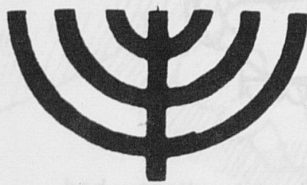


CK JA



# Central Kentucky Jewish Association

VOL. IIX

January 1984

NO. 1

## CKJA Board Announced

Michael Baer, Chairman of the CKJA Nominating Committee, recently announced the results of the elections held in December, 1983 for the five open board positions. Elected for three-year terms are: Sheila DeKosky, Marvin Frank, Evelyn Geller, Alana Leffler and Marilyn Moosnick.

Karen Diamond was appointed to a three-year term by Ohavay Zion Synagogue. Marty Barr was reappointed by Temple Adath Israel and Terry Wilson by the Lexington Havurah, both for three-year terms.

The complete list of the Board of CKJA and their terms of office are as follows:

Michael Baer (1984)  
Ben Baker (Temple Adath Israel, 1984)  
Martin Barr (Temple Adath Israel, 1986)  
Ralph Crystal (B'nai B'rith, 1985)  
Sheila DeKosky (1986)  
Karen Diamond (Ohavay Zion Synagogue, 1986)  
Vinnie Dubilier (1984)  
Marvin Frank (1986)  
Evelyn Geller (1986)  
Ken Germain (1984)  
Alvin Goldman (1984)  
Gloria Katz (1985)  
Alana Leffler (1986)  
Judith Levine (Hadassah, 1984)  
Erle Levy (1985)  
Jack Miller (1985)  
Marilyn Moosnick (1986)  
Monroe Moosnick (Ohavay Zion Synagogue, 1984)  
Joe Rosenberg (1985)  
Simone Salomon (Ohavay Zion Synagogue, 1985)  
Phyllis Scher (1984)  
Nat Sandler (Temple Adath Israel, 1985)  
David Wekstein (1985)  
Terry Wilson (Lexington Havurah, 1986)

Officers of the Board are elected for a two-year term. Continuing for a second year are: President Jack Miller, First Vice President Marilyn Moosnick, Second Vice President Michael Baer, Secretary Sheila DeKosky and Treasurer Marty Barr. Two members-at-large will be elected at the January board meeting.



## PROFILES

NEW MEMBERS  
of the

1984 CKJA BOARD



MARTIN BARR is currently treasurer of CKJA. Before coming to Lexington, Marty had served on a school board, temple board and was chairman of a Hebrew school board. Representing Temple Adath Israel, Marty is on its Sunday School Board and is beginning his second term on the CKJA board.

SHEILA DEKOSKY is currently secretary of CKJA, co-chairperson of Interact, the young leadership development group in CKJA and chairwoman of the Liaison-Public School Program within the Community Relations Committee. Sheila is president of the Ohavay Zion Sisterhood and active in Hadassah.

KAREN DIAMOND will be representing Ohavay Zion Synagogue on the CKJA board. Karen is a self-employed interior decorator who has served on the Camp Shalom Committee and is a member of the Ohavay Zion Synagogue Sisterhood. She has recently been appointed chair of the 1984 CKJA Israel Independence Day Celebration.

MARVIN FRANK is originally from Columbus, Ohio, where he served on the UJA board for twelve years, was president of the Jewish Family Service and a member of his Temple and Temple Brotherhood Boards. Residing in Lexington for 7½ years, Marvin is the owner-operator of M.H. Frank, Ltd.

EVELYN GELLER is currently a member of the CKJA Social Services and Budget Committees. She is active in Hadassah where she serves as Region Chair for American Affairs. She has served on the boards of Ohavay Zion Synagogue and the Lexington Havurah and is on the faculty of the U.K. College of Nursing.

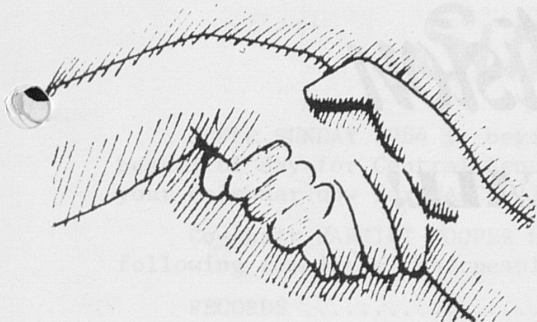
ALANA LEFFLER is a teacher of the hearing impaired and principal of that program at the Lexington Hearing and Speech Center. One of the nine original founders of Camp Shalom, Alana helped in the formation of the CKJA and served as vice president of its predecessor, The Jewish Community Association. She will be serving as the 1984-85 Forum Chair.

MARILYN MOOSNICK is currently a vice president of CKJA and a member of the Community Relations Committee where she co-produced with David Wekstein the special Holocaust documentary, "And I Was There". She is a member of CKJA Women's Division Campaign Board. Active in Hadassah, Marilyn is a member of its national board and is a member of Ohavay Zion Synagogue and former Sisterhood president.

SIMONE SALOMON represents the Synagogue, taking over for Allan Slovin when he moved last year. A former Social Studies teacher, Simone is vice president of Ohavay Zion Synagogue Sisterhood, is on the CKJA Women's Division Campaign Board, and is a Green Circle volunteer for the National Conference of Christians and Jews.

