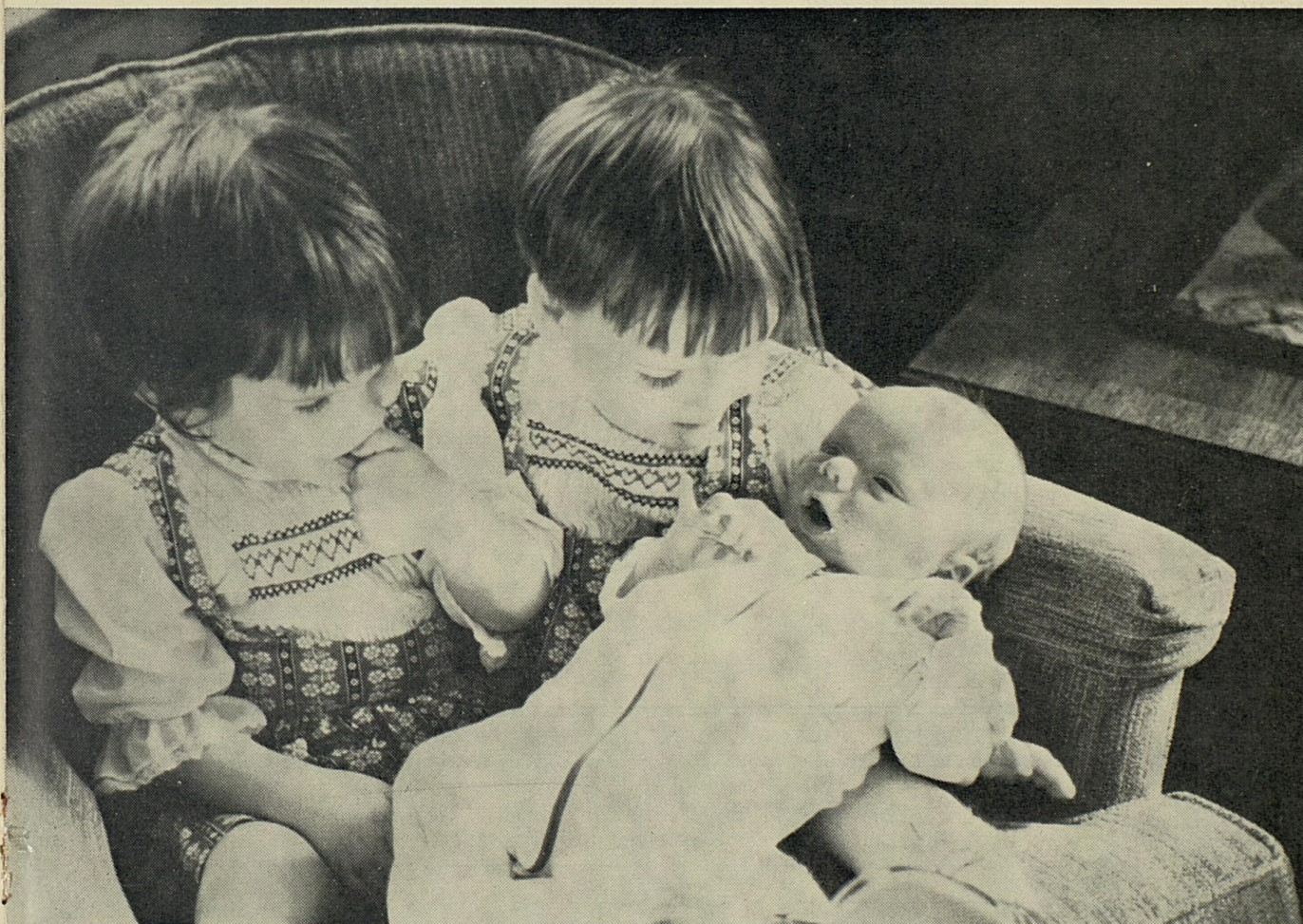


# Frontier Nursing Service Quarterly Bulletin

Volume 48

Autumn, 1972

Number 2



*Photograph by Phyllis Long*

Laura Jane, Rachel and Charles Oliver  
Howald join the staff of the Frontier Nurs-  
ing Service in sending you our best wishes  
for a Merry Christmas and a Happy New  
Year.

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FRONTIER NURSING SERVICE QUARTERLY BULLETIN  
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## THE TRAVELLER

"Why do you dress your hearth so fair,  
With the red flowers and the white?"  
This is the crown of all the year,  
The blessed Christmas night.

"Why do you leave the door ajar  
When the night is wild with rain?"  
There was once a Traveller came from far  
Who might return again.

All the doors were shut in the town  
When the Mother of God came by:  
The King of Heaven to earth came down,  
In manger bed to lie.

Open the door and make good cheer  
With the flowers and the firelight,  
So may a Traveller, passing near,  
Enter and rest to-night.

From: The Challenge, Ltd.  
London, England

## INTERNATIONAL CONGRESS OF MIDWIVES

### I

The week of October 29 to November 3, 1972, was an exciting one for nurse-midwives in the United States. The International Confederation of Midwives held its 16th International Congress in Washington, D. C. It was the first time the midwives of the world had gathered in the United States. The American College of Nurse-Midwives were proud to represent the host country for the 50th Anniversary of the Confederation. Some 1,600 midwives, representing 95 countries of the world, registered for the Congress.

The Frontier Nursing Service was well represented by Gertrude Isaacs, Molly Lee, Phyllis Long, and Ann Hamel from the Frontier School of Midwifery and Family Nursing, Lesley Berger, district nurse-midwife and family nurse from our Flat Creek Center, Mary Jo Brady, a senior midwifery student in our School, and Greta Wiseman, a graduate of the School recently returned from her field of work in Pakistan.

Jane Leigh Powell, member of the FNS Board of Governors, volunteered to help Helen Browne, FNS Director, with the booth in the exhibit hall. We deeply appreciated the loan of the FNS diorama by the Smithsonian Institution. Together with photographs of the work in Kentucky and a pair of saddlebags and riding boots belonging to Mary Breckinridge, we had an exciting exhibit. The midwives of the world, many of whom had heard of the FNS, were most interested in stopping by to ask further questions.

Members of the FNS Washington Committee helped to man the booth and to give out literature to interested midwives. Mrs. Jefferson Patterson was hostess to the FNS staff members who had driven up from Kentucky. It was fortunate for them that her lovely home was within walking distance of the Congress which was held at the Sheraton-Park Hotel.

The FNS was honored to receive an invitation to the reception at the British Embassy, given by the British Embassy Wives Association, for the some 250 British midwives who were attending the Congress.

Many excellent papers were given by midwives and obstetri-

cians during the Congress. The FNS, as the first group of organized nurse-midwives in the United States, brought its greeting to the Congress by singing the "Midwives Song" as a finale to the banquet on the Thursday evening.

It was an exciting week for all of us. Midwives from many countries who had visited FNS were glad to renew acquaintances and to tell us of their work in their home country. It was the privilege of the FNS staff to entertain two distinguished obstetricians for lunch one day. Sir John Peel from Great Britain, Chairman of the Central Midwives Board and obstetrician to H.M. Queen Elizabeth II, and Professor G. J. Kloosterman of the Netherlands were our delightful guests.

The FNS National Chairman, Mrs. Jefferson Patterson, registered for the Congress and attended the President's Reception and the opening Assembly and the banquet, where we were joined by our good friend, Dr. Rogers Beasley, from Downstate University in Brooklyn. Mrs. Patterson also helped us at the booth where she could converse with almost everyone who could not speak English.

—H.E.B.

## II

It was a privilege to be a part of the 50th anniversary meeting of the International Confederation of Midwives and especially thrilling that the ICM had agreed to hold this particular meeting in the United States which probably has one of the smallest groups of midwives in the world.

The FNS was well represented with eight nurse-midwives attending. Miss Browne and Miss Isaacs flew up and the rest of us drove through the beautiful Appalachian fall. We arrived in Washington and were graciously welcomed by Mr. and Mrs. Jefferson Patterson who had volunteered to take us in for the week. It was a joy to be entertained in their lovely home and Mrs. Patterson had much to tell us of their interesting life in the Foreign Service as well as of the early days of the FNS when she was the first girl courier. She had many beautiful photographs she had taken in those days in Kentucky.

