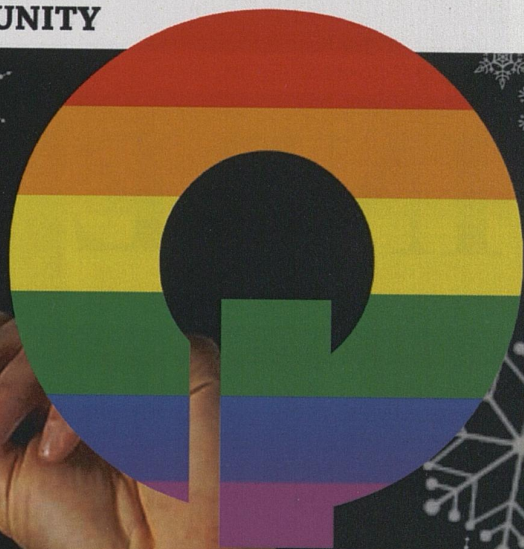


CONNECTING THE BLUEGRASS LGBTQ COMMUNITY

Lin



**A VERY
FAIRY
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PROCEEDS BENEFIT THE PCSO
DECEMBER 20, 8:30 P.M.
CROSSINGS LEXINGTON

**ESTATE PLANNING BASICS
FOR SAME-SEX COUPLES**

PG 12

**WORLD AIDS DAY
THE TIME TO ACT IS NOW**

PG 14

DECEMBER 2015 . VOL 37 / NO. 12 . A Publication of the PCSO



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That's What I'm Talkin' About

Helena uses her usual mixture of humor and sarcasm to look at the frantic holiday season.

Imperial Court Of Kentucky News

The holidays are a very important time of year for the Imperial Court's fundraising efforts to make our community a better place to live.

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TransKyAdvocate

Tuesday's recent travels turn out to be a surprise spiritual journey that helped teach her to embrace her fears.

A Family Reunion

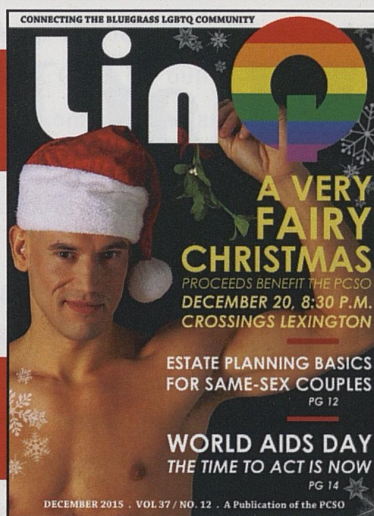
Carol recalls the 2nd Annual Bluegrass Black Pride Awards Dinner, and how much it meant to her, and looks forward with hope for others during the holidays.

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Honing In On The Holidays

Ranada reveals the secret to enjoying the holidays. Buy less, but give more!



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LinQ is published monthly by and for the Pride Community Services Organization members and community. The Pride Community Services Organization envisions a community that accepts and celebrates each individual.

All LinQ submissions and advertisements can be made to the editor (editor@pcsoky.org) or to the PCSO Pride Center (859-253-3233). All submissions may be edited for length.

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That's What I'm Talkin' About



By Helena Handbasket

This month I'd like to do a little shout out for the busiest person in the world at this time of year. No... I'm not talking about the retailer who is constantly merchandising and stocking and navigating through the crowds to help people find what they need, then only to have to calm them when they are 19th in line with only two registers open but 15 registers in the store. No, I'm not talking about the security people in stores who are on constant alert because shoplifting increases during this time of year, which puts the security people on edge. No, I'm not talking about those Moms and Dads who have been crowding to the malls and shops, fighting for that bargain and trying to avoid road rage in the parking lots and roadways. I'm not even talking about those waiters and waitresses who work themselves into a frenzy trying to feed all of the crazies who have spent all day shopping and driving and dragging around packages or children or relatives. We know that those people are always the

best customers and in a great mood when they finally stop long enough to go eat (detect any sarcasm?).

No, the busiest person in the world this time of year is, of course, Santa Claus. Can you even imagine what this man must go through year after year? I mean... think of all the pressure he must be under. He has to sort through the Christmas lists of all the little boys and girls who have been good. Of course, the way society has changed in the last two decades, his list is probably much smaller than it used to be. And can you even comprehend the weight he has to carry in that sleigh? Although, now that gaming systems have become the rage, they weigh considerably less than bicycles and swing sets. God forbid that children of today actually have to go outside... much less get some exercise. No, thank God we can keep them all stationary inside the house in front of the 55-inch TV screen. That is so good for them and reduces the chance of meeting neighbor kids that would want to come over to play. Who has the time

to deal with them and bake cookies, etc? Have we even considered Santa's reindeer and how hard they have to work that night? I'm not sure how Rudolph's nose stays so bright but if there are batteries involved, I sure hope Santa takes along extras. He wouldn't want to run out of light on his journey from the North Pole to houses all over the world.

