

FNS

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FRONT COVER: Betsy MacMillan and Karen Kudia, Frontier School of Midwifery and Family Nursing, graduating class of May 1981, assist in a delivery.

Photo by *Gabrielle Beasley*

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RURAL ONCOLOGY PROJECT — A YEAR IN REVIEW

by Susan Kanvik, M.P.H., Project Coordinator

With the FNS Rural Oncology Demonstration Project now into its second year it is important to review the initial year's accomplishments. This gives us the opportunity to assess the progress toward the project's goal of demonstrating that rural cancer patients can receive quality care at the primary care level. When referral to a medical center or other tertiary level care is necessary the project's aim is to minimize the disruption such a process may cause for the rural cancer patient and his family. The following paragraph provides some background information on the project.

The Rural Oncology Demonstration Project is funded through a grant from the National Cancer Institute. FNS was awarded the grant in September of 1980 to expand its efforts in caring for the rural cancer patient. Those earlier efforts included Dr. Anne Wasson's initiation of an informal tumor registry in 1975 and Dr. Eva Gilbert's initiation of a Pap registry. While useful sources of information on cancer incidence, these registries began as mechanisms to ensure proper follow-up. In 1977 a three year subcontract with the Ephraim McDowell Community Cancer Network was granted which funded a three year Community Nurse Oncology Project. The arrangement with McDowell provided an oncology nurse position which Pat Campbell has filled since June, 1979. Dr. Wasson's sustained interest and Pat Campbell's fine work in caring for cancer patients provided a strong foundation for the current project.

The Rural Oncology Demonstration Project hopes to provide quality cancer care at the primary care level with a multidisciplinary team approach. This team consists of the project staff (a part-time family practice physician, an oncology nurse, and a project coordinator) and the various health care providers at FNS and the referral medical centers. The project defines quality cancer care as promotion of cancer prevention and early detection, as well as diagnosis, treatment, follow-up, allied health services referral, and emotional support. The objectives and subsequent activities of the project can be grouped according to those dealing with professional education, patient services, cancer data management, and public education.

The first year, under the direction of Alice Basch was one of several accomplishments in the area of professional education. The first step was to survey the FNS practitioners as to their attitudes, knowledge and beliefs concerning cancer. A chart review of 219 out patient physical exams was conducted to determine practitioner charting practices relative to early diagnosis. The project then sponsored and presented several in-service lectures and 'grand rounds' for FNS staff on such topics as Pain Management, Chronic Illness, Infection Control, Ostomies and Skin Care, Breast Cancer and Breast Self-Exam. A continuing education workshop on cancer prevention was presented for area RNs. The project also expanded the cancer related educational materials available through FNS. Current oncology related articles are copied and catalogued for easy reference. The Frontier School of Midwifery and Family Nursing was presented lectures on hospice and cancer staging and patterns of metastasis.

The development of follow-up guidelines for fourteen tumor sites was an important accomplishment in the area of patient services. Additionally, thirty-five FNS cancer patients were interviewed to assess their feelings about the care they were receiving. The patient satisfaction survey is one aspect of the evaluation component of the project. The intent is to use the survey results in evaluating the impact the project has had on the quality of cancer patient services at FNS. Some additional project accomplishments related to patient services are the increase of nurse administration of chemotherapy, development of a kardex system for nursing assessment of the cancer patient, follow-up for symptom control, and referral assistance. A needs assessment was conducted by a pre-med student from Berea College regarding the need for a hospice-without-walls within Leslie County. The general findings were that such needs as a hospice would fulfill were currently being met with family support, the services of the FNS Home Health Agency, and the Mary Breckinridge Hospital Staff.

The initial year of the Rural Oncology Demonstration Project has seen an increase in the tumor and Pap registry entries. In addition, as FNS maintains the only tumor registry in Southeastern Kentucky, the project has provided informal consultation to health care facilities in the area that are considering initiating registries. The project had begun plotting tumor sites



Susan Kanvik, MPH, Rural Oncology Project Director

by the patient's residence. While the project's objectives regarding cancer data management are primarily concerned with patient follow-up, it is possible that at some time the data collected may have some epidemiological importance.

Public education is important to the project's success in that promotion of cancer prevention and early detection is dependent on community awareness of risks associated with cancer incidence as well as recommended screening schedules. Posters addressing various aspects of cancer have been rotated at the Leslie County Public Library and in the Primary Care Clinic in an attempt to raise community awareness. Several newspaper articles regarding cancer have been published in the local papers. A one month smoking cessation campaign was conducted in preparation for the Great American Smoke Out. Additional public education activities include a presentation to the Leslie County Lions Club and work with the county unit of the American Cancer Society.

In conclusion this overview of the FNS Rural Oncology Demonstration Project's first year's accomplishments is a form of checking the progress toward the proposed objectives. Responsibility for the formal evaluation component has been subcontracted to the University of Kentucky. The project is well on its way toward improving professional skills, patient services, data management, and community attitudes related to cancer. The following two years, however, provide tremendous opportunity for continued progress.

COMMUNITY NOTES

The Leslie County Development Association

In the early sixties under President Kennedy the Office of Economic Opportunity (O.E.O.) sponsored Community Action Councils to promote development for communities and counties on the local level. These councils were meant to generate ideas for the improvement of the county, and, in Leslie County, achieved the paving of the road to Confluence, and the installation of the water and sewage systems. In 1973, the Development Association as we know it today came into being with James Mosley as its first president.

Patterned after its sister organization in London (Laurel County), the association meets at noon over lunch so that anyone who wants to participate need not miss work. The meetings are 'open', that is, anyone is invited who will participate, people are encouraged to attend as often as they can, and dues are collected on a voluntary basis. The only other rule is that there be no solicitation during meetings. The Agricultural Extension Agency serves as the contact office for the association in that it keeps the records and minutes of the meetings and sends out reminder notices.

The accomplishments of the Development Association are not few. Among other things it has been a catalyst in the Blood Donor Program for the county, helped to get the escape ramp built at the bottom of the spur, helped initiate the volunteer fire department and, later, the ambulance service. It has reflected the wishes and needs of county residents in such small but important areas as putting up stop signs and speed limits, not to mention the garbage dumpsters, and various road improvements. With the cooperation of the schools, the association has been responsible for the county-wide clean-ups and has sponsored the Junior Olympics. The Mary Breckinridge Festival originated within the committee which flourishes now as the result of work by schools, county officials, businesses, and groups such as the Boy Scouts and Girl Scouts, and not by the efforts of FNS alone. The most important project the committee is working on now is the construction of an off-ramp at Dryhill. The state Secretary of Transportation will be coming in February to review the project and look at the site.

The greatest asset the Development Association maintains is its openness. Whether it has supported public officials in their



From top of stairs: Ann Cundle, Cheryl Lowe, Ron Rosenstiel, Rev. Bob Schaeffer, Howard Napier, Betty Roberts, Jean Elam, Rufus Fugate, Betty Lester, Bobbie Deaton, Donna Vanover, and Faye Farmer.

efforts to make improvements or badgered them to get things done, the association remains a public forum where ideas may be heard without fear of political repercussions.

A continuing education conference on Appalachian Health Care is being planned and arranged with Betty Bear, of the University of Kentucky College of Nursing, for the middle of May, 1982. The conference is being sponsored by the American Field Studies through Emmanuel College of Boston. We are expecting twenty or so RNs to join us and live at Wendover the week of May 17.

The sale of *Wide Neighborhoods*, republished this past June in the centennial year of Mrs. Breckinridge's birth, is going well with 277 copies sold directly through us. That brings the grand total to an estimated 393 copies! If you haven't ordered a copy and would like to do so, please refer to the order form in the back of the *Bulletin*.