The Congress was a fascinating series of meetings, educational experiences and fellowship with people from all parts of

the earth. Such noted physicians as Sir John Peel, obstetrician to the Queen of England and President of the International Federation of Gynecology and Obstetrics, Dr. Louis Hellman of the U. S. Department of Health, Education, and Welfare, Dr. Derrick Jelliffe, Professor Kloosterman of the Netherlands and Dr. R. H. O. Bannerman, Chief Medical Officer for Education in Family Health in the World Health Organization, led our discussions of the challenges to midwives in the present age, of the latest technology in the care of the fetus in utero, better prenatal and postpartum care in the developed and developing countries, the role of midwives in health education and family planning. The value of midwifery was emphasized by Dr. Kloosterman who said: "No instrument has been invented that can replace the watchful and experienced midwife".

The banquet to celebrate the 50th anniversary was a lovely event and many of the arrangements for it had been made by Joan Fenton, a former FNS staff member and a graduate of our School.

It was interesting to attend a meeting where the proceedings were simultaneously translated into four languages. We were proud of our own American College of Nurse-Midwives President, Miss Carmela Cavero, when she presented the awards and gold medals in four languages without the help of the translators. We were thrilled by the exciting advances that were being made in nurse-midwifery in the United States and we were amazed at the large number of new programs which are now using midwives. We returned refreshed and enriched and thankful to FNS for finding extra midwives to cover for us—and very grateful to those students and staff who did extra duty at home to make this trip possible for us.

—Greta Wiseman, R.N., C.N.M.

### III

## ALL THIS AND THE CONGRESS TOO

by

MARY JO BRADY, R.N.  
Family Nursing III Student

It is hard to write about such a thrilling, memorable, event-filled week without being verbose and boring—and it was all too

lively and interesting for that. I would like to write pages about so many things—midwifery around the world, family planning, beautiful leaves in Washington in a vintage fall, the Washington Cathedral at Evensong, the banquet with hundreds of midwives reciting the Lord's Prayer in their native languages, the American Ballet at The Kennedy Center, Dr. Beasley's brief visit, charming everybody he met, Mr. and Mrs. Jefferson Patterson's beautiful home and wonderful hospitality to the six of us—all this and much more. But I won't because I must tell you about the fossils!

On our free afternoon we strolled at a trot through the Museum of Natural History trying to see everything—impossible! We spent a lot of time looking at birds. Did you know the Kingfisher digs a long tunnel underground for a nest? The birds were fascinating but we had to see the fossils. We were weary and rapidly running out of time but we tried to see as many



The FNS Exhibit



and learn as much about them as we could. We wished we had had a knowledge capsule we could take!

That night, as we were discussing our day, I brought out my treasures—two small beautiful fossils we had found at the old mine site on Hospital Hill. I carry them with me to admire their beauty and to use as conversation pieces. (I will be forever sorry I forgot that I had them when I was seated between Sir John Peel and Dr. Kloosterman at lunch one day!) Anyway, our hostess, Mrs. Patterson, who is on the Board of the Smithsonian, took one of the fossils there the next day. The Museum was interested and, since I returned to Kentucky, I have received a letter from them saying that it was three hundred and fifty million years old. Talk about antiques!

See you at the International Congress of Midwives in Switzerland three years from now. You'll know me by my fossil!

---

“How did you stop your husband from staying at the club?”

“Very simple. When he came home one night I called out, ‘Is that you, Jack?’ ”

“Well?”

“My husband’s name is Louis.”

—*Modern Maturity*, June-July 1965

## MACHINES, MACHINES

Twenty years ago the administrative headquarters of the Frontier Nursing Service at Wendover had been blessed with electricity for less than five years, and since it was still somewhat of an uncertain commodity, the mechanical tools of the office staff consisted of little except typewriters and multiple-key, hand-cranked, adding machines—all of which worked very well and some of which we still have.

Last week two large, strange-looking pieces of equipment which might be described as first cousins to computers were moved into an office in the Garden House at Wendover. As we gazed upon these terrifying-to-the-uninitiated machines, it seemed an awfully long jump from oil lamps to computer equipment in a generation!

The philosopher, Herbert Spencer, once wrote: "Progress therefore, is not an accident but a necessity . . . it is a part of nature." This is reassuring because "progress", in the form of modern equipment, has certainly come to FNS offices in the past few years, and many of these changes are apparent to our friends beyond the mountains.

The hand-operating adding machines gradually gave way to electric adding machines and calculators. We can remember with what excitement we greeted the first mimeograph machine at Wendover—even though, it too, worked by manpower. In fourteen years we've worn out two mimeograph machines and have graduated to the electric type. With the addition of an electric stencil cutter a year ago, we found we could duplicate, on a stencil, almost anything that was written, drawn, typed or printed and we went into the duplicating business in a large way—preparing and printing many of the business and medical and nursing forms used by the whole Service. With the advent of Medicare and Medicaid came the necessity of copying reports and documents, and electrostatic copying machines were added to the office equipment at Hyden Hospital and Wendover.

Medicare also required of the FNS a bit more sophisticated accounting than had been needed previously, and the greatest help toward meeting the accounting requirements was the instal-

lation of NCR bookkeeping machines in the Hyden Hospital offices.

The FNS Quarterly Bulletins have been printed since the first year of the Service, and, in the beginning, these Bulletins were addressed by hand by the Corresponding Secretary of the Executive Committee of the FNS Board of Trustees. As the subscription list grew this chore was taken over by Wendover office personnel with typewriters who continued to type the addresses individually four times a year until a few years ago when we were given mechanical equipment which does the job in a tenth of the time it previously took. Now, we are obtaining somewhat similar equipment to prepare small plastic cards for all of our patients so their medical records can be stamped quickly with all pertinent information without having to write the name, date of birth and patient number on each individual part of the medical record.

In the spring of this year our pharmacist developed a system for pre-coding and pre-packaging all medications used at Hyden Hospital and the various outpost centers and subsidiary clinics. This is truly a marvelous system but our pharmacist almost put himself in a state of shock when he contemplated typing a label for every individual prescription. This problem was solved by a "typewriter" which, after a little initial effort by a human being, will just sit there all day turning out labels—as many as needed. We are not quite sure how it works but it is great! This machine will type anything one tells it to, so it didn't take us long to find other uses for it. When we became shorthanded in the Director's office at Wendover this fall, we asked the machine to type some letters for us—which it did beautifully. We are sure that our kind friends will understand our using this machine when we explain that it can type about five times more letters than the fastest typist in a given period of time.

This spring we also received a PRIMEX grant to evaluate the Family Nurse in the FNS. In order to obtain the statistics in the form required by the National Center for Health Service Research and Development, certain changes had to be made in the forms our nurses complete for every patient contact, and some method had to be devised for accumulating the information. The computer was the obvious answer and arrangements were made for the computer work to be done at the University of Ken-

tucky. However, we had to assemble the information before the computer could function, hence the two alarming machines which have just arrived. Mrs. Peter Westover of Pine Mountain, a medical care administration specialist who is helping us prepare for PRIMEX, assures us there is nothing alarming about a key punch and a card sorter and, indeed, three of the office personnel have already learned to operate one of the machines. We are sure this equipment will save time and will provide us with valuable research information, and maybe in time we will even get used to it.

What next? Well, we really don't know what the next "necessity" will be that will bring further "progress". But we think we will keep manual typewriters for a while longer. After all, we have to be able to do **something** when the electricity goes off!

We are all familiar with the old adage: "Necessity is the mother of invention", and we are trying our best to see that we do not fall into the trap of a definition we recently read:

"All progress is based upon a universal innate desire on the part of every organism to live beyond its income"!!

—P.G.E.

---

Schoolboy to his lawyer father: "Take a look at this report card and see if I can sue for defamation of character!"

—*Modern Maturity*, October-November 1972

**FRONTIER NURSING SERVICE TOUR**  
**of the National Society,**  
**Daughters of Colonial Wars**

by  
PAULINE S. ELSEA, Tour Chairman



On October 5, 1972, the National Society, Daughters of Colonial Wars, saw a long-cherished dream become a reality. At 1:00 p.m., twenty-three members of the National Society boarded a Greyhound bus at the Phoenix Hotel in Lexington, Kentucky, for the beautiful drive to the Appalachia Motel at Hyden, Kentucky, for a tour of the Frontier Nursing Service at Hyden and Wenderover, national project of the National Society DCW.

Upon their arrival they were joined by others who had driven directly to Hyden, making a total of forty members, and two guests, Mrs. Bess Mays of Lexington, a guest of Mrs. French Maggard, State President of Kentucky, and Dr. Kenneth S. Fleming, husband of the National Chaplain.