Keeping after the elves so that they make all of the toys that the precious little ones will want for Christmas must be quite a daunting task for Santa each year as well. Everyone knows that elves just sit around on shelves all day until someone actually makes them do something. And why shouldn't they work? Do they really think they deserve to be kept without doing their share?

I won't even go into how many malls he has to travel to in order for kids to sit on his lap and have their photo taken while they tell him what they want for Christmas. My goodness, what a great memory

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Santa must have to remember all of those requests. This must be the only time of year that a grown man with a long beard who is not a member of the family is actually encouraged to grab a youngster and sit him or her on his lap. Haven't we all been there and watched kids cry and/or scream when placed upon his lap? Thank goodness he is an upstanding individual with no perverted notions. After all, he does have Mrs. Claus there with him to take care of his every need. But in this world that we live in, we are always shouting equal rights. Why, then, has no one even thought to suggest that maybe Santa can

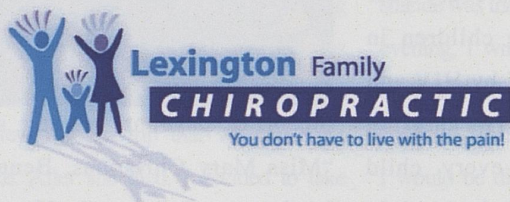
keep his fat ass at home and let Mrs. Claus go out and have a little fun some Christmas? I bet children would be less afraid to sit in her lap than in Santa's.

Anyway, it's Christmastime, everyone, so celebrate this precious season and try to not get so caught up in the stresses of the holiday. May you and yours have a blessed and happy Christmas (or Hanukah, or Kwanza, or whatever it is that you celebrate... I want to be inclusive here - I know how you'll fuss at me if I'm not).

(Send comments or suggestions to HelenahandbasketKY@gmail.com)



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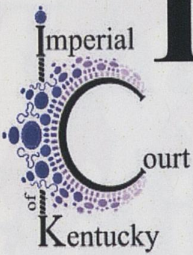
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Imperial Court Of Kentucky News

By H.M.I.M. Empress XXXIV of
the Imperial Court of Kentucky
Kali Dupree

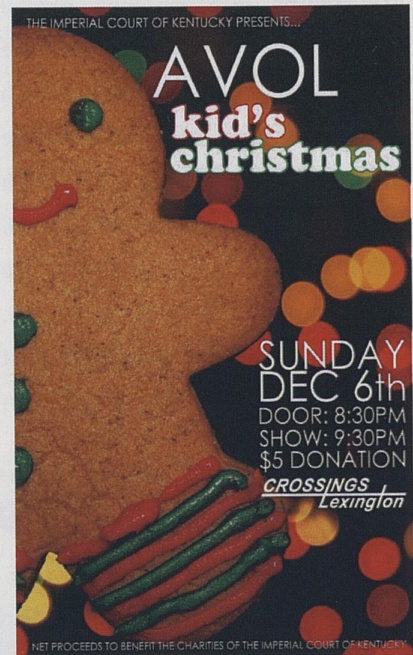
I hope that everyone enjoyed the beginning of their holiday season with Thanksgiving. Remember that thanks to all the generous donations and hard work of this community and to the dowager Monarch's show, "Feeding Our Youth," back in October, many families were able to have an amazing meal for the holiday. Bravo, Lexington! Thank you!

The holiday season has always been a time of giving and celebrating life, love, and family. I have the distinct honor of not only having my biological family, but also a rather large chosen family here in the community of Lexington and through the Imperial Court of Kentucky. The community and the membership is always growing and always looking for the good in the world and striving to make it a better place for all. With that being said, I would like to remind all members of the Imperial Court of Kentucky that memberships are due by December 31. You can renew your membership by speaking to any of the board members,

including myself, Empress Kali Dupree, or there is the convenience of doing the renewal online at imperialcourtkentucky.org.

There are several opportunities throughout month of December to bring love, compassion, and giving back to your community. On December 6 at Crossings Lexington, the Imperial Court will team up with AVOL to present our annual "AVOL's Kid's Christmas." This event raises funds every year to make sure that the children in those families affected by HIV and AIDS are provided with an amazing Christmas, one that every child deserves. It is sure to be a night of amazing fundraising and many moving and touching moments. One of the most important things anyone can do in their life is to make a difference in the life of a child. If anyone would like to make a donation or would like any more information about this event, please contact me on Facebook or at kenneth.rains4@gmail.com.

On December 16 at Crossings Lexington we will be hosting



the next pageant in our series, "Miss Mary Christmas, Benefiting Lexington Fairness." If anyone would an application or other information, again, please contact me. December 20 brings about "Very Fairy Christmas," a night of fundraising to benefit PCSO for Lexington Pride, with sexy Santa and Mrs. Claus. You don't want to miss this.

Lexington, keep up the amazing work! Happy Holidays!