THE NEIGHBORHOOD HEALTH WORKER

Dr. Hayes, who has been with Alice Lloyd College for over thirty years, is the director of the Neighborhood Health Worker Program, the brainchild of Dr. Grady Stumbo, whose objective is to breach gaps in the care of the homebound patient, especially the elderly. The Neighborhood Health Workers have received training as homemaker aides at the Hazard Vocational School in such things as nutrition, the recognition of signs and symptoms of common ailments, how to give insulin shots, personal hygiene, and more. Their function lies somewhere between that of a home health aide and an RN, and their aim is to help expand services offered through our Home Health Agency, most importantly where the elderly are concerned. For those who have no one to help them, the neighborhood health workers (NHW) will see to grocery shopping, bringing in firewood and coal, helping with household chores, while they also attend to the medical care of the patient and to educating him about his problems and prevention of other problems.

Ruth Farler and Barbara Baker, both of Leslie County, started working with our Home Health aides and nurses at Thanksgiving time and in January began carrying their own case load. Their salaries and vehicles are funded jointly by the State Department of Health and Human Resources and CETA.

The point of the program is outreach — not to make patients dependent on us when extended family can help, but to find and educate those who are as yet uncared for in their medical and homemaker needs.

Thank you . . .

“A brief note to say thank you, (Dr. Anne and Dr. Carey), for my five week clinical experience at the Frontier Nursing Service. I thoroughly enjoyed my experience with FNS, as well as my ‘weekends off’ exploring the crafts, music and dance of Appalachia.

Although all of the FNS staff were helpful to me during my stay, I would particularly like to compliment Dr. Peter Morris, Wayne Goulet, P.N.P., and Jim Cluck, P.T., for their ability and willingness to teach. Sharon Koser, F.N.P., at Wooton certainly made me feel ‘part of the team.’”

Phyllis Ann Zimmer, 18705 SE 43rd Place, Issaquah, WA 98027



Back row, left to right: Mae Campbell, Edith Wooton, Etta Mae Collett, Geraldine Collins, Virginia Whitehead. Front row, left to right: Georgia Osborne, Marie Young, Jane Muncy, Lucy Lewis — all of Dietary. Marie Young is leaving after 17 years of service.

In the Winter 1981-82 issue of "Special Delivery, News from the Maternity Center Association", it was announced that the MCA General Director (and member of our Board of Governors) Ruth Watson Lubic was honored as the first recipient of the Jane Delano Distinguished Service Award. The award, presented by the New York Counties Registered Nurses Association, was given for "exemplary contributions to the standards of nursing practice." Mrs. Lubic was awarded the Rockefeller Public Service Award, as reported in the last issue of the *Bulletin*. Again, Ruth, congratulations!

The annual meeting of the American College of Nurse Midwives will be held in Lexington, Kentucky this year at the end of April. A day trip to Frontier Nursing Service is being offered to all attendees of the conference, and we expect to see many old friends and familiar faces.

UPDATED SURVEY OF GRADUATES

September 1981

Alice Whitman

The purpose of the survey was three-fold: 1) To update information on graduates since the beginning of the Division of Nursing Grant (Sept. 1977), 2) to collect data for a new grant for continued support of the Frontier School of Midwifery and Family Nursing and 3) to obtain current addresses and information to aid in getting the alumnae associates since the inception of the Family Nurse Practitioner Program in 1970.

In preparing for the mailing the following statistics were noted: 264 admitted to the program since June 1970,

- 20 withdrew (attrition rate of 7.6%),
- 3 deceased,
- 217 questionnaires mailed Sept. 1981 to
- 33 different states, PLUS
- Alaska, Hawaii, U.S. Virgin Islands,
- 13 foreign countries,
- 4 to Canada,
- 20 in Kentucky, PLUS
- 19 working for FNS,
- 13 received master's degree through
- UK affiliation.

The questionnaire was not given to eight students graduating Sept., 1981 or to nine current students. Out of 217 forms mailed: 161 (74.2%) responded, 9 (4.1%) were returned due to incorrect addresses and 47 (21.7%) did not answer. The following responses were provided.

The program prepared you as a:

Family Nurse	32 (19.9%)
Nurse-Midwife	17 (10.5%)
Family Nurse-Midwife	112 (69.6%)

Would you choose the FNS program if you were again at that stage of your career?

Yes 142 (88.2%)	No 8 (05.0%)	Maybe 11 (06.8%)
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Did you go on for a degree or other certification after completion of the FNS program?

Yes 39 (24.2%) No 122 (75.8%)

Employment status after completion of the FNS program.

- a. Full-time Nurse Practitioner 28 (17.4%)
- b. Part-time Nurse Practitioner..... 3 (01.7%)
- c. Full-time Certified Nurse-Midwife 103 (63.9%)
- d. Part-time Certified Nurse-Midwife 5 (03.1%)
- e. Other 22 (13.7%)

Employment location after completion of the FNS program.

- a. Inner city 29 (18.0%)
- b. Other urban..... 27 (16.7%)
- c. Suburban 15 (09.3%)
- d. Rural 90 (56.0%)

How would you rate your level of satisfaction or dissatisfaction with the program at the Frontier School?

- 1. Highly satisfied 90 (55.9%)
- 2. Generally satisfied 64 (39.8%)
- 3. Neutral 2 (01.2%)
- 4. Somewhat dissatisfied..... 5 (03.1%)
- 5. Highly dissatisfied 0

Please indicate your level of satisfaction or dissatisfaction with the following aspects of the Frontier School.

	1	2	3	4	5	TOTAL
a. The theoretical content in each trimester and the relationship to the clinical experience for that level.	# 48 % 31.2	82 53.3	19 12.3	4 02.6	1 00.6	154
b. The clinical experience in the FNP program.	# 81 % 54.0	47 31.3	14 09.3	7 04.7	1 00.7	150
c. The clinical experience in the NM program.	# 58 % 42.7	65 47.8	9 06.6	3 02.2	1 00.7	136
d. The classroom experience in the FNP program.	# 47 % 31.8	70 47.3	23 15.5	7 04.7	1 00.7	148
e. The classroom experience in the NM program.	# 59 % 43.7	59 43.7	16 11.9	1 00.7	0 -	135
f. The adequacy of the program's staffing.	# 32 % 20.4	58 36.9	44 28.1	20 12.7	3 01.9	157
g. The relationship between faculty and students.	# 79 % 50.6	60 38.5	13 08.3	2 01.3	2 01.3	156
h. Preparation for employment.	# 78 % 40.4	62 39.3	16 10.1	1 00.6	1 00.6	158

i. Preparation in both theory and practice for situations encountered after employment.	#	64	77	9	2	1	153
	%	41.8	50.3	05.9	01.3	00.7	

Employment setting after completion of the FNS program.

Hospital outpatient	12 (07.5%)
Hospital inpatient	35 (21.8%)
Extended care facility	2 (01.3%)
Neighborhood health center	24 (14.9%)
Public health department	11 (06.8%)
School-university health center	1 (00.6%)
Educational institution-faculty	7 (04.3%)
Prepaid group practice	4 (02.5%)
Fee for service M.D.	8 (04.9%)
Practice-solo or group	17 (10.6%)
Independent practitioner	16 (09.9%)
Other	24 (14.9%)

Are you certified? Yes 148 (91.9%) No 13 (08.1%)



Left to right: FN 1s (graduating May 1983) Joy Ellen Hager, Stephanie Schultz, Sr. Joan Gripshover, Naomi Page, Annita Goldman, Leannette Orr, Ann Garvin, Roberta Kline, Mildred Sizemore, and Susan Howie.