TERRY WILSON is starting his second three-year term on the CKJA board and is a member of its Community Activities Committee and the Forum Selection Committee. An engineer with IBM, Terry is a board member of the Lexington Havurah, a member of Ohavay Zion Synagogue where he has served as its vice president, and a member of B'nai B'rith.

FROM LOUISVILLE TO LEXINGTON,  
HAND IN HAND FOR FEDERATION



In a two-part education program series co-ordinated by the Central Kentucky Jewish Association/United Jewish Appeal Men's Division and the Women's Division Education Committee, two outstanding leaders of the Louisville Jewish Federation will appear in Lexington during the early stages of the 1984 CKJA/UJA fund-raising campaign.

Ms. Mickey Baron, National Chairman of the UJA Young Women's Leadership Cabinet, spoke at Ohavay Zion Synagogue on Sunday, January 29 at a meeting sponsored by the Women's Division Education Committee. Ms. Baron, who has just returned from special Young Leadership Cabinet Missions to the Soviet Union and Israel, spoke on "Reflections of a Young Jewish Kentuckian on Current Events in Israel and the Soviet Union." She is currently serving as Secretary of the Louisville Federation Board of Directors and Vice President of the Louisville Jewish Community Center, Board of Directors. The mother of four children and wife of Gerald Baron, she is a practicing physical therapist. Ms. Baron also led a leadership development seminar for members of the CKJA/UJA Women's Division Board of Directors.

In the second event of the education series, entitled "From Louisville to Lexington, Hand in Hand for Federation", Stuart Handmaker, newly elected National Vice President of the Council of Jewish Federations will speak in Lexington in March. He will be the guest of honor at a \$250-minimum donor wine and cheese reception scheduled by the CKJA Men's Division Campaign at 8:00 p.m., Sunday, March 4, at Arts Place.

Mr. Handmaker, whose election was an important part of the official business of the CJF General Assembly held in Atlanta in November, is also chairman of the Louisville Federation Administrative Committee and National Vice President of the National Community Relations Advisory Council. He will speak on "Survival For What?", an affirmation of the role of the Jewish Federation in determining the security of the American Jewish community.

A highlight of the March 4 program to be held at the new home of the Lexington Council of the Arts, will be CKJA recognition of the participants in the CKJA Community Relations Committee special documentary on local citizens' experiences in the Holocaust, produced last fall by WLEX-TV. Spouses will be welcomed.

The 1984 CKJA/UJA campaign, chaired by Gloria Katz, will climax with the second annual "SUPER SUNDAY", community-wide telephone solicitation to be staged March 25, utilizing the main studio at KET. CKJA 1984 Campaign events are being co-ordinated by Ms. Gloria Katz, General Campaign Chair; Erle Levy, Men's Division Chairman; Ms. Vinnie Dubilier, Women's Division Chair, and Ms. Judy Levine, Women's Division Co-Chair.

The Central Kentucky Jewish Association announces with gratitude and appreciation a bequest of \$10,000 from the estate of the late Rosa S. Weil. Mrs. Weil's son James is now residing in California. We of the Jewish community thank him and wish him health and happiness in his new home.

# Share the Vision

## ANSWER THE CALL!

MARCH 25, 1984

Super<sup>s</sup> Sunday  
'84

Is a volunteer telephone marathon --- an intensive telephone campaign on behalf of CKJA/UJA.

Super<sup>s</sup> Sunday  
'84

Is the day we will contact Jews, throughout Central Kentucky, soliticiting pledges to answer the needs of Jewish families throughout the world, in Israel, and here at home.

Super<sup>s</sup> Sunday  
'84

Will be based at KET, 600 E. Cooper Drive, March 25, 1984 from 10:00 a.m. to 8:00 p.m.

Super<sup>s</sup> Sunday  
'84

Needs you and your friends to give 2½ hours of your time to make the telephone calls that will enable us to reach our goal.

Super Sunday '84

Chairpersons are eagerly awaiting your call:

Susan Caller: 266-1314  
Harriet Cooper: 269-1136  
Susan Miller: 269-5986  
Ernie Cohen: 272-1459

Super<sup>s</sup> Sunday  
'84

Will provide you with professional training that will make this a rewarding experience.

Super<sup>s</sup> Sunday  
'84

Will strengthen the unity in our community.

# Super Sunday

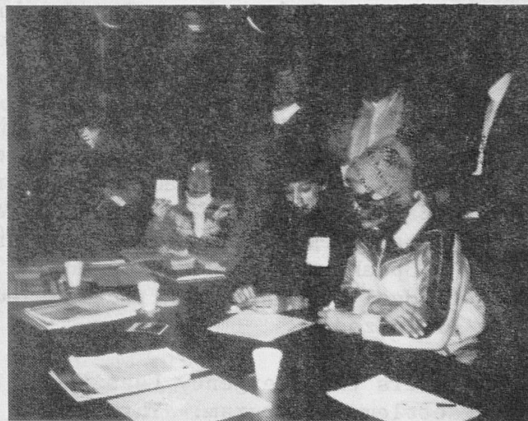
SUPER SUNDAY 1984 is beginning to grow and will blossom into a beautiful day for Central Kentucky Jewish Association this spring. Mark your calendar now for MARCH 25th to volunteer your time, and ANSWER THE CALL!