TransKyAdvocate

By Tuesday G Meadows

Embracing My Fears

"It's been a long day without you, my friend, and I'll tell you all about it when I see you again...Everything I went through you were standing there by my side, and now you are going to be with me for the last ride." *See You Again*, Wiz Khalifa

My article this month was originally titled, "Traveling While Trans." I was going to write about my recent trip out west, and how scary it is for transgender people to travel. Instead, my trip was a revelation about my reactions to fear and grief.

For the last 39 years, my wife, Linda, has been my constant companion. In September, she died of cancer. Before she died, she had talked about taking a trip west, mentioning New Mexico several times. When she was getting close to the end, she again mentioned the New Mexico trip that we never got to take. After she died, I decided to take the journey west. After one failed attempt (stymied by a stomach bug), I rescheduled for November.

My challenge was that profound grief and depression had taken hold of me even before she died. I constantly thought of suicide. "Wouldn't it be easier not to deal with all of this? Really, who would miss me anyway?" I did not hide my sadness, and those close to me tried to help. A lot of well-meaning people told me how much that I would be missed and that suicide was not the answer.

In order not to upset people, I just told them,

"I've turned the corner and things seem to be better." If people believed my words, maybe they would leave me alone or maybe even I would begin to believe it. I kept this lie up throughout the month after Linda died.

But lies that you tell yourself only last for so long, and the Monday I packed for my two week trip, it hit me that I was going alone. Next, I started thinking about being alone forever, and I started thinking that suicide was the only way to find peace. That evening, I wrote a very long suicide note on Facebook explaining that I could not continue. But as I hesitated to submit, I felt I would be disappointing my wife by not taking the trip she had wanted. I deleted the note.

So west I went by myself. The first few days were pretty uneventful except for the blizzard in Arizona. I went through the motions, saw the sights. When I got to Santa Fe, New Mexico, things changed.

Fear has always been a big part of my life. Fear made me hide my true self for most of my life. I knew that if my "secret" (being transgender) got out, the rejection would kill me. I imagined losing my job, my family, and my friends, which overruled me being

able to live outwardly and truthfully. Even after I transitioned, I was fearful of not having Linda because she protected me from cruel people. She had always been there to comfort me. It felt so hollow when someone called me brave, because Linda was my bravery.

At the Georgia O'Keeffe museum in Santa Fe, Linda spoke to me. Some people have said that maybe I missed her so much that I imagined it. Maybe so, but I know that I felt and heard her. After my encounter, I have been at peace... maybe for the first time in my life. I stopped being afraid at that moment.

Some wonder if I transitioned to be happier. My answer is always "no, it was to be my true self." What that meant for me was that even in a world that rejects me, I could at least stop the battle that was going on inside of me. After this trip, I have truly found my inner peace and am ready to embrace the fears that seemed so daunting for so long.

I hope you can embrace that which makes you fearful and find your own inner peace. You may write me at Tmeadows828@gmail.com or follow me on Twitter Tuesday Meadows @trishgigi. Now Tuesday is gone with the wind.



A Family Reunion



By Carol Taylor-Shim, MSW

There is something magical about being with your family, your tribe, your people. It fills your soul in ways you never knew you needed. The 2nd Annual Bluegrass Black Pride Awards Dinner did exactly that. John Bentley, Joan Brannon, John Moses, Djuan Trent, and yours truly were honored and celebrated as trailblazers. Sharing a stage with people I have looked up to with childlike eyes was a feeling I will never ever forget. We live in a time where our survival is at risk on countless fronts. While the accolades and celebration were magnificent, what stood out even more to me was family. So many families and friends came together in revelry and pride. The entire evening overflowed with love and affirmation. Yes, homophobia and transphobia and a myriad of other social evils are rampant in our communities. People are silenced every single day and denied the opportunity to live authentic lives. We are inundated daily with messages that make us question our place in the world. Blatant acts of racism, transphobia, and homophobia are daily occurrences and intersect in unimaginable ways.

Acts of hate that are the causes of death and devastation. Audre Lorde once said, "There is no such thing as a single-issue struggle because we do not live single-issue lives." For those of us who live at the intersection of being a person of color and LGBTQQIA, those words ring so very true. On any given day we are battling to live our lives as full and authentic people. I used to think I couldn't be gay and Black at the same time. But I can and I am. I am only those things fully because of the family I have. My family, both biological and chosen, has supported me since the moment I was honest with myself and honest with them about who I am. They make me want to be my best, and I am forever thankful for that. I am nothing without them. We are all deserving of that kind of love and care and that warms our souls and heals our wounds.