ACNM 129 (52.0%)	ANA 69 (27.8%)	both 50 (20.2%)
ACNM only 79 (53.4%)	ACNM & ANA 50 (33.8%)	
	ANA only 19 (12.8%)	

Overseas experience after completion of the FNS program?
 Yes 35 (21.7%) No 126 (78.3%)

STAFF OPPORTUNITIES

**Dean for the Frontier School of
 Midwifery and Family Nursing**

Family Practice physicians

**Registered Nurses,
 Family Nurse Practitioners, and
 Certified Nurse-Midwives**

**For all of the above, please direct your inquiries to:
 Darrell Moore, Director of Personnel
 Frontier Nursing Service
 Mary Breckinridge Hospital
 Hyden, Kentucky 41749**

**We also need Senior Nursing students, Couriers, and
 Volunteers especially those interested in gardening.**

It was recently reported in the *Arch-Ives*, an employee publication of the John D. Archbold Memorial Hospital, that Connie Becker, graduate of the FSMFN, delivered her 1,000th baby since joining the hospital in 1973.

BOOK CORNER

This winter the Robert J. Brady Company of Bowie, Maryland sent us a copy of *Nursing Ethics - Theories and Pragmatics* for review. We welcome the opportunity and hope that others will follow their lead.

Nursing Ethics - Theories and Pragmatics
by Leah Curtin and M. Josephine Flaherty,
reviewed by Sr. Valerie Chaplain, FNP Instructor

"Ethical problems raise two questions for a person: 'How can I find an answer that will allow me to be at peace with myself' and 'How can I find an answer that will allow me to be at peace with others.'"

This statement seems to sum up well the dilemma of ethics, especially medical ethics, which is thoroughly if not exhaustively discussed by the authors, Curtin and Flaherty. But, as the authors frequently point out, if ethical problems are not always solvable, they are at least resolvable in most cases.

The authors' approach to the situational problems described in the case studies is refreshingly objective and attempts to take the reader through a thought process rather than to a conclusion. An analysis of any situation must include all the people involved and, consequently, the rightness or wrongness of the action taken depends on whose eyes one uses to view it.

In my estimation, an important contribution of the authors, especially in 1982, is their emphasis on the universality of human rights, that "independently of either law or public opinion . . . the weak *justly* can claim equal rights with the strong."

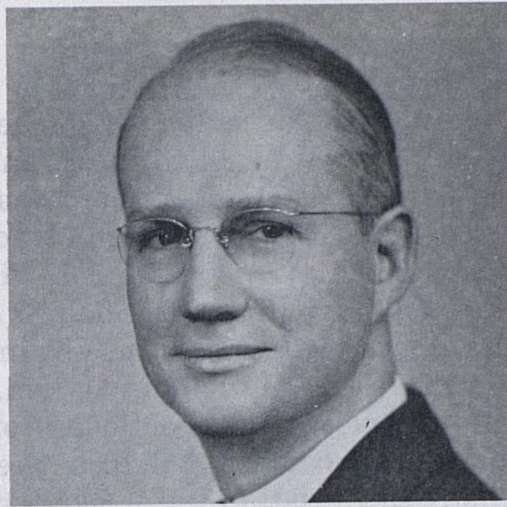
The American Nursing Association will hold its annual convention in Washington, D.C. from June 25 to July 1. At that time, Mrs. Mary Breckinridge will be inducted into the ANA Hall of Fame along with several other famous American nurses.

BOOK CORNER (Continued)**Required Books for FN-III & FN-IV: September 1981 - April 1982**

- 1) Hatcher, Robert, et al. *Contraceptive Technology 1980-1981*, 10th Edition, Irvington Publishers, Inc., New York. (Required for FN-III)
- 2) Korones, Sheldon. *High Risk Newborn Infants*, C. V. Mosby Company, 3rd Ed., St. Louis, Missouri, 1981.
- 3) Oxorn, Harry and Foote, William R. *Human Labor and Birth*, 4th Ed., Appleton-Century-Crofts, New York, 1980. (Required for FN-IV)
- 4) Varney, Helen. *Nurse-Midwifery*, Blackwell Scientific Publications, Inc., Boston, 1980.

Recommended Books

- 1) Myles, Margaret F; *Textbook for Midwives*, 9th Ed., Appleton-Century-Crofts, New York, 1980.
- 2) Pritchard, Jack and MacDonald, Paul. *Williams Obstetrics*, 16th Ed., Appleton-Century-Crofts, New York, 1980.
- 3) Worthington, Bonnie. *Nutrition in Pregnancy*, 2nd Ed., C. V. Mosby Co., 1980.



EDWARD S. DABNEY
An Appreciation

by Homer L. Drew, FNS Treasurer

With sorrowful hearts, we mourn the death of our former Treasurer, Board Member, friend and benefactor, Edward S. Dabney, who died on Wednesday morning, February 17, 1982, in Lexington, Kentucky, at the age of eighty-four.

Mr. Dabney well knew the qualities of the mountain people of Kentucky. Appreciating their lack of opportunities for education, good roads, medical and hospital facilities and opportunities for industrial and agricultural advancement, he devoted a lifetime of service to their welfare and progress, giving generously of his time, efforts and means: through the Frontier Nursing Service, of which he was a Governor and Treasurer for many years, and Berea College, of which he served as Trustee and Chairman of its Board and Chairman of its Finance Committee for many years. He served his local community well, not only as a banker, but also as an outstanding civic leader. The many honors bestowed upon him over many years by members of his profession and his community are too numerous to list herein.

In concluding our appreciation of our dear friend, Edward S. Dabney, we choose from the galaxy of attributes and virtue with which his being and nature were abundantly endowed, one trait, most prominent of all; we say of him, "he was a man of character."

Our most sincere condolences are extended to his daughter, Mrs. Randolph A. Brown (Betty) Courier '50, who resides in Louisville, Kentucky and to his adopted son, John Winston Dabney, who resides in Scott County, Kentucky.

MEMORIAL

Miss Glenda Sue Swartz, an employee of the FNS radiology department since 1976, was fatally injured in an automobile accident on December 28, 1981 in Piconderoga, New York. A native of Dayton, Virginia, Susie was a 1968 graduate of Eastern Mennonite High School and a graduate of the Rockingham Memorial Hospital Radiology Program. She was a member of the Weaver Mennonite Church in Harrisburg, Virginia and attended the Central Presbyterian Church here in Hyden.

Those of us who were close friends of Susie's, or the people who were mere acquaintances, could not help but recognize and be influenced by her strong Christian faith. Every aspect of Susie's life echoed with this consistent trait — whether it be the personal and sincere care she gave each of her patients or the genuine concern she felt for a hungry child in the most isolated place on earth. Even though she had the timidness of a child, she vehemently revealed her convictions about her faith in God. This faith may best be explained in a quote by John Calvin who said, "One must not imagine that the Christian faith is a bare and mere knowledge of God or an understanding of the Scripture which flutters in the brain without touching the heart . . . , but faith is a firm and solid confidence of the heart, by means of which we rest surely in the mercy of God which is promised to us through the Gospel." One cannot argue Susie's faith not only touched her heart, but remained deeply embedded for her entire life.

—Greg and Sandra Walker

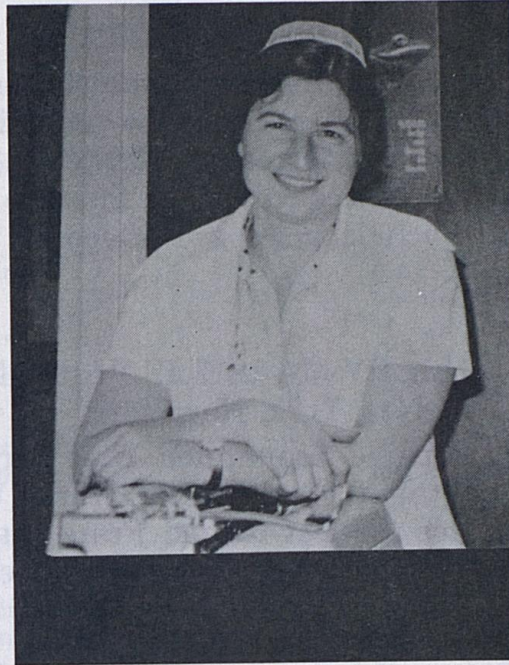
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Words cannot express the gratefulness we feel towards Susie's friends in Hyden, Kentucky for their kindness and gifts since her death. Even though we haven't met many of you, our hearts are warmed and touched.