Co-chair HARRIET COOPER hosted a planning session on January 23, and the following committee chairpeople were announced:

RECORDS .....	Stan Revesman & Hallie Faust
TRAINING .....	Ellie & Al Goldman
FOOD .....	Liz Broudy
PUBLICITY .....	Debby Eber
CELEBRITIES .....	Marilyn Moosnick & Harry Cohen
SPECIAL EVENTS .....	Arlene Cohen
FACILITIES .....	Gail Cohen

These chairpeople will be working closely with their committees, not only to effectuate a successful fundraising telethon for the CKJA campaign, but also to train potential leaders for 1985. That's right, volunteering to work on SUPER SUNDAY 1984 offers not only challenge, excitement, personal satisfaction and good times but also a chance for advancement!

SUSAN CALLER will co-chair SUPER SUNDAY again this year with HARRIET COOPER, while ERNIE COHEN and SUSAN MILLER are co-chairs 'in training' for 1985. Anyone of them will be glad to sign you up as a telethon solicitor for two hours on SUPER SUNDAY: 10-12, 12-2, 4-6, or 6-8. With the same community-wide participation and enthusiasm as last year, this, the second year of CKJA's local telethon, is sure to be a SUPER SUNDAY!



SUPER SUNDAY workers pictured above: Susan Miller, Ruth Ann Faust, Liz Broudy, Debby Eber, Ernie Cohen, Libby Scher, and Hallie Faust. Also present: Harriet Cooper, Al and Ellie Goldman, Gloria Katz and Judy Saxe.

## HOW DOES CKJA SERVE THE JEWISH COMMUNITY OF CENTRAL KENTUCKY?

### WHAT HAPPENS TO THE FUNDS ALLOCATED FOR LOCAL USE?

The Board of Directors, the six standing committees and ad hoc committees, as needed, administer an increasing number of activities designed to serve and support the Jewish community.

Executive Committee: is responsible for administrative matters, such as maintenance of the CKJA office, hiring and supervising the Community Worker and secretary. In an ongoing effort to enhance the capability of the entire CKJA Board, the Executive Committee sponsors an annual Board Retreat, with the assistance of the Council of Jewish Federations. A new program currently administered by this committee is Interact, a program for leadership development, with a goal of educating future leadership for all parts of the Jewish community. The first group has been functioning for almost a year. Interact II is in the planning stages and will be inaugurated during Spring, 1984. Since opening the office and hiring staff 2½ years ago, there has been a significant increase in other areas of community activity as noted below.

Campaign Committee: conducts the general fund-raising campaign and the Israel Bond Drive. Campaign workers receive education and training at regional and national UJA conferences and workshops, in addition to local campaign events. The committee administers a UJA/Missions to Israel and Washington D.C. support program, providing financial assistance for participation in missions on a selective basis. Lexington shares responsibility for a Project Renewal community, Netanya-Selah, with Louisville and continues to raise funds to enhance the quality of life there.

Community Activities Committee: is responsible for the Forum, Camp Shalom, pre-school holiday parties, the annual Israel Independence Day Celebration, and an Israeli Folk Dance program. The newest program sponsored by this committee is a Jewish singles group for persons aged 21 - 41.

Community Relations Committee: oversees publication of the CKJA Newsletter; provides educational programs to the Jewish, and occasionally, general community dealing with a wide variety of topics -- political candidates forum, current concerns in Israel and the Middle East, Holocaust Memorial, Soviet Jewry, etc.; monitors the local media on issues pertinent to the Jewish community; and organizes crisis response. This past year a Speakers Bureau was organized, a system of public school liaisons was established to deal with issues affecting Jewish students, and a Jewish faculty group is being organized.

Social Services Committee: administers the Emergency Loan Fund, Israel and camp scholarships, and the Russian Resettlement program. Through the Community Worker we also provide support services to New Americans and short-term counseling and referral for individuals needing this service. New areas of service currently being developed are a transportation service for older adults and outreach programs for the Jewish prisoners at F.C.I.

Budget Committee: prepares the annual budget and recommends allocations of all funds.

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CENTRAL KENTUCKY JEWISH ASSOCIATION NEWSLETTER  
Jack Miller, President      Phyllis Scher, Editor  
Judith Saxe, Community Worker      Beth Altenkirch, Ofc. Manager  
258 Plaza Drive, Suite 208, Lexington, Kentucky 40503      (606)277-8048



# How Our Allocations To UJA Help World Jewry

## ABOUT THE JDC

The American Jewish Joint Distribution Committee was founded in 1914 to aid Jews in Palestine and Eastern Europe caught in the war zones of World War I.

In November of that year the JDC began to distribute the income of the Orthodox Central Committee for the Relief of Jews, the American Jewish Relief Committee and the People's Relief Committee, all of which were actively raising money for refugee relief.