For the first time in the history of the organization the Semi-

Annual Council Meeting—the 68th—was held outside of Washington, D. C., the meeting being held in the dining room of the Appalachia Motel, a picturesque motor inn nestled in the foothills of the Kentucky mountains.

The Council meeting was attended by one Honorary National President, Mrs. John J. Wilson, ten National Officers, seven State Presidents, six National Chairmen, and members from several states. Mrs. H. David Hickey, National President, presided at the Council meeting.

On Thursday evening, October 5, the Kentucky State Society were hostesses at a beautiful and delicious dinner in the motel dining room, with Mrs. Dewey Daniel of Hazard, Kentucky, serving as chairman of the hostess committee, the artistic table decorations having been provided by her. Mrs. French Maggard, the State President, presided at the dinner.

The National Society was privileged to have as special guests Miss Helen Browne, Director of FNS; Miss Anne Cundle, Coordinator of Nursing; Miss Kate Ireland, Vice Chairman of the Board of Governors of FNS and Director of Courier Service, and Miss Leigh Powell, a member of the Board of Governors, and Development Director.

After dinner was shown the movie **The Road**, which tells the story of the work being carried on by the Frontier Nursing Service.

At the close of the dinner meeting, the National Society, Daughters of Colonial Wars, held their board meeting.

On Friday morning the Tour members were guests of the People's Bank of Hazard at a delicious breakfast served in the Appalachia Motel dining room, with Mrs. Dewey Daniel as hostess.

After breakfast the DCW members were divided into two groups, one group visiting the Hospital in Hyden and the other a mountain outpost of FNS.

At the Hospital, patients were visited and we saw newborn babies and their mothers. We were taken on an interesting tour of the Hospital and were impressed by the attitude of dedication of the personnel, who are carrying on their work in overcrowded conditions. It is a joy and a satisfaction to know that the new

hospital now under construction will be adequate to take care of the ever-increasing needs of the patients of the area.

From the hospital we were taken to the lovely little St. Christopher's Chapel and all were impressed by its atmosphere of solemnity and dignity. The architecture and furnishings make a perfect setting for the beautiful 15th century French stained glass window depicting St. Christopher carrying the Christ Child. At the chapel Miss Anna May January, Nursing Adviser, and couriers spoke, telling of the training and work of the FNS nurses and couriers and their devoted ministrations to the people in the Appalachia Country.

We next visited the construction site of the new Mary Breckinridge Hospital. What a thrill to see our hopes and dreams becoming a reality, and to know that we have had some part, at least, in making it come true! The completion date has been set for Christmas, 1973.

The two outposts visited were Brutus and Flat Creek. Two nurses live at each outpost, and operate the clinic and visitation program. Everyone making the tour felt the depth of their sincerity and dedication to their work and the warmth of their feelings for the people in their area. They were most gracious hostesses as they served us tea cakes and coffee from a tea table in their dining room.

Friday evening the Tennessee State Society were hostesses at a beautiful appointed and excellent dinner, with Mrs. Donelson L. Bridges, State President of Tennessee, presiding. Following the dinner, the Semi-Annual Council meeting was held in the dining room.

On Saturday morning the DCW Tour group were privileged to be entertained at a coffee given by Miss Helen Browne and her staff at the Big House, the home of Mrs. Mary Breckinridge. Miss Browne, in her sincere and gracious manner, spoke of the life of Mrs. Breckinridge and how she was led to start her wonderful work, motivated by her love for and dedication to the people of the Kentucky mountains.

The Frontier Nursing Service is today being carried on by a staff of efficient and well-trained nurses and other workers who are imbued with the same love and devotion, and the same compassion for the needs of others which guided the life and work of

Mrs. Breckinridge. Mary Breckinridge in the book "Wide Neighborhoods"; which is the story of her life as well as the story of the Frontier Nursing Service, quotes from a hymn which shows the Source of her loving endeavors:

The King of love my Shepherd is,  
Whose goodness faileth never;  
I nothing lack if I am His  
And He is mine forever.

When the Greyhound bus and the cars departed at one o'clock Saturday afternoon, all of us had a feeling that this had been much more than the usual trip: it had been an inspiring and uplifting experience, and we had renewed resolve that we would do all in our power to forward this fine work.

Our sincere thanks and appreciation go to Miss Helen Browne, Miss Kate Ireland, Miss Anne Cundle, Miss Leigh Powell, and other members of the FNS, Mrs. Dewey Daniel, Mrs. French Maggard, and members of their committees, for the many hours of work and excellent planning which made our visit such a memorable occasion.

---

The four-year-old was asked how she liked her Thanksgiving dinner. "I didn't much like the turkey," she responded, "but I loved the bread it ate!"

—*Modern Maturity*, October-November 1972



## "HEALTH FAIR" AT FLAT CREEK

by  
LESLEY BERGER, R.N., C.N.M.

While the Vanderbilt nurse clinician students were with us this past summer, Flat Creek was buzzing with creativity and a healthy interchange of ideas. With the changeover of nurses, (Liz Kaiser left for further study in Mental Health and Charlotte Wittekind, although living at the Center, was taking the Family Nurse course in Hyden) with the Vanderbilt supervisor, Kathy Arganbright, the Vanderbilt student, Mary Heasty, with a new secretary, Ethel Ann Collett, and with two new nurses, Sylvia Hostetler and Lesley Berger, one can imagine the usual cyclical chaos that all who have worked with FNS experience during the changeover time. But, as usual, much was learned and enjoyed by all and the culmination of our summer was our Health Fair.

The idea was as old as FNS, as we know much of the earlier health care provision was through the use of clinics held up the "hollow" or in someone's house. Our hope was not only to give basic health care but also to try to provide a learning experience through the cooperation of other health providers in the community.

Holding a Health Fair just before school started was a great time to offer immunizations and to do worm treatments, so that was the main thrust of the Fair. However, we felt that a dose of multifuge, given for purging alone, was not enough. Unless people knew how they got those worms, the multifuge cycle could go on forever. So, in order to provide an educational program, we invited personnel from the Clay County Health Department to participate. We were overjoyed when they accepted. To the two-nurse teams that had gone out in years past, and had seen twice as many patients, it must have seemed like an army regiment descending upon the populace, but we had the resources, and the team members, all there in one spot.

Ruby Parker, the Clay County School Nurse, along with Mary Heasty, gave the immunizations and PPD's. (Adults were very anxious for those, even the men.) Lawrence Bowling, our barn man, helped move the heavy tables and big bottles of multifuge and weighed everyone. Ann Collett, our secretary, made out

all, yes **all**, those McBee cards and Mable Turner (back at Flat Creek for the day, but as a supervisor) did all the hemoglobins. (Do you know that out of the sixty-odd hemoglobins she did, only two children cried, and they had been crying before they ever came near the Fair!) Lesley kept the papers straight and kept everyone moving. Sylvia filled the multifuge orders, gave out balloons, and sent the patients on to Kathy, who told a delightful story about Willie Worm, using flannel-board figures that she had painted herself. Patients with low hemoglobins saw the dietitian, Sue Cody, and her assistant, who gave out carrot rolls and peanut butter crackers, and some good advice on iron rich foods. Standing close by the assistant sanitarian, John White, had all kinds of information on the building of safe privies, and knew all about loan programs and ways in which to get improvements on the home.

The Fair took place within a two hour period at the Mudlick Church and then we moved on for two hours in front of Ella Baux's house on Little Creek. The numbers of patients may have seemed small compared to Hyden Clinic, but for Flat Creek it was a resounding success, and everyone seemed to enjoy not only the peanut butter crackers but the company too!

---

### FARM NOTICE IN MUNSTER

'Even if you can cross the field in ten seconds, don't try. The bull does it in nine'.

—*The Countryman*, Spring 1970, Edited by Crispin Gill,  
Burford, Oxfordshire, England.

## MEDICINE ON CAPITOL HILL

by

TIM LEE CARTER  
Congressman from Kentucky

The frequent inadequacy of health care in rural areas of this country is one of the main reasons that Health Maintenance Organization legislation is currently the subject of very serious consideration in the Congress. It is widely felt that HMOs can fill part of the health services "gap" which exists in many rural areas.

I feel it is important, however, to make sure we do not overlook the contribution made by existing health care organizations operating in rural areas. One such organization is the Frontier Nursing Service in Leslie County, Kentucky.

With its headquarters in Wendover, Ky., the FNS today provides care for some 15,000 persons of this economically, and otherwise medically, deprived area.