We pray for God's blessing on all of you.

Gratefully yours,

The Dwight Swartz family
and Ruth E. Rushby



A smiling Susie as she is remembered by friends, colleagues, and patients, and over her shoulder, a poster which reads: Lord, help me hang in there.

He who has faith feels he is compassed about with everlasting Love, guided by everlasting strength; his will is the tempered steel that no fire can melt, no force can break.

—N. S. McFetridge

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Memorial gifts may be sent to the Frontier Nursing Service, Wendover, Kentucky 41775 and to the Virginia Mennonite Mission Board, 901 Parkwood Drive, Harrisonburg, Virginia 22801.

IN MEMORIAM

We wish to acknowledge our appreciation and personal gratitude to those friends who have, by including FNS in their wills, made a continuing affirmation of interest and belief in the care of mothers and babies and their families by the Frontier Nursing Service. Such legacies are added to the Endowment Fund.

MISS MARY MARSELIS PARSONS
New York, New York

Miss Parsons became acquainted with Mrs. Breckinridge when they were both in France after World War I with the American Committee for Devastated France, and has been a supporter of FNS from the beginning of the Service.

St. Peter's Church of Lakewood, Ohio awarded the F.N.S. a \$1000 grant from the Henniger Estate. "It is the policy of the Vestry to tithe ten percent of all bequests received by the Parish to be given for work outside the Parish." We are very grateful for their generosity.

These friends have departed this life in the past few months. We wish in this manner to express our gratitude for their part in the work of the Service and our sincere sympathy to their families.

MRS. HOBERT CORNETT
Wendover, Kentucky
Former Wendover Staff

MISS GRACE FRAUENS
Lexington, Indiana
Records Department

MRS. GEORGE H. LOVE
Pittsburgh, Pennsylvania
Pittsburgh Committee Member

MEMORIAL GIFTS

We take this means of expressing deep appreciation to our friends who make a supporting contribution to the work of Frontier Nursing Service as a way of showing love and respect for their friends.

- Edith Hogg Faut**
Mrs. Joanne L. Collins
- Mrs. Katherine Tuck**
Mrs. Jefferson Patterson
- Miss Peggy G. Elmore**
Mrs. Morris Cheston
- Mrs. Gertrude B. Breckinridge**
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Mr. T. J. Wood
Mr. Floyd H. Wright
Mr. and Mrs. William T. Bishop III
Mrs. Holman Hamilton
Mrs. Elizabeth K. Park
Mr. and Mrs. John R. Gaines
Mr. Charles Molony
Mrs. H. P. Mason
Miss Helen E. Browne
Mr. Orin E. Atkins
Mrs. Alfred R. Shands III
Mr. William A. Combs
Mr. P. J. Baugh
Mrs. Jefferson Patterson

URGENT NEEDS

We wish to thank the Women's Association, Mildred White, Treasurer, of Englewood, New Jersey for responding so promptly to urgent needs listed in the Summer issue of the *Bulletin*. They kindly sent a donation to cover the cost of a glucose analyzer for OB and an electric thermometer for the Primary Care Clinic. These items, like the others listed here, are necessary and yet cannot be covered by the budget or obtained through other means. We are especially grateful, therefore, for the extra generosity shown us in this way.

The following item, though large and expensive, is also a necessity. Our Respiratory Care Project is expending rapidly and its needs are great. Our Board of Governors has allowed us to obtain a more efficient spirometer at nearly \$6,000, but the department could be helped even more by a new cardiac treadmill as had previously been asked for in the last issue. The treadmill is used to perform cardiac stress tests and to assess pulmonary rehabilitation — a service for which our patients must still go to Lexington.

Cardiac treadmill	\$8,000.00
2 Otoscope/Ophthalmoscope	each \$ 200.00
to circulate on the medical/surgical unit and in Home Health.	
2 Mobile aneroid blood pressure devices	each \$ 146.00
for med/surg and the emergency room.	
Baby scale	\$ 190.00
a counter top model for the OR to weigh babies born after Caesarean section.	
Laryngoscope with neonatal blade	\$ 48.00
also for the operating room so that equipment won't have to be moved off the OB floor.	
Electric breast pump for OB.....	\$ 375.00
6 Hemostats for ER.....	each \$ 20.00
2 Iris scissors for ER	each \$ 25.00

ALUMNAE NEWS

Kim Beck, 85 Foxcroft Dr., Scarborough, ME 04074

Happy New Year! We are in the midst of very cold weather and about a foot of new snow. I suppose you were hit, too, with some of it. Johanna had her first ice skating lesson — we went to a pond in the park and she loved it. She had so much fun that I may go and buy myself a pair of skates to join her. I haven't been on skates for 15 years — what a pair we'll be! Haven't heard from anyone in a while. Hope everyone's OK. May see you this summer sometime if all goes well.

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**Amy Laufer, OB-GYN Associates, Inc., 1 Randall Square,
Providence, RI 02904**

Greetings from the Ocean State! We are very busy up here — a full office schedule plus 10 to 12 babies a month for two midwives.

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**Ethel Starck, 3101 12th Ave., S., #3,
Minneapolis, MN 55407**

Have you been sledding to work yet? Sure have some good memories of blazing down that hill with my nose inches from the ground. I try to pretend I'm in the wilderness here as I cross country ski to the food co-op, which is across the park. The park is about five blocks across so it's a nice little run. I'm off orientation now — and out there on my own. Feels good! (There's more than adequate back-up if needed.) I've had 20 deliveries in the 2½ months here. I never dreamed a job could be so fulfilling and exciting.

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Susan Willis, P.O. Box 264m, KaConner, WA 98257

I delivered the first New Year's baby in our area — very cute, little girl. Happy New Year to all at FNS. **Rae (Cottrell)** and family are enjoying themselves cross country skiing — as you may have seen on the news, we are getting **more** (snow) than usual this year!

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Sheila Ward, Box 9, Merigold, MS 38759

Hope you had a nice holiday season. My folks came down from Kentucky along with three brothers and a sister. We had to annex the dining room table — all in all it was a good time. Phil and I took a trip to Jackson last weekend for the first time. It's a nice place and it was good to be in a city again.

Cathy Carr, 1609 Charnelton, Eugene, OR 97401

Susan Barry was through here on her travels — it was wonderful to see her even for just a few days. Traveling can be such a network of old FNS'ers — they are everywhere! I'm going to Texas for Christmas to see my family (and hopefully the sun!) Interestingly, the first CNM I ever met, way back when I was in nursing school, is in Lubbock now. She's trying to organize a west Texas CNM chapter. Wonders never cease! I'm still running in the rain. I may not sing in it, but at least I run in it. I think my feet are getting webbed. Gene Kelly never sang about that. My best to all.

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Mariann Bregin, 6633 Metcalf, Overland Park, KS 66202

I'm well and a student again in KC. It's frightening to think I may be entering the area of a professional student. I'm so surprised to hear you've moved up on the hill. You have just a short walk to work now. Must be better for the students — they can completely avoid those steps some days. Hope all is going well and that the winter isn't too cold.

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**Marsena Howard, Box 371-A, R.D. #2,
Quarryville, PA 17566**

Have you any snow yet? We had approximately one inch last week. What fun! Got to see Karen Slabaugh last week — she took time out from her refresher at Booth to come visit us. We've been busy, busy, busy. Haven't even had time to prepare for the holidays.

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**Sr. Liz Sweeney, C.P. 322, Anapolis Goias,
77100, Brazil, S.A.**

Best wishes to anyone I still know from FNS. Remember you all with fondest memories.