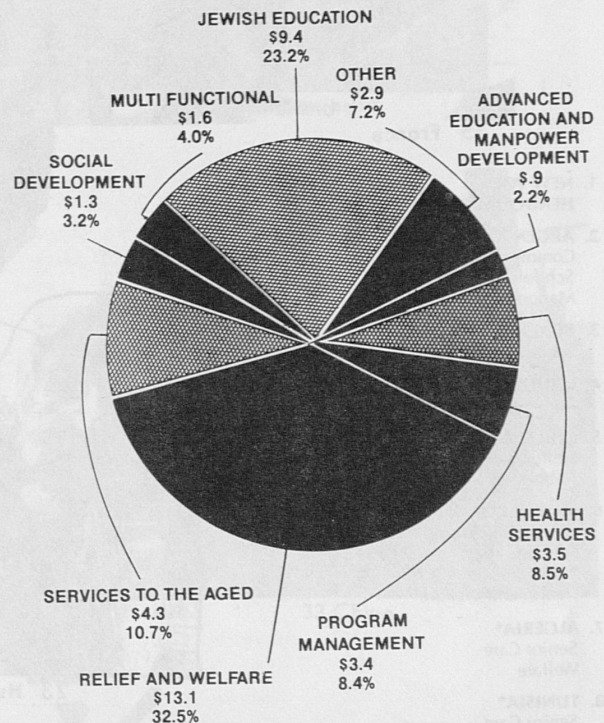
From that day forward the JDC has served as the overseas arm of the American Jewish community, providing life-saving and life-sustaining programs and services for Jews and Jewish communities in every corner of the earth. The number of people aided during the past 69 years reaches into the millions. There has been a JDC presence at one time or another in over 70 countries.

A single criterion has guided the JDC through the years: Jews in need should be helped and should be helped to live as Jews. The scenes have changed and the needs have changed and JDC has changed with the changing times. Thus, in the period following the Holocaust the major need was for basic relief first and then rehabilitation and education. In East European countries today, where there are many elderly and ill survivors, the need is for life maintaining programs. In Western Europe and North Africa, with large numbers of children, the emphasis is on education. In Israel JDC programs have an impact on almost every aspect of social welfare.

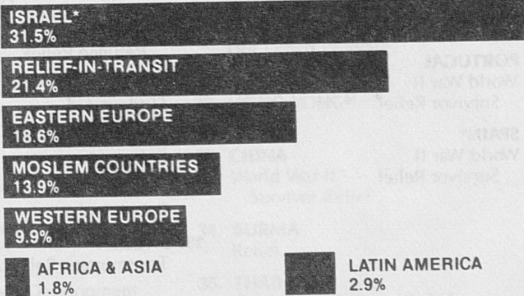
It was once the dream of the JDC founders that when the "emergencies" would be over the JDC would "go out of business." That dream was shattered by the furious pace of Jewish history. JDC has become a vital instrumentality of the American Jewish community, reaching out in service to the Jewish people — to aid communities in need and in distress overseas and to improve the condition of life for Jews everywhere.

Since 1939 the bulk of JDC's income has come from the campaigns of the United Jewish Appeal.

1982  
FUNCTIONAL DISTRIBUTION  
\$40.4 million



GEOGRAPHICAL DISTRIBUTION OF JDC PROGRAM  
AS EXPRESSED IN PERCENTAGES



\*includes allocations to ORT and Alliance Israelite Universelle

“ כל המציקים נפש אחת...”

“TO SAVE ONE PERSON IS TO SAVE A WORLD”

Your contributions to the CKJA/UJA Community Campaigns are your endorsement of the JOINT DISTRIBUTION COMMITTEE'S life sustaining work.



15 France



24 Poland

- 1. NEW YORK HEADQUARTERS
- 2. ARGENTINA\* Community Centers Schools and Seminaries Manpower Development
- 3. BRAZIL Schools
- 4. URUGUAY\* Community Centers
- 5. CHILE\* Senior Care Rabbinical Services
- 6. MOROCCO\* Jewish Education Senior Care Summer Camps Health and Welfare
- 7. ALGERIA\* Senior Care Welfare
- 8. TUNISIA\* Senior Care Jewish Education Passover Supplies Welfare
- 9. EGYPT Passover Supplies Welfare Care for the Aged
- 10. GREAT BRITAIN\* World War II Survivor Relief
- 11. PORTUGAL World War II Survivor Relief
- 12. SPAIN\* World War II Survivor Relief



23 Hungary

- 13. AUSTRIA\* Soviet Emigrant Care
- 14. ITALY\* Soviet Emigrant Care
- 15. FRANCE\* Jewish Education Manpower Development World War II Refugee Relief
- 16. BELGIUM Student Aid
- 17. DENMARK Refugee Integration
- 18. FINLAND Rabbinical Services
- 19. SWEDEN\* Transmigrant Relief



28 Israel



- 20. NORWAY\* Transmigrant Relief
- 21. SWITZERLAND\* Liaison International Agencies
- 22. CZECHOSLOVAKIA World War II Survivor Relief Kasher Kitchens
- 23. HUNGARY Kasher Kitchen Health and Welfare World War II Survivor Relief
- 24. POLAND Kasher Kitchens World War II Survivor Relief Medicines



8 Tunisia

- 25. YUGOSLAVIA Services to Aged Passover Supplies Community Center
- 26. RUMANIA Services to Aged Health and Welfare Kasher Kitchens Passover Supplies
- 27. GREECE\* Passover Supplies
- 28. ISRAEL\* Community Centers Yeshivot Education Geriatrics Mental Health Manpower Development
- 29. LEBANON Relief
- 30. AFGHANISTAN Passover Supplies
- 31. INDIA\* Schools Hot Lunch Program Senior Care
- 32. HONG KONG\* Liaison
- 33. CHINA World War II Survivor Relief
- 34. BURMA Senior Care
- 35. THAILAND\* Cambodian Refugee Relief



33 China

\*JDC Representation



ANNOUNCING .....