So many trans and queer people long for love, support, and affirmation from their families. Those three things are very different than tolerance. They are very different than "love the sinner, hate the sin." They are the very things that could keep a 15-year-old trans

kid from taking their own life. It could keep a closeted genderqueer person from withdrawing into their own world away from everyone. It could give a person questioning their identity the strength to find the answers. Love is what we all crave. People who identify as LGBTQQIA are no different. We want the same love and affection from our families that we got when we were kids. Or the love we know we should have gotten. As we move into the time of year when families come together, I want to say something to the families who have chosen to disconnect themselves from their LGBTQQIA relatives. You can fill that nagging void that you know is there, whether you admit it or not. You can feel what we felt that Saturday night when we celebrated our lives together as a community and as a family. You can fill that emptiness with the person who was meant to be there the entire time. The holidays often soften people in their hearts. My hope for you is that your heart is softened enough to let the joy back in. Happy Holidays!

Follow me on Twitter @ctshim71





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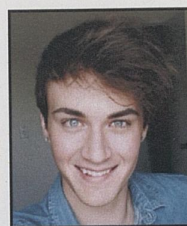
Know your Status - Get Tested!

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Healthy Holidays



By Angel Algarin

During the Christmas season we are all very excited to spend time with friends and family, but unfortunately most of us dread searching for the perfect gifts for everyone on our lists. We are tempted by traditional options of gifting Christmas cookies, bottles of wine, and other tasty treats, but what do we get for that someone who is trying to lose a few extra pounds? Here's a list of some great ideas for that special someone who is serious about their health:

1. Workout class gift cards- Instead of talking about going to that fun spin

class or hot yoga session, give a more thoughtful gift card that encourages your friend to try something new!

2. Activity Tracker- Not only do activity trackers allow people to monitor their own activities, but now a lot of these devices have the capability to challenge your friends! Treat yourself and your friend and use competition as your motivation.

3. Smoothie Maker- For those looking for a healthy breakfast drink or a healthier replacement to a milkshake, a smoothie maker makes the perfect gift. Pair this with a recipe book for

healthy smoothies and this gift will be an awesome combo.

4. Fitness Video games- For the person who wants to lose weight but loves playing on their gaming system, this makes workouts fun and convenient.

5. Workout Outfits- Having that special gym outfit that makes you feel great while working out is one of the best gifts for the fashionista.

Starting a healthy lifestyle can be difficult, but with these gifts you will be able to demonstrate that you support your friend's goals by giving them the tools they need to succeed!



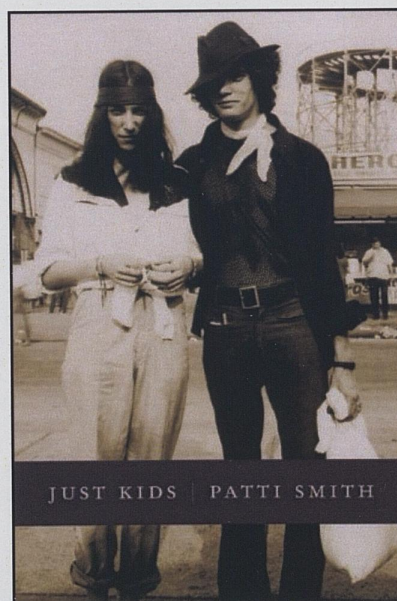
Around The Library:

Just Kids, Written by Patti Smith

Reviewed by Mattie Henry

Several chance encounters set against the backdrop of late-1960s Brooklyn led to a lasting friendship and devotion between young artists Patti Smith and Robert Mapplethorpe. As Smith once promised him she would, she tells their story in *Just Kids*. Smith writes of how the two were drawn together by their mutual commitment to the creation of art and describes what their lives were like during the years they lived together dedicated to that vow. Beginning as lovers, their relationship

evolved from that stage and endured dramatic sexual and social shifts. The pair were distanced by factors like the emergence of Mapplethorpe's suppressed sexual identity, individual pursuits, and fame; however, their bond remained strong until his 1989 death from complications arising from AIDS. Smith's lyrical prose and powerful descriptions create a poignant snapshot of two young, creative lives. This book can be found in our Adult Nonfiction section under BIO S for Biography.



Honing In On The Holidays



By Chef Ranada West-Riley

The holidays. It can give a good day a bad case of serious heartburn. For me, 'tis the season used to mean traffic on Nicholasville Road coupled with the mania of spending too much money and time on thinking about and buying gifts that never changed someone's opinion of me. Yes, I used to be one of those consummate people-pleasers who didn't mind trying to buy the love and friendship I felt I needed from others. I'm sure I'm not the only one who spent way too much on gifts and lost the meaning of the holidays somewhere amidst the hustle and bustle of gift wrap and shopping bags. I used to dread this season for many years, but not these days. I can say that I genuinely look forward to the holidays today. As a chef, I cook all the time, so basically from Thanksgiving until Christmas, I have a month of some really long hours of cooking for many families who don't have time to cook for themselves. But food brings people together, and I selfishly love being a part of that, so you'll find me cooking away to some Christmas music and getting everyone in the mood that I can. What did I do to make the change? That's easy.

The past several years, I started buying less and giving more.

