

FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 49

SUMMER, 1973

NUMBER 1

FORTY-EIGHTH ANNUAL REPORT



US ISSN 0016-2116

FRONTIER NURSING SERVICE QUARTERLY BULLETIN
Published at the end of each Quarter by the Frontier Nursing Service, Inc.
Lexington, Ky.

Subscription Price \$1.00 a Year

Editor's Office. Wendover, Kentucky 41775

VOLUME 49

SUMMER, 1973

NUMBER 1

Second class postage paid at Lexington, Ky. 40507
Send Form 3579 to Frontier Nursing Service, Wendover, Ky. 41775

Copyright, 1973, Frontier Nursing Service, Inc.

CONTENTS

ARTICLE	AUTHOR	PAGE
A Good Clean Life	<i>Ethel Woods Nolan</i>	43
An Impression of FNS	<i>Walter H. Meyer, Jr., M.D.</i>	22
Annual Report		2
Chiquita	<i>Mary Rutherford</i>	34
Continuing Education	<i>Susan Bloch</i>	30
	<i>Rosanna Lenker</i>	29
	<i>Nancy Staheli</i>	29
Field Notes		49
FNS Staff	<i>A Photograph</i>	Inside Back Cover
History of Midwifery, USA	<i>Marion Strachan</i>	23
Old Courier News		31
Old Staff News		37

BRIEF BITS

A Challenge		21
A Little Boy . . .	<i>Modern Maturity</i>	54
And The Band Played On . . .	<i>The Colonial Crier</i>	48
A Newspaperman . . .	<i>Modern Maturity</i>	28
Ask A Silly Question	<i>The Countryman</i>	33
Hot Cure	<i>The Countryman</i>	36
Pygmy Glider	<i>The Countryman</i>	28
The Instant . . .	<i>Modern Maturity</i>	42
There's Only One Trouble . . .	<i>Modern Maturity</i>	30
White Elephant		55

FORTY-EIGHTH ANNUAL REPORT
of the
FRONTIER NURSING SERVICE, Incorporated
for the Fiscal Year
May 1, 1972 to April 30, 1973

PREFACE

As has been our custom since we were one year old, we present our annual report of the fiscal affairs and of the field of operations of the Frontier Nursing Service, Incorporated.

Since the early years of the Service, the Summer issue of the Quarterly Bulletin has contained the annual report. This year, due to a detailed examination of our financial records—in some areas back to 1925—by newly appointed auditors, their audit report was far behind schedule and not ready for the early September publication date when most of the copy for this Bulletin was in the hands of the printer. However, since our readers have come to expect this report in the Summer Bulletin, we felt it was better to delay publication of the Bulletin, rather than print the audit in a subsequent issue.

Because this issue of the Bulletin will not reach our readers until sometime in November, the Autumn issue, which traditionally gets in the mails before Christmas, will be combined, this year, with the Winter 1974 issue. Thus, volume 49 will contain three issues instead of four.

I.

FISCAL REPORT

The figures that follow are taken from the Balance Sheet, the Exhibits and Schedules of the Audit for the fiscal year which ended April 30, 1973.

AUDITED FINANCIAL STATEMENTS
FRONTIER NURSING SERVICE, INC.

April 30, 1973

ACCOUNTANTS' DISCLAIMER OF OPINION

Board of Governors
Frontier Nursing Service, Inc.
Wendover, Kentucky

We were engaged to examine the balance sheet of Frontier Nursing Service, Inc. as of April 30, 1973, and the related statements of revenues and expenses, changes in fund balance, and changes in financial position for the year then ended. Because of the lack of an effective system of internal control and other matters as set forth in the following paragraphs, we were not able to make an examination in accordance with generally accepted auditing standards and at your request we did not extend our audit procedures to an extent that would enable us to satisfy ourselves as to the fairness of presentation of the financial statements.

Our review of the system of internal control relating to charges to patients for services, accounts receivable, and collection procedures indicated that these systems were inadequate or not functioning properly. We were not able to determine that all patient services were billed and that the net balance of patient accounts receivable at April 30, 1973, reflect the net realizable amount therefor. Adequate information was not maintained in the accounting records to determine that amounts receivable or payable under the Medicare, Medicaid, and other third party cost reimbursement programs at April 30, 1973, are properly stated and that Frontier Nursing Service, Inc. is in compliance with the Economic Stabilization Program, as explained in Note B to the financial statements.

As described in Note A, no determination has been made of the unexpended balance of Board-designated funds which may be restricted for construction of a hospital, other capital purposes, and specific operating purposes. We were not able to determine whether any portion of the Board-designated funds at April 30, 1973, should be classified under restricted funds.

Because of the matters set forth in the preceding paragraphs, we are unable to express any opinion on the accompanying balance sheet of Frontier Nursing Service, Inc. as of April 30, 1973, or on the related statements of revenues and expenses, changes in fund balance, and changes in financial position for the year then ended.

Ernst & Ernst

Lexington, Kentucky
August 3, 1973

BALANCE
FRONTIER NURSING
April 30,

UNRESTRICTED FUNDS

Current assets:

Cash and certificate of deposit (\$5,000).....	\$	47,223
Accounts receivable:		
Patients, less allowance of \$265,500.....	\$	150,941
Medicare—Medicaid programs—Note B.....		153,809
Other.....		11,266
		316,016
Inventories.....		48,819
Prepaid expenses.....		6,972
		419,030

TOTAL CURRENT ASSETS **419,030**

Property and Equipment—at cost—Notes A and C

Land.....	86,658	
Buildings.....	524,498	
Equipment.....	331,755	
Construction in progress—Note C.....	1,257,000	
	2,199,911	
Less allowance for depreciation.....	568,161	1,631,750

Board-designated funds—Notes A and E

Consolidated Investment Fund:

Cash.....	20,838	
Investments.....	2,107,570	2,128,408

Mary Breckinridge Hospital and Development Fund—
Note C

Cash.....	12,127	
Investments.....	2,144,645	2,156,772

\$6,335,960

RESTRICTED FUNDS

Endowment funds—Notes A and E

Cash.....	\$	697
Investments.....		408,494
		\$ 409,191

Specific purpose fund:

Cash.....	\$	174
Investments.....		4,968
		\$ 5,142

ANCE
RSING
ril 30,

SHEET
SERVICE, INC.
1973

UNRESTRICTED FUNDS

Current liabilities:

Accounts payable.....	\$ 39,854
Accrued salaries, wages, and payroll taxes.....	34,649
Retainage on construction contract.....	97,042
Retirement plan accrual—Note D.....	19,872
Accrued vacation expense.....	30,695
Other current liabilities.....	36,924

TOTAL CURRENT LIABILITIES 259,036

Fund balance..... 6,076,924

Commitments—Note C

\$6,335,960

RESTRICTED FUNDS

Fund balance..... \$ 409,191

Fund balance..... \$ 5,142

See accountants' disclaimer of opinion and notes to financial statements.

STATEMENT OF CHANGES IN FUND BALANCES

FRONTIER NURSING SERVICE, INC.

Year ended April 30, 1973

	Reserve	Surplus	Unrestricted Fund	Endowment Funds	Specific Purpose Fund
Balances at May 1, 1972 as previously reported.....	\$6,382,139	\$403,689	\$ -0-	\$ -0-	\$ -0-
Restatement of prior year (deduction):					
Reclassification of Board-designated and donor-restricted assets.....	(6,091,407)	(403,689)	6,086,022	404,233	4,841
Adjustment to record accumulated depreciation on buildings prior to April 30, 1972, not previously recorded.....			(360,717)		
Elimination of funds not controlled by Frontier Nursing Service, Inc. (income beneficiary only).....	(290,732)				
Unrecorded cost-based settle- ments from the Kentucky Medical Assistance Program.....			100,993		
Accrued vacation at April 30, 1972			(25,128)		
Other.....			(23,245)		
BALANCES AT MAY 1, 1972, AS RESTATED	\$ -0-	\$ -0-	5,777,925	404,233	4,841
Excess of expenses over revenues for the year ended April 30, 1973 (deduction).....			(10,026)		
Government agencies participation in construction project.....			295,623		
Restricted contributions used for purchase of equipment.....			13,402		
Investment gains.....				4,958	301
BALANCES AT APRIL 30, 1973			\$6,076,924	\$409,191	\$5,142

See accountants' disclaimer of opinion and notes to financial statements.

STATEMENT OF REVENUES AND EXPENSES

FRONTIER NURSING SERVICE, INC.

Year ended April 30, 1973

Patient service revenue:		
Hospital—inpatient.....		\$ 295,312
Hospital—outpatient.....		171,513
Outposts.....		155,431
Home health.....		198,781
		821,037
Less discounts, charity, bad debts and contractual allowances—net.....		399,551
		421,486
Other operating revenue:		
Endowment income (14,434) and donations and grants for specific operating purposes.....	\$114,266	
Drug sales, board, and other operating revenue.....	154,205	268,471
		689,957
TOTAL OPERATING REVENUE		
Operating expenses:		
Hospital.....	797,962	
General and administrative.....	265,600	
Clinic and home health.....	208,271	
School of Midwifery.....	112,191	
Depreciation.....	52,242	1,436,266
		746,309
LOSS FROM OPERATIONS		
Nonoperating revenue:		
Unrestricted gifts and bequests.....	366,609	
Unrestricted income from endowment funds.....	15,334	
Income and gains from Board-designated funds.....	354,340	736,283
		736,283
EXCESS OF EXPENSES OVER REVENUES		\$ 10,026

See accountants' disclaimer of opinion and notes to financial statements.

STATEMENT OF CHANGES IN FINANCIAL POSITION

FRONTIER NURSING SERVICE, INC.

For the year ended April 30, 1973

SOURCES OF FUNDS:

Loss from operations.....		\$(746,309)
Provision for depreciation (which did not require funds).....		52,242
	Funds required for operations	(694,067)
Nonoperating revenue.....		736,283
	Funds derived from operations and nonoperating revenues	42,216
Government agencies' participation in construction projects.....		295,623
Decrease in Board-designated funds—Mary Breckinridge Hospital and Development Fund.....		440,236
Contributions restricted for purchase of equipment.....		13,402
	TOTAL SOURCES	791,477

FUNDS USED

Purchase of property and equipment.....	911,007
Increase in Board-designated funds—Consolidated Investment Fund.....	38,355
	TOTAL FUNDS USED
	949,362

DECREASE IN WORKING CAPITAL \$ 157,885

CHANGES IN COMPONENTS OF WORKING CAPITAL

Increase (decrease) in current assets:

Cash.....	\$ 13,397
Accounts receivable.....	(12,687)
Inventories.....	3,580
Prepaid expenses.....	2,348
	<u>6,638</u>

Less increase (decrease) in current liabilities:

Accounts payable.....	10,199
Accrued salaries and payroll taxes.....	18,697
Retainage on construction contracts.....	97,042
Retirement plan accrual.....	11,501
Accrued vacation payable.....	5,567
Other current liabilities.....	21,517
	<u>164,523</u>

DECREASE IN WORKING CAPITAL \$ 157,885

See accountants' disclaimer of opinion and notes to financial statements.

NOTES TO FINANCIAL STATEMENTS**FRONTIER NURSING SERVICE, INC.****April 30, 1973****NOTE A—SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

The accounting principles which materially affect the determination of financial position or result of operations are summarized below.

Patient Service Revenues

Patient service revenues are reported on an accrual basis in the period in which services are provided, at established rates regardless of whether collection in full is expected. Discounts, charity allowances, contractual allowances, and the provision for uncollectible accounts are reported as deductions from patient service revenue.

Medicare and Other Cost-Based Reimbursement Activities

Operating revenue includes amounts estimated by management to be reimbursable by Medicare, Medicaid, and other cost-based programs under the provisions of cost reimbursement formulas in effect.

Final determination of amounts to be received is subject to review by program representatives. The difference in any year between a final determination and the amount previously estimated is reported as an adjustment of contractual allowances.

Board-Designated Funds

Donations, grants and bequests received for constructing and equipping a new hospital at Hyden, Kentucky and for certain operating purposes incident thereto are accumulated in the Mary Breckinridge Hospital and Development Fund. Donations and bequests and income from investments of this Fund are considered by the Board of Governors to be available for general purposes. Accordingly, such amounts are credited to nonoperating revenue when received or earned. Federal construction grants are included in the fund but are credited to the fund balances when received since such funds are restricted for construction. The Fund is used as required for capital expenditures or operating purposes.

Donations and bequests received for specific operating and general purposes are accumulated in the Consolidated Investment Fund. These funds have been commingled and no determination has been made of the unexpended balances which may be restricted for specific operating purposes. Donations and bequests are credited to nonoperating revenue when received. Income from the fund is credited to nonoperating revenue when earned.

Restricted Funds

Endowment funds represent funds which cannot be expended but the income from which is available for operating purposes. Such funds are classified as restricted funds and income therefrom is credited to revenue when earned in accordance with donors' instructions. The Corporation is also income beneficiary of certain trust funds (aggregate market value at April 30, 1973—approximately \$380,000) which are not adminis-

tered or controlled by the Corporation. Accordingly, such funds are not reflected in the balance sheet at April 30, 1973.

The specific purpose fund which is restricted by the donor for certain purposes is classified as restricted funds and when the specific purpose is satisfied, reported as a transfer from restricted funds.

Donated Services

The estimated value of services donated through volunteer work is not recorded in the accounts of Frontier Nursing Service, Inc.