IN WASHINGTON, D.C.....

IN AN ELECTION YEAR.....

THE FOURTH NATIONAL U.J.A. YOUNG LEADERSHIP CONFERENCE  
"LINKING DESTINIES"  
MARCH 11-13, 1984 - WASHINGTON HILTON HOTEL

HIGHLIGHTS INCLUDE: Briefings by members of Congress, White House and State Department officials \*\*\* Analysis of domestic and foreign policies by veteran Washington and Middle East observers \*\*\* Discussions with Israeli Government representatives and noted experts on U.S.-Israel relations \*\*\* Washington, D.C. in an election year ... the nerve center, news center and focal point of world attention.

The news in Washington will be 2,000 young Jews asking tough questions:

How can we participate knowledgeably in the democratic process?

How can we express our active support of the people of Israel?

How can we communicate our own Jewish pride and commitment to the next generation?

For further information call Joe Rosenberg, 268-4000



### HITCH-A-RIDE

We have just come through the coldest December on record, and January has been just as bad. Many of us, especially in the 55 and over group, are reluctant to go out at night in this kind of weather, or don't wish to venture out alone at night.

The CKJA Social Services Committee has addressed itself to this situation and is developing a new service for our Lexington area members, age 55 and up. We want to make it possible for everyone to attend the many cultural and religious activities offered in our community.

Initially, we are offering transportation to the next CKJA Forum event, on Sunday evening, February 12. (See enclosed flyer.)

Here's how it will work: Arrangements have been made with a local cab company to pick up participants, 3-5 persons per taxi, deliver them to the Ohavay Zion Synagogue in time for the program, and bring them home afterwards. The charge for this service will be \$2.00 per person, round trip.

If you are interested in using this new service, please call our coordinator, Marty Kaplan at 276-1452, or the CKJA office at 277-8048 by Thursday, February 9, to reserve a space.

If there is enough interest expressed we hope to make similar transportation available for Friday evening services and meetings or special events sponsored by our local Jewish organization.

**CALL US! WE WANT TO SERVE YOU!**



WENDELL H. FORD



ISRAEL AMITAI

You are cordially invited to attend  
the Second Annual  
Central Kentucky Jewish Association-United Jewish Appeal  
Major Gifts Dinner  
on Saturday, February 18, 1984  
Hyatt Regency

Distinguished Guest: Senator Wendell H. Ford  
Honored UJA Speaker: Israel Amitai

Minimum Men's Division  
1984 Commitment: \$1,200

Cocktails at six thirty  
Dinner to follow  
\$15.00 per person

Women guests are cordially invited.  
Solicitation for men only.

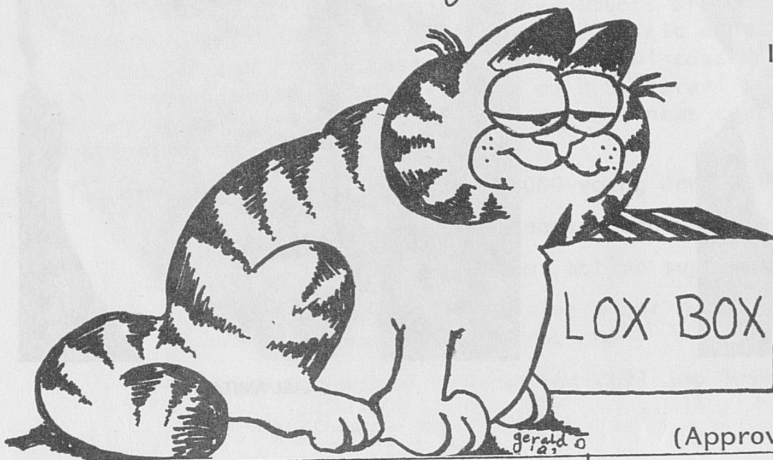
RSVP: Erle Levy, 266-2858

# HADASSAH LOX BOX

NEVER FEAR  
LOX BOX  
IS HERE!

Sunday, March 4

DELIVERED BY NOON



1/2 dozen bagels  
large cream cheese  
1/4 lb. lox  
or  
12 oz. salami

**\$8.50**

(Approved by Rabbi Bernard Schwab)

HADASSAH LOX BOX  
SUNDAY, MARCH 4, 1984

ORDER DEADLINE - FEBRUARY 20  
DELIVERY BY NOON (FAYETTE COUNTY ONLY)  
All orders include: 1/2 dozen bagels  
8 oz. cream cheese

You select:  1/4 lb. lox **\$8.50**  
or  
 12. oz. salami

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Check here if gift order.....   
Gift from \_\_\_\_\_  
(Recipients will be notified of delivery)

Send orders and checks (Payable to Hadassah)  
to Linda Levy 515 Lone Oak Drive  
Lex., Ky. 40503

For additional information call:  
Vicki Doukas 223-5364 Linda Levy 278-7340

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SUNDAY, MARCH 4, 1984

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## CKJA CAMPERSHIPS AND SCHOLARSHIPS AVAILABLE

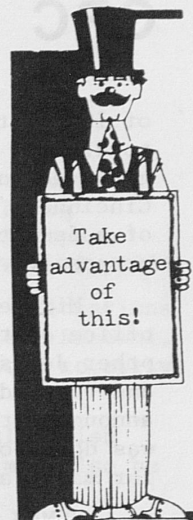
HAVE WE GOT A DEAL FOR YOU!!! CKJA's Scholarship Committee has funds available for young people who are interested in participating in an educational program in Israel or who need financial assistance in order to attend a non-profit Jewish summer camp. It's now time to begin planning for this summer and next fall.