Taking the unborn child as a starting point for good health care, the organization has developed into a service for entire families. In conjunction with the desire to safeguard the health of rural areas, the FNS owns and operates a hospital, clinics, and training schools and teaches hygiene and child care. In short, the FNS does whatever is necessary to promote better health and social welfare.

The FNS employs four physicians, one of whom is always available at their hospital in Hyden, Ky. Also staffing the hospital and clinics are 15 nurses, who last year served 23,000 patients. However, the work of these professionals does not stop with their giving medical aid, for the nurses take part in the community in order to get the people involved with the improvement of their own welfare. The people, in turn, help maintain the clinics and meet to discuss a variety of community concerns.

The kindnesses of concerned persons lends greatly to the success of the FNS. With the combination of government funds, donations, and patient's insurance, the FNS has a balanced budget. Because of the economic situation of the area, the patients are not always able to pay the full cost of their treatment. This is not to say that they don't pay anything, for the nurses collect at least a dollar to preserve the intense pride of these people.

Volunteers play a necessary and greatly appreciated role in giving long hours and a tremendous amount of work to the organization. For manning clinics, visiting the sick, and running errands, the deeply committed volunteers receive no salary, but their reward is the knowledge that they are vital to the success of the service.

It is under medical direction that the FNS is able to treat patients. These directives are set down by nurses and physicians from Lexington. Only after a process similar to medical diagnosis do the members of FNS decide whether to treat a patient or refer him to a physician.

The FNS is working well in Leslie County and it can work elsewhere. There are too many communities throughout the U.S. which are medically neglected because of a lack of doctors. However, such situations no longer have to exist. Adequate health care can be made available in many deprived areas. The people want to help themselves, and this is one way that they are succeeding.

*Medical Tribune*, Wednesday, October 11, 1972

---

The trouble with being a parent is that by the time you're experienced, you're unemployed.

—*Modern Maturity*, February-March 1966

**OLD COURIER NEWS**

Edited by  
JUANETTA M. MORGAN

**From Martha Schultz, Amherst, Massachusetts**

—September 28, 1972

I am very disappointed that Cathy Williams and I can't be with you for Mary Breckinridge Day as we had hoped, but we are both involved with school work. I have so many happy memories of my summer at Wendover and I hope that you'll give my fond wishes to everyone.

. . . . .

**From Jane Handy in Maine—October 5, 1972**

I really enjoyed my stay at Wendover. I became very fond of a lot of people there and found it hard to leave. I hope some day that I will be able to return. Right now I'm in Maine Outward Bound. I have been set out on an island alone and am going into my fourth day without food, except for a fish that I caught yesterday!

. . . . .

**From Nancy Anschuetz, Cambridge, Massachusetts**

—October 10, 1972

Once again, I'm back in school and find it very hard to enjoy studying! I hope all goes well at Wendover. I miss you all very much—my time there went so quickly that it almost seems unreal. Please give my love to all.

. . . . .

**From Susan Spencer Small, Tucson, Arizona—October 27, 1972**

When I read the Bulletin article entitled "A Wet Spring", the thought of damage to the Cabin causing it to be torn down, made me realize how much I still think of Wendover though many years have passed since I was there. My ambition to make a trip to visit you again has not yet been realized. With luck I'll make it before all my children are grown.

The last two summers we have spent a month on a lake in central New Hampshire which gives us a delightful change from the hot desert. This gives me great practice in flying across the

country with three children and all the equipment that a family of five requires.

. . . . .  
**From Vicki Coleman Fuller, Great Falls, Virginia**

—October 27, 1972

It's hard to believe that it has been fifteen years since I was last at Wendover—I remember those summers so vividly. I can hardly wait for our daughter to be old enough to be a courier. The way of life will be quite different by the time she gets there, but the wonderfully developed attitude of shared caring is bound to go on.

. . . . .  
**BITS OF COURIER NEWS**

Mrs. Charles Jenney, Jr., mother of **Bronwen Jenney Anders**, has written us the following: "This summer we went on a trip to Malaysia to visit Bronnie and Eric. They are in the Peace Corps in Kuala Lumpur and Eric is in charge of the medical section. It was a very exciting experience including meeting a new granddaughter!"

Mrs. Marshall Fulton has written us about her daughter, **Edith Fulton Weeks**: "She now has three energetic little boys and just in case you don't have them, here are the statistics: Shannon Barton Weeks, born in Stuttgart, Germany, 3-5-66 (father was doing Army service), Christan DeWolf Weeks, born in Denver, 2-19-68, and Brenden Marshall Weeks, also born in Denver, 12-20-69."

**Kate Fulton** is now attending Northeastern University in Boston.

**Sabra Dunham** is living in St. Paul, Minnesota, and is teaching school.

**Laura Parrish** writes that she is teaching the third grade in Bourbon County, Kentucky, this year.

. . . . .  
**A WEDDING**

Miss Barbara B. Jackson and Mr. C. Randolph Parker, Jr., on August 19, 1972, in Vinalhaven, Maine.

---

We extend our sincere sympathy to **Pamela Dunn Ellis** whose mother, Mrs. George Warren Dunn, died in October. "Miss Lees"—as we knew her—was Mrs. Mary Breckinridge's only sister.

---

### BATTERING RAM

An old Westmorland farmhouse was recently extended by the addition of a lounge with a picture window. Scarcely had the workmen finished when down the fellside wandered an old Herdwick ram. Its attention was caught by the glittering expanse of glass. To its indignation it saw reflected on the surface the image of a ram equipped with a mighty pair of horns. Its reaction was immediate. Down went its head and at full speed it charged the supposed rival. The new window shattered into a thousand pieces and a very puzzled old tup stood marvelling at the enemy's sudden and total disappearance. At length it ambled away, doubtless to boast to the ewes of its pulverising power.

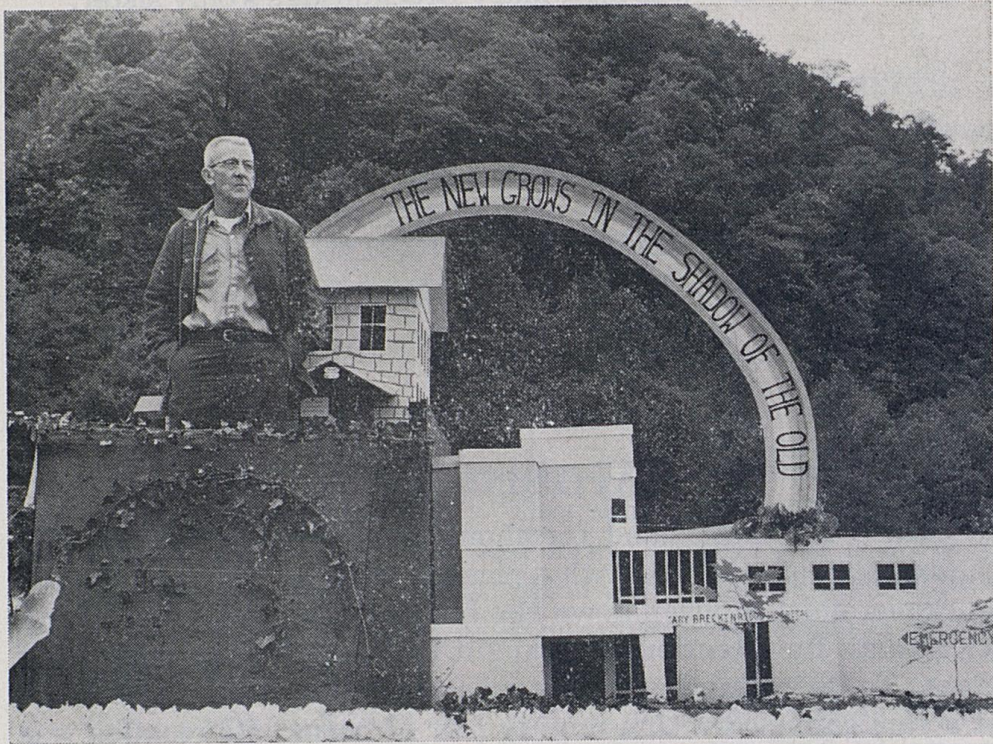
—Richard Clough, Westmorland

—*The Countryman*, Spring 1972, Edited by  
Crispin Gill, Burford, Oxfordshire, England.

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## DO YOU KNOW HOW TO PHOOF?



*Photo by Panni Hobson*

The Wendover Community Float with its driver, Hobert Cornett

"I surely dread having to do all that phooing again."

"Do you remember how long it took us last year?"