Property and Equipment

Property and equipment is stated at cost, or fair market value at date of donation for certain items donated. Depreciation has been computed on the straight-line method over the estimated useful lives generally as follows:

Buildings	—	10 to 50 years
Equipment	—	5 to 15 years
Vehicles	—	4 years

NOTE B—MEDICARE, MEDICAID, AND ECONOMIC STABILIZATION PROGRAMS

Frontier Nursing Service, Inc. participates in the Medicare and Medicaid Programs and is reimbursed on the basis of reasonable cost as determined from annual cost reports submitted. Adequate information has not been maintained in the accounting records to determine that accounts receivable or payable under the Medicare and Medicaid cost reimbursement programs are properly stated; however, estimated amounts reimbursable by the Programs through April 30, 1973 have been recorded. The Programs' administrative procedures preclude determination of amounts reimbursable until after cost reports are audited or otherwise reviewed and settled upon. Audits of the cost reports have been completed and settled through the year ended April 30, 1970.

The cost reports for the year ended April 30, 1971, have been audited by representatives of the respective agencies; however, final settlement has not yet been made. Cost reports filed for the years ended April 30, 1972 and 1973, are subject to audit and final settlement. Amounts reimbursable under Medicare and Medicaid Programs are considered as prices under regulations of the Economic Stabilization Program as explained in the following paragraph.

The Economic Stabilization Program imposes limits on (1) price increases, (2) increases in costs which may be used to justify price increases, and (3) profit margins. In order to determine compliance with the Economic Stabilization Program, the Corporation must file certain reports. The amounts, if any, which Frontier Nursing Service, Inc., is in excess of such limitations cannot reasonably be determined because of the lack of certain statistical and accounting data which are necessary to segregate and allocate costs in the preparation of the reports. Further, amounts receivable from Medicare and Medicaid are also subject to certain limitations of the Economic Stabilization Program. If it is determined that such limits have been exceeded, the Corporation will be required to obtain an exception from the agencies of the Economic Stabilization Program, or refund amounts received in excess of the price and profit margin limitations.

On May 11, 1973, Frontier Nursing Service, Inc. was terminated as a provider of services under the federal Medicare and state Medicaid programs. The termination was a result of inadequate safety precautions under Medicare regulations at the Hyden Hospital. Management is currently appealing this decision to federal authorities and is of

the opinion that Frontier Nursing Service, Inc. will be reinstated as a provider of Medicare services.

NOTE C—CONSTRUCTION IN PROGRESS

At April 30, 1973, approximately \$1,741,000 was required to complete the construction of a 40 bed hospital at Hyden, Kentucky. Of this amount, approximately \$950,000 is being provided from a federal grant with the remainder to be paid from the Mary Breckinridge Hospital and Development Fund.

NOTE D—RETIREMENT PLAN

Frontier Nursing Service has a retirement plan for regular full time employees with three years of continuous service who are twenty-five years of age or more. The Corporation's policy is to fund pension costs accrued. Total retirement plan expense for the year ended April 30, 1973, was approximately \$11,500 which includes amortization of prior service costs over a period of 15 years.

At April 30, 1973, unfunded accrued retirement costs amounted to approximately \$20,000 which has been included in current liabilities in the accompanying balance sheet.

The actuarially computed value of vested benefits as of July 1, 1972 (date of last actuarial valuation report), exceeded the total of the pension fund and balance sheet accruals by approximately \$42,000.

NOTE E—INVESTMENTS

Investments are stated in the financial statements at cost and are not adjusted for amortization of premiums and accretion of discounts. Investment income is accounted for on the cash basis. Cost and approximate market values at April 30, 1973, are summarized as follows:

	Cost	Approximate Market
Board-designated funds:		
Consolidated Investment Fund:		
United States Government obligations.....	\$ 73,755	\$ 72,600
Corporate bonds.....	799,786	788,000
Common stocks.....	1,079,386	2,499,000
Other.....	154,643	162,000
	<u>\$2,107,570</u>	<u>\$3,521,600</u>
Mary Breckinridge Hospital and Development Fund:		
United States Government obligations.....	<u>\$2,144,645</u>	<u>\$2,152,000</u>
Endowment funds:		
Corporate bonds.....	\$ 85,028	\$ 71,600
Common stocks.....	94,657	122,600
Investments in common trust funds.....	228,809	228,800
	<u>\$ 408,494</u>	<u>\$ 423,000</u>
Specific purpose fund:		
Common stock.....	\$ 3,791	\$ 5,700
Investments in common trust funds.....	1,177	1,200
	<u>\$ 4,968</u>	<u>\$ 6,900</u>

FRONTIER NURSING SERVICE, INC.
STATEMENT OF CONTRIBUTIONS HELD IN TRUST
April 30, 1973 with Comparative Figures for 1972

	April 30, 1972	Additions During Year	April 30, 1973
Marion E. Taylor Memorial.....	\$ 10,000	\$	\$ 10,000
Fanny Norris Fund.....	10,000		10,000
Marie L. Willard Legacy.....	3,127		3,127
Mrs. Charles H. Moorman Fund.....	1,100		1,100
Lillian F. Eisaman Legacy.....	5,000		5,000
Lt. John M. Atherton Memorial.....	1,000		1,000
Mrs. Morris B. Belknap Fund.....	26,375		26,375
Elisabeth Ireland Fund.....	22,458		22,458
Elizabeth Agnes Alexander Legacy.....	5,000		5,000
Richard D. McMahon Legacy.....	943		943
Mrs. W. Rodes Shackelford in Memory of Her Two Children.....	15,000		15,000
Hattie M. Strong Memorial.....	10,000		10,000
Beulah Bruce Brennan Memorial.....	2,000		2,000
Anna R. Gooch Memorial.....	16,625		16,625
Jeannie B. Trull Legacy.....	33,253		33,253
Frances Kendall Ross Legacy.....	17,100		17,100
Elizabeth Sherman Lindsay Memorial.....	5,000		5,000
Helen N. and Beatrice A. Wilson Fund.....	10,000		10,000
Sophia Cogswell Stiger Memorial.....	23,401		23,401
Dr. Charles N. Kavanaugh Memorial.....	1,000		1,000
Margaret C. Breckinridge Legacy.....	3,000		3,000
Mary Hallock Armstrong Legacy.....	2,000		2,000
Winifred Irene Leckie Memorial.....	1,000		1,000
Lena G. Anderson Legacy.....	7,223		7,223
Lisette Hast Legacy.....	10,944		10,944
Edward S. Jouett Legacy.....	1,000		1,000
Herman Bowmar Fund.....	1,000		1,000
Mrs. Henry James Legacy.....	5,000		5,000
Jean Hollins Memorial Fund.....	5,286		5,286
Anne Steele Wilson Memorial.....	2,938	55	2,993
Mary Churchill Humphrey Fund.....	1,001		1,001
Mrs. Bissell Carey Legacy.....	5,000		5,000
Dr. John M. Bergland Memorial.....	1,000		1,000
Edward C. Wilson Legacy.....	49,250		49,250
Ann Allen Danson Fund.....	3,432		3,432
Helen Rochester Rogers Legacy.....	5,000		5,000
Virginia Branham Memorial.....	14,004	1,070	15,074
Mrs. Herman F. Stone Fund.....	2,000		2,000
Annie Wallingford Anderson Memorial.....	5,100		5,100
Mrs. Edna C. Lapham Fund.....	15,250		15,250
Edith M. Douglas Legacy.....	10,000		10,000
Adeline Shaw Martindale Legacy.....	82,718		82,718
Flora G. Fletcher Legacy.....	39,753		39,753
Fannie B. McIlvain Memorial.....	3,015		3,015
Catharine Mellick Gilpin and Roger D. Mellick Memorial.....	5,296		5,296
William Nelson Fant, Jr. Memorial.....	78,350		78,350
Lucie Wilshire Graham Memorial.....	14,287	2,734	17,021
Mrs. Abigail Hodges Trust.....	1,000		1,000
Anna Marshall Miller.....	42,300		42,300
Elizabeth B. Perkins Legacy.....	152,972		152,972

FRONTIER NURSING SERVICE, INC.
STATEMENT OF CONTRIBUTIONS HELD IN TRUST
April 30, 1973 with Comparative Figures for 1972

	April 30, 1972	Additions During Year	April 30, 1973
Eliza Davitt Hartley Legacy.....	150,000		150,000
Cordie M. Williams Legacy.....	458,254		458,254
Margaret H. T. Hunt for			
Caroline H. P. Thornton Memorial.....	1,000		1,000
Anonymous (Bankers Trust Co., N. Y., Trustee).....	137,496		137,496
Elizabeth Canby Bradford duPont Memorial.....	40,000		40,000
Louie A. Hall Legacy in Memory of			
Sophronia Brooks.....	26,834		26,834
Marion S. D. Belknap.....	175,000		175,000
Elizabeth M. Anderson Memorial.....	4,839		4,839
Margaret Norton Davidson Legacy.....	10,000		10,000
Louise Clark Whitaker Memorial.....		2,654	2,654
Norah Oliver Shoemaker Memorial Baby's Crib.....	5,000		5,000
Children's Christmas Fund in Memory of			
Barbara Brown.....	1,000		1,000
Donald R. McLennan Memorial Bed.....	12,750		12,750
Margaret A. Pettit Legacy.....	1,954		1,954
Jane Short Atwood Legacy.....	7,500		7,500
Mrs. John W. Price, Jr. Fund.....	10,800		10,800
Winfield Baird Foundation.....	105,000		105,000
Mrs. Henry Shipman Legacy.....	24,398		24,398
Wilson Neel Memorial Baby's Crib.....	962	500	1,462
Jessie Preston Draper Memorial No. 1.....	15,000		15,000
Jessie Preston Draper Memorial No. 2.....	185,000		185,000
Joan Glancy Memorial Baby's Crib.....	5,000		5,000
Isabella George Jeffcott Memorial.....	2,500		2,500
Belle Barrett Hughitt Memorial.....	17,000		17,000
Eliza Thackara Memorial.....	4,222		4,222
Bettie Starks Rodes Memorial Baby's Crib,			
John Price Starks Memorial Baby's Crib.....	10,000		10,000
Mary Ballard Morton Memorial Wing.....	85,251		85,251
Mrs. Louise D. Crane.....	4,000		4,000
Mrs. Frederic Moseley Sackett.....	10,000		10,000
Mrs. Eliza A. Browne.....	16,000		16,000
Winfield Baird Fund.....	550		550
Lillie McGinness.....	4,797		4,797
Harriet H. Grier.....	5,000		5,000
Maurice S. Miller.....	5,000		5,000
Leila A. Morgan.....	5,000		5,000
Eliza Davids.....	6,000		6,000
Bertha G. Wood.....	13,029		13,029
Doris A. Farrington.....	4,920		4,920
Mrs. E. A. Codman.....	2,000		2,000
Mrs. Irving E. Raymond.....	4,000		4,000
Mrs. George M. ToeWater.....	12,418		12,418
Mrs. Oswald Villard.....	1,000		1,000
Leila M. Weeks.....	2,469		2,469
Frances Margaret Bradford.....	5,000		5,000
William E. Brigham.....	10,000		10,000
Mrs. Polk Laffoon.....	1,000		1,000
Mrs. W. Garland Fay.....	1,000		1,000
Mrs. Louise W. Breckinridge.....	2,000		2,000

FRONTIER NURSING SERVICE, INC.
STATEMENT OF CONTRIBUTIONS HELD IN TRUST
April 30, 1973 with Comparative Figures for 1972

	April 30, 1972	Additions During Year	April 30, 1973
Elizabeth R. Hooker.....	5,000		5,000
Mable H. Dwiggin.....	5,000		5,000
Margaret McLennan Morse.....	5,000		5,000
George B. McLaughlin.....	2,500		2,500
May Kirtland.....	5,000		5,000
Rosamond B. Rheault.....	5,000		5,000
Mrs. Harriett D. Cummings.....	1,000		1,000
Annette VanBezey.....	1,000		1,000
Elsie Foerderer.....	2,000		2,000
Ernestine M. McPherson.....	9,270		9,270
Frances K. M. Bowdoin.....	5,000		5,000
Edna Patten Jennings.....	27,500	106,385	133,885
Franklin Bruce McKillip.....	7,398		7,398
Katherine B. Tower.....	1,000		1,000
Betsey Wale Adams.....	10,000		10,000
Mildred Horberg.....	1,871		1,871
Walter G. Ross.....	25,000		25,000
T. S. Powell.....	2,390		2,390
Edith D. Wright.....	1,000		1,000
Peter R. Ehrlich.....	694		694
Mary G. Lansdale.....		2,000	2,000
Margaret S. Bigler.....		1,500	1,500
Mrs. Betty Errett Estate.....		1,000	1,000
Charles H. and Donald R. McLennan Memorial.....		11,649	11,649
Jean S. Ramsay Estate.....		5,000	5,000
TOTAL CONTRIBUTIONS HELD IN TRUST:.....	\$2,523,067	\$134,547	\$2,657,614

**FRONTIER NURSING SERVICE, INC.
STATEMENT OF DONATIONS AND SUBSCRIPTIONS PAID**

May 1, 1972 to April 30, 1973

SUMMARY

	Contributions	Benefits and Bargain Box	Total
Baltimore Committee.....	\$ 760.00	\$	\$ 760.00
Boston Committee.....	11,500.20	8,000.00	19,500.20
Chicago Committee.....	6,484.40		6,484.40
Cincinnati Committee.....	6,327.10		6,327.10
Cleveland Committee.....	48,425.79		48,425.79
*Daughters of Colonial Wars.....	3,113.10		3,113.10
Detroit Committee.....	15,879.60		15,879.60
Hartford Committee.....	3,141.85		3,141.85
**Kentucky:			
Blue Grass Committee.....	7,411.47		7,411.47
Louisville Committee.....	10,881.73		10,881.73
Miscellaneous State.....	8,713.85		8,713.85
Minneapolis Committee.....	1,335.00		1,335.00
New York Committee.....	42,422.95	1,120.60	43,543.55
Philadelphia Committee.....	13,320.86	7,379.40	20,700.26
Pittsburgh Committee.....	44,695.31		44,695.31
Princeton Committee.....	875.00		875.00
Providence Committee.....	611.00		611.00
Rochester Committee.....	1,937.15		1,937.15
Washington, D. C. Committee.....	22,086.62		22,086.62
Miscellaneous.....	24,548.32		24,548.32
Sub-Totals.....	\$274,471.30	\$16,500.00	\$290,971.30
Less Transfer to Endowments.....	2,859.12		2,859.12
TOTALS.....	\$271,612.18	\$16,500.00	\$288,112.18
*Donations from various state chapters.			
**Total for Kentucky:.....	\$ 27,007.05		\$ 27,007.05

II

REPORT OF OPERATIONS

The data in this section are supplied by the record departments of the Frontier Nursing Service at Hyden and Wendover, and by records kept on guests and volunteer workers.