Camperships, in amounts not to exceed one half the total amount needed for camp fees and transportation, are awarded on the basis of need. Any information submitted on the application form is held in confidence by the members of the Scholarship Committee.

Scholarships are available to young Lexingtonians who have been accepted into a study or a work/study program in Israel. Other eligibility criteria are that the student will be returning to this community for at least six months after his or her Israeli experience and will participate in local Jewish youth activities during that time. These scholarships, available in amounts of up to \$500.00, are awarded on the basis of personal written applications which detail past participation in the community and plans for using the Israeli experience to the future benefit of this community.

In order to obtain additional information, or an application form, call or write Evelyn Geller: 3493 Sutherland Drive, Lexington, Kentucky, 40502, 272-8972.

Many young people in our community have benefited from these scholarships. We hope many more will take advantage of this offer, this year and in the future.



## ATTENTION 4 - 8 YEAR OLDS

We have some new things to tell you about CAMP SHALOM for this summer. First of all, we are moving to Jeter's Fun on the Farm out Tates Creek Pike, where there are lots of animals for us to take care of and ponies to ride.



Secondly, MARK SCARR will be the Director of camp, which will run from June 4 - June 22. We plan to do some fun things we've not done before and hope you will join us. For more information call Connie Loventhal, 266-8395.

## TEMPLE ADATH ISRAEL SISTERHOOD MITZVAH CORPS

TUESDAY, FEBRUARY 28, bring a brown bag lunch to the Senior Citizens' Center on S. Limestone. JANE CLARK will speak with us on

"Fashions, A Classical Touch"

from noon to 2 p.m.

(Hold March 27 for a potluck lunch with Dr. David Wekstein.)

"...these past two years have been terrific - we are very proud of this wonderful group."

## CRC News

---

David Wekstein, Community Relations Committee Chair, reports that a total of 102 Central Kentucky Jewish faculty members were recently invited to meet to discuss organizing a Jewish faculty group here. Twenty-eight people gathered to hear the experiences of representatives of the University of Cincinnati Jewish Faculty Council. The consensus was to work on the formation of a faculty group here, and several people volunteered to draft an initial proposal. Another meeting will be scheduled in February.

Michael Lieberman, Assistant Director of the Ohio, Kentucky and Indiana office of the Anti Defamation League, recently met with members of the CRC and other Jewish community groups. He discussed the role of ADL in the community and responded to the questions and concerns of those present. Lieberman also announced the establishment of a toll-free WATS line for the ADL office. This was done to expedite communication with the ADL staff and to facilitate requests for materials and information. The WATS line number is 1-800-821-8614.

HUMAN RIGHTS - from Congressman Larry Hopkins Newsletter, September, 1983, following his trip to the Soviet Union...."Refuseniks are Soviet Jews who've tried to get a visa to leave Russia but who have been refused time after time, year after year. The Supreme Soviet was not anxious that I talk with Refuseniks but a meeting was arranged anyway.

One Refusenik divorced his wife eight years ago - not because he didn't love her, but because he did - so she could leave Russia. She did; he didn't. He hasn't seen her since. When asked what he believed the main difference between America and Russia to be, he replied: '*In America, you can do anything until told you can't. In Russia, you can't do anything until told you can.*'

A young lady, an architect trying to get out for six years, added: '*The worst thing for me in Moscow is waking up in the morning.*'

Correspondence with them since my return has focused on helping them leave Russia." ....Congressman Hopkins spoke at the Women's Peas for Soviet Jewry Program in Lexington this past December.

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### from Israel

Seminars on the status of women are being sponsored for residents of Arab and Druze communities throughout Israel by the Arab Department of PIONEER WOMEN-NA'AMAT. The program was developed for the growing number of Arab Israeli women who work outside the home. Participants discuss employee rights, pension benefits and changing family relationships. The membership of Pioneer Women-Na'amat includes approximately 40,000 Arab and Druze women.

Throughout the year, the largest women's organization in Israel runs day care centers, vocational courses for teenagers and clubs for women in 68 Arab and Druze communities. The programs are designed to elevate the status of Arab women and to improve relations between Arabs and Jews.

"My hope is that we will develop strong local leadership to plan programs in line with the needs of Arab women," says Nelly Karkabi, director of the Arab Department.

.....from "Spectrum", the journal of the American  
Zionist Federation, Autumn, 1983.