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**Barbara Evans, Bach Christian Hospital,
P.O. Qalandarabad, Hazara, Pakistan**

I am continuing to maintain an interest in what happens at FNS. I realize that I have received good training and am confident in what I am doing. I am working weekly in the prenatal clinic and am delivering babies or supervising our nurse aides. Prenatal clinic sees 25-40 patients in about four hours, so you can see we see them quickly. I and a German midwife see them. The emergency cases and strange cases never end. Our nurse aides have just finished a training aide program in midwifery and we are hoping that they can get to the level where we can trust them for

normal multip deliveries. Often only aides work at night so we really have to teach them. Think so often of my midwifery supervisors at home as I work here.

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**Karen Slabaugh, Booth Maternity Center,
Philadelphia, PA**

Greetings. I'm watching the snow fall — enjoying it as it is the first for us here in Philadelphia. From hearing the news, I imagine Hyden is white also. I've decided to go to Lewistown, PA — joining a FNS'er, named **Lois Miller**. After FNS, she worked in Central Africa for 20 years (I'm sure I'll learn lots from her.) She has been in Lewistown for 2½ years now, caring for 200 + patients, approximately 30 deliveries per month — and she needs help. Lewistown is a small city in rural mountains of central PA. Quite industrial, some mining — people reminded me of my Kentucky folks.

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**Sr. Yvonne deTurenne, P.O. Box 35, PEKA 340,
Lesotho, via S. Africa**

Sr. Teresa Setta and I did go to England to attend the International Midwifery Congress . . . it was excellent. The special interest sessions were so good it was difficult to choose among them. At the opening ceremony the member countries were announced and their flag was brought up while the band played, etc. Since Lesotho is not a member I stood up with the American flag and felt proud. Will be coming home in 1982 — either July or September. Hope to stop by FNS. Am projecting an internship at Booth Maternity Center for April 1983 — think it should be a good update to help get into American midwifery. We are in our slow season for deliveries — only 54 last month. In September we had 96. This will reach you late, but a very Merry Christmas and a beautiful New Year filled with special blessings and lots of love. It's summer time here and I never quite get used to Christmas in the summer. I think back often in fondness to the two Christmas' I spent at FNS and Wendover — very special. Greetings to all. God bless!

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**Marianne Towler, 155 West River St., A-2,
Wilkes-Barre, PA 18702**

With the temperature standing at 6° below and every possible surface covered with icy networks, I'm thinking fondly of your stories of crocuses pushing up their little heads. **Wendy Wagers** was up this week and we spent one day trying to learn to cross-country ski. We spent as much time prone as upright, but it was fun — enough work to keep warm, and very

pretty out in the woods. Actually am enjoying my job — find it's nice not to be a student. Please say hello to people for me. Certainly do miss friends and the mountains.

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Nancy DeVries, 210 Tillman, Nashville, TN 37206

Am working in Nashville, Vanderbilt in L&D. I go home to Arkansas as often as possible. Will try to come visit FNS someday and bring pictures of my cabin and wood carvings. I keep up with some news from **Candy (Vanderbeek)** — she is still in Seattle doing midwifery. Hi to Dr. Anne, Dr. Gilbert, Molly, Skip and Bernadette and everyone else. Hope all is well.

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Joanne Rizzo, 44 Cranmore Rd., Braintree, MA 02184

I arrived in Mass. in early December after my six months "around the world" adventure — a fabulous time — my only complaint is that it went too quickly. Our final destination was Japan, where we stayed with a Japanese friend of mine — he and his wife were so hospitable. His wife made **Genia (Morse)** and I kimonos as a "welcome gift" and we spent a humerous hour trying to learn how to put them on. Well, it's now back to "reality" again and I'll job hunt after the holidays. If I can be of any help getting the alumnae association off the ground, let me know. Hope all is well with you and the "Hyden crew".

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Lillian Link Levine, P.O. Drawer #83, Evington, VA 24550

Ms. Madelyn, now 17 months, has been a joy to watch grow. One of her favorite tricks is to arouse our dog from a sound sleep while leading us to believe that she is going to do something else. Joe continues his work at the Lynchburg Health Department. We have purchased another piece of land in Evington which overlooks some beautiful hills. We have chosen a stock, contemporary house plan and if all goes well we hope to break ground in March. Since we have six acres, I am working with the Forestry Department to become a tree farmer — if you don't come for a visit soon you may have to hike through a pine forest to find us. My job at the Medical Center ended September 1 due to a loss of our government grant. Three months of talking to physicians, I have given up the search and have taken a job at a nursing home as an RN — what a difficult transition this has been. As I canter down the hall, with my newly purchased nurses cap in place, I keep telling myself . . . 'it's only temporary.' Sending our best wishes for Peace in this New Year.

Martha Groggel, 1929 Beacon, Waban, MA 02168

Jer has done more "keeping up" with the Hyden crew-scattered. He was able to see **Sr. Darlene (Wojtowick)** on his Washington, D.C. trip in November. Did I ever mention that we were able to come home with Gretchen two hours after she was born? The prenatal class was outside the labor room door ready to come and visit us 15 minutes after birth — so we just decided to slip out the back door and get some rest at home. **Michele (Bouche)** came early the next morning to do "A.M. care" (as Molly would put it.) **Frank (Bouche)** helped load our car 12 days later and we were off on the eastward trek. Concerning Boston . . . we had a bit of a culture shock again after the move from New Mexico. But Jer is stimulated by his work and he will be teaching (some) for two years. Midwifery is in my blood and I miss work terribly. Give my love to the crew at FNS.

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**Linda Kilheffer, Khanjunpur Mission, via Jaypurhat,
Bogra District, Bangladesh**

I'm fine and have just had a complete Bengali Christmas. I'm the only American in 40 miles. So what did I have for Christmas dinner but rice and curry. It was nice and hot! Oh, a hint for you — the next time you burn your tongue on a hot pepper try some sugar. It helps. I'm spending most of my time now working on a community health program with the church and community leaders. The idea is that interested communities nearby will choose a person from their own village whom they plan to support. They will send him/her to us for training. We will give training as a basic health care worker. He will learn treatment of very simple illnesses, sanitation, health teaching, nutrition, etc. Then he will be sent back to the village. It's interesting and a new thing for me. But the only answer to the question of "health for all?" in these countries is "health by the people." The doctors are not going to the villages where the majority of the people live, but rather serving the 10% who live in the cities and can afford them. If we can help train some less qualified practitioners who will stay in their villages, then perhaps it will be a drop in the bucket toward health for all.

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**Julie Gorwoda, 625 Dorado Place, SE,
Albuquerque, NM 87123**

Belated thank you for the chilies! Of course I put them to good use. They were too pretty to eat so I strung them in bunches of five for the Christmas tree — a very southwestern flair — called a "ristra." **Sue Barry** spent Thanksgiving with us and we had a great time. She's been accepted at John Hopkins for her master's degree. Karl is happy working in osteopathis ER — real friendly. I delivered #100 in September and am

getting itchy feet to do something else after three years — FNP or hospital CNM. Hope to see you this spring. We're trying to get to the Lexington ACNM Convention.

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Chris Banigan, 1671 E. San Jose, Apt. 139,

Fresno, CA 93710

There hasn't been much news from the clan of 1975 . . . **Sr. Linda (Bouchard)** started medical school this fall — no letters since she started. **Barbara Long** wrote recently and life is quiet yet busy in the villages of Surinam. She expects to be on leave for six months beginning spring of 1983. **Connie Folk** is still in Sacramento putting up with big city bureaucracy. I haven't heard from **Judy Mackie** in ages, but last word she was still in Nogales holding down the reservation. **Lee (Hensel)**, I understand is still in Milwaukee and **Sue (Brezec) Krech** is in Cleveland. **Kathy Barthels** is also in Milwaukee now and going to school, working on that old BSN. I'm a graduate student now and a faculty member and, in my spare time, I'm a research assistant. Give my best to all and, of course, special wishes for Dr. Anne.