"Yes, but we really need new chicken wire."

"But just think, if we win the grand championship no one will remember how much time we spent phooing."

Such were some of the comments heard around the Wendover Community the week before Mary Breckinridge Day. Strange? Not really when one learns that "phooing" is a word we coined to describe the process of folding paper napkins and stuffing them through chicken wire to decorate the "skirt" that would encircle a flat-bedded truck that would become our Mary Breckinridge Day float.

The theme for this year's Mary Breckinridge Day parade was "Teamwork in Developing Mary Breckinridge Country". It took a good sized group at a planning meeting to decide what



our particular interpretation of the theme would be. The group painfully worked out an idea and spent the next week carving out the details (sometimes literally). There were over thirty people on our crew, many of whom worked at Wendover and lived in the community. The couriers and Wendover residents were faithful workers too. By the middle of the week our "phoofing" was finished but there was still much work to be done in order to meet the Saturday morning deadline. You see, we were building models of both the old hospital and the new one, connected by a rainbow on which was written our theme: "The new grows in the shadow of the old". Around the "skirt", between the "phoofing", were the names of all the communities in our area from which patients come to Hyden Hospital.

The more we worked, the more enthusiastic we became and, eventually, we were really "hooked" on our own idea! There were many committees within our working crew and, strangely, most workers were on most committees! At one point we thought of having a theme song beginning "We feel a trophy coming on"!

Finally the long-awaited day arrived and the crew began to assemble at 6:00 a.m. for the final details. The discouraging element was a pouring rain. Many of us had awakened at 4:00 and had heard the storm blowing in. It was terribly discouraging and we even debated at one point not entering the float in the parade—we couldn't bear to see all our work washed away before we got the float to town and to the starting point. However, Brownie had assured us that it never had rained during a Mary Breckinridge Day parade and the eleventh annual parade was to be no exception! At 8:30, an hour and a half before starting time, the rain stopped.

A large crowd of on-lookers lined the parade route and gathered around the floats when the parade stopped at the Fish and Game Club, anticipating the announcement of the winners. There were four classifications of entries—communities, special interests, schools and 4-H groups—and our float was entered in the community division. The winners of the four divisions compete for the grand championship trophy. The Wendover Community float was presented the first prize in the community division and we were very proud and pleased. And when our float was also awarded the grand championship trophy, all of our

effort and work, doubts, enthusiasm, aches and pains and worries were more than rewarded. This was the first grand championship the Wendover Community had ever won.

—Contributed

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## Statement of Ownership

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Statement of the Ownership, Management, and Circulation required by the Act of Congress of August 24, 1912, as amended by the Acts of March 3, 1933, July 2, 1946, and October 23, 1962 (Title 39, United States Code, Section 4369), of

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QUARTERLY BULLETIN

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(1) That the names and addresses of the publisher, editor, managing editor and business manager are:

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(2) That the owner is: Frontier Nursing Service, Inc., the principal officers of which are: Mrs. Jefferson Patterson, Washington, D. C., chairman; Miss Kate Ireland, Wendover, Ky., Mr. Henry R. Heyburn, Louisville, Ky., vice-chairmen; Mr. E. S. Dabney, Lexington, Ky., treasurer; Mrs. John Harris Clay, Paris, Ky., and Mrs. Charles W. Allen, Jr., Louisville, Ky., secretaries; Miss Helen E. Browne, Wendover, Ky., director.

(3) That the known bondholders, mortgagees, and other security holders owning or holding 1 per cent or more of total amount of bonds, mortgages or other securities are: None.

(4) Paragraphs 2 and 3 include, in cases where the stockholder or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of the person or corporation for whom such trustee is acting; also the statements in the two paragraphs show the affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner.

HELEN E. BROWNE, Editor

## OLD STAFF NEWS

Edited by  
EILEEN H. MORGAN

### **From Elda M. Barry in Jamestown, New York—October, 1972**

I am thrilled with the good service given to children, the family, the aging, et cetera. "Emergency Aid for Susie" reminded me of an injured peacock, another time a water buffalo with a badly infected wound on his head, that were brought to our clinic in India for Dr. Mary Agnes Burchard's care!! Fortunately we were able to help them as Susie was so wonderfully helped, too.

Mary Agnes and I are finding much to occupy our time here and have had no long trips this year. She assists an obstetrician, usually with surgery, as needed. He does gynecological surgery also.

We keep up with "bird watching" and had an interesting and rewarding trip with the eastern division of the National Audubon Society to Brigantine Wild Life Sanctuary, New Jersey and one day at Hawk Mountain in Pennsylvania in September. The autumn colors are gorgeous and we drive out to the woods frequently.

Many churches are studying India as their mission project so we are busy sharing, with slides and talks, our life and experiences there.

. . . .

### **From Margaret L. Dunaway in Gatooma, Rhodesia**

—October, 1972

We have been here since August, 1971. While I was waiting to hear from the University of North Carolina, our Board asked us to take up a much-needed place here in Rhodesia. We are very happy to be busy in Africa again, although we enjoyed the Public Health work at home. Midwifery is my first love, and I am getting plenty of it here as "Sister-in-charge of O.B."

The Chairman of the O.B.-Gyn Department of the University of Rhodesia is a personal friend of ours, who once worked with us as a missionary doctor in Nigeria some years ago. He is highly revered all over Rhodesia, South Africa and England—having

made quite a name for himself in devising what is called the Labour Composite Graph. (We use this graph at our hospital and it truly is great.) Professor Philpott made arrangements for me to take all the classes of the Nurse-Midwifery Class of the University of Rhodesia right after we arrived in August, 1971. This was a marvelous refresher for me before taking over the responsibility of the O.B. Dept. of our hospital here. We have 25 maternity beds, usually all filled (and sometimes the hall, as well!) and we keep 30 - 35 women here in the last month of pregnancy.

We have a good set-up, good equipment and too much to do. The experience is absolutely fabulous! We are just beginning with Family Planning.

. . . .

**From Pauline Lee Goolkasian, Ft. Belvoir, Virginia**

—November, 1972

It's been awhile since I last corresponded with FNS. I want you to know that it's not due to lack of interest. I await the Bulletin eagerly to bring me closer to all of you.

I was so sorry I didn't get the see and speak with Brownie at the 16th International Confederation of Midwives. I was only able to attend on Monday due to a heavy school schedule. I had wanted to tell her that we had moved and now live at Ft. Belvoir in a very lovely 3-bedroom house. It's a homemaker's dream compared to our earlier 1-bedroom apartments. We feel more like a family and very domestic with our lawnmowing and curtain hanging. We've even bought a few pieces of furniture—our very own. Greg has also been very creative with some electrical spools given to us by the Electric Company. So, we also have some cute round tables for our living room. I had a great deal of fun, sewing and cutting curtains to put on our 16 windows. All in all we survived our readjustment period and are very settled in.

Greg is now a short-timer with the army. He gets out in July of '73. He has been interviewing and has had job offers in Connecticut, Pennsylvania, D. C., and Kentucky. The Kentucky offer is very appealing to him. It is in Louisville and of course I certainly wouldn't mind the opportunity of getting closer to where I like to work. I realize I'd be quite a way from Wendover, but we're very mobile and one never knows.

I'm actively engaged in my graduate program at Catholic University. If all goes well I should complete it by next December.

. . . .

**From Gwen Gessner Horsfield in Wapenamanda, New Guinea**  
—November, 1972

I was married on October 21, 1972 to Ian Horsfield here at Wapenamanda. My husband and I will be leaving New Guinea in December of this year to live in Australia. I am planning on working in Australia and will be applying for registration there.

. . . .

**From Mary Ruth Sparks in Pleasant Hill, Tennessee**  
—November, 1972

I have just returned from a short trip to London. I saw Bridie Gallagher. She seemed fine, as sweet and gracious as always, and very busy.

I was on a Cartan tour and stayed at Kensington Palace Hotel just across from Hyde Park. I revisited places I had been, but the trip was too short. London is always first with me.

I talked with Agnes Lewis the day I left and she was ready to go to Boston.

Best wishes to Wendover and Hyden people.

. . . .

**From Peggy Kemner, Lend-A-Hand Center,**  
**Walker, Kentucky—Fall, 1972**

On September 3rd, Irma, Melody and I climbed aboard a plane in Lexington to fly to Washington. What was supposed to be a normal flight for a 747 from Washington to London turned out a bit different. One engine had to be feathered two hours out over the Atlantic, causing us to return to New York for another 747. Pan Am provided us with other ways to get on to Oslo as we had missed our connections.