That's when the holidays became fun

and warm again. I'm fortunate to have a great family that embraces me and my wife and my LGBTQ friends. I can say I've never felt unwelcome in my family's home because of my sexual orientation and I'm very grateful for that. I know not everyone is as fortunate and that just breaks my heart. My wife Karin and I open our doors each year for friends that do not have such accepting families as ours. It's about giving back. We volunteer to serve at homeless shelters or we donate food and essentials like socks and blankets. It's about giving back. We seek out a non-profit who could use some warm, home cooked food for needy families. It's about giving back. Karin and I love to shop for kids that we've never met and tear up a bit knowing we can do that for others. It's about giving back. It's about being present more in a person's life who might need it more than you'll ever know. That is when the holidays changed for me. I encourage everyone to give more of themselves and see what happens. Until then, here's a really great recipe that will win friends and influence people along the way. Happy Holidays!

BOURBON-GLAZED SWEET POTATOES

- 4 large sweet potatoes

- 1 cup pecans
- 4 tablespoons unsalted butter
- 3/4 cup honey, preferably local
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 teaspoon cayenne pepper
- 1/2 teaspoon kosher salt
- 1/4 cup of really good bourbon
- 1 crisp apple, peeled, cored, and in thin slices
- Preheat the oven to 375 degrees.
- Place the potatoes on a baking sheet. Cook the potatoes whole, DO NOT punch holes in them. Bake until soft, about 45 minutes. Let cool completely.
- In a small saute pan over high heat, add the pecans and lightly toast. Add 4 tablespoons of butter, reduce the heat to medium, add the honey and spices, and allow to simmer for 4 to 5 minutes. Add the whiskey and continue to simmer for 5 minutes more. Peel the potatoes and cut into 1/2-inch slices. Butter the bottom and sides of an 8 by 8-inch baking dish. Arrange the sweet potatoes, alternating with the apples. Pour the whiskey-pecan mixture over the top and place in the oven. Bake for 30 minutes, basting the top with the whiskey sauce once at 15 minutes.



Estate Planning Basics For Same-Sex Couples - Part 5



By Michael T. Palermo
Attorney At Law

This series began in August, and readers are encouraged to check out the past issues, which are available by scrolling down the LinQ Magazine tab on the Pride Community Services Organization's new website at psoky.org. We've looked at methods of non-probate property transfers, Wills and Prenuptial Agreements, and the Durable Power of Attorney (DPOA). This month we'll explore another estate planning tool that is especially useful in some situations—the Living Trust.

A Living Trust is simply a Trust that you create while you are alive, as opposed to one that is created under the terms of your Will (a Testamentary Trust). But the basics of both types of Trusts are the same. I prefer Living Trusts, however, because they become effective immediately and don't require the delay of going to Probate Court. Like many legal instruments, a Trust document necessarily contains enough mumbo-jumbo to choke a horse, but the concept is simple.

A Trust is really an agreement or arrangement among three parties. The Grantor establishes the Trust.

In doing so, the Grantor sets forth the Trust's goals and terms. The Trustee controls the property owned by the Trust and carries out the terms the Grantor has set, and the beneficiary(ies) who benefit from the Trust. Initially, most Trusts are set up so that you (perhaps in conjunction with your committed partner) wear all three hats.

Think of a Trust as a vat into which the Grantor "pours" his or her assets. This must be done by formally titling all such financial accounts and other property in the name of the Trustee, who manages the property and controls the vat spigot on behalf of the beneficiaries, in accordance with the terms and conditions set out in the Trust document.

Whatever your Trustee does, he or she has the highest legal duty to honor the terms of the Trust and act in good faith. Recognize, however, that the SWAT team won't swoop in to prevent misconduct. That's why "trust" in your Trustee is so important.

Except in some multi-millionaire situations, there are no tax benefits to holding one's property in a Living

Trust, and a Trust will not protect Trust property from creditors or lawsuits against you. Rather, most people have three primary purposes in preparing a Living Trust. First, they wish to avoid Probate Court. (Note however, that although the probate process takes a couple of months, unlike elsewhere, e.g., California and Florida, it is not an expensive nightmare in Kentucky. There are even online forms available for do-it-yourselfers.)

Secondly, a Living Trust provides for the management of one's property in case of disability. Since most folks name themselves as the original Trustee, it is important to name a reliable successor Trustee to take over in the event of disability (or death).

Thirdly, since your Living Trust endures after your death, it can substitute for a Will in disposing of your property. But a Trust can be significantly more flexible than a Will by providing for almost any sort of "strings attached" you desire to the property to be distributed. For example, it can direct the successor Trustee to distribute funds only

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upon the beneficiaries meeting certain terms—like going to college, reaching the age of thirty, or buying a home. Alternatively, a Trust can give the successor Trustee discretion in handling a wide variety of circumstances, just as you would do in life— withholding distributions to a child with a substance abuse problem, for example.

We've only touched briefly on the flexibility and utility of the Living Trust. While a simple Will can be a do-it-yourself project, only an attorney will be able to properly advise you on how to draft and use this estate powerful estate planning tool.