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Dianne Lytle, 224 North Fifth St., Eading, PA 19601

Our lives here in Reading are full and busy. It's a great town to live in — small enough to be relatively free of big-city crime, yet big enough to have virtually everything we could want, mostly within walking distance from our downtown apartment. We still live in the huge apartment above the birth center. Two of the bedrooms are now occupied by midwifery students who share the kitchen and living areas, add variety to our lives, and provide some company for Amy when I'm working. There's still lots of room for anyone who wants to come visit us. One of the most satisfying components of our lives this year has been our participation in the Reading Friends Meeting which we joined this spring. Both the worship and the fellowship are very fulfilling. I'm venturing into co-teaching a First Day School class this winter. Now if ladies will only stop having babies on Sunday morning so I can attend we'll be all set! Our holiday wish for each of you — may you be blessed with happiness and find fulfillment in whatever direction your path leads. We'd love to hear from you if you can find time for a note, and again invite you to stop and visit any time. Please give my love to anyone who still remembers me!

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Rayna Yatsko, 9335 NE Schuyler, Portland, OR 97223

Happy Holidays to you and all at FNS. I hope everyone is well and happy. Yesterday a large group of us went to the concert, Handel's

Messiah, which was beautiful. Work is busy although the department is having lots of cut backs.

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**Lynn (Patterson) Smith, 2306-C Shadow Valley Rd.,
High Point, NC 27260**

I'm busy getting ready for Christmas — making stockings, ornaments, presents and maternity clothes. None of my clothes fit now. Tom says I need to wear "sack", as he calls maternity dresses. I must work Christmas, but have 11 days off afterward so that we can take a wonderful trip to the Holy Land and Egypt with a group of friends from church. Boy, are we excited. Wish everyone at FNS a Merry Christmas for me.

STAFF NEWS

**Alice Basch, 1250 Middle Ave., Menlo Park, CA 94025 —
Oncology Project Coordinator**

"I started work evenings, four days a week. It's a lot less hectic and the schedule suits me better, but I'm really not enjoying staff nursing that much. Most of the patients are quite sick . . . no time to talk to anyone, especially the patients . . . Now it's about to rain again. I keep reminding myself how much I dislike snow and being happy even with the rain . . . I'm going to Mexico City first week of March for pleasure. My mother wants me to go with her to Israel in May. We'll see. . . I started a photography class two weeks ago. Next week we start developing . . . say hello to all. I enjoy hearing the news."

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**Maria (Sullivan) Mariscal, Ave., Juarez 77, Mexico 1D.F. —
Ex-staff and Alumna '66**

My husband and I are working in Puebla, Mexico. Moses is a writer — adult Sunday School material. Our son, Moses Andrew, will complete his first year of age, February 16, 1982. He's a big boy — looks just like his daddy. Lord willing, we plan to go to the States — D.C area for Moses to get his master's in the summer of '82.

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**Kathleen I. Gremel, 70 Metcalf Ave. #3,
N. Providence, RI 02911 —
Wolf Creek district nurse '73**

Presently, I am in graduate school at Boston University and living in Providence . . . let me congratulate the FNS on its 100th anniversary.

Throughout my travels and work I continue to meet nurses I worked with and others who worked with the FNS. Clearly FNS and Mary Breckinridge have had an impact on the nursing profession by touching the lives of the many nurses who worked and studied there. I am glad to have had the opportunity.

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**Tom and Kathy Dean, P.O. Box 336,
Wessington Springs, S.C. 57382**

(Too late to include in the last issue)

Dear friends, each Thanksgiving we fondly remember our visits to Wendover for Thanksgiving dinner. We hope you all (had) a joyous celebration.

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**Jan (Tobey) Calos, 9256 Westwood Village,
Houston, TX 77036 —
pediatrics nurse and instructor**

We had a great Christmas in NY with Kevin's family, but were awfully glad to get back in warm, sunny Houston. Certainly haven't missed the snow, cold and bad roads. Give my regards to all.

COURIER NEWS

Marvin Breckinridge Patterson, Washington, D.C.—

"Here we are in Yoyakarta, visiting the Beasleys who send their best. They have shown us interesting monuments, lively markets, and fascinating traditional dances. We are having a fine time."

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**Robert Olivieri, 16 Jayne Avenue,
Melville, NY 11747 ('78)—**

"Reading the *Quarterly* has made me realize what a select fraternity we former male couriers comprise and that it is time we had some representation in this column. After graduating in 1979 from Hobart College, and leaving my beloved Montreal, I settled in Manhattan and undertook graduate studies at Columbia. To support my academic interests I took any odd job I could find. For all you summer of '78 alumns: the image of me driving a cab in the canyons of downtown New York City will surely set your minds reeling. Remember, it was I who set a land endurance record for making the clinic rounds in **eight** hours. To make a long story short, Verna Potter encouraged me to apply to medical schools and wrote a sterling recommendation on my behalf. Last month I was

accepted at Uniformed Services University of the Health Sciences, School of Medicine located in Bethesda, Maryland. I have been assigned to the Navy and will report for officers training early this summer at Newport, RI. In May I will be cycling through the Alps . . . I was glad to hear that all three **Bouches** are well and about **Sr. Yvonne** in the last *Quarterly*. But how are the rest of you? Come on, Marion, Betty, Sabba, Kate, Holly, Gene, Marcy — let's hear from you!"

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**Polly Morrow, c/o S.U., 2247 Williams College,
Williamstown, MA 01267 ('81)—**

"I hope all is well with you. I think of you often and the comfortable eastern Kentucky hills. Thanks so much for the print — it's beautiful. We put it on the mantle of our fireplace. I'm happily settled in western Massachusetts and even have found satisfying work. I'm doing some freelance writing and photography for Berkshire Area Health Education Center. I'll be writing a pamphlet for A.D. and diploma R.N.s who want to go back to school for their B.S.N.s. I'm also being trained as a counselor for family planning. Good stuff. Last night I sang at a coffeehouse here in town. It was a little scary after not having done it for a while. . . I'm glad for my time with FNS! Thanks for all your kindness, good conversations, and support."

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**DeAnne Andrews, 6054 C. Georgetown Rd.,
Indianapolis, IN 46254 ('81)—**

"Besides school, a part-time job in the Special Care Nursery at the Indiana University Hospital has been keeping me busy. I enjoy it a great deal and am learning a lot. My plan right now is to go back to grad school within a year or so after I graduate to get a degree in midwifery, so I've been beginning to look into schools. It's a long way off but the goal helps me put up with some of the 'unenjoyable' moments of nursing school."

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**Melissa (Morris) Charest (Mrs. Richard H.)
Rt. 4, Box 677, Carson Rd., York, S.C. 29745 ('71)—**

"Our angel is Amanda La Brie abandoned as a newborn in Korea and adopted November 20, at eight months of age. I am currently a nursing supervisor and my husband is a nuclear chemist. We own and operate a small farm."

Kathy Lomatoski, 183 Prospect St.,

Cambridge, MA 02139 ('80)—

"I've been thinking about you and about FNS and Kentucky lately. I hope all is well there. Though it has been only a year since I was there, it seems longer. I miss the meals at the Big House and the frost on the trees in the morning. I hope I can come back to visit sometime relatively soon. . . . I am working in Cambridge at Harvard Nursery School/Day Care Center with young children which I love. I need a lot of energy for the job, but I like it. . . it is fun and happy! Cecil Morgan made a beautiful rocking chair for Dan (for his birthday from me) — it is nice to have a piece of the Kentucky I remember so well so close by."