1.

INTRODUCTION

During the fiscal year the Medical Staff experienced both famine and feast. Dr. W. B. Rogers Beasley left us in June to take a position at Downstate University in Brooklyn. Then came the famine period. Dr. Anne Wasson and Dr. Thomas Howald carried the heavy medical load during the summer and fall. They were grateful for the help of senior medical students from the University of Cincinnati and Boston University. Dr. J. Huston Westover joined the staff as Medical Director in December, and his wisdom and foresight, coupled with his administrative ability, is of great value to us. In early January the Medical Staff increased to four when Dr. Fidelia Gilbert arrived at Hyden to work with the nurse-midwives in the clinical services and in the educational program. As we closed the fiscal year at the end of April we looked forward to the arrival of a pediatrician to join the staff in July. Then we will have a feast!

We were most grateful for volunteer services during the busy winter months given us by Dr. Ray Zickl of Cambridge, Massachusetts, and Dr. Walter Meyer, a pediatric intern from the University of Arizona. Pediatric specialists from the University of Cincinnati and the University of Kentucky have come to Hyden at regular intervals to lecture to the students and staff and to see small patients referred to them by our pediatric nurse. Dr. David Stevens has continued to hold his monthly orthopedic clinics at Hyden. Faculty members from the College of Medicine at the University of Kentucky, under the leadership of Dr. Thomas Nuzum, have continued to deliver a weekly lecture to the students in the School of Midwifery and Family Nursing. Dr. David Loeff, a pediatric psychiatrist, has come to Hyden for case discussions with our district nurses. Miss Ruth Spurrier and Mrs. Jean Nuzum have continued to give their services in the field of public health nursing and social service.

Our gratitude goes to each one who has given his services during the year, and we hope we have given some benefits in return.

2.

HYDEN HOSPITAL

Hyden Hospital—licensed to operate 16 beds—with 12 bassinets and two incubators, was occupied 7,054 days last year by 1,697 patients of which 241 were newborn. There was a daily average of 19.3 patients, including newborns, and the average stay per patient was 4.1 days. There were 21 deaths in the Hospital of which 3 were newborn. There was no maternal death. There were 213 operations performed. Consultations were obtained on 269 inpatients, 77 inpatients were transferred to other hospitals for specialist care and 475 patients were referred to the district nurses for follow-up care at home.

3.

DISTRICT NURSING

In the 12 districts operated by the Service from the Hospital, Wendover, and five outpost centers, we attended 11,052 persons in 3,120 families. Of these, 4,339 were children and babies. The district nurses paid 18,075 and received 16,513 visits at their nursing centers and special clinics. Health education for the families has continued to be an important aspect of district nursing.

4.

MIDWIFERY

Registered Cases

The nurse-midwives, and the midwifery students of the Frontier School of Midwifery and Family Nursing (under the supervision of their instructors) attended 237 women in childbirth and gave them full prenatal and postpartum care. Of these 237 women, 15 were delivered by a physician. There were 227 live births; 4 deliveries of twins; 232 new cases admitted; 215 closed after postpartum care; 11 miscarriages; 3 stillbirths. There was no maternal death.

Emergency Cases—Unregistered

In addition to those regular registered maternity cases, the physicians and the nurse-midwives were called in for 18 emergency deliveries, where the mother had not been registered or

given prenatal care, which resulted in 5 live births and 13 emergency miscarriages (10 early, 2 late, 1 missed). There was no maternal death.

Outside-Area Cases

There were 50 women from outside our area who were carried for prenatal care. Of these 16 were closed before delivery. Most of our outside-area patients move into one of the districts or to Hyden Hospital for delivery. In that case they are transferred to the regular midwifery service.

5.

FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING

At the close of the 48th fiscal year, 22 registered nurse students were enrolled in the three trimesters of the Frontier School of Midwifery and Family Nursing. During the year 11 students, 3 of whom were already nurse-midwives, completed Family Nursing I; 3 completed Family Nursing I and II; 13 students completed all three trimesters leading to a certificate in nurse-midwifery; 1 student completed trimesters I, II and IV to be certified as a Community Family Nurse; and 1 student completed all four trimesters to qualify as a Community Family Nurse-Midwife. In its educational program for nurse-midwives, the FNS has graduated 413 students since the School was begun in 1939.

We are deeply grateful for the hours of time given by all the health professionals from beyond the mountains who have shared their knowledge and experiences with the students in lectures, seminars and clinics.

6.

SOCIAL SERVICE DEPARTMENT

During the fiscal year 627 social service visits, representing actual patient contacts, were made. In addition, frequent and numerous consultations were conducted on behalf of patients.

The social worker functions in at least four roles: (1) acts as a counselor to those needing support to cope with problems; (2) helps locate and refer patients to the resources which may solve the problem; (3) serves as the liaison between the patient and the resource; and (4) offers direct aid on a limited basis when other means are not available through the state and fed-

eral agencies. Counseling relationships were developed with many patients during the year. The Social Service Department continued to maintain contacts with various local and regional service agencies, among them the Mental Health Clinic, the Department of Child Welfare, the Department of Economic Security, the Kentucky Commission for Handicapped Children, the Kentucky School for the Blind, the University of Kentucky Medical Center and the Children's Hospital in Cincinnati. Social Service arranged for the distribution of used clothing and, with the Courier Service, provided transportation for patients both in and outside of the county. Patients were asked to help meet the costs of transportation and to pay a nominal sum for the clothing, just as they were asked to help meet the cost of their medical and nursing care.

In addition to service to patients, the social worker was available for consultation with the medical and nursing staff on individual patient problems and helped the staff gain a working knowledge of the other resources in the area.

7.

VOLUNTEER WORKERS

Dozens of volunteers, including couriers, physicians, nurses and secretaries, gave thousands of hours of work during the year. They have been of immeasurable help to the medical and nursing staff and in the administrative offices.

8.

GUESTS FOR OBSERVATION AND STUDY

As in other years, the Service entertained guests, for observation and study of its work, from all over the world. During the past two decades, the Service has entertained hundreds of guests from some 60 countries from all six continents. The wide-spread interest being shown in the Family Nurse program has continued to bring us professional guests from other parts of the United States.

9.

CHRISTMAS

The Frontier Nursing Service held Christmas parties at many different places for the more than 5,000 children under its care, with Santa Claus, Christmas trees and carols. All of

this was made possible by the generous response of hundreds of people to our annual request card for the Children's Christmas.

III.

FORTY-EIGHT YEAR TOTAL

It will be of interest to our readers to see a few totals covering the whole forty-eight year period of work.

Patients registered from the beginning.....	63,859
Children (including babies under 1 year).....	38,455
Adults.....	25,404
Maternity cases (reg.) delivered.....	16,849
Maternal Deaths, 11 (9 puerperal, 2 cardiac)	
Patients admitted into the Hyden Hospital*.....	42,040
Number of days of occupation in Hyden Hospital.....	265,664

*For 44 years and 6 months. The FNS Hospital at Hyden was opened in the fiscal year 1928-1929 and operated only six months in that year.

CONCLUSION

A look back at the close of our 48th fiscal year makes us realize that we continue to grow. Those of our readers who are familiar with a computerized system of collecting information know the system is not without its frustrations and problems. Our congratulations go to our staff in the field and in the out-patient clinic at Hyden, and to our programmer for making the change go so smoothly, and to the key-punchers who must interpret what the medical and nursing staff are trying to tell them. The information collected is being stored at the University of Kentucky until called for by the National Center for Health Services Research and Development.

The grant from the National Center has enabled us to acquire good teaching equipment in the way of models and slides and projectors, and to add to the School library more textbooks and tapes. We look forward to the day when we will have the library in our new hospital.

More staff in the field and at Hyden have enabled us to reach an additional seven hundred and eighty-seven families for care and health education during the year.

At the beginning of the school year the pharmacists at our hospital formed two drug education teams and went to every school in the county to tell the young students about the use of different drugs that are available today and the dangers involved. Many good discussions were held.

Slowly but surely the Family Nurse is developing her role, and the physician is standing behind her as she delivers primary health care to the community. The system works well here. We hope that through the graduates of our program who move to other areas of this great country, and through the professionals who come to observe our system, that we shall have a share in making access to health care easier for many more people in the world.

Our generous friends throughout the country, and the splendid cooperation of our local citizens, continue to help us preserve our integrity as an organization dedicated to caring for rural families, and to helping others lead healthier and happier lives. Careful planning with individuals and with organizations, whether private, state or federal, will enable us to achieve our destiny.

MARVIN BRECKINRIDGE PATTERSON
(Mrs. Jefferson Patterson), Chairman
EDWARD S. DABNEY, Treasurer
HELEN E. BROWNE, Director

A CHALLENGE

We are pleased to announce that the Steele-Reese Foundation of New York has awarded a four year grant of \$25,000 a year to help with the work of the Frontier Nursing Service. The Directors of the Foundation have challenged us to match this gift within the year from new sources. We are asking our readers to help us find the new friends.

AN IMPRESSION OF FNS

by

WALTER H. MEYER, JR., M.D.

Pediatric Intern at the University of Arizona

Three months have passed since I spent several weeks with you at the FNS, and I have had time to think and evaluate my experience. First of all, as a health care delivery system, FNS has a lot to teach the rest of the medical community: the importance of a keen understanding of the culture of those you are serving and along the same line, the importance of being finely attuned to the needs of the people—a principle all but forgotten in the large urban “high powered” medical center. The FNS, with its regional “outposts” and visiting nurses, is indeed in touch with the needs of this “group oriented” people with their importance placed on highly personalized relationships. The rapport between the nurses and their families was unlike any I have seen in my training. Indeed, only in such an intimate relationship can people feel comfortable unburdening their concerns. The urban center with its focus on impersonal mass crash crisis care is a hideous contrast to the nurses’ gentle way.

Secondly, the dedication of the nurses is difficult to fathom completely. What could possibly motivate one to put in long clinic hours in less than optimal conditions for delivery of health care in complete isolation with little to no tangible gain? Just a simple love of mankind, maybe? As I think back, possibly that is why I originally went into medicine but somewhere along the way, I, as many of my colleagues, after many nights on call, after many hassles with hospital administrators and employees, politicians, attending physicians, etc., find that spark replaced by cynicism. It would be nice to recapture that original motivation to serve.

So impressed was I with FNS and the concept of family care that I have extended my training to include not only pediatrics but also internal medicine. After completing this year of pediatrics in June, I am joining the Department of Family Practice to complete my training over the next couple of years. I hope to be able to return to FNS in the future to serve.

HISTORY OF MIDWIFERY, U.S.A.

by
MARION STRACHAN

[Editor's Note: Miss Strachan is a member of the Frontier Nursing Service National Nursing Council and former director of the nurse-midwifery program at the Downstate Medical Center in Brooklyn, New York.]

Styles in **Childbirth** vary as much as women's wearing apparel and hairdress. Whether these styles are a result of other influences other than women themselves would not be hard to prove. Neither would it be difficult to prove a case for and against the women's liberation movement, from the time of our colonization, in affecting the rise and fall in the popularity of midwifery in the U.S.

Early documents from many states refer to the importance of the midwife among the pioneer women. She was regarded with respect, given the same privileges as a doctor in the conduct of her profession, offered free passage to the new world, a house and lot rent free, and a salary. According to history, they were dedicated leaders in the settlements and possessed strong religious convictions. The memory of one midwife, Anne Hutchinson, is preserved by New York State. A beautiful parkway is named for her but it is not clear whether this honor was due to her profession, her adamant religious convictions which banned her from two colonies, or the fact that she was killed in an Indian raid. Little information has been uncovered about licensure or formal education. It is known that the skills were handed down within the same families for many generations.

Anthropologists have discovered wide varieties in tribal customs among the North American Indians but have also found some common patterns. The ritual surrounding childbirth was one of the common and important events of the community. The language refers to the "midwife" as separate and as distinguished as the "medicine man".

Besides westward expansion which has absorbed most of our history, there was northern expansion, especially beyond the Mississippi River. There is strong evidence of French and Spanish cultural influence in the southwest territory. It is interesting

that "partera" and "comadre" are used interchangeably with the Indian word for midwife.

As the frontiers of the new world pushed westward, sporadic attempts were made to develop educational programs for midwives. Again the hearty women who joined the "covered wagons" for the new colonizations needed midwives. Each new migration brought renewed interest in educating midwives, but it soon abated. The programs lacked the stability of prepared personnel, financial support, legislation and sustained public interest.

After the heroic efforts in pioneering, a period of relaxation descended, and women began to enjoy an "easier life". According to literature of the nineteenth century, women were swooning at the slightest provocation. Men went abroad to study medicine and obstetrics, returned, and introduced a new style of child-birth with anesthesia and forceps. Women of the nineteenth century were susceptible to these innovations. Industrial ghettos were appearing and midwives were disappearing.

The slump occurred when midwives were "born" rather than prepared. This was the scene at the beginning of the twentieth century when licensure in many of the eastern seaboard states was to protect the public; very few laws existed in the middle states; and prohibitive laws existed in the far west states.