Mike is a general practice lawyer in Lexington and author of the 2008 book, *The AARP Crash Course in Estate Planning*. For more

information and advice on estate planning, he can be reached through the PCSO Pride Center.

This article is presented for informational purposes only and not for the purpose of providing legal advice. You should contact your attorney to obtain advice with respect to any particular issue or problem.



Announcing Free Legal Consultations

Mike Palermo is a semi-retired Lexington attorney and ally of the LGBT community. He is a general practitioner with an emphasis on estate planning. He has offered to provide free consultations to community members, with the goal of assisting people in helping themselves when possible on a variety of legal matters that may come up from time to time. There are many situations that folks can handle with a bit of coaching along the way, but without formal representation. When representation or document preparation are required, however, Mike has agreed to work at greatly reduced rates. You can arrange a telephone, email, or office consultation with Mike through the PCSO Pride Center at 859-253-3233.



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World AIDS Day

The Time To Act Is Now

By Blake Flaughter, MPH, CHES

World AIDS Day is December 1. On the heels of Charlie Sheen's revelation that he is living with HIV, it is the perfect time to remind everyone how far we've come in terms of HIV-related prevention and treatment. Specifically, I want to take some time to compare 1985 with today. What a difference 30 years makes!

For starters, consider that the Centers for Disease Control (CDC) officially noted in 1985 that AIDS was caused by a newly-identified virus that would later be called HIV. We now know what HIV is, how it is transmitted, and how to prevent it. There is still no cure for HIV, but studies have consistently shown that people who stay on their HIV treatment live just as long as people who are HIV-negative and are much less likely to transmit the virus. There are now also medications HIV-negative people can take to stay HIV-negative: PrEP and PEP (for more information, visit aids.gov). Our knowledge about HIV is increasing exponentially, and that could not be true without the discoveries made by those researchers in the early days.

The first HIV antibody test was developed in 1985, and it took a full blood draw and at least two anxious weeks to get results. Today, you can learn your HIV status in 20 minutes just by swabbing your mouth and dropping it in a vial. While it takes 3-6 months after a risky encounter for an antibody test to be accurate, some testing technologies can now detect an HIV infection in as little as two weeks with a single drop of blood. This is important because during the first month after becoming infected, transmission can occur very easily. So, the sooner we can detect HIV, the sooner people can begin treatment, stay healthy, and prevent the spread to others.

Finally, 1985 was the first year that HIV was confirmed to be a global disease. There are currently 35 million people living with HIV in the world, and 39 million people have died since the first case. Contrary to popular belief, 90% of infections worldwide are due to heterosexual sexual contact, although that cannot be said for the United States. Two-thirds of new HIV cases each year are among gay and bisexual men, with the highest

rates being among gay and bisexual men under 25. There is still a lot of work to do if we want to get the rate to zero, but right now, we have all the tools we need to get there.

So please, talk to your friends about HIV. Have honest discussions with your sexual partner(s) about playing safe and getting tested. Get yourself tested. Talk to your doctor about PrEP and PEP. If you are already living with HIV, then know that you are worthy of dignity and respect, and that there are several resources for you here in Kentucky. Just as it did in 1985, stopping the spread of HIV still requires unity and diligence. The time to act is — and always has been — now.

For testing information, call 859-225-3000 x30. Stop by AVOL at 225 Walton Avenue (Suite 110) to pick up condoms and other prevention supplies. Help AVOL purchase HIV test kits, condoms, and other prevention supplies by making a financial donation at avolky.org.

1985—two years later, AVOL was founded in the Lexington community.





WORLD AIDS DAY

It's not 1985 anymore



**In 1985, HIV test results took TWO WEEKS.
Today, it only takes 20 MINUTES.**

TAKE THE TEST  TAKE CONTROL

AVOL

AIDS Volunteers, Inc. 

Help AVOL purchase HIV tests,
condoms, & other prevention supplies
by making a financial donation at
avolky.org

Free HIV Testing

*Mon & Wed 3pm - 8pm
or by appointment*

225 Walton Ave, Ste 110
Lexington, KY 40502
859-225-3000

avolky.org/get-tested

PFLAG Central Kentucky

St. Michael's Episcopal Church
2025 Bellefonte Drive • Lexington, KY

Tuesday, January 12 • 6:30 to 8:30 p.m.

A lively presentation about ancient and modern thought regarding sexual orientation and gender identity from Hindu, Muslim, Christian, and Jewish perspectives. Ancient thinking was more modern than you imagine! Presented by Shana Sippy, teacher of Religion and Gender Studies at Carleton College.

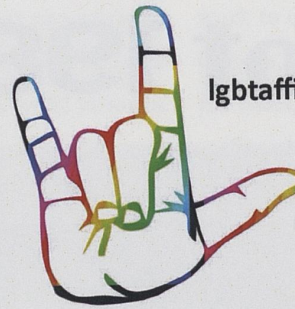
Tuesday, February 9 • 6:30 to 8:30 p.m.