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Ruth Talen, Box 535, Northfield, MN 55057 ('81)—

"Is the Big House all finished with repairs? I fell in love with Kentucky and was inspired by the work of the Frontier Nursing Service — I actually feel privileged to have worked at one of the clinics for the short time I did. It was a great learning experience. The people were wonderful. I hope to come through the area again, possibly very soon as I'm traveling in a month through the south. . . . I'm very grateful for your help in getting me into the clinic work. Thank you again"

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Cindy Asplin, 5036 15th AVE. S.,

Minneapolis, MN 55417 ('81)—

"Right now I'm working at Abbott/Northwestern Hospital in Minneapolis on a general med/surg unit. I enjoy going to work and am liking the Twin Cities more and more. There are some beautiful lakes, creeks, trees, and bike paths near my home, and I love to get out for exercise. I miss the Kentucky/Wendover mountains/hills very much, but need to be happy where I am now or at least until I get back for a visit. There may be a couple of girls applying for courier work again this January from Augustana. I hope you have openings, because it truly was a good, well-spent experience **Molly B(eaver)** is working at the University Hospital in Sioux City, Iowa and **Joan Davis** and **Nancy Kocer** are employed at St. Mary's Hospital in Rochester, Minn. They all seem to be surviving the work world just fine. I hope all is going well. Someday I hope to return to see you and the Big House. Sounds like there's been a lot of activity there!"

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Carolyn Cavalier, 105 Beaver Rd.,

Sewickley, PA 15143 ('81)—

"Hope that all is going well and that you are enjoying the winter. I was really pleased to receive the *FNS Bulletin*, but it made me very sick for

Kentucky! I may have some time in March to come down and visit — it depends on the paramedic course I am taking, and whether I'm finished or not. I'm going through all the 'college panic' — getting my applications done and biding my time."

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**Cornelia Hamilton, M.D., 200 Seven Oaks Rd., Apt. 21A,
Durham, NC 27704 ('67)—**

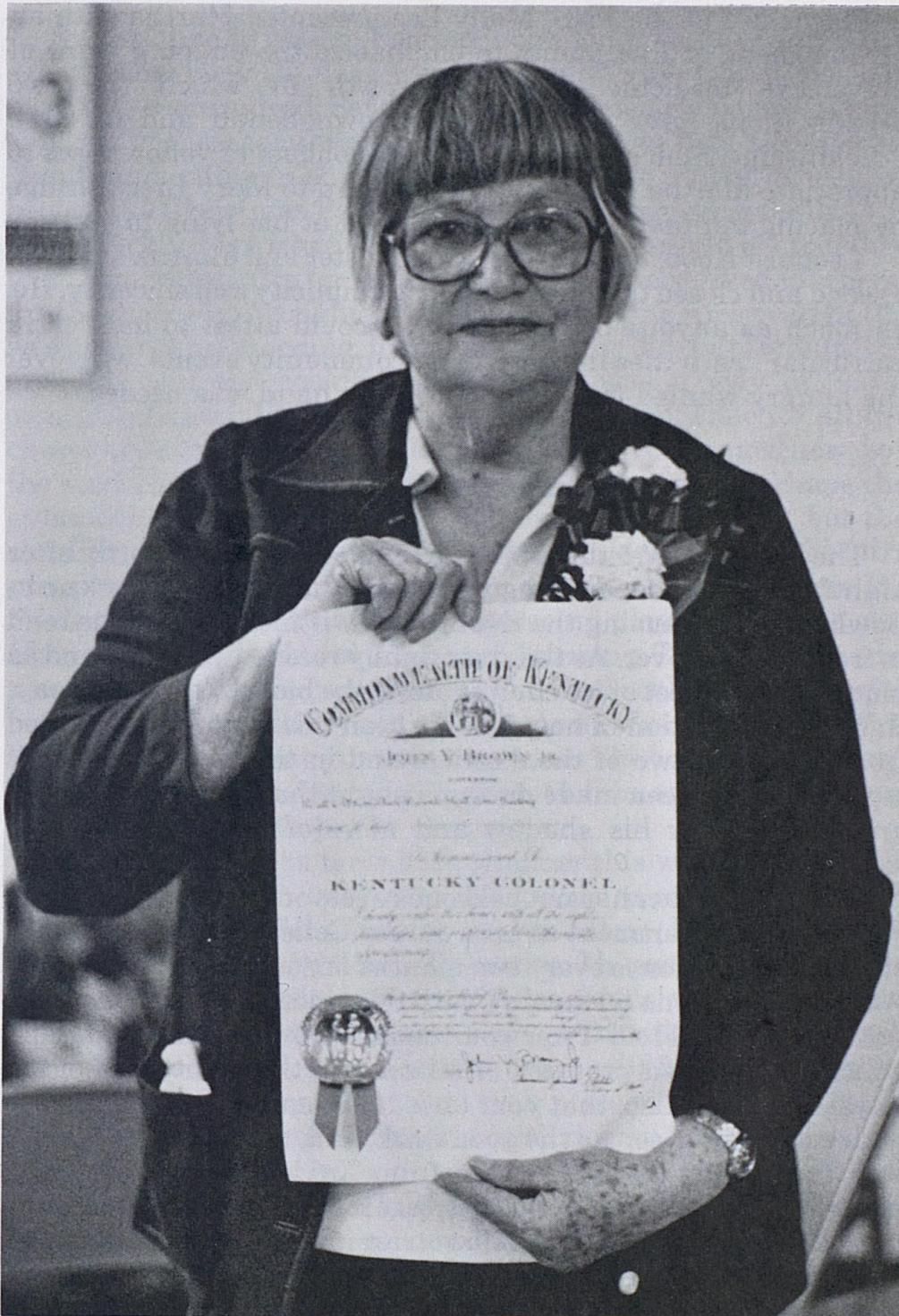
"Undoubtedly you thought I had gotten lost. Not really. I have just moved again. This time to Rochester, NY to do a year of subspecialty training in pathology. Next year I expect yet again to change my address, for I shall be looking for a permanent position. Last year I passed boards, so I don't have that thorn to worry about while I'm job hunting. Just before I moved to Rochester, I bought a horse . . . I am learning dressage which I began a little in Edinburgh. What I know of horse care I learned at Wendover."

"MARTHA BELLE"

by Molly Lee, R.N., C.N.M., M.T.D.

In any profession nobody but the individual and those intimately concerned can know the multitude of great and small services rendered to mankind over the span of 43 years.

Snow and icy roads kept small the number of well-wishers who attended the reception for Martha Cornett at the Nixon Recreation Center in Hyden on December 15, 1981, but as the newspaper report read, "we certainly had quality." The essence of Martha Belle's qualities were reinforced by individual speakers: Dr. Steve Meader, Chairman of the Leslie Co. Board of Health, was Master of Ceremonies; Sen. Gene Huff brought a letter from Governor Brown commending her years of service and bestowing on her the commission of a Kentucky Colonel. Dr. A. S. Holmes, Health Officer of Kentucky River District Health, spoke as her immediate supervisor. Dr. Mary Fox, whose initiation as a new health officer was made under the sheltering wing, and directing beak of Martha Cornett, gave a delightful and colorful account of her experiences in an area which, at that time, still included creek-bed travel. The lessons she learned about persistence and perseverance from the vehicle and steep ascents that Martha drove, was only equalled by the insights into human nature that evolved from caring and sharing, in every sense of the word, in their work together.



Martha Belle Cornett on her retirement from the Leslie Co. Health Dept.

Photo by John Newell

On behalf of the FNS, Molly Lee presented Martha with an arrangement of live plants to emphasize the ongoing work of preventive medicine and the growth in which the two organizations have shared. On her own behalf and for Mrs. Breckinridge, Molly presented a small bouquet of yellow roses to appreciate Martha's last gesture of regard to Mary Breckinridge by placing her favorite rose in her hand at her lying in state.

Leonard Hood, as Presbyterian minister and Martha's pastor, opened and closed the ceremony with simplicity and sincerity. He, as much as anyone present perhaps, could attest to her "extra curricular" activities in church and community events, wherever the hungry wanted feeding or a helping hand was needed.