Early in the twentieth century another attempt was made to prepare midwives. The Bellevue School of Midwifery in New York and Preston Retreat in Philadelphia established the longest records for the education of midwives in the U.S. but their life was comparatively short.

Following World War I, there was a resurgence of the pioneer spirit in women. If schools for midwives had failed and maternal and child health was in a deplorable state, a new birth attendant had to be created.

Fortunately, the perseverance and dedication of women again appeared to dominate the scene. Mrs. Mary Breckinridge of the Frontier Nursing Service successfully demonstrated the need for and use of the nurse-midwife in a rural health service. Encouraged by scholarships, American nurses studied midwifery abroad. They formed the small nucleus for the development of nurse-midwifery in the U.S.

A woman doctor, Marion Laird; an English nurse-midwife

from the Frontier Nursing Service, Rose McNaught; and a public health nurse, Hattie Hemschemeyer, formed the foundation of the first school for nurse-midwives in the U.S. Their efforts were reenforced by Miss Hazel Corbin, General Director of Maternity Center Association, a voluntary health agency dedicated to the improvement and extension of maternal and infant care, and Miss Lillian Hudson of Teachers College, a formidable educational institution. The efforts of these twentieth century pioneers were strengthened by a report from the 1930 White House Conference which recommended the preparation of nurse-midwives for economic reasons, and by many leading physicians and lay people who were deeply concerned about the special needs of mothers and babies. No history would be complete without mentioning the tireless efforts of Mrs. Marshall Field in raising sufficient funds to launch the first school and carry it through its early years.

Graduate nurse-midwives from the first educational program, first named Lobenstine Clinic in memoriam for Dr. Ralph Lobenstine who had favored its inception; then the Maternity Center Association for Nurse-Midwives and currently, the Maternity Center Association School for Nurse-Midwives in association with the Downstate Medical Center and Kings County Hospital, were instrumental in establishing the programs at Catholic Maternity Institute, Santa Fe, New Mexico; Columbia University-Presbyterian Hospital, New York; Yale University, New Haven, Conn.; N. Y. Medical College, New York; The Johns Hopkins Hospital, Baltimore, Md.; and the Puerto Rican School, Caparra Heights. Fourteen years after the establishment of the Frontier Nursing Service (1925), Mrs. Breckinridge established a school for nurse-midwives at Hyden, Kentucky. Graduates of this school have a long list of accomplishments as consultants in federal, state, or local health departments, and many other fields.

Encouragement in the early years came from the Rockefeller Foundation, the Julius Rosenwald Fund, the U. S. Children's Bureau, and many other concerned people and supportive organizations.

Programs more recently added to the roster are at the University of Utah; University of Mississippi; Grady Memorial Hospital (Emory University) Atlanta, Georgia; St. Vincent's Hos-

pital, Philadelphia, Pennsylvania; and the Community Hospital of Springfield and Clark County, Springfield, Ohio. More schools are in the planning stage. Tuskegee, Alabama, and Baton Rouge, Louisiana, also had programs for nurse-midwives but they were closed because of shortage of personnel during World War II.

Professional organizations for nurse-midwives began with the American Association of Nurse-Midwives organized by the Frontier Nursing Service in 1928. The National Organization for Public Health Nurses had a section for Nurse-Midwives but this was disbanded when the seven nursing organizations united into two organizations. After a few nurse-midwives attended the International Confederation of Midwives in London, England, there was great enthusiasm to develop another organization to replace the Nurse-Midwifery Section of the National Organization of Public Health Nurses. The structure of the new American Nurses Association had no provision for the old section. The programs in nurse-midwifery extended the length of their programs to meet the qualifications for membership in the International Confederation of Midwives. The new organization was chartered in 1955 under the name of the American College for Nurse-Midwifery. Both the American Association of Nurse-Midwives and the American College of Nurse-Midwifery were sponsored for membership in the International Confederation of Midwives simultaneously and accepted for membership in 1957. However, in 1968, the two organizations united and became the American College of Nurse-Midwives.

Under the dynamic leadership of the Medical Mission Sisters, New Mexico was the first state to secure licensure for nurse-midwives. New York City was the first city to revise its old midwifery law for the practice of nurse-midwives. There are now about twelve states with licensure for nurse-midwives and New York State is in the process of encompassing the whole state with nurse-midwifery legislation, including New York City.

The American College of Nurse-Midwives is justly proud of its accomplishment in its short history. The news of the College activities was reported in a Bulletin which began at the inception of the American College of Nurse-Midwifery. It has undergone many changes but it is a reminder of our past as well as our

future goals. The committees of the American College of Nurse-Midwives have worked hard to produce functions, standards, and qualifications feasible for its membership and the changing period of our society. National Certification was a great accomplishment. Other accomplishments were the development of the American College of Nurse-Midwives Foundation which could accept money with tax exemptions for worth-while projects, the introduction of family planning education and techniques into the nurse-midwifery curriculum, and development of criteria and guidelines for approval of educational programs and services.

Another triumph was the issuance of a Joint Statement by the American College of Obstetrics and Gynecology and the American College of Nurse-Midwives in January 1971, endorsing nurse-midwifery.

There has been an increase in service programs and an increase in public support for nurse-midwives. The "Women's Lib Movement" has been rather vocal in setting styles in childbirth. They endorse childbirth with preparation as natural as possible, with as little anesthesia as possible. The communes are looking for more "do it yourself" practices. These influences are spreading across the country and will undoubtedly provide guidelines for nurse-midwifery education and service.

When the fiftieth anniversary of Mrs. Mary Breckinridge's pioneer efforts in introducing nurse-midwifery in the U. S. is celebrated in 1975, there is every reason to believe that there will be many educational programs in nurse-midwifery to support the increased need for services; more changes in state legislation to encourage future development of nurse-midwives along with an educated public promoting nurse-midwives as a necessary link for Childbirth: Twentieth Century Style.

Bibliography:

1. Driver, Harold: *Indians of North America*. Chicago Press, 1969.
2. Roberts, Mary M.: *American Nursing—History and Interpretation*. The Macmillan Co., N. Y. 1954. Chapt. 23 p. 234-243.
3. Thoms, Herbert: *American Obstetrics*. Charles C. Thomas Pub., Springfield, Ill.

PYGMY GLIDER

After a period of bad bush fires we were walking in the Blue Mountains when we saw a pygmy or feather-tailed glider hopping over a burnt-out area like a kangaroo. Few Australians have seen this tiny marsupial with a body of only 2 to 3 in., though its feather-like tail is as long again. This has been evolved for gliding, but can also be used to grip; the flying membrane extends from wrist to ankle. The female builds a fairly substantial nest of gum leaves and bark in a hole 50 ft above ground and produces a litter of three or four; she has only four teats and her pouch cannot hold more. The young may remain with their parents, and groups of up to 16 are on record. Their age in the wild is not known, but a male lived nearly four years in the London zoo. The pygmy glider is protected in Australia so, after photographing it on my land, we put it into a small tree and watched it glide from branch to branch.—**M. Mommaerts**, New South Wales

—*The Countryman*, Spring 1970, Edited by Crispin Gill, Burford, Oxfordshire, England.

Annual subscription for American readers \$5.50 checks on their own banks.

Published quarterly by *The Countryman*, 23-27 Tudor Street, London, E. C. 4.

A newspaperman was interviewing a noted scientist who had just been assigned to the Atomic Energy Commission. He noticed that the great scientist had a rabbit's foot on his key chain.

"You don't mean to tell me," said the newspaperman, "that you, a man dedicated to science, believe in that old superstition?"

"Certainly not," said the scientist, "but a friend of mine tells me it's supposed to bring you luck whether you believe in it or not."

—*Modern Maturity*, Aug.-Sept., 1969

CONTINUING EDUCATION

Pineville

In spite of heavy and hectic schedules, students, supervisors, district nurses and faculty manage to find time to advance their knowledge at various continuing educational programs that are offered. We all feel strongly that if we are to give good quality medical care to patients we must continually update our knowledge.

On June 21, 1973, Dr. Wasson, Dr. Gilbert and thirteen nurses journeyed to Pineville Community Hospital to attend a most informative program on the Management and Care of Pelvic Malignancies. Joseph Parker, M.D., Pathologist, and John R. Van Nagell, M.D., Obstetrician and Gynecologist, from the University of Kentucky faculty, were guest lecturers. After the conference we were guests of the Pineville staff for dinner in the hospital cafeteria.

We all felt the program helped us gain insight into the patient's prognoses and care and we are grateful to have the educational funds available to attend these seminars.

—Rosanna Lenker, R.N.

Family Nursing I Student

Students and Dr. Wasson Brave Elements

In Frontier Tradition For Educational Opportunity

At 4:00 a.m. on July 12, the FNS station wagon with six Family Nursing I students and Dr. Wasson began its eight hour trek westerly across Kentucky to Lake Barkley State Park near Cadiz. Ahead on the horizon was a two day seminar presented by the Kentucky Academy of Family Physicians and the Division of Continuing Education, Vanderbilt University School of Medicine. The subject of the seminar was "Selected Studies in Endocrinology and Heart Disease." We were delighted to have this opportunity to increase our knowledge of these subjects, and all sessions were taped for the benefit of others.

In addition to the most interesting lectures and provocative discussions, important experience was gained (in the frontier spirit) in camping, with several students spending the night in

a tent overlooking beautiful Lake Barkley, and also in tire changing and the techniques of lost sleeping bag recovery.

Those participating, as guests of Dr. Wasson, were Susan Bloch, Susan Hull, Rosanna Lenker, Marge Newton, Nancy Staheli and Shirley Thomas.

Briefly, the subjects covered in the seminar included hypertension, hyper- and hypothyroidism, hypercalcemia, diabetic diets, angina, myocardial infarction, lipids in heart disease, evaluation of systolic murmurs, arrhythmias and pacemakers.

—Nancy Staheli
Family Nursing I Student

Louisville

On June 14, Dr. Anne Wasson and Peggy Burden, the hospital anesthetist, with Marjorie Newton and I, students in Part I of the Family Nursing program, attended the Kentucky Heart Association's annual meeting at the Galt House in Louisville. Governor Wendell Ford introduced the keynote speaker, Dr. Michael DeBakey, known throughout the medical world as one of the foremost heart surgeons. In fact, some months ago he had operated on Governor Ford. Dr. DeBakey's talk, accompanied by slides, was most interesting, but the entertainment provided by one of our "tablemates" was even more fun. By her own account she was an avid autograph hound. Shortly after we joined her at the table, she asked Dr. Wasson to autograph her program—which Dr. Wasson did. As lunch was being served, our friend disappeared. In our concern for her quickly chilling food, we failed to notice that she had gone up to the head table where she asked the two distinguished guests for their signatures. She returned to the table, proudly showing off her trophy. And there it was—first Dr. Wasson's signature, then Dr. DeBakey's, and, finally, Governor Ford's. A most proper order, we thought!

—Susan Bloch

There's only one trouble with resisting temptation. It may never come again.

—*Modern Maturity*, Dec.-Jan., 1970

OLD COURIER NEWS

Edited by
JUANETTA M. MORGAN

From Lela Love, Greensboro, North Carolina—June 2, 1973

Since I left FNS I have done a lot of traveling. I worked for awhile with the Harvard African Volunteer Project in Tanzania trying to start a cooperative to make and market jam in the mountains a few hours from Dar es Salaam. I traveled with my sister through Russia—we rented a car and camped out, moving from Leningrad down to Odessa. Then, with a friend, I went overland from Istanbul to Delhi, India. I studied in Mexico this past semester and will graduate this month from Harvard. I have a job with the Teacher Corps in Richmond, Virginia, for the next two years.

I really enjoy receiving your Bulletins and I'd like to come back and visit some day. Please give my best wishes to everyone.

.

From Laurel Winograd, Heidelberg, Germany—June 10, 1973

Since January I have been in the process of moving from California to Germany, where I am now studying theology and finishing my B.A.

Heidelberg is in a river valley which is very beautiful and green in the spring. When I start to miss Kentucky I just look up at the deep green hills!

Please say hello to all who remember me, and if anyone should be coming to Heidelberg on vacation, I'd be glad to show them around!

.

From Edith Harrison Conyers, Lexington, Kentucky

—June 29, 1973

We have a new addition to the family—Sarah Huntington Conyers was born March 16, 1973. Elizabeth, now two and a half, is a delight still. Hope to get down to see you sometime when my life calms down!

From Peggy Harrison Robbins, Edmonton, Alberta, Canada

—July 2, 1973

In April, 1972, three others and I set up a non-profit consulting firm working with low income groups, natives and non-natives. We charge a fee, but only such as to cover expenses and overhead. We have a number of people with special expertise who work for us on short-term contracts as they are interested in our idea of such a firm working for benefit of people rather than for profit.

From Sherry Lewis, St. Ignatius, Montana—July 23, 1973

I am currently a member of the Jesuit Volunteer Corps and am teaching at a Day Care Center in the Middle of the Flathead Indian Reservation.

From Bonnie Reilly, Eau Claire, Wisconsin—August 12, 1973

After graduation from nursing school, I lived in Rice Lake for awhile and worked in a small hospital nearby. In April I got a job here at Luther Hospital and was assigned to obstetrics. I really like it and, although there is much to learn, I find it a satisfying place to work. One morning I was talking with the OB instructor from the University of Wisconsin in Eau Claire and found out that she (Jean Lamb) had worked for FNS! I'm planning to take a class in surgery so, in addition to working in obstetrics eight hours a day, I'll be in surgery from seven until noon.

I think of all of you often and hope to get back to visit someday soon.

WEDDINGS

Miss Jeanne Black and Mr. Brian W. Pate on March 24, 1973. Jeanne writes, "We are living on Martha's Vineyard now and plan to build here."

Miss Janet Murray Brown and Mr. Henry Gaylord Dillingham II in San Francisco, on June 29, 1973. This young couple will be living in San Francisco where they plan to establish an antiques business in the fall.