Several members of TransParentLex will join us to discuss their experiences supporting and advocating for their transgender children and teens. TransParentLex provides support, information and resources for families in transition.

Our presentation and Q&A takes place the first hour, followed by our confidential support group meeting. We welcome LGBTQ persons, their family members, friends and allies, and all who share our vision of acceptance, respect, and equality.



Clinton M. Nowicke, M.S.
Licensed Psychological Associate



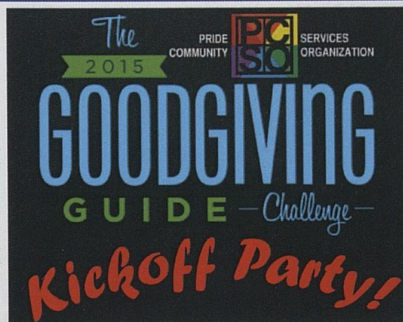
lgbtaffirmative@gmail.com
(859) 982-9453

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and transition-related therapy**

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Performers help the PCSO kickoff its GoodGiving Guide Challenge efforts.

LEFT TO RIGHT: JoDee Monroe, Mr. Lexington Pride 2015 AJ Allen Montrese, Aurora Cummings, & Uma Jewels.

FAYETTE GALLERY

NEW LOCATION!

French Quarter Square, 2573 Richmond Rd., Lexington, KY

859-272-7111

Mon-Sat: 10a to 6p

Sun by appointment

GRAND OPENING SPECIALS!!

All month of December! Mention this ad!!

- Proud Supporters of Kentucky Artists!
- Oils, Acrylics, Watercolors, pastels, Photography
- Full Service Framing with 5,000+ Frame Options
- Same Day Framing Available
- A Rainbow of mat colors, fabrics & textures
- Professional Installation & Delivery
- Shadowboxes
- Jerseys
- Canvas Stretching



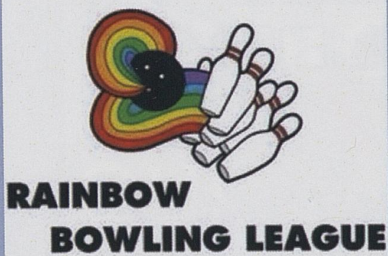
TOP
Members of the Seasoned Independent People (50+) social group share a Thanksgiving meal at their monthly Senior's Bistro (Potluck).



LEFT
Attendees at the UK Transgender Day of Remembrance Marisa Richmond event participate in a candlelight ceremony honoring the lives of those transgender men and women who were murdered over the past year.



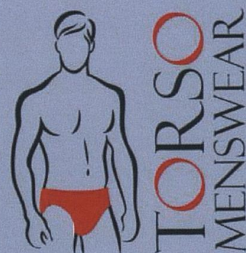
RIGHT
Miss Lexington Pride 2015, Phoxee Esparanza Roxx, performs at the Bluegrass Black Pride/Ebony Wellness 2015 Honor's Banquet.



**RAINBOW
BOWLING LEAGUE**

Follow us on Facebook:

Lexington Rainbow Bowling League



Torso Menswear

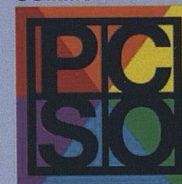
The Bar Complex



Midtown Barbers

The Sweet Spot

PRIDE
COMMUNITY



SERVICES
ORGANIZATION

PCSO Pride Center

Lexington Diner

**Join us Monday, January 11, 2016 at 6:30 pm for the start of our
Spring League at Eastland Bowling Alley!**



December Calendar & Telephone Directory

All meetings are hosted at the PCSO Pride Center unless noted with *

Tuesday, December 1

World AIDS Day

Wednesday, December 2

5:00 p.m. Richmond's Alphabet

Soup Support Group*

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Thursday, December 3

6:30 p.m. PCSO Board Meeting

7:30 p.m. H.E.A.L./HOPE Pozitive*

Saturday, December 5

7:30 p.m. TransKentucky Meeting

Sunday, December 6

6:30 p.m. Team Lex Volleyball*

9:00 p.m. AVOL Kid's Christmas*

Monday, December 7

6:30 p.m. Lexington Rainbow

Bowling League Night*

Wednesday, December 9

5:00 p.m. Richmond's Alphabet

Soup Support Group*

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Thursday, December 10

7:00 p.m. LexPrideFest Sponsorship

Sub-Committee Meeting

7:30 p.m. H.E.A.L./HOPE Pozitive*

Saturday, December 12

9:00 p.m. Kentucky Bourbon

Bears Board Meeting*

Sunday, December 13

4:30 p.m. ICK College

of Monarchs Meeting

6:00 p.m. Imperial Court Meeting

6:30 p.m. Team Lex Volleyball*

Wednesday, December 16

5:00 p.m. Richmond's Alphabet

Soup Support Group*

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

9:00 p.m. ICK's Miss

Mary Christmas Pageant*

Thursday, December 17

6:30 p.m. LexPrideFest

Committee Meeting

7:30 p.m. H.E.A.L./HOPE Pozitive*

Friday, December 18

7:00 p.m. Senior's Bistro (Potluck)