## REQUESTS FOR "OTHER CHARITIES"

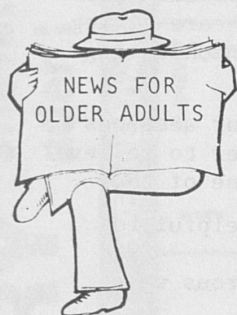
DUE FEBRUARY 15, 1984

Alvin Goldman, CKJA Budget and Allocations Chair, announced that requests for funding support of non-profit or charitable organizations are now being accepted. All requests should be submitted in writing to him, 2063 Bridgeport Drive, Lexington, Kentucky, 40502. The deadline for the requests is Feb. 15, 1984.

Grants to other organizations are made from funds remaining after allocations are made to the United Jewish Appeal. Specified contributions to Project Renewal, Israel Special Fund or particular local CKJA categories are also deducted to arrive at the net amount available.

Consideration is given to requests from national and international Jewish organizations and various Israeli organizations and charities. Funds may also be requested by or for non-Jewish or non-sectarian organizations.

The recommendations of the Budget and Allocations Committee must be approved by the C.K.J.A. Board. Following that approval, the complete list of allocations from 1983 funds will be published in the CKJA newsletter.



HEALTH MAINTENANCE LECTURE SERIES: TUESDAY, FEBRUARY 14, 1984 at 4:00 p.m. in room 230 of the New Student Center Building, Dr. Ann Amerson, Associate Professor in the College of Pharmacy at the University of Kentucky, will discuss sources of information on medications and provide guidelines for their proper use. Older persons frequently require more medications. Because the potential for undesirable effects may increase with the number of medications, it is important to understand how medications should and should not be used.

HOW TO CHOOSE A FAMILY PHYSICIAN, TUESDAY, MARCH 13, 1984 at 4:00 p.m. in room 230 of the New Student Center Building, Dr. John Thompson, Professor and Chairman of Medicine in the College of Medicine at the University of Kentucky, will discuss how to find the "right doctor" and how to use his or her services and advice. In this computerized age of instant convenience, there is one commodity that can't be ordered, delivered, installed or serviced at your convenience. This commodity is your health. In order to maintain and improve it, you need a personal physician.



### TU B'SHEVAT AND TREES



Although Tu B'Shevav, the "New Year of the Trees" was celebrated on January 19, it is still possible to purchase trees to be planted in Israel. A tree planted in Israel is a loving and living memory of any significant occasion.

Both Sunday Schools are collecting money for trees to be planted by the Jewish National Fund, and Hadassah has a year-round chairwoman who will be happy to assist you. The cost is \$5.

Call: Hadassah - Helen Levy, 266-5144; Ohavay Zion Synagogue - Laura Szekely, 276-2206; or Temple Adath Israel - Janet Campbell, 269-9145.

COMMUNITY UPDATE .....

ALZHEIMER'S DISEASE

During the past 2½ years the Center on Aging of the University of Kentucky has organized and developed the Bluegrass Alzheimer Society and additional support services for families of patients with Alzheimer's disease and other similar dementing disorders. A support group

meets monthly, providing group members with information about dementing diseases and giving them an opportunity to communicate with other people experiencing similar problems.

Alzheimer's disease, first described by Alois Alzheimer in 1906, is a progressive deterioration of certain areas of the brain. Early symptoms are forgetfulness and mild personality change. As the disease progresses, the individual becomes increasingly confused and disoriented until he or she forgets how to perform even the most routine tasks, necessitating constant care and supervision. Caring for the patient is physically fatiguing and a mental and emotional strain.

Caregivers of Alzheimer's family members have expressed a strong need for respite from the constant demands of caring for a family member. There has been much discussion in recent months about how other family members, friends and other interested persons can help out with this kind of care. Finally there is a plan!

A training program will be held each Saturday morning in February from 9:30 - 12:00 noon at the Center on Aging, University of Kentucky. The sessions are planned with ample time to study and dialogue about 1) Alzheimer's disease, 2) the care-giving family and the stress Alzheimer disease produces, 3) caring for and communicating with the Alzheimer person, and 4) handling emergencies.

Specifically, who is invited to attend? Persons who will attend all four sessions with serious intent to help in some way with an Alzheimer person in order to relieve the primary caregiver. Some of the possibilities of helping could be one of the following:

- 1) as a family member who, with training, could be more helpful to the primary caregiver;
- 2) as a friend who, with training, could help out in numerous ways to give the caregiver time away;
- 3) as a volunteer to help in a program which will open in March at the new Senior Citizen's Center (Lexington) for one afternoon a week for persons with Alzheimer's disease or a related disorder;
- 4) as a volunteer willing to relate to one family and arrange time to give care in the home so the caregiver can be away.

Please share this information with family members, friends or persons whom you think would benefit from this training and would be willing to put it into practice by helping care for an Alzheimer's person. Fill in the form below and return it to the Center on Aging, 101 Sanders-Brown Building, University of Kentucky, Lexington, KY 40536.