IN MEMORIAM

Diane Sault of Minnetonka, Minnesota was a courier with us February 22 to May 18, 1970. Her friendly, warm and happy personality, her devotion to duty and her interest in people, soon endeared her to us all. She gave wholeheartedly of herself and upheld the best traditions of the Courier Service.

In 1972, Diane had to drop out of nursing school because of a critical illness which she endured with patience and tremendous courage until her untimely death on June 4, 1973.

We send our tenderest sympathy to Diane's parents in their irreparable loss. We are deeply grateful to the many friends who have sent generous donations to the FNS in tribute to and loving memory of Diane.

We send our loving sympathy to **Vera Potter Whistler** in the sudden death of her son, Timothy, in the spring of this year; to **Kathy Vance Dalton** in the loss of her father, Mr. Charles A. Vance of Lexington, Kentucky, in August, 1973; to **Anna Hanes Chatham** in the loss of her father, Mr. Ralph Philip Hanes, in late July; and to **Wendy Vaughn Carter** in the loss of her mother, Mrs. Margaret F. Vaughn, in July, 1973.

ASK A SILLY QUESTION

Uncle Watt is a by-word in Cleveland. A Dales farmer, and pushing eighty, he is the best of neighbours and a pillar of the Church. But his correspondence with the Inland Revenue tends to grieve and vex him. Only recently the Inspector sent him a form on which was printed: 'When do you expect to pay your last insurance premium?' Fuming, Uncle Watt strode purposefully to the road-end and took the bus to town. 'When Ah crosses over t'Jordan,' he thundered as he shook the tax form in the quaking functionary's face, 'Ah'll be finished wi' t'insurance company. And what's more, Ah doant expect to meet the likes o' thee on t'other side!'—*Leslie Garrett, Buckinghamshire.*

—*The Countryman*, Summer 1973

Edited by Crispin Gill, Burford, Oxfordshire, England.

CHIQUITA

by

MARY S. RUTHERFORD

Enclosed is a story I wrote for a creative writing course in college which resulted from my first visit to Hyden in September, 1972. Many visits have followed and I am a great admirer of the Frontier Nurses. Several of them read the story, which was intended for children, and suggested I send it to you for the Quarterly Bulletin:

In the lofty, towering mountains of Eastern Kentucky, resided a bright yellow jeep named Chiquita. She belonged to the Frontier Nursing Service and had been assigned to the Beech Fork District where Susan was responsible for her. A former Peace Corp volunteer, Susan was typical of the Frontier Nurse—talented, cheerful, motivated and, above all, interested in serving others. She was young, blonde, tall and thin, and wore gold-rimmed glasses, often on the end of her nose. Perhaps her most distinguishing feature was her obvious zeal for life and the expressive way she lived it. Chiquita was not without distinguishing features herself; besides her color, she sported a banana in her ignition.

It was Chiquita's job to take Susan and her co-worker, Mary, into the mountains on their home visits. Many of the roads were no more than paths and some were creek beds paved with stones. The roads were very dusty in dry weather and muddy when it rained. In the spring, she had to ford swollen streams to get her nurses to their families. Much was expected of Chiquita and she had many stories to tell. One of her favorites involved getting Mrs. Payton to the hospital before she had her second baby.

Chiquita remembered Mrs. Payton from her first trip to the hospital and could almost feel the load placed on her well-worn shock absorbers and over-worked engine. But Susan was counting on her to navigate the steep hills and make the ride as gentle as possible. And so robust, rotund Mrs. Payton climbed into the jeep and Chiquita could hear her springs creak and groan under the weight. Susan gave a reassuring smile to Mrs. Payton, turned the banana, and the little motor started with a healthy whirr.

Off they went through the tree-covered hills, past the deserted coal mines, bumping over the rough dirt roads. It was a warm, fall day and the sun was high overhead. Mrs. Payton bounced and jounced and Susan clung tightly to the wheel to keep from losing her seat, glancing often to check the condition of her patient. Chiquita didn't know how her patient was doing, but she could certainly feel what she was doing. Up, and her springs stretched, then down with a "whump" and her springs were smashed together again. Bang, she would hit the cloth roof and come down, "ker-whump." Over and over—"whump, bang, ker-whump." Poor Mrs. Payton! Chiquita was being as gentle as possible, but that was difficult on this, the only road down from the mountain.

And then Chiquita recognized the curve ahead. Around the curve was a hill that ran into the paved highway and from there it was only a few miles to the hospital. Susan turned the curve smoothly and then started down the hill. Now Chiquita must give it her all to hold back; she had to brake hard for it was a sharp incline and by now everyone was eager for the good road. Mrs. Payton was reared back in her seat, her feet pressed firmly against the floorboard. Susan was gripping the wheel, with one foot on the clutch and the other on the brake. Easy does it. Watch that bump! Almost there. Ah, at last they saw that lovely, red stop sign. And stop they did. Whew!

Susan relaxed slightly, shifted into first gear, and they were off on the last leg of their journey.

"This is a breeze," thought Chiquita. "No bumps, no rocks, no dust—just pretty scenery and smooth, black highway under my tires." Suddenly, in the distance, loomed Hyden.

Ahead came the biggest challenge of all—pulling the hill to the hospital. The road was steep, narrow, and winding, but Chiquita knew it so well that she could have driven it alone. Susan shifted to second and they wound around the first two curves, past homes built close to the road. Now it was time to shift all the way down to first because the steepest part of the climb was coming. Up, up, and around, the mighty motor strained as they drew nearer and nearer their destination.

Susan was aware of Mrs. Payton's anxiety, but she knew

they were almost there. Then it became visible: first, The Chapel built by native hands with native stone, then the Hospital, and next to it, Haggin Quarters, where the nurses lived. They pulled up to the hospital steps and Susan jumped out to help her expectant mother. Mrs. Payton stepped out a bit rubber-legged but none the worse for wear and was met by those who would now care for her.

As Chiquita drove down the mountain and headed for her District home, she could feel how relaxed Susan had become. She held her wheel so gently and began to hum a familiar tune. When they got home, Susan gave the jeep a rare and much-needed bath. After drying the bright yellow hood, she patted it kindly as if to say "Well done."

As she watched Susan go into the house to prepare for another day of caring, Chiquita reflected, "How fortunate I am to have such an important job; no other jeep could be so lucky. And besides, Susan and Mary love me."

With this warm thought in mind, her motor relaxed and she idled herself to sleep.

HOT CURE

Many years ago I was travelling from Cornwall to Devon by train and shared a compartment with two farmers. Presently they each took out a packet of sandwiches and began to converse. 'Have you got any mustard in yours?' asked one. 'Nay! I ain't greatly set on the like o' that.' 'But don't you know,' said the first, 'that mustard is very good for the brain?' 'Is it indeed?' 'Why yes,' was the answer. 'Haven't you noticed that if you take over much mustard your eyes do water? Well, mustard takes all the water off the brain.' **H. R. Rivers, Moore, Natal, South Africa.**

—*The Countryman*, Autumn 1972, Edited by
Crispin Gill, Burford, Oxfordshire, England.

OLD STAFF NEWS

Edited by
EILEEN H. MORGAN

From Geraldine Chappell in Chikhli, Buldana District, Maharashtra—Spring, 1973

"Water, water everywhere and not a drop to drink" is not entirely true, especially the first part. People are moving from some villages seeking not only water but work. For two years now we have had very little rain. The earth gaps open for a drink and the trees cry out way down to the roots for moisture. Little birds fly here and there seeking a few drops of water. I have put out clay pots holding water for them. Cattle are dying for lack of water. Prices are soaring weekly because of the scarcity of grain and other commodities.

While on furlough, my own district gave me pounds and pounds of food items that I have been sharing with our people. As I packed the hundreds of boxes of jello, cake mixes, Dream whip, beans, and other items, I wondered how I could ever pay the duty on it. You will be interested to know that I paid no duty; only the expense of freight and for a truck to bring them from Bombay to Chikhli. I had generous amounts to give to the staff on clinic days at the Chikhli Dispensary. I have shared with each family something and left them some items for the hot season.

On return from furlough in November of '72, I came first to the hospital. In December, I went with Jean Darling for her eye operation in South India. I arrived at my new post, the Co-educational School in Chikhli, for the opening of school January '73.

India is before the eyes of the world these days in her struggle to help her people. She now is confronted with the famine condition. For twenty-six years I have been a part of this fascinating country of now some five hundred forty-seven million people.

.

—On Holiday in South India, June, 1973

My friends and I have enjoyed the cool and beauty of the hills, wooded lanes, and fresh vegetables, and to be out of the

extreme heat, electricity, and water shortage on the plains. I have ordered some garden seeds anticipating rain. It is rewarding to get vegetables from one's own garden, especially lettuce.

I count FNS experience in my life. May God give you of His best. Maybe I can, four years from now, see you all.

.

From Eve Chetwynd in Watford, Herts, England—May, 1973

I am back in England four years from when I left. I really have had a wonderful trip. After we left Australia, we had about three weeks in Japan and a week in Hong Kong and then went on to Bangkok. I have a great friend living there and we were there over Christmas and altogether for about two months. It is a fascinating city, but one needs plenty of money, there are such lovely things in the shops. My friend, Jane, then went back to Australia to make up her mind if she liked it enough to settle there and I went on to Africa. I went to Rhodesia to see my nephew and his family; the little girl I had only seen as a baby and the twin boys, aged 4, enchanting if devilish, I had never seen. It was a pleasant interlude and I enjoyed trips into the mountains to Victoria Falls and a game park. I then had two weeks in Kenya with friends and 2½ months in Cyprus with a cousin in the Royal Air Force. In passing I had a few days in Cairo and Istanbul. The latter city I thought delightful and many interesting things to see.

I am not yet back in my own little home but expect to be soon. Would you have the Bulletin office to send future copies there?

I arrived home with about 2,000 color slides. It is going to be quite a lark sorting them out, as some I carried with me and some I had sent home. So many people are very interested in my Kentucky pictures.

Regards to anyone whom I know.

.

From Shirley Heisey in Choma, Zambia, Africa—May, 1973

The names coming out in the Bulletin are less familiar but I am always glad to hear of those I knew since many of us are too busy to keep in touch by letter.

I am working with Mary Heisey and Martha Lady. My term will last approximately four more years.

From Joyce Wiechmann in Hollandale, Mississippi—May, 1973

I am working with two general practitioners in a 29-bed county hospital, tending to most of the OB work. It is exhausting at times, but good experience. We do the full range from antepartum care to family planning. So far we've kept our feet dry even though it's been pretty wet near to us.

My love to all.

From Rose Avery in Greensboro, North Carolina—June, 1973

I have had my house painted outside, work I couldn't do myself! It is done now except for some more window scraping.

Mary LeFevre Willis and her family had expected to come East from their new home in Nevada but had to change plans at the last minute and go back to Alaska to tend to their home near Seward. They are happy in Nevada.

My best wishes to you and may I say that I have been proud of your share in training nursing personnel for their new roles in assisting with health care problems. It is not a new role for FNS nurses.

From Susan Grosser in San Jose, Costa Rica—July, 1973

I think of you all at FNS very often.

I have been back in Costa Rica for a month now. We have already been out on two caravans—five-day trips out to rural areas to hold temporary clinics. It is good to be back and I am very much enjoying my work.

I've had lots of fun telling all my friends here about the happy and worthwhile time I spent at FNS.

From Dolores Hall in Papua, New Guinea—July, 1973

Greetings from the South Pacific! My time here is rapidly slipping by. I plan to leave on August 18th and arrive home on August 20th. I will have three weeks at home before going East to school at Dalhousie University in Halifax.

The courses will require studying, but I am looking forward to the change and to a new challenge.

As I do not know where I will be living, please send any mail to my home address: Box I, Erickson, Manitoba, Canada ROJ OPO.

Greetings to those I know.

.

From Marie Sullivan in Fall River, Massachusetts—July, 1973

I hope to leave on the 31st of July for Brazil. Last week I packed my barrels and sent them off, so it's a big relief to have all the purchasing and packing done.

This past week I have been camping down the Cape with my folks and enjoying a bit of rest for awhile.

Please give my love to all at Wendover.

.

From Jill Ash in West Huntspill, Somerset, England

—August, 1973

It's well over ten years since I was with you but I still take an interest in FNS "doings." After leaving you I spent a couple of years in Australia, one year with Bush Nursing Service, and one year with the Emergency Nursing Service in Western Australia where I worked from Royal Flying Doctor Service bases. I journeyed home to England via bus from Katmandu to Ostend (70 days)—all very exciting! I also spent four years in the Navy, two of which were on Malta.

Now I am settled in Somerset. Having completed my Health Visitors training, I'm doing combined work now—general, midwifery, Health Visitors—which I enjoy. I have a delightful bungalow and life-long friends all around me.

.

From Ada Worcester Marston in Warminster, England

—August, 1973

In April I went to Scotland for a lovely holiday. It was so early that the mountains were still snow capped and large herds of deer were feeding in the valleys. We went to Skye and I thought of Annie MacKinnon, of course. I heard from May Green at Christmas, Nora Kelly telephoned one evening last

spring, and the Mickles write occasionally. They will probably come to stay next month; they usually do come once a year.

It is exceptionally hot here and I'd like some Kentucky watermelon! We had one from the continent the other day, but it did not taste the same!

. . . .

From Joyce Wiechmann in Hollandale, Mississippi

—August, 1973

We have a third nurse-midwife here in Hollandale. She is Carol Gidney—small world, isn't it? Since the middle of March we have had a total of sixty-five deliveries. We have been averaging thirteen to fifteen a month but September looks like it will really exceed that number. Our health workers are invaluable to us as they help in clinic, home visiting and in the hospital. One of the junior colleges close by has approached us about providing some antepartum clinic and home visiting experience for their nursing students. We also have had three preceptor students from the University of Mississippi Nurse-Midwifery program this summer.