Sunday, December 20

Editorial Deadline for LINQ Magazine

6:30 p.m. Team Lex Volleyball*

8:30 p.m. A Very Fairy Christmas*

Wednesday, December 23

5:00 p.m. Richmond's Alphabet

Soup Support Group*

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Thursday, December 24

7:30 p.m. H.E.A.L./HOPE Pozitive*

Sunday, December 27

6:00 p.m. ICK's Board of Directors/

Membership Meeting

6:30 p.m. Team Lex Volleyball*

Wednesday, December 30

5:00 p.m. Richmond's Alphabet

Soup Support Group*

7:00 p.m. "Heart To Heart"

LGBT Discussion Group

Community and Social Groups

24-Hour Crisis Line	1-800-929-8000
24-Hour Teen Crisis Line	1-800-999-9999
AA/Alcoholic Teens	859-277-1877
Alcoholics Anonymous	859-967-9960
Arbor Youth Services	859-254-2501
Council for Peace and Justice	859-488-1448
Fairness of Louisville	502-893-0788
Gay-Straight Alliance, Teens	859-221-4396
"Heart to Heart" Discussion Group	859-253-3233
HOPE Pozitive	440-703-0050
Imperial Court of Kentucky	859-619-7521
KY Survivors Area of Narcotics Anonymous	859-253-4673
Lexington Fair Housing Council	1-866-438-8617
Lexington Fairness	859-951-8565
Lexington Human Rights	859-252-4931
Lexington Pride Festival	859-253-3233
National Suicide Prevention Lifeline	1-800-273-8255
PCSO Pride Center	859-253-3233
PFLAG Central Kentucky, Inc.	859-338-4393
PFLAG Louisville	502-223-1323
Rainbow Bowling League	270-404-0211

Community and Social Groups

SisterSound	859-806-0243
Social Services, Lexington	211
TransParentLex	859-230-0409
TransKentucky	cassiemt@yahoo.com
Transgender Youth Family Allies	1-888-462-8932
Trevor Lifeline 24/7	1-866-488-7386
United Way	859-313-5465

College Student Groups

Berea College ACE	859-958-3633
BCTC Gay-Straight Alliance	859-246-6365
Centre College BGLA	859-238-5332
EKU Alphabet Center	859-622-5041
EKU Pride Alliance	859-622-1027
Morehead State University	606-783-2071
TUnity (Transy)	859-445-3822
UK LGBTQ* Resource Center	859-323-3312

Don't see your group's events or contact information?
Email it to editor@pcsoky.org and we will add you to our calendar!

HIV/STD Testing, Services & Information

AIDS Volunteers of Lexington (AVOL)	859-225-3000
Health Department, Fayette County	859-288-2437
Health Department, Woodford County	859-873-4541
HIV/AIDS Legal Project	502-584-1254
Moveable Feast	859-252-2867
Northern KY Region	859-341-4264
UK Adolescent Medicine	859-323-5643

Religious Groups

Ahava Center for Spiritual Living	859-373-8910
Bluegrass United Church of Christ	859-233-0208
Embrace Fellowship	859-358-0580
Faith Lutheran Church	859-266-7621
First Presbyterian Church	859-252-1919
Hunter Presbyterian Church	859-277-5126
Lex Friends, Quakers	859-254-3319
Maxwell Street Presbyterian Church	859-255-1075
St. Martha's Episcopal Church	859-271-7641
Unitarian Universalist Church	859-223-1448
Woodland Christian Church	859-266-3416

DURING THIS MONTH OF GIVING

Help Support The Work Of The PCSO By Donating At:

www.pcsoky.org/goodgiving

The

2015

GOODGIVING

GUIDE — Challenge —

WHAT DOES DONATING TO THE PCSO SUPPORT?

PCSO REGULAR SERVICES:

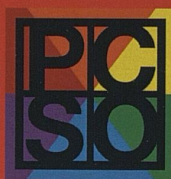
- Lexington Gay-Straight Alliance
- Heart to Heart Discussion Group
- Seasoned Independent People
 - Hope Pozitive
 - Company Q
 - TransKY
- Free Mental Health Counseling
- Free & Reduced Legal Advice
 - Pride Community Prom
 - PCSO Pride Library
 - PCSO Pride Center
 - LinQ Magazine

• THE LEXINGTON PRIDE FESTIVAL

SPECIAL PROGRAMMING WITH OUR PARTNERS IN 2015:

- *Last Gospel of the Pagan Babies*
- Leelah's Law Rally
- Ebony Wellness
- Bluegrass Black Pride Honors Banquet
- USDA Rural Pride Summit
- Lady Valor: Kristin Beck

PRIDE
COMMUNITY



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