Ottar, an exchange student, took us around to see the sights of Oslo. Lennart, another exchange student, showed us Sweden. His aunt whirled us around Copenhagen for a peak at Grunders Church, the old castle, the new castle and the little mermaid. There we picked up our Opel Kadet which was to be our home for the next three weeks. Bernd (exchange student) showed us

West Berlin—The Charlotte castle, her garden and towers, The Wall, Wilhelm Church and the Essen Area, Bernd's home. En route to Rosi's home in eastern Switzerland we visited the Olympic Park and the Frauen Kirch in Munich. We were fascinated by the buildings and mountains around Garmish Partonkirchen. Rosi's family took us to see various farms in Switzerland and to see Jungfrau (a high mountain). Lake Geneva, reflecting the mountains of France on the other side, is beautiful. From Switzerland we headed for Mount Blanc, the highest of the Alps, located in France, then on to the Mediterranean Sea in Italy. We went from Venice to Amsterdam via Austria and Germany, then on to London. We visited Liz Palethorp in Swanage. We saw a lot of London by boat as we went from Westminster to the Tower. The weather was beautiful for our flight across the ocean. My mother and brother met us at the Washington airport.

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#### Newsy Bits

Nurse-midwife, **Ivallean Caudill Brooks**, has been in the news headlines in Alaska recently. She is now working with the Greater Anchorage Area Borough Health Department at the Alaska Native Medical Center and in family planning clinics at the Borough Health Center.

. . . .

We were saddened by the death of Mrs. Sidney Muncy, mother of **Hope Muncy**. "Aunt Sidney" will be greatly missed in Leslie county. Our deepest sympathy goes to Hope and her family.

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Irish customs officer to lady who has been kept waiting at frontier by funeral procession: "I am sorry for the delay, ma'am, but it takes some time getting the health certificate for the corpse".

—*The Countryman*, Autumn 1970, Edited by Crispin Gill, Burford, Oxfordshire, England.

## In Memoriam

MRS. LOUIE A. BEARD  
Lexington, Kentucky  
Died in August, 1972

MRS. PAUL GRAY BIGLER  
New York, New York  
Died in August, 1971

MRS. WALTHER BUCHEN  
Winnetka, Illinois  
Died in October, 1972

MISS MARY CHURCHILL  
HUMPHREY  
Louisville, Kentucky  
Died in August, 1972

MISS MARY G. LANSDALE  
San Francisco, California  
Died Spring, 1972

MRS. JOHN WALKER MOORE  
Louisville, Kentucky  
Died Spring, 1972

MRS. CHARLES H. MOORMAN  
Louisville, Kentucky  
Died in September, 1972

DR. JOHN L. PARKS  
Washington, D. C.  
Died in July, 1972

MRS. GEORGE J. STOCKLY  
Delray Beach, Florida  
Died Summer, 1972

With much gratitude for their help over a long span of years we give up those friends who have left us in recent months.

**Dr. John L. Parks** was a distinguished obstetrician and a member of our National Medical Council. We remember his visit to see our work in the 50's, and how patient he was in answering questions for our nurse-midwives who presented their problems to him.

**Mrs. Charles H. Moorman** had a vital interest in our work for over forty years. She was not only a generous donor but a real friend to many of our staff members who enjoyed the hospitality of her lovely home in Louisville. Her immense fortitude enabled her to face up to the tragedies in her own family, the biggest of which must have been the loss of her twin boys in war. We will long remember her annual visits to Wendover. As a trustee of FNS, she wanted to know the work in the field and the people who worked in it.

**Miss Mary Churchill Humphrey** was also a faithful supporter for over forty years and was interested in helping us meet current expenses. Several years ago she wrote us, "I do not forget my privilege in giving to FNS".

**Mrs. George J. Stockly** was a trustee and a member of our New York Committee. We will be ever grateful for the many years of service she gave us as a member of the Bargain Box Committee.

Among friends we have lost are those who served on their city committees for a number of years. **Mrs. Louie A. Beard** of Lexington, Kentucky, performed a valuable service by keeping our Blue Grass donor file for many years. **Mrs. Walther Buchen** was a former member of our Chicago Committee and a donor since 1953. **Mrs. John Walker Moore** of Louisville had been interested in supporting our work for over thirty years.

We are deeply grateful for the generous legacy left to the FNS by **Miss Mary G. Lansdale** of San Francisco and to **Mrs. Paul Gray Bigler** of New York City for remembering our work in her will.

We send our sympathy and gratitude to the families of all these good friends.

Within the gentle heart Love shelters him  
As birds within the green shade of the grove.  
Before the gentle heart, in nature's scheme.  
Love was not, nor the gentle heart ere Love.

. . . .

That aught the name of gentleness should have,  
Even in a king's estate,  
Except the heart there be a gentle man's.  
The star-beam lights the wave,—  
Heaven holds the star and the star's radiance.

*Ode Of The Gentle Heart,*  
Guido Guinicelle, Thirteenth Century  
Translated by D. G. Rosetti



## BEYOND THE MOUNTAINS

### Washington

During the week of the International Congress of Midwives, I was honored to receive an invitation to the reception at the State Department given by Mrs. William P. Rogers in the lovely Benjamin Franklin room. I went with Mrs. Patterson and Trudy Isaacs, the FNS Educational Director, who also accompanied me to the reception given by the British Embassy Wives Association for the British delegation to the Congress. The guests were honored by the attendance of Ambassador and Lady Cromer. Mrs. Patterson had also arranged for me to show our movie, *The Road*, to the curators at the Smithsonian Institution. One of the curators was especially interested as her home is in Barbourville, Kentucky—very near to FNS territory. I was also asked to go to the Mutual Broadcasting Studio to make a radio tape about the work of FNS.

### Boston

On Friday, November 10, I flew to Boston to meet Freddy Holdship, our old courier and now the Pittsburgh member of our Board of Governors, and Agnes Lewis, our beloved Trustee and old staff member, to go with them for our annual weekend visit to our good friends, the Roger Branhams at Hingham. It was a welcome break for me after two rather hectic weeks. The three of us were given Mrs. Branham's car for a trip to our favorite spots on Cape Cod on the Saturday. This included a brisk walk on the Barnstable Dunes.

On Sunday evening I went to the home of our old courier, Nella Lloyd Helm, for supper with her family and to hear about the year they had spent on the West Coast. Bill and Nella delivered me to the John Fisher's in Weston, in whose lovely home I stayed for two nights. Jane Fisher drove me to the Brimmer and May School on Monday morning where I spoke to the 7-12 grade girls and showed them FNS slides. They were an interested group and I am grateful to Mr. St. John, the Headmaster, for giving me time with his girls. John and Jane Fisher had a lovely group for dinner on the Monday evening.

On Tuesday, November 14, I went to the Milton-Hoosic Club where members of our Boston Committee were getting ready for

the opening of their annual Christmas Preview. Nineteen stores had taken space in which to display their wares. Jane Leigh Powell and I had collected quilts, lamps and stools from craftsmen in the FNS area to display at our own booth. In the afternoon Jane Fisher drove me to Dana Hall where I showed slides and spoke to the older girls. I was pleased to meet Mrs. Stephen Mugar of Belmont, Massachusetts, who had come to Dana to attend the program and see FNS slides.