. . . .

Newsy Bits

Approximately one hundred and fifty relatives and friends gathered Saturday, June 30, at the Burt Lake Community Club to honor **Doris Reid** ("Red") on her retirement from the Michigan Health Department, District Number Four, where she was co-ordinator for several counties.

Red graduated from Traverse City School of Nursing. After working in several Michigan hospitals she joined the FNS in 1942. Red was a graduate of Class Seven of the Frontier Graduate School of Midwifery. She worked at almost every nursing center and in MTD at the hospital. She rode horseback, drove a Jeep, walked up and slid down mountains to care for the mountain people whom she loved.

Red left eastern Kentucky to return to Michigan in 1948.

We want to add our best wishes to those of her many other friends for a well-deserved and rewarding retirement.

After **Kathy Marquis** and **Sheila Wright** left FNS in May, Kathy took Sheila on a short tour of the United States—from Washington, D. C. to the West Coast—all in about five weeks! Kathy writes that she has now taken a job in Jemez Springs, New Mexico, and Sheila has returned to her home in England where she is awaiting a decision on whether or not she will be able to go back to Afghanistan.

Some years ago when **Tricia Ware** (now Mrs. George Sturgeon) and **Patricia Stevens** were the Brutus district nurses, they took a vacation trip west in Bu-Bu, "a retired hearse with a mind of its own." They had many adventures! Tricia has written the story of their trip and it has been published in the January and February issues of the English magazine *My Weekly*. We are grateful to Jean Rowan Corner for sending us copies of the magazine and giving us a laugh all over again!

Liz Palethorp's many friends will be sorry to learn that she has undergone surgery twice in the last few weeks. During the past year Liz has been increasingly disabled with osteo-arthritis and has now had bilateral total hip replacement. She writes that the post-operative x-rays show perfect alignment and that she is getting around on a walking frame and hopes soon to graduate to two sticks.

The instant the woman entered the department store, a band struck up, a corsage was pinned to her coat, \$100 was thrust in her hand, and she was blinded by photographers' flash bulbs and television lights.

Pumping her hand, the manager explained excitedly, "You're our one-millionth customer!" He grinned broadly for the TV cameras, then asked the grim-faced woman, "Now, ma'am, will you tell all of our friends out there which department you're going to today?"

"I'm going," she replied, "to Complaints."

—*Modern Matruity*, August-September 1972

A GOOD CLEAN LIFE

by

ETHEL WOODS NOLAN

[Editor's Note: The author is an FNS baby and her family have lived in Leslie County since the beginning of the Service. Her mother, Mrs. James Woods (Peggy) of Hyden is an active member of the FNS Hospital Auxiliary. Mrs. Nolan now lives in nearby Harlan County.]

It is a chilly evening and something about it reminds me of my childhood days. Around this time of year the nights were chilly and the days were warm. My sister, Lila, and I loved to play outside in the beautiful warm sunshine. We never had many toys so we would take a cardboard box and cut doors and windows in it for a playhouse. Then we would cut out curtains, babies, girls, boys, women and men to put in the house. We would mix flour and water for paste and paste the curtains on the windows and pictures on the walls. Mama would give us scraps of material for a bedspread and rugs; then we would find odd blocks of wood, thread spools, etc. for the furniture. All the cutouts came from a mail order catalogue. We were very contented and happy.

We lived in an old wood boxed house. It had four rooms—three bedrooms, kitchen and dining room combined. There were no rugs on the floors, just rough boards. The bedrooms had two iron beds in each room. One had Mama's sewing machine in it, one had a dresser and the other one had a homemade box that Mama kept her quilts stacked on. Two bedrooms had fireplaces. The kitchen had a Home Comfort cookstove, a homemade work table, a cabinet, a homemade water table where two waterbuckets sat, a homemade eating table, a long wooden bench and several bark-bottomed chairs. Papa made all the homemade items. The chair frame was made and bark was stripped from a fresh fallen tree and laced back and forth to make the bottom. In later years innertubes were used to bottom chairs. The chairs were used in front of the fire in winter and in the porch in summer.

After the sun went down one of the older ones would build fires in both fireplaces. While we were by the fire where it was nice and warm, Mama and the older sisters would be preparing a good hot supper. Almost everything on the table came from

the garden. Potatoes were kept in a big hole in the edge of the garden with straw on top of them, then boards and a big heap of dirt.

After supper the dishes were done, using lye soap for detergent. The rest of us would go sit by the fire and we would sing old time Gospel songs. Papa would sit quietly by the fire. He is a quiet man and I love him very dearly. After the dishes were done Mama would bring the coal oil (kerosene) light from the kitchen and set it on the sewing machine. We would sing some more, then go to bed. Mama had so many quilts on the bed we could hardly turn over! The sheets and cases were made of feedsacks that had been washed in lye soap water, then boiled in an iron kettle over an open fire in lye water. I've slept on many a sheet with a stamped-out design of a cow or hogs that wouldn't boil out. We would kid one another and say we were sleeping on a cow or hog. Nobody slept late at our house. When breakfast was on the table everyone was ready to eat. Mama was an ambitious woman and we love her very much.

Papa worked on W.P.A., some kind of government program, and Mama worked for people in Hyden. She cleaned and took in washings, ironed and sewed. She would sometimes wash and iron at their homes but lots of times brought the clothes home in white sacks tied together and thrown over the horse's back. She would put different scraps together that were left from sewing and make us dresses. We were very proud of them. If the family had girls and boys our size she would take clothing and shoes they didn't want for her work. Times were hard, but Mama was a good manager and kept us something to wear. Papa provided food for the table that we couldn't raise. Both would ride the same horse out to work, five miles over the mountains. Our oldest brother, Felix, kept us in firewood and Oda did most of the housework while Mama was working. The rest of us would be in school. We took lunch to school—biscuits with fried apples or fried meat between them. Each of us took a jar of milk. We kept our milk in the creek beside the schoolhouse to stay cold. The only time we wore shoes was when the weather was really cold or snow on the ground. If it was the least bit warm we would carry our shoes until we got in sight of the schoolhouse, then put them on. When it got really cold we would carry our good shoes and wear old ones, then hide them under

the roots of a big beech tree, and exchange when we got back there in the evening. Mama would be home most of the time when we got home, ironing or sewing. One of the older ones would saddle the horse and I would go meet Papa so he wouldn't have to walk home after a hard day's work. He would be resting on a walking bridge out at the highway. He always saved me a biscuit or something from his dinner bucket. To me, that tasted better than a candy bar. My sister Lila was kind of lady-like and since I was the tomboy of the family I got the job of going after Papa. I surely felt big in that saddle! One evening, as I was riding along, (I must have been about nine years old at this time) the saddle belt (girth, we called it) broke. Me, saddle and all hit the ground. Luckily, I wasn't hurt and luckily, too, we kept wire in the saddlebags for repairs. Nell (the horse) galloped about fifty yards on, but I kept talking calmly to her and she came back. I pieced the belt and dragged the saddle up on the bank above the road, then got Nell over against the bank and got the saddle back on her. I had lost time and met Papa about a half mile above the bridge. He said, "Little girl, what kept you?" I didn't answer. I asked quickly, "Papa, do you have a biscuit? I'm hungry." He had. After the subject was changed, he didn't mention it again. Was I glad because I loved meeting my father and I knew if he found out he would be afraid to let me ride alone again.

Gardening time was near. We planted a big garden and huge cornfields. We had several head of livestock—at least two cows, two work mules, a horse to ride, lots of hogs and chickens. It took lots of grain to winter them, plus we had to have corn to take to the mill for our meal. Vegetables were canned for the winter. We worked hard but, all in all, enjoyed it. Most of all, we had a mother and father we loved and had reason, too, because they were good to us. I remember one year we planted **twenty-one acres** of corn. Most of our neighbors had large cornfields, too. Corn was hoed three times a season. Each time it had to be hoed, each neighbor would have a Corn Hoeing. All families would pitch in and hoe out one man's corn one day, then go on to the next man's field the next day, etc., until all fields were hoed. About five or six families participated. The women would pitch in and help the family that was having the corn hoeing that day by cooking dinner for everyone, usually around thirty

people. There would be about seven or eight mules plowing the corn furrows, and about fifteen hoeing corn. Lila and I were small, so we divided a row between us. Corn hoeing was work but at each dinner we got plenty of fried chicken and gravy or chicken and dumplings, apple stack cakes, gingerbread, potatoes, green beans, blackberry or peach dumplings, fried corn, corn bread or biscuits and plenty of milk and coffee. On the following Saturday night, Papa would have a square dance. Several men could play the guitar, a few played the banjo and one played the fiddle. We would square dance until the roosters crowed on Sunday morning. I square danced and hoedowned when I was only ten. We would eat breakfast and get ready for church.

Our only transportation was horse or mule back. We had two special occasions to go to Hyden in a year. One was the County Fair. There would be about forty or fifty mules and horses carrying double, coming out of upper and lower Bull Creek and Thousandsticks, where we lived, going to the Fair. We saw lots of things, strange people, horseshoe throwing, school races with boys and girls from several schools participating in spelling bees, arithmetic, art, poems. There would be horse races, trading, selling. We even bought cotton candy. This lasted three days and we were there every day. The other occasion was Christmas which was a wonderful time of year. We didn't seem to mind the cold; all we could think of was our Christmas gift we would get at the Frontier Nursing Service at Hyden. We would go in front and get the big bag which for each of us had new mittens, a cap and a toy of some kind. Then we went to the large dining room where there was a huge table with lacy white tablecloths and beautiful Christmas decorations on the table and around the room. We sat at the table and drank hot cocoa and ate cookies. Last, but not least, there was old Santa Claus all decked out in his jolly red suit beside a large Christmas tree. Santa hugged each of us and gave us a big bag of delicious candy. That candy lasted us for three or four days. We seldom got candy.

I remember when people got commodities. Mama would take the horse and get ours. I don't remember everything we got but I do know we got grapefruit, cheese and butter. I loved the cheese and we all liked grapefruits, the first ones we had ever

had and we honestly wouldn't have known how to fix them if Mama hadn't worked around people in Hyden. There were three old couples that lived miles beyond us and it would take them three days to get to Hyden and back by walking because they had no mule or horse. On their way there or back one couple would stay overnight with us. The others stayed with our other close neighbors. They had a coffee sack to carry their commodities in. First trip, one old lady got grapefruits, too. Next trip, she got them again. She stayed with us that night. She said to Mama, "Peggy, you can have these things (grapefruits). I's has fried them, I's has cooked them, I's has baked them and I's can't eat them!" I'll never forget that. I laugh today over it. Mama showed her how to fix them. She said, "I's still don't like them." So she gave them to us. We were a rowdy bunch and always ready for a joke. After the old men went to bed, Oda and Edith would slip and get their overalls and take twine thread and sew across the legs, then hang them back on the bed in place. They slept in long-handle underwear. Then we would get their shoes and tie the strings full of knots, then slip them back under the bed. Next morning we were up bright and early before the old men got up and we would slip and watch through the curtain hanging over the doorway. They got out of bed, slipped one leg in the overalls and pushed and pushed trying to get them on. We had to laugh. Luther hollered out, "Peggy, if these girls don't quit being so mean, I'm gonna quit stopping here!" Mama threatened spanking us, but got tickled herself. Then after they cut the string out we would say, "Let's race and see who gets their shoes on first," and all would grab their shoes to put them on, we knowing theirs were tied full of knots! We had another big laugh but since they couldn't see too well we would untie them. We loved having those old people stay overnight with us. They would grumble but they enjoyed it, too, because next month they were back again and we always pulled jokes on them.

Things didn't change too much before Bill and I married. Some might think it was a bad life and maybe it was, but, one thing for sure, it was a good clean life.

AND THE BAND PLAYED ON . . .

Walking as an athletic contest is a lost art in the U.S.A. There are no places for walkers along the freeways, either in town or out of town, and the walker in suburbia is looked upon as odd. In fact, it was only recently in one of the Chicago suburbs that a new minister, taking an early morning stroll (a long-standing habit with him), found himself picked up by the local police. The man of the gospel had no identification with him at the time, and things went hard with him for an hour or so.

In his book, "Chicago, Medium Rare," Robert J. Casey recalls with pleasure the excitement created when Edward P. Weston, a champion walker, headed for the city. Weston was attempting to set a record for the San Francisco to New York "walk."

Tickets for the spectacle were sold and a park on the west side of Chicago was completely filled with eager customers. The crowd enjoyed refreshments and band music while waiting for Weston to hove into sight. There was no NBS or CBS newscast to report his progress toward the city and the park, but he appeared, nonetheless, very close to the estimated hour. Let Casey tell it:

"The roof of the world went off when he came striding through the main gate of the park, his arms churning, his legs gliding, and his whiskers floating in the breeze. It was an unforgettable moment as the brass band began to play 'Hail the Conquering Hero.'

"Weston circled the track twice amid a roar of hysterical applause. Then, with a wave of his hand, he passed out through the gate again, on his way to New York"

Casey says there were other great events after that, but he doesn't recall them. Weston was the hero of the day, and kids of that era practiced "walking," little knowing that it was soon to become a lost art.

—*The Colonial Crier*, Sept.-Oct., 1967
Colonial Hospital Supply Company
Chicago, Illinois

FIELD NOTES

Edited by
PEGGY ELMORE

The Frontier Nursing Service Board of Governors has been invited to hold its fall meeting in Louisville, Kentucky, this year. The meeting will take place at the Galt House in Louisville on October 12 and 13.

.

We are happy to report that our Director was able to get away for three weeks in late August and early September for a well-deserved vacation with her family in England.

.

In June, the Wendover Post Office moved from the Big House to its new quarters in a small building which is located below the Big House—just across Breckinridge Branch from the pump house. The new Post Office, which is on the main Wendover-Camp Creek Road, is much more accessible to all of the post office patrons, and the move has given us additional and desperately needed office space in the Big House.

