thursday, Nov. 8th	7:30pm	Monthly Meeting at Young Library	(Meet at Circulation Desk)
Sunday, Nov. 11th	12:00pm	Lunch at Manhattan Bagel Co.	(Richmond Road)
Thursday, Nov. 15th	7:30pm	AIPAC Training with Daniel Chejfec	(Young Library, in the Gallery)
Sunday, Nov. 18th	12:00 noon	Lunch at Manhattan Bagel Company	(Richmond Road)
Thursday, Nov. 29th	7:30pm	Coffee at Ovid's	(Young Library)
Sunday, Dec. 2nd	Time TBA	JSO/Hillel Hanukkah Latka Party	(Temple Adath Israel)
Thursday, Dec. 6th	7:30pm	Monthly Meeting at Young Library	(Meet at Circulation Desk)

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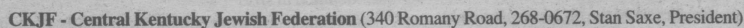
Austin Cantor, Director ahcantor@home.com 257-7531, 278-2530
Susan Goldstein, Associate Director

* If you would like to receive the JSO Update, a monthly newsletter which provides details of upcoming events, please send your postal and e-mail addresses to Austin Cantor.

* JSO/Hillel serves all institutions of higher learning within Central Kentucky. Please forward to Austin Cantor names of students who may be interested in participating in JSO/Hillel. Any help will be appreciated. Thank you.

Meeting notes from the October 11th meeting of JSO/ Hillel Foundation.

- Gabriel Sperber was recently appointed to CKJF's Community Relations Committee as a representative of the JSO/Hillel Foundation. Gabriel is a Junior at the University of Kentucky, studying philosophy with a minor in African Studies. Gabriel was one of 40 fellows chosen this summer to study Middle Eastern politics in Tel-Aviv. The CRC is looking forward to his fresh and energetic input as we face a new and challenging 2002.
- Gabriel has volunteered to monitor the major topics posted on the CAMERA (The Committee for Accuracy in Middle East Reporting in America) website and report on them at the monthly JSO/Hillel meetings.
- On November 15th, Daniel Chejfec, CKJF Executive Director, will present an AIPAC training course to the JSO/Hillel students. Students will be taught how to deal with anti-Israel and anti-Jewish propaganda on campus, as well as how to detect and understand media bias. The training will be held at the W.T. Young Library on the UK campus at 7:30 pm in a room TBA. If you would like more information, please contact CKJF at 268-0672.



OZS - Ohavay Zion Synagogue (2048 Edgewater Court, 266-8050, Bennett Bayer, President)

Daily Minyan Mon.-Thurs. at 6:00 p.m.; Kabbalat Services Friday evening at 8:00 p.m., except the fourth Friday of the month at 6:00 p.m.; Shabbat services Saturday at 9:45 a.m.

TAI - Temple Adath Israel (124 N. Ashland Ave., 269-2979, Jane Grise, President)

Shabbat Services Friday 7:30 p.m.; Worship Service Saturday 10:30 a.m.

HAD - Lexington Chapter of Hadassah (Nancy Menard, President)

HAV - The Lexington Havurah, 272-1459 (Ernie Cohen, President)

Shabbat Services monthly. Call for schedule.

November 2001 —*— 13



B'tay Avon

(With a Good Appetite)

by Evelyn Dantzic Geller

Before we know it, Chanukah will be upon us. To commemorate the miracle of the oil lasting for eight days, Jews the world over have developed ways to use oil when cooking Chanukah delicacies. Because most of us in Central Kentucky have an Ashkenazi heritage, the most typical food is the fried latke. Unfortunately, everyone already has at least one recipe and everyone's recipe is the most unique or the best. So, instead, we are going to offer a recipe for the Sephardi treat known as "Sufganiyot" — jelly doughnuts. Of course you can go out and buy them! But what fun is that?

Sufganiyot

From The International Kosher Cookbook
By the 92nd Street Y Kosher Cooking School
Edited by Batia Plotch and Patricia Cobe

Ingredients:

- 2 packages active dry yeast
- $\frac{1}{3}$ cup granulated sugar
- 1 teaspoon salt
- $\frac{1}{2}$ cup milk or nondairy liquid creamer
- $\frac{1}{2}$ cup oil
- 3 eggs, separated
- About 3 $\frac{3}{4}$ cups all purpose flour
- About $\frac{1}{3}$ cup jam (any flavor)
- Vegetable oil for deep frying
- Confectioners' or granulated sugar for dusting (optional)

Directions:

In a large bowl, dissolve the yeast in $\frac{1}{2}$ cup of warm (105 to 115 degrees) water. Stir in $\frac{1}{3}$ cup granulated sugar and salt. With a wooden spoon, blend in the milk or creamer, the oil, the egg yolks, and 2 cups of flour. With the spoon or an electric mixer at low speed, beat in enough of the remaining flour to form a soft dough. Cover and let rise for about 1 $\frac{1}{2}$ hours or until doubled in size.

Punch down the dough. On a lightly floured surface, knead about 20 times until smooth and elastic.

With a floured rolling pin, roll the dough until it is about $\frac{1}{4}$ inch thick. With a 2 $\frac{1}{2}$ to 3 inch biscuit cutter, cut the dough into circles.

In the center of half of the circles of dough, place a teaspoonful of the jam. Lightly blend the reserved egg whites, brush the edges of these dough circles with the beaten egg whites, and top each with another dough circle. Press down the edges to seal well.

Place the filled dough circles on a lightly floured cookie sheet, cover, and let rise for about 1 hour or until double in size.