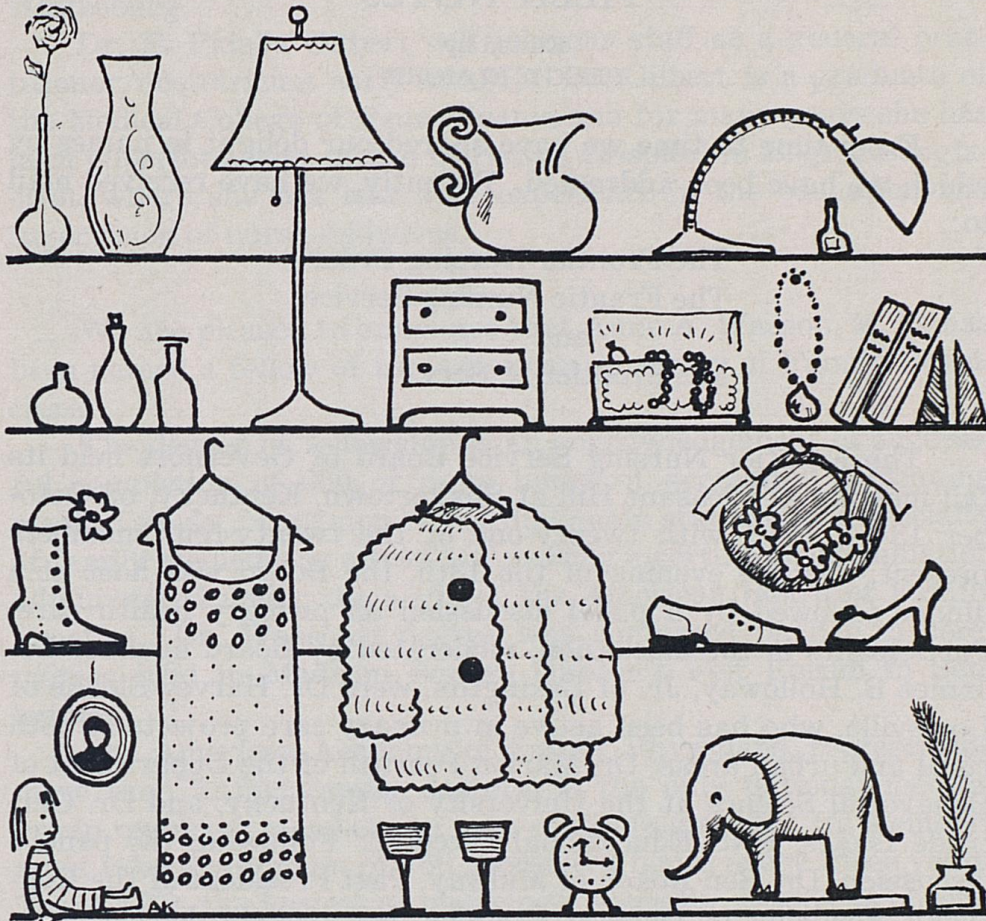
Sponsors of the Preview were invited to the opening night at the Milton-Hoosic Club and that evening Caroline Standley drove me to her home. During the next two days many people came in to do their Christmas shopping, including many FNS friends in the Boston area.

On Wednesday morning I spoke and showed slides to the girls at Milton Academy. It happened to be Parents Day at the School, so I was pleased to have parents and their daughters in the group. On Wednesday evening Caroline and Mike Standley had a group of new committee members and their husbands for dinner.

On Thursday I was at the Preview in the morning and in the early afternoon went to Massachusetts General Hospital to meet with Dr. Ann Baker, Director of the School of Continuing Education and members of her nursing faculty. It was exciting to talk with a group who, like the FNS, is preparing the nurse to assume more responsibility in health care. From there I went to the lovely old Dutch House, the home of our courier Lila Mehlmann. I enjoyed meeting her three young sons and had a welcome cup of tea. After an early supper, Lila's husband, Dr. Robert Mehlmann, drove us to Deaconess Hospital where Miss Ellen D. Howland, Director of Nurses, had invited nurses from Deaconess and two or three other schools to see our movie, **The Road**, and hear about our educational program. It was an interested group and their many questions continued after we gathered for refreshments in the Nurses Residence. On Friday morning Lila drove me to meet Jane Leigh who took me to her home on Long Island for the weekend and a good rest prior to my returning to Wendover on Monday, November 20.

I send my many thanks to my hostesses and friends in Boston for their warm welcome and for arranging transportation for me during the week.

**WHITE ELEPHANT**



**DON'T THROW AWAY THAT WHITE ELEPHANT**

Send it to **FRONTIER NURSING SERVICE**  
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

**FRONTIER NURSING SERVICE**  
 1579 Third Avenue  
 New York, New York 10028

## FIELD NOTES

Edited by  
PEGGY ELMORE

From time to time we have shared our delight in names by which we have been addressed. Recently, we have received mail to:

The Frontier Nursing Order  
The Frantic Nursing Service  
and  
Mr. Frontier N. Serv

. . . . .

The Frontier Nursing Service Board of Governors held its fall meeting at Pleasant Hill at Shakertown, Kentucky, on October 13-14, 1972, with twenty-one of the twenty-four members present. On the evening of the 13th, the Board was host at a dinner followed by a panel discussion on primary health care. Participants in the discussion, moderated by Board member Dr. James B. Holloway, Jr. of Lexington, were Dr. Harvey Sloane of Louisville, who has been active in primary care projects in both rural and urban areas, Dr. Marion Pearsall of the Department of Behavioral Science at the University of Kentucky, and Dr. Gertrude Isaacs, FNS Educational Director. Following the panel's discussion, Dr. Ben Roach of Midway, Past President of the Kentucky Academy of General Practice, led a lively discussion in which the audience joined.

. . . . .

It is with a great deal of pleasure that we announce two additions to the Frontier Nursing Service Medical Staff.

Dr. and Mrs. J. Huston Westover will be moving to Hyden the latter part of November and he will begin his duties as Director of Medical Service on December 1. Dr. Westover, an internist, is a graduate of Columbia University's College of Physicians and Surgeons and he has been active in the practice of internal medicine, in teaching, and in medical administration in New York, New England, and with the American Friends Service Committee in Korea and India. Dr. Westover is no stranger to eastern Kentucky as he was Chief of Clinical Services at the Miner's Memorial Hospital in Whitesburg from 1955 to 1960 and,

more recently, was associated with the Daniel Boone Clinic in Whitesburg.

Dr. E. Fidelia Gilbert will join our staff as a general practitioner/obstetrician early in 1973. Dr. Gilbert is a graduate of the Medical College of Pennsylvania and for many years she has been superintendent of the Christian Hospital in Bogra, Bangladesh, where she has had wide experience in the education and supervision of nurse-midwives.

. . . . .

We are pleased to announce that Anne A. Wasson, M. D. has been named a fellow of the American Academy of Family Physicians.

The degree of fellowship is an acknowledgement of successful completion of 600 or more hours of accredited continuing medical study, or attainment of diplomate status in the specialty of family medicine as a result of passing a certifying examination administered under the aegis of the American Board of Family Practice. Dr. Wasson's degree was conferred on her in ceremonies held in Madison Square Garden's Felt Forum in September.

The American Academy of Family Physicians, representing more than 32,000 family doctors, is the only national medical group requiring members to take continuing study. Its members must take a minimum of 150 accredited hours every three years. The AAFP, the largest of medicine's specialty groups, is observing its twenty-fifth anniversary this year.

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We are most grateful to the Kentucky Academy of General Practice for inviting Dr. Anne A. Wasson to bring her Family Nursing students to the seminars given by the Academy.

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In the spring of this year, the Mountain Comprehensive Health Corporation, an OEO-funded project with headquarters in Hazard, asked the Frontier Nursing Service to demonstrate its system of care in the Wooton area of Leslie County where FNS was already caring for patients in their homes but where there was no clinic. Under the terms of the proposed contract, FNS would provide two nurses, their nursing supervision and medical back-up, and MCHC would provide a clinic, transporta-

tion and housing for the nurses, their supplies and certain ancillary personnel, including a dental unit. Judi Floyd and Susan Hull were assigned to the Wooton project and the work was begun while the nurses still lived at Wendover. The girls moved to the Wooton area in early October and are eagerly awaiting the opening of their clinic in, we hope, the near future.

Once again we are deeply grateful to our ENT and anesthesiology friends from the University of Cincinnati for a tonsil clinic at Hyden Hospital this fall. The physicians came to screen prospective patients in early October and returned three weeks later to perform tonsillectomies on the most urgent cases.

The couriers who came to us in September for the first fall term were Karen Anderson, Rice Lake, Wisconsin, Ann (Panni) Hobson, Louisville, Kentucky, Patsy Lannon, North Haven, Maine, and Julie Snyder, Stow, Massachusetts. They were succeeded by Polly Beckwith, Charlottesville, Virginia, Rosalind Everdell, Concord, Massachusetts, and Ann Rice, Bedford, Massachusetts.

We can't begin to tell you how pleased we are that Panni Hobson has stayed on to be the Christmas Secretary. She has opened "Santa's Workshop" on the Lower Shelf at Wendover and is busy packing and unpacking, sorting and selecting for Christmas 1972.

Two student nurses have come to us this fall for a brief glimpse of our work. Gail Smith, a senior student at the Medical College of Georgia, who had visited two of our staff nurses here when she was nine years of age, enjoyed renewing her acquaintance with the FNS for ten days in November. Gail Grifhorst, who arrived just after Thanksgiving for four weeks, is one of a long line of Keuka College students who have spent an autumn field period in Kentucky.