.

Trudy Isaacs spent two weeks in June at the University of Callas in Columbia, South America, as a consultant to the nursing faculty at the request of the Rockefeller Foundation.

.

The Twelfth Annual Mary Breckinridge Day Festival will be held in Leslie County on Saturday, September 29, 1973, with most of the activities centering at the Leslie County High School. A number of communities and groups are already hard at work on their floats for the parade which will begin in Hyden at 10:00 a.m. The parade will terminate at the High School where the Craft Show will also be held. The Mary Breckinridge Festival Queen will be crowned and dinner will be served on the grounds. We are looking forward to another great celebration.

.

The target date for the completion of the Mary Breckin-

ridge Hospital and Frontier Nursing Clinical Training Center remains January 1974. January is not exactly the best month in the year to move a hospital but we will be so glad to see the new building finished that we feel we can cope with anything! Our Medical Director, Dr. J. Huston Westover, has already begun to organize an orderly transition from old to new.

.

Two of our staff members have been "a-building" during the spring and summer. Nancy Dammann's new house, on the edge of Hurricane pasture at Wendover, will be ready for her to move in some time in September. Trudy Isaacs is renovating the old stone house on Tan Trough Branch near the Hospital, where the late Judge L. D. Lewis and his family once lived. The upstairs is finished (and *most* attractive) and Trudy has moved in, although the downstairs of the house is not quite in order yet.

.

During the summer our medical and nursing staffs were augmented by two physicians and a Family Nurse to whom we are deeply grateful and whom we much enjoyed. Dr. and Mrs. Robert Oseasohn came from Houston, Texas, where Dr. Bob is a Professor of Community Medicine and Ceil, who was with us last summer to take Family Nursing, teaches in the School of Nursing. They volunteered their services for vacation relief in the Hyden Clinic and also spent some time with nurses and students in the field. Dr. Myron Gananian came to us to relieve for physician vacations from the Palo Alto Medical Clinic in California, and he and his wife (a Kentuckian) and four children were with us for six weeks in July and August. We hope that both the Gananians and the Oseasohns will come back again some day!

Our physicians are also grateful for the help they had from David Weber, a senior medical student from the University of Cincinnati, and from Michael Gunzenhaeuser, a senior student at Ohio State University. David Weber's wife, Trudy, a Community Health Planner, relieved for Alice Westover's vacation and helped to design a new format for our statistical reporting.

.

We are pleased to announce that Dr. Thomas J. Lynch has

joined the FNS as our staff pediatrician. Dr. Lynch, his wife, Becky, and their small daughter, Tammy, came to Kentucky in July and Becky, a nurse, will begin working part-time in the Hyden Clinic in September.

.

A number of our staff have sustained personal tragedy this summer. We extend our sympathy to Linda Roe in the sudden death of her father while her parents were visiting in Hyden; to Liz Dickey who lost her mother; to Hazel Canfield who had to return to Arizona because of the serious illness of her mother; and to Sally and Jay Vink in the loss of their baby.

.

The summer has brought us a number of staff changes. We said goodbye and "come back again" to Suzanne Johnson, Gladys Kroeker, Linda Levenhagen, Sister Maureen McCarthy, Barbara Moore, Kaydee Schmidt, Irene Swartzentruber, Alice Whitman, Mary Woodcock, and Susan Zator, and also to Thomas G. Newton who left with his family at the end of August to return to Texas. Peggy Burden has assumed the duties of Superintendent of Nurses at Hyden Hospital but she will, of course, continue to give anesthetics and to help with emergencies. To his primary responsibility in the FNS Pharmacy, Archie Bennett has added the challenge of the post of Assistant Administrator at the Hospital.

New nurses who have come to us during the summer are:

Gail Smith, Americus, Georgia
Judy Armstrong, Lincoln, Nebraska
Corinne Dunn, Lake Mills, Iowa
Yvonne Skar, Aitkin, Minnesota
Barbara Dunphy, West Newton, Massachusetts
Mary O'Connor, Tobyhanna, Pennsylvania
Linda Glenn, St. Louis, Missouri
Marilyn Prevatt, Lansdale, Pennsylvania
Barbara Sue Mullins, Pennington Gap, Virginia
Karen Smith, Fostoria, Ohio

Linda Crandell, who came with Judy Armstrong in June, had to have emergency surgery the day she arrived. She re-

turned to her home in Nebraska to recuperate until she was able to come back to Kentucky at the end of August.

Brenda Sanders, a laboratory technology student from Elizabeth City, North Carolina, did vacation relief in the Hospital Lab. during June and July. Carol Ingram of Williamsburg, Kentucky, who worked in our X-Ray Department last summer as a student, returns to the staff in September as a registered x-ray technologist.

Our dear Agnes Lewis has been back twice this summer to relieve Juanetta Morgan for short holidays and to give Wendover the pleasure of her company.

When the Wendover Post Office moved down the hill, the Postmaster, Eileen Morgan, naturally moved with it and we are faced with finding someone for the position of donor secretary which Eileen had ably filled for many years. Those of you who knew Ruth Offenheiser Morgan when she was Mrs. Breckinridge's book secretary some years ago can imagine our joy when she and her family moved back to Kentucky and she returned to Wendover to take on the contribution files.

Phyllis Long left at the end of August on a year's leave of absence to work towards a master's degree at the University of Kentucky. She will also be helping Betty Bear set up a nurse-midwifery service at the Medical Center. We had all looked forward to Elsie Maier's return from her year in Zaire, so we were a little sad to hear that she had been accepted at Vanderbilt University in the Family Nurse Clinician master's program. However, we had to agree with Elsie that this was a great opportunity, not to be missed, and we know that Elsie, like Phyl, will have much to offer the FNS after this year of academic experience.

Four of our summer volunteers have followed the tradition of joining their mothers, or older sisters, or cousins in the ranks of FNS Couriers. Wendy Ware, of St. Louis, Missouri, is the daughter of Emma Coulter Ware, and her sister Nina was with us some years ago. Fran Lawrence of Westwood, Massachusetts, is the daughter of Patsy Perrin Lawrence; Pamela Helm of Weston, Massachusetts, is the daughter of Nella Lloyd Helm and the granddaughter of our New York Chairman, Mrs. R. McAllister Lloyd; and Helen Parrish of Paris, Kentucky, had learned

of the FNS from her cousins Laura Parrish and Betty Parrish Kenan. The other summer couriers were Susan Williams of Winchester, Massachusetts, Bonnie Witrak of Excelsior, Minnesota, and Abigail Allen of Anchorage, Kentucky.

Two other young volunteers, who helped with courier chores as well as with special office projects, were Nancy Oseasohn of Houston, Texas, and Elyse Kearns of Norwell, Massachusetts.

.

The senior student nurses who have spent some weeks with us this summer, and have been of great help to our nurses in the field, were Linda Schumann, University of Pennsylvania, Pat Comerford, University of New York at Stony Brook, and Carol Biller and Pat Handley from the University of Chicago.

.

It is good to see old friends return to the Kentucky mountains. Mrs. J. B. Ware (old courier Emma Coulter) came for Wendy at the end of her courier term and a more recent "old courier", Nan Sersig, breezed through on her way back for her second year in nursing at the Massachusetts General Hospital. Dr. and Mrs. Ed Dodge, with Jeff and Amy, stopped for the night in Hyden to catch up on all the news and Mary Quarles Hawkes spent a few days at Wendover with her niece, Leslie Hawkes. Mrs. James Rawleigh (old courier Florence Booker) soon-to-be Chairman of the Louisville Committee, and Mrs. William T. Maxson, Co-Chairman of the Blue Grass Committee, spent a night with us in June. Old staff member Lynn Westcot brought Dr. Mary Shanks down from Illinois to discuss the possibility of sending Illinois Wesleyan University nursing students to FNS for a field period. Edith Anderson and Lois Garber Lehman spent a few days with friends in Hyden.

We had the pleasure of showing something of our work to Mrs. Cordelia S. May of Ligonier, Pennsylvania, and Mr. Robert Willison of Pittsburgh. Miss Laura Christianson of Lakewood, New Jersey, and Mr. James Kermes of Norwalk, Connecticut, stopped by for lunch one day as did Mr. and Mrs. Norbert Stammer of Berea. Mr. and Mrs. E. M. Allen, Jr. of Anchorage and Mr. and Mrs. Bohdan Witrak of Excelsior, Minnesota, visited their daughters while they were couriers.

The Blue Grass Committee arranged a "tour" of the FNS on July 11, giving us the opportunity to show some twenty friends from Louisville and Lexington an outpost center, the old and the new hospital and Wendover.

Professional guests from overseas have included Miss Sarijini Charles, a public health nurse from India, two physicians and two nurses from Colombia, South America, and Drs. Dilok Thewtong and Nuansri Thewtong and Mrs. Prabha Limprasutr, all from Thailand.

Mary Buckner, a nurse-midwifery student from the University of Mississippi, spent a week observing the work of the nurse-midwives and Miss Virginia Lane of the University of Kentucky College of Nursing faculty, brought three of her graduate students to spend a week with the FNS nursing staff.

. . . .

This has been one of the greenest summers Wendover has known in years—green outside with unusually thick foliage and green inside with mildew from the excessive humidity!

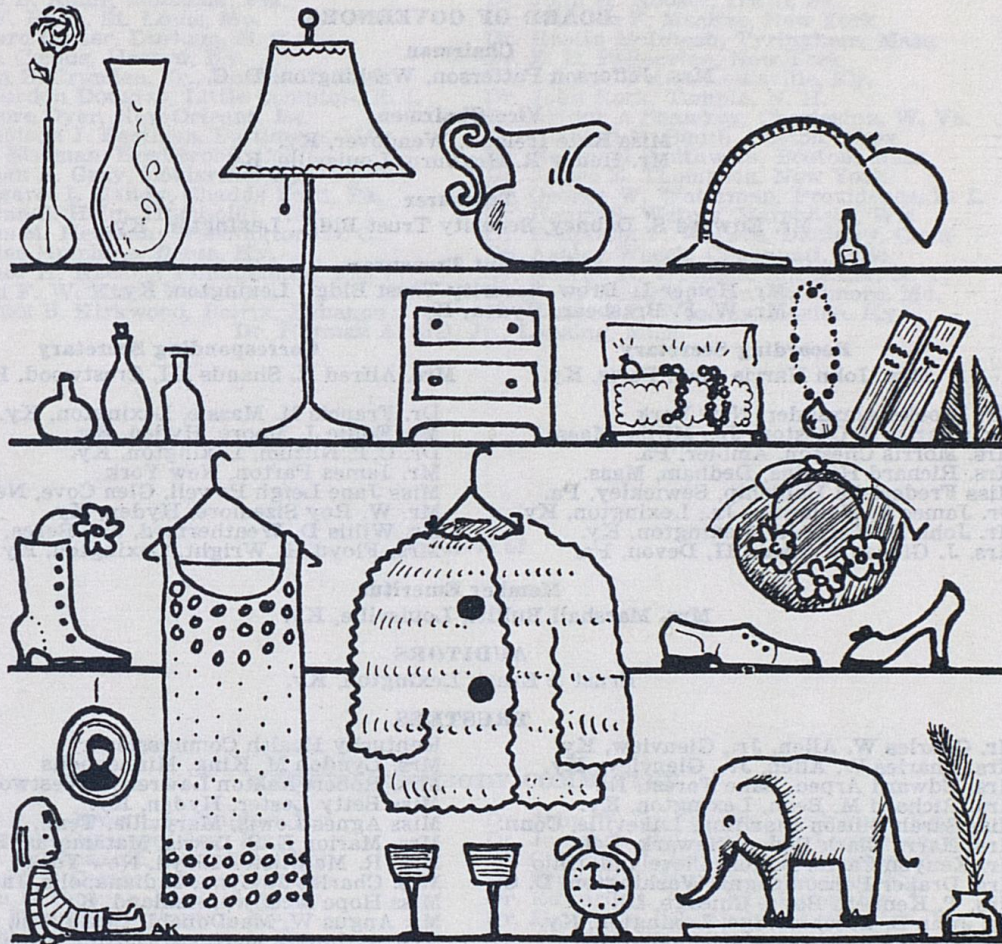
A little boy from the big city was spending his first vacation on a farm. When he saw a cow, he wanted to know what "those things" on her head were. "Those are horns," he was told.

Just then, the cow gave out with a long, sorrowful moo.

"Which one of them did she blow that time?" asked the child.

—*Modern Maturity*

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

FRONTIER NURSING SERVICE
 1579 Third Avenue
 New York, New York 10028

FRONTIER NURSING SERVICE, INC.**BOARD OF GOVERNORS****Chairman**

Mrs. Jefferson Patterson, Washington, D. C.

Vice-ChairmenMiss Kate Ireland, Wendover, Ky.
Mr. Henry R. Heyburn, Louisville, Ky.**Treasurer**

Mr. Edward S. Dabney, Security Trust Bldg., Lexington, Ky.

Assistant TreasurersMr. Homer L. Drew, Security Trust Bldg., Lexington, Ky.
Mr. W. F. Brashear, Hyden, Ky.**Recording Secretary**

Mrs. John Harris Clay, Paris, Ky.