FIELD NOTES

The ice broke over the low water dam with a crash shortly after nightfall. It had been melting all day and had begun to back up in Bowling Bend, causing the river to rise within inches of the road in front of Wendover. As the river finally receded, it left behind as much as seven feet of ice chunks along the bank. Needless to say, this is an indication of how cold it's been this winter. We suffered frozen pipes in two of the districts and in the Upper Shelf. All repairs having been made during a slight thaw, we are sorry the ground hog saw his shadow and more of the same is to be expected.

The bad weather has not held back everyone: Jack Payne of the Psychology Department at Lees Junior College brings a group of students to FNS once every two months or so. He sent this note to Wendover after his last visit. "With reference to our Developmental Psychology Field Trip, your enthusiasm is contagious and effective. I noticed progress of all sorts in the renovation of the physical plant. Also, that your anecdotal repertoire is expanding with each visit. Keep up the good work, and, for all of us, thanks." Sue Townsend, an FNP intern from Xavier College, Chicago, braved the worst of the January freeze for a week. Like others who have done this before, Sue came on an independent study at full room and board rates, including an agency fee, and spent an intensive week learning all she could about the Service. She went away stuffed with information and ideas and as delighted to have come as we were to have her.

By the time it gets to February one tends to have forgotten exactly how busy the days were before and after Christmas, but busy they were indeed. Several of the districts held parties for the children in their communities, and this year we held a combined (adult and children's) Employee Christmas Party. The idea behind the Christmas Party was generated early on in the days of Mrs. Breckinridge when members of the staff would get together to do something nice for all the employees who worked for them, for the men who brought in coal and stoked the fires even in the wee hours of the morning, for the women who did the cleaning, the laundry, and the cooking. In short, it was a way of doing something special for all those who were responsible for all the chores of daily life. Many of those 'chores' have changed now, but the staff continues this tradition in the same spirit. Perhaps the gymnasium at the Elementary School was a bit large, but the children were enthralled by the *Lexington Children's Theatre* group who brought down a human puppet show of *Winnie the Pooh*. Sharon Ordway of Data Processing played the piano and Mary Weaver helped lead off the carol singing. Turkeys and hams were drawn for at the party as they had been each working day for two weeks prior to the event, and Dr. Anne was presented with a tea set as a Christmas gift from everyone. The best prize was won by a longtime employee of FNS, Juanita Johnson of Accounting, — a full day off with pay!

The Courier ranks have been slimmer this winter than in the past two years with only two brave souls to shoulder the load: Melanie van der Schulenburg of Princeton, New Jersey and Lynne Isaacs of Georgetown, Delaware. Things are picking up a bit this February with help from Alice Ponce of Berwyn, Pennsylvania; Amanda Goodhue and Mary Detwiler of the Purnell School, New Jersey. Amanda and Mary will be here for only a month on their senior project and their places will be filled by two more seniors from the Commonwealth School, Boston: Kristina Mead and Roderick Hsaio. For April and May, spaces are filling up fast so we shall be in full swing again come spring. We are expecting the Afton-Nineveh group again, and two more students from St. Mary's in Ann Arbor.

Thanksgiving and Christmas were highlighted this year by a visit from **Liz Palethorp** who escorted Mrs. Cundle from England. Miss Palethorp came to work on districts in the mid-



Ducks enjoying a break in the ice.

fifties, but shortly thereafter became Hospital Superintendent which she remained for eleven years before returning home to England. It was an especial treat to have her, cheery soul that she is, popping in all the time, filled with encouragement for us and wonderful stories of her time here.

In the past few months, we have seen the return of some old and familiar faces on staff and have lost some favorite ones. Among the latter group are: JoAnne Maggard, Patty Adams, Wayne Goulet, Lucia Osiecki, and Evelyn Wyman, Deborah Boggs, Timothy Wise, Sandra Baker, Sandra Causey, Phillip Howard, Sandra Pugh, and Ray Harmon. New and recently returned staff include Arlene Bowling, CNM, OB, Peggy Wooton, LPN, Med/Surg., Ruth Ann Dome, BSW, Social Services, and Randy Vanover in Purchasing, Lester Rice in Housekeeping, Rosemary Holland as aide/secretary at Beech Fork, Edith Begley in Laundry, Ann Rydin, RN, Med/Surg., and Rose Rokis, FNP Intern at Oneida.

“Coming”

On longer evenings,
Light, chill and yellow,
Bathes the serene
Foreheads of houses.
A thrush sings,
Laurel-surrounded
In the deep bare garden,
Its fresh-peeled voice
Astonishing the brickwork.
It will be spring soon,
It will be spring soon —
And I, whose childhood
Is a forgotten boredom,
Feel like a child
Who comes on a scene
Of adult reconciling,
And can understand nothing
But the unusual laughter,
And starts to be happy.

—Philip Larkin, 1922

“JOINT PRACTICE IN GEORGIA . . .”

The following story appeared in the December 20, 1981 issue of the *Atlanta Journal*: “When Emily Lynch of Dallas, Georgia, felt the labor pains coming early one morning, she didn’t call Dr. Richard Stewart, her obstetrician. Instead she called Margaret Strickhouser, one of four midwives associated with Dr. Stewart’s practice in Douglasville.

“Hiring midwives to take care of routine gynecological examinations and normal obstetrics has freed Dr. Stewart to do what he is especially trained for — taking care of gynecological and obstetrical problems. He leaves the routine work to his staff of midwives, who preside at about 40 deliveries a month.

“As a certified nurse and midwife Strickhouser is qualified to perform prenatal checks and to deliver babies in natural childbirth. While she can perform episiotomies, she cannot use forceps or administer anesthesia. ‘When these become necessary, it’s time to call in the doctor,’ she says.

“Unlike the doctor, who often appears at the hospital just before the mother is about to deliver, the midwife remains with the mother throughout the labor, providing the necessary support for getting through natural childbirth. If there is a last minute problem, a physician is always on call at Douglasville General Hospital and Dr. Stewart is contacted immediately.

“Strickhouser was trained at the Breckinridge, Kentucky, College of Midwifery (they mean us!), one of 17 schools of its kind in the country. Emory University’s School of Nursing has recently instituted a specialty in midwifery in its graduate program. The number of midwives in the Atlanta area is growing. At present, 35 are members of the Atlanta chapter of the American College of Nurse Midwives. Several are practicing at Grady Hospital, and Northside Hospital recently announced that a midwife will be associated with its new birthing center when it is completed.”

ORDER FORM

The following items are available for sale at the Mary Breckinridge Hospital or through a mail order. The proceeds from all the items except *Wide Neighborhoods* and the *Medical Directives* go to the District Craft Fund for continuing education for the district nurses.

- FNS Cookbooks \$ 3.50
- Note Cards of the Big House, Wendover \$ 2.00
(10 to a pkg.)
- T shirts with FNS logo \$ 5.50
- Sweatshirts with FNS logo \$10.50

They are both available in sizes M, L, and X-L.

Prints of Carolyn Williams drawing of the Big House ... \$ 4.00

For all items above, please add \$1.00 per item for postage and handling.

Wide Neighborhoods

- Cloth \$19.50
- Paperback \$ 8.00

Medical Directives \$10.00

For the two items above, please add \$1.25 for postage and handling per item.

Checks or money orders should be made payable to the Frontier Nursing Service. All orders should be sent to:

Office of the Director
 Frontier Nursing Service
 Mary Breckinridge Hospital
 Hyden, KY 41749

Please include your name, address, and zip code.

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C.F.N.P. indicates family nurses who have taken and passed the national certifying examination.

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For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

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The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

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The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

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Gifts of money should be made payable to
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 Office of the Director
 Frontier Nursing Service
 Wendover, Kentucky 41775



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic condition inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
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FOR YOUR PARTICIPATION



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Wendover, Kentucky 41775

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