In a large, heavy saucepan or deep-fat fryer, heat 2 inches of oil over medium heat until it reaches a temperature of 370 degrees F. (If you don't have a deep fat or candy thermometer, drop a cube of fresh white bread in the oil. At 370 degrees, it should brown in about 30 seconds.) With a spatula, carefully lift the sufganiyot and drop them — top side down — into the hot oil, 3 or 4 at a time. Be certain that the oil temperature does not drop below 350 degrees F. Fry 3 to 5 minutes, until golden brown, turning occasionally.

With a slotted spoon, remove sufganiyot to paper towels to drain. Repeat process until all of the sufganiyot are fried.

When cool, sift with confectioners' sugar or roll in granulated sugar, if desired.

OHAVAY ZION SYNAGOGUE



We invite you to share our joy
as we celebrate the Bat Mitzvah
of our daughter
Rachel Elizabeth
Saturday, the twenty-fourth of November
two thousand and one
at ten o'clock in the morning
Ohavay Zion Synagogue
Lexington, Kentucky

Kiddush luncheon following services
Rachel will also lead
Friday evening services at six o'clock

Sandra and Joseph Berger

WANT TO HELP OZS!

Your donation of that unneeded car, boat,
business equipment or estate can help OZS



- ✓ Pick up can be arranged.
- ✓ Full market value may be a tax deduction if you itemize.

**CALL Larry Herman at
(859) 269-5229**

TEMPLE ADATH ISRAEL

Adult Jewish Growth

Larry Kant Presents: Finding a Jewish path while the ground shifts beneath us

The calendar for the Adult Jewish Growth Programs to be held on Sundays at 10 AM is as follows:

November 18	February 10
December 9	March 17
January 13	April 14

Various topics will be discussed. Come join the group for a lively, educational experience.

Everyone is invited to drop in for

LUNCH & TALMUD

on Wednesdays from 12:30-1:30 PM

Bring a sack lunch and we will provide drinks.

We will study from the Steinsaltz Talmud a little at a time. No reservation required. The dates are: Nov. 7 & 21, Dec. 12 & 19, Jan. 9 & 23, Feb. 6 & 27, March 6 & 20, April 10 & 24, May 8 & 22.

Film, Food and Conversation

Video/Film Club

Next Meeting - November 25, 2001 - TAI Library

7 PM - Movie (TBA) - Coffee & refreshments

Nosh & Discussion following film

Video/refreshments \$1.00

For more details contact

Fran Bloom/223-8700 • TAI/269-2979

Outreach Program

Please join us in a very special Outreach Shabbat service on Friday, November 30, 2001 at 7:30 PM. During this service we will celebrate the diversity of our community through innovative prayers and readings. The theme for the evening will be inclusiveness, and I hope that you will include your presence at this unique service. Remember that child care is available. If you wish to be a reader or participate in this service in any way, please call Wendy Waltman, Chairperson at 272-8324.

New Books in the Temple Library

The Temple library has new books for your reading pleasure. Below is a list of some of the books.

Come to your Temple library and check out these new and interesting books. There will be more new titles listed in the December bulletin.

Four Mothers by Shifra Horn
The Last Jew by Noah Gordon
By the Rivers of Babylon by Nelson DeMille
The Busy Soul by Rabbi Terry Bookman
The Gifts of the Jews by Thomas Cahill
The Battle for God by Karen Armstrong
Mystery Midrash edited by Lawrence W. Raphael
The Jewish Moral Virtues by Eugene B. Borowitz & Frances Weinman Schwartz
Exploring Jewish Tradition by Rabbi Abraham B. Witty & Rachel J. Witty
Understanding Jewish Holidays and Customs by Sol Scharfstein
The Spanish Inquisition by Henry Kamen
Essential Judaism by George Robinson
Jews & Mormons by Frank J. Johnson & Rabbi William J. Leffler

TEMPLE ADATH ISRAEL SISTERHOOD

November Program

"Luncheon with the President"

with special guest

Dr. Joanne Glasser

President of Eastern Kentucky University

Wednesday, November 28, 2001

12:30 PM

TAI Social Hall

\$10.00/person for catered luncheon

Deadline for reservations

and payment is

Monday, November 26th

(Transportation and childcare available upon request.

Please make request by the RSVP deadline.

Gentlemen are most welcome!)

T.A.I. PRESCHOOL PRESENTS...

'Bagels and Blocks'



a weekly playgroup for parents and children ages 0-2 yrs.

when: Mondays

time: 9:00AM - 10:30AM

where: Temple Adath Israel Library

special attractions: monthly speakers and facilitators on parenting topics

Children's music!

Friendship!!!

Age-appropriate toys!

Bagels and beverages!

(A monthly nominal charge of \$10 per family, or \$2.50 per session, will cover weekly snacks and monthly facilitator fees) Sign up for this exciting program by calling Sandy Adland at 269-2979 or 271-3568!

T.A.I. PRESCHOOL WILD WILD WEST JAMBOREE



Temple Adath Israel Preschool is having a Jamboree and we want YOU to come on out and share in the fun! Mark your calendar for **Sunday, November 18th from 12:00PM-3:00PM** in the Temple Social Hall! We'll have games and crafts for the "young-uns", cheese pizza and soft drinks (bring your coin pouch for that one!), a bake sale and lots of GREAT silent auction items you won't want to miss! So hop in your saddle and ride on over to the "TAI Corral" for a rip-roarin' good time at the Wild Wild West Jamboree!

*I wish I were
at the bank.*



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