-----  
Name \_\_\_\_\_

Address \_\_\_\_\_

Telephone No. \_\_\_\_\_

I plan to help with an Alzheimer's person in the following category:

\_\_\_\_\_ as a family member      \_\_\_\_\_ as a volunteer in a supervised program  
\_\_\_\_\_ as a friend                      \_\_\_\_\_ as a volunteer in a private home

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# FEBRUARY shevat adar I

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>JANUARY</b></p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>			<p>1 28 SHEVAT</p> <p>8 pm Hadassah C. Baer's</p>	<p>2 29 SHEVAT</p> <p>8 pm CKJA Campaign meeting-G.Katz's <b>GROUND HOG'S DAY</b></p>	<p>3 30 SHEVAT</p> <p> <b>ROSH CHODESH</b></p>	<p>4 1 ADAR I</p> <p>8 pm TAI Brotherhood/ Sisterhood <i>Terumah</i></p> <p></p>
<p>5 2 ADAR I</p> <p>10 am TAI Brotherhood</p>	<p>6 3 ADAR I</p>	<p>7 4 ADAR I</p> <p>TAI Board Mtng OZS Board Mtng</p>	<p>8 5 ADAR I</p> <p>8 pm CKJA-CAC mtng K.Germain's</p>	<p>9 6 ADAR I</p> <p>CKJA new board orientation</p>	<p>10 7 ADAR I</p> <p></p>	<p>11 8 ADAR I</p> <p> <i>Tetzaveh</i></p>
<p>12 9 ADAR I</p> <p>Hadassah Bowl-a- thon 3:30-6:00 8pm OZS Discussion at the Flashman's <b>LINCOLN'S BIRTHDAY</b></p>	<p>13 10 ADAR I</p>	<p>14 11 ADAR I</p> <p>Hadassah Board meeting</p>	<p>15 12 ADAR I</p> <p>9:30 am TAI Sis- terhood Board Mtng 12:15 TAI Sister- hood Potluck luncheon</p>	<p>16 13 ADAR I</p>	<p>17 14 ADAR I</p> <p>Havurah Retreat </p>	<p>18 15 ADAR I</p> <p>CKJA Men's Div \$1200 Dinner with Sen. Ford <i>Ki Tisa</i></p> <p></p>
<p>19 16 ADAR I</p> <p>1 pm CKJA Presi- dents' meeting 8 pm CKJA <b>FORUM</b> Arnold Fine OZS</p>	<p>20 17 ADAR I</p> <p><b>WASHINGTON'S BIRTHDAY CELEBRATED</b></p>	<p>21 18 ADAR I</p> <p>CKJA Super Sunday Committee Mtng CKJA Budget Comm. Mtng-A.Goldman's 8 pm</p>	<p>22 19 ADAR I</p> <p>12:30 Hadassah Book Disc. CKJA Board Mtng 8 pm-OZS</p>	<p>23 20 ADAR I</p> <p>8 pm Hadassah Disc. J.Baumann's</p>	<p>24 21 ADAR I</p> <p></p>	<p>25 22 ADAR I</p> <p>8 pm CKJA <b>INTERACT</b> <i>Yayakhei</i></p> <p></p>
<p>26 23 ADAR I</p>	<p>27 24 ADAR I</p>	<p>28 25 ADAR I</p>	<p>29 26 ADAR I</p> <p><b>LEAP YEAR DAY</b></p>	<p>1 27 ADAR I</p>	<p>2 28 ADAR I</p> <p></p>	<p>3 29 ADAR I</p> <p></p>





Mr. & Mrs. Isaac Nedjat-Hatem  
3548 Olympia Drive  
Lexington, KY 40502

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FORM 3547  
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3127 VIRGINIA AVE  
SANTA MONICA CA 90404-3127  
RETURN TO SENDER  
\* 25 DUE

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RETURN POSTAGE GUARANTEED

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Association Incorporated  
258 Plaza Drive, Suite 208  
Lexington, Kentucky 40503

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Permit No. 719  
Lexington, Ky. 40585

# SingleScene

THIS IS THE YEAR FOR SINGLES TO TRAVEL!

- \* Sitmar Cruises of California offers a 10-day Carribbean cruise from July 4-14, 1984.
- \* Israel Seminars Foundation of New York is sponsoring a two week "Singles Celebrate Israel - 36th Anniversary Tour". The trip is planned so you can participate in the gala Independence Day celebrations.
- \* And from U.J.A. - Missions to remember! For "mature singles", an Israel mission from April 1-10, and the annual National Singles Mission, July 22 through August 1.

Call CKJA, 277-8048, for more details.

CLOSER TO HOME: at the Cincinnati Jewish Community Center, 1710 Section Road, Brunch and Discussion - "Making Peace With Your Parents", 11:00 a.m., Sunday, February 12.

Ellen Bloomfield of the Jewish Family Service staff will review the book by the same name and lead the discussion. Bagel brunch begins at 11:00, the discussion will begin at about noon. Admission: \$2.50

# Central Kentucky Jewish Assoc. Forum



## 1983-4 Jewish Cultural & Entertainment Series

Arnold Fine  
Sunday, February 19  
8:00 p.m. Ohavay Zion Synagogue

ARNOLD FINE, who has written "I Remember When" and "A Bi Gezunt" in The Jewish Press (the largest Anglo-Jewish independently owned newspaper in the world) will talk about yesterday's world and the humor that was and still is part of our heritage.

Mr. Fine is also author of the series of articles entitled, "What This World Would Be Like Without Jews" and will discuss some of the great inventions in this nation, actually invented or discovered by Jews who never get the credit for it.

Mr. Fine will offer a complete evening of stories, nostalgia, and revelations about so many things we take for granted.

Series Tickets for remaining events: patron: \$20.00  
regular: \$10.00

Single Event Tickets also available at the door.

Coming soon: "Gemini"  
March 11