A new class in the Frontier School of Midwifery and Family Nursing was admitted on October 1, 1972, with ten students in Family Nursing I. Five registered nurses—Jo Hanson, Sally Kimberly, Susie Miller, Lisa Norris, and Rexanne Willingham—and two nurse-midwives—Miriam Eberly and Lucille Lebeau—

left the staff to become students. The other three students were sent to the School by the agencies with whom they were working—Dorothy DeLooff from the National Health Service Corps, Susan Schindler from the University of Kentucky Student Health Service, and Annabelle Shortell from the Department of Public Health Nursing of the Commonwealth of Virginia.

Presently enrolled in Family Nursing II are Sara Coner, Janice Kersgaard, Barbara Kinzie, Karen Knapp, Linda Roe and Marguerite Smith, and in Family Nursing III are Margaret Bartel, Mary Jo Brady, Nicole Jeffers and Esther Mack.

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Since we have expanded the services we offer and “lose” staff to the Frontier School of Midwifery and Family Nursing each trimester, we are fortunate to be able to welcome new nurses to the FNS staff:

Mary Elizabeth Dickey, Milwaukee, Wisconsin  
Mary Dolliver, Armour, South Dakota  
Ellen Drury, East Boston, Massachusetts  
Diane DuPont, Greenfield, Wisconsin  
Theresa Golden, Bayonne, New Jersey  
Mary Hermiz, Evansville, Indiana  
Clara Jefferis, West Chester, Pennsylvania  
Gladys Kroeker, Henderson, Nebraska  
Mary Malone, Parma, Ohio  
Natalie Mara, Pittsfield, Massachusetts  
Mary Woodcock, Damascus, Maryland  
Susan Zator, Union, New Jersey

Valda Raine, a British nurse-midwife, returned to the staff in November and two other “old staff” members—Pam Love and Greta Wiseman—keep turning up when we need them. While some of the staff went to Washington for the International Confederation of Midwives, Pam was here to take charge of Hospital midwifery, Katie Yoder came back, and a nurse-midwife from Georgia, Sister Norma Mary, gave her services for a week, which was a tremendous help to us.

We are glad to have Jawandean Hoskins back in the Wenderover office. Joe Lewis, who has worked at the FNS Pharmacy as a pharmacy student and intern, is now a registered pharmacist and has joined our staff.

Our best wishes go to Janet Dunlap and Paul Watts who are being married on Saturday evening, December 9, at the Central Presbyterian Church in Hyden, Kentucky. Janet is head nurse on the general ward at Hyden Hospital and Paul is on the Hospital maintenance staff. After the wedding they plan to spend some time in Maine and we hope this will be just an extended leave of absence from eastern Kentucky.

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In early October Frontier Nursing Service had the pleasure of a visit from the Officers and Council members of the National Society, Daughters of Colonial Wars. We are indeed flattered that representatives from eighteen states and the District of Columbia made the long trip to Hyden to see the work they have supported so generously over a long period of time. We are especially grateful to Mrs. C. Wayne Elsea, First Vice-President of the National Society for the article printed elsewhere in the Bulletin and to courier Panni Hobson for the photograph which illustrates Mrs. Elsea's story.

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In previous issues of the Quarterly Bulletin we have discussed the PRIMEX grant for the evaluation of the Family Nurse which Frontier Nursing Service was awarded through the National Center for Health Services Research and Development. In November the Acting Deputy Director of "R & D", Dr. Faye Abdellah, who is also Chief Nurse Officer of the Public Health Service and Assistant Surgeon General, came to visit our program, bringing with her Dr. Roger O. Egeberg, Special Assistant to the Secretary for Health Policy, Department of Health, Education and Welfare, Mrs. Egeberg, and Mr. Kenneth H. Flieger, Special Assistant to Dr. Egeberg. Their visit was all too short but it was our pleasure, in the brief time allowed, to show them one of the outpost centers—Red Bird—and Hospital Hill and have them for a night at Wendover.

Later in November, the American College of Nurse-Midwives sent Miss Lily Hsia, Educational Director of the Nurse-Midwifery Program at Kings County Hospital, Downstate Medical Center, and Sister Jean Meurer, Assistant Professor in the School of Nursing and Allied Health Professions, St. Louis University, for



a site-visit to the Frontier School of Midwifery following submission to the College of our self-evaluation report of the FNS educational program. These two nurse-midwives spent two days with us.

We had the pleasure of seeing several old friends over the Mary Breckinridge Day week end at the end of September. Mrs. Ten Eyck Lansing of Westport, Connecticut, her daughter Mary (a former courier) of Washington, and Mrs. David Mavity of New York spent two nights with us at Wendover. We especially enjoyed showing Mrs. Mavity something of the FNS since she had been in charge of the FNS project when the Ford Foundation gave us a grant to build the new nursery and delivery room at Hyden Hospital some fifteen years ago. Mr. and Mrs. Edwin Floyd and Mr. and Mrs. Everett Woodcock spent that week end with their daughters, Judi and Mary, and Carolyn Coolidge Godfrey and her family were with the Howalds at Joy House. Vicki Strobl Mackey and her husband, Ardeth Johnson, Nancy Etinger, and Frances Morton were among the old staff members and couriers who turned up to join in the fun.

During the fall we have entertained a group of health professionals from South America, students and/or staff from Tulane University, Andrews University, Spalding College, Evansville University, the University of North Carolina, and from the Clover Fork Clinic and the Appalachian Regional Hospital in Harlan.

Mr. Roger Fenney, the Administrator of the Central Midwives Board of England and Wales and Field Director of the ICM/USAID Family Planning Project, spent a couple of days with us before the ICM. Other overseas guests have included physicians, nurses and nurse-midwives from England, Scotland, India, Nepal, Botswana and South Africa.

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And now we must scramble to get this Bulletin to the printer and into the mail before the Christmas rush. The Wendover litchen is busy with preparations for Thanksgiving Dinner for some seventy staff members. Before we know it Christmas will be upon us and 1972 will be a year of the past. "The year ahead—what will it bring? At least we may be sure of Spring." But first—January and February—brrrr!

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"I hereby give, devise and bequeath the sum of \_\_\_\_\_ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

### HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
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5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



**FRONTIER NURSING SERVICE, Inc.**

**Its motto:**

"He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young."

**Its object:**

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the  
Frontier Nursing Service, Article III.

**DIRECTIONS FOR SHIPPING**

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky 41749, or by freight or express to Hazard, Kentucky.

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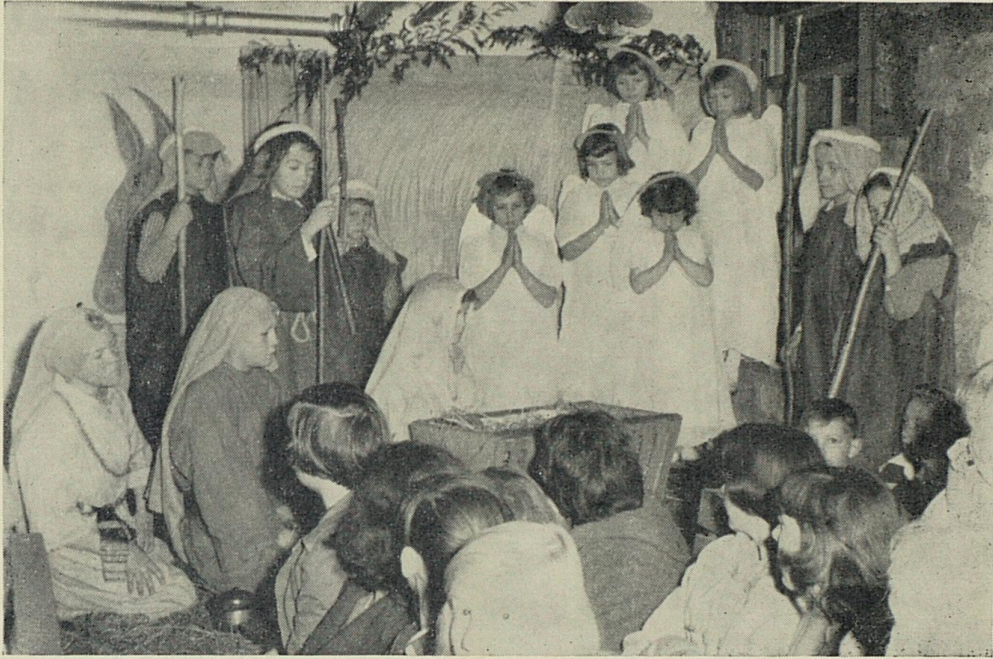
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