Corresponding Secretary

Mrs. Alfred R. Shands III, Crestwood, Kentucky

Mr. Brooke Alexander, New York
Mr. Charles S. Cheston, Jr., Millis, Mass.
Mrs. Morris Cheston, Ambler, Pa.
Mrs. Richard Higgins, Dedham, Mass.
Miss Fredericka Holdship, Sewickley, Pa.
Dr. James B. Holloway, Jr., Lexington, Ky.
Mr. John H. Kerr, Jr., Lexington, Ky.
Mrs. J. Gibson McIlvain II, Devon, Pa.Dr. Francis M. Massie, Lexington, Ky.
Mr. Eddie J. Moore, Hyden, Ky.
Dr. C.T. Nuzum, Lexington, Ky.
Mr. James Parton, New York
Miss Jane Leigh Powell, Glen Cove, New York
Mr. W. Roy Sizemore, Hyden, Ky.
Dr. Willis D. Weatherford, Jr., Berea, Ky.
Mrs. Floyd H. Wright, Lexington, Ky.**Member Emeritus**

Mrs. Marshall Bullitt, Louisville, Ky.

AUDITORS

Ernst & Ernst, Lexington, Ky.

TRUSTEESMr. Charles W. Allen, Jr., Glenview, Ky.
Mrs. Charles W. Allen, Jr., Glenview, Ky.
Mrs. Edward Arpee, Lake Forest, Ill.
Mrs. Richard M. Bean, Lexington, Ky.
Miss Sarah Gibson Blanding, Lakeville, Conn.
Mrs. Harry Clark Boden, Newark, Del.
Mr. Kenyon Castle Bolton, Cleveland, Ohio
Mrs. Draper Boncompagni, Washington, D. C.
Mrs. T. Kenneth Boyd, Chicago, Ill.
Mr. John B. Breckinridge, Lexington, Ky.
Mrs. George S. Burnam, Richmond, Ky.
Mr. R. B. Campbell, Hyden, Ky.
Mrs. R. B. Campbell, Hyden, Ky.
Mr. Joseph C. Carter, Elmhurst, Ill.
Mrs. Charles S. Cheston, Jr., Millis, Mass.
Mrs. N. Holmes Clare, New York
Mrs. William W. Collin, Jr., Sewickley, Pa.
Mr. A. B. Comstock, Louisville, Ky.
Mr. C. V. Cooper, Hazard, Ky.
Mrs. John Sherman Cooper, Washington, D. C.
Judge A. E. Cornett, Hyden, Ky.
Mrs. David Dangler, Chicago, Ill.
Mrs. Robert W. Estill, Alexandria, Va.
Mrs. Rex C. Farmer, Hyden, Ky.
Miss Margaret Gage, Los Angeles, Calif.
Mrs. William A. Galbraith, Sewickley, Pa.
Mrs. John L. Grandin, Jr., Boston, Mass.
Dr. John W. Greene, Jr., Lexington, Ky.
Dr. James C. Greenway, Greenwich, Conn.
Dr. Charles E. Hagyard, Lexington, Ky.
Mrs. Paul Church Harper, Lake Forest, Ill.
Mrs. Charles H. Hodges, Jr., Detroit, Mich.
Mrs. John B. Hollister, Cincinnati, Ohio
Mrs. T. N. Horn, Greenville, Miss.
Mrs. Gilbert W. Humphrey, Chagrin Falls, Ohio
Dr. Francis Hutchins, Berea, Ky.
Mrs. David S. Ingalls, Cleveland, Ohio
Mr. Melville H. Ireland, Lake Forest, Ill.
Mr. R. W. P. Johnston, Lexington, Ky.
Mrs. E. Donald Jones, Bellefontaine, OhioKentucky Health Commissioner
Mrs. Lyndon M. King, Minneapolis
Mrs. Robert Ashton Lawrence, Westwood, Mass.
Miss Betty Lester, Hyden, Ky.
Miss Agnes Lewis, Maryville, Tenn.
Mrs. Marion E. S. Lewis, Matamoras, Pa.
Mrs. R. McAllister Lloyd, New York
Mrs. Charles J. Lynn, Indianapolis, Ind.
Miss Hope McCown, Ashland, Ky.
Mr. Angus W. MacDonald, Lexington, Ky.
Mrs. Arthur B. McGraw, Detroit, Mich.
Mr. J. Gibson McIlvain II, Devon, Pa.
Mrs. D. R. McLennan, Lake Forest, Ill.
Mrs. Cleveland Marcum, Lexington, Ky.
Mrs. Langdon Marvin, New York
Mrs. Keith Merrill, Pride's Crossing, Mass.
Mrs. Elinor M. Moore, Lexington, Ky.
Mr. Clay L. Morton, Louisville, Ky.
Hon. Thruston B. Morton, Louisville, Ky.
Mrs. Robert F. Muhlhauser, Cincinnati, Ohio
Mrs. Samuel H. Ordway, New York
Mrs. Arthur Perry, Jr., Concord, Mass.
Mrs. P. B. Poe, Thomasville, Ga.
Mrs. Charles S. Potter, Chicago, Ill.
President National Society of Daughters of
Colonial Wars
Mrs. John Marshall Prewitt, Mt. Sterling, Ky.
Mrs. John W. Price, Jr., Louisville, Ky.
Mrs. William C. Robinson, Jr., Versailles, Ky.
Mrs. John Sherwin, Cleveland, Ohio
Mrs. Seymour Siegel, New York
Mrs. Burgess P. Standley, Medfield, Mass.
Mrs. Frederic W. Upham, Chicago
Mrs. Paul J. Vignos, Jr., Chagrin Falls, Ohio
Mr. Arnold Whitridge, New York
Mr. Ralph B. Williams, Boston, Mass.
Mrs. Karl M. Wilson, Rochester, New York
Mrs. George B. Wislocki, Little Compton, R. I.
Mrs. William W. Wotherspoon, Detroit, Mich.
Mr. William T. Young, Lexington, Ky.

NATIONAL MEDICAL COUNCIL

- | | |
|--|---|
| Dr. Fred L. Adair, Maitland, Fla. | Dr. John H. Kooser, Irwin, Pa. |
| Dr. W. F. Bulle, St. Louis, Mo. | Dr. William F. MacFee, New York |
| Dr. Bayard Carter, Durham, N. C. | Dr. Rustin McIntosh, Tyringham, Mass. |
| Dr. C. L. Combs, Hazard, Ky. | Dr. E. D. Pellegrino, New York |
| Dr. Allan B. Crunden, Jr., Montclair, N. J. | Dr. John A. Petry, Louisville, Ky. |
| Dr. R. Gordon Douglas, Little Compton, R. I. | Dr. John Rock, Temple, N. H. |
| Dr. Isadore Dyer, New Orleans, La. | Dr. Arthur A. Shawkey, Charleston, W. Va. |
| Dr. Nicholson J. Eastman, Baltimore, Md. | Dr. Richard M. Smith, Boston, Mass. |
| Dr. Ben Eiseman, Englewood, Col. | Dr. Reginald Smithwick, Boston, Mass. |
| Dr. Laman A. Gray, Louisville, Ky. | Dr. James E. Thompson, New York |
| Dr. Margaret I. Handy, Chadds Ford, Pa. | Dr. George W. Waterman, Providence, R. I. |
| Dr. Harlan S. Heim, Humboldt, Neb. | Dr. Henry S. Waters, Marshfield, Wis. |
| Dr. Louis M. Hellman, Washington, D. C. | Dr. Benjamin P. Watson, Danbury, Conn. |
| Dr. Louise Hutchins, Berea, Ky. | Dr. Ashley Weech, Cincinnati, Ohio |
| Dr. Arthur H. Keeney, Philadelphia, Pa. | Dr. George H. Whipple, Rochester, N. Y. |
| Dr. John F. W. King, New York | Dr. John Whitridge, Jr., Baltimore, Md. |
| Dr. Samuel B. Kirkwood, Beirut, Lebanon | Dr. Elwood L. Woolsey, Harlan, Ky. |
| Dr. Herman A. Ziel, Jr., Lansing, Mich. | |

inclusive of

MEDICAL ADVISORY COMMITTEE

- | | |
|--------------------------------------|--|
| Dr. Marion G. Brown, Lexington, Ky. | Dr. John W. Greene, Jr., Lexington, Ky. |
| Dr. Keith W. Cameron, Ary, Ky. | Dr. James B. Holloway, Jr., Lexington, Ky. |
| Dr. Harvey Chenault, Lexington, Ky. | Dr. Coleman C. Johnston, Lexington, Ky. |
| Dr. Arnold B. Combs, Lexington, Ky. | Dr. Francis M. Massie, Lexington, Ky. |
| Dr. Allen L. Cornish, Lexington, Ky. | Dr. Edward H. Ray, Lexington, Ky. |
| Dr. Carl Fortune, Lexington, Ky. | Dr. Harold D. Rosenbaum, Lexington, Ky. |
| Dr. Walter D. Frey, Lexington, Ky. | Dr. David B. Stevens, Lexington, Ky. |
| Dr. Carl M. Friesen, Lexington, Ky. | Dr. A. J. Whitehouse, Lexington, Ky. |

NATIONAL NURSING COUNCIL

- | | |
|---|---|
| Mrs. Myrtle C. Applegate, Louisville, Ky. | Miss Evelyn M. Peck, New York |
| Miss Hazel Corbin, New York | Miss Carol Randall, Cleveland, Ohio |
| Miss Naomi Deutsch, New York | Miss Emilie G. Sargent, Detroit, Mich. |
| Miss Ruth Doran, Denver, Colo. | Miss Ruth Spurrier, Frankfort, Ky. |
| Miss E. Jane Furnas, Phoenix, Ariz. | Miss Marion Strachan, New York |
| Miss Louise Griggs, Lexington, Ky. | Miss Elsie M. Warner, Philadelphia, Pa. |
| Mrs. Elinore Hammond, Louisville, Ky. | Miss Marian Williamson, Louisville, Ky. |
| Dr. Beulah Miller, Murray, Ky. | Miss Anna D. Wolf, Baltimore, Md. |

FIELD WORKERS**Director**

Miss Helen E. Browne, O.B.E., R.N., C.N.M.

MEDICAL AND NURSING**Medical Director**

J. Huston Westover, M.D.

Chief of Clinical Services

Anne A. Wasson, M.D., F.A.A.F.P.

Staff Physicians

Thomas D. Howald, M.D.

E. Fidelia Gilbert, M.D.

Thomas J. Lynch, M.D.

Superintendent of Nurses

Miss Margaret A. Burden,

R.N., C.R.N.A.

Assistant Administrator

Mr. Archie Bennett, R. Ph.

Hospital Midwife

Miss Ann Hamel, R.N., C.N.M.

Nursing Advisor

Miss Anna May January, R.N., C.N.M.

**FRONTIER SCHOOL OF MIDWIFERY
AND FAMILY NURSING****Education Director**Miss Gertrude Isaacs, R.N., C.N.M., B.S.,
M.P.H., D.N.Sc.**Dean of Midwifery and Assistant Director**

Miss Molly Lee, R.N., C.N.M., M.T.D.

Clinical Instructors**MIDWIFERY:**

Mrs. Sally Vink, R.N., C.N.M.

Miss Ruth Heinsohn, R.N., C.N.M.

Miss Kathleen Smith, R.N., C.N.M.

PEDIATRICS:

Mrs. Nicole May, R.N., B.S., M.S.

FAMILY NURSING:

Miss Lucille Lebeau, R.N., C.N.M.

Mrs. Gertrude Morgan, R.N., B.S.N.

Family Nursing Supervisor and Assistant Director

Miss Mable R. Spell, R.N., C.N.M.

Community Nursing Supervisor

Miss Natalie Mara, R.N., B.S.N., M.S.

Medical Care Administrator

Mrs. Alice Westover, M.A., M.P.H.

Co-ordinator

Miss Anne Cundle, R.N., C.N.M.

Health Education

Miss Nancy Dammann, M.S.

Pharmacists

Mr. Archie Bennett, R.Ph.

Mr. Joe R. Lewis, R.Ph.

DISTRICT NURSING**Jessie Preston Draper Memorial Nursing Center**

Miss Barbara Dunphy, R.N., B.S.N., M.S.

Miss Mary O'Connor, R.N.

Miss Linda Glenn, R.N.

Clara Ford Nursing Center

Miss Judy Haralson, R.N.

Miss Karen Smith, R.N.

Caroline Butler Atwood Memorial Nursing Center

Miss Susie Miller, R.N.

Mrs. Anne Shortell, R.N.

Belle Barrett Hughitt Memorial Nursing Center

Miss Ruth E. Blevins, R.N., C.N.M.

Miss Marilyn Prevatt, R.N.

Margaret Durbin Harper Memorial Nursing Center

Miss Susan A. Simpson, R.N., C.N.M.

Miss Kathleen Gremel, R.N.

Wendover District

Miss Sharon Koser, R.N., B.S.

Mrs. Viola Kononen, R.N.

Hyden/Bob Fork District

Miss Donna Murphy, R.N., B.S.

Miss Linda Roe, R.N.

Miss Cynthia Sherwood, R.N.

Miss Karen Knapp, R.N., C.N.M.

Wooton District

Miss Julaine Johnson, R.N., B.S.N.

Mrs. Doris Bailey, R.N.

ADMINISTRATIVE**Secretary to Director**

Miss Peggy Elmore, B.A.

Administrative Assistant

Mr. Philip P. Isaacs

Executive Secretary

Mrs. Juanetta Morgan

Bookkeeping

Mrs. Mary Suttles Combs

Record Office—District

Miss Ann Browning

Mrs. Nancy Williams

**Contributions and Quarterly
Bulletin**

Mrs. Ruth Morgan

Office Manager—Hospital

Mrs. Virginia Roberts

Social Service

Miss Ruth Ann Dome, B.A.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to coöperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the **FRONTIER NURSING SERVICE** and sent either by parcel post to **Hyden, Leslie County, Kentucky 41749**, or by freight or express to **Hazard, Kentucky**.

Gifts of money should be made payable to

FRONTIER NURSING SERVICE,

and sent to the treasurer

MR. EDWARD S. DABNEY

Security Trust Company Building

271 West Short Street

Lexington, Kentucky 40507



FNS Staff at Wendover on "The Glorious Fourth", 1973

Photograph by Robert Oseasohn, M.D.

